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Examination of structural brain changes in recent suicidal behavior

Diane J. Kim^{a,*},

Elizabeth A. Bartlett^{b,c},

Christine DeLorenzo^{a,d},

Ramin V. Parsey^a,

Clinton Kilts^e,

Ricardo Cáceda^a

^aRenaissance School of Medicine at Stony Brook University, Department of Psychiatry and Behavioral Health, Stony Brook, New York, United States

^bColumbia University College of Physicians and Surgeons, Department of Psychiatry, New York, NY, United States

^cNew York State Psychiatric Institute, Division of Molecular Imaging and Neuropathology, New York, New York, United States

^dStony Brook University, Department of Biomedical Engineering, Stony Brook, New York, United States

^eUniversity of Arkansas for Medical Sciences, Psychiatric Research Institute, Little Rock, Arkansas, United States

Abstract

We aimed to identify brain structural changes in cortical and subcortical regions linked to recent suicidal behavior. We performed secondary analyses of structural MRI data of two independent studies, namely the Establishing Moderators/Biosignatures of Antidepressant Response - Clinical Care (EMBARC) study and a Little Rock study on acute suicidal behavior. Study 1 (EMBARC, $N=187$), compared individuals with remote suicide attempts (Remote-SA), individuals with lifetime suicide ideation but no attempts (Lifetime-SI only), and depressed individuals without lifetime suicide ideation or attempts (non-suicidal depressed). Study 2 (Little Rock data, $N=34$) included patients recently hospitalized for suicide ideation or attempt constituted by: patients who recently attempted suicide (Recent-SA), individuals with remote suicide attempts (Remote-SA), and Lifetime-SI only. Study 3 combined the EMBARC and Little Rock datasets including Recent-SA, Remote-SA, Lifetime-SI only and non-suicidal depressed individuals. In Study 1 and Study

*Corresponding author. Diane J. Kim, PhD, Renaissance School of Medicine at Stony Brook University, Department of Psychiatry and Behavioral Health, HSC T10-020, Stony Brook, NY, 11794, diane.kim2@stonybrookmedicine.edu (D.J. Kim).
Contributors

All authors provided substantial contributions to the study question and design. Diane J. Kim and Elizabeth A. Bartlett provided significant contribution to the data processing and analyses. Diane J. Kim, Elizabeth A. Bartlett, Christine DeLorenzo, and Ricardo Cáceda provided substantial contribution to the interpretation of the data. Diane J. Kim provided the initial drafts of the manuscript and all remaining authors reviewed and revised the manuscript drafts. All authors concur to the accuracy and integrity of the research study and approve and agree of the submitted manuscript version to be published.

2, no significant differences were observed between groups. In Study 3, significantly lower middle temporal gyrus thickness, insular surface area, and thalamic volume and higher volume in the nucleus accumbens were observed in Recent-SA. This pattern of structural abnormalities may underlie pain and emotion dysregulation, which have been linked to the transition from suicidal thoughts to action.

1. Introduction

Suicide rates have continued to rise for the past several decades (Dyer, 2018). Over 1.4 million adults attempt suicide annually in the United States (Administration, 2019); this is equivalent to two suicide attempts per minute. A better understanding of the neurobiology underlying the progression of suicidal thoughts to suicidal behavior can advance identification of biological markers and interventions for effective suicide prevention.

Structural and functional abnormalities in the frontal, parietal, and temporal lobes have been linked to suicidal behavior (Hwang et al., 2010; Mann, 2003; Schmaal et al., 2020). Reduced frontal and temporal lobe volumes have been observed in depressed patients with a history of suicide attempts (Gosnell et al., 2016). Decreased gray matter volume in the orbitofrontal cortex (OFC) has been described in several populations with a history of suicide attempts, including patients with major depressive disorder (MDD) (Ding et al., 2015; Hwang et al., 2010; Monkul et al., 2007), bipolar disorder (Benedetti et al., 2011; Johnston et al., 2017), and schizophrenia (Aguilar et al., 2008). Additionally, a history of suicide attempts has been linked to reduced cortical thickness in the dorsolateral PFC (dlPFC), the ventrolateral PFC (vlPFC), and the anterior cingulate cortex (ACC) in patients with MDD (Wagner et al., 2012). Decreased resting-state functional connectivity between the rostral ACC, the OFC, and the right middle temporal pole was described in depressed patients with suicidal ideation (Du et al., 2017). In addition, functional hypoconnectivity was observed in the frontoparietal network of depressed individuals with a history of suicide attempts (Hwang et al., 2018; Kaiser et al., 2015).

The frontal, temporal, and parietal lobes are highly interconnected and are involved in cognitive, emotional, and attentional processes. Structural alterations in the frontal regions, including the dorsal and ventral PFC, OFC, and inferior frontal gyrus (IFG), are associated with impairments in impulse control (Cáceda et al., 2014), control inhibition (Richard-Devantoy et al., 2016), emotional reactivity (Pan et al., 2013), and anhedonia (Downar et al., 2014), which are implicated in suicidal behavior (Jollant et al., 2011). Moreover, subcortical abnormalities have been observed in patients with depression and suicidal behavior. A large meta-analysis reported lower hippocampal volume in patients with MDD (Schmaal et al., 2015). In two studies of depressed suicide attempters, lower hippocampal volume was observed as compared to depressed non-attempters (Colle et al., 2015) and to healthy controls (Gosnell et al., 2016). Structural abnormalities have been described in patients with MDD with a history of suicide attempts including larger amygdala volume (Monkul et al., 2007), smaller caudate and globus pallidus volume (Vang et al., 2010), and smaller putamen gray matter volume (Dombrowski et al., 2012). However, other studies have observed no

differences in subcortical volume measures between depressed patients with and without suicidal behavior (Gifuni et al., 2016; Rentería et al., 2017). The key difference between these studies may be attributed to the recency of the suicide attempt.

A recent elegant review by Schmaal and colleagues described a set of brain regions associated with suicidal behavior clustered in two circuits, one associated with the dlPFC and another with the vlPFC (Schmaal et al., 2020). These regions are associated with impaired internal states and emotional dysregulation associated with suicide. Additionally, subcortical structures may also be involved in cognitive and behavioral vulnerabilities underlying the transition from suicidal ideation to behavior. Thus, we chose *a priori* regions including the dorsal (caudal) ACC, IFG, inferior temporal, middle temporal and superior temporal gyri, lateral and medial OFC, insula, superior frontal gyrus and superior parietal cortex, caudate, hippocampus, putamen, thalamus and nucleus accumbens. We hypothesized that a history of suicide attempts would be associated with structural alterations including decreased cortical thickness and surface area in our *a priori* cortical regions and volume in subcortical regions. Furthermore, we anticipate that these anomalies would be more pronounced in patients with a recent suicide attempt as compared to individuals with remote suicide attempts.

