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COVID-19 social distancing measures and economic growth: Distinguishing short- and long-term effects

Badar Nadeem Ashraf^a, John W. Goodell^{b,*}

- ^a School of Finance, Jiangxi University of Finance and Economics, Nanchang 330013, China
- ^b College of Business, The University of Akron, Akron, OH 44325, USA

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ABSTRACT

Social distancing policies have been criticized for their adverse effect on economies. However, we evidence that while they have a short-run adverse effect, they also have a long-run recovery effect on economic growth. Utilizing quarterly gross domestic product (GDP) growth rate data from OECD member states, we find that the medium-term recovery effect of stringent social distancing policies on economic growth is three times higher the short-term adverse effect. We additionally investigate social distancing measures with sub-components of GDP, as well as the conditioning roles of institutional factors.

1. Introduction

Since the onset of the COVID-19 outbreak in early 2020, government policies to ensure social distancing to slow down the spread of the highly contagious disease have been the topic of heated debate. Social distancing policies have been widely criticized for their adverse effect on economic activity. In this paper, we utilize quarterly actual gross domestic product (GDP) growth data to examine the short- and medium-term impact of social distancing policies on GDP growth rates.

Intuitively, social distancing measures aimed to reduce social contact would be expected to not only adversely affect the economic sectors involving extensive social interactions, but also other less socially networked sectors through input-output linkages. Reduced mobility leads to economic downturn due to reductions in labor supply and individual consumption (Eichenbaum et al., 2020). COVID-19 driven economic shock, including shutdowns, layoffs and firm exits, engender supply shocks that trigger changes in aggregate demand which are potentially larger than initial shocks themselves (Guerrieri et al., 2020).

Economic activity particularly suffered in sectors that rely heavily on human interaction in product or service production such as hotels, restaurants, retail, schools and arts and entertainment (Baek et al., 2020; Goodell and Huynh, 2020; Koren and Pető, 2020). Though initial shocks of stringent social distancing measures have uneven adverse impacts on different sectors, shock spillovers occur from more affected sectors to those less affected through input-output linkages where unaffected sectors depend on intermediate inputs and demand for products from affected sectors (Laeven, 2022). Thus, in the short run, adverse effects of social distancing policies on economic growth are expected.

Whether social distancing restrictions impede economies in the long run (rather than the short run) is a more nuanced question. As severe, rather than lenient, social distancing measures are more effective in controlling the intensity of pandemic outbreaks (Lai et al., 2020), such severe restrictions may facilitate reopening economic activity relatively earlier, with resulting more rapid economic

^{*} Corresponding author at: The University of Akron, USA *E-mail address:* johngoo@uakron.edu (J.W. Goodell).

recovery. In support of this, Correia et al. (2020) find that during the 1918 flu pandemic, those US states which adopted strict social distancing measures had better economic outcomes in the medium-term. Likewise, Ashraf (2020a) examines the expected economic impact of social distancing measures, finding that such measures have a direct negative expected economic impact concomitant with an indirect positive impact by reducing the severity of COVID-19 outbreaks. Therefore, we consider that stringency in public policy regarding social distancing during the COVID-19 may positively affect long-term GDP growth rates.

Social distancing policies target wide swathes of populations that generally include most individuals of a country. Since any policy targeting such a high proportion of a respective population is difficult to perfectly enforce with scarce government resources, there remains opportunity for differences in institutional environments to determine individual tendencies to follow social distancing measures. We consider three aspects of institutional environments: levels of democratic values, levels of trust in government, and cultural tightness.

In this regard, pro-social ideologies and values and beliefs might promote collective public good during pandemics by overcoming the free rider problem (Bavel et al., 2020). For instance, political ideology is found to be a major determinant of compliance with social distancing policies (Painter and Qiu, 2020; Pedersen and Favero, 2020). Individuals living in liberal democracies, where individual freedom is emphasized, appear more reluctant to follow stringent social distancing policies. Correspondingly, more democratic societies report comparatively higher COVID-19 cases (Karabulut et al., 2021).

Likewise, societies rich on social values may more effectively act to achieve socially valuable activities (Putnam et al., 1994; Herrmann et al., 2008). Recent studies find that compliance with government stay-at-home orders and social distancing policies was significantly higher in areas with higher trust and social values (Barrios et al., 2021; Brodeur et al., 2021; Durante et al., 2021)¹.

