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## Cognitive changes mediated by adenosine receptor blockade in a resveratrol-treated atherosclerosis-prone lupus mouse model



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### ABSTRACT

**Background and aim:** Resveratrol is a bioactive molecule used in dietary supplements and herbal medicines and consumed worldwide. Prior work showed that resveratrol's anti-atherogenic properties are mediated in part through the adenosine A2A receptor. The present study explores the potential contribution of adenosine A2A receptor activation to neuroprotective action of resveratrol on cognitive deficits in a model of atherosclerosis-prone systemic lupus erythematosus.

**Experimental procedure:** Using behavioral analysis (open field, static rod, novel object recognition) and QRT-PCR, this study measured working memory, anxiety, motor coordination, and expression of mRNA in the brain.

**Results and conclusion:** Data indicate that resveratrol increases working memory, on average but not statistically, and shows a trend towards improved motor coordination ( $p = 0.07$ ) in atherosclerosis-prone lupus mice. Additionally, resveratrol tends to increase mRNA levels of SIRT1, decrease vascular endothelial growth factor and CX3CL1 mRNA in the hippocampus. Istradefylline, an adenosine A2A receptor antagonist, antagonizes the effects of resveratrol on working memory ( $p = 0.04$ ) and the expression of SIRT1 ( $p = 0.03$ ), vascular endothelial growth factor ( $p = 0.04$ ), and CX3CL1 ( $p = 0.03$ ) in the hippocampus.

This study demonstrates that resveratrol could potentially be a therapeutic candidate in the modulation of cognitive dysfunction in neuropsychiatric lupus, especially motor incoordination. Further human studies, as well as optimization of resveratrol administration, could confirm whether resveratrol may be an additional resource available to reduce the burden of cognitive impairment associated with lupus. Additionally, further studies need to address the role of A2A blockade in cognitive function among the autoimmune population.

**Section:** 3. Dietary therapy/nutrients supplements.

**Taxonomy (classification by EVIDENCE):** autoimmunity, inflammation, neurology.

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## 1. Introduction

Neuropsychiatric lupus (NPSLE, neuro lupus), a complication of systemic lupus erythematosus (SLE, lupus), can present with diverse deficits such as headaches, seizures, cerebrovascular

disease, psychosis, movement disorders, mood disorders, confusional state and cognitive dysfunction.<sup>1,2</sup> Neuro lupus is extremely difficult to treat and its occurrence does not correlate with severity of lupus flare.<sup>3–5</sup> Cognitive dysfunction related to NPSLE can severely impact young people, thus significantly reducing their quality of life.<sup>5,6</sup> Further, SLE patients have a 50 times higher risk of developing cardiovascular complications such as atherosclerosis, stroke, and myocardial infarction, than the general population<sup>7</sup> and vascular health is extremely important in the maintenance of normal cognitive function.<sup>8–10</sup> Patients presenting with acute neurologic symptoms as a result of NPSLE do not always respond to

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**List of abbreviations**

ANOVA	analysis of variance	IL-1	interleukin-1
APOE KO	atherosclerosis model	LTP	long term potentiation
CI	confidence interval	NAD	nicotinamide adenine dinucleotide
Ct	cycle threshold	NOR	novel object recognition
CX3CL1	neurotactin ligand	NPSLE	neurolupus
CX3CR1	neurotactin receptor	PBS	phosphate buffered saline
ER $\alpha$	estrogen receptor alpha	PGC1- $\alpha$	peroxisome proliferator-activated receptor gamma coactivator 1-alpha
F4/80	macrophage/microglia	QRT-PCR	quantitative real time polymerase chain reaction
FAS KO	lupus model	SIRT	sirtuin
GAPDH	glyceraldehyde 3-phosphate dehydrogenase	SLE	lupus
IACUC	institutional animal care and use committee	VEGF	vascular endothelial growth factor
ICAM-1	intercellular adhesion molecule-1	ZO1	zona occludens-1

typical anti-inflammatory medications used in the SLE standard of care such as steroids and hydroxychloroquine.<sup>11</sup> This non-responsiveness to anti-inflammatory treatments may result from the idea that cognitive changes in NPSLE are not due to inflammation alone but to the interaction between vascular disease and chronic inflammation. This intersection presents an opportunity to develop a novel model and treatment for neurologic complications of lupus.

