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Contamination of Common Area and Rehabilitation Gym Environment with Multidrug-Resistant Organisms

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Abstract

Objectives: To quantify the multidrug-resistant organism (MDRO) burden of high-touch common area and rehabilitation gym surfaces, and to assess microorganism transfer potential during rehabilitation sessions.

Design: Prospective study of environmental contamination.

Setting: Nursing Home.

Participants: Six Michigan Nursing Homes.

Measurements: Monthly samples from common area surfaces (e.g. living room), rehabilitation equipment, and rehabilitation personnel hands were screened for methicillin-resistant *Staphylococcus aureus* (MRSA), vancomycin-resistant enterococci (VRE) and resistant gram-negative bacilli (R-GNB). To assess microorganism transfer potential, we conducted an in-depth assessment of microorganism transfer during 10 rehabilitation sessions. Microorganism transfer was defined as the identification of a microorganism on a destination surface that was uncontaminated prior to the rehabilitation session. Additionally, patient frequency of common area usage was qualitatively assessed.

Results: We obtained 1338 common area specimens from 180 monthly facility visits, of which, 13.4% (179/1338) were MDRO-positive: MRSA, 3.8%; VRE, 5.8%; R-GNB, 5.1%. Sixty-four

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Author Contributions

Study concept and design: K.J.G., L.M.

Acquisition of specimens and data: K.J.G., K.E.G., B.L.

Analysis and Interpretation of data: K.J.G, L.M.

Preparation of manuscript: All authors.

Sponsor's Role

None.

Conflict of Interest

The authors report no conflicts of interest.

percent (116/180) of sampling visits had at least one MDRO-positive common area specimen. Within rehabilitation gyms, we obtained 521 equipment and 190 personnel hand specimens during 60 monthly visits. Of the equipment specimens collected, 7.7% (40/521) were MDRO-positive: MRSA, 2.5%; VRE, 4.0%; R-GNB, 1.9%. Of the 190 rehabilitation personnel hand specimens collected, 3.7% (7/190) were MDRO-positive. Fifty-five percent (33/60) of rehabilitation gym visits had at least one MDRO-positive specimen. Microorganism transfer assessment during 10 rehabilitation sessions revealed 35 opportunities for transfer during which microorganism transfer occurred in 17.1% (6/35) of opportunities.

Conclusion: Nursing home common areas and rehabilitation gyms are MDRO reservoirs that may contribute to the transmission of healthcare-associated pathogens. As NHs accommodate the increasing short-stay patient population, developing effective interventions that reduce MDRO transmission in the common area and rehabilitation gym environment should be considered an infection prevention priority.

Keywords

Multidrug-resistant organisms; environmental contamination; transmission; rehabilitation; nursing home

INTRODUCTION

As healthcare systems evolve to reduce hospital length of stay and expenditures, acute care patients are increasingly discharged to post-acute care facilities, predominantly for short-term rehabilitation and subsequent discharge home¹⁻³. Approximately 24% of such post-acute care patients are readmitted to acute care facilities within 30 days⁴. This “revolving door” paradigm poses an increased threat of multidrug-resistant organism (MDRO) persistence and transmission within and beyond post-acute care facilities.

Colonization with MDROs predisposes patients to a heightened risk for adverse clinical outcomes, including infection⁵. Antimicrobial-resistant healthcare-associated infections are associated with increased complexity of care, rehospitalization risk, higher rates of morbidity and mortality, and considerable healthcare expenditures⁶⁻⁸. Post-acute care patients are at especially high risk for MDRO colonization and subsequent infection due to comorbidities, frailty, immunosenescence, presence of indwelling devices, prior hospitalization, and widespread exposure to antimicrobial therapy^{7, 9}. Moreover, treatment of antimicrobial-resistant infections in the older nursing home (NH) population is challenging due to limited antimicrobial options, risk of drug toxicity, and polypharmacy interaction^{10, 11}. Henceforth, understanding the transmission dynamics and infection prevention concerns associated with MDROs in post-acute care facilities is critical to improving the safety of this patient population.

Environmental surfaces contribute to the persistence and transmission of MDROs within healthcare facilities¹². Many common nosocomial pathogens can survive on environmental surfaces for weeks to months¹³. As reservoirs, environmental fomites have an increasingly evident role in direct and indirect transmission of nosocomial pathogens¹⁴⁻¹⁶. For example,

we recently demonstrated that contamination of the patient room environment correlates with patient colonization in both acute and post-acute care settings^{17–19}.

