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Diagnostic performance of neuroimaging in suspected idiopathic intracranial hypertension

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Abstract

The diagnostic utility of neuroradiologic signs associated with idiopathic intracranial hypertension (IIH) for the evaluation of patients presenting with papilloedema remains vet to be elucidated. This multicentre retrospective cohort study assessed consecutive patients presenting with suspected papilloedema to Auckland District Health Board (NZ) and Stanford University Medical Centre (US), between 2005 to 2019, undergoing magnetic resonance imaging and venography (MRI/ MRV) or computed tomography and venography (CT/CTV) prior to lumbar puncture assessment for diagnostic suspicion of IIH. Data were collected regarding demographic, clinical, radiologic, and lumbar puncture parameters, and the diagnosis of IIH was determined according to the Friedman criteria for primary pseudotumor cerebri syndrome. A total of 204 participants (174 females; mean±SD age 29.9±12.2 years) were included, and 156 (76.5%) participants fulfilled the diagnostic criteria for IIH. The presence of any IIH-associated radiologic sign on MRI/MRV demonstrated a sensitivity (95% CI) of 74.8% (65.8%-82.0%) and specificity (95% CI) of 94.7% (82.7%–98.5%), while radiologic signs on CT/CTV exhibited a sensitivity (95% CI) of 61.0% (49.9%-71.2%) and specificity (95% CI) of 100.0% (83.2%-100.0%). In summary, the modest sensitivities of radiologic signs of IIH would support the routine use of lumbar puncture assessment following neuroimaging to secure the diagnosis. However, the high specificities might lend limited support for the judicious deferment of lumbar puncture assessment among typical IIH demographic patients who consent to the inherent small risk of missed pathology, which has been proposed by some clinicians.

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Keywords

Intracranial hypertension; pseudotumor cerebri; diagnosis; radiology; imaging; computed tomography; magnetic resonance imaging

INTRODUCTION

Idiopathic intracranial hypertension (IIH) is a complex neuro-ophthalmic condition, characterised by increased intracranial pressure in the absence of an identifiable causative factor, such as an intracranial tumour or other central nervous system disease.[1] The primary symptoms of IIH include headache, nausea and vomiting, pulsatile tinnitus, vision loss, and diplopia,[2, 3] which are recognised to have profound impacts on quality of life and visual function.[4–6] The condition demonstrates a striking predilection towards obese women of reproductive age,[7, 8] and the population incidence has been projected to rise with the growing prevalence of obesity globally.[8, 9]

According to the updated Friedman (2013) criteria for primary pseudotumor cerebri syndrome, the diagnosis of IIH requires the presence of papilloedema; the exclusion of hydrocephalus, intracranial mass, structural and vascular lesions on neuroimaging; normal cerebrospinal fluid (CSF) composition and elevated opening pressure on lumbar puncture; and the exclusion of other treatable etiological causes.[1] Gadolinium-enhanced magnetic resonance imaging and venography (MRI/MRV) is typically recommended as the neuroimaging modality of choice to minimise radiation exposure, although contrast-enhanced computed tomography and venography (CT/CTV) can also be used as an alternative when MRI/MRV is unavailable.[1]

In recent decades, there has been growing recognition of a constellation of neuroradiologic signs associated with IIH, including empty sella, posterior scleral flattening, optic nerve sheath distension, transverse venous sinus stenosis, and cerebellar tonsillar herniation. [10-14] A number of case-control studies comparing patients diagnosed with IIH and healthy control subjects have demonstrated potential diagnostic utility of neuroradiologic signs.[10, 11, 14-27] Recent diagnostic criteria have included neuroradiologic signs to support the diagnosis of IIH in patients with lumbar puncture opening pressures below the cut-off.[1, 28] However, the discriminative performance reported in earlier casecontrol studies might be overestimated secondary to selection bias of control subjects, and the studies were often limited to single centre settings.[10, 11] Furthermore, the diagnostic utility of neuroradiologic signs for the evaluation of patients presenting with bilateral papilloedema remains yet to be elucidated, and is a common clinical situation encountered by ophthalmologists, neurologists, and emergency physicians. The purpose of this multicentre retrospective cohort study was therefore to assess the diagnostic performance of neuroradiologic signs among patients with suspected IIH presenting with papilloedema.

