

Article

Tanning Bed Legislation for Minors: A Comprehensive International Comparison

Katharina Diehl ^{1,†} , Karla S. Lindwedel ^{1,†} , Sonja Mathes ² , Tatiana Görig ¹  and Olaf Gefeller ^{1,*} 

¹ Department of Medical Informatics, Biometry and Epidemiology, Friedrich-Alexander-Universität Erlangen-Nürnberg, 91054 Erlangen, Germany; katharina.diehl@fau.de (K.D.); karla.lindwedel@fau.de (K.S.L.); tatiana.goerig@fau.de (T.G.)

² Department of Dermatology and Allergy, Technische Universität München, 80802 München, Germany; sonja.mathes@mri.tum.de

* Correspondence: olaf.gefeller@fau.de; Tel.: +49-9131-85-22750

† These authors contributed equally to this work.

Abstract: Tanning beds have been classified as carcinogenic to humans. As a result, many countries have enacted laws regulating the use of commercial tanning beds, including bans for minors. However, there is no international overview of the current legal status of access restrictions for minors that provides details on their specific design regarding age limits and possible exceptions to the statutory regulation. Therefore, we performed a comprehensive web search of current tanning bed legislation for minors on the three continents North America, Australia, and Europe. Our findings regarding the existence and concrete design of access restrictions are presented graphically, using maps. We found a wide variety of different legislations. In Australia, a total ban on tanning beds exists, while in New Zealand, tanning bed use is banned for minors. In Europe, about half of the countries have implemented a strict ban for minors. In North America, we found differences in the age limit for access restrictions between the states, provinces, and territories for those regions that implemented a ban for minors. In the United States, some states have rather “soft bans” that allow use by minors with different types of parental consent. The patchwork in legislation calls for harmonization. Therefore, our comparison is an important starting point for institutions such as the World Health Organization or the European Commission to advance their goals toward a harmonization of tanning bed legislation in general and for minors in particular.

Keywords: tanning bed; sunbed; legislation; ban; adolescent; minors; ultraviolet radiation



Citation: Diehl, K.; Lindwedel, K.S.; Mathes, S.; Görig, T.; Gefeller, O. Tanning Bed Legislation for Minors: A Comprehensive International Comparison. *Children* **2022**, *9*, 768. <https://doi.org/10.3390/children9060768>

Academic Editor: Nobuo Kanazawa

Received: 28 April 2022

Accepted: 20 May 2022

Published: 24 May 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

Nowadays, tanned skin is not dependent on the weather, the season, or the latitude where a person lives. People who aim for a tanned appearance can fulfill their desire any-time by using tanning devices emitting artificial ultraviolet (UV) radiation. Outside the equatorial regions, the tanning industry operates a wide range of indoor tanning salons, offering different facilities such as tanning beds, tanning lamps, or tanning booths. The precursors of these artificial tanning devices date back to the end of the 19th century. In 1895, the Danish physician Niels Ryberg Finsen developed the “Finsen light”, a special form of a carbon arc lamp [1]. UV radiation from a carbon arc was condensed through four water-cooled tubes fitted with quartz lenses. The Finsen light was successfully applied to treat lupus vulgaris. Its inventor received the Nobel Prize in Medicine and Physiology for his work in 1903 and is nowadays viewed as the father of modern phototherapy [2]. Only some years after Finsen, the German engineer Richard Küch and his colleague Tscheslaw Stefan Retschinsky, working for the German company Heraeus, developed a method to produce high-purity quartz glass from molten mountain crystal and used it to build a high-pressure quartz lamp. Heraeus manufactured these sunlamps on an industrial scale, and they were used for decades in the phototherapy of acne and other skin diseases [3]. The

modern era of artificial tanning devices began when the German engineer Friedrich Wolff developed the first tubular low-pressure UV lamp in the 1970s. Wolff's original intention was to treat seasonal affective disorders by using artificial UV radiation resembling the sun. However, tanned skin as a side effect of the treatment quickly became the main reason for demand for such treatment, showing the market potential of artificial tanning devices outside of medical applications [4].

Indoor tanning in tanning salons grew in popularity in the 1980s and 1990s [5–8]. The tanning industry's efforts to convince the public that indoor tanning increases attractiveness and health were successful [9], despite growing scientific concerns about skin cancer risks associated with such behavior [10]. Early epidemiologic studies addressing the melanoma risk of indoor tanning [11–16], as well as laboratory data and animal experiments focusing on the role of ultraviolet A radiation in skin cancerogenesis [17–19], provided accumulating evidence of the harmful health effects of indoor tanning.

Around the turn of the millennium, the attitude of the health authorities began to change, and the debate about more regulation for tanning devices gained momentum. In 2003, the World Health Organization (WHO) recommended that governments should introduce comprehensive legislation that regulates the operation of tanning beds in a legally binding manner and allows for on-site enforcement [20]. During the following years, several countries tightened their regulations up to the point of a total or partial ban of tanning salons. Minors, in particular, were affected by legal bans or access restrictions to tanning beds. However, international regulatory measures introduced in the last decades varied considerably, with the result that regulations in different countries are now very heterogeneous.

The aim of this paper is to present the current state of international regulations on access of minors to tanning beds. For this purpose, we carried out a comprehensive investigation of the official legislation in all countries with populations predominantly consisting of fair-skinned people. In this paper, we report results from all 47 European countries; the two North American countries, the United States (US) and Canada (including local regulations in all 50 US states and all 13 Canadian provinces and territories); and Australia and New Zealand.

2. Materials and Methods

We conducted a comprehensive web search regarding legislation on tanning bed use on the three continents North America, Australia, and Europe. The focus of this manuscript is on whether there exists legislation regarding tanning bed use in minors. The main sources of information were legislative texts of the specific countries.

For the search, we used the Google search engine in the Chrome browser. The browser allowed for a direct translation into different languages. We used the respective national languages for the search based on the terms “tanning bed”, “legislation”, and the country's name. If there were no government web pages among the first hits, the search was extended by the term “site:.gov.country code”. To identify the exact name of the legislation, online newspaper articles were also used for a deeper search.

The identified legislation texts were translated into German language by using Google translate to be better understandable and comparable. The information regarding existing legislation was entered into an Excel spreadsheet. When information was missing, a more detailed search using the Google search engine was performed. Search activities took place between 28 February 2021 and 16 January 2022. Maps were created with Microsoft Powerpoint (version 2019) based on maps supported by Bing.

2.1. Exceptions to the General Search Procedure

Exceptions to the general procedure regarding the web search were the US and Canada. For the US, we used the website of the AIM at Melanoma Foundation (<https://www.aimatmelanoma.org/legislation-policy-advocacy/indoor-tanning/>, accessed on 16 January 2022) as the starting point for further search. For Canada, the recent article by Gosselin and

McWhirter [21] served as our starting point, as it provided a good overview on the specific names of the corresponding tanning bed legislations.

For those countries where we were unable to locate a source of official regulatory information during our web search, we established, whenever possible, personal contact with government agencies, national health institutes, and embassies of these countries in Germany to determine whether any restrictions existed for minors.

2.2. Presentation of Findings

Details regarding the specific legislation—including the type of access restrictions and the link to the online information on legislation—in all countries can be found in the Appendix A (Table A1). The created maps give a graphical overview about the three included continents. To visualize the different types of tanning bed access restrictions, we used an identical color code in all figures, allowing us to distinguish between (1) a total ban for all ages, (2) a strict ban for minors under the age of 18, (3) a strict ban for minors with a different age limit, (4) a soft ban for minors implementing different barriers to tanning bed access, and (5) no restrictions for minors.

3. Results

In Australia, a total ban on commercial tanning beds was introduced in all Australian states and territories, except the Northern Territory, where there are no commercial tanning salons (Figure 1). For New Zealand, we identified a strict ban for minors under the age of 18.

