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Recommendations by the ClinGen Rett/Angelman-like Expert Panel for Gene-specific Variant Interpretation Methods

Dianalee McKnight1, **Lora Bean**2, **Izabela Karbassi**3, **Katelynn Beattie**4, **Thierry Bienvenu**5, **Hope Bonin**6, **Ping Fang**7, **John Chrisodoulou**8,11, **Michael Friez**9, **Maria Helgeson**1, **Rahul Krishnaraj**10,11, **Linyan Meng**7, **Lindsey Mighion**4, **Jeffrey Neul**12, **Alan Percy**13, **Simon Ramsden**6, **Huda Zoghbi**7, **Soma Das**¹⁴

1 Invitae

²Perkin Elmer

³Athena Diagnostics

⁴GeneDx

5 Institut de Psychiatrie et de Neurosciences de Paris (IPNP)

⁶Central Manchester University Hospital

⁷Baylor College of Medicine

8Murdoch Childrens Research Institute and the University of Melbourne

⁹Greenwood Genetic Center

¹⁰Children's Hospital at Westmead

11 University of Sydney

¹²Vanderbilt Kennedy Center

13 University of Alabama at Birmingham

¹⁴University of Chicago

Abstract

The genes MECP2, CDKL5, FOXG1, UBE3A, SLC9A6, and TCF4 present unique challenges for current ACMG/AMP variant interpretation guidelines. To address those challenges, the Rett and

Conflict of Interests:

Web Resources:

Corresponding author: Dianalee McKnight, dee.mcknight@invitae.com.

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ClinGen; [http://www.clinicalgenome.org;](http://www.clinicalgenome.org/)

NCBI; [https://www.ncbi.nlm.nih.gov/\)](https://www.ncbi.nlm.nih.gov/),

GTexPortal; <https://gtexportal.org/home/>

ClinVar;<https://www.ncbi.nlm.nih.gov/clinvar/>

HGMD; <http://www.hgmd.cf.ac.uk/ac/search.html>

RettBase <http://mecp2.chw.edu.au/>

Angelman-like Disorders Variant Curation Expert Panel (Rett/AS VCEP) drafted gene-specific modifications. A pilot study was conducted to test the clarity and accuracy of using the customized variant interpretation criteria. Multiple curators obtained the same interpretation for 78 out of the 87 variants (~90%), indicating appropriate usage of the modified guidelines the majority of times by all the curators. The classification of 13 variants changed using these criteria specifications compared to when the variants were originally curated and as present in ClinVar. Many of these changes were due to internal data shared from laboratory members however some changes were because of changes in strength of criteria. There were no two step classification changes and only 1 clinically relevant change (Likely pathogenic to VUS). The Rett/AS VCEP hopes that these gene-specific variant curation rules and the assertions provided help clinicians, clinical laboratories, and others interpret variants in these genes but also other fully penetrant, early-onset genes associated with rare disorders.

Keywords

Rett syndrome; Angelman syndrome; Christianson syndrome; Pitt-Hopkins syndrome; Variant Interpretation; Guidelines

Introduction

The advent of widely available large-scale clinical sequencing, along with the increasing use of genetic information in mainstream medicine, has amplified the acute need for accurate variant interpretation. In an effort to set a professional standard for variant interpretation, the American College of Medical Genetics and Genomics (ACMG) and Association for Molecular Pathology (AMP) established a framework for variant classification (Richards et al., 2015). These guidelines provide an evidence-based, albeit generalized, framework to consistently capture and evaluate evidence from a variety of sources used for variant interpretation. The ACMG/AMP criteria for variant interpretation offers a basic framework for evidence evaluation but does not take into account specific disease characteristics such as severity, penetrance, age of onset, prevalence and even acquired knowledge about a disorder. Therefore, gene-specific criteria are particularly powerful for well-characterized diseases. The Clinical Genome Resource (ClinGen; [http://www.clinicalgenome.org\)](http://www.clinicalgenome.org/), a National Institutes of Health (NIH)-funded resource dedicated to standardizing clinical genetic knowledge, has convened expert groups to adapt and customize the ACMG/AMP framework for use for specific genes, such as *CDH1* (Lee et al., 2018), *MYH7* (Kelly et al., 2018), PTEN (Mester et al., 2018), and RUNX1 (Luo et al., 2019) as well as groups of genes, such as those associated with RASopathies (Gelb et al., 2018) and hearing loss (Oza et al., 2018). Customization of the ACMG/AMP framework for specific genes allows calibration of specification by considering gene-specific clinical and functional knowledge, resulting in a tailored and consistent approach with the goal of the most accurate interpretation.

The Rett/Angelman-like Variant Curation Expert Panel ([https://clinicalgenome.org/](https://clinicalgenome.org/affiliation/50022/) [affiliation/50022/\)](https://clinicalgenome.org/affiliation/50022/) chose the *MECP2*, *CDKL5*, *FOXG1*, *UBE3A*, *SLC9A6* and *TCF4* genes for their frequency in contribution to genetic disease and the clinical similarities of their associated disorders (Cutri-French et al., 2020; Dagli, Mathews, & Williams, 1998; Morrow

& Pescosolido, 2018). Pathogenic variants in MECP2 cause the X-linked (XL) disorder Rett syndrome (MIM#s 312750, 300672, 312750), with a frequency of 1 in ~10,000–23,000 females and rarer in males. Pathogenic variants on the maternally derived UBE3A allele cause the autosomal dominant (AD) disorder Angelman syndrome (MIM# 105830), which is also a relatively common cause of intellectual disability $(1 \text{ in } -12,000-24,000)$. Since pathogenic variants in these genes may be suspected clinically, testing may be ordered alone, or in combination with a few other genes, such as CDKL5 (XL; MIM#s 300672, 308350, 609304), FOXG1 (AD), SLC9A6 (XL; MIM# 300243) and TCF4 (AD; MIM# 610954), which are associated with rarer, but clinically similar disorders (Table 1).

