

Depression and Psychosis Risk Shared Vulnerability for Motor Signs Across Development, Symptom Dimensions, and Familial Risk

Katherine S. F. Damme^{*1,2,6}, Jady S. Park^{1,3}, Sebastian Walther⁴, Teresa Vargas^{2,3}, Stewart A. Shankman³, and Vijay A. Mittal^{1,2,3,5,6}

¹Department of Psychology, Northwestern University, Evanston, IL, USA; ²Institute for Innovations in Developmental Sciences (DevSci), Northwestern University, Evanston/Chicago, IL, USA; ³Department of Psychiatry, Northwestern University, Chicago, IL, USA; ⁴University Hospital of Psychiatry, Translational Research Center, University of Bern, Bern, Switzerland; ⁵Medical Social Sciences, Northwestern University, Chicago, IL, USA; ⁶Institute for Policy Research (IPR), Northwestern University, Chicago, IL, USA

*To whom correspondence should be addressed; Department of Psychology, Northwestern University, 2029 Sheridan Rd., Evanston, IL 60208, USA; tel: +402-890-3606, e-mail: kate.damme@u.northwestern.edu

Background: Motor abnormalities are strong transdiagnostic indicators of psychopathology risk that reflect emerging neural network abnormalities. Indeed, motor signs, such as motor slowing and agitation, are widely recognized as core features of both psychosis and depression. However, it is unclear whether these reflect shared or distinct etiology. **Methods:** A sample of 11 878 adolescents completed self-reported clinical measures of rated psychotic-like experiences (PLEs) and depression. Familial risk for psychopathology and the presence of motor signs were drawn from parental reports, including developmental motor delays (eg, sitting, walking), and adolescent motor signs (eg, dyscoordination, psychomotor retardation, and psychomotor agitation). Finally, motor network connectivity in theoretically relevant networks (cortico-striatal, cortico-thalamic, and cortico-cerebellar) were related to symptoms and familial risk for psychopathology. **Results:** Developmental motor delays related to increased PLEs, increased depression symptoms, and greater familial risk. Familial risk for both PLEs and depression showed higher rates of developmental motor delays than all other groups. Adolescent motor signs, however, showed unique patterns of relationships to symptoms and familial risk such that dyscoordination reflected risk for PLEs, both psychomotor agitation and retardation reflected depression risk, and psychomotor agitation reflected transdiagnostic risk. Cortico-striatal connectivity was related to depression and PLEs, but cortico-cerebellar connectivity was linked to PLEs only. **Conclusions:** Motor signs may be a transdiagnostic marker of vulnerability for psychopathology. Early developmental motor delays could belie pluripotent, familial risk features. Unique items, eg, dyscoordination specifically related to PLEs, possibly reflecting processes inherent in distinct emerging forms of psychopathology.

Key words: motor development/psychomotor agitation/psychomotor retardation/coordination/psychotic-like experience/depression

Introduction

Motor signs appear in the original descriptions of both psychosis¹ and depression,² and may provide insight into shared and distinct etiological mechanisms of these disorders.³ Conceptual work in risk for psychopathology,⁴ suggests that a pluripotent period of transdiagnostic symptoms precedes the emergence of specific disorders.⁵ Over development, these pluripotent symptoms that mark general risk for psychopathology undergo heterotypic trajectories (ie, trajectories from an early sign or prodrome that “branch” into different disorders^{5,6}) resulting in diagnostic-specific symptoms.⁵ For motor signs, early developmental motor signs (eg, delays in walking) may reflect transdiagnostic risk for psychosis and depression,^{7–11} then later, adolescent motor signs may reflect the emergence of pathophysiologies that are specific to particular disorders.³ As a result, examining motor signs transdiagnostically (in both depression and psychosis) and over development may provide new insight into the transdiagnostic and unique features of emerging psychopathology.

Motor signs have traditionally been examined separately in psychosis^{10,12–14} and depression.^{15–18} Despite these separate literatures, conceptual models of psychosis and depression^{19–21} indicate that these features may reflect both shared and distinct pathophysiologies. Psychosis and depression may both be related to long-term dysregulation of neurotransmitter systems that impact connectivity in inter-related but parallel circuits, eg, affective, associative,

and motor.^{18–20,22} This neurotransmitter dysregulation is thought to be driven by signaling from cortical structures to the nucleus accumbens which initiates cascading events that modify neurotransmitter availability, sensitivity and connectivity among these parallel functional networks.^{18–21} This dysregulation has been associated with features of neurotransmitters (eg, availability, metabolism, production), structural features of the circuit (eg, interneuron), and the interplay between these features in the tuning and regulation of neurotransmitters in feedback loops.^{18–21} In contrast, some propose that early aberrant development of these circuits will persist and later give rise to motor, cognitive, and affective symptoms.^{19,21} This developmental tuning hypothesis suggests that early developmental motor signs may be useful markers of disturbances in circuits that are centrally involved in the shared pathophysiology of these disorders as an early pluripotent risk factor.

Indeed there is growing evidence that developmental motor signs reflect genetic, early neurological development and familial environment, and/or environmental risk factors.²³ Depression studies suggest that specific motor signs are at least partially heritable¹⁷ and more prevalent among individuals with first-degree relatives with depression.²³ In addition, early developmental motor signs predict later psychopathology^{7–11} and relate to the distress surrounding psychotic-like experiences (PLEs) in early adolescence.²⁴ As a result, developmental motor signs may signal transdiagnostic, pluripotent risk for depression and psychosis.

