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Review



https://doi.org/10.3350/cmh.2021.0281 Clinical and Molecular Hepatology 2022;28:351-361

The best predictive model for hepatocellular carcinoma in patients with chronic hepatitis B infection

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Chronic hepatitis B (CHB) seriously threatens human health. About 820,000 deaths annually are due to related complications such as hepatitis B and hepatocellular carcinoma (HCC). Recently, the use of oral antiviral agents has significantly improved the prognosis of patients with CHB infection and reduced the risk of HCC. However, hepatitis B virus still remains a major factor in the development of HCC, raising many concerns. Therefore, numerous studies have been conducted to assess the risk of HCC in patients with CHB infection and many models have been proposed to predict the risk of developing HCC. However, as each study has different models for predicting HCC development that can be applied depending on the use of antiviral agents or the type of antiviral agents, it is necessary to properly understand characteristics of each model when using it for the evaluation of HCC in patients with CHB infection. In addition, because different variables such as host factor, viral activity, and cirrhosis are used to evaluate the risk of HCC development, it is necessary to assess the risk by carefully verifying which variables are used. Recently, studies have also evaluated the risk of HCC using risk prediction models through transient elastography and artificial intelligence (AI) system. These HCC risk prediction models are also noteworthy. In this review, we aimed to compare HCC risk prediction models in patients with CHB infection reported to date to confirm variables used and specificity between each model to determine an appropriate HCC risk prediction method. (Clin Mol Hepatol 2022;28:351-361)

Keywords: Chronic hepatitis B; Hepatocellular carcinoma

INTRODUCTION

Hepatitis B virus (HBV) is the major cause of liver cirrhosis and hepatocellular carcinoma (HCC) and has infected more than 200 million people worldwide.^{1,2} Efforts to predict the incidence of HCC in patients with chronic hepatitis B (CHB) infection have continued as HCC is an important factor in determining the prognosis.^{3,4} It is known that the use of oral antiviral agents for HBV reduces the risk of HCC development in patients with CHB infection.⁵ However, HCC risk is not completely eliminated despite the use of highly active antiviral

agents such as entecavir (ETV) or tenofovir disoproxil fumarate (TDF).⁶⁻¹⁰ Therefore, efforts to evaluate the residual risk of HCC in patients taking antiviral drugs are continuously made, and various models for this purpose are continuously introduced.

Antiviral therapy for CHB infection, especially in patients receiving potent antiviral agents such as ETV and TDF, may achieve extremely low or undetectable HBV DNA levels and normalized serum alanine aminotransferase (ALT) levels. Therefore, it may be inappropriate to use factors indicative of viral activity, such as HBV DNA level, HBeAg, and ALT, as vari-

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Editor: Naoshi Nishida, Kindai University, Japan

Received: Aug. 30, 2021 / Revised: Nov. 10, 2021 / Accepted: Nov. 25, 2021

ables for the prediction of HCC in these patients. In practice, most studies of patients with CHB infection taking antiviral drugs do not take advantage of these factors and propose an HCC prediction model. However, as there are also many patients with CHB infection who do not use antiviral drugs, the predictive HCC risk in untreated patients is also important. Therefore, it is necessary to classify an HCC prediction model according to whether the patients take antiviral drugs.

Regardless of the use of antiviral drugs, the most important predictor of HCC is the presence or absence of cirrhosis. Similarly, cirrhosis is an important factor in almost all HCC prediction models, and the highest weight is given to HCC prediction models evaluated by an integer scoring system. Therefore, it is important to accurately evaluate the presence or absence of cirrhosis in patients with CHB infection. In clinical practice, imaging tests and clinical diagnosis are used instead of histological evaluation through liver biopsy in most

cases. To compensate for this, models using the FibroScan® (EchoSens, Paris, France) test, which can indirectly predict cirrhosis by measuring liver stiffness, have been introduced as a variable for predicting HCC development, but more validation studies are still needed to confirm the usefulness of these models.