Research shows that resveratrol, a polyphenolic compound found in grapes and berries, can protect against vascular disease and prolong the lifespan in animal models.<sup>12,13</sup> Resveratrol not only protects against vascular disease, it also decreases immune responsiveness in autoimmune diseases,<sup>14</sup> increases cerebral blood flow and reduces subjective ratings of fatigue.<sup>15</sup> The protective effects of resveratrol may be due, in part, to its inhibitory effect on monocyte differentiation and pro-inflammatory cytokine production<sup>16</sup> via the adenosine receptor.<sup>17</sup> Our prior work showed that the adenosine A2A receptor blocks the atheroprotective effect of resveratrol. Further, we recently demonstrated that resveratrol has atheroprotective effects in the lupus setting.<sup>18</sup> Because neurolupus may be due to the intersection of pro-inflammatory and atherogenic processes, we are interested in studying the effect of, and mechanism of action for, resveratrol on cognitive changes in atherosclerosis-prone lupus mice.<sup>19</sup> Our hypothesis is that resveratrol will improve cognitive function and reduce pro-inflammatory markers in atherosclerosis prone lupus mice through the adenosine A2A receptor.

## 2. Material and methods

### 2.1. Mice

In order to produce atherosclerosis prone lupus mice, B6.129P2-Apoetm1Unc/J (APOE KO; atherosclerosis model) and MRL/MpJ-Fas<sup>lpr</sup>/J (FAS KO; lupus model) mice on the B6 background were purchased from the Jackson Laboratories (Bar Harbor, ME). Single knockout mice were intercrossed to produce three groups of mice with the following genotypes: apoE<sup>-/-</sup> Fas<sup>+/+</sup>, apoE<sup>-/-</sup> Fas<sup>+/-</sup> and apoE<sup>-/-</sup> Fas<sup>-/-</sup>. DNA was extracted from tail using the Qiagen DNeasy Tissue Kit. Genotyping of the wild-type versus the apoE knockout allele<sup>20</sup> and the *lpr* allele<sup>21</sup> was performed as described. Beginning at 15 weeks of age, apoE<sup>-/-</sup> Fas<sup>-/-</sup> (representing atherosclerosis-prone lupus mice) male and female mice were split into three treatment conditions: the control group (n = 13 [7 M, 6F]) was fed a regular chow diet, the resveratrol group (n = 18 [3 M, 15F]) was fed regular chow and given water containing 0.01% resveratrol dissolved in ethanol in a light-protected water bottle,

and the resveratrol + istradefylline group (n = 18 [12 M, 6F]) was fed a diet of regular chow supplemented with 2 mg/kg of the adenosine A2A receptor antagonist istradefylline (Teklad) and given water containing 0.01% resveratrol dissolved in ethanol in a light-protected water bottle. Animals were co-housed in single-sex groups based on birth cohort, up to a maximum of five animals per cage. All animals were maintained on their respective treatment regimens for 10 weeks in a temperature-controlled room with 12 h light/dark cycle according to the National Institutes of Health guide for the care and use of Laboratory animals (NIH Publications No. 8023, revised 1978) and a protocol approved by the NYU Winthrop Hospital IACUC.

### 2.2. Behavioral testing

Before splitting the mice into their groups (at 15 weeks old) and at the end of the above outlined treatments (at 25 weeks old), animals were tested on tasks related to anxiety, memory, and motor coordination.

**Open Field Test:** Acclimated mice were brought to the test room singly and placed in the center of a plexiglass chamber 45 cm × 45 cm × 25 cm with 15 cm × 15 cm grids. Mice were allowed to freely explore the chamber for the duration of the test session which was 1 trial for 10 min. Upon completion of the test, each mouse was returned to the home cage. In addition to horizontal units of activity, time spent in center, rearing behavior, defecation, and grooming activity was measured. Total locomotor activity was calculated by summing the total number of lines crossed and total number of rears.

**Novel Object Recognition (NOR) Task:** On the day after open field testing (also used as habituation trial for NOR), each mouse was familiarized to two equal objects placed in opposing corners of the open field arena for 5 min, with the mouse allowed to freely explore during the session (familiarization phase). Then, each mouse was sent back to its home cage for 5 min (for short-term memory assessment) and reintroduced to the arena after one object was exchanged (novel object; test phase). Duration and number of object contacts were measured. To prevent coercion to explore the objects, each mouse was released against the center of the opposite wall with its back to the objects. During both the familiarization and the test phase, objects were located in opposite and symmetrical corners of the arena and location of novel versus familiar object were counterbalanced. The discrimination index was calculated by subtracting the total time spent with the familiar object from the total time spent with the novel object and then dividing the result by the total time spent with both objects.

