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How Chromatin Stiffens Fibroblasts

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Abstract

Fibroblasts are central to the acute and chronic response of tissues to stress: they are necessary for wound healing, involved in inflammatory responses and critical for long term remodeling of tissue. These diverse roles of fibroblasts arise from the cells' ability to respond to internal and extracellular cues regarding the physical state of the host tissue. In this article, we review recent evidence for the role of chromatin as a sensor of cellular stress and chromatin-dependent gene regulatory events that may be essential for fibroblast activation in the setting of injury. This emerging evidence highlights chromatin structure and accessibility as features necessary for our understanding of how cell type-specific epigenomes sense and respond to stress.

A genome evolves by rendering itself useful for a multitude of different purposes. A substrate for this usefulness is chromatin and the terms of evolution are the establishment of distinct folding properties¹, resulting in transcriptomes as different as neurons, nephrons, fibroblasts and cardiomyocytes. Genomes accomplish cell type specific things with ubiquitous chromatin components and the help of non-ubiquitous transcription factors, giving rise to cell diversity and plasticity.

The mammalian heart is comprised of distinct cell types with vastly different potentiality (Figure 1): cardiomyocytes, for example, are terminally differentiated and highly structured cells that die or expand with stress; fibroblasts, on the other hand, are phenotypically plastic cells that participate in chamber remodeling, wound healing and tissue integrity. This distinct potentiality is underpinned by distinct nuclear topology and chromatin architecture. How these and other resident cardiac cells participate in normal heart function and the response to acute or chronic injury is controlled by the cells' epigenomes—the collection of molecules responsible for chromatin structure, chromatin accessibility, and gene transcription (Figure 2). One manner to achieve stimulus-specific gene expression in fibroblasts is for direct mechanical sensing of cellular phenotype by chromatin—indeed,

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¹By analogy, origami, the art of folding paper into visually appealing shapes, transforms a flat sheet of paper in two ways: first, the artist creates an interesting shape like an animal or perhaps a flower; second, the 3D space of an ellipsoid occupying the folded paper is significantly smaller than that of the unfolded paper.

these cells' reason for existing is to sense, respond to and either mitigate or promote tissue stiffening.

Fibrosis and its resolution require plasticity, impermanence. A necessary response to a wound or infarct, fibrosis can also play a detrimental role in the long-term healing process. Several recent investigations reviewed in this article have examined the interplay of flexibility and stability at the level of chromatin, to investigate the relationship between myofibroblast transcriptome activation in the setting of cardiac stress and the chromatin remodeling events that enable it.

Chromatin Regulation During Fibroblast Activation: Current Understanding

The wall of the ventricle is a complex environment beset by constant physical stress due to contraction, necessitating bidirectional communication between the cytoskeleton and the nucleus. To investigate how tissue-like aggregation of cells in 3D alters the phenotype of cardiac fibroblasts, these cells were cultured in either 2D or 3D conditions [1]. In parallel experiments, cells were started in 3D conditions, transitioned to 2D and then back to 3D conditions, in all situations measuring changes in chromatin accessibility (ATAC-seq) and transcription [1]. Unsurprisingly, culturing in 2D versus 3D conditions produced substantial differences in gene expression (~1000 up-regulated genes in 3D)—remarkably, the gene expression signature was almost completely reversed when the cells were transitioned back to the 3D culture situation in the 3D to 2D to 3D experiment, evincing tight coupling between extracellular mechanical and chemical cues and the fibroblast transcriptome. Interesting, while some (18–23%) of the genes with altered expression also exhibited altered accessibility with changing culture conditions, most (77–82%) did not [1]. When cardiac fibroblast transcription and chromatin accessibility were likewise assessed after myocardial infarction, ATAC-detectable accessibility at the majority (69%) of promoters did not correlate with gene expression changes [2], demonstrating that changes in transcription, particularly in non-differentiating conditions, are often not associated with changes in accessibility (this phenomenon has also been reported in myocytes [3])². ATAC-detectable accessibility changes thus may reflect structural/accessibility changes on nearby (in 3D) regions of the genome undergoing transcription separate from the genes whose accessibility is being measured, *i.e.* a structural change unrelated to transcription at the given locus.

