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## Oncolytic Viruses and Immunity

Shyambabu Chaurasiya, PhD<sup>1</sup>, Nanhai G Chen, PhD<sup>1,2,3</sup>, Yuman Fong, MD<sup>1,2</sup>

<sup>1</sup>Department of Surgery, City of Hope National Medical Center, Duarte CA USA

<sup>2</sup>Center for Gene Therapy, Department of Hematology and Hematopoietic Cell Transplantation, Beckman Research Institute, City of Hope National Medical Center, Duarte CA USA

<sup>3</sup>Gene Editing and Viral Vector Core, Beckman Research Institute, City of Hope National Medical Center, Duarte CA USA

### Abstract

Initially, direct oncolysis was thought to be the sole mechanism through which oncolytic viruses (OVs) exert their anti-tumor effect, and the immune system was perceived as the major obstacle in oncolytic virotherapy. Over the last decade, there has been a lot of debate on whether the immune system is a friend or foe of OVs. However, we are now at a stage where the initial thinking has been reversed as a result of compelling evidence that the immune system plays a critical role in the success of oncolytic virotherapy. In this review we discuss the importance of the involvement of innate and adaptive immunity for therapeutic efficacy of OVs, and the rational combination of OVs with other immunotherapies for further enhancement of overall therapeutic outcome.

### Keywords

oncolytic virotherapy; anti-OV immunity; immunotherapy; immune modulation

## Introduction - Oncolytic Viruses

Oncolytic virotherapy is a novel therapeutic approach that utilizes replication-competent viruses, which selectively replicate in and lyse cancer cells while leaving normal cells unharmed. During the course of cancer evolution, cancer cells accrue multiple mutations that allow them to grow in an uncontrolled manner [1]. The very same mutations that help cancer cells to thrive are targeted by naturally occurring OVs (*e.g.* reovirus [2,3] and vesicular stomatitis virus (VSV) [4]) or genetically engineered OVs (*e.g.* adenovirus [5,6] and herpesvirus [7]). After infecting cancer cells, OVs hijack the cell death machinery allowing death to occur only after cellular resources have been fully exploited for maximum production of progeny viruses [8]. As such, the complex cell death caused by oncolysis may not always fit into conventional cell death classifications: apoptosis, necrosis and

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Correspondence should be addressed to: Yuman Fong, MD, Department of Surgery, City of Hope National Medical center, 1500 E Duarte Rd., Duarte, CA – 91010., Phone: 626-256-4673, Fax: 626-471-9212, yfong@coh.org.

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autophagy [8,9]. Furthermore, unlike chemo- and radiation-therapy, OV<sub>s</sub> are self-amplifying therapeutics, whose therapeutic outcome is determined by a three-way race among tumor growth, virus replication, and immune activation [10].

## Immunity and Cancer Therapy

The immune system's role in cancer therapy has, historically, been neglected, which is evident from the fact that National Cancer Institute, USA, has used human xenografts in immune-deficient mice for testing oncologic drugs since 1976 [11,12]. Only recently the importance of immune system in cancer therapy is being appreciated. Indeed, recent studies suggest that the efficacy of chemo- and radiationtherapy, previously thought to exert their anti-tumor effect purely by direct cytotoxicity, depends on immune system involvement [13]. With the realization of the potent anti-tumor effect of appropriately activated immune system, the last two decades have seen a surge of interest in the field of cancer immunotherapy. Here we discuss the interactions among OV<sub>s</sub>, immune system and cancer, and the therapeutic outcome thereof.

## OV<sub>s</sub> and Immune System

The innate immunity serves as a first line of defense against viruses, which limits the amplification and spread of viruses, whereas the adaptive immunity plays a major role against the virus during re-infection [14]. Antibodies could potentially neutralize OV<sub>s</sub>, greatly reducing the virus dose at the tumor site. This is a concern especially when delivering OV<sub>s</sub> systemically. Nevertheless, levels of neutralizing antibodies do not appear to correlate with efficacies of OV<sub>s</sub> in clinical studies [15,16]. Kim *et al.* reported 'antibody-mediated complement-dependent cancer cell lysis' as an important mechanism for therapeutic efficacy of the oncolytic virus JX-549 both in an animal model as well as in humans [17].

