

# **Oral microbiota populations of adult dogs consuming wet or dry foods**

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#### **Abstract**

Oral microbiota play a prominent role in canine periodontal disease and wet foods are often blamed for poor oral health, but canine oral microbial communities have been poorly studied. We aimed to determine differences in oral health measures, breath odor, and oral microbiota populations of dogs fed wet or dry food. Twelve adult dogs fed either a commercial dry (extruded) or commercial wet (canned) food for 6 wk were studied. Breath samples were measured for sulfur compounds, teeth were scored for plaque, calculus, and gingivitis by a blinded veterinary dentist, salivary pH was measured, and supragingival (SUP) and subgingival (SUB) plaque samples were collected for microbiota analysis. Plaque DNA was extracted and Illumina sequencing was conducted. Phylogenetic data were analyzed using the CosmosID bioinformatics platform and SAS 9.4, with *P* <0.05 being significant and *P* <0.10 being trends. Plaque coverage tended to be higher (*P* < 0.10) in dogs fed wet vs. dry food, but other oral health scores were not different. Dogs fed dry food had higher (*P* < 0.05) salivary pH and lower (*P* < 0.05) breath sulfur concentrations than those consuming wet food. Bacterial alpha diversity was higher in SUP than SUB samples, and a clear separation in beta diversity was observed between sample sites on principal coordinates analysis (PCoA) plots. In SUP samples, dogs fed wet food had a higher alpha diversity than dogs fed dry food, with PCoA plots showing a separation between wet and dry food. Relative abundances of Firmicutes, Synergistetes, and 10 bacterial genera were different (*P* < 0.05) in SUB samples of dogs fed wet vs. dry food. Relative abundances of Fusobacteria and over 20 bacterial genera were different (*P* < 0.05) in SUP samples of dogs fed wet vs. dry food. In general, oral health-associated bacterial taxa (*Pasteurella*, *Capnocytophaga*, *Corynebacterium*) were higher, while bacteria associated with poor oral health (*Fretibacterium fastidiosum*, *Filifactor alocis*, *Treponema medium*, *Tannerella forsythia*, *Porphyromonas canoris*, *Porphyromonas gingivalis*) were lower in dogs fed dry food. Such shifts in the oral microbiota may impact periodontal disease risk, but longer dietary intervention studies are required to confirm their role in the disease process. Our results suggest that dogs fed dry extruded foods have lower breath odor and tooth plaque buildup and an oral microbiota population more closely associated with oral health than dogs fed wet canned foods.

#### **Lay Summary**

Canned wet foods are often blamed for poor oral health in dogs, but comparison between wet and dry foods is not commonly done. We used 12 healthy adult dogs to determine differences in oral health measures, breath odor, and oral bacteria populations of dogs consuming wet or dry foods. After consuming wet or dry foods for 6 wk, breath odor and salivary pH were measured, teeth were scored for plaque, calculus, and gingivitis, and plaque samples were collected for bacteria analysis. Plaque coverage tended to be higher in dogs consuming wet vs. dry food, but other oral health scores were not different. Dogs consuming dry food had higher salivary pH and lower breath odor than those consuming wet food. Dogs consuming dry food also tended to have higher oral health-associated bacteria and lower bacteria associated with poor oral health than dogs consuming wet food. Such shifts in the oral microbiota may impact periodontal disease risk, but longer dietary intervention studies are required to confirm their role in the disease process. Our results suggest that dogs consuming dry foods have lower breath odor, less tooth plaque buildup, and oral microbiota populations more closely associated with health than dogs consuming wet foods.

**Key words:** canine health, next-generation sequencing, oral microbiome, periodontal disease

**Abbreviations:** LDA, linear discriminant analysis; LEfSe, linear discriminant analysis effect size; OTU, operational taxonomic units; SUB, subgingival source; SUP, supragingival source.

### **Introduction**

Periodontal disease is the most frequently diagnosed oral disease of dogs and is initiated by the buildup of plaque on the tooth surface (Niemiec, 2012). In research on beagles, it was identified that there was tooth attachment loss (≥1 mm) in 20% of dogs aged 1 yr and 84% in dogs aged more than 3 yr [\(Kortegaard et al., 2008\)](#page-10-0). In the United States, oral disease was reported in 18.2% of dogs visiting primary veterinary <span id="page-0-4"></span>practices ([Wallis and Holcombe, 2020\)](#page-11-0). While periodontal disease is initiated by the buildup of plaque on the tooth surface, the plaque formation occurs in stages. Initially, salivary glycoproteins adhere to the tooth surface to form the pellicle, which is followed by bacterial adhesion and plaque maturation. After that, plaque can become mineralized to form calculus, which provides a porous surface to which new plaque can adhere. Finally, the inflammation (gingivitis) and

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resulting tissue damage occurs because of an improperly regulated immune response to bacterial infection (Niemiec, 2012). Therefore, minimizing plaque formation is key to preventing the progression of periodontal disease.

<span id="page-1-6"></span>The diet offered to pets may impact periodontal disease development. Because most dog owners feed a complete and balanced commercial diet, any nutrient deficiencies that could impact host immune response and consequent periodontal disease are rare. The primary means by which a diet may impact the initiation and progression of periodontal disease is by its texture (abrasive action), affecting the accumulation of plaque ([Gorrel, 1998\)](#page-9-0). For decades, researchers have studied the effects of dietary texture as a mechanical method to prevent plaque accumulation in dogs. Dogs fed hard/solid foods have been reported to retain essentially normal teeth and gums compared with animals fed the same food that was ground or minced [\(Burwasser and Hill, 1939](#page-9-1); [Krasse, 1960](#page-10-1); [Saxe et al., 1967\)](#page-10-2). Most importantly, one study reported that even the minimal chewing required for minced food had some cleansing or protective effects compared to not chewing at all (i.e., dogs fed by gastric intubation) ([Egelberg, 1965a](#page-9-2)).

