The relationship between amyloid-beta and brain capillary endothelial cells in Alzheimer's disease

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From the Contents

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Abstract

Neurovascular dysfunction, as an integral part of Alzheimer's disease, may have an important influence on the onset and progression of chronic neurodegenerative processes. The bloodbrain barrier (BBB) pathway is one of the main pathways that mediates the clearance of amyloidbeta (Aβ) in the brain parenchyma. A large number of studies have shown that receptors and ATPbinding cassette transporters expressed on endothelial cells play an important role in Aβ transport across the BBB, but the specific mechanism is not clear. In this review, we summarize the possible mechanisms of Aβ production and clearance, and in particular the relationship between Aβ and brain capillary endothelial cells. Aβ is produced by abnormal cleavage of the amyloid precursor protein via amyloidogenic processing under pathological conditions. Dysregulation of Aβ clearance is considered to be the main reason for the massive accumulation of Aβ in the brain parenchyma. Several pathways mediating Aβ clearance from the brain into the periphery have been identified, including the BBB pathway, the blood-cerebrospinal fluid barrier and arachnoid granule pathway, and the lymphoidrelated pathway. Brain capillary endothelial cells are the key components of Aβ clearance mediated by BBB. Receptors (such as LRP1, RAGE, and FcRn) and ATP-binding cassette transporters (such as P-gp, ABCA1, and ABCC1) expressed on endothelial cells play a critical role in Aβ transcytosis across the BBB. The toxic effects of Aβ can induce dysregulation of receptor and transporter expression on endothelial cells. Excessive Aβ exerts potent detrimental cerebrovascular effects by promoting oxidative stress, inducing chronic inflammation, and impairing endothelial structure and functions. All of these are main causes for the reduction in Aβ clearance across the BBB and the accumulation of Aβ in the brain parenchyma. Therefore, studies on the interactions between Aβ and brain capillary endothelial cells, including their receptors and transporters, studies on inhibition of the toxic effects of Aβ on endothelial cells, and studies on promoting the ability of endothelial cells to mediate Aβ clearance may provide new therapeutic strategies for Aβ clearance in Alzheimer's disease. **Key Words:** Alzheimer's disease; amyloid beta; Aβ clearance; blood-brain barrier; cerebral amyloid angiopathy; dementia; endothelial cells; oxidative stress; review; therapeutics; transcytosis

Introduction

Alzheimer's disease (AD) is a degenerative disease of the central nervous system (CNS) that occurs primarily in elderly individuals. It is characterized by progressive cognitive decline, memory impairment, and behavioral impairment, and accounts for 60–80% of all cases of dementia (Pflanzner et al., 2010). Given the aging of society, it is estimated that there will be more than 140 million AD patients globally by 2050, which will impose a heavy burden on both society and families of affected individuals (Tiwari et al., 2019). Familial AD (early-onset) is a rare, autosomal dominant disorder (Chai et al., 2020b; Cheng et al., 2020). Impaired amyloid beta (Aβ) clearance in sporadic (late-onset) AD, which accounts for the majority of all AD cases, is hypothesized to be the main cause of Aβ accumulation (Selkoe and Hardy, 2016).

AD is characterized pathologically by extracellular aggregation of Aβ plaques, intracellular aggregation of neurofibrillary tangles consisting of hyperphosphorylated tau protein, inflammation, microglial activation, cerebrovascular pathology, and neuronal cell death. In both familial and sporadic AD, abnormal accumulation of Aβ precedes neurodegeneration and cognitive impairment (Selkoe and Hardy, 2016; Aisen et al., 2017; Cheng et al., 2020).

The widely acknowledged amyloid hypothesis states that overproduction or impaired clearance of Aβ triggers a cascade of events that causes neuronal damage and death, manifesting as progressive clinical dementia. Aβ plays a causal role in driving the pathogenesis of AD (Selkoe and Hardy, 2016; d'Uscio et al., 2017). It is deficient Aβ clearance rather than Aβ overproduction that leads to aberrant aggregation of Aβ in the brain parenchyma (Aβ plaques) (Iturria-Medina et al., 2016). Therefore, improving Aβ clearance from the brain is a promising strategy for the treatment of AD (Cheng et al., 2020). Impaired Aβ clearance across the brain-blood barrier (BBB) plays a crucial

role in the pathogenesis of AD (Yamazaki and Kanekiyo, 2017). Endothelial cells play an important role in this process. In addition, more than 80% of AD brains consistently display cerebral amyloid angiopathy (CAA), characterized by the deposition of Aβ along the cerebrovascular and pia meningeal vascular walls (Greenberg et al., 2020). Although CAA is clinically recognized as a distinct phenomenon from AD, their common cerebrovascular and neurodegenerative characteristics suggest a mechanistic link (Charidimou et al., 2017). Aβ deposition in cerebrovascular structures also causes significant damage to brain capillary endothelial cells, which triggers neurovascular inflammation, contributing to neurodegeneration (Nelson et al., 2016; Solis et al., 2020). Brain capillary endothelial cells play an important role in clearance of Aβ. The aim of this review is to address the mechanisms of Aβ production and clearance, in particular the relationship between Aβ and brain capillary endothelial cells (**Figure 1**), and the potential for designing novel targeting clinical therapeutics that promote Aβ clearance.

Literature Search

PubMed was searched to retrieve studies published up to August 2021. The literature search included not only article texts, but also reference lists and supplementary files. The articles cited in this review were retrieved by replicating the search terms from the study by Behl-Tapan et al. (2021). A wide range of related search terms were used, including: Alzheimer's disease, amyloid beta, blood-brain barrier (BBB), cerebral amyloid angiopathy, clearance, dementia, endothelial cells, therapeutics, transcytosis, and oxidative stress.

Amyloid Precursor Protein and Amyloid-Beta

AD is an important protein conformational disease (Leandro and Gomes, 2008; Adav and Sze, 2016) that is mainly caused by abnormal processing and polymerization of normal soluble proteins (Tran and Ha-Duong, 2015).

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Amyloid precursor protein (APP) is a transmembrane protein with extracellular domains that is highly expressed in the brain (Lopez Sanchez et al., 2019). APP and its non-amyloidogenic cleavage products (especially soluble APPα) play a neuroprotective physiological role by regulating synaptic plasticity (Steubler et al., 2021), cellular and mitochondrial metabolism (including intracellular calcium homeostasis), intraneuronal iron metabolism (Tsatsanis et al., 2020), and apoptosis signaling (Pei and Wallace, 2018; Lopez Sanchez et al., 2019). These metabolic processes are related to a variety of neurodegenerative diseases, including AD (Lionaki et al., 2015; Zorzano and Claret, 2015). Under normal conditions, APP undergoes non-amyloidogenic processing that involves constitutive and regulated cleavage by α-secretase and γ-secretase (Tiwari et al., 2019), whereas in a diseased state, APP undergoes abnormal cleavage by β-secretase, resulting in the release of a shorter ectodomain, sAPPβ (N-terminal fragment), and retention of C99 (C-terminal fragment) in the membrane. C99 is then further cleaved by γ-secretase, releasing the APP intracellular domain, and the soluble Aβ peptides further polymerize to form aggregated plaques.

