

# Solid cancer mortality risk among a cohort of Hiroshima early entrants after the atomic bombing, 1970–2010: implications regarding health effects of residual radiation

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## ABSTRACT

There are two types of exposure to atomic bomb (A-bomb) radiation: exposure to initial radiation released at the time of the detonation of the bomb, and exposure to residual radiation, which remains afterwards. Health hazards caused by exposure from residual radiation have not yet been clarified. The purpose of our study was to reveal the relationships between mortality risk from solid cancer and residual radiation based on data from the early entrants to Hiroshima. It is hard to identify the individual residual radiation doses. However, these are assumed to depend on the date of entry and the entrants' behavior. Individual behavior is thought to be closely related to gender and age at exposure. We investigated a cohort of 45 809 individuals who were living in Hiroshima Prefecture on 1 January 1970 and were registered on the Database of Atomic Bomb Survivors as entrants after the bombing. Poisson regression methods were used to estimate excess relative risks (ERR) with data cross-classified by sex, age at entry, and date of entry. In males in their 20s, 30s, and 40s at entry and in females less than 10 years old and in their 40s at entry, solid cancer mortality risks were significantly higher among persons who entered the city on the day of the bombing than those who entered three or more days later. With adjustments for the age-dependent sensitivities to radiation exposure, it was extrapolated that middle-aged people who entered the city on the day of the bombing were exposed to higher levels of residual radiation than younger people.

**Keywords:** atomic bombing; cohort study; early entrants; excess relative mortality risk; residual radiation; solid cancer mortality

## INTRODUCTION

The atomic bomb (A-bomb) was dropped on Hiroshima at 8:15 am on 6 August 1945. There are two major cohort data to investigate health effects of radiation, one is a database of A-bomb survivors (ABS) in the Hiroshima Prefecture followed-up by our Institute and the other is the 'Life span cohort' followed-up by Radiation Effects Research Foundation (RERF). The former is based on Atomic Bomb Health Handbooks issued officially by Hiroshima City/Prefecture, but the latter is not.

A-bomb radiation exposure can be divided into two major types: exposure to initial radiation released at the time of the detonation of the bombs, and exposure to residual radiation, which happens afterwards. Initial radiation mainly consists of neutrons and gamma rays emitted from the explosions. The doses of the initial radiation were determined on the basis of the distance from the hypocenter and shielding situations in DS02 [1].

On the other hand, residual radiation is secondary radiation resulting from radioactive materials that remain in the environment after nuclear denotations. These can be classified into radioisotopes induced by neutron activation of materials such as soil, building materials, etc., and radioactive fallout known as 'black rain,' which fell widely in the cities out to areas several kilometers from the hypocenter in Hiroshima

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and Nagasaki [2]. Exposure to residual radiation comprises external exposure and internal exposure and dose estimation is exceedingly difficult because it is impossible to obtain records on an individual's behavior, activity, and their location and duration of stay in the affected city after the atomic bombing. There are a few reports on estimation of external exposures from residual radiation assuming various circumstances concerning individual behavior and activity immediately after the bombing. According to the Life Span Study (LSS) Report 9 by RERF [3], the mean cumulative dose from induced radiation for an infinite period following the bombing in Hiroshima was probably less than 20-30 mGy. Cullings et al. [4] stated that the magnitudes of such doses fall mostly within the margin of uncertainty of direct radiation dose estimates. Imanaka et al. [5] estimated that someone who was at the hypocenter in Hiroshima for 6 hours beginning 1 hour after the blast would have received a cumulative dose of about 210 mGy based on DS02 calculations. In 2014, a workshop was held to discuss and evaluate new studies in detail in order to clarify residual radiation exposure to ABSs in Hiroshima and Nagasaki [6].

