

# Scoping Review of Oral Health-Related Birth Cohort Studies: Toward a Global Consortium

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## Abstract

The multidisciplinary nature and long duration of birth cohort studies allow investigation of the relationship between general and oral health and indicate the most appropriate stages in life to intervene. To date, the worldwide distribution of oral health-related birth cohort studies (OHRBCSs) has not been mapped, and a synthesis of information on methodological characteristics and outcomes is not available. We mapped published literature on OHRBCSs, describing their oral health-related data and methodological aspects. A 3-step search strategy was adopted to identify published studies using PubMed, Embase, Web of Science, and OVID databases. Studies with baseline data collection during pregnancy or within the first year of life or linked future oral health data to exposures during either of these 2 life stages were included. Studies examining only mothers' oral health and specific populations were excluded. In total, 1,721 articles were suitable for initial screening of titles and abstracts, and 528 articles were included in the review, identifying 120 unique OHRBCSs from 34 countries in all continents. The review comprised literature from the mid-1940s to the 21st century. Fifty-four percent of the OHRBCSs started from 2000 onward, and 75% of the cohorts were from high-income and only 2 from low-income countries. The participation rate between the baseline and the last oral health follow-up varied between 7% and 93%. Ten cohorts that included interventions were mostly from 2000 and with fewer than 1,000 participants. Seven data-linkage cohorts focused mostly on upstream characteristics and biological aspects. The most frequent clinical assessment was dental caries, widely presented as decayed, missing, and filled teeth (DMFT/dmft). Periodontal conditions were primarily applied as isolated outcomes or as part of a classification system. Socioeconomic classification, ethnicity, and country- or language-specific assessment tools varied across countries. Harmonizing definitions will allow combining data from different studies, adding considerable strength to data analyses; this will be facilitated by forming a global consortium.

**Keywords:** longitudinal studies, life span, cohort analysis, oral health outcomes, follow-up, prospective studies

## Introduction

Cohort studies are observational studies that provide the highest level of scientific evidence to understand the natural history and causality of diseases and disorders (Grimes and Schulz 2002; Cooper et al. 2012). Birth cohort studies allow the investigation of early life predictors and causes of diseases, disorders, and health. They provide unique opportunities to study life course epidemiology, in which biological, behavioral, and psychosocial processes that occur throughout the life of individuals are investigated as mechanisms linking health events and exposures occurring earlier in life (Lawlor et al. 2009).

Oral health is a highly relevant area to apply the life course approach as most oral diseases and conditions are chronic; hence, they need time to develop and are relatively prevalent (Crall and Forrest 2018). Prevention of oral diseases requires extensive knowledge of their causes such as socioeconomic inequalities (Peres, Peres, Thomson, et al. 2011), nutrition and dietary aspects (Peres et al. 2017), access to fluoride (Ha et al. 2019), and appropriate dental care (Camargo et al. 2012), all of

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which may start early in life. The multidisciplinary nature of birth cohort studies and their perspective of being longstanding studies allow the investigation of the relationship between general and oral health, as well as, for instance, the effect of detrimental health behaviors and conditions, including overweight and obesity, during the life cycle on the risk of periodontitis in adults (Nascimento et al. 2017).

Findings from the 15 largest and long-lasting oral health-related birth cohort studies (OHRBCSs) spread in all 5 continents were debated in a workshop held in Bangkok, Thailand, in 2019 (Peres et al. 2020). It was recognized that each existing cohort had collected comprehensive information on the participants from birth and provided critical evidence regarding dental diseases, as well as their etiology and prevention (Peres et al. 2020). In addition, it acknowledged the existence of several other OHRBCSs in different regions of the world, encompassing high/middle- and low-income countries (Araujo et al. 2020; Peres et al. 2020). However, to date, OHRBCSs worldwide are not mapped, and a synthesis of information with their methodological characteristics and outcomes has not been conducted. The comparison of data from different settings, the environmental exposures at various stages of the individuals' lives, the identification of the cross-validation of the available evidence, the dominant methods applied, and the nature of the existing gaps, along with pooled analysis of combined data sets, are among the gains to be achieved from mapping and articulating the existing OHRBCSs. Likewise, looking ahead, the documentation of OHRBCSs and their characteristics is a wise strategy in an epoch of limited research funding. Mapping potential collaborators will be the first phase of establishing an international consortium. This initiative may help optimize the use of existing resources and, consequently, enhance scientific evidence, as already achieved in other areas such as head and neck cancer (Di Credico et al. 2020) and maternal and child health (Richter et al. 2012).

This study aimed to identify and map the published literature on OHRBCSs and describe their oral health-related data and methodological aspects.

## Methods

A scoping review was the preferred approach to map the discerning characteristics of OHRBCSs. Following established guidelines for scoping (Arksey and O'Malley 2005), the 5 steps included 1) identifying the review question, 2) identifying relevant studies, 3) selecting the studies, 4) charting the data, and 5) collating, summarizing, and reporting the results.

## Review Questions

1. Where have OHRBCSs been undertaken worldwide?
2. What are the demographic and methodological characteristics of the identified OHRBCSs?
3. How have the researchers addressed oral and dental conditions in studies of this nature?

## Search Strategy

The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement was followed (Appendix File 1). A 3-step search strategy was adopted to identify published studies comprehensively. First, a tailored search strategy on the electronic PubMed database included search terms for identifying *birth cohorts* and *population oral health outcomes*. The second step included search on reference lists of selected studies. It aimed to identify relevant studies that might have been missed during the electronic database search. The third step comprised a systematic check of scoping or systematic reviews on general birth cohort studies as an interactive process between searching the literature and refining search strategy with revision of the included articles (Winn et al. 2015; Araujo et al. 2020). Finally, the same steps described above were extended to 3 other databases (Embase, Web of Science, and OVID) as part of the refining process. The search strategy was adapted for each database on November 3, 2020, and then updated on April 12, 2021 (Appendix File 2).

