



Published in final edited form as:

J Heart Lung Transplant. 2022 June ; 41(6): 840–848. doi:10.1016/j.healun.2022.01.1377.

Whole Transcriptome Profiling of Prospective Endomyocardial Biopsies Reveals Prognostic and Diagnostic Signatures of Cardiac Allograft Rejection

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Abstract

Background: Heart transplantation provides a significant improvement in survival and quality of life for patients with end-stage heart disease, however many recipients experience different levels of graft rejection that can be associated with significant morbidities and mortality. Current clinical standard-of-care for the evaluation of heart transplant acute rejection (AR) consists of routine endomyocardial biopsy (EMB) followed by visual assessment by histopathology for immune infiltration and cardiomyocyte damage. We assessed whether the sensitivity and/or specificity of this process could be improved upon by adding RNA sequencing (RNA-seq) of EMBs coupled with histopathological interpretation.

Methods: Up to six standard-of-care, or for-cause EMBs, were collected from 26 heart transplant recipients from the prospective observational Clinical Trials of Transplantation (CTOT)-03 study,

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during the first 12-months post-transplant and subjected to RNA-seq (n=125 EMBs total). Differential expression and random-forest-based machine learning were applied to develop signatures for classification and prognostication.

Results: Leveraging the unique longitudinal nature of this study, we show that transcriptional hallmarks for significant rejection events occur months before the actual event and are not visible using traditional histopathology. Using this information, we identified a prognostic signature for 0R/1R biopsies that with 90% accuracy can predict whether the next biopsy will be 2R/3R

Conclusions: RNA-seq-based molecular characterization of EMBs shows significant promise for the early detection of cardiac allograft rejection.

Keywords

Transcriptomics; Cardiac Allograft; Acute Rejection

1. Introduction

Over the last three decades advances in immunosuppression therapies and patient management have yielded substantial gains in survival rates for heart transplant recipients, however, 5-year survival rates remain at only ~74%¹⁻³. One of the major obstacles to extending short- and long-term allograft survival is a lack of robust minimally-invasive biomarkers to diagnose and prognosticate acute rejection (AR) early enough to prevent irreversible damage to the allograft^{1,4}.

While there have been significant advances in non-invasive cell-free nucleic acid-based diagnostics including several large-scale evaluations by the CARGO and GRAFT teams⁵⁻¹⁰, the current diagnostic standard for AR following cardiac transplantation still entails histopathological evaluation of the allograft by endomyocardial biopsy (EMB) using international standards such as The International Society for Heart & Lung Transplantation (ISHLT) 2013 grading system^{11,12}. While these highly invasive procedures have become safer and more standardized in the last few decades¹³, procedural risks still remain, and inter-observer variability in EMB readings greatly impact interpretation¹⁴. Furthermore, as an individual's immune response is dynamic over time, successive biopsies are needed to capture antiallograft immunity. A fundamental limitation of for-cause biopsies, which is a biopsy performed when a patient clinically manifests symptoms of rejection, is that allograft injury and irreversible damage may already have occurred, and patients who develop acute rejection (AR) are at higher risk of developing chronic allograft vasculopathy (CAV) which can progress to a number of comorbidities including allograft loss³.

Increasingly, large-scale molecular profiling by sequencing or other methods has become an integral molecular diagnostic tool used to address clinical problems in other specialties including oncology and infectious disease^{15,16}. In the transplant setting, these techniques also show significant promise. A previous messenger RNA (mRNA) array-based expression study characterizing antibody-mediated rejection (AbMR) versus non-AbMR heart transplant recipient EMBs demonstrated AbMR molecular pathways characterized by endothelial activation with microcirculatory inflammation from monocytes–macrophages

and NK cells¹⁷. Additional recent work by Xiu *et al.* utilized prior expression array datasets to identify signatures associated with t-cell mediated and antibody-mediated rejection¹⁸. While these prior studies have advanced our knowledge of rejection-associated transcriptional regulation, array-based expression platforms have a large number of limitations versus RNA-seq including smaller dynamic range and inability to detect novel transcripts and splicing isoforms^{19,20}. In this current study, we performed the first RNA-sequencing (RNA-seq) study on 125 longitudinal EMB samples prospectively collected as part of the Clinical Trials of Transplantation (CTOT)-03 study with the aim of assessing the sensitivity and specificity of acute rejection diagnoses. The prospective nature of the CTOT-03 study design also allowed us to assess the ability of RNA-seq to prognosticate AR events.

