Characterization of Recurrent and Sporadic *Listeria monocytogenes* Isolates from Raw Milk and Nondairy Foods by Pulsed-Field Gel Electrophoresis, Monocin Typing, Plasmid Profiling, and Cadmium and Antibiotic Resistance Determination

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Following previous surveys to assess the incidence of *Listeria monocytogenes* in raw milk and nondairy foods processed in Northern Ireland, isolates were characterized as recurrent or sporadic on the basis of multilocus enzyme electrophoresis (MEE) analysis and restriction fragment length polymorphism typing. In the present study, 45 representative recurrent and sporadic electrophoretic types (ETs) previously identified by MEE were subjected to pulsed-field gel electrophoresis (PFGE) of genomic DNA macrorestriction fragments, monocin typing, plasmid profiling, and an examination of resistance to cadmium and nine different antibiotics. Although PFGE proved to be capable of subdividing a number of recurrent and sporadic ETs, the grouping of strains arrived at by PFGE and MEE were in broad agreement, and previous conclusions regarding the designation of *L. monocytogenes* strains as recurrent or sporadic remained unaltered. It is considered that PFGE was able to detect minor genetic changes in recurrent ETs which occurred during the time period in which food surveys were carried out. Production of type E monocin (Types A to E were found among the 45 strains), plasmid carriage, and resistance to cadmium occurred more frequently in recurrent than in sporadic strains and may be important with regard to the ability of *L. monocytogenes* to persist in food and food-processing environments. Only 2 of 45 strains showed resistance to any of the nine antibiotics tested: two sporadic strains were resistant to tetracycline (MIC, 64 μ g ml⁻¹).

The involvement of food as a vector for the transmission of listeriosis is clearly established in relation to both epidemic (18) and sporadic (15, 19) disease. Consequently, food industries, health agencies, and government bodies have an obligation to detect and control infections caused by the presence of Listeria monocytogenes in food. The Department of Agriculture and Rural Development in Northern Ireland has carried out several surveys (9, 10) to determine the incidence of L. monocytogenes in raw milk, dairy products, and nondairy foods produced in Northern Ireland. The samples examined in these surveys were obtained on successive monthly visits to selected farms (bulk tanks), milk-processing centers (balance tanks), and food factories (point of dispatch). The results of typing L. monocytogenes isolates from these surveys by means of multilocus enzyme electrophoresis (MEE) analysis and restriction fragment length polymorphism typing were in substantial agreement (11). The recognition of recurrent L. monocytogenes types in samples from certain processors led to the conclusion that L. monocytogenes strains frequently persist within food-processing environments and may subsequently contaminate processed foods. After these investigations were completed, a coordinated evaluation of MEE by the World Health Organization (WHO) Multicentre L. monocytogenes Subtyping Study (4) came to the conclusion that to ascertain immediate

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epidemiological relationships of L. monocytogenes strains, it is necessary to supplement MEE with other methods providing further discrimination. A concurrent WHO study (3) validated genomic fingerprinting via pulsed-field gel electrophoresis (PFGE) as a highly discriminating and reproducible method for subtyping L. monocytogenes. In addition, PFGE has an advantage over restriction fragment length polymorphism in that simplified chromosomal restriction fragment patterns suitable for computer analysis are generated by the former technique without the need to resort to probe hybridization methods. As a result of these considerations, it was decided to type recurrent and sporadic L. monocytogenes strains from our previous studies using PFGE and to compare the results with those previously obtained using MEE. Additionally, as a second aim of the present study, characteristics of recurrent and sporadic L. monocytogenes strains which might relate to the ability of this microorganism to persist in food-processing environments were examined. Recurrent and sporadic strains were examined for: (i) production of monocins, (ii) plasmid carriage, (iii) plasmid size, (iv) resistance to cadmium, and (v) resistance to antibiotics.

MATERIALS AND METHODS

Bacterial strains. A total of 45 *L. monocytogenes* isolates (see Tables 2 and 3) were examined. The strains had been isolated, assigned to serogroups, and subjected to MEE analysis as described previously (9, 10, 11). MEE analysis required the determination, for each strain, of the electrophoretic mobilities of 11 commonly occurring cellular enzymes, the assignment of a number to each mobility variant (electromorph), and the designation of each unique combination of electromorphs as an electrophoretic type (ET). Prior to the commencement of the study, the strains were stored on beads in cryopreservative fluid at -80° C.