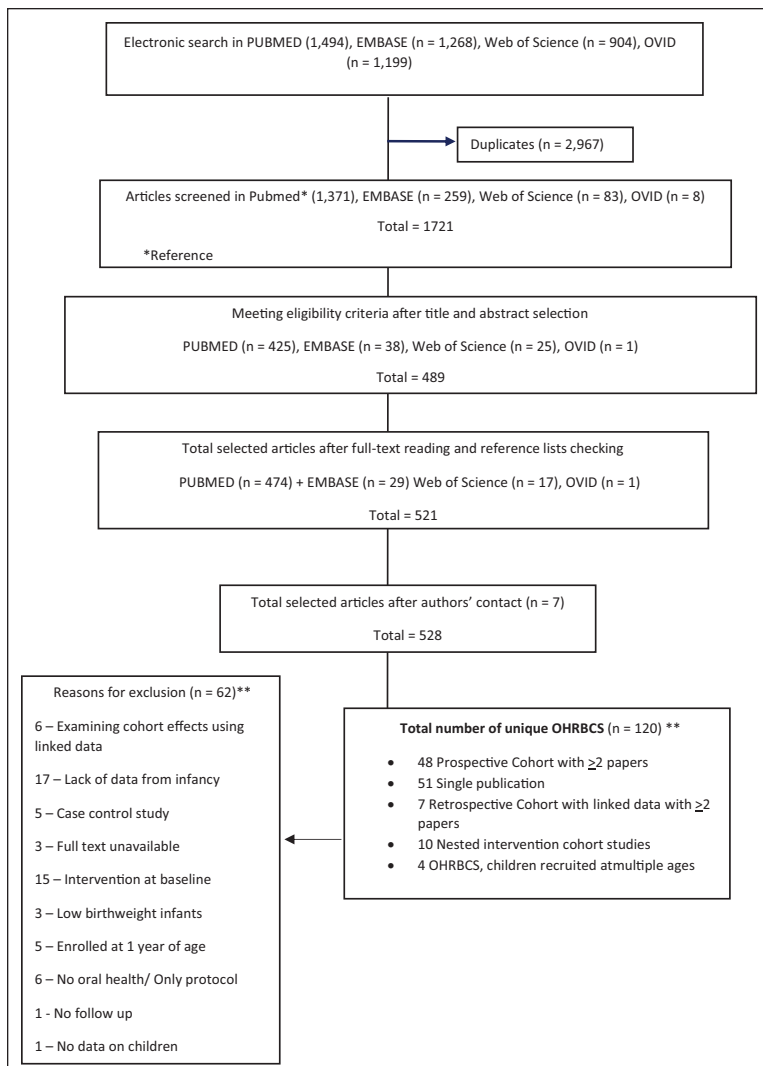
## Study Selection

Inclusion criteria consisted of the following: 1) studies must have either started the baseline data collection during pregnancy or within the first year of life or linked future oral health data to exposures during either of these 2 life stages, and 2) studies based on clinical-epidemiological or self-reported oral health data obtained through at least 1 follow-up, or 3) OHRBCSs with nested interventional studies and contrariwise. Exclusion criteria comprised 1) studies published in a language other than English, 2) studies that did not collect child oral health data beyond the first wave (baseline), 3) studies that examined only mothers' oral health characteristics during pregnancy and birth outcomes, and 4) studies that specifically recruited premature/low birth weight/high birth weight children or population with other specific characteristics such as cohorts of adolescents. Cohorts generated through linked and registry data that fulfilled the above requirements on inclusion criteria were also considered in this review.

Articles identified in the electronic search were imported to a bibliographic software, Endnote X9. Titles and abstracts were first screened independently by at least 2 reviewers (coauthors). Full texts of relevant articles were then retrieved and examined for suitability. Any disagreements regarding the selection of studies were resolved through discussion with a third reviewer (the first author).

## Charting the Data

The following descriptive epidemiological data were charted: cohort characteristics (name of the study, country, calendar year of the cohort baseline, eligibility criteria, sample sizes at general and oral health baseline assessments, age of participants in the last general and oral health follow-ups, number of



**Figure 1.** Flowchart for selection of studies. OHRBCS, oral health-related birth cohort studies. \*\*Boxes refer to the number of OHRBCS.

oral health follow-ups, and follow-up rate), and oral health-related outcomes.

As 1 birth cohort study will often lead to many publications, birth cohort information was retrieved from the source study and the latest publication. Articles that reported significant departure from the original aims of the birth cohort studies were identified through the reference lists and relevant data charted. Searches in electronic pages of cohort studies and contact (via e-mail) with researchers/authors of these studies were performed when necessary.

### Collating, Summarizing, and Reporting the Results

All identified OHRBCSs were geographically depicted on a world map and classified by income in line with the World Bank classification (Economic Department and Social Affairs 2020). A descriptive analysis was made of information from OHRBCSs in which oral health data were presented in 2 or more publications. OHRBCSs nested within interventional

studies (and vice versa), OHRBCSs using exclusively data linkage, and cohorts with only 1 publication presenting oral health information were identified and presented separately as appendix material due to the relatively limited information on these cohorts.

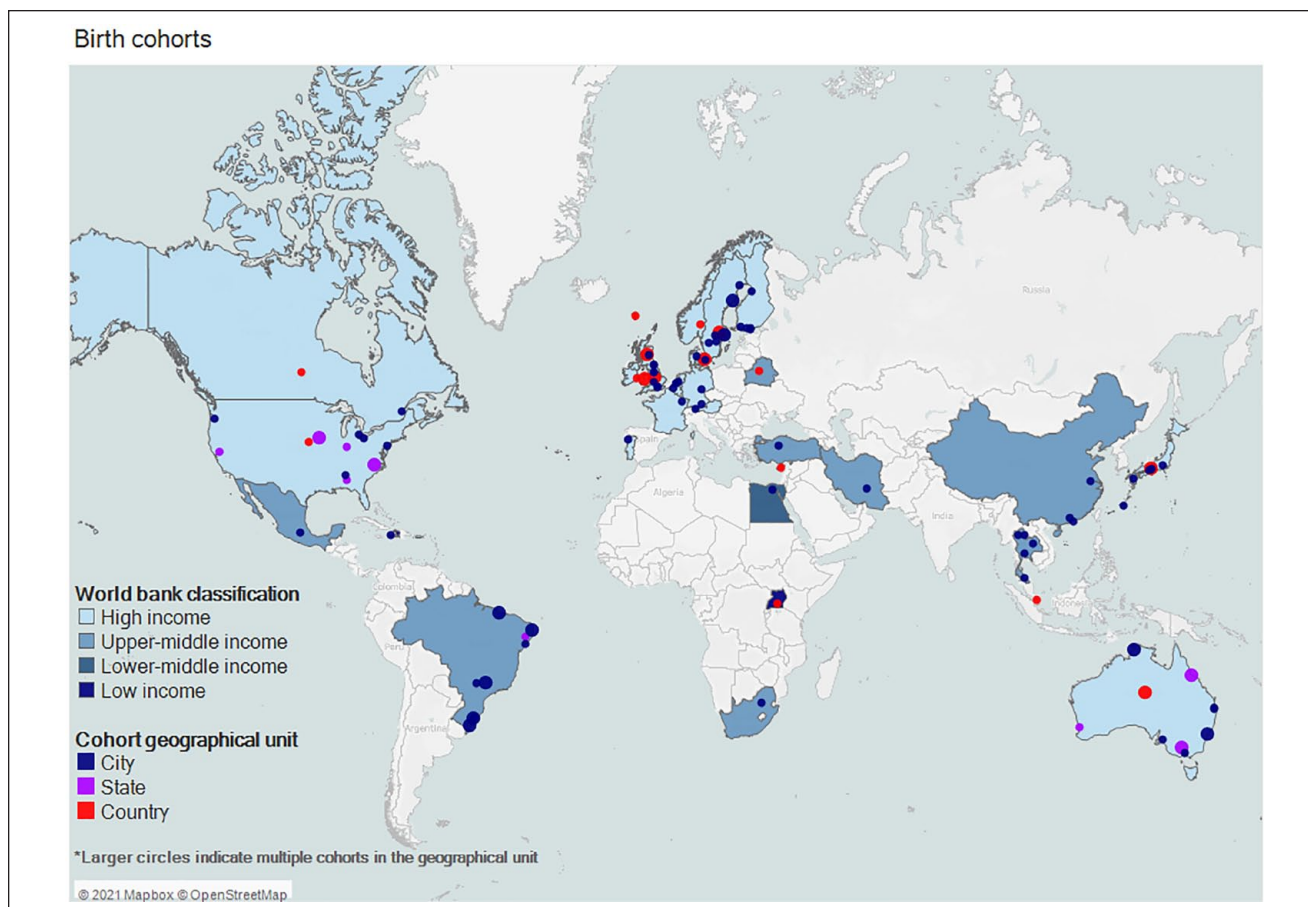
### Results

The flowchart describing the selection of the studies is presented in Figure 1. After removing 2,967 duplicates, 1,721 articles were suitable for the initial screening of titles and abstracts. Of these, 489 articles were deemed relevant for full-text reading. Finally, 528 articles met the eligibility criteria and were included in the qualitative synthesis, with an additional 7 articles obtained after contacting their authors. Lack of data from infancy and groups allocated by intervention at the baseline were the main exclusion reasons. Therefore, the final selected articles generated 120 unique OHRBCSs. Among them, we grouped prospective cohort studies with at least 2 oral health publications ( $n = 48$ ), those with single oral health publications ( $n = 51$ ), mixed cohort and interventional studies ( $n = 10$ ), 7 cohort studies through data linkage with 2 or more publications, and 4 OHRBCSs whose age range of participants was broader than the inclusion criteria but included the target age.

