

ORIGINAL ARTICLE

Single-cell profiling of transcriptomic changes during *in vitro* maturation of human oocytes

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Abstract

Purpose: *In vitro* maturation (IVM) of human oocytes offers an invaluable opportunity for infertility treatment. However, *in vitro* matured oocytes often show lower developmental abilities than their *in vivo* counterparts, and molecular mechanisms underlying successful maturation remain unclear. In this study, we investigated gene expression profiles of *in vitro* matured oocytes at the single-cell level to gain mechanistic insight into IVM of human oocytes.

Methods: Human oocytes were retrieved by follicular puncture and *in vitro* matured. In total, 19 oocytes from 11 patients were collected and subjected to single-cell RNA-seq analyses.

Results: Global gene expression profiles were similar among oocytes at the same maturation stage, while a small number of oocytes showed distinct transcriptomes from those at the corresponding maturation stage. Differential gene expression analysis identified hundreds of transcripts that dynamically altered their expression during IVM, and we revealed molecular pathways and upstream regulators that may govern oocyte maturation. Furthermore, oocytes that were delayed in their maturation showed distinct transcriptomes. Finally, we identified genes whose transcripts were enriched in each stage of oocyte maturation.

Conclusions: Our work uncovers transcriptomic changes during human oocyte IVM and the differential gene expression profile of each oocyte.

KEYWORDS

delay in oocyte maturation, human oocyte, oocyte maturation, single-cell RNA-sequencing, transcriptome

Hiroki Takeuchi and Mari Yamamoto are contributed equally to this work.

Gene Expression Omnibus (GEO) public repository under accession [GSE166533](https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE166533).

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1 | INTRODUCTION

The first successful pregnancy of an *in vitro* matured human oocyte after *in vitro* fertilization (IVF) was reported in 1991.¹ Although the clinical application of *in vitro* maturation (IVM) has increased since the first successful birth resulting from *in vitro* matured oocytes,^{1,2} IVM technology is not widely used in infertility treatment due to its poor outcome. Importantly, it is generally regarded that the quality of embryos generated from IVM oocytes is worse than that of embryos from *in vivo* matured oocytes in multiple aspects, such as developmental competence and subsequent pregnancy rates.^{3,4} Therefore, oocytes other than the metaphase II (MII) stage at the time of oocyte retrieval are discarded in many fertility clinics. However, IVM of oocytes offers a unique opportunity. For example, for women diagnosed with polycystic ovary syndrome, the injection of human chorionic gonadotropin for ovulation can increase the risk of ovarian hyper stimulation syndrome. This risk can be prevented by performing IVM after collecting non-MII oocytes.⁵ In addition, ovarian tissue is cryopreserved prior to cancer treatment for ensuring fertility of patients who might lose gonadal functions due to the treatment. The introduction of these fertility preservation techniques has provided the possibility of obtaining immature oocytes from very small antral follicles and cryopreserving them after IVM.⁶ There are reports of pregnancy using embryos obtained from IVM of these oocytes.⁷⁻⁹ Thus, IVM of immature oocytes plays a key role in warranting fertility for some patients.

Despite the fact that IVM of human oocytes is an invaluable choice for human reproductive technologies, the pregnancy rate of IVM-derived oocytes is still low.^{3,10} Moreover, the developmental ability of IVM oocytes is variable.³ It is extremely important to learn about the nature of this variability of oocyte quality. The quality of oocytes is profoundly affected by gene expression during oocyte growth.^{11,12} As a result, the gene expression pattern of MII oocytes with a high developmental capacity seems different from that with a low developmental ability.^{13,14} However, it remains unclear when the gene expression pattern of human MII oocytes is established during maturation and how variable transcriptomes are found.

Transcriptome of oocytes at different stages has first been studied by microarrays.¹⁵⁻¹⁷ One report has revealed that *in vitro* matured MII oocytes show an over-abundance of detected transcripts, as compared with *in vivo*-derived MII oocytes,¹⁶ suggesting a different transcriptome pattern between *in vitro*- and *in vivo*-matured oocytes. The same paper has also suggested that germinal vesicle (GV) and metaphase I (MI) oocytes show similar gene expression profiles.¹⁶ Recently, single-cell RNA-seq has been applied to reveal transcriptomes of human oocytes.¹⁸⁻²¹ Zhang et al.¹⁸ reported transcriptomic profiles of human oocytes during folliculogenesis. Differential gene expression related to energy metabolism has been identified between *in vitro*- and *in vivo*-matured oocytes.¹⁹ Yu et al.²⁰ have shown that fewer transcripts are expressed in matured oocytes than immature GV oocytes. The reduced transcripts in MI and MII oocytes are linked to the degradation of maternal RNA for subsequent embryonic development, and the global reduction of mRNA

during oocyte maturation is detected as oocytes at these stages are transcriptionally inactive and *de novo* transcription is not observed. It is also known that polyadenylation of maternal mRNA during oocyte maturation controls protein translation for successful oocyte maturation and subsequent development.^{22,23} Therefore, the dynamics of polyadenylated maternal RNA need to be determined during human oocyte maturation.

In this study, transcriptomes for human oocytes at different maturation stages were examined using single-cell RNA-seq, which captures polyadenylated RNA, and differentially expressed genes were identified. Surplus oocytes, which are not used for infertility treatment, were subjected to this study. Immature oocytes at the time of oocyte retrieval were used for IVM, and oocytes at the GV, MI, and MII stages were subjected to RNA-seq. Moreover, oocytes that reached each stage with a significant delay were also collected for the comparison. By comparing the transcriptomes of GV, MI, and MII oocytes, we found genes and pathways whose expression was dynamically altered during maturation. Our study deepens the molecular understanding of human oocyte maturation and provides an important platform to search for marker genes that reflect oocytes at different maturation states.

2 | MATERIALS AND METHODS

2.1 | Human oocyte

Informed consent for this prospective study was obtained from all participants. Surplus oocytes remaining after infertility treatment by IVF or intracytoplasmic sperm injection (ICSI) were used for this study. The oocyte samples for this study were collected from 11 patients in 2019. After aspirating follicles with a fine needle under the ovarian echo, the cumulus oocyte complexes (COCs) were picked up under a stereomicroscope. COCs from infertile patients were scheduled for ICSI, and surrounding cumulus cells were removed with multipurpose handling medium (MHM; Scientific's, 90163) containing 20 IU/ml Cumulus Remover (Recombinant hyaluronidase; Kitazato, 94114). After denudation, oocyte morphology was examined and an oocyte at the MII stage was used for infertility treatment. Oocytes other than the MII stage were subjected to IVM. The collected and denuded oocytes were incubated in the Sydney IVF fertilization medium (Cook medical, K-sifm-100) at 37°C under 5% CO₂ and 5% O₂ in air for IVM, and oocytes that had matured to the MII stage by 16:00 on the same day of oocyte retrieval were used for the treatment of IVF or ICSI.^{24,25} The remaining oocytes that had not reached the MII stage by 16:00, which are usually treated as surplus oocytes, were further cultured for this study. A few hours after the incubation, some oocytes were matured to MII oocytes, and such matured oocytes were subjected to sampling for RNA-seq analyses. At that time, GV and MI oocytes were also sampled. For MII oocytes, zona pellucida piercing was performed on the denuded oocytes with LYKOS Clinical IVF laser system and Clinical Laser Software Legacy 5.12 (Hamilton Thorne, 40025) and the first polar body was biopsied

