

Early Predictive Factors for Postoperative Pancreatic Fistula After Distal Pancreatectomy for Pancreatic Cancer

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Abstract. *Background/Aim:* Postoperative pancreatic fistula (POPF) is the most serious complication of distal pancreatectomy (DP). When POPF occurs and becomes severe, it causes secondary complications and leads to a longer treatment period. This study aimed to identify early predictive factors of POPF after DP for pancreatic cancer (PC). *Patients and Methods:* This retrospective, single-institution study comprised of 55 patients with PC who underwent DP between 2010 and 2021 at the Gifu University Hospital. We statistically analyzed pre-, intra-, and post-operative factors to identify early predictive factors for POPF. *Results:* According to the definition and grading of the International Study Group of Pancreatic Fistula (ISGPF), 12 (21.8%) of 55 patients had POPF grades B and C. In the univariate analysis, POPF was significantly associated with the pancreas-to-muscle signal intensity ratio on T₁-weighted magnetic resonance imaging (SIR on T₁-w MRI), the drainage fluid amylase (D-Amy) levels on postoperative day 3 (POD3), C-reactive protein (CRP) on POD3, and heart rate on POD3. In multivariate analysis, pancreas-to-muscle SIR on T₁-w MRI [>1.37 ; odds ratio (OR)=17.08; 95% confidence interval (CI)=1.64-598.16; $p=0.02$], D-Amy levels on POD3 ($>1,200$ U/l; OR=20.00; 95% CI=1.73-563.83; $p=0.02$) and heart rate on POD3 (>100 bpm; OR=15.33; 95% CI=1.53-258.45; $p=0.02$) were

identified as independent early predictive factors. *Conclusion:* Preoperative pancreas-to-muscle SIR on T₁-w MRI and postoperative D-Amy levels and heart rate significantly correlated with POPF after DP for PC. Postoperative management based on these predictive factors may improve the postoperative course.

Distal pancreatectomy (DP) is an established procedure for pancreatic cancer (PC) located in the body and tail of the pancreas. Although surgical techniques and perioperative management for DP have significantly improved over recent decades, the complication rate following DP remains high (1-6). In particular, the incidence of postoperative pancreatic fistula (POPF) is high (10%-60%) and is a most problematic complication clinically. When POPF occurs and becomes severe, it causes postoperative bleeding, intra-abdominal abscess, delayed gastric emptying, and sepsis as secondary complications (7-9). As a result, it causes not only prolonged treatment periods but also surgery-related deaths. Furthermore, postoperative adjuvant chemotherapy is strongly recommended in the National Comprehensive Cancer Network clinical practice guidelines in oncology (NCCN Guidelines[®]) for pancreatic adenocarcinoma (10). Prolonged POPF treatment may delay the initiation of adjuvant chemotherapy and adversely affect long-term prognosis. Therefore, it is necessary to predict the onset of POPF and perform interventions as soon as possible.

Previous studies have reported various predictive factors for POPF after DP, such as body mass index (BMI), pancreatic thickness, pancreatic texture, intraoperative blood loss, and amylase level of drainage fluid (11-32); however, a clear consensus has not yet been established. The objective on this study was to identify early predictive factors of POPF to shorten the hospital stay after DP for PC.

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Key Words: Signal intensity ratio on T1-weighted MRI, pancreatic cancer, postoperative pancreatic fistula, distal pancreatectomy.

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Patients and Methods

Patients. The present study was conducted in accordance with the World Medical Association Declaration of Helsinki and was



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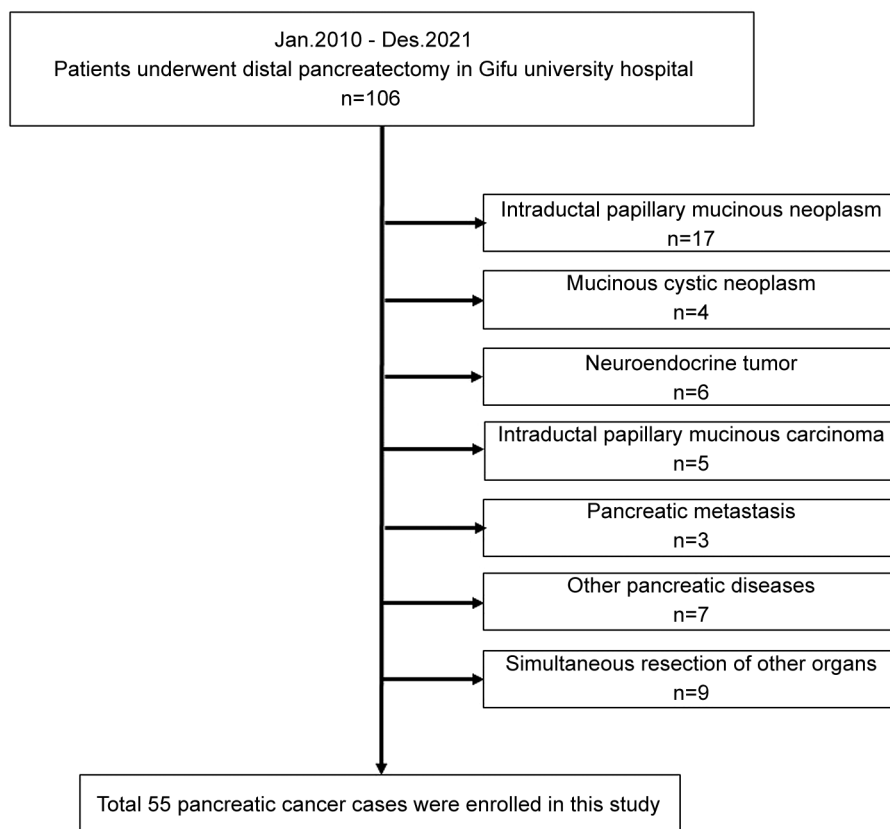