2. Study 1 methods (EMBARC dataset)

2.1. Participants

Study 1 presents an analysis of depressed individuals ($N = 187$) with data shared from the National Institute of Health (NIMH) Data Archive “Establishing Moderators/Biosignatures of Antidepressant Response - Clinical Care (EMBARC) MDD Treatment and Controls” collection. The study design and participant enrollment criteria have been previously published (Trivedi et al., 2016), and the study abided by the principles of the Declaration of Helsinki. The data included adults of both sexes, ages 18–65 years. Participants who met criteria for nonpsychotic MDD (Diagnostic and Statistical Manual of Mental Disorders (DSM)-IV-TR using the Structural Clinical Interview for DSM Diagnoses [SCID]) (Dsm-Iv-tr, 2000) were enrolled in a placebo-controlled randomized clinical trial of sertraline. Additional inclusion criteria included early onset MDD (before age 30) and chronic (episode duration of more than two years) or recurrent MDD (two or more recurrences including current episode) as described previously (Bartlett et al., 2018; Trivedi et al., 2016). The Institutional Review Board (IRB) at each imaging study site approved the research procedures. Written informed consents were obtained from all the study participants. In our analysis, three groups were compared: remote suicide attempters (Remote-SA; $n = 21$) included currently depressed patients with at least one lifetime suicide attempt but not within the last six months; lifetime suicide ideators (Lifetime-SI only; $n = 72$) included currently depressed patients with lifetime suicidal ideation but no lifetime history of suicide attempts; and non-suicidal depressed patients ($n = 94$) included currently depressed patients with no lifetime suicidal ideation or suicide attempts.

2.2. Study 1 procedure

Recruitment and study design have been previously published (Bartlett et al., 2018; Trivedi et al., 2016). Briefly, after obtaining a signed informed consent, psychiatric diagnoses were established with the SCID, and the Quick Inventory of Depressive symptoms (Rush et al., 2003) was administered. The 17-item Hamilton Depression Rating Scale (HDRS-17) (Hamilton, 1960) was used to determine depression severity.

2.3. MRI acquisition

The MRI acquisition parameters of the EMBARC dataset have been previously described (Bartlett et al., 2018; Trivedi et al., 2016). The EMBARC MRI sites and scanners were the following: University of Michigan (UM—Philips Ingenia, 15-channel), Massachusetts General Hospital (MGH—Siemens TrioTim, 12-channel), University of Texas Southwestern Medical Center (TX—Philips Achieva, 8-channel head-coil), and Columbia University Medical Center (CU—GE Signa HDx, 8-channel). MPRAGE sequences were acquired from the former two sites, a 3D turbo field echo (TFE) sequence was acquired at TX, and an inversion recovery-fast spoiled gradient-echo (IR-FSPGR) sequence was acquired at CU. Sequence parameters were as follows: TR/TE = 5.9–8.2/2.4–4.6 ms, 8–12° flip angle, 1 mm slice thickness, 4.4–5.5 min acquisition, and 1 mm isotropic voxel dimensions. Our current study was based on the baseline data.

2.4. Image processing

The EMBARC processed images from a previous report (Bartlett et al., 2018) were downloaded from the controlled access datasets maintained by the NIMH-supported National Database for Clinical Trials (NDCT) (Trivedi et al., 2016). The dataset identifier is #2199, titled “Establishing Moderators/Biosignatures of Antidepressant Response – Clinical Care (EMBARC) MDD Treatment and Controls”. FreeSurfer 5.3.0 (<http://surfer.nmr.mgh.harvard.edu/>) was run on the raw structural images to calculate cortical thickness and surface area, as well as subcortical volume, using the Desikan-Killiany (DK) atlas (Desikan et al., 2006) and FreeSurfer’s subcortical atlas (Filipek et al., 1994; Makris et al., 2008). A standardized quality control procedure was performed that was originally validated using EMBARC data (Iskan et al., 2015). Briefly, raw T1-weighted images were first examined for imaging artifacts including ghosting, blurring, and ringing. Then, coronal and axial sections of FreeSurfer’s pial and white surfaces were visually assessed for accuracy and subsequently approved or disapproved (Iskan et al., 2015). Regions of interest were selected *a priori* based on previous reports of suicidal patients: caudal ACC, IFG (pars opercularis, pars triangularis, pars orbitalis), lateral and medial OFC, inferior temporal, middle temporal and superior temporal gyri, insula, and superior frontal gyrus and superior parietal cortex in addition to subcortical volumes: nucleus accumbens, caudate, hippocampus, putamen and thalamus (Ding et al., 2015; Gifuni et al., 2016; Gosnell et al., 2016; Jollant et al., 2011; Rentería et al., 2017; Schmaal et al., 2020, 2015). We have included both cortical thickness and surface area in our analyses as both contribute to cortical volume, but may be reflected differently with increasing age (Storsve et al., 2014; Winkler et al., 2012). In order to reduce variability associated with the use of different imaging scanners at multiple sites, the ComBat technique was used to harmonize the

imaging data within EMBARC; this method has been validated and applied in previous studies leveraging EMBARC data (Bartlett et al., 2018; Fortin et al., 2018).

2.5. Statistical analyses

Descriptive statistics were calculated. Univariate linear regressions were performed for *a priori* ROI cortical thickness, surface area, and subcortical volume. Mean differences between Remote-SA, Lifetime-SI only, and non-suicidal depressed groups were compared with analysis of covariance (ANCOVA). Age, depression severity (HDRS-17), education, and imaging sites were factored in as covariates. A linear regression analysis was used with the number of suicide attempts as the dependent variable and age and depression severity as independent variables. Spearman correlation analyses were performed between the ROI and number of suicide attempts and months since last suicide attempt. The false discovery rate was adjusted (p -FDR = 0.10) using the Benjamini-Hochberg procedure (Benjamini and Hochberg, 1995). All analyses were conducted using SPSS 26 (SPSS Inc., Chicago, IL, USA).

3. Study 2 methods (Little rock dataset)

3.1. Participants

Study 2 included participants recruited from the psychiatric inpatient units and outpatient clinics of the University of Arkansas for Medical Sciences (UAMS) and the Little Rock community between March 2014 and June 2016. Three groups were analyzed: currently depressed patients with a recent (within the previous three days) suicide attempt (Recent-SA; $n = 11$), currently depressed patients with at least one lifetime suicide attempt but not within the last six months (Remote-SA; $n = 11$), and currently depressed patients with lifetime suicidal ideation but no lifetime history of suicide attempts (Lifetime-SI only; $n = 12$).

The Recent-SA group included only hospitalized patients in the psychiatric inpatients. They were hospitalized for a recent suicide attempt (within 3 days) of moderate–high intent and lethality as defined by a score of ≥ 2 in the actual lethality/medical damage subscale of the Columbia Suicide Severity Rating Scale (C-SSRS) (Posner et al., 2011). The Remote-SA and Lifetime-SI only groups included a combination of hospitalized patients and patients from outpatient clinics.

All subjects fulfilled DSM-IV-TR criteria for major depressive episode and either MDD, bipolar disorder, or depression not otherwise specified. Duration of disease or number of recurrences were not inclusion criteria for this study. Exclusion criteria were the following: inability to read, write and speak English; inability to provide informed consent; history of dementia, neurovascular or neurodegenerative conditions; current pain of any kind; opioid use within the last month; history of non-suicidal self-harm; undergoing alcohol, benzodiazepine, opioid or barbiturate withdrawal; non-removable ferromagnetic objects; history of claustrophobia; positive pregnancy test; and involuntary hospitalization. Our group and others have previously used this empirical six-month cut-off for remote suicidal behavior in order to identify cognitive and physiological changes associated with recent

suicidal behavior (Caceda et al., 2017; Carbajal et al., 2017; Cáceda et al., 2014; Gibbs et al., 2016; van Heeringen et al., 2017). The UAMS IRB approved all procedures, and written informed consents were obtained from all the study participants.