Figure 2 shows the geographic distribution of the OHRBCSs with their corresponding World Bank classification by income. Most of the cohorts ( $n = 88$ ; 75%) were in high-income countries: 26 in upper-middle, only 1 in a low-middle, and 2 cohorts in low-income countries, whose representation ranged from a national to city level. The United States was the country with the highest number of OHRBCSs ( $n = 17$ ), followed by Australia, Brazil ( $n = 15$ , each), and Sweden ( $n = 14$ ).

Over half of the OHRBCSs (54%) with 2 or more oral health publications started from 2000 onward, while nearly 15% were cohorts with a baseline before the 1980s (Table 1). The Iowa Facial Growth Study and The Newcastle Thousand Families cohort study are the oldest cohorts, with baseline data initiated in 1946 and 1947, respectively, followed by the Swedish Urban Community Study (1955–1958) (references in Appendix File 3). The recruitment process started with pregnant women in almost a third of studies. In approximately a quarter of the studies, the cohorts reached adulthood (Table 1). Studies with a single-publication OHRBCS had their baseline between 1981 and 2016, mostly from Brazil, Japan, and Sweden (Appendix Table 4).

The number of general waves varied across OHRBCSs with 2 or more publications. Older studies had higher numbers, such as the Dunedin study. However, some younger cohorts since 2000 have relatively large numbers of overall follow-ups, such as the Generation R study and GUSTO study (references in



**Figure 2.** Geographical distribution and World Bank classification by income (World Bank 2020) of oral health-related birth cohort studies.

Appendix File 3). Oral health follow-ups, which included oral health clinical data in all waves, were found in over 70% of the cohorts. The participation rate between the baseline and the last oral health follow-up varied between 7% and 93%. While some studies highlighted their ethnic diversity (Table 2 and Appendix Table 4), most of them had similar representation by sex.

Table 3 displays oral health outcomes from the OHRBCSs with 2 or more publications. The most frequently investigated oral condition through clinical examination was dental caries, widely presented as decayed, missing, and filled teeth (DMFT/dmft). The International Caries Detection and Assessment System (ICDAS) index was given in nearly one-third of studies with a baseline from 2000 onward, although ongoing studies starting in the 1960s (GINIplus study) and the 1990s (LISApplus study) also used this index. Oral microbiota ( $n = 18$ ), the level of dental plaque ( $n = 13$ ), teeth emergence ( $n = 12$ ), and enamel defects ( $n = 11$ ) were the next most published dental outcomes. Periodontal conditions were depicted through a wide range of indices as isolated outcomes or as part of a classification system. Self-reported outcomes were, among others, dental caries, periodontal conditions, xerostomia, temporomandibular disorders, and halitosis, as well as a self-perception of the overall oral health status. However, most of the self-reported conditions were assessed with nonvalidated instruments (Appendix File 3).

Table 4 (references in Appendix File 5) shows the OHRBCSs that included nested intervention studies or were follow-ups in studies initially designed to test interventions. Eight of the 10 birth cohorts of this kind dated from 2000 and had sample sizes of fewer than 1,000 participants at baseline. Interventions were related to oral health promotion, in particular, breastfeeding counseling (60%) and methods focusing on dental caries prevention.

Data linkage of OHRBCSs with 2 or more publications ( $n = 7$ ) was primarily undertaken in Scandinavian countries ( $n = 5$ ) (Appendix Table 6). Primary exposures were concentrated on upstream characteristics such as socioeconomic status, family characteristics, and biological as well as congenital aspects and birth outcomes. Finally, Appendix Table 7 gives details of the 4 OHRBCSs that recruited participants at a range of ages, with 3 conducted in the United States and 1 in Australia.

## Discussion

### Main Findings

We mapped 120 OHRBCSs distributed in 34 countries across all continents. These included literature from the mid-1940s to the 21st century and revealed how initiating birth cohorts

**Table 1.** General Characteristics of the Oral Health-Related Birth Cohort Studies with 2 or More Oral Health Publications.

Cohort Name <sup>a</sup>	City or Cities, Country	Cohort Baseline	Eligibility Criteria	Last General Follow-up Age
1. Australian ABC	Darwin, Australia	1987	Singleton born between January 1987 and March 1990 to an Aboriginal mother (Royal Darwin Hospital).	25 y
2. Australian Wide Twin Study	Australia	2005	Twins born in Australian states recruited through the Australian Twin Registry and the Australian Multiple Birth Association.	14 y
3. Avon Longitudinal Study of Parents and Children (ALSPAC)	Avon, England	1991	Pregnant women and their children. Children in Focus substudy: random 10% sample of children born in the last 6 mo (June to December 1992).	25 y
4. British Cohort Study (BCS)	England, Scotland, Wales	1970	All children currently living in England, Scotland, and Wales who were born in a single week of 1970.	46 y
5. Christchurch Child Development Study	Christchurch, New Zealand	1977	Children born in maternity units in urban regions (mid-1977).	7 y
6. Cleveland	Cleveland, USA	2007–2010	Healthy infants and mothers >18 y, living up to a 2-h driving distance from 2 neonatal hospitals.	2 y
7. Dundee Study	Dundee, Scotland	1993–1994	All children born during 1 calendar year (April 1993–March 1994).	4 y
8. Epsom General Hospital	Surrey, UK	1995–1996	Children born between April 1, 1995, and April 31, 1996, at Epsom General Hospital in the mid-Surrey area.	1.5 y
9. Flemish Preschool Children	Flanders, Belgium	2003–2004	All healthy children born in Tielt and Berlaar whose parents completed the questionnaires and intended to live in the region. Twins: 1 included.	5 y
10. Generation R	Rotterdam, Netherlands	2002	All pregnant mothers with an expected delivery date between April 2002 and January 2006.	17 y
11. GINIplus	Munich/Wesel, Germany	1995–1998	Healthy full-term newborns recruited from obstetric clinics.	15 y
12. Griffith University Environments for Healthy Living	South-East Queensland, Australia	2006	≥24 wk of gestation, mothers >16 y of age who provided informed consent from Logan, Gold Coast, and Tweed public maternity hospitals.	6–7 y
13. Growth and Overweight Prevention Study	Halland, Sweden	2007–2009 2010–2012	No specific inclusion criteria.	5 y
14. Growing Up in Ireland	Nationwide, Ireland	2007–2008	No specific inclusion criteria.	3 y
15. Gudaga Study	Sydney, Australia	2005–2007	Either biological parents identified as Aboriginal.	9 y
16. GUSTO	Singapore	2009–2010	Pregnant citizen or permanent resident ≥18 y willing to donate umbilical cord, placenta, and blood sample attending their first-trimester antenatal dating ultrasound scan.	5 y
17. Haitian Health Foundation	Jérémie, Haiti	2005	Children enrolled in the Haitian Health Foundation System with at least 2 recorded weights per year for at least 3 of the first 5 y of life.	11–19 y
18. Hong Kong Children of 1997	Hong Kong, China	1997	Recruited only if their public water system had fluoride above 0.5 ppm.	13 y
19. Iowa Facial Growth Study	Iowa, USA	1946	Healthy full-term babies and likelihood of continuing residence in the community.	26 y
20. Iowa Fluoride Study (IFS)	Iowa, USA	1992–1995	Mothers of newborns were recruited from 8 Iowa hospitals postpartum.	23 y
21. João Pessoa	João Pessoa, Paraíba, Brazil	2000	Resident children born in a public hospital with gynecologic and obstetric care for poor families.	3 y
22. LISAPlus	Munich, Germany	1995–1999	Newborns from parents with German nationality from Munich, Leipzig, Wesel, and Bad Honnef.	15 y
23. Longitudinal Study of Australian Children (LSAC)	Australia	2003	Children from urban and rural areas of all states and territories in Australia.	11 y
24. Mamma-Barn, Mother-Child (Mamba)	Umea, Sweden	2007–2009	Babies born in a small inland town or a coastal university city in Northern Sweden (September 7–January 9).	3 y
25. Mater Mother	South Brisbane, Australia	2003	Random preterm and full-term infants with normal birth weights (>2,500 g).	2 y