A growing body of evidence exists pertaining to the contribution of the proximal patient room environment^{18, 20–22}, medical equipment²³, and nursing-associated surfaces^{24–26} to the persistence and transmission of MDROs in both acute and post-acute care settings. However, little is known about the contamination of high-touch surfaces in common areas. These shared environments are proposed to offer many opportunities for unintentional and unrecognized transmission^{9, 27}. Environmental MDRO contamination and transmission dynamics associated with NH common areas is becoming increasingly compelling, as initial research has elucidated that environmental contamination of common areas is common²⁸ and that associations exist between common area contamination and nursing facility methicillin-resistant *Staphylococcus aureus* (MRSA) burden²⁹. However, despite their ubiquitous presence and emerging importance in NHs, there is an absence of literature on the environmental contamination and transmission potential associated with the NH rehabilitation gym environment. As social integration is critical to the enhancement of patient functionality, rehabilitation is central to the patient experience, and as patient MDRO colonization is common, these high-touch and high-traffic common areas may play an important role in the persistence and transmission of MDROs within NHs.

In this study, we aimed to investigate the MDRO burden and transfer potential of high-touch common area and rehabilitation gym surfaces in the NH environment. Additionally, we sought to evaluate the importance of patient utilization of common areas, whilst examining differences in contamination between patient-used and nursing staff-used common area surfaces. In order to achieve these goals, we did the following: (1) surveyed patients on their common area usage, (2) quantified the MDRO burden of NH common areas, (3) quantified the MDRO burden of the rehabilitation gym environment (equipment surfaces and rehab personnel hands), and (4) conducted an in-depth assessment of microorganism transfer potential during ten rehabilitation sessions.

METHODS

Study Design

We present data collected from a prospective, longitudinal cohort study conducted in 6 southeast Michigan NHs between January 2014 and August 2018³⁰. The parent study was designed to characterize patient baseline MDRO colonization, new acquisition, and spontaneous losses throughout the duration of their stay. Patients were approached for enrollment regardless of patient characteristics, unless they were receiving end-of-life care. Microbial surveillance of patient colonization and patient room environment was conducted on patient enrollment, days 14, and monthly thereafter for a maximum of 6 months³⁰.

In this study, we present data collected during microbial surveillance of NH common areas and in-depth sampling of the rehabilitation gym environment, alongside a pilot study that assessed microorganism transfer during a total of 10 rehabilitation sessions in the NH rehabilitation gym. From January 2014 to August 2016, the following high-touch common area surfaces, when available, were sampled monthly: shower room (handrail

or shower chairs), rehabilitation gym (equipment), dining room (tabletop or chair), living room (tabletop or chair), hallway (soiled utility keypad, handrail, and nurses' touch screen), and nurses' station (countertop and patient charts). From November 2017 to August 2018, we sampled rehabilitation equipment and rehabilitation personnel (physical or occupational therapy) hands. Monthly samples from the rehabilitation gym environment were collected, when available, from the following surfaces: arm bike handle, pulley, stairs, mat, activity table, stationary bike handle, weights, chair handle, and parallel bars.

Patient Data Collection

Demographic data, such as age, gender, and race, and clinical data, such as antibiotic use, presence of infection(s), wound(s), or device use, were collected by trained research personnel upon patient enrollment and during follow-up visits. Patient usage of the following common areas was qualitatively assessed at enrollment: dining room, shower room, rehabilitation gym, and living room. Frequency of common area usage was defined categorically as either daily (5 days a week) or weekly (<5 days a week).

Microbiologic Methods

Specimens were collected by trained research personnel using the BBL CultureSwab collection and transport system (Becton Dickinson, Cockeysville, MD) and enriched overnight at 36°C in brain heart infusion media. After enrichment, specimens were cultured onto mannitol salt agar, MacConkey agar, and bile-esculin agar with 6 µg/mL vancomycin for subsequent isolation. *Staphylococcus aureus*, vancomycin-resistant enterococci (VRE), and gram-negative bacilli (GNB) were identified using standard microbiology techniques³⁰. *Staphylococcus aureus* was identified using StaphAurex Latex Agglutination Test (Remel, Lenexa, Kansas) and the catalase test. VRE was identified using the DrySlide PYR Kit (BD, Franklin Lakes, New Jersey). GNB was identified using the API-20E test system (bioMérieux, Genève, Switzerland). Antimicrobial resistance testing for *S. aureus* and GNB isolates was performed by disk diffusion using Clinical and Laboratory Standards Institute guidelines³¹. For *S. aureus* isolates, methicillin resistance was determined using 30 µg cefoxitin disks³¹. Susceptible *S. aureus* isolates were classified as methicillin-susceptible *Staphylococcus aureus* (MSSA), while resistant isolates were classified as MRSA. For GNB isolates, resistance to one or more of the following antimicrobials constituted classification as resistant gram-negative bacilli (R-GNB): ceftazidime (30 µg), ciprofloxacin (5 µg), and imipenem (10 µg)³¹.