METHODS

Patients

This multicentre retrospective cohort study followed the tenets of the Declaration of Helsinki and was approved by the two institutional review boards. A waiver of informed consent was granted due to the retrospective non-interventional study design. Consecutive patients presenting with bilateral optic nerve head appearances concerning for papilloedema, between June 2005 to March 2017 at Greenlane Clinical Centre, Auckland District Health Board, Auckland, New Zealand, and between March 2010 to July 2019 at Stanford University Medical Centre, Palo Alto, California, United States, were screened for inclusion from electronic and written medical records. Eligibility criteria required patients to have undergone a complete dilated ophthalmic assessment by a general or neuro-ophthalmologist. Patients were also required have undergone gadolinium-enhanced MRI/MRV or contrastenhanced CT/CTV prior to lumbar puncture CSF analysis and opening pressure assessment for diagnostic suspicion of IIH. Exclusion criteria included previous established diagnosis of IIH or raised intracranial pressure: previous optic nerve sheath fenestration, CSF diversion, or venous sinus stenting procedures; previous history of head trauma, congenital cranial malformation, or subarachnoid haemorrhage; previous established diagnosis of underlying optic nerve or retinal disease; and previous history of malignancy. Patients who had symptoms of meningitis, including fever and nuchal rigidity, were also excluded. None of the subjects underwent any clinical interventions between neuroimaging and lumbar puncture.

Measurements

Clinical records were reviewed to extract data on demographic and clinical characteristics including age, sex, body mass index, and lumbar puncture opening pressure, as well as the presence of neuroradiologic signs associated with IIH, including optic nerve sheath distension, posterior scleral flattening, transverse venous sinus stenosis, empty or partially empty sella, increased optic nerve sheath tortuosity, caudal descent of cerebellar tonsils, and protrusion of the optic nerve head.[10–14] Gadolinium-enhanced MRI/MRV were completed with 1.5T (1.5T SIGNA, Chicago, US) or 3T MRI scanners (3T Siemens Skyra, Munich, Germany) with standard head coils and a routine protocol including sagittal T1, axial T2, FLAIR, and susceptibility weighted sequences. Contrast-enhanced CT/CTV were obtained using 128-slice CT scanners (Siemens Definition FLASH, Munich, Germany or Phillips Brilliance iCT, Best, Netherlands). All MRI/MRV and CT/CTV imaging were reviewed by experienced consultant radiologists that were not blinded to the clinical indication for neuroimaging to generate clinical radiology reports from which the presence of the signs was abstracted.

The diagnosis of IIH was determined according to the updated Friedman (2013) criteria for primary pseudotumor cerebri syndrome,[1] which requires the presence of papilloedema; normal neurological examination except for cranial nerve abnormalities; normal brain parenchyma on neuroimaging without hydrocephalus, mass, structural lesions or meningeal enhancement; normal CSF composition; an elevated lumbar puncture opening pressure of

25 cm CSF in adults, and 28 cm CSF in children; and the exclusion of other treatable etiological causes.

Statistics

Statistical analysis was performed using R version 4.0.2 (R Foundation, Vienna, Austria). Inter-group comparisons of continuous variables were performed using the independent samples t-test following confirmation with normality testing (Shapiro-Wilk p>0.05), and categorical data analysed using Fisher's exact test. Diagnostic accuracy values for neuroradiologic signs in classifying IIH were evaluated, and confidence intervals about proportions were calculated using the Wilson score method. All tests were two-tailed, and p<0.05 was considered significant.

RESULTS

Participant flow is illustrated in Figure 1, and demographic and clinical characteristics summarised in Table 1. A total of 204 participants (30 males and 174 females), with a mean \pm SD age of 29.9 \pm 12.2 years, met the eligibility criteria for study inclusion. 156 (76.5%) participants fulfilled the diagnostic criteria for IIH, and 48 (23.5%) participants did not. Participants with IIH were younger (27.8 \pm 9.6 versus 36.5 \pm 16.5 years, p<0.001) and had higher body mass index than those that did not (36.1 \pm 8.3 versus 29.7 \pm 7.5 kg/m², p<0.001). The diagnoses of participants without IIH are summarised in Figure 1, and included 27 patients with pseudopapilloedema, 9 patients with non-idiopathic causes for intracranial hypertension, 7 patients with migraine headache, and 5 patients with other causes of optic nerve oedema.

Diagnostic accuracy values of neuroradiologic signs for detecting IIH are presented in Table 2. Overall, the presence of any radiologic sign on MRI/MRV demonstrated a sensitivity (95% CI) of 74.8% (65.8%–82.0%) and specificity (95% CI) of 94.7% (82.7%–98.5%), while the presence of any radiologic sign on CT/CTV demonstrated a sensitivity (95% CI) of 61.0% (49.9%–71.2%) and specificity (95% CI) of 100.0% (49.9%–71.2%). Individual radiologic signs of IIH on MRI/MRV and CT/CTV had sensitivities ranging from 0.9–74.8% and specificities ranging from 94.7% to 100.0%. Transverse venous sinus stenosis was the single radiologic feature demonstrating the highest sensitivity value for both neuroimaging modalities, with a sensitivity (95% CI) of 53.3% (43.9%–62.4%) for MRI/MRV, and a sensitivity (95% CI) of 45.5% (34.8%–56.5%) for CT/CTV.

