# Antimicrobial prescribing by Belgian dentists in ambulatory care, from 2010 to 2016

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**Objectives:** To describe antimicrobial prescribing by Belgian dentists in ambulatory care, from 2010 until 2016. **Materials and methods:** Reimbursement data from the Belgian National Institute for Health and Disability Insurance were analysed to evaluate antimicrobial prescribing (WHO ATC-codes J01/P01AB). Utilisation was expressed in defined daily doses (DDDs), and in DDDs and packages per 1000 inhabitants per day (DID and PID, respectively). Additionally, the number of DDD and packages per prescriber was calculated. **Results:** In 2016, the dentistry-related prescribing rate of 'Antibacterials for systemic use' (J01) and 'Antiprotozoals' (P01AB) was 1.607 and 0.014 DID, respectively. From 2010 to 2016, the DID rate of J01 increased by 6.3%, while the PID rate declined by 6.7%. Amoxicillin and amoxicillin with an enzyme inhibitor were the most often prescribed products, followed by clindamycin, clarithromycin, doxycycline, azi-thromycin and metronidazole. The proportion of amoxicillin relative to amoxicillin with an enzyme inhibitor was low. The narrow-spectrum antibiotic penicillin V was almost never prescribed. **Conclusions:** Antibiotics typically classified as broad- or extended-spectrum were prescribed most often by Belgian dentists during the period 2000–2016. Although the DID rate of all 'Antibacterials for systemic use' (J01) increased over the years, the number of prescriptions per dentist decreased since 2013. The high prescription level of amoxicillin with an enzyme inhibitor is particularly worrying. It indicates that there is a need for comprehensive clinical practice guidelines for Belgian dentists.

Key words: Antibiotics, antimicrobial utilisation, consumption, odontogenic infection, dentistry

#### **INTRODUCTION**

In dental practice, antibiotics are either prescribed for prophylactic or therapeutic use. The indications for antibiotic prophylaxis in dentistry are essentially limited to the prevention of infectious endocarditis (IE) and the treatment of severely immunocompromised patients<sup>1-3</sup>. Today, antibiotic prophylaxis in patients with the highest risk of IE is only recommended when the dental procedure is considered invasive and involves manipulation of gingival tissue or the periapical region of teeth, or perforation of the oral mucosa<sup>4-6</sup>. Indications for prescribing antibiotics for prophylactic reasons in dentistry are therefore limited to, for example, dental extractions, periodontal surgery and implant placement. Even under these circumstances, there is little evidence that supports the prophylactic use of antibiotics<sup>7</sup>.

Therapeutic use of antibiotics in odontogenic infections should be seen as adjunctive to a clinical intervention, not as an alternative<sup>8</sup>. Systemic antimicrobial therapy has for instance been suggested as an adjunct to periodontal therapy. However, clear guidelines for the use of these agents in periodontics are not available<sup>9</sup>. In daily practice, antibiotics are sometimes prescribed as the sole treatment of pulpitis, acute periapical infection or alveolar osteitis (dry socket), while these indications require a clinical intervention rather than an antimicrobial treatment<sup>10</sup>.

Indications for empirical antibiotic treatment include oral infections in combination with fever and/ or evidence of systemic spread, such as the proliferation of lymph nodes, trismus and facial cellulitis<sup>8,10</sup>. If an antimicrobial treatment is indicated, antibiotics should be given for the shortest time possible. However, treatment duration should be weighed carefully, taking into account pharmacokinetics of the chosen product, the patients' immune status, and the chances for relapse of the specific target disease<sup>10,11</sup>. The unnecessary use of broad-spectrum antibiotics should be avoided<sup>10,12</sup>.