According to the LSS report by RERF, there was no evidence of increased mortality among early entrants to Hiroshima [7]. In RERF's view, the residual radiation doses were low and the health effects of the early entrants were considered negligible [3,7]. On the other hand, despite such low dose estimates of residual radiation for the ABSs and early entrants, there are several reports about acute symptoms, leukemia, and solid cancer observed among entrants [8-12]. Dr. Oho, a physician living in Hiroshima, conducted a health survey of 3946 survivors 12 years after the A-bomb was dropped [8]. He reported that acute radiation symptoms, such as fever and diarrhea, were found among 30% of the people who entered the central region immediately after the bombing, whereas these symptoms were not found among the entrants who did not. Sutou [9] published O-ho's results in English. Sawada [10] quantified the effects of residual radiation exposure on the acute symptoms of ABSs based on the results of the study by Oho. Tonda *et al.* [11] reported that the risk of leukemia among early entrants who entered the city on 6 August was significantly higher than that among persons who entered on 8 August or later. Using the database of Hiroshima ABSs with follow-ups from 1968-1982, Matsuura et al. [12] reported that those who entered the region within 2 km of the hypocenter on the day of the bombing had a significantly higher risk of mortality due to malignant neoplasm than those who entered thereafter. Though proportional hazards regression models proposed by Cox [13] were used in the study to evaluate cancer mortality risk, it may be difficult to adjust for factors that vary depending on age.

Individual doses of residual radiation to the entrants, comprising external exposure and internal exposure, are assumed to depend mainly on the date of entry, the individual's behavior or activity for the day, location of entry, and length of stay. Internal exposure is considered to largely depend on an individual's behavior or activity, and to be closely related to sex and age. Thus, in this study, we tried to evaluate how solid cancer mortality risk among the early entrants to Hiroshima depends on the date of entry, the age at exposure, and sex, to infer the health effects of residual radiation exposure.

## MATERIALS AND METHODS Subjects

ABSs are officially defined as individuals who received an A-bomb Survivors' Health Handbook by the Japanese government, and they are classified according to their various conditions at the time of the bombing: directly exposed survivors, entrants who entered the region within 2 km from the hypocenter during the first 2 weeks after the bombing, persons engaged in treatment and aid of those suffering bodily injury, and in utero exposed survivors. This study deal with a cohort of 45 749 individuals (25 660 men and 20 149 women) who were living in Hiroshima Prefecture on 1 January 1970 and were registered the Database of Atomic Bomb Survivors [14]. The basic information of gender, date of birth, age at the time of exposure and date of entry into the city listed in the ABS database was used in this study. Death information is based on the Vital Statistics Death Schedules released by the prime minister's office. Mortality information, including cause of death and data on migration into and out of the city, is updated yearly on the basis of dynamic population statistics provided by Hiroshima's municipal and prefectural governments.

#### Method for statistical analysis

We performed descriptive survival analyses for the solid cancer mortality by sex, Age at bombing (ATB), and date of entry into the city using Kaplan–Meier method with Log-rank test, and multivariate analyses for excess relative risk (ERR) using Poisson/Cox regression methods.

Death from malignant neoplasms excluding hematopoietic cancers (referred to as 'solid cancers') was defined as the outcome. The time variable is age, with 1 January 1970 as the start of follow-up and the earliest date of death, date of migration out of the area at any time during follow-up, or 31 December 2010 as the end of follow-up. Deaths from causes other than solid cancer, survival to the end of follow-up, and migration were treated as censored cases.

In epidemiological studies of mortality from malignant neoplasms since approximately 1950, numerous investigators have focused on the fact that the age-specific mortality rate I(t) in humans is proportional to a power of age t,

$$I(t) = ct^{k-1}. (1)$$

To explain these observations, Muller and Nordling [15,16] proposed a multistage model of carcinogenesis, which postulates that cancer requires the accumulation of a critical number (*k*) of mutation stages. Later, Armitage and Doll [17], using the multistage model as a basis, sought to develop a mathematical formula to capture the associations between cancer risk and both age and extent of exposure. Pierce [18] proposed a model under which the effect of exposure is equivalent to a change in age. Ohtaki *et al.* validated the model through a mathematical interpretation in terms of the multistage carcinogenesis hypothesis using the Poisson method [19]. Accordingly, when a subject receives a single exposure of dose *D* at age *a*, the hazard of cancer