**Static Rod Task:** Each mouse, one at a time, was placed at the far

end of the widest of three rods (600 mm × 35 mm; suspended 250 mm from the ground) first, facing the end of the rod away from the bench. The time it took for the mouse to orient towards the bench and total transit time to the 100 mm mark were recorded. A maximum time of 120 s on the rod was allowed for each mouse. If the mouse turned upside down on the rod it was arbitrarily assigned a time of 120 s and was not placed on narrower rods. Each mouse was returned to a clean cage and allowed to rest for at least 5 min before being placed on successively narrower rods (22 mm and 9 mm diameters). If the mouse fell within the first 5 s of being placed on a rod it was replaced on the rod without penalty 2 times before it was assigned the maximum value of 120 s.

### 2.3. Tissue collection

After 10 weeks of exposure to treatment (at 25 week old), mice were euthanized by CO<sub>2</sub> inhalation. After euthanasia, each mouse was perfused with sterile PBS and the brain was collected. The entire brain was removed from the skull and hemi-sectioned. One half of the brain (left side) was flash frozen in 2-methyl butane in a methanol/dry ice slurry. The other half of the brain (right side) was dissected for collection of hippocampus and cortex; each brain region was flash frozen in 2-methyl butane. Hippocampus and cortex were chosen as a reflection of the behavioral testing done on the mice, i.e. testing memory and motor function.

### 2.4. RNA isolation and gene expression analysis by QRT-PCR

Total RNA was isolated from hippocampus and cortex by homogenizing tissue with Trizol reagent (Life Technologies) and dissolving in nuclease-free water. The quantity of total RNA from each condition was measured by absorption at 260 and 280 nm wavelengths by ultraviolet spectrophotometry (Hitachi U2010 spectrophotometer).

QRT-PCR analysis was performed using the FastStart SYBR Green Reagents Kit according to the manufacturers' instructions on the Roche Light Cycler 480 (Roche Applied Science, Indianapolis, IN). cDNA was copied from 1 µg of total RNA using Murine Leukemia Virus reverse transcriptase primed with oligo dT. Equal amounts of cDNA were taken from each reverse transcription reaction mixture for real-time PCR amplification using gene specific primers for vascular endothelial cell growth factor (VEGF), macrophage/microglia (F4/80), intercellular adhesion molecule-1 (ICAM-1), interleukin-1 (IL-1), neurotactin (CX3CL1), neurotactin receptor (CX3CR1), sirtuin 1 (SIRT1), peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PGC-1α), estrogen receptor alpha (ERα), claudin, occludin, and zonula occludens-1 (ZO1).

QRT-PCR was performed using techniques standardized in our laboratory. Each reaction was done in triplicate. To correct for differences in cDNA load among samples, the target PCRs were normalized to a reference PCR involving the endogenous house-keeping gene GAPDH. Non-template controls were included for each primer pair to check for significant levels of any contaminants. A melting-curve analysis was performed to assess the specificity of the amplified PCR products.

### 2.5. Data analysis

Statistical analysis was performed using Graphpad Prism, version 6 (GraphPad Software, San Diego, CA). All normally distributed behavioral data were analyzed by one way ANOVA. Probability values less than 0.05 were regarded as significant. Data are presented as mean ± standard error of the mean unless otherwise specified. QRT-PCR data was analyzed using dC<sub>t</sub> values (GAPDH Ct – gene of interest Ct) and then the 2<sup>ΔΔC<sub>t</sub></sup> method was

used to calculate fold change over control. PCR data are presented as fold change with corresponding 95% confidence intervals. Any non-normal data were analyzed using the appropriate non-parametric tests (e.g. Kruskal-Wallis for equal variances between groups or Welch's ANOVA for unequal variances between groups) and graphed using the median and interquartile range. Pearson correlations were calculated between normally distributed behavioral data and PCR dC<sub>t</sub> data. All groups contained males and females combined for analysis since stratification by sex was not possible due to low numbers.

Animals were excluded from the open field analysis if they did not explore the chamber at all, i.e. no units of activity. Animals were excluded from the novel-object recognition analysis if they did not explore both objects. Animals were excluded from the static rod task analysis if they did not walk on the rods, i.e. if they remained immobile for the duration of the trial. Finally, animals were excluded from PCR analysis if there was no recoverable RNA.