Similarly, cultural tightness, which captures the strength of social norms and the punishment for deviance, may encourage individuals to follow social distancing, as others are doing. COVID-19 cases and deaths were significantly lower in countries with higher cultural tightness (Gelfand et al., 2021). Based on above discussion, we expect that adverse effects of social distancing on economic growth will be stronger in more democratic societies and weaker in countries with higher trust and higher cultural tightness.

For our empirical analysis, we use quarterly GDP growth rate data starting from the first quarter of 2020 and ending at the second quarter of 2021 for 46 countries of the Organization of Economic Co-operation and Development (OECD). Measuring the extent of government social distancing policies with the Stringency Index from Oxford COVID-19 Government Response Tracker data (Hale et al., 2020), we find that stringent social distancing policies adopted in a respective quarter decreased the GDP growth rate of that quarter, while also results in significantly higher GDP growth in the subsequent next quarter. We also find that democracy and trust moderate the economic impact of social distancing. Particularly, social distancing has a stronger negative effect on GDP growth in more democratic countries, while having a weaker negative effect in countries with higher trust levels.

2. Data

Data of quarterly GDP growth rate is collected from the OECD database. This data is available for the 46 countries included as OECD member states and observer emerging countries. We choose the sample period January 2020 to June 2021 with available data of six quarters. Daily data of the Stringency Index, measuring the stringency of government social distancing policies, is obtained from Oxford COVID-19 Government Response Tracker database (Hale et al., 2020). Data of daily new COVID-19 confirmed cases is from the John Hopkins University Coronavirus Resource Center. To link with quarterly GDP growth data, we use quarterly mean values of the Stringency Index and the quarterly total new confirmed COVID-19 cases for each country.

Data of country level control variables is collected from the World Development Indicators and World Governance Indicators databases. Finally, we link country-level data with quarterly data. Our final sample consists of 214 quarterly observations for 46 countries over the period Quarter 1, 2020 to Quarter 2, 2021.

3. Methodology

To analyze the relationship between social distancing measures and economic growth, we estimate following pooled panel ordinary least squares model.

Gross Domestic Product growth rate_{c,t}

$$= \alpha_{c,t} + \beta_1 \left(Stringency \ Index_{c,t} \right) + \beta_2 \left(Covid - 19 \ confirmed \ cases_{c,t} \right)$$

$$+ \sum_{k=1}^{k} \beta_k X_c^k + \varepsilon_{c,t}$$

$$(1)$$

t and c represent quarter and country, respectively. Gross Domestic Product growth rate is the dependent variable, measured at quarterly frequency. α is a constant term. Stringency Index stands for government social distancing policies. COVID-19 confirmed cases equals the total new confirmed COVID-19 cases in a quarter for a country. To control for other factors that potentially may determine the gross domestic product growth rate in addition to social distancing measures, our model incorporates several control variables

¹ Recent literature reports that the COVID-19 pandemic not only adversely affected the financial markets (Ashraf, 2020b; Goodell, 2020), but the adverse effect varied depending upon country-level social and cultural context (Ashraf, 2021; Engelhardt et al., 2021).

represented with X_c^k. Detailed definitions of all main variables are given in Appendix A.

Following the seminal paper of Barro (1996), which suggests that higher education levels, lower fertility rates, longer life expectancies, better rules of law, and lower inflation rates lead to higher GDP growth, we include these as control variables. We also include GDP per capita as a control, as Barro (1996) suggests that higher initial GDP per capita results in lower later GDP growth. We also include pre-pandemic GDP growth rate, measured as the average of GDP growth rates of 2018 and 2019. This variable arguably controls for all factors that have historically influenced cross-country differences in economic growth. $\mathcal{E}_{c,t}$ is an error term. We use heteroskedastic-robust standard errors which are clustered at the country-level.

To examine the moderating effect of institutional environment, we interact the Stringency Index with polity, trust, and tightness indices one-by-one. Significant interaction terms would show that the impact of social distancing policies on economic growth depends on aspects of the institutional environment.

4. Results

4.1. Summary statistics and correlations

Tables 1 and 2 present descriptive statistics and the matrix of correlations, respectively. Gross Domestic Product Growth Rate has mean value of -0.29 with a standard deviation of 6.91 showing wide fluctuations in quarterly GDP growth rate during the pandemic. Stringency Index has a mean value of 54.79 and standard deviation of 19.39 with minimum and maximum values of 9.26 and 89.59, respectively, showing government enforced social distancing measures varied by a large extent in sample countries.