<span id="page-1-14"></span><span id="page-1-4"></span><span id="page-1-1"></span>Although it is known that diet texture and physical abrasion can reduce the accumulation of plaque on teeth, its impact on the oral microbiota community is unknown in dogs. In cats, it was shown that animals fed dry foods exclusively had a higher bacterial diversity in their oral microbiome than those fed wet foods exclusively, as well as a higher abundance of *Porphyromonas* spp. and *Treponema* spp. [\(Adler et al., 2016](#page-9-3)). To our knowledge, similar studies have not been conducted in dogs. There has been a limited number of studies characterizing the canine oral microbiota of healthy vs. diseased dogs ([Davis et al., 2013](#page-9-4); [Wallis et al., 2021;](#page-11-1) [Niemiec et al.,](#page-10-3)  [2022](#page-10-3)), how oral habitats differ [\(Ruparell et al., 2020a;](#page-10-4) [Oba](#page-10-5)  [et al., 2021b](#page-10-5)), and how treat consumption may affect the oral microbiota [\(Ruparell et al., 2020b;](#page-10-6) [Oba et al., 2021a](#page-10-7)), but impact of diet type has not been evaluated to our knowledge.

<span id="page-1-13"></span><span id="page-1-12"></span><span id="page-1-3"></span>Given the lack of knowledge regarding the effects of diet type on the oral microbiota in dogs, the current study aimed to determine the differences in oral microbiota and health outcomes of dogs consuming wet or dry foods. Compared to dogs consuming a dry diet, we hypothesized that consumption of a wet diet would increase (worsen) oral health scores, increase halitosis, reduce salivary pH, and increase the relative abundance of bacteria associated with poor oral health.

## **Materials and Methods**

# Animals

<span id="page-1-8"></span>Twelve adult female beagle dogs (mean age =  $6.0 \pm 1.12$  yr; mean body weight =  $10.78 \pm 1.23$  kg; mean body condition score =  $6.1 \pm 0.64$ ) were used in this study. All procedures were approved by the University of Illinois Institutional Animal Care and Use Committee prior to experimentation (IACUC #19247). Dogs were housed individually in pens (1.0 m wide by 1.8 m long) in a humidity- and temperature-controlled animal facility. Dogs had access to fresh water at all times and were fed once daily to maintain body weight and a healthy body condition score ([Laflamme, 1997\)](#page-10-8). Dogs were weighed once weekly prior to feeding, with a body weight of all dogs remaining constant throughout the study. Dogs were fed at 0800 each morning and were given 1 h to consume their food. Leftover food was weighed each day to calculate intake.

Prior to the start of the study, clinical indices, including a serum chemistry panel and hematology, and a physical examination were performed to confirm health of all animals. For 3 mo prior to the dietary intervention, all animals consumed the same diet (Purina Dog Chow Complete Adult with Real Chicken, Nestle Purina PetCare Company, St. Louis, MO) and were fed to maintain body weight. Also, a dental evaluation was performed by a veterinary dentist to confirm the presence and integrity of all teeth to be scored to confirm trial eligibility.

<span id="page-1-7"></span><span id="page-1-5"></span><span id="page-1-2"></span>Dogs were allotted to one of two treatments and fed for 6 wk, which has been shown to be enough time for oral health outcomes and microbiota to change [\(Carroll et al., 2020;](#page-9-5) [Engel et al., 2020;](#page-9-6) [Oba et al., 2021a](#page-10-7)). Dietary treatments included 1) dry diet (Purina Dog Chow Complete Adult with Real Chicken, Nestle Purina PetCare Company) and 2) wet diet (Pedigree Choice Cuts in Gravy with Beef, Mars Petcare US, Franklin, TN) ([Supplementary Table 1](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data)). At the end of the experiment, a blinded veterinary dentist scored teeth, breath samples were measured for malodor, salivary pH was analyzed, and supragingival (SUP) and subgingival (SUB) plaque samples were collected. No treats, chew toys, or other dental interventions were permitted for the duration of the study.

#### Anesthesia methods

<span id="page-1-15"></span><span id="page-1-11"></span><span id="page-1-10"></span><span id="page-1-9"></span><span id="page-1-0"></span>All dogs had their food withheld for at least 12 h prior to anesthesia, but were allowed water until transportation. The hair over the left or right cephalic vein was clipped, the site was aseptically prepared, and a 20-gauge intravenous catheter was placed in the cephalic vein for the administration of sedative and anesthetic agents, and intravenous fluids. Following catheterization, butorphanol (0.3 mg/kg) was administered intravenously and dogs were preoxygenated. Anesthesia was then induced with etomidate with or without a coinduction of midazolam (0.3 mg/kg) or lidocaine (2 mg/kg). Dogs were orotracheally intubated and transferred to isoflurane delivered in oxygen to maintain anesthesia. Intravenous fluids (Lactated ringer's solution) were run at 5 mL/kg/h throughout anesthesia and active heating with a forced-air warmer was provided to maintain normothermia. Cardiovascular and respiratory function was monitored continuously using an anesthetic multiparameter monitor. Supplementary anesthetic agents and cardiovascular support were administered as needed based on the decision of the attending veterinary anesthesiologist.