Assessment of Microorganism Transfer Potential During Patient Utilization of Rehabilitation Services

To assess microorganism transfer during patient utilization of NH rehabilitation services, we followed four patients during a total of ten rehabilitation sessions between July 2018 and August 2018. Rehabilitation sessions were defined as the interaction of a patient with rehabilitation personnel with the intent to undergo physical therapy in the rehabilitation gym. Patient and rehabilitation personnel hand specimens were collected before initiation and after completion of the patient's entire rehabilitation session, while equipment surface specimens were collected before and after patient utilization (Figure 1). MDRO and non-MDRO burden was assessed using the aforementioned microbiology

methods. Microorganism transfer was defined as the identification of microorganisms on destination surfaces that were not contaminated prior to source interaction³². Microorganism transfer directionality was classified as: (1) patient hands to rehabilitation equipment, (2) rehabilitation equipment to patient hands, or (3) unidentified rehabilitation environment reservoir to patient or rehabilitation personnel hands.

Statistical Analyses

Patient demographics, clinical and common area usage data was assessed using proportions for categorical data and means for continuous data. Short-stay status was defined as patients with an expected duration of stay less than 90 days. MDRO burden of common areas was assessed using the following analysis strategies: (1) overall aggregate common area contamination data, (2) specimen-level data (aggregate MDRO burden of each common area surface sampled), and (3) visit-level data (aggregate MDRO burden of all common area surfaces sampled during that facility's sampling visit). The MDRO burden of rehabilitation services was assessed using the aforementioned analysis strategies. Common area surfaces were dichotomized into primarily patient-used (shower room, rehabilitation gym, hallway handrails, living room, and dining room) and nursing staff-used (soiled utility room keypad, patient charts, nurses' station counter, nurse touch screen) common areas through a priori reasoning. Univariate logistic regression was used to assess differences in MDRO contamination of primarily patient-used and nursing staff-used common area surfaces. Microorganism transfer during rehabilitation sessions were analyzed on surfaces with matched before and after specimens. Microorganism transfer potential was calculated as the number of identified transfer events divided by the total number of matched specimens. Analyses were performed using SAS, version 9.4 (SAS Institute, Inc., Cary, NC).

RESULTS

Patient Characteristics and Common Area Usage

A total of 651 patients were enrolled in the parent study between January 2014 and August 2016. The average age was 74.7 years (range, 34–102; median, 76), 57.8% were female, and 62.4% were white. At the time of admission, 92.5% (602/651) of patients were expected to be short-stay residents. Patient demographics and enrollment statistics were described further elsewhere³⁰. Complete common area data was collected from 85.9% (559/651) of enrolled patients. The most frequently used common areas were the shower room and rehabilitation gym, with 97.9% (547/559) and 95.7% (535/559) of enrolled patients reporting usage, respectively. Of these, 99.6% (545/547) of shower room users reported weekly usage (<5 days a week), while 99.4% (532/535) of rehabilitation gym users reported daily usage (5 days a week). The dining room and living room were used less frequently, with 25.6% (143/559) and 18.8% (105/559) of enrolled patients reporting usage, respectively. Of these, 80.4% (115/143) of dining room and 58.1% (61/105) of living room users reported daily usage.

MDRO Burden of Nursing Home Common Areas

During 180 monthly sampling visits, 1338 common area surfaces were swabbed from 54 total common areas. Of the 180 sampling visits, 116 (64.4%) CA visits demonstrated the

presence of at least one MDRO-positive common area specimen. Visit-level contamination of one or more common area with MRSA, VRE, and R-GNB was observed in 44 (24.4%), 60 (33.3%), and 57 (31.7%) of sampling visits, respectively. Additionally, of the 54 total common areas cultured during this study, 45 (83%) were MDRO-positive at least once.

Of the 1338 common area specimens, 179 (13.4%) were positive with at least one MDRO: 51 (3.8%) with MRSA, 77 (5.8%) with VRE, and 68 (5.1%) with R-GNB. The most contaminated common area surfaces were the shower room (25.6%), rehabilitation gym (21.4%), hallway handrails (20.7%), soiled utility room keypad (13.0%), and the living room (11.1%) (Table 1). Primarily patient-used common area surfaces were 3.1 times more likely to be contaminated with an MDRO than nursing-staff used common area surfaces (95% confidence interval, 2.10–4.52; P-value, < 0.001).

MDRO Burden of the Nursing Home Rehabilitation Gym

To assess the MDRO burden of the NH rehabilitation gym, 711 targeted rehabilitation gym specimens (521 equipment and 190 personnel hand) were collected during 60 visits. Of the 60 rehabilitation gym sampling visits, 33 (55.0%) demonstrated the presence of at least one MDRO-positive specimen. MRSA, VRE, and R-GNB were retrieved in 12 (20.0%), 18 (30.0%), and 13 (21.7%) of the rehabilitation gym sampling visits, respectively. Of the 521 rehabilitation equipment specimens collected, 40 (7.7%) were positive for at least one MDRO: 13 (2.5%) with MRSA, 21 (4.0%) with VRE, and 10 (1.9%) with R-GNB. The most contaminated rehabilitation equipment was the arm bike handle (17.0%), followed by the pulley (11.8%), stairs (10.2%), mat (8.5%), and activity table (6.8%) (Table 2). Of the 190 rehabilitation personnel hand specimens, 7 (3.7%) were MDRO-positive: 3 (1.6%) with MRSA, 1 (0.5%) with VRE, 3 (1.6%) with R-GNB.

