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Structurally altered, not wild-type, pentameric C-reactive protein inhibits formation of amyloid-β fibrils

Donald N. Ngwa,

Alok Agrawal^{*}

Department of Biomedical Sciences, Quillen College of Medicine, East Tennessee State University, Johnson City, TN 37614, USA

Abstract

The structure of wild-type pentameric C-reactive protein (CRP) is stabilized by two calcium ions and which are required for the binding of CRP to its ligand phosphocholine. CRP in its structurally altered pentameric conformations also binds to proteins that are denatured and aggregated by immobilization on microtiter plates; however, the identity of the ligand on immobilized proteins remains unknown. We tested the hypotheses that immobilization of proteins generated an amyloidlike structure and that amyloid-like structure was the ligand for structurally altered pentameric CRP. We found that the antibodies to amyloid- β peptide 1–42 (A β) reacted with immobilized proteins indicating that some immobilized proteins express an A β epitope. Accordingly, four different CRP mutants capable of binding to immobilized proteins were constructed and their binding to fluid-phase A β was determined. All CRP mutants bound to fluid-phase A β suggesting that $A\beta$ is a ligand for structurally altered pentameric CRP. In addition, the interaction between CRP mutants and A β prevented the formation of A β fibrils. The growth of A β fibrils was also halted when CRP mutants were added to growing fibrils. Biochemical analyses of CRP mutants revealed altered topology of the Ca^{2+} -binding site, suggesting a role of this region of CRP in binding to AB. Combined with previous reports that structurally altered pentameric CRP is generated *in vivo*, we conclude that CRP is a dual pattern recognition molecule and an anti-amyloidogenic protein. These findings have implications for Alzheimer's and other neurodegenerative diseases caused by amyloidosis and for the diseases caused by the deposition of otherwise fluid-phase proteins.

Keywords

Acute phase reactant; Amyloid-B; Amyloidosis; C-reactive protein; Pattern recognition receptor

Introduction

C-reactive protein (CRP) is composed of five identical subunits held together by noncovalent bonds and arranged as a cyclic pentamer (1, 2). Each subunit possesses two Ca²⁺ ions

^{*}Corresponding author: Phone: 423-439-6336; Fax: 423-439-8744; agrawal@etsu.edu, Address correspondence and reprint requests to Dr. Alok Agrawal, Department of Biomedical Sciences, P.O. Box 70577, East Tennessee State University, Johnson City, TN 37614, USA.

which are necessary for the structural integrity of the native pentamer and for binding of CRP to its primary ligand phosphocholine (PCh) (2–4). Since CRP recognizes PCh, a pathogen-associated molecular pattern, CRP is regarded as a pattern recognition molecule of the innate immune system (5, 6). Crystallography of CRP-Ca²⁺-PCh complexes has demonstrated that two Ca²⁺ ions in CRP are coordinated by Asp60, Asn61, and by residues Glu138, Gln139, Asp140, Glu147 and Gln150 present in a loop (7). In the absence of Ca²⁺, the Ca²⁺-coordinating loop moves away from the main body of the CRP molecule exposing an otherwise hidden site of proteolysis (8–10). Thus, bound Ca²⁺ protects CRP from proteolytic cleavage.

Amyloid- β (A β) peptides, 36–43 amino acid residues long, are normal components of plasma and cerebrospinal fluid. Two main variants of this peptide exist in humans and include A β 40 and A β 42 which are 40 and 42 amino acid residues long, respectively. The most prevalent circulating A β variant is A β 40; however, A β 42 has been shown to form amyloid fibrils more rapidly (11–14). The aggregation of A β peptides into oligomers and fibrils has been implicated in the development and progression of Alzheimer's disease (AD) (15–18). CRP, remnants of CRP post-ligand binding, and CRP-like immunoreactivity have all been seen at sites of inflammation including in amyloid plaques of AD (19–25). The functions of CRP, however, at the amyloid plaques are not known.

At physiological pH, the binding of CRP to PCh-containing substances is the primary ligand recognition function of CRP, although the binding of CRP to several protein-ligands have also been reported (26–29). At acidic pH, the pentameric structure of CRP is altered, and such acidic pH-treated CRP has been shown to bind to a variety of proteins that are denatured and aggregated by immobilization, irrespective of the identity of the immobilized protein (10, 30–35). Results similar to that of acidic pH-treated CRP were also observed with H₂O₂-treated CRP (36). CRP has been structurally altered in vitro by employing site-directed mutagenesis to generate CRP mutants which, like acidic pH-treated and H₂O₂-treated CRP, bound to immobilized proteins including oxidized low-density lipoprotein (ox-LDL) and complement inhibitor factor H (FH) (37–39). Four such CRP mutants capable of binding to immobilized and aggregated proteins at physiological pH have been reported previously: E42Q, Y40F/E42Q, F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A (37–40). CRP mutants E42Q and Y40F/E42Q retain their PCh-binding activity while CRP mutants F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A do not bind to PCh since in these two mutants the PCh-binding site was mutated (38–42).

The ligand displayed by proteins immobilized on microtiter plates which is recognized by acidic pH-treated, H_2O_2 -treated, and CRP mutants mentioned above has not been defined yet. We hypothesized that the dense immobilization of proteins onto microtiter plates caused aggregation and denaturation of proteins resulting in the generation and exposure of a common structure such as an amyloid-like structure which was being recognized by these modified CRP species. We tested this hypothesis by employing anti-A β antibodies to detect proteins immobilized on microtiter plates. We surmised that if our hypothesis turns out to be correct, then the modified CRP species should also be able to bind to purified A β peptides in the fluid-phase. Accordingly, we employed CRP mutants E42Q, Y40F/E42Q, F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A (collectively referred to as "structurally

altered pentameric CRP" in this study) and tested their binding to both immobilized and fluid-phase A β . The consequences of structurally altered pentameric CRP-A β interactions on the formation of A β fibrils were also evaluated.