 TABLE 1. Designation of monocin types A to E produced by

 L. monocytogenes isolates according to their inhibitory

 actions against selected indicator strains

	Inhibitory action ^b							
Indicator strain ²	А	В	С	D	Е			
BCH 20 (L. monocytogenes serotype 4b)	_	_	+	_	+			
FV 481 (L. monocytogenes serotype 4b)	_	-	_	+	+			
LP566 (L. monocytogenes serotype 4b)	-	-	+	+	+			
FV 44 (L. monocytogenes serotype 1/2a)	-	-	-	-	-			
FMT 1750 (L. monocytogenes serotype 1/2b)	-	-	-	-	—			
MQ2708 (L. monocytogenes serotype 1/2c)	-	-	-	-	—			
NCTC 5214 (L. monocytogenes serotype 4a)	-	+	-	+	+			
NCTC 19116 (L. monocytogenes serotype 4c)	-	+	+	+	+			
NCTC 11846 (L. ivanovii)	-	+	+	+	+			

^{*a*} Selected indicator strains. NCTC, National Collection of Type Cultures; BCH, FV, LP, FMT, and MQ are laboratory strain designations.

 b A to E are monocin types. +, growth of indicator strain inhibited; –, growth not inhibited.

Preparation of genomic DNA and digestion with restriction enzymes. Original or modified previously described protocols were used (3). The strains were grown overnight at 37°C in brain heart infusion broth, pelleted by centrifugation, washed once, and resuspended in TE buffer (10 mM Tris, 1 mM EDTA, pH 8.0). The cell suspensions were standardized by adjusting the optical density to 1.3 at 610 nm with TE buffer and mixed with an equal volume of 1.6% chromosomal-

grade agarose (Bio-Rad) in TE buffer, and approximately 100 μ l of the mixture was dispensed into disposable plastic molds (Bio-Rad). The solidified agarose plugs were incubated in a lysis solution containing 0.2 M EDTA, pH 8.0, 2 mg of deoxycholic acid ml⁻¹, 3.0 mg of lysozyme (Sigma) ml⁻¹, and 0.5% *N*-lauroyl sarcosine (Sigma) for 24 h at 37°C with gentle shaking. The plugs were then deproteinized by incubation in a solution containing 0.5 M EDTA, pH 8.0, 0.5% *N*-lauroyl sarcosine, and 2.0 mg of proteinase K (Boehringer Mannheim) ml⁻¹ for 48 h at 55°C in a shaking water bath. Following deproteinization, the plugs were washed in 0.2 mM phenylmethylsulfonyl fluoride (Sigma) in TE buffer, rinsed in TE buffer, and then digested for 16 h with 100 U of *ApaI* (Boehringer Mannheim) or 25 U of *AscI* (New England Biolabs) in 200 µl of the respective buffer and at the temperature recommended by the manufacturer.

PFGE procedures. Restriction fragments were resolved in 1% pulsed-field certified agarose (Bio-Rad) in TBE buffer (45 mM Tris, 45 mM boric acid, 1 mM EDTA, pH 8.0) at 200 V/h with pulse times ramped from 4 to 40 s over 22 h using a CHEF-DR III System (Bio-Rad). After electrophoresis, the gels were immersed for 1 h in a 1- μ g ml⁻¹ ethidium bromide solution followed by destaining for 1 h in distilled water.

Determination of DNA relatedness. The gels were photographed under UV transillumination, and the images were digitized and analyzed with software (1D Advanced and 1D Database) supplied by Nonlinear Dynamics, Newcastle upon Tyne, United Kingdom. For band detection, the peak detection parameters used were as follows: minimum slope, 20; noise reduction, 11%; maximum peak, 9. The edge detection parameter was set to automatic. Rf (retardation factor) lines were applied to each gel to counteract distortions within individual gels. To allow comparisons between band patterns in different gels, Rf calibration was carried out and common bands were assigned the same Rf values. For background



FIG. 1. PFGE resolution of ApaI (A) and AscI (B) restriction fragments of genomic DNA from 12 *L. monocytogenes* strains (lanes 2 to 7 and 9 to 14). Lanes 1, 8, and 15 of each gel contained XbaI restriction fragments of genomic DNA from an *E. coli* reference strain (G5244) as molecular size markers. PFGE was performed at 200 V with pulse times ramped from 4 to 40 s over 22 h. The dendrograms showing the relationships between ApaI (C) and AscI (D) profiles for the 12 strains were created using software supplied by Nonlinear Dynamics, Newcastle upon Tyne, United Kingdom. The software uses the neighbor-joining method of Saitou and Nei (17) to compare profiles on the same gel. The numbers on the branches of the dendrograms denote the lengths of the branches. The shorter the distance, the more similar the lanes.