Microorganism Transfer Potential During Ten Rehabilitation Sessions

In order to assess microorganism transfer potential associated with NH rehabilitation services, 4 patients were followed during a total of 10 rehabilitation session in two NH rehabilitation gyms for a total of 365 minutes (range, 13–54 minutes). The average participant age was 67.3 years (range, 62–74), 3 were female, and 3 were white. During these 10 rehabilitation sessions, 41 equipment, 20 patient hand, and 18 rehabilitation personnel hand specimens were collected. A total of 35 destination surfaces (10 patient hands, 7 rehabilitation personnel hands, and 18 equipment surfaces) had matching specimens collected (Figure 2). Half of 10 rehabilitation sessions demonstrated at least one microorganism transfer event. Of the 35 eligible destination surfaces during these 10 visits, 6 (17.1%) demonstrated the acquisition of a novel microorganism (Figure 3).

DISCUSSION

In this study, we conducted microbial surveillance in NH common areas to quantify their MDRO burden. Additionally, we assessed microorganism transfer potential through in-depth sampling during patient interaction with NH rehabilitation services. Our study demonstrates widespread MDRO burden in NH common areas, whilst providing evidence of pathogen transfer during patient and healthcare worker interaction within the rehabilitation gym

environment. Our results further support the emerging infection prevention concern that high-touch surfaces located outside the patient room environment may contribute to the persistence and transmission of MDROs within post-acute care facilities^{9, 27}.

This study identified MDRO contamination in a significant proportion of specimens collected from common areas, whilst describing differences in MDRO burden among several high-touch common area and rehabilitation gym environment surfaces. These observations are supported by a limited number of studies. A study that conducted environmental sampling of high-touch common areas during a decolonization trial in 28 California NHs, reported that 50% of common area specimens were contaminated with an MDRO²⁸. In another study in 10 California NHs, Murphy et al. cultured the same ten common area objects during 5 separate visits and reported that 16% were MRSA-positive²⁹. While the authors acknowledge that different microbiological techniques were used, our study reports markedly lower common area contamination than the two aforementioned studies, with MRSA and VRE identified on 3.8% and 5.8% of common area specimens, respectively. While these aforementioned studies have initiated concern about environmental contamination of NH common areas, our study provides a broader account of the widespread contamination of NHs through our extensive surveillance of a diverse collection of both patient and nursing-associated common areas; and its assessment of common area contamination with R-GNB.

Additionally, we report widespread usage of NH common areas, with virtually all patients using the rehabilitation gym and shower room. Recent literature demonstrated that resident-staff, resident-environment, and staff-environment contact is frequent in NH common areas³³. In particular, therapy-associated common areas were frequent sources of interaction for patients and nursing staff, alike³³. Most notably, our findings demonstrated that primarily patient-used common areas (e.g. individual rehabilitation gym equipment) were more contaminated than common area surfaces used primarily by NH frontline staff (e.g. nurses' station). As patient social interaction is encouraged, these common areas could contribute to the persistence of MDROs by serving as environmental reservoirs.

Our finding that patient-used common areas are more likely to be contaminated with MDROs than nursing staff-used common areas is particularly intriguing. Studies now show that patient hands are more likely to be contaminated than healthcare provider hands^{17, 34, 35}. As patient hand contamination with MDROs is higher than healthcare provider hand contamination with MDROs, these findings point to the role of patient hands in MDRO transmission. Furthermore, patient hands are markedly easy to culture, implicated as vehicles of transmission, and are therefore more likely to be informative when considering patient mobility outside of their rooms^{19, 34}. Our assessment of microorganism transfer potential provides evidence of patient seeding of environmental surfaces and subsequent acquisition potential for both patients and healthcare providers. These results further support the growing evidence of the transfer of microorganisms between patients, healthcare providers, and their environment during the provision of patient care³². Future studies should assess the role of pragmatic interventions, such as patient hand hygiene, in disrupting the chain of transmission during physical therapy in nursing homes.

