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## Multilayer Control of Cardiac Electrophysiology by MicroRNAs

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### Abstract

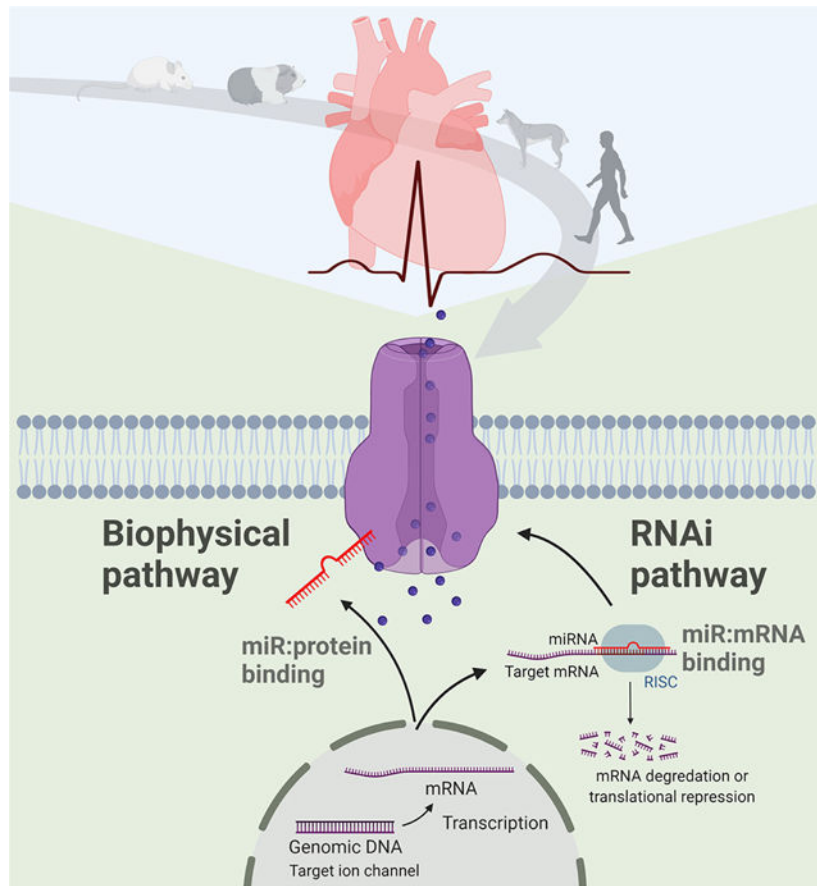
The electrophysiological properties of the heart include cardiac automaticity, excitation (i.e., depolarization and repolarization of action potential) of individual cardiomyocytes, and highly coordinated electrical propagation through the whole heart. An abnormality in any of these properties can cause arrhythmias. MicroRNAs (miRs) have been recognized as essential regulators of gene expression through the conventional RNA interference (RNAi) mechanism and are involved in a variety of biological events. Recent evidence has demonstrated that miRs regulate the electrophysiology of the heart through fine regulation by the conventional RNAi mechanism of the expression of ion channels, transporters, intracellular Ca<sup>2+</sup>-handling proteins, and other relevant factors. Recently, a direct interaction between miRs and ion channels has also been reported in the heart, revealing a biophysical modulation by miRs of cardiac electrophysiology. These advanced discoveries suggest that miR controls cardiac electrophysiology through two distinct mechanisms: immediate action through biophysical modulation and long-term conventional RNAi regulation. Here, we review the recent research progress and summarize the current understanding of how miR manipulates the function of ion channels to maintain the homeostasis of cardiac electrophysiology.

### Graphical Abstract

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## Keywords

microRNA; electrophysiology; arrhythmia; RNAi; biophysical modulation

## Introduction

Cardiac arrhythmia is an abnormal rate or rhythm of the heartbeat that impacts the effectiveness of blood pumping out of the heart. Arrhythmias can be classified based on heart rates such as tachyarrhythmia (above 100 beats per minute in adults), bradyarrhythmia (below 60 beats per minute), or irregular heartbeat. Arrhythmia can also be classified based on the site where they originate from such as supraventricular or ventricular arrhythmias, in which arrhythmia begins in the atria or ventricles, respectively, or such as atrial or ventricular fibrillation. Although most cases of arrhythmias are not serious, cardiac arrhythmia is a major contributor to human morbidity and mortality and resulted in more than 560,000 deaths in the United States in 2018 [1]. Atrial fibrillation (AF), the most common sustained arrhythmia, affects about 2% to 3% of the population, which is even higher among the elderly; with an aging society, the prevalence of AF is estimated to rise to 12.1 million in the United States by 2030 [2] and to 17.9 million in the European Union by 2060 [3]. Mechanistically, the generation and conduction of normal rhythmic electrical signals in the heart require the finely orchestrated activities of various molecules in

cardiomyocytes, including ion channels, transporters, intracellular Ca<sup>2+</sup>-handling proteins, and other relevant factors. Abnormal impulse formation (i.e., focal activity) and conduction disturbances (i.e., reentry) are two major categories of arrhythmic mechanisms [4], which are associated with the abnormal function of ion channels. Ion channel dysregulation includes gene transcription and translation (i.e., abnormal upregulation or downregulation), protein trafficking to the sarcolemma, problematic biophysical properties, and biophysical modulation of functional channels [5].

