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## Racial differences in user experiences and perceived value of electronic symptom monitoring in a cohort of black and white bladder and prostate cancer patients

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**Author contributions** All authors contributed to the study conception and design. Material preparation and data collection were performed by Cleo A. Samuel, Angela Smith, Bryce B. Reeve, Ronald Chen, and Zahra Mahbooba. Analysis was performed by Cleo A. Samuel, Wendi Elkins, and Jennifer Richmond. The first draft of the manuscript was written by Cleo A. Samuel, Wendi Elkins, and Jennifer Richmond. All authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

Compliance with ethical standards

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**Ethical approval** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee (University of North Carolina Institutional Review Board IRB number: 16–2873) and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

**Informed consent** Informed consent was obtained from all individual participants included in the study.

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## Abstract

**Purpose**—Electronic patient-reported outcomes (ePROs) are increasingly being used for symptom monitoring during routine cancer care, but have rarely been evaluated in diverse patient populations. We assessed ePRO user experiences and perceived value among Black and White cancer patients.

**Methods**—We recruited 30 Black and 49 White bladder and prostate cancer patients from a single institution. Participants reported symptoms using either a web-based or automated telephone interface over 3 months and completed satisfaction surveys and qualitative interviews focused on user experiences and value. Using a narrative mixed methods approach, we evaluated overall and race-specific differences in ePRO user experiences and perceived value.

**Results**—Most participants selected the web-based system, but Blacks were more likely to use the automated telephone-based system than Whites. In satisfaction surveys, Whites more commonly reported ease in understanding and reporting symptoms compared with Blacks. Blacks more often reported that the ePRO system was helpful in facilitating symptom-related discussions with clinicians. During interviews, Blacks described how the ePRO helped them recognize symptoms, while Whites found value in better understanding and tracking symptoms longitudinally. Blacks also expressed preferences for paper-based ePRO options due to perceived ease in better understanding of symptom items.

**Conclusion**—Electronic patient-reported outcomes are perceived as valuable for variable reasons by Black and White cancer populations, with greater perceived value for communicating with clinicians reported among Blacks. To optimize equitable uptake of ePROs, oncology practices should offer several ePRO options (e.g., web-based, phone-based), as well as paper-based options, and consider the e-health literacy needs of patients during implementation.

## Keywords

Electronic patient-reported outcomes; Symptom monitoring; Cancer; Patient-provider communication

## Background

Cancer patients experience a range of treatment-related symptoms, with Black patients reporting worse symptom burden than Whites [1–5]. Racial disparities in symptom burden have implications for inequities in health-related quality of life, treatment adherence, and survival. Symptom monitoring is a critical component of symptom management [6–8]; however, prior studies have documented bias in symptom assessment and monitoring, including providers underestimating and under-evaluating symptom burden in Black patients relative to Whites [9, 10]. Thus, strategies that routinize symptom monitoring may help mitigate inequities in symptom burden.

Existing research suggests that the integration of electronic patient-reported outcomes (ePROs) into routine oncology care is feasible and can help improve symptom management by facilitating symptom monitoring longitudinally, alerting clinicians to patients experiencing severe/worsening symptoms [6, 11, 12], engaging patients in symptom recognition [12, 13], and fostering patient-provider communication regarding symptoms [13, 14]. Yet, prior ePRO studies (have typically been carried out in homogenous populations of predominantly White, highly educated patients [6, 11, 14, 15], which limits generalizability to patients of color who, on average, report higher symptom burden [16], less education [17–19], and more barriers to care [20–23].

Past research suggests that adoption of health information technologies (e.g., mobile health applications, patient portals) varies along social gradients such as race, income, and education [24–27]. Thus, evaluating racial differences in cancer patient experiences with ePROs is critical for averting potential exacerbation of disparities in cancer-related symptom burden and outcomes. In this paper, we report on racial differences in user experiences and satisfaction with an ePRO tool among cancer patients. Specifically, we evaluated ePRO usability and perceived value among Black and White bladder and cancer patients and whether perceptions of usability and value differed by race.

## Methods

### Study overview

We implemented an ePRO system among a cohort of Black and White bladder and prostate cancer patients undergoing treatment (i.e., surgery or radiation) at the North Carolina (NC) Cancer Hospital, a large public academic facility located in the USA. We selected bladder and prostate patients as our study population due to the overlap in providers that treat these patients (urologists and radiation oncologists), as well as similarities in the side effects experienced by this patient population (e.g., urinary, bowel, and sexual dysfunction). The study was approved by the UNC Institutional Review Board, and all participants provided informed consent prior to study participation.

Participants completed ePRO symptom surveys capturing gastrointestinal function, sexual function, depression, anxiety, fatigue, sleep, and urinary function (approximately 45 symptom items total). All symptom domains were assessed with PROMIS short forms

[28–36] except urinary function which was measured using the Bladder Cancer Index or Expanded Prostate Cancer Index Composite [37, 38].

ePRO symptom surveys were administered at baseline (pre-treatment) following an ePRO training with a clinical research assistant, one month and 3 months following treatment initiation. Participants were given the option of completing ePRO surveys at home or in clinic using either a web-based or automated telephone system. All ePRO surveys were administered using PRO Core, a PRO data collection system housed at the UNC Lineberger Comprehensive Cancer Center. During clinic visits, patients (and their clinicians) received a symptom summary report (Fig. 1) that summarized their symptom severity longitudinally.

We employed a sequential explanatory mixed methods research design [39] to assess patient experiences with the ePRO system and symptom summary report using end-of-study patient satisfaction surveys (quantitative survey) and semi-structured qualitative interviews with participants.

### Study site

Participants were recruited from the NC Cancer Hospital's Multidisciplinary Urology and Radiation Oncology clinics from May 2017 to January 2018.

### Participant eligibility

We employed a purposive sampling approach (oversampling Blacks) to recruit 30 Black and 49 White participants for the ePRO study. Participants were eligible if they were 18 years or older, identified as Black or White, had a prostate or bladder cancer diagnosis, and intended to undergo treatment at the NC Cancer Hospital. Participants were ineligible if they already initiated cancer-directed treatment; identified as a race other than Black or White; were unable to read and speak English or unable to comply with the study for any reason apart from language; or had dementia, altered mental status, or any psychiatric condition that prohibited understanding and/or the ability to provide informed consent.

