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Preventing unfolded protein response-induced ion channel dysregulation to treat arrhythmias

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Abstract

Cardiomyopathies are associated with arrhythmias and cardiac ion channel downregulation. This downregulation is arrhythmogenic. Paradoxically, antiarrhythmic therapies are based on ion channel-blocking drugs that further downregulate these channels and exhibit pro-arrhythmia risk. Recent studies have shown that inhibition of the protein kinase RNA-like ER kinase (PERK) arm of the unfolded protein response prevents select cardiac ion channel downregulation and plays a protective role against arrhythmias. Prevention of ion channel downregulation represents as a novel therapeutic strategy to treat arrhythmias in myocardial infarction and heart failure.

Keywords

cardiac ion channel; myocardial infarction; mRNA degradation; therapy; heart failure

Downregulation of ion channels is a fundamental mechanism causing arrhythmic risk in cardiomyopathy.

Heart failure (HF) is associated with sudden cardiac death and characterized by arrhythmogenic electrical remodeling, which includes downregulations of many cardiac ion channels and transporters that contribute to action potential (AP) (see Glossary) prolongation, QT prolongation on the surface electrocardiogram (ECG), and increased arrhythmic risk [1–4]. Cardiac ion channels are often downregulated in both ischemic and nonischemic cardiomyopathies (Table 1, also reviewed in [5, 6]). Decreased cardiac $Na⁺$ channel (Na_v1.5) protein and current (I_{Na}) in HF cause a decreased upstroke velocity (dV/dt_{max}) of the AP [2, 7–9], which contributes to slow conduction, a prerequisite for reentrant arrhythmias, and jeopardizes impulse propagation in heart tissue. Human and animal studies reveal downregulations of multiple K^+ channel currents in cardiomyopathy (Table 1) [4, 10]. These current reductions have been linked to reduced transcription,

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translation, and expression of the corresponding channel subunits [3, 4, 10]. The loss of K+ channel repolarizing current causes AP duration (APD) prolongation and its corollary QT prolongation. Prolonged QT interval is also associated with another basic mechanism of arrhythmia known as triggered activity that contributes to polymorphic ventricular tachycardia known as Torsades de Pointes [4].

Current anti-arrhythmic medications are ion channel-blocking drugs such as Vaughan Williams class Ia (such as quinidine and procainamide) and Ic agents (such as flecainide and propafenone) that block $Na_v1.5$, and class III agents that block $K⁺$ channels (such as amiodarone and sotalol). These agents further inhibit ion channel activity and evoke significant proarrhythmia risk that is worsened by the presence of cardiomyopathy (see Clinician's corner).

It is well established that lower cardiac contractile function is inversely associated with arrhythmic risk. Moreover, the unfolded protein response (UPR) is activated in cardiomyopathic states with low contractile function, ion channels are downregulated in cardiomyopathy, and ion channel downregulation can contribute to arrhythmic risk [11– 13]. This led us to the idea that UPR may contribute to ion channel downregulation and arrhythmic risk in cardiomyopathy. Recent studies have shown that preventing the cardiomyopathy-induced ion channel downregulations has the advantage of reducing arrhythmia free from the proarrhythmic effects of the ion channel blocking drugs [2, 7, 14–16]. These observations explain the correlation of drug-induced proarrhythmic risk with cardiomyopathic severity and suggest a new therapeutic strategy for antiarrhythmic therapy by preventing the ion channel downregulations associated with HF.

The UPR is one mechanism contributing to ion channel downregulation in cardiomyopathy

Various cardiovascular diseases such as HF [2, 11, 12], myocardial infarction (MI) [17, 18], ischemia/reperfusion [19], dilated cardiomyopathy [20], and hypertension [21] have been associated with the UPR of the endoplasmic reticulum (ER) or sarcoplasmic reticulum [11– 13]. The ER is the location for transmembrane protein translation, folding and assembling before trafficking to the plasma membrane, which are crucial for cardiac ion channels and transporter activity. Classically, the UPR is a mechanism that responds to ER protein overload by activation of protein refolding, protein degradation, and inhibition of nascent protein translation.

