

Stereotactic body radiation therapy for the treatment of locally recurrent pancreatic cancer after surgical resection

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> **Background:** To report on a cohort of radiation-naïve patients with pancreatic cancer who developed isolated local recurrence following surgical resection and were subsequently treated with stereotactic body radiation therapy (SBRT).

> Methods: Patients with pancreatic cancer who were treated with SBRT for isolated local recurrence after surgical resection were retrospectively reviewed. Clinical outcomes were calculated from completion of SBRT and included overall survival (OS), local progression-free survival (LPFS), distant metastasis-free survival (DMFS), and progression-free survival (PFS). Univariate (UVA) analysis was performed to identify variables associated with clinical outcomes. Kaplan-Meier method was used for survival outcomes. Toxicity was assessed using the Common Terminology Criteria for Adverse Events version 4.0.

> Results: From September 2012 to November 2018, a total of 19 patients with localized pancreatic cancer were treated with SBRT for isolated local recurrence after initial surgical resection. No patients had prior radiation. The median biologically effective dose (BED_{10}) was 54.8 Gy (range, 37.5–54.8 Gy). Median OS was 17.1 months, with 6-month and 1-year OS rates of 94.4% and 69.6%, respectively. Nine patients (47.4%) developed local failure after SBRT. Pattern of first failure after SBRT was distant in 7 patients (46.7%), local in 5 patients (33.3%), and synchronous distant and local in 3 patients (20.0%). One patient developed local failure after developing distant disease first. Of the 9 local failures, 3 (33.3%) were out-of-field. Median LPFS was 22.2 months, with 6-month and 1-year LPFS rates of 86.9% and 63.2%, respectively. A BED₁₀ <54.8 Gy was associated with inferior LPFS (1-year, 25.0% *vs.* 80.2%, P<0.009). Median DMFS and PFS were 15.6 months. There was 1 case (5.3 %) of grade 3 gastric perforation. There were no cases of grade 4–5 toxicity events.

> **Conclusions:** SBRT for locally recurrent pancreatic cancer after initial curative resection is safe and feasible. A BED₁₀ <54.8 Gy was significantly associated with inferior local control. Further studies investigating dose escalation and optimal treatment volumes in the locally recurrent setting are warranted.

> Keywords: Stereotactic body radiation therapy (SBRT); pancreatic ductal adenocarcinoma; locally recurrent pancreatic cancer; isolated local recurrence; overall survival (OS)

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Introduction

Pancreatic cancer is the 8th most common cancer and the 3rd most common cause of cancer deaths in the United States, accounting for approximately 48,000 deaths each year (1). The incidence of pancreatic cancer is rising and is expected to be the 2nd most common cause of cancer deaths by the year 2030 (2). Management of pancreatic cancer is dependent on disease extent and usually involves a combination of surgery, chemotherapy, and radiation therapy (3). After aggressive multimodality therapy, outcomes are guarded, with 5-year overall survival (OS) rates of less than 15% for localized disease (4).

Although most patients fail distally after resection of localized pancreatic cancer, a significant proportion can develop locoregional relapse (5,6). In fact, the first site of failure after curative resection can be locoregional in up to 45–50% of recurrences (7,8). Furthermore, uncontrolled local progression can lead to a various complications, which in turn, can negatively impact morbidity and mortality outcomes (9,10). As systemic therapy continues to improve, allowing patients to live longer, it is expected that the incidence of locoregional failures may rise, highlighting the need for further investigation into the management of locoregional relapse (11,12).

The optimal treatment of locoregional failure following initial curative resection is unknown. Management options include re-resection, radiation therapy, chemotherapy, or combination therapy. Several studies have shown that reresection of local recurrences can significantly improve outcomes when compared to unresected disease (13-15). Unfortunately, most patients are not suitable for re-resection because of medical co-morbidities and/or technically unresectable disease. Non-invasive local therapies such as stereotactic body radiation therapy (SBRT) may be an appealing option in these situations. Although a few reports have investigated SBRT for locally recurrent pancreatic cancer, limitations of these studies include small sample size and heterogeneous patient populations, such as including previously irradiated or unresected disease (16-20). As such, we report on clinical outcomes and toxicity in a cohort of radiation-naïve patients who was treated with SBRT for locally recurrent pancreatic cancer after surgical resection. We present the article in accordance with the STROBE reporting checklist (available at [https://jgo.amegroups.com/](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/rc) [article/view/10.21037/jgo-22-38/rc\)](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/rc).