(continued)

Table 1. (continued)

Cohort Name <sup>a</sup>	City or Cities, Country	Cohort Baseline	Eligibility Criteria	Last General Follow-up Age
26. Mother-Child Binome Study	Aracatuba, Brazil	2006	All pregnant women enrolled in a government program for the monitoring of prenatal care.	30 mo
27. National Child Development Study (NCDS)	England, Scotland, Wales	1958	Intergenerational mobility and adult oral health in a British cohort.	55 y
28. Newcastle Thousand Families Cohort Study	Newcastle upon Tyne, UK	1947	Mothers resident in the city of Newcastle upon Tyne.	51 y
29. Northern Finland Birth Cohort (NFBC)	Oulu, Lapland, Finland	1966	Pregnant women and their children.	46 y
30. Northern Plains	Indiana, Iowa, and North Carolina, USA	2010	US Hispanic and White non-Hispanic children of similar ages.	3 y
31.OMIC Study	Umeå, Sweden	2011	Healthy infants born after a full-time pregnancy.	5 y
32. Osaka Maternal and Child Health Study	Neyagawa City, Osaka, Japan	2001–2003	Pregnant women who lived in the city and further 375 pregnant women recruited from outside Neyagawa.	41–50 mo
33. Pacific Islands Families Study	Auckland, New Zealand	2000	Pacific Islands ethnic infants and New Zealand permanent residents born in Middlemore Hospital.	14 y
34. Pelotas Birth Cohort Study (1982)	Pelotas, Brazil	1982	Children born in maternity units in the urban region during the year.	31 y
35. Pelotas Birth Cohort Study (1993)	Pelotas, Brazil	1993	Children born in maternity units in the urban region during the year.	22 y
36. Pelotas Birth Cohort Study (2004)	Pelotas, Brazil	2004	Children born in maternity units in the urban region during the year.	13 y
37. Ribeirão Preto	Ribeirão Preto, Brazil	1994	Residents born at 10 hospitals in the city over a period of 4 mo.	School age
38. São Luís	Sao Luís, Brazil	1997	Births between March 1997 and February 1998 in 10 private and public hospitals.	18–19 y
39. Study of Mothers' and Infants' Life Events (SMILE)	Adelaide, Australia	2014	English-speaking mothers from the 3 major hospitals, with intention to live in the city.	3 y
40. Swedish Urban Community	Sweden	1955–1958	Children from a Swedish urban community.	18 y
41. Thai PCTC	4 districts and Bangkok, Thailand	2000	Pregnant women who resided or intended to bring their children in the Kanchanaburi, Nan (a), Khon Kaen (b), Bangkok, and Songkhla (c) districts.	a: 3 y b: 6–7 y c: 18 mo
42. The Dunedin Multidisciplinary Health and Development Study	Dunedin, New Zealand	1972	Babies born at the only maternity unit at the time (April 1, 1972, to March 31, 1973), living in the greater Dunedin area in the next 3 y after birth.	45 y
43. The Epigenetic Twins Study	Melbourne, Australia	2007	Pregnant women from 3 Melbourne hospitals in their second trimester (18–22 wk of gestation).	6 y
44. The Finnish Family Competence Study	Turku, Finland	1986	Nulliparous pregnant women from the Province of Turku and Pori, visiting a public health nurse.	10 y
45. TUMME Study	Umeå, Sweden	2009–2012	0- to 2-mo-old babies, birth weight 2,500–4,500 g, full term, and exclusively breastfed or formula fed.	4 mo
46. VicGeneration (VicGen)	Victoria State, Australia	2008	Mothers and their babies born in Maternal and Child Health Centres (metropolitan, regional, and rural areas) who intended to live there in the next year.	6 y
47. Women, Infants, and Children (WIC) Cohort—Southeast Iowa	Iowa, USA	2003–2004	Children ranging in age from 6 to 24 mo who were enrolled in the IOWA WIC program.	Baseline + 18 mo
48. Xinhua Town	Guangzhou, China	2008	Parents of children physically healthy at birth and who had lived in the district for ≥2 y.	2 y

<sup>a</sup>Reference list: Appendix File 3.

expanded over time worldwide. Studies from high-income countries were predominant until the early 1980s, when a population-based birth cohort study, the Pelotas Birth Cohort Study (1982 PBCS) in Brazil (Peres, Peres, Demarco, et al. 2011), was launched in 1982, followed by The Birth to Ten

Study in Johannesburg/Soweto, South Africa, in 1990 (MacKeown et al. 2000). Interestingly, OHRBCSs in non-high-income countries account for approximately 50% of cohorts since 2000, although many of these had only 1 publication—for example, 5 cohorts from Brazil (Massoni et al. 2009;

**Table 2.** Design Characteristics of the Oral Health-Related Birth Cohort Studies with  $\geq 2$  Oral Health Publications.

Cohort Name <sup>a</sup>	Baseline Sample	W <sub>1</sub>	W <sub>2</sub>	W <sub>3</sub> (Starting Age)	Number (%) of Participants in the Last Oral Health Follow-up (% Followed in Relation to the Oral Health Baseline)/Ethnicity	Last Oral Health Follow-up
1. Australian ABC	686	4	1	1 (16–20 y)	442 (69%)	18 y
2. Australian Wide Twin Study	913	3	3	3 (6 y)	208 (32%)	14 y
3. Avon Longitudinal Study of Parents and Children (ALSPAC)	14,541	25	3	3 (2 y)	“Children in Focus” substudy, 1,429 (baseline data not provided)/96% (White), 4% (non-White)	5 y
4. British Cohort Study (BCS)	16,569	9	2	2 (26 y)	8,581 (52%)/95% (White), 5% (non-White)	46 y
5. Christchurch Child Development Study	1,265	9	1	1 (7 y)	1,127 (85%)/93% (White), 7% (non-White)	7 y
6. Cleveland	468	2	2	2 (8 mo)	378 (80%)/68% (Black), 32% (non-Black)	18–20 mo
7. Dundee Study	1,703	4	4	4 (1–4 y)	765 (70%)	4 y
8. Epsom General Hospital	2,300	3	2	2 (1 y)	163 (7%)	1.5 y
9. Flemish Preschool Children	972	3	3	2 (3 y)	703 (72%)	5 y
10. Generation R	9,749	11	2	2 (6 y)	7,393 (76%)/68% (Dutch, other-European), 32% (other)	10 y
11. GINIplus	2,949	15	2	2 (10 y)	652 (22%)	15 y
12. Griffith University Environments for Healthy Living	2,904	—	1	1 (6 y)	174 (unclear)	6 y
13. Growth and Overweight Prevention Study	551	3	3	2 (3 y)	292 (53%)	5 y
14. Growing Up in Ireland	11,134	—	1	1 (3 y)	9,793 (88%)/84% (Irish), 16% (other)	3 y
15. Gudaga Study	149	—	2	2 (7 y)	98 (65%)	9 y
16. GUSTO	1,176	14	2	2 (2 y)	721 (61%)/57% (Chinese), 27% (Malay), 16% (Indian)	3 y
17. Haitian Health Foundation	1,183	1	1	1 (11–19 y)	1,058 (89%)	11–19 y
18. Hong Kong Children of 1997	668	23	3	3 (12 y)	485 (73%)	12 y
19. Iowa Facial Growth Study	183	4	4	Unavailable	Unclear	26 y
20. Iowa Fluoride Study (IFS)	1,387	8	5	5 (5 y)	342 (25%)/96% (White), 4% (other)	23 y
21. João Pessoa	246	6	5	5 (1 y)	224 (93%)	3 y
22. LISApplus	1,467	8	2	2 (10 y)	400 (27%)	15 y
23. Longitudinal Study of Australian Children (LSAC)	10,090	8	6	6 (0–1 y)	7,301 (72%)/3% (Indigenous), 97% (other)	11 y
24. Mamma-Barn, Mother-Child (Mamba)	207	1	1	1 (3 y)	155 (65%)	3 y
25. Mater Mother	312	1	6	6 (3 mo)	111 (36%)/80% (White), 20% (other)	2 y
26. Mother-Child Binome Study	120	3	3	3 (12 mo)	80 (67%)	30 mo
27. National Child Development Study (NCDS)	17,416	8	4	4 (33 y)	11,468 (70%)/95% (White), 5% (non-White)	33 y
28. Newcastle Thousand Families Cohort Study	1,142	7	1	1 (49–51 y)	337 (30%)	49–51 y
29. Northern Finland Birth Cohort (NFBC)	12,058	3	1	1 (31 y)	1,945 (60%)	46 y
30. Northern Plains	239	7	7	7 (4 mo)	232 (97%)	3 y
31. OMIC Study	206	5	5	5 (2 d)	116 (56%)	5 y
32. Osaka Maternal and Child Health Study	1,002	6	1	1 (41–50 mo)	315 (32%)	41–50 mo