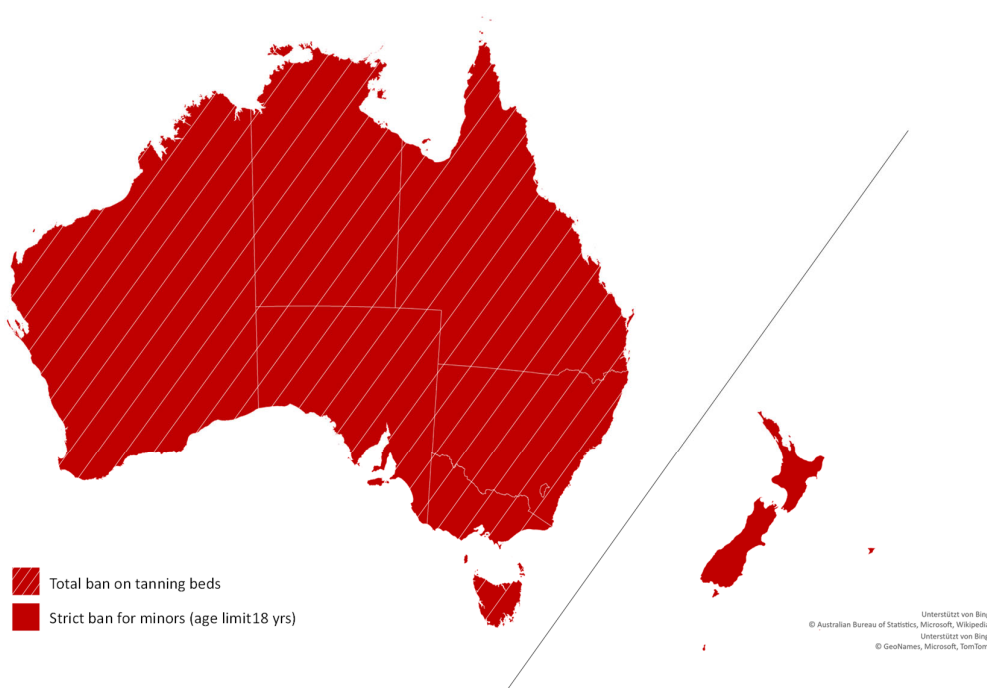


Figure 1. Legislation on tanning bed use for minors in Australia and New Zealand. Map supported by Bing. Copyright by GeoNames, Microsoft, TomTom, Australian Bureau of Statistics, Microsoft, and Wikipedia.

In Europe, no country has implemented a total ban on tanning beds comparable to Australia. However, 25 out of 47 countries have implemented strict access restrictions for minors. For the United Kingdom, we found a strict ban for minors in all four countries: England, Northern Ireland, Scotland, and Wales.

As shown in Figure 2, the countries with restrictions for minors introduced a strict ban for using tanning beds for individuals under the age of 18. The sole exception is Latvia,

where the age limit is not explicitly defined. For Bosnia Herzegovina, we used data for the Republic of Srpska representative for the whole country.



Figure 2. Legislation on tanning bed use for minors in Europe. Map supported by Bing, Copyright by GeoNames, Microsoft, and TomTom.

In eight of the 22 countries without access restrictions for minors, legislation regarding tanning beds exists but does not include any restrictions for minors. In six countries, there are superordinate regulations concerning tanning beds—for instance, regarding irradiation intensity and wavelengths via the European Committee for Electrotechnical Standardization (CENELEC)—but no further country-specific legislation. Eight countries do not have any legislation on tanning bed use, including, amongst others, Russia, where a ban for minors was part of a comprehensive legislation on tanning bed use that was in law from 2010 but was annulled in 2021.

In the US, we found more variation in legislation for tanning bed use by minors (Figure 3): while five states have no restrictions, 45 have introduced restrictions. In those states without restrictions for minors, the guidelines of the Food and Drug Administration (FDA) are valid regarding, for instance, warning signs. Two of the states do have additional legislation on tanning bed use; they, do not include any restriction for minors.

Besides a strict ban for those under the age of 18 ($n = 23$), some states have chosen different age limits for their strict ban ($n = 9$). New York is currently debating a senate bill that contains a ban for under-21-year-olds, which would mean an increase in the current age limit of 18 years.

Twenty states have introduced a rather “soft ban” or a combination of strict and soft legislation depending on age: among these 20 states, seven states have a strict ban for younger adolescents and a soft ban comprising some form of access restrictions for older adolescents. Access restrictions mean that minors are only allowed to use tanning facilities when parents or legal guardians accompany the minor ($n = 1$), when parents or a legal guardian show up at the tanning salon to sign a consent form ($n = 2$), when minors present written parental consent ($n = 3$), or a combination of these three barriers, depending on the minor’s age ($n = 1$).

Eight states have introduced a soft ban with parents’ or legal guardians’ presence at the tanning salon to sign a consent form ($n = 7$) or on the condition that minors present written parental consent ($n = 1$).

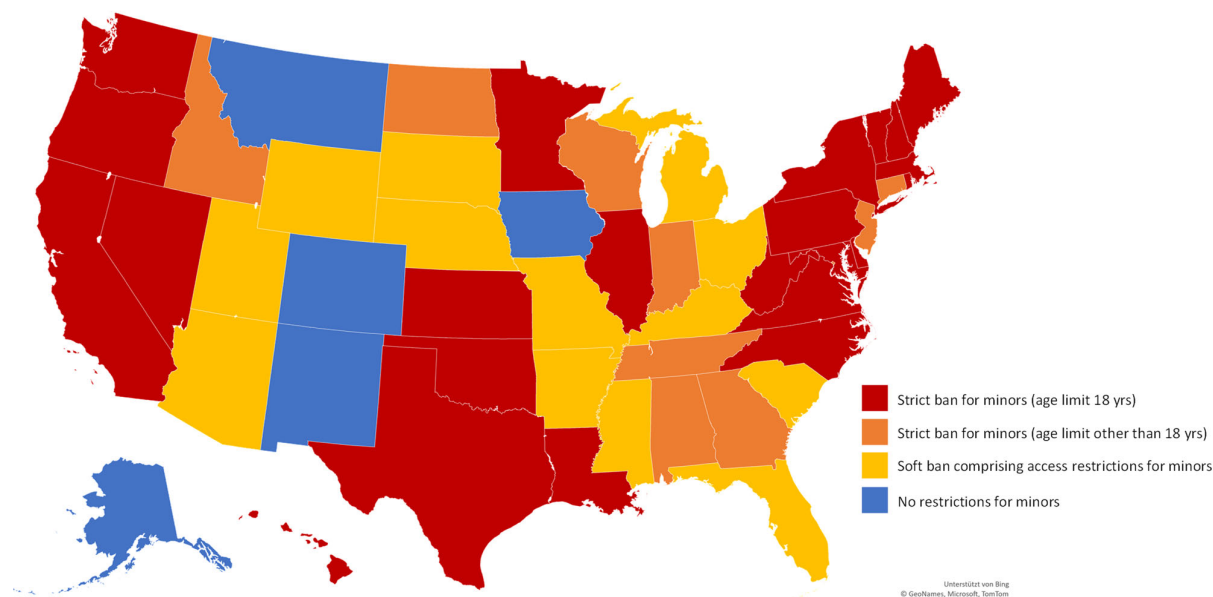


Figure 3. Legislation on tanning bed use for minors in the United States. Map supported by Bing, Copyright by GeoNames, Microsoft, TomTom.

The remaining five states have combined different components of soft-ban barriers depending on the minor’s age: While two states require parental accompaniment for younger adolescents, written parental consent is sufficient for older adolescents. Two further states require parental accompaniment for younger adolescents and the presence of parents to sign consent for the older ones. Finally, one state requires the presence of a parent to sign consent in younger adolescents, while it is sufficient for older adolescents to present written parental consent.

In Canada, two territories do not have any restrictions for minors, although they have additional legislation on tanning bed use that applies to all of Canada. All other provinces and territories ($n = 10$) have introduced a strict ban for minors (Figure 4). The age limit for the ban varied between 18 years of age ($n = 6$) and 19 years of age ($n = 4$).

