

Peripancreatic paraganglioma: Lesson from a round table

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Abstract

We described the case of a peripancreatic paraganglioma (PGL) misdiagnosed as pancreatic lesion. Surgical exploration revealed an unremarkable pancreas and a large well-defined cystic mass originating at the mesocolon root. Radical enucleation of the mass was performed, preserving the pancreatic tail. Histologically, a diagnosis of PGL was rendered. Interestingly, two previously unreported mutations, one affecting the *KDR* gene in exon 7 and another on the *JAK3* gene in exon 4 were detected. Both mutations are known to be pathogenetic. Imaging and cytologic findings were blindly reviewed by an expert panel of clinicians, radiologists, and pathologists to identify possible causes of the misdiagnosis. The major issue was lack of evidence of a cleavage plane from the pancreas at imaging, which prompted radiologists to establish an intrapancreatic origin. The blinded revision shifted the diagnosis towards an extrapancreatic lesion, as the pancreatic parenchyma showed no structural alterations and no dislocation of the Wirsung duct. *Ex post*, the identified biases were the emergency setting of the radiologic examination and the very thin mesocolon sheet, which hindered clear definition of the lesion borders. Original endoscopic ultrasonography diagnosis was confirmed, emphasizing the intrinsic limit of this

technique in detecting large masses. Finally, pathologic review favored a diagnosis of PGL due to the morphological features and immunohistochemical profile. Eighteen months after tumor excision, the patient is asymptomatic with no disease relapse evident by either radiology or laboratory tests. Our report strongly highlights the difficulties in rendering an accurate pre-operative diagnosis of PGL.

Key Words: Peripancreatic paraganglioma; Pancreatic neuroendocrine tumor; Solid pseudopapillary neoplasm; S100; Succinate dehydrogenase subunit B gene and expression; Fine needle biopsy

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Core Tip: Our report strongly supports that paraganglioma should be included in the differential diagnosis of peripancreatic/pancreatic masses, highlighting the difficulties in establishing the accurate preoperative diagnosis, even after a second-round evaluation. In fact, due to the deep localization and the lack of specific clinical manifestations and imaging data, early diagnosis often relies solely on a level of suspicion, thus making it more probable to have a missed diagnosis or misdiagnosis. Moreover, the limited time spent with a patient in an emergency setting might impair the accuracy of the diagnosis, lowering quality and outcomes of healthcare delivery. A multidisciplinary team approach, involving skilled radiologists, endoscopists, pathologists, and surgeons, is of foremost importance for proper diagnosis and management, preventing undue surgical resections.