Three independent arms of UPR have different effects on cardiac proteins and arrhythmia

The UPR signaling pathway has at least three main effectors: protein kinase RNAlike ER kinase (PERK), inositol-requiring enzyme-1 (IRE1), and activating transcription factor-6α (ATF6α). When unfolded/misfolded proteins accumulate in the ER lumen, glucose-regulated protein/78 kDa (Grp78) dissociates from PERK, IRE1, and ATF6α, leading to their activation. Activation of these central UPR effectors initiate complicated signaling cascades to increase gene expression and translation of ER chaperones such as Grp78, which restore the protein folding capacity. On the other hand, activated UPR inhibits

protein expression of most other proteins by enhancing mRNA degradation, inhibiting protein translation, and accelerating protein degradation. Under mild ER stress, the UPR acts as an adaptive mechanism to improve ER protein refolding, degrade misfolded proteins, and reestablish the ER homeostasis. Nevertheless, under severe ER stress, the UPR, especially the PERK and IRE1 arms, can shut down the synthesis of many important proteins, leading to cell apoptosis [22]. Cardiomyocyte apoptosis may, itself, contribute to the electrical and structural inhomogeneities known to worsen arrhythmias.

The signals for UPR activation during cardiomyopathy are a matter of speculation, but the PERK arm of UPR is activated in human failing hearts, at least in part, because of abnormal $SCN5A$ (encoding Na_v1.5 α subunit) mRNA splicing that results in increased truncated, nonfunctional $\text{Na}_{\text{v}}1.5$ proteins trapped in the ER [2]. Since activated PERK can decrease the full-length $SCN5A/Na_v1.5$ expression, this suggests a vicious cycle of abnormal $SCN5A$ splice variants activating the UPR, which then degrades more *SCN5A* ultimately resulting in a feed forward reduction in I_{Na} .

The PERK arm of the UPR.—The PERK arm mainly plays detrimental roles in HF and MI by downregulation of multiple cardiac ion channels via increasing mRNA degradation [2, 15], which causes electrical remodeling and contributes to increased arrhythmic risk (Figure 1). For example, PERK activation in HF and MI inhibits $Na_v1.5$ [2, 15]. PERK also downregulates multiple K^+ channels [2, 15, 23]. PERK inhibition has shown protective effects against MI [15, 17, 18, 24] and decreased ventricular arrhythmias in MI [15].

The IRE1 arm of the UPR.—The IRE1 arm is the most conserved UPR arm that exists from yeast to mammalians. Its activation has been reported in human failing heart [25, 26] and animal models of MI [15]. Inhibition of IRE1 under physiological conditions downregulates some channels and prolongs the APD [23], suggesting that the IRE1 arm contributes to maintaining the expression levels of channels. Nevertheless, when cardiomyocytes are under ER stress and the APD is prolonged, inhibition of the IRE1 arm increases certain channel expressions and shortens the APD [23], indicating that IRE1 downregulates certain channels under ER stress and plays a detrimental role (Figure 1).

The ATF6α **arm of the UPR.—**Activation of the ATF6α arm has been observed in human HF [27] and animal models of MI [15]. Activation of the ATF6α arm has be reported to show both protective [28, 29] and detrimental effects [20, 30, 31]. ATF6α is essential as an adaptive responder to optimize protein folding, secretion, and degradation, protecting cells from chronic ER stress. When activated, it enhances the gene expression of UPR chaperones and protein disulfide isomerase, induces antioxidant gene expression [29], and promotes ER-associated misfolded protein degradation [32], all of which are likely to alleviate ER stress. ATF6α is activated in ischemia but inactivated upon reperfusion, and overexpression of ATF6α protects the heart from ischemia [28, 29]. Different effects of ATF6α on arrhythmic risks have been reported. A positive effect of ATF6α is reported on AF, where a decreased expression level of ATF6 is associated with AF susceptibility [33]. A negative effect of ATF6α is reported in high glucose treated cells, where ATF6α activation is associated with defected hERG trafficking and decreased hERG protein expression and