2. Materials and Methods

Clinical Trial of Transplantation (CTOT-03) Study:

The CTOT-03 study is described in detail elsewhere ([NCT:00531921](https://clinicaltrials.gov/ct2/show/study/NCT00531921)) but in brief it is a prospective observational cohort study designed to test associations of proinflammatory pathways of allo-immune response and injury in thoracic (heart and lung) and abdominal (kidney and liver) allografts. The study aims include testing associations between mRNA expression and subsequent incidence of acute rejection and expression of genes involved in cell mediated immunity in recipients of kidney, liver, lung and heart transplants. For the purposes of this study, RNA-seq data were generated from 125 EMBs from 26 CTOT-03 patients recruited from the University of Pennsylvania and the University of Wisconsin, to assess effects of heart allograft gene expression and the relationship with acute rejection.

A dedicated research EMB was collected, at the same time, for up to six standard-of-care and/or for-cause timepoints in the first 12-months post-transplant, and these fresh-frozen EMBs were preserved immediately in RNAlater storage buffer (Thermo Fisher) at -80°C . A representative hematoxylin-eosin (H&E)-stained slide for each clinical biopsy was centralized in each of the two CTOT-03 sites and graded using International Society of Heart and Lung Transplantation consensus definitions. A dedicated Fresh-frozen research EMBs was collected from the donor allograft at the day of transplant (Day 0) and at one week, two weeks, one month, three months, six months and one year post-transplant. For-cause research fresh-frozen EMB timepoints were also collected. A dedicated Fresh-frozen research EMBs was collected from the donor allograft at the day of transplant (Day 0) and at one week, two weeks, one month, three months, six months and one year post-transplant. For-cause research fresh-frozen EMB timepoints were also collected. The EMBs were further independently assessed by two blinded pathologists to arrive at a consensus rejection status grade with adjudication where required. The distribution of grades across the sample cohort is shown in Table 1.

Tissue extraction:

Flash-frozen EMB tissues in RNAlater buffer were homogenized by rotor-stator homogenizer (TissueRuptor, Qiagen), and RNA was purified from the homogenized lysate using RNeasy Blood and Tissue kits (Qiagen). RNA quantity and quality were assessed on

a BioAnalyzer workstation (Agilent) and by Qubit fluorometer (Thermo Fisher). Whole transcriptome libraries were prepared using TruSeq Stranded Total RNA Gold library preparation kits (Illumina) and were multiplexed for RNA sequencing on a HiSeq 2500 instrument (Illumina).

Data analysis:

For RNA-seq libraries, raw data were demultiplexed and converted to FASTQ using *bcl2fastq2* (Illumina). Reads were mapped and quantified to the Ensembl hg38 human reference genome build using the Salmon²¹. Salmon quants were read into R and rolled up to gene level using the *tximport* package. Initial quality control checks determined 9 samples failed sequencing due to low read counts and were removed from downstream analyses. Quality metrics for all samples are detailed in Table S1. The raw feature counts for the remaining 116 samples were normalized using the *edgeR* package in R and differentially expressed genes were calculated using the exact test function in *edgeR* with false-discovery rate correction ($q < 0.01$). Pathway analysis was performed using DAVID pathway analysis tools^{22,23}, utilizing biological pathways from the Kyoto Encyclopedia of Genes and Genomes (KEGG) and Gene Ontology (GO) Immune cell deconvolution was conducted on the contrasts of interest via xCell²⁴. Predictor models for classification of rejection and preceding rejection contrasts were constructed using the *randomForest* package in R. We utilized random forest, a machine learning approach for classification of covariates or biomarkers that optimizes across a large number of decision trees, and is particularly useful for classification across high-dimensional datasets such as RNA-seq. The random forest models were subjected to 10-fold cross validation in which each respective model was trained on 55% of the samples and tested for classification of rejection grade or preceding-rejection on the remaining 45% of samples which were sampled without replacement. Due to vastly more non-rejection samples in the cohort, for the random forest training and test sets the non-rejection samples were down-sampled without replacement to twice the number of rejection samples. Similarly, for the preceding-rejection classifier the preceding-non-rejection samples were down-sampled to twice the number of preceding-rejection samples. The random forest classifier models were evaluated after extracting the true positive, true negative, false positive, and false negative values for each round of cross validation. The models were assessed using metrics of accuracy, sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV), F1 score, false positive rate (FPR), false negative rate (FNR), false discovery rate (FDR), and Matthews correlation coefficient (MCC). MCC is a metric ranging from -1 to 1 to evaluate the quality of classification with 1 representing a perfect classification with agreement of actual and predicted values in all four categories of the confusion matrix and -1 representing a very poor classification with a high rate of disagreement between actual and predicted values that could be generated by random. Accuracy of classification was calculated on the test set by obtaining the fraction for the number of correct predictions out of the total number of samples in the test set. Accuracy of the rejection grade and preceding rejection signatures respectively were assessed through ten rounds of cross-validation with resampling of the training and testing sets each round. An average for each metric was calculated from the ten rounds of cross validation for each respective random forest model. Area under the curve