In addition to this pluripotent impact of early developmental motor signs, specific adolescent motor signs may provide unique insight into the nature of circuit disruption as heterotypic trajectories emerge and distinct disorders begin to present. Indeed, research suggests that psychomotor agitation, ie, hyperkinetic movements,¹⁸ and psychomotor retardation, ie, hypokinetic movements,^{18,20} reflect distinct underlying pathophysiology. Therefore, particular types of motor signs may provide unique insight into specific pathophysiology. It is also possible that adolescent motor signs track shared vulnerability to psychosis and depression. Motor signs predict onset, severity, and course for both psychosis^{10,25,26} and depression diagnoses.^{15,16} Yet transdiagnostic work in this area is lacking.

In functional connectivity literature, particular motor deficits have been linked to specific motor circuits, including cortico-striatal, cortico-cerebellar, and cortico-cortical networks in psychosis risk and psychosis.^{25,27–32} Depression, in contrast, has been associated only with alterations in striatal function and cortico-cortical circuitry alterations, which have translated into treatment targets for neuromodulation interventions.^{19,21} However, individuals diagnosed with depression with psychotic features show motor dyscoordination that may indicate some overlap with the cortico-cerebellar network.³³ Specific

motor signs and connectivity within these networks may indicate particular heterotypic trajectories related to both psychosis and depression in adolescence.

Despite the potential for motor signs to reflect transdiagnostic risk for psychopathology, examining psychosis and depression separately has limited our insight into early pluripotent risk and the emergence of diagnostic specificity. Although a recent study by Damme et al. (2021) examined the relevance of motor signs to depression in Adolescent Brain Cognitive Development (ABCD) study, a publicly available developmental dataset, no study has examined the relevance of motor signs to PLEs or explored the possibility of shared vulnerability between PLEs and depression. The current study examines the relationship between developmental and adolescent motor signs and motor system connectivity to symptoms and shared familial risk for both depression and PLEs. This approach will allow us to compare the relevance of motor signs to symptoms and familial vulnerability for both PLEs and depression.

First, we tested whether the severity of PLEs and depression symptoms was linked to both developmental and adolescent motor signs. We hypothesized that the presence of motor signs would be related to greater PLEs and depression symptoms for developmental motor delays but that the adolescent motor signs may show specificity to PLEs or depression symptoms.

Next, the rates of developmental and adolescent motor signs were compared by familial risk group (the presence of a first-degree relative PLEs, depression, both, or neither depression nor PLEs) to examine a combination of heritable risk and family environment. We hypothesized that motor signs would be more prevalent among individuals with familial vulnerability for either PLEs or depression reflecting transdiagnostic, shared risk. However, given the novelty of analyses, no specific predictions were made. Finally, three critical motor circuits (cortico-striatal, cortico-cerebellar, cortico-cortical (thalamic)) were related to symptoms and familial risk. We expect that PLEs and familial risk would be related to connectivity in all three circuits but that cortico-striatal connectivity would also be related to risk for depression.

Methods and Materials

Participants

The Adolescent Brain Cognitive Development (ABCD) study included 21 sites across the United States who collected 11 878 participants (aged 9–11 years) with a broad demographic diversity range. The ABCD Study aimed to understand factors that may alter healthy development. In the ABCD study, clinical assessments were comprehensive and included various measures, such as psychopathology symptoms and familial risk for psychopathology (ie, first-degree relatives). The present paper takes advantage of this comprehensive approach by examining how

each of these clinical characterizations of PLEs and depression might relate to motor symptoms. More details on the ABCD Study and measures are included in the [Supplemental Materials](#). All research protocols were in line with the ethical guidelines laid out by each respective Institutional Review Board (doi:10.15154/1522838). These guidelines included obtaining both the parents' informed consent and the children's assent. The sample for the current study only included one individual by family (randomly selected), resulting in 9856 participants.

Clinical Assessments

The Schedule for Affective Disorders and Schizophrenia for School-Age Children, Present and Lifetime Version (K-SADS-PL) is a semistructured child interview designed to assess present and lifetime psychopathology³⁴ in the ABCD study. This was administered as a parental-report digital measure. K-SADS-PL measures affective and psychotic impairments on both diagnosis-specific and global levels and is highly reliable and well-validated.³⁵ For depression symptoms, the sum of depression symptoms was calculated as a total count of symptoms that were endorsed (current or in the past), resulting in a possible score of 0–35 ($M = 1.04$; $SD = 2.86$); see [Supplemental Materials](#). PLEs were assessed using the Prodromal Questionnaire—Brief Child version (PQ-BC), a 21-item self-report questionnaire, which asked children about specific PLEs, which were endorsed with a binary response (ie, yes or no). If endorsed, an intensity rating was also provided (where 0 indicated not bothersome). Total scores were calculated as the total number of endorsed symptom where the intensity was greater than 0. As a result, the score could range from 0 to 21 ($M = 3.74$; $SD = 7.63$); higher total scores indicate more PLEs endorsed. Finally, the Family History Assessment Module Screener (FHAM-S),³⁶ a parental-report questionnaire, was used to assess the presence and number of first-degree relatives with depression and/or PLEs. Individuals were categorized into one of the following familial risk categories: presence of depression only ($n = 1661$), presence of PLE only ($n = 43$), both depression and PLE ($n = 102$), or neither depression/PLE reported ($n = 4030$).