Any use of antimicrobials may result in the development of clinically relevant antimicrobial resistance (AMR). This risk increases if antimicrobials are used in a non-prudent way. Overuse of antibiotics together with an inappropriate choice, unadjusted formulation, dosage or duration of therapy, may not only lead to AMR but also to unfavourable side-effects<sup>13,14</sup>. According to the action plan of the European Commission of 2017, responsible use of antimicrobials in both human and veterinary medicine is one of the main approaches in tackling AMR<sup>15</sup>. This makes the monitoring of antimicrobial consumption an indispensable part of the fight against AMR. This plan should eventually lead to a more rational and targeted use, maximising the therapeutic effect and minimising the development of AMR<sup>14,15</sup>.

These objectives are shared by the Belgian Antibiotic Policy Coordinating Committee (BAPCOC) that has published guidelines for antimicrobial use in Belgian ambulatory care<sup>16</sup>. The specific section on dentistry in the BAPCOC guidelines is limited to the treatment of dental abscesses, and does not contain advice on the antibiotic treatment of other oral infections that may require antimicrobial treatment, such as pericoronitis associated with the third molar teeth. More precisely, it states that 'The primary treatment consists of the necessary dental care. Antibiotics are only indicated in case of local expansion of the abscess to the bone'. Amoxicillin is suggested as the first choice to treat dental abscesses, as it penetrates the bone well and as it is active against a wide range of oral pathogens<sup>16</sup>. The use of amoxicillin with an enzyme inhibitor is not recommended, because of its broad spectrum and its potential side-effects. Neither do they recommend the use of the narrow-spectrum antibiotic phenoxymethylpenicillin (penicillin V) in this setting. Although not always demonstrating good in vitro susceptibility and achieving lower bone penetration levels than amoxicillin, some studies indicate that penicillin V might remain an antibiotic of first choice when treating odontogenic abscesses, but only if the systemic antimicrobial treatment is accompanied by proper evacuation of pus, with local debridement<sup>12,17–19</sup>.

Advice on antibiotic prophylaxis to prevent IE and prosthetic joint infections is provided by the Belgian Centre for Pharmacotherapeutic Information (BCFI-CBIP)<sup>6</sup>: following the British NICE guidelines, the use of prophylactic antibiotics should be restricted to high-risk patients undergoing invasive procedures. Optimal oral hygiene and regular dental check-ups are the best measures to prevent  $IE^{2,6}$ . Good guidelines are certainly needed because a study by Mainjot *et al.*<sup>20</sup> indicated a lack of knowledge and awareness of good antibiotic prescribing practices among Belgian dentists.

Data on the number of prescriptions as well as the types of antibiotics used in the Belgian ambulatory sector (i.e. outside the hospitals) are collected by the Belgian National Institute for Health and Disability Insurance (INAMI-RIZIV, Farmanet)<sup>21</sup>. Specific data on dentistry-related prescribing have not been reported nor discussed so far in the international literature. The aim of this study was to describe the actual antibiotic prescriptions by Belgian dentists, using available reimbursement data.

# MATERIALS AND METHODS

# Ethics

This research did not directly involve human subjects. This is a retrospective study based on a data collection that is required by law, for which no permission is needed from an institutional review board. Research has been conducted in full accordance with ethical principles, including the World Medical Association Declaration of Helsinki (version 2008). We received and analysed data that were already anonymised, deidentified and aggregated by the data provider (INAMI-RIZIV).

# Methods

A retrospective study of antimicrobial utilisation, prescribed by Belgian dentists between 2010 and 2016, was performed using the latest available reimbursement data from INAMI-RIZIV, Farmanet<sup>21</sup>. In 2016, approximately 98.6% of the Belgian population was covered by a health insurance and hence were included in the database<sup>22</sup>. Only prescriptions actually collected by a patient in a community pharmacy were considered as consumed drugs and were included in the analyses. These include prescriptions made by dentists in both community settings as in hospital settings, as long as the patient was not hospitalised. In the latter case, the patient would receive his/her medication from the hospital pharmacy, and the prescription would not be included in this study.