We also reported a purified and simple predictive model that can predict the occurrence of HCC in patients taking antiviral drugs. Although it showed a high predictive ability for HCC development, there were limitations in the variables that could be used depending on whether antiviral drugs were administered or not, and there was a disadvantage that the verification was not sufficient. Through this review, we tried to identify HCC prediction models for patients with CHB infection reported to date and to verify the variables used in each study. In addition, we compared the differences in HCC prediction models according to whether antiviral drugs were

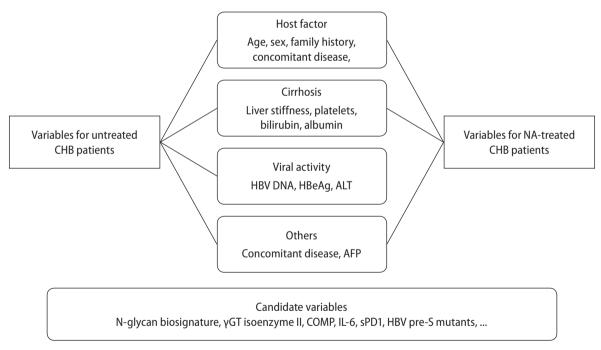


Figure 1. Variables used in the risk prediction models for HCC in untreated or NA-treated CHB patients. There are differences in the variables used in the HCC prediction model depending on whether or not antiviral drugs are taken. CHB, chronic hepatitis B; HBV, hepatitis B virus; ALT, alanine aminotransferase; AFP, alpha-fetoprotein; NA, nucleos(t)ide analogues; γGT, gamma glutamyl transferase; COMP, cartilage oligomeric matrix protein; IL, interleukin; sPD1, serum programed death receptor 1; HCC, hepatocellular carcinoma.

Abbreviations:

AI, artificial intelligence; ALT, alanine aminotransferase; AUROC, area under the receiver operating characteristic; CHB, chronic hepatitis B; CI, confidence interval; COMP, cartilage oligomeric matrix protein; ETV, entecavir; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; IL, interleukin; LS, liver stiffness; LSM, LS measurement; LSPS, LSM-spleen diameter to platelet ratio score; RWS, real-world risk; sPD, serum programed death receptor; TDF, tenofovir disoproxil fumarate; γGT, gamma glutamyl transferase

used, and examined the most suitable HCC prediction model in patients with CHB infection.

VARIABLES USED TO PREDICT HCC RISK

Various factors related to the host, viral activity, and cirrhosis are used to predict the occurrence of HCC. Typically, the host factors used to predict HCC are age and sex while there are also other models that use family histories of HCC or diabetes as variables. However, most studies have used only age or the combination of age and sex as host factors. Variables related to viral activity, such as HBeAq, HBV DNA, and elevated ALT levels, have been recognized as useful factors for predicting the occurrence of HCC and have been used in many HCC prediction models. However, recently, in patients using antiviral drugs, the factors related to viral activity were not normalized or detected; therefore, their significance as a predictor of HCC in these patients, diminished. Thus, most of the studies conducted on patients using antiviral drugs, especially potent antiviral agents such as ETV and TDF, have not utilized these factors to predict HCC.

Cirrhosis is present in 70-80% of patients with HCC, and

the presence or absence of cirrhosis is considered an important variable in a predictive model of HCC. However, the diagnosis of liver cirrhosis in the clinical practice is sometimes unclear because it is diagnosed using imaging tests and clinical symptoms rather than using pathological results. In addition, since it is not easy to use the degree of liver fibrosis as a variable, it limits the ability to predict the risk of HCC based only on the presence or absence of cirrhosis. To compensate for this, the liver stiffness measurement (LSM) value is sometimes used as a variable in a HCC occurrence prediction model. However, given the additional testing cost, more validation is needed to determine its effectiveness as a variable in HCC predictive models.