### Data collection

**End-of-study patient satisfaction survey**—All study participants were invited to complete end-of-study patient satisfactions survey following the final ePRO survey. The satisfaction survey included items assessing patient perspectives on ePRO ease of use, understanding of the ePRO survey items and symptom summary report, helpfulness of the ePRO survey in facilitating conversations with clinicians, and overall satisfaction with the ePRO survey. All questions included either a yes/no or seven-point Likert scale response options (Supplemental Appendix A).

**Semi-structured interviews**—A random subset of study participants, racially proportional in number to the overall cohort ( $n = 15$  Black;  $n = 25$  White), were invited to participate in end-of-study semi-structured interviews to share their experiences with ePRO system. A semi-structured interview guide (Supplemental Appendix B) was developed to explore three general topics related to the ePRO survey: ease of use, perceived value, and impact on patient-provider communication regarding symptoms. Interviews were conducted

by two clinical research assistants, audio recorded, and transcribed verbatim. Interview participants completed interviews in person or by telephone and received a \$25 incentive.

## Data analysis

**Participant demographics and end-of-study patient satisfaction survey**—We computed overall and unadjusted race-specific estimates for demographics and responses to satisfaction surveys.

**Semi-structured interviews**—With input from the larger research team, two graduate research assistants (GRAs) (i.e., doctoral students) with qualitative analysis experience developed a codebook (Appendix C). Topical codes were identified based on questions from the semi-structured interview guide. Next, the GRAs reviewed the interview transcripts to generate a set of emergent codes reflecting new topics that developed during the interviews. Each transcript was uploaded into NVivo version 12, a qualitative analysis software program. Both GRAs separately coded three transcripts and met to discuss coding agreement and resolve discrepancies. After establishing inter-coder reliability, GRAs coded each of the remaining transcripts separately. The GRAs then used the NVivo-generated code reports to identify overall patterns, main concepts, and themes. The NVivo query function was also used to generate race-specific code reports, which facilitated assessment of race-specific differences in codes and themes. Qualitative findings were integrated with satisfaction survey results using a mixed methods narrative approach [39, 40] where interview findings helped to expand upon and provide context for interpreting satisfaction survey results.

## Results

### Sample characteristics

Among the 79 ePRO study participants (overall cohort), 34 participants completed end-of-study patient satisfaction surveys ( $n = 9$  Black;  $n = 25$  White) and 40 participants completed semi-structured interviews ( $n = 15$  Black;  $n = 25$  White). The majority of satisfaction survey and semi-structured interview participants were male, White, had a diagnosis of prostate cancer, had at least a high school diploma, and selected the web-based system, though Black participants were more likely to select the automated telephone system relative to Whites (Table 1). Compared with White participants who completed the satisfaction survey, Black participants were younger, had less education, and were less likely to be married. Black participants who completed semi-structured interviews were more likely to have prostate cancer than Whites. Additionally, compared with the overall cohort of ePRO study participants, those completing the satisfaction survey were more likely to be White, diagnosed with prostate cancer, and treated with radiation.

### Theme 1: ePRO system usability

#### Overall findings

**End-of study patient satisfaction surveys**—Most web-based ePRO users reported that the system was “very easy/easy” to use (87.1%) and were “very satisfied/satisfied” with the web-based system (88.2%; Fig. 2). Similarly, most automated telephone-based

ePRO users reported that it was “very easy/easy” to use (75.0%) and were satisfied with the automated telephone interface (75.0%). The majority of participants reported that they understood all ePRO symptom questions (82.4%) and that it was “very easy/easy” to answer the questions (94.1%).

**Semi-structured interviews**—Participants described positive experiences using the ePRO survey, including satisfaction with the training processes and ease of use (Table 2). However, some described challenges in using the ePRO survey for the first time, such as difficulty understanding questions. As one participant explained, “*When I first started out, I didn’t understand some of the questions. Then I asked the nurse and she told me what to do. Then I was good to go*” (Black participant). Additionally, automated telephone ePRO users noted barriers to completing the survey, such as technical difficulties with their cell phone reception or the automated telephone system was offline when respondents tried to call.

Participants who used the online web-based system and those using the automated telephone system indicated that they preferred their self-selected ePRO modality due to its convenience. When asked if they would prefer to use a paper survey if given the option, participants generally responded that they would not prefer this option because other methods (i.e., online or phone) are more convenient and because “*...paper is... kinda going away*” (White participant). However, a small subset of participants shared that they would prefer using a paper survey because they could more clearly see all the questions and take more time to answer.

Participants were divided about preferences for completing the ePRO at home versus in clinic. Some preferred completing ePRO surveys at home because there would be fewer interruptions and more time to focus on the because they could do so during their appointment wait time and/or ask staff questions in person.

Participants generally reported that the symptom summary report was easy to understand and helped them better understand their symptoms. However, some participants reported difficulty in interpreting the numbers in the symptom summary report. To address this challenge, one participant recommended: “*I just think that y’all need to let people, whenever you give them the surveys, the scale, explain it to ‘em xactly what it’s supposed to show you*” (Black participant). Participants also offered other suggestions for improving the symptom summary report display, such as clarifying what the numbers in the report mean, moving some of the lines in the graphs so they do not obscure the numbers, spelling out acronyms (e.g., PROMIS), and offering an executive summary of results.

### Race-specific findings

**End-of study patient satisfaction surveys**—Web-based ePRO system use was more common among Whites relative to Blacks (77.7% Black; 96.0% White, Table 1). Black participants were also less likely than Whites to report that the web-based system was “very easy/easy” to use (71.4% Black; 91.7% White, Fig. 2); however, nearly all Black and White respondents reported being “very satisfied/satisfied” with the web-based system (100.0% Black; 95.8% White). Most White respondents reported that they understood all of the ePRO survey questions compared with roughly half of Black participants (55.6% Black; 92.0%



White). Whites and Blacks similarly reported that that it was “very easy/easy” to answer the ePRO survey (88.9% Black; 96.0% White). Moreover, Whites more commonly reported that it was “very easy/easy” to understand the symptom summary report than Black participants (37.5% Black; 72.0% White).

**Semi-structured interviews**—Compared with White participants, Black participants more commonly reported that the ePRO survey was initially challenging to use. When elaborating on these challenges, Black participants focused on difficulty related to understanding the wording of some of the questions.

In terms of modality preferences, White participants commonly described a preference for completing the ePRO survey online because the process was quicker and easier. Some Black participants, on the other hand, commonly expressed a preference for paper-based reporting, if given the option, due to perceptions that paper-based surveys allow more time for processing symptom questions.

