

REVIEW ARTICLE

Neuroinflammatory Signaling in the Pathogenesis of Alzheimer's Disease

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Abstract: Alzheimer's disease (AD) is a chronic neurodegenerative disease characterized by the formation of intracellular neurofibrillary tangles (NFTs) and extracellular amyloid plaques. Growing evidence has suggested that AD pathogenesis is not only limited to the neuronal compartment but also strongly interacts with immunological processes in the brain. On the other hand, aggregated and misfolded proteins can bind with pattern recognition receptors located on astroglia and microglia and can, in turn, induce an innate immune response, characterized by the release of inflammatory mediators, ultimately playing a role in both the severity and the progression of the disease. It has been reported by genome-wide analysis that several genes which elevate the risk for sporadic AD encode for factors controlling the inflammatory response and glial clearance of misfolded proteins. Obesity and systemic inflammation are examples of external factors which may interfere with the immunological mechanisms of the brain and can induce disease progression. In this review, we discussed the mechanisms and essential role of inflammatory signaling pathways in AD pathogenesis. Indeed, interfering with immune processes and modulation of risk factors may lead to future therapeutic or preventive AD approaches.

Keywords: Neuroinflammation, Alzheimer's disease, inflammatory cytokine, astroglia, microglia, disease-associated microglia.

1. INTRODUCTION

Alzheimer's disease (AD) is a progressive neurodegenerative disease that is the most common cause of dementia characterized by neuronal loss and cognitive impairment [1, 2]. Worldwide, about 50 million people have AD or associated dementia, and this figure is expected to reach 82 million in 2030 and 152 million in 2050 [3]. Presently, over 5 million Americans are affected by AD [4]. In addition, as life expectancy increases, it is also projected that by 2050, around 13.8 million Americans will be affected by AD [5]. AD-related financial burden exceeds about 230 billion US

dollars and is also predicted to reach 1.1 trillion US dollars by the year 2050 [6]. Considering the AD-related financial and clinical burden, it has become essential to identify novel mechanisms which are accountable for AD pathogenesis and also detect potential therapeutic targets.

The main characteristics of AD pathology include the presence of amyloid-beta (A β) and neurofibrillary tangles (NFTs) [7]. The pathology of A β is found to arise from the inappropriate amyloid precursor protein (APP) cleavage, which can result in aggregation of A β monomers leading to A β oligomer formation and, ultimately, to the aggregation of A β plaques and fibrils [8, 9]. Tau regulates microtubule dynamics and interacts with various proteins that can cause adverse gains of function [10]. The fast kiss-and-hop interaction reveals why tau, although binding to microtubules, does

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not hinder axonal transport [11]. On the other hand, it is known that tau hyperphosphorylation can result in the formation of NFTs [12, 13]. Furthermore, in the case of AD, tau is found to be phosphorylated at various sites, which appears to modulate its interaction with microtubules [14-16]. Hyperphosphorylated soluble tau contributes to neuronal dysfunction prior to its deposition in the brain [17]. Highly phosphorylated tau interferes with neuronal activities like axonal transport and mitochondrial respiration [18,19]. Moreover, hyperphosphorylated tau can aggregate into paired helical fragments, which can further result in the formation of NFTs [20]. Loss of neuronal functions can occur due to compromised cellular function and buildup of hyperphosphorylated tau tangles, eventually leading to apoptosis [15].

In the past several years, a third main AD characteristic has emerged that might provide a better understanding regarding the pathogenesis of AD. It has been confirmed through multiple studies that along with the NFTs and A β plaques, the presence of sustained neuroinflammatory response was observed in AD brains [21-23]. Additionally, the inflammatory response has also been examined in several studies involving postmortem tissues of AD individuals, and this response was also often observed in preclinical AD models [24-30]. Various studies now support that neuroinflammation might be the main neuropathological event causing neurodegeneration in AD. Multiple reports have indicated the presence of an elevated level of cytokines in animal models of AD [31-33] as well as in the brain of AD patients [34, 35]. It has also been revealed that glial cell (*i.e.*, including astrocytes and microglia) activation has a significant contribution in inducing neurodegeneration-related inflammatory signaling mechanisms [36, 37]. In the case of AD individuals, reactive astrocytes and microglia are predominantly found in increased numbers near the senile plaques [38-40], which is further suggesting a contribution of these immune cells in AD pathogenesis.

Although noteworthy progress has been made in the current research, there is still a debate regarding whether the glial-facilitated inflammatory response noticed in AD is a consequence or a cause of neurodegeneration. A better understanding regarding the pathophysiological processes of AD is essential to facilitate the development of new therapeutic approaches. In this review, a comprehensive outline of the role of neuroinflammation in AD pathogenesis has been provided based on recent findings.

2. INFLAMMATORY REACTIONS IN ALZHEIMER'S BRAIN PATIENTS

There are numerous evidence that inflammation plays an intrinsic role in pathogenic events leading to the progression of AD, like A β accumulation, neuronal damage, and cognitive deficits [32, 41-43]. Activation of the glial cells may take place at the early stage of AD, even before the accumulation of A β [44]. Some studies have also reported that the activation of astrocytes takes place following microglial activation owing to cytokine expression in AD [45, 46]. Works carried out with human AD brains (post-mortem brain tissues) and brains of APP transgenic animals have shown elevated levels of inflammatory molecules such as interferon- γ (IFN- γ), tumor necrosis factor- α (TNF- α), interleukin (IL-

1 β , and IL-6 [47-51]. IFN- γ and TNF- α are toxic for neurons, and these molecules reduce the levels of insulin-degrading enzymes, which serve as a key A β degrading protease. This process is considered as an alternative mechanism by which the inflammatory process could induce amyloid deposition. In addition, IFN- γ and TNF- α also induce the release of A β and reduce the ability of microglial cells to degrade A β [49].

Microglia in AD can respond to a variety of stimuli, such as A β peptides, their APP, and NFTs [52]. Numerous works have studied the interrelationship between microglial activation and amyloid deposition (Fig. 1) that triggers the production of several pro-inflammatory mediators [53-56]. Microglial stimulation induced by A β *via* the Fc receptors, CD36 receptor [57], toll-like receptors (TLRs) [58], and receptor for advanced glycation end products (RAGE) [59], can increase A β formation while decreasing A β clearance, then leading to AD progression. Interestingly, fibrillar A β (fA β) has been reported to activate microglia and thus stimulates the production and secretion of several proinflammatory cytokines, including IL-1 β , IL-6, TNF- α , TGF- β , macrophage inflammatory protein 1 α (MIP1 α), MIP1 β , and monocyte chemoattractant protein-1 (MCP-1) [47, 60, 61]. It has also been observed that A β -stimulated microglia produces reactive oxygen species (ROS) [62, 63].