Chromatin states require cellular machinery to decode and enact distinct transcriptomes, properties often attributed to reader proteins. One such reader, bromodomain containing protein 4 (BRD4) binds acetylated lysines, including those on histones, which are often found at active genes and their enhancers. BRD4 in turn acts by recruiting the Mediator complex and positive transcriptional elongation factor (pTEFb) to release transcriptional pausing. In cardiac fibroblasts, BRD4 has—amongst the other BRD isoforms expressed in the heart—a sanctioned role in binding enhancers and super-enhancers (as defined by histone H3 K27 acetylation ChIP-seq) and controlling expression of the genes they regulate. Genetic or pharmacologic manipulation of BRD4 binding modulates transcriptional

²These regions are probably best understood as ATAC-accessible regions that are either transcriptionally on or off due to other chromatin features that do not alter availability to the transposase.

activation in myocytes [4,5] and fibroblasts: in the latter, its binding is necessary for TGF- β induced fibroblast activation and pathologic gene expression [6]. In each case, the activity of the chromatin reader is tuned to enact the desired transcriptome of host cell type (*e.g.* in myocytes, BRD4 localizes to myocyte genes such as *Nppa/Nppb* [5]; in fibroblasts, it localizes to fibroblast genes such as *Acta2* [6]). The activities of BRD4 in distinct populations of cardiac cells was recently further elaborated using single cell ATAC-seq and single cell RNA-seq [7]: across myocytes, fibroblasts and other cardiac cells, the binding of BRD4 (as assessed by the presence or absence of the BRD-inhibitor, JQ-1; *n.b.*, JQ-1 inhibits other BET/Bromodomain proteins with varying K_{d} s and there are thus isoform-specific roles amongst this family of proteins that may not be fully elucidated by its use) was reversibly associated with transcription, suggesting dynamic modulation of transcriptional activity solely due to the presence of the reader. Some of the regulatory regions (identified by precision nuclear run on sequencing, PRO-seq, which maps active RNA-polymerases) activated by TGF- β in cardiac fibroblasts also exhibited altered ATAC-detectable accessibility (some of which was similarly sensitive to BRD4 binding), enabling identification of *Meox1* as a positive regulator of cardiac fibroblast activation (notably, *Meox1* enhancer accessibility was altered by JQ1 in fibroblasts, but not myeloid or endothelial cells, demonstrating cell type specific tuning of chromatin remodeling *in vivo*) [7]. An open question resulting from the many single cell studies of the heart that have appeared in the last few years is what are the relative stabilities of the distinct cell populations captured by single cell technologies? One model addressing this through “state space” theory [8] may indicate that epigenetic regulation, similar to the original Waddington thesis, controls not only differentiation but also instantaneous potentiality in every somatic cell, along with the cell’s response to stress.

Long noncoding RNAs

Long noncoding RNAs (lncRNAs) have been touted as one solution to the problem of specifying cell type transcriptomes: some are indeed noncoding and thus have actions presumably at the RNA level, many localize to the nucleus and interact with chromatin³, and many are cell type specific—qualifying as conditions necessary for targeting of protein machinery for gene regulation and chromatin opening. Maternally expressed gene 3 (*Meg3*), a lncRNA originally identified as TGF- β -responsive in breast cancer where it was shown to bind chromatin, overlap with EZH2 (a member of the polycomb repressive complex, which deposits the histone H3 K27 silencing mark) on some regions of the genome, and form triple helices with DNA [10], is one such example of an epigenetic lncRNA capable of determining protein complex localization and/or formation (inhibition of this lncRNA attenuated pressure overload induced cardiac remodeling *in vivo* and TGF- β -induced fibroblast activation *in vitro* [11]). Loss of the cardiac enriched lncRNA H19 ameliorated remodeling after myocardial infarction and was found to bind to Y box binding protein (YB-1) and to in turn negatively regulate YB-1’s association with the *Coll1a1* promoter in the nucleus of cardiac fibroblasts [12]. In a global analysis of fibroblast enriched

³Whether lncRNAs *act via chromatin* is rarely directly tested and much of the rubric for chromatin-based lncRNA actions come from the prototypical lncRNA, *Xist*, which silences the X chromosome through extensive binding to it and recruitment of the polycomb repressive complex (polycomb itself interacts with perhaps ~1000 other lncRNAs 9. Lee JT: **Epigenetic regulation by long noncoding RNAs**. *Science* 2012, **338**:1435–1439).