(continued)

Table 2. (continued)

Cohort Name <sup>a</sup>	Baseline Sample	W <sub>1</sub>	W <sub>2</sub>	W <sub>3</sub> (Starting Age)	Number (%) of Participants in the Last Oral Health Follow-up (% Followed in Relation to the Oral Health Baseline)/Ethnicity	Last Oral Health Follow-up
33. Pacific Islands Families Study	1,376	5	1	1 (4 y)	1,048 (76%)/45% (Samoan), 21% (Tongan), 18% (Cook Island Māori), 8% (other Pacific), 7% (non-Pacific)	14 y
34. Pelotas Birth Cohort Study (1982)	5,914	11	3	3 (15 y)	539 (60%)/78% (White), 22% (non-White)	31 y
35. Pelotas Birth Cohort Study (1993)	5,249	10	3	3 (6 y)	1,203 (sample was inflated in the last follow-up)	18 y
36. Pelotas Birth Cohort Study (2004)	4,231	8	2	2 (5 y)	992 (88%)	12 y
37. Ribeirão Preto	2,911	1	1	1 (school age)	790 (69%)/57% (White), 43% (non-White)	School age
38. São Luis	2,541	2	1	1	2,515 (sample was inflated in the last follow-up)	18–19 y
39. Study of Mothers' and Infants' Life Events (SMILE)	2,181	5	1	1 (2–3 y)	1,040 (48%)	3 y
40. Swedish Urban Community	212	23	23	23 (1 y)	201 (95%)	18 y
41. Thai PCTC	Mueng Nan, n = 783; Khon Kaen, n = 860; Thepa/Songkhla, n = 795	10	Mueng Nan, n = 6; Khon Kaen, n = 7; Thepa/Songkhla, n = 3	Nan, n = 2 (2 y); Khon Kaen, n = 3 (2 y); Songkhla, n = 3 (9 mo)	Mueng Nan, n = 597 (76%); Khon Kaen, n = 290 (68%); Thepa/Songkhla, n = 495 (62%)	Mueng Nan: 3 y; Khon Kaen: 6–7 y; Thepa/Songkhla: 18 mo
42. The Dunedin Multidisciplinary Health and Development Study	1,037	14	12	8 (5 y)	896 (89%)	45 y
43. The Epigenetic Twins Study	250 twin pairs	3	1	1 (6 y)	344 participants from 172 twin pairs (69%)	6 y
44. The Finnish Family Competence Study	1,443	7	4	4 (3 y)	1,074 (74%)	10 y
45. TUMME Study	240	4	2	2	133 (55%)	4 mo
46. VicGeneration (VicGen)	466	7	7	7 (1 mo)	270 (58%)	5 y
47. Women, Infants, and Children (WIC) Cohort–Southeast Iowa	212	—	Not reported	1 (6 to 24 mo)	128 (60%)/75% (White), 18% (Hispanic), 3% (Black), 4% (mixed race)	18 mo after baseline
48. Xinhua Town	225	5	5	5 (8 mo)	155 (69%)	2 y

W<sub>1</sub>, total number of general waves; W<sub>2</sub>, total number of oral health waves; W<sub>3</sub>, number of waves including oral health clinical epidemiological data and starting age.

<sup>a</sup>Reference list: Appendix File 3

Guedes et al. 2015; Campos et al. 2018; Pinho et al. 2019), 2 from China (Sun 2020; Wu et al. 2020), and 1 study each from Iran (Poureslami et al. 2013), Egypt (Khalifa et al. 2014), Thailand (Pattanaorn et al. 2013), Mexico (Wu et al. 2019), Turkey (Sahin et al. 2008), and Haiti (Reyes-Perez et al. 2014). Identifying these studies in such diverse countries creates new opportunities in oral health epidemiology. Collaborative work between these cohorts would allow investigations into the role of different environmental exposures related to oral diseases of children and adults and test the hypothesis of the interaction between genetic and environmental factors that contribute to the development of chronic noncommunicable diseases

(Barker and Thornburg 2013). Early life exposures may act in different directions in high-income and emerging countries. For instance, while breastfeeding tends to be associated with high socioeconomic status in wealthy populations, the reverse is often the case in low- and middle-income countries, complicating important public health messages of the effects of breastfeeding on child oral health (Victoria and Barros 2006).

Long-term cohorts reaching adulthood and presenting oral health data are scarce and found mostly in wealthy countries (Bishara et al. 1997; Pearce et al. 2005; Thomson et al. 2019; Wilson et al. 2019; Delgado-Angulo et al. 2020). The 1982 PBCS is considered an exception and was identified as the



**Table 3.** Oral Health-Related Characteristics of the Oral Health-Related Birth Cohort Studies with  $\geq 2$  Oral Health Publications.