The effects of the sustained overexpression of IL-1 β were investigated in an APP^{swe}/PS1^{dE9} mouse model of AD [64]. Surprisingly, a significant reduction of amyloid deposition was observed in the hippocampus of mouse models. It was also reported that the over-expression of IL-1 β induces a robust neuroinflammatory response in the mouse hippocampus characterized by activation of astrocytes and microglia [64]. Chakrabarty *et al.* [65] revealed in an animal model of AD that there is an increased level of IL-6 in the brain, which further diminishes amyloid deposition. Indeed, inflammation is a critical factor that severely damages the brain, and numerous molecules implied in this process may play a role in the AD-related pathology.

3. MEDIATORS AND MODULATORS OF NEUROINFLAMMATORY SIGNALING IN ALZHEIMER'S DISEASE

It has been confirmed that the deregulation of several mediators and modulators of neuroinflammation, including cytokines, chemokines, caspases, prostanooids, and neuroprotectin D1, and complement system are involved in the AD pathogenesis.

3.1. Cytokines

3.1.1. TNF- α

TNF- α is an inflammatory cytokine which is found to be increased in both the plasma and brain of AD individuals and is proximal to amyloid plaques on autopsy, clarifying its role in the inflammatory milieu [66]. A study revealed that single-nucleotide polymorphisms in the promoter regions of TNF- α and IL-10 are found to be linked with cerebral inflammatory response and increase late-onset AD risk [67]. When neuron-specific TNF- α is recurrently overexpressed in triple-transgenic AD (3xTg-AD) mice using adeno-associated virus (AAV) vectors, there was an elevated level

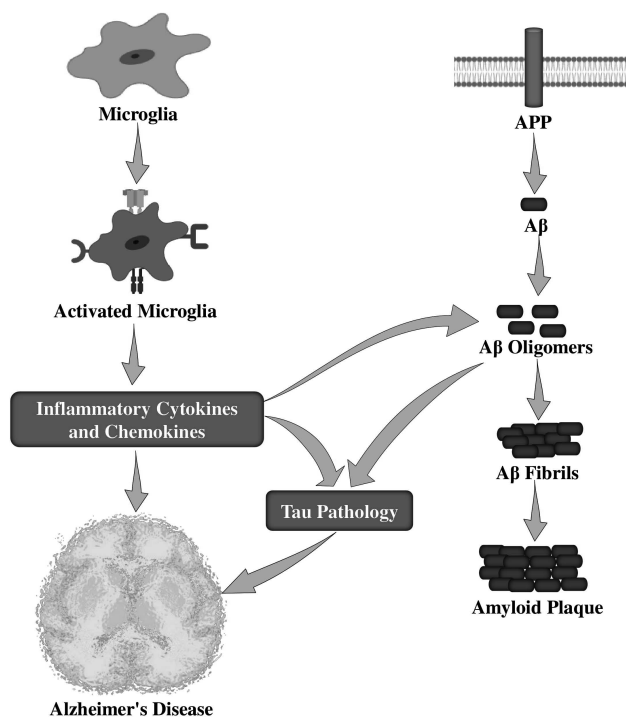


Fig. (1). Role of activated microglia in the pathological events of Alzheimer's disease. APP, amyloid precursor protein; A β , amyloid-beta. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

of intracellular A β in the short-term and, in the long-term, an induced inflammation and tau pathology, resulting in neuronal cell death [68]. Additionally, the study indicated that overexpression of TNF- α signaling could increase AD-related pathology and is harmful to neuronal viability [68]. Nevertheless, TNF- α is also found to be associated with a detrimental effect triggered by A β on inducing memory and learning impairments as well as synaptic memory mechanisms in AD [66, 69]. On the other hand, TNF- α inhibition decreases the A β -induced impairment on recognition memory through long-term potentiation (LTP) [70]. Pharmacological TNF- α inhibition suppressed cognitive impairment in mouse models [71]. Collectively, these findings indicate that selective prevention of neuronal TNF- α signaling through the targeted blocking of receptor expression might preserve neurons in AD.

Tumor necrosis factor receptor-1 (TNFR1) and TNFR2 are the two cognate transmembrane receptors for TNF- α [72]. Their biological actions have been found to be differentially expressed and controlled. Interestingly, it has been observed that signaling through the cognate TNFR induces various cellular responses, including cell migration, cell proliferation, and apoptosis, these processes being mediated *via* the activation of several downstream signal transduction cascades involving nuclear factor kappa light chain enhancer of activated B cells (NF- κ B), c-Jun N-terminal kinase (JNK), p38, and ceramide-sphingomyelinase pathways [73]. Interestingly, it has been observed that *TNFR1* gene deletion in APP transgenic mice decreases the deposition of plaque and also improves cognitive impairment by the down-regulating activity of the *BACE1* promoter [74]. A study has revealed that *TNFR1* knockout could lead to suppression of the AD-associated amyloid pathology [75]. It was also observed that

inhibition of soluble TNF signaling can avert, on a short-term basis, the AD-related amyloid pathology [75]. Nevertheless, deletion of TNFR1 and TNFR2 signaling worsens the hallmarks of amyloid and NFTs pathology without any cell type or stage specificity in the 3xTg mouse model [76]. This aforesaid result indicates that particular attention should be taken when anti-TNF- α is used on a long-term basis. Recently, researchers have observed that prolonged *TNFR2* knockdown in hippocampal neurons through recombinant AAV serotype 2 (rAAV2) vector-mediated short interfering ribonucleic acid (siRNA) delivery can result in an increased deposition of A β plaques and formation of paired helical filaments [73], further suggesting that TNFR2 may exert protective effects that might be essential to counteract TNFR1-driven signal transduction.