The three independent arms of UPR have different effects on cardiac proteins and arrhythmia (Figure 1). Only the effect of inhibition of the PERK arm on arrhythmic risk has been tested directly and the effect was determined immediately after MI. As noted above, when cardiomyocytes are under ER stress and the APD is prolonged, inhibition of the IRE1 arm increases certain channel expressions and shortens the APD [23], indicating that IRE1 downregulates certain channels under ER stress and may play a detrimental role to prolong APD. Although not tested directly, this would imply that IRE1 inhibition might be anti-arrhythmic in pathological conditions. Activation of the ATF6α arm has be reported to show both protective [33] and detrimental effects [31] on arrhythmias.

There is little literature on the effects of altering the UPR in conditions other than MI. Cardiac-specific overexpression or depletion of UPR effectors has been performed in studies on mouse models of ischemia/reperfusion and transverse aortic constriction (TAC) (reviewed in [34]). Depletion of the PERK arm (PERK and CHOP) in TAC models shows mainly protection against pressure overload-induced HF [35, 36]. Overexpression of PERK or ATF4 also increases autophagy and causes increased cardiac atrophy [37]. Overexpression of ATF4 in atrial cells increases cytotoxicity and apoptosis [38]. Overexpression of IRE1, sXBP1, or ATF6α mainly presents protection against ischemia reperfusion-induced apoptosis and infarction [28, 29, 39]. The effect of these alterations on arrhythmias remains to be determined.

UPR regulates a set of channels important for heart rhythm

Although most channels are downregulated in HF, the UPR arms are selective in regulating ion channels (Table 2). Studies show that PERK regulates human $Na_v1.5$, the rapidly inactivating K⁺ channel (K_v4.3, conducting I_{to}), hERG, and the slowly inactivating K⁺ channel (K_vLQT1 or K_v7.1, conducting I_{Ks}) [2, 23], and Na_v1.5/K_v4.3/the voltage-gated K⁺ channel, shaker-subfamily member 5 (K_v1.5, conducting I_{Kur}) in mice [15]. PERK also shows activation of ryanodine receptor 2 channel activity that leads to Ca^{2+} leaks, causing early and delayed afterdepolarizations (EADs and DADs) in rats [40]. The IRE1 arm modulates human Na_v1.5/hERG/K_vLQT1/the L-types of Ca²⁺ channels (Ca_v1.2 conducting I_{Cal}) [23] and $Na_v1.5/K_v1.5$ /the inward rectifying K⁺ channel (Kir2.1, conducting I_{K1}) in mice (unpublished data). ATF6α seems to regulate hERG channel trafficking [31, 41, 42] and its regulation on other channels are unknown. The mechanisms underlying this selectivity are still unknown, but selective UPR-mediated ubiquitination has been suggested as one possibility [43, 44]. Despite this selectivity, inhibition of the PERK arm alone is antiarrhythmic [2, 15], suggesting that preventing downregulation of a subset of channels reduced in HF is sufficient to prevent arrhythmias and implying that select channels may be central to acquired arrhythmogenesis.

We suggest that a downregulation of ion channel protein increases the risk of arrhythmias in cardiomyopathy. This idea is consistent with many inherited arrhythmic syndromes, such as Brugada Syndrome and most Long QT Syndromes wherein ion channel activity is downregulated. It is of course true that ion channel overactivity can increase the risk

of arrhythmias in some cases, for example Long QT syndrome type 3, and overactivity participates directly in the maintenance of arrhythmias. Therefore, any antiarrhythmic therapy would have to consider the effects of increasing ion channel currents beyond normal levels. Nevertheless, by inhibiting mechanisms of ion channel downregulation activated in pathological circumstances, we have not seen an overactivity of ion channels or an increase in arrhythmic risk, and this approach may be safer than a direct upregulation of a particular ion channel.

UPR works mostly at the mRNA level to regulate arrhythmias.