False positive neuroimaging signs were detected in 2 patients (both female, aged 36 and 44 years, Table 3), including 1 patient diagnosed with meningitis, and 1 patient with leptomeningeal carcinomatosis. Both patients had elevated lumbar puncture opening pressure, but had no previous history of malignancy, and exhibited no symptoms of meningitis, such as fever or nuchal rigidity.

False negative neuroimaging signs were detected in 27 patients undergoing MRI/MRV, and 30 patients undergoing CT/CTV (Table 4). For both neuroimaging modalities, there were no significant differences in age, sex, body mass index, and lumbar puncture opening pressure between false negative and true positive cases (all p>0.30).

DISCUSSION

The findings of this multicentre retrospective cohort study clarified the diagnostic potential of neuroradiologic signs in IIH suspects presenting with papilloedema, which is the patient population most commonly referred to the neuro-ophthalmic clinic. Neuroradiologic signs of IIH detected on MRI/MRV and CT/CTV exhibited high diagnostic specificity values of 95% or higher, but only modest sensitivities of 75% or lower. Furthermore, there were no significant differences in the overall discriminative performance between the two neuroimaging modalities, MRI/MRV and CT/CTV.

The high specificity values of neuroimaging signs in both modalities in the current study are consistent with the trends highlighted in previous reports,[10, 11, 14–27] and reinforce that neuroimaging signs support a diagnosis of IIH in a patient with papilloedema. In the current cohort, the presence of any radiologic signs on MRI/MRV demonstrated a diagnostic specificity of 94.7%, while the detection of any radiologic features on CT/CTV exhibited a specificity of 100.0%. Specificity values of individual radiologic signs on MRI/MRV and CT/CTV for diagnosing IIH also ranged between 94.7 to 100.0%. However, it is noted that the two false positive cases had elevated lumbar puncture opening pressure, and thus the specificities for the detection of raised intracranial pressure would be even higher. The two patients had no previous history of malignancy, and exhibited no symptoms of meningitis, such as fever or nuchal rigidity. In both cases, a provisional diagnosis of IIH based on neuroimaging features and lumbar puncture opening pressure assessment, prior to obtaining the results of CSF analysis, caused some degree of delay in initiating medically appropriate treatment.

The specificity values reported in the current study were comparable with a recent metaanalysis of 21 case-control studies incorporating 724 patients, which reported that individual radiologic signs on MRI/MRV demonstrated pooled specificity values ranging from 84.0 to 97.1%.[10] Another pooled analysis of 14 case-control studies also reported that individual radiologic signs on MRI/MRV or CT/CTV demonstrated pooled specificity values ranging from 83 to 95%.[11] It is possible that the slightly higher specificity values observed in the current cohort might have been partially attributed to the study inclusion criteria, which required the presence of papilloedema with suspicion for IIH, and would make the study conclusions particularly relevant to the clinical management of patients typically referred to the neuro-ophthalmic clinic for diagnostic workup for IIH. These findings are similar to those reported in earlier case-control studies which recruited healthy controls as a comparison group to patients diagnosed with IIH,[10, 11] and complementary to a recent study of patients undergoing MRI for any reason which did not support diagnostic utility of MRI signs of raised intracranial pressure in this broader population.[29]

In agreement with the results reported in previous case-control studies,[10, 11, 14–27] the sensitivity values of radiologic signs in both neuroimaging modalities were relatively modest in the current cohort, and reinforce that the absence of neuroimaging signs does not exclude a diagnosis of IIH. The presence of any radiologic signs on MRI/MRV demonstrated a sensitivity of 74.8%, while the detection of any radiologic features on CT/CTV exhibited a sensitivity of 61.0%. Sensitivity values of individual radiologic signs of IIH on MRI/MRV

and CT/CTV, also ranged between 0.9 to 53.3%. These trends are comparable with those highlighted in two earlier meta-analyses, which report that individual radiologic features on MRI/MRV or CT/CTV demonstrated pooled sensitivity values ranging from 6.1 to 84.4%.[10, 11] It is acknowledged that the lower sensitivity values of some of the individual neuroimaging signs may potentially be related to underreporting by radiologists in diagnostic study reports, particularly in time-pressured clinical contexts. In the current cohort, transverse venous sinus stenosis was the single radiologic feature demonstrating the highest sensitivities for both neuroimaging modalities, which is also consistent with the findings reported in previous case-control studies.[10, 11, 16, 19]

