

HHS Public Access

Author manuscript *Trends Cancer.* Author manuscript; available in PMC 2022 August 01.

Published in final edited form as:

Trends Cancer. 2021 August; 7(8): 790-804. doi:10.1016/j.trecan.2021.04.003.

Enhancing the efficacy of glutamine metabolism inhibitors in cancer therapy

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Abstract

Glutamine metabolism is reprogrammed during tumorigenesis and has been investigated as a promising target for cancer therapy. However, efforts to drug this process are confounded by the intrinsic metabolic heterogeneity and flexibility of tumors, as well as the risk of adverse effects on the anticancer immune response. Recent research has yielded important insights into the mechanisms that determine the tumor and host immune responses to pharmacological perturbation of glutamine metabolism. Here, we discuss these findings and suggest that, collectively, they point toward patient stratification and drug combination strategies to maximize the efficacy of glutamine metabolism inhibitors as cancer therapeutics.

Keywords

Cancer metabolism; Glutamine; Glutaminase (GLS); CB-839; JHU083; Immunometabolism

Metabolic reprogramming

Proliferating cells must acquire and process nutrients from their environment to meet the biosynthetic, bioenergetic, and redox demands of biomass accumulation. Almost a century ago, Otto Warburg described rapid glucose uptake coupled to lactic acid fermentation in tumor tissues, which persists even under aerobic conditions (aerobic glycolysis, or the Warburg effect) [1]. Metabolic reprogramming is now known to be a hallmark of tumorigenesis and is influenced by diverse factors, including the tissue of origin, the underlying oncogenic and epigenetic lesions, nutrient availability, and cell-cell and cell-matrix interactions within the **tumor microenvironment (TME)** (see Glossary). Despite remarkable heterogeneity in cancer metabolism, certain characteristics, such as increased glucose and glutamine consumption, are broadly conserved, a phenomenon that indicates fundamental biochemical necessities and that is exploited for clinical imaging of tumors with labeled metabolite analogs [2].

Because sustained anabolic metabolism is essential for tumor growth, it presents opportunities for therapeutic intervention. **Antimetabolite** chemotherapies, including antifolates, antipurines, and anti-pyrimidines, have been in clinical use since the 1950s, but their efficacy is restricted by dose-limiting toxicity arising from activity against other

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proliferative cell types, including lymphocytes. Indeed, metabolic reprogramming is also a hallmark of immune cell activation and is required for a robust **anticancer immune response**. The challenge, therefore, is to develop metabolism-targeted therapies that are tumor-selective, sparing the host immune system. This will likely require a personalized therapy approach based on understanding the determinants of tumor and immune response to specific metabolic perturbations. Due to its frequent dysregulation in tumors, glutamine metabolism (Figure 1) has received particular attention in this context. Several classes of glutamine metabolism inhibitors have now been developed; since 2014, an allosteric inhibitor of kidney-type **glutaminase** (GLS), CB-839 (Telaglenastat), has been in phase I-II clinical trials for cancer therapy (Table 1).

Tumor glutamine addiction and GLS dependence are triggered by specific molecular cues and are not universal across all cancers. Some tumors even produce and secrete glutamine into the TME [3], while a subset of cancer cell lines that are 'glutamine addicted' in standard culture media switch to alternative fuels *in vivo* [4, 5]. To maximize the efficacy of glutamine metabolism inhibitors, it is critical to understand the factors that drive sensitivity to these drugs. Recent advances have been made in this field, pointing toward biomarkers and drug combination strategies to enhance the efficacy of this therapeutic approach.

Glutamine metabolism in proliferating cells

At a concentration of ~500 μ M, glutamine is the most abundant amino acid in blood plasma and plays a unique nutritional role in proliferating cells. Although a classical non-essential amino acid (NEAA) that can be produced *de novo* by glutamine synthetase (GLUL), glutamine is considered 'conditionally essential' since elevated demand renders many proliferative cells dependent on an exogenous supply. There are at least 14 glutamine transporters in the solute carrier (SLC) family, with the high-affinity exchanger SLC1A5 widely upregulated in tumors [6]. Besides its function as a proteinogenic amino acid, intracellular glutamine serves as an exchange factor for less abundant nutrients or undergoes deamidation to glutamate. Amidotransferases move the amide group to a co-substrate, and through this mechanism glutamine is the obligate nitrogen donor for asparagine, hexosamine, and nucleotide biosynthesis. Alternatively, mitochondrial glutaminases (GLS and GLS2) (Box 1) release the amide group as an ammonium ion, allowing for rapid glutamate production in the absence of nitrogen acceptors.

Glutamate itself is a critical metabolite for proliferation, but is maintained at relatively low levels (~100 μ M) in plasma and is often derived primarily by glutamine deamidation intracellularly. Glutamate can be directly incorporated into the proline and glutathione biosynthetic pathways or deaminated to α -ketoglutarate (α -KG). Analogous to glutamine deamidation, this reaction is catalyzed either by transaminases, which transfer the amine group to an α -keto acid to generate another NEAA, or by mitochondrial glutamate dehydrogenases, which release ammonium [7]. Through its two-reaction conversion to α -KG, glutamine is a major anaplerotic carbon source for the tricarboxylic acid (TCA) cycle, the central metabolic hub for biosynthesis and bioenergetics (Figure 1). In addition, α -KG is the obligate co-substrate for dioxygenases, including histone and DNA demethylases, thereby connecting glutamine catabolism to regulation of the epigenome [8].

