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Neuroprotection by central nervous system remyelination: Molecular, cellular, and functional considerations

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Abstract

Oligodendrocytes and their myelin sheaths play an intricate role in axonal health and function. The role of white matter pathology in a wide variety of central nervous system disorders has gained attention in recent years. Remyelination has therefore become a major target of therapeutic research, with the aim of protecting axons from further damage. The axon-myelin unit is elaborate, and demyelination causes profound changes in axonal molecular domains, signal transmission and metabolism. Remyelination is known to restore some of these changes, but many of its outcomes remain unknown. Understanding how different aspects of the axon-myelin unit are restored by remyelination is important for making effective, targeted therapeutics for white matter dysfunction. Additionally, understanding how subtle deficits relate to axonal function during demyelination and remyelination may provide clues into the impact of myelin on neuronal circuits. In this review, we discuss the current knowledge of the neuroprotective effects of remyelination, as well as gaps in our knowledge. Finally, we propose systems with unique myelin profiles that may serve as useful models for investigating remyelination efficacy.

Keywords

Oligodendrocytes; axon; demyelination

Introduction

Myelin is a specialized membrane produced by oligodendrocytes in the central nervous system (CNS), which ensheaths neuronal axons. Dr. Jean de Vellis' group has studied numerous aspects of glial biology over more than 40 years, but one of the most impactful studies done by this group was the development of tissue culture protocols that allow us to study oligodendrocyte development and myelin membrane production. For many years, much of what we learned about CNS myelination came from in vitro studies focused

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on understanding how oligodendrocytes develop in isolation. The McCarthy and de Vellis protocol (1980) for culturing rat oligodendrocytes shaken and purified initially from mixed glial cultures has been a standard in hundreds of research laboratories since the early 1980s. It allowed the field to learn about some of the unique regulators of oligodendrocyte proliferation and differentiation, both extracellular regulators and intracellular mediators (Hardy and Reynolds 1991, Baron et al. 2000, Vela et al. 2002). Recently, such protocols have provided a platform for screening for molecules that can enhance differentiation of oligodendrocytes, hopefully for new therapeutic approaches for remyelination following demyelination (Zhang et al. 2011, Yuen et al. 2013, Rittchen et al. 2015).

The evolutionary advantages of having glial cells produce an ensheathing membrane for axons have been substantial. By establishing tightly organized molecular domains along the axon and spatially restricting ion exchange with the extracellular space, myelin sheaths dramatically increase the rate of long-range information flow in the brain. In addition to facilitating saltatory conduction, oligodendrocytes have been implicated in other crucial CNS functions, such as maintaining ion homeostasis (Menichella et al. 2006) and providing trophic/metabolic support to axons (reviewed in Morris et al 2013).

Myelin loss is a hallmark of developmental disorders such as leukodystrophies and of immune-mediated disorders such as multiple sclerosis (MS) (Kutzelnigg et al. 2005, Lassmann et al. 2012), but white matter damage has been implicated in a number of neurological conditions, including stroke (Dewar et al. 2003), Parkinson's (Bohnen and Albin 2011, Hattori et al. 2012), schizophrenia (Whitford et al. 2012, Kubicki et al. 2009), and normal and pathological aging (Guttmann et al. 1998, Peters and Sethares 2002, reviewed in Bartzokis 2004). The link between myelin and axon health has driven interest in remyelination as a therapeutic target for neuroprotection, and a number of studies have investigated ways to promote *de novo* myelin generation in injury and disease models (reviewed in Dubois-Dalcq et al. 2005, Kremer et al. 2016). Despite this focus, we still know little about the degree to which remyelination restores axonal health and functional signal transduction. While remyelination has been shown to restore several measures of function, it does not fully recapitulate developmental myelination. Understanding the benefits and limitations of remyelination is crucial for quantifying the efficacy of potential remyelination therapeutics, and for integrating them into treatment of neurological disorders featuring myelin loss.