PFGE type	ET	Processor	Isolation date
I	07	В	April 1989
II	19	С	October 1989
III	26	С	December 1988
IV	27	Α	May 1989
IV	27	Α	June 1989
V	30	С	July 1989
V	45	С	September 1989
VI	15	D	November 1989
VII	46	С	November 1989
VIII	47	С	August 1989
IX	47	С	October 1989
X	36	В	September 1989
XI	35	В	December 1988
XII	37	Α	July 1989
XIII	35	В	May 1989
XIII	35	В	May 1989
XIII	35	В	June 1989
XIV	40	D	May 1989
XV	40	D	June 1989
XVI	40	D	August 1989
XVII	20	C	May 1989
XVIII	18	A	February 1989
	13	А	July 1989
	PFGE type I II III IV V V V VI VII VII	$\begin{array}{cccc} {\rm PFGE type} & {\rm ET} \\ {\rm I} & {\rm 07} \\ {\rm II} & {\rm 19} \\ {\rm III} & {\rm 26} \\ {\rm IV} & {\rm 27} \\ {\rm IV} & {\rm 27} \\ {\rm IV} & {\rm 27} \\ {\rm V} & {\rm 30} \\ {\rm V} & {\rm 45} \\ {\rm VI} & {\rm 15} \\ {\rm VI} & {\rm 15} \\ {\rm VI} & {\rm 15} \\ {\rm VI} & {\rm 46} \\ {\rm VIII} & {\rm 47} \\ {\rm IX} & {\rm 47} \\ {\rm IX} & {\rm 47} \\ {\rm IX} & {\rm 36} \\ {\rm XI} & {\rm 35} \\ {\rm XII} & {\rm 35} \\ {\rm XIII} & {\rm 35} \\ {\rm XIV} & {\rm 40} \\ {\rm XVI} & {\rm 40} \\ {\rm XVI} & {\rm 40} \\ {\rm XVII} & {\rm 20} \\ {\rm XVIII} & {\rm 18} \\ {\rm XVIII} & {\rm 13} \\ \end{array}$	PFGE typeETProcessorI07BII19CIII26CIV27AIV27AV30CV45CVI15DVII46CVIII47CIX47CX36BXII35BXIII35BXIII35BXIII35BXIII35BXIV40DXV40DXVI40DXVI40DXVII20CXVIII18AXVIII13A

0.4 0.5 0.6 0.7 0.8 0.9

FIG. 2. Dendrogram showing the relatedness of band patterns derived from PFGE of *Asc*I-restricted genomic DNA from 23 *L. monocytogenes* strains isolated sporadically and recurrently in successive raw-milk samples obtained from processors A to D. PFGE was performed at 200 V with pulse times ramped from 4 to 40 s over 22 h. When the same ET was recovered on successive visits to a processor (ET 27, ET 35, and ET 40), these were regarded as recurrent strains. The dendrograms and depiction of band patterns were created using software supplied by Nonlinear Dynamics. The software uses the UPGMA algorithm of Sneath and Sokal (20) to compare profiles between gels.

subtraction, the rolling-disk method with a radius setting of 50 was used. The matching of band patterns was based on the DICE coefficient, with a vector setting of 0.5. Dendrograms were created by the neighbor-joining method (17) algorithm for comparison of strain profiles within a single gel, and the unweighted pair group method using arithmetic average (UPGMA) (20) algorithm was used when strain profiles were compared between gels. Strains were considered to be indistinguishable and were assigned to the same PFGE group when the dendrogram derived from the UPGMA algorithm indicated an index of relatedness of \geq 99 verified by visual examination of the band patterns (see Fig. 2 and 3).

Monocin production. Strains were tested for monocin production using the method described by Lebek et al. (12). Blood agar cultures of *L. monocytogenes* strains were inoculated onto predetermined spots on brain heart infusion agar plates to which 10-µl drops of mitomycin C (2 µg ml⁻¹) (catalog no. M 0503; Sigma) had previously been added and allowed to dry. The inoculated brain heart infusion agar plates were incubated for 48 h at 30°C and then exposed to chloroform vapor for 1 h. Subsequently, the chloroform was allowed to evaporate for 15 min, and the plates were flooded with suspensions of different indicator strains (Table 1). The cell suspensions were decanted, and following overnight incubation at 30°C, the plates were examined for zones of growth inhibition indicative of monocin activity. The monocins were classified according to their activities against each indicator strain (Table 1).