Strategies for targeting tumor glutamine metabolism

Systemic glutamine depletion

Bacterial L-asparaginases are a standard component of therapy regimens for acute lymphoblastic leukemia (ALL). In addition to asparaginase activity, these enzymes possess glutaminase activity and deplete both asparagine and glutamine in plasma [9]. Although the asparaginase activity alone is initially effective at treating ALL, the glutaminase activity is required for durable efficacy [10]. Bacterial L-glutaminases have also been investigated as possible therapeutics [11], and ongoing studies are evaluating both enzymes for treating hematological malignancies and solid tumors. Another approach for systemic glutamine depletion uses phenylbutyrate, an aromatic fatty acid approved to treat hyperammonemia in patients with urea cycle dysfunction. In the liver and kidneys, phenylbutyrate undergoes β -oxidation to generate its active form, phenylacetate. This then spontaneously conjugates with glutamine to form phenylacetylglutamine, which is excreted in urine as an alternative route for nitrogen disposal [12]. Preclinical studies have found anticancer activity for phenylbutyrate compounds, but whether this is due to glutamine depletion or another mechanism is not known [13, 14]. A major limitation of any cancer therapy approach that lowers circulating glutamine levels is that, in principle, resistance only requires activation of de novo glutamine synthesis in cancer cells or stromal cells within the TME.

Glutamine depletion within the TME

An alternative to systemic glutamine depletion is to target local sources of glutamine within the TME. Tumors contain a heterogeneous population of reactive stromal cells, such as cancer-associated fibroblasts (CAFs), which exist in a state of metabolic symbiosis with cancer cells. Upregulation of glutamine synthesis, accompanied by glutamine secretion, occurs in CAFs relative to normal fibroblasts [15]. Correspondingly, co-culture with CAFs but not with normal fibroblasts rescues cancer cell growth in glutamine-deficient environments, and selectively abrogating CAF glutamine anabolism *in vivo* suppresses ovarian tumor growth in murine models [15]. Stromal GLUL is therefore considered a potential target for cancer therapy, but to date GLUL lacks potent and selective inhibitors.

An alternative glutamine source within the TME is extracellular protein, which is a major supply route for amino acids in poorly vascularized tumors, such as pancreatic ductal adenocarcinoma (PDAC) [16]. Increased macropinocytic flux coincides with amino acid deprivation in PDAC, and consumed proteins are degraded into free amino acids in lysosomes (Figure 1). Although this process supports tumor growth in nutrient-poor environments, the feasibility of inhibiting macropinocytosis for cancer therapy remains unclear, as pathways such as coat-mediated endocytosis can potentially compensate for its loss [17].

Glutamine uptake inhibitors

The large number of glutamine uptake transporters encoded in the human genome exhibit substantial redundancy, which presents challenges for selective blockade of tumor glutamine uptake. However, frequent upregulation of the c-Myc transcriptional target *SLC1A5* in tumors indicates a special role for this glutamine transporter, and its overexpression is

widely associated with poor prognosis [18, 19]. These observations have motivated efforts to develop selective pharmacological agents, building on the first-generation low-potency glutamine transport antagonist L- γ -glutamyl-p-nitroanilide (GPNA) [20]. The GPNA derivative V-9302 inhibits cellular glutamine uptake with ~100-fold improved potency, shows *in vitro* efficacy against cancer cell lines, and suppresses tumor growth in murine models [21]. However, the proposed mechanism of action of V-9302 has been called into question by reports of *SLC1A5* knockout having no effect on sensitivity to this molecule [22]. Instead, V-9302 was found to inhibit several other proteins, including the glutamine transporter SLC38A2 (SNAT2). Thus, while there is evidence that glutamine transport blockade can impact tumor growth, the current lead compounds must still be optimized, a process that might be facilitated by recent structural studies of SLC1A5 [23].

Glutamine antimetabolites

6-diazo-5-oxo-L-norleucine (L-DON), azaserine, and acivicin are secreted as antibiotics by *Streptomyces* bacteria and act as irreversible glutamine-competitive inhibitors of amidotransferases and glutaminases [24] (Figure 2). All of these glutamine mimetics are cytotoxic and have shown anticancer efficacy in mice. However, early clinical trials using glutamine antimetabolites were discontinued because of dose-limiting neurotoxicity, gastrointestinal toxicity, and myelosuppression, all attributed to a lack of selectivity for tumors over other glutamine-dependent cells [25, 26]. To address this issue, prodrug forms of L-DON that are inert in circulation but selectively activated within the TME have recently been developed [27]. The lead compound JHU083 causes tumor regression in multiple syngeneic murine models and has a major impact on the anticancer immune response, as discussed further below.

Glutaminase inhibitors

GLS is highly expressed and essential in diverse malignancies and has been extensively investigated as a drug target for cancer therapy. As an alternative to broad-spectrum glutamine antagonists, highly selective GLS inhibitors have been developed over the last two decades. The two major classes of allosteric GLS inhibitors are based on the lead compounds bis-2-(5-phenylacetamido-1,3,4-thiadiazol-2-yl)ethyl sulfide (BPTES) and 968 [28, 29] (Figure 2). BPTES is a symmetrical molecule that binds at the interface of two GLS dimers, where it stabilizes an inactive tetrameric conformation [28]. Docking and mutagenesis studies indicate that 968 binds between two GLS monomers to prevent formation of the active tetramer. Recently, 968 was found to be a pan-glutaminase inhibitor, with four-fold selectivity for GLS2 over GLS [30]. To date, the only known highly-selective (>10-fold) and potent (IC₅₀ <1 μ M) GLS2 inhibitors are alkyl benzoquinones isolated from *Ardisia virens* [31].

Co-crystal structures of BPTES and GLS have facilitated drug optimization efforts [32], leading to the development of the potent and orally bioavailable BPTES derivative CB-839 [33]. Numerous additional inhibitors based on the BPTES scaffold have been described [34–37], but only CB-839 has advanced into clinical trials (Table 1). To date, CB-839 has yielded few objective responses when used as a monotherapy. Although some phase I trials indicated promising activity for CB-839 as a component of combination therapies, the recent phase II

Page 5

CANTATA trial (NCT03428217) of CB-839 with the tyrosine kinase inhibitor cabozantinib in renal cell carcinoma did not meet the study's primary end point of improved progressionfree survival relative to cabozantinib alone^{xxii}. Despite these disappointing results, new discoveries have identified biological contexts in which tumor cells become locked into GLS dependence, suggesting that carefully targeted use of GLS inhibitors might still yield clinical benefits.