## 3. Results

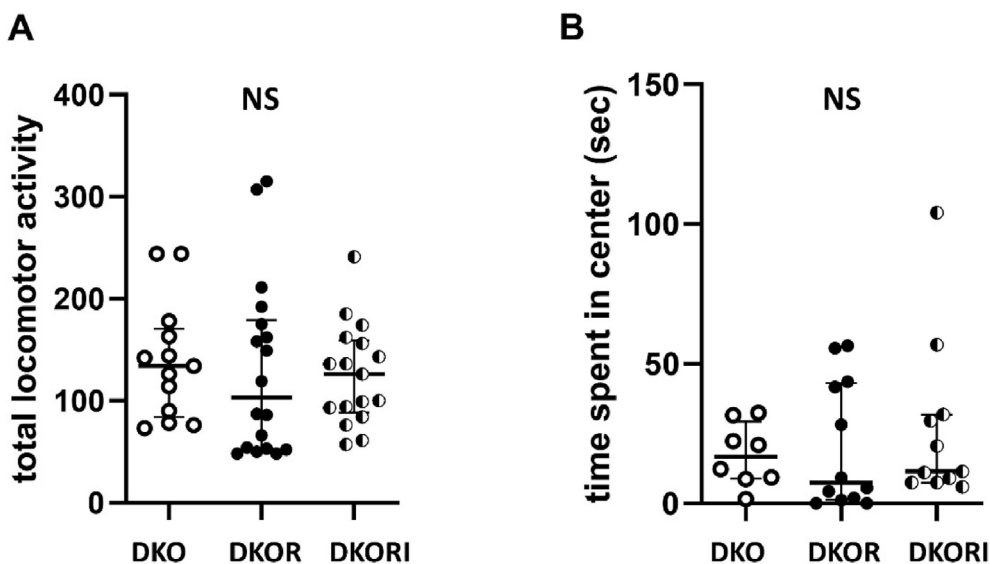
**Behavioral Testing:** There were no significant differences in behavioral testing between animals before they were divided into their treatment groups (see [Supplemental Figure](#)). After 10 weeks of treatment, in the open field test, there were no significant differences in general locomotor activity or time spent in center ( $H = 0.821$ ,  $p = 0.66$  and  $F(2,28) = 0.4021$ ,  $p = 0.67$ , respectively; [Fig. 1A](#) and [Fig. 1B](#)).

In the novel object recognition task, *apoe/fas* double knockout mice treated with resveratrol spent more time with a novel object (discrimination index: median =  $0.23 \pm 0.13$ ) compared to *apoe/fas* control mice (discrimination index: median =  $0.10 \pm 0.22$ ), though this increase was not significant, and significantly more time with a novel object compared to *apoe/fas* mice treated with resveratrol and istradefylline (discrimination index: median =  $0.05 \pm 0.14$ ;  $H = 6.32$ ,  $p = 0.04$ ; [Fig. 2A](#)). DKO = double knockout, DKOR = double knockout + resveratrol, DKORI = double knockout + resveratrol + istradefylline.

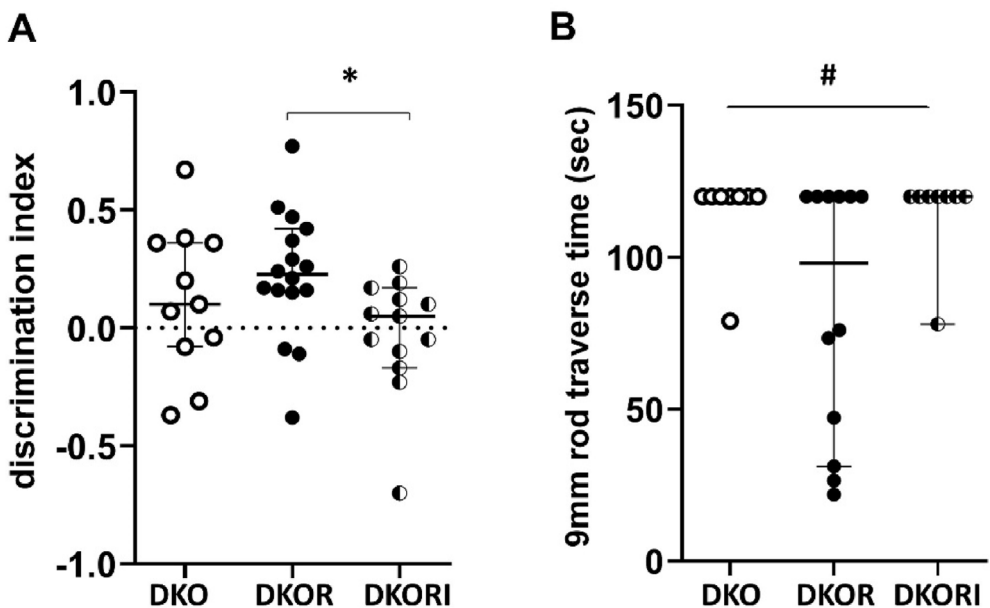
In the static rod task, *apoe/fas* double knockout mice treated with resveratrol showed a trend towards walking across the 9 mm rod faster (traverse time:  $83.03 \pm 12.07$  s) compared to *apoe/fas* control mice (traverse time:  $114.88 \pm 5.13$  s) and *apoe/fas* mice treated with resveratrol and istradefylline (traverse time:  $114.75 \pm 5.25$  s;  $F(2,17) = 3.053$ ,  $p = 0.07$ ; [Fig. 2B](#)).