(AUC) metrics and receiver-operating characteristic (ROC) curve plots were generated using the *ROCR* package in R.

IRB approval:

Institutional review board (IRB) approval and informed written consent from both recipients and organ donor proxies were obtained prior to the recruitment of subjects under the CTOT-03 study ([NCT:00531921](https://clinicaltrials.gov/ct2/show/study/NCT00531921)).

3. Results

3.1. A gene expression signature is associated with AR in EMBs

1.1 Longitudinal fresh-frozen EMBs were available from 50 heart transplant recipients who were enrolled in the CTOT-03 study (see Methods). From this cohort, we selected a subset of 26 patients that had dense sampling of EMBs over the study period for allograft profiling by RNA-seq. In total 125 tissue samples were profiled by RNA-seq. We first assessed expression differences between histopathological-determined rejection (Grade 2R or 3R) and non-rejection states (Grade 0R or 1R) as defined by ISHLT grading. Across the 26 CTOT-03 heart transplant recipients, there were 59 EMBs graded as 0R, 59 graded as 1R and seven EMBs were graded as 2R rejection episodes. We performed a transcriptome-wide Fisher's exact test and pathway analyses to assess differences between 0R/1R and 2R samples. From these data, we observed 1079 genes significantly different between 0R/1R and 2R (FDR $q < 0.01$, Benjamini-Hochberg correction) (Figure 1A & B and Table S2). Of note, a number of these differentially expressed genes have previously been linked to transplant-associated phenotypes, including elevated *PCSK9* association with immunosuppressive therapy²⁵ and *HLA-DRA* associations in peripheral blood with AR²⁶ (Figure 1C). Genes downregulated in the AR setting included *NOMO1*, which is involved in inhibiting cardiomyocyte differentiation²⁷, *FOSB* which is a known response molecule to cardiac injury²⁸, and *EDNRB*, a gene which is associated with cardiac stress tolerance²⁹⁻³¹. To further elucidate functional pathways associated with AR, we performed pathway analyses using the DAVID tool, which assesses whether a differentially expressed gene list is statistically enriched for predefined sets of genes based on biological function or other properties^{22,23,32} (Figure 2A and B). The majority of significant pathways between 0R/1R and 2R/3R biopsies were associated with immune responses including KEGG cytokine-cytokine receptor interaction ($q < 1.54 \times 10^{-15}$) and a number of pathways significantly associated with transplant rejection including the KEGG Graft-Versus-Host Disease pathway ($q < 6.37 \times 10^{-21}$) and KEGG Allograft Rejection ($q < 1.31 \times 10^{-19}$). For the latter pathway, significant genes comprised most facets of AR including donor and recipient antigen presentation, T helper cell mediated immune activation and both cytotoxic CD8⁺ T cells (CTL) and macrophage derived donor tissue destruction. As the majority of significant differences between healthy and AR EMBs were associated with immune-related pathways, we next assessed which classes of immune cells were activated in AR tissues. We performed immune cell deconvolution of the RNA-seq dataset using the xCell algorithm, which estimates the abundance of specific immune cell subtypes in a sample based on the RNA expression levels of cell-specific markers²⁴. Consistent with pathway analysis, AR EMBs were enriched for CD8⁺ naive T-cells ($q < 0.05$).

We assessed overlap of the AR signature with other previously identified signatures. This includes the antibody mediated rejection (AbMR) signature previously identified in Loupy *et al.*¹⁷ as well as t-cell mediated rejection (TCMR) and AbMR signatures curated from large datasets by Xiu *et al.*¹⁸. For the former, we observed that ~30% of genes in the Loupy *et al.* signature, as well as ~20% of the genes in the TCMR signature, are present in our AR signature (Figure S1A). Furthermore, ~36% of the genes in the AbMR signature from Xiu *et al.* (Figure S1B) are present in our AR signature, indicating that while a subset of the characterized genes are novel, there is concordance with prior studies in this area.