with micropipette (CooperSurgical, MPBFP30). Zona was lysed with acidic-tyrode (Merck, T1788) for 20–30 s, and washed in Phosphate-buffered saline (PBS; Nacalai Tesque, 07269-84) containing 0.1% w/v bovine serum albumin (BSA; Merck, NM-126609-5GMCN). The zona- and polar body-free oocytes suspended in 1 μ l of 0.1% w/v BSA/PBS were moved into 9.5 μ l of 1 \times Reaction buffer from SMART-seq v4 Ultra Low Input RNA Kit (Takara Bio, 24888N), in which 10 \times lysis buffer (Takara Bio, 635013) and 2 unit ribonuclease inhibitor (Thermo Fisher Scientific, 10777-019) were mixed. GV and MI oocytes were similarly sampled for RNA-seq analyses, except that polar body removal was not carried out. Some oocytes that remained immature at the time of the above-mentioned sampling for RNA-seq analyses were left in the maturation medium overnight, and we examined the maturation state on the next day of the oocyte retrieval (9:00 am). Such oocytes were sampled as those which were delayed in their maturation by following the same sampling method as described above. The classification criteria for GV, MI, and MII oocytes are explained in the corresponding result section. This study was performed within the guidelines established by the Clinical Research Ethics Review Committee of Mie University Hospital (H2018-066) and was registered in the University Hospital Medical Information Network Clinical Trials Registry in Japan (UMIN000034811). In addition, this study was registered for the research dealing with human sperm, ova, and fertilized ova with the Japan Society of Obstetrics and Gynecology. This study was conducted in accordance with the Declaration of Helsinki.

2.2 | Nuclear staining

Nuclear staining was performed using the surplus oocytes at each stage as follows. Oocytes were incubated in the fixation medium, 4% w/v paraformaldehyde (Nacalai tesque, Japan, 26126-25), for 30 min at room temperature, followed by three washes with 0.2% w/v BSA/PBS. After permeabilization with 0.2% v/v Triton X-100/PBS for 30 min at room temperature, they were washed with 0.2% w/v BSA/PBS. Then, nuclei were stained with 1 μ g/ml DAPI (Nacalai tesque, 11034-56) in 0.2% w/v BSA/PBS solution for 10 min, followed by washes with 0.2% w/v BSA/PBS. The fluorescence signals were observed using a confocal microscope (Carl Zeiss, LSM800), equipped with a laser module (405/488/561/640 nm) and GaAsP detector. Z-slice thickness was determined using the optimal interval function in the ZEN software (Carl Zeiss).

2.3 | Library preparation for RNA-seq

A single oocyte at each stage was subjected to cDNA synthesis and amplification using SMART-Seq[®] v4 Ultra[®] Low Input RNA Kit (Takara Bio, Z4889N) according to the vendor's instruction with some modifications. Briefly, collected surplus oocytes were subjected to micromanipulation to remove their sibling first polar bodies, and then, zona pellucida was chemically removed as described

above. After removing the polar body and the zona pellucida, oocytes were washed with 0.1% w/v BSA/PBS, and then transferred to a 0.2-ml tube containing 9.5 μ l of reaction buffer to make the final volume of 10.5 μ l. After cell lysis in the buffer, 1 μ l of the solution was removed and, instead, 1 μ l of the diluted ERCC RNA Spike-In Mix was added (diluted for 350 pg of total RNA according to the vendor's instruction; Thermo Fisher Scientific, 4456740). The lysed RNA solution with the spike-in RNA was subjected to reverse transcription. The produced cDNA was amplified by PCR with 16 cycles. The amplified cDNA was purified using AMPure XP beads (Beckman Coulter, A63882). The purified cDNA was measured on the Bioanalyzer (Agilent) using High Sensitivity DNA Kit (Agilent, 5067-4626), and the normalized volume of cDNA was subjected to library preparation using Nextera XT DNA Library Preparation Kit (Illumina, FC-131-1024) by following the vendor's instruction. The obtained library was quality-checked by Bioanalyzer and quantified using Qubit (Thermo Fisher Scientific). The experiments have been approved by the Clinical Research Ethics Review Committee of Kindai University at the Department of Biology-Oriented Science and Technology (H30-1-006) and we followed the university's guidelines to store the sequencing data.

2.4 | Sequencing data filtering

Paired end sequencing (50 bp + 25 bp) was carried out using the Illumina NextSeq system. Fastq files from Illumina sequencing were filtered for low-quality reads by sliding window trimming (window size 10, <QV20), and low-quality bases were trimmed from the ends of the reads (<QV20) using Trimmomatic.²⁶ Reads of less than 20 bases and unpaired reads were removed. Furthermore, adaptor, polyA, polyT, and polyG sequences were removed using trim_galore and cutadapt.²⁷ The sequencing reads were then mapped to the human genome (hg19) using STAR.²⁸ Reads on annotated genes were counted using featureCounts by taking multiple mapped reads into account.²⁹

2.5 | RNA-seq analysis

RNA-seq reads were visualized using Integrative Genome Viewer.³⁰ Fragments per kilobase of exon per million mapped reads (FPKM) values were calculated from mapped reads by normalizing to total counts and transcript. Differentially expressed genes (DEGs; $p_{\text{adj}} < 0.05$, 4-fold difference in FRKM values or $p < 0.05$, 4-fold difference in FRKM values) were then identified using DESeq2³¹ by applying ERCC-based normalization. An unsupervised hierarchical clustering of the read count values was performed using hclust in TCC (unweighted pair group method with arithmetic mean: UPGMA). Gene ontology (GO) terms showing over-representation of genes that were up- or downregulated were detected using DAVID tools ($p < 0.05$).^{32,33} Furthermore, the gene list of DEGs was compared with the categorized gene lists found in a paper.¹⁸ Each gene list was

further subjected to an Ingenuity Pathway Analysis (IPA; Qiagen, <https://www.qiagenbioinformatics.com/products/ingenuity-pathway-analysis>). Using IPA, enriched canonical pathways, upstream transcriptional regulators, gene regulatory networks, and diseases and biological functions in the identified DEGs were investigated. Expression levels of DEGs were displayed in heatmaps with z-scores obtained from FPKM values of genes in the DEG lists by using heatmapmer.³⁴ The DEG lists consist of genes that satisfy the condition p value < 0.05 and $\log_2FC > 2$ or $\log_2FC < -2$.

2.6 | Statistical analyses

Significant GO terms were identified using the modified Fisher Exact p -values according to the DAVID functional annotation tool. In IPA, p -values were obtained according to the statistical methods applied to each analysis explained in the vendor's instruction. A value of $p < 0.05$ was considered significant. Number of replicates is indicated in the figure legends.

2.7 | Data availability

The dataset generated during this study are available in the Supplementary Tables and in the Gene Expression Omnibus (GEO) public repository under accession [GSE166533](https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE166533). All the other data are available from the corresponding author upon reasonable request.