The antimicrobials were classified according to the Anatomical Therapeutic Chemical (ATC) classification of the World Health Organisation (WHO)<sup>23</sup>. For the purpose of this study, the following ATC-codes relevant to dentistry were selected: J01 (Antibacterials for systemic use) and P01AB (Nitroimidazole derivatives used orally and rectally as antiprotozoals). Antimycotics were not included in the present study.

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Antimicrobial use (numerator) was expressed in defined daily doses (DDDs, WHO version of January  $2017^{23}$ ) and number of packages. A DDD is the assumed average maintenance dose per day for a drug used for its main indication in adults<sup>24</sup>. The number of Belgian inhabitants (based on data of Eurostat<sup>25</sup>) and the number of prescribers (based on data of INAMI-RIZIV<sup>26</sup>) were used as a denominator to calculate DDDs and packages per 1,000 inhabitants per day (DID and PID, respectively), as well as DDDs and packages per prescriber. We could only consider active dentists in the calculation of DDDs/packages per prescriber, as RIZIV-INAMI only provided those data. A dentist was defined active by RIZIV-INAMI if (s)he performed at least 300 reimbursed procedures per year<sup>26</sup>. Prescriptions by maxillofacial surgeons that were collected in the ambulatory setting were included in these data as well. Finally, the dentistry-related use in DID was expressed proportionally over the overall ambulant use in DID in Belgium (based on the ESAC-Net data for the ambulatory sector for Belgium, same data source: INAMI-RIZIV, Farmanet<sup>21</sup>) within the selected ATC classes.

Data management, analysis and plotting were performed with STATA 14.2 (StataCorp. 2015. *Stata Statistical Software: Release 14*. College Station, TX: StataCorp LP). As only aggregated data were available, no tests for trends or confidence intervals were calculated.

# RESULTS

The number of active dentists and maxillofacial surgeons in Belgium increased from 7,022 in 2010 to 7,653 in 2016 (+ 9.0%), while the number of Belgian inhabitants increased by 4.3% over the same period from 10.8 million to 11.3 million (*Table 1*). The total number of DDDs of 'Antibacterials for systemic use' (J01) prescribed by dentists increased by 11.2%, resulting in an increase of 6.3% in the DID rate from 1.512 in 2010 to 1.607 in 2016 (*Table 2; Figure S1*). The total number of DDDs of 'Antiprotozoals' (P01AB) increased by 37.2%, reflecting an increase of 31.2% in the DID rate from 0.011 in 2010 to 0.014 in 2016. The most often prescribed (ATC classified) antiprotozoal product was metronidazole (99.7% of all antiprotozoals prescribed).

Over the entire study period, dentists predominantly prescribed broad- or extended-spectrum penicillins such as amoxicillin, with and without an enzyme inhibitor (*Table 2*; *Figure S1*). These two antibiotics accounted for 87.7% of all DID of J01 in 2016 [(DID(J01CA04) + DID(J01CR02))/DID (J01)]. The total DID rate for amoxicillin rose from 0.702 in 2010 to 0.789 in 2016, representing a

Table 1 Total number of active dentists ( $\geq$ 300 reimbursed procedures per year) and number of inhabitants in Belgium (2010–2016)

2010	2011	2012	2013	2014	2015	2016
Number of active dentists* (N)   7,022 7,065 7,171 7,232 7,359 7,539 7,653						
7,022 7,065 7,171 7,232 7,359 7,539 7,653 Number of inhabitants <sup>†</sup> $(N, \times 10^6)$						
10.840	11.001	11.095	11.162	11.181	11.237	11.311

\*Belgian National Institute for Health and Disability Insurance (INAMI-RIZIV).

<sup>†</sup>Source: Eurostat, situation on 1 January of the respective year.

12.4% increase. In that period, a similar increase could be observed for the amoxicillin/enzyme inhibitor combination (+10.6%). The proportion of amoxicillin alone relative to amoxicillin with an enzyme inhibitor [DID(J01CA04)/DID(J01CR02)] was low (1.273 in 2016), and relatively constant over the years (*Table 2; Figure S1*).