lncRNAs, *Wisper* was identified as a lncRNA expressed from a super-enhancer (classified by extensive histone H3 K27ac deposition) specific to cardiac, and to a lesser extent, lung fibroblasts [13]. *Wisper* was upregulated after myocardial infarction, its inhibition prevented wound closure *in vitro* and its inhibition *in vivo* attenuated infarction-induced fibrosis [13]. Although not shown to interact with chromatin or regulate transcription by direct physical interaction, *Wisper*'s localization to the nucleus (~40% of total RNA in fibroblasts) and transcription from super-enhancer decorated regions provides an interesting candidate of lncRNA-mediated chromatin organization by virtue (solely or mostly) of *the act of its* transcription, rather than by the lncRNA functioning by precise molecular interactions once transcribed. *Safe* is a nuclear-localized lncRNA that binds to other mRNAs and whose inhibition blunts cardiac fibrosis *in vitro* and *in vivo* [14]. Pro-cardiac fibrotic lncRNA (PCFL) has been shown to promote cardiac fibrosis [15], likely through interactions with miRNAs and not via chromatin. Similarly, the lncRNAs *Cfast* [16] and *Myhrt* [17] have been shown to regulate cardiac fibrosis *in vivo* through actions that involve binding miRNAs and non-nuclear proteins.

Histone-modifying enzymes

The histone demethylase Jumonji domain-containing protein 3 (JMJD3), which targets histone H3 K27me₃, was found to be upregulated after infarction in mouse hearts and isolated cardiac fibroblasts following angiotensin II. Following Ang II treatment, H3K27me₃ abundance was decreased in the promoter of β -catenin, a necessary component of the fibrotic response, and siRNA knockdown of JMJD3 attenuated β -catenin expression [18], although global targets of JMJD3 and direct effects on transcription (as well as mechanisms of genomic targeting), remain unknown. Global deletion of the histone lysine demethylase KDM3A prevents pressure overload induced fibrosis (in addition to ameliorating hypertrophy and chamber dilation), in the process blocking activation of a host of profibrotic genes [19]. Pharmacologic inhibition of KDM3A with JIB-04 recapitulates these phenotypic effects [19], increasing global H3K9me₂ and H3K9me₃ in mouse hearts, although direct effects on cardiac fibroblasts are unclear. *In vivo* knockdown of the histone methyltransferase disruptor of telomeric silencing 1-like (DOT1L) reduced infarct size and fibrosis in mice, while also inhibiting fibroblast activation in cell culture [20] whereas the p300 acetyltransferase-associated factor PCAF was activated by isoproterenol (although its protein expression decreases) *in vivo* and its inhibition attenuated TGF- β -induced *Acta2* and *Colla1* expression in isolated fibroblasts [21]. Silencing of EZH2 (enhancer of zeste 2) in human atrial fibroblasts prevented AngII-induced activation and decreased overall histone H3K27 trimethylation, regardless of AngII stimulation [22].

Among histone mark erasers, histone deacetylases (HDACs) are the best studied class of proteins with regard to their ability to regulate cardiac physiology. Beyond the beneficial effects to the myocyte, HDAC inhibition blocks recruitment of the pause-release protein BRD4 to super-enhancers upstream of the pro-fibrotic gene *Sertad4*, perhaps indicative of the broader means by which HDAC inhibition simultaneously reversing the organ, cell, gene expression and proteomic level phenotypic changes associated with diastolic heart failure in the unilateral nephrectomy plus deoxycorticosterone acetate–salt hypertensive mouse model [23]. HDAC activity was also shown to be directed by the binding of the