However, similar neuroprotective properties have been ascribed to TNF- α . It was observed that pretreatment with TNF- α and A β peptides in dissociated neuronal cultures spared cells from A β -mediated neuronal death, iron toxicity, and intracellular accumulation of calcium (Ca²⁺) ions through the NF- κ B-dependent process [77]. In enriched cultures of primary neurons, TNF- α was found to be trophic to rat hippocampal neurons, protecting them from free radicals, glutamate, and A β toxicity [47]. Furthermore, it has also been revealed that intrathecal TNF- α levels are inversely associated in a marked fashion, with neuronal degradation and intracerebral apoptosis [78]. Moreover, the generation of B-cell lymphoma 2 (Bcl-2), a molecule that decreases neuronal apoptosis, was observed owing to the incubation of human neuronal cells with TNF- α . Collectively, these findings suggest the complex nature of TNF-mediated signaling mechanisms; more studies are thus required for a better understanding of the cell-specific activities of TNF- α in AD.

3.1.2. IL-1 β

IL-1 β , an IL-1 cytokine family member, is an important pro-inflammatory cytokine which plays a crucial role in the progression of AD pathology [79, 80]. This cytokine is generated and released in response to various stimuli *via* astrocytes and microglia in pro-forms (pro-IL-1 β) in the cytoplasm. However, in order to be produced as a bioactive and mature form, pro-IL-1 β needs to be cleaved by the protease caspase-1 (activated *via* inflammasomes) [81, 82]. It has recently been observed that soluble oligomeric A β elevates the conversion of pro-IL-1 β into mature IL-1 β through ROS-induced activation of NLR family pyrin domain containing 3 (NLRP3) inflammation [83].

It was reported that overexpression of cytokine IL-1 β , which is secreted *via* astrocytes and microglia adjacent to A β plaques, occurs in the brain of AD animal models [84, 85]. However, IL-1 β generation relies on mitogen-activated protein kinase (MAPK) and also NF- κ B signaling mechanisms. *In vitro* studies have demonstrated that IL-1 β plays a role in APP processing. Several studies also suggest that IL-1 β overexpression worsens phosphorylation of tau and the formation of tangles *via* an abnormal activation of glycogen synthase kinase 3 (GSK3) and p38-MAPK [86, 87], which can eventually influence the synaptic plasticity, suppress LTP, and then learning and memory [88]. Blocking IL-1 β in the AD mouse model, significantly prevents cognitive deficits, reduces tau pathology, and decreases the generation of fA β and S100 [87]. Furthermore, fA β can trigger the activation of microglia, which can further result in the enhanced generation and secretion of neurotoxic secretory substances, including pro-inflammatory cytokines (for example, ROS and IL-1 β) [89]. From these results, it can be assumed that A β deposits can be both a consequence and a cause of IL-1 β expression in AD individuals. Moreover, an enhanced expression of IL-1 β impairs the A β clearance activity of microglia [90] and increases the blood-brain barrier (BBB) penetrability, further mediating brain A β accumulation [91]. It was demonstrated that IL-1 β might have a significant contribution to reducing AD pathology [64]. Moreover, a prolonged overexpression of IL-1 β decreases A β -associated pathology *via* the control of the microglia-mediated plaque degradation or mediation of the non-amyloidogenic cleavage of APP in cell cultures and AD mouse models [92-94]. Therefore, IL-1 β might have a multifaceted function in AD pathogenesis.

3.1.3. IL-6

IL-6, a pleiotropic inflammatory cytokine, is primarily formed *via* stimulated astrocytes and microglia in various brain areas [95]. Additionally, IL-6 might induce astrocytes and microglia to release acute-phase proteins as well as pro-inflammatory cytokines, including the C-reactive protein (CRP) [96]. In AD individuals and animal models, increased IL-6 levels have been observed in the plasma, cerebrospinal fluid, and brain, particularly around the A β plaques. Thus, it is anticipated that IL-6 is associated with AD pathophysiology with chronic or acute inflammatory constituents.

Numerous studies have explored the molecular and cellular mechanisms underlying the relationship of IL-6 with AD involving A β and tau [97]. It has been reported that IL-6

generation *via* human neurons is induced through glycation end product-modulated A β and tau. Previous studies have revealed the function of IL-6, which participates in APP generation and processing in primary rat cortical neuronal cells [98]. As a result, fA β was found to activate microglia, which further leads to the increased generation and secretion of IL-6 [99]. Trans-signaling is the process of IL-6 signaling involving its soluble form, IL-6R (sIL-6R), which is assumed to be responsible for the pro-inflammatory effects of IL-6. A study has reported that Toll-like receptor 2 (TLR2) activation in primary human peripheral blood mononuclear cells and THP-1 cells, causes IL-6 trans-signaling *via* metalloproteases like ADAM10 and ADAM17 [100]. IL-6-treated hippocampal cells may play a role in the formation of NFTs *via* stimulating tau phosphorylation by cyclin dependent kinase 5 (Cdk5)/p35 dysregulation [101]. IL-6 can also cause activation of Janus kinase/signal transducers and activators of transcription (JAK/STAT), N-methyl-D-aspartate (NMDA) receptor, and MAPK-p38 MAPK-p38 protein kinases, both being found associated with tau hyperphosphorylation [98]. Nonetheless, IL-6 overexpression stimulated *via* AAV1 in transgenic APP mouse models and nontransgenic littermates was shown to exert a significant inhibition of A β deposition, which did not markedly modify the levels of APP [65]. Therefore, it can be said that IL-6 reduces A β -plaque pathology, possibly by the activation of the microglia M2 phenotype that enhances A β phagocytosis [65].

IL-6 exerts a significant role in neurodegeneration and neuroinflammation *via* the control of cognitive functions [102]. It was observed that an increased level of IL-6 is linked with an age-associated cognitive deficit in humans [103]. Various studies have demonstrated that upon inflammatory situations, excessive levels of IL-6 *via* activation of the NADPH oxidase in neuronal cells, which is mediated through the aging process or inflammation, might damage spatial learning and memory [104]. In contrast, it was also found that under basal inflammation conditions, IL-6 and JAK/STAT downstream signaling facilitates cognitive flexibility [105].

3.1.4. IL-18

IL-18, also known as interferon- γ (IFN- γ) inducing factor, is a pro-inflammatory cytokine produced from an inactive precursor protein called pro-IL-18 (24-kDa) and cleaved *via* proteinase-3 and caspase-1 to produce a biologically active and mature protein of 18 kDa molecular mass [106, 107]. However, the main sources of IL-18 in the central nervous system (CNS) include activated microglia, ependymal cells and astrocytes, and neurons. It has been reported that an increased level of IL-18 expression may result in a vicious inflammation cycle [108]. IL-18 is generated from an inactive 24 kDa precursor protein. The intracellular cysteine proteinase caspase-1 cleaves pro-IL-18 to a mature and bioactive molecule of 18 kDa [109, 110].