## Salivary pH

Salivary pH was measured using pH strips (Fisherbrand Plastic pH Strips; pH range = 6.5 to 13) on the same day and time of dental scoring. All dogs had their food withheld for at least 12 h prior to salivary pH measurement, using two strips on each side per dog (four, in total). The salivary pH reported was the mean of the four strips. Saliva samples were collected where it naturally pools (in the cheek pouch and under the tongue) for 30 s.

#### Halitosis measurement

Breath samples were analyzed for total volatile sulfur compound concentrations using a halimeter (Interscan Corp, Simi Valley, CA). Halimeter measurements were conducted 7 h after feeding. Halitosis measurements were obtained for each dog using a clean plastic straw (i.e., a clean straw was used for each measurement) as an extension of the halimeter

air drawing hose. The highest reading of volatile sulfur compounds over a period of approximately 30 s was displayed by the halimeter and recorded. The machine was allowed to return to 0 (about 60 to 120 s) before the next measurement was taken. Each dog was measured three times and a mean score was calculated.

### Dental scoring

<span id="page-2-4"></span><span id="page-2-0"></span>Gingivitis, plaque, and calculus scoring were conducted by a board-certified veterinary dentist according to a modified version of previous scoring systems ([Mühlemann and Son, 1971;](#page-10-9) [Gorrel et al., 1999](#page-9-7)). For each measurement, the I3, C, P3, P4, and M1 teeth on the upper jaw (maxilla) and the C, P3, P4, and M1 teeth on the lower jaw (mandible) were scored. These two teeth were chosen because they are the teeth from which plaque samples for microbiota analysis were collected. Thus, the dental score data would be more compatible with the sample collection site.

To assess gingivitis, after an initial visual evaluation of the gingiva, a periodontal probe (Williams model, Cislak Manufacturing, Inc., Niles, IL) was placed subgingivally on the buccal side of each tooth, and values were assigned via visual assessment of inflammation and bleeding, if present, upon probing. Each tooth was graded by the average of the three scores obtained per tooth. The score for each dog is the mean score for all teeth scored. Plaque levels were evaluated by using Trace Disclosing Solution (Young Dental, Earth City, MO) to cover the teeth, followed by a gentle rinse of water to remove the excess. Plaque was hence revealed and subsequently scored for coverage and thickness according to [Gor](#page-9-7)[rel et al. \(1999\)](#page-9-7) using the anatomical landmarks described in [Hennet et al. \(2006\)](#page-10-10) to divide the teeth into gingival and occlusal portions. The gingival and occlusal values for each tooth were averaged to obtain a tooth total score. The average plaque coverage was multiplied by the average of plaque thickness to obtain a whole mouth mean calculus score for each animal. Calculus scores were based on the visual assessment of coverage and thickness on the mesial, buccal, and distal portions of the tooth. The tooth score is the average of the scores for each of the three-tooth surfaces. The average of calculus coverage was multiplied by the average of calculus thickness to obtain a whole mouth mean calculus score for each animal.

<span id="page-2-2"></span>Pocket depth in millimeters was based on height from bottom of pocket to gingival margin, <2 mm = normal sulcus;  $>2$  and  $<3$  mm = slight;  $>3$  and  $<5$  mm = moderate;  $>5$  mm = severe. The tooth score is the average of pocket depth for each tooth. The average of pocket depth of all teeth was used to obtain a whole mouth mean pocket score for each animal.

#### Plaque sample collection

Once scored, plaque samples were collected for microbiota analysis and the teeth surfaces were cleaned. Teeth were assessed using a sterile periodontal probe on the gingival margin and sweeping along the base of the crown. SUB and SUP plaque samples were collected from the fourth premolar and first molar mandibular teeth and the fourth premolar and first molar maxillary teeth. Plaque samples were placed into sterile 2.0 mL cryovials (CryoELITE, Wheaton, Millville, NJ) and immediately placed on dry ice until storage at −80 °C, where they were stored until analysis.

#### Microbiota analysis

<span id="page-2-3"></span><span id="page-2-1"></span>Total DNA from plaque samples were extracted using Mo-Bio PowerSoil Kits (MO BIO Laboratories, Inc., Carlsbad, CA), followed by quantification of extracted DNA using a Qubit 3.0 Fluorometer (Life Technologies, Grand Island, NY). Quality of extracted DNA was assessed by electrophoresis using agarose gels (E-Gel EX Gel 1%; Invitrogen, Carlsbad, CA). DNA samples were sent to CosmosID (Rockville, MD) for library creation and sequencing. DNA libraries were prepared using the Illumina Nextera XT library preparation kit (Illumina, San Diego, CA), with a modified protocol. Libraries were then sequenced on an Illumina HiSeq 183 platform  $(2 \times 150$  bp). Unassembled sequencing reads were directly analyzed by CosmosID bioinformatics platform (CosmosID Inc.) described elsewhere ([Hasan et al., 2014;](#page-10-11) [Lax](#page-10-12)  [et al., 2014](#page-10-12); [Ottesen et al., 2016](#page-10-13); [Ponnusamy et al., 2016](#page-10-14)) for microbiome analysis and profiling of organism relative abundance. CosmosID uses their proprietary curated microbial genomics database, which contains nearly 170,000 phylogenetically organized genomes and gene sequences. The database enables multikingdom identification of bacteria, viruses, phages, fungi, and protists, with bacteria being the focus of this study. Alpha diversity was estimated using Chao1, the Shannon Index, and the Simpson Index. Beta diversity was calculated using Jaccard distance measures and presented using a principal coordinates analysis plot.