Figure 1. Patient enrolment flowchart.

approved by the Ethics Committee of Gifu University (approval number ‘2021-26’). As this study was a retrospective study and did not include any potentially identifiable patient data, informed consent was not obtained from the enrolled patients. This retrospective study was approved by our Institutional Review Board. In this single-center retrospective study, we enrolled 106 consecutive patients who underwent DP at the Gifu University Hospital between January 2010 and December 2021. All procedures were conducted by expert surgeons who had qualified through the board certification system of the Japanese Society of Hepato-Biliary-Pancreatic Surgery (JSHBPS). We excluded 51 patients in total (tumor histopathology other than adenocarcinoma, n=42; simultaneous resection of other organs, n=9), and a total of 55 patients with primary PC were included in this study (Figure 1).

Patient characteristics were classified into three categories: pre-, intra-, and post-operative factors (Figure 2). First, the preoperative 11 factors were age, sex, BMI, diabetes mellitus, serum albumin level, tumor marker level [carcinoembryonic antigen (CEA) and carbohydrate antigen 19-9 (CA19-9)], preoperative chemotherapy, tumor size, tumor location, and pancreas-to-muscle signal intensity ratio on T₁-weighted magnetic resonance imaging (MRI). Secondly, intraoperative 6 factors included operative time, blood loss, surgical procedure (open or laparoscopic surgery), pancreatic resection procedure (hand-sewn or stapler), pancreas texture (soft or hard), and pancreas thickness measured intraoperatively on resection site. Finally, postoperative 6 factors included the amylase levels of

drainage fluid and serum (D-Amy and S-Amy), the white blood cell (WBC) count, C-reactive protein (CRP) level, body temperature, and heart rate on postoperative day (POD) 1 and 3. Body temperature was defined as the maximum value and heart rate was defined as the average value on the measurement day.

Perioperative management. Regarding DP for PC, regional lymph node dissection with splenectomy in accordance with the classification of pancreatic carcinoma of the Japan Pancreas Society (33), and pancreatic resection on the portal vein were performed. Pancreatic resection is performed with hand-sewn closure or using a linear stapler.

Among hand-sewn closure group, the pancreas was resected after the identification of the main pancreatic duct, and main pancreatic duct was ligated with a 3-0 silk suture. The stump of the remnant pancreas was closed with vertical mattress suture using 5-0 polypropylene. Among the group that underwent pancreatic resection using a linear stapler, the pancreas was resected using Endo GIA™ Tri-Staple or Signia™ stapling system (Medtronic plc., Dublin, Ireland) with a purple or black cartridge. The closure jaw was clamped carefully and slowly, taking 5 minutes at a fixed speed. The firing was performed at a speed of 1 cm per minute by firmly fixing the stapler. After firing, the jaws of the stapler were held shut for 1 minute. One 19Fr. Blake silicon drain (Johnson and Johnson Inc., New Brunswick, NJ, USA) was placed near the stump of the remnant pancreas. The drain was to be removed on POD 4-5