Similarities among the genetic disorders associated with MECP2, UBE3A, CDKL5, FOXG1, SLC9A6 and TCF4 include severe intellectual disability, seizures, and microcephaly. Some of these disorders are marked by more distinguishing features and variable expressivity can be observed. Full penetrance is expected for all AD disorders; however, MECP2 and CDKL5 follow an X-linked dominant inheritance in which females are generally fully affected in addition to males. SLC9A6 carrier females may be unaffected or present with milder features than hemizygous males.

Accurate variant classification is particularly crucial when performing diagnostic genetic testing since identification of a variant as pathogenic or likely pathogenic will likely result in no further testing (e.g., exome or whole genome sequencing) being done, no alternate diagnosis being considered, and possibly guide treatment and disease management for the individual. Subsequently, the Rett/Angelman-like Variant Curation Expert Panel aimed to customize the ACMG/AMP variant interpretation criteria for the MECP2, UBE3A, CDKL5, FOXG1, SLC9A6 and TCF4 genes.

Materials and Methods

ClinGen Rett/Angelman-like Disorders Expert Panel

The ClinGen variant curation expert panel process is FDA recognized, including basic composition of its membership. The basic criteria for variant curation expert panel membership are described in ClinGen's variant curation expert panel protocol ([https://clinicalgenome.org/site/assets/files/3635/](https://clinicalgenome.org/site/assets/files/3635/variant_curation_expert_panel_vcep_protocol_version_9-2.pdf) [variant_curation_expert_panel_vcep_protocol_version_9-2.pdf](https://clinicalgenome.org/site/assets/files/3635/variant_curation_expert_panel_vcep_protocol_version_9-2.pdf)). The membership of the Rett/Angelman-like Expert Panel includes clinical molecular geneticists, clinical laboratory genetic counselors, clinical geneticists, and researchers, all with expertise in MECP2, UBE3A, CDKL5, FOXG1, SLC9A6 and TCF4 and their associated disorders. The clinical molecular geneticists customized the ACMG/AMP variants classification criteria based on variants detected during clinical testing. The research experts defined amino acid residues critical to protein function based on experimental evidence and evaluated in vitro assays reported in the literature. The clinical geneticists developed a consensus list of clinical features associated with each disorder. Subgroups for each gene were created based on experience.

Databases

Gene names and transcripts were reviewed using National Center for Biotechnology Information (NCBI; [https://www.ncbi.nlm.nih.gov/\)](https://www.ncbi.nlm.nih.gov/), and transcript expression was reviewed using the GTexPortal (<https://gtexportal.org/home/>). Databases used to identify variants (pathogenic, likely pathogenic, variants of uncertain significance (VUS), likely benign and benign) were ClinVar ([https://www.ncbi.nlm.nih.gov/clinvar/\)](https://www.ncbi.nlm.nih.gov/clinvar/), The Human Genome Mutation Database (HGMD; [http://www.hgmd.cf.ac.uk/ac/search.html\)](http://www.hgmd.cf.ac.uk/ac/search.html), RettBase ([http://](http://mecp2.chw.edu.au/) [mecp2.chw.edu.au/\)](http://mecp2.chw.edu.au/) and internal clinical laboratory databases. As needed, clinical laboratories were contacted to determine if a reported variant had been confirmed to be de novo. Variant frequency data in individuals unlikely to be affected by a Rett or Angelmanlike disorder were obtained from The Genome Aggregation Database (gnomAD) v2.1.1 dataset.

Development of Gene-specific Classification Criteria

The ACMG/AMP variant interpretation criteria were reviewed. Criteria not applicable to several XL or AD disorders were denoted. More recent guidance on the use of specific criteria related to loss-of-function variants (PVS1) (Abou Tayoun et al., 2018) and functional assays (PS3/BS3) (Brnich et al., 2019) were also considered as well as general recommendations for weighing of de novo variants (PS2/PM6) and use of population frequency as standalone benign evidence (BA1) by the ClinGen Sequence Variant Interpretation (SVI) working group [\(https://clinicalgenome.org/working-groups/](https://clinicalgenome.org/working-groups/sequence-variant-interpretation/) [sequence-variant-interpretation/](https://clinicalgenome.org/working-groups/sequence-variant-interpretation/)). Modifications were made to classification criteria based on gene-specific knowledge and characteristics. The gene-specific criteria were submitted to the ClinGen SVI group and modifications were made based on suggestions of the ClinGen SVI. The modified criteria were approved for use in the pilot study.

Pilot study

A total of 87 variants were selected for the tested genes: CDKL5, FOXG1, MECP2, SLC9A6, TCF4, and UBE3A. All variants chosen for the pilot study were observed in individuals referred for clinical testing. The majority of variants were classified as two-star in ClinVar; these variants were submitted to ClinVar by multiple submitters with assertion criteria and had no conflicts in interpretation. Variants were also chosen to represent different variant types (missense, indels, synonymous, truncating, etc.) and carefully selected in an attempt to test all the different and applicable criteria. To achieve this, some variants were selected from the authors' laboratories to ensure that most criteria could be tested.