#### <span id="page-2-6"></span><span id="page-2-5"></span>Statistical analysis

All data were analyzed using SAS (version 9.4, SAS Institute, Cary, NC) using the Mixed Models procedure, with dog being considered a random effect and diet was considered a fixed effect. Data normality was checked using the univariate procedure and Shapiro–Wilk statistic, with log transformation being used when normal distribution was lacking. If after the logarithmic transformation of the data, the data did not reach normality, the data were analyzed using the npar1way procedure and Wilcoxon statistic. Data were reported as means, with *P*<0.05 considered significant and *P*<0.10 considered a trend. Linear discriminant analysis effect size (LEfSe) [\(Segata](#page-10-15)  [et al., 2011\)](#page-10-15) was used to evaluate the genetic sequences and to identify genera that were enriched at the various habitats and dietary groups.

## <span id="page-2-7"></span>**Results**

#### Dental scoring and salivary pH

All dental scores are presented in [Table 1](#page-3-0), while volatile sulfur compound concentrations and salivary pH are presented in [Figure 1](#page-3-1). None of the dental scores were affected by diet type, except for plaque coverage that tended to be higher (*P*  $= 0.0738$ ) in dogs consuming wet food than those consuming dry food. Dogs consuming the dry food had a higher ( $P =$ 0.0156) salivary pH and lower  $(P = 0.0293)$  breath odor than dogs consuming the wet food.

#### Oral microbiota

Illumina sequencing produced a total of 595.2 million sequences, with an average of  $24.80 \pm 13.2$  million sequences per sample. Analyses were conducted with all samples being rarified to a level of 5.48 million sequences. Oral bacterial alpha diversity appeared to be different between sample types (SUB vs. SUP) and diet fed (wet food vs. dry food), but

<span id="page-3-0"></span>Table 1. Plaque, gingivitis, and calculus scores and pocket depths of healthy adult dogs consuming commercially available wet or dry food

	Dry food	Wet food	<b>SEM</b>	P-value
Plaque coverage	3.28	3.55	0.094	0.0738
Plaque thickness	2.55	2.65	0.114	0.9361
Plaque $score1$	8.44	9.37	0.545	0.2623
Gingivitis score	1.23	1.25	0.080	0.8414
Calculus coverage	2.56	2.86	0.238	0.3977
Calculus thickness	1.69	1.64	0.154	0.8057
Calculus score <sup>1</sup>	4.61	4.72	0.701	0.9100
Pocket depth (mm)	2.52	2.25	0.135	0.1813

1 Plaque and calculus scores range from 0 (low) to 12 (maximum).



<span id="page-3-1"></span>**Figure 1.** Salivary pH (a) and volatile sulfur concentrations (b) from healthy adult dogs consuming commercially available wet or dry food. Groups with different superscripts differ (*P* < 0.05).

<span id="page-3-2"></span>depended on the measure used. The Chao1 index, an abundance-based estimator of species richness if all bacterial species were identified in samples, was higher  $(P < 0.05)$  in SUP than SUB samples ([Supplementary Figure 1\)](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data) and higher (*P* < 0.05) in SUP samples of dogs consuming a wet food than those consuming a dry food ([Figure 2](#page-4-0)). Chao1 gives more weight to low-abundance species and is particularly useful for data sets skewed toward low-abundance species [\(Kim et](#page-10-16)  [al., 2017\)](#page-10-16). The Simpson index, an estimator of species richness and species evenness, was not affected by sample type or diet. The Shannon diversity index, another estimator of species richness and species evenness, was affected by diet, with SUP samples of dogs consuming a wet food having a higher (*P* < 0.05) index than SUP of dogs consuming a dry food ([Figure 2](#page-4-0)). The Shannon diversity index was not affected by sample type or diet in SUB samples.

<span id="page-3-4"></span><span id="page-3-3"></span>Principal coordinates analysis plots based on the Jaccard and Bray–Curtis indexes were created to represent the beta diversity of plaque samples. The Jaccard index, which is based on the presence or absence of bacterial taxa [\(Schroeder and](#page-10-17)  [Jenkins, 2018\)](#page-10-17), showed that sample types (SUB, SUP) clustered separately from one another ([Supplementary Figure 2](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data)). The Jaccard index also showed that dogs consuming wet vs. dry foods clustered separately in SUP samples, but not in SUB samples [\(Figure 3\)](#page-4-1). The Bray–Curtis index, which takes into account the abundance of each bacterial taxa present and estimates the dissimilarity of samples ([Mbareche et al., 2020](#page-10-18)), showed that sample types (SUB, SUP) clustered separately from one another ([Supplementary Figure 2\)](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data). The Bray–Curtis index also showed that dogs consuming wet vs. dry foods

clustered separately in SUP samples, but not in SUB samples ([Figure 3\)](#page-4-1).