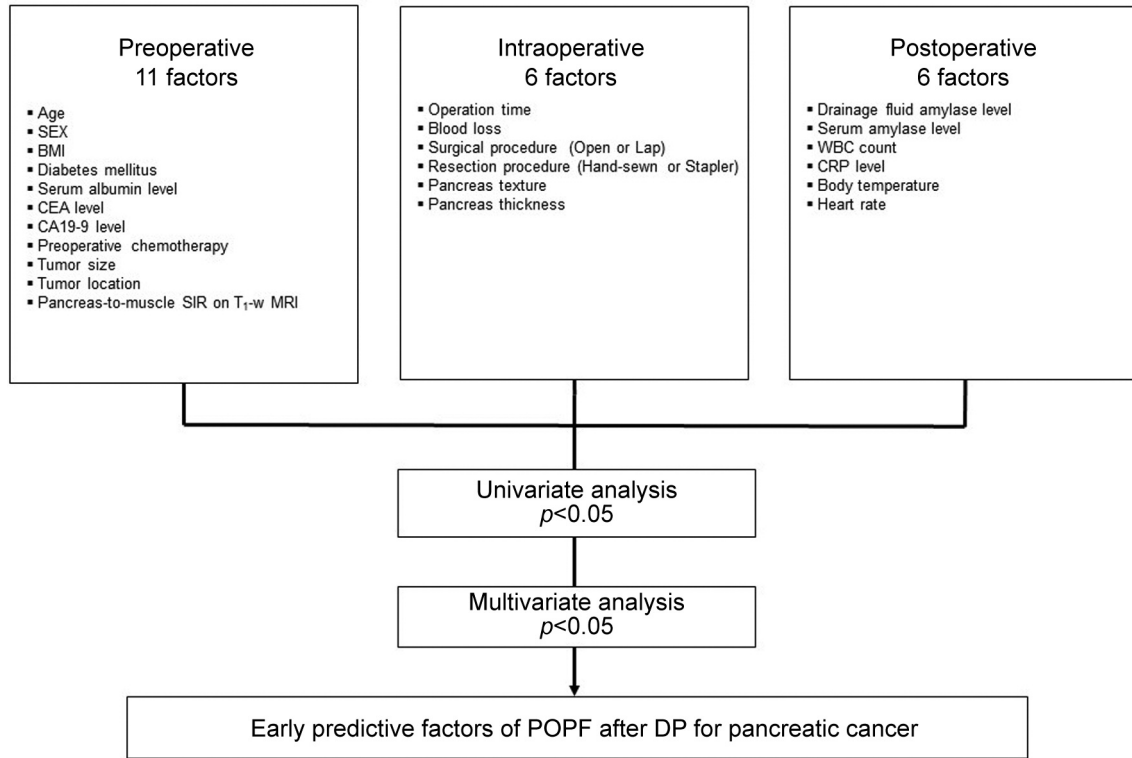


Figure 2. Analysis flow chart for identifying predictive factors for postoperative pancreatic fistula (POPF) after distal pancreatectomy (DP) for pancreatic cancer.

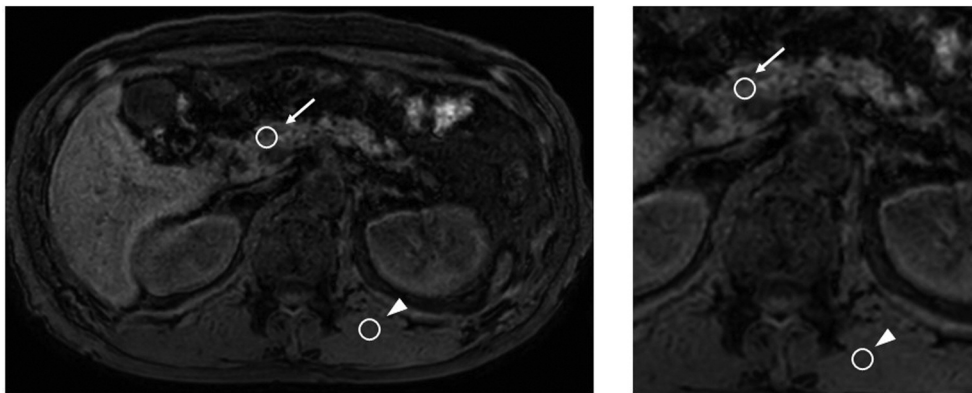


Figure 3. The pancreas-to-muscle signal intensity ratio on fat-suppressed axial T₁-weighted MRI was calculated by [Signal intensity of the pancreatic parenchyma] (arrow)/[Signal intensity of the paraspinal muscle] (arrowhead).

when the drainage fluid was clear and postoperative course could pose no problem. The D-Amy and S-Amy levels were measured on POD 1, 3, and 5. All patients received prophylactic antibiotics (cefmetazole) only intraoperatively or for 2 days postoperatively.

Pancreas-to-muscle signal intensity ratio on T₁-weighted MRI. Previously, we studied the potential value of preoperative MRI in evaluating pancreatic properties (34, 35) and reported that the

pancreas-to-muscle signal intensity ratio on T₁-weighted MRI (SIR on T₁-w MRI) significantly correlated with pancreatic fibrosis, and that it may be a potential biomarker for predicting POPF. The signal intensity of the pancreatic parenchyma on the portal vein and the paraspinal muscle was measured using fat-suppressed axial T₁-weighted imaging (Figure 3). The pancreas-to-muscle SIR on T₁-w MRI was calculated using the following equation: [SI of the pancreatic parenchyma]/[SI of the paraspinal muscle].