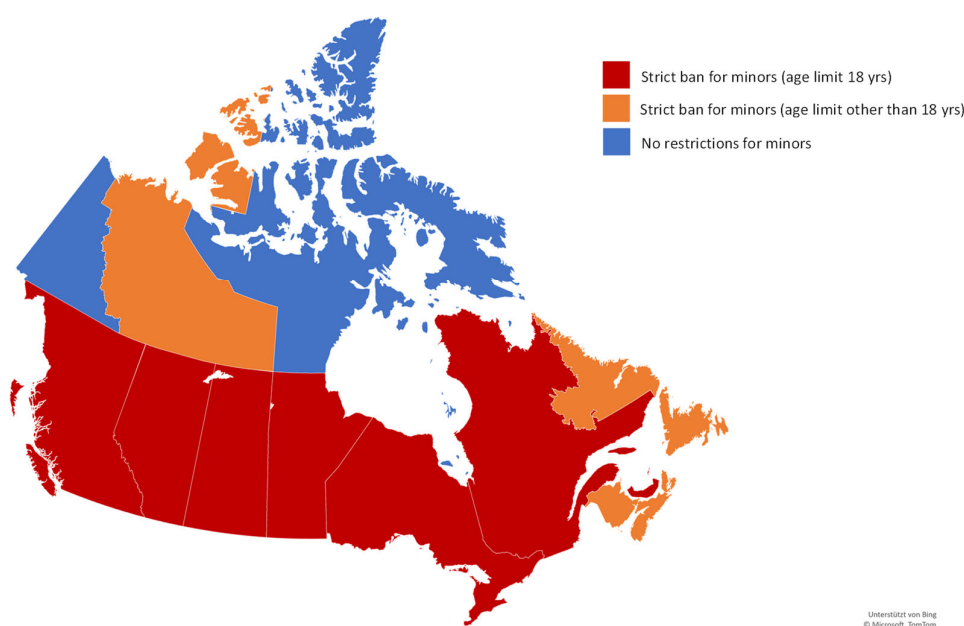


Figure 4. Legislation on tanning bed use for minors in Canada. Map supported by Bing, Copyright by Microsoft, and TomTom.

4. Discussion

In 2009, the International Agency for Research on Cancer (IARC), an intergovernmental agency that is part of the WHO, classified artificial UV radiation as carcinogenic to humans and placed it in the group I of those carcinogens with the strongest evidence for carcinogenicity [22], following the recommendation of the IARC Working Group on Artificial UV Light and Skin Cancer [23]. Several later meta-analyses [24–26] corroborated that tanning bed use is associated with a significant increase in the risk of developing cutaneous melanoma and keratinocyte carcinoma. To prevent individuals from potential skin cancer risks from using tanning beds, the WHO suggested two options: either to ban tanning beds or to restrict and manage the use of tanning beds, accompanied with education and information on the subject [27].

Our comprehensive search for international legislation regarding tanning bed use among minors revealed a high variation in the drafting of legislation on the three continents. Existing legislation ranged from a total ban in Australia to strict bans on minors: for instance, while there are different age limits and more softened bans that implement access barriers but allow minors to use tanning beds if their guardians provide a signed consent form or accompany the minor, there are also countries where no regulations on the use of tanning beds among minors exist. However, it should be noted that there may be countries or territories where there are no commercial tanning beds at all and, therefore, no legal regulation is necessary. While not all countries may officially state that this is the case, for the Northern Territory of Australia, this information was provided so that this area was marked as if there is a total ban, because, by law, no commercial tanning beds may be operated in the future. When this was not clearly stated for a certain area or country and we could not identify any information on restrictions regarding minors, these countries were classified as “no existing legislation for minors”.

It should be emphasized that children and adolescents are an especially vulnerable group that needs tailored concepts for prevention and protection from UV radiation [28–30]. Although the harmful effects of UV radiation on human skin are not limited to children and adolescents [31], in this age group, the time spent outdoors is, on average, longer than for adults [32]. This results in a higher cumulative dose of UV radiation per year of life in this age range than in later years of life [32]. In addition, children and adolescents have, on average, a much longer remaining lifespan than adults, so that UV-radiation-triggered processes of skin carcinogenesis, which has a long latency period, are more likely to manifest in them during later life than in those in whom these processes are initiated at an older age [30]. Overexposure of UV radiation during childhood has been found consistently to be associated with higher nevus density [33], which, in turn, is strongly related to the risk of developing melanoma later in life [32,34]. From a prevention perspective, it therefore seems reasonable to restrict the use of tanning beds for minors so that they are not exposed to artificial UV radiation in addition to UV radiation from natural sunlight.

Previous research has shown, however, that minors find loopholes to use tanning beds, despite a legal ban [35–39]. However, data from some countries also revealed that tanning bed use in minors has decreased over time since the implementation of the ban [35,40,41]. As we have seen in the US, several states allow commercial tanning bed use for minors when they have parental permission (consent or accompaniment). A study by Guy et al. [42] provided evidence that laws including strict age restrictions for tanning bed use may be more effective in reducing their use by minors than parental-permission laws without an age restriction, because the latter ones were not associated with a lower prevalence of indoor tanning.

An alternative concept to bans is the idea of so-called “buy-back” schemes that encourage the removal of tanning beds, while tanning bed operators are financially compensated for the enforced changes to their business [35]. An Australian study, for instance, showed that, after having banned commercial tanning beds, the interest in indoor tanning among the population has fallen, while the interest in spray tanning has remained high [43]. Spray tanning, also known as sunless tanning, is often seen as “healthy alternative” to indoor tan-

ning especially for those with a pale skin phenotype [44]. Thus, promoting spray tanning could be a strategy to reduce the demand for tanning beds.

Our investigation of international legislation on tanning beds with respect to access restrictions for minors is not the first of its kind. In 2003, Delavalle et al. [45] reviewed access restrictions for minors in English-speaking countries (US, Canada, Australia, New Zealand, and the UK), as well as in France, and compared it with tobacco restrictions for minors in the same countries. In 2005 and 2007, the same group published short updates on changes in tanning bed legislation for minors in the US [46,47]. A comprehensive review of international legislation restricting access to indoor tanning was performed by Pawlak et al. [48]. Their paper from 2012 represented the legal status quo of 2011 and is already outdated today, as many countries have changed their relevant legislation over the past decade. In 2019, Longo et al. [49] described the legislative situation for tanning bed use in Europe. Their approach to assess the relevant data was, however, completely different from ours. They used a questionnaire specifically designed to capture details of the regulatory framework for tanning bed use and sent the questionnaire to all country coordinators of Euromelanoma, a network of scientists in Europe with a common interest in melanoma that was founded in 1999 and is now active in 33 countries. The assessment via a questionnaire was performed between April and December 2012, and an update—using a methodology not described in the publication—took place in 2017. As the response rate was only 64% and not all European countries were represented in the Euromelanoma network, the survey had some gaps, and the report could only describe the situation in 23 countries. Also focusing on Europe, del Colombo and Vasile [50] recently reviewed the actions taken by the European Commission to improve the safety of tanning bed use. They described the process of deriving standardization in the CENELEC context and political measures supporting the development. Rodriguez-Acevedo et al. [51] incorporated a world map of indoor-tanning restrictions in a recent systematic review and meta-analysis aimed at analyzing changes in region-specific indoor tanning prevalence after indoor tanning devices were classified as carcinogenic by the IARC in 2009. The authors did not provide a detailed explanation describing how the information leading to the map was compiled. They only gave a reference to a WHO document from 2017 on public health management of artificial tanning devices [27] that lacks, however, detailed information on country-specific access restrictions. Overall, the information provided by Rodriguez-Acevedo et al. [51] corresponds quite well with findings from our investigation that can be viewed as an update utilizing a transparent methodology.