3.2. Study 2 procedure

Recruitment and study procedures were described in detail previously (Caceda et al., 2018). After written informed consent, participants underwent an interview to obtain demographic data, behavioral ratings, and psychiatric and medical histories. Psychiatric diagnoses were established with the SCID. The C-SSRS and Beck Depression Inventory (BDI-II) (Beck et al., 1996) were used to characterize suicidal ideation and behavior and depression severity, respectively.

3.3. MRI acquisition and analysis

Imaging data were acquired using a Philips 3T Achieva X-series MRI scanner (Philips Healthcare, Eindhoven, The Netherlands). Anatomic images were acquired with 3D TFE sequence (matrix = 256×256 , 220 sagittal slices, TR/TE/FA = shortest/shortest/8°, final resolution = $0.94 \times 0.94 \times 1 \text{ mm}^3$ resolution). The raw structural images were processed with FreeSurfer 5.3.0 (<http://surfer.nmr.mgh.harvard.edu/>) to extract cortical thickness, surface area, and subcortical gray matter volume from the Desikan-Killiany atlas (Desikan et al., 2006) (same as Study 1). The same ROIs from Study 1 were investigated.

3.4. Statistical analyses

Univariate linear regressions were performed for *a priori* ROI cortical thickness and surface area, and subcortical volume. Mean differences between Recent-SA, Remote SA and Lifetime-SI only were compared with ANCOVA. For the univariate linear regressions, age, depression severity, and education were factored in as covariates. The false discovery rate was adjusted ($p\text{-FDR} = 0.10$) using the Benjamini-Hochberg procedure (Benjamini and Hochberg, 1995). All analyses were conducted using SPSS 26 (SPSS Inc., Chicago, IL, USA).

4. Study 3 methods (EMBARC + little rock datasets)

4.1. Participants

Study 3 presents two analyses of pooled data from two studies (total $N = 223$) and included adults of both sexes, ages 18–65 years. In the first analysis within Study 3, four groups were compared: Recent-SA ($n = 11$); Remote-SA ($n = 32$); Lifetime-SI only ($n = 84$); and non-suicidal depressed ($n = 96$). The Recent-SA group included only patients from the Little Rock dataset (Study 2), whereas the Remote-SA, Lifetime-SI only and non-suicidal depressed groups pooled participants from the EMBARC dataset in Study 1 and from the Little Rock dataset in Study 2. The Remote-SA group included currently depressed patients with at least one lifetime suicide attempt but not within the last six months. Because the Recent-SA group solely contained participants from the Little Rock dataset, in the second analysis within Study 3, a Lifetime-SA group was created that pooled the Remote-SA and Recent-SA groups to allow for representation from both datasets within in all groups (Lifetime-SA, Lifetime-SI only, and non-suicidal depressed). The ComBat technique was

then run on this rearranged dataset as it is unlikely that it could have completely harmonized the effect of all participants in one group originating from a sole site. After regrouping the two SA groups, the ComBat technique was performed.

4.2. Statistical analyses

Descriptive statistics were calculated. Univariate linear regressions were performed for the *a priori* ROI cortical thickness, surface area, and subcortical volume. Mean differences between the four groups: Recent-SA, Remote-SA, Lifetime-SI only and non-suicidal depressed were compared with ANCOVA. We used univariate linear regressions with age, depression severity, education, and imaging sites factored in as covariates, followed by pairwise comparisons and adjusted for multiple comparisons using the Bonferroni correction. Depression severity was classified as mild, moderate and severe. For the HAM-D, a score of 9–16 was categorized as mild, 17–23 as moderate, and 24+ as severe. For the BDI-II, a score of 14–19 was categorized as mild, 20–28 as moderate, and 29+ as severe. Since two depression scales (HAM-D for the EMBARC dataset and BDI-II for the Arkansas dataset) were used, a non-parametric test was run for the 3 different depression severity ranks using Kruskal-Wallis H method. The false discovery rate was adjusted (p -FDR = 0.10) using the Benjamini-Hochberg procedure (Benjamini and Hochberg, 1995). A second ANCOVA was run with the same covariates as the first ANCOVA to compare mean differences between three groups: Lifetime-SA (Recent SA + Remote SA), Lifetime-SI only and non-suicidal depressed after the data was harmonized with the ComBat technique. All analyses were conducted using SPSS 26 (SPSS Inc., Chicago, IL, USA).

5. Study 1 results

Significantly higher depression severity (HDRS-17) was observed in the Remote-SA group as compared to the Lifetime-SI only group ($t = 3.520$; $p = .001$) and to the non-suicidal depressed group ($t = 3.594$; $p < .001$) (Table 1). No differences in cortical thickness, surface area, or subcortical gray volume matter were observed between the three groups (Table 4). No significant correlations were observed between the number of suicide attempts and months since last suicide attempt and structural changes in the ROIs.

6. Study 2 results

There were no significant differences in depression severity (BDI-II) between the three patient groups ($p = .069$) (Table 2). The Remote-SA group had higher depression severity as compared to Lifetime-SI only group ($t = 2.668$; $p = .014$). No differences in cortical thickness, surface area, or subcortical gray volume matter were observed between the three groups (Table 5). There were no significant correlations between the number of suicide attempts and months since last suicide attempt and the ROI structural changes.

7. Study 3 results

Data was analyzed for a total of 223 currently depressed patients. Forty-three patients had a lifetime history of suicide attempts, of which, 11 attempted suicide within the last three days, and 32 had remote lifetime suicide attempts. There were 84 patients with lifetime

suicidal ideation, but no lifetime suicide attempts, and 96 depressed patients with no lifetime history of suicidal ideation or attempts. Table 3 presents the demographic and clinical characteristics of the study samples. The EMBARC baseline scan data from medication-free patients was analyzed. All the patients in the Little Rock study were taking antidepressants. The results showed that there was a statistically significant difference in depression severity between the 4 groups, $\chi^2(2) = 11.511$, $p = .0009$. The mean rank depression severity score was the highest for the Remote-SA group (141.33), then the Recent-SA group (123.59), followed by the Lifetime-SI only group (107.43), and finally the non-suicidal depression group (104.90).

The FDR multiple comparison correction method was used ($n = 25$ ROI), so all p-values are reported after adjusting for multiple comparison correction (threshold $p < .02$). Significantly lower cortical thickness middle temporal gyri ($F = 5.19$; $p = .002$) (Fig. 1A) and a trend towards significance in the inferior temporal ($F = 3.27$; $p = .022$) were observed in the Recent-SA group compared to all of the other groups (see Table 6). Also, significantly smaller surface area of the insula ($F = 4.74$; $p = .003$) (Fig. 1B) was observed in the Recent-SA group (Table 6) relative to the other groups. Significantly smaller volume of the thalamus ($F = 4.86$; $p = .003$) (Fig. 1C) and larger volume of the nucleus accumbens ($F = 3.61$; $p = .014$) (Fig. 1D) were observed in the Recent-SA group as compared to the other groups (See Table 6). There were no significant correlations between cortical thickness, surface area, or volume with the number of lifetime suicide attempts or months since last attempt. Combining the Remote-SA and Recent-SA groups into a Lifetime-SA group did not yield any significant results when compared to Lifetime-SI only and non-suicidal depression groups after ComBat harmonization (Table 7).