This review focuses on the current knowledge of outcomes following remyelination. Strategies for facilitating remyelination in different pathological contexts have been reviewed elsewhere (Gallo and Armstrong 2008, Rodgers et al. 2013, Franklin and Goldman 2015). Instead, we will discuss axon pathology in demyelination, as well as the known benefits and shortcomings of remyelination. Finally, we propose systems that lend themselves well to investigating the effectiveness of signal transduction during demyelination and remyelination.

Benefits of myelin

A primary function of oligodendrocytes is to facilitate fast, reliable electrical conduction in projection axons. The impact of myelin on axon electrical properties is two-fold. By increasing resistance along internodes, myelin prevents ion leakage, facilitating reliable spikes. Myelin also funnels ion exchange to a very small surface area at the node of Ranvier, decreasing the current, and thus the time, required to depolarize the membrane and generate the action potential. These properties have a profound impact on conduction speed, which is proportional to axon diameter for myelinated axons, but proportional to its square root for unmyelinated axons (Waxman and Bennett 1972, Rushton 1951). Myelin enables effective axonal transmission by establishing and maintaining the intricate molecular architecture of both the myelin sheath itself and the axon. The development of these membrane domains relies on bidirectional communication between myelinating oligodendrocytes and axons (reviewed in Rasband and Peles 2016), and it generates an interacting axo-myelin complex with several specialized myelin and axon domains, consisting of nodes of Ranvier, paranodes and paranodal junctions, juxtaparanodes, and internodes.

Axonal domains

Nodes of Ranvier (Figure 1) are ~1- μm wide gaps between adjacent myelin sheaths, which have a high density of voltage-activated Na^+ (Na_v) channels necessary for action potential generation (Lodish et al. 2000). Prior to myelination, axons express Na_v 1.2 and 1.6 along their length. During myelination, both the expression and redistribution of Na_v channels change: Na_v 1.2 expression is reduced as Na_v 1.6 localizes to nodes of Ranvier, restricting sites of ion exchange (Kaplan 2001). Each instance of axolemmal ion exchange takes time and requires re-establishment of ionic gradients by ATP-dependent ion pumps. Nodal organization thus speeds action potential conduction and reduces its associated energy costs.

Nodes are bordered by the paranodal loops of the myelin sheath, which form septate-like junctions with the paranodal axolemma. The paranode separates nodal Na_v channels from juxtaparanodal shaker K^+ (K_v) channels (reviewed in Girault et al. 2002). The paranode not only serves as a barrier to lateral channel diffusion, but also limits diffusion of K^+ into nodes of Ranvier. This focal distribution facilitates K^+ buffering by oligodendrocytes (Menichella 2006) and astrocytes (Neusch et al. 2006), both of which express inward rectifying K^+ channels and may cooperate in K^+ homeostasis.

Oligodendrocyte support of axons

Oligodendrocytes have also been implicated in providing trophic support unrelated to myelin structure. Studies of several myelin protein mutants provide support for this concept. For example, mouse deletion mutants of the myelin proteolipid protein gene (*Plp*^{-/-}, Griffiths et al. 1998) or the 2',3'-cyclic nucleotide 3' phosphodiesterase gene (*Cnp*^{-/-}, Lappe-Siefke et al. 2003) develop axonal pathology despite the absence of gross myelin abnormalities. New techniques may provide evidence of subtle structural deficits in these mice, which may not have been apparent in previous studies. For example, *Cnp* was recently shown to play a role in preventing premature myelin compaction (Snaidero et al. 2014), suggesting that *CNP*-deficient mutants may have myelin deficits that occur during development and

contribute to long-term axonal pathology as the animal ages. No similar role has been found for PLP, but the loss of a quantitatively major component of the myelin sheath likely impacts myelin membrane structure and function.

Action potential propagation is an energy intensive process that requires restoration of the electrochemical gradient following depolarization at nodes of Ranvier. These energy demands must be met at sites as much as several centimeters or more from the neuronal cell body. Local glia have been proposed to play a role in meeting axonal metabolic needs. Early studies suggested that aerobic glycolysis in astrocytes produces lactate as a byproduct (Pellerin and Magistretti 1994), which can then be released through the monocarboxylate transporter 4 (MCT4) and metabolized by neurons expressing the high-affinity MCT2 (Suzuki et al. 2012). More recent findings suggest similar metabolic coupling between neurons and neighboring oligodendrocytes (Funfschilling et al. 2012). Oligodendrocytes strongly express MCT1, and both genetic and shRNA-mediated MCT1 loss induce axonal pathology without obvious oligodendrocyte damage (Lee et al. 2012). However, further research of lactate dynamics between neurons, astrocytes, and oligodendrocytes is necessary to understand its role in axonal function during different levels of activity.