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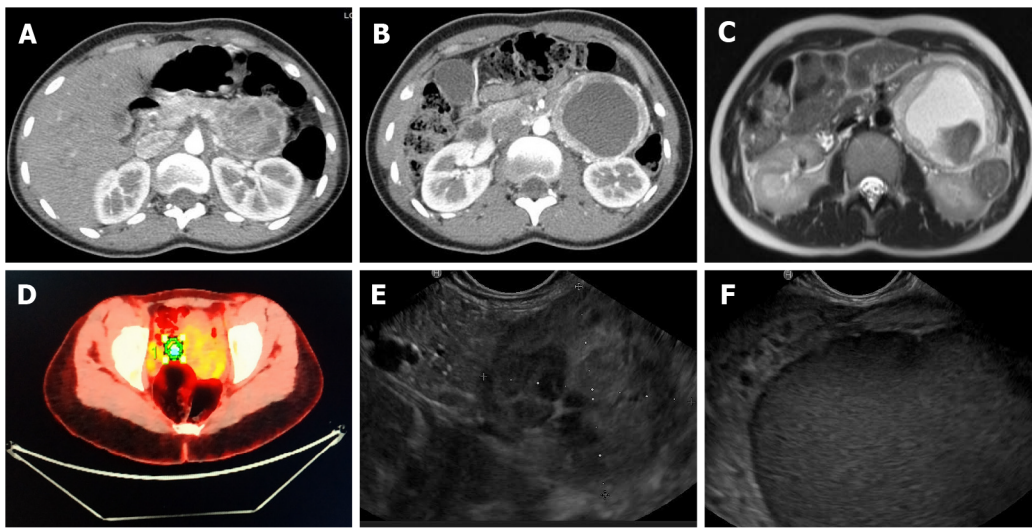
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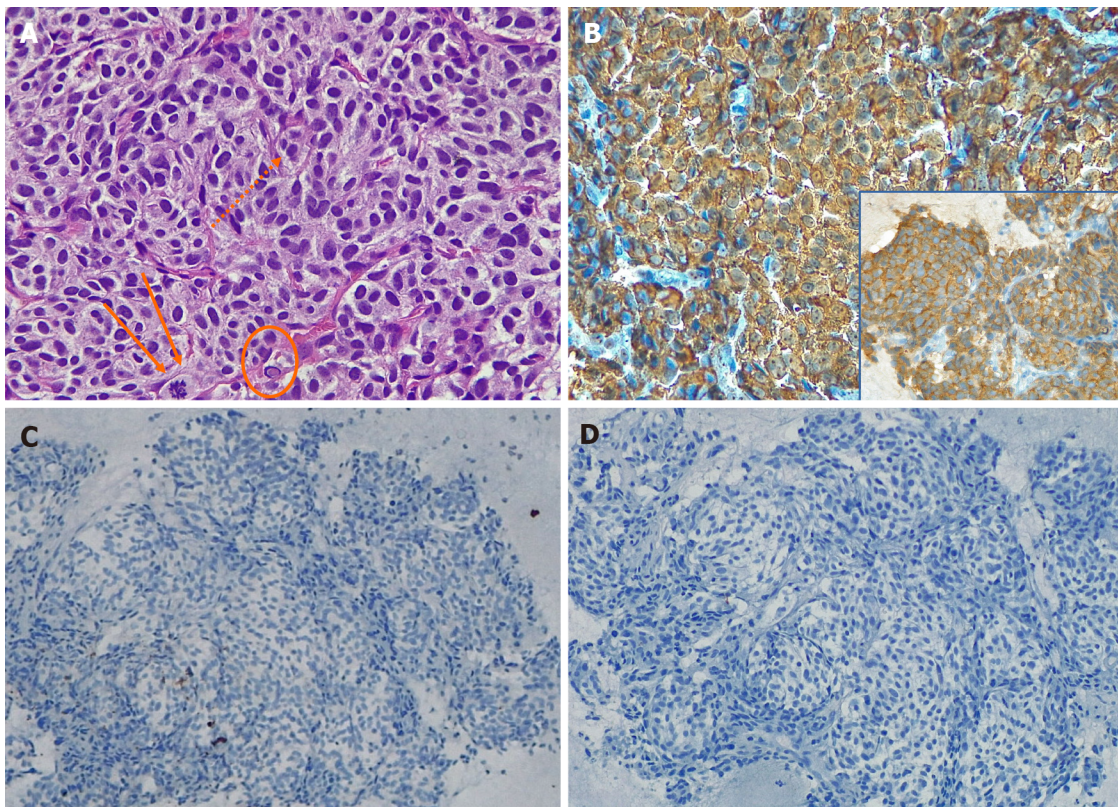
We read with interest the paper authored by Lanke *et al*[1] on a peripancreatic paraganglioma (PPGL) successfully diagnosed pre-operatively by endoscopic ultrasonography (EUS)-fine needle aspiration. After a careful review of the literature, the report highlights the enduring difficulties in achieving an accurate diagnosis of this rare entity prior to surgery. Among the 47 pancreatic/peripancreatic PGL reported so far, only 8 (17%) were correctly identified pre-operatively; the majority ($n = 29$, 62%) were misdiagnosed as pancreatic neuroendocrine tumors or pancreatic neoplasms/cysts. In almost all cases (80%), the treatment of choice was surgery, demonstrating the uncertainty of classification for such lesion and its unpredictable behavior[1].