Each variant was curated independently by two different curators and an interpretation assigned by each curator. This work was performed by a total of 6 curators who are either laboratory genetic counselors or clinically trained variant analysts. The curators classified the pilot study variants using the proposed gene-specific criteria and documented the evidence used. An additional clinical molecular geneticist reviewed each of the curator's assessments and determined a final classification. The curations and interpretations were then reviewed by a sub-group and a final interpretation was assigned to each variant. Discrepancies in classification and conflicting assessments were reviewed.

Results and Discussion

The large number of reported disease-causing variants in *MECP2*, *UBE3A*, *CDKL5*, FOXG1, and TCF4 allow for greater customization of the ACMG/AMP framework than for other genes with fewer reported affected individuals, including *SLC9A6*. For each gene, the strength of interpretation criteria applicable to the gene and disease mechanism were customized based on identified pathogenic variants. The ACMG/AMP criteria for Rett/ Angelman-like Syndromes specifications are described in the results and summarized in Table 2.

Transcript review.

The transcripts typically used for each gene were reviewed (Table 1). Of note, the last three exons (exons 19–21) of the most commonly analyzed CDKL5 transcript (NM_003159.2) are not part of the brain-expressed transcript (NM_001323289.2). A review of gene expression data from the Genotype-Tissue Expression (GTEx) project reveals that NM_001323289.2 is the most highly expressed transcript not only in brain tissues, but many other tissues as well (Supp. Figure S1a). These transcripts are predicted to produce identical proteins through p.Pro904, at which point NM_003159.2 splices to exons 19–21 and NM_001323289.2 continues in the same exon ending at p.Ter961 (Supp. Figure S1b). We reviewed reported loss-of-function (LOF) variants in each transcript. De novo LOF variants have been reported in the unique sequence of NM_001323289.2, both in the literature and by clinical laboratories in ClinVar. LOF variants have been reported in the unique sequence of NM_003159.2; however, none were demonstrated to be de novo and several were reported with non-classic phenotype. Although clinical consequences of some LOF variants in NM_003159.2 cannot be ruled out, these data indicate that NM_001323289.2 should be considered the main transcript for clinical interpretation.

Criteria customization

Below, we describe customization of the criteria used for variant interpretation, ordered by criteria most applicable for the Rett/Angelman-like genes and where most customization was performed.

Null variant (PVS1)

Specifications to the PVS1 criteria were determined using recent guidance through efforts of the ClinGen SVI group (Abou Tayoun et al., 2018). Variants that fall under this category were sub-divided into 'nonsense and frameshift', 'initiation codon variants', 'canonical splice site variants' and 'intragenic deletions and duplications'. Evidence used to specify or modify criteria included variants confirmed to be *de novo* and the most 3' pathogenic variants reported in an individual with a Rett/Angelman-like phenotype. The information for each gene is summarized in gene specific flowcharts modeled after that described in Abou Tayoun et al. 2018 (Supp. Figure S2).

Nonsense and frameshift.

For MECP2, UBE3A, CDKL5, FOXG1, and TCF4, a nonsense or frameshift variant that results in less than 10% loss of the full length protein has been reported; therefore, a specific PVS1 amino acid cutoff was specified for each gene. Variants downstream of the distal-most de novo truncating variant described were downgraded to either Strong or Moderate based on the presence or absence of additional pathogenic de novo missense variants downstream of the distal-most de novo truncating variant. The presence of a pathogenic missense variant downstream of the distal-most pathogenic truncating variant is indicative of this region being functionally important; therefore, for genes where this occurs, the location of the 3'-most pathogenic missense variant was used as an additional cutoff for Strong and Moderate for variants upstream and downstream respectively (Figure 1).

In MECP2, PVS1 is applicable up to p.Glu472, (ClinVar variation ID 153206) which corresponds to the distal-most de novo truncating variant in an affected patient reported to date (Kleefstra et al., 2002). Any truncating/frameshift variant distal to p.Glu472 should be downgraded to Moderate. PVS1 can be applied to any frameshift variant that results in a read-through of the stop codon, as several such read-through variants have been described in individuals with Rett syndrome (Khajuria et al., 2010; Philippe et al., 2006).

For UBE3A, PVS1 is applicable up to p.Lys841, (ClinVar variationID 169078) which corresponds to the distal-most de novo truncating variant in an affected patient reported to date (Fang et al., 1999). Any truncating variant distal of p.Lys841 should be downgraded to Strong. The distal most de novo non-truncating variant in an affected patient reported to date is at p.Gly850 (ClinVar variation ID 169077) (Martínez et al., 2017). Any truncating variant distal to p.Gly850 should be downgraded to Moderate. PVS1 can be applied to any frameshift variant that results in a read-through of the stop codon, as several such read-through variants have been described in individuals with Angelman syndrome (Fang et al., 1999; Topol, 1989).

In *CDKL5*, when using the major brain isoform (NM_001323289.2), PVS1 is applicable up to p.Arg948, which corresponds to the distal most de novo truncating variant in an affected patient reported to date (ClinVar variation ID: 489299). Any truncating variant distal to p.Arg948 should be downgraded to Moderate. When using NM_003159.2 (the historically used transcript), loss-of-function variants in CDKL5 C-terminus (exons 19–21, or after p.Pro904) should not be considered, as the major brain isoform has an alternative C-terminus (Diebold et al., 2014; Williamson et al., 2012).

For FOXG1, PVS1 is applicable up to p.Ser468 which corresponds to the distal most de novo truncating variant in an affected patient reported to date (Snoeijen-Schouwenaars et al., 2019). Any truncating/frameshift variant distal to p.Ser468 should be downgraded to Strong. The distal most de novo non-truncating variant in an affected patient reported to date is at p.Gln480 (ClinVar variation ID 202845) (Lindy et al., 2018). Any truncating/frameshift variant distal of p.Gln480 should be downgraded to Moderate.