Growing evidence has confirmed that IL-18 might be associated with various features of AD-related neurodegeneration [108, 111]. Studies have also confirmed that IL-18 probably has a direct effect on synaptic plasticity and neuron survival [112, 113]. However, IL-18 is required to bind with its receptor to activate NF- κ B and thus increasing the formation and release of numerous cytokines and chemokines [114]. IL-18 can activate both Fas and Fas-L promoter activities *via* NF-

κ B activation [115], suggesting that IL-18 could be one of the apoptosis-inducing agents which can play a role in the progression of AD pathogenesis. IL-18 also activates the phosphoinositide 3-kinase/AKT serine/threonine kinase (PI3K/AKT) and MAPKs signaling in certain cell types, resulting in the production and release of proinflammatory cytokines [114]. Furthermore, IL-18 was found to possibly exert cytotoxic effects in cardiomyocytes leading to elevated levels of intracellular Ca^{2+} , and also dysregulation of calcium, which play an essential role in AD pathogenesis [116]. Indeed, IL-18 suppresses the LTP stimulation in the dentate gyrus region, which is essential for the cellular processes underlying memory and learning [112]. Nonetheless, lower levels of IL-18 associated with polymorphism in the cytokine gene might be related to enhanced physical functioning in healthy aged men, indicating that IL-18 might possess neuroprotective activities [117]. However, more studies are required to find out the precise role of IL-18 in AD pathogenesis.

Various studies have examined the molecular mechanisms underlying the role of IL-18 in AD, although the precise incidence of IL-18 in AD pathogenesis remains obscure. It was observed that IL-18 might enhance APP generation and its Thr668 phosphorylation in neuron-like differentiated human SH-SY5Y cells [108]. Similarly, it can also upregulate the amyloidogenic APP processing to generate A β through stimulation of the expression of *BACE1* and N-terminal fragment of presenilin (*PSEN-1*) as well as a portion of the functional γ -secretase complex [118]. It has thus been suggested that increased or extended IL-18 levels might play a role in AD by elevating A β levels. In another study, it was observed that IL-18 might affect tau hyperphosphorylation *via* glycogen synthase kinase-3 β (GSK-3 β) and Cdk5/p35 kinases [119]. Besides, elevated levels of IL-18 expression in peripheral blood and brain were found to be linked with cognitive deficit [118].

3.2. Chemokines

Chemokines in the pathogenesis of AD were found to control the migration of microglia to the regions of neuroinflammation, which can further result in local inflammation [120]. Elevated levels of chemokine C-C motif ligand 2 (CCL2), chemokine receptor 5 (CCR5), and CCR3 in reactive microglia were observed in the case of AD [121, 122], however, the chemokine C-C motif ligand 4 (CCL4) being identified in reactive astrocytes near the areas of A β plaques [121]. It has been demonstrated through *in vitro* experiments conducted on human astrocytes and macrophages that A β can trigger the production of CCL4, CCL3, CCL2, and CXCL8 (IL-8) [123]. Furthermore, an elevated expression of CCL3, CCL2, and CXCL8 was also observed following experimental A β exposure, in microglia cultured from AD autopsies [124]. Modulation of neuronal cell survival [125], load of plaques [126], and cognitive function [127] through the CX3CL1/CX3CR1 have also been reported in a mouse model of AD. The receptors CCR2 [128-130] and CCR5 [99] can also influence the progress of the disease *via* affecting microglial function and positioning.

3.3. Caspases

It has been stated that the caspase protein family is a group of intracellular proteases which are well known as

crucial mediators of inflammation and apoptosis [131, 132]. However, among the inflammatory caspases, caspase-1 catalytic action is strongly controlled through the signal-mediated auto-activation of the inflammasome, which can induce caspase-1 autocatalytic activation and the subsequent cleavage of IL-18 and IL-1 β precursors into bioactive cytokines [133, 134]. In addition, A β fibrils were found to activate NLRP3 inflammasomes through lysosomal impairment in microglia of mouse models [135]. It was also observed that increased active caspase-1 levels are present in the brain of AD individuals and APP/PS1 mouse models [136]. Furthermore, APP/PS1 mouse models lacking caspase-1 or NLRP3 were significantly protected from behavioral impairments, hippocampal loss of synaptic plasticity, spatial memory deficit, and other AD-related consequences [136]. In APP/PS1 mouse models, deficiency of caspase 1 or NLRP3 was found to alter microglial cells from a proinflammatory M1 phenotype to a neuroprotective M2 phenotype and resulted in the reduced A β deposition [136]. Moreover, induction of microglia through multiple inflammogens resulted in the organized activation of the apoptotic caspase-3/7 and caspase-8 (Fig. 2). Once activated, caspase-3 regulates the activation of NF- κ B through the protein kinase C δ and enhances the generation of various neurotoxic proinflammatory mediators including TNF- α , IL-1 β , and nitric oxide (NO). Suppression of these caspases delayed neurotoxicity and microglial activation [137]. Interestingly, these caspases were found to be activated in microglia in AD individuals [138]. However, therapeutic interventions showed effective neuroprotective properties in AD mice [139, 140].

3.4. Prostanoids

The arachidonic acid derivatives, prostanoids (PG) are synthesized *via* cyclooxygenase-1 and inducible cyclooxygenase-2 [141]. A study has reported that selective cyclooxygenase-1 (COX-1; localized in microglia) inhibition reduces neuroinflammation, as well as increases cognitive function in an AD mouse model by reducing the expression of proinflammatory factors and changing the phenotype of activated microglia to promote phagocytic activity [142]. Furthermore, an increased level of the proinflammatory prostaglandin E₂ (PGE₂, which binds with EP1-4 receptors) was observed in individuals with probable AD [143]. Generally, EP1-3 receptors are expressed by microglia cells [144]; however, these were also detected in other brain cells (primarily neurons). EP2 receptors were reported to suppress phagocytosis of A β and increase the neurotoxic actions of microglia [145]. This last finding is in line with results showing that removal of the prostaglandin EP2 or the EP3 receptor in AD mice reduced neuroinflammation, oxidative stress, *BACE* expression, and A β -burden [146-148]. However, usage of PGE₂ EP4 receptor agonists on microglia has shown inhibition of AD-associated inflammation [149]. In contrast, removal of the EP4 receptor in APP/PS1 transgenic mice enhanced plaque burden and the generation of proinflammatory cytokines and chemokines such as IL-1 β and CCL3 [149]. EP4 receptor expression is reduced in the cortex regions of AD and mild cognitive impairment (MCI) patients [149], suggesting that this receptor might play a role in AD-related inflammatory processes. Nevertheless, the function of PGE₂ in neurodegeneration is possibly far more complex because of the effects of PGE₂ on other brain cells, including neurons.