E-box binding family of zinc finger transcription repressor Twist1 (specifically on the gene *Clca2*, necessary for conversion to myofibroblasts), in the setting of TGF- β -induced cardiac fibroblast activation [24]. Insights into direct mechanical coupling between the extracellular matrix, the nucleus and chromatin were revealed from studies in which cardiac fibroblasts were subjected to culture conditions of increasing stiffness. Stiff matrices induced fibroblast activation and the longer the cell was kept in a stiff environment, the more committed to activation it became: if switched to soft media after 1–3 days, the cells deactivated, but if switched from stiff to soft after 5 days or more, the myofibroblast phenotype was maintained notwithstanding the soft environment extracellular environment. These cellular phenotypic changes were mirrored by chromatin condensation changes (measured by whole nuclear DAPI intensity and quantified using a *chromatin condensation parameter*) in which as cells transitioned from quiescence to transient activation, chromatin decondensed, but if they further transitioned to persistent activation, chromatin again condensed [25]. This behavior was sensitive to HDAC inhibition with trichostatin A, which alone decreased chromatin condensation and in combination with transition to soft matrix, was effective to deactivate the cells even after 7 days on stiff matrix. Interestingly, the progression from transient to persistent activation was associated with decreased ATAC-detectable chromatin accessibility [25]. These findings are direct evidence that fibroblast chromatin is sensitive to extracellular physical stress which is sensed in part by global changes in nuclear architecture and chromatin accessibility. Hypoxia has been shown to regulate DNA methylation enzymes in cardiac fibroblasts the setting of myocardial ischemia and fibrosis, including increased DNMT1 and DNMT3 (DNA methyltransferases) expression and hypermethylation [26]. Although treatment with 5-aza-2'-deoxycytidine, the DNMT inhibitor, attenuated *Acta2* (in agreement with other studies showing regulation of this gene by DNA methylation [27]) and *Col1a1* expression, the totality of targeted loci and mechanisms at chromatin remain unknown. Indeed, a role for DNA methylation as active regulator of global gene expression and chromatin structure in somatic cells is questionable.

Systematic analyses of rat cardiac myocyte and fibroblast chromatin by ChIP-seq and ATAC-seq was used to define cis-regulatory regions in these cells and to explore differential logic for transcription factor binding at individual genes between different cell types in the same organ [28]. Cell type-specific cis regulatory elements (defined using HOMER-based differential ATAC-seq peak analysis) were identified around transcription start sites, away from proximal promoters and tended to reside in cell type-specific genes. Likewise putative enhancers, decorated with histone H3K27acetylation, were also enriched around cell type specific genes in cardiac fibroblasts and tended to colocalize with ATAC-defined cis regulatory elements[28]. Transcriptome remodeling in fibroblasts in the mouse heart following myocardial infarction preferentially involves activation of a subset of cardiac transcription factors in addition to garden variety immune and inflammatory genes such as *Zpf57*, *Wt1*, *Jun*, and *Npnt* [29]. Other studies have shown that cardiac fibroblast ATAC-detectable chromatin accessibility is dynamic over time after myocardial infarction [30], although the role of this accessibility change in gene expression remains opaque: expression of some genes can be explained by accessibility changes whereas others cannot.

The high mobility group (HMG) family of proteins have been shown to exhibit isoform specific roles in chromatin conformation and gene expression in a variety of cells and

organs, including the heart [31]. There is evidence that directly, or through competition with other chromatin structural proteins such as histones or CTCF (which has a well-established role in myocyte chromatin architecture [32,33]), HMGs increase local chromatin compaction in neonatal myocytes [34]. In fibroblasts, HMGA1 was induced by isoproterenol *in vivo* or TGF- β *in vitro*, and its periostin-dependent overexpression *in vivo* promoted cardiac dysfunction, whereas knockdown inhibited fibroblast activation in isolated fibroblasts [35]. The Hippo pathway is a powerful regulator of organ size and cellular proliferation, including in the heart, where its inhibition promotes myocyte proliferation *in vivo*, including in pigs [36]. In cardiac fibroblasts, Hippo signaling through its downstream effector molecules Lats1/2 modulates basal fibrotic response [37]: deletion of Lats1/2 induces fibrosis and prevent proper chromatin localization of the Lats1/2 target, Yap. Furthermore, Yap has been found (using ATAC and CUT&RUN [a higher resolution ChIP-seq approach]) to control a subset of histone H3K27ac decorated enhancers associated with immune response genes, potentially facilitating their interaction with nearby promoters. Indeed, most Yap peaks (90%) associated with enhancers and were demonstrated, by chromatin conformation measurement, to interact primarily with other enhancers (60% total enhancer-associated Yap peaks) or promoters (32%) [37]. In the realm of therapeutic reprogramming of cardiac fibroblasts to myocytes, chromatin regulation has been a long-sought target to augment the actions of reprogramming transcription factors *Gata4*, *Mef2c*, and *Tbx5* (this cocktail has also been supplemented with other transcription factors including *Hand2* and *Myocardin*, as well as with signaling molecules, like *Akt*) [38,39]. The chromatin reader *Phf7*, which acts via interaction with histone H3K4me2/3 marks to facilitate transcription, was found to be enriched in *Mesp1*+ myocyte progenitors [39]. Overexpression of PHF7 enhances *in vitro* reprogramming of fibroblasts to myocytes through actions that involved association with SWI/SNF chromatin remodeling complexes, localization to histone H3K27ac enhancers in cardiac fibroblasts and increased ATAC-detectable accessibility around genes with gene ontology terms enriched in cardiac muscle processes [39]. Despite these insights, the roles of many chromatin structural proteins in cardiac fibroblast phenotype have not been explored with *in vivo* gain/loss of function approaches.