Plasmid analysis. The strains were grown overnight at 37°C in brain heart infusion broth and pelleted by centrifugation, and plasmid DNA was extracted from the cells as described by Anderson and McKay (2). The plasmids were analyzed in 0.7% agarose gels (catalog no. A6013; Sigma) in Tris acetate buffer (40 mM Tris, 20 mM acetic acid, and 1 mM EDTA) at 70 V for 3 h. Plasmid preparations from three *Escherichia coli* strains (NCTC 50001, NCTC 50192, and

NCTC 50193) were used for molecular size markers. The gels were stained with 1 μ g ml⁻¹ ethidium bromide and photographed under UV transillumination.

Determination of heavy metal and antibiotic susceptibilities. The agar dilution method (16) was used to determine the MICs of cadmium sulfate (Sigma) and the following antibiotics: ampicillin, gentamicin, tetracycline, streptomycin, kanamycin, erythromycin, chloramphenicol, cephalothin, and rifampin (all from Sigma).

RESULTS

MEE and PFGE typing of 45 *L. monocytogenes* strains. PFGE of both *ApaI* and *AscI* restriction fragments produced band patterns suitable for typing *L. monocytogenes* (Fig. 1). The *AscI* band patterns were simpler and more clearly resolved and so were used for the purpose of the present study. While MEE analysis had previously distinguished 29 ETs among the 45 *L. monocytogenes* strains used in the present study, PFGE of *AscI* restriction fragments revealed 32 PFGE types (Fig. 2 and 3). Comparison of MEE and PFGE typing results (see Table 4) showed that 23 strains were assigned to a single ET and a single PFGE type and a further 10 strains were assigned to eight ETs and comprised only 4 PFGE types, while 12 strains assigned to only four ETs comprised 10 PFGE types.

PFGE type	ET	Processor	Isolation date
XIX	25	Ν	November 1990
XX	13	K	September 1990
XX	14	K	March 1991
XXI	09	J	July 1990
XXI	09	J	August 1990
XXI	09	J	January 1991
XXI	09	J	February 1991
XXI	09	J	April 1991
XXII	43	Ν	August 1990
XXIII	10	J	February 1991
XXIV	48	J	October 1990
XXV	22	Ν	May 1990
XXVI	41	J	October 1990
XXVII	38	J	January 1991
XXVIII	24	J	November 1990
XXIX	42	Μ	July 1990
XXX	42	K	May 1990
XXX	42	K	June 1990
XXX	39	K	November 1990
XXX	42	K	February 1991
XXXI	42	М	June 1990
XXXII	42	М	September 1990

0.40.50.60.70.80.9

FIG. 3. Dendrogram showing the relatedness of band patterns derived from PFGE of *AscI*-restricted genomic DNA from 22 *L. monocytogenes* strains isolated sporadically and recurrently in nondairy food samples obtained from processors J, K, M, and N. PFGE was performed at 200 V with pulse times ramped from 4 to 40 s over 22 h. When the same ET was recovered on successive visits to a processor (ET 09 and ET 42), these were regarded as recurrent strains. The dendrograms and depiction of band patterns were created using software supplied by Nonlinear Dynamics. The software uses the UPGMA algorithm of Sneath and Sokal (20) to compare profiles between gels.

Recognition of recurrent strains. In the present study, *L. monocytogenes* isolates were considered to represent recurrent strains when the same ET was found in successive samples obtained from a particular processor. From the results shown in Tables 2 and 3, it can be seen that ET 27, ET 35, ET 40, and ET 09 recurred at processors A, B, D, and J, respectively, while ET 42 recurred at processors K and M.

Subtyping of recurrent ETs by PFGE. From Tables 2 and 3, it can be seen that recurrent ET 27 (two strains, both PFGE type IV), ET 09 (five strains, all PFGE type XXI), and ET 42 at processor K (three strains, all PFGE type XXX) were each specified by a single PFGE type. However, as shown in Fig. 4, recurrent ET 35 (three strains; PFGE types XI [one strain] and XIII [two strains]), ET 40 (three strains; PFGE types XIV, XV, and XVI), and ET 42 at processor M (three strains; PFGE types XXIX, XXXI, and XXXII) were not confined to a single PFGE type. Figure 4 shows the different band patterns obtained for ET 35 isolated in December 1988, May 1989, and June 1989 from processor B (lanes 2, 3, and 4), ET 40 isolated in May 1989, June 1989, and August 1989 from processor D (lanes 6, 7, and 8), and ET 42 isolated in June 1990, July 1990, and September 1990 from processor M (lanes 10, 11, and 12). The ET 35-PFGE type XI strain isolated in December 1988