Table I. Comparison of clinical outcomes between patients with and without postoperative pancreatic fistula (POPF) after distal pancreatectomy.

| | Patients with POPF (n=12) | Patients without POPF (n=43) | p-Value |
|--|--|------------------------------|---------|
| Diagnosis days of POPF (day) | 9 (7-25) | - | - |
| Grade of POPF [‡] | | | |
| Grade B | 10 (83.3) | - | - |
| Grade C | 2 (16.7) | - | - |
| Treatment for POPF | • Drain replacement and irrigation 9 (75.0) • Endoscopic transgastric drainage 3 (25.0) | - | - |
| Postoperative death within 30 days | 2 (16.7) | 0 (0.0) | 0.01* |
| Hospital days (days) | 39 (12-81) | 14 (10-20) | <0.01* |
| Postoperative adjuvant chemotherapy | 9 (75.0) | 34 (79.1) | 0.76 |
| Period until the start of postoperative adjuvant chemotherapy [§] | 65 (45-107) | 40.5 (22-134) | <0.01* |

Data are expressed as median (range) or number of patients (percentage). [‡]International Study Group (ISGPS) definition and grading of POPF as follows: Grade B, symptomatic fistula requiring therapeutic intervention such as antibiotics and percutaneous drainage; Grade C, symptomatic fistula associated with a severe general condition of patients, sepsis, and multiorgan failure requiring aggressive treatment in the intensive care unit and surgical intervention. [§]Period until the start of postoperative adjuvant chemotherapy was calculated from the date of the surgery. * $p < 0.05$.

Definition of POPF. In this study, we only included clinically symptomatic POPF. Therefore, only grades B and C pancreatic fistulas were defined as POPF (Grade B, symptomatic fistula requiring therapeutic intervention such as antibiotics and percutaneous drainage; Grade C, symptomatic fistula associated with a severe general condition of patients, sepsis, and multiorgan failure requiring aggressive treatment in the intensive care unit and surgical intervention), based on International Study Group of Pancreatic Fistula (ISGPF) definitions (36). Diagnosis day of POPF was defined as the date when intra-abdominal fluid collection with positive cultures was identified by ultra-sonography (US) or computed tomography (CT).

Statistical analysis. Continuous variables are expressed as median (range) values, and categorical variables are expressed as frequencies (percentages). For comparisons of variables between the POPF and non-POPF groups, a Fisher's exact test was used for categorical variables, and a Mann-Whitney *U*-test was used for continuous variables. The predictive ability for POPF after DP for PC was assessed by calculating the area under the receiver operating characteristic (ROC) curve. Youden's index was used to determine the optimal cut-off value to calculate both specificities and sensitivities in the ROC curve analysis. The variables identified as potentially significant by univariate analysis were selected for multivariate analysis with a logistic regression model to identify the independent predictors of POPF after DP for PC. The limit of statistical significance for all analyses was defined as a 2-sided *p*-value of 0.05. All statistical analyses were performed using JMP software (SAS Institute Inc., Cary, NC, USA).

Results

Comparison of clinical outcomes between patients with and without POPF. In total, 55 patients underwent DP for PC. Symptomatic POPF occurred in 12 (21.8 %) patients. Patients' clinical outcomes after DP for PC are summarized in Table I. The median time at which POPF was confirmed was POD 9 (range=7-25 days), the median time until hospital discharge

was 39 days postoperatively (range=12-81 days), and 2 patients had died within 30 postoperative days.

A comparison between patients with and without POPF indicated that there were significant differences in postoperative death within 30 days ($p=0.01$), hospital days ($p < 0.01$), and period until the start of postoperative adjuvant chemotherapy ($p < 0.01$).

Comparison of pre-, intra-, and post-operative status between patients with and without POPF. Table II shows a summary of comparisons of 23 factors classified into three categories between patients with and without POPF. First, among pre-operative factors, the pancreas-to-muscle SIR on T_{1-w} MRI was significantly higher in the POPF group than in the non-POPF group ($p < 0.01$). Secondly, among intra-operative factors, there was no significant difference between two groups. Finally, among post-operative factors, D-Amy levels on POD3, CRP levels on POD3, and heart rate on POD3 were significantly higher in the POPF group than in the non-POPF group ($p=0.02$, 0.046, and 0.03, respectively).

Cut-off values of SIR on T_{1-w} MRI, D-Amy levels on POD3, and CRP levels on POD3 for predicting POPF. The ROC curves for generating cut-off values of SIR on T_{1-w} MRI, D-Amy levels on POD3, and CRP levels on POD3 are shown in Figure 4. The cut-off value of SIR on T_{1-w} MRI was +1.37, with an area under the curve (AUC) of 0.782, a sensitivity of 90.0%, and specificity of 66.7% (Figure 4a). The cut-off value of D-Amy levels on POD3 was 1206 U/l, with an AUC of 0.729, a sensitivity of 58.3%, and specificity of 86.2% (Figure 4b). The cut-off value of CRP levels on POD3 was 20.1 mg/dl, with an AUC of 0.690, a sensitivity of 58.3%, and specificity of 83.7% (Figure 4c).