In addition to the previously known variables related to the occurrence of HCC, studies on new factors related to the occurrence of HCC in patients with CHB continue to be conducted. Recently, a study result indicated that the serum N-glycan biosignatures could be useful in the early diagnosis of HCC. In addition, there have been studies showing that the gamma glutamyl transferase (γ GT) isoenzyme II, cartilage oligomeric matrix protein (COMP), interleukin (IL)-6, serum programed death receptor (sPD) 1, and HBV pre-S mutants are also helpful in predicting the development of HCC. In

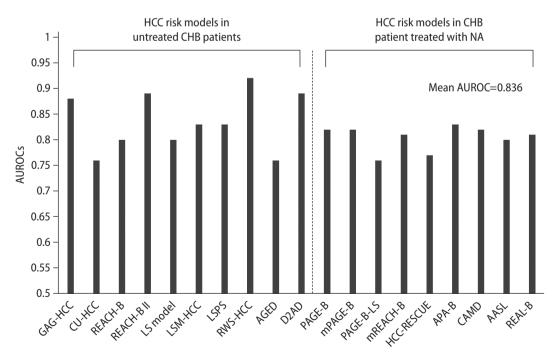


Figure 2. AUROCs value of HCC prediction models for CHB patients. This graph shows the AUROC value predicting 5-year HCC prediction in CHB patients. HCC, hepatocellular carcinoma; CHB, chronic hepatitis B; NA, nucleos(t)ide analogues; AUROC, area under the receiver operating characteristic; LS, liver stiffness; LSM, LS measurement; LSPS, LSM-spleen diameter to platelet ratio score; RWS, real-world risk.

each of these studies, the factors related closely to the risk of HCC in CHB patients have the potential to be used as a variable in a predictive model for HCC (Fig. 1). However, analyses and verification of the predictive power of these factors and HCC models have not yet been conducted. It is recommended that future research focus on these areas.

HCC RISK MODELS IN UNTREATED PATIENTS WITH CHB INFECTION

Studies on HCC prediction models for patients who have not used antiviral drugs have mainly been conducted in Asia. The GAG-HCC (guide with age, gender, HBV DNA, core promoter mutations, and cirrhosis) score was developed from a cohort of 820 Chinese patients from tertiary referral clinics with CHB infections.¹⁷ All the patients were treatment-naïve at baseline and followed-up for a median of 6.4 years. Based on a cut-off value of 100, the sensitivity and specificity were 84.1% and 76.2% for the 5-year prediction of HCC, and 88.0% and 78.7% for the 10-year prediction, respectively. The Chinese University (CU)-HCC score was first derived using a cohort of 1,005 patients with CHB infections in Hong Kong and validated in an independent cohort of 424 Chinese patients with CHB infections.¹⁸

The CU-HCC score is composed of five factors (age, albu-

min, bilirubin, HBV DNA, and cirrhosis), and divided HCC risk into three categories (low, <5; medium, 5–19; high, ≥20). The 5-year prediction of HCC development was 98.3%, 90.5%, and 78.9% in the low-, medium-, and high-risk groups, respectively. In the low-risk patient group (score <5), the negative predictive value excluding future HCC was 98.3–100.0%. The REACH-B score (risk estimation for HCC in CHB) was derived using 3,584 Chinese patients with CHB infections from the Taiwanese REVEAL cohort and validated in a cohort of 1,505 patients in Hong Kong and Korea. 19 The variables included in this risk score were sex, age, HBeAg, and ALT and HBV DNA levels. The risk of HCC development was simplified into an integer scoring system, with a range of 0 to 17 points. The risk of HCC occurrence ranged from 0.0% to 23.6% at 3 years, 0.0% to 47.4% at 5 years, and 0.0% to 81.6% at 10 years for patients with the lowest and highest risk of HCC, respectively. A revised version of the REACH-B score, the REACB-BII score, which includes quantitative serum HBsAg levels and HBV genotypes, was also studied.²⁰

In addition, liver stiffness (LS) model, LSM-HCC, LSPS (LSM-spleen diameter to platelet ratio score), RWS (real-world risk)-HCC, AGED (age, gender HBeAg, and HBV DNA levels) scores, and the D²AS model have been reported, indicating high area under the receiver operating characteristic (AUROC) values (Fig. 2).²¹⁻²⁶ This shows that we can use various models to predict the occurrence of HCC in patients with