Among participants reporting challenges in understanding the symptom summary report, Black participants more often reported challenges in their general understanding of the report, whereas White participants reported more specific challenges (e.g., confusion about acronyms, inclusion of too much detail). Moreover, White participants commonly described being able to understand the symptom summary report with staff assistance.

## Theme 2: perceived value of ePRO system

### Overall findings

**End-of study patient satisfaction surveys**—Most participants reported that the ePRO survey was “very helpful/helpful” in reminding them of symptoms experienced in the last seven days (76.5%; Fig. 3). Similarly, 88.2% of participants reported they would use the ePRO survey during future clinic visits and 82.4% indicated that they would recommend other patients to use it. Additionally, most participants reported being “very satisfied/satisfied” with the ePRO survey (79.4%).

**Semi-structured interviews**—Participants described several benefits to completing the survey, including gaining knowledge about their disease, better awareness of their symptoms, identifying questions/topics to discuss with their doctor, tracking symptoms longitudinally, and being able to initially report on sensitive topics/symptoms electronically instead of face-to-face with a clinician (Table 3). Participants generally expressed a willingness to continue using the ePRO survey at future follow-up visits to help advance science or to help keep track of their symptoms: “*I would choose to [continue completing it] because ... It’s gonna help science*” (Black participant).

Participants also shared suggestions for enhancing the value of the ePRO survey, including adding questions about hot flashes, diet, physical activity, and symptoms related to comorbid conditions. As one participant explained, “*...I’m being treated for prostate cancer, but I also have diabetes.... The two are really hard sometimes to take care of both at one time. Somebody [on] the survey [study team] needs to realize that people are being treated for*

*multiple situations...*” (White participant). Participants also recommended pairing the ePRO with more information about symptoms and side effects that they may experience during and after treatment, so that that they could be better prepared to recognize symptoms.

Finally, participants shared health care experiences/barriers that may be helpful to include in the survey, such as transportation challenges, coordinating care at multiple hospitals/clinics, paying for treatment/medications, convenience of medical appointments and parking, clinic wait times, long-term patient recovery and well-being, challenges communicating with providers, and friendliness of staff.

### Race-specific findings

**End-of study patient satisfaction surveys**—The majority of Black and White reported that the ePRO survey was “very helpful/helpful” in reminding them of symptoms they experienced in the last seven days, (77.8% Black; 76.0% White), and that they would use the ePRO survey again if they returned to the clinic (88.9% Black; 88.0% White), and would recommend other patients to use it (88.9% Black; 88.0% White). Similarly, most Black and White reported feeling “very satisfied/satisfied” with the ePRO survey (77.8% Black; 80.0% White).

**Semi-structured interviews**—When discussing ePRO survey benefits, Black participants generally focused on how the survey helped them better understand their disease and symptoms: “[It] just gives you more knowledge of your body, what to look for, so that you can [converse] with your physician” (Black participant). White participants commonly described the benefits of better understanding their symptoms, but discussed several other benefits as well (e.g., tracking their symptoms over time). As one White participant explained, “I see a self-awareness of where I was and where I am now.... looking at it in that form, I realized how much I have improved physically” (White participant).

Additionally, in contrast with White participants, when Black participants provided negative feedback about the value of the ePRO tool, they generally hedged their comments and/or paired them with positive observations. For example, as one participant explained, “...I’m not sure that the survey was a [benefit] to me at all... ‘Cause like I said, everybody at the clinic was pretty thorough when I was there. I don’t think they missed anything when it came to my prostatectomy” (Black participant). Additionally, suggestions for symptoms to improve the ePRO survey generally came from White participants, despite more Blacks reporting difficulty using ePRO system.

A small minority of participants, most of whom were White, indicated that the ePRO was not helpful at any time because it did not make a difference in their treatment: “It just didn’t seem like it was an advantage or a disadvantage. Just another form to fill out but it didn’t have much impact on my life” (White participant). Similarly, a small subset of mostly White participants said that they would be unwilling to continue using the ePRO survey during follow-up appointments because it seemed unnecessary.



## Theme 3: impact of ePRO system use on patient-provider communication

### Overall findings

**End-of study patient satisfaction surveys**—Most participants reported that their doctor communicated with them about their ePRO-reported symptoms (85.3%; Fig. 4). About half of all participants reported that the ePRO survey helped them discuss medical issues with their doctor that they may not have otherwise discussed (52.9%). Over half of respondents reported that the ePRO survey was “very helpful/helpful” in talking with clinicians about symptom concerns (64.7%).

**Semi-structured interviews**—Participants commonly reported that the ePRO positively impacted communication with their provider by precipitating additional discussion about their symptoms/treatment and helping participants think of additional questions to ask clinicians (Table 4). One participant explained that, *“It just brought up some talk points that maybe I wouldn’t have thought of in there—you’re emotional about having cancer and answering the questions, and I probably would have forgot some of those things, the talk topics”* (White participant). Yet, a smaller subset of participants noted that the ePRO did not impact provider communication, as the ePRO survey results were not discussed during clinic visits. For example, one participant noted that, *“We talked about what to do, given my symptoms and the problems I’m having, but we didn’t talk directly about the survey results itself”* (White participant).

### Race-specific findings

**End-of-study patient satisfaction surveys**—Most Black and White respondents reported that their doctor communicated with them about ePRO-reported symptoms (88.9% Black; 84.0% White). However, Black respondents more often reported that the ePRO was “very helpful/helpful” in facilitating discussions with their doctors about symptoms they experienced (88.9% Black; 56.0% White) as well as discussing medical issues that they may not have otherwise discussed with their doctor (66.7% Black; 48.0% White).

**Semi-structured interviews**—Findings were generally consistent between Black and White participants regarding the impact of the ePRO tool on patient-provider communication. However, unlike White participants, when Black participants reported that their provider did not discuss the ePRO survey results during their appointments, they often hedged their comments and noted caveats (e.g., by explaining that they may not remember or by blaming themselves). As one Black participant explained, *“No. I don’t think he did [discuss the survey]. Again, I probably had him thinking about somethin’ else ‘cause I had other questions probably keeping him from even discussing that. I’m gonna say that’s my fault”* (Black participant).