Table II. Comparison of pre-, intra-, and post-operative status between patients with and without postoperative pancreatic fistula (POPF) after distal pancreatectomy.

| | Patients with POPF (n=12) | Patients without POPF (n=43) | p-Value |
|---|---------------------------|------------------------------|---------|
| PRE-OPERATIVE | | | |
| Age (years) | 68.5 (63-82) | 73 (42-84) | 0.94 |
| Sex | | | |
| Male | 7 (58.3) | 25 (58.1) | 0.99 |
| Female | 5 (41.7) | 18 (41.9) | |
| BMI (kg/m ²) | 23.6 (20.1-26.3) | 21.8 (16.2-31.9) | 0.18 |
| Diabetes mellitus | 3 (25.0) | 17 (39.5) | 0.35 |
| Serum albumin level (g/dl) | 4.1 (3.3-4.4) | 4.1 (3.0- 4.9) | 0.20 |
| CEA level (ng/ml) | 3.6 (1.4-9.0) | 2.9 (0.7-72.4) | 0.25 |
| CA19-9 level (ng/ml) | 109 (14.9-9,528) | 60.1 (0.1-3333) | 0.43 |
| Preoperative chemotherapy | 3 (25.0) | 16 (37.2) | 0.49 |
| Tumor size (mm) | 20.5 (14-40) | 25 (4-70) | 0.23 |
| Location | | | |
| Pb | 5 (41.7) | 30 (69.8) | 0.07 |
| Pt | 7 (58.3) | 13 (30.2) | |
| Pancreas-to-muscle SIR on T ₁ -w MRI | 1.58 (1.25-1.86) | 1.24 (0.82-1.75) | <0.01* |
| INTRA-OPERATIVE | | | |
| Operative time (min) | 270 (195-473) | 286 (143-564) | 0.61 |
| Blood loss (ml) | 185 (50-1,840) | 385 (0-1,840) | 0.27 |
| Surgical procedure | | | |
| Open | 11 (91.7) | 39 (90.7) | 0.92 |
| Laparoscopic | 1 (8.3) | 4 (9.3) | |
| Resection procedure | | | |
| Hand-sewn | 4 (33.3) | 19 (44.2) | 0.50 |
| Stapler | 8 (66.7) | 24 (55.8) | |
| Pancreas texture | | | |
| Soft | 8 (66.7) | 28 (65.1) | 0.92 |
| Hard | 4 (33.3) | 15 (34.9) | |
| Pancreas thickness (mm) | 11 (9-14) | 11 (3-24) | 0.67 |
| POST-OPERATIVE | | | |
| D-Amy levels (U/l) | | | |
| POD1 | 3,091 (108-31,196) | 1,019 (42-12,351) | 0.09 |
| POD3 | 1,244 (42-16,515) | 231 (41-5,153) | 0.02* |
| S-Amy levels (U/l) | | | |
| POD1 | 105 (47-610) | 170 (35-979) | 0.15 |
| POD3 | 33 (11-223) | 48 (18-663) | 0.04* |
| WBC (×10 ³ /μl) | | | |
| POD1 | 13.25 (9.87-26.49) | 11.40 (5.34-18.16) | 0.08 |
| POD3 | 13.30 (5.9-21.71) | 11.63 (6.4-23.9) | 0.33 |
| CRP (mg/dl) | | | |
| POD1 | 9.68 (4.02-14.3) | 8.85 (0.18-15.14) | 0.16 |
| POD3 | 20.6 (10.7-27.36) | 14.40 (2.13-26.52) | 0.046* |
| Body temperature (°C) | | | |
| POD1 | 38.1 (37.2-39.4) | 38.0 (37.3-39.3) | 0.69 |
| POD3 | 37.1 (36.1-38.9) | 37.4 (36.6-39.4) | 0.28 |
| Heart rate (bpm) | | | |
| POD1 | 97 (82-142) | 92 (61-117) | 0.21 |
| POD3 | 94 (78-109) | 83 (60-119) | 0.03* |

Data are expressed as median (range) or number of patients. BMI: Body mass index; CEA: carcinoembryonic antigen level, normal upper limit at 5 ng/ml; CA19-9: Carbohydrate antigen 19-9 level, normal upper limit at 37 ng/ml; pancreas-to-muscle SIR on T₁-w MRI: The pancreas-to-muscle signal intensity ratio on unenhanced T₁-weighted magnetic resonance imaging; S-Amy: serum amylase; D-Amy: drainage fluid amylase; POD: postoperative day; WBC: white blood cell count. CRP: c-reactive protein. **p*<0.05.

Table III. Uni- and multivariate predictive factors of postoperative pancreatic fistula (POPF) after distal pancreatectomy (DP) for pancreatic cancer (PC).