Although we performed an extensive search for international legislation in all countries of the study region, we cannot guarantee that there is no further information on legislation that we have not been able to include in this comparison. It is conceivable that not all countries make their legal regulations available on the internet or that we were unable to locate the corresponding website, e.g., due to language barriers. In eight European countries, our search did not reveal any current legislation on tanning beds. In these cases, we tried to confirm the non-existence of tanning bed legislation by contacting the health authorities and embassies of these countries or by searching for additional media articles on the tanning bed industry in these countries. The success of these activities was limited. Only for three of the eight countries were we able to obtain independent verification of the non-existence of tanning bed regulation. For another six European countries, our search was unable to locate country-specific tanning bed legislations, but these countries have at least adopted the technical safety specifications for tanning devices operated in CENELEC member states, as well as the European Committee for Standardization's (CEN) regulations for the training of personnel working in tanning salons. For four of these six countries, we obtained confirmation that no specific tanning bed legislation is in place. Although we incorporated countries from three continents in our investigation, our comparison does not cover the entire world. We left out Asia and Africa completely as we expected to find country-specific legislation on tanning bed use only in very few countries, such as, for example, the Republic of South Africa, where a liberal regulation imposing no access

restrictions for minors exists [52]. The high expense of workload to verify the non-existence of legislation in these regions did not stand in adequate relation to the limited yield of information. Due to language barriers, we also did not search systematically for legislation in South America, acknowledging that Brazil became the first country in the world to ban the trade and use of tanning beds in 2009 [53,54]. It is also worth noting that we have focused only on access restrictions for minors in this manuscript. We did not look in detail at the terms of access (including, for instance, mandatory protective eyewear), warning signs, restricted advertising, and educational requirements. In addition, technical regulations for tanning devices differ between countries [55], and we also have not discussed this in our manuscript.

5. Conclusions

Our international comparison regarding regulations on the use of commercial tanning beds for minors showed a large variety in legislation. There is no harmonization between countries, for instance, in the European Union, or even within a country, for example, in the US. However, a harmonization of legislation on tanning bed use by minors, as well as tanning bed use in general, may strengthen the efforts to reduce skin cancer incidence in the long run. Our findings are an important basis for further work of the WHO, but also of the EU Commission.

The WHO's aim is to either ban tanning beds or to combine restrictions with managing tanning beds and informing users [27]. The maps provided in this paper will foster transparency about the status quo of legislation in the different countries and regions to identify progress in legislation and to derive needs for further action. In addition, our findings fit well into the schedule of the European Commission's "Europe's Beating Cancer Plan". For 2023, the European Commission is scheduled to explore measures to prevent exposure from tanning beds [56]. Our overview will support their work, which should aim to ensure that member states cooperate on this topic and implement common legislation on commercial tanning bed use by minors.

Author Contributions: Conceptualization, K.D., T.G. and O.G.; Methodology, O.G.; Validation, K.D., K.S.L. and O.G.; Investigation, K.S.L.; Resources, O.G.; Data Curation, O.G.; Writing—Original Draft Preparation, K.D., K.S.L. and O.G.; Writing—Review and Editing, S.M. and T.G.; Visualization, K.D.; Supervision, K.D. and O.G.; Project Administration, K.S.L. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Acknowledgments: K.S.L. performed the present work in (partial) fulfillment of the requirements for obtaining the doctoral degree at the Friedrich-Alexander-Universität Erlangen-Nürnberg (FAU).

Conflicts of Interest: The authors declare no conflict of interest.

Appendix A

Table A1. Tanning bed legislation for minors by country.

Country	Total Ban (for All Ages)	Strict Ban for Minors Under Which Age	Soft Ban for Minors under Which Age	Link to Legislation
EUROPE				
Albania	No	No	No	no legislation
Andorra	No	No	No	no legislation
Austria	No	<18	n.a.	https://www.ris.bka.gv.at/eli/bgbl/II/2010/106
Belarus	No	No	No	https://pravo.by/upload/docs/op/W21226234p_1344978000.pdf
Belgium	No	<18	n.a.	http://www.ejustice.just.fgov.be/cgi_loi/arch_a1.pl?sql=(text+contains+(%27%27))&rech=1&language=fr&tri=dd+AS+RANK&value=&table_name=loi&F=&cn=2002062055&caller=archive&frontab=loi&la=F&ver_arch=003
Bosnia and Herzegovina	No	<18	n.a.	https://www.narodnaskupstinar.net/?q=la/akti/usvojeni-zakoni/zakon-o-za%C5%A1titi-od-nejonizuju%C4%87ih-zra%C4%8Denja
Bulgaria	No	No	No	CENELEC/CEN
Croatia	No	No	No	https://vlada.gov.hr/UserDocsImages//2016/Sjednice/Arhiva//62%20-2.pdf
Czech Republic	No	No	No	https://www.zakonyprolidi.cz/cs/2004-137
Denmark	No	No	No	https://www.retsinformation.dk/eli/lta/2014/718
Estonia	No	No	No	https://www.riigiteataja.ee/akt/26696?leiaKehtiv
Finland	No	<18	n.a.	https://www.finlex.fi/en/laki/kaannokset/2018/en20180859.pdf
France	No	<18	n.a.	https://www.legifrance.gouv.fr/jorf/id/JORFTEXT000028398316?r=wV5vf1Vq9D
Germany	No	<18	n.a.	https://www.gesetze-im-internet.de/uvsv/UUVSV.pdf
Greece	No	No	No	CENELEC/CEN
Hungary	No	No	No	CENELEC/CEN
Iceland	No	<18	n.a.	https://www.government.is/library/04-Legislation/Act%20on%20Radiation%20Protection%20as%20amended%202018.pdf
Ireland	No	<18	n.a.	https://assets.gov.ie/37305/7000e40e308543dc87285764a449c513.pdf
Italy	No	<18	n.a.	https://www.gazzettaufficiale.it/eli/gu/2011/07/15/163/sg/pdf
Kazakhstan	No	No	No	https://adilet.zan.kz/kaz/docs/V1500010796
Kosovo	No	No	No	no legislation
Latvia	No	“not for children”	n.a.	https://likumi.lv/ta/id/304368-prasibas-kosmetiska-iedeguma-pakalpojuma-sniegsanai
Liechtenstein	No	No	No	no legislation
Lithuania	No	<18	n.a.	https://e-seimas.lrs.lt/rs/legalact/TAD/TAIS.348698/format/ISO_PDF
Luxemburg	No	<18	n.a.	https://legilux.public.lu/eli/etat/leg/loi/2018/05/24/a442/jo
Malta	No	No	No	CENELEC/CEN
Moldova	No	<18	n.a.	https://cancelaria.gov.md/sites/default/files/document/attachments/proiectul_708_1.pdf
Monaco	No	<18	n.a.	https://journaldemonaco.gouv.mc/content/download/115534/2722388/file/JO_2007_J_7813.pdf
Montenegro	No	<18	n.a.	https://wapi.gov.me/download/9206c5d9-b47f-4fc7-8382-7e0c56309347?version=1.0
Netherlands	No	<18	n.a.	https://www.nvwa.nl/onderwerpen/zonnebanken/eisen
North Macedonia	No	No	No	CENELEC/CEN

Table A1. Cont.