Common area and rehabilitation gym environments present several challenging infection prevention concerns. First, transmission opportunities through the direct and indirect seeding of environmental surfaces, mediated by patient, staff, and visitor interaction, is frequent within these shared and high-trafficked environments. Additionally, patient interaction and the provision of care provides opportunities for direct MDRO transmission. Furthermore, NH environments are oftentimes designed with aspirations to promote an environment that encourages social interaction and patient autonomy. Infection prevention interventions, such as isolation precautions, the installation of wall-mounted alcohol-based hand rub dispensers, and the donning of personal protective equipment is oftentimes discouraged in an attempt to minimize perception of the NH as an institutionalized care setting²⁷. Finally, attentiveness to environmental cleaning challenges is necessary in order to effectively reduce the MDRO burden and transmission potential associated with these environments. For instance, variations of common area cleaning practices have been reported to influence MRSA environmental burden²⁹. Moreover, qualitative assessment of environmental cleaning practices at our study's 6 participating NHs identified heterogeneity in cleaning practices³⁶. As the common area and NH rehabilitation environment pose infection prevention challenges, the development of appropriate policies, targeted procedures, and pragmatic interventions to address these concerns is advised³⁷.

Our study has several limitations. First, we sampled the common area and rehabilitation gyms monthly and thus could have missed transient contamination in between sampling visits. Second, as common area specimens were not differentiated by surface (e.g. tabletop or chair handle), this could have misrepresented the MDRO burden of each common area. This study's surface-differentiated sampling of the NH rehabilitation gym demonstrated this limitation. Third, the pilot assessment of microorganism transfer didn't utilize genotyping to confirm isolate identity. We will be evaluating this question in our subsequent studies. Fourth, the sample size of the pilot qualitative assessment of MDRO transfer was limited to four enrolled patients over a duration of 10 total rehabilitation sessions. For more generalizable data, a larger and more representative patient sample is advised. Finally, this paper didn't assess environmental cleaning and disinfection practices within the common area and rehabilitation gym environments. Future studies are warranted to assess the role of environmental cleaning practices in the reduction of pathogen burden on high-touch NH common area surfaces.

We note several strengths. First, this is one of the largest microbial surveillance studies of NH common area and rehabilitation gym surfaces – areas that are used by more than 95% of our burgeoning short-stay population. To the authors' knowledge, this study assesses several common area and rehabilitation equipment surfaces that were previously not reported as MDRO reservoirs. Second, our study's differential sampling of NH rehabilitation gym surfaces highlights the variable contamination of rehabilitation equipment surfaces, suggesting the potential for targeted infection prevention interventions. Third, this study assessed patient interaction with the surfaces located in the NH rehabilitation environment, demonstrating that the rehabilitation gym, an understudied infection prevention concern, is an MDRO reservoir with significant microorganism transfer potential.

In summary, this study supports the emerging understanding that environmental surfaces contribute to the persistence and transmission of MDROs within post-acute care facilities. This study's microbial surveillance of NH common areas identified widespread and frequent MDRO contamination, alongside transfer potential associated with the provision of physical therapy in the NH rehabilitation gym. Further research assessing MDRO transmission potential during patient interactions with the NH common area environment should be considered a priority. Additionally, assessment of facility-wide characteristics alongside patient-centric data could further elucidate the relationship between common area contamination and patient colonization in NHs.

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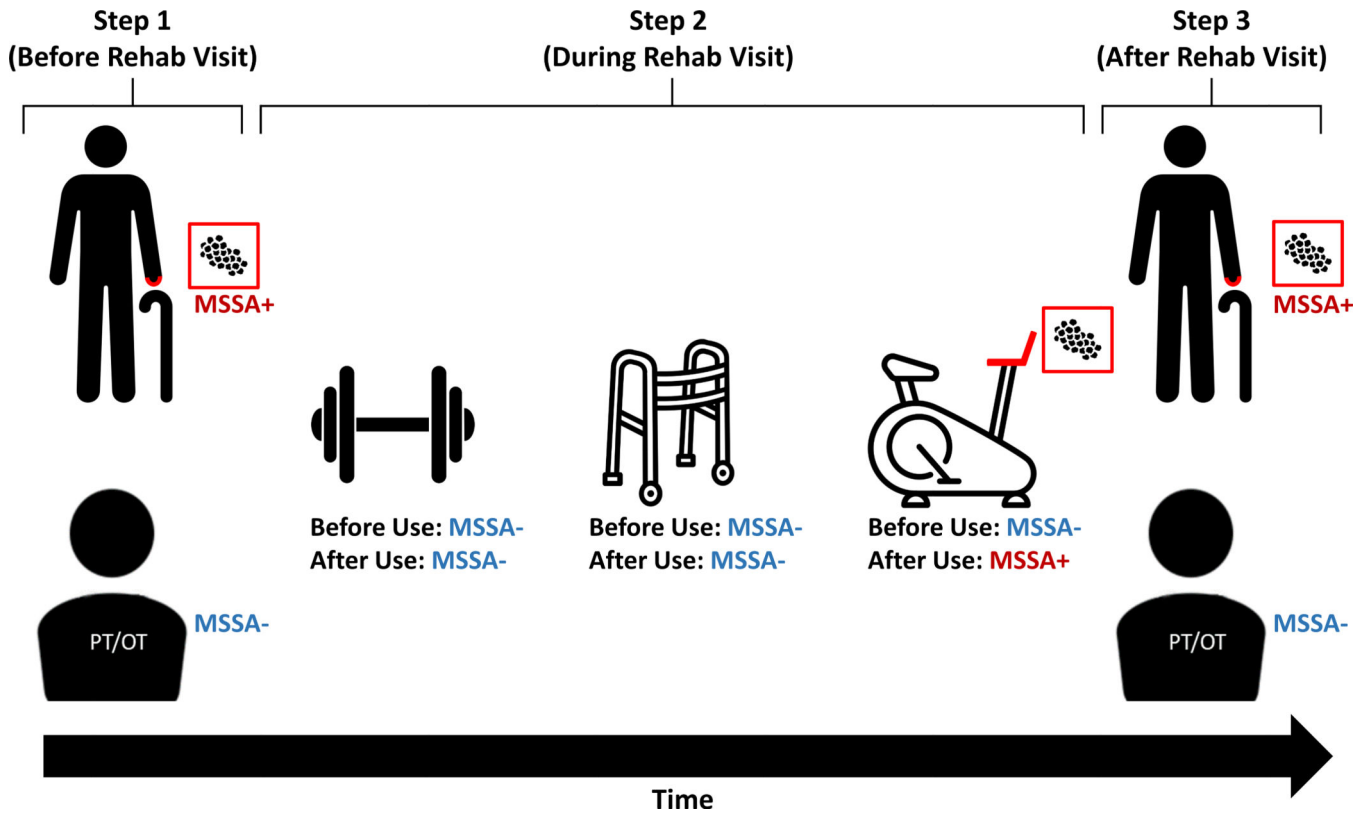