mortality at age t can be expressed as:

$$h(t|a, D) = c(t + \alpha_a D)^{k-1},$$
 (2)

where *c* denotes a constant,  $\alpha_a$  is an exponential function of *a*, and *k* is a positive number to be estimated. Then, the ERR *ERR*( $t \mid a, D$ ), which is defined by the excess value of the hazard ratio (hazard of exposure to hazard of no exposure) from unity, can be expressed approximately as:

$$ERR(t|a,D) = \frac{h(t|a,D)}{h(t,0)} - 1 = \left(1 + \frac{\alpha_a D}{t}\right)^{k-1} - 1$$
$$= (k-1)\frac{\alpha_a D}{t} = e^{-\tau \frac{a-30}{10}}\frac{\beta D}{t}$$
(3)

where  $\tau$  is an unknown parameter representing the effect of age at exposure, and  $\beta$  is an unknown parameter representing the coefficient dose–response due to the effect of radiation exposure. We adopted 0.33 as a value of parameter  $\tau$  (see Discussion section 4.3).

In this study, the baseline hazard was defined as the hazard for the reference group of people who first entered the city of Hiroshima between 3 days and 2 weeks after the date of the bombing (i.e. between 9 and 20 August 1945), which is specified as  $e^{g(t,y)+\delta}$  Hereafter, the reference group is referred to as 'Aug. 9+'. Then, we postulated the following hazard model:

$$h(t, y, a, D | \theta) = e^{g(t, y) + \delta} \cdot \left\{ 1 + ERR(t, y, a, D | \theta) \right\}, \qquad (4)$$

where g(t, y) is a 5-degree polynomial in attained age t, calendar year y and their cross product  $t \times y$ , expressing the log-transformed age- and period-specific solid cancer mortality in all of Japan from 1970–2010 [20]. The variable  $\delta$  is an unknown parameter estimated by expressing the logarithmic value of the relative background mortality risk of solid cancer for Hiroshima entrants compared to that for the whole of Japan. The ERR for early entrants within 3 days '(6, 7 and 8 August 1945) can be specified as:

$$ERR(t, y, a, d | \theta) = e^{-\tau \frac{a-30}{10}} \frac{70}{t} \sum_{j=6}^{8} \beta_{jm} K_j(d) I_m(a)$$
(5)

with  $\theta = (\delta, \tau, \beta_{jm}, j = 6, 7, 8; m = 1, ..., 5)$ , where  $K_j(d)$  denotes a dummy variable for date-of-entry category defined by

$$K_{j}(d) = \begin{cases} 1, & d = j \\ 0, & \text{else,} \end{cases} \quad j = 6, 7, 8_{j}$$

and  $I_m(a)$  denotes a dummy variable for the age category at the time of exposure defined by:

$$I_m(a) = \begin{cases} 1, & a \in [10 \ (m-1), \ 10m) \\ 0, & \text{else} \end{cases}, \quad m = 1, \dots, 5.$$

Thus, the vector of parameters ( $\beta_{jm}$ ) are interpreted as exposure dose due to residual radiation in the city.

If the observation period for individual *i* is specified as  $[t_{si}, t_{ci}]$  in terms of age, his or her expected mortality rate due to solid cancer is expressed approximately as:

$$\mu_{i}(\theta) = \sum_{j=t_{si}}^{t_{ei}-1} h\left(j, 1945 + j - a_{i}, a_{i}, d_{i} | \theta\right) + \frac{1}{2} h\left(t_{ei}, 1945 + t_{ei} - a_{i}, a_{i}, d_{i} | \theta\right).$$
(6)

If *U<sub>i</sub>* is the censoring indicator variable defined by:

$$U_i = \begin{cases} 1, & \text{death due to solid cancer} \\ 0, & \text{censored} \end{cases}, \quad i = 1, \dots, n.$$