Overall, the modest sensitivity values of 75% or less observed in the current study would reaffirm that the absence of radiologic features on neuroimaging is insufficient to exclude out a diagnosis of IIH. This supports the routine requirement for lumbar puncture opening pressure assessment and CSF analysis in patients with absent neuroradiologic signs, consistent with the updated Friedman (2013) criteria for primary pseudotumor cerebri syndrome and other IIH diagnostic criteria.[1] Though the specificities of neuroimaging signs were high, there were 2 (1.0%) cases of false positive neuroradiologic signs, both of which had alternative diagnoses necessitating different treatment that were identified on the basis of abnormal CSF analysis following lumbar puncture. This supports the routine requirement for lumbar puncture opening pressure assessment and CSF analysis in patients with radiographic signs of IIH. However, the high specificities of 95% or more might lend limited support for the judicious deferment of lumbar puncture assessment among typical IIH demographic patients who consent to the inherent small risk of missed pathology, in settings where the condition is responsive to medical treatment, as proposed by a subset of clinicians.[30–32]

The results of this study also showed that the overall discriminative performance of radiologic signs detected on MRI/MRV and CT/CTV were similar. These findings would support the recommendations of the updated Friedman (2013) criteria, which suggest the use of CT/CTV as an alternative neuroimaging modality when MRI/MRV are unavailable.[1] However, it is noted that the conduct of non-invasive venography did not differ significantly between the two neuroimaging modalities in the current study. The most sensitive radiologic sign on CT/CTV was transverse sinus stenosis, which highlights the importance of ensuring the incorporation of non-invasive venography when selecting computed tomography as a substitute modality for magnetic resonance imaging.[1]

This study is not without limitations. It is acknowledged that the retrospective design and the inclusion criteria requiring the presence of papilloedema with diagnostic suspicion for IIH may introduce selection bias. However, the inclusion criteria of the current study were intended to facilitate investigation of the diagnostic utility of neuroimaging among patients with suspected IIH presenting with papilloedema, in contrast to previous case-control studies that compared patients diagnosed with IIH and healthy control subjects.[10, 11] In addition, it is acknowledged that the findings of the current study might not be generalisable to atypical presentations of IIH, including cases of abducens nerve palsy in the absence of papilloedema. The assessing radiologists were not blinded to the clinical indication for neuroimaging, and the potential for this to lead to overcalling of certain radiologic signs

cannot be excluded. It is also possible that not all neuroimaging signs were comprehensively evaluated, secondary to the time constraints associated with radiology reporting in the clinical setting. Nevertheless, the study findings are clinically relevant from the standpoint of the diagnosing clinician making management decisions on the basis of radiology reports alone.

In conclusion, the modest sensitivities of radiologic signs of IIH would support the routine requirement for lumbar puncture assessment following neuroimaging. However, the high specificities might lend limited support to the proposals from a subset of clinicians for judicious deferment of lumbar puncture assessment among typical IIH demographic patients who consent to the inherent small risk of missed pathology, in settings where the condition is responsive to medical treatment.

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HIGHLIGHTS

- Multicentre retrospective analysis of 204 patients with suspected papilloedema.
- 156 participants fulfilled the Friedman criteria for primary pseudotumor cerebri.
- MRI/MRV signs exhibited a sensitivity of 74.8% and specificity of 94.7% for IIH.
- CT/CTV signs exhibited a sensitivity of 61.0% and specificity of 100.0% for IIH.





Participants screened for eligibility (n=254)

Figure 1: Study participant flow.

Table 1:

Demographic and clinical characteristics of patients.

		Idiopathic int	tracranial hyp	ertension
Characteristic	Total (n=204)	Present (n=156)	Absent (n=48)	p-value
Age (years)	29.9 ± 12.2	27.8 ± 9.6	36.5 ± 16.5	< 0.001
Male sex	30 (14.7%)	19 (12.2%)	11 (22.9%)	0.10
Body mass index (kg/m ²)	34.5 ± 8.6	36.1 ± 8.3	29.7 ± 7.5	< 0.001
MRI and MR venography performed	145 (71.1%)	107 (68.6%)	38 (79.2%)	0.20
CT and CT venography performed	96 (47.1%)	77 (49.4%)	19 (39.6%)	0.25
Lumbar puncture opening pressure (cmCSF)	34.2 ± 10.5	37.6 ± 8.1	23.5 ± 10.0	< 0.001

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Table 2:

Diagnostic accuracy values of radiologic signs in detecting the presence of idiopathic intracranial hypertension.