The DID rate for the lincosamide clindamycin, which is often prescribed for odontogenic infections in patients who are allergic to beta-lactam antibiotics, increased slightly from 0.074 in 2010 to 0.079 in 2013, and decreased again to 0.075 in 2016. Other products that were prescribed were macrolides (clarithromycin, azithromycin and spiramycin), tetracyclines (doxycycline), the 2nd generation cephalosporin cefuroxime, and nitrofurantoin. The DID rate for penicillin V remained very low (0.0001).

After an initial increase from 852 DDD/prescriber in 2010 to 893 DDD/prescriber in 2013, the mean rate of DDD/prescriber declined to 869 in 2016. Also in contrast to the total number of DDD and DID rate, the number of prescribed packages of J01 declined since 2013 (from a total of 674,000 in 2010, up to 677,000 in 2013, down to 657,000 packages in 2016), while the total number of packages of antiprotozoals increased by 34.2% (from almost 9,000 in 2010 up to nearly 12,000 in 2016; *Table S1*). Similar trends could be observed for the PID rate (*Figure 1*). The number of prescribed packages per dentist declined from 96 packages in 2010 to 86 in 2016 for J01. Again, the largest decrease started from 2013 onwards.

# Proportion of dentistry-related antimicrobial use relative to the total ambulatory use

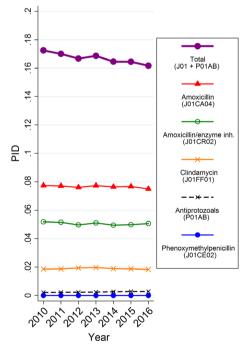
In 2016 the dentistry-related consumption represented 5.8% of the total J01 antibacterial use in the ambulatory setting (*Table 3*). The relative contribution in that year to the total antimicrobial use in ambulatory care was high for amoxicillin (10.5% of all amoxicillin used in Belgian ambulatory care was prescribed by dentists), amoxicillin with an enzyme inhibitor

Table 2 Antimicrobials prescribed by Belgian dentists in the ambulatory setting from 2010 to 2016, calculated in
DDD (top), in DID (middle) and in DDD per prescriber (bottom)

Antimicrobial group	2010	2011	2012	2013	2014	2015	2016	
	DDD (×1,000)							
Antibacterials for systemic use (J01) Antiprotozoals (P01AB)	5983.4 43.2	6130.4 45.4	6218.2 47.8	6455.0 50.9	6420.1 54.6	6597.8 58.9	6652.8 59.3	
Antimicrobial product				DID				
Amoxicillin (J01CA04)	0.702	0.717	0.732	0.762	0.770	0.792	0.789	
Amoxicillin + enzyme inhibitor (J01CR02)	0.561	0.570	0.565	0.595	0.587	0.609	0.620	
Ratio J01CA04/J01CR02*	1.251	1.258	1.296	1.281	1.312	1.300	1.273	
Clindamycin (J01FF01)	0.074	0.074	0.078	0.079	0.076	0.076	0.075	
Clarithromycin (J01FA09)	0.058	0.055	0.049	0.045	0.043	0.040	0.039	
Doxycycline (J01AA02)	0.050	0.049	0.045	0.042	0.036	0.034	0.031	
Azithromycin (J01FA10)	0.025	0.024	0.025	0.025	0.025	0.026	0.027	
Metronidazole (P01AB01)	0.011	0.011	0.012	0.012	0.013	0.014	0.014	
Spiramycin (J01FA02)	0.009	0.008	0.007	0.007	0.006	0.006	0.005	
Cefuroxime (J01DC02)	0.005	0.005	0.005	0.005	0.006	0.005	0.005	
Nitrofurantoin (J01XE01)	0.002	0.002	0.003	0.003	0.003	0.003	0.003	
Phenoxymethylpenicillin (J01CE02)	< 0.0001	0.0001	0.0001	0.0001	0.0001	0.0001	0.0001	
Other	0.026	0.023	0.022	0.022	0.021	0.017	0.013	
Antibacterials for systemic use (J01)	1.512	1.527	1.531	1.584	1.573	1.609	1.607	
Antiprotozoals (P01AB)	0.011	0.011	0.012	0.013	0.013	0.014	0.014	
Total	1.523	1.538	1.543	1.597	1.586	1.623	1.621	
Antimicrobial group			Ι	DDD/Prescriber				
Antibacterials for systemic use (J01)	852	868	867	893	872	875	869	
Antiprotozoals (P01AB)	6.2	6.4	6.7	7.0	7.4	7.8	7.7	