In TCF4, PVS1 is applicable up to p.Glu643 which corresponds to the distal most de novo truncating variant in an affected patient reported to date (Mary et al., 2018). Any

truncating variant distal of p.Glu643 should be downgraded to Moderate. PVS1 can be applied to any frameshift variant that results in a read-through of the stop codon, as several such read-through variants have been described in individuals with Pitt-Hopkins syndrome (Whalen et al., 2012; Zweier et al., 2008).

In SLC9A6, as nonsense or frameshift variants that result in less than 10% loss of the protein have not been reported, a PVS1 cutoff at p.Ala563, which corresponds to the boundary for predicted nonsense-mediated decay (NMD), was used. Any truncating variant between p.Cys564-p.Thr601 (affects NMD and >10% of protein is lost) should be downgraded to Strong, and any truncating variant distal to p.Thr601 (affects NMD and <10% of protein is lost) should be downgraded to Moderate.

Initiation codon variants.

Pathogenic variants have been reported in the initiation codon of UBE3A (Sadhwani et al., 2018); therefore, PVS1 can be used for variants predicted to result in p.Met1? in UBE3A. For CDKL5, FOXG1, SLC9A6 and TCF4, we propose downgrading to Supporting, as initiation codon variants in these genes have not been described to date in affected patients and a downstream putative in-frame methionine start codon is present in each gene with no pathogenic variants described upstream of the putative in-frame methionine. However, for *MECP2*, no criteria are applicable for initiation codon owing to the *MECP2* alternative isoform (NM_001110792.2) that includes exon 1 with an alternate start codon. These are depicted in Figure 1.

Canonical splice site variants.

We assigned different weights to the PVS1 criteria based on whether the variant is predicted to result in an out-of-frame or in-frame product. For variants predicted to result in an outof-frame product, PVS1 can be used with the exception of variants in CDKL5 C-terminus (exons 19–21, or after p.904) when using the NM_003159.2 transcript.

For variants that are predicted to preserve reading frame, we retain the Very Strong level for variants that flank exons for which de novo pathogenic variants in the splice site region have been described to date, which include CDKL5 exons 7, 10, 13 (Maortua et al., 2012; Nemos et al., 2009; Zhang et al., 2012; Zhao et al., 2014); MECP2 exon 3 (Fukuda et al., 2005); $SLC9A6$ exon 10 (Ieda et al., 2019); and $TCF4$ exon 15 (ClinVar allele ID 653987).

We recommend downgrading to Strong for variants that flank exons for which de novo pathogenic variants in the canonical splice site region have not been described to date but where the transcript has been extensively studied and no normal variants in the splice junctions have been reported. In addition, PVS1_strong can be used for variants that affect splicing of UBE3A exon 7 as multiple pathogenic variants in this exon have been reported in affected individuals and would result in an in-frame loss of 55 amino acids which represents 6.4% of protein. PVS1_strong may also be applied for variants that affect splicing of UBE3A exon 8 as pathogenic variants in this exon have been reported in affected individuals and would result in an in-frame loss of 52 amino acids, which represents 6.1% of protein. At least two different variants in the canonical splice sites of UBE3A exon 8 have been described in affected patients but de novo status was not determined, ClinVar ID

421239 (Sadikovic et al., 2014). PVS1_strong may also be applied to variants that affect splicing of $SLC9A6$ exon 3 as non-canonical splice site variants have been described in affected patients, found to segregate in some families, and aberrant mRNA splicing has been demonstrated (Gilfillan et al., 2008; Masurel-Paulet et al., 2016; Tarpey et al., 2009).

We recommend downgrading to Moderate for variants that flank exons for which pathogenic variants in the splice site region have not been described to date. Thus, PVS1_moderate can be applied for variants that affect splicing of *CDKL5* exon 17. To date, only one pathogenic missense variant has been described in this exon in an affected individual. Loss of this exon would result in an in-frame loss of 40 amino acids, which accounts for 3.9% of protein. The information in this section is depicted in Figure 1 and in the gene-specific flowcharts (Supp. Figure S2).

Intragenic deletions/duplications.

Similar to 'canonical splice site variants,' we assigned different weights to the PVS1 criteria based on whether the intragenic deletion is predicted to result in an out-of-frame or in-frame product. For intragenic deletions predicted to result in an out-of-frame product PVS1 can be used. For variants that are predicted to preserve the reading frame, it is recommended to use the gene-specific flow chart (Supp. Figure S2). For single-exon in-frame deletions, we assigned the same strength (PVS1, PVS1_strong, or PVS1_moderate) as we did for canonical splice site variants that preserve the reading frame, as indicated in the previous section. For multiple exon in-frame deletions, we assigned PVS1 to deletions that include single in-frame exons in the PVS1 category listed in the previous splice site section or if the exon contains a functionally important domain as specified for PM1. Given the extensive data available for CDKL5, MECP2, TCF4 and UBE3A, classifications for single or multiexon in-frame deletions are assigned as PVS1 or PVS1_strong. Exceptions include CDKL5 exon 17 (as described above) and SLC9A6 owing to the limited number of pathogenic variants reported to date.