Over the past decade, microRNA (miR), the endogenous non-coding small ribonucleic acid, has been recognized as a central player in gene expression regulation through the canonical RNA interference (RNAi) mechanism. Several review articles have summarized the critical role of miRs in cardiac development and physiology and cardiovascular diseases [6–8], the prospect of using circulating miRs and exosomal miRs as biomarkers of cardiovascular disorders [9, 10], and drug development based on targeting miRs [11, 12]. We recently discovered a novel mode of action for miRs and demonstrated that miRs control cardiac homeostasis through two different mechanisms (Figure 1) [13]. One mechanism is the well-recognized conventional RNAi mechanism of post-transcriptional regulation of gene expression, including ion channels, transporters, and transcription factors. The RNAi regulation needs a process of loading cytosolic miR into RISC and takes times (hours to days) to change the expression of target genes with a long-term effect. The other mechanism is the biophysical mechanism of direct interaction with target proteins, in which miRs act as an ion channel modulator. This biophysical action of miRs quickly (seconds to minutes) modulates the function of bound proteins, which enables miRs to rapidly respond to environmental and genetic perturbations.

It has been more than five years since previous review articles summarized the critical role of miRs in the regulation of cardiac conduction, excitability, and arrhythmias [14–16]. In recent years, there have been many advances associated with the conventional RNAi mechanism of miRs in regulating cardiac electrophysiology; moreover, the discovery of miRs' biophysical function provides further insight into how miRs control cardiac electrophysiology at multilayer levels [13]. After a brief introduction of microRNA biology and cardiac electrophysiology, this review first focuses on the up-to-date RNAi discoveries of miRs controlling gene expression of ion channels/Ca<sup>2+</sup> handling proteins and then emphasizes the new mechanism of action for miRs that biophysically modulate cardiac electrophysiology, to provide a better understanding of ion channel dysregulation in arrhythmias.

## miR biogenesis and its mechanisms

miRs are ~22-nucleotide noncoding RNA that are well conserved in a wide variety of organisms, including plants, animals, bacteria, and viruses. Since the first miR was discovered in the early 1990s [17], >48,000 mature miRs have been found in 271 species, including around 2,600 mature miRs in Homo sapiens [18]. miRs are transcribed by RNA polymerases II or III and can be encoded in the intragenic (introns or exons) or intergenic regions of protein-coding genes as well as in long noncoding transcripts. miR biogenesis processing is typically classified into the well-established canonical pri-miR/pre-miR/mature

miR pathway [19–21] and non-canonical pathways, such as DGCR8/Drosha-independent “miRtrons” that are spliced from introns of gene transcripts, and Dicer-independent pathway, which has been well summarized in a review article [22].

It has been broadly recognized that miRs act as fine-tuning regulators for the control of gene expression by the conventional RNAi mechanism. In brief, mature miR is loaded into an Argonaute (AGO) family protein to form the core of a miR-induced silencing complex (miRISC) and then binds to the 3' untranslated region (UTR) of mRNA with partially complementary sequences of miR, typically resulting in mRNA degradation or translational repression [23, 24]. In addition to the 3'UTR, miRs could also bind to the 5'UTR [25, 26] or coding domain [27, 28] of the target mRNA to mediate its RNAi action, or interact with the promoter region of genomic DNA and alter the local epigenetic modification to regulate gene expression [29–31]. It has been found that miRs can even enhance gene expression at the post-transcriptional level [23, 32, 33]. In addition to interacting with mRNA or DNA, miRs have been recently shown to directly bind with and biophysically modulate the function of protein molecules, such as ion channels [13, 34–37], which implies a more complex regulatory network of miRs. Almost one-third of human miRs are expressed in cardiac tissues, and many cardiac-enriched miRs, including miR1, miR133-a/b, miR21, miR26-a/b, miR24, miR23, and miR27-a/b [38–41], are critical to the development of the heart and in cardiac remodeling of cardiovascular diseases, including ion channel (dys)regulation in cardiac electrophysiology. Therefore, miRs play a central role in regulating the homeostasis of cardiac physiology. Since each miR directly targets hundreds of genes and subsequently regulates the expression of thousands of genes with a broad impact on the functional homeostasis of cells/tissues/organs, here, we focused on discoveries where miRs directly target ion channel genes to modulate cardiac electrophysiology.

## Cardiac electrical impulse and conduction

The normal cardiac impulse originates in the sinoatrial node (SAN), propagates through the atria to reach the atrioventricular node, and passes through the His-Purkinje fibers to reach the ventricle, triggering coordinated cardiac pumping actions. Cardiac electrical impulse is also referred to as action potential (AP), which typically contains five phases (Figure 2A): 1) Phase 4, or resting potential, is stable at  $\sim -90$  mV in normal working myocardial cells; 2) Phase 0 is a phase of rapid depolarization and is critical to rapid propagation of the cardiac impulse; 3) Phase 1 is a phase of rapid initial repolarization; 4) Phase 2 is a plateau phase; 5) Phase 3 is a phase of final repolarization to restore the resting membrane potential. An AP is orchestrated by multiple ion channels, transporters, and transmembrane proteins embedded across the cytoplasmic membrane. Because of regionally distinct combinations of ionic currents, cardiac cells in different regions of the heart, such as SAN pacemaker cells and atrial and ventricular myocytes, are characterized by a specific morphology of APs. The underlying molecular and ionic mechanisms of electrophysiology in different cardiac regions have been well summarized in previous publications [5, 42]. Cardiac electrophysiological properties include automaticity, excitation (i.e., depolarization and repolarization), and signal conduction within a cell (intracellular) and between cells (intercellular). An abnormality in any of these properties can induce arrhythmias in the heart.