3.2 A gene expression classifier for 0R/1R vs 2R acute rejection

As gene expression profiling revealed robust differences between AR and non-rejection EMBs, we next asked whether the differential gene expression signature could be used to classify samples as molecular AR or non-rejection. To do this, we constructed a predictor model using the Random Forest method to classify AR grade from the differentially expressed genes between 0R/1R and 2R/3R samples. The AR predictor model was trained on 55% of the samples, sampled with replacement and tested for classification of rejection grade on the remaining 45% of samples. Overall performance assessed using the area under the curve (AUC) of 0.971 and was plotted using a receiver-operating characteristic (ROC) curve (Figure 3A&B), which illustrates the AR signature's robust performance as a classifier. Classification accuracy averages 92.2%, with a positive predictive value (PPV) of 96.7%, a negative predictive value of 91.2% and a sensitivity, and specificity of 80% and 98.33%, respectively. While it will be important to evaluate this classifier across additional independent datasets, these results suggest that RNA-seq is a highly accurate methodology for classifying rejection and non-rejection specimens.

3.3 A prognostic signature for acute rejection

A subset of rejection-associated gene expression exhibited relatively stable high expression in patients that would later experience a rejection event, especially in non-rejection timepoints that immediately preceded a 2R rejection event (Figure 1A). As such we hypothesized that biopsies adjudicated as non-rejection by traditional histopathological grading exhibit molecular features of early acute rejection as determined by RNA-seq and thus could be prognostic for later acute rejection. In order to test this hypothesis, we divided the set of 0R/1R EMBs into two groups: those immediately preceding a 2R/3R rejection EMB (labeled "preceding-rejection", **PR**) and those 0R/1R EMBs not preceding a 2R/3R EMB (labeled "preceding-non-rejection", **PNR**). We also expanded the analysis to include the entire transcriptome to avoid excluding any genes that may be specifically associated with the PR group. From this, we observed 528 transcripts that were significantly differentially expressed between the PR and the PNR samples ($q < 0.01$) (Figure 4 and Table S3). Intriguingly, top genes upregulated preceding rejection included the double homeobox transactivator *DUX4* as well as two similar pseudogenes *DUX4L19* and *DUX4L26* (Figure 4B). Pathways associated with PR included immune/inflammatory pathways such as cytokine receptor interactions (KEGG $q < 0.01$) as well as genes involved in the inflammatory response (GO, $q < 0.0022$) (Figure 5A and B). Of note, these signals were detected across a variety of time intervals between PR and 2R biopsies, with an average time of 88 days, a minimum of nine days and a maximum of 168 days (Table S4).

We also examined whether these signals persisted after treatment. Non-rejection biopsies immediately following a treated 2R rejection event were distinctly different from other non-rejection biopsies, and by differential gene and pathway expression exhibited higher expression for many of the same genes and pathways associated with Grade 2R events (Figure S2). Specifically, pathways associated with antigen presentation and processing as well as graft versus host disease remained the top overexpressed pathways in these non-rejection biopsies. Thus, while histopathological grading does not indicate AR in these biopsies, gene expression profiles indicate residual AR after treatment.

To evaluate whether gene expression profiling of PR samples could act as an early prognostic marker of acute rejection, we generated a classification model of PR versus non-rejection biopsies using a Random Forest approach. Briefly, the set of 0R/1R PR and PNR biopsies were randomly sampled without replacement into 55% training and 45% test sets. A predictor model was built using the 528 differentially expressed genes between the PR and PNR EMB samples. The model was validated through ten rounds of cross validation with resampling of the training and test sets each round, and classification accuracy is shown via ROC plot in Figure 5C with an AUC of 0.947. Overall statistics show an average classification accuracy of 90% with 90.8% precision (Figure 5D). The NPV was 91.7%, sensitivity was 80% and specificity was 95%. In conclusion, the classifier exhibits strong performance in assessing whether the biopsy is preceding a rejection or non-rejection timepoint, a capability that may be of significant utility in a clinical setting.