Impact of Demyelination

Myelin loss is a common feature of a number of disorders and brain injuries. Demyelination results in a breakdown of tightly controlled axonal molecular domains and cellular interactions (Coman et al. 2006), which can profoundly compromise communication between distributed brain regions. Furthermore, prolonged demyelination has been associated with axonal damage and eventual degeneration, which is thought to underlie long-term functional deficits in disorders such as MS (De Stefano et al. 1998, Trapp et al. 1998, Kornek et al. 2000). Demyelination and axonal dysfunction go hand-in-hand, but it can be difficult to prove a causal relationship, as primary axonal damage must be definitively ruled out. This is especially complicated when demyelination occurs in a context of oxidative stress or inflammation, which likely induce both oligodendrocyte and axon responses. Nevertheless, dysmyelinating mutants, toxin-induced myelin damage, and genetic oligodendrocyte ablation have given us insights into the effects of myelin dysfunction on axonal function in a number of pathological contexts. Perhaps the most immediate consequence of demyelination is a loss of the molecular domains at and surrounding the node of Ranvier, which has profound consequences for ion channel distribution and saltatory conduction (Volman and Ng 2014, reviewed in Suzuki 2013).

Axonal conduction changes after demyelination

Axonal signal propagation relies on a complex intersection of morphological, electrical, and chemical factors (reviewed in Bucher and Goillard 2011), and demyelination can have a number of important effects on action potential propagation. Spike failure is the most obvious symptom of demyelination, and is associated with many of the negative symptoms in MS (Smith 1994). Increased capacitance causes action potentials entering the demyelinated region to more quickly deplete the local ionic gradients necessary for conduction, and action potentials slow, which can induce failure of subsequent spike

propagation during bursting activity. Demyelination can also induce aberrant electrical activity, which manifest either as spikes that occur without stimulation, or as bursts of activity that outlast stimulation. Na^+ can mediate small membrane potential oscillations that contribute to ectopic spikes (Kapoor et al. 1997), potentially due to increased expression of $\text{Na}_v1.2$ channels (Majumdar and Sikdar 2005). On the other hand, spike reflection can occur at the transition from myelinated to demyelinated regions. In myelinated axons, backward spike propagation is prevented by Na_v channel inactivation in the previous node. Demyelinated regions depolarize much more slowly, allowing propagation to previous nodes whose refractory period has ended. Reflected spikes can shunt forward propagating spikes, but may also induce persistent ectopic spiking (Zlochiver 2010).

In addition to the intrinsic axonal conduction abnormalities above, demyelination can cause pathological intercellular signaling between naked axons, known as ephaptic signaling. In myelinated axons, the electrical environment is tightly controlled, with K_v channels sequestered beneath the myelin sheath, and the node surrounded by adjacent sheaths and astrocytic processes (Figure 1A). Demyelination exposes these ionic currents to the extracellular space, allowing activity in one axon to induce failed, ectopic, and reflected spikes in another (Nielsen 2004). Ephaptic signaling may underlie the seizures and diverse paroxysmal attacks suffered by individuals with MS (Osterman and Westerberg 1975, Soki et al. 2008).