Motor Items

Several items within clinical scales that assess past and current motor abnormalities are based on parent report. These items include (a) early motor developmental delays (ABCD Developmental History Questionnaire), (b) lifetime symptoms coordination (Child Behavioral Checklist; CBCL), (c) psychomotor agitation (K-SADS), and (d) psychomotor retardation (K-SADS). Across all scales, the responses were simplified to a binary response as to whether the motor sign was absent or present for each motor sign. Psychomotor agitation and retardation items were selected from both the depression and bipolar

disorder sections. Psychomotor agitation and retardation items were considered present if they were endorsed as occurring in their lifetime (ie, as either current or lifetime symptom).

Motor Networks

Motor networks were defined based on neurobiological models of shared pathophysiology^{19,21,33} and motor deficits in psychopathology.³⁰ Resting-state data were taken from the curated ABCD fMRI data for Gordon Network.³⁷ Grand averages were created across left and right hemispheres, then across the hand motor network and the mouth motor network to reduce the total number of connectivity networks examined, resulting in cortico-striatal,^{19,30,38} cortico-cerebellar,^{27,28,39} and cortico-thalamic (cortico-cortical)^{25,30} networks. The cortico-striatal network included motor network connectivity to caudate, putamen, and nucleus accumbens. The network first averaged within hemisphere across the hand and the mouth motor networks, which then were averaged across hemispheres and finally were averaged across striatal regions in an additional final step.

For details on the acquisition, see Casey et al.^[40] and Hagler et al.^[41] for preprocessing pipelines. All analyses excluded individuals collected on the improperly harmonized Phillips scanners and accounted for particular scanner machines as a random effect in analyses.⁴² In addition, maximum framewise displacement was accounted for in all analyses to account for any remaining artifacts related to motion.

Data Analyses

First, we examined the current symptoms level by calculating the total number of PLEs and depression symptoms endorsed on the K-SADS and the symptom total from the Prodromal Questionnaire—Brief Version (PQ-BC; Karcher and Barch, 2019). Next, the familial risk for PLEs and depression symptoms were qualified by whether a parent/guardian endorsed psychosis and/or depression in a first-degree relative during the Family History Assessment Module Screener (FHAM-S). For the current analyses, these were examined both as a categorical risk factor: (1) first-degree relative with PLEs only, (2) first-degree relative with depression only, (3) first-degree relative with both PLEs and depression, or (4) no family history of either PLEs or depression. Finally, these symptoms and familial risk groups were associated with Gordon resting-state functional motor networks to striatal, thalamic, and cerebellar regions in separate mixed-effects models. For the symptoms analyses, the mixed-effects model nested data by site, and predicted connectivity by depression symptoms, PLE symptoms, age, sex, maximum framewise displacement, and stimulant use status. For the familial risk analyses, the mixed-effects model nested data by site, and predicted

connectivity by familial risk group, age, sex, maximum framewise displacement, and stimulant use status.

All analyses account for sex and age due to the developmental nature of the sample. Analyses also accounted for current stimulant medication use because of its known effect on motor behavior. All analyses exclude individuals that were currently on antipsychotics⁴³ because of their impact on both motor and psychiatric symptoms ($n = 7$). Resting-state analyses also account for maximum framewise displacement and scanner as nuisance covariates. Analyses were conducted in R v.4.1.0 and SPSS v.27; original curated data is available via the National Data Archive; syntax available via GitHub.

Results

Participants

Motor signs were reported in Table 1. In terms of familial vulnerability, 0.4% of the sample had a relative with PLEs only, 16.9% had a relative with depression only, and 1.0% had relative(s) with both PLEs and depression. See Supplemental Materials for more information.

PLEs and Depression Symptoms

Developmental Motor Milestones Delays. Total reported PLEs were higher in the group with developmental motor delays, $t(5777) = 2.30$, $P = .02$, $M = 5.04$, $SEM = 0.38$, compared to individuals who did not experience motor delays, $M = 4.13$, $SEM = 0.19$. Total depression symptoms were significantly higher in the delayed group $t(5771) = 4.32$, $P < .0001$, $M = 2.30$, $SEM = 0.15$, compared to individuals with no motor delays, $M = 1.62$, $SEM = 2.39$. See table 2 for all symptom means by motor signs.

Dyscoordination. Total reported PLEs were higher in individuals who were categorized as dyscoordinated, $t(5854) = 5.25$, $P < .001$, $M = 5.58$, $SEM = 0.31$, compared to individuals who were not, $M = 4.08$, $SEM = 0.20$. Depression symptoms were higher in individuals who were categorized as dyscoordinated, $t(5848) = 15.76$, $P < .001$, $M = 3.16$, $SEM = 0.12$, compared to individuals who were not, $M = 1.36$, $SEM = 0.08$.