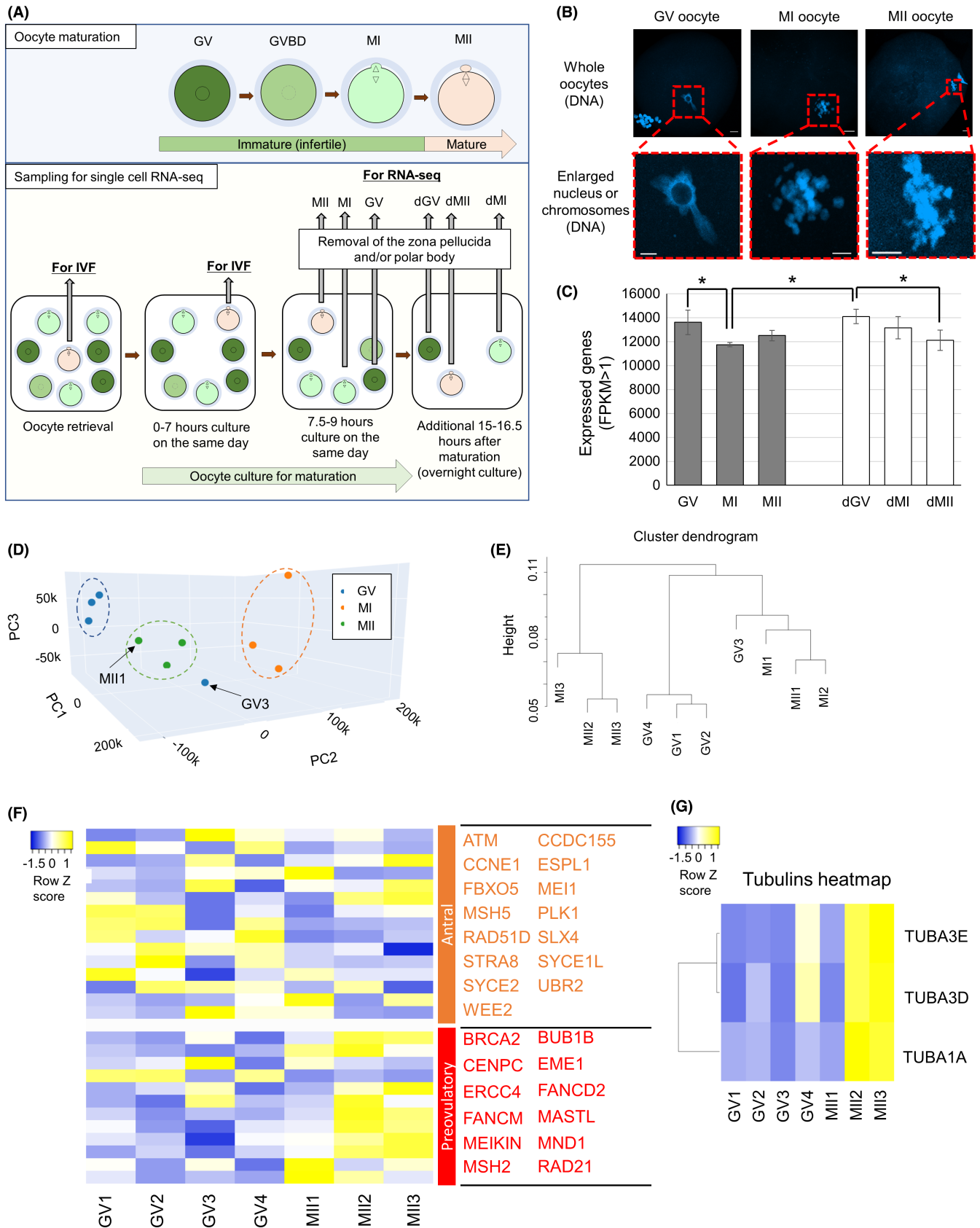
3 | RESULTS AND DISCUSSION

3.1 | RNA-seq analyses of human oocytes during *in vitro* maturation

To reveal transcriptomes of human oocytes during IVM, single-cell RNA-seq analyses were performed using oocytes at different stages. In total, 19 oocyte samples, collected from 11 patients aged between 30 and 39, were subjected to RNA-seq analyses (Table S1). Oocytes were classified into three different stages; the immature GV stage, maturing oocytes from the GV to MII stage, and

the matured MII stage (Figure 1A). Maturing oocytes from the GV to MII stage were described as the MI, and many of them showed condensed chromosomes after DNA staining (Figure 1A,B). As shown in Figure 1A, human oocytes were first collected for infertility treatment and oocytes at the MII stage or that reached the MII stage until 0–7 h after the oocyte retrieval were used for IVF or ICSI. Oocytes that do not reach the MII stage by then are not used for infertility treatment in Mie University Hospital and these surplus oocytes were analyzed. On the same day of oocyte retrieval, oocytes at the GV, MI, and MII stages were morphologically judged at 7.5–9 h after oocyte retrieval (GV \times 4, MI \times 3, and MII \times 3, respectively; in total, 10 oocytes are in this category) and sampling was carried out (Figure 1A). Some remaining oocytes were further cultured for 15–16.5 h, and oocytes that reached each developmental stage were collected. These oocytes were called as delayed GV, MI, and MII oocytes (dGV \times 3, dMI \times 3, and dMII \times 3, respectively; in total, 9 oocytes were in this category). To note, it has been shown that human MI oocytes cultured *in vitro* for 2–26 h developed to good-quality embryos after ICSI and successful implantation was observed using these *in vitro* matured oocytes.²⁵ Therefore, it is expected that the oocytes collected under this experimental scheme retain a degree of developmental competence to develop to good-quality embryos, although *in vitro* matured oocytes show the lower developmental potential than *in vivo* counterparts.²⁵ Successful collection of oocytes at different stages was confirmed with DNA staining (Figure 1B). The collected oocytes were subjected to single-cell RNA-seq by taking advantage of the SMART-seq2 procedure.³⁵ After sequencing, $13\,799\,742 \pm 4\,127\,048$ reads were obtained and $85.6 \pm 2.0\%$ of reads were uniquely mapped to the human hg19 genome (Table S2, mean \pm SD). We detected an average of $12\,915 \pm 1112$ genes (FPKM > 1) per oocyte (Table S2). The number of expressed genes (FPKM > 1) decreased as oocyte maturation proceeded (Figure 1C and Table S2, $p < 0.05$). However, *in vitro* matured MII oocytes did not show a sharp decrease in the number of expressed genes as compared with that of MI oocytes (Figure 1C and Table S2). It has been reported that, in *in vitro* matured oocytes, maternal transcripts are not efficiently degraded as compared with their *in vivo* counterparts.³⁶ Therefore, the relatively high number of transcripts in the *in vitro* matured MII oocytes (Figure 1C) might be explained by the incomplete degradation of maternally stored RNA. On the other hand,

FIGURE 1 Transcriptomic changes of human oocytes during *in vitro* maturation. (A) A schematic diagram of human oocyte retrieval for single-cell RNA-seq analyses. Nineteen oocytes were collected from 11 patients. (B) Representative images of human oocytes at different stages. The bottom panels show higher magnification images of the regions indicated in the top panels by dashed boxes. DNA was stained by DAPI. Scale bars represent 20 μ m for whole oocyte images and 10 μ m for enlarged images. (C) The number of expressed genes in oocytes at different maturation stages (FPKM: Fragments per kilobase of exon per million mapped reads > 1). Mean \pm SD are shown. * $p < 0.05$ (Fisher's LSD test). (D) Principal component analysis (PCA) of the gene expression profiles (3–4 biological replicates per each maturation stage). Blue dots: GV samples, Orange dots: MI samples, and Green dots: MII samples. (E) Hierarchical clustering dendrogram generated using the gene expression profiles of human oocytes at different maturation stages. Spearman correlation was used. (F) A heatmap depicting the gene expression levels of meiosis-related genes that have been reported to be abundantly detected in antral oocytes or preovulatory oocytes.¹⁸ Color key with z-score is shown. (G) A heatmap depicting the gene expression levels of Tubulin-related genes. dGV, oocytes that were at the germinal vesicle stage the day after oocyte retrieval; dMI, oocytes that were at the metaphase I stage the day after oocyte retrieval; dMII, oocytes that were at the metaphase II stage the day after oocyte retrieval; GV, oocytes at the germinal vesicle stage; GVBD, germinal vesicle breakdown; IVF, *in vitro* fertilization; MI, maturing oocytes at the metaphase I stage; MII, oocytes at the metaphase II stage



MI oocytes collected on the day of oocyte collection might include those matured *in vivo* and remained at the MI stage, as opposed to MII oocytes that are all matured *in vitro*. Therefore, the low number

of transcripts in MI oocytes sampled on the day of oocyte collection might be attributed to the marked degradation of maternal RNA during *in vivo* maturation.