Ion channel redistribution in demyelinated axons

Many of these changes result from specific redistribution of ion channels (Figure 1B). As the initiators of action potential generation, Na_v channels play an important role in axonal responses to demyelination. Na_v channel clustering is influenced by the presence of oligodendrocytes but does not rely on compact myelin (Ishibashi et al. 2003, Dupree et al. 2004), and clusters can persist to a lesser degree in demyelinated regions (Coman et al., 2006). During early stages of demyelination, nodal Na_v clusters elongate (Doppler et al. 2013), which can dramatically impact conduction parameters (Babbs and Shi 2013). Meanwhile, Na_v channels spread to axonal domains of former internodes, resulting in a distribution similar to unmyelinated axons. During the spontaneous demyelination that occurs in adult mice overexpressing PLP, $\text{Na}_v1.2$ expression increases (Rasband et al. 2003). This may be a compensatory change, as $\text{Na}_v1.6$ can reopen during prolonged activity, causing persistent currents (Chatelier et al. 2010). Because demyelination results in larger ion flux during activity, these persistent currents could potentially deplete the ionic gradients and even reverse $\text{Na}^+/\text{Ca}^{2+}$ pumps, causing Ca^{2+} influx and secondary axonal damage (Stys et al. 1992, reviewed in Waxman 2006).

Unlike Na_v channels, K_v channel localization appears to depend directly on the presence of compact myelin (Baba et al. 1999). Normally isolated from the extracellular space by the myelin sheath, K_v channels laterally diffuse into nodes and internodes following demyelination. K_v channel expression also changes with demyelination, and enrichment of $\text{K}_v1.1$ subunits contribute to a lower voltage activation of hyperpolarizing K^+ currents (Bagchi et al. 2014). Increased capacitance results in increased K^+ efflux, and may contribute to extracellular accumulation in conjunction with impaired glial K^+ buffering.

These changes in the ionic environment can make axons silent or hyperexcitable, depending on the pathological context.

Metabolic changes in demyelinated axons

The redistribution of ion channels during demyelination dramatically alters the metabolic demands of signal propagation. Increased movement of Na^+ and K^+ during action potentials requires increased activity of ATP-dependent Na^+/K^+ pumps to maintain the electrochemical gradients necessary for depolarization. This change in energy demand is associated with mitochondrial accumulation that matches that of healthy unmyelinated axons (Mutsaers and Carroll 1998). Importantly, a number of changes that affect lactate dynamics occur in MS, including an increase in CSF lactate concentrations (Albanese et al. 2016), which may be mediated by infiltrating macrophages (López-Villegas et al. 1995). Demyelinated lesions exhibit changes in astrocytic and neuronal expression of lactate-permeable monocarboxylate transporters (Nijland et al. 2014), which as noted above could impact energy status in axons. These changes may be due to impaired mitochondrial function in axons, or be an adaptive response to elevated lactate by which astrocytes increase and axons decrease uptake, but these mechanisms and their consequences remain unclear.

Response of demyelinated axons to secondary injury

Demyelination seldom occurs in isolation, and often occurs in the context of inflammation and oxidative stress. The ability of demyelinated axons to cope with these factors is therefore an important component of axonal pathology. The axonal dysfunction of $PLP^{-/-}$ and $CNP^{-/-}$ mice in the absence of other insults suggests that demyelinated axons would be a vulnerable population, but so far few injury or disease models have been applied to these mutants. As expected, focal demyelination increases axonal susceptibility to some stressors: Nitric oxide, which plays a role in inflammatory immune response and is elevated in MS, preferentially blocks conduction in demyelinated CNS axons (Redford et al. 1997). However, both amyelinated (Waxman et al. 1990) and demyelinated (Imaizumi et al. 1998) axons appear more resistant to action potential failure following *in vitro* anoxia and reperfusion. These electrophysiological studies did not measure the long-term health of myelinated and demyelinated axons under these different conditions. However, this differential susceptibility of demyelinated axons underlines the complex changes that occur during demyelination, whose impact likely depends heavily on the surrounding pathological context. Understanding these dynamics may inform windows of opportunity for neuroprotective therapies following demyelination.

Benefits of Remyelination

The dramatic impact of demyelination on long-range neuronal signaling, and its prevalence in a wide variety of injury and disease models, has inspired extensive research into facilitating remyelination as a neuroprotective therapy. While some of the benefits of remyelination have been clearly demonstrated, there are still many unanswered questions regarding axo-myelin interactions, and their functional consequences, during this period.