Table 1. Motor Signs Endorsed in Sample

| Motor Symptom | % Endorsed |
|---------------------------|------------|
| Any Motor Signs | 31.5% |
| 2+ Motor Signs | 9.7 |
| 2 Motor Signs | 7.1 |
| 3 Motor Signs | 2.2 |
| All Motor Signs | 0.4 |
| Developmental Motor Delay | 4.8 |
| Dyscoordination | 12.1 |
| Psychomotor Agitation | 15.3 |
| Psychomotor Retardation | 3.0 |

Psychomotor Agitation. Total reported PLEs were elevated in individuals who were categorized as having lifetime psychomotor agitation, $t(1565) = 3.63$, $P = .0003$, $M = 5.80$, $SEM = 0.48$, compared to individuals who did not report psychomotor agitation, $M = 4.14$, $SEM = 0.40$. Total depression symptoms were elevated in individuals who were categorized as having current or lifetime psychomotor agitation, $t(1565) = 4.69$, $P < .001$, $M = 7.79$, $SEM = 0.20$, compared to those who were not, $M = 1.74$, $SEM = 0.17$.

Psychomotor Retardation. Total PLEs did not relate to increased reporting of psychomotor retardation, $P = .16$. Total depression symptoms were higher in individuals who were categorized as having lifetime psychomotor retardation, $t(1564) = 28.94$, $P < .001$, $M = 11.59$, $SEM = 0.38$, compared to those without psychomotor retardation, $M = 3.70$, $SEM = 0.15$.

Motor Abnormalities and Symptoms. In a general linear model with all motor signs predicting total PLEs and depression symptoms in separate models, accounting for sex, age, and stimulant use, total depression symptoms related to developmental motor delay, $t(1536) = 2.53$, $P = .012$, dyscoordination, $t(1536) = 6.14$, $P < .00001$, psychomotor retardation, $t(1536) = 14.93$, $P < .00001$, and psychomotor agitation, $t(1536) = 24.16$, $P < .00001$. Total PLEs related only to psychomotor agitation, $t(1537) = 2.76$, $P = .006$. See figure 1 for comparisons of effect sizes that are not corrected for covariance or model covariance.

Familial Risk Group

Developmental Motor Milestone Delays. There was a significant impact of the family risk group (first-degree relatives) on the endorsement of motor delays, $\chi^2(3) = 13.29$, $P = .004$. Sample distributions, odds ratios, and relative risk are in table 3.

Dyscoordination. There was a significant impact of the family risk group on dyscoordination, $\chi^2(3) = 83.88$, $P < .001$.

Psychomotor Agitation. There was a significant difference in endorsing lifetime psychomotor agitation based on a familial risk group illness, $\chi^2(3) = 92.50$, $P < .001$.

Psychomotor Retardation. There was a significant difference in endorsing current psychomotor retardation based on family history of psychiatric illness, $\chi^2(3) = 32.07$, $P < .001$.

Motor Abnormalities and Familial Risk Group. In a logistic regression model with all motor signs predicting familial risk for PLEs and depression, accounting for sex, age, and stimulant use status. Among all motor signs, dyscoordination, $\chi^2(3) = 15.45$, $P = .001$, and psychomotor agitation, $\chi^2(3) = 52.18$, $P < .001$, but no other motor signs were uniquely related to familial risk group when accounting for other motor signs in the same model ($P_s > .16$). Individuals with familial risk of both

Table 2. Psychotic-like Experiences and Depression Symptoms by Motor Signs Endorsed

| Motor Symptom | PLEs Symptoms | | MDD Symptoms | |
|---------------------------|---------------|--------------|--------------|--------------|
| | Endorsed | Not Endorsed | Endorsed | Not Endorsed |
| Developmental Motor Delay | 5.04 (0.38) | 4.13 (0.19) | 2.30 (0.15) | 1.62 (2.39) |
| Dyscoordination | 5.58 (0.31) | 4.08 (0.20) | 3.16 (0.12) | 1.36 (0.08) |
| Psychomotor Agitation | 5.80 (0.48) | 4.14 (0.40) | 7.79 (0.20) | 1.74 (0.17) |
| Psychomotor Retardation | 5.70 (0.94) | 4.47 (0.21) | 11.59 (0.38) | 3.70 (0.15) |

SEM – Standard Error of the Mean; PLEs – Psychotic-Like Experiences (total from the Prodromal Questionnaire—Brief Version); MDD – Total Current and Lifetime Depression symptoms endorsed on the Schedule for Affective Disorders and Schizophrenia for School-Age Children (K-SADS-PL).