8. Discussion

The goal of the present study was to examine brain structures to gain insight into the neurobiological mechanisms underlying remote and recent suicidal behavior. Study 1, based on currently depressed patients from the EMBARC study, did not find differences in brain structure between Remote-SA, Lifetime-SI only and non-suicidal depressed groups. In Study 2, we aimed to examine brain structural changes in acute suicide risk between Recent-SA, Remote-SA, and Lifetime-SI only and also did not observe any differences. In Study 3, we combined both samples and found decreased cortical thickness in the middle temporal gyrus, decreased insular surface area, as well as smaller thalamic volume and larger volume in the nucleus accumbens in depressed patients after a recent suicide attempt (Recent-SA) as compared to all the other groups.

Reduced thicknesses in the middle temporal and inferior temporal gyri were observed in the Recent-SA group. The middle and inferior temporal gyri are associated with language processing, semantic memory (Chao et al., 1999), and visual perception (Ishai et al., 1999), respectively. The inferior and superior temporal gyri underlie sensory integration and visceral reactions to emotional stimuli (Drevets et al., 2008). A predisposition for suicidal behavior may arise when these impaired processes result in a negative information bias, leading to worsening suicidal thoughts including mental imagery (Crane et al., 2012; Holmes et al., 2007) and suicidal planning (van Heeringen et al., 2014). Abnormal resting

state brain activity in the middle temporal and superior temporal gyri has been associated with impulsivity in young adults with a history of suicide attempts (Cao et al., 2016). We previously described increased transient impulsivity in patients hospitalized for recent suicide attempts (Cáceda et al., 2014). Noteworthy, Jollant and collaborators found no structural differences between patients with a history of suicide attempts but described reduced volumes of temporal and dorsolateral prefrontal cortices and putamen in first-degree biological relatives of depressed individuals who died from suicide (Jollant et al., 2018). Altogether, these findings illustrate that structural brain alterations may be associated with a profile of impaired cognitive and behavioral tendencies that may drive susceptibilities for suicidal behavior.

Surface area of the insula was reduced in the Recent-SA group. While we did not observe structural alterations in the dACC, a proposed key region for mediating roles between suicidal thoughts to behavior, the IFG is a key region that interacts with the insula and dACC and may facilitate suicidal behavior (Schmaal et al., 2020). As such, impairment in these structures, which belong to the limbic system, are linked to impaired cognitive and decision-making processes associated with the transition from suicidal ideation to suicidal action.

We observed an increase in nucleus accumbens volume in the Recent-SA group. The nucleus accumbens is central for reward (Mogenson et al., 1980; Nestler and Carlezon, 2006) and has feedback projections to the frontal and temporal regions (Floresco, 2015). A recent meta-analysis found no differences in nucleus accumbens volume in patients with MDD as well as no associations between depression severity and volume (Schmaal et al., 2016). Gifuni and colleagues did not find an association between nucleus accumbens volume and suicidal behavior, however, they reported a negative correlation between nucleus accumbens volume and suicide attempt lethality (Gifuni et al., 2016). Of note, Gifuni and colleagues recruited euthymic participants with HDRS scores below 7 (Gifuni et al., 2016). In contrast, our sample from both datasets included patients with at least moderate depression severity. In our study, no relationship was found between nucleus accumbens volume and the highest rated suicide attempt lethality, however, the lack of lethality scores from both datasets limited our results. The nucleus accumbens is a key region for action selection guided by frontal-cognitive and temporal-emotional inputs (Floresco, 2015) and may modulate the decision and lethality for the suicide attempt.

Thalamic volume was smaller in the Recent-SA group. The thalamus is highly interconnected and plays a critical role in relaying sensory input from subcortical regions. It is at the center of cognitive, emotional, and motivational processes that guide goal-directed behaviors (Haber and Calzavara, 2009), memory, and attention (Aggleton et al., 2010; de Bourbon-Teles et al., 2014; Tekin and Cummings, 2002). Smaller thalamic volume has also been observed in patients with current depression (Nugent et al., 2013). On the other hand, increased thalamic volume was observed in depressed Veterans with mild traumatic brain injury and a history of suicidal behavior (Lopez-Larson et al., 2013). In a postmortem study, more neurons and larger thalamic volume were observed in patients who died by suicide (Young et al., 2008). However, others did not find a significant association between suicidal behavior and thalamic volume in depressed patients (Gifuni et al., 2016; Spoletini

et al., 2011). The discrepancy in thalamic volume between our findings and others may be explained by the heterogeneity in patient populations, comorbidity, and focus on suicide attempts versus suicides.

Our results reveal a pattern of structural changes in brain regions belonging to the limbic system (i.e. middle temporal gyrus, nucleus accumbens and insula), as well as the thalamus in recent suicide attempters. Structural and functional connectivity between these brain regions have been previously described (Cauda et al., 2011; Craig and Zhang, 2006; Wiech et al., 2014; Xu et al., 2015). As mentioned above, similar alterations have been found in patients with a history of suicide attempts (Gosnell et al., 2016; Nugent et al., 2013; Schmaal et al., 2020). Structural abnormalities in the limbic system in recent suicide attempters compared to remote suicide attempters may point to the limbic system as a crucial element in the progression to suicidal behavior by disrupting cognitive and behavioral processes found in acutely suicidal patients, such as affect and pain regulation, reward, and self-reference (Conejero et al., 2018; DeVille et al., 2020; Downar et al., 2014; Ducasse et al., 2018; Jollant et al., 2011; Nock et al., 2010; Pan et al., 2013). The structural changes seen within two months of suicidal behavior (Colle et al., 2015; Gosnell et al., 2016), the changes in hippocampal volume after 4 weeks of electroconvulsive therapy (Abbott et al., 2014), and particularly, the changes in cortical thickness reported within a week of initiation of antidepressant treatment (Bartlett et al., 2018) support the case for brain structural changes in a short time span, as seen in recent suicide attempters.

Investigating neurobiological mechanisms of acute suicide risk remains a pressing need despite the difficulties associated with the inherent variability in suicide research. In a large meta-analysis, there were no subcortical volume differences in a subset analyses of MDD patients with suicidal behavior that included suicidal ideation, planning, or attempts (Rentería et al., 2017). However, out of their total sample of MDD patients, only 33% had suicidal planning, and 3% had a lifetime suicide attempt (Rentería et al., 2017). These findings illustrate the need to investigate characteristics associated with recent suicidal behavior in order to understand acute suicide risk. Although speculative, the dissimilarities in the findings may be due to a combination of differences including medication usage, depression severity, and active suicidal ideation. The elevated depression severity and suicidal behavior in the Little Rock patient sample necessitated psychiatric hospitalization. Although some patients with recent suicide attempts had high depression severity, some did not have active suicidal ideation at the time of the study. Some participants in the EMBARC study had mild active suicidal ideation. Previous reports show that after a suicide attempt, there is an improvement in depressive symptoms and suicidality (Jallade et al., 2005; Sarfati et al., 2003), in addition to reductions in risky behaviors such as impulsivity (Cáceda et al., 2014). Recently, our group and others have demonstrated the use of complex mathematical algorithms based on structural imaging and resting-state connectivity to identify risk for suicidal behavior (Caceda et al., 2018; Gosnell et al., 2019). Functional brain imaging or white matter imaging may provide promising indicators of brain plasticity attributable to acute suicide risk (Fields, 2010).