## RNAi regulation of cardiac automaticity

Automaticity of cardiac cells is the property to spontaneously generate APs. In the adult heart, the SAN, found on the top wall of the right atrium, displays the highest intrinsic automaticity, and controls the rhythm and rate of cardiac chamber contraction [43]. The SAN consists of specialized pacemaker cells, in which the spontaneously fired APs are significantly different from those in the working myocardium [44]. The membrane potential at the onset of phase 4 is more depolarized and undergoes slow diastolic depolarization to fire AP automatically. The mechanisms of SAN automaticity are described as sarcolemma voltage clock [45] and/or intracellular  $\text{Ca}^{2+}$  clock [46]. Pacemaker cells of the SAN highly express hyperpolarization-activated cyclic nucleotide-gated (HCN) channels. The sarcolemma voltage clock refers to hyperpolarization-activated pacemaker current, which is also named “funny” current ( $I_f$ ), because it is activated by hyperpolarization while most voltage-sensitive currents are activated by depolarization. At the end of the AP,  $I_f$  is activated and initiates the diastolic depolarization phase [45]. In contrast, the inward rectifier potassium current ( $I_{K1}$ ), encoded by Kir2.x genes, has been generally thought to play an inhibitory role in the induction of cardiac automaticity [47]. Manipulation of  $I_f$  and  $I_{K1}$  has been studied in the regulation of the automaticity of cardiomyocytes [48–51]. The  $\text{Ca}^{2+}$  clock refers to intracellular  $\text{Ca}^{2+}$  that is spontaneously released from the sarcoplasmic reticulum (SR) via the ryanodine receptor (RyR) and triggers  $\text{Ca}^{2+}$  extrusion by the  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchanger (NCX) [52–54]. NCX exchanges 3  $\text{Na}^+$  for each  $\text{Ca}^{2+}$  ion and generates a net inward current that is thought to contribute to pacemaking in the SAN [46].

The regulation of cardiac automaticity by miRs has been systematically investigated in the human SAN. Petkova et al utilized miR microarray analysis and found that the human SAN possesses a unique expression pattern of miRs [55]. Among 18 miRs that are significantly more abundant than in atrial muscle, luciferase assay demonstrated that miR486-3p directly targets and inhibits the expression of HCN4 and thereby reduces *ex vivo* rat sinus node beating rates. It was reported that downregulation of HCN4 is associated with an upregulation of miR423-5p in the SAN of athletes and rodent models; knockdown of miR423-5p could successfully reverse training-induced bradycardia in mice [56]. Intraperitoneal injection of anti-miR370-3p could restore HCN4 expression and  $I_f$  in the sinus node, blunting sinus bradycardia in failing mouse hearts [57]. It has been found that miR1 can reduce the  $I_f$  current density by repressing HCN4 translation in neonatal rat ventricular cardiomyocytes [58] and human ES cell-differentiated cardiomyocytes [41]. Kir2.1 (encoded by *KCNJ2*) is the main  $\text{K}^+$  channel in the heart and is responsible for setting and maintaining the cardiac resting membrane potentials (RMPs) [59]. Since Kir2.1 is one of the directly-targeted genes of miR1, abnormal expression of miR1 was found to exacerbate arrhythmogenesis, including enhanced automaticity of cardiomyocytes, via regulating the expression of Kir2.1 and  $I_{K1}$  [59, 60].

miR1 has been implicated in the modulation of a wide variety of  $\text{Ca}^{2+}$  handling proteins. Terentyev et al [61] found that overexpression of miR1 in rat myocytes enhanced the frequency of spontaneous  $\text{Ca}^{2+}$  sparks while reducing the sarcoplasmic reticulum  $\text{Ca}^{2+}$  content. In the presence of isoproterenol, miR1-overexpressed myocytes exhibited spontaneous arrhythmogenic oscillations of intracellular  $\text{Ca}^{2+}$ . Mechanistically, miR1

directly decreases the protein level of phosphatase PP2A regulatory subunit B56 $\alpha$ , resulting in hyperphosphorylation of RyR2 channels, which is probably conserved across species. It has been shown that miR1 targets NCX1 and annexin A5 (AnxA5), a Ca<sup>2+</sup>-binding and phospholipid-binding protein that interacts with NCX1 and regulates Ca<sup>2+</sup> extrusion. In addition to miR1, miR133 has been shown to regulate Ca<sup>2+</sup> release and play an anti-hypertrophic role by directly targeting cardiac Inositol 1,4,5'-triphosphate receptor II (IP<sub>3</sub>RII) calcium channel in rats [62]. Therefore, miRs control cardiac automaticity via regulation of both sarcolemma ion channels contributing to the voltage clock and intracellular Ca<sup>2+</sup> handling proteins contributing to the Ca<sup>2+</sup> clocks.

## RNAi regulation of cardiac depolarization currents

Cardiomyocyte transmembrane potential during AP phase 4 is stable and negative (approximately -90 mV) due to the high conductance for K<sup>+</sup> of the I<sub>K1</sub> channel. Upon activation by electrical impulses from adjacent cells, Na<sup>+</sup> channel activation generates a large inward Na<sup>+</sup> current (I<sub>Na</sub>), which results in the phase 0 depolarization of APs. The voltage-gated sodium channel Nav1.5 is typically considered a cardiac-specific isoform in adult cardiomyocytes and consists of a primary  $\alpha$ -subunit and multiple secondary  $\beta$ -subunits. The  $\alpha$ -subunit of Nav1.5 (encoded by *SCN5A*) is sufficient to generate a sodium current with characteristic features of I<sub>Na</sub> in native cells, while  $\beta$ -subunits ( $\beta$ 1-4) are known to regulate the trafficking and intrinsic properties of the  $\alpha$ -subunit [63]. Daimi et al studied *SCN5A* expression regulated by miRs and found that miR98, miR106, and miR200 decrease the expression of *SCN5A* in HL-1 cells [64]. Interestingly, they observed that miR219 exceptionally enhances the expression of *SCN5A*, increases I<sub>Na</sub>, and corrects the flecainide-induced prolongation of QRS in mice. Zhao et al found that miR192-5p, upregulated in AF patients, post-transcriptionally repressed human and rhesus *SCN5A* and reduced the peak current density of I<sub>Na</sub>, although bioinformatic analysis didn't reveal miR192-5p binding sites on *SCN5A* mRNA of other mammalian species [65]. miR448, induced by HIF-1 $\alpha$  and NF- $\kappa$ B in hypoxic conditions, suppresses *SCN5A* expression and reduces I<sub>Na</sub>, resulting in an increased risk of arrhythmia [66]. Zhang et al found that miR24 potently suppresses *SCN5A* expression through binding to its coding region and an arrhythmia-associated human single nucleotide-polymorphism (hSNP) of *SCN5A* (rs1805126) enhances this *SCN5A*-miR24 interaction, resulting in decreased *SCN5A* expression in the human and mouse heart [67].