differs from the other ET 35-PFGE type XIII isolates with regard to the position of a single band. The band pattern for the former strain has a fragment of approximately 450 kb, whereas the band patterns for the other strains have no fragment at this position but do have a fragment at approximately 500 kb. For ET 40, the band pattern of the May 1989 isolate (PFGE type XIV [Fig. 4, lane 6]) differs from the other two ET 40 isolates (PFGE type XV [lane 7] and PFGE type XVI [lane 8]) in not having a fragment of approximately 400 kb, while the last two isolates differ in the position of a single large fragment (approximately 500 kb changes to approximately 540 kb). For ET 42 from processor M, the PFGE patterns of strains isolated in June 1990, July 1990, and September 1990 differed by either the presence or absence of a single large fragment (approximately 400 kb) or of a positional change of a single band (approximately 500 kb changes to approximately 540 kb).

Subtyping of PFGE types by MEE. There were four instances of a PFGE type comprising more than one ET: (i) PFGE type V at processor C contained ET 30 and ET 45, (ii) PFGE type XVIII at processor A contained ET 18 and ET 13, (iii) PFGE type XXX at processor K contained ET 39 and ET 42, and (iv) PFGE type XX at processor K contained ET 13 and ET 14 (Table 4).

	-		•		
Source processor	Isolation date	Sero- group	MEE type	PFGE type (AscI)	Status
А	Feb. 1989	4	ET 18	XVIII	Sporadic
	May 1989	1	ET 27	IV	Recurrent
	June 1989	1	ET 27	IV	Recurrent
	July 1989	1	ET 37	XII	Sporadic
	July 1989	4	ET 13	XVIII	Sporadic
В	Dec. 1988	1	ET 35	XI	Recurrent
	Apr. 1989	4	ET 07	Ι	Sporadic
	May-early 1989	1	ET 35	XIII	Recurrent
	May-late 1989	1	ET 35	XIII	Recurrent
	June 1989	1	ET 35	XIII	Recurrent
	Sept. 1989	1	ET 36	Х	Sporadic
С	Dec. 1988	1	ET 26	III	Sporadic
	May 1989	4	ET 20	XVII	Sporadic
	July 1989	1	ET 30	V	Sporadic
	Aug. 1989	1	ET 47	VIII	Sporadic
	Sept. 1989	1	ET 45	V	Sporadic
	Octearly 1989	1	ET 47	IX	Sporadic
	Octlate 1989	1	ET 19	II	Sporadic
	Nov. 1989	1	ET 46	VII	Sporadic
D	May 1989	1	ET 40	XIV	Recurrent
	June 1989	1	ET 40	XV	Recurrent
	Aug. 1989	1	ET 40	XVI	Recurrent
	Nov. 1989	1	ET 15	VI	Sporadic

 TABLE 2. Identification of recurrent and sporadic

 L. monocytogenes isolates found in raw-milk

 samples from four different processors

Monocin types. From Table 5, it can be seen that serogroup 4 *L. monocytogenes* strains all produced monocin type B, while for serogroup 1 *L. monocytogenes* strains, all 16 recurrent strains produced monocin type E whereas 20 sporadic strains produced monocin types A (2 strains), B (2 strains), C (2 strains), D (1 strain), and E (13 strains).

Plasmid carriage. Plasmid DNA was not detected in any serogroup 4 *L. monocytogenes* strains. For serogroup 1 strains, plasmid DNA was detected in 12 of 16 (75%) recurrent strains compared to 7 of 20 (35%) sporadic strains, with the sizes of the plasmids detected ranging from 13 to 55 mDa (Table 5).

Cadmium resistance. No serogroup 4 *L. monocytogenes* strains were resistant to high levels of cadmium (MICs, $\leq 128 \mu g/ml$), whereas for serogroup 1 strains, resistance to high levels of cadmium (MICs, $\geq 256 \mu g/ml$) was detected in 13 of 16 (81.25%) recurrent strains compared to 8 of 20 (40%) sporadic strains (Table 5).