The efficacy of remyelination in restoring axonal health and function likely depends on the amount of time axons spend in an unmyelinated state. Notably, remyelination cannot proceed in the presence of myelin debris. Oligodendrocytes produce massive amounts of myelin: A single oligodendrocyte is estimated to produce five hundred to several thousand times the surface area of its soma in myelin membrane (Pfeiffer et al. 2003). Myelin decompaction thus results in large amounts of myelin debris, which inhibits differentiation of recruited oligodendrocyte precursors (Robinson et al. 1999, Kotter et al. 2006). Remyelination relies on debris clearance by recruitment of microglia (Lampron et al. 2015) and macrophages (Kotter et al. 2001).

Restoration of nodal architecture

Extensive pathological analysis of MS lesions as early as the 1960s identified remyelinated axons, which have shorter, thinner internodes than healthy individuals (Périer and Grégoire 1965, Prineas et al 1984). Perhaps the most obvious readout of functional remyelination is the degree to which axonal molecular domains and associated saltatory conduction are restored. Functionally, remyelination in animal models is associated with mitigation of behavioral deficits following demyelination (Mayer 1971, Jeffery and Blakemore 1997, Duncan et al. 2009), which has been linked to increased conduction velocity (Mayer 1971) and restoration of nodal structure (Sasaki 2006) (Figure 1C). This has been corroborated in human MS brains: demyelinated lesions are characterized by diffusion of Na_v and K_v channels, while remyelinated shadow plaques exhibit a restoration of paranodal channel separation (Coman et al. 2006). These changes alone indicate a neuroprotective role for remyelination due to the greatly reduced metabolic cost of saltatory conduction. However, it is important to note that we know little about the time needed to re-establish proper channel domains following remyelination in the human CNS. Observations in the rodent PNS after lysolethycin injections indicate that K_v channels still remain in nodes of Ranvier a month after remyelination initiates (Rasband et al. 1998). Such slow changes in ion channel distribution raise questions regarding the stability of signal transmission during active remyelination, which has been proposed as a period of increased axonal vulnerability (Smith et al. 2006). Axonal adaptations may be particularly relevant when demyelination and remyelination are recurrent or chronic occurrences that induce continuous flux of ion channels.

Axonal metabolism

Can remyelination impact axonal metabolism by mechanisms other than node restoration? Notably, the increased mitochondrial density and distribution following demyelination appear to persist in remyelinated axons (Mutsaers and Carroll 1998), but the functional implications of this persistence are unknown. No studies to date have directly investigated lactate metabolism following remyelination, but the steep metabolic demands of myelin biogenesis may shift oligodendrocytes toward high lactate utilization, which has been reported *in vitro* (Sánchez-Abarca 2001). Thus, oligodendrocytes may not be able to support axonal lactate metabolism until they have switched from active remyelination to myelin maintenance. Astrocytic lactate shuttling during or after remyelination is also unclear, as there is little information about the presence of perinodal astrocyte processes at newly formed nodes following injuries. The metabolic environment of remyelination is further

complicated by changes in lactate transport by monocarboxylate transporters (MCTs) that occur during demyelination, where MCT2 normally expressed by axons is downregulated in inactive lesions (Nijland et al. 2014). The distribution of MCTs has not been studied in remyelination, which presents a major gap in our knowledge of the impact of remyelination on axonal health.

Neuroprotection by remyelination

A crucial question is whether axonal degeneration following demyelination can be mitigated by remyelination. Irvine et al. (2008) investigated this question by exposing the corpus callosum of mice to X-irradiation in the third week of cuprizone treatment. X-irradiation killed local cells while sparing axons, thus compromising local remyelinating capacity. Axonal degeneration and spheroids were more severe in X-irradiated mice compared to controls that were only fed cuprizone. Notably, this damage was diminished by grafting neural stem cells, which differentiated into oligodendrocytes and remyelinated callosal axons (Irvine et al. 2008). This was one of the first studies to establish sufficiency of remyelination in preventing axonal pathology following demyelination, but the mechanisms are still unknown. Possibilities include restoration of channel distribution, physical separation of the axolemma from the extracellular environment, and restoration of metabolic support. The close relationships among these factors makes it particularly hard to parse out their specific contributions to axonal protection. Moreover, delayed axonal pathology can occur despite remyelination after cuprizone-induced demyelination, which may reflect subtle alterations in the ability of newly formed myelin to support axonal function (Manrique-Hoyos et al. 2012). Nevertheless, the methods employed by Irving and coworkers may provide a valuable system for examining the impact of remyelination on several aspects of axonal function such as axonal transport and mitochondrial distribution.