Dental/Oral-Related Measurements	Level of Investigation	Study
Dental caries	Self-reported	Longitudinal Study of Australian Children; NFBC; Osaka Maternal and Child Health Study; Pacific Islands Families study; Pelotas (1982)
	Decayed, missing, and filled teeth (DMFT/dmft)	ABC; ALSPAC; Born in Bradford cohort; Christchurch Child Development Study; Cleveland; Dunedin; Epsom General Hospital; Flemish Preschool Children; Generation R; GINIplus; Grow and Overweight Prevention study; LISAPlus; NFBC; Osaka Maternal and Child Health Study; PCTC; Pelotas (1982); Pelotas (1993); The Finnish Competence Study
	Decayed, missing and filled surfaces in permanent (DMFS) and primary (dmfs) dentitions; decayed and filled surfaces attack rate (DFSAR) <sup>1</sup>	Dunee Study; Dunedin <sup>1</sup> ; GINIplus; IFS <sup>1</sup> ; João Pessoa; LISAPlus; Mamba; Northern Plains; Pelotas (1982); Pelotas (2004); SMILE; VicGen; Xinhua Town
	International Caries Detection and Assessment System (ICDAS)	Australian Wide Twin Research; Cleveland; Detroit; GINIplus; Griffith University Environments for Healthy Living; GUSTO; LISAPlus; Mother–Child Binome Study <sup>2</sup> ; NFBC; São Luis <sup>2</sup> ; SMILE; The Epigenetic Twins Study; VicGen
	Caries lesions (white spots or cavitation) <sup>2</sup>	Dunee Study; PCTC; Women, Infants, and Children (WIC)–Iowa Gudaga
Gingival conditions	U, D1, D2, D3 Early Childhood Oral Health Program (ECOH)	ABC; Australian Wide Twin Research; Cleveland; Epsom General Hospital <sup>5</sup> ; Flemish Preschool Children <sup>5</sup> ; GINIplus; GUSTO <sup>3</sup> ; LISAPlus; NFBC; Pelotas (1982); Pelotas (1993); Pelotas (2004) <sup>4</sup> ; São Luis <sup>5</sup>
	Plaque; Silness-Löe Plaque Index <sup>3</sup> ; Simplified Oral Hygiene Index <sup>4</sup> ; Visible Plaque Index <sup>5</sup>	ABC; Australian Wide Twin Research; Cleveland; GINIplus; GUSTO; LISAPlus; NFBC; Pelotas (1982); Pelotas (1993), São Luis <sup>6</sup>
Periodontal diseases	Gingivitis, calculus; Gingival Bleeding Index <sup>6</sup>	NCDS; NFBC
	Self-reported	ABC <sup>7</sup> ; Dunedin <sup>8,9</sup> ; NFBC I I; Pelotas (1982) <sup>7,10</sup> ; Pelotas (1993) <sup>10</sup> ; São Luis <sup>10</sup>
Dental fluorosis	American Academy of Periodontology definition <sup>7</sup> ; clinical attachment level, probing depth, gingival recession <sup>8</sup> ; self-reported <sup>9</sup> ; probing pocket depth, bleeding on probing, clinical attachment level <sup>10</sup> ; probing pocket depth, bleeding on probing, alveolar bone level, presence of plaque <sup>11</sup>	ABC <sup>15</sup> ; GINIplus <sup>14</sup> ; IFS <sup>12,13,16</sup> ; LISAPlus <sup>14</sup>
	Fluorosis Risk Index (FRI) <sup>12</sup> ; Tooth Surface Index of Fluorosis <sup>13</sup> ; fluorosis (diffuse opacities) <sup>14</sup> ; presence of fluorosis in the upper central incisors <sup>15</sup> ; presence of fluorosis in the primary dentition <sup>16</sup>	
Xerostomia	Self-reported	Dunedin; NFBC
Enamel defects	Molar incisor hypoplasia <sup>17</sup> ; hypomineralized second primary molars <sup>18</sup> ; amelogenesis and dentinogenesis imperfecta <sup>19</sup> ; Developmental Defects of Enamel Index (DDE) <sup>20</sup>	Australian Wide Twin Research <sup>17</sup> ; Cleveland <sup>17</sup> ; Generation R <sup>17</sup> ; GINIplus <sup>17,19</sup> ; Hong Kong <sup>17,20</sup> ; João Pessoa <sup>20</sup> ; LISAPlus <sup>17,19</sup> ; PCTC <sup>17</sup> ; São Luis <sup>20</sup> ; The Epigenetic Twins Study <sup>18</sup> ; Xinhua Town <sup>17,20</sup>
	The Index of Orthodontic Treatment Need (IOTN) <sup>21</sup> ; intercanine and intermolar widths <sup>22</sup> ; overjet/overbite/posterior crossbite—primary dentition <sup>23</sup> ; Peer Assessment Rating <sup>24</sup> ; World Health Organization index <sup>25</sup> ; Dental Aesthetic Index (DAI) <sup>25</sup> ; self-reported <sup>26</sup>	Generation R <sup>21</sup> ; Iowa Facial Growth Study <sup>22</sup> ; Mother–Child Binome Study <sup>23</sup> ; NFBC <sup>24</sup> ; Pelotas (1982) <sup>25</sup> ; Pelotas (1993) <sup>23</sup> ; Pelotas (2004) <sup>23,24,25</sup> ; Dunedin <sup>26</sup>
Temporomandibular disorders	Diagnostic Criteria for Temporomandibular Disorders (DCTD)	Dunedin; NFBC
Oral microbiota	Self-reported	Dunedin
	Mutans streptococci	Cleveland; Epsom General Hospital; Jefferson County; Mamba; Mater Mother; Newcastle; Northern Plains; Australian Wide Twin Research; Umea; WIC–Iowa; Xinhua Town
	Mutans streptococci and lactobacilli	Australian Wide Twin Research; Griffith University Environments for Healthy Living
	<i>Streptococcus mutans</i> , <i>Streptococcus sobrinus</i> , lactobacilli, and yeasts	Dunee
	Total lactobacilli, <i>S. mutans</i> , and <i>S. sobrinus</i>	Mamba Northern Plains
	Firmicutes, Proteobacteria, Actinobacteria, Bacteroidetes, Fusobacteria, <i>Abiotrophia</i> , <i>Actinomyces</i> , <i>Capnocytophaga</i> , <i>Corynebacterium</i> , <i>Fusobacterium</i> , <i>Kingella</i> , <i>Leptotrichia</i> , <i>Neisseria</i> , and <i>Porphyromonas</i>	OMIC
<i>Streptococcus</i> , Actinobacteria, Bacteroidetes, Firmicutes, Fusobacteria, GNO2, Proteobacteria, SR1, Synergistes, Tenericutes, TM7, and <i>Lactobacillus</i>	TUMME	

(continued)