### Discussion

In this study, we examined the usability and perceived value of ePRO use within routine oncology care among a cohort of Black and White bladder and prostate cancer patients undergoing treatment and whether user experiences and perceived value differed by race.

Overall, the majority of Black and White patients reported high satisfaction and value from ePRO use and expressed a willingness to continue using ePROs as part of routine clinical care. Most patients indicated that the ePRO was beneficial in reminding them about symptom concerns and facilitating symptom discussions with doctors; however, this communication-related ePRO benefit was especially pronounced among Blacks. Whites, on the other hand, more commonly perceived value from gaining more awareness about their symptoms and the ability to monitor symptoms over time. Interestingly, despite reports of high perceived value among Black patients, Blacks were less likely than Whites to report ease in understanding ePRO symptom items. Additionally, although most patients selected the web-based ePRO modality option, use of the automated telephone interface was more common among Blacks relative to Whites.

Disparities in the diffusion of health informatics tools are well documented [41–43]. For example, past research has shown that compared with Whites, Black patients are less likely to use patient portals [44]. Additionally, higher levels of education and e-health literacy have been linked to greater adoption of mobile health applications [45]. Given the substantial symptom management benefits associated with ePRO use, and longstanding disparities in symptom burden, optimizing PRO survey adoption in diverse populations, whether electronically or through paper-based delivery, is critical to addressing cancer-related symptom inequities.

Although most Black patients reported high levels of perceived value in using the ePRO tool and supported continued ePRO use, Blacks were more inclined than Whites to report challenges in understanding ePRO survey questions and the symptom summary report. On average, our Black study participants reported lower levels of education relative to Whites, which is consistent with national data on educational attainment [46]. Past research has also reported racial inequities in health literacy and computer literacy; however, we did not collect these data in our study [47–49]. Thus, racial differences in education, computer literacy, and health/e-health literacy should be taken into account in the design and implementation of ePRO tools in clinical care. In particular, it may be beneficial to provide patients both with standardized baseline ePRO training (e.g., how to use the ePRO device and how to interpret the reports), as well as refresher ePRO trainings and/or technical assistance at follow-up time points. Additionally, providing patients with a reference sheet that explains, in plain language, the ePRO symptom items and summary report may help mitigate health literacy challenges. Moreover, some Black patients expressed a desire to have paper-based options available. A possible work-around might involve having designated clinic staff collect completed paper-based PRO surveys at clinic visits and enter those data into the ePRO system on behalf of patients. Such strategies can help ensure equitable uptake of ePROs and avert a potential “digital divide” in ePRO adoption and related benefits.

A key ePRO benefit includes its role in facilitating patient-provider communication regarding symptom concerns [13, 14]. For example, most study participants indicated that doctors discussed ePRO data with them and that the ePRO helped them identify and discuss health issues that they might have overlooked. Prior research suggests that racial disparities in symptom management may be partially due to racial differences in patient-

provider communication [20, 50, 51]. Compared with White participants in our study, Black participants were more inclined to indicate that the ePRO was “very helpful/helpful” in facilitating communication with their doctors. Hence, if ePRO use disproportionately benefits Black patients, and potentially other patients of color, in communicating with clinicians regarding symptoms, it is possible that equitable implementation of ePROs in clinical care may help reduce racial gaps in symptom management. Thus, future research should explore the potential impact of equitable implementation of multi-modal PRO surveys (i.e., web-based, automated telephone-based, and paper-based delivery) on racial disparities in symptom management and symptom burden.

During interviews, study participants recommended additional items to include in the ePRO survey, such as symptoms associated with other conditions (e.g., diabetes) and symptom-relevant health care experiences/barriers. With respect to including additional symptoms, it may be helpful to include a free-text functionality that allows patients to share other symptoms they perceive as relevant to their cancer-related symptom management [28]. Moreover, past research has described the benefits of collecting PROs alongside patient-reported experience measures (PREMs), which capture patients’ clinical experiences (e.g., patient-provider communication, friendliness of clinical staff, medication affordability challenges), and have documented positive associations between PREMs and PROs [52, 53]. Thus, inclusion of PREMs in ePRO assessments may have implications for improving patient care and addressing symptom burden disparities that are partly driven by inequities in care experiences/barriers [20, 22, 23, 52]. Future research should explore the feasibility, usability, and perceived value of implementing ePREMs alongside ePROs in routine oncology care.

Limitations of this study include our focus on Black and White bladder and prostate cancer patients. Thus, our findings may not generalize to other racial/ethnic groups or other cancer types. Secondly, as this was a relatively small single-site study conducted at a large cancer hospital within an academic medical center, it remains unclear whether our findings will apply to other settings. Still, our hospital study site serves both rural and urban patients with variable levels of income and education, which reflects the broader US population. Moreover, to our knowledge, this is the first study to examine racial differences in user experiences and perceived value of ePRO use in oncology care and, therefore, is an important contribution to the PRO, oncology, and healthcare equity literature.