 $CDKL5$ (exon 1) and $TCF4$ (exon 20) are non-coding exons. There is evidence that loss of just non-coding $CDKLS$ exon 1 is pathogenic given previous *de novo* finding in patients affected with CDKL5-disease (ClinVar Allele ID #187442, #187436); therefore, for losses involving just $CDKLS$ exon 1, PVS1 can be applied. For single-exon deletions that involve just TCF4 exon 20, which are not expected to affect the reading frame, PVS1_moderate can be applied.

De Novo (PS2, PM6)

The point system as recommended by ClinGen SVI committee was utilized to determine usage for these criteria [\(https://clinicalgenome.org/site/assets/files/3461/](https://clinicalgenome.org/site/assets/files/3461/svi_proposal_for_de_novo_criteria_v1_0.pdf) [svi_proposal_for_de_novo_criteria_v1_0.pdf](https://clinicalgenome.org/site/assets/files/3461/svi_proposal_for_de_novo_criteria_v1_0.pdf)). Because of the significant de novo rate of pathogenic variants in the genes included within this recommendation (Dagli et al., 1998; Jakimiec, Paprocka, & migiel, 2020; Kaur & Christodoulou, 2001; Morrow & Pescosolido, 2018; Sweetser et al., 2012; Vegas et al., 2018), de novo observations can be attributed the highest value points per proband (2 points for confirmed de novo and 1 point for assumed de novo) if the patient is affected with a neurodevelopmental phenotype consistent with the

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gene. This corresponds to a PS2 for de novo variants with confirmed parental relationships and PM6 for assumed parental relationships. The PS2 criteria is applicable to all genes in affected individuals identified as mosaic for the variant, as the presence of a variant in the mosaic state is confirmatory of the variant being de novo. PM6_strong can be applied for ≥2 independent occurrences of PM6. PM6_very strong can be applied for ≥4 independent occurrences of PM6. PS2_very strong can be applied for either 2 independent occurrences of PS2 or 2 independent occurrences of PM6 and one occurrence of PS2.

Population data (PM2, BA1, BS1)

The use of PM2 (absent from controls) is no longer recommended to be used by the ClinGen SVI committee [\(https://clinicalgenome.org/site/assets/files/5182/pm2_-](https://clinicalgenome.org/site/assets/files/5182/pm2_-_svi_recommendation_-_approved_sept2020.pdf) [_svi_recommendation_-_approved_sept2020.pdf](https://clinicalgenome.org/site/assets/files/5182/pm2_-_svi_recommendation_-_approved_sept2020.pdf)) (Tavtigian et al., 2018). PM2_Supporting can be used if the variant is absent (zero observations) in public databases. It is important to note that because of this change, the ClinGen SVI also recommended a novel criteria combination modification. This modification allows the combination of one Very Strong criterion and one Supporting criterion to reach a classification of Likely pathogenic. For example, the modified combining rule will allow for novel truncating/frameshift variants that use PVS1, to be combined with PM2_supporting but still be classified as Likely Pathogenic. It should be noted that the downgrade of PM2 to PM2_supporting was a recommendation by the SVI for all ClinGen expert panels and not specific to Rett/Angelman-like disorders. Given the severity and rarity of the disease and variants, respectively, of our cohort of genes, we are closely monitoring how this is impacting classifications and re-evaluation of this downgrade and/or adjustment of other criteria may be warranted in the future.

For allele frequency cut-offs supporting Benign classification (BA1, BS1), it is recommended to use large population databases (i.e., gnomAD) and the allele frequency met in any general continental population dataset of at least 2,000 observed alleles. The BA1 criteria may be applied when the variant is present at $\sim 0.0003 (0.03\%)$ in any subpopulation. This cutoff is based on summation of prevalence of genes and based on the most conservative frequencies found in the literature (Table 1, Supp. Table S1). The BS1 criteria is based on the $MECP2$ gene and may be applied when the variant is present at -0.00008 (0.008%) and <0.0003 (0.03%) in any sub-population. (Table 1, Supp. Table S1).

When proposing cutoffs for BA1 and BS1, we noted that though the theoretical disease allele frequency is highest for the X-linked recessive gene, SLC9A6, evaluation of gnomAD v2 data for the frequencies of pathogenic, likely pathogenic, and PVS1-type variants showed that these variants were exceedingly rare and below the MECP2 theoretical prevalence cutoff (MECP2 is comparatively the most common disorder within this subset of genes). This is expected given the severity of the disorders caused by the genes in this evaluation. Additionally, though the calculated cutoff for $SLC9A6$ was conservatively assessed under the X-linked recessive gene model for the purpose of an amalgamated BA1 cutoff, in reality, carrier females are described in the literature as having learning difficulties with mild to moderate intellectual disability, behavioral issues and psychiatric illnesses (Sinajon,

Verbaan, & So, 2016). Therefore, carrier SLC9A6 females may not necessarily be as present in gnomAD as asymptomatic carrier females of other X-linked recessive disorders.

Functional studies/domain (PS3, BS3, PM1, PM4, BP3)

Research expert subgroups reviewed experimental data and functional studies for each gene using updated recommendations (Brnich et al., 2019). Accepted functional assays and expected deleterious result ranges were determined for PS3 usage (well-established in vitro or in vivo functional studies supportive of a damaging effect on the gene or gene product) (Supp. Table S2). Using these updated recommendations, the PS3 criterion was downgraded to Supporting for accepted functional assays for the *MECP2, FOXG1, CDKL5, TCF4* and UBE3A genes. Owing to the paucity of functional assays and data for the $SLC9A6$ gene, the application of PS3 is not recommended. The application of BS3 (well-established in vitro or in vivo functional studies show no damaging effect on protein function) at any weight level is not recommended for any of the genes when functional assays show no aberration, as it is possible that the variant being interrogated may have an effect not picked up by the functional assay being used. PS3 can be used for RNA studies that demonstrate abnormal splicing and an out-of-frame transcript and downgraded to Supporting when an in-frame product is observed. BS3 can be used when RNA studies demonstrate no impact on splicing or transcript composition, and based on quality of data, can be downgraded in instances where the splice effect is demonstrated to be weaker but still present.