Methods

Study design

This was a single-institution retrospective study of patients who developed local recurrence following surgical resection and were subsequently treated with SBRT. Patients were included in the study if they met the following criteria: (I) biopsy confirmed diagnosis of pancreatic adenocarcinoma, (II) surgical resection of primary disease, (III) local recurrence detected on imaging, (IV) no prior history of radiation therapy, (V) underwent SBRT for local recurrence, (VI) no other local therapy for local recurrence, (VII) routine follow-up with computed tomography (CT) scans. All local recurrences were confirmed by an expert radiologist specializing in gastrointestinal imaging. Common Terminology Criteria for Adverse Events version 4.0 was used for toxicity assessment. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by institutional ethics board of Johns Hopkins University (IRB00285919) and individual consent for this retrospective analysis was waived.

SBRT details

Prior to simulation, patients were considered for endoscopic ultrasound-guided placement of metal fiducials for image-guided radiation therapy. If present, other structures such as surgical clips placed at time of initial surgery, vessel calcifications, or biliary stents were assessed for candidacy for image guidance and if sufficient, fiducial placement was deferred. During simulation, patients were immobilized placed in a Vac-lok device (CIVCO Medical Solutions, Coralville, IA, USA) with arms above their head. Thin-sliced (2 mm) CT scans with intravenous contrast were acquired for treatment planning. To minimize intrafractional motion, patients were simulated under breath-hold conditions (ABC, Elekta, Stockholm, Sweden). Patients unable to tolerate breath-hold underwent a free breathing 4-dimension CT scan. An internal target volume

Figure 1 Representative SBRT plan displayed on (A) axial, (B) sagittal, and (C) coronal views of the planning CT scan. The prescription dose was 33 Gy in 5 fractions to the 86.0% isodose line. Orange colorwash represents the PTV. Green crosshair represents isocenter. SBRT, stereotactic body radiation therapy; CT, computed tomography; PTV, planning target volume.

(ITV) was created from the peak expiratory and inspiratory phases of the scan. Pinnacle Treatment System (Phillips Radiation Oncology Systems, Fitchburg, WI, USA) was used for target and organ at risk delineation. The gross tumor volume (GTV) included gross disease plus the full extent of involved and adjacent vasculature. The planning target volume (PTV) was generated by a 3–5 mm isotropic expansion on the GTV or ITV. The following planning objectives were utilized: (I) dose coverage—prescription isodose to cover ≥98% of GTV and ≥90% of PTV, (II) gastrointestinal structures—V33 Gy <1 cc, V25 Gy <20 cc, maximum dose (Dmax) to planning organ at risk volume (3 mm expansion of gastrointestinal structures)—40 Gy, (III) combined kidneys—V12 Gy <25%, (IV) liver— V12 Gy <50% and greater than 700 cc <15 Gy, (V) spinal canal—V8 Gy <1 cc. Pre-treatment and intrafraction cone beam CT scans were acquired for setup evaluation. Shifts were made to align to spine and then to align to fiducials, surgical clips, vessel calcifications, and/or biliary stent. Treatments were performed on an Elekta linear accelerator unit (Elekta). *Figure 1* shows a representative SBRT plan.

The decision to administer chemotherapy prior to and/or after SBRT was determined by the medical oncology.