The main limitations of the study are that all the subjects of the Recent-SA group were medicated and recruited at one scanning site (Little Rock), and the sample size was small

($n = 11$). We anticipate that the interpretation of our findings regarding recent suicide attempters may be confounded by the study design (all recent attempters recruited in one site). As such, we controlled for multiple scan sites and for multiple ROIs. We performed ComBat harmonization as an additional statistical analysis for 3 groups (Lifetime-SA, Lifetime-SI only, and non-suicidal depressed groups). Nevertheless, after adjusting for FDR correction, the findings indicate structural alterations in the inferior and middle temporal gyri, insula, nucleus accumbens and thalamus. These structural findings in recent suicide attempters suggest that specific key regions may show considerable plasticity associated with acute suicide risk. Moreover, the patients in the EMBARC study were medication-free during their baseline imaging scans, while the patients in the Little Rock study were mostly medicated. Given the critical conditions for the hospitalized Little Rock patients, treatment could not have been with-held. Of note, the medicated patients were all acutely suicidal. Lastly, the three-day window for suicide attempts may be too short to observe structural changes in cortical thickness despite the structural changes seen within one week of initiation of antidepressant therapy (Bartlett et al., 2018). However, smaller frontal and temporal lobe volumes have been observed in depressed patients who had attempted suicide within the previous two months as compared to those with no suicide attempt history (Gosnell et al., 2016). Studies that replicate with larger acutely suicidal patients are warranted in order to evaluate high suicide risks whereby reducing the critical evaluation time between onset of suicidal behavior and post-suicidal behavior assessments.

Most previous studies have been performed in symptom-free patients, often months or years after engaging in suicidal behavior or experiencing suicidal thoughts. In this current study, we sought to examine the structural differences between individuals with recent and remote suicidal behavior and thoughts. As such, a perceived strength of this study was the inclusion of depressed patients within a few days of a suicide attempt (three days) to examine the underlying neurobiology of acute suicide risk. Additionally, we included a depressed control group of similar depression severity and compared them to suicide attempters and patients with suicide ideation, who presented at least moderately severe depression. Thus, the structural differences observed in suicide attempters seem to be specific to suicidal behavior rather than to depression. Future studies that include the characterization of recent suicidal behavior may reveal more accurately the underlying neurobiology of acute suicide risk and further advance our understanding of high-risk states.

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Declarations of Competing Interest

Ricardo Cáceda, MD, PhD received research funding from Neuronetics and Janssen Pharmaceuticals; Clint Kilts, PhD served as a member of a scientific advisory meeting for Allergan Pharmaceuticals and as a member of the national advisory board for Skyland Trail. He is also a co-holder of US Patent No. 6373, 990 (Method and device for the transdermal delivery of lithium). All the other authors declare no conflicts of interest.

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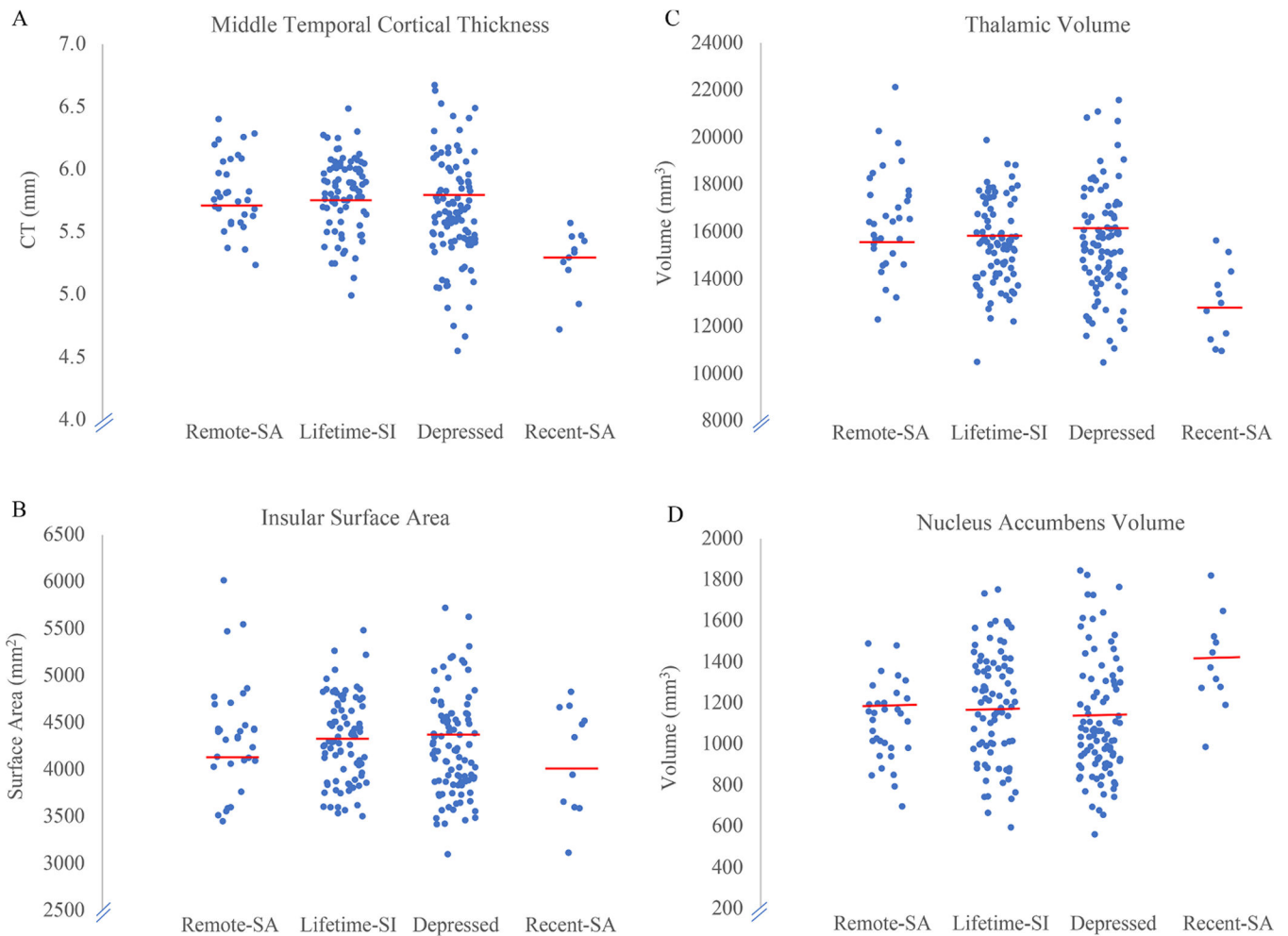


Fig. 1.

Scatterplots of cortical thickness, surface area, and volume in the 4 groups. A) Lower middle temporal cortical thickness was observed in the Recent-SA and Lifetime-SI only groups as compared to the non-suicidal depressed group. B) Lower insular surface area was observed in the Recent-SA group as compared to the Lifetime-SI only and non-suicidal depressed groups. C) Lower thalamic volume was observed in the Recent-SA group as compared to the Lifetime-SI only and non-suicidal depressed groups. D) Higher volume in the nucleus accumbens was observed in the Recent-SA group as compared to the Lifetime-SI only and non-suicidal depressed groups.

Table 1

Demographic and clinical characteristics of the EMBARC study sample analyzed in Study 1.