While classically, PERK is thought to reduce protein levels directly by inhibiting translation, data suggest that a fundamental mechanism of UPR activity is to regulate mRNA abundance levels (Figure 1) [15, 23]. The mechanism of this effect is unknown, but phosphorylation of PERK-eIF2α in the UPR activation can regulate the nonsense-mediated RNA decay pathway, which is well known to play a role in RNA quality regulation and rapidly degrade mRNA [45]. PERK regulates the expression of noncoding RNAs such as the miR-424(322)-503 cluster and miR-483, which further affect the mRNA levels of their respective targets [46, 47].

UPR and oxidative stress.

ER stress and oxidative stress are correlated and can be induced by each other [21, 48]. Oxidative stress has been reported to cause arrhythmias and downregulate ion channels. Therefore, part of the UPR inhibition effect may be because of reduced oxidative stress. Mitochondrial oxidative stress downregulates $Na_v1.5$ at the post-translational level by affecting single channel current of $Na_v1.5$ without altering the channel protein expression [49–51]. NADPH oxidase-induced oxidative stress decreases $K_v4.3$ mRNA and protein levels, suggesting a modulation at the transcriptional level [52]. Inhibition of oxidative stress may allow for reversal of a post-translational regulation of Na^+ -Ca²⁺ exchanger (NCX) [53], and decreased I_{Cal} and I_{K1} [54–56].

Future directions: Implementing UPR inhibition for arrhythmias.

Possible treatments to inhibit UPR in cardiomyopathy include applications of specific inhibitors and genetic knockdown of the UPR arms. The specificity of UPR inhibitors is important to ensure that only the harmful arm(s), for example the PERK arm in MI, is inhibited, while the other arms are still activated to help suppress the ER stress. Reported PERK inhibitors include GSK2606414, apelin-13, panax quinquefolium saponin, and atorvastatin [15, 17, 18, 24, 57]. There are also specific inhibitors for IRE1 (such as 4μ8c, STF-083010, MKC-3946) [58–60] and for ATF6α (such as 4-(2-aminoethyl) benzenesulfonyl fluoride) [61]. Possible drawbacks of UPR inhibition could be sustained ER stress and inhibition of UPR regulation on maintaining important basal cellular functions, such as pancreatic β cell function, which can be impaired by PERK inhibition with GSK2656157 or genetic knockout with decreased proinsulin and insulin levels [62]. Nevertheless, ISRIB, which acts on eIF2α (downstream of PERK) by reversing its phosphorylation, shows no pancreatic toxicity [63]. It may be that drugs need to be used transiently and specific timing still needs to be investigated. Genetic knockdown of the

harmful arms has an advantage of only targeting the heart (for example using AAV9-based virus infection) and therefore maintain the UPR function in other organs at the same time. Genetic inhibition also avoids possible side effects of chemical inhibitors. Aside from GSK2606414 in mouse MI, the effects of drugs on arrhythmic risk in cardiomyopathy remain to be determined.

Another approach to implementing modulation of the UPR for treating arrhythmias is the use of chemical protein chaperones. Chemical chaperones, such as taurine-conjugated ursodeoxycholic acid, 4-phenylbutyric acid (4-PBA) and 4-PBA analogs (2-POAA-OMe, 2-POAA-NO2, and 2-NOAA) exhibit significant effects on reducing cardiac damage by suppressing the ER stress in hypertension and obesity-induced cardiac hypertrophy [64–66], but it remains to be seen if these agents will have similar effects to inhibiting the main UPR effectors.