Research expert subgroups also reviewed functional domain information for each gene to determine boundaries for well-established functional domains for which the PM1 criteria (located in a mutational hot spot/or critical and well-established functional domain) could be used (Table 3). For MECP2 this included the Methyl-DNA binding and Transcriptional repression domains (Adkins & Georgel, 2011; Lyst et al., 2013), for UBE3A the 3' cysteine binding site (Fang et al., 1999), for CDKL5 the ATP binding region and TEY phosphorylation site (Hector et al., 2017; Krishnaraj, Ho, & Christodoulou, 2017; Raymond et al., 2013; Rosas-Vargas et al., 2008), for FOXG1 the Forkhead domain (Ariani et al., 2008; Mitter et al., 2018) and for TCF4 the Basic Helix-Loop-Helix domain (Amiel et al., 2007; Whalen et al., 2012) (Table 2). No well-established functional domain could be defined for SLC9A6.

There is sufficient data for several genes to refine criteria for protein length changes whether due to in-frame deletions/insertions or stop loss variants (PM4). As larger insertions/ deletions are more detrimental than smaller ones, our expert panel applied a length cut-off for PM4. PM4 may be used for in-frame events of 3 amino acids or larger and downgraded to 'Supporting' criteria for in-frame events of 1 or 2 amino acids unless the event occurs in a functionally important region (see PM1). Repetitive regions for some of the genes were defined where PM4 is not applicable when insertions/deletions occur there (Table 2). The FOXG1 gene has several repetitive regions that are known to be variable in the normal population [poly His (p.His47-p.His57), poly Gln (p.Gln70-p.Gln73) and poly Pro (p.Pro58-p.Pro61; p.Pro65-p.Pro69; p.Pro74-p.Pro80)] (Table 4). For insertions/deletions in these polymorphic repeat regions BP3 can be applied. Stop-loss variants in MECP2 and UBE3A may be upgraded to a 'Strong' criteria since these have been associated with disease

(Bienvenu et al., 2000; Erlandson, Hallberg, Hagberg, Wahlström, & Martinsson, 2001; Sadikovic et al., 2014).

Observations in individuals/phenotype of affected versus unaffected (PS4, PP4, BS2, BP2, BP5)

Due to the severity of the disorders associated with *MECP2*, *UBE3A*, *CDKL5*, *FOXG1*, TCF4 and SLC9A6, a pathogenic variant would be expected to be absent from the population (see BA1). Therefore, a relatively small number of variant observations in affected individuals are needed to provide evidence for pathogenicity, providing the variant is also absent in the population (Supp.Table S1). A similar approach for use of PS4 (the prevalence of the variant in affected individuals is significantly increased compared with the prevalence in controls) was previously reported by the Rasopathies expert panel (Gelb et al., 2018). While detailed phenotypic information is not needed for counting affected individuals, it is important that the individual(s) is affected with a neurodevelopmental phenotype consistent with the gene. Additionally, the individual can be published, observed as an internal case, observed at an outside lab (i.e., via ClinVar), or described in the reputable databases [LOVD (*UBE3A*), RettBASE (*MECP2*, *CDKL5*, *FOXG1*)]. However, independent cases have to be confirmed to be different individuals (i.e., compare sex/age). It is not advised to use PS4 for variants where BS1 is applied or where PM2 does not apply. Additional strengths of PS4 have been recommended based on the number of observed affected individuals.

Given the high penetrance of most pathogenic variants in MECP2, UBE3A, CDKL5, FOXG1, TCF4 and SLC9A6 genes, the observation of a variant in one or more unaffected individuals is valuable information in variant classification. Therefore, BS2 (observed in a healthy adult individual) may be applied when the variant is observed in a healthy adult devoid of neurodevelopmental phenotypes. Observed healthy individuals can come from internal cases in which clinical information is known or published individuals for whom phenotype data are available and the zygosity in the individual would normally be consistent with disease (i.e., heterozygous for FOXG1 and TCF4, hemizygous for SLC9A6, and heterozygous or hemizygous for CDKL5 and MECP2). Population databases such as gnomAD should be used with caution, as the phenotype of individuals in this database, while presumed to be normal/unaffected, cannot be confirmed. Owing to the imprinting nature of disease-causing variants in the UBE3A gene, more observed alleles are needed to meet this criterion and the variant should be observed on the maternally inherited allele. Additional strengths were recommended based on the number of observed unaffected individuals.