Clinical outcome definitions

All clinical outcomes were calculated from completion of SBRT. OS was defined as time to death or last known follow-up for patients who were alive. Local progression included both in-field and out-of-field progression. Infield progression was defined as progression confined to the PTV, while out-of-field progression was defined as progression outside the PTV but within elective nodal areas. For all tumors, elective nodal areas included celiac axis, porta hepatis, superior mesenteric, and peri-aortic lymphatics. Local progression-free survival (LPFS) was defined as time to development of local progression on imaging or last known negative imaging for those without local recurrence. Distant metastasis-free survival (DMFS) was defined as time to development of distant progression on imaging or last known negative imaging for those without distant progression. Progression-free survival

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ECOG, Eastern Cooperative Oncology Group; CA 19-9, cancer antigen 19-9; FFX, FOLFIRINOX; GnP, gemcitabine plus nab-paclitaxel.

(PFS) was defined as time to death, development of any progression on imaging, or last known negative imaging for those without any disease progression.

Statistical analysis

Patient, disease, and treatment information were recorded including age, sex, performance status, disease extent, chemotherapy type and duration, surgery type, tumor size, nodal status, disease grade, local recurrence extent, and SBRT treatment details. Kaplan-Meier analysis was used for survival outcomes including OS, LPFS, DMFS, and PFS. Univariate (UVA) Cox analysis was carried out to identify variables associated with clinical outcomes. Statistical significance was defined as a two-sided P value <0.05. Receiver operating characteristic analysis was used to identify optimal cut-off values for continuous variables significant on UVA. Statistical analyses were performed with JMP version 14.0 (SAS institute, Cary, NC, USA) and SPSS version 27 (SPSS Inc., Chicago, IL, USA).

Results

Patient, primary disease, and primary treatment characteristics

From September 2012 to November 2018, a total of 19 patients were treated with SBRT for locally recurrent pancreatic cancer following surgical resection. Baseline patient, primary disease, and primary treatment characteristics are shown in *Table 1*. The median age of the cohort was 67.2 years (range, 40.9–89.6 years). At time of initial diagnosis, 16 patients (84.2%) had resectable disease and 3 patients (15.8%) had borderline resectable disease. Median cancer antigen 19-9 (CA 19-9) at initial diagnosis was 49.9 U/mL (range, 1.0–>10,000 U/mL). Neoadjuvant chemotherapy was administered to 5 patients (26.3%), while adjuvant chemotherapy was given to 15 patients (78.9%). Initial surgical resection consisted of Whipple procedure in 14 patients (73.7%), distal pancreatectomy in 3 patients (15.8%), and total pancreatectomy in 2 patients (10.5%). Positive margins were seen in 4 patients (21.1%), and node positive disease was seen in 8 patients (42.1%).

Local recurrence and treatment information

Table 2 displays local recurrence and treatment information for all patients. The median time from surgical resection to development of local recurrence was 13.5 months

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mesenteric vein; GnP, gemcitabine plus nab-paclitaxel.

Figure 2 LPFS (A) and LPFS by BED₁₀ (B) cutoff of 54.8 Gy. BED₁₀, biologically effective dose; LPFS, local progression-free survival.

(range, 2.3–53.0 months). Extent of vascular involvement was as follows: superior mesenteric vein (9/19, 47.4%), portal vein (8/19, 42.1%), superior mesenteric artery (6/19, 31.6%), and celiac axis (5/19, 26.3%). Peri-SBRT chemotherapy was administered to 10 patients, in the pre-SBRT (3/19, 15.8%) or post-SBRT (8/19, 42.1%) setting for micrometastatic disease and/or to delay recurrence. Pre-SBRT chemotherapy regimens included FOLFIRINOX (FFX), gemcitabine plus nab-paclitaxel, gemcitabine plus capecitabine, and gemcitabine alone for a median of 3 months (range, 2–4 months). Post-SBRT chemotherapy regimens consisted of FFX, gemcitabine, FOLFOX, and capecitabine for a median of 1.5 months (range, 0.5–4 months). Peri-SBRT chemotherapy was not administered to 9 patients due to poor tolerability of initial chemotherapy (n=5), old age (n=1), local progression while on adjuvant chemotherapy (n=1), indolent disease (n=1), and normalization of CA 19-9 after SBRT (n=1). Radiation dose/fractionation regimens were as follows: 33 Gy in 5 fractions (12/19, 63.1%), 25 Gy in 5 fractions (4/19, 21.0%), 28 Gy in 5 fractions (1/19, 5.3%), 27 Gy in 4 fractions (1/19, 5.3%), and 26.4 Gy in 4 fractions (1/19, 5.3%). The median biologically effective dose (BED_{10}) was 54.8 Gy (range, 37.5–54.8 Gy). Eight patients (42.1%) had endoscopic placement of metal fiducials for image-guided radiation therapy. Median PTV was 93.7 cc (range, 17.9–336.8 cc), and median prescription isodose was 85.1% (range, 71.8–97.0%). Radiation modality was intensity modulated radiation therapy in 12 patients (63.2 %) and volumetric modulated arc therapy in 7 patients (36.8%). Active breathing control was used in 14 patients (73.7%), while 5 patients (26.3%) were treated under free-breathing conditions.