Then it is assumed that  $U_i$  is a Bernoulli random variable specified as:

$$\Pr(U_i = u_i | \theta) = \mu_i(\theta)^{u_i} \{1 - \mu_i(\theta)\}^{1 - u_i},$$
(7)

the log-likelihood function is:

$$LL(\theta) = \sum_{i} \left[ u_{i} \log \mu_{i}(\theta) - (1 - u_{i}) \log \{1 - \mu_{i}(\theta)\} \right].$$
(8)

It should be noted that there is a problem of verifiability between  $\tau$  and  $\beta_{jm}$ 's, as they cannot be estimated simultaneously without any restriction. Therefore, in this study we used the value of  $\tau$  that was given by RERF, 0.33 (see Discussion section 4.3, Effect of age at exposure). The parameter  $\beta_{jm}$  was estimated using an algorithm for optimization with the limited memory Broyden–Fletcher–Goldfarb–Shanno method [21]. The function 'optim' in the R software version 3.5.3 was used to carry out the analyses.

## **RESULTS** Descriptive analyses

During the follow-up period, the number of people who died due to solid cancer was 4969 (19.4%) among 25 660 male subjects and 2405 (11.9%) among 20 149 female subjects (Table 1). Death rates among entrants who entered the city on the day of the bombing (6 August) were more than 10% higher than the reference entrants' group (Aug. 9+) among males who were in their 20s, 30s or 40s at the date of entry and among females who were less than 10 years of age or in their 40s at the date of entry. The site-specific frequency of deaths from solid cancers shown in Table A1 in the Appendix, with no major difference in the distribution by date of entry. Figure 1 shows entryday-specific Kaplan-Meier plots by 10-year categories of age at the date of entry. Log-rank tests were conducted by category of age at entry to evaluate whether or not Kaplan-Meier curves for 6 August entrants and Aug. 9+ entrants were statistically different (Table 2). Among males whose age at the date of entry was in the 30s or 40s, the cumulative survival probability for 6 August entrants was significantly lower than that among those who entered the city on Aug. 9+. No difference was observed in other categories of age at entry. A significant

Group		Males					Females				
Age at bombing (years)	Entry date	Number of subjects	Observed person-years	Number of deaths	Death rate /10 <sup>s</sup> pyr	RR (to 9+)	Number of subjects	Observed person-years	Number of deaths	Death rate /10 <sup>5</sup> pyr	RR (to 9+)
[0, 10)	6	144	4403	8	182	0.913	161	4644	4	86	1.063
- /	7	434	12 689	30	236	1.188	439	13 582	13	96	1.182
	8	409	12 161	29	238	1.198	409	12 971	17	131	1.618
	9+	592	18 572	37	199	1	640	19671	16	81	1
	total	1579	47 825	104	217	_	1649	50 868	50	98	_
[10, 20)	6	1410	44 570	253	568	1.073	725	25 1 1 1	77	307	1.385
[0, 10) [10, 20) [20, 30) [30, 40)	7	1467	45 144	295	653	1.235	1414	48 875	118	241	1.090
	8	739	23 017	131	569	1.076	851	29 379	71	242	1.092
	9+	1005	31 737	168	529	1	1404	48 329	107	221	1
	total	4621	144 468	847	586	_	4394	151 694	373	246	_
[20, 30)	6	1174	30 611	320	1045	1.160	711	22 341	79	354	0.892
	7	1496	38 909	350	900	0.998	1971	62 831	268	427	1.076
[20, 30)	8	715	19 282	164	851	0.944	1311	41 231	174	422	1.064
	9+	919	24 189	218	901	1	1354	44 138	175	396	1
	total	4304	112 991	1052	931	_	5347	170 541	696	408	_
[30, 40)	6	1853	34 985	470	1343	1.217	646	15 300	111	725	1.077
[10, 20) [20, 30) [30, 40) [40, 50)	7	2552	49 526	569	1149	1.041	1960	47 297	314	664	0.986
	8	1280	24 874	284	1142	1.034	1236	30 076	194	645	0.958
	9+	1081	22 183	245	1104	1	1219	29 403	198	673	1
	total	6766	131 568	1568	1192	-	5061	122 076	817	669	-
[40, 50)	6	1855	21 155	361	1706	1.327	475	6572	64	974	1.133
	7	3308	38 854	551	1418	1.103	1583	23 395	190	812	0.945
	8	1822	21 362	272	1273	0.990	892	13 294	120	903	1.050
	9+	1405	16635	214	1286	1	748	11 050	95	860	1
	total	8390	98 006	1398	1426	_	3698	54 311	469	864	_
Total		25 660	534 858	4969	929	-	20 1 49	549 490	2405	438	-