4. Discussion

One and five-year survival rates for heart transplant recipients have remained static over the last decade in part due to acute allograft rejection. Although there are differences in reporting accuracies acute rejection is thought to occur in approximately 30% of heart allograft recipients in the first year post-transplant alone³³⁻³⁵. A key focus in improving mortality rates is more rapid and accurate AR diagnosis and intervention, however this can be challenging given the invasive nature of EMB as well as the sensitivity and specificity of histopathological evaluation. Other studies have characterized array-based gene expression changes, in a cross-sectional manner, during acute allograft rejection. In this study we have performed the first large-scale longitudinal characterization which shows that a subset of these transcriptional differences are stable and precede the actual histopathological rejection event in some cases several months before the acute rejection EMB. As such these represent novel putative biomarkers for AR, with higher sensitivity than conventional histopathology. The current gold-standard histological assessment of H&E stains of EMBs is imperfect due to various factors including intra- and inter-pathologist variability in histological classification, or where histological rejection is evident in one EMB for a given recipient but not evident in additional independent EMB from the same timepoint. These limitations impact the sensitivity and specificity and thus the PPV and NPVs of minimally invasive assays such as donor-derived, cell-free (dd-cf)-DNA profiling. Rigorous agnostic assessment and validation of molecular rejection signatures through RNA profiling will thus create a better histological gold standard upon which dd-cf-DNA profiling can be compared against. In a clinical setting, such approaches may ultimately allow for early detection of AR in heart transplant recipients prior to diagnosis by conventional EMB histopathology, thus

allowing for more rapid intervention, limiting irreversible graft injury and improving overall outcomes. While evaluation across larger patient cohorts is needed, we hypothesize that integrating gene expression analysis as a standard step in the histopathological evaluation of EMBs will ultimately reduce the number of biopsies needed (*i.e.* if the prognostic signature is negative, the care team may be able to delay a subsequent biopsy).

The strong concordance observed between histopathological rejection grade and gene expression profiles may have significant clinical implications as a method for molecular characterization of EMBs to improve the diagnosis of acute rejection. While the current study represents the largest collection of EMB RNA-seq profiles ever assembled, the study is still limited by modest sample size. Additionally, while the EMBs were adjudicated by a centralized pathology protocol, differences in standard of care patient treatment protocols and patient characteristics between the CTOT-03 study sites may introduce subtle biases. We are currently expanding the size and diversity of our cohort by including additional EMB patient datasets across multiple heart transplant study sites within the International Genetics & Translational Research in Transplantation Network³⁶. The larger cohort size will increase the number of clinically significant samples available to generate larger training and testing datasets. Additionally, while our approach has shown utility on frozen EMBs, most diagnostic pathology is currently practiced on formalin-fixed paraffin-embedded (FFPE) specimens. As such ongoing work is focused on translating these results to FFPE. Along with clinical translation, a key focus will be on mechanistic study of genes and molecular pathways identified here in order to gain a deeper understanding of the biological underpinnings of AR, including the coordinated timing of early and late rejection targets. Follow-up studies planned by our teams include utilizing a combination of multi-omic, single cell and spatial methods to identify specific cell-types, cell-cell interactions and pathway regulation that comprise AR^{1,37}. Advances in machine learning (ML) of TCMR grading of EMBs has also advanced rapidly³⁸, and such agnostic approaches can also be combined with molecular and conventional histology to improve accuracy. The next iterations of these ML algorithms include AbMR assessment. As these studies have yet to be attempted at a large-scale in the heart transplant setting, we expect that this will provide a wealth of data that may inform the development of novel diagnostics and/or treatments for improving post-transplant survival rates.

In conclusion, we show that RNA-seq reveals a wealth of information regarding the molecular effects of AR in EMBs, most specifically the activation of a multi-faceted immune response involving a wide variety of immune pathways. These signals can be used to accurately classify rejection and non-rejection EMBs and may ultimately be utilized to inform AR diagnosis. Of note, lower levels of these signals already exist in non-rejection biopsies that precede AR diagnosis and can be developed into a highly accurate prognostic classifier that could improve early detection of AR. While this work represents comprehensive transcriptome profiling of 125 prospectively collected biopsies from longitudinal time courses, we expect these efforts will require additional validation and refinement to facilitate clinical deployment. As already evident in oncology and other clinical settings, we expect that next-generation sequencing will soon become an integral tool in transplant biology diagnostic workflows.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

This work was supported by grants from the NIAID (R01AI144522) and CTOT-03 (U01AI063589). BDP was supported by fellowships from the NHLBI (1T32HL098049) and NIDDK (1F32DK100072). Sequencing support was provided by the Stanford Center for Genomics and Personalized Medicine (Grant 1S10OD020141-01).