In November 2020, a 23-year-old woman complaining of left hypocondrial pain, diarrhea, and sweating lasting for 4 d, was referred to the Emergency Unit of Ospedale Unico della Versilia. The physical examination was unremarkable, but the abdominal US showed a large cystic, liquid-filled mass close to the pancreatic tail. Whole-body computed tomography (CT) scan confirmed the presence of a 95-mm cystic lesion with thickened, contrast-enhanced walls and a marked inhomogeneous boundary with the pancreatic tail. The mass seemed to be adherent to the left renal artery, left kidney hilum, and homolateral ureter (Figures 1A and 1B). Imaging work-up was completed with abdominal nuclear magnetic resonance (NMR) revealing T1 signal hyperintensity (Figure 1C) and positron emission tomography disclosing abnormal hyperactivity of the mass (standard uptake value 4.7%) (Figure 1D). The suspicion of a solid-pseudopapillary neoplasm (SPN) *vs* a cystic pancreatic tumor was posed. Blood tests, including vasoactive intestinal peptide, C-peptide, pancreatic polypeptide, serotonin, carcinoembryonic antigen (CEA), Ca-125, and Ca-19.9, were within normal range; whereas chromogranin A (CgA) serum levels exceeded 1800 ng/mL (reference range: 0-108 ng/mL). EUS-fine needle biopsy (FNB) was scheduled. EUS examination showed a 10-cm lesion of the pancreatic tail. The lesion was hypochoic with well-defined borders and a cystic component (Figures 1E and 1F). Two FNB passes were made using a 20 Gauge needle with Rapid On-Site Evaluation to ensure adequate sampling[2]. Intracystic fluid was aspirated and analyzed with the following results: Glucose, 45 mg/dL; pancreatic amylase, 5 U/L; CEA, 1.0 ng/mL; Ca-19.9, 9 U/mL. Cell block examination disclosed nests of small to medium-sized epithelioid cells exhibiting moderate amount of amphophilic granular cytoplasm and oval to round nuclei with smooth contours and dense chromatin (Figure 2A). Occasionally, small nucleoli (Figure 2A dots), sparse mitotic figures (Figure 2A arrows), and intra-cytoplasmic hyaline globules (Figure 2A encircled) were noted, as well as vague rosette-like formations and branching hyalinized



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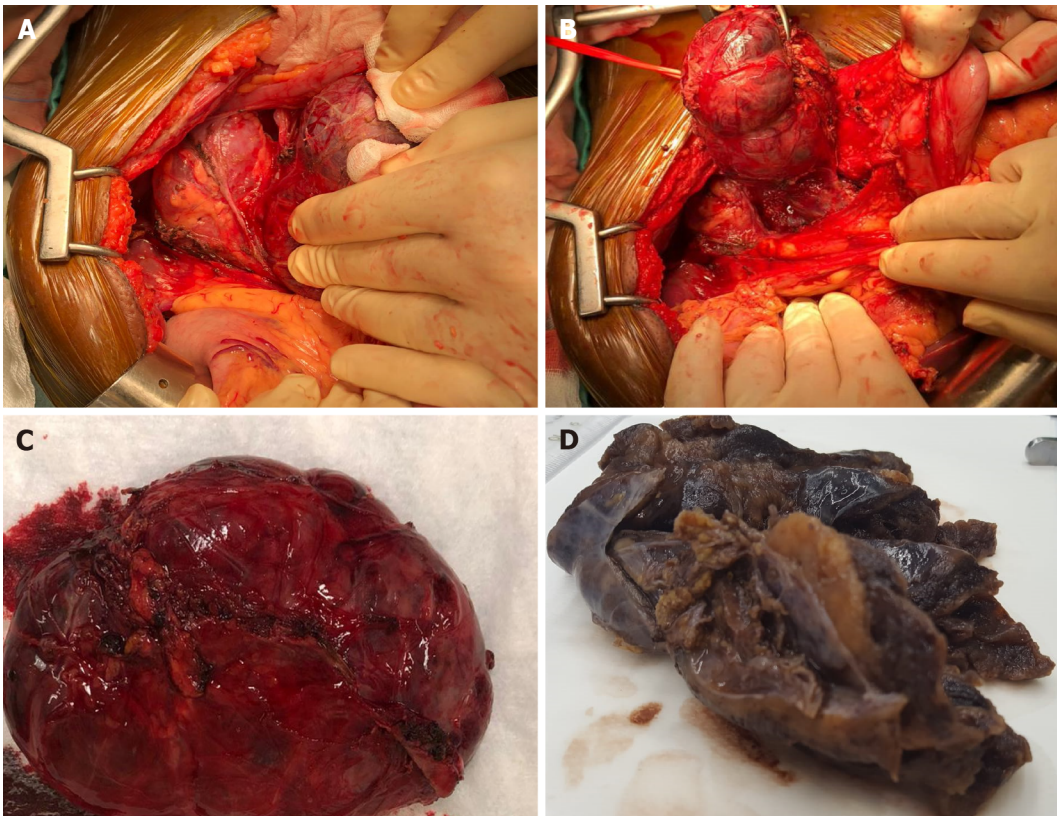
Figure 1 Radiologic findings. A and B: Computed tomography-scan showed a 95-mm cystic lesion with no cleavage plane from the pancreas; C: Nuclear magnetic resonance evidenced that the lesion was hyper-intense in T1; D: Positron emission tomography demonstrated a 4.7% standard uptake value; E and F: Endoscopic ultrasonography identified a hypoechoic mass close to the pancreatic tail.