The most abundant bacterial phyla in SUB and SUP samples were Bacteroidetes (77% and 83%, respectively), Proteobacteria (12% and 10%, respectively), and Firmicutes (6% and 3%, respectively). The most abundant genera in SUB samples were *Porphyromonas* (65%), unclassified Porphyromonadaceae (5%), *Campylobacter* (4%), and *Bergeyella* (3%), while *Porphyromonas* (69%), *Bergeyella* (6%), *Neisseria* (5%), and *Capnocytophaga* (5%) were the most abundant in SUP samples. The relative abundance of Bacteroidetes was lower (*P* < 0.05), while the relative abundances of Actinobacteria, Firmicutes, and Spirochaetes were higher (*P* < 0.05) in SUB samples than SUP samples ([Supplementary Figure 3](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data)). The relative abundances of *Bergeyella*, *Capnocytophaga*, *Fretibacterium*, *Moraxella*, and *Neisseria* were lower (*P* < 0.05), while the relative abundances of *Aerobacter*, *Campylobacter*, *Conchiformibius*, *Corynebacterium*, *Desulfobulbus*, *Filifactor*, *Lactobacillus*, *Parvimonas*, unclassified Peptostreptococcaceae, unclassified Porphyromonadaceae, *Prevotella*, *Streptococcus*, and *Treponema* were higher (*P* < 0.05) in SUB samples than in SUP samples ([Supplementary Figure 4\)](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data).

In SUB samples, the relative abundances of *Capnocytophaga cynodegmi* and *Conchiformibius* were lower  $(P < 0.05)$  in dogs consuming wet food than those consuming dry food [\(Table 2\)](#page-5-0). In contrast, the relative abundances of Firmicutes, Synergistetes, *Fretibacterium*, *Tannerella*, unclassified Peptostreptococcaceae, *Streptococcus*, *Tannnerella forsythia*, Peptostreptococcaceae *bacterium oral taxon 113*, and *Fretibacterium fastidiosum* were higher (*P* < 0.05) in dogs consuming wet food than those consuming dry food ([Table 2\)](#page-5-0).

In SUP samples, the relative abundances of *Arcobacter*, *Capnocytophaga*, *Pasteurella*, *Conchiformibius*, *Actinomyces timonensis*, *Capnocytophaga canimorsus*, *Conchiformibius steedae*, *Neisseria weaveri*, *Pasteurella dagmatis*, *Porphyromonas cangingivalis*, and unclassified *Treponema* were lower  $(P < 0.05)$  in dogs consuming wet food than those consuming dry food ([Table 3\)](#page-6-0). In contrast, the relative abundances of unclassified Porphyromonadaceae, unclassified Bacteroidales, unclassified Peptostreptococcaceae, *Tannerella*, *Filifactor*, *Treponema medium*, *Porphyromonas gingivalis*, *Porphyromonas canoris*, *Tannnerella forsythia*, *Streptococcus agalactiae*, Peptostreptococcaceae *bacterium oral taxon 113*, Porphyromonadaceae *bacterium* COT-184 OH4590, and *Filifactor alocis* were higher (*P* < 0.05) in dogs consuming wet food than those consuming dry food ([Table 3](#page-6-0)).

LEfSe identified four phyla and 15 genera that were affected by sample type [linear discriminant analysis (LDA) ≥ 3]. Two phyla were enriched in SUP plaque (Chloroflexi and Gracilibacteria) and seven genera were at least three-fold higher in SUP plaque (*Bergeyella*, *Capnocytophaga*, *Neosseroa*, *Pasteurella*, unclassified Chloroflexi, *Melaminivora*, *Haemophilys*). Two phyla were at least three-fold higher in SUB plaque (Spirochaetes and Firmicutes), and eight genera were at least three-fold higher in SUB plaque (*Rothia*, *Conchiformibius*, *Filifactor*, *Cardiobacterium*, *Treponema*, *Desulfobulbus*, *Campylobacter*, *Porphyromonadaceae*) ([Sup](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data)[plementary Figure 5\)](http://academic.oup.com/jas/article-lookup/doi/10.1093/jas/skac200#supplementary-data).

LEfSe identified two bacterial phyla, five bacterial genera, and nine bacterial species that were enriched in dogs consuming wet or dry foods in SUB samples (LDA  $\geq$  3) ([Figure 4\)](#page-7-0). Firmicutes, Synergistetes, *Streptococcus*, *Fretibacterium*, unclassified Peptostreptococcaceae, *Tannerella*, *Treponema* 



<span id="page-4-0"></span>Figure 2. Bacterial alpha diversity indices of dogs consuming a commercially available wet or dry food as assessed by the Chao1 index (a and d), Simpson diversity index (b and e), and Shannon diversity index (c and f) in canine plaque samples (SUB, subgingival; SUP, supragingival). Groups with different superscripts differ (*P* < 0.05).



<span id="page-4-1"></span>Figure 3. Bacterial beta diversity indices of plaque samples (SUB, subgingival; SUP, supragingival) of dogs consuming a commercially available wet or dry food as assessed by the Jaccard index (a and c) or Bray–Curtis index (b and d).



<span id="page-5-0"></span>**Table 2.** Oral bacteria (relative abundance, %) that were significantly different between treatments present in subgingival plaque samples from healthy adult dogs consuming a commercially available wet or dry food

a,bGroups with different superscripts differ (*P* < 0.05).

*pedis*, unclassified Chonciformibius, *Fretibacterium fastidiosum*, *Tannerella forsythia*, Peptostreptococcaceae *bacterium oral taxon 113*, and *unclassified Lactobacillus* were enriched in dogs consuming wet food, while *Conchiformibius*, unclassified *Moraxella*, and *Conchiformibius steedae* were enriched in dogs consuming dry food.

LEfSe also identified three bacterial phyla, 16 bacterial genera, and 16 bacterial species that were enriched in dogs consuming wet or dry foods in SUP samples (LDA  $\geq$  3) ([Figure 5](#page-7-1)).