Table 1. Mortality from total solid cancer among entrants by sex and age, by date of entry into the city after the bombing

difference was also found with females whose age at entry was less than 10 years old or in the 20s.

### Investigation using the hazard model

The parameters  $\beta_{jm}$  (j = 6, 7, 8; m = 1, ..., 5) were estimated under  $\tau = 0.33$  (see Discussion section 4.3, Effect of age at exposure). The resulted point estimates of ERR and 95% confidence intervals by date of entry and 10-year categories of age at entry at age 70 years with the hazard model (5) are shown in Table 3 and illustrated in Figure 2. Among males who entered the city on 6 August, mortality rates were significantly higher than those among Aug. 9+ entrants in their 20s, 30s or 40s at the date of entry. Among females, mortality rates were significantly higher among those who entered on 6 August than among those who entered Aug. 9+ if they were less than 10 years old or in their 40s at the date of entry. Estimated ERRs at age 70 were about 34% among males and 44% among females who were 40 years of age at entry.

In the function  $e^{g(t,y)+\delta}$ , the values of  $e^{\delta}$ , the relative mortality risk of solid cancer among Aug. 9+ entrants compared with that in the whole of Japan, were estimated as 0.91 and 0.89 in males and females, respectively.

## DISCUSSION Background rates

The mortality risks of solid cancer among Aug. 9+ entrants were estimated less than those in the whole of Japan. It is supposed to be partially due to the beneficial health effects of the Atomic Bomb Survivors' Health Handbooks [22], which were issued to ABSs by the Japanese government beginning in 1957: Survivors who possess the Handbooks are able to receive free medical checkups twice a year and free medical care for certain designated disorders [23].

#### **Excess relative risk**

RERF reported that the ERR/Gy of solid cancer declined monotonically with increasing age at exposure at any attained age [24]. On the other hand, our findings show that under the same attained age, ERRs who were exposed at less than 10 years of age or after the age of 30 had higher ERRs than those in their 20s (see Fig. 2). ERRs among people who were young at exposure are high because young people are expected to be more sensitive to radiation than older people, and ERRs among middle-aged persons are high because they are presumed to



Fig. 1. Survival rate using outcome death from solid cancers with elapsed years from 1970 by date of entry and age at entry. Dates of entry are 6, 7, 8 August and Aug. 9+. Age at entry was grouped into 10-year categories: [0, 10), [10, 20), [20, 30), [30, 40), and [40, 50).

Table 2. Log-rank tests of difference in Kaplan–Meier curves for 6 August entrants compared to Aug. 9+ entrants, by category of age at the date of entry

	Age at the date of entry											
	[0,10)		[10,20)		[20,30)		[30,40)		[40, 50)			
	$\chi^2$	P value	$\chi^2$	P value	$\chi^2$	<i>P</i> value	$\chi^2$	<i>P</i> value	$\chi^2$	P value		
Male Female	0.1 0.0	0.753 0.913	0.5 5.1	0.501 0.024	3.4 0.6	0.063 0.443	8.7 0.6	0.003 0.444	11.3 0.7	0.000 0.419		

have been exposed to additional residual radiation. One possible explanation for this is that the duration of behaviors that led to significant radiation exposure in the city after the date of entry might have been longer with middle-aged persons than with younger people.