Perspective

Our natural predilection to extrapolate behavior based on well-defined examples means that we do not know whether all genes involved in myofibroblast activation are regulated by epigenetic machinery in the same manner as the archetypical *Acta2*, *Col1a1* and others that are directly tested in many studies. The phenotypic effects of epigenetic machinery (chromatin writers, erasers and readers in particular) demonstrated by genetic gain/loss of function approaches in the absence of unbiased measurement of genome-wide histone modification and accessibility changes, leave open the question of to what extent the actions of these proteins operate via colloquial histone code dogma. Non-compliance of ATAC-seq findings to said dogma provide a cautionary tale. The means to establish cell type specific gene expression thus include: (a) altered transcription factor binding; (b) altered localization of chromatin remodeling complexes, chromatin readers and/or Mediator and RNA polymerase complexes; (c) altered accessibility resulting from (a) or (b), preceding (a) or (b) or independent of (a) and (b); and (d) altered chromatin structure, defined as

changes in chromatin contacts detectable by HiC (or comparable technique), changes in global chromatin compaction, or changes in orientation of relevant regions of DNA within the nucleus with respect to other loci or nuclear features (*e.g.* lamina, transcription factories or central heterochromatin centers). Empirical evidence for a positive correlation between ATAC-detectable accessibility and gene expression is modest, demonstrating that ATAC is measuring something other than active transcription—which itself is more accurately captured by techniques such as GRO-seq. There are no rules yet discovered for how local accessibility, as measured by ATAC, nuclease-dependent (*e.g.* MNase) techniques, or microscopy, relate to higher order structure and thus it is impossible at present to infer, based on local accessibility, how a region of chromatin positions within the nucleus⁴. Likewise with the opposite: the *structural basis* for how distinct chromatin neighborhoods use nucleosome positioning and higher order structure to segregate transcriptional active from silent regions follow a logic yet to be revealed. There is abundant evidence for a correlation between histone post-translational modifications (and the actions of the writers and erasers that control them) and expression of *some* genes. In limited cases, this correlation has been shown to extend to some regions of accessibility and in still more limited cases, to select features of higher order structure. However, we do not know the rules of structural catenation defining an invariant relationship between local compaction and global structure.

Communication between phenotype and chromatin—unlike the central dogma—need not be hierarchical (Figure 2). Changes in transcription are sufficient to alter chromatin structure: one way evolution may use lncRNAs is to position them throughout the genome in a manner that facilitates differential phase separation based on the accretion of protein and RNA molecules near active transcription factories [40] [41]. Physical distortion of the cell can alter chromatin structure (and thereby transcription) and the rigidity of the nucleus itself can contribute to the phenotype of the cell independent of transcription. In such a model, the cell uses the pre-existing guides from the physical positioning of gene and noncoding regions in the genome, along with the RNA and proteins species unique to cell type, to fold the genome appropriately for the given phenotype. Extranuclear stimuli influence the nature of this folding, which in turn endows the cell with the physical and chemical phenotypes that define it.

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⁴The fractal properties of chromatin, elsewhere described by the principles of phase separation, are not invariant but neither are they random. That is to say, we reason chromatin structure is governed by rules that can be understood and tested, for example with genetic and pharmacologic approaches to manipulate stoichiometry of chromatin proteins, so long as the right chromatin level endpoints (*e.g.* global structure and accessibility) are measured.