		MRI and MR vene IIH present (n=10)	ography (n=145) 7); absent (n=38)			CT and CT venog IIH present (n=77);	raphy (n=96) ; absent (n=19)	
Radiologic sign	Sensitivity (95% CI)	Specificity (95% CI)	Positive likelihood ratio (95% CI)	Negative likelihood ratio (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)	Positive likelihood ratio (95% CI)	Negative likelihood ratio (95% CI)
Any radiologic feature of IIH	74.8% (65.8%–82.0%)	94.7% (82.7%–98.5%)	14.21 (3.67–54.99)	0.27 (0.19-0.37)	61.0% (49.9%–71.2%)	$\frac{100.0\%}{(83.2\%-100.0\%)}$	I	0.39 (0.29-0.52)
Optic nerve sheath distension	31.8% (23.7%–41.1%)	94.7% (82.7%–98.5%)	6.04 (1.52–23.93)	0.72 (0.62–0.84)	$\frac{16.9\%}{(10.1\%{-}26.8\%)}$	$\frac{100.0\%}{(83.2\%{-}100.0\%)}$	-	0.83 (0.75–0.92)
Posterior scleral flattening	24.3% (17.2%–33.3%)	$\frac{100.0\%}{(90.8\%{-}100.0\%)}$		0.76 (0.68–0.84)	6.5% (2.8%-14.3%)	$\frac{100.0\%}{(83.2\%{-}100.0\%)}$	-	0.94 ($0.88-0.99$)
Transverse venous sinus stenosis	53.3% (43.9%–62.4%)	97.4% (86.5%–99.5%)	20.24 (2.90–141.17)	0.48 (0.39–0.59)	$\begin{array}{c} 45.5\% \\ (34.8\%{-}56.5\%) \end{array}$	$\frac{100.0\%}{(83.2\%{-}100.0\%)}$		0.55 (0.44-0.67)
Empty or partially empty sella	29.9% (22.1%–39.2%)	97.4% (86.5%–99.5%)	11.36 (1.61 -80.33)	0.72 (0.63 -0.82)	40.3% (30.0%-51.4%)	$\frac{100.0\%}{(83.2\%{-}100.0\%)}$	-	0.60 ($0.50-0.72$)
Increased tortuosity of optic nerve sheath	5.6% (2.6%-11.7%)	$\frac{100.0\%}{(90.8\% - 100.0\%)}$		0.94 ($0.90-0.99$)	2.6% ($0.7\% - 9.0\%$)	$\frac{100.0\%}{(83.2\%-100.0\%)}$		0.97 (0.94–1.01)
Caudal descent of cerebellar tonsils	3.7% (1.5%-9.2%)	$\frac{100.0\%}{(90.8\%{-}100.0\%)}$		0.96 (0.93–1.00)	3.9% ($0.8\% -11.0\%$)	$\frac{100.0\%}{(83.2\%-100.0\%)}$	-	0.96 (0.92–1.01)
Protrusion of optic nerve head	3.7% (1.5%-9.2%)	97.4% (86.5%–99.5%)	1.42 (0.16–12.32)	0.99 (0.93–1.05)	2.6% (0.7%-9.0%)	$\frac{100.0\%}{(83.2\%-100.0\%)}$	-	0.97 (0.94–1.01)
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Table 3:

Summary of cases with false positive neuroimaging findings.

Age range	Sex	Body mass index (kg/m ²)	Neuroimaging features	Lumbar puncture opening pressure (cm CSF)	Diagnosis
30s	Female	27.5	Transverse sinus narrowing, optic nerve sheath distension, empty sella, protrusion of optic nerve head on MRI and MR venography	34	Meningitis
40s	Female	46.3	Optic nerve sheath distension on MRI and MR venography.	30	Leptomeningeal carcinomatosis

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	MRI ar	nd MR venography		CT an	d CT venography	
	True positive cases (n=80)	False negative cases (n=27)	p-value	True positive cases (n=47)	False negative cases (n=30)	p-value
Age (years)	28.6 ± 9.7	26.4 ± 11.3	0.33	28.2 ± 10.0	28.1 ± 10.2	0.97
Male sex	11 (13.8%)	6 (22.2%)	0.36	3 (6.4%)	2 (6.7%)	>0.99
Body mass index (kg/m ²)	35.7 ± 8.9	35.2 ± 6.6	0.79	36.5 ± 9.3	36.4 ± 8.0	0.96
Lumbar puncture opening pressure (cmCSF)	37.4 ± 8.1	36.9 ± 7.7	0.76	38.8 ± 8.8	38.2 ± 7.8	0.76