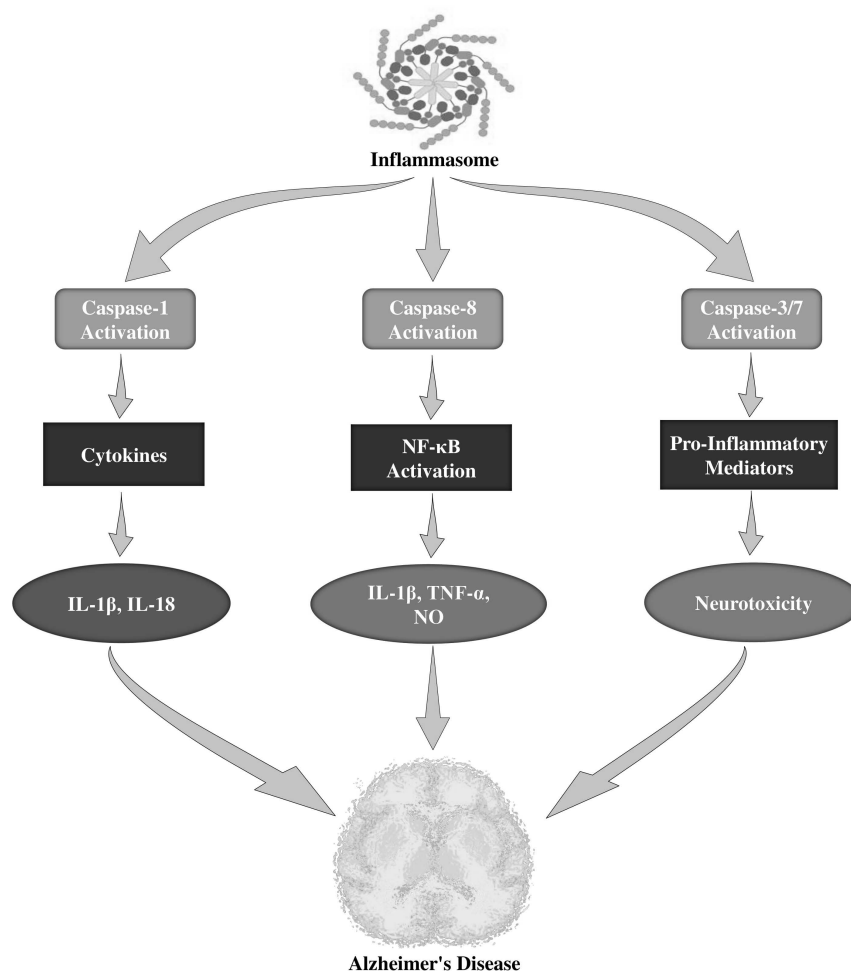


Fig. (2). Role of caspases in the neuroinflammation of Alzheimer's disease. IL-1 β , interleukin-1 β ; NF- κ B, nuclear factor kappa B; TNF α , tumor necrosis factor- α ; NO, nitric oxide. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

3.5. Neuroprotectin D1

Neuroprotectin D1 (NPD1) is an endogenous anti-inflammatory mediator derived from the polyunsaturated fatty acid, docosahexaenoic acid (DHA), a major component of cell membranes [150], which is reduced in AD [151]. Moreover, NPD1 is an autocrine/paracrine mediator [152] participating in the resolution response during the initial events of neuroinflammation, which reduces amyloidogenic APP processing, pro-expression of inflammatory genes, and stimulates neural cell survival [153]. NPD1 suppresses the shedding of the A β 42 peptide by activating the α -secretase as well as down-regulating β -secretase (BACE1) [153]. Additional studies suggested that the peroxisome proliferator-activated receptor- γ (PPAR γ) is required for NPD1-mediated downregulation of BACE1 and A β 42 peptide release [153]. Collectively, NPD1 bioactivity effectively down-regulates inflammatory signaling, amyloidogenic APP processing, and apoptosis to abate neurodegeneration.

3.6. Complement System

Within the innate immune system, the complement system is that which plays a main role in the protection from pathogens [154]. The proteolytic complement cascade activation was found to result in opsonization and eventually

microbial lysis [155]. Astrocytes and microglia are the major brain cells responsible for the generation of proteins of the complement system [156]. Products of the activated complement components are linked with A β deposits in AD [157]. It was reported upon *in vitro* studies that A β activates the complement system through an alternative pathway [158, 159]. The observation that apolipoprotein J (clusterin, *CLU*) variants might play a role in the regulation of C3 convertase activity and processing as well as in the removal of opsonized immune complexes, which are related to AD, has additionally validated the significance of the complement system in AD [160-162].

4. OXIDATIVE STRESS AND INFLAMMATORY MEDIATORS IN ALZHEIMER'S DISEASE

Oxidative stress and inflammatory response are essential components of AD pathogenesis [163, 164]. Several studies have concentrated on the oxidative and the inflammatory elements of AD which are found to be associated with the transcription factor NF- κ B, this latter playing a pivotal role in immunity and inflammation [165]. Interestingly, in animal models of neurodegeneration, including AD, activation of NF- κ B has also been observed with an elevated level of oxidative stress [166], as shown in Fig. (3). In addition to this,