The ability of remyelination to prevent axonal damage is an exciting prospect for therapeutics, but what about axons that are already damaged? Progressive axonal damage can follow or precede demyelination and likely underlies many of the long-term behavioral deficits seen in disorders that injure white matter. Axonal swelling can remain stable over time and has been shown to reverse spontaneously in the experimental autoimmune encephalomyelitis (EAE) model of MS (Niki et al. 2011), but it is not known whether oligodendrocytes can contribute to recovery. Early observations in human MS and mouse EAE tissue suggest that axonal damage is prevalent in demyelinated lesions and absent in remyelinated shadow plaques (Kornek et al. 2000). This may indicate axon protection by remyelinating oligodendrocytes, but it is also possible that remyelination can only take place at sites of minimal axonal damage. Further studies are necessary to dissociate these possibilities, which will be important for determining therapeutic targets.

Thin myelin sheaths were one of the first recorded characteristics of remyelination, which may have important consequences for signal transduction and metabolic support. Exciting findings from the Bansal and Fyffe-Maricich laboratories indicate a potential target for increasing myelin thickness. Constitutive activation of Mek1 and the consequent increased ERK1/2 MAP activity in the oligodendrocyte lineage results in faster remyelination and thicker sheaths following lysolethycin-induced demyelination (Ishii 2012; Fyffe-Maricich

2013). This provides a fascinating therapeutic target, but must be approached carefully. Mice that overexpress constitutively active Akt in oligodendrocytes (Akt-DD) are characterized by hypermyelination. At young ages, these mice exhibit faster-latency visually evoked potentials than WT controls (Yu et al. 2011). As they age, however, Akt-DD mice exhibit delayed latencies correlated with myelin abnormalities. Furthermore, myelin continues to accumulate in these mice, eventually becoming pathologic, as they die around one year of age (Flores et al., 2008). Clearly modulating signaling pathways to regulate myelin thickness would need to be paired with electrophysiological and behavioral measures to characterize the effects of myelin thickness on remyelinated axons, and the regulation of myelin thickness would need to be tightly controlled.

Myelin plasticity: implications for remyelination and circuit function

The role of myelination in higher brain function is still poorly understood. However, as we gain a greater appreciation for the role of temporally precise oscillatory and synchronous neuronal activity in complex cognitive functions, it becomes more important for us to understand the axo-myelin unit as a controller of signal transmission timing in health and disease. In recent years it has become clear that myelination is not an all-or-none, uniform process, and myelin plasticity and heterogeneity may have important functional consequences for signal propagation and circuit function.

Even in the adult, new myelin can be generated, and recent studies suggest that axonal activity can drive that production of new myelin in the adult (Gibson et al. 2014). Additionally, some cortical axons are discontinuously myelinated, with large unmyelinated sections interspersed between myelinated segments in a layer-specific pattern (Tomassy et al. 2014). Remarkably, these unmyelinated regions appear to contain synaptic connections, suggesting a functional role for discontinuous myelin. The composition of these unmyelinated axon segments in discontinuously myelinated axons is unknown, and it will be fascinating to discover how they facilitate signal transmission, and whether they represent a site of myelin remodeling. Discontinuous myelination also presents an excellent opportunity to explore another dimension of remyelination efficacy. Cortical remyelination is known to occur in MS patients (Albert et al. 2007, Chang et al 2012), but the degree to which the channel composition of the unmyelinated regions and the relative laminar myelin patterns change during myelin injury and recovery is currently unknown.