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Figure 2 Fine needle biopsy findings. A: Proliferation of small to medium-sized cells arranged in a nest pattern was evident, the cells occasionally showed small nucleoli (dots), mitotic figures (arrows), and intra-cytoplasmic hyaline globules (encircled), hematoxylin and eosin original magnification (O.M) $\times 40$; B: Chromogranin A (CgA) positivity of neoplastic cells; inset: Synaptophysin positivity of neoplastic cells, CgA stain, O.M. $\times 20$; B inset, synaptophysin stain, O.M. $\times 20$; C: AE1/AE3 cytokeratins expression in scattered cells, cytokeratin AE1/AE3 stain, O.M. $\times 20$; D: S100 negativity, S100 stain, O.M. $\times 20$.

fibrovascular cores lined by neoplastic cells. Tumor cells diffusely expressed CgA (Figure 2B), synaptophysin (Figure 2B, inset), and GATA-3. Scattered cells were dot-like positive for AE1/AE3 cytokeratins (Figure 2C). Epithelial membrane antigen (EMA), PAX-8, and S100 protein (Figure 2D) were negative. A provisional diagnosis of neoplasm with neuroendocrine differentiation (either PGL or PanNET) *vs* SNP was made.



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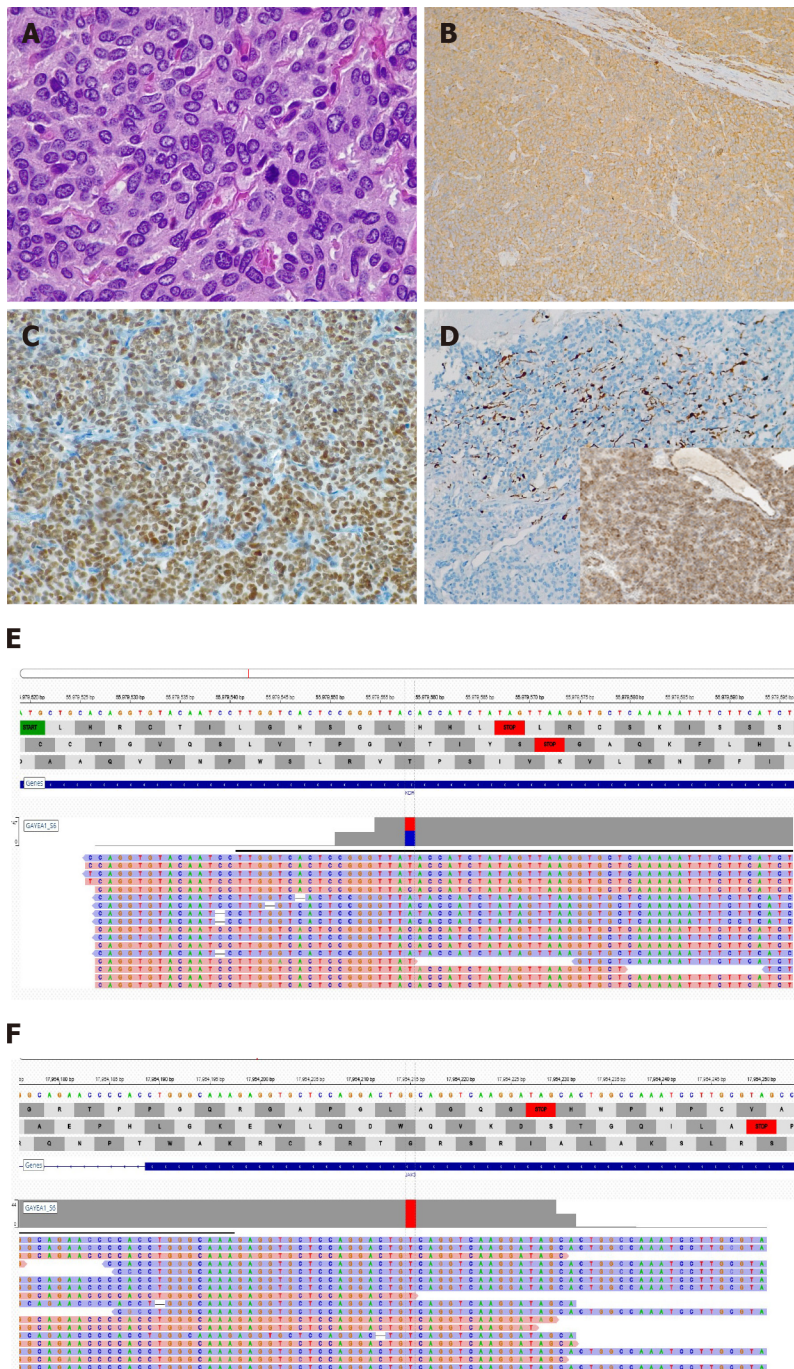
Figure 3 Macroscopic findings. A and B: At surgical exploration a large well-defined cystic mass located underneath the mesocolon plane was found; C: Radical enucleation of the lesion; D: Grossly, the cystic lesion showed a thick fibrous wall with a solid component and a yellowish, lobulated appearance on cut surface.