Table 1. HCC risk models developed in untreated chronic hepatitis B patients

HCC risk	Country	Patients	Variables used in the HCC risk prediction						Number of	Reference
model	or area		Age	Sex	HBV-DNA	Cirrhosis	LSM	Others	variables	neieience
GAG-HCC	Hong Kong	820	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$			4	17
CU-HCC	Hong Kong	1,055	$\sqrt{}$		$\sqrt{}$	$\sqrt{}$		Albumin, bilirubin	5	18
REACH-B	Asia	3,584	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$			HBeAg, ALT	5	19
REACH-B II	Taiwan	2,227	√	$\sqrt{}$	$\sqrt{}$			HBeAg, ALT, qHBsAg, genotype, family history	8	20
LS model	Korea	1,250	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		$\sqrt{}$		4	21
LSM-HCC	Hong Kong	1,035	$\sqrt{}$		$\sqrt{}$		$\sqrt{}$	Albumin	4	22
LSPS	Korea	227					$\sqrt{}$	PLT, spleen size	3	23
RWS-HCC	Singapore	583	$\sqrt{}$	$\sqrt{}$		$\sqrt{}$		AFP	4	24
AGED	China	628	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$			HBeAg	4	25
D^2AD	Korea	971	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$				3	26

HCC, hepatocellular carcinoma; HBV, hepatitis B virus; LSM, liver stiffness measurement; ALT, alanine aminotransferase; qHBs Ag, quantitative HBs antigen; LS, liver stiffness; LSPS, LSM-spleen diameter to platelet ratio score; PLT, platelet; RWS, real-world risk; AFP, alpha-fetoprotein.

CHB infections who have not received antiviral treatment (Table 1).

HCC RISK MODELS IN CHB PATIENT TREATED WITH NUCLEOS(T) IDE ANALOGUES

Since the recent AASLD, EASL, and APASL guidelines recommend ETV and TDF as the first-line treatment, most patients with CHB infections use these two drugs instead of the previously used lamivudine, adefovir, and telbivudine. Therefore, in the HCC risk prediction model for patients with CHB infections using antiviral drugs, many of the studies were conducted on patients who used the first-line drugs (ETV or TDF) while some studies were conducted on patients who only used ETV. The PAGE B study included 1,815 patients with CHB infections who received ETV or TDF for more than one year and was conducted on Caucasians, in contrast to previous studies that were conducted on Asians.²⁷ The PAGE B score used the variables of age, gender, and platelets, and the risk was divided into low (≤9), medium (10–17), and high (≥18). The 5-year cumulative HCC incidence in patients with CHB infections classified as low, medium, and high risk according to the PAGE-B score, were 0%, 3%, and 17%, respectively. In the validation cohort, the negative predictive value of HCC within 5 years approached 100%, based on a 10-point cut-off. Additionally, a modified PAGE B model in which 3,001 Koreans (including a validation cohort of 1,000) were studied with the addition of serum albumin to the PAGE B model, as a variable.²⁸ This model may also be used to predict the occurrence of HCC in patients with CHB infections, using either ETV or TDF.

The CAMD (cirrhosis, age, male sex, and diabetes mellitus) model was developed in a study that was conducted in Hong Kong and Taiwan with 23,851 patients with CHB infections who were receiving either ETV or TDF.²⁹ Unlike other HCC risk prediction models, the CAMD score is characterized by the presence or absence of diabetes as a variable. In this study, two cut-off points, 8 and 13 points, were set to stratify patients into low-, medium-, or high-risk subgroups. The 3-year cumulative incidences of HCC in patients with a CAMD score of <8, 8-13, and >13 points were 0.27% (95% confidence interval [CI], 0.12-0.42%), 2.40% (95% CI, 2.03-2.78%), and 10.75% (95% CI, 9.68-11.81%), respectively. Another study that developed the AASL (age, albumin, sex, cirrhosis) model was conducted with 1,243 Korean patients with CHB infections receiving both ETV and TDF.14 The AASL model classified the risk of HCC into low (\leq 5), intermediate (6–19), and high (≥20) risk groups with the 10-year cumulative HCC incidence rate being almost zero in the low-risk group. The 5-year cumulative incidences of HCC in the low-, intermediate-, and high-risk groups were 0%, 4.2%, and 17.6%, respectively. Among these models, the HCC-RESCUE and APA-B models were developed from studies that were conducted