Glossary

AbMR	antibody-mediated rejection
AR	acute rejection
AUC	area under the curve
CAV	chronic allograft vasculopathy
CTOT	Clinical Trials of Transplantation
dd-cf-DNA	donor-derived cell free DNA
EMB	endomyocardial biopsy
FDR	false discovery rate
FNR	false negative rate
FPR	false positive rate
GO	Gene Ontology
H&E	hematoxylin and eosin
IRB	institutional review board
ISHLT	International Society for Heart and Lung Transplantation
KEGG	Kyoto Encyclopedia of Genes and Genomes
MCC	Matthews correlation coefficient
ML	machine learning
mRNA	messenger RNA
NPV	negative predictive value
PNR	preceding non-rejection
PPV	positive predictive value
PR	preceding rejection

RNA-seq	RNA sequencing
ROC	receiver-operating characteristic
TCMR	t-cell mediated rejection

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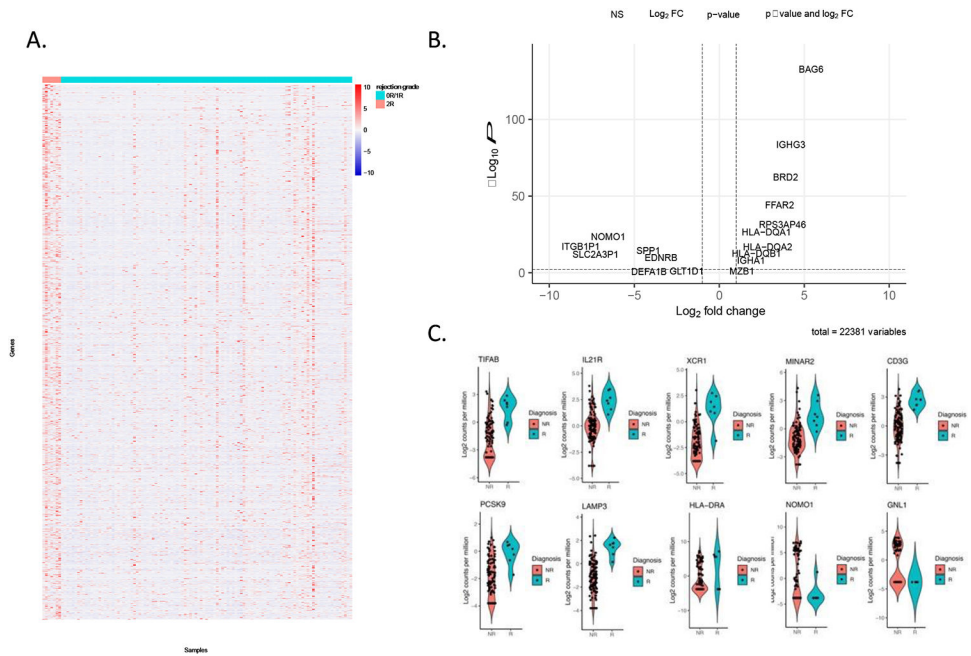


Figure 1. Gene expression differences between rejection and non-rejection specimens.
 A) Heatmap of differentially-expressed genes between AR and non-rejection tissues. B) Volcano plot for the AR and NR comparison. C) Violin plots for selected differentially expressed genes between AR and NR.