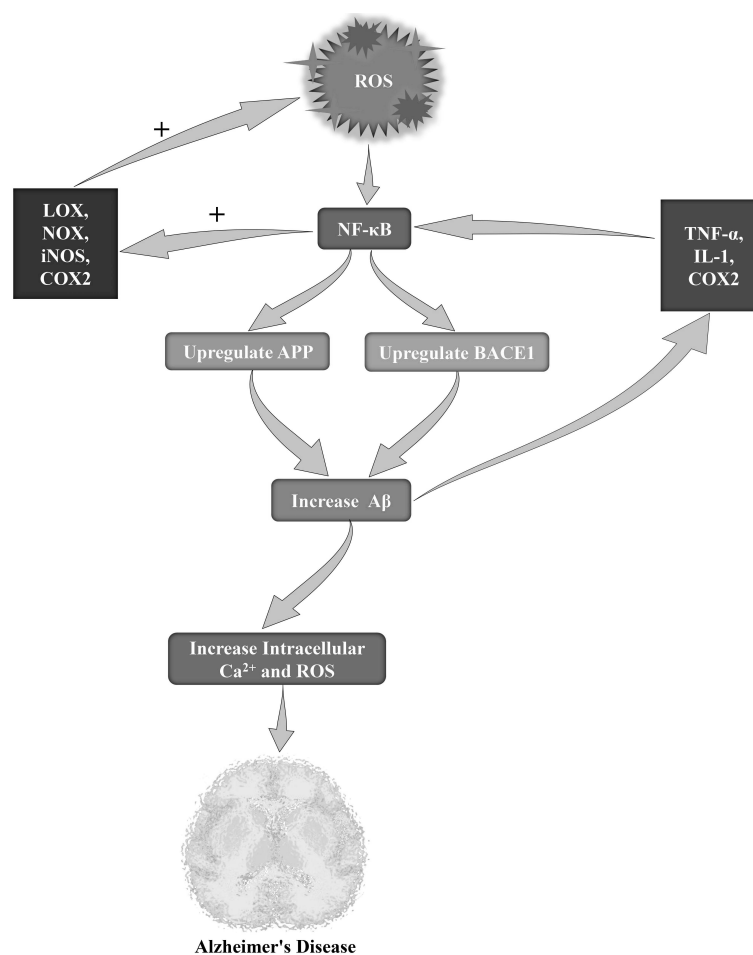


Fig. (3). Role of ROS in the NF-κB mediated Alzheimer's pathogenesis. **Abbreviation:** ROS, reactive oxygen species; NF-κB, nuclear factor kappa B; APP, amyloid precursor protein; BACE1, beta-secretase 1. LOX, lipoxygenase; NOX, NADPH oxidase; iNOS, inducible nitric oxide synthase; COX2, cyclooxygenase 2; TNF α , tumor necrosis factor- α ; IL-1, interleukin-1. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

higher NF-κB translocation and its DNA binding have also been reported in multiple tissues during aging, and dietary antioxidants have been found to suppress the nuclear translocation of activated NF-κB [166, 167]. On the other hand, examples of pro-oxidant genes that are under the control of NF-κB include multiple lipoxygenases (LOXs), NADPH oxidase (NOX), inducible nitric oxide synthase (iNOS), and cyclooxygenase-2 (COX 2) [168]. In the post-mortem AD brain, several studies have mentioned the presence of an elevated level of NF-κB activity [169-171]. Some experimental studies have strongly supported that this process might take place due to the accumulation of A β , inflammatory reactions, and elevated levels of oxidative stress [172, 173]. Therefore, it has been observed in the rat brain cortex that single microinjection of oligomeric A β 42 can lead to an elevated expression of TNF- α , IL-1 and COX2, through NF-κB activation in reactive astrocytes close to the injection site [174]. On the other hand, in co-cultures of microglia and cortical neurons, A β can cause neuronal death and toxicity *via* glial NF-κB activation, which is found to be associated with the acetylation of lysine 310 of the p65 subunit [175]. Interestingly, it has been observed that A β ₂₅₋₃₅ or A β 40 can induce cell death together with a rise in intracellular Ca²⁺ and ROS levels in hippocampal neuronal cultures; also, this process

was found to be protected by TNF- β or TNF- α *via* NF-κB activation [77]. In terms of the association between AD and NF-κB, regulation of A β homeostasis is one of the vital factors which is found to be maintained *via* the transcriptional upregulation of several associated proteins and enzymes, particularly BACE1 and APP [176].

Cytokines stimulate iNOS in astroglia and microglia, leading to increased generation of NO, which can exert harmful effects in neurons. iNOS levels are increased in AD brains [177], and genetic iNOS knockout was found to be protective in AD mouse models [178]. Similarly, increased levels of PHOX (an NADPH oxidase which is vastly expressed *via* microglial cells) have been detected in AD [179]. PHOX is rapidly activated through various inflammatory stimuli, including A β , yielding the production of hydrogen peroxide that can further mediate microglial activation [180, 181]. Moreover, superoxides derived from PHOX were found to react with iNOS-derived NO to produce peroxynitrite [182]. In AD, elevated iNOS expression was found to result in NO-mediated post-translational modifications [183], including S-nitrosylation, nitration, and dityrosine formation [183]. Furthermore, S-nitrosylation of dynamin-related protein 1 is increased in AD individuals, which might be linked

with neurodegeneration [184]. Interestingly, A β peptide nitration at tyrosine 10 (Tyr10) was found to elevate the A β tendency to aggregate [185]. This altered A β triggered the formation of plaques in APP/PS1 mouse models, which is further indicating its pivotal role in the early stage of AD. Indeed, nitrated A β significantly inhibited hippocampal LTP as compared to the non-nitrated form of A β , suggesting that this post-translational modification causes both structural and functional impairments in AD brains. It has been reported that oxidative stress mediates the generation of this A β species [186].

5. INFLAMMATORY CHANGES IN THE NEUROVASCULAR UNIT OF ALZHEIMER'S DISEASE

Numerous neuropathological, clinical, and epidemiological studies have revealed that vascular pathology is a crucial risk factor for AD development [187, 188]. Additionally, it has been observed that AD is linked with various functional, inflammatory, and morphological changes of perivascular neurons and glia as well as cerebral blood vessels. These early-onset and chronic alterations are indeed stimulated *via* collective actions of vascular A β deposits and soluble A β oligomers [189, 190], which eventually result in diminished cerebral blood flow and impaired functional hyperemia due to an increased local blood flow linked to neuronal activation [191].