EMBARC dataset <i>N</i> = 187	Remote-SA (<i>n</i> = 21) Mean ± SD	Lifetime-SI only (<i>n</i> = 72) Mean ± SD	Depressed (<i>n</i> = 94) Mean ± SD	<i>p</i> -value
Age	39.19 ± 12.54	33.71 ± 12.04	38.19 ± 13.44	<i>p</i> =.053
Gender (female%)	14 (66.7%)	51 (70.8%)	55 (58.5%)	<i>p</i> =.252
Education (years)	15.17 ± 2.61	15.06 ± 2.30	14.96 ± 2.96	<i>p</i> =.937
Number of suicide attempts	1.58 ± 0.96	N/A	N/A	
Ethnicity (Caucasian%)	16 (76.2%)	50 (69.4%)	60 (63.8%)	<i>p</i> =.822
Depression HAM-D	22.10 ± 3.97	18.43 ± 4.32	18.62 ± 3.87	<i>p</i> =.001
HAM-D score	<i>p</i> =.001			
Remote-SA vs. Lifetime-SI only				
HAM-D score	<i>p</i> =.001			
Remote-SA vs. Depressed				
HAM-D score	<i>p</i> =.770			
Lifetime-SI only vs. Depressed				
Lifetime Diagnosis				
Anxiety Disorder	0 (0%)	0 (0%)	0 (0%)	
Bipolar Disorder	0 (0%)	0 (0%)	0 (0%)	
Panic Disorder	4 (19.0%)	18 (25.4%)	19 (20.4%)	<i>p</i> =.721
Posttraumatic Stress Disorder	8 (38.1%)	16 (22.2%)	26 (27.7%)	<i>p</i> =.337
Substance Abuse	7 (33.3%)	16 (22.2%)	28 (29.8%)	<i>p</i> =.446

HAM-D: Hamilton Depression Inventory; SA: suicide attempters; SI: suicide ideators.

Table 2

Demographic and clinical characteristics of the Little Rock study sample analyzed in Study 2.

Little Rock dataset <i>N</i> = 34	Recent-SA (<i>n</i> = 11) Mean ± SD	Remote-SA (<i>n</i> = 11) Mean ± SD	Lifetime-SI only (<i>n</i> = 12) Mean ± SD	<i>p</i> -value
Age	34.09 ± 10.39	36.00 ± 11.34	37.83 ± 14.12	<i>p</i> =.763
Gender (female%)	9 (81.8%)	7 (63.6%)	7 (58.3%)	<i>p</i> =.277
Education (years)	12.82 ± 1.25	13.32 ± 2.17	13.88 ± 1.93	<i>p</i> =.394
Number of suicide attempts	2.73 ± 2.15	1.40 ± 0.70	N/A	<i>p</i> =.078
Ethnicity (Caucasian%)	9 (81.8%)	8 (80%)	10 (83.3%)	<i>p</i> =.980
Antidepressant (yes%)	100%	100%	100%	
Depression BDI-II	36.18 ± 11.91	39.09 ± 7.79	29.75 ± 8.90	<i>p</i> =.074
Depression score BDI-II	Recent-SA vs. Remote-SA			<i>p</i> =.505
Depression score BDI-II	Recent-SA vs. Lifetime-SI only			<i>p</i> =.155
Depression score BDI-II	Remote-SA vs. Lifetime-SI only			<i>p</i> =.014
Lifetime Diagnosis				
Anxiety Disorder	1 (0.09%)	1 (9.1%)	1 (9.1%)	<i>p</i> =.616
Bipolar Disorder	2 (22.2%)	1 (9.1%)	2 (18.2%)	<i>p</i> =.710
Panic Disorder	0 (0%)	2 (18.2%)	1 (9.1%)	<i>p</i> =.391
Posttraumatic Stress Disorder	4 (44.4%)	2 (18.2%)	4 (36.4%)	<i>p</i> =.429
Substance Abuse	2 (22.2%)	0 (0%)	1 (9.1%)	<i>p</i> =.246

BDI-II: Beck Depression Inventory; SA: suicide attempters; SI: suicide ideators.

Table 3

Demographic and clinical characteristics of both study samples analyzed in Study 3.

Combined EMBARC and Little Rock study samples <i>N</i> = 223	Recent-SA (<i>n</i> = 11) Mean ± SD	Remote-SA (<i>n</i> = 32) Mean ± SD	Lifetime-SI (<i>n</i> = 84) Mean ± SD	Depressed (<i>n</i> = 96) Mean ± SD	p-value
Age	34.09 ± 10.39	38.09 ± 12.06	34.30 ± 12.35	38.61 ± 13.62	<i>p</i> =.118
Gender (female %)	9 (81.8%)	21 (65.6%)	58 (69.0%)	55 (57.3%)	<i>p</i> =.225
Education (years)	12.82 ± 1.25	14.53 ± 2.59	14.89 ± 2.28	14.96 ± 2.94	<i>p</i> =.070
Number of suicide attempts	2.73 ± 2.15	1.52 ± 0.87	N/A	N/A	<i>p</i> =.097
Ethnicity (Caucasian%)	9 (81.8%)	24 (77.4%)	60 (71.4%)	60 (64.2%)	<i>p</i> =.899
Antidepressant-only Little Rock sample (yes%)	100%	34.4%	14.3%	2.1%	<i>p</i> <.001
Depression severity	123.59	141.33	107.43	104.90	<i>p</i> =.009*

Kruskal-Wallis H test was used for depression severity ranking (BDI-II and HAM-D).

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Table 4

Comparison of brain structures between Remote-SA, Lifetime-SI only, and non-suicidal depressed analyzed in Study 1 with ComBat harmonization.

Region of Interest	Remote-SA (<i>n</i> = 21) Mean ± SD	Lifetime-SI only (<i>n</i> = 72) Mean ± SD	Depressed (<i>n</i> = 94) Mean ± SD	p-value adjusted
Cortical thickness				
Caudal ACC	4.96 ± 0.45	5.22 ± 0.39	5.10 ± 0.37	<i>p</i> = .163
IFG	15.39 ± 0.73	15.84 ± 0.90	15.67 ± 0.88	<i>p</i> = .499
Inferior temporal	5.53 ± 0.29	5.67 ± 0.38	5.63 ± 0.26	<i>p</i> = .465
Insula	5.96 ± 0.29	6.05 ± 0.36	6.02 ± 0.32	<i>p</i> = .721
Lateral OFC	5.22 ± 0.32	5.39 ± 0.33	5.34 ± 0.29	<i>p</i> = .575
Medial OFC	4.74 ± 0.37	4.90 ± 0.35	4.87 ± 0.29	<i>p</i> = .385
Middle temporal	5.68 ± 0.24	5.81 ± 0.35	5.82 ± 0.32	<i>p</i> = .118
Superior frontal	5.32 ± 0.30	5.51 ± 0.32	5.46 ± 0.36	<i>p</i> = .180
Superior parietal	4.16 ± 0.23	4.34 ± 0.25	4.28 ± 0.26	<i>p</i> = .098
Superior temporal	5.45 ± 0.28	5.68 ± 0.35	5.61 ± 0.34	<i>p</i> = .161
Surface area				
Caudal ACC	1361.02 ± 232.94	1385.68 ± 267.82	1390.49 ± 228.09	<i>p</i> = .805
IFG	7043.28 ± 608.77	7049.91 ± 858.15	7122.42 ± 850.38	<i>p</i> = .461
Inferior temporal	6042.10 ± 701.65	6200.07 ± 823.18	6114.38 ± 852.41	<i>p</i> = .691
Insula	4296.49 ± 431.42	4300.67 ± 467.82	4388.45 ± 481.65	<i>p</i> = .344
Lateral OFC	4969.45 ± 406.97	4967.83 ± 552.57	5050.15 ± 640.72	<i>p</i> = .312
Medial OFC	3590.52 ± 438.23	3481.19 ± 420.08	3567.48 ± 439.26	<i>p</i> = .395
Middle temporal	6270.01 ± 716.28	6160.69 ± 783.14	6266.21 ± 788.10	<i>p</i> = .416
Superior frontal	13,937.37 ± 1238.26	13,640.99 ± 1526.56	13,857.16 ± 1549.99	<i>p</i> = .399
Superior parietal	10,745.24 ± 1127.78	10,389.64 ± 1220.73	10,504.54 ± 1141.43	<i>p</i> = .356
Superior temporal	7276.52 ± 761.19	7122.71 ± 782.95	7173.04 ± 786.20	<i>p</i> = .794
Subcortical volume				
Caudate	6929.61 ± 679.74	7253.30 ± 1076.68	7069.78 ± 1020.22	<i>p</i> = .281
Hippocampus	8709.81 ± 616.48	8558.47 ± 883.98	8624.69 ± 796.66	<i>p</i> = .741
Putamen	10,194.39 ± 1542.83	10,897.33 ± 1420.78	10,545.93 ± 1434.16	<i>p</i> = .412
Thalamus	15,604.80 ± 1298.98	16,087.51 ± 1759.06	16,060.78 ± 1958.85	<i>p</i> = .414
Nucleus Accumbens	1103.83 ± 189.46	1114.61 ± 192.53	1085.16 ± 215.35	<i>p</i> = .921