In the context of cellular innate immunity, natural killer (NK) cells are considered to have potent anti-tumor as well as anti-viral effect. Virus-infected cancer cells tend to down-regulate their class I major histocompatibility complex (MHC) making themselves a good target for NK cells [18,19]. Although NK cells may kill infected cancer cells and limit the amplification of OV<sub>s</sub>, studies have found that NK cells often have positive effects on therapeutic outcomes of OV<sub>s</sub> [18–24]. Furthermore, NK cells may play a role in the maturation of dendritic cells (DCs) and they can also induce differentiation of cancer stem cells as well as poorly differentiated cancer cells, through secretion of IFN- $\gamma$  and TNF- $\alpha$  [25,26]. In this regard, one would expect the combination of NK cells with OV<sub>s</sub> to result in greater anti-tumor effect. Indeed, several studies have shown that the combination of NK cells with OV<sub>s</sub> can result into additive or synergistic anti-tumor effect [27,28].

Viruses can be taken up by antigen presenting cells directly through macropinocytosis or indirectly when OV-infected cells are engulfed, leading to presentation of viral antigens to T cells and ultimately activating the adaptive arm of the immune system against viruses [29]. Despite this possibility of anti-OV effect of adaptive immunity, most studies suggest that adaptive immunity enhances the therapeutic outcome of OV<sub>s</sub> [30,31].

Several preclinical studies have demonstrated a prime role of immune system in the therapeutic efficacies of a wide range of OV's (Table 1) [32–37]. Prestwich *et al.*, 2009, published one of the most compelling studies demonstrating the requirement of immune system in oncolytic virotherapy [38]. Their study reported that an oncolytic reovirus was able to purge lymph node and splenic metastases from the murine melanoma cell line B16Ova, a line that is extremely resistant to reovirus *in vitro*, in immune-competent C57BL/6 mice but not in severe combined immunodeficient mice. This study concluded that virus-mediated immune responses, rather than virus-mediated oncolysis, were critical for the anti-tumor efficacy of the reovirus [38]. Similarly, Apostolidis *et al.* found that locoregional administration of an oncolytic Newcastle disease virus (NDV) in immune-competent mice could significantly delay growth of tumors established from the murine colon cancer cell line CT26, despite these cells being very resistant to NDV *in vitro* [39]. In line with this, Diaz *et al.* showed that an oncolytic VSV that replicates extremely aggressively in B16Ova cells *in vitro* has no anti-tumor effect against B16Ova tumors, in mice, in the absence of CD8+ T cells or NK cells [21]. Furthermore, incorporation of immune-stimulatory genes such GM-CSF [40], IL-12 [41], IL-2 [42], IL-15 [43] and RANTES [44] in OV's has been shown to enhance therapeutic efficacy of OV's in immune-competent animal models. Importantly, in some instances, even non-replicating, heat or UV-inactivated viruses have been shown to eradicate established tumors in immune-competent animal models, underscoring the impact of immune system on virus-mediated anti-tumor effect [45,46].

Although there is not enough clinical data to conclude if the importance of immunity in the overall therapeutic efficacy of OV's in human patients will be similar to what has been observed in preclinical studies, there are some indications that immune system would favor oncolytic virotherapy in the clinical setting (Table 1). For example, in a phase I clinical trial, Talimogene laherparepvec or T-VEC, an oncolytic herpes simplex virus encoding human GM-CSF, was found to increase immune cell infiltration into OV-injected tumors, and 4 out of 30 patients showed extensive inflammation in uninjected tumors, suggestive of systemic anti-tumor immune responses [47]. T-VEC also showed anti-tumor activities in both injected and uninjected distant lesions including visceral metastases in melanoma patients in phase II and III clinical trials [48,49]. Analysis of immune cells in the patients revealed that intra-lesional injection of the virus induced local and systemic antigen-specific T cell responses, and significantly reduced immune-suppressive cells (Tregs and MDSCs) [50]. Likewise, an oncolytic vaccinia virus JX-594, which also encodes hGM-CSF was shown to regress both injected and uninjected liver tumors in a phase I clinical trial [16]. Regression of the uninjected tumors was thought to be due to activation of systemic anti-tumor immunity, although there was no direct evidence to prove this. Furthermore, in a case report of an ovarian cancer patient treated with an oncolytic adenovirus encoding hGM-CSF (ONCOS-102), progressive infiltration of CD8+ T cells in the tumor and concomitant systemic induction of tumor-specific CD8+ T cells were observed [51]. Taken together, these preclinical and clinical studies make a strong case for the critical role of immunity in the success of oncolytic virotherapy.