4.2. Impact of social distancing policies on economic growth: main results

Table 3 reports baseline results. In Model 1, without any control variables, Stringency Index loads significantly negative. Stringency Index remains significantly negative when we control for quarterly COVID-19 Confirmed Cases in Model 2 or include other country-level controls in Model 3. These results suggest that stringent government social distancing policies reduce current-quarter GDP growth rates.

To analyze the recovery effect of social distancing policies on economic recovery, we introduce the one-period lag of the Stringency Index in Eq. (1). The one-period lagged Stringency Index loads significantly positive in Model 4, consistent with stricter social distancing measures in one quarter leading to higher GDP growth rates the next quarter.

These effects are economically significant. For example, in Model 4, a one standard deviation increase in the Stringency Index (19.39) lowers current-quarter GDP growth rates by -2.32% (-0.12*19.39), when the mean value of GDP growth rate equals -0.29 percent. On the other hand, a one standard deviation increase in the lagged Stringency Index (21.05) increases next-quarter GDP growth rate by 7.03% (0.334 \times 21.05). These levels of economic significance suggest the medium-term recovery effect of stringent social distancing policies on economic growth is three times higher the short-term adverse effect. These findings imply that, despite short-term negative impacts, overall, social distancing policies facilitate faster medium-term economic recovery.

4.3. Impact of social distancing policies on sub-components of economic growth

As GDP mainly consists of consumption, investment, and exports sector, to examine specifically which sub-components of GDP social distancing policies affect, we use gross capital formation, private consumption, and exports growth rates as alternative dependent variables, one-by-one, in re-estimates of Eq. (1). As shown in the Table 4, the Stringency Index is negatively significant with all three sub-components of GDP, confirming that stringent social distancing policies adversely affect economic growth by reducing investment, consumption, and exports. Moreover, lagged stringency enters positively significant with all three sub-components, suggesting stringent social distancing facilitating recovery of investment, consumption and exports over the medium-term.

Table 1Descriptive statistics
This table reports the numbers of countries and observations, and summary statistics of main variables.

| Variables | Countries | Observations | Mean | S.D. | Min | Max |
|------------------------------------|-----------|--------------|---------|----------|---------|------------|
| Gross Domestic Product growth rate | 46 | 214 | -0.289 | 6.908 | -17.787 | 17.053 |
| Stringency Index | 46 | 214 | 54.789 | 19.391 | 9.260 | 89.588 |
| Lagged stringency index | 46 | 138 | 49.905 | 21.05 | 9.26 | 89.588 |
| COVID-19 confirmed cases | 46 | 214 | 429.298 | 1287.006 | 0.309 | 12,525.857 |
| Gross Domestic Product per capita | 46 | 214 | 10.080 | 0.856 | 7.591 | 11.584 |
| Trend of GDP growth | 46 | 214 | 2.726 | 1.549 | -0.205 | 6.844 |
| Inflation | 46 | 214 | 2.200 | 1.765 | -0.835 | 11.144 |
| Population | 46 | 214 | 16.875 | 1.748 | 12.747 | 21.060 |
| Births per woman | 46 | 214 | 1.721 | 0.351 | 1.052 | 3.110 |
| Expected life in years | 46 | 214 | 79.094 | 4.159 | 63.538 | 84.100 |
| Education | 46 | 214 | 102.445 | 6.354 | 85.151 | 126.575 |
| Rule of law | 46 | 214 | 0.949 | 0.820 | -0.794 | 2.027 |

Table 2
Correlation matrix
This table reports the pairwise Pearson matrix of correlations.