In AD animal models and patients, chronic cerebral hypoxia was induced by various blood-borne factors [192]. Furthermore, a combination of inflammation of the neurovascular unit, mild hypoxia, and chronic accumulation of A β in brain parenchyma can increase the upregulation of the receptor for advanced glycation end products (RAGE), thus facilitating A β transport through the BBB into the brain [193]. Besides, hypoxia can induce amyloidogenic APP processing through several pathways, including γ -secretase, neprilysin, β -secretase [194]. In AD, chronic hypoxia directly triggers neuronal damage; however, it also increases neurodegeneration through stimulating amyloidogenic processing and reducing A β clearance from the brain.

6. DISEASE-ASSOCIATED MICROGLIA IN ALZHEIMER'S DISEASE

In recent times, our knowledge has grown about the role of disease-associated microglia (DAM), which may enable further understanding of the beneficial or harmful effects of microglia [195]. DAM are categorized as immune cells that express classic microglial markers, including Hexb, Cst3, and Iba1, along with downregulation of homeostatic microglial genes, such as Tmem119, CD33, Cx3cr1, P2ry13, and P2ry12 [196]. Furthermore, DAM mediates the upregulation of various genes associated with lipid metabolism as well as the phagocytic and lysosomal pathways, comprising various known risk factors for AD, including triggering receptor expressed on myeloid cells 2 (TREM2), transmembrane immune signaling adaptor (TYROBP), lipoprotein lipase (LPL), cathepsin D (CTSD) and apolipoprotein E (APOE) [197]. It has been reported in TREM2-deficient 5XFAD and APP/PS1 mouse models, that DAM differentiation is a consecutive two steps mechanism. In the first step, the transition of DAM is essential to promote the second stage of DAM

activation [198, 199]. Although the TREM2 signal is required for the transition from the first stage to the second stage of DAM, the transition from homeostatic microglia to the first stage of the DAM is not dependent on TREM. Factors that facilitate this stage are still not known. DAM is linked with A β plaques in AD brains. It has been revealed by *in vitro* studies that TREM2 binds A β with nanomolar affinity [200, 201]. In TREM2-NFAT (nuclear factor of activated T cell) reporter cells, the TREM2 signaling pathway was found to be activated by various negatively-charged phospholipids (*i.e.*, phosphatidylcholine, phosphatidylinositol) and possibly others which associate with A β and accumulate during A β deposition in the brain [202-204]. In addition, TREM2 also binds with several lipoproteins (*i.e.*, CLU, ApoE), forming complexes with A β aggregates to mediate their uptake *via* microglia [205-207]. Indeed, the existence of this wide range of ligands confirms the role of TREM2 as a pattern recognition receptor of CNS injury. Interestingly, rare human TREM2 variants displaying an increased risk of neurodegeneration exhibit weakened ability *in vitro* and *in vivo* to bind with numerous ligands [200, 204, 205, 207, 208].

It has been revealed that a rare mutation (R47H) in TREM2 can elevate AD risk by 3- to 4-fold, which is further suggesting that microglia dysfunction might play a role in AD [209, 210]. Song *et al.* [208] have introduced a human TREM2 version containing the R47H mutation in 5XFAD mouse models and confirmed the impaired activity of microglia [208]. Since TREM2 is required for full DAM activation in mouse models, these results, therefore, suggest that DAM activity might provide protection against disease progression. TREM2 was reported to form a receptor-signaling complex with TYROBP [211]. Moreover, TYROBP is upregulated in the case of DAM and is associated with presenile dementia [212].

More studies are required by utilizing mouse models lacking genes associated with the DAM phenotype as well as extensive analyses of individuals carrying mutations in DAM-associated genes in order to reveal the action of DAM in specific disease settings. In this regard, deficiency in CX₃CR1, for instance, modified the activation of microglia and decreased A β deposition in TgCRND8, APP/PS1, and R1.40 mouse models for AD [126, 213], but worsened AD pathogenesis in a tau model for AD [214]. Silencing TREM2 in the P301S-tau model exacerbated tau pathology and spatial cognitive deficits [215]. In contrast, deficiency of TREM2 in A β pathology containing models (APP/PS1 or 5XFAD) revealed conflicting findings, indicating that the consequence of DAM might be dependent on the different stages of AD pathology [216]. In AD, microglial activation causes widespread shedding of soluble TREM2, which interacts with plaques and neurons. In humanized TREM2-5XFAD mouse models, it was shown that the R47H mutation reduces the interaction of microglia with A β plaques [208].

7. TARGETING NEUROINFLAMMATION AS A THERAPEUTIC STRATEGY FOR ALZHEIMER'S DISEASE

It is assumed that neuroinflammation only takes place at late to end AD stages and probably suggests simply an epiphenomenon. Activation of glial cells was supposed to

Table 1. Possible immune targets to combat Alzheimer's disease pathology.

Immune Targets	Major Functions	Levels in Alzheimer's Models/Patients	Probable Therapeutic Intervention in Alzheimer's Disease	References
Interleukin (IL)-12/IL-23	Exerts A β -mediated inflammatory response	Increased	Downregulation or inhibition of IL-12 and/or IL-23	[225, 233-236]
IL-6	Exerts A β -mediated inflammatory response	-	Downregulation or inhibition of IL-6	[65, 237-239]
Triggering receptor expressed on myeloid cells 2 (TREM2) or Transmembrane immune signaling adaptor TYROBP (TYROBP)	Promotes A β clearance	Increased	Inconsistent, needs further studies	[204, 209, 210, 217, 240-242]
Sialic acid binding Ig-like lectin 3 (CD33)	Promotes A β accumulation	Increased	Downregulation or inhibition of CD33	[243, 244]
Complement receptor 1 (CR1)	Promotes phagocytosis of immune complexes and A β	-	Upregulation or activation of CR1	[160, 245, 246]
Peroxisome proliferator-activated receptor- γ (PPAR γ) or Retinoid X receptor (RXR)	Promotes A β clearance	-	Upregulation or activation of PPAR γ or RXR	[247, 248]
NLR family pyrin domain containing 3 (NLRP3)	Regulates A β clearance, mediates caspase-1 activation and pro-inflammatory cytokine secretion	-	Downregulation or inhibition of NLRP3	[136]
Cluster of differentiation 36 (CD36)	Regulates NLRP3 activation as well as binds with A β	-	Inconsistent, needs further studies	[247, 249, 250]
CD14	Regulates microglial inflammatory response	Increased	Downregulation or inhibition of CD14	[251-253]
CX3C chemokine receptor 1 (CX3CR1)	Modulates glial activation	-	Inconsistent, needs further studies	[126, 254-256]
P2X7 receptor (P2X7R)	Controls APP processing and mediates microglial inflammatory responses	Increased	Downregulation or inhibition of P2X7R	[257, 258]
Scavenger receptor class A member 1 (SCARA1)	Promotes A β clearance	Reduced	Upregulation or activation of SCARA1	[259]
Transforming growth factor beta 1 (TGF β 1)	Suppresses glial and T cell-mediated neuroinflammation	Reduced	Upregulation or activation of TGF β 1	[260, 261]