Figure 1. Example of Microorganism Transfer During a Rehabilitation Session.

Step 1: Patient and rehabilitation personnel (physical or occupational therapy) hand specimens were collected before initiation of the rehabilitation session. Step 2: Equipment surface swabs were collected before and after patient utilization. Step 3: Patient and rehabilitation personnel hand specimens were collected after the conclusion of the rehabilitation session. Microorganism transfer was defined as the identification of microorganisms on destination surfaces that were not contaminated prior to source interaction. Here, the patient successively interacts with the weights, walker, and stationary bike during their rehabilitation session. Transfer of methicillin-susceptible *Staphylococcus aureus* (MSSA) from the patient hands to the stationary bike handle was identified.

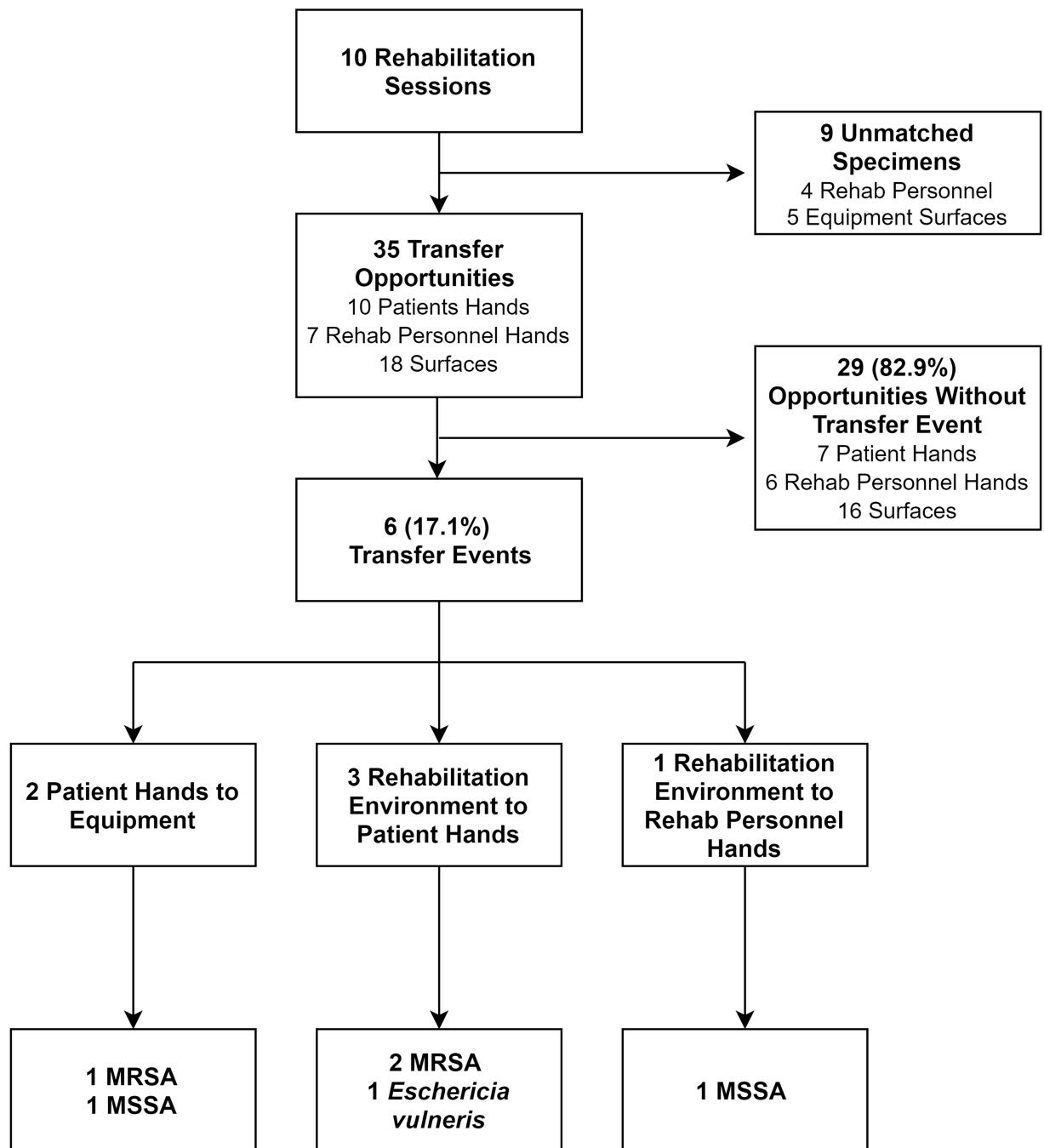


Figure 2. Assessment of Microorganism Transfer Potential During Ten Rehabilitation Sessions. Abbreviations: MRSA, methicillin-resistant *Staphylococcus aureus*; MSSA, methicillin-susceptible *S. aureus*.