**Table 3.** (continued)

Dental/Oral-Related Measurements	Level of Investigation	Study
	<i>Streptococcus mitis</i> group, <i>Gemella haemolysans</i> , <i>Streptococcus salivarius</i> group, <i>Rothia mucilaginosa</i> , <i>Staphylococcus caprae</i> , <i>Haemophilus parainfluenzae</i> , and <i>Campylobacter concisus</i>	VicGen
Oral mucosal lesions	Presence of selected mucosal lesions <sup>27</sup> ; presence of acute necrotizing ulcerative gingivitis, white lesion, candidiasis, leukoplakia, carcinoma, other <sup>28</sup>	ABC <sup>27</sup> ; Pelotas (1982) <sup>28</sup> ; Pelotas (1993) <sup>28</sup> ; Pelotas (2004) <sup>28</sup>
Dental trauma	History of trauma in enamel or dentine (anterior teeth)	ABC
Teeth emergence	Tooth retention <sup>29</sup> ; primary dentition <sup>30</sup> ; permanent dentition <sup>31</sup>	ABC <sup>29</sup> ; Australian Wide Twin Research <sup>30</sup> ; ALSPAC <sup>30</sup> ; Cleveland <sup>30</sup> ; Generation R <sup>30,31</sup> ; GUSTO <sup>30</sup> ; Hong Kong <sup>31</sup> ; NFBC <sup>30</sup> ; Northern Plains <sup>30</sup> ; Pelotas (1993) <sup>30,31</sup> ; Swedish Urban Community <sup>31</sup> ; The Epigenetic Twins Study <sup>30</sup>
Saliva analysis	Salivary buffer capacity <sup>32</sup> ; salivary flow rate <sup>33</sup> ; salivary levels of total IgA, IgG, and IgM <sup>34</sup>	Griffith University Environments for Healthy Living <sup>32</sup> ; NFBC <sup>33</sup> ; Mater Mother <sup>34</sup>
Dental health problem	Self-reported (“Has <child> been to visit the dentist because of a problem with his/her teeth?”)	Growing Up in Ireland
Arch width, micrognathis	Maxillary anterior/posterior arch width, mandibular anterior/posterior arch width	Iowa Facial Growth Study
Tooth wear	Attrition <sup>35</sup> ; primary dentition <sup>36</sup> ; Basic Erosive Wear Examination Index (BEWE) <sup>37</sup>	ABC <sup>35</sup> ; IFS <sup>36</sup> ; NFBC <sup>37</sup>
Self-reported oral health	“Would you say that your dental health (mouth, teeth, denture) is excellent, very good, good, fair or poor?” <sup>38</sup> ; “In your opinion, do you have a healthy mouth without a need of any dental treatment?” <sup>39</sup> ; “Compared to people of your age, how do you consider the condition of your teeth, lips, jaws, or mouth?” <sup>40</sup>	NCDS <sup>38</sup> ; NFBC <sup>39</sup> ; Pelotas (1993) <sup>40</sup>
Number of lost teeth	Clinical examination <sup>41</sup> ; self-reported <sup>42</sup>	Dunedin <sup>41</sup> ; NFBC <sup>42</sup> ; Newcastle Thousand Families Cohort Study <sup>41</sup> ; Osaka Maternal and Child Health Study <sup>42</sup> ; Pacific Islands Families study <sup>42</sup> ; Pelotas (1982) <sup>41</sup>
Dental anxiety/fear	Modified Dental Anxiety Scale (MDAS) Self-reported	NFBC; Dunedin ABC; Pelotas (1982); Pelotas (2004)
Orofacial pain	Self-reported	NFBC
Restorative material	Type of material, tooth, and cavity, long life <sup>43</sup> ; quality of restorations <sup>44</sup> (Modified United States Public Health Service)	Pelotas (1982) <sup>43</sup> ; Pelotas (2004) <sup>44</sup>
Prosthesis needs	World Health Organization criteria	Pelotas (1982)
Bruxism parafunction	Self-reported	Dunedin; Pelotas (1982); Ribeirão Preto
Halitosis	Self-reported	Pelotas (1982)
Dental pain	Self-reported	ABC; Pelotas (1993); Pelotas (2004)

Reference numbers in the second column refer to studies listed in the third column.

ABC, The Australian ABC study; ALSPAC, Avon Longitudinal Study of Parents and Children; Dunedin, The Dunedin Multidisciplinary Health and Development Study; IFS, Iowa Fluoride Study; NCDS, National Child Development Study; NFBC, Northern Finland Birth Cohort; SMILE, Study of Mothers' and Infants' Life Events.

largest and longest birth cohort in a non-high-income country (Harpham et al. 2003). Limited research funds often cannot support more than 1 or 2 rounds of study. Moreover, as members of the cohort reach adulthood, the possibility of movement in search of employment increases, making it difficult to plan and conduct follow-up studies.

We found that caries at the cavitation level was the most common oral condition among these cohort studies. However, recognizing the epidemiological transition of the disease and the development of new tools have encouraged the adoption of new strategies for including the earliest stages of dental caries (Bell et al. 2019; Laajala et al. 2019). The positive side is that

the standardized nature of these new instruments encourages comparability across different cohorts. Although OHRBCSs with periodontal data from adults are few, some explored social factors related to the periodontal diseases and demonstrated that proximal factors, such as dental plaque, use of dental services, and toothbrushing, were not sufficient to overcome the burden imposed by social factors experienced in early life (Peres et al. 2018; Schuch et al. 2019). On a similar note, studies exploring the relationship between periodontitis and systemic diseases suggest that instead of being causally related, these conditions are more likely to happen synchronously by sharing common risk factors. This finding calls into question

**Table 4.** Oral Health-Related Birth Cohort Studies That Included Interventions.

Cohort Name <sup>a</sup>	City or Cities, Country	Cohort Baseline	Recruited (Birth)	Eligibility Criteria	Intervention <sup>b</sup>	Last Follow-up Age	Main Outcome
1. Oral Health Promotion Program (OHPP)	Vorarlberg, Austria	1998	600	Children aged 5 y attending dental examinations at kindergartens	Counseling breastfeeding, diet, pacifier use	5 y	Caries
2. German Birth Cohort	Jena, Germany	2009–2010	1,162	All newborns in the region	Maternal counseling, fluoride varnish and toothpaste	8 y	Caries, DDE, occlusion
3. Toddler Overweight and Tooth Decay Prevention Study (TOTS)	Portland, USA	2006 <sup>c</sup>	272/100% (American Indian)	Births in 4 geographically separated tribal groups under WIC/MCH/ dental clinic structures	Counseling breastfeeding, sugar-sweetened beverages, type of water (community and family levels)	18–30 mo (target 24 mo)	Caries
4. MAYA trial	California, USA	2003–2007	361/97% (Hispanic), 3% (other)	Maternal age of 18–33 y, singleton fetus, and stable local residency, intended to give birth in Mexico	Oral health counseling, chlorhexidine, fluoride varnish	3 y	Caries, microorganisms
5. New Zealand	Aotearoa, New Zealand	2011–2012	200/100% (Māori)	Māori mothers residing within the Waikato-Tainui tribal area	Dental care (pregnancy), fluoride varnish, motivational interviewing, guidance in advance	3 y	Caries
6. São Leopoldo Birth Cohort Study	São Leopoldo, Brazil	2001–2002	500	Full-term, normal-weight babies	Nutritional advice (breastfeeding), healthy weaning (home visits)	4 y	Caries
7. Early Life Nutrition and Health Birth Cohort Study	Porto Alegre, Brazil	2008	715/55% (White), 45% (Black)	Mother–child (<1 y) pairs from municipal health centers (>100 annual appointments)	Guidance on the introduction of high-sugar foods and drinks, duration and frequency of breastfeeding	6 y	Caries, dental trauma
8. Promotion of Breastfeeding Intervention Trial (PROBIT)	Belarus	1997	17,046	Mother–infant pairs from 31 maternity hospitals and polyclinics	Counseling breastfeeding	11 y	Caries
9. The Queensland Birth Cohort Study	Logan-Beaudesert, QLD, Australia	2007–2008	714	Healthy pregnant women from the community birthing clinics in the district	Casein phosphopeptide–amorphous calcium phosphate paste, chlorhexidine gel, oral health promotion	12 y	Caries/cost
10. PROMISE-EBF study	Uganda	2006	765	Pregnant women from 24 clusters	Peer counseling exclusive breastfeeding	5 y	Caries

DDE, Developmental Defects of Enamel Index; MCH, Maternal Child Health; WIC, Women, Infants, and Children.

<sup>a</sup>Reference list: Appendix File 5.

<sup>b</sup>Interventions varied across follow-up.

<sup>c</sup>Follow-up after 18 to 30 mo from the baseline.

the infectious role of periodontal diseases (Shearer et al. 2018; Leite et al. 2020). However, as periodontal diseases appear later in life, few cohorts were able to assess periodontal disease longitudinally (such as the Dunedin study), and most of the current evidence originates from cross-sectional assessments nested within birth cohorts.