\*Calculated as DID(J01CA04) divided by DID(J01CR02).

DDD, defined daily dose; DID, DDDs per 1,000 inhabitants per day.



*Figure 1* Trends of dentistry-related antimicrobial use, expressed in number of packages per 1,000 inhabitants per day (PID) from 2010 to 2016 (Belgian ambulatory setting).

(8.4%), clindamycin (20.1%) and metronidazole (11.6%). In contrast, the relative contribution of penicillin V was very low (0.3%).

#### DISCUSSION

The results of the present study indicate that antibiotics typically classified as broad- or extended-spectrum were prescribed most often. Amoxicillin and amoxicillin with an enzyme inhibitor were the most often preproducts. followed bv scribed clindamycin. clarithromycin, doxycycline, azithromycin and metronidazole. In contrast, the DID rate for the only real narrow-spectrum antibiotic available to dentists, penicillin V, remained very low (0.0001). Especially striking is the low proportion of amoxicillin relative to amoxicillin with an enzyme inhibitor, as the latter antibiotic is not recommended in the BAPCOC guidelines<sup>16</sup>. The committee issued a policy paper for the 2014-2019 term, outlining policies to improve antibiotic use and appropriateness of antibiotic prescriptions, and including targets for the various sectors<sup>27</sup>. One of the targets mentioned for the ambulatory sector is the increase in amoxicillin to amoxicillin + clavulanic acid ratio, from about 50/50 in 2014 to 80/20 by 2018. It remains to be seen whether this goal has been achieved. Amoxicillin in combination with an enzyme inhibitor is a highly effective product to combat anaerobic oral pathogens, but its use should be carefully weighed as this antibacterial product does not only promote the development of AMR and gut microbiota disturbances, it is also potentially hepatotoxic<sup>28,29</sup>.

**Table 3** Relative contribution of dentistry-relatedantimicrobial use to the total ambulatory use in Belgium (2016)

<u>Sium (2010)</u>						
Antimicrobial product	Dentistry- related use (DID)	Total use in ambulatory setting (DID)	Proportion dentistry- related use to total ambulatory use (%)*			
Amoxicillin (J01CA04)	0.789	7.510	10.5			
Amoxicillin + enzyme inhibitor (J01CR02)	0.620	7.380	8.4			
Clindamycin (J01FF01)	0.075	0.373	20.1			
Clarithromycin (J01FA09)	0.039	1.410	2.8			
Doxycycline (J01AA02)	0.031	0.754	4.1			
Azithromycin (J01FA10)	0.027	1.770	1.5			
Metronidazole (P01AB01)	0.014	0.123	11.6			
Spiramycin (J01FA02)	0.005	0.020	26.4			
Cefuroxime (J01DC02)	0.005	1.240	0.4			
Nitrofurantoin (J01XE01)	0.003	1.550	0.2			
Phenoxymethylpenicillin (J01CE02)	0.0001	0.026	0.3			
Other	0.013	5.354	0.2			
Antibacterials for systemic use (J01)	1.607	27.510	5.8			
Antiprotozoals (P01AB)	0.014	1.1340	10.7			
Total	1.621	28.644	5.7			

\*Calculated as: DID in column one divided by the DID in column two, multiplied by 100.

DID, defined daily dose (DDDs) per 1,000 inhabitants per day.