Antibiotic resistance. The sensitivities of all 45 *L. monocytogenes* strains to nine antibiotics are shown in Table 6. Little antibiotic resistance was observed, so comparison between recurrent and sporadic strains was not possible. Only two *L. monocytogenes* strains displayed significant resistance to any of the nine antibiotics used, namely, two sporadic milk isolates from processor C (ETs 30 and 45; PFGE V), which were resistant to tetracycline (MIC, 64 μ g/ml).

DISCUSSION

MEE and PFGE typing results in the present study were in broad agreement with regard to the groupings achieved for *L. monocytogenes* isolates obtained from raw milk and nondairy food samples. The software package used to analyze

 TABLE 3. Identification of recurrent and sporadic

 L. monocytogenes isolates found in nondairy food

 samples from four different processors

Source processor	Isolation date	Sero- group	MEE type	PFGE type (AscI)	Status
J	July 1990	4	ET 09	XXI	Recurrent
	Aug. 1990	4	ET 09	XXI	Recurrent
	Oct. 1990	1	ET 41	XXVI	Sporadic
	Oct. 1990	1	ET 48	XXIV	Sporadic
	Nov. 1990	1	ET 24	XXVIII	Sporadic
	Jan. 1991	4	ET 09	XXI	Recurrent
	Jan. 1991	1	ET 38	XXVII	Sporadic
	Feb. 1991	4	ET 09	XXI	Recurrent
	Feb. 1991	1	ET 10	XXIII	Sporadic
	Apr. 1991	4	ET 09	XXI	Recurrent
K	May 1990	1	ET 42	XXX	Recurrent
	June 1990	1	ET 42	XXX	Recurrent
	Sept. 1990	1	ET 13	XX	Sporadic
	Nov. 1990	1	ET 39	XXX	Recurrent
	Feb. 1991	1	ET 42	XXX	Recurrent
	Mar. 1991	1	ET 14	XX	Sporadic
М	June 1990	1	ET 42	XXXI	Recurrent
	Julv 1990	1	ET 42	XXIX	Recurrent
	Sept. 1990	1	ET 42	XXXII	Recurrent
Ν	May 1990	1	ET 22	XXV	Sporadic
	Aug. 1990	1	ET 43	XXII	Sporadic
	Nov. 1990	1	ET 25	XIX	Sporadic

the restriction fragment length patterns generated by PFGE proved to be a useful tool in indicating the relatedness of individual strains. Visual examination of band profiles confirmed the relatedness indicated by the computer-generated dendograms (7).

TABLE 4. Comparison of MEE and PFGE typing for 45 *L. monocytogenes* strains

MEE type	PFGE type (AscI)	No. of strains	Status
ET 07	Ι	1	Sporadic
ET 19	II	1	Sporadic
ET 26	III	1	Sporadic
ET 27	IV	2	Recurrent
ET 15	VI	1	Sporadic
ET 46	VII	1	Sporadic
ET 36	Х	1	Sporadic
ET 37	XII	1	Sporadic
ET 20	XVII	1	Sporadic
ET 25	XIX	1	Sporadic
ET 09	XXI	5	Recurrent
ET 43	XXII	1	Sporadic
ET 10	XXIII	1	Sporadic
ET 48	XXIV	1	Sporadic
ET 22	XXV	1	Sporadic
ET 41	XXVI	1	Sporadic
ET 38	XXVII	1	Sporadic
ET 24	XXVIII	1	Sporadic
ET 30, 45	V	2	Sporadic
ET 13, 18	XVIII	2	Sporadic
ET 13, 14	XX	2	Sporadic
ET 42 (3 strains),	XXX	4	Recurrent
39 (1 strain)			
ET 47	VIII, IX	2	Sporadic
ET 35	XI (1 strain), XIII (3 strains)	4	Recurrent
ET 40	XIV, XV, XVI	3	Recurrent
ET 42	XXIX, XXXI, XXXII	3	Recurrent



FIG. 4. Subtyping of recurrent *L. monocytogenes* ETs by PFGE of *AscI* restriction fragments of genomic DNA. PFGE was performed at 200 V with pulse times ramped from 4 to 40 s over 22 h. The recurrent strains ET 35 (lanes 2 to 4), ET 40 (lanes 6 to 8), and ET 42 (lanes 10 to 12) were isolated from food samples obtained on successive visits to processors B, D (milk), and M (nondairy food), respectively. *XbaI* restriction fragments of genomic DNA from an *E. coli* reference strain (G5244) were used as molecular size markers (lanes 1, 5, and 9).