## Conclusion

Despite racial differences in user experiences, implementation of ePROs in routine oncology care is perceived as valuable among Black and White cancer patients, with greater perceived value reported among Blacks. These findings may have implications for engaging patients and addressing disparities during cancer care. Nonetheless, when implementing ePRO systems, the health literacy needs and ePRO modality preferences of diverse populations must be considered in order to avoid exacerbation of existing disparities in care.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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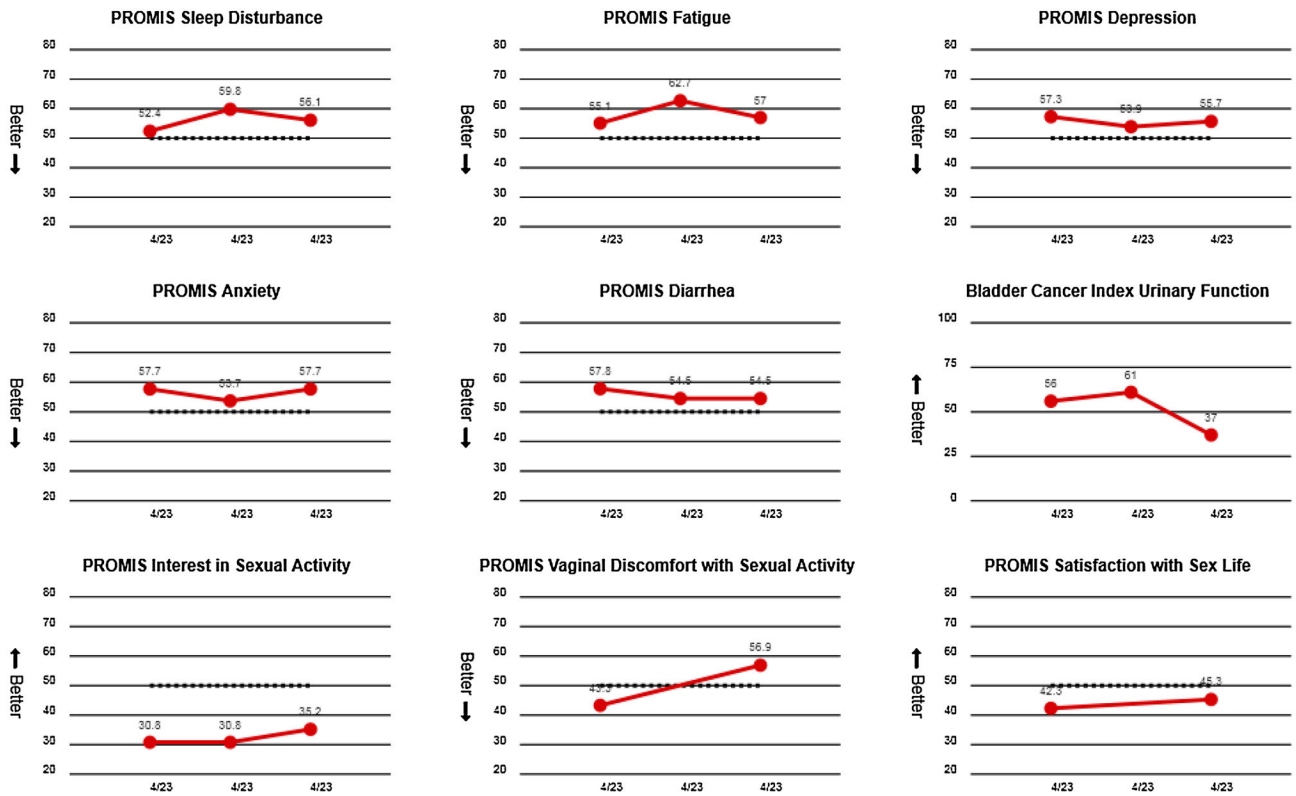
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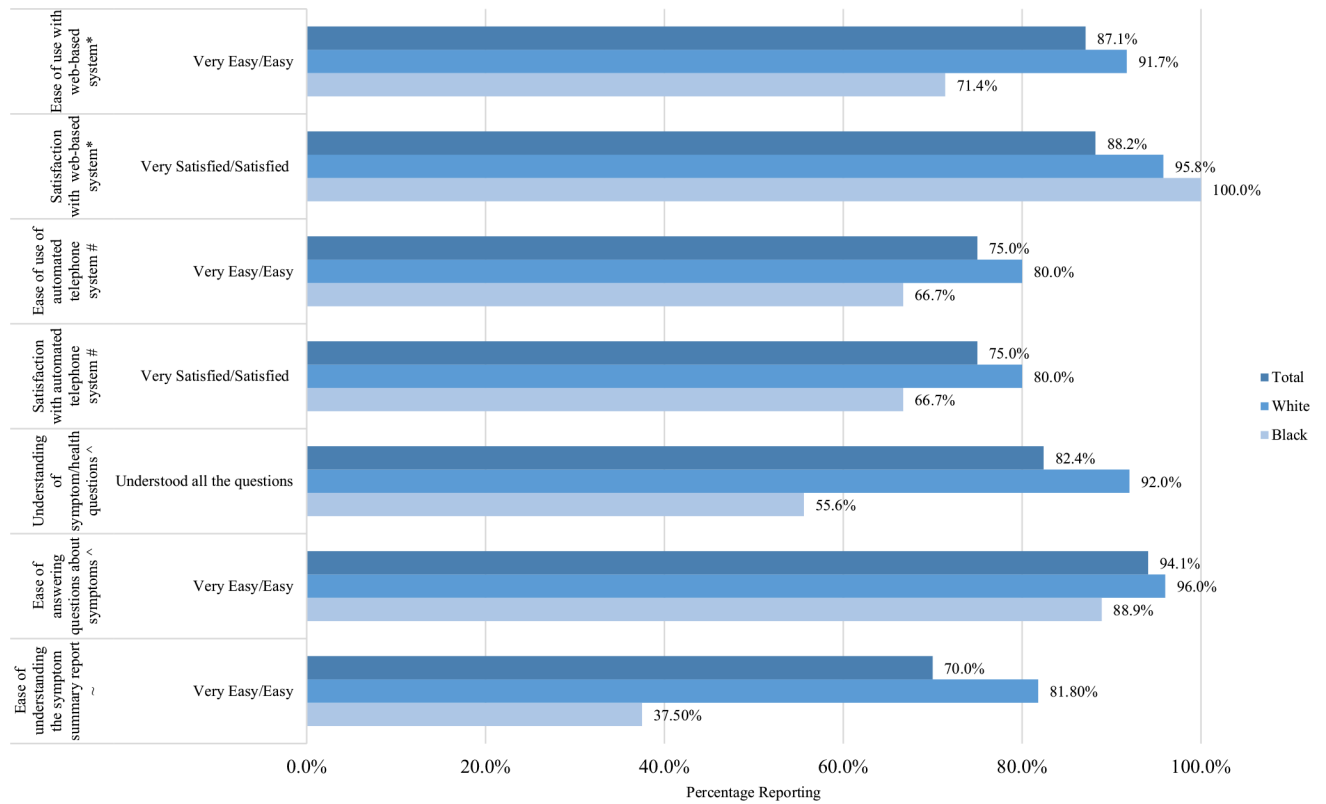


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**Symptom Scores:** Each chart shows scores for the last one to three visits. High scores may indicate better or worse symptom severity, depending on the direction of the arrow denoted in the chart. All symptoms are reported by patients. US population mean indicated by dotted black line.