| | Variables | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) |
|------|------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|------|------|------|
| (1) | Gross Domestic Product growth rate | 1.00 | | | | | | | | | | |
| (2) | Stringency Index | -0.14 | 1.00 | | | | | | | | | |
| (3) | COVID-19 confirmed cases | 0.12 | 0.25 | 1.00 | | | | | | | | |
| (4) | Gross Domestic Product per capita | -0.04 | -0.15 | -0.03 | 1.00 | | | | | | | |
| (5) | Trend of GDP growth | 0.05 | 0.03 | -0.04 | -0.34 | 1.00 | | | | | | |
| (6) | Inflation | 0.04 | 0.03 | 0.06 | -0.48 | 0.10 | 1.00 | | | | | |
| (7) | Population | 0.04 | 0.26 | 0.36 | -0.48 | 0.01 | 0.21 | 1.00 | | | | |
| (8) | Births per woman | 0.03 | 0.10 | 0.07 | -0.31 | 0.07 | 0.18 | 0.19 | 1.00 | | | |
| (9) | Expected life in years | -0.03 | -0.07 | -0.12 | 0.82 | -0.23 | -0.47 | -0.35 | -0.44 | 1.00 | | |
| (10) | Education | 0.00 | 0.12 | 0.12 | -0.04 | -0.23 | 0.01 | 0.14 | 0.17 | 0.03 | 1.00 | |
| (11) | Rule of law | -0.02 | -0.16 | -0.03 | 0.87 | -0.19 | -0.47 | -0.48 | -0.31 | 0.72 | 0.01 | 1.00 |

Table 3Impact of social distancing measures on Gross Domestic Product growth rates

Dependent variable is quarterly Gross Domestic Product growth rate, measured as quarter-on-quarter increase in gross domestic product, in all regressions. Stringency Index measures the stringency of government social distancing policies regarding schools and workplaces closures and bans on local and international movement. Lagged stringency index is one quarter lagged values of stringency index. Stringency Index and lagged stringency index are two main explanatory variables of interest. COVID-19 confirmed cases is new total quarterly confirmed cases of COVID-19 in each country. Gross Domestic Product per capita equals the log of per capita gross domestic product for the year 2019. Trend of GDP growth equals the average of GDP growth rates of years 2018 and 2019. Inflation equals the annual change in prices of consumer goods in each country for the year 2019. Population equals the natural logarithm of total population (latest available figures) of each country. Births per woman is measured as the national average number of births per woman. Expected life in years represents the expected life of an individual at the time of birth. Education counts the number of new enrolments in primary-level educational schools. Rule of law measures the extent of rule following and the chances of crime and violence in a nation. Estimations are made with pooled panel ordinary least squares regression model. Standard errors are clustered at country-level. P-values are given in parenthesis. ***, ***, ** represent statistical significance at 1%, 5%, and 10% levels, respectively.

| Variables | Gross Domestic Product growth rate | | | | | | | |
|-----------------------------------|------------------------------------|-----------|-----------|-----------|--|--|--|--|
| | (1) | (2) | (3) | (4) | | | | |
| Stringency Index | -0.049*** | -0.064*** | -0.070*** | -0.120*** | | | | |
| 3. 17 | (0.000) | (0.000) | (0.000) | (0.000) | | | | |
| Lagged stringency index | (| (| (******) | 0.334*** | | | | |
| 00 0 7 | | | | (0.000) | | | | |
| COVID-19 confirmed cases | | 0.001 | 0.001* | 0.000 | | | | |
| | | (0.118) | (0.096) | (0.917) | | | | |
| Gross Domestic Product per capita | | | -0.681 | 0.477 | | | | |
| | | | (0.331) | (0.330) | | | | |
| Trend of GDP growth | | | 0.197 | 0.373*** | | | | |
| - | | | (0.225) | (0.000) | | | | |
| Inflation | | | 0.061 | 0.330*** | | | | |
| | | | (0.423) | (0.000) | | | | |
| Population | | | 0.016 | -0.276 | | | | |
| - | | | (0.927) | (0.180) | | | | |
| Births per woman | | | 0.677** | -0.622 | | | | |
| | | | (0.044) | (0.117) | | | | |
| Expected life in years | | | 0.138* | -0.009 | | | | |
| | | | (0.086) | (0.912) | | | | |
| Education | | | 0.002 | -0.018 | | | | |
| | | | (0.917) | (0.405) | | | | |
| Rule of law | | | -0.074 | 0.747** | | | | |
| | | | (0.850) | (0.014) | | | | |
| Constant | 2.394*** | 2.812*** | -3.228 | -8.215* | | | | |
| | (0.000) | (0.000) | (0.602) | (0.082) | | | | |
| Observations | 214 | 214 | 214 | 138 | | | | |
| R-squared | 0.019 | 0.045 | 0.053 | 0.765 | | | | |
| | | | | | | | | |

4.4. Moderating effects of institutional environments

We examine the conditioning role of institutional environment on the impact of social distancing policies on GDP growth. To do so, we interact the Stringency Index with institutional variables one-by-one in Eq. (1).