ACC: anterior cingulate cortex; IFG: inferior frontal gyrus; OFC = orbitofrontal cortex.

Cortical thickness is expressed in millimeters; Surface area is expressed in millimeters²; Volume is expressed in millimeters³.

Table 5

Comparison of brain structures between Recent-SA, Remote-SA, and Lifetime-SI only analyzed in Study 2.

Region of Interest	Recent-SA (<i>n</i> = 11) Mean ± SD	Remote-SA (<i>n</i> = 11) Mean ± SD	Lifetime-SI (<i>n</i> = 12) Mean ± SD	<i>p</i> -value adjusted
Cortical thickness				
Caudal ACC	5.40 ± 0.23	5.40 ± 0.47	5.29 ± 0.56	<i>p</i> =.818
IFG	15.00 ± 0.51	14.94 ± 1.25	14.52 ± 1.08	<i>p</i> =.822
Inferior temporal	5.06 ± 0.25	5.15 ± 0.39	5.02 ± 0.39	<i>p</i> =.760
Insula	6.00 ± 0.24	5.99 ± 0.44	5.86 ± 0.37	<i>p</i> =.943
Lateral OFC	5.02 ± 0.24	5.11 ± 0.42	4.96 ± 0.32	<i>p</i> =.736
Medial OFC	4.62 ± 0.23	4.81 ± 0.46	4.66 ± 0.30	<i>p</i> =.345
Middle temporal	5.38 ± 0.28	5.49 ± 0.39	5.17 ± 0.36	<i>p</i> =.364
Superior frontal	5.42 ± 0.24	5.31 ± 0.42	5.18 ± 0.36	<i>p</i> =.419
Superior parietal	4.32 ± 0.19	4.35 ± 0.32	4.01 ± 0.31	<i>p</i> =.024
Superior temporal	5.39 ± 0.25	5.45 ± 0.38	5.24 ± 0.28	<i>p</i> =.592
Surface area				
Caudal ACC	1359.36 ± 209.15	1530.45 ± 337.42	1417.67 ± 396.03	<i>p</i> =.430
IFG	6266.36 ± 671.27	7062.18 ± 1188.93	7056.17 ± 933.93	<i>p</i> =.141
Inferior temporal	5878.91 ± 639.32	6323.64 ± 1250.79	6070.75 ± 914.19	<i>p</i> =.411
Insula	3747.09 ± 370.48	4021.91 ± 577.48	4290.58 ± 629.89	<i>p</i> =.260
Lateral OFC	4682.55 ± 463.46	4900.55 ± 872.49	4988.33 ± 688.79	<i>p</i> =.806
Medial OFC	3307.73 ± 390.57	3488.18 ± 653.03	3620.25 ± 462.98	<i>p</i> =.566
Middle temporal	5845.55 ± 573.91	6262.09 ± 1230.60	6197.25 ± 875.65	<i>p</i> =.589
Superior frontal	12,914.64 ± 1174.78	13,530.45 ± 2093.53	14,231.25 ± 1654.05	<i>p</i> =.458
Superior parietal	9787.27 ± 1280.46	10,564.73 ± 1155.82	10,661.00 ± 1338.10	<i>p</i> =.322
Superior temporal	6611.27 ± 381.47	7048.45 ± 1146.12	7254.33 ± 878.86	<i>p</i> =.367
Subcortical volume				
Caudate	7257.12 ± 599.28	7188.78 ± 1207.95	7426.52 ± 1138.37	<i>p</i> =.995
Hippocampus	7604.11 ± 578.20	7723.02 ± 1149.66	8049.52 ± 958.42	<i>p</i> =.779
Putamen	11,098.31 ± 802.74	11,931.23 ± 1749.28	11,637.27 ± 1600.05	<i>p</i> =.212
Thalamus	12,944.33 ± 864.88	13,390.44 ± 2022.57	13,941.46 ± 2344.56	<i>p</i> =.498
Nucleus Accumbens	1411.95 ± 206.48	1406.87 ± 283.40	1420.84 ± 266.07	<i>p</i> =.967

ACC: anterior cingulate cortex; IFG: inferior frontal gyrus; OFC = orbitofrontal cortex.

Cortical thickness is expressed in millimeters; Surface area is expressed in millimeters²; Volume is expressed in millimeters³.

Table 6
 Comparison of brain structures between Recent-SA, Remote-SA, Lifetime-SI only, and non-suicidal depressed analyzed in Study 3 (EMBARC + Little Rock combined).