We then compared transcriptomes during oocyte maturation. Generally, oocytes derived from the same stage resemble each other in their transcriptomes (Figure S1A). This notion is also supported by principal component analysis (PCA) (Figure 1D). Oocytes at different stages were also separated by a hierarchical clustering analysis (Figure 1E). Of note, a small number of oocytes were not well classified into the corresponding oocyte stages; GV3 rather exhibited a higher correlation with MI oocytes (Figure 1D,E and Figure S1A) and MII1 showed a closer transcriptome to that of the GV or MI state (Figure 1E). These results suggest that oocytes classified according to the morphological criteria are not always similar in their transcriptomes when gene expression is judged at the single-cell level.

We next sought to identify differentially expressed genes (DEGs) between GV and MII oocytes as this comparison should represent transcriptomic changes that happen during *in vitro* maturation. When a stringent criterion is used ($p_{\text{adj}} < 0.05$, 4-fold difference), only 1 DEG was identified. This is probably due to the variable transcriptome of some individual oocytes such as MII1 and GV3 (Figure 1D,E and Figure S1A). Then, we used another condition to find DEGs between oocytes at different stages ($p < 0.05$, 4-fold difference), and 324 DEGs were found; 142 genes were upregulated in MII oocytes, while 182 genes were downregulated at the MII stage (Table S3). Genes that were previously shown to be involved in oocyte meiosis and subsequent embryonic development such as *ASF1B*, *ASNA1*, *CDC45*, and *MOS* were indeed upregulated in MII oocytes (Table S3).^{37–40} GO analyses were performed using these gene sets, and several significantly enriched terms were identified (Figure S1B). GO terms such as microtubule-based process and cytoskeleton organization were enriched in MII-upregulated genes (Figure S1B). We compared these GO terms with a previously published dataset investigating transcriptomic changes of oocytes during human folliculogenesis.¹⁸ GO terms such as microtubule-based process and actin cytoskeleton organization are enriched in DEGs of human *in vivo* oocytes obtained from antral follicles when compared with *in vivo* oocytes of other follicular stages.¹⁸ It is expected that the DEGs of our *in vitro* matured MII oocytes should resemble those of *in vivo* oocytes collected from preovulatory follicles, rather than antral follicles, if *in vitro* maturation is successful. We therefore hypothesized that this GO outcome might be attributed to the incomplete maturation of our *in vitro* matured oocytes as compared with *in vivo* matured oocytes, and examined previously reported meiosis-related genes whose expression increases toward the preovulatory stage.¹⁸ Many meiotic marker genes that should be higher in *in vivo* preovulatory oocytes than antral oocytes were upregulated in MII oocytes, while some were not (Figure 1F). Furthermore, transcripts of meiosis-related genes whose expression should be higher in oocytes from antral follicles¹⁸ were not fully downregulated in our *in vitro* matured MII oocytes (Figure 1F), reminiscent of incomplete degradation of oocyte RNA during *in vitro* maturation. These results suggest that dynamic changes in expression of meiosis-related genes were not entirely, but partially complete in *in vitro* matured oocytes. It is also noteworthy that, among the DEG list, tubulins (*TUBA1A*, *TUBA3E*, *TUBA3D*) showed upregulation during *in vitro* maturation (Figure 1G),

in accordance with the GO outcome (Figure S1B). Translational regulation of these genes might play a role in *in vitro* oocyte maturation.

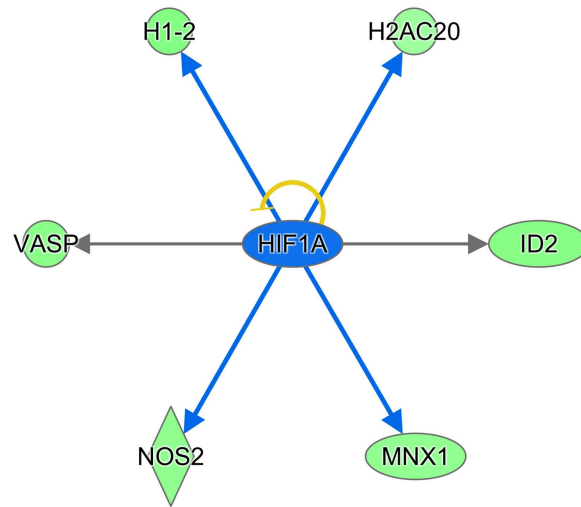
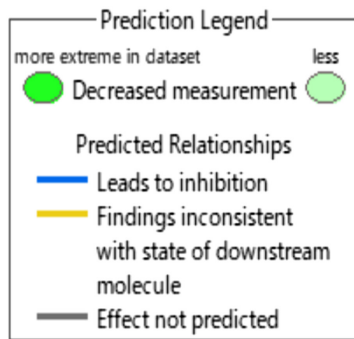
To further characterize transcriptomic changes during *in vitro* maturation of human oocytes, DEGs identified by comparing GV and MII oocytes were subjected to Ingenuity Pathway Analysis (IPA). IPA of DEGs revealed the significantly changed canonical pathways and predicted upstream regulators. As upstream regulators, factors that have been shown to play a role in oocyte maturation such as insulin, NOBOX, PRKAA1, progesterone, and quercetin were identified (Table S4).^{41–44} Interestingly, hypoxia-inducible factor 1a (*HIF1A*) target genes were inhibited in MII oocytes presumably due to the effect of HIF1A proteins stored in oocytes (Figure 2A). *HIF1A* is involved in the hypoxia-induced dormant state of oocytes⁴⁵ and is upregulated from the primary oocytes stage.¹⁸ Injection of an inhibitor that suppresses HIF1A activity into mice reduces the quality of oocytes by impairing the meiotic apparatus, suggesting a defect in spindle assembly and actin dynamics.⁴⁶ In good agreement with the previous study,⁴⁶ we have also identified genes related to actin dynamics such as VASP as downstream targets for *HIF1A* (Figure 2A). Therefore, repression of HIF1A target genes might be a part of successful oocyte maturation. HIF is also known as a key player for metabolic reprogramming in concert with Sirtuin.⁴⁷ Sirt1-Nrf2-Cyclin B1/CDK1 signaling pathway is important for oocyte meiosis by regulating spindle/chromosome organization.⁴⁸ Importantly, canonical pathway analyses showed that Sirtuin signaling genes were enriched in DEGs (Figure 2B; green arrow). Taken together, HIF1A and Sirtuin signaling pathway might be an important player for *in vitro* oocyte maturation in human.

3.2 | Differentially expressed genes between normal and delayed oocytes

We next examined transcriptomic profiles of oocytes that were significantly delayed to reach MI and MII stages (Figure 1A; dMI and dMII, respectively) or GV oocytes that remained immature (Figure 1A; dGV). These types of oocytes are not used for human infertility treatment, but their developmental ability and similarity to the early matured oocytes have not been elucidated well. PCAs showed that transcriptomes of dGV were similar to those of GV oocytes (Figure 3A; +dGV). In contrast, dMI samples were well separated from MI (Figure 3A; +dMI). Regarding transcriptomes of dMII, two of them were close to MII, but one of dMII samples (dMII3) showed a distinct transcriptomic pattern (Figure 3A; +dMII). A hierarchical clustering analysis also supported these notions (Figure S2A).