## Mechanism of Anti-tumor Immune Modulation by OVs

In the last two decades the field of cancer immunotherapy has seen some major breakthroughs culminating into the FDA approval of several immunotherapeutics. While the approved immunotherapeutics, mostly immune checkpoint inhibitors (ICIs), have shown impressive and long-lasting responses in a subset of cancer patients, majority of patients fail to respond to these agents [52]. ICIs, such as anti-PD-1/PD-L1 and anti-CTLA-4, act by restoring T cell function and rely on pre-existing tumor-specific T cells for therapeutic success [52,53]. Immunologically unresponsive or ‘cold’ tumors have one or more of the following characteristics: lack of tumor antigens, lack of T cells recognizing tumor antigens, heavy presence of immunosuppressive cells such as regulatory T cells (Tregs), myeloid-derived suppressor cells (MDSC), M2 macrophages and immunosuppressive cytokines such as IL-10 and TGF- $\beta$  [52,54], and are very likely to be resistant to ICIs [54].

OVs have the potential to convert immunologically ‘cold’ tumor into an inflamed, immunologically ‘hot’ tumor (Figure 1). There are a variety of mutually non-exclusive mechanisms through which OVs could modulate the tumor microenvironment (TME). First, oncolysis by OVs could cause the release of tumor associated/specific antigens and enhance cross-presentation of such antigens by dendritic cells (DCs), ultimately eliciting adaptive immunity against tumor [55–60]. Second, OVs are known to induce immunogenic cell death (ICD) [61], which plays an important role in the induction of anti-tumor adaptive immunity [62]. Discussion of the mechanisms through which OVs induce ICD is beyond the scope of this review; readers are encouraged to see an excellent review by Guo and Bartlett on this topic [63]. Third, some OVs such as reovirus [64] and VSV [65] can directly interact with DCs and enhance their antigen priming capability. Fourth, OVs have the ability to reduce immune-suppressive Tregs and MDSCs in the TME [50]. Lastly, OVs can modulate the cytokine milieu in the TME *e.g.*, reovirus infection in human melanoma cells has been shown to abrogate the immunosuppressive cytokine IL-10 and enhance secretion of the proinflammatory cytokines IL-6, IL-8, RANTES and MIP-1 $\alpha/\beta$  [66]. Likewise, infection with oncolytic VSV in murine melanoma cells rapidly induced proinflammatory cytokines including IL-6, type I IFN and TNF- $\alpha$  [67]. Interestingly, the cytokines/chemokines upregulated by these OVs are not only immunostimulatory in function but they can also kill residual uninfected cancer cells [67]. Perhaps the best evidence for the therapeutic potency of simply modulating TME through virus infection comes from a recent study by Dai *et al.* [46]. In this study the authors showed that repeated intra-tumoral injection of heat-inactivated modified vaccinia virus Ankara could eradicate tumors in different aggressive murine tumor models. Although the virus used in this study is not an oncolytic virus, this study provides an insight into the anti-tumor potency of virally-modulated TME. Taken together, these studies suggest that OVs have the potential to modulate TME from immunologically ‘cold’ to immunologically ‘hot’ status.

## Combination of OVs with Immunotherapeutics

Given the potential of OVs to modulate the immune landscape in TME, it would be logical to surmise that combination of OVs with immunotherapeutics may result in synergistic therapeutic effect. Indeed, a study by Woller *et al.* showed that localized tumor infection