Country	Total Ban (for All Ages)	Strict Ban for Minors Under Which Age	Soft Ban for Minors under Which Age	Link to Legislation
Norway	No	<18	n.a.	https://dsa.no/en/legislation/Regulations%20on%20Radiation%20Protection%20and%20Use%20of%20Radiation%20-%202020.pdf
Poland	No	<18	n.a.	https://sip.lex.pl/akty-prawne/dzu-dziennik-ustaw/ochrona-zdrowia-przed-nastepstwami-korzystania-z-solarium-18650131
Portugal	No	<18	n.a.	https://www.asae.gov.pt/newsletter2/asaenews-n-98-junho-2016/centros-de-bronzeamento-artificial.aspx
Romania	No	<18	n.a.	http://www.dspvs.ro/dsp2/images/Ordin%20M.S.%20%20nr.%20291%20din%202016%20privind%20aprobarea%20Normelor%20de%20igien%20pentru%20saloanele_centrele%20de%20bronzare.pdf
Russia	No	No	No	https://docs.cntd.ru/document/565983838#6520IM
San Marino	No	No	No	no legislation
Serbia	No	<18	n.a.	http://sanitarnaapv.vojvodina.gov.rs/1-4-pravilnik-o-posebnim-sanitarnim-uslovima-koje-moraju-da-ispune-objekti-u-kojima-se-pruzaju-usluge-odrzavanja-higijene-nege-i-ulepsavanja-lica-i-tela-sl-glasnik-rs-br-8-2019/
Slovakia	No	No	No	https://www.slov-lex.sk/pravne-predpisy/SK/ZZ/2014/75/vyhlasene_znenie.html
Slovenia	No	No	No	https://www.uradni-list.si/glasilo-uradni-list-rs/vsebina/2009-01-4570?sop=2009-01-4570
Spain	No	<18	n.a.	https://www.boe.es/boe/dias/2002/10/10/pdfs/A35771-35774.pdf
Sweden	No	<18	n.a.	https://www.stralsakerhetsmyndigheten.se/contentassets/ca098d0df9904f0a9adfb4ee1be58c0c/ssmfs-201825-foreskrifter-om-andring-i-stralsakerhetsmyndighetens-foreskrifter-ssmfs-20125-om-solarier-och-artificiella-solningsanlaggningar.pdf
Switzerland	No	<18	n.a.	https://www.bag.admin.ch/dam/bag/de/dokumente/str/nis/uv/vollzugshilfe_solarien.pdf.download.pdf/Strahlenschutz_Vollzugshilfe_Solarien%202021_DE.pdf
Turkey	No	No	No	CENELEC/CEN
Ukraine	No	No	No	no legislation
United Kingdom				
England	No	<18	n.a.	https://www.legislation.gov.uk/ukpga/2010/20/contents
Northern Ireland	No	<18	n.a.	https://www.legislation.gov.uk/nia/2011/19/contents
Scotland	No	<18	n.a.	https://www.webarchive.org.uk/wayback/archive/20181226011206/https://www2.gov.scot/Topics/Health/Policy/Public-Health-Act/Act-2008
Wales	No	<18	n.a.	https://www.legislation.gov.uk/wsi/2011/1130/contents/made?lang=en
Vatican City	No	No	No	no legislation
CANADA				
Alberta	No	<18	n.a.	https://www.qp.alberta.ca/570.cfm?frm_isbn=9780779798988&search_by=link
British Columbia	No	<18	n.a.	https://www.bclaws.gov.bc.ca/civix/document/id/complete/statreg/161_2011/search/CIVIX_DOCUMENT_ROOT_STEM:(tanning)%20AND%20CIVIX_DOCUMENT_ANCESTORS:statreg?1#hit1
Manitoba	No	<18	n.a.	https://web2.gov.mb.ca/laws/regs/current/_pdf-regs.php?reg=58/2012
New Brunswick	No	<19	n.a.	https://laws.gnb.ca/en/showdoc/cs/2013-c.21
Newfoundland and Labrador	No	<19	n.a.	https://www.assembly.nl.ca/Legislation/sr/Regulations/rc140004.htm
Northwest Territories	No	<19	n.a.	https://www.justice.gov.nt.ca/en/files/legislation/public-health/public-health.r1.pdf
Nova Scotia	No	<19	n.a.	https://nslegislature.ca/sites/default/files/legc/PDFs/annual%20statutes/2010%20Fall/c044.pdf
Nunavut	No	No	No	https://laws-lois.justice.gc.ca/eng/acts/r-1/index.html
Ontario	No	<18	n.a.	https://www.ontario.ca/laws/statute/13s05
Prince Edward Island	No	<18	n.a.	https://www.princeedwardisland.ca/sites/default/files/legislation/p-30-1-public_health_act.pdf

Table A1. Cont.

Country	Total Ban (for All Ages)	Strict Ban for Minors Under Which Age	Soft Ban for Minors under Which Age	Link to Legislation
Quebec	No	<18	n.a.	http://www.legisquebec.gouv.qc.ca/en/ShowDoc/cs/C-5.2
Saskatchewan	No	<18	n.a.	https://www.saskatchewan.ca/residents/environment-public-health-and-safety/environmental-health/environmental-health-legislation
Yukon	No	No	No	https://laws-lois.justice.gc.ca/eng/acts/r-1/index.html
USA				
Alabama	No	<14	15 ¹ ; 16–17 ³	https://legiscan.com/AL/bill/HB254/2014
Alaska	No	No	No	no specific legislation (except FDA regulation)
Arizona	No	No	<18 ³	https://www.nrc.gov/docs/ML1528/ML15280A157.pdf
Arkansas	No	No	<18 ²	https://advance.lexis.com/documentpage/?pdmfid=1000516&crd=9306f78e-79ff-4c04-aea6-0dfc6bc8fd2c&config=00JAA2ZjZiM2VhNS0wNTVLTQ3NzUtYjQzYy0yYWZmODJiODRmMDYKAFBvZENhdGFsb2fXiYCNsel0pIlgqpYkw9PK&pddocfullpath=%2fshared%2fdocument%2fstatures-legislation%2furn%3acontentItem%3a4WVG-3TN0-R03K-140P-00008-00&pdcontentcomponentid=234170&pdteaserkey=sr2&pditab=allpods&ecomp=_5w_kkk&earg=sr2&prid=c9bf0386-10e8-4176-8fb8-8aa1dad629f
California	No	<18	n.a.	https://law.justia.com/codes/california/2016/code-bpc/division-8/chapter-23/section-22706/
Colorado	No	No	No	https://www.sos.state.co.us/CCR/GenerateRulePdf.do?ruleVersionId=419
Connecticut	No	<17	n.a.	https://www.cga.ct.gov/current/pub/chap_368e.htm#sec_19a-232
Delaware	No	<18	n.a.	http://delcode.delaware.gov/title16/c030d/index.html
Florida	No	No	<14 ¹ ; 14–18 ³	http://www.leg.state.fl.us/Statutes/index.cfm?mode=View%20Statutes&SubMenu=1&App_mode=Display_Statute&Search_String=tanning+facility&URL=0300-0399/0381/Sections/0381.89.html
Georgia	No	<14	14–17 ²	https://advance.lexis.com/container?config=00JAAzZDgzNzU2ZC05MDA0LTRmMDItYjZkMS0xOGY3MjE3OWNIODIKAFBvZENhdGFsb2f1fjNj2IC8XZi1AYM4Ne&crd=c1fbfce2-7e74-4e40-b06c-e4d4ecb6a092&prid=5bec1090-45f3-480a-be8b-d8b05ba621e0
Hawaii	No	<18	n.a.	http://www.capitol.hawaii.gov/hrscurrent/Vol06_Ch0321-0344/HRS0321/HRS_0321-0012_0002.htm
Idaho	No	<14	14–16 ²	https://legislature.idaho.gov/statutesrules/idstat/Title18/T18CH15/SECT18-1523/
Illinois	No	<18	n.a.	https://www.ilga.gov/commission/jcar/admincode/077/077007950001900R.html
Indiana	No	<16	16–18 ³	https://www.in.gov/pla/files/SBCBE%207.1.2017%20EDITION.pdf
Iowa	No	No	No	https://idph.iowa.gov/Portals/1/userfiles/231/training%20program%20for%20operators_1.pdf
Kansas	No	<18	n.a.	http://kslegislature.org/li_2018/b2017_18/statute/065_000_0000_chapter/065_019_0000_article/065_019_0031_section/065_019_0031_k/
Kentucky	No	No	<14 ¹ ; 14–17 ³	https://casetext.com/statute/kentucky-revised-statutes/title-18-public-health/chapter-217-foods-drugs-and-poisons/tanning/section-217922-consent-required-for-minor-using-tanning-device-or-facility
Louisiana	No	<18	n.a.	https://ldh.la.gov/assets/oph/Center-EH/sanitarian/fooddrug/TanningFacilityRegulations-IncludesFederalEquipmentRegulations.pdf
Maine	No	<18	n.a.	https://www.mainelegislature.org/legis/statutes/22/title22ch160sec0.html
Maryland	No	<18	n.a.	https://mgaleg.maryland.gov/mgawebsite/laws/StatuteText?article=ghg&section=20-106&enactments=false

Table A1. Cont.