Aβ is a polypeptide containing 39 to 43 amino acid residues that is produced by sequential cleavage of APP in a diseased state (Bonda et al., 2011). The two main peptide subtypes that play a direct role in inducing neurotoxicity are Aβ₄₀, which is 40 amino acids long, and Aβ₄₂, which is 42 amino acids long (Humpel, 2015). A β_{40} is generated in greater quantities and is less neurotoxic, while AB_{42} is less abundant and highly insoluble, causes serious neurotoxicity, and is more aggregation-prone (Ballard et al., 2011; Brothers et al., 2018). Aβ₄₀ and Aβ₄₂ exist in various forms, such as monomers, soluble oligomers,
protofibrils, insoluble fibers, and Aβ plaques composed of mature insoluble fibers (Steiner et al., 2018). The tendency of Aβ to aggregate is concentrationdependent (Verma et al., 2015): at low nanomolar concentrations, it exists as monomers. Oligomers of Aβ, especially AB_{42} , are toxic (Hladky and Barrand, 2018, McInerney et al., 2017).

Current evidence suggests that oligomers within the brain parenchyma are the main culprits leading to neurodegeneration (Nisbet et al., 2015, McIntee et al., 2016, Hladky and Barrand, 2018). The most prominent isoform of Aβ found in vascular amyloid deposits is $\mathsf{A}\beta_{40}$, while $\mathsf{A}\beta_{42}$ is the main form found in neuronal plaques in the brain parenchyma (d'Uscio et al., 2017). Aβ plaques initially form in the basal, temporal lobe and the orbitofrontal neocortex, and later spread to the diencephalon, basal ganglia, hippocampus, and amygdala (Tiwari et al., 2019). Both intracellular and extracellular Aβ accumulation have been demonstrated to blockade long-term potentiation, drive synaptic dysfunction, spread oxidative stress and neuroinflammation, facilitate tau phosphorylation, deteriorate neuronal health, and finally lead to neuronal death (Kayed and Lasagna-Reeves, 2013; Viola and Klein, 2015; Cline et al., 2018).

In vitro studies have shown that Aβ can bind to many transport proteins, such as albumin (Kim et al., 2020; Su et al., 2021), apolipoprotein J (apoJ), apolipoprotein E (apoE), transthyretin, and α2-macroglobulin (α2M) (Tokuda et al., 2000; Sousa et al., 2007). However, in human plasma, a soluble form of low density lipoprotein receptor (LDLR)-related protein 1 (SLRP1) sequesters plasma Aβ and is the main binding protein of circulating Aβ (Xu et al., 2021).

In the majority of patients with late-onset sporadic AD, the rate of Aβ production remains relatively constant, but the clearance rate decreases significantly, suggesting that that impaired Aβ clearance, rather than Aβ overproduction, leads to its accumulation (Su et al., 2021). Therefore, dysregulation of Aβ clearance is considered to be the main reason for the massive accumulation of Aβ and the key factor leading to the occurrence and development of AD.

Clearance of Amyloid-Beta

Under normal conditions, after Aβ is hydrolyzed by APP in the brain, it can be eliminated by several mechanisms, including intracellular clearance (ubiquitinproteasome pathway and autophagy-lysosome pathway), extracellular enzymatic degradation, phagocytosis and uptake by microglial cells or astrocytes, transport to peripheral organs, and tissue clearance. Extracellular Aβ in the brain parenchyma can be degraded by proteases secreted by neurons and astrocytes, such as insulin-degrading enzyme, neprilysin, and angiotensin-converting enzyme (Su et al., 2021). It can also be recognized and phagocytized by microglia and astrocytes (Miners et al., 2008). However, it has been reported that the degree of degradation of free Aβ in the brain parenchyma is insignificant (Deane et al., 2004, 2008). sLRP1 binds 70–90% of Aβ found in the plasma, thus acting as a peripheral 'sink' to inhibit Aβ reentry into the brain (Tholen et al., 2016; Jin et al., 2017; Xu et al., 2021).

Several pathways mediating Aβ clearance from the brain to the periphery have been identified, the including BBB pathway (Zhao et al., 2015, Nelson et al., 2016, Storck et al., 2016), the blood-cerebrospinal fluid (CSF) barrier and arachnoid granule pathway, and the lymphoid-related pathway. Substantial evidence shows that the BBB pathway is of crucial importance for rapid removal of Aβ from the brain (Cai et al., 2018, Hladky and Barrand, 2018, Cheng and Haorah, 2019).

Blood-brain barrier pathway

Numerous studies have shown that pathological changes in the neurovascular units constituting the BBB contribute to the occurrence and development of AD, and early BBB dysfunction before neurodegeneration and/or brain atrophy has been shown to occur in AD. Therefore, there is a close relationship between BBB dysfunction and neurodegeneration (Cai et al., 2017; Sweeney et al., 2018, 2019).

Approximately 400 miles' worth of capillaries account for more than 85% of the total length of the cerebral blood vessels in humans, providing a large microvascular surface area (approximately 20 square meters) for molecular transport between blood and the brain (Begley and Brightman, 2003) and contributing to the rapid clearance of up to 70% of excessive brain-derived Aβ (Begley and Brightman, 2003). This makes the BBB the largest surface area in the brain for exchanging and transporting substances and the main pathway for clearance of potential neurotoxic molecules (such as Aβ) produced and/or accumulated in the brain (Ramanathan et al., 2015).

The BBB is a complex cellular system composed of endothelial cells, astrocytes, pericytes, perivascular macrophages, and basement membrane (Sweeney et al., 2019). Brain capillary endothelial cells are connected by tight junction proteins and cytoplasmic accessory proteins to form a continuous endothelial monolayer (Nelson et al., 2016). The physical barrier structures in endothelial cells are essential for the regulation of many cellular functions and play a vital role in maintaining BBB permeability and brain parenchyma homeostasis (Montagne et al., 2017). At the molecular level, endothelial transporters regulate the inflow and outflow of specific molecules at the BBB (Zlokovic, 2008a; Daneman and Prat, 2015; Liebner et al., 2018).

The efficiency of Aβ clearance across the BBB is influenced by Aβ-binding transporter proteins such as apoE and clusterin (apoJ) and receptors such as LRP1 and transporters such as P-glycoprotein (P-gp), which are expressed on endothelial cells and control Aβ efflux from and influx into the brain, respectively.

Blood-CSF barrier and arachnoid granule-venous sinus pathway

The CSF-arachnoid granule-venous sinus pathway plays a lymphoid role by effectively removing metabolic waste from the brain parenchyma. Aβ in CSF passes through the blood-cerebrospinal fluid barrier (BCSFB), mediated by receptors on the choroid plexus epithelium (such as LRP1 and P-gp) (Fujiyoshi et al., 2011; Pascale et al., 2011).