## Effect of age at exposure

Biologically, young people are more sensitive to radiation than older people; this concept is based on a fundamental premise of radiation biology called Bergonie-Tribondeau's law [25]. RERF incorporated in their ERR model an effect of age at exposure on solid cancer mortality risk represented as the parametric function  $\exp(-\tau a)$ , where *a* denotes age at exposure and  $\tau$  reflects sensitivity to radiation [24, 26]. The parameter  $\tau$  was estimated to be around 0.33 per 10 years in report 14 by RERF based on the LSS [26]. That report showed that those who were exposed at younger ages had a higher relative risk of cancer death. Cullings *et al.* [4] stated that none of the dosimetry systems used at RERF attempted to provide individual estimates of the dose from residual radiation. If the effects of residual radiation on the risk of solid cancer mortality are real and significant, the value of  $\tau$  estimated based on dose from only the initial radiation would be expected to change to a lower value.

Group		Males				Females	Females				
Age at exposure (years)	Entry date	ERR	95%LB	95%UB	P-value	ERR	95%LB	95%UB	P-value		
[0, 10)	Aug. 6	0.554	-0.058	1.167	0.038	0.685	0.112	1.257	0.010		
	7	0.938	0.719	1.157	0.000	0.151	-0.525	0.826	0.331		
	8	0.776	0.552	0.999	0.000	0.418	-0.021	0.856	0.031		
[10, 20)	Aug. 6	0.087	-0.013	0.187	0.043	0.128	-0.107	0.363	0.145		
	7	0.264	0.174	0.354	0.000	-0.110	-0.306	0.086	0.864		
	8	0.131	0.003	0.260	0.022	-0.085	-0.326	0.156	0.754		
[20, 30)	Aug. 6	0.170	0.075	0.265	0.000	-0.157	-0.390	0.077	0.907		
	7	0.031	-0.062	0.123	0.256	-0.006	-0.152	0.140	0.531		
	8	-0.061	-0.186	0.063	0.829	-0.013	-0.184	0.158	0.560		
[30, 40)	Aug. 6	0.177	0.096	0.259	0.000	0.181	-0.036	0.399	0.051		
	7	0.007	-0.071	0.085	0.432	0.075	-0.071	0.222	0.159		
	8	-0.017	-0.117	0.083	0.632	0.057	-0.116	0.230	0.260		
[40, 50)	Aug. 6	0.281	0.188	0.374	0.000	0.346	0.067	0.626	0.008		
	7	0.077	-0.004	0.159	0.031	0.137	-0.042	0.316	0.067		
	8	-0.044	-0.148	0.060	0.796	0.252	0.038	0.466	0.011		

Table 3. Estimated ERR under  $\tau = 0.33$  at age 70 years by sex, date of entry, and 10-year categories of age at entry; reference group is Aug. 9+ entrants

#### Effect of moving out of Hiroshima Prefecture

A stratified Cox regression analysis was performed with the move-out from Hiroshima Prefecture as the event, elapsed time since 1 January 1970, as the time variable, entry date as the explanatory variable and age at exposure by the 10-year-old class as the stratification variable. Figure 3 shows Kaplan–Meier curves adjusted for entry date for each 10-year age group. Except for those who were less than 10 years old at the time of the bombings, the transfer rate remains low and the lifetime retention rate in Hiroshima Prefecture is almost 90% or higher. The relatively high migration rate among those who were less than 10 years old at the time of the atomic bombings is imagined to be due to the fact that marriage or changing jobs often trigger migration. Based on the above, it is assumed that out-migration from the Hiroshima Prefecture does not have a significant impact on solid cancer mortality rates.

#### Essential exposure factors: candidate radionuclides

The mortality risk from solid cancer among Hiroshima entrants was higher almost in the order of 8, 7 and 6 August entrants than the 9 August or later. There seems to be no other reason to explain this result than residual radiation. The residual radiation sources include neutron-activated radionuclides on the ground surface and radioactive fallout from the bombs. The former is the neutron-induced activation of Japanese houses and soil on the ground surface, while the latter is the radioactivity produced by nuclear fission. The residual radioactivity within a few kilometers of the hypocenter was mainly the former. Therefore, we explored what types of neutron-induced radionuclides in the soil were the major sources of residual radiation. When materials are exposed to neutrons, some of their elements become radioactive due to neutron activation. Gritzer *et al.* [27] listed  ${}^{28}$ Al (half -life: 2.24 min),  ${}^{56}$ Mn (2.58 h),  ${}^{24}$ Na (15.0 h) and  ${}^{46}$ Sc (83.8 days) as the