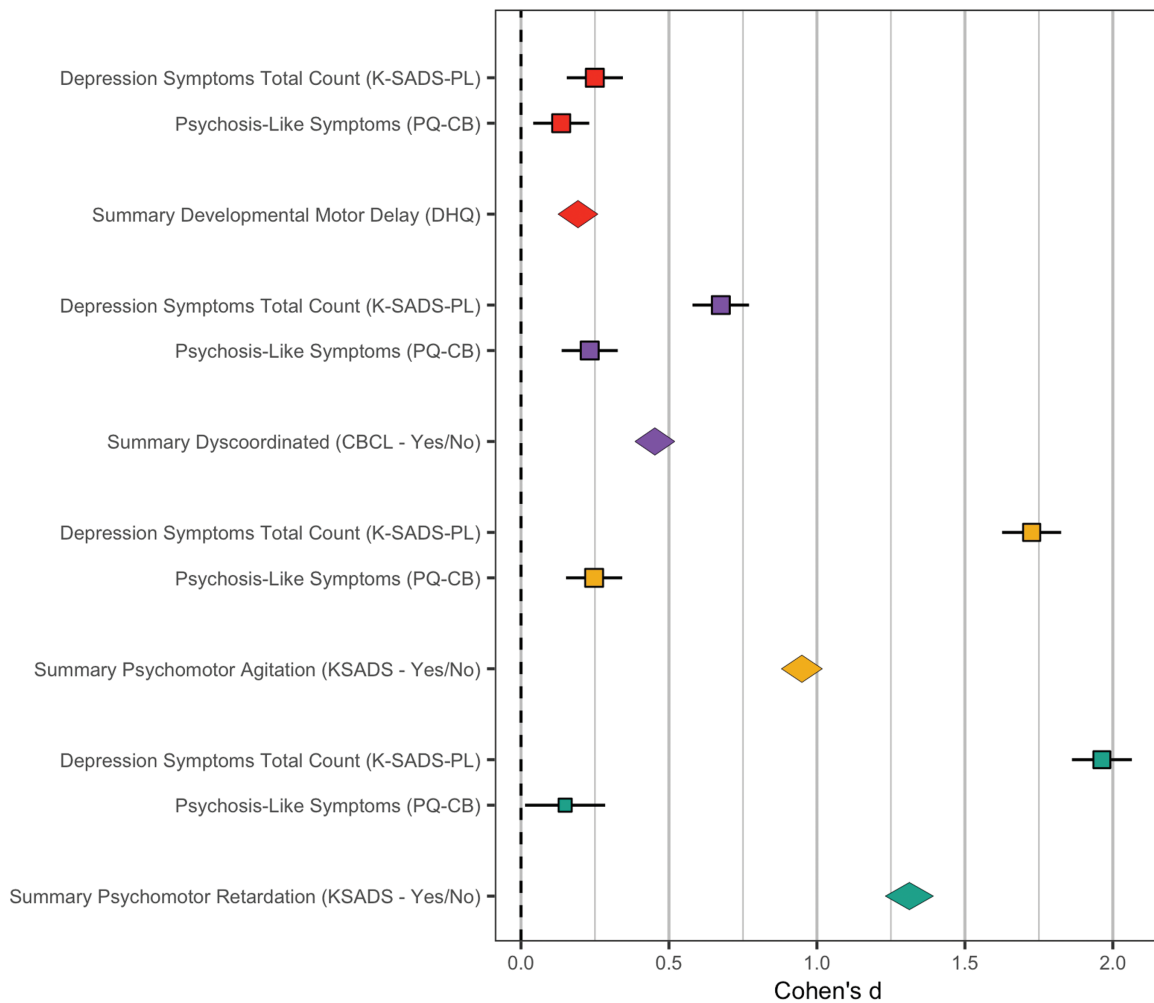


Fig. 1. Motor signs by lifetime depression and psychotic-like symptoms. Developmental Motor Delays—Red, Dyscoordination Symptoms—Purple, Psychomotor Retardation—Yellow, Psychomotor Agitation—Green. In this figure, the Cohen's *d* reflects the difference between individuals who endorsed a motor sign compared to those who did not. As a result, the 0 point reflects the prevalence of motor signs from individuals that did not endorse a motor sign. If the error bars overlap with the 0 point, this indicates that the group did not differ compared to the no motor sign group. Values to the right of the 0 point indicate elevated symptom levels or rates compared to the normative/control sample. Values to the left indicate reduced symptom levels or rates compared to this normative group. The standard deviation of Cohen's *d* was estimated in an open source algorithm, freely available in R Michaela package using validated formulas from meta-analytic literature.⁴⁴ Data was visualized with the metaviz package.⁴⁵

PLEs and depression experienced more dyscoordination ($B = 0.72$, $SEM = 0.36$, $P = .05$) and psychomotor agitation ($B = 0.84$, $SEM = 0.35$, $P = .02$) than the group

with no reported risk. Familial risk for PLEs only group was associated with more dyscoordination ($B = 1.42$, $SEM = 0.58$, $P = .014$) but did not differ from the group

Table 3. Motor Signs Endorsement Rates by Familial Risk Group

| Percentage Motor Sign Endorsed | Familial Risk Group | | | |
|-----------------------------------|---------------------|-----------|-----------|-----------|
| | Neither | PLE | MDD | Both |
| Developmental Motor Delay | 7.30% | 11.60% | 9.68% | 14.85% |
| Dyscoordination | 9.74% | 25.58% | 1.86% | 25.49% |
| Psychomotor Agitation | 17.98% | 12.50% | 40.15% | 43.18% |
| Psychomotor Retardation | 4.03% | 8.98% | 16.67% | 13.79% |
| Motor Sign Endorsed Risk (OR/RR)* | Neither | PLE | MDD | Both |
| Developmental Motor Delay | — | 1.66/1.58 | 1.35/1.32 | 2.20/2.02 |
| Dyscoordination | — | 3.19/2.63 | 0.18/0.19 | 3.17/2.62 |
| Psychomotor Agitation | — | 0.65/0.75 | 3.06/2.32 | 3.47/2.40 |
| Psychomotor Retardation | — | 2.35/2.23 | 4.76/4.13 | 3.19/2.63 |