Given a paucity of patient data, knock-out mouse models were reviewed to determine whether a variant observed *in trans* with pathogenic variant should be assigned BP2 (Observed in trans with a pathogenic variant for a fully penetrant dominant gene/disorder or observed in cis with a pathogenic variant in any inheritance pattern). The rationale is that individuals cannot survive with two pathogenic alleles in the same gene; therefore, if a variant is observed in trans with a pathogenic variant in a living individual, it would likely be

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considered benign. For the *MECP2* gene, and consistent with a high rate of male mortality, $Mecp2$ –/– mice do not survive (Guy, Hendrich, Holmes, Martin, & Bird, 2001). Similarly, knock-out mice for *Tcf4* and *Foxg1* are also not viable (Flora, Garcia, Thaller, & Zoghbi, 2007; Guy et al., 2001; Hanashima, Li, Shen, Lai, & Fishell, 2004; Zhuang, Cheng, & Weintraub, 1996). Therefore, the BP2 criteria may be applied for *MECP2*, *FOXG1*, or *TCF4* variants in trans with a pathogenic variant. In contrast, Ube3a, Cdk15, and Slc9a6 knock-out mice have all been shown to survive with variable, but viable phenotypes (Jiang et al., 1998; Strømme et al., 2011; Wang et al., 2012). Subsequently, the BP2 criteria is not applicable for *UBE3A, CDKL5*, or *SLC9A6* variants *in trans* with a pathogenic variant. Similarly, BP5 (Variant found in a case with an alternate molecular basis for disease) may be applied when a pathogenic variant in a different gene is identified and that gene is a good clinical fit for the phenotype described in the individual. For example, if a variant in $FOXGI$ is identified in an individual with lissencephaly and an identified pathogenic variant in the PAFAH1B1 gene, the BP5 criteria could be applied to the *FOXG1* variant in question. For UBE3A, the variant should also be maternally inherited in the case with an alternate molecular basis for disease for this criterion to be used. For $SLC9A6$, the variant should be in the hemizygous state in the case with an alternate molecular basis for disease for this criteria to be used.

We do not recommend using BP5 for any of the Rett/Angelman-like Syndrome genes if the variant in question is de novo.

Lastly, when considering details of an affected individual's clinical presentation, PP4 (Patient's phenotype or family history is highly specific for a disease with a single genetic etiology) can be applied in certain instances. Consensus clinical/diagnostic criteria for some of these conditions are available and characteristic clinical features are known for all (Dagli et al., 1998; Fehr et al., 2013; Mitter et al., 2018; Morrow & Pescosolido, 2018; Neul et al., 2010; Zollino et al., 2019). A list of core features is provided in order to meet PP4 criteria for all six genes (Supp. Table S3). In the absence of a single core feature, two or more supportive features can be used in its place and PP4 may still be met (Supp. Table S3). Additionally, if a specific clinical diagnosis is noted or suspected in certain cases, PP4 can be used for MECP2 ('Rett Syndrome'), TCF4 ('Pitt Hopkins syndrome'), and UBE3A ('Angelman syndrome'). The PP4 criteria should only be used in individuals who demonstrate all the clinical features listed and may not be used in neonates and infants in whom all features may not be present. For example, in Rett syndrome regression is key to the diagnosis and typically does not occur until about 18–30 months of age, so prior to that time they do not meet the PP4 criteria. Similarly PP4 should not be used in the prenatal setting.

Segregation (PP1, BS4)

Pathogenic variants in MECP2, UBE3A, CDKL5, FOXG1, and TCF4 frequently occur de novo; however, notable exceptions have been reported. Approximately 30% of pathogenic UBE3A variants are familial (Sadikovic et al., 2014). Similarly, females with pathogenic variants in SLC9A6 (Gilfillan et al., 2008) or, more rarely, MECP2 (Schanen et al., 2004) may have no obvious clinical features of the disorder. Furthermore, recurrent MECP2 variants in patients with a milder than expected phenotype, such as c.397C>T (p.Arg133Cys,

ClinVar Allele ID 26848), and variants observed in non-classic cases with male survival, (c.419C>T, p.Ala140Val ClinVar Allele ID 26862 and c.925C>T, p.Arg309Trp ClinVar Allele ID 143749), have been reported (Lambert et al., 2016; Schönewolf-Greulich et al., 2016; Sheikh et al., 2016). Because of these instances of familial pathogenic variants, the use of PP1 (Cosegregation with disease in multiple affected family members in a gene definitively known to cause the disease) and BS4 (Lack of segregation in a family) are applicable. It is permissible to use cases with milder than expected clinical features; however, it is recommended to confirm that the individual is at least affected with a neurodevelopmental phenotype consistent with the gene. Additionally, cases may be counted from the literature, from databases (e.g., ClinVar, RettBase), or from internal data; however, an effort must be made to ensure that probands are not counted more than once (i.e., by comparing age, sex). Additional strengths of PP1 and BS4 have been recommended based on the number of meiosis or observations in multiple families, respectively (Table 2).

In silico predictions (PP3, BP4, BP7)

For consistency with other ClinGen variant curation expert panels (VCEPs), we used the same in silico tools and cut offs. The in silico tool used for prediction of pathogenicity of missense variants is REVEL, which is an ensemble method for predicting the pathogenicity of missense variants based on a combination of scores from 13 individual tools (Ioannidis et al., 2016). In line with other VCEPs, the cut off for PP3 usage was set at 0.75 and for BP4 usage at 0.15, which corresponds to 5% false positive rate for PP3 and 5% false negative rate for BP4. For splice site variants, a number of the more common splice prediction tools are used, such as MaxEntScan, NNSPLICE and SpliceSiteFinder-like. We recommend a minimum of 3 splice site prediction tools be used and PP3 applied when 3 out of 3 prediction programs support significant splicing alteration or BP4 applied when 2 out of 3 do not support significant splicing alteration. No criteria is applied if only 2 out of 3 prediction programs support significant alteration. We define significant splicing alterations as 15% change to the natural splice site (Houdayer et al., 2012). For a cryptic splice site gain, a significant splicing alteration is defined as $a > 70\%$ gain in prediction strength of the cryptic splice site and the site should be in a location that may be biologically impactful to splicing. For synonymous variants, we defined "not highly conserved" regions as variants with PhastCons score <1 and/or PhyloP score <0.1 and/or the variant is the reference nucleotide in one primate and/or three mammal species, for BP7 criteria usage and which is line with that of other VCEPs. We also clarify that BP4 and BP7 can be used together for synonymous variants.