In Table 5, the interaction term between the Stringency Index and polity is negatively significant, suggesting that the adverse impact of social distancing measures strengthens in countries with democratic values. On the other hand, the interaction term between

Table 4
Impact of social distancing measures on the growth rates of three sub-components of GDP

Dependent variable is quarterly Fixed capital formation growth rate in Models 1 and 4, Private consumption growth rate in Models 2 and 5, and exports growth rate in Models 3 and 6. Stringency Index represents government social distancing policies regarding school, workplaces and public places closures and bans on local and international movement. Lagged stringency index is one quarter lagged values of stringency index. Stringency Index and lagged stringency index are two main explanatory variables of interest. COVID-19 confirmed cases is new total quarterly confirmed cases of COVID-19 in each country. Trend of GDP growth equals the average of GDP growth rates of years 2018 and 2019. Inflation equals the annual change in prices of consumer goods in each country for the year 2019. Population equals the natural logarithm of total population (latest available figures) of each country. Births per woman is measured as the national average number of births per woman. Expected life in years represents the expected life of an individual at the time of birth. Education counts the number of new enrolments in primary-level educational schools. Rule of law measures the extent of rule following and the chances of crime and violence in a nation. Estimations are made with pooled panel ordinary least squares regression model. Standard errors are clustered at country-level. P-values are given in parenthesis. ***, **, * represent statistical significance at 1%, 5%, and 10% levels, respectively.

| Variables | Fixed capital formation growth rate | Private consumption growth rate | Exports growth rate | Fixed capital formation growth rate | Private consumption growth rate | Exports growth rate |
|--------------------------------|-------------------------------------|---------------------------------|---------------------|-------------------------------------|---------------------------------|---------------------|
| | (1) | (2) | (3) | (4) | (5) | (6) |
| Stringency Index | -0.088*** | -0.113*** | -0.124*** | -0.209** | -0.206*** | -0.250*** |
| | (0.006) | (0.000) | (0.000) | (0.011) | (0.000) | (0.002) |
| Lagged stringency index | | | | 0.416*** | 0.426*** | 0.515*** |
| | | | | (0.000) | (0.000) | (0.000) |
| COVID-19 confirmed cases | 0.002 | 0.001 | 0.002* | 0.002 | -0.000 | 0.000 |
| | (0.200) | (0.106) | (0.055) | (0.319) | (0.816) | (0.838) |
| Trend of GDP growth | 0.047 | 0.078 | 0.556* | -0.107 | 0.214 | 0.808*** |
| · · | (0.956) | (0.665) | (0.055) | (0.926) | (0.119) | (0.005) |
| Inflation | 0.454 | 0.283*** | 0.216 | 0.682* | 0.499*** | 0.711*** |
| | (0.130) | (0.002) | (0.156) | (0.083) | (0.000) | (0.003) |
| Population | -0.514 | -0.175 | -0.319 | -1.201** | -0.219 | -0.324 |
| _ | (0.173) | (0.314) | (0.413) | (0.034) | (0.503) | (0.404) |
| Births per woman | -1.017 | 0.777* | 0.797 | -1.353 | -0.771 | -1.579 |
| | (0.420) | (0.054) | (0.391) | (0.432) | (0.210) | (0.285) |
| Expected life in years | 0.103 | 0.137** | 0.140 | 0.019 | 0.074 | 0.013 |
| • | (0.529) | (0.045) | (0.319) | (0.948) | (0.271) | (0.918) |
| Education | 0.049 | 0.021 | 0.048 | -0.040 | -0.047 | -0.070 |
| | (0.454) | (0.483) | (0.387) | (0.643) | (0.179) | (0.473) |
| Rule of law | -1.033 | -0.798** | -1.152 | 0.351 | 0.968** | 1.337 |
| | (0.145) | (0.049) | (0.165) | (0.710) | (0.037) | (0.215) |
| Constant | 1.114 | -6.748 | -7.033 | 15.542 | -7.329 | -0.740 |
| | (0.954) | (0.367) | (0.602) | (0.592) | (0.317) | (0.960) |
| Observations | 204 | 190 | 204 | 132 | 132 | 132 |
| R-squared | 0.059 | 0.067 | 0.046 | 0.440 | 0.780 | 0.548 |

the Stringency Index and trust in government is positively significant, consistent with the adverse effect of social distancing being weaker in countries with higher trust in government.