*Odds Ratio (OR) and Relative Risk (RR) were calculated in reference to the group with Neither familial risk for depression (MDD) nor psychotic-like experiences (PLE); Familial risk groups based in ABCD Family History Assessment: PLE – Endorsed first-degree relative with psychotic-like experiences; MDD – Endorsed first-degree relative with depression; Both – Endorsed first-degree relative with depression and psychotic-like experiences; neither – Neither MDD nor PLE history endorsed.

with no reported risk in psychomotor agitation ($B = .92$, $SEM = 0.84$, $P = .27$) than the group with no reported risk. Familial risk for depression only was associated with more dyscoordination ($B = 0.049$, $SEM = 0.15$, $P = .001$) and psychomotor agitation ($B = .92$, $SEM = 0.13$, $P < .001$) than the group with no reported risk. See [figure 2](#) for comparisons of effect sizes that are not corrected for covariance or model covariance.

Motor Network Connectivity

Depression and Psychosis Symptoms. Cortico-striatal connectivity was related to both PLEs, $t(3931) = 4.35$, $P < .001$, and depression, $t(3931) = 2.72$, $P = .006$. Cortico-cerebellar connectivity did relate to PLEs, $t(3932) = 2.064$, $P = .04$, but did not relate to depression, $t(3932) = 0.45$, $P = .65$. Cortico-thalamic connectivity was not related to PLEs ($P = .37$) or depression ($P = .43$), [figure 3](#).

Family History of Psychopathology. Familial risk groups did not relate to functional connectivity ($P_s > .12$).

Discussion

Motor signs may be a transdiagnostic marker of vulnerability for both PLEs and depression. Delays in developmental motor milestones reflected a transdiagnostic, pluripotent marker of vulnerability for both disorders, and familial risk showed elevated likelihood of developmental motor delays over the other risk groups. In adolescent motor signs, heterotypic, specific patterns emerge distinguishing between disorders. Although motor signs were also related to elevated symptoms or familial risk groups, the adolescent motor behaviors showed distinct relationships to psychopathology across symptoms and familial risk. These differences may reflect different contributions to the development of motor signs, distinguishing between emerging specific symptoms and a combination of early genetic, familial environment, and

their interactions (familial risk group). In network analyses, cortico-striatal dysconnectivity related to both PLEs and depression symptoms but not familial risk. Cortico-cerebellar connectivity was related to PLEs but not depression symptoms, consistent with the behavioral endorsement of related dyscoordination behaviors being specific to higher PLEs. Across analyses, motor signs build a rich account of shared and distinct vulnerability for psychopathology.

Prior to analyses, we hypothesized that the presence of motor signs would be related to greater symptoms. The findings largely supported this hypothesis with the exception that psychomotor retardation did not relate to PLEs. However, a richer, nuanced pattern of findings emerged that was consistent with the pluripotent model of risk; early motor signs (ie, developmental motor delays) related to elevated depressive and PLE symptoms and familial risk of these disorders. In addition, individuals with familial risk for both depression and PLEs showed an increased rates of developmental motor delays compared to both the healthy controls and the other risk groups. This significant increase in the shared familial risk group may indicate distinct contributions to the pathophysiology of developmental motor delays despite shared vulnerability. This possibility is supported by extant research stating that early developmental motor delays reflect many heterogeneous sources.²³ And so, this shared vulnerability may, in fact, be driven by a number of distinct, potential mechanisms.⁴⁶ This finding provides further evidence of the importance of early development to later risk for psychopathology.

Adolescent motor signs also showed distinct patterns across symptom dimensions. PLEs were only higher among individuals who experienced dyscoordination and psychomotor agitation. In contrast, depression symptoms were elevated among individuals who experienced dyscoordination, psychomotor retardation, and