Country	Total Ban (for All Ages)	Strict Ban for Minors Under Which Age	Soft Ban for Minors under Which Age	Link to Legislation
Massachusetts	No	<18	n.a.	https://malegislature.gov/Laws/GeneralLaws/PartI/TitleXVI/Chapter111/Section211
Michigan	No	No	<18 ²	http://www.legislature.mi.gov/(S(mlymxddofw23rnjhxvngp12))/documents/mcl/pdf/mcl-368-1978-12-134.pdf
Minnesota	No	<18	n.a.	https://www.revisor.mn.gov/statutes/cite/325H.085
Mississippi	No	No	<14 ²	https://msdh.ms.gov/msdhsite/_static/resources/5943.pdf
Missouri	No	No	<17 ²	https://www.sos.mo.gov/cmsimages/adrules/csr/current/19csr/19c20-12.pdf
Montana	No	No	No	no specific legislation (except FDA regulation)
Nebraska	No	No	<16 ²	https://nebraskalegislature.gov/FloorDocs/103/PDF/Slip/LB132.pdf
Nevada	No	<18	n.a.	https://www.leg.state.nv.us/Division/Legal/LawLibrary/NRS/NRS-597.html#NRS597Sec7617
New Hampshire	No	<18	n.a.	http://www.gencourt.state.nh.us/rsa/html/XXX/313-A/313-A-mrg.htm
New Jersey	No	<17	17 ³	https://www.nj.gov/health/ceohs/documents/phss/tanningrule.pdf
New Mexico	No	No	No	no specific legislation (except FDA regulation)
New York	No	<18	n.a.	https://assembly.state.ny.us/leg/?default_fld=&bn=SB5585&term=2017&Summary=Y&Actions=Y&Text=Y
North Carolina	No	<18	n.a.	https://www.ncleg.net/EnactedLegislation/Statutes/HTML/ByChapter/Chapter_104E.html
North Dakota	No	<14	14–17 ³	https://www.ndlegis.gov/cencode/t23c39.pdf#nameddest=23-39-01
Ohio	No	No	<16 ¹ ; 16–17 ²	https://codes.ohio.gov/ohio-revised-code/section-4713.50
Oklahoma	No	<18	No	https://legiscan.com/OK/drafts/SB765/2017
Oregon	No	<18	n.a.	https://secure.sos.state.or.us/oard/displayDivisionRules.action?selectedDivision=1314
Pennsylvania	No	<18	n.a.	https://www.legis.state.pa.us/CFOCS/Legis/PN/Public/btCheck.cfm?txtType=PDF&sessYr=2019&sessInd=0&billBody=S&billTyp=B&billNbr=0909&pn=1263
Rhode Island	No	<18	n.a.	http://webserver.rilin.state.ri.us/billtext18/housetext18/h7136.pdf
South Carolina	No	No	<18 ²	https://scdhec.gov/sites/default/files/media/document/R.61-106.pdf
South Dakota	No	No	<14 ¹ ; 14–17 ²	https://codes.findlaw.com/nd/title-23-health-and-safety/nd-cent-code-sect-23-39-05.html
Tennessee	No	<16	16–17 ¹	https://advance.lexis.com/documentpage/?pdmfid=1000516&crd=dc7e9888-bd03-4bba-b386-2e29962c50ef&nodeid=ACPAACAAPAAE&nodepath=%2FROOT%2FACP%2FACPAAC%2FACPAACAAP%2FACPAACAAPAAE&level=4&haschildren=&populated=false&title=68-117-104.+Requirements.&config=025054JABIOTjNmIyNi0wYjI0LTRjZGEtYWWE5ZC0zNGFhOWNhMjFINDgKAFBvZENhdGFsb2cDFQ14bX2GfyBTaI9WcPX5&pddocfullpath=%2Fshared%2Fdocument%2Fstatutes-legislation%2Furn%3AcontentItem%3A4X9B-R240-R03M-Y12W-00008-00&ecomp=5g1_kkk&prid=9bc37292-b7bb-4f22-a0d8-1bb10f3b023f
Texas	No	<18	n.a.	https://statutes.capitol.texas.gov/Docs/HS/htm/HS.145.htm#145.008
Utah	No	No	<18 ²	https://le.utah.gov/xcode/Title26/Chapter15/C26-15-S13_2016051020160510.pdf

Table A1. Cont.

Country	Total Ban (for All Ages)	Strict Ban for Minors Under Which Age	Soft Ban for Minors under Which Age	Link to Legislation
Vermont	No	<18	n.a.	https://legislature.vermont.gov/statutes/section/18/029/01513
Virginia	No	<18	n.a.	https://law.lis.virginia.gov/vacodefull/title59.1/chapter24.1/
Washington	No	<18	n.a.	https://apps.leg.wa.gov/rcw/default.aspx?cite=18.370&full=true
West Virginia	No	<18	n.a.	http://www.wvlegislature.gov/WVCODE/code.cfm?chap=16&art=45#01
Wisconsin	No	<16	n.a.	https://docs.legis.wisconsin.gov/statutes/statutes/463
Wyoming	No	No	<15 ² ; 15–17 ³	https://advance.lexis.com/documentpage/?pdmfid=1000516&crid=cad1da5c-82d0-4f2b-b513-a962a210a8e4&nodeid=AAOAAEAACAAH&nodepath=/ROOT/AAO/AAOAAE/AAOAAEAAC/AAOAAEAACAAH&level=4&haschildren=&populated=false&title=%c2%a7%e2%80%8214-3-108.%20Use%20of%20ultraviolet%20tanning%20devices%20by%20persons%20who%20have%20not%20reached%20the%20age%20of%20majority;%20presence%20required;%20consent%20required;%20penalty.&config=00JABmMTEzODA5Zi0wOWExLTQ3NTAtOThmNy0xYjc5ZjUwYzRkZmIKAFBvZENhdGFsb2f3sjqEYfYX7EMD8yWYBYCu&pddocfullpath=/shared/document/statutes-legislation/urn:contentItem:56VF-GTG1-73WF-6084-00008-00&ecomp=_g1_kkk&prid=79194dfb-260e-43e6-bec6-26d65be61c8b
AUSTRALIA				
Australian Capital Territory	Yes	n.a.	n.a.	https://www.legislation.act.gov.au/DownloadFile/sl/2007-18/20101117-46039/PDF/2007-18.PDF
New South Wales	Yes	n.a.	n.a.	https://legislation.nsw.gov.au/view/html/inforce/current/sl-2013-0052
Northern Territory	Yes	n.a.	n.a.	https://legislation.nt.gov.au/en/Legislation/RADIATION-PROTECTION-REGULATIONS-2007
Queensland	Yes	n.a.	n.a.	https://www.legislation.qld.gov.au/view/html/inforce/current/sl-2021-0125
South Australia	Yes	n.a.	n.a.	https://www.legislation.sa.gov.au/lz?path=%2FC%2FRadiation%20Protection%20and%20Control%20(Non-Ionising%20Radiation)%20Regulations%202013
Tasmania	Yes	n.a.	n.a.	https://www.health.tas.gov.au/publications/guidelines-operation-solaria-tasmania
Victoria	Yes	n.a.	n.a.	https://www.legislation.vic.gov.au/as-made/acts/radiation-amendment-act-2013
West Australia	Yes	n.a.	n.a.	https://www.legislation.wa.gov.au/legislation/statutes.nsf/law_s47352.html
New Zealand	No	<18	n.a.	https://www.legislation.govt.nz/act/public/1956/0065/latest/DLM307987.html

Countries are alphabetically ordered within continents. Different types of limited access for minors of different ages are indicated by superscript numbers at the age limits in the soft-ban column (¹ parent must accompany minor on visits, ² parent must be present to sign consent, and ³ minor must present written parental consent). The links to websites comprising the official legislation documents were accessed between 28 February 2021 and 16 January 2022, but may be not valid when reading the article, as governmental links change from time to time. Countries which have only adopted technical safety specifications for tanning devices (EN 60335-2-27) operated in member states of the European Committee for Electrotechnical Standardization (CENELEC), as well as the European Committee for Standardization’s (CEN) regulations for the training of personnel working in tanning salons (EN 16489-1 and EN 16489-2), received the entry “CENELEC/CEN”; and countries without any legislative regulations received the entry “no legislation” in the column providing the link to legislation. Abbreviation: n.a., not applicable.