The seemingly contradictory observation that from 2010 to 2016 the DID rate increased by 6.3% (for J01), while the total PID rate declined by 6.7%, can be explained by the fact that over the years a substantial increase of DDDs per package for the most commonly used antibiotics has been seen in Belgium and other European countries<sup>30–32</sup>. Consequently, differing trends can be observed over time in Belgium for these two units of measurement (DID vs. PID). The number of prescribed packages per dentist as well as the number of DDD per prescriber declined from 2013 onwards, indicating a 'real' decline in the number of prescriptions. One explanation for this may be the relatively rapid replacement over the last decade of the older population of dentists by younger colleagues<sup>26</sup>, who are possibly differently trained and better aware of recent advances in knowledge related to adverse events, AMR and good prescribing practices. This hypothesis remains to be investigated.

The relatively low level of dental antimicrobial use (5.8%) compared with total use in ambulatory care is largely a function of the relatively high community use in Belgium as a whole<sup>32</sup>. Especially clindamycin was prescribed relatively more often by dentists compared with other ambulatory care professionals. In 2016, dentists prescribed 20% of all clindamycin in

whether Belgian dentists adequately assess beta-lactam allergies. Clindamycin has a favourable spectrum of activity against anaerobic infections and concentrates well in bone. It is therefore often recommended as a second choice in case of beta-lactam allergy. However, it also has a high potential for intestinal problems, from abdominal pain and diarrhoea to acute pseudomembranous colitis<sup>33</sup>. Our findings are in line with a study describing the antimicrobial prescribing bahaviour of Balgian dentists

Belgian ambulatory care. This raises the question

antimicrobial prescribing behaviour of Belgian dentists in 2004<sup>20</sup>. That report, based on self-administered questionnaires filled out by a random sample of 268 dentists, stated that amoxicillin was the most often prescribed antimicrobial product by Belgian dentists that year (51.1% of all antimicrobial prescriptions), followed by amoxicillin with an enzyme inhibitor (24.0%) and clindamycin (6.6%). In 2016, Belgian dentists still prescribed amoxicillin most often [49.1% of DID (J01)], followed by amoxicillin with an enzyme inhibitor [38.6% of DID (J01)] and clindamycin [4.7% of DID (J01); Table 2]. Apparently, amoxicillin with an enzyme inhibitor is now prescribed more often, but the actual Farmanet reimbursement data of 2004<sup>21</sup> indicated that this antibiotic was more often prescribed than the percentage reported by the survey. The proportion of amoxicillin relative to amoxicillin with an enzyme inhibitor has not changed much since 2004.

A study performed in Norway revealed that the narrow-spectrum antibiotic penicillin V was the product of first choice of Norwegian dentists in 2004-2005, while amoxicillin with an enzyme inhibitor was hardly ever prescribed that year  $(DID < 0.001)^{34}$ . Also in Sweden, the product of first choice was penicillin V (2012-2016), followed by amoxicillin and clindamycin<sup>35</sup>. Those antibiotic substances represented 73%, 9% and 9%, respectively, of all antibiotics prescribed by dentists in 2016. The total PID rate was more than two times less than the PID rate in Belgium in that same year  $(0.06 vs. 0.16)^{35}$ . A study performed in England (1999) showed that amoxicillin was the most often prescribed product, followed by metronidazole and penicillin V. Prescriptions of amoxicillin with an enzyme inhibitor were not reported<sup>36</sup>. The question arises whether these large differences in prescribing behaviour compared with Belgium are due to an actual lower prevalence of AMR to narrow-spectrum antibiotics such as penicillin among oral target pathogens in Norway, Sweden and England, or due to a different attitude towards prescribing practices. Indeed, susceptibility to antimicrobials may vary substantially across countries<sup>13</sup>. Yet, a dentists' choice of an antibiotic is usually empirical. It is rarely based on cultures, antimicrobial susceptibility tests or point-ofcare testing<sup>10,37</sup>.