We then identified DEGs specifically up- or downregulated in delayed oocytes. When a stringent condition is used ($p_{\text{adj}} < 0.05$, 4-fold difference), 0, 3610, and 32 DEGs were identified by comparing GV vs dGV, MI vs dMI, and MII vs dMII stage oocytes, respectively. Then, we used another condition to find DEGs between oocytes at different stages ($p < 0.05$, 4-fold difference), and 244, 4937, and 805 DEGs were identified by comparing GV vs. dGV, MI vs. dMI, and MII

(A)



(B)

GV vs MII

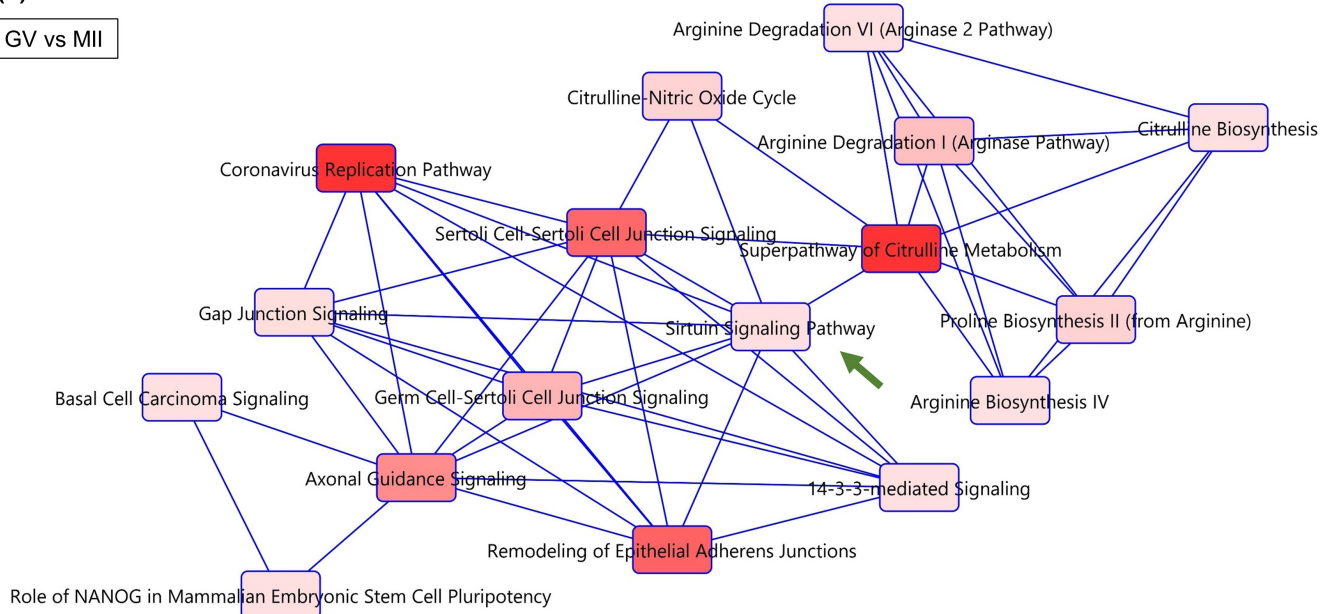


FIGURE 2 Gene regulatory networks that are associated with dynamic transcriptome changes during human oocyte maturation. (A) Downstream targets of HIF1A were found in the DEG list by Ingenuity Pathway Analysis (IPA). Blue arrows mean “Leads to inhibition,” and black arrows mean “Effect not predicted.” Molecules colored green are downregulated in MII samples. (B) Canonical pathways predicted by IPA using the DEG list of GV versus MII. Significant terms are indicated in red colors: the darker the color, the more significant the term is ($p < 0.05$, Fisher’s exact test). Closely related terms are connected to each other. A green arrow indicates Sirtuin signaling pathway as explained in the relevant text

vs. dMII stage oocytes, respectively. To be consistent with the analyses performed for comparing GV and MII oocytes in Figures 1 and 2, the later condition for finding DEGs ($p < 0.05$, 4-fold difference) was used for further investigation. DEGs were grouped into upregulated and downregulated genes in each comparison (Figure 3B–D, and Table S5); 232 (GV vs. dGV, up in dGV), 4936 (MI vs. dMI, up in dMI), and 57 (MII vs. dMII, up in dMII) upregulated genes were found, while 12 (GV vs. dGV, down in dGV), 1 (MI vs. dMI, down in dMI), and 748 (MII vs. dMII, down in dMII) genes were downregulated.

The comparison between GV and dGV did not result in the identification of many specific gene sets that were disturbed in dGV

samples (Table S5), suggesting that transcripts are relatively stable during the overnight incubation of GV oocytes. We then focused on the comparison between MI and dMI oocytes. As discussed above, MI oocytes here might contain those matured *in vivo*, while dMI should be *in vitro* cultured and/or matured overnight as only immature oocytes are left at the end of the day for the oocyte collection. GO analyses were performed using these gene sets (Figure S2B). Many specific terms were identified in upregulated genes of dMI samples, and especially, genes involved in mitochondrial regulation were misregulated (Figure S2B). IPA predicted gene networks that were enriched in DEGs of dMI oocytes, and molecular pathways