CSF can be drained through arachnoid villi and granulations directly to the peripheral blood (Weller et al., 2009). Some researchers have suggested that this may occur through gaps in endothelial cells and/or by hydrostatic pressure-dependent pinocytosis (Bothwell et al., 2019). In addition, the rate of CSF production and circulation, as well as the integrity of the BCSFB, influence Aβ removal.

Lymphoid-related pathway

The lymphatic-related drainage pathways include the meningeal lymphatics, perineural outflow pathways, the basement membrane-based perivascular pathway, and the "glymphatic" pathway (Sun et al., 2018).

CSF is drained to the deep cervical lymph nodes through the meningeal lymphatics. Although interruption of the meningeal lymphatics can accelerate AD pathology in animal models, the mechanism by which the meningeal lymphatics promote Aβ removal from the brain is not clear (Da Mesquita et al., 2018). Emerging evidence suggests that CSF flows out of the cranial nerves. Perineural outflow pathways along the olfactory nerve, optic nerve, and trigeminal nerve are thought to be potential drainage pathways for Aβ removal (Ma et al., 2017, 2019).

The perivascular pathway drains interstitial fluid (ISF) from the brain parenchyma to the cervical lymph nodes along the basement membranes of capillary and cerebral artery walls (Carare et al., 2008; Weller et al., 2009). This pathway is significantly weakened in AD and cerebrovascular amyloidosis, resulting in a significant degree of Aβ deposition in the basement membrane (Albargothy et al., 2018). This defect in Aβ clearance is closely related to arterial pulsation, the degree of arteriosclerosis, the expression of apoE4 alleles, the deposition of immune complex, and the occurrence of cerebral vascular amyloidosis (Hawkes et al., 2014; Smith and Verkman, 2018; Sun et al., 2018).

The glymphatic pathway involves convective periarterial influx of CSF and efflux of ISF along venous perivascular and perineuronal spaces, clearing toxic proteinaceous metabolites, including Aβ, out of the CNS (Rasmussen et al., .
2018). In addition to cerebral artery pulsation, as mentioned above, sleeping state and posture also affect the glymphatic pathway (Xie et al., 2013; Lee et al., 2015). The expression of aquaporin 4 (AQP4) on glial endfeet has been confirmed to play a key role in facilitating Aβ clearance (Xu et al., 2015). However, the idea that glymphatic function depends on astrocytic AQP4 has recently been called into question (Rasmussen et al., 2018).

In normal brain ISF, the concentration of Aβ is strictly regulated by the rate of

APP production, enzymatic degradation within brain, influx into the brain, and efflux from the brain to the periphery (Storck et al., 2016; Chai et al., 2020a). In the next section, we will focus on the transport of Aβ across the BBB as mediated by capillary endothelial cells.

Brain Capillary Endothelial Cell-Mediated Amyloid-Beta Clearance

The BBB insulates the brain from blood flow and promotes the supply of nutrients and the disposal of metabolites by expressing special transporters and transcytotic receptors on polarized endothelial cells (Pflanzner et al., 2010). Clearing Aβ from the brain to blood is a two-step process. Aβ first passes through the abluminal membrane (brain side) of the brain capillary endothelial cells, and then it passes through the luminal membrane (blood side) (Hartz et al., 2010). Recently, several transporters and receptors have been identified as being involved in the transcytosis of Aβ across brain capillary endothelial cells (**Figure 2**).

Figure 2 | **Receptors and transporters mediate Aβ transport across the blood-brain barrier.**

① By binding to PICALM, the Aβ-LRP1 complex is integrated into a clathrin-coated pit and then cleared from the brain via transcytosis or directed to lysosome for degradation. ② Aβ-apoE2 or Aβ-apoE3 complex binds to LRP1 and forms endophagocytic vesicles, which are then discharged at the plasma membrane on the other side of the endothelial cell via transcytosis. ③ Aβ-apoE4 complex interacts with very low density lipoprotein receptor (VLDLR) and is slowly endocytosed, then cleared from the endothelial cells by transcytosis. ④ Aβ-clusterin complex can bind to LRP2 receptor on both sides of the endothelial cell membrane for bidirectional transport, but LRP2 is usually occupied by clusterin rather than Aβ-clusterin complex on the luminal side, so the net flow is Aβ outflow. ⑤ FcRn mediates IgG-Aβ transport from the brain into blood via transcytosis. ⑥ Luminally expressed RAGE binds to circulating Aβ and transcytoses it from blood to the brain. Both FcRn- and RAGE-mediated Aβ clearance may be involved in the endosomal/ lysosomal pathway. ⑦ P-gp may assist LRP1-mediated Aβ transport and pump Aβ directly into the blood from the lumenal side of endothelial cells. P-gp and BCRP also assist in the excretion of circulating Aβ transported by RAGE into endothelial cells. ⑧ ABCA1 does not directly mediate Aβ trafficking across the BBB; it promotes proteolytic degradation of Aβ in the brain parenchyma and affects the clearance of Aβ across the BBB by regulating lipogenation of apoE. ⑨ LRP1 first mediates Aβ endocytosis, and then Aβ is transported from the abluminal side to the luminal side of the endothelial cells. Subsequently, P-gp and ABCC1 export Aβ from the luminal membrane of endothelial cells to the systemic circulation. ApoE: apolipoprotein E; Aβ: amyloid-beta; BCRP(ABCG2): breast cancer resistance protein; LRP: low density lipoprotein receptor(LDLR)-related protein; P-gp: P-glycoprotein; PICALM: phosphatidylinositol binding clathrin assembly protein; RAGE: advanced glycation end products; VLDLR: very low density lipoprotein receptor.

Receptor-mediated Aβ clearance

The transmembrane cell surface receptors expressed on brain endothelial cells are synthesized in the endoplasmic reticulum and transferred to the Golgi network for further glycosylation before being transported to the plasma membrane to participate in various processes such as cellular signal transduction and ligand internalization. After internalization, the receptorligand complex can enter the endosomal/lysosomal pathway that leads to intracellular degradation, and can also be transcytosed and recycled via other pathways (Pflanzner et al., 2010). Currently known receptors involved in Aβ transportation across the BBB are the low density lipoprotein receptor family members RAGE and FcRn (**Table 1**).

The low density lipoprotein receptor family

Members of the low density lipoprotein receptor family are cell surface receptors with similar structure and function. Among them, LDLR-related protein 1 (LRP1), LRP2, and very low density lipoprotein receptor (VLDLR) are involved in endothelial cell-mediated Aβ transport. The mediation of Aβ efflux across the BBB by these receptors involves Aβ forming complexes with soluble factors including apoE and clusterin and interacting with phosphatidylinositol binding clathrin assembly protein (PICALM).