Despite the large measure of concordance between results obtained using the two typing methods considered here, some differences were observed. Several strains found to be distinguishable by MEE (ETs 39 and 42, 13 and 14, and 30 and 45) were found to be indistinguishable by PFGE, and in these instances, MEE is apparently more discriminatory than PFGE. However, reexamination of these strains by MEE seems advisable. Graves et al. (8) commented on variations in reproducibility and discrimination observed among laboratories using MEE and attributed this to less-than-optimal activity of the enzyme in the cytoplasmic extracts applied to gels or to characteristics of particular strains. On the other hand, ET 35, ET 40, ET 42, and ET 47 were divisible by PFGE. Brosch et al. (3) in a WHO multicenter L. monocytogenes subtyping study to evaluate PFGE, validated previous claims for the typing method and found it to be highly discriminating and reproducible. ET 35, ET 40, and ET 42 are recurrent strains, and PFGE was apparently able to detect minor genetic changes which occurred in these strains over the period in which the food surveys were carried out. These genetic alterations may not have been detected previously by MEE due to an insufficient number of enzymes being analyzed or due to one or more of the causes noted above, which may affect the reproducibility and discrimination of MEE. Despite these differences in typing results, the same conclusions were reached as to which strains were recurrent or sporadic.

Most of the recurrent strains in the present study belong to serogroup 1. This accords with reports by many authors on the predominance of serogroup 1 *L. monocytogenes* found in foods and environmental sources. It is therefore interesting to note (Table 1) that serogroup 4 strains (five recurrent and four sporadic) all produced monocin type B, which was active only against L. monocytogenes serotypes 4a and 4c and Listeria ivanovii, whereas L. monocytogenes serogroup 1 strains produced monocin types C, D, and E, which were active against L. monocytogenes serotype 4b strains in addition to serotypes 4a and 4c and L. ivanovii. Two serogroup 1 strains also produced monocin type B, but these strains are known to belong to serotype 1/2b and so could be expected to resemble serotype 4b strains. There is a progressive increase in the number of indicator strains lysed by each of the monocin types (A to E), with monocin type E active against the greatest number of indicator strains. All recurrent serogroup 1 L. monocytogenes strains produced monocin type E, which supports the suggestion (5) that bacteriocins give the producing organism a competitive advantage over other bacteria existing in the same ecological niche.

Comparison of plasmid carriage by recurrent and sporadic *L. monocytogenes* strains in the present study was only possible for serogroup 1 strains, since no plasmid DNA was detected in the nine serogroup 4 strains examined. Lebrun et al. (13) have also reported greater predominance of plasmid carriage in serogroup 1 than in serogroup 4 *L. monocytogenes*. Overall, plasmid DNA was detected in 52.7% of serogroup 1 strains, with plasmids being detected less frequently in *L. monocytogenes* isolated from milk (6 of 19) than in strains isolated from nondairy foods (13 of 17). The frequency of their occurrence in recurrent serogroup 1 strains (75%) was over twice that found

 TABLE 5. Comparison of L. monocytogenes isolates found recurrently and sporadically in raw-milk and nondairy food samples from eight different processors with regard to susceptibility to monocins, plasmid carriage, and resistance to cadmium

Source Serogroup Stat	St-1	Status No. of strains	Monocin type					Detection and mass	Cadmium resistance ^b						
	Status		A	В	С	D	Е	of plasmids ^a		32	64	128	256	512	
Raw milk	1	Recurrent	9					9	5/9 (29 [1], 50 [4])		3			2	4
	1	Sporadic	10	2		1	1	6	1/10 (50)	2	5	2		1	
	4	Sporadic	4		4				0		2		2		
Nondairy foods	1	Recurrent	7					7	7/7 (29 [4], 29 and 31 [1], 50 [2])						7
2	1	Sporadic	10		2		1	7	6/10 (13 [1], 29 [2], 50 [1], 55 [2])		3			1	6
	4	Recurrent	5		5				0		5				

^a Plasmid masses (in megadaltons) are shown in parentheses after the frequency (number of plasmids/total isolates) of plasmid detection; the number of plasmids with each mass is in brackets.

^b Number of isolates for which the MIC of cadmium was as indicated above each column.