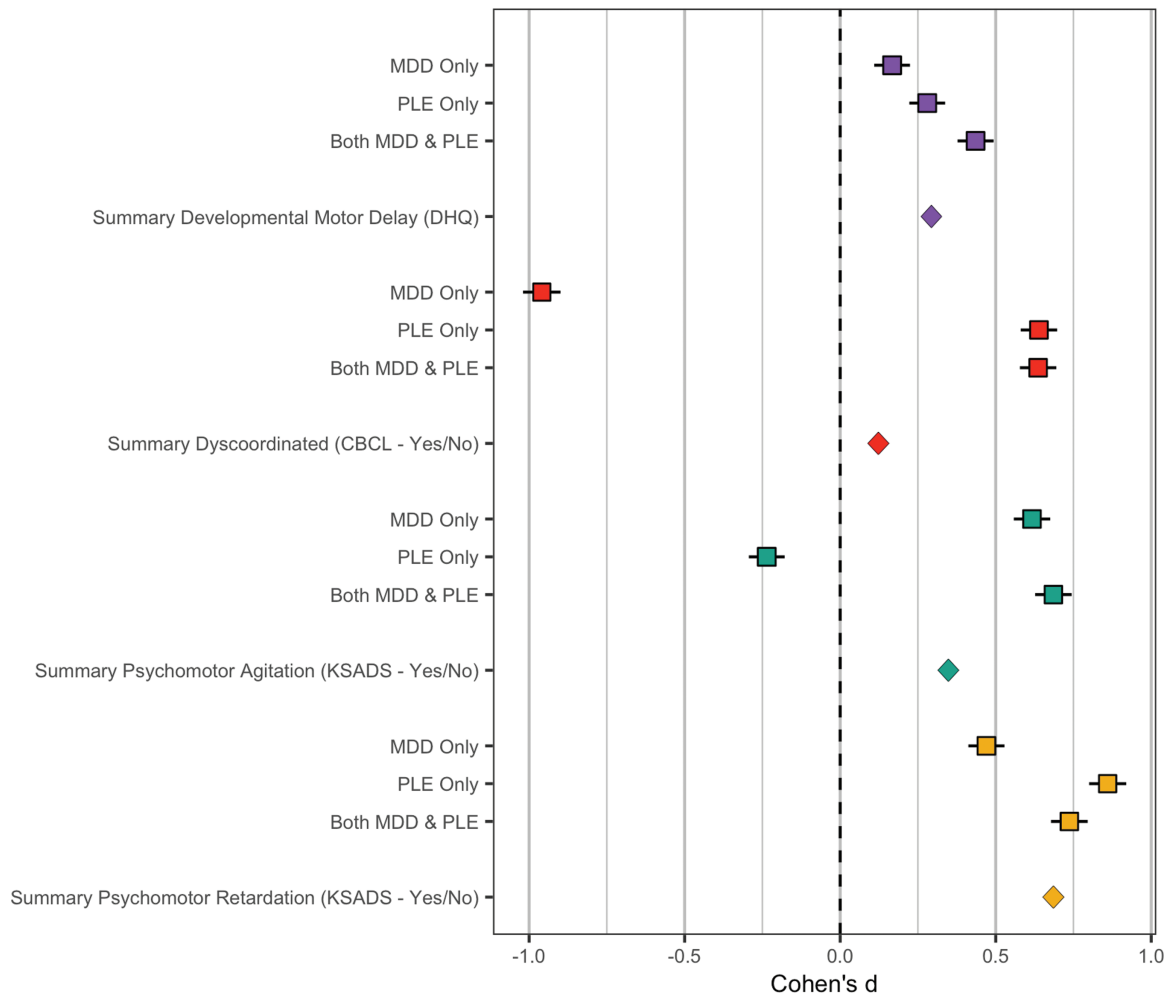


Fig. 2. Motor signs by familial risk group. Developmental Motor Delays—Red, Dyscoordination Symptoms—Purple, Psychomotor Retardation—Yellow, Psychomotor Agitation—Green. In this figure, the Cohen's *d* reflects the difference between individuals who have psychiatric risk (either MDD only, PLE only, or both MDD & PLE) compared to individuals that had no familial risk. As a result, the 0 point reflects the prevalence of motor signs among individuals that had no familial risk. If the error bars overlap with the 0 point, then this would indicate that the group did not differ compared to this normative group. Values to the right of the 0 point indicate elevated symptom levels or rates compared to the normative/control sample. Values to the left of the zero point indicate reduced symptom levels or rates compared to this normative group. Effect Sizes above were transformed from Odds Ratios into Cohen's D (see Results section) and standard error using the Michaela package in R. Error bars reflect the standard error using validated formulas from meta-analytic literature,⁴⁴ and was visualized with the metaviz package.⁴⁴

psychomotor agitation. This shared vulnerability for psychomotor agitation may indicate shared pathophysiology in depression and PLEs.¹⁹

Although motor signs were expected to be more prevalent in all familial risk groups, different familial risks related to different adolescent motor signs. Familial risk for PLEs were specific to increased dyscoordination and depression familial risk was specific to increased psychomotor agitation. These findings are at odds with a large literature suggesting that motor slowing is observed in psychosis and psychosis risk^{12,47-50} as well as depression⁵¹⁻⁵³ measured by tasks and instrumentation. These findings, however, are consistent with a growing literature that has described dyscoordination as relating to psychosis symptoms and risk,⁵⁴⁻⁵⁷ but there is also some evidence that

dyscoordination is related to depression.^{15,58,59} It should be noted, however, that the current sample is younger and clinically healthier than the samples of the cited studies and reflects tendencies toward PLEs, which may show unique patterns from psychosis. As a result, these findings may reflect how these patterns are altered at lower risk levels. It is also noteworthy that developmental motor delays showed a lower incidence rate in depression risk than the community sample, and psychomotor agitation showed a lower incidence rate in PLE risk than the community sample. This effect may reflect the heterogeneity in the community sample and the potential for motor signs to be relevant to unmeasured risk features (eg, anxiety, mania).