LRP1 is ubiquitously distributed in diverse cell types and is abundantly expressed on capillary endothelial cells, smooth muscle cells, pericytes, astrocytes, and neurons in the CNS (Storck et al., 2016). It is located predominantly on the abluminal membrane of capillary endothelial cells.

lipoprotein receptor (LDLR)-related protein 1; RAGE: advanced glycation end products.

LRP1 may be superior to other receptors in clearing Aβ, as its endocytosis rate is up to 16 times faster than that of other Aβ receptors, especially at higher concentrations (Li et al., 2001; Deane et al., 2008). Before being shuttled to the surface of the cell, LRP1 is synthesized as a precursor molecule in endoplasmic reticulum and then transferred to the Golgi network to generate a C-terminal transmembrane subunit by furin cleavage that is then noncovalently linked to the N-terminal extracellular subunit. The extracellular domain contains four ligand-binding domains that can bind up to 40 proteins, such as Aβ, apoE, and activated α2M, while in the cytoplasmic tail there are two NPxY motifs that act as dominant endocytosis signals to mediate uptake through clathrin-coated pits and an YXXL motif that promotes rapid endocytosis of LRP1 ligands (Storck et al., 2016).

LRP1 mediates endocytosis of Aβ by binding to Aβ directly or indirectly through its coreceptors or ligands. LRP1 also regulates several pathways that may also influence Aβ endocytosis (Kanekiyo and Bu, 2014). Aβ can bind directly to LRP1 to form the Aβ-LRP1 complex, which can then be integrated into a clathrin-coated pit and endocytosed. Binding to PICALM further stabilizes the complex and directs it to the lysosome for degradation (Sagare et al., 2013; Hladky and Barrand, 2018), or guides it to the luminal side of endothelial cell through a process called transcytosis, where it fuses with the plasma membrane to exocytose Aβ (Deane et al., 2008). Aβ in brain interstitial fluid can also form complexes with apoE, 2, 3, or 4 or with clusterin. Aβ-apoE2 or Aβ-apoE3 complex interacts with LRP1 to form endophagocytic vesicles and is discharged on the plasma membrane on the other side of endothelial cells through transcytosis. In contrast, Aβ-apoE4 complex inhibits LRP1-mediated endocytosis, while Aβ-apoE4 complex can bind to VLDLR and is slowly internalized into endothelial cells. This inhibition and slow transportation lead to the accumulation of Aβ in the brain, which may increase the risk for Alzheimer's disease (Hladky and Barrand, 2018; Tachibana et al., 2019). Aβ-clusterin complex is the substrate of LRP2 mediated endocytosis, by which Aβ is transported from the brain to blood; it can also be transported in the opposite direction, but on the plasma side, LPR2 is normally saturated by clusterin rather than Aβ-clusterin, which precludes significant influx of Aβ (Li Q et al., 2018), so the net flux of this pathway is from the brain to blood (Sagare et al., 2013). Current studies suggest that endothelial LRP1 plays a key role in Aβ transcytosis across the BBB.

The receptor for advanced glycation end products

The receptor for advanced glycation end products (RAGE), a multiligand receptor that is a member of the immunoglobulin superfamily (Walker et al., 2015), contains one V-type domain responsible for extracellular ligand binding that contains Aβ, two C-type domains, a transmembrane domain, and a short cytoplasmic tail involved in RAGE-mediated cell signaling (Yan et al., 2010). RAGE is expressed on the surface of vascular endothelial cells, pericytes, glial cells, and neurons and acts as a major Aβ influx receptor (Wang et al., 2018; Lao et al., 2021). RAGE located on the luminal membrane of capillary endothelial cells not only promotes amyloid cleavage of APP by

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affecting the activities of β-secretase and γ-secretase, which results in an increase in Aβ production, but also binds to soluble Aβ in the nanomolar range and endocytoses and transports it from blood to the brain (Fang et al., 2018). RAGE expression is determined by the expression level of its ligand. Under normal physiological conditions, RAGE is expressed at low levels in endothelial cells (Walker et al., 2015), and soluble Aβ in the nanomolar range binds to RAGE and exerts its pathophysiologic cellular effects (Deane et al., 2003; Walker et al., 2015). RAGE expression is upregulated in inflammationrelated pathological conditions such as vascular diseases and chronic neurodegenerative diseases (Zlokovic, 2008b; Cai et al., 2016; Kong et al., 2020). Dean et al. (2003) found that Aβ that is injected systemically is endocytosed by vascular endothelial cells in a RAGE-dependent manner. and that Aβ uptake and transport could be decreased by RAGE-specific immunoglobulin and soluble RAGE, which confirms the role of RAGE in Aβ transport into the brain (Smith et al., 2019). Therefore, RAGE regulates Aβ levels in the brain, and could be a useful target for novel brain homeostasis therapies for AD.

FcRn

The major histocompatibility complex class I–related protein FcRn, which is located on the abluminal membrane of capillary endothelial cells, can rapidly transport anti-Aβ antibody (IgG)/Aβ immune complexes across the BBB (Kariolis et al., 2020). FcRn is internalized with anti-Aβ antibody (IgG)/ Aβ immune complexes into endosomes, where the subsequent acidification facilitates the further binding of IgG and FcRn in the vesicle. Then, the vesicle fuses with the contralateral membrane, and physiologic pH promotes the release of the IgG/Aβ immune complexes. The receptor may then be recycled for additional rounds of transcytosis (Ober et al., 2004a, b; Roopenian and Akilesh, 2007). Therefore, FcRn may play a critical role in immunotherapy for AD (Finke and Banks, 2017).

The common pathway of receptor-mediated Aβ transport across the BBB is transcytosis, that is, receptors binding Aβ internalize to form endocytic vesicles that then fuse with the plasma membrane on the contralateral side of the cells to release Aβ. In addition, there is an endosomal/lysosomal pathway that LRP1 receptor-mediated transport is known to be involved in and that RAGE- and FcRn receptor-mediated transport may also be involved in. All these receptors expressed on endothelial cells play critical roles in maintaining CNS homeostasis.

ATP-binding cassette transporter-mediated Aβ clearance

ATP-binding cassette (ABC) transporters are multi-domain integrated membrane proteins that utilize energy derived from ATP hydrolysis to transport solute across the cell membrane (Pereira et al., 2018). ABC transporters have a characteristic molecular structure that includes two nucleotide-binding domains that provide the driving force for transportation and two transmembrane domains that permit substrates to transfer across lipid membranes (Bakos and Homolya, 2007). Localized on the luminal or abluminal membrane of capillary endothelial cells, ABC transporters allow undirectional transport from the cytoplasm to the blood. Studies have shown the protective effects of P-gp (also known as ABCB1), ABCA1, breast cancer resistance protein (BCRP, otherwise called ABCG2), and ABCC1 transporters on oxidative stress, promoting brain detoxification in patients with AD by clearing neurotoxic endogenous substrates such as Aβ peptides (Abuznait and Kaddoumi, 2012) (**Table 2**).