Clinical outcomes

Median follow-up after SBRT was 16.6 months (range, 1.5–87.3 months). Pattern of first failure after SBRT were as follows: distant in 7 patients (46.7%), local in 5 patients (33.3%), and synchronous distant and local in 3 patients (20%). Of the 7 patients who failed distally first, 1 eventually developed local failure. Of the 5 patients who failed locally first, 2 went on to develop distant progression.

Median LPFS was 22.2 months, with 6-month, 1 and 2-year LPFS rates of 86.9%, 63.2%, and 42.1%, respectively (*Figure 2A*). A total of 9 patients (47.4%) developed local failure after SBRT. Of note, 3 (33.3%) of these local failures were out-of-field, involving the porta hepatis (n=1), pancreaticojejunostomy (n=1), and pancreatic remnant (n=1). On UVA, only BED_{10} as both a continuous and discrete variable (54.8 *vs.* <54.8 Gy) was associated with LPFS [hazard ratio (HR) =0.13; 95% CI: 0.02–0.76; P=0.023] (*Table 3*). Patients treated with BED_{10} of 54.8 Gy had a median LPFS of 25.0 months (6-month, 1- and 2-year rates of 91.7%, 80.2%, and 64.2%) *vs.* 7.8 months (6-month, 1- and 2-year rates of 75.0%, 25.0%, and 0%) in patients treated with BED_{10} <54.8 Gy (log-rank P=0.009) (*Figure 2B*).

Median OS was 17.1 months, with 6-month, 1- and 2-year OS rates of 94.7%, 71.3%, and 29.7%, respectively (*Figure 3A*). At last follow-up, 14 patients were dead and 5 were alive or had unknown status. Median DMFS was 15.6 months, with 6-month, 1- and 2-year DMFS rates of 77.8%, 51.9%, and 31.1%, respectively (*Figure 3B*). Median PFS was 15.6 months, with 6-month, 1- and 2-year PFS rates of 71.3%, 51.9%, and 25.9%, respectively (*Figure 3C*). At last follow-up, 4 patients (21.1%) were without any

Table 3 UVA analysis of LPFS

UVA, univariate; LPFS, local progression-free survival; HR, hazard ratio; BED₁₀, biologically effective dose; GTV, gross tumor volume; CA 19-9, cancer antigen 19-9; SBRT, stereotactic body radiation therapy.

Figure 3 OS (A), DMFS (B), and PFS (C). OS, overall survival; DMFS, distant metastasis-free survival; PFS, progression-free survival.

evidence of disease. [Tables S1-S3](https://cdn.amegroups.cn/static/public/JGO-22-38-Supplementary.pdf) demonstrate UVA for other clinical outcomes. No variables were associated with OS, DMFS, or PFS, with the exception of age (HR =0.99; 95% CI: 0.88–0.99; P=0.035) for DMFS.

Radiation related toxicity

Acute grade 1–2 toxicity was seen in 15 patients (78.9%), with the most common being fatigue (n=12), nausea (n=7), pain (n=3), anorexia (n=2), and diarrhea (n=1). There were no

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acute grade \geq 3 toxicity events. Only one event of late grade 3 toxicity was observed. One patient (5.3%) developed gastric perforation approximately 13 months after being treated with SBRT to 33 Gy in 5 fractions. Abdominal CT showed fluid and air collections posterior to the gastric wall adjacent to prior placed surgical clips. The patient was admitted to an outside institution so details regarding intervention is unknown. However, the patient recovered and had follow-up roughly 1 month after this event. Stomach Dmax was 30.9 Gy. There were no cases of grade 4+ toxicity.