In motor network analyses, cortico-striatal connectivity showed shared relevance to depression and PLEs,

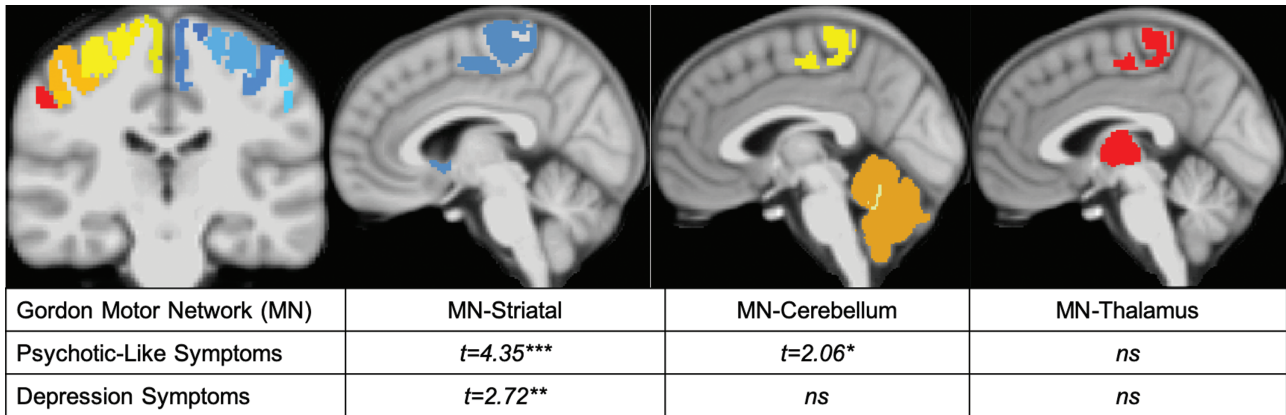


Fig. 3. Motor network to symptoms. MN – Motor Network; PQ-CB – Prodromal Questionnaire Childhood Brief Version; KSADS – Schedule for Affective Disorders and Schizophrenia for School-Age Children, Present and Lifetime Version; $^{***}P < .001$, $^{**}P = .006$, $^*P < .05$.

consistent with a model of pluripotent, transdiagnostic symptoms. This cortico-striatal dysconnectivity is consistent with major neurobiological models of both depression and psychosis, which may suggest decreased striatal dopamine productivity,^{18–21} tuning of excitability to dopamine,^{19,21} or interneuron dysconnectivity¹⁹ within this cortico-striatal network. Cortico-cerebellar connectivity was related to PLEs alone. This finding is consistent with a growing body of work that emphasizes the role of cerebellar connectivity in the development and features of psychosis.^{27,28,32,39} The familial risk did not relate to altered functional connectivity, which may indicate that connectivity may reflect temporally proximal, tuning processes rather than temporally distal, early contributions of genetic and environmental variability on neurodevelopment.

It is important to note several limitations in this study. First, PLEs assessed by the PQ-BC and in the family history questionnaire may reflect a more common cognitive profile of nonclinical psychosis⁶⁰ rather than true risk for psychosis.^{24,61} For this reason, the relevance of motor signs to true psychosis risk may be underestimated, and future research is needed to examine first-degree relatives of individuals with psychosis and individuals at clinical high-risk for psychosis.^{60,61} Next, these analyses may overestimate the sensitivity of psychomotor agitation and psychomotor retardation as any current psychomotor agitation and psychomotor slowing are included in the sum of depression symptoms. However, the presence of psychomotor motor signs was independent of the familial risk measure, which also indicated elevated rates of motor signs in depression. Additionally, motor signs measures were largely based on parental-report items, which may have limited sensitivity to motor signs relative to controlled laboratory assessments and may reflect only a few motor behaviors. Future research should take advantage of the many motor behavioral measures that are easily accessible and readily available, eg, force variability, velocity scaling,^{48,62} and examine broader array of motor signs, eg catatonia.

Existing literature demonstrates that behavioral measures are more sensitive to motor symptoms than observation or self-report measures alone.^{63,64} Motor network connectivity analyses may somewhat mitigate this concern as the motor assessment is independent of parental observation. The motor network connectivity metrics were limited to predefined regions and processing pipelines of the curated ABCD dataset. Although this approach increases the transparency and replicability of the findings; the connectivity reflect a broader motor network than the cortico-striatal, cortico-cerebellar, and cortico-cortical, described in the psychosis^{30,65} and transdiagnostic models of motor signs.⁶⁶ Future imaging studies should examine a more circumscribed network during both motor tasks and resting state for potential added specificity.⁶⁷ In Addition, future studies should examine the impact of sequence features and global signal reduction on these circuits.⁶⁸ In addition, future studies should examine the impact of sequence features and global signal reduction on these circuits.⁶⁸ Next, it is also notable that the effect sizes are small; however, the current effect sizes (Odds Ratios: 1.35–3.47) are within a similar range to other risk markers of psychopathology (eg, familial depression, depression risk genes; Odds Ratios: 1.15–1.99).^{15,69–72} Finally, depression and PLEs are heterogeneous and reflect a number of complex profiles. Future studies should consider examining specific symptom clusters rather than aggregating over this heterogeneous group.

In conclusion, motor signs provided transdiagnostic relevance to depression and PLEs. Developmental motor delays provide insights into pluripotent, transdiagnostic risk, and adolescent development signs provided insight into emerging specificity. The relative degree to which particular motor signs related to depression and PLEs provided an informative pattern of findings, suggesting particular relevance of certain items to vulnerability. Motor network differences also related to emerging PLEs and depression symptoms but did not reflect familial vulnerability, suggesting that neural networks may reflect

active processes relevant to psychopathology rather than a stable risk state. This study also demonstrated the utility of exploring pluripotent symptom features across development to increase the sensitivity of shared and distinct measures of mechanisms underlying psychopathology.

Supplementary Material

Supplementary material is available at *Schizophrenia Bulletin*.

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