Criteria that do not apply (PM3, PP2, PP5, BP1, BP6)

Certain criteria are not applicable to the Rett/AS-like genes and are not used. These include PM3 (For recessive disorders, detected in trans with a pathogenic variant), PP2 (Missense variant in a gene that has a low rate of benign missense variation and in which missense variants are a common mechanism of disease) and BP1 (Missense variant in a gene for which primarily truncating variants are known to cause disease). PP5 and BP6 (Reputable source reports variant as either pathogenic or benign, but the evidence is not available to the laboratory to perform an independent evaluation) criteria are not applicable for any

gene/variant, as recommended by ClinGen SVI committee (Biesecker, Harrison, & ClinGen Sequence Variant Interpretation Working Group, 2018).

Results of pilot study.

Using the Rett/Angelman-like Disorders Variant Curation Expert Panel-customized ACMG/AMP variant interpretation criteria for the MECP2, UBE3A, CDKL5, FOXG1, SLC_{9A6} and $TCF₄$ genes (Table 2), curators curating the same variant obtained the same interpretation for 78 out of the 87 variants (90%), indicating appropriate usage of the modified guidelines the majority of times by all the curators. Discrepancies were reviewed for the source of inconsistency, which was nearly entirely due to use of internal data by one of the analysts or in a few instances, misunderstanding of the criteria as written. In response, the wording for several modified criteria was made clearer.

The interpretation of 13 variants changed using these criteria specifications compared to when the variants were originally curated and as present in ClinVar. Four variants changed from Likely Benign to Benign (primarily due to internal data present in labs of members of the Rett/AS-like expert panel), four changed from Pathogenic to Likely Pathogenic (due to the downgrade of the PM2 criteria to PM2_Supporting), two changed from VUS to Likely Benign (due to internal data), two changed from Likely Benign to VUS (both were novel synonymous variants) and one changed from Likely Pathogenic to VUS (initiation codon variant in SLC9A6).

Conclusion

Moving forward, the Rett/Angelman-like Variant Curation Expert Panel will meet on a quarterly basis to conduct variant curation and all variant classifications and supporting evidence will be submitted to ClinVar. All curated variants will have to be approved by at least three core approval members of the expert panel. Core approval members are clinical molecular laboratory directors who have extensive experience and expertise with variant interpretation and signout. The group will focus first on variants with conflicting interpretations in ClinVar, then on pathogenic/likely pathogenic variants with no assertion criteria. The group also plans to perform periodic review of variants with VUS or likely pathogenic interpretation as new information becomes available.

As precision medicine therapies continue to develop for rare diseases, it becomes even more imperative that an accurate and timely variant interpretation is established for affected individuals. It is also recognized that an increasing majority of clinical sequencing being performed comes in the form of large targeted panels and exomes/genomes rather than as targeted single gene tests. As such, a growing number of laboratory geneticists will encounter alterations in these genes requiring higher-level guidance relative to their clinical significance. The genes included in this study have multiple inheritance patterns (i.e., XL recessive/dominant, imprinted, etc.) and are generally fully penetrant. These genes have unique challenges when conducting variant interpretation not yet addressed by other ClinGen Expert Panels. The Rett/Angelman-like Variant Curation Expert Panel hopes that these gene-specific variant curation rules and the assertions provided for variants reviewed by the group will be helpful to clinicians, clinical laboratories, and others interpreting

variants in these genes. In addition, we anticipate that these variant curation rules and specifications may be useful for other fully penetrant, early onset genes associated with rare disorders with severe phenotype, outside of the Rett/Angelman-like category.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Data Availability Statement:

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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Figure 1:

Diagrammatic representation of PVS1 cutoffs for each gene. Cutoffs for nonsense and frameshift variants are indicated in red. In-frame exons for each gene are indicated in blue with the respective PVS1 strengths indicated for deletion/skipping of these exons also in blue. PVS1 strengths for variants affecting the initiation codon are indicated in green. MECP2: NM_004992.3 / ENST00000303391.10; UBE3A: NM_130838.4 / ENST00000438097.6; CDKL5: NM_003159.2 / ENST00000379996.7 (top), NM_001323289.2 / ENST00000623535.1 (bottom); FOXG1: NM_005249.4 / ENST00000313071.6; SLC9A6: NM_006359.2 / ENST00000370698.7; TCF4: NM_001083962.1 / ENST00000354452.7

Rett/Angelman-like genes

Rett/Angelman-like genes

Table 1:

** MM: Mental retardation, X-linked syndromic, Christianson type MIM: Mental retardation, X-linked syndromic, Christianson type

Table 2:

Summary of ACMG-AMP Criteria for Rett/Angelman-like Syndromes

CDKL5 (NM_001323289.2), FOXG1 (NM_005249.4), MECP2 (NM_004992.3), SLC9A6 (NM_006359.2), TCF4 (NM_001083962.1), UBE3A (NM_130838.2)

Key: **Disease-Specific:** Disease-specific modifications based on what is known about disorders; **Strength:** Increasing or decreasing strength of criteria based on the amount of evidence; **N/A:** not applicable for genes; **None:** no changes made to existing criteria definitions.

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Table 3.

Functional domains eligible for PM1 criteria. Functional domains eligible for **PM1** criteria.

Table 4.

Repetitive protein domains. Repetitive protein domains.