Surgical exploration revealed an unremarkable pancreas and a large well-defined cystic mass underneath the mesocolon plane, originating at the mesocolon root (Figures 3A and 3B). The lesion extended to the inferior margin of the pancreas and was strictly adherent but did not involve the organ parenchyma. As the capsule could be easily detached from the mesocolon sheets and vessels, radical enucleation was performed, preserving the pancreatic tail (Figure 3C).

The surgical specimen consisted of a 12-cm hemorrhagic cystic lesion, surrounded by a thick fibrous wall, with a solid component showing a yellowish, lobulated appearance on cut surface (Figure 3D). Microscopically, the tumor was composed of polygonal cells with abundant finely granular eosinophilic to amphophilic cytoplasm, mostly arranged in nests and anastomosing cords (Figure 4A). Areas with a diffuse growth pattern were also noted. Nuclei were regular, round to oval, with granular fine chromatin, small nucleoli, and occasional pseudoinclusions. The stroma was richly vascular. In the more cellular areas, pleomorphic cells with prominent nucleoli and occasional mitotic figures (2/high power field) were observed. There was evidence of focal capsular disruption. Cells were confirmed to be positive for CgA (Figure 4B), synaptophysin, GATA-3 (Figure 4C), and substantially negative for AE1/AE3 cytokeratins, EMA, and PAX-8. S100 and GFAP stained scanty cells encircling cell nests (Figure 4D). A final pathologic diagnosis of PGL, Grading System for Adrenal Pheochromocytoma and Paraganglioma score 6 (intermediate risk), was rendered[3,4].

Given the young age of the patient and the rarity of the tumor, succinate dehydrogenase subunit B (SDHB) protein expression was evaluated, and next generation sequencing (NGS) analysis, using the commercial kit “Miriapod NGS-IL” (Diatech) on MiSeq Illumina Platform, was carried out to identify mutations affecting genes associated with syndromic and/or familial conditions (*i.e.*, *SDHB*, *VHL*, *NF1*, *RET*). *SDHB* expression was preserved (Figure 4D, inset) and none of the above-mentioned genes were found to be mutated, thus ruling out a hereditary condition[5]. Interestingly, we detected two previously unreported mutations, one affecting the *KDR* gene in exon 7 (c.889G>A missense variant)[6], and another on the *JAK3* gene (c.394C>A missense variant) in exon 4[7,8] (Figures 4E and 4F). Both mutations are known to be pathogenetic in olfactory neuroblastoma[6], some forms of leukemia, and solid tumors, such as neuroendocrine tumors[7,8].