Table 2. HCC risk models developed in chronic hepatitis B patients treated with antiviral agents

	Country or area	Patients	Antiviral agent	Var	iables u	Number of	Reference			
		ratients	ETV/TDF/others	Age	Sex	Cirrhosis	LSM	Others	variables	Reference
PAGE-B	Europe	1,325	ETV or TDF	$\sqrt{}$	$\sqrt{}$			PLT	3	27
mPAGE-B	Korea	2,001	ETV or TDF	$\sqrt{}$	$\sqrt{}$			Albumin, PLT	4	28
PAGE-B-LS	Korea	1,211	754/457/-	$\sqrt{}$	$\sqrt{}$		$\sqrt{}$	PLT	4	32
mREACH-B	Korea	192	192/-/-	$\sqrt{}$	$\sqrt{}$		$\sqrt{}$	ALT	4	33
HCC- RESCUE	Korea	990	990/-/-	√	√	$\sqrt{}$			3	30
APA-B	Taiwan	883	883/-/-	$\sqrt{}$				PLT	3	31
CAMD	Asia	23,851	22,971/880/-	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		DM	4	29
AASL	Korea	944	601/342/-	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$		Albumin	4	6
REAL-B	USA and Asia	5,365	3,683/593/1,089	$\sqrt{}$	√	\checkmark		DM, PLT, AFP, alcohol use	7	36

HCC, hepatocellular carcinoma; ETV, entecavir; TDF, tenofovir disoproxil fumarate; LSM, liver stiffness measurement; PLT, platelet; DM, diabetes melltus; AFP, alpha-fetoprotein.