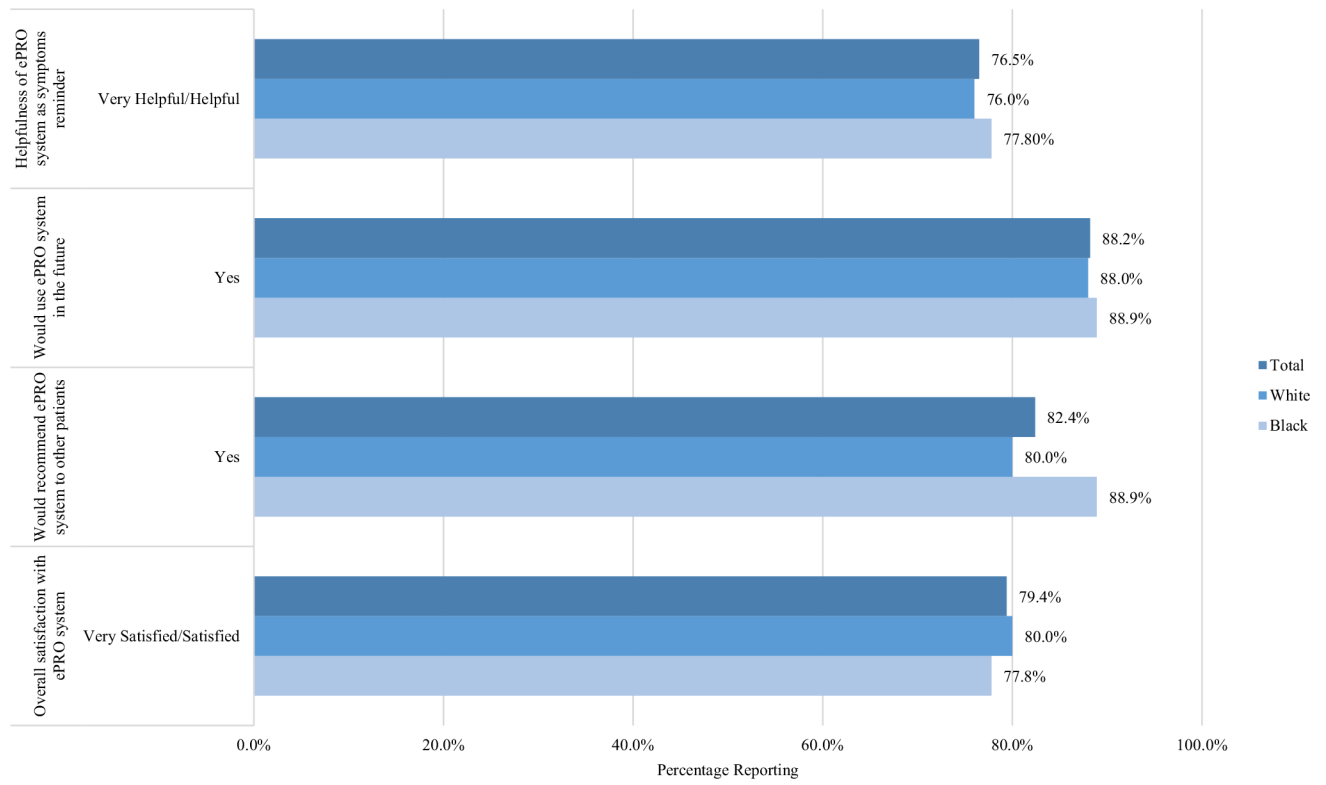
**Fig. 1.**  
Symptom summary report



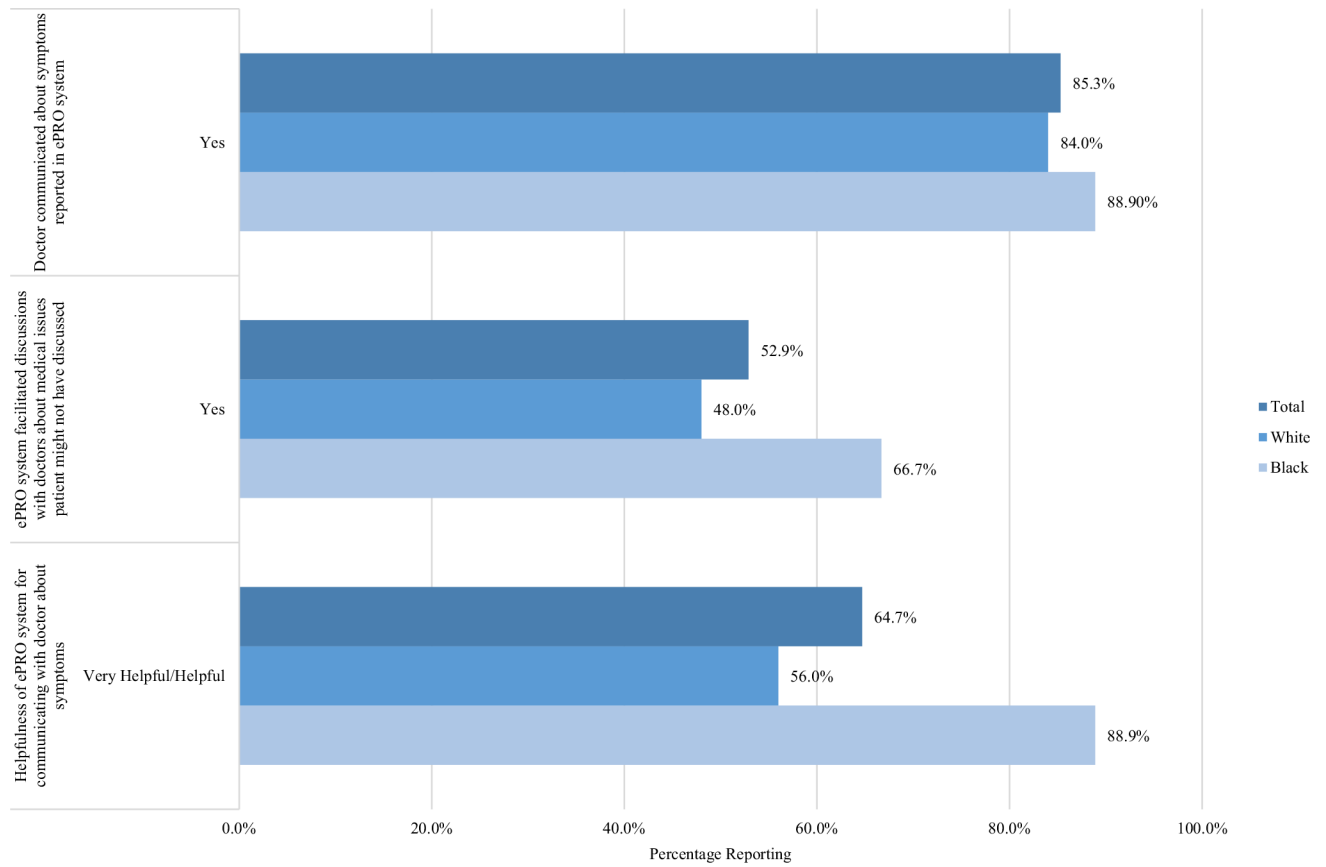
**Fig. 2.**

Satisfaction survey responses on usability of ePRO system, overall and by race.