Imaging and cytologic findings were blindly reviewed by an expert panel of clinicians, radiologists, and pathologists to identify possible causes of misdiagnosis. The major issue was lack of evidence of a cleavage plane from the pancreas at US, CT, and NMR, which prompted radiologists to establish an intra-parenchymal origin. The blinded revision shifted the diagnosis towards an extra-pancreatic lesion



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Figure 4 Histologic and molecular findings. A: The lesion was composed of nests and cords of polygonal cells with abundant granular cytoplasm, and occasional mitotic figures in the more cellular areas, hematoxylin and eosin original magnification (O.M.) × 60; B: Chromogranin A (CgA) positivity in neoplastic cells; inset: Synaptophysin positivity in neoplastic cells, CgA stain, O.M. × 10; C: GATA-3 positivity in neoplastic cells, GATA-3 stain, O.M. × 10; D: S100-positive cells were scattered; inset: Succinate dehydrogenase subunit B (SDHB) expression was preserved, S100 stain, O.M. × 10; inset, SDHB stain, O.M. × 10; E: *KDR* mutation; F: *JAK3* mutation.

as the pancreatic parenchyma showed no structural alterations and no dislocation of the Wirsung duct. *Ex post*, the identified biases were the emergency regimen of radiologic examination, which impaired a precise assessment, and the very thin mesocolon sheet, probably on account of the patient’s leanness, which hindered clear definition of the lesion borders, also masked by the extensive hemorrhagic component. Original EUS diagnosis was confirmed, emphasizing the intrinsic limit of the bi-dimensional image of trans-abdominal US in detecting a large mass in the same examination field. Finally, pathologic review of the FNB findings favored a diagnosis of PGL due to substantial negativity for cytokeratins and PAX-8, usually positive in PanNet[9,10], and absence of folded nuclei with longitudinal grooves, cholesterol crystals, and foamy macrophages, usually found in SPN[9]. Furthermore, diffuse cytoplasmic CgA reactivity is typically not seen in SPN[9]. The detection of S100-positive

sustentacular cells and Zellballen pattern, considering the hallmarks of PGL, has limited value in the diagnosis of PGL, since they may not be present in small samples or in sympathetic PGLs, as in our case [2,11]. Eighteen months after tumor excision, the patient is asymptomatic with no disease relapse evident with CT or NMR imaging; CgA levels are within the reference range.

In conclusion, our report strongly supports the suggestion by Lanke *et al*[1] that PGL should be included in the differential diagnosis of peripancreatic/pancreatic masses, and highlights the difficulties in establishing an accurate preoperative diagnosis even after a second round evaluation. Indeed, due to the deep localization and lack of specific clinical manifestations and imaging data, early diagnosis of PGL often relies solely on the level of suspicion, thus easily resulting in misdiagnosis or missed diagnosis[12,13]. A multidisciplinary team approach, involving skilled radiologists, endoscopists, pathologists, and surgeons, is of foremost importance for proper PGL diagnosis and management in order to prevent undue surgical resections[14]. In the present case, the first radiologic mistake affected all the diagnostic work-up, even after second round evaluation, and only the long-lasting experience of the surgeon avoided over-treatment (*i.e.*, distal splenopancreasectomy, as reported in most of the cases described so far)[1]. Since there are no definite criteria for malignancy, a close follow-up after surgery is mandatory[14,15]. Pathologists play a key role in providing clues that may disclose genetic profile and predict malignant potential of the tumor[1,3,4,14,15].

FOOTNOTES

Author contributions: Ambrosio MR, Amorosi A, and Arganini M contributed to the conception and design; Fratini G and Sbrozzi-Vanni A acquired the data; Cavazzana A, Giusti A, and Nesi G analyzed and interpreted of the data; Ambrosio MR, Fratini G, and Petrelli F drafted the article; Amorosi A, Arganini M, Manta R, Nesi G, and Vignali C contributed to the critical revision of the article for important intellectual content; and all authors approved the final manuscript to be published.

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