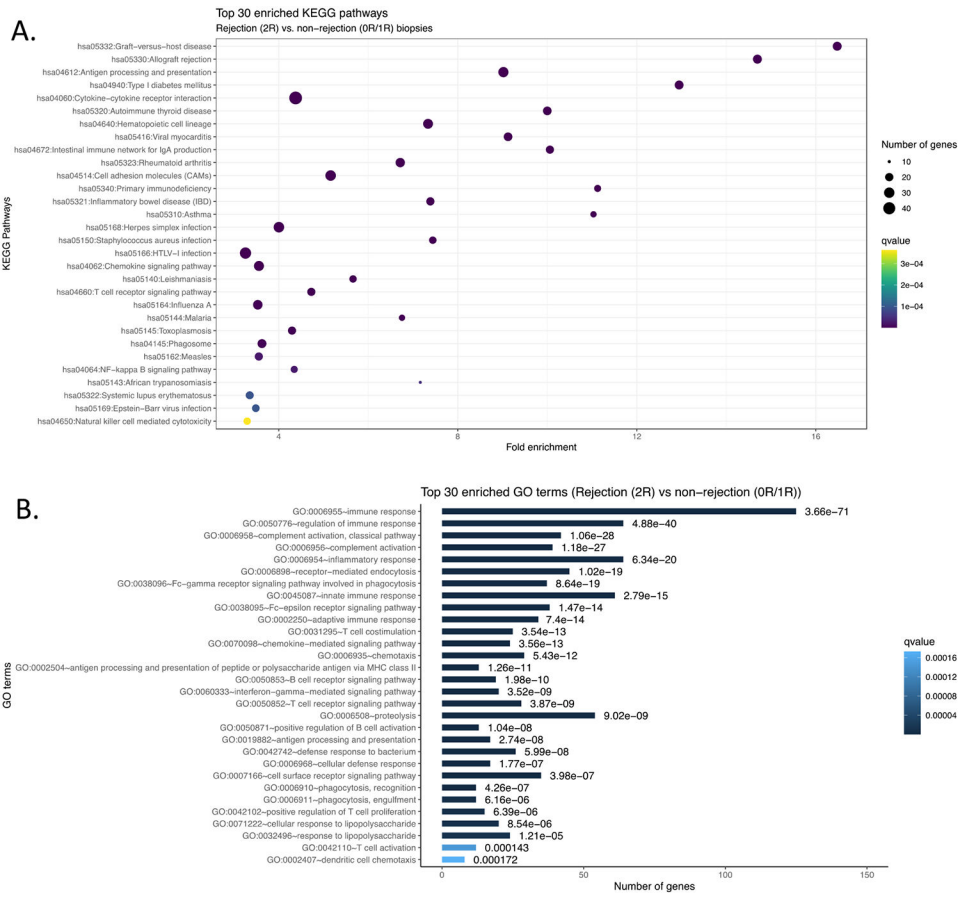


Figure 2. Pathway assessment of AR versus NR genes.

A) KEGG pathway enrichment for AR versus NR genes. B) Gene Ontology enrichment for AR versus NR differentially expressed genes.

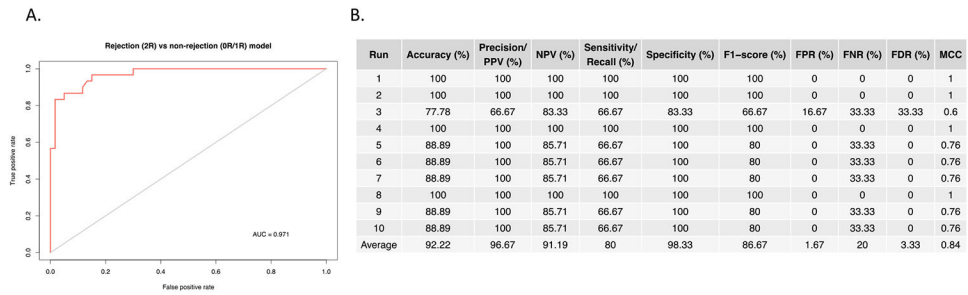


Figure 3. Clinical utility of acute rejection genes.

A). ROC curve for the AR signature as a classifier between rejection and non-rejection biopsies with calculated AUC. B) Performance statistics for Random Forest classification using the AR signature. Abbreviated metrics correspond to the following: positive predictive value (PPV), negative predictive value (NPV), false positive rate (FPR), false negative rate (FNR), false discovery rate (FDR) and Matthews correlation coefficient (MCC).