Both in England and Norway, metronidazole was the second most prescribed antimicrobial<sup>34,36</sup>. In Belgium, the number of prescriptions of this antiprotozoal is rising every year. This is not surprising, as this product is - aside from antiprotozoal stricto senso highly active against anaerobic oral bacteria and many are involved in periodontal disease<sup>38</sup>. A finding we did not anticipate was the prescription of the nitrofuran derivative nitrofurantoin (J01XE01). The rapid excretion of nitrofurantoin and the resulting high concentrations in urine make this antibiotic one of the primary choices in urinary tract infections<sup>39</sup>. Its low bioavailability in other body tissues such as bone makes this product unsuited for the treatment of oral infections<sup>40</sup>. Yet, it is the 10th most prescribed antimicrobial by Belgian dentists. This might be explained by the fact that, for example, upon request of the patient, some dentists also prescribe antimicrobials for other than dentistry-related indications, such as urinary tract infections. Dentists may also prescribe them for themselves or their family members.

A major strength of this study is the reporting of the actual prescription numbers, based on reimbursement data, thereby covering nearly 99% of the population over a relatively large and recent period. However, we need to acknowledge that a period of 7 years is too short to allow much inference about temporal trends occurring at a population level. Our figures are based on aggregated data, limiting the options for statistical inference, and they may underestimate the number of prescriptions for dentistryrelated indications. Patients sometimes receive an antibiotic prescription from their general practitioner, prior to or even independent of visiting a dentist. It also remains hard to assess whether the total dentistry-related antimicrobial use is excessively high or not. This prescribing should be seen in relation to the prevalence of infections that require antimicrobial treatment. Unfortunately, at present no indications for the prescription of antibiotics have to be registered in Belgium. This means we also cannot describe the proportion of antibiotics that were prescribed for either prophylactic or curative purposes. The international literature suggests that most antibiotics in dentistry are prescribed for curative reasons<sup>41</sup>, and that severe odontogenic infections are rare. Theoretically, indications for antimicrobial use in dentistry are thus very limited<sup>10,37</sup>.

In specific clinical situations, antibiotics remain an important asset in a dentist's toolkit. Oral infections in combination with fever and/or evidence of systemic spread are examples of infections requiring antibiotic treatment, if supported by a clinical intervention. The existing guidelines on antimicrobial use in dentistry are non-exhaustive, and our data suggest that they are not followed by Belgian dentists in general. Currently, there are no antibiotic stewardship programs for dentists in the country. Because amoxicillin with an enzyme inhibitor is prescribed too often, rational use of antibiotics in Belgian dentistry needs to be promoted. Comprehensive clinical practice guidelines should be elaborated and disseminated among dentists. In addition, sensitisation campaigns and continuing education on the prudent use of antibiotics in dentistry should raise awareness of dentists' responsibilities in the battle against AMR. Evaluating dentistry-related antimicrobial prescribing and AMR of oral or other pathogens after the implementation of these measures may give an indication of their impact.

# CONCLUSION

From 2000 to 2016, amoxicillin and amoxicillin with an enzyme inhibitor were the most often prescribed products by Belgian dentists, followed by clindamycin, clarithromycin, doxycycline, azithromycin and metronidazole. The proportion of amoxicillin relative to amoxicillin with an enzyme inhibitor was low. The narrow-spectrum antibiotic penicillin V was rarely prescribed. Comprehensive clinical practice guidelines for dentists, in combination with sensitisation campaigns and continuing education, are needed in Belgium.

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# **Conflict of interest**

The authors declare no conflicts of interest.

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# SUPPORTING INFORMATION

Additional supporting information may be found in the online version of this article:

Figure S1 Trends of dentistry-related antimicrobial consumption expressed in defined daily doses (DDD) per 1,000 inhabitants per day (DID) from 2010 to 2016 (Belgian ambulatory setting).

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Table S1 Antimicrobials prescribed by Belgian dentists in the ambulatory setting from 2010 to 2016, calculated in number of packages (top), in packages per 1,000 Inhabitants per day (PID; middle) and in number of packages per prescriber (bottom)

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