Chloroflexi, Fusobacteria, Synergistetes, *Tannerella*, *Fusobacterium*, unclassified Chloroflexi, *Luteimonas*, unclassified Peptostreptococcaceae, *Limnohabitans*, *Fretibacterium*, *Campylobacter*, unclassified Bacteroidales, *Filifactor*, *Corynebacterium*, *Delftia*, *Fusobacterium nucleatum*, *Campylobacter showae*, *Camplylobacter rectus*, *Porphyromonas gingivalis*, *Fretibacterium fastidiosum*, *Corynebacterium freiburgense*, unclassified Bacteroidales, *Propyromonas* sp. COT 052OH4946, *Tannerella forsythia*, *Filifactor alocis*, and Peptostreptococcaceae *bacterium oral taxon 113* were enriched in dogs consuming wet food, while *Conchiformibius*, *Pasteurella*, *Arcobacter*, *Capnocytophaga*, unclassified Arcobacter, *Conchiformibius steedae*, *Neisseria weaver*, *Porphyromonas cangingivalis*, and *Capnocytophaga canimorsus* were enriched in dogs consuming dry food.

## **Discussion**

The effects of diet on oral health is well known, with the main effect on the initiation and progression of periodontal disease being due to texture and its ability to impact the accumulation of plaque ([Gorrel, 1998\)](#page-9-0). In the past, it was shown that diet texture is a mechanical method to prevent plaque accumulation ([Burwasser and Hill, 1939](#page-9-1); [Krasse, 1960](#page-10-1); [Egelberg,](#page-9-2) [1965a](#page-9-2); [Saxe et al., 1967\)](#page-10-2). Dogs fed hard foods retained essentially normal teeth and gums, while those fed soft foods (same food, but ground and mixed with water) developed gingivitis, plaque, and calculus [\(Burwasser and Hill, 1939\)](#page-9-1). Additionally, with solid food, gums appear normal and most gingival crevices remain free of bacteria, whereas with soft food (same food, but minced and mixed into a mush) gingivitis occurred, more crevices gave positive bacterial cultures, and the resulting microbiota resembled that associated with periodontal disease [\(Krasse, 1960\)](#page-10-1).

In a study comparing a commercial dry dog food and a wet food form, results showed that dogs fed the dry diet acquired less "soft debris" on their teeth [\(Saxe et al., 1967\)](#page-10-2). Another study proved the importance of chewing in the prevention of plaque accumulation by feeding dogs by gastric intubation or oral consumption of minced food. In that study, gingival exudation tended to increase to a greater extent during tube feeding, suggesting that even the minimal chewing required <span id="page-6-0"></span>**Table 3.** Oral bacteria (relative abundance, %) that were significantly different between treatments present in supragingival plaque samples from healthy adult dogs consuming a commercially available wet or dry food



a,bGroups with different superscripts differ (*P* < 0.05).

<span id="page-6-1"></span>to consume minced food had some cleansing or protective effects [\(Egelberg, 1965b](#page-9-8)). Data from the present study agrees with those in previous studies, with dogs consuming wet food having greater plaque buildup than those consuming dry food. Additionally, dogs consuming dry food had lower breath odor and a higher salivary pH than those consuming wet food.

<span id="page-6-6"></span><span id="page-6-5"></span><span id="page-6-4"></span><span id="page-6-3"></span><span id="page-6-2"></span>The main odor components in the mouth are small, volatile compounds that can be produced through bacterial metabolism. The main bacterial-derived odorants include hydrogen sulfide, methanethiol, volatile sulfur compounds, trimethylamine, indole, skatole, putrescine, cadaverine, acetone, pyridine, and ammonia ([Solis and Volpe, 1973](#page-10-19); [Tonzetich, 1977](#page-11-2); [Persson et al.,](#page-10-20)  [1990](#page-10-20); [Yaegaki and Sanada, 1992](#page-11-3); [Tangerman and Winkel, 2007](#page-11-4);



<span id="page-7-0"></span>**Figure 4.** Linear discriminant analysis effect size (LEfSe) identified bacteria enriched in subgingival plaque samples of healthy adult dogs consuming commercially available wet or dry food [linear discriminant analysis (LDA) score ≥ 3].



<span id="page-7-1"></span>Figure 5. Linear discriminant analysis effect size (LEfSe) identified bacteria enriched in supragingival plaque samples of healthy adult dogs consuming commercially available wet or dry food [linear discriminant analysis (LDA) score ≥ 3].

<span id="page-8-19"></span><span id="page-8-14"></span>[Tangerman, 2009;](#page-11-5) [Takeshita et al., 2012](#page-10-21); [Gulsahi et al., 2014;](#page-9-9) [Nani et al., 2017](#page-10-22); [Mogilnicka et al., 2020\)](#page-10-23). Most of these molecules are present under normal physiological conditions, but excessive production results in an unpleasant smell that is noticed by pet owners. Oral malodor can be affected by diet, which may contain odorants or substances that may be fermented into odorants by bacteria ([Mogilnicka et al., 2020](#page-10-23)). Gram-negative bacteria (e.g., *Bacteroides forsythus*, *Porphyromonas gingivalis*, *Actinobacillus actinomycetemcomitans*, and *Prevotella intermedia*) have been implicated in the production of volatile sulfur compounds originating from sulfur-containing substrates in food [\(Awano et al., 2002](#page-9-10)). In the present study, animals consuming wet food had higher relative abundance of *Porphyromonas gingivali*, which may be linked with the higher total volatile sulfur compound concentrations, but more research would be needed to provide a causal relationship.