P-gp (ABCB1)

P-gp, a 170-kDa phosphorylated glycoprotein, is highly expressed on the luminal, blood-facing side of endothelial cells under normal physiological conditions. In humans, it is encoded by the ABCB1 (MDR1) gene and has more than 50 known polymorphisms at the single nucleotide level (Bartels, 2011). P-gp is expressed at lower concentrations in astrocytes, pericytes, and neuronal cells (Chai et al., 2020a), while the highest concentration of P-gp is found in the neurocapillary endothelial cells that make up the BBB (Chai et al., 2020b).

The exact mechanism by which P-gp mediates of efflux is not fully understood (Storck et al., 2018). P-gp may assist in mediating the active transfer of Aβ that is endocytosed by LRP1 or RAGE from the endothelial cells to plasma (Hladky and Barrand, 2018). Extracellular Aβ binding with LRP1 on the abluminal surface of the brain endothelial cell initiates PICALM/clathrin-dependent endocytosis, and PICALM guides trafficking of Aβ-LRP1 endocytic vesicles to Rab5-positive early endosomes and then to Rab11-positive sorting endosomes (Zhao et al., 2015), handing Aβ over to P-gp, which then pumps it out of the luminal side of endothelial cells directly into the blood (Erickson et al., 2012), or via a P-gp–independent pathway (Hartz et al., 2010). P-gp also inhibits the penetrability of circulating Aβ (transported by RAGE into the brain) from the apical to the basolateral side of neuronal capillary endothelial cells (Behl et al., 2021). It has been reported that P-gp can also export Aβ from neurons (Chai et al., 2020a). Hartz et al. (2010) suggested that Aβ efflux mediated by P-gp may be the limiting factor and a key step in Aβ clearance from the brain. Therefore, P-gp may act as a gatekeeper on the luminal side of the endothelial cells, which may have important implications for AD therapeutics.

ABCA1

ABCA1 is highly expressed in astrocytes, microglial cells, neuronal cells, and brain capillary endothelial cells in the CNS (Fujiyoshi et al., 2007). It is located on the basolateral plasma membrane of porcine brain capillary endothelial cells (Behl et al., 2021). ABCA1 promotes the lipidation of apoE by regulating the efflux of phospholipids and cholesterol from microglia cells and astrocytes

(Wolf et al., 2012). ABCA1 does not directly mediate Aβ efflux transport in the brain (Akanuma et al., 2008), but influences Aβ clearance by regulating lipidation of apoE, further affecting APP processing (Puglielli et al., 2003), and facilitates proteolytic degradation of Aβ (Behl et al., 2021). ABCA1 expression induced by liver X receptor (LXR), which regulates transcription of the ABCA1 gene, resulting in a decrease in Aβ formation and secretion (Behl et al., 2021), which slows Aβ deposition (Terwel et al., 2011). Both PDAPP ABCA1⁻ mice and hAPP-overexpressing $ABCA1^{-/-}$ mice showed decreased lipidation of apoE and low apoE expression levels, while expression levels of insoluble Aβ increased in the brain (Koldamova et al., 2005a, Ruiz et al., 2005, Wahrle et al., 2005). Therefore, it has been speculated that receptor-mediated endocytosis cannot effectively eliminate Aβ-apoE complexes (Ruiz et al., 2005). ABCA1, which acts as a cholesterol exporter and an Aβ proteolysis activator, plays a key role in Aβ elimination through the BBB.

ABCG2

The expression pattern of ABCG2, also known as breast cancer resistance protein (BCRP), overlaps with that of ABCB1 (Behl et al., 2021). It is highly expressed in multiple organs such as gastrointestinal tract, liver, kidney and the endothelium of the nervous system, and is located on the luminal plasma membrane of endothelial cells (Tachikawa et al., 2005; Fetsch et al., 2006; Robey et al., 2009). It plays a vital role in Aβ transport, blocks circulating Aβ entry into the brain, and acts as a gatekeeper for Aβ influx across the BBB (Xiong et al., 2009; Do et al., 2012). Optical imaging analysis showed that, after intravenous administration of labeled Aβ, more Aβ accumulated in ABCG2^{-/-} mice than in wild-type mice, indicating that ABCG2 inhibits Aβ entry into the brain and safeguards the BBB (Xiong et al., 2009). In addition, another study showed that ABCG2 expression in neurons is enhanced in patients with AD, which protects against inflammatory and oxidative stress by blocking nuclear factor (NF)-κB signal transduction (Abuznait and Kaddoumi, 2012).

ABCC1

Numerous studies have shown that ABCC1 (also known as multidrug resistance protein 1) is expressed in pericytes, neurons, astrocytes, and microglia in the CNS (Wolf et al., 2012) and is present on the luminal side of the BBB (Sugiyama et al., 2003, Nies et al., 2004). ABCC1^{-/-} APP/PS1 mice exhibit elevated Aβ expression in the brain, but the expression of Aβproducing enzymes was unchanged, indicating that ABCC1 is involved in Aβ clearance (Krohn et al., 2011). ABCC1 may assist in trafficking Aβ from endothelial cells to the plasma via endocytosis mediated by LRP1 (Pereira et al., 2018).

In short, ABCB1, ABCG2, and ABCC1, in cooperation with LRP1, participate in Aβ outflow across the BBB. LRP1 mediates Aβ endocytosis and traffics Aβ to the luminal side of endothelial cells, then ABCB1, ABCG2, and ABCC1 export Aβ to the peripheral blood. Altered expression and/or activity of ABC transporters at the BBB may result in impaired Aβ elimination from the brain. Therefore, ABC transporters are key players in Aβ homeostasis and are potential therapeutic targets in AD.

Effects of Amyloid-Beta on Brain Capillary Endothelial Cells in Alzheimer's disease

Although it has been largely ignored, many studies have shown that Aβ possesses neuroprotective and neurotrophic properties at physiological concentrations (Atwood et al., 2003). The average concentration of circulating Aβ physiologically produced in rodent brains is estimated to be within the picomolar range (Cirrito et al., 2003, Janelidze et al., 2016). Moreover, Aβ levels in are approximately 10-fold higher in the CSF than in plasma (Kawarabayashi et al., 2001; Janelidze et al., 2016). Low physiological concentrations of Aβ in the healthy brain are necessary for the enhancement of hippocampal long-term potentiation and memory (Puzzo et al., 2011). Cyclic guanosine monophosphate, which plays a key role in long-term potentiation signal transduction and memory (Bollen et al., 2014), positively regulates Aβ levels and function, which in turn enhances synaptic plasticity and memory (Palmeri et al., 2017).

