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# Author Correction: Foot–ankle therapeutic exercise program can improve gait speed in people with diabetic neuropathy: a randomized controlled trial

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The original version of this Article contained errors in Table 2. In the columns ‘Intervention Group’ and ‘Control Group’, the mean and standard deviation values were reported, instead of the estimated mean and standard error values. The original Table 2 and accompanying legend appear below. As a result, in the Supplementary Tables file, Table 1 contained the same errors.

The original Supplementary Tables file is provided below.

The original Article and accompanying Supplementary Information file have been corrected.

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	Intervention Group	Control Group	p-value	95% CI for Estimated Mean Difference	Effect size (95% CI)
	Means ± SD	Means ± SD			
<b>Daily physical activity (steps)</b>					
12 weeks	8.367 ± 4.418	7.385 ± 3.137	0.294	1.371 [-1.204, 3.946]	
24 weeks	7.446 ± 3.525	7.072 ± 3.898	0.222	1.677 [-1.029, 4.383]	
1 year	8.458 ± 4.206	7.093 ± 2.532	0.109	3.402 [-0.777, 7.580]	
<b>Fast gait speed (m/s)</b>					
6 weeks	1.56 ± 0.27	1.44 ± 0.32	0.073	0.15 [-0.01, 0.31]	
12 weeks	1.65 ± 0.36	1.47 ± 0.37	0.020*	0.19 [0.31, 0.36]	
24 weeks	1.59 ± 0.26	1.53 ± 0.44	0.873	0.02 [-0.16, 0.19]	
1 year	1.43 ± 0.19	1.45 ± 0.31	0.027*	0.31 [0.35, 0.57]	
<b>Self selected gait speed (m/s)</b>					
6 weeks	1.04 ± 0.24	1.04 ± 0.18	0.797	-0.01 [-0.13, 0.10]	
12 weeks	1.07 ± 0.15	0.98 ± 0.21	0.383	0.06 [-0.06, 0.17]	
24 weeks	1.04 ± 0.14	1.04 ± 0.26	0.599	-0.04 [-0.18, 0.10]	
1 year	0.99 ± 0.12	1.05 ± 0.13	0.464	-0.09 [-0.33, 0.15]	
<b>MNSI (score)</b>					
6 weeks	6.5 ± 2.2	6.1 ± 2.4	0.711	0.3 [-1.0, 1.4]	
12 weeks	5.9 ± 1.9	5.7 ± 2.2	0.945	-0.1 [-1.2, 1.2]	
<b>FHSQ - foot pain (score)</b>					
6 weeks	62.5 ± 24.7	59.1 ± 26.0	0.470	5.2 [-9.0, 19.5]	
12 weeks	69.2 ± 20.8	62.2 ± 25.4	0.132	11.2 [-3.4, 25.7]	
<b>FHSQ - foot function (score)</b>					
6 weeks	75.6 ± 23.6	68.0 ± 25.4	0.361	6.2 [-7.2, 19.8]	
12 weeks	80.9 ± 21.9	75.3 ± 23.9	0.196	9.2 [-4.7, 23.1]	
<b>FHSQ – shoes (score)</b>					
6 weeks	39.8 ± 30.8	48.0 ± 32.2	0.245	-10.9 [-29.4, 7.5]	
12 weeks	46.5 ± 35.4	42.2 ± 31.5	0.807	2.3 [-16.7, 21.5]	
<b>FHSQ - Foot Health (score)</b>					
6 weeks	36.2 ± 22.5	42.6 ± 29.0	0.723	2.5 [-11.4, 16.4]	
12 weeks	41.3 ± 19.3	44.4 ± 30.6	0.787	1.9 [-12.2, 16.1]	
<b>Ankle plantarflexion ROM L (°)</b>					
6 weeks	32.4 ± 6.5	32.1 ± 6.8	0.933	-0.1 [-3.9, 3.6]	
12 weeks	33.6 ± 6.8	30.3 ± 5.8	0.337	2.0 [-2.0, 5.8]	
<b>Ankle dorsiflexion ROM L (°)</b>					
6 weeks	19.4 ± 4.9	17.5 ± 5.6	0.414	1.3 [-1.8, 4.3]	
12 weeks	20.0 ± 5.4	17.8 ± 4.8	0.349	1.5 [-1.7, 4.8]	
<b>Tactile</b>					
6 weeks	2.1 ± 2.5	1.9 ± 2.9	0.514	-0.4 [-1.6, 0.8]	
12 weeks	2.7 ± 2.5	2.0 ± 2.7	0.884	-0.1 [-1.3, 1.1]	
<b>Tactile - threshold - L</b>					
6 weeks	3.7 ± 1.6	3.7 ± 1.6	0.781	0.1 [-0.7, 0.9]	
12 weeks	3.7 ± 1.7	3.8 ± 1.8	0.960	0.0 [-0.8, 0.8]	
<b>Vibration – L</b>					
6 weeks	1.3 ± 0.7	1.3 ± 0.7	0.865	0.0 [-0.4, 0.4]	
12 weeks	1.5 ± 0.8	1.5 ± 0.8	0.030*	-0.1 [-0.9, -0.05]	
<b>Quality of life (score)</b>					
6 weeks	0.68 ± 0.14	0.63 ± 0.13	0.393	0.04 [-0.05, 0.13]	
12 weeks	0.70 ± 0.18	0.69 ± 0.17	0.312	0.05 [-0.04, 0.15]	
<b>Hallux strength (%BW)</b>					
6 weeks	12.6 ± 6.1	12.3 ± 4.9	0.971	-0.1 [-2.9, 2.8]	
12 weeks	12.7 ± 5.9	11.5 ± 3.8	0.301	1.6 [-1.3, 4.4]	
<b>Toes strength (%BW)</b>					
6 weeks	9.7 ± 5.0	8.8 ± 5.2	0.985	0.0 [-2.3, 2.4]	
12 weeks	10.1 ± 5.8	8.3 ± 4.7	0.349	1.0 [-1.2, 3.6]	

**Table 2.** Secondary and primary outcomes from intervention group and control groups.

### Additional information

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1038/s41598-022-16172-9>.



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