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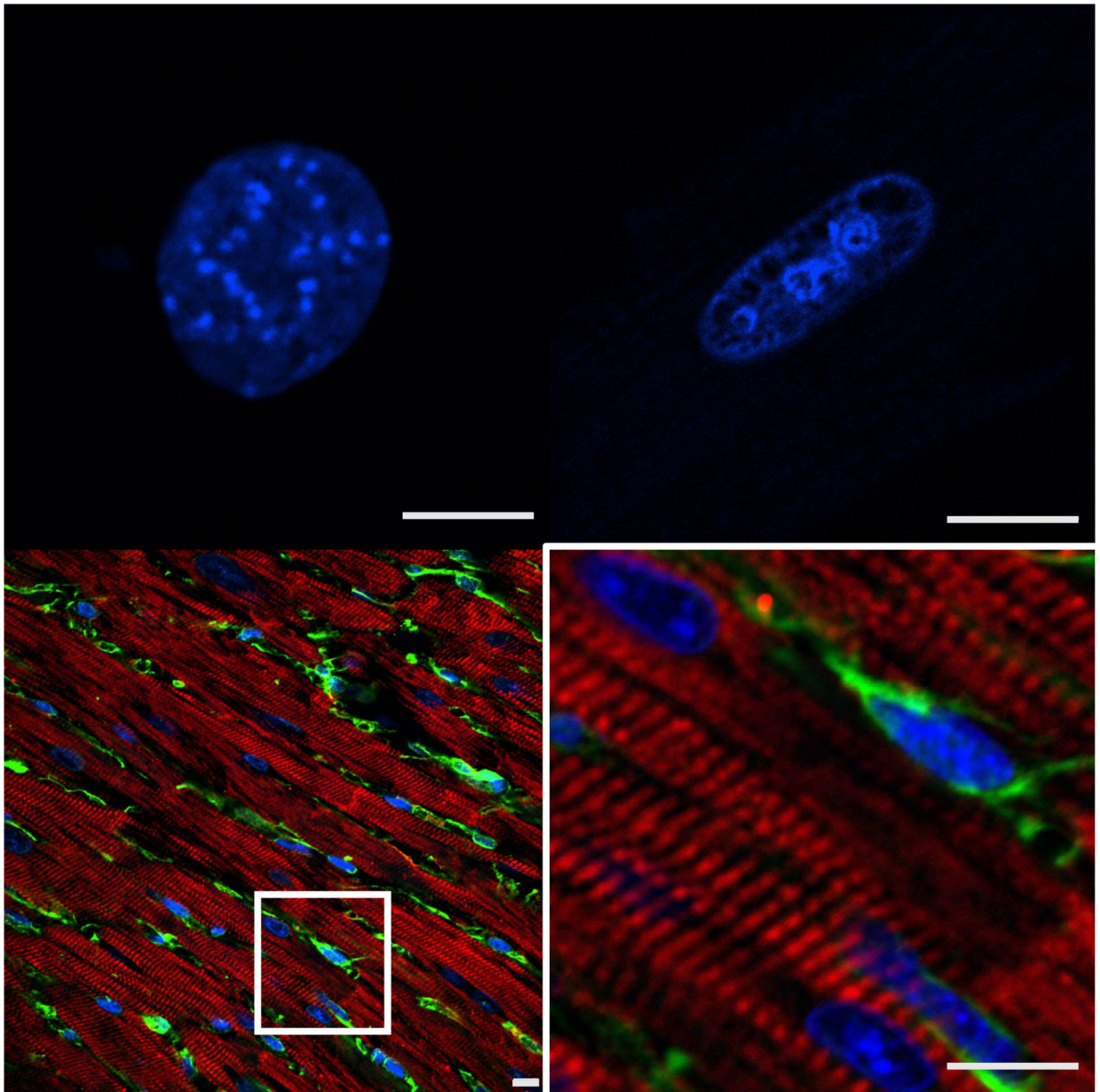


Figure 1: Structural considerations for cardiac fibroblast epigenomics.

Top left, DAPI stained nucleus of primary cardiac fibroblast in culture. *Top right*, DAPI stained primary cardiac myocyte nucleus. *Bottom left*, Cardiac tissue labeled with cardiac troponin T (red, myocytes), vimentin (green, fibroblasts) and DAPI. *Bottom right*, inset of region of interest in bottom left. All specimens from adult mice; bars=10 μ m. Fibroblast nuclei have distinct global structural features (compared to myocytes) and the nuclear organization of these cells changes when in culture due to altered extracellular tension and signaling, with implications for the study of gene regulation and chromatin architecture.