Table 3. Calculation formula used in HCC risk prediction models

			Risk group		
	Calculation formula	Low	Intermediate	High	scoring system
GAG-HCC	$14 \times$ sex (male=1; female=0) + age (in years) + $3 \times$ HBV DNA (log copies/mL) + $33 \times$ cirrhosis (presence=1; absence=0)	<100		≥100	No
CU-HCC	Age (>50 years=3; \leq 50 years=0) + albumin (\leq 35 g/L=20; >35 g/L=0) + bilirubin (>18 μ mol/L=1.5; \leq 18 μ mol/L=0) + HBV DNA ($<$ 4 log copies/mL=0; 4-6 log copies/mL=1; >6 log copies/mL=4) + cirrhosis (yes=15; no=0)	<5	5–19	>19	Yes
REACH-B	Male sex: 2 points Age: 1 point for every 5 years from 35 to 65 years of age (0–6 points) ALT (IU/L):15 to <45 (1 point), \geq 45 (2 points) Positive HBeAg: 2 points HBV DNA (logcopies/mL): 10^4 to $<10^5$ (3 points), 10^5 to $<10^6$ (5 points), \geq 10 ⁶ (4 points)	≤5	6–11	12–18	Yes
REACH-B II	Age: (each 5 years increment) 1 point Male sex: 4 points ALT (IU/L): 15–44 (1 point), \geq 45 (2 points) Positive HBeAg: genotype B or B+C (7 points), genotype C (10 points) HBV DNA (logcopies/mL)/HBsAg/genotype: $<10^4/<100-999$ /any type (3 points), $<10^4/\geq$ 1,000/any type (4 points), $10^{4-6}/<999$ /any type (5 points), $<10^{4-6}/\geq$ 1,000/any type (7 points), \geq 10 ⁶ /any level/B or B+C (7 points), \geq 10 ⁶ /any level/C (13 points) Family history of HCC: presence (2 points)				Yes
LS model	0.05306 × age + 1.106 × male gender + 0.04858 × LS values + 0.50969 × HBV DNA (≥20,000 IU/L)				No
LSM-HCC	Age (>50 years=10; \le 50 years=0) + albumin (\le 35 g/L=1; >35 g/L=0) + HBV DNA (>200,000 IU/mL=5; \le 200,000 IU/mL=0) + LS (\le 8.0 kPa=0; $<$ 8.0-12.0 kPa=8; >12.0 kPa=14)	<11		≥11	Yes
LSPS	LS value (kPa) \times spleen diameter (cm) / platelet count (\times 10 9 /L)	<1.1		>2.5	No
RWS-HCC	Male sex: 2 points Age: >55 years (1 point) Cirrhosis: presence (2.5 points) AFP: 4.1–20 (2 points), ≥20 (2.5 points)	<4.5		≥4.5	Yes
AGED	Age (years): 31–40 (1 point), 41–50 (2 points), 51–60 (3 points), >60 (2 points) Male sex: 3 points HBeAg: positive (2 points) HBV DNA (logcopies/mL): <10 ⁴ (0 point), 10 ⁴⁻⁶ (4 points), >10 ⁶ (3 points)	≤4	5–9	10–12	Yes
D ² AD	$2.9325 \times log \text{ (HBV DNA IU/mL)} - 0.10527 \times [log \text{ (HBV DNA IU/mL)}]^2 + -1.27223 \times (2 \text{ if female and 1 if male)} + 0.07013 \times age \text{ (years)}$	<2	2.0-2.4	≥2.5	No
PAGE-B	Age (years): <30 (-4 points), $30-39$ (-2 points), $40-49$ (0 point), $50-59$ (2 points), $60-69$ (4 points), ≥ 70 (6 points) Male sex: 5 points Platelets (mm ³): $\ge 200 \times 10^3$ (0 point), 100×10^3 to $<200 \times 10^3$ (6 points), $<100 \times 10^3$ (11 points)	≤9	10–17	≥18	Yes
mPAGE-B	Age (years); 30–39 (3 points), 40–49 (5 points), 50–59 (7 points), 60–69 (9 points), ≥70 (11 points) Male sex: 2 points Platelets (×10°/L): ≥250 (0 point), 200–250 (2 points), 150–200 (3 points), 100–150 (4 points), <100 (5 points) Albumin (g/L): <3 (3 points), 3–3.5 (2 points), 3.5–4 (1 point), ≥4 (0 point)	≤8	9–12	≥13	Yes

Table 3. Continued

			Integer		
	Calculation formula	Low	Intermediate	High	scoring system
PAGE-LS-B	$0.049 \times age + 0.817 \times male$ gender – $0.007 \times platelet + 0.015 \times LS$ value – 2.097	<12	12–24	≥24	No
HCC- RESCUE	Age + $15 \times$ gender (female=0; male=1) + $23 \times$ cirrhosis (absence=0; presence=1)	≤64	65–84	≥85	Yes
APA-B	Age (years): <40 (0 point), 40–49 (1 point), 50–59 (2 points), 60–69 (3 points), ≥70 (4 points) Platelet count (×10°/L): ≥130 (0 point), 100–129 (3 points), <100 (6 points) AFP: <5 (0 point), 5–9 (2 points), >9 (5 points)	≤5	6–9	≥10	Yes
CAMD	Age (years): <40 (0 point), $40-49$ (5 points), $50-59$ (8 points), ≥ 60 (10 points) Male sex: 2 points DM: presence (1 point) Cirrhosis with age <40 years (10 points), ≥ 40 years (6 points)	<8	8–13	≥13	Yes
AASL	Age (years): <30 (0 point), 30–39 (2 points), 40–49 (4 points), 50–59 (6 points), 60–69 (8 points), ≥70 (10 points) Male sex: 3 points Albumin (g/L): <2.8 (5 points), 2.8–3.4 (3 points), ≥3.5 (0 point) Cirrhosis: presence (11 points)	≤5	6–19	≥20	Yes
REAL-B	Male sex: 1 point Age (years): 30–39 (1 point), 40–49 (2 points), 50–59 (3 points), 60–69 (4 points), 70–79 (5 points), ≥80 (6 points) Alcohol use: 1 point DM: 1 point Cirrhosis: 2 points Platelet count (×10°/L): <150 (1 point) AFP: ≥10 (1 point)	≤3	4–7	8–13	Yes