Determinants of tumor sensitivity to glutamine blockade

The tumor oncogenotype

Reprogrammed glutamine metabolism in cancer is not a passive adaptation to the proliferative state, but instead is tightly regulated by diverse cell-intrinsic and -extrinsic factors, including the oncogenic signals that underlie tumorigenesis. Most frequently occurring oncogenic lesions in human tumors drive changes in cellular glutamine metabolism and/or sensitivity to GLS inhibitors. These changes include aberrant activation of the PI3K/mTOR axis [38], hyperactivating mutations of *KRAS* [39, 40], hyperactivated receptor tyrosine kinase signaling [41], overexpression of *MYC* or *JUN*[18, 42], neomorphic isocitrate dehydrogenase 1 or 2 (*IDH1/2*) mutations [43], changes in TGFβ or Hippo pathway signaling [44, 45], and loss-of-function mutations of the tumor suppressors *TP53* (p53) [46], *RB1* [47], *KEAP1* [40], and *STK11* (LKB1) [48].

The mechanisms by which these events regulate glutamine metabolism are varied. In the case of c-Jun and c-Myc, the expression of glutamine metabolism genes is increased either by direct transcriptional activation or by repression of microRNAs that normally prevent the translation of these transcripts (Figure 3, Key Figure). Ectopic overexpression of *MYC* is sufficient to drive cellular glutamine addiction, but it is possible that endogenous c-Myc does not mirror this effect, as the 3'-untranslated region (3'-UTR) of the transcript is glutamine-responsive, allowing endogenous c-Myc levels to decline when glutamine is limited [49]. Oncogenic KRAS also signals to increase expression of glutamine metabolism genes, and in KRAS-driven PDAC, glutamine-derived carbon maintains the cellular NADPH pool by supplying malic enzyme 1 (ME1) with oxidizable substrate [39].

Oncogenic mutations in *IDH1/2* occur frequently in low-grade gliomas and acute myeloid leukemia and yield neomorphic enzymes that catalyze the conversion of α-KG to 2-hydroxyglutarate (2-HG) [50]. This new reaction imposes oxidative stress, partly because 2-HG production consumes NADPH, but also because the transaminases that provide glutamate for glutathione biosynthesis are inhibited by 2-HG [51]. This process leads to cellular dependence on GLS for glutamate production, such that oncogenic *IDH* mutations are synthetically lethal with GLS inhibition [51]. Another lesion that shows synthetic lethality with GLS blockade is loss-of-function mutation of *KEAP1*, which occurs in 20–30% of lung adenocarcinomas and results in sustained activation of the **NRF2-antioxidant response element pathway**. The NRF2 transcriptional target *SLC7A11* has emerged as a major determinant of cellular glutamine addiction and sensitivity to

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Trends Cancer. Author manuscript; available in PMC 2022 August 01.

GLS inhibitors [5, 52–54]. The gene product **SLC7A11 (xCT)** mediates the chloridedependent exchange of intracellular glutamate for extracellular cystine, the limiting nutrient for glutathione biosynthesis (Figure 3). Although glutamate/cystine exchange by xCT supports redox homeostasis, excessive flux through this pathway generates an imbalance between antioxidant capacity and central carbon metabolism, and renders cells addicted to glutamine and GLS for replenishing the exported glutamate [5, 52, 54]. This phenomenon is exacerbated by loss of the *STK11* (LKB1) tumor suppressor, which increases energetic and redox stress by deregulating metabolic homeostasis [48].

Oxidative stress

An emerging theme in the previous section is that oncogenotypes that increase demand on the cellular antioxidant program are key drivers of cancer cell glutamine addiction and GLS dependence. The underlying mechanism applies more broadly, such that oxidative stress appears to be a conserved biomarker for tumor sensitivity to GLS inhibitors. This is an important point, and means that GLS essentiality does not necessarily arise from its role in TCA cycle **anaplerosis**, but rather from its contribution to the intracellular glutamate pool for cellular redox homeostasis (Figure 3). Supporting this concept, pancancer analysis shows a strong co-dependency on GLS and the glutathione biosynthesis pathway [55]. A key question still to be answered is if, and how, tumors with high levels of oxidative stress or constitutive NRF2 activation can eventually acquire resistance to glutamine metabolism inhibitors, for example by downregulating *SLC7A11* expression and/or by increased recycling of oxidized glutathione.

The nutrient environment

Tumor metabolism is affected by a multitude of microenvironmental factors, including nutrient availability [56]. Metabolic regulation by these variables in turn influences tumor sensitivity to metabolism-targeted drugs [57]. Illustrating this effect of the nutrient environment, high extracellular cystine concentrations are sufficient to induce cancer cell glutamine addiction and GLS dependence when it otherwise would not exist by forcing excessive activity of xCT, resulting in glutamate efflux [5]. Whereas environmental cystine can drive glutamine addiction, extracellular pyruvate can bypass it in specific contexts by sustaining TCA cycle anaplerosis through pyruvate carboxylase-mediated production of oxaloacetate (OAA) [58]. Pyruvate is a relatively abundant nutrient in the interstitial fluid of some tissues, including the lungs, and lung metastases show a shift from glutamine to pyruvate anaplerosis relative to the parental tumor [59]. However, pyruvate cannot substitute for all of the metabolic roles of glutamine and cannot overcome glutamine addiction when demand for glutathione biosynthesis is high. In a subset of PDAC tumors, nutrient starvation triggers increased macropinocytic uptake and lysosomal degradation of extracellular protein, which yields free amino acids including glutamine [16]. The ability to activate macropinocytosis can therefore render tumors resistant to therapies that deplete extracellular glutamine or block its cellular uptake, but does not affect sensitivity to glutamine antimetabolites or GLS inhibitors, which target enzymes directly involved in glutamine metabolism.