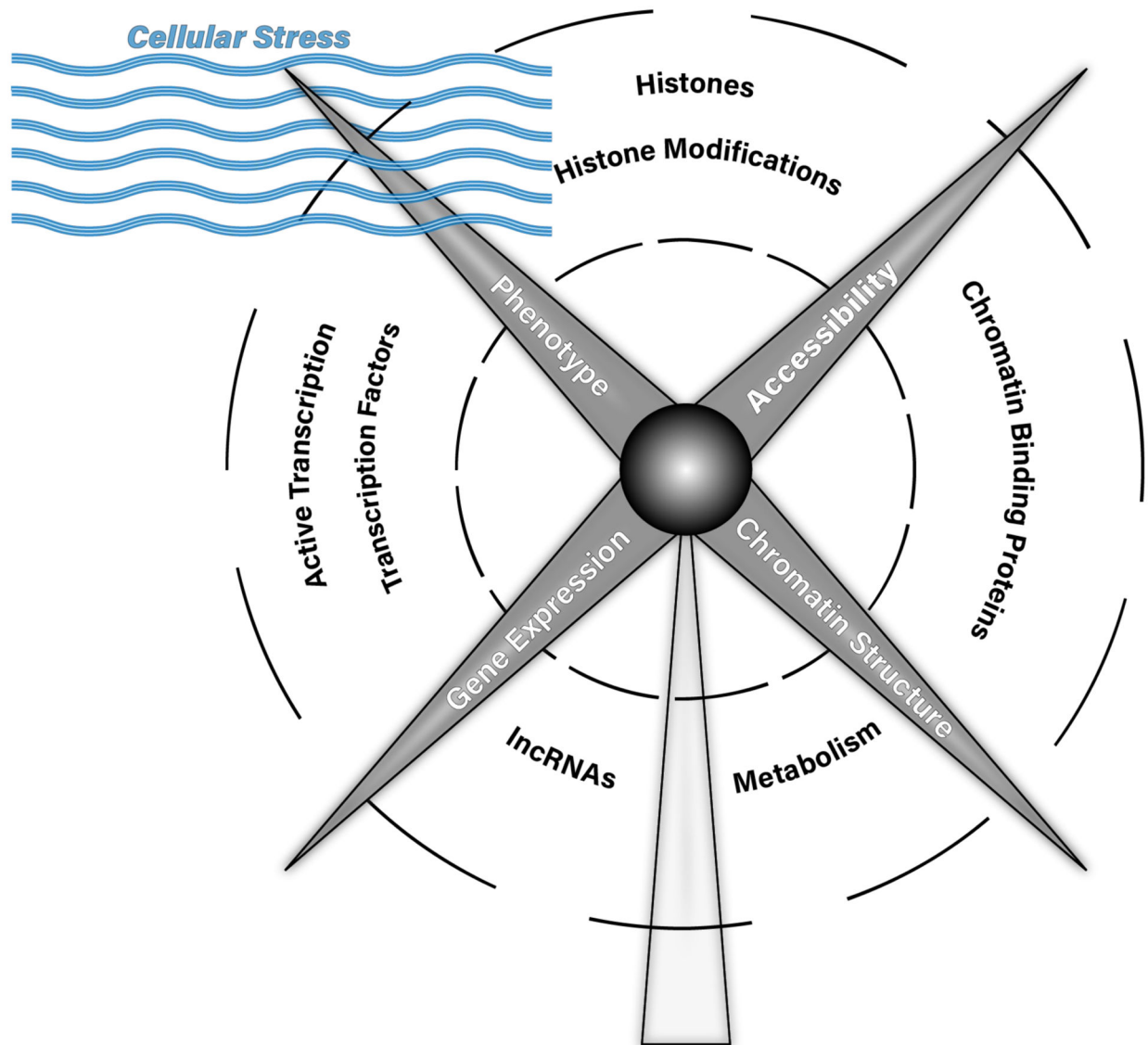


Figure 2: Interrelationship between chromatin structure, chromatin accessibility, gene expression and phenotype.

In this cartoon, chromatin structure, chromatin accessibility, gene expression and phenotype are blades of a windmill, representing inter-related components that influence each other and that themselves are directly acted upon by cellular stress (represented here as the wind). These cellular stresses (*e.g.* extracellular environment, physical forces, intercellular signaling) act through the features labeled along the blades' trajectory (the act of transcription itself, transcription factors, chromatin binding proteins, histones, histone modifications, DNA modifications, metabolism and lncRNAs) to influence chromatin structure, chromatin accessibility, gene expression and phenotype, and vice versa.