HCC, hepatocellular carcinoma; HBV, hepatitis B virus; ALT, alanine aminotransferase; LS, liver stiffness; LSM, LS measurement; LSPS, LSM-spleen diameter to platelet ratio score; RWS, real-world risk; AFP, alpha-fetoprotein; DM, diabetes mellitus.

only on patients who were treated with ETV while the remaining models, the PAGE-B, CAMD, and AASL models were developed from studies on patients who were treated with either ETV or TDF. In addition to these models, studies that have been conducted in Asia have developed the HCC-RESCURE (risk estimating score in CHB patients using ETV), mREACH-B, PAGE-B-LS and the APA-B models (Table 2).^{17,21-23}

LSM IN HCC PREDICTION MODEL

As the degree of liver fibrosis is known to be related to the risk of HCC, it can be used as a useful factor in predicting the risk of HCC. However, a liver biopsy, the gold standard for evaluating the degree of liver fibrosis, is difficult to use in all patients with CHB infections in actual clinical practice because of its invasiveness and complications. Therefore, non-

invasive transient elastography (FibroScan[®], EchoSens) has been used to estimate liver stiffness, and its use in several HCC risk prediction models have been reported.

Studies using LSM to predict HCC risk for patients with CHB infections developed the LS, LSM-HCC, and LSPS models. The LS model was developed in a study that was conducted using 1,250 patients with CHB infections in Korea with age, gender, HBV DNA, and LSM being used as variables to predict the development of HCC. Using these four variables, the AU-ROC of the HCC prediction model was 0.806 (95% CI, 0.738–0.874), a suitable value for the HCC risk prediction model. The LSM-HCC model was developed in a study that was conducted in Hong Kong using 1,555 patients with CHB infections and in which the risk was classified on a scale of 0 to 30 using LSM, age, albumin, and HBV DNA. In this study, a comparison of the AUROC values of LSM-HCC and CU-HCC indicated that the AUROC value of LSM-HCC was higher than that of CU-

HCC (0.83–0.89 vs. 0.75–0.81). In addition, by applying a cutoff value of 11, the score excluded future HCC with high negative predictive values (99.4–100.0%) at 5 years. The LSPS model was used in a study on Korean patients with CHB infections in which the spleen diameter was used as a variable for predicting HCC. Although attempts were made to reflect portal hypertension-related cirrhosis complications in the prediction of HCC using the spleen diameter, the number of patients in this study was only 227, which was relatively small compared to the number of patients in the other models, and had the disadvantage of the spleen diameter not being a validated variable.

VALIDATION OF HCC RISK MODELS

As models for predicting the risk of HCC in patients with CHB infections are continuously being published, studies to validate these models and compare them to find a more suitable model have also been reported. However, because the race, basic characteristics, and the types of antiviral drugs used in patients with CHB infections used to validate these models, may differ from that of previous studies, caution is required in their interpretation. In a 10-year follow-up study of 1,241 Korean patients with CHB, Seo et al.³⁴ compared and

analyzed the PAGE-B, REACH-B, mREACH-B, and LSM-HCC models. According to this study, the mREACH-B score showed higher performance in predicting HCC than the PAGE-B and LSM-HCC groups at 3 years (AUC: 0.824 vs. 0.715 and 0.809, respectively), 5 years (AUC: 0.750 vs. 0.719 and 0.742, respectively), and 7 years (AUC: 0.770 vs. 0.714 and 0.765, respectively). A study that analyzed 14 liver cancer predictive models comparative, validated the REACH-B, CU-HCC, GAGHCC, PAGE-B, and mPAGE-B models in 986 Chinese patients with CHB infections using ETV.35 According to this study, the HCC predictive power was generally acceptable for all models, with pooled AUCs ranging from 0.68 to 0.81 for 5-year, with the REAL-B score showing the highest discrimination (0.75 for 5-year prediction) and calibration (3-year Brier score 0.066).³⁶ In a study comparing the AASL, RESCUE-B, PAGE-B, and mPAGE-B scores in 3,171 patients with CHB infections receiving both ETV and TDF, the predictive accuracy of the AASL score was the highest for the 3- and 5-year HCC predictions (AUC: 0.818 and 0.816, respectively), followed by RESCUE-B, PAGE-B, and mPAGE-B scores (AUC: 0.780-0.815) and 0.769-0.814, respectively).³⁷ However, since this study was validated in the same area (Korea) where the AASL model was developed, there may be limitations in accepting the results as they are. Therefore, a validation study conducted on a large worldwide cohort is needed, in the future.