Resistance mechanisms to GLS inhibitors

Although glutamine is the primary carbon source for the TCA cycle in some malignant cells, we suggest that this anaplerotic role can usually be substituted by other pathways, and that true glutamine addiction instead arises when rapid glutamate production is required for glutathione biosynthesis. Consistent with this proposal, in cancer cells that are not genetically or environmentally locked into an enhanced antioxidant program, GLS inhibition can be rescued by exogenous supply of TCA cycle metabolites such as a-KG or OAA. Similarly, in this class of cancer cells, intrinsic or acquired resistance to GLS inhibitors develops through upregulation of alternative supply pathways for the TCA cycle [60]. As described above, pyruvate carboxylation to OAA can bypass glutamine anaplerosis, and this pathway is linked to CB-839 resistance across multiple cancers [4, 58]. In a murine model of c-Myc-induced liver tumorigenesis, although knockout of Gls suppresses the flux of glutamine-derived carbon into the TCA cycle, increased contribution from glucose means that absolute levels of TCA cycle metabolites are unaffected [60]. Simultaneous knockout of Gls and hexokinase 2 (Hk2) in this model, to disrupt both glutamine and glucose catabolism, potently impairs tumorigenesis with almost 40% of mice failing to develop tumors after 1 year [60].

Fatty acid oxidation (FAO) provides an additional supply route for the TCA cycle, and breast cancer and PDAC with intrinsic or acquired CB-839 resistance carry out increased FAO relative to CB-839-sensitive cells [61, 62]. Branched-chain and odd-chain FAO generate both acetyl-CoA and propionyl-CoA, thus supplying the citrate synthase step of the TCA cycle as well as anaplerosis via conversion of propionyl-CoA to succinyl-CoA. There is evidence that mTORC1 signaling is involved in the adaptive switch to alternative fuel sources when one anaplerotic pathway is inhibited, and several studies have found synergism between CB-839 and mTOR inhibitors [63, 64]. This evidence has provided the scientific rationale for an ongoing phase I clinical trial (NCT04250545) of the mTOR inhibitor MLN0128 with CB-839 for treating non-small cell lung cancer (NSCLC).

An often-overlooked player in tumor glutamine metabolism is liver-type glutaminase (GLS2). The function of GLS2 in cancer metabolism appears to be context-dependent, and it is transcriptionally regulated not only by p53 but also by oncoproteins such as N-myc [46, 65]. Nevertheless, like GLS, GLS2 is primarily localized to mitochondria and catalyzes glutamine hydrolysis, thus providing the most direct resistance mechanism to GLS-selective inhibitors. Three recent studies have found that acquired resistance to GLS blockade in breast cancer is associated with increased expression of *GLS2* and that ectopic *GLS2* expression is sufficient for CB-839 resistance [30, 60, 66]. However, it is possible that this resistance mechanism is not universal. GLS and GLS2 exhibit markedly different enzymatic kinetics, with GLS2 having a higher $K_{\rm M}$ for glutamine and lower catalytic efficiency than GLS [67]. Thus, the inherently low activity of GLS2 might be insufficient for maintaining glutamate reserves when demand is very high.

The heterogeneous immune response to GLS inhibition

Heterogeneity in glutamine metabolism and in the response to glutamine blockade occurs across other cell types within the TME, including those of the immune system. To maximize

the efficacy of glutamine metabolism inhibitors for cancer therapy, it will be necessary to identify approaches that harm cancer cells while sparing or enhancing the anticancer immune response (Figure 4). Activated T cells differentiate into functional subsets with distinct metabolic programs and differing dependencies on glutamine catabolism. Although increased glutamine hydrolysis is a conserved phenotype of T cell activation, inhibiting GLS has opposing effects on the differentiation of different subsets. For example, CB-839 treatment promotes the differentiation of CD4⁺ T-helper 1 (Th1) cells and CD8⁺ cytotoxic T lymphocytes (CTLs), resulting in increased cytokine production in both cases [68]. In contrast, the same treatment impedes CD4⁺ T-helper 17 (Th17) cell differentiation and function, leading to decreased cytokine production and suppressed expansion of this subset. These opposing outcomes appear to be due to differences in the epigenetic response of each T cell subset to a-KG depletion following GLS blockade. Importantly, there is also temporal heterogeneity in the T cell response to GLS deficiency, which has implications for cancer immunotherapy. Knockout of the Gls gene or chronic GLS inhibition render T cells unable to sustain a long-term effector response in vivo. However, when T cells are transiently exposed to CB-839 during an initial ex vivo differentiation period, the subsequent in vivo function of Th1 cells and CD8⁺ CTLs is enhanced, including when chimeric antigen receptor (CAR) T cells are used to eliminate B cell leukemia [68].

Glutamine blockade restores anti-tumor immunity

In contrast to GLS-selective inhibitors such as CB-839, glutamine antimetabolites inhibit all glutamine-utilizing enzymes, leading to major nutritional changes in the TME. In syngeneic murine models, treatment with the L-DON prodrug JHU083 causes broad suppression of tumor metabolic activity, mitigating hypoxia and increasing both glutamine and glucose levels in the TME [69]. Given the importance of glutamine metabolism in activated lymphocytes, a reasonable concern is whether broad-spectrum glutamine antagonism might also hamper the anticancer immune response. Remarkably, however, durable responses to JHU083 treatment occur only in immune-competent mice, and combining JHU083 with checkpoint immunotherapy yields complete response rates approaching 100%, versus 0% with immunotherapy alone. Under baseline conditions, the TME favors the residency of myeloid-derived suppressor cells (MDSCs) and tumor-associated macrophages (TAMs), populations that inhibit the anticancer immune response. Treating tumor-bearing mice with JHU083 induces the differentiation of MDSCs and TAMs into pro-inflammatory TAMs, which inhibit tumor growth and cross-present tumor antigens to CD8⁺ T cells [70]. Ex vivo treatment with L-DON skews CD8⁺ T cells toward an activated, long-lived, memory-like state, analogous to the effect of CB-839 treatment or glutamine withdrawal during T cell differentiation [70, 71]. Correspondingly, JHU083-treated tumors in vivo have increased CD8⁺ tumor infiltrating lymphocytes (TILs), with a transcriptional program indicating a highly activated state along with expression of immunological memory markers. Consistent with glutamine antagonism supporting immunologic memory, in the small proportion of mice that are initially cured by JHU083 monotherapy, subsequent allograft tumors are completely rejected >30 days after administration of the final dose of JHU083 [69].