References

- Møller, K.I.; Kongshoj, B.; Philipsen, P.A.; Thomsen, V.O.; Wulf, H.C. How Finsen's light cured lupus vulgaris. *Photodermatol. Photoimmunol. Photomed.* **2005**, *21*, 118–124. [[CrossRef](#)] [[PubMed](#)]
- Göring, H.D. In memoriam: Niels Ryberg Finsen. *Hautarzt* **2004**, *55*, 753–755. [[CrossRef](#)]
- Kaiser, W.; Gilson, N. Quarzglas und Quarzgut. In *Heraeus—Pioniere der Werkstofftechnologie: Von der Hanauer Platinschmelze zum internationalen Technologieunternehmen*; Kaiser, W., Gilson, N., Eds.; Piper: München, Germany, 2001; pp. 107–154.
- Hurst, F. Erfindung der Sonnenbank—Wer Rastet, der Röstet. 2016. Available online: <http://www.spiegel.de/einestages/sonnenbank-erfinder-friedrich-wolff-geschichte-des-solariums-a-1065420.html> (accessed on 14 February 2022).
- Oliphant, J.A.; Forster, J.L.; McBride, C.M. The use of commercial tanning facilities by suburban Minnesota adolescents. *Am. J. Public Health* **1994**, *84*, 476–478. [[CrossRef](#)] [[PubMed](#)]
- Wichstrom, L. Predictors of Norwegian adolescents' sunbathing and use of sunscreen. *Health Psychol.* **1994**, *13*, 412–420. [[CrossRef](#)] [[PubMed](#)]
- Cokkinides, V.E.; Weinstock, M.A.; O'Connell, M.C.; Thun, M.J. Use of indoor tanning sunlamps by US youth, ages 11–18 years, and by their parent or guardian caregivers: Prevalence and correlates. *Pediatrics* **2002**, *109*, 1124–1130. [[CrossRef](#)] [[PubMed](#)]
- Jopson, J.A.; Reeder, A.I. An audit of Yellow Pages telephone directory listings of indoor tanning facilities and services in New Zealand, 1992–2006. *Aust. New Zealand J. Public Health* **2008**, *32*, 372–377. [[CrossRef](#)]
- Görig, T.; Schneider, S.; Schilling, L.; Diehl, K. Attractiveness as a motive for tanning: Results of representative nationwide survey in Germany. *Photodermatol. Photoimmunol. Photomed.* **2020**, *36*, 145–152. [[CrossRef](#)]
- Levine, J.A.; Sorace, M.; Spencer, J.; Siegel, D.M. The indoor UV tanning industry: A review of skin cancer risk, health benefit claims, and regulation. *J. Am. Acad. Dermatol.* **2005**, *53*, 1038–1044. [[CrossRef](#)]
- Swerdlow, A.J.; English, J.S.; MacKie, R.M.; O'Doherty, C.J.; Hunter, J.A.; Clark, J.; Hole, D.J. Fluorescent lights, ultraviolet lamps, and risk of cutaneous melanoma. *BMJ* **1988**, *297*, 647–650. [[CrossRef](#)]
- Autier, P.; Dore, J.F.; Lejeune, F.; Koelmel, K.F.; Gefeller, O.; Hille, P.; Cesarini, J.P.; Lienard, D.; Liabeuf, A.; Joarlette, M.; et al. Cutaneous malignant melanoma and exposure to sunlamps or sunbeds: An EORTC multicenter case-control study in Belgium, France and Germany. EORTC Melanoma Cooperative Group. *Int. J. Cancer* **1994**, *58*, 809–813. [[CrossRef](#)]
- Westerdahl, J.; Olsson, H.; Masback, A.; Ingvar, C.; Jonsson, N.; Brandt, L.; Jonsson, P.E.; Moller, T. Use of sunbeds or sunlamps and malignant melanoma in southern Sweden. *Am. J. Epidemiol.* **1994**, *140*, 691–699. [[CrossRef](#)] [[PubMed](#)]
- Chen, Y.T.; Dubrow, R.; Zheng, T.; Barnhill, R.L.; Fine, J.; Berwick, M. Sunlamp use and the risk of cutaneous malignant melanoma: A population-based case-control study in Connecticut, USA. *Int. J. Epidemiol.* **1998**, *27*, 758–765. [[CrossRef](#)] [[PubMed](#)]
- Walter, S.D.; King, W.D.; Marrett, L.D. Association of cutaneous malignant melanoma with intermittent exposure to ultraviolet radiation: Results of a case-control study in Ontario, Canada. *Int. J. Epidemiol.* **1999**, *28*, 418–427. [[CrossRef](#)]
- Westerdahl, J.; Ingvar, C.; Masback, A.; Jonsson, N.; Olsson, H. Risk of cutaneous malignant melanoma in relation to use of sunbeds: Further evidence for UV-A carcinogenicity. *Br. J. Cancer* **2000**, *82*, 1593–1599. [[CrossRef](#)] [[PubMed](#)]
- Husain, Z.; Pathak, M.A.; Flotte, T.; Wick, M.M. Role of ultraviolet radiation in the induction of melanocytic tumors in hairless mice following 7,12-dimethylbenz(a)anthracene application and ultraviolet irradiation. *Cancer Res.* **1991**, *51*, 4964–4970.
- Kappes, U.P.; Luo, D.; Potter, M.; Schulmeister, K.; Runger, T.M. Short- and long-wave UV light (UVB and UVA) induce similar mutations in human skin cells. *J. Investig. Dermatol.* **2006**, *126*, 667–675. [[CrossRef](#)]
- Ridley, A.J.; Whiteside, J.R.; McMillan, T.J.; Allinson, S.L. Cellular and sub-cellular responses to UVA in relation to carcinogenesis. *Int. J. Radiat. Biol.* **2009**, *85*, 177–195. [[CrossRef](#)]
- World Health Organization. *Artificial Tanning Sunbeds: Risks and Guidance*; World Health Organization: Geneva, Switzerland, 2003.
- Gosselin, S.; McWhirter, J.E. Assessing the content and comprehensiveness of provincial and territorial indoor tanning legislation in Canada. *Health Promot. Chronic Dis. Prev. Can. Res. Policy Pract.* **2019**, *39*, 45–55. [[CrossRef](#)]
- El Ghissassi, F.; Baan, R.; Straif, K.; Grosse, Y.; Secretan, B.; Bouvard, V.; Benbrahim-Tallaa, L.; Guha, N.; Freeman, C.; Galichet, L.; et al. A review of human carcinogens-part D: Radiation. *Lancet Oncol.* **2009**, *10*, 751–752. [[CrossRef](#)]
- International Agency for Research on Cancer Working Group on Artificial Ultraviolet (UV) Light and Skin Cancer. The association of use of sunbeds with cutaneous malignant melanoma and other skin cancers: A systematic review. *Int. J. Cancer* **2007**, *120*, 1116–1122. [[CrossRef](#)]
- Boniol, M.; Autier, P.; Boyle, P.; Gandini, S. Cutaneous melanoma attributable to sunbed use: Systematic review and meta-analysis. *BMJ* **2012**, *345*, e4757. [[CrossRef](#)] [[PubMed](#)]
- Colantonio, S.; Bracken, M.B.; Beecker, J. The association of indoor tanning and melanoma in adults: Systematic review and meta-analysis. *J. Am. Acad. Dermatol.* **2014**, *70*, e818–e841. [[CrossRef](#)] [[PubMed](#)]
- Wehner, M.R.; Shive, M.L.; Chren, M.M.; Han, J.; Qureshi, A.A.; Linos, E. Indoor tanning and non-melanoma skin cancer: Systematic review and meta-analysis. *BMJ* **2012**, *345*, e5909. [[CrossRef](#)] [[PubMed](#)]
- World Health Organization. *Artificial Tanning Devices: Public Health Interventions to Manage Sunbeds*; World Health Organization: Geneva, Switzerland, 2017.
- Balk, S.J. Ultraviolet radiation: A hazard to children and adolescents. *Pediatrics* **2011**, *127*, e791–e817. [[CrossRef](#)] [[PubMed](#)]
- Fiessler, C.; Pfahlberg, A.B.; Keller, A.K.; Radespiel-Troger, M.; Uter, W.; Gefeller, O. Association between month of birth and melanoma risk: Fact or fiction? *Int. J. Epidemiol.* **2017**, *46*, 686–693. [[CrossRef](#)] [[PubMed](#)]
- Gefeller, O.; Diehl, K. Children and Ultraviolet Radiation. *Children* **2022**, *9*, 537. [[CrossRef](#)]