### *Intervention Studies*

Intervention studies, such as randomized controlled trials (RCTs) nested in OHRBCSs and RCTs followed up as a cohort study, were identified and described separately in this review. They are overrepresented within high-income countries (Kramer et al. 2009; Seow et al. 2009; Maupome et al. 2010; Broughton et al. 2013; Wagner and Heinrich-Weltzien 2017; Wagner et al. 2020); however, Brazil (Feldens et al. 2010; Chaffee, Vitolo, et al. 2014) and Uganda (Birungi et al. 2016) contributed toward expanding such studies to other parts of the world. These 2 forms of substudies can add value to the original research and encourage future longitudinal studies. When developing an RCT within an OHRBCS, there is a likelihood of significant cost savings in participants' enrollment and during follow-ups. Tracking the developmental of enamel defects and mutans streptococci colonization as risk factors for primary dental caries and evaluating the efficacy of different strategies for reducing the disease early in a child's life, for instance, were gains obtained when RCTs were nested in prospective cohort studies (Seow et al. 2009). Conversely, prospective observational studies were nested within RCTs in Brazil, taking advantage of many socioeconomic, environmental, and nutritional factors assessed throughout the trials (Feldens et al. 2010; Chaffee, Feldens, et al. 2014). Funding opportunities may increase as specific research questions are introduced during birth cohort studies, and the preexistence of structured research may increase new funders' confidence. The retention rate of participants can also be improved with such approaches, as positive RCT results can benefit everyone in the community. On the other hand, interventions may modify the cohort's external validity.

### *Data Linkage Studies*

It was decided to exclude studies from the main analyses where birth cohorts were generated using national or district data registries. The decision was finely balanced, and it is worth considering reasons for this decision as data on health and health-related information are increasingly held electronically, and greater computing power is facilitating linkage between registries. In their favor are the following: 1) a large number of potential subjects are available (often the scope is national), 2) high proportions of the population may have been included in the registers, and 3) the data acquisition is inexpensive compared with face-to-face interviews. Disadvantages include 1) information relevant to the study may not have been collected or was excluded during anonymization, and 2) there are legal and ethical considerations about consent. Data linkage in

OHRBCSs is prevalent in Japan and Scandinavia. For example, in Japan, Tanaka et al. (2015) related pregnancy and early life exposure to tobacco smoke to caries experience at 3 y in 76,920 children, controlling for maternal and child factors. In Sweden, Julihn et al. (2018) related pregnancy and early life experience to caries experience at ages 3 y and 7y in 65,259 children. In both examples, all data were retrieved from electronic registries. The legal and ethical constraints on linking regional or national data registries are being considered in many countries, for example, with the establishment of the Secure Anonymised Information Linkage Databank in the United Kingdom (Mourby et al. 2019) and the Swedish Data Inspection Board, which considers applications for data linkage research (Julihn et al. 2018).

### *Achievements*

The achievements, challenges, and potential of OHRBCSs have been summarized (Peres et al. 2020). In addition, in this review, we identified remarkable achievements over the long history of OHRBCSs. First, more sophisticated data collection methods were incorporated over time: for instance, the understanding of early life predictors and causes was reinforced with the inclusion of more advanced methods, for example, analysis of genetic material and microbiome. In addition, these are likely to minimize misclassification of outcomes, therefore increasing confidence in resulting interventions. Extracting DNA from saliva samples and storing it in biobanks will allow for future genome-wide and full-genome analysis as well as epigenetic studies of some cohorts or the combination of them. We believe that the oldest cohorts' experiences helped improve data collection and change current paradigms of understanding oral diseases. Second, there was an increase in retention rate. While, on the one hand, physical access to cohort members has become more complex, on the other hand, new technologies such as social media and mobile phones make it easier to find and contact them.

Despite the fact that we did not restrict the outcomes to any life stage, it was noticeable that childhood outcomes were more predominant because many cohorts are not yet mature enough to address longer-term outcomes. However, some very longstanding birth cohorts are now following offspring well into adulthood and the later years of life.

### *Limitations*

We may not have captured all relevant articles due to the search strategy and date of the last search. Our inclusion criteria did not distinguish between pregnancy cohorts and birth cohorts, although there may be differences in uptake and information recall between them. We also did not restrict the oral health outcomes to any life stage, widening the information recorded in studies, so that it was suitable for a scoping approach rather than a systematic review. As some identified cohorts had ongoing follow-ups when writing this article, some information might have been missed. Cohorts of pregnant women that investigated

mothers' oral health and perinatal outcomes, rather than the oral health of their offspring, were excluded but are relatively numerous. The strategy to incorporate oral health assessments in a birth cohort study starting during pregnancy and linking these to their descendants' data is not new in high-income countries. Most recently, young birth cohorts found worldwide have the potential to contribute to intergenerational analyses on aspects of oral health. Indeed, OHRBCSs face different challenges and barriers when moving across generations; however, this topic deserves a specific review. Finally, our review included only studies published in English, and this might have led to publication bias—the diverse geographical locations of the studies obliged us to restrict the study language.

### Final Considerations

Birth cohort studies vary in size and scope, but each can contribute much to knowledge. Large cohorts can target rare and chronic diseases, but they need high levels of research funding. Alternatively, well-designed small cohorts investigating novel hypotheses may contribute to new discoveries. The OHRBCSs included in this review revealed significant heterogeneity regarding the investigated exposures. As expected, basic socioeconomic classification, ethnicity, questionnaire definitions, and country- or language-specific assessment tools varied across countries. Also, there was a variation in the level of representativeness of the cohorts. Although challenging, the difficulties these differences create can be overcome by combining, where possible, and harmonizing different cohorts' data to establish future joint projects, adding considerable strength by combined data analyses.

Ultimately, birth cohort studies want to identify early life predictors and causes to inform early interventions to prevent the incidence of poor health and the most appropriate stages in life to intervene. Identifying relevant quality data registries, such as from hospital and health services, and using data linkage is an important strategy for the future. In addition, when designing a new OHRBCS, the insertion of oral health into existing general birth cohorts may be an economic and sensible choice since a diversity of social, biological, behavioral, and general clinical data is likely to be available.

Successful examples of small and large consortia of principal investigators in diverse areas (Richter et al. 2012; Di Credico et al. 2020) can inspire the researchers involved in OHRBCSs, both presently and in the future. Since oral conditions are relatively prevalent, the need for large numbers when studying moderate to weak associations with potential risk and protective factors or common genetic variants studies could be overcome by adopting the strategy of a consortium that would involve some standardization of methods and joint analysis of pooled data. Additional effort to create a standardized reporting database for the OHRBCS registry, following the example of RCTs, would facilitate access to these studies.

This study identified potential members for the formation of an OHRBCS consortium. Efforts will be made to build an OHRBCS consortium as an inclusive process, ensuring a flexible commitment to occasional participation. Small funds to

kickstart establishing the initial infrastructure and a data management center have been already obtained. The hub of the global dissemination will be a joint initiative between the National Dental Research Institute Singapore and SingHealth Duke–NUS Global Health Institute Singapore. Bearing in mind the high costs and long-term follow-up periods of cohort studies, this consortium and pooled data will especially benefit middle/low-income countries. This initiative may further support relevant activities through direct and indirect funding. The OHRBCS consortium will be launched in 2022 to bring together the experiences of more longstanding studies with newly established cohorts to consider a joint research agenda. An executive committee has been created to stimulate potential members to discuss guidelines that include ethical considerations and authorship in combined data analysis and subsequent joint publications. This initiative should provide a rich source of valuable oral health data to be efficiently explored.

### Author Contributions

K.G. Peres, contributed to conception, design, data acquisition, analysis, and interpretation, drafted and critically revised the manuscript; G.G. Nascimento, contributed to design, data acquisition, analysis, and interpretation, drafted and critically revised the manuscript; A. Gupta, L. Schertel Cassiano, contributed to design, data acquisition, and analysis, drafted and critically revised the manuscript; A. Singh, contributed to conception and acquisition, drafted and critically revised the manuscript; A.J. Rugg-Gunn, contributed to conception, design, data analysis, and interpretation, drafted and critically revised the manuscript. All authors gave final approval and agree to be accountable for all aspects of the work.

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