As robustness checks, we use alternative proxies of institutional environment. In this regard, we first replace polity with the Democracy Index as an alternative proxy of democratic values. We also replace trust in government with general societal trust as an alternative proxy of national levels of trust. Results for the interaction terms incorporating these alternative variables are similar to those in our main analysis.

5. Conclusion

Utilizing quarterly GDP growth data from 46 countries over the period first quarter 2020 to second quarter 2021, we find that stringent social distancing policies result in sharp declines in GDP growth rates in the same quarter, while facilitating GDP-growth recovery the next quarter, with this recovery effect being three times larger than the initial decline. We also observe that social distancing measures induce similar pairings of adverse and recovery effects on sub-components of GDP, including fixed capital formation, private consumption and exports. We also observe that institutional factors moderate the short-term adverse effect of social distancing on economic growth. Specifically, our observed adverse effect is stronger in democracies while weaker in countries with

² Extending the sample to include a broader number countries, or, alternatively, more closely examining how the economies of respective individual countries responded to government social distancing policies are potential venues for future research.

Table 5

Moderating effect of institutional environment

Dependent variable is quarterly Gross Domestic Product growth rate, measured as quarter-on-quarter increase in seasonally adjusted gross domestic product, in all regressions. Stringency Index represents government social distancing policies regarding school, workplaces and public places closures and bans on local and international movement. Interaction terms, Stringency Index \times Polity, Stringency Index \times Trust in government, Stringency Index \times Tightness, Stringency Index \times Democracy, and Stringency Index \times General trust, are main variables of interest. COVID-19 confirmed cases is new total quarterly confirmed cases of COVID-19 in each country. Gross Domestic Product per capita equals the log of per capita gross domestic product for the year 2019. Trend of GDP growth equals the average of GDP growth rates of years 2018 and 2019. Inflation equals the annual change in prices of consumer goods in each country for the year 2019. Population equals the natural logarithm of total population (latest available figures) of each country. Births per woman is measured as the national average number of births per woman. Expected life in years represents the expected life of an individual at the time of birth. Education counts the number of new enrolments in primary-level educational schools. Rule of law measures the extent of rule following and the chances of crime and violence in a nation. Estimations are made with pooled panel ordinary least squares regression model. Standard errors are clustered at country-level. P-values are given in parenthesis. ***, **, * represent statistical significance at 1%, 5%, and 10% levels, respectively.

| Variables | Gross Domestic F | roduct growth rate | | | |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Stringency Index | -0.080*** (0.000) | -0.060*** (0.000) | -0.075*** (0.007) | -0.084*** (0.000) | -0.047*** (0.001) |
| Stringency Index \times Trust in government | 0.000* (0.083) | | | | |
| Stringency Index \times Polity | | -0.002** (0.023) | | | |
| Stringency Index \times Tightness | | | 0.009 (0.377) | | |
| Stringency Index \times General trust | | | | 0.045* (0.085) | |
| Stringency Index \times Democracy | | | | | -0.003** (0.028) |
| COVID-19 confirmed cases | 0.001** (0.013) | 0.001* (0.092) | 0.001* (0.085) | 0.001* (0.086) | 0.001* (0.092) |
| Gross Domestic Product per capita | -1.121* (0.085) | -0.904 (0.248) | -1.449** (0.044) | -1.152 (0.133) | -1.027 (0.140) |
| Trend of GDP growth | -0.011 (0.947) | 0.180 (0.177) | 0.200 (0.213) | 0.132 (0.376) | 0.159 (0.231) |
| Inflation | 0.161** (0.015) | 0.073 (0.109) | 0.008 | 0.105 (0.119) | 0.040 (0.386) |
| Population | -0.123 (0.353) | -0.131 (0.457) | -0.038 (0.853) | -0.119 (0.547) | -0.071 (0.661) |
| Births per woman | 0.561* (0.053) | 0.498 (0.129) | 0.793* (0.056) | 0.705** (0.027) | 0.388 (0.192) |
| Expected life in years | 0.179*** (0.003) | 0.143 (0.115) | 0.300** (0.021) | 0.205** (0.047) | 0.143* (0.082) |
| Education | 0.007 (0.699) | 0.018 (0.428) | -0.009 (0.787) | -0.002 (0.929) | 0.012 (0.595) |
| Rule of law | 0.070 (0.867) | 0.156 (0.713) | -0.129 (0.790) | -0.219 (0.615) | 0.292 (0.417) |
| Constant | -0.125 (0.982) | -0.183 (0.976) | -7.004 (0.340) | -0.912 (0.888) | 0.590 (0.922) |
| Observations | 186 | 201 | 156 | 210 | 214 |
| R-squared | 0.037 | 0.059 | 0.051 | 0.054 | 0.055 |