merely accompany rather than considerably play a role in amyloid pathology [46, 177]. Nonetheless, the impact of glial cell activities and other immune-related alterations is not yet fully revealed in AD, and more studies are required in this regard. Bioinformatic, genetic, and preclinical findings have revealed that activation of the immune system plays an active role in AD pathogenesis [217]. Detection of risky variants in genes encoding for molecules of the immune system led to the re-evaluation of former results reporting that levels of inflammatory chemokines, cytokines, and various other immune mediators, are elevated in the body fluids and tissues of AD patients or at the prodromal stages of AD [218, 219]. Nevertheless, correlative studies of the clinical symptoms preceding AD (*i.e.*, MCI) and the existence of inflammatory modifications have suggested a

much earlier implication of the immune system [218, 219]. Furthermore, it was reported that systemic immune challenges by the viral mimic polyriboinosinic polyribocytidilic acid, intermittently induces the development of AD-like neuropathology (*i.e.*, tau aggregation and A β plaques), reactive gliosis, and microglia activation in wild-type mouse models [220]. The modulation of neurodegenerative disorders *via* certain immune molecules as reported in preclinical studies as well as the upregulation of inflammatory genes in tissues derived from individuals with CNS diseases, indicate a link between neurodegeneration including AD and inflammation and suggest the early involvement of immune responses in the pathogenesis [221-231]. As per the preclinical findings obtained on AD individuals, several signaling pathways or immune molecules have been identified as auspicious thera-

peutic targets [232]. Table 1 represents a summary of some attractive immune targets for AD.

IL-12 and IL-23 are therapeutically important immune targets for AD since they display elevated levels in the cerebrospinal fluid of patients with AD and/or MCI [233, 262]. The peripheral activity of IL-12 and IL-23 is usually induced by natural killers and T cells. However, in AD, the CNS activity of IL-12 and IL-23 is mediated by a process independent of natural killers and T cells [233]. Furthermore, in case of AD, IL-12 and IL-23 play direct roles on astrocytes (which express the respective receptors) in the CNS [233]. Therefore, in AD, current biologicals that suppress these ILs might be equally effective. A different and attractive approach to regulate AD-related immune responses could be the targeting of the NLRP3 inflammasome. Right now, no FDA-approved drug can specifically and exclusively target NLRP3, though the recent discovery of an inhibitor of NLRP3 [263] as well as the identification of CD36 serve as an important upstream controller of NLRP3 activation [249], and might overcome this issue. In an AD mouse model, PPAR γ agonists, for example, pioglitazone, induced the clearance of A β *via* triggering microglial A β uptake just like a CD36-facilitated manner [247]. This finding suggests that CD36 downregulation might not only decrease inflammation but also reduce A β clearance, which is further indicating the need for *in vivo* studies regarding CD36 action in AD animal models. Regulation of the microglial CX3C chemokine receptor 1 (CX3CR1) expression exerted positive activities in mouse models displaying amyloid deposition, along with an intense deterioration of tau pathology [126, 254, 255].

Similarly, it has been shown through *in vitro* and *in vivo* studies that macrophage scavenger receptors types I and II (SCARA1) are associated with the clearance of soluble A β *via* myeloid cells [259], therefore suggesting other therapeutically attractive immune targets. The transforming growth factor β 1 (TGF β 1) has been reported as a crucial regulatory cytokine suppressing the activation of microglia. In AD, TGF β 1 levels were found to be increased in the brain, cerebrospinal fluid, and plasma [234, 264-267]. Transgenic TGF β 1 overexpression reduced the A β burden by mediating microglial A β clearance in an AD mouse model [265]. However, TGF β 1 blocking and downstream SMAD2/3 signaling, mainly in CD11c-positive myeloid cells, have decreased A β -like pathology in a mouse model of AD [266].

CONCLUSION

Neuroinflammation plays a significant role in the progression and pathogenesis of AD. Astrocytes and microglia have an important contribution to neuroinflammation. Nevertheless, activation of astrocytes and microglia may differ depending on the disease phase though the mechanisms are still not clear. Although imaging of activated astrocytes and microglia is possible nowadays, further studies are required to assess whether they possess protective activities at the initial stage or if, at a later stage, they exert a detrimental impact on neurodegeneration. It is now assumed that the A β -induced inflammatory response might trigger the pathology of tau. Therefore, to characterize potential targets for the treatment of AD, identification of proper mechanisms

through which inflammatory responses can take place and approaches on how to modify these responses, have gathered attention in recent times. Considering the multifactorial feature of AD, not all AD patients exhibit neuroinflammation at all-time points in the course of the disease. Eventually, combination therapeutic strategies targeting both neuropathological hallmarks (*i.e.* A β , tau) of AD and modulating neuroinflammation, may be a way to considerably reduce the progression of the disease. Therefore, more preclinical and clinical studies are required to assess the neuroinflammatory signaling pathways and their molecular underpinnings in AD. Future research should focus on deciphering the complex pathways of the neuroinflammatory process and determining the proper moment to intervene. The discovery of DAM paved the way for the development of a therapeutic that targets the pathogenic mechanisms linked to AD. The strategy of treatments should be taking into account the patient's medical history and lifestyle risk factors tracking central and peripheral neuroinflammation. Together with hopes of not just reducing but also reversing AD progression, intensive research for potential biomarkers-drug co-development pipelines is strongly suggested.

AUTHORS' CONTRIBUTION

MSU conceived the original idea and designed the outlines of the study. MSU, MTK, MJ, and MAR wrote the draft of the manuscript. MSU prepared the figures for the manuscript. PJ edited the whole manuscript and improved the draft. TB, AA, GMA, MMA-D, AP, and GMA performed the literature review and aided in revising the manuscript. All authors have read and agreed to the published version of the manuscript.

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CONFLICT OF INTEREST

The authors declare no conflict of interest, financial or otherwise.

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