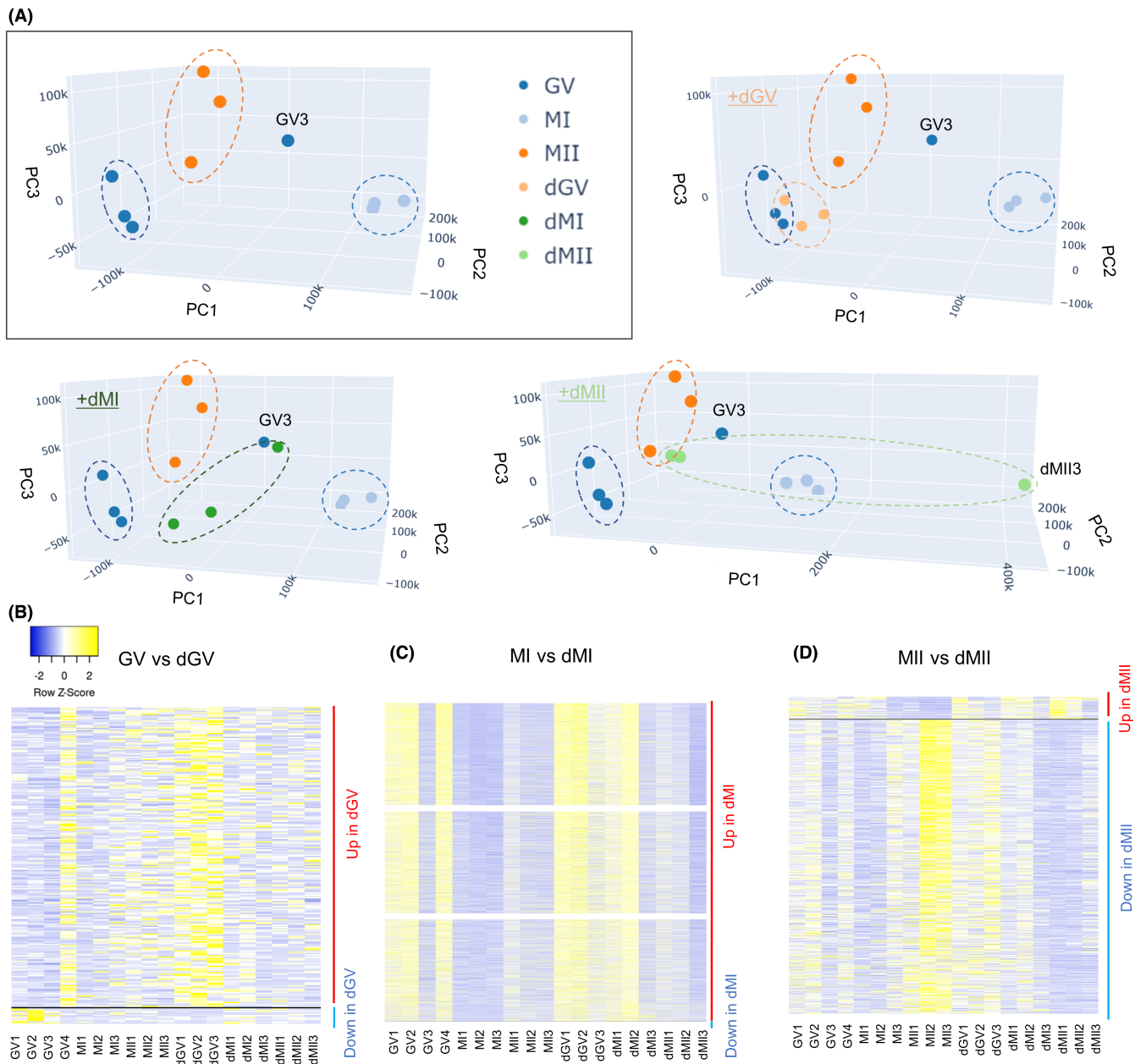


FIGURE 3 Human oocytes that are delayed in their maturation show different transcriptomes from those matured in an earlier timing. (A) PCA of the gene expression profiles (3–4 biological replicates per each category). The top left image in the rectangle includes samples collected on the day for oocyte retrieval (Figure 1A) (GV, MI, and MII). Nine delayed oocytes were collected from seven patients. Blue dots: GV samples, light blue dots: MI samples, dark orange dots: MII samples, light orange dots: dGV samples, dark green dots: dMI samples, and light green dots: dMII samples. (B–D) Heatmaps depicting the gene expression levels of DEGs identified in the indicated comparisons. (B) shows DEGs in dGV (GV vs. dGV), (C) shows those in dMI (MI vs. dMI), and (D) shows those in dMII (MII vs. dMII) samples. Color key with z-score is shown

related to cell death were found (Figure S3, dotted square). Together, dMI oocytes might have activated apoptotic pathways.

Next, we performed GO and IPA analyses using DEGs identified between MII and dMII samples. The comparison between MII and dMII by GO analysis shows that the term “ubiquitin protein ligase binding” was identified as most significant in the molecular function using the upregulated gene list in MII oocytes (Figure S2C). Previous studies indicate that genes involved in ubiquitin-mediated proteolysis are upregulated in MII oocytes.^{18,20} Together, delayed MII oocytes

might fail to upregulate genes related to the ubiquitin proteasome pathway, which is required for subsequent embryonic development. Furthermore, IPA of DEGs revealed canonical pathways and predicted upstream regulators, which were significantly affected by delayed maturation. In canonical pathway analysis, altered pathways between MII and dMII (Figure 4A) were well overlapped with the molecular pathways identified by comparing GV and MII (Figure 2B). This result suggests that genes and related pathways, which are activated during *in vitro* maturation, tend to be misregulated in delayed

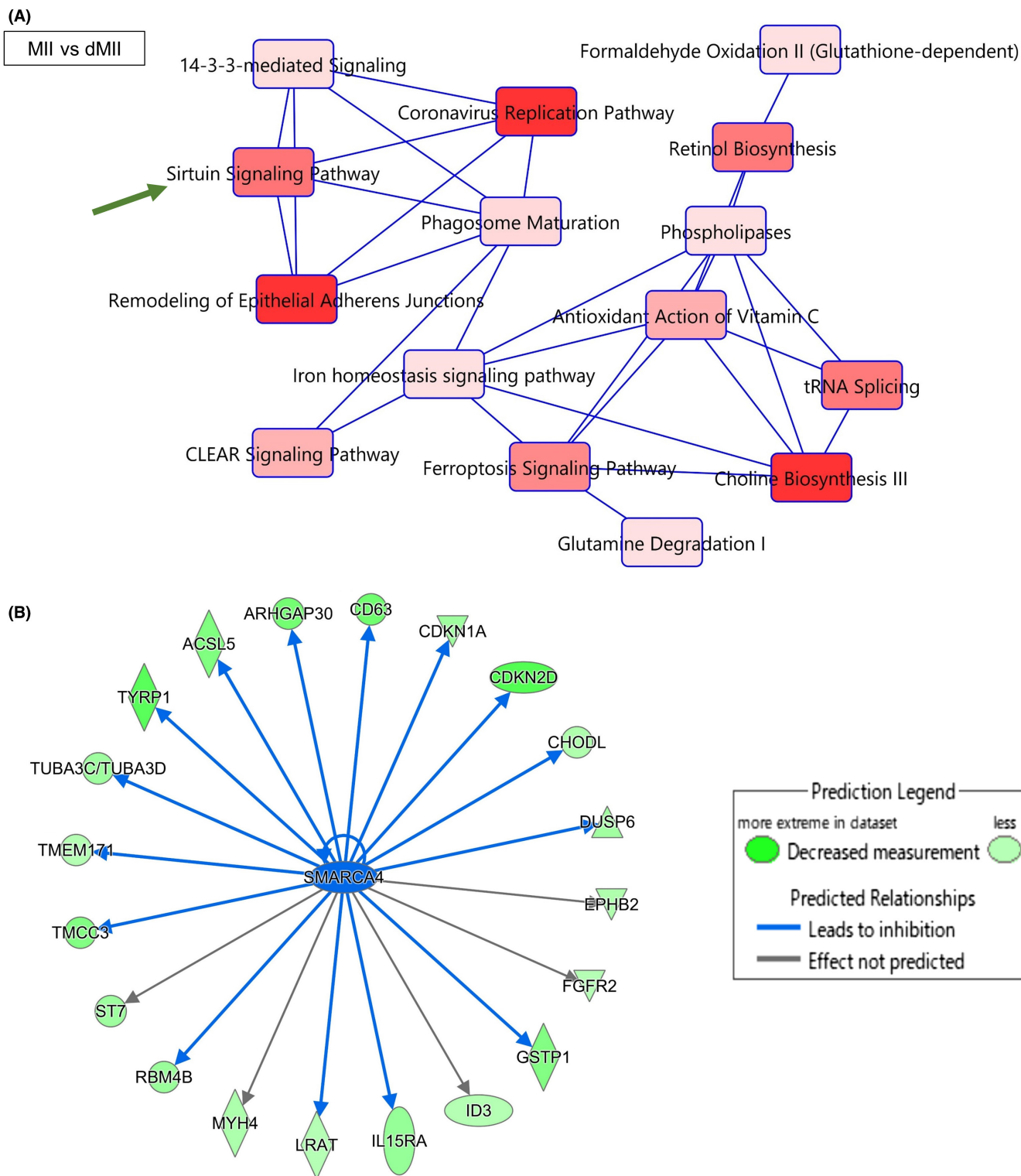


FIGURE 4 Gene regulatory networks are altered in the human oocytes that are delayed in their maturation. (A) Canonical pathways predicted by IPA using the differentially expressed gene (DEG) list of MII versus dMII. Significant terms are indicated in red colors: the darker the color, the more significant the term is ($p < 0.05$, Fisher's exact test). Closely related terms are connected to each other. A green arrow indicates Sirtuin signaling pathway as explained in the relevant text. (B) Downstream targets of *SMARCA4* were found in the DEG list by IPA. Gene regulatory networks of *SMARCA4* in human oocytes were predicted. *SMARCA4* affects molecules indicated at the end of arrows, blue arrows mean 'Leads to inhibition', black arrows mean "Effect not predicted." Molecules colored green are downregulated in dMII samples