with an oncolytic adenovirus could overcome systemic tumor resistance to PD-1 inhibitor by broadening neoantigens-directed T cell responses in mice [58]. Interestingly, the tumor cells were found to upregulate their PD-L1 expression in response to virus infection. Therefore, both the therapeutics complemented each other and the outcome was a synergistic anti-tumor effect [58]. Very recently, Ribas *et al.* reported the findings of a phase Ib trial in which they studied the impact of T-VEC on therapeutic efficacy of anti-PD-1 antibody pembrolizumab in patients with metastatic melanoma [68]. The combination treatment was well tolerated; T-VEC was found to promote T cell infiltration into tumors and improved the overall therapeutic efficacy of pembrolizumab. This clinical trial essentially confirmed the findings from animal study that OV<sub>s</sub> can enhance the therapeutic efficacies of checkpoint inhibitors by converting immunologically ‘cold’ tumors into immunologically ‘hot’ tumors [54,58,60]. This study provides the hope that the benefits of checkpoint inhibitors may be harnessed in combination with OV<sub>s</sub>, even in tumor types that have previously shown very poor response to checkpoint inhibitors, such as breast, prostate and colon cancer [52].

Another logical combination of OV<sub>s</sub> would be with chimeric antigen receptor (CAR)-redirected T cells. CAR-T cells can recognize whole antigens (MHC unrestricted) on tumor cell surface, minimizing the probability of cancer cell escape by MHC I downregulation [69]. Several studies have shown the feasibility of using CAR-T cells for targeting virus-encoded antigens [70–72]. The combination of an OV encoding a unique tumor antigen with a CAR-T that recognizes the virus-encoded antigen should work synergistically potentially through: (i) tumor debulking by the OV, (ii) positive modulation of immunity in TME by OV for optimal function of CAR-T cells, and (iii) CAR-T cells should be able to kill infected residual cancer cells that may be resistant to the OV.

## Conclusion

The success of oncolytic virotherapy depends on its ability to mobilize the host’s immune system against tumor. The approval of T-VEC has sparked great optimism in the field of oncolytic virotherapy with several more OV<sub>s</sub> currently being evaluated in the advanced phase of clinical trials. On the other hand, immunotherapeutics such as ICIs have shown unprecedented response rates in the clinic, bringing the field of immunotherapy into the main limelight of cancer therapy. However, both of these therapeutical platforms are still far from being adequate and more work needs to be done in order to expand the therapeutic benefits to broader population of cancer patients. Given the ability of oncolytic virotherapy and immunotherapy to complement each other, it would be reasonable to expect that their combination would be more effective in the battle against cancer.

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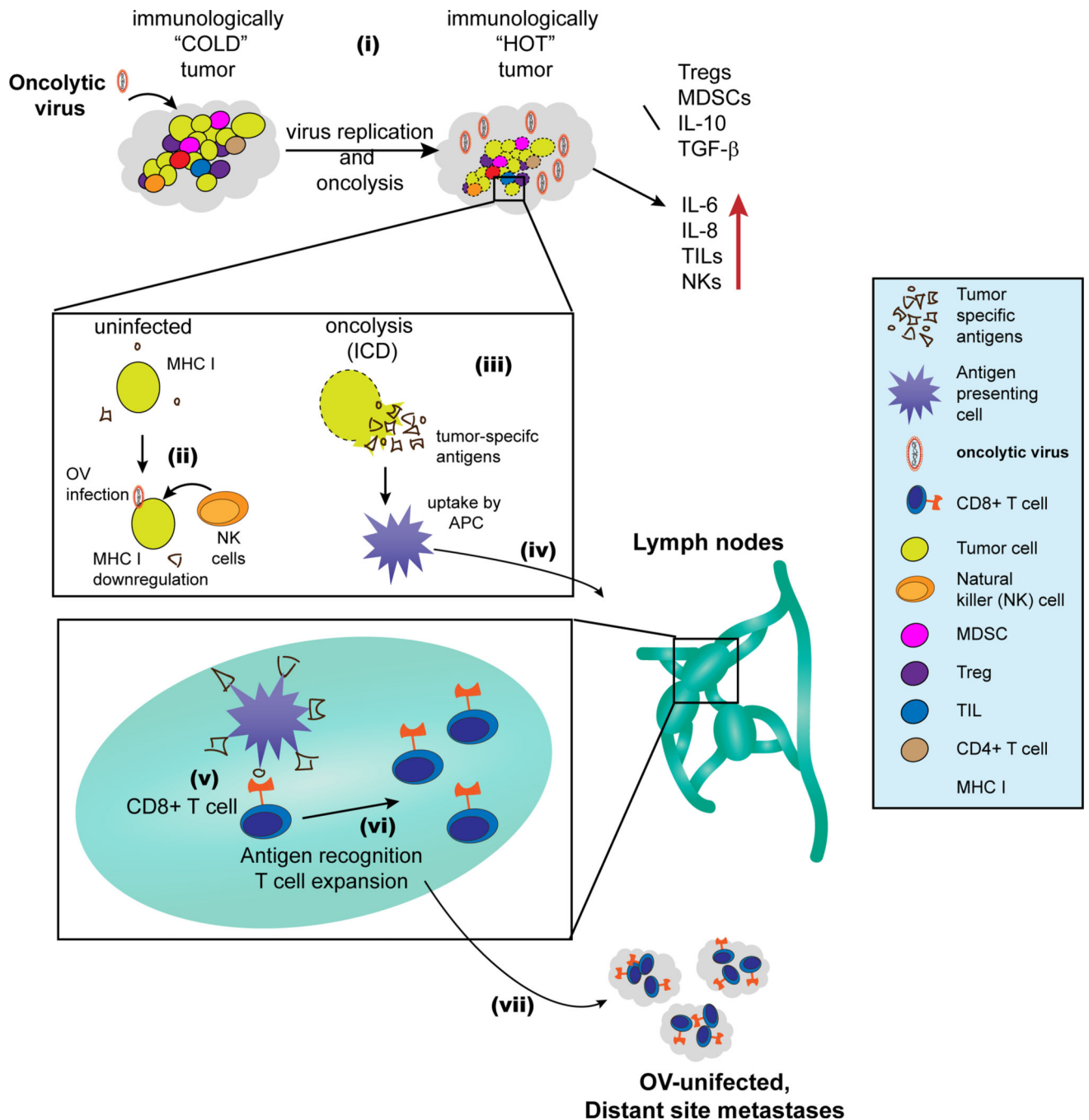
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### Highlights