Return to near-normal conduction velocity is an important measure of remyelination success. In order to better understand the functional impact of remyelination on neuronal communication, we must integrate the recovery of circuits with specific myelin profiles, transmission requirements, and behavioral correlates. To some extent, such measures are most detectable for sensory signaling to the CNS. Clearly synchrony of neuronal firing is essential for olfactory detection (reviewed in Mori et al. 2013), and altered conduction latencies can contribute to visual deficits (Wist et al. 1978, reviewed in Balcer et al. 2014). A particularly important readout of circuit restoration is the ability of remyelinated axons to mediate temporally specific neuronal signaling. Problems in temporal synchrony of neuronal firing are particularly clear with MS patients, who often have trouble with sound localization, even in the absence of gross auditory deficits (Cranford et al. 1990, reviewed

in Furst and Levine 2015). Localization of low-frequency sounds is mediated by interaural time differences (ITD), which are computed by microsecond resolution coincident detection in the auditory brainstem, and thus rely on tight control of conduction timing. Signaling from the ear is mediated by neurons with bifurcating axons that project to both sides of the medial superior olive. Contralateral action potentials must therefore travel over twice as far as ipsilateral projections to reach their target, clearly a challenge to coincident detection. Seidl and Rubel (2016) recently reported that contralateral and ipsilateral projections are differentially myelinated in gerbils. Contralateral branches established longer internodes than ipsilateral branches prior to hearing onset, which was followed by an increase in axonal diameter. This heterogeneous myelin profile for individual axons is likely an important factor in ITD detection, and could be a powerful system for investigating circuit function in relation to demyelination and remyelination. An important question is whether after demyelination the axo-myelin unit can adjust to restore the behaviorally relevant interaural circuit function. Myelination by engrafted OPCs can restore gross auditory latencies in the hypomyelinated *shiverer* mice (Abiraman 2015), but ITD-mediated sound localization has not been studied in that system. The auditory brainstem offers a unique opportunity to pursue these questions at the level of molecular architecture, electrical signal propagation, and behavioral performance in sound localization. These approaches would provide information not only about the advantages and limitations of remyelination, but also the role of myelin as an active player in neuronal networks.

Conclusion

Myelin produced by oligodendrocytes is a crucial component of proper CNS function. In addition to the classic demyelinating diseases, myelin dysfunction is becoming recognized as a component of many CNS disorders traditionally associated with neuronal function. Remyelination provides an exciting avenue of therapeutic research. However, understanding the mechanisms of remyelination, in particular whether remyelination results from essentially the recapitulation of developmental myelination is important. How axons have changed after myelination, demyelination and remyelination is still an area of important investigation. Thus, the neuroprotective capacity of remyelination is still not well understood, and its ability to restore the circuit deficits underlying symptoms in neurological disorders is even more unclear, although as a goal, increasing remyelination after damage is clearly important. Given the wide variety of pathological and injury contexts in which demyelination occurs, it is crucial to learn more about how remyelination impacts axonal health and neuronal function.

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Significance:

Loss of oligodendrocytes and the myelin they produce is implicated in a wide range of central nervous system pathologies, with profound effects on axonal health and function. Facilitating remyelination has become a major therapeutic target. Thus, understanding its neuroprotective impact is crucial for using remyelination in treatment. This review integrates the current literature on remyelination as a neuroprotective strategy, as well as gaps in our knowledge and how these gaps can be addressed in different model systems and circuits.