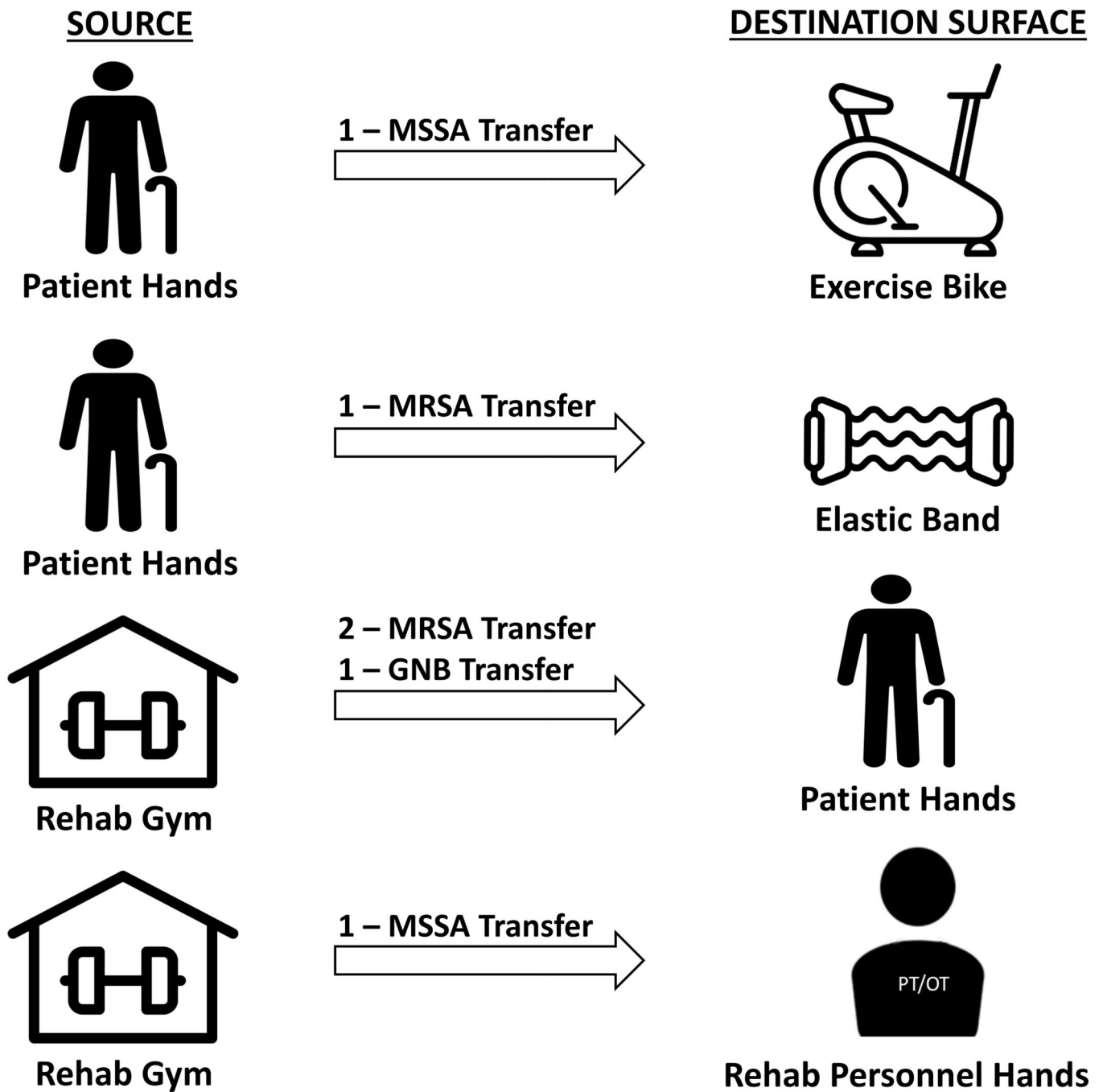


Figure 3. Six Microorganism Transfer Events Identified During Transfer Potential Assessment. Non-resistant *Escherichia vulneris* was classified as GNB. Abbreviations: MRSA, methicillin-resistant *Staphylococcus aureus*; VRE, vancomycin-resistant enterococci; GNB, gram-negative bacilli.

Table 1.

Multidrug-Resistant Organism (MDRO) Contamination of High-Touch Common Area Surfaces.

Specimen	MRSA+ No. (%)	VRE+ No. (%)	R-GNB+ No. (%)	Any MDRO+ No. (%)
All Common Area Specimens (N=1338)	51 (3.8)	77 (5.8)	68 (5.1)	179 (13.4)
Primarily Patient-Used Common Areas (N=796)^a	43 (5.4)	61 (7.7)	52 (6.5)	143 (18.0)
Shower Room (n=156)	7 (4.5)	20 (12.8)	19 (12.2)	40 (25.6)
Rehabilitation Gym (n=178)	14 (7.9)	20 (11.2)	10 (5.6)	38 (21.4)
Hallway Handrails (n=179)	14 (7.8)	10 (5.6)	13 (7.3)	37 (20.7)
Living Room (n=117)	2 (1.7)	5 (4.3)	6 (5.1)	13 (11.1)
Dining Room (n=166)	6 (3.6)	6 (3.6)	4 (2.4)	15 (9.0)
Nursing Staff-Used Common Areas (N=542)	8 (1.5)	16 (3.0)	16 (3.0)	36 (6.6)
Soiled Utility Room Keypad (n=131)	2 (1.5)	12 (9.2)	7 (5.3)	17 (13.0)
Patient Charts (n=71)	0 (0.0)	3 (4.2)	3 (4.2)	6 (8.5)
Nurses' Station Counter (n=173)	5 (2.9)	0 (0.0)	5 (2.9)	10 (5.8)
Nurse Touch Screen (n=167)	1 (0.6)	1 (0.6)	1 (0.6)	3 (1.8)