| | N | Univariate | | | Multivariate | | |
|---|----|------------|-------------|---------|--------------|-------------|---------|
| | | OR | 95%CI | p-Value | OR | 95%CI | p-Value |
| PRE-OPERATIVE | | | | | | | |
| Age (years) | | | | | | | |
| >70 | 31 | 0.47 | 0.12-1.70 | 0.25 | | | |
| <70 | 24 | 1 | | | | | |
| Sex | | | | | | | |
| Male | 32 | 1.01 | 0.28-3.89 | 0.99 | | | |
| Female | 23 | 1 | | | | | |
| BMI (kg/m ²) | | | | | | | |
| >24 | 16 | 2.42 | 0.60-9.70 | 0.21 | | | |
| <24 | 39 | 1 | | | | | |
| Diabetes mellitus | | | | | | | |
| Yes | 20 | 0.51 | 0.10-2.00 | 0.34 | | | |
| No | 35 | 1 | | | | | |
| Serum albumin level (mg/dl) | | | | | | | |
| >3.6 | 46 | 0.26 | 0.05-1.26 | 0.09 | | | |
| <3.6 | 9 | 1 | | | | | |
| CEA level (ng/ml) | | | | | | | |
| >5.0 | 10 | 1.71 | 0.32-7.63 | 0.50 | | | |
| <5.0 | 45 | 1 | | | | | |
| CA19-9 level (ng/ml) | | | | | | | |
| >37.0 | 36 | 1.78 | 0.45-8.89 | 0.42 | | | |
| <37.0 | 19 | 1 | | | | | |
| Preoperative chemotherapy | | | | | | | |
| Yes | 19 | 0.56 | 0.11-2.21 | 0.42 | | | |
| No | 36 | 1 | | | | | |
| Tumor size (mm) | | | | | | | |
| >20 | 33 | 0.59 | 0.16-2.19 | 0.43 | | | |
| <20 | 22 | 1 | | | | | |
| Location | | | | | | | |
| Pb | 35 | 3.23 | 0.88-12.80 | 0.08 | | | |
| Pt | 20 | 1 | | | | | |
| Pancreas-to-muscle SIR on T ₁ -w MRI | | | | | | | |
| >1.37 | 21 | 18.0 | 2.90-352.15 | <0.01* | 17.08 | 1.64-598.16 | 0.02* |
| <1.37 | 34 | 1 | | | 1 | | |
| INTRA-OPERATIVE | | | | | | | |
| Operative time (min) | | | | | | | |
| >300 | 22 | 0.40 | 0.08-1.57 | 0.20 | | | |
| <300 | 33 | 1 | | | | | |
| Blood loss (ml) | | | | | | | |
| >400 | 24 | 0.33 | 0.07-1.30 | 0.12 | | | |
| <400 | 31 | 1 | | | | | |
| Surgical procedure | | | | | | | |
| Open | 50 | 1.13 | 0.15-23.27 | 0.92 | | | |
| Laparoscopic | 5 | 1 | | | | | |
| Resection procedure | | | | | | | |
| Hand-sewn | 23 | 0.63 | 0.15-2.33 | 0.50 | | | |
| Stapler | 32 | 1 | | | | | |
| Pancreas texture | | | | | | | |
| Soft | 36 | 1.07 | 0.29-4.55 | 0.92 | | | |
| Hard | 19 | 1 | | | | | |
| Pancreas thickness (mm) | | | | | | | |
| >12 | 20 | 0.27 | 0.82-25.30 | 0.09 | | | |
| <12 | 35 | 1 | | | | | |

Table III. Continued

Table III. *Continued*

| | N | Univariate | | | Multivariate | | |
|--|----|------------|------------|---------|--------------|-------------|---------|
| | | OR | 95%CI | p-Value | OR | 95%CI | p-Value |
| POST-OPERATIVE | | | | | | | |
| D-Amy levels (U/l) - POD3 | | | | | | | |
| >1,200 | 13 | 8.63 | 2.13-39.16 | <0.01* | 20.00 | 1.73-563.83 | 0.02* |
| <1,200 | 42 | 1 | | | 1 | | |
| S-Amy levels (U/l) - POD3 | | | | | | | |
| >100 | 6 | 0.69 | 0.03-4.91 | 0.74 | | | |
| <100 | 49 | 1 | | | | | |
| WBC ($\times 10^3/\mu\text{l}$) - POD3 | | | | | | | |
| >1.20 | 29 | 2.10 | 0.57-8.83 | 0.27 | | | |
| <1.20 | 26 | 1 | | | | | |
| CRP (mg/dl) - POD3 | | | | | | | |
| >20 | 15 | 6.13 | 1.58-26.01 | <0.01* | 1.17 | 0.09-11.68 | 0.90 |
| <20 | 40 | 1 | | | 1 | | |
| Body temperature ($^{\circ}\text{C}$) - POD3 | | | | | | | |
| >38.0 | 6 | 0.69 | 0.03-4.91 | 0.74 | | | |
| <38.0 | 49 | 1 | | | | | |
| Heart rate (bpm) - POD3 | | | | | | | |
| >100 | 8 | 9.52 | 1.92-56.01 | <0.01* | 15.33 | 1.53-258.45 | 0.02* |
| <100 | 47 | 1 | | | 1 | | |

OR: Odds ratio; 95%CI: 95% confidence interval; BMI: body mass index; CEA: carcinoembryonic antigen level, normal upper limit at 5 ng/ml; CA19-9: carbohydrate antigen 19-9 level, normal upper limit at 37 ng/ml; pancreas-to-muscle SIR on T₁-w; MRI: the pancreas-to-muscle signal intensity ratio on unenhanced T₁-weighted magnetic resonance imaging; D-Amy: drainage fluid amylase; S-Amy: serum amylase; POD: postoperative day; WBC: white blood cell count; CRP: c-reactive protein. * $p < 0.05$.