In addition, physiological amounts of Aβ are released during neuronal activity (Cirrito et al., 2005). The metal binding and redox properties of Aβ at physiological concentrations are predicted to decrease the oxidative stress that accompanies Alzheimer's disease. Aβ captures redox metal ions, thereby preventing them from participating in the redox cycle and activating Aβ's antioxidant activity (Atwood et al., 2003). Aβ is released in response to injury under normal physiological conditions and provides neuroprotection against oxidative stress, after which it is cleared (Atwood et al., 2003). However, if the clearance rate is insufficient, the progressive accumulation of neuronal Aβ-Cu complex induced by oxidative stress or amyloidogenesis induced by AβPP/ PS1 mutation cause H_2O_2 production to exceed the capacity of the antioxidant defense systems (Atwood et al., 2003). This will lead to a vicious cycle of increased Aβ and ROS production, further demonstrating the neurotoxic effects of Aβ. Therefore, Aβ acts as an antioxidant at low nanomolar (**~**0.1 nM) concentrations by preventing autoxidation of lipoproteins in the CSF and LDL in plasma (Kontush et al., 2001a), while at micromolar concentrations it accelerates oxidation and has toxic effects (Kontush et al., 2001b).

Brain capillary endothelial cells regulate cerebral blood flow, mediate exchanges across the BBB to form a dynamic balance between blood and the brain, participate in innate immunity, and control angiogenesis, which is very important for maintaining neurovascular homeostasis. Excessive Aβ exerts

Aβ: Amyloid-beta; ABC: ATP-binding cassette; AD: Alzheimer's disease; ApoE: apolipoprotein E; APP: amyloid precursor protein; BBB: blood-brain barrier; CAA: cerebral amyloid angiopathy; LRP1: low density lipoprotein receptor (LDLR)-related protein 1; LXR: Liver X Receptor; Mrp1: multidrug resistance associated protein 1; P-gp: P-glycoprotein; PICALM: phosphatidylinositol binding clathrin assembly protein.

potent detrimental cerebrovascular effects that impair endothelial structure and function and alter cerebral circulation. In the following section, we will discuss the effects of Aβ on cerebral endothelial cells in AD.

Increased RAGE expression and reduced LRP1 and P-gp expression in AD

RAGE expression is increased in capillary endothelial cells in an Aβ-rich environment, such as that found in AD (Wang et al., 2018; Lao et al., 2021). RAGE mediates Aβ-induced neurotoxicity directly by activating intracelluar signal transduction, such as RAGE/NF-κB signaling, which leads to oxidative stress (Hong and An, 2018), and indirectly by amplifying Aβactivated inflammatory responses in microglia and increasing Aβ-induced monocyte migration across human brain endothelial cell monolayers (Giri et al., 2000). RAGE mediates transcytosis of circulating Aβ across the BBB, resulting in NF-κB-dependent endothelial cell apoptosis (Deane et al., 2003), in an endothelial inflammatory response that leads to increased release of proinflammatory cytokines (tumor necrosis factor-α, interleukin-6, etc.) and adhesion molecules such as vascular cell adhesion molecule, and in dysregulation of cerebral blood flow (Deane et al., 2003). In addition, the Aβ-RAGE interaction triggers the ERK/JNK/PI3K-Egr-1 pathway, which upregulates endothelial CCR5 expression and further facilitates transendothelial migration of circulating MIP-1α-expressing T cells (Man et al., 2007). The Aβ-RAGE interaction also mediates secretion of endothelin-1, resulting in a reduction in cerebral blood flow (Zlokovic, 2008b).

LRP1 expression is reduced in brain endothelial cells in AD patients and amyloid mouse models (Hladky and Barrand, 2018). Genome-wide transcriptional profiling of human brain endothelial cells in AD demonstrated greatly reduced expression of mesenchyme homeobox gene 2 (MEOX2), which is restricted to the vascular system in adults (Wu et al., 2005). The low level MEOX2 expression in brain endothelial cells promotes proteasomal degradation of LRP1 and downregulates LRP1 expression (Wu et al., 2005). In addition, vascular-specific transcriptional cofactor myocardin (MYOCD) and serum response factor (SRF) are overexpressed in the brain vascular smooth muscle cells (VSMCs) of AD patients (Sagare et al., 2013). MYOCD and SRF overexpression in VSMCs has also been shown to lead to downregulation of LRP1 through CArG box-dependent expression of sterol regulatory element binding protein 2, which is a major LRP1 transcriptional suppressor (Llorente-Cortés et al., 2006). Because LRP1 is the major receptor trafficking Aβ from the brain to blood across the BBB, the downregulation of LRP1 in brain endothelial cells in AD patients (Deane et al., 2004, Donahue et al., 2006) will reduce the rate of Aβ clearance and promote focal accumulation of Aβ in cerebral vessels and the brain (Hladky and Barrand, 2018).

P-gp acts as a gatekeeper and plays a critical role in Aβ export from the brain. Several possible mechanisms have been proposed to explain the influence of Aβ on the reduction of P-gp expression (Chai et al., 2020b). It is possible that, in the AD brain, upregulation of DKK1 expression triggered by high Aβ concentrations results in impaired Wnt/β-catenin signaling and thus reduces P-gp expression (Wijesuriya et al., 2010; Hodges et al., 2011). Park et al. (2014) found that the interaction of RAGE with AB_{42} activates NF- κ B, which in turn

binds to DNA to inhibit P-gp gene transcription (Park et al., 2014). Hartz et al. found that exposure of isolated mouse brain capillaries to monomeric β_{40} triggered ubiquitination, followed by the proteasomal degradation of P-gp and thus reduced P-gp-mediated transport activity (Hartz et al., 2016). Aβ increases the expression of pro-inflammatory cytokines, which in turn have been shown to downregulate the expression of P-gp mRNA and impair P-gp function in guinea pig brain endothelial cells in a dose-dependent manner (Iqbal et al., 2012; Alasmari et al., 2018). Therefore, the increased expression of RAGE and the decreased expression of LRP1 and P-gp further result in a reduction in Aβ clearance across the BBB and the accumulation of Aβ in the brain parenchyma.

Aβ induces endothelial cell injury by promoting oxidative stress

Aβ promotes reactive oxygen species production by inducing the activation of NADPH oxidase (NOX) in cerebral endothelial cells, which then allows reactive oxygen species to react with nitric oxide and form peroxynitrite (Niwa et al., 2000; Roher AE et al., 2009). Oxidative-nitrosation stress triggers DNA damage in endothelial cells and exerts deleterious vascular effects, including vascular inflammation, destruction of the BBB, and interruption of cerebral blood flow (Zlokovic, 2008a). Aβ induces ADP-ribose (ADPR) formation by activating poly ADP-ribose glycohydrolase (PARG), which cleaves ADPR polymers into ADPR in cerebral endothelial cells (Virág and Szabó, 2002; Putt and Hergenrother, 2004). ADPR effectively activates the opening of TRPM2 channels, leading to an increase in intracellular Ca²⁺, which in turn induces oxidative-nitrosation stress related to the opening of TRPM2 channels in brain endothelial cells (Buelow et al., 2008; Sumoza-Toledo and Penner, 2011). Oxidative stress also induces a significant increase in the expression of vascular endothelial growth factor (VEGF), which causes aberrant angiogenesis by binding to cognate receptors (Carmeliet and Ruiz de Almodovar, 2013; Sanchez et al., 2013). In addition, several cell culture studies have shown that Aβ inhibits VEGFstimulated endothelial nitric oxide synthase and VEGF-induced migration of brain endothelial cells, suggesting that higher Aβ concentrations may act as a VEGF antagonist (Hayashi et al., 2009; Patel et al., 2010). Moreover, $\mathsf{A}\mathsf{B}_{40}$ inhibits the proliferation of HBECs by inducing autophagy involving the intracellular regulation of class 3 phosphatidylinositol 3-kinase and Akt signaling (Hayashi et al., 2009). Overall, the evidence suggests that oxidative stress induced by Aβ interacting with endothelial cells destroys their structural integrity and functionality.