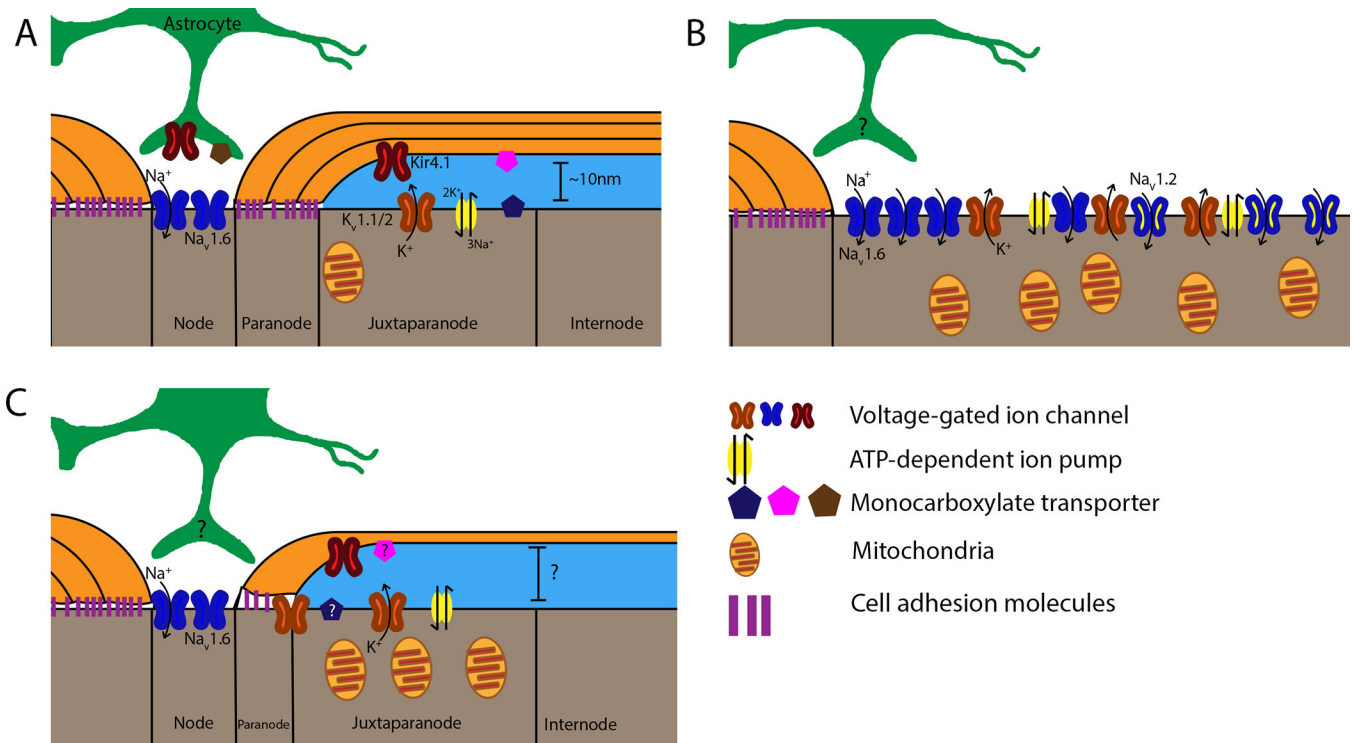


Figure 1: Nodal alterations following demyelination and remyelination.

Healthy axo-myelin units are displayed on the left of each panel for comparison. **A:** In healthy myelinated axons, voltage-gated sodium channels ($\text{Na}_v1.6$, blue) are located at the node of Ranvier, while voltage-gated potassium channels ($\text{K}_v1.1/2$, orange), ATP-dependent Na^+/K^+ pumps (yellow), and mitochondria localize to the juxtaranode. Inward-rectifying K^+ channels (Kir4.1, red) are expressed by both oligodendrocytes and astrocytes, which extend perinodal processes that contribute to node function. Different monocarboxylate transporters (MCTs) are expressed by oligodendrocytes (MCT1, pink), axons (MCT2, blue), and astrocytes (MCT4, brown), indicating an important role for lactate metabolism. **B:** Loss of paranodal junctions (purple) due to demyelination results in K_v channel diffusion along the axolemma. Na_v clusters also diffuse, and axons begin expressing $\text{Na}_v1.2$ along the former internode. This increases the area across which ion gradients must be maintained, causing broad expression of Na^+/K^+ pumps and increasing mitochondrial density to meet axonal energy demands. Axonal MCT expression is reduced, potentially to compensate for high extracellular lactate levels. **C:** Following remyelination, ion channel and pump localization is restored, with some K_v channels persisting in the paranodal region. Mitochondrial density remains elevated, while the expression of MCTs during this period is unknown. Notably, the presence or absence of perinodal astrocyte processes during demyelination and remyelination has yet to be elucidated. Other morphological factors of remyelinated axons, such as the size of the periaxonal space, also remain unknown.