primary induced radioactive isotopes. Considering the half-lives of these radionuclides and their effective periods, <sup>56</sup>Mn and <sup>24</sup>Na are considered the two nuclides most likely to contribute to the radiation exposure of entrants from neutron-induced radioactivity [28].

## Internal exposure

The results of this study suggest the possibility of health effects of internal exposure due to ingestion or breathing dust contaminated with these induced radioisotopes. Radionuclide <sup>56</sup>Mn is one of the main neutron-activated emitters contained in residual radiation. The biological effects of internal exposure are assumed to be significantly different from those due to external exposure. A series of experiments using rats had been conducted to investigate the biological impacts of exposure of <sup>56</sup>MnO<sub>2</sub> particles. Their effects on blood chemistry, the lungs, the small intestine, and testes have been previously reported [29–33].

#### **Future needs**

It is important for Japanese people affected by the Fukushima Daiichi nuclear power plant accident [34] to clarify even low residual radiation dose could cause adverse health effects if dust contaminated with radioactive materials were inhaled. More than 10 years have passed since that disaster. There have been two conflicting opinions regarding the causal relationship between radiation exposure and health. One claims that in the case of the Fukushima disaster, the estimated dose the public was exposed to is low [35], and therefore health consequences are undetectable [36–38]. Other reports [39, 40] claim that there have been markedly higher incidence rates of thyroid cancer in the Fukushima Prefecture than in Japan overall. Regarding the report by Tsuda *et al.* [39], we believe it is premature to draw conclusions





Male

1.5

-

0.5

0.0

**Excess Relative Risk** 

Fig. 2. ERR under  $\tau = 0.33$  at age 70 years with 95% confidence intervals, by date of entry and age at entry. The Aug. 9+ entrants were used as the reference group.

based on the results of the 2014 survey because of epidemiological and diagnostic issues. Health effects of internal exposure are often difficult to quantify because they vary dramatically depending on whether radiation sources accumulate only in specific tissues or enter the blood and diffuse throughout the body [41, 42]. It is hoped that more careful analyses are performed to clarify the contribution of internal exposure to the cancer risks of various organs and tissues.

## Limitations

The strength of this study is that the combination of information about individual entrant's gender, age at exposure and date of entry, was used as an alternative indicator of the exposure dose from residual radiation and ERRs were evaluated using Poisson/Cox regression methods based on the multi-stage carcinogenesis model. The limitation of our study is that it was not possible to assess the details of each individual's dose with higher accuracy because of the lack of detailed information



Fig. 3. Kaplan–Meier curves for event of moving out of Hiroshima Prefecture adjusted for entry date for each 10-year age group.

on the place of stay, duration of stay and activities at the time of entry into the city.

#### CONCLUSION

Combination of date of entry, age at entry and sex was used as an index of residual radiation dose to the early entrants to Hiroshima City and the causal relationships with solid cancer mortality risks were analyzed. The results of fitting the hazard model using equation (5) were almost consistent with crude death rates and Kaplan–Meier plots (Table 1 and Fig. 1) and they suggested that middle-aged people who entered the city on the day of the bombing were exposed to higher levels of residual radiation than other age-groups, and their ERR of solid cancer mortality was significantly higher than that of the control group. Some radioactive materials, with half-lives with the time scale of evacuation or entry, possibly contributed to their additional exposure. It is still challenging to precisely determine the internal doses to critical organs and tissues. This issue would be resolved by continuing

multidisciplinary work in the fields of radiation biology, medicine, and epidemiology.

## SUPPLEMENTARY DATA

Supplementary data is available at RADRES Journal online.

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# **CONFLICT OF INTEREST**

The authors declare no conflict of interest.

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