Voltage-gated L-type calcium channels are opened in phase 0 and allow Ca<sup>2+</sup> entry into the cells, which also contributes to phase 0 depolarization; however, I<sub>CaL</sub> current is largely responsible for the plateau of APs (phase 2) and triggering excitation-contraction (EC) coupling. I<sub>CaL</sub> channels are heterotetrameric polypeptide complexes comprising the  $\alpha$ 1c (Cav1.2, encoded by *CACNA1C*),  $\beta$  (encoded by *CACNB*), and  $\alpha$ 2 $\delta$  (encoded by *CACNA2D*) subunits in ventricular myocytes. The  $\alpha$ 1 subunit harbors the ion-selective pore, voltage-sensing domain, gating machinery, and the binding sites for I<sub>CaL</sub>-modulating drugs [68-70]. The  $\beta$ 2 and  $\alpha$ 2 $\delta$  accessory subunits bind to  $\alpha$ 1 subunit and modulate the biophysical properties and proper trafficking of  $\alpha$ 1 subunit. Lu et al [71] analyzed the miR transcriptome and found that miR223, miR328, and miR664 were upregulated in left atrial samples of AF patients and AF dog models, while miR101, miR302, and miR499 were downregulated. They demonstrated that miR328 suppressed the expression



of *CACNA1C* and *CACNB1*. Overexpression of miR328 in the canine atrium and mice diminished  $I_{CaL}$  shortened atrial AP duration (APD) and increased the vulnerability to AF. Moreover, it has also been observed that miR21 was significantly upregulated in atrial myocytes of chronic AF patients. miR21 suppresses the expression of *CACNA1C* and *CACNB2*, decreases  $I_{CaL}$  density and shortens the AP duration [72]. miR499 was also increased in atria from AF patients and regulates  $I_{CaL}$  through *CACNB2* [73]. miR155 was involved in  $I_{CaL}$ -related electrical remodeling in AF via targeting of *CACNA1C* [74], which is conserved in human and mouse. *CACNA1C* was also reported as a targeted gene of miR1; a loss of miR1 in human myotonic dystrophy heart results in upregulation of *CACNA1C* [75]. Overexpression of miR133a-3p in rat atrial and ventricular cardiomyocytes resulted in increased  $I_{CaL}$ , although mRNA expression of *CACNA1C* was not changed [76]. miR1976 [77] and miR135b [78] were recently reported to target *CACNA1C* in human sick sinus syndrome and pathological cardiac hypertrophy mouse model, respectively.

In summary, miRs are important regulators of cardiac depolarization currents (i.e.  $I_{Na}/I_{CaL}$ ) through multilayer mechanisms, including regulating the expression of ion channel proteins, controlling ion channel trafficking, and changing the biophysical properties of ion channels via accessory subunits.

## RNAi regulation of cardiac repolarization currents

Cardiac repolarization is determined by a delicate balance between inward and outward ion currents and its rate is one of the most essential factors for the length of APD determination and thereby for the likelihood of developing arrhythmias. After depolarization, the inward current  $Na^+$  channel is inactivated rapidly and various outward current  $K^+$  channels are activated, and the membrane potential begins to return to the resting negative voltage state. Membrane phase 0 depolarization is immediately followed by a rapid initial repolarization phase (phase 1) due to  $K^+$  efflux through transient outward current ( $I_{to}$ ), including fast ( $I_{to,f}$ ) and slow ( $I_{to,s}$ ) currents. During the phase 2 plateau, there is a balance between the inward current of  $I_{CaL}$  and outward  $K^+$  current, including ultra-rapid ( $I_{Kur}$ ) and rapid ( $I_{Kr}$ ) and slow ( $I_{Ks}$ ) delayed outward rectifying  $K^+$  currents, which are progressively and time-dependently sequentially activated. During the early repolarization of phase 3, L-type  $Ca^{2+}$  channels are inactivated, and predominant  $I_{Kr}$  and  $I_{Ks}$  currents act to repolarize the membrane potential. The final repolarization of phase 3 is mediated through the inwardly rectifying potassium current ( $I_{K1}$ ).

$I_{to,f}$  is mainly generated by voltage-gated potassium (Kv) channels Kv4.2/Kv4.3, which are regulated by the auxiliary Kv channel-interacting protein (KCHIP2, encoded by *KCNIP2*) [79]. The regulation of cardiac repolarization by miRs was noticed from transgenic miR1-deletion mouse models. In human and mouse chromosomes, there are two genes, *miR1-1* and *miR1-2* that are transcribed from different chromosomes, to produce the same mature miR1. While knockout of both *miR1-1* and *miR1-2* genes is postnatally lethal [80, 81], the deletion of *miR1-2* in mice causes a developmental defect of the heart and results in sudden cardiac death with abnormal electrophysiology, such as reduced heart rate, accelerated atrioventricular conduction with shortened PR interval, and slowed ventricular conduction with prolonged QRS interval [82]. Kv4.2 (encoded by *KCND2*) channel for repolarizing

$I_{to}$  current is transcriptionally repressed by *Irx5* [83], which is a gene directly targeted by miR1 conserved in mouse and human [82]. Similarly, miR301a, which is upregulated in diabetic ventricles, suppressed the expression of mouse Kv4.2 [84]; miR233-3p, which is upregulated in myocardial infarcted rat hearts, also inhibited the expression of Kv4.2, resulting in a reduction of  $I_{to}$  [85]. In addition, Matkovich et al found that miR133a, another cardiac and skeletal muscle-enriched miR, decreased  $I_{to,f}$  with a decreased expression of KCNIP2, prolonged AP duration of cardiomyocytes, and prolonged the QT interval of the mouse heart [86]. Noticeably, KChIP2 is not a direct target of miR133a, suggesting an indirect mechanism of KChIP2 regulation by miR133a.