Uni- and multivariate analysis for early predictive factors of POPF after DP for PC. In univariate logistic regression analysis, the POPF after DP for PC was significantly associated with the pancreatic to muscle SIR on T₁-w MRI, D-Amy levels on POD3, CRP levels on POD3, and heart rate on POD3. A multivariate logistic regression analysis revealed that pancreas-to-muscle SIR on T₁-w MRI [>1.37 , $p=0.02$; odds ratio (OR)=17.08; 95% confidence interval (CI)=1.64-598.16], D-Amy levels on POD3 ($>1,200$, $p=0.02$; OR=20.00; 95% CI=1.73-563.83), and heart rate on POD3 (>100 bpm, $p=0.02$; OR=15.33; 95% CI=1.53-258.45) were independent early predictive factor of POPF after DP for PC (Table III).

Discussion

POPF is the most serious complication of pancreatic surgery that leads to secondary complications. In this study, patients with POPF showed a significant increase in both hospital stay and mortality. Additionally, POPF caused a delay in starting of postoperative treatment. The time required for definitive diagnosis for POPF may be closely related to these problems. In this study, the median time for POPF diagnosis was 9 days (range=7-25), making early diagnosis difficult with routine postoperative examination. Therefore, detailed postoperative examination and early intervention, such as

replacement with therapeutic drain and administration of octreotide and antibiotics, based on predictive factors are necessary in DP for PC. In this study, we identified three early predictive factors for POPF; i) pancreas-to-muscle SIR on T₁-w MRI >1.37 , ii) D-Amy levels on POD3 $>1,200$ U/l, and iii) heart rate on POD3 >100 bpm.

In previous studies, various predictive factors for POPF after DP have been reported (11-32). In particular, the pancreatic texture, the so-called 'soft pancreas,' is commonly recognized as one of the typical predictive factors. However, the problem is that the pancreatic texture is a very subjective factor and cannot be quantified. To solve this problem, we previously investigated the correlation between preoperative pancreatic MRI features and the histopathological features of pancreatic surgical specimens (34). We found that the pancreas-to-muscle SIR on T₁-w MRI had a significantly negative correlation with the pancreatic fibrosis grade. This is because normal pancreatic parenchyma exhibits hyperintensity on T₁-w MRI, as pancreatic juice is rich in glycoproteins, and the endoplasmic reticulum within the pancreatic cells contributes to the T₁ shortening effect. However, the signal intensity gradually decreases with progression of pancreatic atrophy, fibrosis, interstitial edema, or fat deposition (37, 38).

In another study (35), we reported that the frequency of POPF after pancreaticoduodenectomy (PD) was significantly