Aβ stimulates endothelial cells to release inflammatory mediators, leading to chronic neuroinflammation in AD

Brain endothelial cells connect and seal to each other through tight junction proteins. Tight junction proteins that join adjacent endothelial cells are indispensable for maintaining the function of the BBB, as well as the dynamic balance of the brain microenvironment (Cai et al., 2018). Aβ degrades tight junction proteins through inhibiting their expression and inducing the expression of matrix metalloproteinases, thereby increasing the permeability of the BBB (Porter et al., 2020). The change in BBB permeability allows circulating leukocytes to enter the CNS and cause a neuroinflammatory

response. In addition, peripheral immune cells cross the damaged BBB and participate in the CNS immune response (Yamazaki et al., 2019). Immunohistochemistry analysis of hippocampal tissues showed the presence of cationic antibacterial proteins in hippocampal endothelial cells in AD. Aβ induced the expression of cationic antibacterial proteins in brain endothelial cells, which potentiated the adhesion of endothelial cells to monocytes and aggravated the endothelial cell inflammatory reaction (Stock et al., 2018). Aβ can also directly activate endothelial cells and induce the expression of endothelial selectin, intercellular cell adhesion molecule-1, and vascular cell adhesion molecule 1, which in turn promote leukocyte adhesion and transport to induce chronic neuroinflammation in AD. Therefore, activated endothelial cells that express certain adhesion molecules induce circulating immune system cells to migrate to and penetrate into the brain parenchyma, resulting in dysfunctional neurovascular units and chronic brain inflammation.

BBB impairment and diminished cerebral blood flow

Accumulation of Aβ in the brain leads to disruption of tight junction and adherens junction complexes, pericyte degeneration and loss of pericyte coverage, dysregulation of the basement membrane, loss of AQP4, and depolarization of astrocytic end-feet (Yamazaki and Kanekiyo, 2017). These structural changes lead to physical degradation of the BBB (Zlokovic, 2011). BBB breakdown causes an accumulation of plasma proteins in the brain, an event leading to perivascular edema, vascular inflammation, and suppression of cerebral blood flow (CBF) (Pacher and Szabo, 2008; Zholos et al., 2011, Zlokovic, 2011).

It is now well established that Aβ has powerful cerebrovascular effects that alter regulation of the cerebral circulation (Koizumi et al., 2016). Brain endothelial cells play an important role in the regulation of CBF by producing vasorelaxants such as nitric oxide and vasoconstrictors such as endothelin-1 (Faraci, 2011; Iadecola, 2013; Katusic and Austin, 2014). In addition, cerebral smooth muscle cells in AD patients acquire a hypercontractile phenotype, resulting in increased arteriolar contractility, which is associated with reduced resting CBF and impaired neurovascular coupling (Chow et al., 2007). Endothelial oxidative stress induced by Aβ can activate innate immunity receptors and dysregulate cerebrovascular function (Park et al., 2013; Koizumi et al., 2016). Free radical species produced by NADPH oxidase react with nitric oxide to form peroxynitrite, which has a strong regulatory effect on CBF by triggering DNA damage (Faraco and Iadecola, 2013). All of these vascular effects have been attributed to Aβ (Iadecola, 2013).

Restoration of Amyloid-beta Transport Across the Blood-Brain Barrier: Implications for Alzheimer's Disease Therapies

The receptors and transporters expressed by brain capillary endothelial cells are very important for Aβ brain homeostasis. Changes in the expression of endothelial cell receptors and transporters may reduce Aβ deposition, suggesting that they could be useful targets for novel therapeutic agents designed to promote Aβ clearance (**Figure 3**).

Figure 3 | **Receptors and transporters on endothelial cells may be potential targets for therapies designed to promote Aβ clearance.**

Upregulation of MEOX2 expression and downregulation of SRF/MYOCD expression can restore LRP1 levels and increase Aβ removal from the brain parenchyma. Upregulation of PICALM expression can increase Aβ-LRP1 complex endothelial transcytosis. Activation of PXR can upregulate the expression of P-gp, thereby promoting Aβ efflux from the brain. Activation of LXR can mediate upregulation of ABCA1, decreasing Aβ levels in the brain. Some tertiary amides block the interaction between RAGE and Aβ, precluding Aβ from reentering the brain. Downregulation of endothelial CCR5 expression can prevent the Aβ-RAGE complex from transmitting signals to the immune system. The blue line in the figure represents mediated Aβ outflow; the brown line represents mediated Aβ inflow; the green line represents activation or inhibition; solid lines represent receptors or transporters that directly mediate Aβ transport; dashed lines represent receptors or transporters that indirectly mediate Aβ transport. Aβ: Amyloid-beta; LRP1: low density lipoprotein receptor(LDLR)-related protein 1; LXR: Liver X Receptor; MEOX2: mesenchyme homeobox gene 2; MYOCD: myocardin; P-gp: P-glycoprotein; PICALM: phosphatidylinositol binding clathrin assembly protein; PXR: pregnane X receptor; RAGE: advanced glycation end products; SRF: serum response factor.

Reducing RAGE activity

As a major Aβ influx receptor at the BBB, RAGE is a potential therapeutic target for decreasing brain Aβ burden (Lao et al., 2021). Studies have shown that some tertiary amides selected through drug screening can block the interaction between RAGE and Aβ, reduce the brain Aβ load and oxidative stress, and improve functional changes in cerebral blood flow and performance in behavioral tests in a mouse model of AD (Wang et al., 2018). By extension, these new compounds may be developed into therapies for the clinical treatment of AD. In addition, the Aβ-RAGE interaction transmits signals to the systemic immune system by upregulating endothelial CCR5 expression; therefore, determinants of CCR5 expression in brain capillary endothelial cells could also be potential new therapeutic targets for AD (Li et al., 2009).