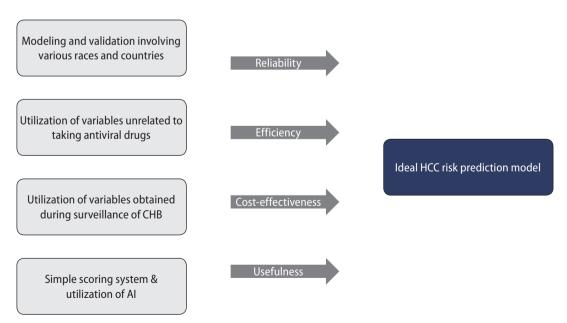


Figure 3. Suggestion for ideal HCC risk prediction model for CHB patients. CHB, chronic hepatitis B; Al, artificial intelligence; HCC, hepatocellular carcinoma.

HCC RISK PREDICTION MODEL USING ARTIFICIAL INTELLIGENCE (AI)

Currently, AI, including machine learning and deep learning, is being used widely in medical research and practice, and in the field of liver disease. HCC risk prediction aims to utilize AI for prognosis, diagnosis, and treatment purposes. Recently, a model for predicting HCC using AI was reported. It targeted to 6,051 Korean CHB patients, and an optimal model was constructed using the gradient-boosting machine method. In this study, the validation was performed on Koreans and Caucasians, and it was found that the predictive power of HCC was better than that of previously reported models such as the PAGE-B, REACH-B, and CU-HCC models.³⁸ Therefore, it is thought that in the future, a HCC occurrence prediction model using AI will be developed and studied, and as suggested by this study that such a HCC occurrence prediction model will become more precise. However, research on AI is still in its infancy, and more studies with be reguired to overcome any Al errors.

IDEAL HCC RISK PREDICTION MODEL FOR CHB PATIENTS

As the use of antiviral agents affects factors is related to viral activity, such as HBV DNA, qHBsAq, HBeAq, and ALT levels, different strategies are required depending on whether antiviral agents are used when developing an HCC predictive model for patients with CHB infections. However, if an HCC prediction model is developed according to whether antiviral drugs are administered to patients with CHB infections, it can be disadvantageous in terms of utilization. Therefore, if there is no significant difference in the predictive power of HCC, excluding the variables related to viral activity will be beneficial in the construction of a model predicting the occurrence of HCC that can be used regardless of the use of antiviral drugs. While it is advantageous to use an accurate calculation formula that takes into account the weight of the risk to predict the risk of HCC accurately, it is disadvantageous to use in actual clinical practice. For this reason, models such as the REACH B, PAGB B, and AASL models classify the risk of HCC using a simple integer score, which has provided satisfactory results with regard to the predictive power of HCC (Table 3). Therefore, the use of a simple scoring system rather than a complex formula appears to be useful for developing a widely accepted predictive model for HCC in patients with CHB infections (Fig. 3). Finally, if the inclusion of the recently highlighted AI, including machine learning and deep learning, is used appropriately, a more suitable liver cancer occurrence prediction model may be developed.

Authors' contribution

JU Yu wrote the manuscript and prepared the figures and tables. SG Cho, YJ Jin and JW Lee revised the manuscript. All the authors read and approved the final version.

Conflicts of Interest -

The authors have no conflicts to disclose.

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