A 'glutamine steal' hypothesis has been proposed, in which cancer cell-selective glutamine blockade eliminates metabolic competition in the TME and frees up glutamine for use

by immune cells [72]. However, the inhibitors used in the studies described above are not selective for cancer cells, raising the question of how glutamine antagonism enhances immune cell function while simultaneously disabling tumor cells. The explanation likely involves both cell-intrinsic factors and indirect effects from TME reconditioning. Metabolic flux analyses comparing colorectal cancer cells and T cells treated with L-DON show conserved suppression of aerobic glycolysis, but opposing effects on oxidative phosphorylation, which is suppressed in cancer cells but upregulated in T cells. These changes reflect greater metabolic flexibility in the T cells, which efficiently divert glucosederived carbon into the TCA cycle and increase their use of extracellular acetate as an alternative fuel source [69]. Glutamine antagonism by L-DON can further enhance the anticancer immune response by impacting the mechanical properties of the tumor extracellular matrix (ECM). This effect is due to the inhibition of glutamine-fructose amidotransferase 1 (GFPT1), the rate-limiting enzyme of the hexosamine biosynthetic pathway (HBP). The HBP generates precursors for hyaluronan, a glycosaminoglycan that serves as a major component of the ECM in highly immunosuppressive tumors such as PDAC. Depletion of hyaluronan in the TME following L-DON treatment, or targeted knockdown of GFPT1, allows enhanced CD8⁺ T cell infiltration into PDAC tumors, and likely contributes to the observed synergism between L-DON and checkpoint immunotherapy [73].

Concluding Remarks and Future Perspectives

Recent insights into the determinants of tumor and immune responses to glutamine antagonism suggest biomarkers and strategies to maximize the efficacy of this line of therapy. Use of glutamine as a major carbon supply for the TCA cycle does not in itself predict tumor sensitivity to glutamine blockade, as many cancer cells are able to switch to alternative anaplerotic substrates such as pyruvate. Instead, glutamine addiction and cellular dependence on GLS show a robust pan-cancer correlation with the increased glutamate/ glutathione demand that follows activation of the cellular antioxidant response program. This process can be driven by mutations that directly impact the pathway, such as *KEAP1* loss; those that drive oxidative stress, such as neomorphic IDH1/2 mutations; cell-extrinsic factors, including the TME; and therapeutic interventions, such as radiation. Collectively, recent work suggests that oxidative stress is a conserved biomarker for tumor dependence on GLS, and tumors with a genetic or pharmacological addiction to the NRF2-antioxidant response pathway are the best candidates for treatment with GLS inhibitors. Supporting this idea, recent preclinical studies have shown that CB-839 treatment synergizes potently with radiation therapy and drugs that induce redox stress [74, 75]. The ongoing phase II KEAPSAKE trial (NCT04265534) for CB-839 treatment of KEAP1-mutant NSCLC is a key test of how well the advances made in this field extend into the clinic.

A parallel approach to improve the efficacy of glutamine metabolism inhibitors is to harness their surprising enhancement of anticancer immunity. An open question is which glutamine blockade strategy is most beneficial in this context, with glutamine antimetabolites, transport antagonists, and GLS inhibitors all reported to synergize with immune checkpoint blockade [69, 70, 72] (see Outstanding Questions). It will also be valuable to define further the temporal effects of glutamine antagonism on the immune response, given that

transient CB-839 treatment modulates T cell differentiation to enhance function, but chronic treatment ultimately hampers the effector response. Despite largely disappointing results to date from clinical trials of glutamine metabolism inhibitors, insights from the last 5 years provide a scientific rationale for further evaluating carefully targeted use of these molecules and point toward rational combination therapies to maximize their efficacy in the clinic.

Acknowledgements

MJL gratefully acknowledges support from the Breast Cancer Coalition of Rochester, METAvivor, The Elsa U. Pardee Foundation, and the Department of Defense Breast Cancer Research Program (BC200599). TJ gratefully acknowledges funding from The Mark Foundation for Cancer Research (Endeavor Award).

Glossary Box

Anaplerosis

The process of replenishing the intermediates of a metabolic pathway. In proliferating cells, the tricarboxylic acid (TCA) cycle serves as the source of biosynthetic precursors and thereby loses carbon (cataplerosis). To maintain metabolic homeostasis, anaplerotic flux must match cataplerotic flux.

Anticancer immune response

Innate and adaptive immune responses that contribute to the control of tumor growth. The immune system interacts with cancer cells in three phases, elimination, equilibrium, and escape. In the elimination phase, the immune system destroys cancer cells, and in the equilibrium phase, the tumor remains stable. In the escape phase, cancer cells evade the immune system and an immunosuppressive environment is established. Cancer immunotherapy approaches aim to restore immune control of cancer.

Antimetabolite

A molecule that is chemically similar to a natural metabolite, but which inhibits the normal processing of that metabolite. Antimetabolites can interfere with the functions of one or more of the enzymes that normally interact with the natural metabolite, thereby affecting the cell's normal metabolic processes.

Glutaminase (GLS)

An amidohydrolase enzyme that catalyzes the conversion of glutamine to glutamate and an ammonium ion.

NRF2-antioxidant response element pathway

A cellular mechanism that coordinates the response to oxidative and electrophilic stress by upregulating the transcription factor NRF2. The transcriptional targets of NRF2 include genes encoding key mediators of the detoxification and elimination of reactive oxidants and electrophiles. NRF2 is negatively regulated by KEAP1, a tumor suppressor whose function is frequently lost in non-small cell lung cancer.