For outwardly rectifying  $K^+$  currents, miR1 and miR133 were reported to possibly regulate  $I_{Kr}$  and  $I_{Ks}$  in canine myocytes [87]. A couple of published review articles had discussed a regulatory relationship between miR1/miR133a and ether-a-go-go related gene (ERG), KCNQ1, and KCNE1 channels; however, it remains questionable, because those cited papers of original research were retracted lately. In another study [88], arsenic trioxide was found to induce a significant upregulation of miR1 and miR133a; the authors reported that miR1 and miR133a target ERG and suppress  $I_{Kr}$  in guinea pig cardiomyocytes. In rabbit heart, right atrial tachypacing upregulated miR1 expression, which downregulated KCNE1 and KCNB2 and increased  $I_{Ks}$  [89]. The regulation of  $I_{Kr}$  and  $I_{Ks}$  by miR1 was also reported in human embryonic stem cell-derived cardiomyocytes [41].

For inwardly rectifying  $K^+$  current, miR26 and miR212 were found to promote AF vulnerability by directly targeting *KCNJ2* and repressing  $I_{K1}$  [90, 91]. Girmatsion et al found that miR1 expression was reduced by approximately 86% in atrial tissue of AF patients, accompanied by an elevated expression of potassium channel Kir2.1 and increased  $I_{K1}$  [60]. Remarkably, miR1 overexpression is also arrhythmogenic. miR1 expression was found to be elevated in patients with coronary artery disease, as well as in rat hearts of myocardial infarction [92]; the exacerbated arrhythmogenesis of ischemic rat hearts was relieved by the elimination of upregulated miR1. An overexpression of miR1 in normal rat hearts suppressed the expression of Kir2.1 and gap junction protein connexin43 (Cx43, encoded by *GJA1*), resulting in diminished conduction and arrhythmias with prolonged QRS. Taken together with the regulation of other ion channels by miR1 (Figure 2B), these studies support a central role of miR1 for fine-tuning cardiac electrophysiology in normal and pathological conditions.

Interestingly, the crosstalk between ion channels and miRs is not a one-way regulation. It was shown that cardiac KChIP2 has a transcriptional capacity and can interact with promoter DRE elements of *miR34b/miR34c* to transcriptionally repress the expression of miR34b/miR34c, which subsequently target *SCN5A*, *SCN1B* and *KCND3* in human and rat heart cells [93]. While KChIP2 is downregulated in heart failure, miR34b/miR34c are upregulated while the currents they target  $I_{Na}$  and  $I_{to,f}$  are downregulated [93]. Genetically manipulating KChIP2/miR34 axis, such as maintaining KChIP2 or inhibiting miR34, restored channel function and prevented the incidence of reentrant arrhythmias under pathologic conditions [93]. This discovery of the ion channel-miR regulatory axis suggests that cardiac repolarization currents are regulated by miRs with the more complex miR-regulatory network, which could have a broader influence on cardiac repolarization.



## RNAi regulation of cardiac conduction

Cardiac conduction refers to the propagation of the electrical signal in the heart, including intracellular conduction within a cardiomyocyte and intercellular conduction between cells. The intracellular conduction is determined by the membrane depolarization of  $I_{Na}$ ; the regulation of  $I_{Na}$  by miRs has been discussed previously above in this review. A proper intercellular conduction of cardiac impulse between discrete cardiac cells is critical to the whole heart function and is accomplished by gap junction channels [94]. Three types of gap junction channels are expressed in the heart; Cx43 is the main cardiac channel that is responsible for intercellular conductance in the ventricles, while connexin-40 (Cx40) and connexin-45 (Cx45) is expressed in the atria and nodal tissue respectively, as well as in the conduction system [95]. Significant changes in the expression of connexins and abnormal organization of gap junctions are commonly found in human heart diseases and are a typical feature of arrhythmogenic remodeling [96, 97]. In addition to the miR1/Cx43 study in ischemic rat heart [92], several studies have also highlighted that miR1 targets Cx43 in various cardiac diseases, such as arrhythmias [92] and viral myocarditis [98], which is covered across species. Jin et al found that miR206 inhibition alleviated ischemia-reperfusion-induced arrhythmias in a mouse model by targeting Cx43 [99]. They confirmed that miR206 directly binds to the 3'UTR of *GJA1* and demonstrated that knockdown of Cx43 reversed the protective effects of miR206 inhibitor on cardiac arrhythmias. miR23a expression was upregulated after myocardial ischemia/reperfusion injury and miR23a could directly target rat *GJA1* to decrease the protein expression of Cx43 [100]. *GJA1* was also reported as a miR133a target in zebrafish heart [101] and a direct target of miR17-92 cluster members (i.e., miR19a/b) [102] and miR130a [103] in rodent hearts.

Callis et al compared the expression of Cx43 and Cx40 in miR208a-overexpressing transgenic mice and miR208a-knockout mice and found that miR208a is required for Cx40 expression, probably through an indirect regulation mechanism [104]. miR208-knockout mice showed decreased protein expression of Cx40, and approximately 80% of animals lacked P waves preceding QRS complexes, an indication of AF. However, Li et al observed upregulation of miR208a in human chronic AF and found a negative regulation of Cx40 by miR208a [105]. Application of a miR208a inhibitor led to a significant upregulation and miR208a mimics led to a significant downregulation of Cx40 protein in AC16 cells, while their luciferase assay showed that the Cx40-encoding gene *GJA5* was not a direct target of miR208a. Takahashi et al reported that *GJA5* is a direct target of miR27b and that inhibition of miR27b prevented the palmitate-induced downregulation of Cx40 in cultured cardiomyocytes and reversed the high-fat diet-induced vulnerability to atrial arrhythmia of mouse hearts [106].