\*Denominator is among those who completed online web-based ePRO (Total  $N=31$ ; Black  $N=7$ ; White  $N=24$ ); #Denominator is among those who completed automated telephone ePRO (Total  $N=8$ , Black  $N=3$ , White  $N=5$ ); ^Denominator is among all satisfaction survey participants (Total  $N=34$ , Black  $N=9$ , White  $N=25$ ); ~Denominator is among those who received a paper symptom summary report (Total  $N=30$ , Black  $N=8$  White  $N=22$ )



**Fig. 3.** Satisfaction survey responses on perceived value of epro system, overall and by race. Denominator is among all satisfaction survey participants (Total  $N= 34$ , Black  $N= 9$ , White  $N= 25$ )



**Fig. 4.** Satisfaction survey responses on the impact of ePRO system use on patient-provider communication, overall and by race. Denominator is among all satisfaction survey participants (Total  $N = 34$ , Black  $N = 9$ , White  $N = 25$ )

**Table 1**

Demographics of overall ePRO study participants, satisfaction survey participants, and qualitative interview participants, by race

Characteristics	Overall (n = 79)			Participants that completed satisfaction survey (n = 34)		Participants that Completed a qualitative interview (n = 40)	
	Black (N = 30)	White (N = 49)	Black (N = 9)	White (N = 25)	Black (N = 15)	White (N = 25)	
Age							
Mean, SD	62.8 (8.1)	66.8 (8.7)	58.7 (7.2)	66.1 (8.4)	62.1 (8.0)	66.9 (9.4)	
Sex							
Male	25 (83.3%)	44 (89.8%)	9 (100.0%)	23 (92.0%)	12 (80.0%)	22 (88.0%)	
Female	5 (16.7%)	5 (10.2%)	0 (0.0%)	2 (8.0%)	3 (20.0%)	3 (12.0%)	
Education							
High school diploma or less	10 (33.3%)	9 (18.4%)	4 (44.4%)	3 (12.0%)	4 (26.7%)	3 (12.0%)	
Some vocational, business, or technical college	9 (30.0%)	10 (20.4%)	3 (33.3%)	4 (16.0%)	5 (33.3%)	8 (32.0%)	
Some college	5 (16.7%)	10 (20.4%)	2 (22.2%)	7 (28.0%)	3 (20.0%)	5 (20.0%)	
Four-year college degree	3 (10.0%)	7 (14.3%)	0 (0.0%)	4 (16.0%)	2 (13.3%)	3 (12.0%)	
Graduate School	3 (10.0%)	13 (26.5%)	0 (0.0%)	7 (28.0%)	1 (6.7%)	6 (24.0%)	
Occupation status							
Employed	7 (23.3%)	21 (42.9%)	2 (22.2%)	9 (36.0%)	4 (26.7%)	11 (44.0%)	
Medical leave or disabled	2 (6.7%)	1 (2.0%)	0 (0.0%)	1 (4.0%)	0 (0.0%)	1 (4.0%)	
Retired	17 (56.7%)	27 (55.1%)	5 (55.6%)	15 (60.0%)	9 (60.0%)	13 (52.0%)	
Unemployed	2 (6.7%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	
Missing	2 (6.7%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	
Marital status							
Married or living with a partner	19 (63.3%)	41 (83.7%)	6 (66.7%)	20 (80.0%)	9 (60.0%)	19 (76.0%)	
Unmarried	11 (36.7%)	8 (16.3%)	3 (33.3%)	5 (20.0%)	6 (40.0%)	6 (24.0%)	
Health insurance type <sup>a</sup>							
Insured private	8 (26.7%)	30 (61.2%)	2 (22.2%)	12 (48.0%)	5 (33.3%)	12 (48.0%)	
Insured public	24 (80.0%)	32 (65.3%)	7 (77.7%)	18 (72.0%)	11 (73.3%)	17 (68.0%)	
Cancer type							
Bladder	9 (30.0%)	19 (38.8%)	0 (0.0%)	7 (28.0%)	3 (20.0%)	13 (52.0%)	
Prostate	21 (70.0%)	30 (61.2%)	9 (100.0%)	18 (72.0%)	12 (80.0%)	12 (48.0%)	



Characteristics	Overall (n = 79)		Participants that completed satisfaction survey (n = 34)		Participants that Completed a qualitative interview (n = 40)	
	Black (N = 30)	White (N = 49)	Black (N = 9)	White (N = 25)	Black (N = 15)	White (N = 25)
Treatment type						
Surgery	20 (66.7%)	35 (71.4%)	3 (33.3%)	13 (52.0%)	9 (60.0%)	20 (80.0%)
Radiation	10 (33.3%)	14 (28.6%)	6 (66.7%)	12 (48.0%)	6 (40.0%)	5 (20.0%)
Delivery method <sup>a</sup>						
Automated telephone system	12 (40.0%)	5 (10.2%)	3 (33.3%)	5 (20.0%)	5 (33.3%)	4 (16.0%)
Web-based system	18 (60.0%)	42 (85.7%)	7 (77.8%)	24 (96.0%)	10 (66.7%)	21 (84.0%)
Missing	0 (0.0%)	2 (4.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)

<sup>a</sup> Does not add up to 100 percent due to participants being able to select all that apply