Discussion

We demonstrate that SBRT for locally recurrent pancreatic cancer after surgical resection to a median dose of 33 Gy in five fractions (BED₁₀ of 54.8 Gy) is well tolerated. There were no cases of acute grade \geq 3 toxicity, 1 case (5.3%) of late grade 3 toxicity, and no grade 4–5 events. Durable local control for the overall cohort was modest, with 6-month, 1- and 2-year LPFS rates after SBRT of 86.9%, 63.2%, and 42.1%, respectively, but local failure was particularly poor for patients treated with a BED_{10} of <54.8 Gy. Out-of-field local failures were also seen. Both findings highlight the need to further optimize both dose and treatment volumes in the locally recurrent setting.

Pancreatic cancer is thought to be a systemic disease with distant failure being most common after primary treatment (5,6,21). In fact, distant progression is seen in up to 79% of patients after curative resection (21). However, locoregional recurrence is also problematic (22). A secondary analysis of the ESPAC-4 phase III trial and an Australian phase II study demonstrated that the pattern of first failure after surgical resection was locoregional in 49.7% and 45.5% of patients, respectively (7,8). Given improvements in systemic therapy, with multi-agent chemotherapy, it is likely that the incidence of local failures will rise (11,12). Furthermore, uncontrolled locoregional disease can be severely debilitating and can negatively impact mortality. Cardillo *et al.* (9) showed that the majority of hospitalizations in pancreatic cancer patients were a result of local progression leading to complications such as cholangitis, biliary obstruction, and gastrointestinal bleeding. Additionally, an autopsy study showed that up 30% of pancreatic cancer patients die from locally destructive disease (10). Therefore, durable locoregional control is imperative in the management of pancreatic cancer.

Locoregional disease after curative resection can be managed with re-resection, radiation therapy, chemotherapy, or combination therapy. The management approach depends on many factors including performance status, disease extent, and patient preference. Recent studies have shown that re-resection can lead to promising outcomes (13-15,23). Miyazaki *et al.* (15) showed that re-resection of locally recurrent disease after initial pancreatectomy was associated with improved median OS (25.0 *vs.* 9.3 months, P<0.01). Strobel *et al.* (14) demonstrated similar findings (median OS, 26.0 *vs.* 10.8 months, P<0.05), with further improvement in OS with R0 resection. However, perioperative morbidity rates can be as high as 27% (15). Additionally, many patients are not candidates for surgery due to medical co-morbidities and/or too locally advanced disease characterized by extensive vascular involvement at time of recurrence. As such, minimally invasive local therapies such as SBRT may have a role in these situations.

There are several reports on the role of SBRT for locally recurrent pancreatic cancer after resection (16-20). However, many of these studies are limited by heterogeneous patient populations, such as including patients with unresected disease and/or those with prior radiation. The two largest studies are by Zeng *et al.* and a prior analysis from our institution by Ryan *et al.* (16,17). Zeng *et al.* (17) reported on 24 radiation-naïve patients who developed local recurrence after surgical resection and were subsequently treated with SBRT. They demonstrated excellent 6-month and 1-year local control rates of 95.2% and 83.8%, respectively (16). Ryan *et al.* (16) reported on a similar cohort of 51 patients, of which 26 were radiationnaïve and 25 had prior radiation. The majority (88%) of patients in their study received pre-SBRT chemotherapy compared to just 3 patients (15.8%) in our cohort. In the 26 radiation-naïve patients, 6-month and 1-year local control rates were 75% and 62%, respectively, which is consistent with our findings (6-month: 86.9%; 1-year: 63.2%). Improved local control in the series by Zeng *et al.* (17) may be explained by the use of higher radiation dose. In their study, the median SBRT dose/fractionation was 45 Gy/ 5 fractions (BED₁₀ of 85.5 Gy), compared to 33 Gy/ 5 fractions (BED₁₀ of 54.8 Gy) in our study and 25 Gy/ 5 fractions (BED₁₀ of 37.5 Gy) in the study by Ryan et *al.* (16). Indeed, in our cohort, we demonstrate that low BED_{10} (<54.8 Gy) was associated with significantly inferior local control. These findings may highlight the importance of higher doses for durable local control. Dose escalation for local recurrence after surgery may be an attractive approach given recent data demonstrating promising local control and OS outcomes for unresectable disease treated with