In conclusion, miRs regulate all properties of cardiac electrophysiology, from cardiac automaticity to highly coordinated electrical propagation, from depolarization to repolarization of action potentials. However, the classical RNAi mechanism of miRs takes hours to days to affect gene expressions, which brings the question of whether ion channel regulation by miRs is involved in the rapid response of cardiac electrophysiology to environmental disruptions.

## Biophysical modulation of ion channels by miRs

The RNAi mechanism of miR to guide target gene expression relies on the recruitment of AGO proteins, although the underlying mechanism is not entirely understood. It has been reported that the amount of intracellular miRs is 13 times higher than the amount of AGO proteins [107], and only a fraction of each miR possibly binds to AGO proteins in human cells [108, 109]. The large amount of intracellular AGO-free miRs raises the possibility for AGO-independent mechanisms. Even though these types of research are still in the early stage of the investigation, several studies have reported that miRs play broad roles in regulating biological processes beyond being interfering RNAs [110]. Lehmann et al firstly reported that extracellular let-7 exhibits ligand-like roles by interacting with Toll-like receptors (TLRs) in neurodegeneration [34], which was evidenced by another independent group in pain-sensing [35]. Tumor-secreted miR21 and miR129a could also bind as ligands to murine TLR7 and human TLR8 in immune cells, triggering TLR-mediated premetastatic inflammatory response [36]. Han et al showed that extracellular miR711 could bind and activate transient receptor potential cation channel subfamily A member 1 (TRPA1) to mediate itch sense in neurons, which suggested that ion channels could be direct binding molecules of miRs.

This biophysical action of miR is also observed for intracellular miRs, to biophysically modulate the electrophysiology of cardiomyocytes [13]. Our group found that miR1 binds to the intracellular C-terminus of Kir2.1 on the plasma membrane, acutely suppresses  $I_{K1}$  within seconds/minutes, and prolongs the duration of APs of cardiomyocytes. Importantly, miR1 functions at a sub-pmol/L concentration, which is close to endogenous intracellular miR levels [111], indicating the physiological significance of endogenous miR1's biophysical function. We showed that the biophysical modulation of ion channels by miRs requires a physical miR1:Kir2.1 binding in a sequence-dependent manner. A core sequence of 10A-15G (AAGAAG) is critical to the biophysical modulation and is outside the RNAi seed regions of miR1. Importantly, an arrhythmia-associated miR1 human single nucleotide-polymorphism (hSNP)-hSNP14A/G, in which the 14th nucleotide "A" is mutated to "G", specifically disrupts the biophysical modulation of miR1 while maintaining normal RNAi function, validating that the biophysical modulation is independent of RNAi.

miR1-deficient hearts demonstrate pathologic phenotypes with abnormal electrophysiology, including hyperpolarized RMP, slow conduction, and high arrhythmia inducibility. An acute recovery of miR1 corrected the hyperpolarized RMP of miR1-deficient cardiomyocytes, rescued the conduction in ventricular tissues, and eliminated the high arrhythmia inducibility of miR1-deficient hearts. However, treatments with hSNP14A/G neither changed the RMP of miR1-deficient cardiomyocytes nor the arrhythmogenesis of the heart. These results demonstrated that the biophysical modulation of intracellular endogenous miRs indeed plays an important role in maintaining the homeostasis of cardiac electrophysiology and in the development of arrhythmias. Importantly, this biophysical action of miR1 is evolutionarily conserved among species, including mouse, guinea pig, canine, and human.

Previous studies have shown that SNPs within miRs are associated with cardiac disorders, such as coronary artery disease [112] and congenital heart disease [113, 114], possibly

through aberrant miR processing [115–118] or disrupted miR-mRNA interaction [119] of the RNAi mechanism. The discovery of hSNPs in miR1—hSNP14A/G and hSNP15G/A, which maintain the canonical RNAi function but specifically lost the biophysical modulation, revealed a new dysregulation mechanism for hSNPs. In addition, a gain-of-function M301K mutation of Kir2.1 was reported in short-QT syndrome and AF patients and disrupts the biophysical modulation of intracellular polyamines/Mg<sup>+</sup> on M301K/Wild-type heterotetrametric channels, leading to a larger outward current of I<sub>K1</sub> [120, 121]. While M301 is within one of the miR1-binding residues on Kir2.1, the M301K mutation also relieves the biophysical suppression of I<sub>K1</sub> by miR1 [13], demonstrating that biophysical modulation of miRs is involved in ion-channel dysregulation of cardiac arrhythmogenesis.

## The potential for miR therapeutics in heart disease

The expression profile of miRs is dynamic in response to the metabolic or disease state of the heart. Ikeda et al comprehensively compared the profiling pattern of miRs in 67 human left ventricular samples from control and heart failure patients and found that the expression profiles of 43 miRs were differentially expressed and could be useful for clinical diagnosis [122]. Several independent groups also identified significantly different miR expression patterns between normal and diseased human hearts [123–125]. Therefore, pathological remodeling of cardiac miRs is considered a significant signature for the diagnosis of human heart disease. Due to the role of miRs in regulating gene expression, changes in critical cardiac miRs could cause the dysregulation of various target genes and subsequently result in cardiac remodeling, heart failure, and/or arrhythmias. We focused on the regulation of ion channels and summarized the discoveries of miR's dysregulation and cardiac electrical remodeling in various cardiovascular diseases (Table 1), showing a potential clinical application for miRs targeting and potential miR therapeutics. Indeed, some miRs have been registered in the [clinicaltrials.gov](https://clinicaltrials.gov) database to be potentially used as biomarkers for heart disease diagnosis or as pharmacogenomic biomarkers for drug efficacy and safety assessment. However, directly targeting miRs for clinical therapeutics is still in the early stages because it is very challenging to control the functional specificity of miRs' actions only for targeted diseases without potential side effects on the human body. Advanced discoveries of the unconventional actions of miRs in the heart, which is independent of the RNAi mechanism, could enhance the specificity of miRs' applications.