**RT-PCR:** *Apoe/fas* double knockout mice treated with resveratrol had increased hippocampal expression of SIRT-1 (1.54, 95%CI [0.84, 2.95]) compared to *apoe/fas* mice treated with resveratrol and istradefylline (0.71, 95%CI [0.44, 1.15]) but not compared to *apoe/fas* control mice (1.0, reference group;  $F(2, 9) = 5.253$ ,  $p = 0.031$ ; [Fig. 3A](#)). *Apoe/fas* double knockout mice treated with resveratrol had decreased hippocampal expression of CX3CL1 (0.52, 95%CI [0.21, 1.28]) compared to *apoe/fas* mice treated with resveratrol and istradefylline (1.63, 95%CI [0.89, 3.00]) but not compared to *apoe/fas* control mice (1.0, reference group;  $F(2,21) = 3.999$ ,  $p = 0.03$ ; [Fig. 3B](#)). *Apoe/fas* double knockout mice treated with resveratrol had decreased hippocampal expression of VEGF (0.12, 95%CI [0.02, 0.66]) compared to *apoe/fas* mice treated with resveratrol and istradefylline (1.34, 95%CI [0.59, 3.04]) but not compared to *apoe/fas* control mice (1.0, reference group;  $F(2, 13) = 3.918$ ,  $p = 0.04$ ; [Fig. 3C](#)). There were no significant differences in the hippocampal expression of F4/80 ( $F(2,14) = 2.814$ ,  $p = 0.11$ ; [Fig. 3D](#)). No differences were seen in PGC-1α, claudin, occludin, ZO1 or CX3CR1.

In the cortex, *apoe/fas* double knockout mice treated with resveratrol had increased cortical expression of ERα (1.25, 95%CI [0.92, 1.70]) compared to *apoe/fas* mice treated with resveratrol and istradefylline (0.76, 95%CI [0.55, 1.05]) but not compared to *apoe/fas*



**Fig. 1. General locomotor activity and anxiety in mice.** (A) There was no difference in general locomotor activity in the open field test between groups using a Kruskal-Wallis test. The data represent mean with 95% CI for 13 *apoe/fas* animals, 18 *apoe/fas* + resveratrol animals combined and 17 *apoe/fas* + resveratrol + istradefylline animals. (B) There was no difference in time spent in the center (anxiety) of the open field between groups using a one-way ANOVA. The data represent median with SIQR for 8 *apoe/fas* animals, 12 *apoe/fas* + resveratrol animals combined and 11 *apoe/fas* + resveratrol + istradefylline animals.