Tumor microenvironment (TME)

Tumors consist of a heterogeneous population of cancer cells and also contain both resident and infiltrating host cells, such as cancer-associated fibroblasts, endothelial cells, and

lymphocytes. Together with the extracellular matrix, the tumor interstitial fluid, and secreted factors, these components constitute the TME.

xCT (SLC7A11)

The gene product SLC7A11 (xCT) heterodimerizes with SLC3A2 to form the plasma membrane cystine/glutamate antiporter (system xc-), which plays a role in the antioxidant response by supplying cysteine, the rate-limiting substrate for glutathione biosynthesis. The *SLC7A11* gene is a transcriptional target of NRF2.

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GLS and GLS2

Two genes encode glutaminase enzymes in mammals, GLS and GLS2, located on chromosomes 2 and 12, respectively, in humans. In the case of GLS, two primary splice variants termed kidney-type glutaminase (KGA) and glutaminase C (GAC) share the first 14 exons, with exons 16–19 present in KGA and exon 15 in GAC [76]. The GLS gene is ubiquitously expressed in mammalian tissues, with kidney and brain having particularly high transcript levels. GLS expression is further upregulated in many cancers, especially GAC, which encodes an enzyme with a higher k_{cat} and lower K_{M} than other glutaminase variants [67]. In contrast, GLS2 expression is restricted to the liver, pancreas, and brain [77]. For GLS2, the two alternative transcripts are liver-type glutaminase (LGA) and glutaminase B (GAB), which arise from an alternative transcriptional start site mechanism. GAB is the longer transcript with all 18 exons, while the shorter LGA lacks part of exon 1 [78]. It is possible that the resulting difference in the N-terminal region results in distinct subcellular localization of GAB and LGA, potentially explaining reports of nuclear localization of GLS2 in brain tissue. Both GLS and GLS2 are inactive as monomers, and an allosteric modulator such as inorganic phosphate is required to drive formation of the active tetramer [79].

Highlights

- Genetic and microenvironmental factors can 'lock' tumor cells into a state of glutamine addiction and dependence on glutaminase (GLS).
- Oxidative stress and activation of the NRF2-antioxidant response pathway are conserved biomarkers for tumor sensitivity to GLS inhibitors.
- Glutamine antagonism reconditions the tumor microenvironment and can enhance the anticancer immune response through both direct and indirect mechanisms.
- Clinical trial results to date have shown tolerability of the GLS inhibitor CB-839, but mixed results with regard to efficacy, indicating the need to continue mechanistic, pharmacological, and translational research.
- Targeting conserved biomarkers and developing rational drug synergisms will enhance the efficacy of glutamine metabolism inhibitors in cancer therapy.

Outstanding Questions Box

- In tumors with genetic biomarkers for GLS dependence, such as the loss-offunction mutation of *KEAP1*, can resistance to GLS inhibitors still develop and, if so, through what mechanisms?
- Following promising preclinical results, will ongoing clinical trials of CB-839 in tumors with *KEAP1* or *IDH* mutations show efficacy in human patients?
- Can glutamine antimetabolite prodrugs such as JHU083 be safely and effectively used to treat cancer in human patients?
- Do glutamine antimetabolite prodrugs show broader anticancer activity than selective GLS inhibitors, and are there biomarkers for tumor sensitivity to these molecules?
- Given the temporal variation in the response of T cells to GLS inhibition, and the markedly different biological half-lives of CB-839 *versus* immune checkpoint inhibitors, what dosing regimens are most effective in combination therapies?



Figure 1. Glutamine metabolism in quiescent and proliferating cells.

Proliferative metabolism is characterized by a broad upregulation of biosynthetic pathways. Glutamine is acquired either through uptake transporters such as SLC1A5 or, in nutrient-poor microenvironments, from extracellular protein *via* macropinocytosis followed by lysosomal degradation. Glutamine is an obligate nitrogen donor for nucleotide and asparagine biosynthesis and an exchange factor for some less abundant amino acids. Its catabolite glutamate is a precursor of α -KG for TCA cycle anaplerosis, a substrate for glutathione biosynthesis, a carbon and nitrogen source for NEAA biosynthesis, and also an exchange factor for other amino acids. Blue arrows indicate pathways in which glutamine/ glutamate serve as a nitrogen source, green arrows indicate use of glutamine-derived carbon for anaplerosis, orange arrows represent direct incorporation of glutamate into biosynthetic pathways, and yellow arrows show exchange factor functions.

Abbreviations: α -KG, α -ketoglutarate; Ala, alanine, Asp, aspartate; Cys, cystine or cysteine; GCL, glutamate-cysteine ligase; GGC, γ -glutamylcysteine; Gln, glutamine; Glu, glutamate; GLS, glutaminase; GLS2, glutaminase 2; GLUD1, glutamate dehydrogenase 1; Gly, glycine; GOT2, mitochondrial aspartate aminotransferase; GPT2, mitochondrial alanine transaminase; GS, glutathione synthetase; GSH, reduced glutathione; NEAA, non-essential amino acids; OAA, oxaloacetate; PRPP, 5-phosphoribosyl-1-pyrophosphate; P-Ser, phosphoserine; Pyr, pyruvate; Ser, serine; SLC1A5 var, SLC1A5 variant; TCA, tricarboxylic acid.

Yang et al.



Figure 2. Timeline and chemical structures of representative glutamine metabolism inhibitors. Glutamine metabolism inhibitors include glutamine antimetabolites and their prodrug forms and allosteric glutaminase inhibitors. L-DON, azaserine, and acivicin are glutamine antimetabolites, and JHU083 is a prodrug form of L-DON that is selectively activated in the tumor microenvironment. These antimetabolite-based inhibitors are marked by a blue box. The two major classes of allosteric glutaminase inhibitors are based on the lead compounds BPTES and 968, marked by red and orange boxes, respectively. Currently, CB-839 is the only GLS inhibitor to have entered clinical trials. 968 is a pan-glutaminase inhibitor, with four-fold higher potency against GLS2 than GLS. Ardisianone (AV-1), is a natural alkyl benzoquinone, the only known molecular scaffold that potently and selectively targets GLS2, marked in a purple box. In addition to GLS inhibitors, the glutamine uptake inhibitors GPNA and V-9302 are marked by green box.