Region of Interest	Recent-SA (n = 11) Mean ± SD	Remote-SA (n = 32) Mean ± SD	Lifetime-SI (n = 84) Mean ± SD	Depressed (n = 96) Mean ± SD	p-value adjusted
Cortical Thickness					
Caudal ACC	5.40 ± 0.23	5.10 ± 0.52	5.23 ± 0.44	5.11 ± 0.35	p=.224
IFG	15.00 ± 0.51	15.22 ± 0.92	15.61 ± 1.04	15.62 ± 0.95	p=.048
Inferior temporal	5.06 ± 0.25 ^b	5.39 ± 0.39	5.59 ± 0.45	5.61 ± 0.28 ^b	p=.022 [#]
Insula	6.00 ± 0.24	5.96 ± 0.36	6.03 ± 0.38	6.02 ± 0.33	p=.822
Lateral OFC	5.02 ± 0.24	5.17 ± 0.35	5.32 ± 0.37	5.32 ± 0.35	p=.374
Medial OFC	4.62 ± 0.23	4.75 ± 0.43	4.86 ± 0.35	4.86 ± 0.34	p=.749
Middle temporal	5.38 ± 0.28 ^b	5.61 ± 0.31	5.72 ± 0.4 ^d	5.80 ± 0.33 ^{b,c,d}	p=.002 [*]
Superior frontal	5.42 ± 0.24	5.30 ± 0.34	5.46 ± 0.34	5.45 ± 0.36	p=.218
Superior parietal	4.32 ± 0.19	4.22 ± 0.29	4.30 ± 0.29	4.28 ± 0.26	p=.617
Superior temporal	5.39 ± 0.25	5.44 ± 0.33	5.62 ± 0.38	5.60 ± 0.35	p=.247
Surface area					
Caudal ACC	1359.36 ± 209.15	1416.56 ± 293.22	1391.63 ± 286.14	1390.08 ± 235.99	p=.914
IFG	6266.36 ± 671.27	7027.56 ± 862.52	7059.37 ± 885.63	7048.59 ± 862.42	p=.088
Inferior temporal	5844.55 ± 638.42	6135.34 ± 944.01	6184.64 ± 830.98	6124.66 ± 897.57	p=.494
Insula	3682.82 ± 289.84 ^{d,b}	4192.50 ± 497.88	4295.49 ± 512.30 ^d	4373.02 ± 480.52 ^b	p=.003 [*]
Lateral OFC	4626.91 ± 469.19	4927.97 ± 611.31	4975.86 ± 579.66	5047.33 ± 636.58	p=.246
Medial OFC	3252.18 ± 404.17	3543.59 ± 508.88	3507.33 ± 436.77	3563.06 ± 432.95	p=.277
Middle temporal	5773.45 ± 575.01	6246.44 ± 945.15	6180.11 ± 798.68	6263.04 ± 783.26	p=.314
Superior frontal	12,837.00 ± 1180.85	13,752.19 ± 1555.43	13,742.50 ± 1608.75	13,836.16 ± 1536.50	p=.541
Superior parietal	9522.36 ± 1178.00	10,661.29 ± 1182.44	10,433.12 ± 1238.30	10,523.22 ± 1137.02	p=.092
Superior temporal	6544.45 ± 350.20	7174.16 ± 900.24	7150.95 ± 814.10	7168.88 ± 752.90	p=.172
Subcortical volume					
Caudate	7257.12 ± 599.28	7007.24 ± 966.71	7304.42 ± 1136.52	7073.77 ± 1067.36	p=.499
Hippocampus	7604.11 ± 578.20	8351.74 ± 929.84	8493.43 ± 940.24	8600.43 ± 817.52	p=.192
Putamen	11,098.31 ± 802.74	10,778.74 ± 1890.76	11,045.56 ± 1622.42	10,556.02 ± 1601.43	p=.898

Region of Interest	Recent-SA (n = 11) Mean ± SD	Remote-SA (n = 32) Mean ± SD	Lifetime-SI (n = 84) Mean ± SD	Depressed (n = 96) Mean ± SD	p-value adjusted
Thalamus	12,944.33 ± 864.88 ^{a,b}	14,805.66 ± 1906.41	15,740.29 ± 2144.77 ^a	15,951.06 ± 2060.73 ^b	p = .003 *
Nucleus Accumbens	1411.95 ± 206.48 ^{a,b}	1205.84 ± 302.87	1163.60 ± 261.04 ^a	1088.16 ± 247.88 ^b	p = .014 *

ACC: anterior cingulate cortex; IFG: inferior frontal gyrus; OFC = orbitofrontal cortex.

Cortical thickness is expressed in millimeters; Surface area is expressed in millimeters². Volume is expressed in millimeters³.

* Statistically significant.

Trending towards significance.

^a Statistically significant between Recent-SA and Lifetime-SI.

^b Statistically significant between Recent-SA and Depressed.

^c Statistically significant between Remote-SA and Depressed.

^d Statistically significant between Lifetime-SI and Depressed.

p-FDR 0.10.

Table 7

Comparison of brain structures between Lifetime-SA, Lifetime-SI only, and non-suicidal depressed analyzed in Study 3 (EMBARC + Little Rock combined) with ComBat harmonization.

Region of Interest	Remote-SA (<i>n</i> = 43) Mean ± SD	Lifetime-SI only (<i>n</i> = 84) Mean ± SD	Depressed (<i>n</i> = 96) Mean ± SD	p-value adjusted
Cortical thickness				
Caudal ACC	5.09 ± 0.40	5.23 ± 0.41	5.13 ± 0.37	<i>p</i> = .506
IFG	15.43 ± 0.82	15.63 ± 0.93	15.52 ± 0.90	<i>p</i> = .574
Inferior temporal	5.51 ± 0.31	5.58 ± 0.38	5.54 ± 0.26	<i>p</i> = .675
Insula	6.01 ± 0.31	6.03 ± 0.37	6.00 ± 0.33	<i>p</i> = .696
Lateral OFC	5.23 ± 0.31	5.32 ± 0.33	5.28 ± 0.30	<i>p</i> = .764
Medial OFC	4.77 ± 0.35	4.86 ± 0.34	4.84 ± 0.30	<i>p</i> = .542
Middle temporal	5.70 ± 0.29	5.72 ± 0.36	5.74 ± 0.33	<i>p</i> = .113
Superior frontal	5.38 ± 0.32	5.46 ± 0.33	5.43 ± 0.36	<i>p</i> = .251
Superior parietal	4.25 ± 0.25	4.30 ± 0.28	4.27 ± 0.26	<i>p</i> = .921
Superior temporal	5.51 ± 0.30	5.61 ± 0.35	5.57 ± 0.35	<i>p</i> = .495
Surface area				
Caudal ACC	1371.28 ± 251.01	1162.88 ± 203.17	1125.57 ± 217.07	<i>p</i> = .841
IFG	6927.52 ± 817.05	7038.82 ± 861.42	7087.43 ± 843.53	<i>p</i> = .320
Inferior temporal	6075.48 ± 829.22	6178.43 ± 829.15	6119.39 ± 854.77	<i>p</i> = .797
Insula	4152.77 ± 459.01	4289.09 ± 493.14	4348.21 ± 476.62	<i>p</i> = .070
Lateral OFC	4913.73 ± 554.84	4965.78 ± 566.72	5024.73 ± 633.27	<i>p</i> = .277
Medial OFC	3507.06 ± 483.29	3495.02 ± 424.21	3556.73 ± 436.55	<i>p</i> = .340
Middle temporal	6172.69 ± 823.95	6159.76 ± 779.49	6255.30 ± 785.23	<i>p</i> = .383
Superior frontal	13,580.99 ± 1477.36	13,710.54 ± 1533.50	13,831.17 ± 1536.39	<i>p</i> = .395
Superior parietal	10,428.76 ± 1212.38	10,412.48 ± 1223.01	10,507.64 ± 1134.17	<i>p</i> = .621
Superior temporal	7118.20 ± 788.14	7130.85 ± 805.46	7140.55 ± 784.77	<i>p</i> = .688
Subcortical volume				
Caudate	7086.65 ± 791.64	7275.51 ± 1070.00	7076.90 ± 1025.47	<i>p</i> = .354
Hippocampus	8440.46 ± 748.83	8475.14 ± 884.62	8504.50 ± 793.66	<i>p</i> = .741
Putamen	10,517.63 ± 1147.51	11,018.29 ± 1412.51	10,690.82 ± 1433.49	<i>p</i> = .348
Thalamus	15,176.89 ± 1386.73	1571.61 ± 1825.32	15,657.08 ± 1946.97	<i>p</i> = .122
Nucleus Accumbens	7043.28 ± 608.77	7049.91 ± 858.15	7122.42 ± 850.38	<i>p</i> = .461

ACC: anterior cingulate cortex; IFG: inferior frontal gyrus; OFC = orbitofrontal cortex.

Cortical thickness is expressed in millimeters; Surface area is expressed in millimeters²; Volume is expressed in millimeters³.