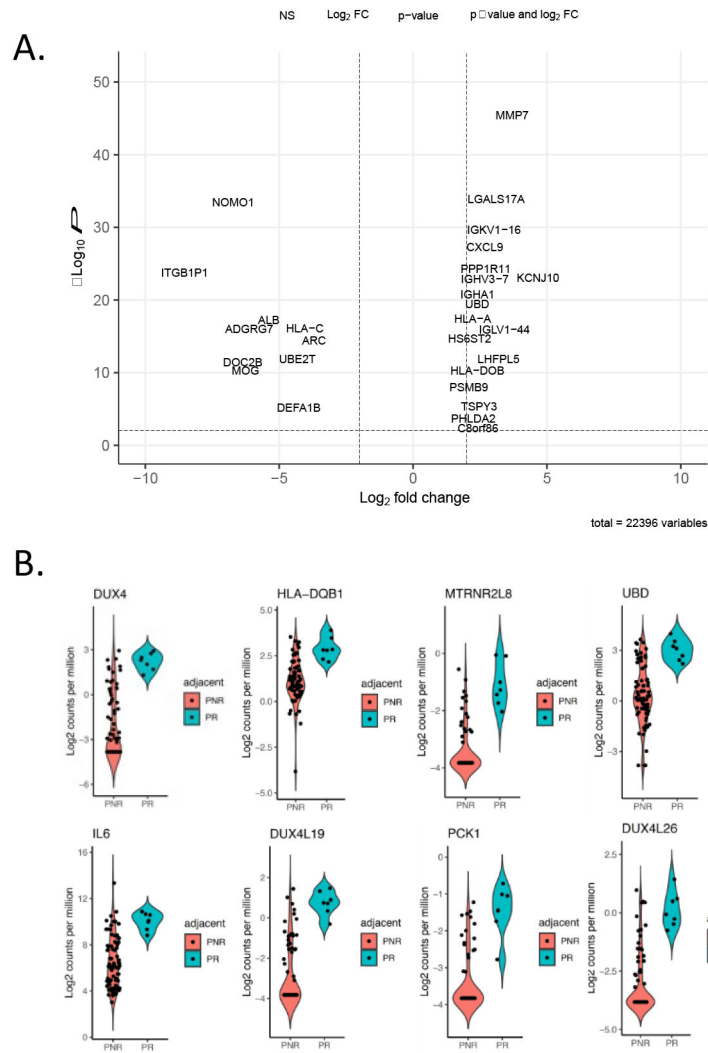


Figure 4. Characterization of non-rejection biopsies: preceding rejection versus preceding non-rejection.
 A) Volcano plot of gene expression differences for PR vs PNR biopsies. B) Volcano plots of top differentially expressed genes between PR and PNR.

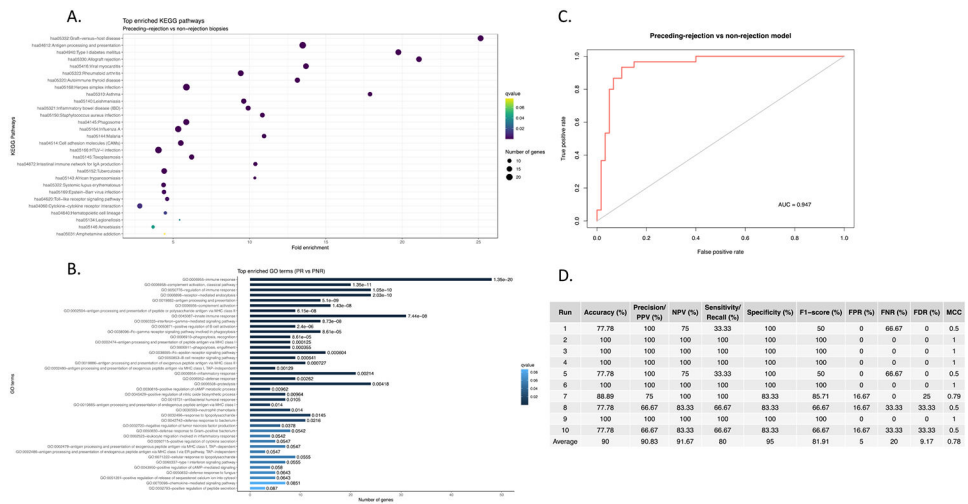


Figure 5. Functional characterization of biopsies preceding rejection.
 A) KEGG pathway enrichment for PR versus PNR gene expression. B) GO pathway enrichment for PR versus PNR biopsies. C) ROC curve for the PR classifier. D) Performance statistics for the PR classifier.

Table 1.

Demographics and Clinical Features of CTOT03 Heart Transplant Participants

	Patients without ACR	Recipients with 2R EMBs
Number of patients	19	7
Donors		
Age (Median[IQR])	37 (21 - 52)	21 (16 - 32)
Gender (Male n, %)	16 (84%)	6 (85%)
Race		
African American (n, %)	2 (11%)	0 (0%)
White (n, %)	16(84%)	5 (71%)
Unknown (n, %)	1 (5%)	2 (29%)
Recipients		
Age (Median[IQR])	60 (53 - 61)	56 (46 - 58)
Gender (Male n, %)	16 (84%)	5 (71%)
Indications for Heart Transplant		
Idiopathic	2 (11%)	3 (43%)
Ischemic	13 (68%)	2 (29%)
Other	4 (21%)	2 (29%)
Ancestry		
African American (n, %)	2 (11%)	1 (14%)
White (n, %)	16(84%)	5(71%)
Unknown (n, %)	1 (5%)	1 (14%)
Study site (HUP, n, %)	12 (63%)	3 (43%)
Time to 1st ACR ($\geq 2R$)(Median[IQR])	NA	58 [9 - 165]