 TABLE 6. Antibiotic sensitivities of recurrent and sporadic strains from raw milk and nondairy foods

	Sensitivity ^a								
Antibiotic	Raw-mil	k strains	Food strains						
	Recurrent	Sporadic	Recurrent	Sporadic					
Ampicillin	< 0.125-0.25	0.125-0.5	0.125-0.5	0.125-0.5					
Gentamicin	< 0.25 - 0.5	< 0.25 - 1.0	0.25 - 0.5	0.25 - 2.0					
Tetracycline	0.5 - 1.0	0.5 - 64.0	0.5 - 1.0	0.5 - 1.0					
Streptomycin	4.0	2.0-4.0	4.0	2.0 - 4.0					
Kanamycin	1.0 - 2.0	<1.0-4.0	1.0 - 2.0	1.0 - 8.0					
Erythromycin	0.125-0.25	0.25	< 0.125-0.25	0.25					
Chloramphenicol	4.0	4.0	4.0	4.0					
Cephalothin	2.0 - 4.0	2.0-4.0	2.0 - 4.0	2.0 - 4.0					
Rifampin	< 0.125	< 0.125-0.25	< 0.125	< 0.125					

^a Range of MICs (micrograms per milliliter).

in sporadic serogroup 1 strains (35%). The range of plasmid sizes observed in the present study is consistent with the findings of Lebrun et al. (14), who demonstrated the presence of a transposon (Tn5422) in plasmid-mediated cadmium-resistant L. monocytogenes strains and attributed the observed size diversity of the plasmids to the process of intramolecular replicative transposition, which generates deletions leading to plasmids of decreasing size. Although in the present study size diversity of plasmids was apparent in L. monocytogenes isolates from different sources, the sizes of plasmids in strains recurrent at certain processors remained remarkably stable over the period of the surveys. For example, ET 35, recurrent in milk samples from processor B during a 7-month period (December 1988 to June 1989), always carried a 50-MDa plasmid, while ET 42, recurrent in cooked-meat samples from processor K during a 10-month period (May 1990 to February 1991), always carried a 29-MDa plasmid.

Plasmid carriage in serogroup 1 strains was not correlated with monocin activity or with the type of monocin produced. However, all 19 serogroup 1 strains in which plasmid DNA was detected were cadmium resistant (MIC, $\geq 256 \mu g/ml$), whereas only 3 of 17 strains in which plasmid DNA was not detected were cadmium resistant. Detection of cadmium resistance in 81.25% of recurrent serogroup 1 strains compared to only 40% of sporadic strains and the high correlation of plasmid carriage with cadmium resistance are consistent with the suggestions of Lebrun et al. (14) that extensive industrial use of cadmium over the last century has led to widespread cadmium contamination of the environment and necessitated acquisition by bacteria of cadmium resistance mechanisms. These workers have shown that in the case of L. monocytogenes, resistance to cadmium is achieved by an energy-dependent efflux mechanism encoded by genes most often carried on plasmids and less frequently on the chromosome, which prevents accumulation of cadmium in the cell.

A general lack of antibiotic resistance in both plasmid-carrying and non-plasmid-carrying *L. monocytogenes* strains is not surprising and has been previously noted (1, 6). Espaze and Reynaud (6) considered that this general lack of antibiotic resistance may change if the numbers of *L. monocytogenes* in food-processing environments and foods increase, thereby facilitating genetic transfers among genera and species. In this context, the resistance to tetracycline of two sporadic isolates from raw milk at processor C is interesting. Neither plasmid

DNA nor cadmium resistance was detected in either of these strains, and uniquely among the 45 strains examined, they produced no monocin activity against any indicator strain (type A) (Table 5), thus suggesting a relative disadvantage for survival of these strains in a food-processing environment. However, given the ability of *L. monocytogenes* strains to adapt to particular habitats or niches, there is a possibility that antibiotic-resistant strains could adapt and persist in foods and food-processing environments and that genetic transfers to other microorganisms might be facilitated, as predicted by Espaze and Reynaud (6).

In the present study, the conclusions reached regarding the recurrence of L. monocytogenes isolates in raw milk and nondairy foods on the basis of MEE typing results have been confirmed by PFGE. In addition, PFGE, when applied to recurrent strains, detected genetic changes in the strains during the period that food surveys were carried out. Production of monocin type E and plasmid-borne cadmium resistance were found more frequently in recurrent than in sporadic L. monocytogenes strains from raw milk and nondairy foods. The persistence of microbial pathogens within a food-processing environment obviously raises food safety concerns and emphasizes the requirement for implementation of concepts such as hazard analysis of critical control points. Such concepts will require a detailed knowledge of the behavior and characteristics of microbial pathogens, such as those described here for L. monocytogenes, if their presence in foods and food-processing environments is to be successfully tracked, monitored, and controlled.

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