- Oncolytic viruses (OVs) elicit innate and adaptive immune responses against tumors
- Although the immune system can react against OVs, a functional immune system is key to OV efficacy
- OVs induce immunogenic cell death in cancer cells
- OVs can change the immunologic landscape of tumor milieu from “cold” to “hot”
- Combination of OV and immunotherapies may result in synergistic anti-tumor effect



**Figure 1. Modulation of the tumor microenvironment by OVs and elicitation of anti-tumor immunity.**

**(i)** OVs convert immunologically "COLD" tumors to immunologically "HOT" tumors: tumors generally have high concentration of immunosuppressive cells and cytokines, which make them immunologically less responsive *i.e.* immunologically "COLD". OVs induce inflammation and inhibit immunosuppressive cells (Tregs and MDSCs) and cytokines (IL-10 and TGF- $\beta$ ). Conversely, OVs also increase proinflammatory cytokines (IL-6 and IL-8) and foster tumor infiltration by NK cells and other TILs. This complex modulation of the

TME by OV<sub>s</sub> converts the tumor to inflamed, immunologically “HOT”. **(ii)** OV infection increases NK cell-mediated killing of tumor cells: tumor cells tend to reduce their MHC I levels in response to virus infection. Reduction in MHC I allows recognition and killing of virus infected cancer cells by NK cells. **(iii)** Oncolysis by OV<sub>s</sub> causes the release of tumor-associated/specific antigens, and OV<sub>s</sub> also induce immunogenic cell death (ICD). **(iv)** Antigen-loaded APCs migrate to the lymph node, where **(v)** they cross-present tumor antigens to CD8<sup>+</sup> T cells. **(vi)** Following activation, the tumor-specific CD8<sup>+</sup> T cells undergo expansion. **(vii)** Finally, the tumor-specific T cells move to both OV injected and uninjected tumors (distant metastases) where they can exert anti-tumor effect.