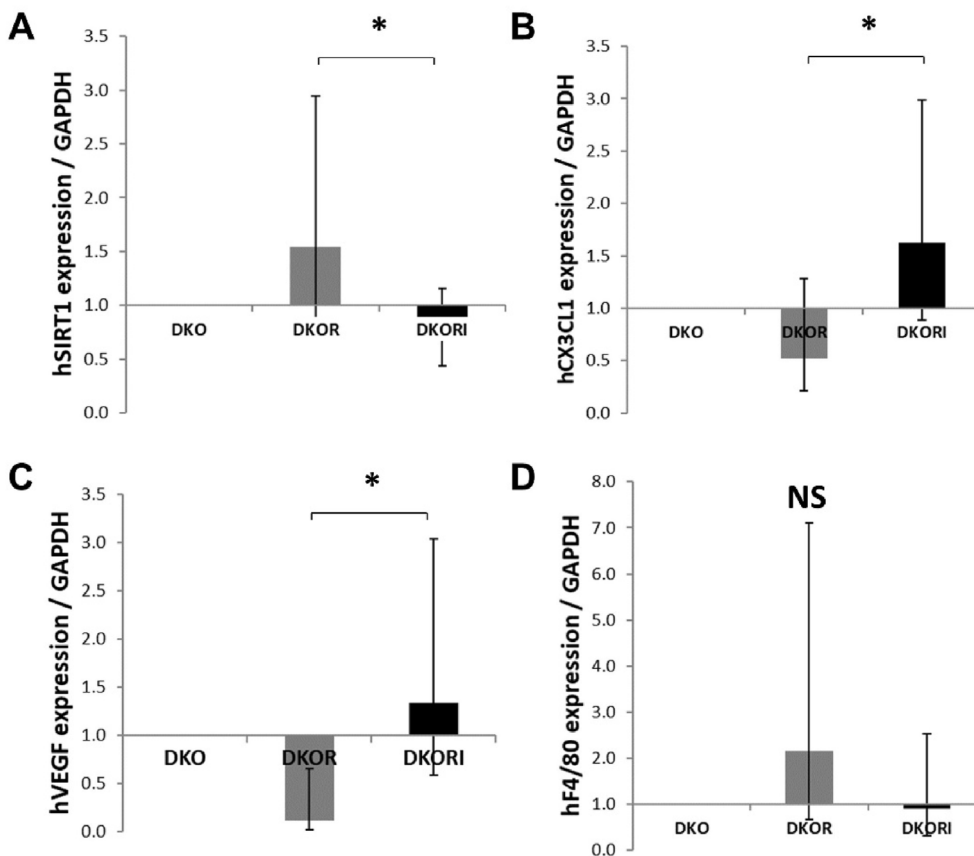
**Fig. 2. Working memory and motor coordination in mice.** (A) *Apoe/fas* animals treated with resveratrol ( $n = 16$ ) had significantly higher discrimination indices compared to *apoe/fas* animals treated with resveratrol and istradefylline ( $n = 13$ ) but not compared to *apoe/fas* controls ( $n = 11$ ) using a Kruskal-Wallis test. The data represent median with IQR. (B) *Apoe/fas* animals treated with resveratrol ( $n = 12$ ) had a trend towards shorter traverse times on the 9 mm rod compared to *apoe/fas* controls ( $n = 8$ ) and *apoe/fas* animals treated with resveratrol and istradefylline ( $n = 8$ ) using a Welch's ANOVA test. The data represent median with IQR. \* -  $p < 0.05$ , # -  $p < 0.10$ . DKO = double knockout, DKOR = double knockout + resveratrol, DKORI = double knockout + resveratrol + istradefylline.

control mice (1.0, reference group;  $F(2, 14) = 4.378, p = 0.034$ ; data not shown). Cortical expression of ICAM-1 was significantly correlated with novel object recognition where higher levels of ICAM-1 expression were associated with better working memory performance ( $r^2 = 0.3619, N = 14, p = 0.0229$ ; Fig. 4).

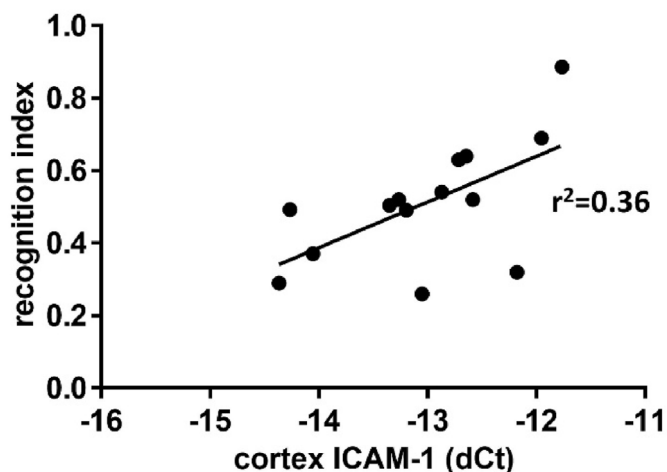
**4. Discussion**

Neuropsychiatric lupus, a complication of the autoimmune disease systemic lupus erythematosus, has few treatment options

other than symptomatic treatment, and can severely affect quality of life.<sup>22</sup> Often, patients present acutely with cognitive changes that may not respond to anti-inflammatory treatment and can result in lasting cognitive dysfunction.<sup>23</sup> Previous work from this laboratory has shown that resveratrol, a nutraceutical found in grapes and berries can ameliorate atherosclerotic-plaque promoting abnormalities in cholesterol handling in a murine model of lupus, in part through the adenosine A2A receptor. This study tested the hypothesis that resveratrol would also improve behavioral deficits in atherosclerosis-prone lupus mice. The results show that