<span id="page-8-3"></span><span id="page-8-2"></span><span id="page-8-1"></span>The higher salivary pH of dogs consuming dry food (dry: 7.46  $\pm$  0.07; wet: 7.17  $\pm$  0.07) in the current study may be viewed as being beneficial to oral health. The consumption of acidic food as well as bacterial metabolism that reduces salivary pH leads to dental demineralization ([Fejerskov and Kidd,](#page-9-11) [2008\)](#page-9-11). In contrast, alkaline salivary pH can reduce demineralization and enhance the remineralization process ([Edgar](#page-9-12) [and O'Mullane, 1990\)](#page-9-12). Even though periodontal disease is one of the most common oral diseases in dogs, a small dataset exists on saliva composition and oral health biomarkers in dogs. Traditionally, the mean salivary pH of medium-sized dogs has been reported to range between 7.2 and 8.1 ([Larmas](#page-10-24) [and Scheinin, 1971;](#page-10-24) [Smeets-Peeters et al., 1998\)](#page-10-25). In a more recent study, mean salivary pH of dogs was reported to be  $8.53 \pm 0.34$ , and not different among the three dog breeds (Dachshund, Labrador Retriever, Jack Russel) tested [\(Lavy et](#page-10-26) [al., 2012\)](#page-10-26). In another recent study reported a salivary pH of 7.93 ± 0.46 in dogs without oral disease, with neutered and intact male and female dogs not being different [\(Iacopetti et](#page-10-27) [al., 2017](#page-10-27)).

<span id="page-8-11"></span><span id="page-8-9"></span><span id="page-8-7"></span>In addition to plaque accumulation, dietary composition, physical properties, etc. may influence the oral microbiota populations, including the diversity of bacteria. For example, cats consuming a high-protein, low-carbohydrate wet food (~70 % moisture) had a more diverse oral microbiome, with enrichment of bacteria associated with both gingival health and periodontal disease than cats consuming a dry extruded kibble (highly refined, cereal-based, dehydrated rations) diet [\(Adler et al., 2016](#page-9-3)). While greater bacterial diversity has been associated with oral disease, it is not observed consistently. In one dog study, plaque sample operational taxonomic unit (OTU) counts from dogs with mild periodontitis and gingivitis were higher than those with healthy gingiva ([Davis et al.,](#page-9-4) [2013\)](#page-9-4). In other studies, however, differences in the number of OTU or the Shannon diversity index were not observed among healthy and diseased groups [\(Wallis et al., 2015;](#page-11-6) [Nie](#page-10-3)[miec et al., 2022](#page-10-3)). In the present study, SUP samples of dogs consuming the wet food had a more diverse microbiota than those consuming the dry food. Additionally, beta diversity analysis clearly showed a distinct separation between SUP sample microbiota populations of dogs consuming the wet and dry foods. Alpha and beta diversity indices were not different between dietary groups in SUB samples, however.

<span id="page-8-23"></span>The current understanding of the canine oral microbiome and the impact that diet has on its composition is limited. Overall, the bacterial profile present in the current study is similar to those published previously. In a previous study, *Por-*

<span id="page-8-18"></span><span id="page-8-12"></span><span id="page-8-4"></span>*phyromonas* was the most abundant bacterial genus in SUB plaque samples of healthy dogs, with *Moraxella* and *Bergeyella* also being highly abundant [\(Davis et al., 2013\)](#page-9-4). In another study that measured oral bacteria 28 d after dental cleaning and polishing by a veterinary dentist, *Porphyromonas* was the most abundant bacterial genus in all samples type (SUP and SUB), followed by *Moraxella*, *Fusobacterium*, and *Enhydro-*

*bacter* in SUB samples, and *Moraxella*, *Enhydrobacter*, and *Neisseria* in SUP samples ([Oba et al., 2021a\)](#page-10-7). A third study agreed, with *Porphyromonas* being the most abundant bacterial genus present in all samples (SUP and SUB), followed by *Fusobacterium*, *Treponema*, *Moraxella*, and *Fusibacter* in SUB samples, and *Moraxella*, *Enhydrobacter*, *Fusobacterium*, and *Corynebacterium* in SUP samples [\(Oba et al., 2021b](#page-10-5)).

Similar to those previous publications, which used 16S rRNA-based sequencing, *Porphyromonas* was the most abundant bacterial genus in all sample type (SUP and SUB) in the present study, along with unclassified Porphyromonadaceae, *Campylobacter*, and *Bergeyella* in SUB samples, and *Bergeyella*, *Neisseria*, and *Capnocytophaga* in SUP samples. *Moraxella* (~0.2%), *Fusobacterium* (~0.2%), *Treponema* (~1.6%), and *Corynebacterium* (~1.6%) were present at a low abundance, while *Enhydrobacter* and *Fusibacter* were not detected in the present study, however. These differences among studies may be due to the sequencing techniques and databases used. It has been previously shown that 16S rRNA amplicon-based sequencing yields quantitatively and qualitatively different results than those coming from shotgun metagenomics. Compared with the 16S rRNA-based methods, shotgun metagenomics allows for much deeper characterization of the microbiome complexity, allowing identification of a larger number of species for each sample ([Laudadio et al., 2018](#page-10-28)).