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higher doses (24,25). Additionally, dose escalation in the post-Whipple setting may be better tolerated than expected given that the duodenum has been removed. Further studies investigating the feasibility and efficacy of ablative radiation for local recurrences post-surgery are warranted.

Moreover, in our study, some patients developed outof-field locoregional failures. Similar findings were demonstrated by Zeng *et al.* (17). Although they only included in-field failures in their analysis of LPFS, 50% of all locoregional failures were out-of-field. These data suggest that treatment of the gross disease alone, as visualized on cross-sectional imaging, may not be sufficient and that inclusion of elective tissue at risk for microscopic disease may be warranted. Indeed, there is controversy regarding optimal treatment volumes of unresectable pancreatic cancer. Consensus guidelines suggest treating gross disease alone, while others have shown that elective nodal irradiation may be warranted (26-30). Recent studies have shown that elective coverage is well tolerated even when given with ablative doses to gross disease (24,31). Additionally, Miller *et al.* (30) demonstrated that elective nodal irradiation can improve locoregional control (2-year: 22.6% *vs.* 44.6%, P=0.021). Unfortunately, there are no studies investigating elective nodal treatment in the locally recurrent setting. Interestingly, two of the outof-field local failures in our cohort were seen at the pancreaticojejunostomy and the pancreatic remnant, raising the question as to whether these structures should also be considered for inclusion in the radiation field in this setting. Further investigation into appropriate treatment volumes for these patients should be pursued.

Limitations of this retrospective analysis should be recognized. Treatment of the primary disease was heterogeneous with regards to chemotherapy and surgical approach. Similarly, peri-SBRT chemotherapy regimens and durations varied significantly, which may have impacted clinical outcomes. The small sample size also limits the strength of the findings and limited our ability to identify variables associated with outcomes. Such information would have potentially allowed us to comment on ideal candidates for SBRT. The strengths of this study include its long follow-up time, homogenous patient population, and homogenous SBRT dose/fractionation. These findings add to the limited literature on the role of SBRT for isolated local recurrence following resection of pancreatic cancer.

In conclusion, we show that SBRT to a median dose of 33 Gy in five fractions for locally recurrent pancreatic cancer after surgical resection is well tolerated, with just 1 episode of late grade 3 toxicity and no events of grade 4–5 toxicity. Local control was modest with 6-month, 1- and 2-year LPFS rates of 86.9%, 63.2%, and 42.1%, respectively. Of note, radiation dose was significantly associated with local control. As such, further investigation into dose escalation and appropriate treatment volumes for locally recurrent disease after surgical resection is warranted.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at [https://jgo.](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/rc) [amegroups.com/article/view/10.21037/jgo-22-38/rc](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/rc)

Data Sharing Statement: Available at [https://jgo.amegroups.](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/dss) [com/article/view/10.21037/jgo-22-38/dss](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/dss)

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at [https://jgo.](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/coif) [amegroups.com/article/view/10.21037/jgo-22-38/coif](https://jgo.amegroups.com/article/view/10.21037/jgo-22-38/coif)). JMH serves as an unpaid editorial board member of *Journal of Gastrointestinal Oncology* from January 2021 to December 2022. JMH is a former employee of pancreatic action network and consultant for the 1440 foundation. JMH currently has a grant through the 1440 foundation where funds are provided to Northwell for protected time to lead the Canopy Cancer Collective Learning Health Network. JM receives royalties from Uptodate and Springer and honorarium from Springer. The other authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by institutional ethics board of Johns Hopkins University (IRB00285919) and individual consent for this retrospective analysis was waived.

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