Table 2

Key interview quotes on ePRO system ease of use, overall and by race

Key qualitative interview findings: ease of use	Quotes reflecting patterns among overall participants	Quotes reflecting differences between Black and White participants (where applicable)
<p>Participants generally reported positive experiences using the ePRO system, but noted a few key challenges (e.g., understanding some questions). Black participants noted that the ePRO system was initially challenging to use more often than White participants</p>	<p>“I don’t think any of it was hard. It was easier than any other type of thing like that than I’ve done.” (White participant)</p>	<p><b>Black:</b> “When I first started out, I didn’t understand some of the questions. Then I asked the nurse and she told me what to do. Then I was good to go.” (Black participant)  <b>White:</b> “It was really not hard at all.” (White participant)</p>
<p>Generally, participants described preferences for completing the survey online for convenience, but Black participants described preferences for completing it by phone or paper (if given the option)</p>	<p>“I think it’s easier to use the online...” (White participant)</p>	<p><b>Black:</b> “I’d prefer the paper-based survey because I’d have more time to sit and look at it and read it and think about it before I answered...” (Black participant)  <b>White:</b> “Because online is all right there. It’s easier. It transfers fairer. It’s what I’m used to. I mean, paper is kind of not—it’s kinda going away.” (White participant)</p>
<p>Participants noted a few key barriers to completing the survey, such as technical difficulties with their cell phone reception or the integrated voice response system or being used for telephone survey completion</p>	<p>“... There was some sort of technical difficulty at... their end of it. Because it just went blank on me... where the phone call is made, and the beginning of the survey is just—it was like there was something wrong technically at the other end, because the phone just went dead (White participant).”</p>	<p>N/A (key barriers were consistent among Black and White participants)</p>
<p>Participants were divided about their preferences for completing the survey at home (so they would have more time) or in the clinic (so they could ask questions to the staff and/or complete it while waiting for their appointment)</p>	<p>“It was probably more convenient at home to do it on your time, plus you could stop, come back, finish if somethin’ came up or somethin’ you had to do.” (White participant)          “...I liked it better when I was in the clinic ‘cause I already had that time to do it.” (Black participant)</p>	<p>N/A</p>
<p>Overall, participants reported that the Symptom Summary was easy to understand. Among the participants who did report challenges in understanding the Symptom Summary, Black participants more often reported challenges related to their general understanding, whereas White participants reported more specific challenges (e.g., confusion about acronyms used and the numbers included)</p>	<p>“It [understanding the Symptom Summary] was pretty easy for me.” (White participant)</p>	<p><b>Black:</b> “I didn’t understand it. I remember seein’ that now.” (Black participant)  <b>White:</b> “I mean, I’m totally at a loss. There’s another one about anxiety, and my answers are 51.2, 51.2 and 51.2. Now, I answered—I had probably six choices with anxiety, and I’ve got, somehow, an answer of 51.2. It’s just, like, it just doesn’t make any sense whatsoever.” (White participant)</p>

Table 3

Key interview quotes on perceived value of ePRO system, overall and by race

Key qualitative interview findings: perceived value	Quotes reflecting patterns among overall participants	Quotes reflecting differences between Black and White participants (where applicable)
<p>Participants described several benefits from the ePRO system (e.g., better understanding their symptoms). Black participants focused on how the ePRO system helped them better understand their disease/symptoms, whereas White participants noted additional specific benefits (e.g., tracking symptoms over time)</p>	<p>“I think it probably made me think more concisely about symptoms. When I did talk to the doctor, I could express what was going on better.” (White participant)</p>	<p><b>Black:</b> “<i>[It] just gives you more knowledge of your body, what to look for, so that you can converse with your physician</i>” (Black participant)  <b>White:</b> “<i>I see a self-awareness of where I was and where I am now. I think that was—looking at it in that form, I realized how much I have improved physically</i>” (White participant)  <i>I would choose to [continue completing it] because it’s a survey that’s part [of a] study. It’s gonna help science</i>” (Black participant)</p>
<p>Participants suggested additional health or symptom-related items to include in the ePRO system (e.g., about comorbid conditions). Suggestions generally came from White participants</p>	<p>“Well, the only other thing, you know, and I’m being treated for prostate cancer, but I also have diabetes. I’m being treated by that up here. The two—how do I say this—the two are really hard sometimes to take care of both at one time. Somebody in the survey needs to realize that people are being treated for multiple situations, what effect you have with one versus the other.” (White participant)</p>	<p>N/A (suggestions generally came from White participants)</p>
<p>Participants described key barriers that may be helpful to include in the ePRO system</p>	<p>“I live two hours’ drive. I can’t get no transportation.” (Black participant)          “I think any of those things, especially barriers to getting symptoms diagnosed. Barriers to getting questions answered. Getting help from the provider. Those are probably the most important. Things like cost of medications. Transportation. Location. Timing of appointments. All of those things that are also barriers, I mean, you can also look at that.” (White participant)</p>	<p>N/A (suggestions were generally consistent among Black and White participants)</p>
<p>A small minority of participants (who were mostly White) said that the survey was not helpful because it made no difference in their treatment. When Black participants provided negative feedback about the ePRO system’s value, they often hedged their comments and/or paired them with positive observations, whereas White participants did not hedge negative feedback</p>	<p>“It just didn’t seem like it was an advantage or a disadvantage. Just another form to fill out but it didn’t have much impact on my life, to be honest” (White participant)</p>	<p><b>Black:</b> “<i>...I’m not sure that the survey was a [benefit] to me at all... ‘Cause like I said, everybody at the clinic was pretty thorough when I was there. I don’t think they missed anything when it came to my prostatectomy</i>” (Black participant)  <b>White:</b> “I can’t say it made any difference.” (White participant)</p>

**Table 4**

Key interview quotes on the impact of ePRO system use on patient-provider communication, overall and by race

Key qualitative interview findings: impact on patient-provider communication	Quotes reflecting patterns among overall participants	Quotes reflecting differences between Black and White participants (where applicable)
Overall, participants described a positive impact of ePRO system on patient-provider communication (e.g., because it sparked additional discussion about symptoms and treatment)	<p>“It just brought up some talk points that maybe I wouldn’t have thought of in the—you’re emotional about having cancer and answering the questions, and I probably would have forgot some of those things, the talk topics.” (White participant)</p>	N/A, both White and Black participants generally reported that the ePRO system positively impacted patient-provider communication
Some participants noted that the ePRO system did not impact patient-provider communication, with Black participants more often hedging comments and noting caveats	<p>“We talked about everything that I would have talked about if there had been a survey or if there hadn’t been a survey.” (White participant)</p>	<p><b>Black:</b> “No, I don’t think he did [discuss the survey]. Again, I probably had him thinking about somethin’ else ‘cause I had other questions probably keeping him from even discussing that. I’m gonna say that’s my fault.” (Black participant)</p> <p><b>White:</b> “We talked about what to do, given my symptoms and the problems I’m having, but we didn’t talk directly about the survey results itself.” (White participant)</p>