higher trust in government. Despite public perceptions of adverse effects to GDP growth of social distancing restrictions, our results suggest that stringent social distancing policies provide medium-term improvements to GDP growth rates.

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Appendix 1. Variable definitions

| Variable | Definition | Data Source | | | |
|--|--|---------------|--|--|--|
| Dependent variables Gross Domestic Product growth rate | Ggrowth rate of GDP based on seasonally adjusted volume data, percentage change from previous quarter. | OECD database | | | |
| Main independent variable | | | | | |

(continued on next page)

(continued)

| Variable | Definition | Data Source |
|-----------------------------------|---|--|
| Stringency Index | Extent of government social distancing policies. The index incorporates information from eight indictors including closure of workplace, closure of educational institutions, cancelation of public events, restrictions on gathering size, closure of public transport, stay at home requirements, restrictions on internal movement and restrictions on international travel. Stringency Index is calculated by adding these indicators and rescaling so that it varies from 0 to 100. As Stringency Index is available at daily frequency, we average the daily values of each quarter to form a quarterly Stringency Index. | Oxford COVID-19 Government Response Tracker (OxCGRT) database (Hale et al., 2020) |
| Control variables | | |
| COVID-19 confirmed cases | Total new COVID-19 confirmed cases for a country in a quarter. JHU-CRC reports daily new confirmed cases and we calculate this variable by summing the daily new confirmed cases over a quarter. | John Hopkins University, Coronavirus Resource center (JHU-CRC) website |
| Gross Domestic Product per capita | Equals the natural logarithm of annual per capita GDP of each country for the year 2019. | World Development Indicators (WDI) database, World Bank |
| Trend of GDP growth Inflation | Average of GDP growth rates of years 2018 and 2019. Annual change in prices of consumer goods in each country for the year 2019. | |
| Population | Nnatural logarithm of total population (latest available figures) of each country. | |
| Births per woman | Average births per woman in a country. | |
| Expected life in years | Expected life in years at birth. | |
| Education | Total new admissions in primary-level educational institutions in a country. | |
| Rule of law | Extent of rule following and the chances of crime and violence in a country. | World Governance Indicators, World Bank |
| Sub-components of Gross | • | • |
| Fixed capital formation | Quarterly growth in net investment or the net amount of fixed capital accumulation, | OECD database |
| growth rate | based on seasonally adjusted volume data, percentage change from previous quarter. | |
| Private consumption | Quarterly growth in consumer spending on goods and services, based on seasonally | |
| growth rate | adjusted volume data, percentage change from previous quarter. | |
| Exports growth rate | Quarterly growth in exports of goods and services by country of origin, based on seasonally adjusted volume data, percentage change from previous quarter. | |
| Moderating institutional | | |
| Trust in government | Captures the share of respondents with 'yes' answer to the question "In this country, do you have confidence in national government?" Other potential answers are 'no' and 'don't know'. Higher values of the variable represent higher trust in government. | World Values Surveys |
| Polity | A measure of democracy and autocracy. The index spans from higher values representing institutionalized democracy, through mixed regimes to lower values of institutionalized autocracy. | Polity V project |
| Tightness | Tightness-looseness cultural dimension. Higher values represent the cultural tightness where individuals are more likely to follow social norms. | (Gelfand et al., 2021) |
| Trust | Calculated from the answer to the question "Generally speaking, would you say that most people can be trusted or that you cannot be too careful in dealing with people?" in World Values Surveys. Higher values represent higher trust. | World Values Surveys |
| Democracy | Measures political institutions from full democracy, to flawed democracy, to hybrid regime, and to authoritarian regime. | Economist Intelligence Unit (EIU) |

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