**Fig. 3. mRNA expression in hippocampus and cortex of mice.** (A) Apoe/fas animals treated with resveratrol (n = 10) had significantly higher expression of SIRT1 in the hippocampus compared to apoe/fas animals treated with resveratrol and istradefylline (n = 9) but not compared to apoe/fas controls (n = 6) using a Welch's ANOVA test. (B) Apoe/fas animals treated with resveratrol (n = 10) had significantly lower expression of CX3CL1 in the hippocampus compared to apoe/fas animals treated with resveratrol and istradefylline (n = 9) but not compared to apoe/fas controls (n = 5) using a one-way ANOVA test. (C) Apoe/fas animals treated with resveratrol (n = 14) had significantly lower expression of VEGF in the hippocampus compared to apoe/fas and apoe/fas + resveratrol + istradefylline animals combined (n = 9) using a Welch's ANOVA test. (D) Apoe/fas animals treated with resveratrol (n = 14) showed a trend towards higher expression of F4/80 in the hippocampus compared to apoe/fas and apoe/fas + resveratrol + istradefylline animals combined (n = 10) using a Welch's ANOVA test. The data represent fold change with 95% CI. \*-p<0.05; NS – not significant. DKO = double knockout, DKOR = double knockout + resveratrol, DKORI = double knockout + resveratrol + istradefylline.



**Fig. 4. Association between ICAM-1 and working memory.** There was a significant positive correlation between expression of ICAM-1 in the cortex and performance in the novel object recognition task independent of treatment group. N pairs = 14; p < 0.05.

atherosclerosis-prone lupus mice treated with resveratrol performed better on a working memory task and showed a trend towards better performance on a motor coordination task, though only the latter showed a trend towards a significant difference. These behavioral improvements were blocked in mice treated with resveratrol and the adenosine A2A receptor blocker, istradefylline, indicating a detrimental effect of istradefylline administration in resveratrol-treated mice. Further, mice treated with resveratrol had, on average, higher expression of SIRT-1 in the hippocampus, which was not observed in mice administered both resveratrol and istradefylline. In addition, resveratrol-treated animals had, on average, lower expression of VEGF and CX3CL1 in the hippocampus, also blocked by istradefylline. In the cortex, there was higher expression of ER $\alpha$ , on average, in resveratrol-treated animals, also affected by the presence of istradefylline. However, in the cortex, increased expression of ICAM-1 was associated with better performance on the novel object recognition task, independent of treatment group.

Neuropsychiatric symptoms, including delirium, memory impairment, and motor incoordination, are found in 25–75% of lupus patients.<sup>24,25</sup> NPSLE symptoms are associated with decreased brain white matter integrity and disease severity,<sup>26</sup> as well as the presence of neuronal auto-antibodies.<sup>27</sup> During acute episodes of neurolupus, there is evidence of increased immunoglobulin in the

cerebral spinal fluid and clinical relapses are associated with a breakdown or worsening function of the blood-brain barrier.<sup>28,29</sup> Additionally, changes in cerebral vasculature are present in NPSLE including vasculopathy and vasculitis.<sup>30</sup> Vascular inflammation is mediated, in part, by vascular endothelial growth factor (VEGF) and recent data showed that a polymorphism in the gene encoding VEGF is associated with increased incidence of neuropsychiatric lupus.<sup>31</sup> In some experimental disease models, reduced levels of VEGF in the brain have been associated with reduced inflammation, neuronal survival, and improved memory.<sup>32</sup> Interestingly, in humans, although cognitive dysfunction is present in NPSLE, there is limited evidence of correlated anatomical changes.<sup>33</sup>

This study provides the first evidence that anti-inflammatory properties of resveratrol could play a role in mitigating neuro-lupus-induced brain dysfunction. Although our findings revealed that resveratrol administration led to a tendency towards increased working memory and a trend towards improved motor coordination in atherosclerosis-prone lupus mice, the biggest impact was seen in the istradefylline group with decreased cognitive function compared to resveratrol-treated mice. These results suggest that any trends seen in resveratrol-treated mice were A2A receptor dependent. Atherosclerosis-prone lupus mice treated with resveratrol have the lowest expression of VEGF and the highest performance on the working memory task, both significantly attenuated by blocking A2A. These findings are consistent with known A2AR engagement in events related to long-term potentiation (LTP) and synaptic plasticity.<sup>34,35</sup> Improved coordination related to A2A agonism has also been previously seen in a mouse model of Niemann–Pick C disease, a rare lysosomal storage disorder caused by a missense mutation in the lysosomal cholesterol transport protein NPC1.<sup>36</sup> This may be related to A2A effects on lipid handling.<sup>37,38</sup>

In some studies, adenosine A2A ligation has been found to be detrimental to neuronal health through activation of microglia.<sup>39</sup> In fact, istradefylline is used as an adjunct to dopaminergic therapy in humans to treat motor symptoms in Parkinson's disease.<sup>40</sup> It is interesting to note that while istradefylline is used to improve cognitive function in Parkinson's, the administration of istradefylline in our model impaired cognitive function in the presence of resveratrol. The opposing effects of A2A antagonism in Parkinson's versus in our atherosclerosis-prone lupus model may reflect the different contribution of A2A receptors in associated cognitive dysfunction across the different disease states.