**Table 1.**

Oncolytic viruses as immunotherapeutics

Type of immunotherapy	Phase of Study (tumor model)	Immune component(s) involved	Therapeutic outcome	References
<b>OV's</b>				
VSV	Preclinical (Melanoma)	CD8+ T cells or NK cells	No regression of B16Ova tumors in mice lacking CD8+ T cells and/or NK cells	[21]
Reovirus	Preclinical (Melanoma)	CTLs	Purging of B16Ova metastases from spleen and lymph node in immune-competent mice but not in SCID mice	[38]
NDV	Preclinical (Colon cancer)	PBMCs	Significant delay in growth of CT26 tumors	[39]
HSV	Preclinical (Sarcoma)	High baseline level of neutrophils was associated with sensitivity to OV; resistance to OV correlated to high baseline level of TAMs	Formation of protective antitumor immunity leading to rejection of subsequent tumor challenges	[33]
Oncolytic adenovirus (Delta24-RGD)	Preclinical (Glioma)	Local rapid release of acute-phase cytokines (including IL-1b and IL-6), interferon gamma (IFN $\gamma$ ), CXCL10, MIP-1 $\alpha$ ; tumor infiltration by macrophages and CD8+ T cells;	Induction of an anti-tumor memory response, which prevented tumor growth upon reinjection of tumor cells	[32]
HSV-2 (FusOn-H2)	Preclinical (Breast cancer)	T cells	Regression of primary and metastatic tumors	[35]
ICP34.5-deleted HSV	Preclinical (Melanoma)	Cytotoxic T cell response; CD4+ and NK cells also implicated	Prolonged survival of mice bearing intracranial melanomas	[36]
<b>OV's armed with immune-stimulatory genes</b>				
HSV-1 encoding GM-CSF	Preclinical	Induction of IFN $\gamma$ , memory T cells	Regression of OV injected and noninjected tumors, resistance to re-challenge formation	[40]
OncoveX <sup>GM-CSF</sup> or T-VEC	Phase I clinical trial (Melanoma) Phase II and III clinical trials (Melanoma)	TILs Local and systemic antigen-specific T cell responses, and significantly reduced immune-suppressive cells (Tregs and MDSCs)	Regression of injected and uninjected tumors Anti-tumor activities in both injected and uninjected distant lesions	[47] [48,49][50]
Oncolytic vaccinia virus IX-594 encoding GM-CSF	Phase I clinical trial (Liver cancer)	Activation of systemic immunity	Regression of both injected and uninjected tumors	[16]
Oncolytic adenovirus encoding GM-CSF (ONCOS-102)	Phase I (Ovarian cancer)	Infiltration of CD8+ T cells in tumor; systemic induction of tumorspecific CD8+ T cells	Local and systemic anti-tumor immune responses	[51]
<b>Combination therapy</b>				
Oncolytic adenovirus with PD-1 inhibitor	Preclinical (Lung cancer)	Neoantigen-directed T cell response	Synergistic anti-tumor effect	[58]



Type of immunotherapy	Phase of Study (tumor model)	Immune component(s) involved	Therapeutic outcome	References
Oncolytic VSV plus recombinant adenovirus vaccine boost	Preclinical (Melanoma)	CD8+ T cells, effector and memory	Combination produced a synergistic increase in numbers of both effector and memory CD8+ T cells	[34]
Adoptive T cell therapy plus oncolytic VSV	Preclinical (Melanoma)	CD8+ T cells, CCR7 <sup>hi</sup>	Autologous CCR7 <sup>hi</sup> T cells destroyed metastatic cells within lymph nodes, spleen and other organs	[37]
Oncolytic Adenovirus encoding CCL20/IL-15 + NK cells + CD8+ T cells	Preclinical (Colorectal cancer)	NK and CD8+ T cells-mediated cytotoxicity	Enhanced anti-tumor activity	[27]
Oncolytic HSV-1 + bortezomib + NK cells	Preclinical (Glioma)	Bortezomib sensitized oHSV infected tumor cells to NK cells	Synergistic anti-tumor effect	[28]
T-VEC plus anti-PD-1 antibody	Phase Ib trial (Metastatic melanoma)	T cell infiltration into tumors	T-VEC increased efficacy of anti-PD-1	[68]

Notes: VSV, vesicular stomatitis virus; NDV, Newcastle disease virus; HSV, herpes simplex virus; CXCL10, chemokine (C-X-C) motif 10; GM-CSF, granulocyte-macrophage colony-stimulating factor; MIP-1 $\alpha$ , macrophage inflammatory protein-1 $\alpha$ ; NK, natural killer cells; TAMs, tumor-associated macrophages; TILs, tumor infiltrating lymphocytes.