Abbreviations: BPTES, bis-2-(5-phenylacetamido-1,3,4-thiadiazol-2-yl)ethyl sulfide; GPNA, L-γ-glutamyl-p-nitroanilide; JHU083, ethyl 2-(2-Amino-4-methylpentanamido)-DON; L-DON, 6-diazo-5-oxo-L-norleucine.

Yang et al.



Figure 3. Determinants of tumor sensitivity to GLS inhibitors.

Diverse factors affect the sensitivity of tumors to GLS inhibitors, and specific oncogenotypes and metabolic stresses (shown in orange) can lock cancer cells into a GLSdependent state. High activity of the NRF2-antioxidant response pathway has emerged as a conserved biomarker for tumor GLS dependence and can occur through genetic activation of the pathway (for example by loss-of-function mutations in *KEAP1*) or through factors that impose sustained oxidative stress, such as *IDH1/2* mutations that lead to neomorphic 2-hydroxyglutarate-producing enzymes. Expression of *GLS* is regulated by c-Myc and c-Jun, and high levels of these transcription factors also favor cellular dependence on GLS. The nutrient environment also influences sensitivity to GLS inhibitors, and excessive levels of extracellular cystine can drive glutamine addiction and GLS dependence by forcing glutamate efflux through the cystine/glutamate antiporter xCT/SLC7A11. Other factors promote resistance to GLS inhibitors (shown in blue). These factors include compensatory metabolic pathways such as pyruvate carboxylation, fatty acid oxidation, and glutamine hydrolysis catalyzed by GLS2. mTORC1 can enhance metabolic flexibility by regulating a shift to glucose metabolism, and mTORC1 inhibitors synergize with GLS inhibitors.

Abbreviations: α -KG, α -ketoglutarate; CPT1, carnitine palmitoyltransferase I; GCL, glutamate-cysteine ligase; GLS, glutaminase; GPNA, L- γ -glutamyl-p-nitroanilide; IDH, isocitrate dehydrogenase; KEAP1, Kelch-like ECH-associated protein 1; mTOR, mechanistic target of rapamycin; NRF2, nuclear factor erythroid 2-related factor 2; OAA, oxaloacetate; PC, pyruvate carboxylase; ROS, reactive oxygen species; TME, tumor microenvironment.

Yang et al.



Figure 4. Glutamine metabolism impacts the anticancer immune response.

Graphical representation of the effects of allosteric GLS inhibitors (1) and non-selective glutamine antagonists (2-7). Selective GLS inhibition has distinct effects on the differentiation of CD4⁺ and CD8⁺ immune cell subsets, favoring CD4⁺ Th1 and CD8⁺ CTLs but suppressing CD4⁺ Th17 differentiation (1). Broader-spectrum glutamine antagonism alters the nutrient composition of the TME (2) and blocks MDSC generation and recruitment (3). Instead, glutamine antagonism favors conversion of MDSCs to pro-inflammatory TAMs, which inhibit tumor growth (4) and further activates pro-inflammatory TAMs *via* tumor cell-generated DAMPs (5). Inhibiting glutamine metabolism also directly modulates CD8⁺

CTL metabolism to promote a long-lasting, activated, memory-like phenotype; enhances antigen presentation by pro-inflammatory TAMs to CD8⁺ CTLs (6); decreases production of the immunosuppressive metabolite kynurenine in the TME (7); and increases CD8⁺ CTL tumor infiltration. These cumulative effects promote the anticancer immune response. Abbreviations: ASNS, asparagine synthetase; BPTES, bis-2-(5-phenylacetamido-1,3,4thiadiazol-2-yl)ethyl sulfide; CPS2, carbamoyl phosphate synthetase II; CTL, cytotoxic T lymphocyte; DAMPs, damage/danger-associated molecular patterns; ECAR, extracellular acidification rate; GFAT, glutamine-fructose-6-phosphate transaminase; GLS, glutaminase; IDO, indoleamine-2,3-dioxygenase; IFN γ , interferon gamma; IL-17, interleukin 17; L-DON, 6-diazo-5-oxo-L-norleucine; MDSC, myeloid-derived suppressor cell; OXPHOS, oxidative phosphorylation; PPAT, phosphoribosyl pyrophosphate amidotransferase; TAMs, tumor-associated macrophages; Th1, T-helper 1; Th17, T-helper 17.

Table 1.

Clinical trials of glutaminase inhibitor CB-839 (Telaglenastat) as cancer therapeutics^a

Trial identifier	Study	Status ^b	Outcome	Refs
NCT02071862 i	CB-839 monotherapy or in combination with paclitaxel, everolimus, erlotinib, docetaxel, or cabozantinib in solid tumors	Phase I, 210, completed	CB-839 was well-tolerated, had clinical efficacy ^C with cabozantinib (ORR = 50%, DCR = 100%) or with everolimus (DCR = 92%, PFS = 7.1 months) in metastatic RCC.	[80-83]
NCT02071888 ii	CB-839 monotherapy, in combination with low dose dexamethasone or pomalidomide and low dose dexamethasone in hematological tumors	Phase I, 25, completed	CB-839 monotherapy was well-tolerated in patients with multiple myeloma and lymphoma.	[84]
NCT02071927 iii	CB-839 monotherapy or in combination with azacitidine in leukemia	Phase I, 43, completed	Platelets and PBMCs showed GLS inhibition.	[85]
NCT02771626 iv	CB-839 in combination with PD-1 blocking antibody, nivolumab, in patients with melanoma, ccRCC, and NSCLC	Phase I/II, 118, completed	CB-839 with nivolumab was well-tolerated in melanoma (ORR = 19%) and RCC (ORR = 21%, DCR = 74%).	[86]
NCT02861300 V	CB-839 with capecitabine in solid tumors and fluoropyrimidine-resistant PIK3CA mutant colorectal cancer	Phase I/II, 53, recruiting	The median PFS was 16.5 weeks for all patients and 29.5 weeks for PIK3CA mutant CRC patients.	[87]
NCT02944435 vi	A pharmacokinetic study of CB-839 capsule and tablet formulations in healthy adults	Phase I, 14, completed	N/A	N/A
NCT03047993 vii	CB-839 in combination with azacitidine in patients with advanced MDS	Phase I/II, 40, recruiting	CB-839 with azacitidine was well-tolerated in MDS patients (ORR = 63%).	[88]
NCT03057600 viii	CB-839 in combination with paclitaxel in patients of African ancestry and non-African ancestry with advanced TNBC	Phase II, 52, completed	CB-839 with paclitaxel was well-tolerated in advanced TNBC patients (ORR = 43%, DCR = 79%).	[89]
NCT03163667 ^{ix} ENTRATA	Everolimus in combination with placebo or CB-839 in patients with RCC	Phase II, 63, completed	ENTRATA met the primary end point: improved PFS when everolimus was used in combination with CB-839 vs. placebo (3.8 months vs. 1.9 months).	[90]
NCT03263429 X	Novel PET/CT imaging biomarkers of CB-839 in combination with panitumumab and irinotecan in patients with metastatic and refractory RAS wildtype colorectal cancer	Phase I/II, 40, recruiting	This trial showed tolerable triple combination at full dose of each drug.	[91]