II oocytes. Furthermore, genes related to Sirtuin Signaling Pathway were identified by comparing MII vs dMII stage oocytes (Figure 4A, green arrow); Of note, *CYC1*, *SDHD*, and tubulin genes (*TUBA1A*,

TUBA1B, *TUBA3C/TUBA3D*, *TUBA3E*, *TUBA4A*), all involved in Sirtuin Signaling Pathway, were downregulated in delayed MII oocytes (Table S5). As the upstream regulators in the comparison between

MII and dMII (Table S6), SMARCA4 was detected and target genes of SMARCA4 were downregulated in delayed MII oocytes (Figure 4B). In good line with our observation, SMARCA4 was shown to be accumulated in aged preovulatory oocytes,⁴⁹ which might induce repression of its target genes. Furthermore, an appropriate amount of SMARCA4 transcripts is important for gene expression regulation and embryonic development.⁵⁰ Oocytes of delayed maturation might accumulate SMARCA4, which in turn results in misregulated gene expression.

3.3 | Potential marker genes for oocytes at different maturation stages

We next sought to find marker genes that were specifically expressed in each stage of oocytes during maturation. First, we tried to find transcripts whose expression was altered upon the initiation of *in vitro* maturation. DEGs were identified by comparing the gene expression levels of oocytes at the GV stage with those at the MI and MII stages. This analysis led to the identification of 1889 upregulated

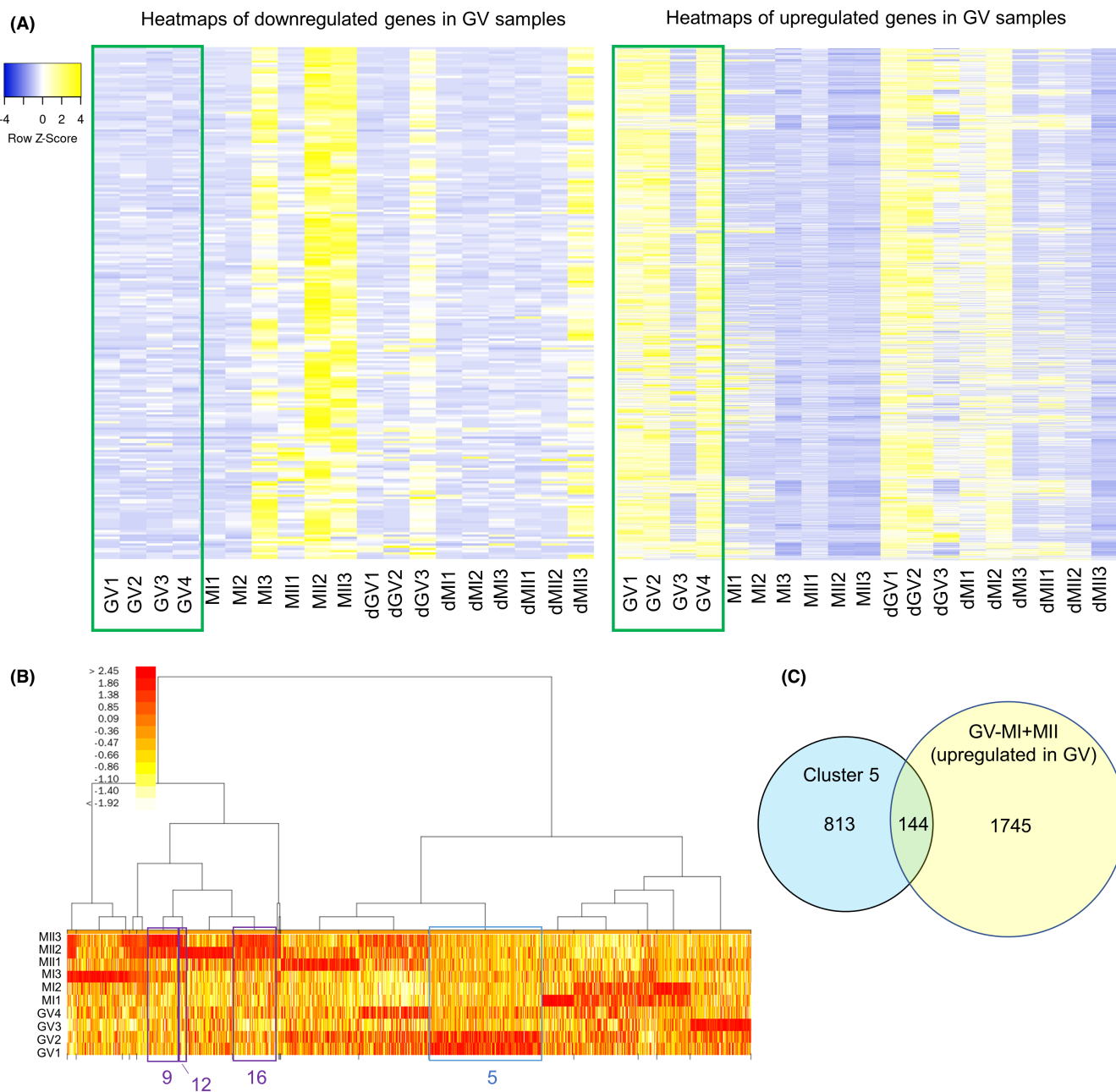


FIGURE 5 Identification of transcript whose expression is specifically expressed in human GV oocytes. (A) Heatmaps depicting the gene expression levels of DEGs identified by comparing immature GV oocytes (green box) and other oocytes (MI and MII oocytes). The left shows downregulated genes, while the right represents upregulated genes in GV oocytes. (B) A heatmap of gene expression levels after clustering based on expression patterns. Twenty clusters were generated and clusters 5, 9, 12, and 16 are indicated. Color key indicates log₂FC (FoldChange). (C) A Venn diagram showing the numbers of total and overlapping genes between genes that belong to cluster 5 and upregulated genes in the GV versus MI and MII comparison