31. Pfahlberg, A.; Kolmel, K.F.; Gefeller, O. Timing of excessive ultraviolet radiation and melanoma: Epidemiology does not support the existence of a critical period of high susceptibility to solar ultraviolet radiation-induced melanoma. *Br. J. Dermatol.* **2001**, *144*, 471–475. [CrossRef]
32. Green, A.C.; Wallingford, S.C.; McBride, P. Childhood exposure to ultraviolet radiation and harmful skin effects: Epidemiological evidence. *Prog. Biophys. Mol. Biol.* **2011**, *107*, 349–355. [CrossRef]
33. Gefeller, O.; Tarantino, J.; Lederer, P.; Uter, W.; Pfahlberg, A.B. The relation between patterns of vacation sun exposure and the development of acquired melanocytic nevi in German children 6–7 years of age. *Am. J. Epidemiol.* **2007**, *165*, 1162–1169. [CrossRef]
34. Whiteman, D.C.; Whiteman, C.A.; Green, A.C. Childhood sun exposure as a risk factor for melanoma: A systematic review of epidemiologic studies. *Cancer Causes Control* **2001**, *12*, 69–82. [CrossRef]
35. Gordon, L.G.; Hainsworth, R.; Eden, M.; Epton, T.; Lorigan, P.; Grant, M.; Green, A.C.; Payne, K. Sunbed Use among 11- to 17-Year-Olds and Estimated Number of Commercial Sunbeds in England with Implications for a “Buy-Back” Scheme. *Children* **2021**, *8*, 393. [CrossRef] [PubMed]
36. Möllers, T.; Pischke, C.R.; Zeeb, H. Do tanning salons adhere to new legal regulations? Results of a simulated client trial in Germany. *Radiat. Environ. Biophys* **2016**, *55*, 133–137. [CrossRef] [PubMed]
37. Reimann, J.; McWhirter, J.E.; Papadopoulos, A.; Dewey, C. A systematic review of compliance with indoor tanning legislation. *BMC Public Health* **2018**, *18*, 1096. [CrossRef] [PubMed]
38. Robsahm, T.E.; Stenehjem, J.S.; Berge, L.A.M.; Veierod, M.B. Prevalence of Indoor Tanning Among Teenagers in Norway Before and After Enforcement of Ban for Ages Under 18 Years. *Acta Derm. Venereol.* **2020**, *100*, adv00127. [CrossRef] [PubMed]
39. Diehl, K.; Bock, C.; Greinert, R.; Breitbart, E.W.; Schneider, S. Use of sunbeds by minors despite a legal regulation: Extent, characteristics, and reasons. *J. Public Health* **2013**, *21*, 427–433. [CrossRef]
40. Diehl, K.; Görig, T.; Greinert, R.; Breitbart, E.W.; Schneider, S. Trends in Tanning Bed Use, Motivation, and Risk Awareness in Germany: Findings from Four Waves of the National Cancer Aid Monitoring (NCAM). *Int. J. Environ. Res. Public Health* **2019**, *16*, 3913. [CrossRef]
41. Qin, J.; Holman, D.M.; Jones, S.E.; Berkowitz, Z.; Guy, G.P., Jr. State Indoor Tanning Laws and Prevalence of Indoor Tanning Among US High School Students, 2009–2015. *Am. J. Public Health* **2018**, *108*, 951–956. [CrossRef]
42. Guy, G.P., Jr.; Berkowitz, Z.; Jones, S.E.; Olsen, E.O.; Miyamoto, J.N.; Michael, S.L.; Saraiya, M. State indoor tanning laws and adolescent indoor tanning. *Am. J. Public Health* **2014**, *104*, e69–e74. [CrossRef]
43. Gordon, L.G.; Sinclair, C.; Cleaves, N.; Makin, J.K.; Rodriguez-Acevedo, A.J.; Green, A.C. Consequences of banning commercial solariums in 2016 in Australia. *Health Policy* **2020**, *124*, 665–670. [CrossRef]
44. Diehl, K.; Görig, T.; Schilling, L.; Greinert, R.; Breitbart, E.W.; Schneider, S. Profile of sunless tanning product users: Results from a nationwide representative survey. *Photodermatol. Photoimmunol. Photomed.* **2019**, *35*, 40–46. [CrossRef]
45. Dellavalle, R.P.; Parker, E.R.; Cersonsky, N.; Hester, E.J.; Hemme, B.; Burkhardt, D.L.; Chen, A.K.; Schilling, L.M. Youth access laws: In the dark at the tanning parlor? *Arch. Dermatol.* **2003**, *139*, 443–448. [CrossRef] [PubMed]
46. Francis, S.O.; Burkhardt, D.L.; Dellavalle, R.P. 2005: A banner year for new US youth access tanning restrictions. *Arch. Dermatol.* **2005**, *141*, 524–525. [CrossRef] [PubMed]
47. McLaughlin, J.A.; Francis, S.O.; Burkhardt, D.L.; Dellavalle, R.P. Indoor UV tanning youth access laws: Update 2007. *Arch. Dermatol.* **2007**, *143*, 529–532. [CrossRef]
48. Pawlak, M.T.; Bui, M.; Amir, M.; Burkhardt, D.L.; Chen, A.K.; Dellavalle, R.P. Legislation restricting access to indoor tanning throughout the world. *Arch. Dermatol.* **2012**, *148*, 1006–1012. [CrossRef]
49. Longo, M.I.; Bulliard, J.L.; Correia, O.; Maier, H.; Magnusson, S.M.; Konno, P.; Goad, N.; Duarte, A.F.; Olah, J.; Nilsen, L.T.N.; et al. Sunbed use legislation in Europe: Assessment of current status. *J. Eur. Acad. Dermatol. Venereol.* **2019**, *33* (Suppl. 2), 89–96. [CrossRef] [PubMed]
50. Del Colombo, L.; Vasile, O. Actions taken by the European commission to address the safety of sunbeds. *J. Eur. Acad. Dermatol. Venereol.* **2019**, *33*, 110–111. [CrossRef]
51. Rodriguez-Acevedo, A.J.; Green, A.C.; Sinclair, C.; van Deventer, E.; Gordon, L.G. Indoor tanning prevalence after the International Agency for Research on Cancer statement on carcinogenicity of artificial tanning devices: Systematic review and meta-analysis. *Br. J. Dermatol.* **2020**, *182*, 849–859. [CrossRef]
52. Wright, C.Y.; Kunene, Z.; Visser, W.; Mathee, A. Sunbeds: A burning issue needing attention in South Africa. *South Afr. Med. J.* **2018**, *108*, 1004–1006. [CrossRef]
53. Garcez, J. Battle for Brazil—The state vs tanning. *Skin Cancer Found. J.* **2011**, *12*, 63–64.
54. Sinclair, C.A.; Makin, J.K.; Tang, A.; Brozek, I.; Rock, V. The role of public health advocacy in achieving an outright ban on commercial tanning beds in Australia. *Am. J. Public Health* **2014**, *104*, e7–e9. [CrossRef]
55. Nilsen, L.T.; Hannevik, M.; Veierod, M.B. Ultraviolet exposure from indoor tanning devices: A systematic review. *Br. J. Dermatol.* **2016**, *174*, 730–740. [CrossRef] [PubMed]
56. European Commission. Europe’s Beating Cancer Plan. *Communication from the Commission to the European Parliament and the Council*. Available online: https://ec.europa.eu/health/system/files/2022-02/eu_cancer-plan_en_0.pdf (accessed on 8 March 2022).