## Future directions and challenges

The interaction of long noncoding RNAs (>200nucleotides) with proteins has been reported [126], and we now found that miRs could also directly bind to and regulate protein molecules. The novel discovery of a new action for miRs to biophysically modulate ion channels significantly enhances the implications of miRs. However, several questions become important to be answered to better understand ion channel and miR biology. First, are there more ion channels biophysically modulated by miRs? The answer is most likely to be yes. In our laboratory, we have identified and been investigating two other ion channel subunits that have high affinity to and are biophysically modulated by miR1. It should be also investigated whether more miRs, such as cardiac enriched miR133a and miR499, display this type of biophysical action.

Second, what is the specific contribution of miRs' biophysical action to the regulation of cardiac electrophysiology and function? How would these two distinct mechanisms of miRs coordinate to regulate the homeostasis of the heart? To reveal the specific physiological significance of miRs' biophysical action, new animal models must be developed to distinguish the specific physiological contributions of biophysical vs. RNAi mechanisms.

Third, is the biophysical action of miR regulated by post-transcriptional modification of RNA? Very recently, Seok et al uncovered an epi-transcriptional modification of 8-oxoguanine (o<sup>8</sup>G) that leads to mispairing of miR1 with new targeted genes, resulting in activation of cardiac hypertrophy pathways [127]. These findings suggested that epi-transcriptional modification could be a regulatory mechanism of miR, most likely including both RNAi and biophysical actions, in response to environment signal stimulus.

Lastly, in addition to ion channels on the plasma membrane, does this biophysical modulation of miRs broadly regulate the function of other intracellular proteins? As an essential regulator, intracellular miRs appear to target about 60% of mammalian genes through RNAi silencing [58]. It has been recognized that miRs are involved in most biological events, including cell proliferation, metabolism, apoptosis, cell fate determination, organogenesis, development, stress responses, and tumorigenesis [128]. However, this powerful and broad effect of the classical RNAi mechanism also results in difficulties when studying new functions of miRs, because one must provide direct evidence to separate a functional consequence of any miR new actions from its conventional RNAi mechanism. By exploiting the technical advantage of patch clamping to precisely manipulate and rapidly monitor the function of individual living cells, our study was the first to provide evidence for an intracellular biophysical action of miRs in physiological regulation beyond RNAi mechanism [13]. More expertise and efforts are required from scientists to overcome specific challenges associated with current techniques and develop new approaches that can distinguish the biophysical modulation from the conventional RNAi action. With this concept of miR's new action, we believe that talented scientists with various expertise should be able to develop new approaches to reveal miRs' biophysical modulations of other intracellular proteins, including ion channels and transporters. A comprehensive understanding of the dysregulation of ion channels will guide the development of novel and more effective therapeutic approaches, such as anti-arrhythmic therapies for cardiovascular disease.

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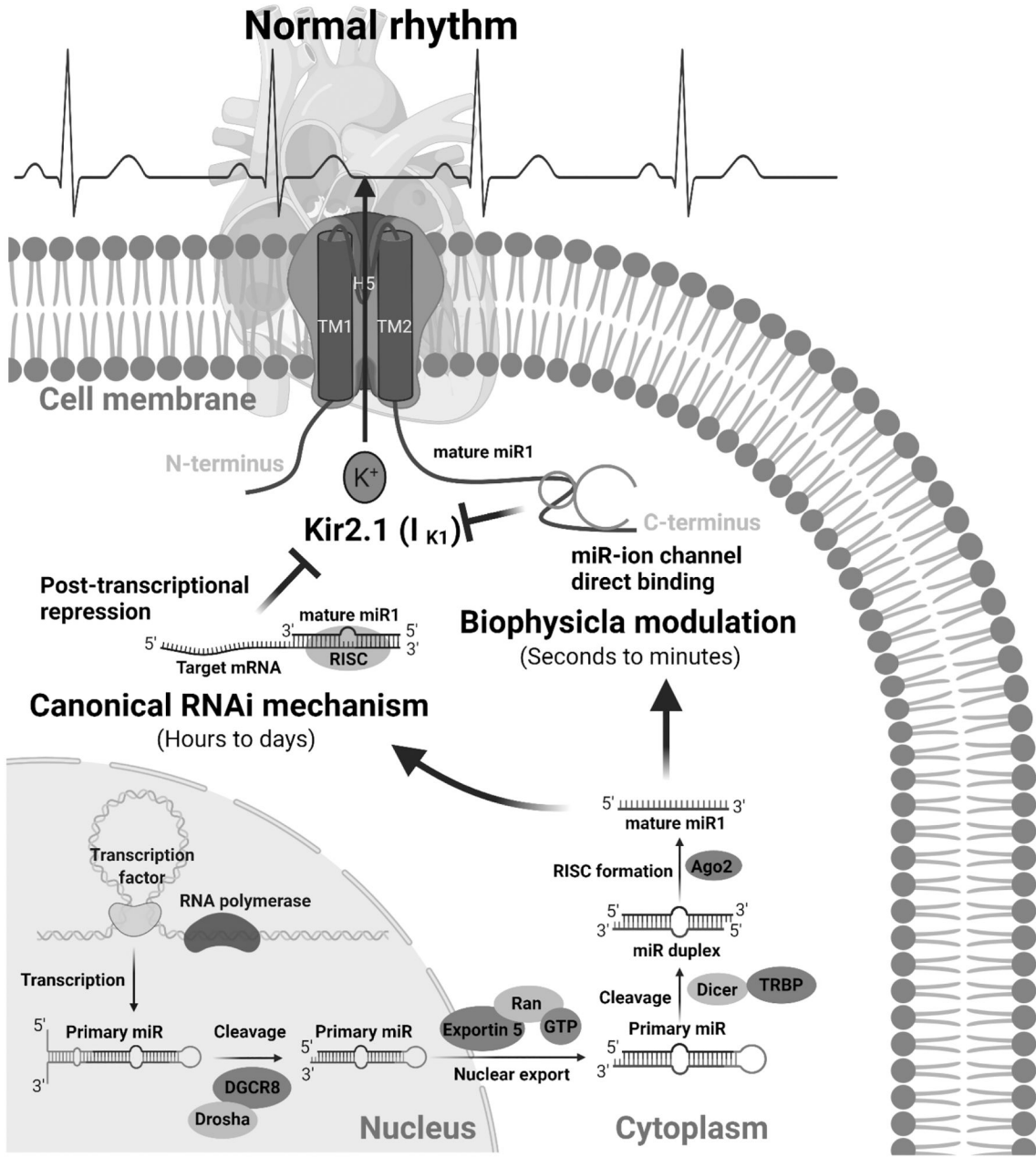
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**Figure 1.** miRs regulate cardiac electrophysiology and heart rhythm through two different mechanisms: canonical posttranscriptional RNAi mechanism to regulate the expression of ion channels, which needs hours to days to take effect, and the biophysical modulation to directly and quickly (seconds to minutes) change the dynamics of ion channels.