Concluding Remarks

Preventing downregulation of a set of ion channels by inhibiting the PERK arm of the UPR has been shown to prevent arrhythmias during cardiomyopathy [2, 15]. The concept that preventing ion channel downregulation by pathogenic processes active in cardiomyopathy can reduce arrhythmic risk has proven to extend beyond just the effects of the UPR. In addition to inhibiting the UPR, reducing oxidative stress [7, 50], minimizing metabolic stress [49], preventing pathogenic mRNA splicing by RBM25/LUC7L3 [67], inhibiting the effects of miR-448 [16], and upregulating the mRNA stabilizing protein, HuR, [14, 68] have been shown to reduce arrhythmic risk in cardiomyopathy without showing new proarrhythmic risk. Nevertheless, there are a number of outstanding questions and limitations of our current knowledge that would need to be addressed to apply these concepts to patients (see Outstanding questions and limitations). In summary, PERK inhibition in cardiomyopathy may represent a novel antiarrhythmic strategy, and the success of this strategy may point to a larger conceptual idea that preventing ion channel dysregulation rather than blocking ion channels is the future of antiarrhythmic therapy.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Glossary:

AP action potential. The cardiac AP is generated by the opening and closing of cardiac ion channels in the cardiomyocyte plasma membrane. $Na_v1.5$ governs the initial AP depolarization. Cardiac K^+ and Ca^{2+} channels determine the characteristic plateau of the AP. Inward rectifying K^+ channels set the resting membrane potential.

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Text Boxes:

Clinician's corner

- **1.** All current anti-arrhythmic drugs block ion channels.
- **2.** All current anti-arrhythmic drugs can induce arrhythmic, especially in cardiomyopathies, a phenomenon called proarrhythmia.
- **3.** Most ion channels are downregulated in cardiomyopathies, and raising ion channel levels is antiarrhythmic without proarrhythmic risk.
- **4.** Therefore, it seems likely that the proarrhythmia seen with ion channel blocking drugs is inherent to the mechanism of action and that new strategies to prevent the downregulation of ion channels may be more effective and less risky than current medications.

Outstanding questions and limitations

- Why is the PERK effect on ion channels mostly at the RNA level?
- **•** Why, if PERK regulates only a subset of channels, can PERK inhibition be anti-arrhythmic?
- **•** Does PERK inhibition have similar effects in all forms of cardiomyopathy, and can PERK be inhibited without affecting contractile function, which also is correlated with arrhythmic risk?
- **•** Does the antiarrhythmic effect of UPR inhibition vary by disease state, type of arrhythmia, heart chamber, gender, age, and other noncardiac, concurrent diseases?
- The UPR is a ubiquitous process that has salutary and deleterious effects in many organs. Any therapeutic targeting of the UPR for arrhythmic risk would need to consider off-target effects on other organs or be directed solely to the heart.
- **•** When identified, addressing the upstream activators of the UPR may be a more effective antiarrhythmic strategy with less off-target effects than downstream strategies that address the effects of UPR activation.

Highlights

- **•** Cardiac ion channels are often downregulated in cardiomyopathies and this downregulation contributes to lethal arrhythmias.
- **•** Current treatments for arrhythmias with ion channel blocking drugs are proarrhythmic.
- **•** Activation of the UPR in cardiomyopathies contributes to the downregulation of cardiac ion channels
- **•** Inhibiting the PERK arm of UPR can prevent ion channel downregulation and is antiarrhythmic.
- **•** Preventing ion channel downregulation can reduce arrhythmic risk with no proarrhythmic potential and represents a new treatment paradigm.

Figure 1.

The adverse effects of the UPR on cardiac electrophysiology. Inhibition of these effects may reduce arrhythmic risk in cardiomyopathies. The PERK and IRE1 arm downregulate multiple cardiac ion channels at the mRNA level, and ATF6α increases hERG protein degradation and causes trafficking defects. These deleterious effects alter cardiomyocyte action potential (APD prolongation and dV/dt_{max} reduction) and prolong QT intervals of the ECG, leading to increased arrhythmic risks. UPR inhibition can normalize channel alterations, raise channel functions and improve arrhythmias in cardiomyopathies.

Table 1.

Cardiac ion channels are reported to be downregulated in cardiomyopathies of human and animal models at mRNA, protein, and current levels.

AP=action potential; APD=action potential duration; AF=atrial fibrillation; DADs=delayed afterdepolarizations; EADs-early afterdepolarizations; ECG=electrocardiogram; HF=heart failure; MI=myocardial infarction.

Table 2.

Selective regulation of the three UPR arms on cardiac ion channels.