Upregulation of LRP1 levels

LRP1 is the main Aβ efflux receptor at the BBB, and increasing its expression in brain capillary endothelial cells may improve Aβ clearance and reduce Aβ accumulation, thus precluding the progression of Aβ-dependent pathology (Nelson et al., 2016). As we have previously described, low expression of MEOX2 at the BBB and overexpression of SRF/MYOCD both induce downregulation of cell surface LRP1 levels and reduce Aβ clearance in AD. Therefore, novel drugs and/or gene therapies (e.g., those targeting MEOX2 and SRF/MYOCD) that restore LRP1 levels may be potential targets for the treatment of AD (Nelson et al., 2016). In addition, PICALM, which is abundantly expressed in brain capillary endothelial cells, regulates Aβ-LRP1 complex endothelial transcytosis and clearance from the brain; therefore, it may be another important novel target for therapeutics that promote Aβ clearance (Zhao et al., 2015).

P-gp as a potential therapeutic target in AD

Targeting ABC transporters at the BBB is another potential strategy for treating AD. However, this approach is still in its infancy, and more research is needed to address this possibility in the future (Storelli et al., 2021).

As a member of ABC transporter family, P-gp plays an important role in Aβ outflow. P-gp activity may be a novel pharmacological target in AD to limit the neurotoxic effects of excessive Aβ in the brain (Abuznait et al., 2011; Brenn et al., 2014; Hartz et al., 2018). P-gp expression is elevated *in vitro* by pregnane X receptor (PXR) activation (Lemmen et al., 2013). PXR is a ligandactivated nuclear receptor that can restore P-gp expression and function, thereby promoting Aβ brain efflux (Bauer et al., 2006, Lemmen et al., 2013). We predict that targeting PXR will be a valid therapeutic strategy (Wolf et al., 2012), and that upregulation of P-gp expression through PxR or other signaling pathways may reduce Aβ brain load (Hartz et al., 2010) and slow cognitive decline. The oxidative stress and neuroinflammation observed in AD can modulate P-gp expression (Sita et al., 2017; Alasmari et al., 2018). Therefore, promoting P-gp activity may have the dual advantages of reducing neuroinflammation and increasing Aβ clearance from the brain. Because of its wide range of substrate specificity, attention must be paid to minimizing the risk of toxicity (Chai et al., 2020b).

ABCA1 as a potential therapeutic target in AD

ABCA1 plays a critical role in the lipidation of apoproteins in the CNS. Reduced ABCA1 protein levels lead to lipid-poor apoE, which seems to increase Aβ accumulation in the brain (Wolf et al., 2012). Many studies have shown that LXR-mediated upregulation of ABCA1 can increase apoE levels, decrease Aβ levels in the brain, and improve cognitive function in AD model mice (Koldamova et al., 2005b; Burns et al., 2006; Lefterov et al., 2007; Riddell et al., 2007; Jiang et al., 2008; Donkin et al., 2010). Because there are many compounds that can activate LXR, this approach may be another potential therapeutic strategy for AD (Wolf et al., 2012).

Currently, approved pharmacological therapeutic strategies for AD only provide symptomatic relief (Chai et al., 2020b). Results from current clinical trials have been disappointing, as the trials lack intervention in the early stage of AD and show no effect on symptoms (Graham et al., 2017; van Dyck, 2018). Future treatment strategies should be aimed at preventing the initial accumulation of Aβ (Chai et al., 2020b). Therefore, restoring defective receptor- and/or transporter-mediated clearance to prevent the initial Aβ deposition may slow or prevent the progression of AD (Chai et al., 2020b).

Conclusions and Future Perspectives

AD is a devastating neurodegenerative disease that afflicts millions of people worldwide. Its pathogenesis is complicated, but the Aβ cascade hypothesis is the most widely accepted explanation of AD etiology. Although numerous studies suggest that Aβ transport across the BBB mediated by receptors and ABC transporters expressed by brain capillary endothelial cells plays an important role in Aβ clearance, the mechanism of impaired Aβ clearance is not completely understood at present.

In this review we summarized the current evidence for receptor- and ABC transporter–mediated Aβ elimination across the BBB and the potential interaction mechanisms between Aβ and endothelial cells.

There are many promising avenues for future research in this area. Aβ transport by receptors or transporters expressed on endothelial cells, especially intracellular processes mediated by these proteins, is worth further study. Spatial transcriptomics and other techniques could be applied to identify more receptors, transporters, and genes involved in Aβ clearance via vascular endothelial cells. In addition, the BBB should be studied in its entirety,

not limited to endothelial cells. Further research on how the blood-CSF barrier and the lymphoid-related pathway mediate Aβ clearance from the brain to the periphery would also be valuable. More detailed studies should be carried out to investigate potential changes in receptor and ABC transporter expression levels and functions in brain capillary endothelial cells at specific stages of AD, in human postmortem and antemortem cohorts, as well as their roles in the treatment of many neurodegenerative diseases, including AD. All of these lines of investigation will provide an important basis for better understanding the role of neurovascular factors in AD, and hold promise for the development of novel treatments that promote Aβ clearance (**Table 3**).

Table 3 | **A summary of future perspectives of new research strategies for amyloidbeta clearance in Alzheimer's disease**

No. Future perspectives

- 1 The transporting process of receptors or transporters on endothelial cells, especially the intracellular process, is worthy of further study.
- 2 Using space transcriptome and other techniques to find more receptors, transporters and some genes involved in amyloid-beta clearance on vascular endothelial cells.
- 3 The blood-brain barrier should be studied as an entirety, not limited to endothelial cells.
- 4 Further researches on the blood-cerebrospinal fluid barrier and lymphoid-related pathway mediating amyloid-beta clearance from the brain into the periphery.
- 5 Studying the changes of potential levels and functions of receptors and ABC transporters of brain capillary endothelial cells in specific stages of Alzheimer's disease in human postmortem and antemortem cohorts.
- 6 The study of early reliable biological markers neuroimaging for different types of vascular cells.

The current review has some shortcomings. For example, the discussion of Aβ clearance mediated by the BBB was limited to the role of capillary endothelial cells, while the role of other constituent cells was not fully addressed. In addition, the section on treatments is somewhat limited in that it only addresses some potential treatments related to receptors and transporters expressed on capillary endothelial cells.

Because pathophysiological changes occur decades before the onset of AD symptoms, it is important to identify reliable, early biological markers of disease. On the basis of the important role of the BBB in Aβ clearance from the brain, neuroimaging can be used to determine biomarkers for different types of vascular cells, including smooth muscle cells, pericytes, and capillary endothelial cells, which is very helpful for exploring early vascular biomarkers. In addition, the combination of new strategies with existing strategies for the treatment of AD from different perspectives may increase the chance of achieving effective treatment and providing personalized treatment that meets patient needs (Wolf et al., 2012). In this review we provided a detailed overview of Aβ clearance through the BBB, in particular the interaction between Aβ and brain capillary endothelial cells, which may provide insights into new clinical treatment strategies for promoting Aβ clearance from the brains of patients with AD.

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