**Table 1:**

Regulation of ion channels by miRs in cardiovascular diseases.

miR	Changes in cardiac phenotypes	Species	Related diseases	Targeted ion channels	Reference
<b>Classical RNAi mechanism</b>					
miR423-5p	Upregulated	Human Mouse	Training-induced bradycardia	<i>HCN4</i> (I <sub>f</sub> )	[56]
miR370-3p	Upregulated	Human Mouse	Sinus bradycardia	<i>HCN4</i> (I <sub>f</sub> )	[57]
miR1	Downregulated	Human	AF	<i>KCNJ2</i> (Kir2.1, I <sub>K1</sub> )	[60]
	Upregulated	Rabbit	Atrial tachypacing	<i>KCNE1/KCNB2</i> (KV2.2, I <sub>Ks</sub> )	[89]
	Upregulated	Human Rat	Coronary artery disease / myocardial infarction	<i>KCNJ2</i> (Kir2.1, I <sub>K1</sub> ) / <i>GJA1</i> (Cx43)	[92]
	Upregulated	Mouse	Viral myocarditis	<i>GJA1</i> (Cx43)	[98]
	Upregulated	Guinea pig	Arsenic trioxide-induced QT prolongation	<i>KCNJ2</i> (Kir2.1, I <sub>K1</sub> )	[88]
miR448	Upregulated	Human Mouse	Hypoxic induced arrhythmia	<i>SCN5A</i> (Na <sub>v</sub> 1.5, I <sub>Na</sub> )	[66]
miR328	Upregulated	Human Canine Mouse	AF	<i>CACNA1C</i> (Ca <sub>v</sub> 1.2) / <i>CACNB1</i> (I <sub>CaL</sub> )	[71]
miR21	Upregulated	Human	Chronic AF	<i>CACNA1C</i> (Ca <sub>v</sub> 1.2) / <i>CACNB2</i> (I <sub>CaL</sub> )	[72]
miR499	Upregulated	Human Mouse	AF	<i>CACNB2</i> (I <sub>CaL</sub> )	[73]
miR155	Upregulated	Human Mouse	Paroxysmal AF	<i>CACNA1C</i> (Ca <sub>v</sub> 1.2, I <sub>CaL</sub> )	[74]
miR1976	Upregulated	Human Rabbit Mouse	Age-related sick sinus syndrome	<i>CACNA1C</i> (Ca <sub>v</sub> 1.2, I <sub>CaL</sub> )	[77]
miR135b	Downregulated	Mouse	Cardiac hypertrophy	<i>CACNA1C</i> (Ca <sub>v</sub> 1.2, I <sub>CaL</sub> )	[78]
miR301a	Upregulated	Mouse	Diabetic ventricles	<i>KCND2</i> (KV4.2, I <sub>to</sub> )	[84]
miR233-3p	Upregulated	Rat	Myocardial infarction	<i>KCND2</i> (KV4.2, I <sub>to</sub> )	[85]
miR133-a/b	Upregulated	Guinea pig	Arsenic trioxide-induced QT prolongation	<i>ERG</i> (I <sub>Kr</sub> )	[88]
miR26	Downregulated	Human Canine Mouse	AF	<i>KCNJ2</i> (Kir2.1, I <sub>K1</sub> )	[90]
miR34	Upregulated	Human	Heart failure	<i>SCN5A</i> (Na <sub>v</sub> 1.5), <i>SCN1B</i> (I <sub>Na</sub> ) and <i>KCND3</i> (Kv4.3)	[93]
miR206	Upregulated	Mouse	Ischemia-reperfusion-induced arrhythmias	<i>GJA1</i> (Cx43)	[99]
miR23a	Upregulated	Rat	Myocardial ischemia / reperfusion injury	<i>GJA1</i> (Cx43)	[100]
miR27b	Upregulated	Mouse	High-fat diet-induced atrial arrhythmia	<i>GJA5</i> (Cx40)	[106]
<b>Biophysical modulation</b>					
miR1	Deficient	Mouse	Inducibility of ventricular arrhythmia	Kir2.1 (I <sub>K1</sub> )	[13]
<b>Indirect mechanism</b>					
miR192-5p	Upregulated	Human	AF	<i>SCN5A</i> (Na <sub>v</sub> 1.5, I <sub>Na</sub> )	[65]

miR	Changes in cardiac phenotypes	Species	Related diseases	Targeted ion channels	Reference
miR133a	Downregulated	Mouse	Reactive cardiac hypertrophy	<i>KCNIP2</i> (KChIP2, $I_{to,t}$ )	[86]
miR208a	upregulated	Mouse	AF	<i>GJA5</i> (Cx40)	[104]

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