^aCommon area surfaces were stratified by patient and nursing staff usage pattern through a priori reasoning.

Abbreviations: MRSA, methicillin-resistant *Staphylococcus aureus*; VRE, vancomycin-resistant enterococci; R-GNB, resistant gram-negative bacilli; MDRO, multidrug-resistant organism.

Table 2.

Multidrug-Resistant Organism Contamination of Rehabilitation Gym Equipment and Rehabilitation Personnel Hand Specimens.

Specimen	MRSA+ No. (%)	VRE+ No. (%)	R-GNB+ No. (%)	Any MDRO+ No. (%)
Rehabilitation Personnel Hands (N=190)	3 (1.6)	1 (0.5)	3 (1.6)	7 (3.7)
Rehabilitation Equipment (N=521)	13 (2.5)	21 (4.0)	10 (1.9)	40 (7.7)
Arm Bike Handle (n=53)	4 (7.6)	3 (5.7)	4 (7.6)	9 (17.0)
Pulley (n=51)	1 (2.0)	3 (5.9)	2 (3.9)	6 (11.8)
Stairs (n=59)	1 (1.7)	3 (5.1)	2 (3.4)	6 (10.2)
Mat (n=59)	2 (3.4)	2 (3.4)	2 (3.4)	5 (8.5)
Activity Table (n=59)	2 (3.4)	2 (3.4)	0 (0.0)	4 (6.8)
Stationary Bike Handle (n=64)	2 (3.1)	3 (4.7)	0 (0.0)	4 (6.3)
Weights (n=57)	0 (0.0)	2 (3.5)	0 (0.0)	2 (3.5)
Chair Handle (n=59)	1 (1.7)	1 (1.7)	0 (0.0)	2 (3.4)
Parallel Bars (n=60)	0 (0.0)	2 (3.3)	0 (0.0)	2 (3.3)

Abbreviations: MRSA, methicillin-resistant *Staphylococcus aureus*; VRE, vancomycin-resistant enterococci; R-GNB, resistant gram-negative bacilli; MDRO, multidrug-resistant organism.