Similarly, a recent study showed that resveratrol has anti-inflammatory properties in astroglia, which are blocked by adenosine receptor antagonists.<sup>41</sup> In the present study, SIRT1, an NAD<sup>+</sup>-dependent histone deacetylase, was increased in mice treated with resveratrol and SIRT1 may counter negative effects of A2A receptors, particularly in microglia where it suppresses inflammatory responses,<sup>42</sup> allowing beneficial adenosine A2A effects to predominate. Caffeine, a less-specific A2A receptor antagonist than istradefylline, could be used as an exposure in epidemiologic models to determine if caffeine consumption in lupus patients alters neuro-lupus risk, potentially highlighting the role of A2A modulation as a viable treatment option in targeting cognitive dysfunction in autoimmunity. Alternatively, selective A2A agonists (e.g. CGS) could be studied in mouse models of lupus to determine if stimulation of this receptor is associated with cognitive dysfunction. Although inflammation is typically associated with impaired cognition, this relationship is not always straightforward. For example, obesity, a pro-inflammatory state, is associated with impaired cognition, but not when the neurotactin receptor (CX3CR1) is reduced.<sup>43</sup> In atherosclerosis-prone lupus mice, we show a decrease in neurotactin (CX3CL1), possibly indicating that resveratrol is modulating the activation state of microglia, the

brain's resident immune cells, through neurotactin. Several studies using mouse models have shown that alternatively activated microglia are associated with improved neuronal or cognitive function.<sup>44–46</sup> In addition, and independent of resveratrol treatment status, higher levels of the pro-inflammatory cell-surface marker ICAM-1 in the brain were associated with better working memory performance. Elevated ICAM-1 in the brain has been shown in other murine neuro-lupus models.<sup>53</sup> Previous work has shown that high levels of ICAM-1 are detrimental to cognition<sup>47–49</sup> but again, this relationship is not clear-cut and neuro-lupus mice given anti-ICAM antibodies did not show attenuation of inflammation in the choroid plexus.<sup>50</sup>

There are a few limitations in the current study. First, the administration of resveratrol *in vivo* presents certain difficulties, as the compound is chemically unstable, highly photosensitive and poorly soluble in water. We have addressed these issues to the extent possible in our facilities, as discussed in the Methods section. Moreover, resveratrol has a short biological half-life, due to fast metabolism in the liver and rapid clearance,<sup>51</sup> although despite these limitations, resveratrol has been shown to cross the blood brain barrier.<sup>52</sup>

Nanotechnology has gained a great deal of attention in recent treatments of neurological disorders and is suggested to be a valuable approach to increase bioavailability of resveratrol, improving its solubility in water and reducing its degradation.<sup>53,54</sup> However, we had no resources and access to the nanoencapsulation of resveratrol. Second, this study was a sub-study of an atherosclerosis experiment, so we were not able to include single knock out controls and istradefylline-only controls. Third, the impact of resveratrol may be specific to the highly inflamed and lipid-rich environment resulting when lupus and atherosclerosis co-exist, thus not translating to a single disease state of lupus alone. However, since atherosclerosis is seen commonly in persons with lupus, the overlap of NPSLE with atherosclerosis is substantial.<sup>7</sup> Fourth, we only collected hemi-sections of hippocampus and cortex thus we cannot determine any sidedness effects or effects of resveratrol on other brain structures related to memory and coordination such as cerebellum. Fourth, we were not able to stratify analyses by animal sex since we did not have enough power to do so, thus these data do not delineate any specific impact of sex on behavioral or brain gene expression changes resulting from resveratrol treatment. Additionally, neither lipid profiles nor inflammatory markers in the blood or cerebrospinal fluid were quantified, so systemic effects of resveratrol were not determined as they were not the focus of this study. Finally, protein levels in corresponding brain regions were not measured due to limited tissue availability. Future behavioral studies will specifically target the measurement of protein levels.

Further studies are indicated with testing on more cognitive domains along with neuroanatomical changes in resveratrol-treated atherosclerosis-prone lupus mice in order to follow the complex pathways of interaction among atherosclerosis, lupus, and cognition. In summary, the work presented here indicates a potential role for resveratrol as a modulator of cognitive impairment associated with lupus.

#### Statement of author contributions

All authors participated in the design/interpretation of the study and analysis of the data. IV, IT, SEC, JDL, IHP, AP and SEC made substantial contributions to acquisition and/or interpretation of data. LJK, HAR, and ABR conducted the experiments. LJK and ABR wrote the manuscript. All authors read and approved the final manuscript.

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jtcm.2022.01.006>.

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