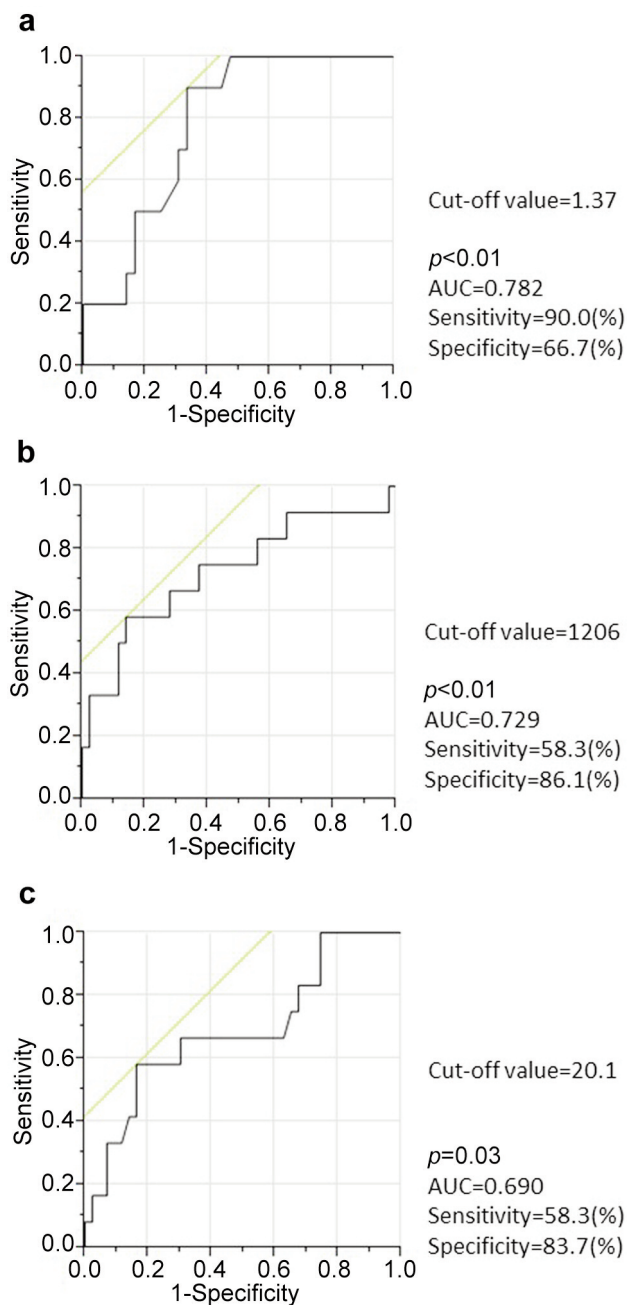


Figure 4. Receiver operating characteristics (ROC) curve analysis of pancreas-to-muscle standardized incidence ratio (SIR) on T1-weighted MRI, drainage fluid amylase (D-Amy) levels on postoperative day 3 (POD3), and C-reactive protein (CRP) level on POD3 for discriminating to postoperative pancreatic fistula (POPF).

higher in patients with low pancreatic fibrosis grade than in those with high grade. Based on these findings, we made a hypothesis that the pancreas-to-muscle SIR on T₁-w MRI might be a potential imaging biomarker for predicting POPF reflecting pancreatic fibrosis. This study also showed that the

pancreas-to-muscle SIR on T₁-w MRI was significantly associated with POPF after DP for PC. This result is considered to be credible because the cut-off value for the POPF prediction calculated ROC analysis in this study was close to that reported in our previous study.

The postoperative D-Amy levels are also one of the well-established early predictors of POPF. Therefore, the definition of POPF according to the ISGPF offered the standard diagnosis according to the D-Amy levels. The D-Amy levels in the ISGPF were commonly measured on POD3. Certain studies (29-31) reported on the D-Amy levels on POD3 for predicting POPF. However, various D-Amy levels on POD3 cut-off values have been proposed. Noji *et al.* (29) were first to reveal that the D-Amy levels on POD3 are the predictive factor of POPF after PD. They also showed that D-Amy levels on POD3 > 3000 U/l were the best cut-off value, and the D-Amy levels on POD3 were more useful than D-Amy levels on POD1. Kanda *et al.* (30) mentioned that the D-Amy levels on POD3 were independently associated with POPF after DP, they also stated that the best cut-off value of D-Amy on POD3 was > 1,918 U/l. Fukami *et al.* (31) showed that the best cut-off value of D-Amy on POD3 was > 1,044 U/l. They also revealed that the D-Amy levels on POD3 were early predictive factor of POPF after both PD and DP, and that that cut-off value of D-Amy on POD3 after DP (> 3,506 U/l) tended to be higher than after PD (> 713 U/l). In our study, similar results were shown for D-Amy levels in early predicting POPF after DP. However, the best cut-off value in our study (> 1,200 U/l) was slightly lower than that in the previous studies. This may be the result of our analysis being limited to pancreatic cancer cases. Since DP does not include pancreaticoenteral anastomosis, POPF after DP is less likely to have more serious complications than that after PD. Thus, in DP cases, it may be clinically appropriate to set the cut-off value higher in order to increase the positive predictive value.

This study had some limitations. This retrospectively designed study was undertaken at a single institution, and involved a small number of patients. The relatively small sample size may have caused a selection bias. This limitation should be considered when evaluating our study results. A prospective, multi-centered study is needed involving a larger number of patients in the future. However, these predictive factors were shown to be objective parameters. In addition, these predictive factors have the advantage of being easy to apply clinically because they can be easily measured. We will continue this research to set more accurate cut-off values.

In conclusion, our results suggest that pancreas-to-muscle SIR on preoperative T₁-weighted MRI, D-Amy levels and heart rate on POD3 were significantly correlated with POPF after DP for PC. These objective parameters could be early predictive factors for POPF. Postoperative management based

on these predictive factors may contribute to shortened hospital stay and smooth introduction to postoperative treatment.

Conflicts of Interest

K. Yoshida has received honoraria for lectures from Chugai Pharmaceutical Co., Ltd., Taiho Pharmaceutical Co., Ltd., Takeda Pharmaceutical Co., Ltd., Eli Lilly and Company, Daiichi Sankyo Co., Ltd., Ono Pharmaceutical Co., Ltd., Merck Serono Co., Ltd., Novartis Pharma K.K., and Sanofi K.K., and research funding from Ajinomoto Pharmaceutical Co., Ltd., Takeda Pharmaceutical Co., Ltd., Chugai Pharmaceutical Co., Ltd., Daiichi Sankyo Co., Ltd., Taiho Pharmaceutical Co., Ono Pharmaceutical Co., and Yakult Honsha Co., Ltd., outside the submitted work.

T. Takahashi received honoraria for lectures from Takeda Pharmaceutical Co., Ltd. The remaining authors declare that they have no conflicts of interest.

Authors' Contributions

MF conceived the study concept and planned the design as the principal investigator. MF interpreted the results and wrote the manuscript draft. KM, TH, and KY revised the manuscript draft through adding intellectual content and providing critical advice. MF, KM, TH, RY, YT, NO, NM, TT, and KY obtained the data and provided critical comments to improve the manuscript and gave final approval for submission.

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