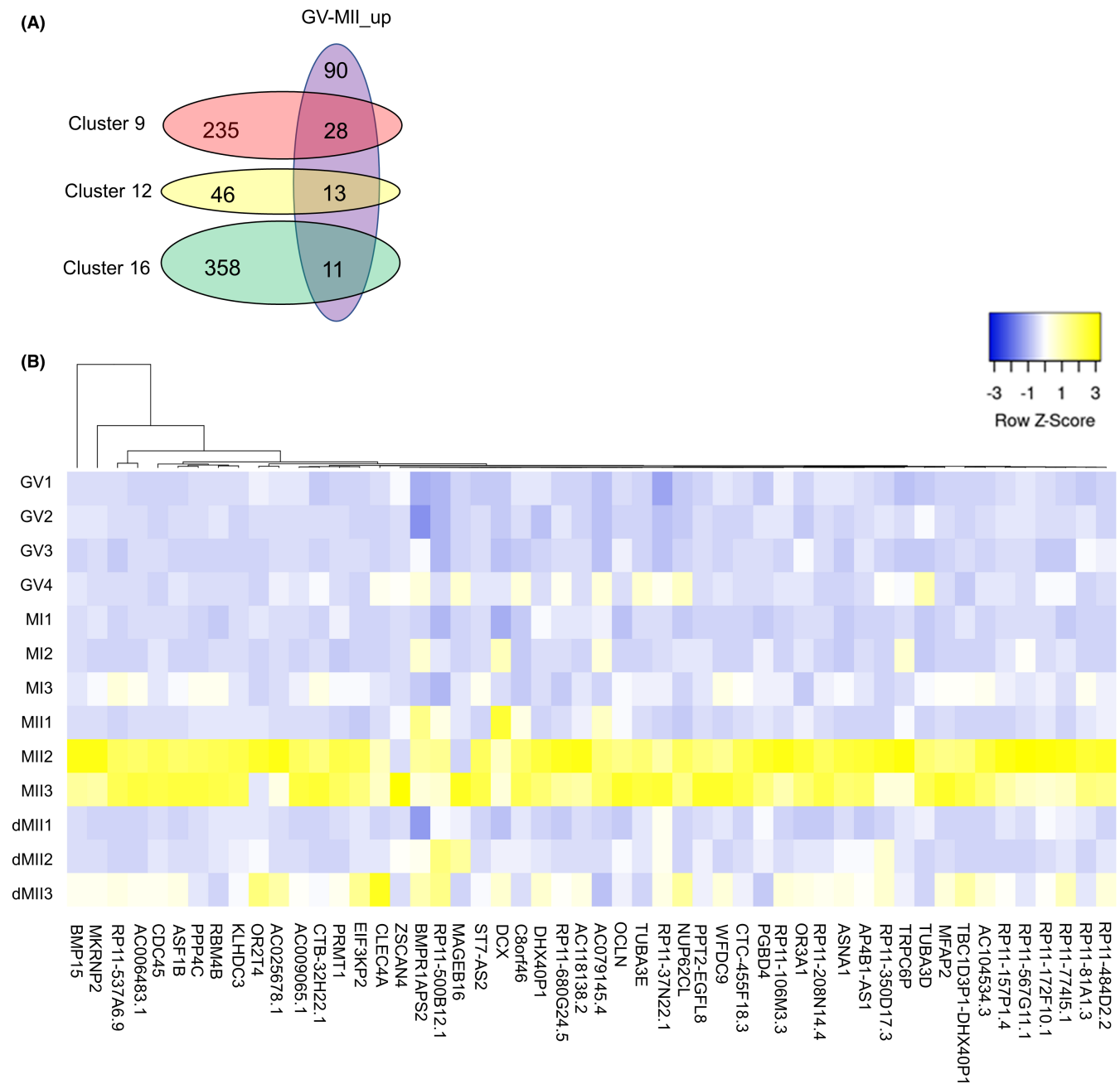


FIGURE 6 Marker genes for *in vitro* matured human MII oocytes and potential biomarkers for MII oocytes with high quality. (A) Venn diagrams showing the numbers of total and overlapping genes among genes that belong to clusters 9, 12, and 16, and upregulated genes in the GV versus MII comparison. (B) A heatmap depicting the gene expression levels of candidate genes for human MII oocytes with high quality. Gene symbols are listed. Color key with z-score is shown

transcripts in GV oocytes ($p < 0.05$, 4-fold difference; Figure 5A and Table S7). In the meantime, the downregulated genes in GV oocytes as compared with MI and MII oocytes often contained genes that were highly expressed in MII oocytes (Figure 5A). This analysis also implies that transcriptome of each oocyte is somewhat variable; for example, GV3 and MII1 exhibited different patterns of expression from other oocytes at the corresponding stages (Figure 5A). Moreover, delayed MII oocytes did not fully express genes that were abundant in MII2 and MII3 (Figure 5A). Taken together, we identify transcripts whose expression is altered upon the initiation of *in vitro*

maturation of human oocytes and the expression of these transcripts can vary in each oocyte. We next performed unsupervised clustering of genes based on their expression levels and 20 clusters were generated (Figure 5B). For identifying GV-enriched transcripts, we focused on the cluster 5, which showed strong expression in GV samples, especially in GV1 and GV2 (Figure 5B). These genes were compared with our upregulated DEG list in GV samples (GV vs MI and MII), and 144 genes were identified (Figure 5C and Table S8).

We then searched for transcripts uniquely expressed in matured MII oocytes. Clusters 9, 12, and 16 showed strong expression in MII

oocytes, especially in MII2 and MII3 (Figure 5B). When genes belonging to these clusters were compared with our upregulated DEG list in MII samples (GV vs MII), 52 genes were identified (Figure 6A, 28 + 13 + 11 genes). These genes (Table S9) may serve as MII-enriched markers during oocyte maturation. We then examined expression of these marker genes in delayed MII samples, which are supposed to show a lower developmental ability than oocytes that reached the MII stage on the day of oocyte retrieval. Interestingly, almost all of these marker genes were downregulated in delayed MII oocytes (Figure 6B), suggesting that these might be good candidates as a marker to represent MII oocytes with high quality. Especially, *ASF1B* and *BMP15* were highly expressed only in MII2 and MII3 samples (Figure 6B).^{51,52} Finally, we performed unsupervised clustering of all oocyte samples (Figure S4), and clusters 6 and 12 were identified as highly abundant in MII2 and MII3 samples (Table S10). Among them, *APOB* and *TNFRSF10C* were identified as MII-enriched markers, and therefore might serve as a biomarker for selecting MII oocytes with high-quality. *APOB* knockout mice have been reported to show embryonic lethality in homozygous.⁵³ In addition, it has been reported that a positive correlation is observed between the *APOB* concentration in follicular fluid and the embryo quality such as fertilization rates and embryonic developmental potentials.⁵⁴ Furthermore, *TNFRSF10C* (TRAILR3) protein is decreased from a medium containing human blastocysts, suggesting *TNFRSF10C* is utilized for embryonic development.⁵⁵

In this study, we identified poly(A)⁺ transcripts expressed in human oocytes after *in vitro* culture for maturation, and revealed maternal transcripts whose expression fluctuated during IVM. Furthermore, we showed potential marker genes enriched in *in vitro* matured MII oocytes of high quality. In the meantime, there are some important limitations when interpreting the outcome of our transcriptomic data. First, we did not perform a large-scale study due to the limited availability of human oocytes. Second, oocytes matured to the MII stage after 7.5–9 h of IVM were regarded as a model oocyte with normal *in vitro* maturation as this is the earliest possible timing of oocyte collection for this research. These oocytes collected after 7.5–9 h of IVM are a few hours delayed in their maturation as compared with oocytes used for infertility treatment. We cannot exclude the possibility that this extra incubation might have diminished the quality of oocytes, although this is unlikely as human oocytes derived from 7 to 11 h of *in vitro* maturation show the similar developmental potential to those from 2 to 7 h of *in vitro* maturation.²⁵ Nevertheless, the transcriptomic data shown here provide gene expression information related to IVM of human oocytes, thus contributing to the understanding of human oocyte maturation at the molecular level. Future studies will further reveal the function of our identified marker transcripts for successful maturation and their feasibility as oocyte maturation stage-specific markers in humans.

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CONFLICT OF INTEREST

Hiroki Takeuchi, Mari Yamamoto, Megumi Fukui, Akihiro Inoue, Tadashi Maezawa, Mikiko Nishioka, Eiji Kondo, Tomoaki Ikeda, Kazuya Matsumoto, and Kei Miyamoto declare that they have no conflict of interest.

ETHICAL APPROVAL

This study was conducted after approval by the Clinical Research Ethics Review Committee of Mie University Hospital (H2018-066), conducted within the guidelines established by the Ethics Committee of the Japan Society of Obstetrics and Gynecology, and registered to the University Hospital Medical Information Network Clinical Trials Registry in Japan. Written informed consent was obtained from all patients for being included in the study. Clinical trial registry: UMIN000045607.

HUMAN RIGHTS STATEMENTS AND INFORMED CONSENT

All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1964 and its later amendments.

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