i. https://ClinicalTrials.gov/show/NCT02071862

ii. https://ClinicalTrials.gov/show/NCT02071888

iii. https://ClinicalTrials.gov/show/NCT02071927

iv. https://ClinicalTrials.gov/show/NCT02771626

v. https://ClinicalTrials.gov/show/NCT02861300

vi. https://ClinicalTrials.gov/show/NCT02944435

vii. https://ClinicalTrials.gov/show/NCT03047993

viii. https://ClinicalTrials.gov/show/NCT03057600

ix.

https://ClinicalTrials.gov/show/NCT03163667

x. https://ClinicalTrials.gov/show/NCT03263429

Trial identifier	Study	Status ^b	Outcome	Refs
NCT03428217 ^{xi} CANTATA	Cabozantinib in combination with placebo or CB-839 in patients with metastatic RCC	Phase II, 445, active, not recruiting	The combination of CB-839 and cabozantinib did not improve PFS, the primary end point.	_[92] xxii
NCT03528642 Xii	CB-839 with radiation therapy and temozolomide in patients with IDH-mutated diffuse astrocytoma or anaplastic astrocytoma	Phase I, 40, recruiting	Ongoing trial.	[93]
NCT03798678 xiii	CB-839 in combination with carfilzomib and dexamethasone in patients with recurrent or refractory multiple myeloma	Phase I, 36, recruiting	Ongoing trial.	[94]
NCT03831932 xiv	CB-839 and osimertinib in patients with EGFR- mutated stage IV NSCLC	Phase I/II, 53, recruiting	Ongoing trial.	N/A
NCT03872427 XV	Basket Trial of CB-839 in patients with NF1 aberrations, NF1 mutant malignant peripheral nerve sheath tumors, KEAP1/NRF2 and LKB1 aberrant tumors	Phase II, 108, recruiting	Ongoing trial.	N/A
NCT03875313 XVi	CB-839 in combination with the PARP inhibitor talazoparib in patients with solid tumors	Phase I/II, 33, terminated	Slow enrollment.	N/A
NCT03944902 Xvii	CB-839 in combination with niraparib in platinum-resistant BRCA-wildtype ovarian cancer patients	Phase I, 33, not yet recruiting	N/A	N/A
NCT03965845 xviii	CB-839 in combination with the CDK4/6 inhibitor palbociclib in patients with solid tumors	Phase I/II, 85, recruiting	Ongoing trial.	N/A
NCT04250545 xix	CB-839 in combination with MLN0128 (sapanisertib) in advanced stage NSCLC	Phase I, 85, recruiting	Ongoing trial.	N/A
NCT04265534 ^{XX} KEAPSAKE	CB-839 with standard-of-care chemoimmunotherapy (pembrolizumab, carboplatin, and pemetrexed) in KEAP1/NRF2- mutated, nonsquamous NSCLC	Phase II, 120, recruiting	Ongoing trial.	N/A
NCT04540965 xxi	Impact of the histamine H2 receptor antagonist famotidine on the pharmacokinetics of CB-839 in healthy adults	Phase I, 22, recruiting	Ongoing trial.	N/A

^aAbbreviations: BRCA, breast cancer gene; ccRCC, clear cell renal cell carcinoma; CRC, colorectal cancers; DCR, disease control rate; EGFR, epidermal growth factor receptor; IDH, isocitrate dehydrogenase; MDS, myelodysplastic syndrome; NF1, neurofibromatosis type 1; NSCLC, non-small cell lung cancer; ORR, overall response rate; PARP, poly (ADP-ribose) polymerase; PBMC, peripheral blood mononuclear cell; PD-1, programmed death receptor-1; PET/CT, positron emission tomography computed tomography; PFS, progression-free survival; PIK3CA, phosphatidylinositol-4,5-bisphosphate 3-kinase, catalytic subunit alpha; RAS, rat sarcoma gene; RCC, renal cell carcinoma; TNBC, triple negative breast cancer.

^bPhase stages, enrollment numbers, current status.

xi.

https://ClinicalTrials.gov/show/NCT03428217 xii. https://ClinicalTrials.gov/show/NCT03528642 xiii. https://ClinicalTrials.gov/show/NCT03798678 xiv. https://ClinicalTrials.gov/show/NCT03831932 xv. https://ClinicalTrials.gov/show/NCT03872427 xvi. https://ClinicalTrials.gov/show/NCT03875313 xvii. https://ClinicalTrials.gov/show/NCT03944902 xviii. https://ClinicalTrials.gov/show/NCT03965845 xix. https://ClinicalTrials.gov/show/NCT04250545 xx.

https://ClinicalTrials.gov/show/NCT04265534 xxi. https://ClinicalTrials.gov/show/NCT04540965

^CCalithera Biosciences initiated phase 2 ENTRATA (NCT03163667) and CANTATA (NCT03428217) trials based on the encouraging clinical efficacy and safety data.