<span id="page-8-22"></span><span id="page-8-21"></span><span id="page-8-20"></span><span id="page-8-17"></span><span id="page-8-16"></span><span id="page-8-15"></span><span id="page-8-13"></span><span id="page-8-10"></span><span id="page-8-8"></span><span id="page-8-6"></span><span id="page-8-5"></span><span id="page-8-0"></span>In the current study, we aimed to examine two of the main factors thought to influence the composition of the oral microbiome—dietary moisture and texture. While differences were observed in bacterial diversity and abundance among dogs consuming wet vs. dry foods, the implications for oral health is still unclear. In SUB plaque samples of humans with generalized aggressive periodontitis and generalized chronic periodontitis, higher levels of Bacteroidales, *Filifactor alocis*, *Fretibacterium fastidiosum*, *Fretibacterium* sp. HOT 360, *Porphyromonas gingivalis*, *Selenomonas sputigena*, *Tannerella forsythia*, and *TM7* sp. HOT 356 are present when compared with subjects in a healthy control group [\(Oliveira et](#page-10-29)  [al., 2016\)](#page-10-29). *Filifactor alocis* has emerged as an important periodontal pathogen in humans ([Vashishta et al., 2019;](#page-11-7) [Schlafer](#page-10-30)  [et al., 2010](#page-10-30)). *Tannerella forsythia*, *Porphyromonas gingivalis*, and *Treponema denticola* also constitute the "red complex" in humans—a group of bacteria associated with periodontal disease and classified as highly virulent ([Hajishengallis,](#page-9-13)  [2014](#page-9-13); [Trindade et al., 2014;](#page-11-8) [Hajishengallis, 2015;](#page-9-14) [Lamont](#page-10-31)  [and Hajishengallis, 2015\)](#page-10-31). Furthermore, *Treponema medium* has been isolated from SUB samples of patients with adult periodontitis [\(Umemoto et al., 1997;](#page-11-9) [Nakazawa et al., 2003](#page-10-32)), with the number of *Treponema medium* being increased in SUB samples from deep periodontal pockets [\(Asai et al.,](#page-9-15)  [2002](#page-9-15)). In the present study, *Fretibacterium fastidiosum* and *Tannerella forsythia* were higher in SUB samples of dogs consuming wet food than those consuming dry food. Additionally, *Treponema medium*, *Filifactor alocis*, *Porphyromonas gingivalis*, and *Tannerella forsythia* were higher in SUP samples of dogs consuming wet food than those consuming dry food.

<span id="page-9-24"></span><span id="page-9-21"></span><span id="page-9-20"></span>*Porphyromona*s spp. are well-known bacteria associated with the development of periodontal diseases, with *Porphyromona*s *cangingivalis* being a highly abundant bacterial group in the oral cavity of healthy dogs and animals with inflamed periodontal tissues [\(Dewhirst et al., 2012](#page-9-16); [Davis et al., 2013](#page-9-4); [Wallis et al., 2015;](#page-11-6) [do Nascimento Silva et al., 2017\)](#page-10-33). *Porphyromonas gingivalis* is one of the principal bacteria thought to contribute to the development of human and animal periodontal disease [\(Genco et al., 1998;](#page-9-17) [Norris and Love, 2000](#page-10-34); [Özavci et al., 2019\)](#page-10-35). *Porphyromonas* in general are black-pigmented species from the gingival sulcus of dogs with naturally occurring periodontal disease, with counts of *P. intermedia* being positively correlated with the amount of plaque and the degree of gingivitis ([Allaker et al., 1997\)](#page-9-18). *Porphyromonas canoris*, *P. salivosa*, *P. cangingivalis*, *P. cansulci*, *P. crevioricanis*, and *Prevotella denticola* have been isolated from healthy dogs, but at a low level (3% to 9% of dogs) ([Allaker et al.,](#page-9-18)  [1997](#page-9-18)). In the present study, dogs consuming the wet food had a higher relative abundance of *Porphyromonas canoris* and *Porphyromonas gingivalis*, with dogs consuming the dry food having a higher relative abundance of *Porphyromonas cangingivalis*. This shift in the oral microbiota due to diet type may indicate that the consumption of a high-moisture, soft food can lead to an undesirable change in the oral microbiota.

<span id="page-9-19"></span>This study had some limitations, including the lack of using a clean mouth model, a low number of dogs studied, and the study of a single dog breed. In future studies, it would be interesting to evaluate other dietary formats available on the market (dehydrated, freeze-dried, raw, semi-moist, homemade) to evaluate how different textures and densities impact oral health outcomes and microbiota. It would also be interesting to test different inclusion levels of protein, carbohydrate, or fat to determine how dietary macronutrients impact oral microbiota populations. Finally, because dog breeds differ in jaw structure, tooth spacing and orientation, and risk of periodontal disease, it is suggested that various dog breeds be studied in future studies.

In the current study, plaque, calculus, and gingivitis scores were not different between dogs consuming wet food or dry foods, but plaque buildup tended to be lower, breath sulfur concentrations were lower, and salivary pH was higher in dogs consuming the dry food. Oral bacterial diversity was higher in dogs consuming the wet food. Also, oral health-associated bacterial genera (*Pasteurella*, *Capnocytophaga*, and *Corynebacterium*) were higher, while bacteria associated with poor oral health (*Fretibacterium fastidiosum*, *Filifactor alocis*, *Treponema medium*, *Tannerella forsythia*, *Porphyromonas canoris*, and *Porphyromonas gingivalis*) were lower in dogs consuming the dry food. Such shifts in the oral microbiota may impact periodontal disease risk, but longer dietary intervention studies are required to confirm or reject this hypothesis. In addition to conducting longer intervention studies, more research is needed to determine whether other dietary components may influence the microbial populations.

# **Supplementary Data**

Supplementary data are available at *Journal of Animal Science* online.

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## **Conflict of Interest Statement**

The authors declare no real or perceived conflicts of interest.

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