Materials and Methods

Assay for the detection of amyloid-like structures on immobilized proteins

For immobilization, five different randomly selected proteins were utilized: A β peptide 1–42 (Bachem), ox-LDL (Biomedical Technologies), FH (Complement Technology), fibronectin (Fn) (Sigma) and BSA (Sigma). Microtiter wells (Corning, 9018) were coated with 100 µl of 10 µg/ml of each protein in TBS, pH 7.2, in duplicate, and incubated overnight at 4°C. The unreacted sites in the wells were blocked with TBS containing 0.5% gelatin for 45 min at room temperature. Both, polyclonal anti-A β antibodies (Novus, NBP2-25093) and monoclonal anti-A β antibodies (Novus, NBP2-13075) were used to detect the amyloid-like structures formed on the proteins following their immobilization. Normal rabbit IgG and normal mouse IgG were use as controls for the antibodies. The anti-A β antibodies (10 µg/ml) diluted in TBS containing 0.1% gelatin and 0.02% Tween 20 were added to the wells and incubated for 1 h at 37°C. After washing the wells, bound polyclonal anti-A β antibodies were detected by using HRP-conjugated donkey anti-rabbit IgG (GE Healthcare) and bound monoclonal anti-A β antibodies were detected by using HRP-conjugated more added to the OD was read at 405 nm.

Preparation of Aβ monomers and Aβ fibrils

A β monomers and A β fibrils were prepared according to a published method (43). Lyophilized A β peptides 1–42 (Bachem, H-1368; m.w. 4514) were dissolved in hexafluoroisopropanol (Sigma) to obtain a 1 mM (4.5 mg/ml) A β solution which was then incubated for 2 h at 37°C for monomerization of the oligomers present in the A β peptide solution. A β monomers were aliquoted (112.8 µg/25 µl/vial) in glass vials. After removing hexafluoroisopropanol by evaporation overnight, the vials containing the film of A β monomers were stored at –20°C. When needed, 564 µl ice-cold TBS was added to an aliquot to obtain a 200 µg/ml solution of A β monomers. To prepare A β fibrils, the 200 µg/ml solution of A β monomers was vortexed and transferred to a 96-well microtiter plate (Immunochemistry Technologies, Costar 266). The plate was incubated for 3 h at 37°C with shaking at 300 rpm. The resulting A β fibrils were stored at –20°C until needed.

The A β monomers and A β fibrils were visualized by transmission electron microscopy (TEM). For TEM, A β monomers or A β fibrils (10 µl) were applied to carbon-coated copper grids followed by counterstaining with 2% uranyl acetate and visualized using a Tecnai 120 kV F20 electron microscope at the Molecular Electron Microscopy Core facility, University of Virginia. The results of TEM (Fig. 1) verified the preparations of both A β monomers and A β fibrils. In addition to TEM, the A β monomers and fibrils were also verified by thioflavin T (ThT) assay for A β fibrillation, as described below.

Construction and expression of CRP mutants

The construction of E42Q, Y40F/E42Q, F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A CRP mutants employed in this study has been reported previously (37–41). CRP mutants were expressed in CHO cells using the ExpiCHO Expression System (Thermo Fisher Scientific) according to manufacturer's instructions and as described previously (44).

Purification of CRP

WT CRP was purified from discarded human pleural fluid as described previously (45). E42Q and Y40F/E42Q CRP mutants were purified from CHO cell culture supernatants by Ca^{2+} -dependent affinity chromatography on a PCh-conjugated Sepharose column (Pierce), followed by ion-exchange chromatography on a MonoQ column and gel filtration on a Superose12 column, as described earlier (37, 38). The E42Q/F66A/T76Y/E81A and F66A/T76Y/E81A CRP mutants were purified from CHO cell culture supernatants by Ca^{2+} -dependent affinity chromatography on a phosphoethanolamine-conjugated Sepharose column, followed by ion-exchange chromatography on a MonoQ column and gel filtration on a Superose12 column, as described earlier (38, 39). Purified CRP in TBS, pH 7.2, containing 2 mm CaCl₂, was stored at 4°C, and was used within a week.

Solid-phase Aβ-binding assay

The A β -binding assays were performed as described previously (32, 39). In brief, lyophilized A β peptides were reconstituted in TBS. Microtiter wells (Corning, 9018) were coated with 10 µg/ml of A β , in duplicate, overnight at 4°C. The unreacted sites in the wells were blocked with TBS containing 0.5% gelatin. CRP, diluted in TBS containing 0.1% gelatin, 0.02% Tween 20, and 2 mm CaCl₂ (TBS-Ca), was added and then incubated for 2 h at 37°C. After washing the wells, rabbit polyclonal anti-CRP antibody (Sigma) was used to detect bound CRP. HRP-conjugated donkey anti-rabbit IgG was used as the secondary antibody. Color was developed, and the OD was read at 405 nm. The assays were performed using TBS-Ca, pH 7.2, unless otherwise mentioned.

Aβ-binding inhibition assay

For inhibition assays, A β -binding assays were performed as described above, except that CRP was added along with the inhibitors (A β monomers and A β fibrils) to A β -coated wells. Before adding CRP to the wells, CRP was mixed with A β monomers, or with A β fibrils, in equal volumes to give a final concentration of 100 µg/ml of the inhibitor.

ThT assay for Aβ fibrillation

The fibrillation of A β monomers was monitored by employing ThT assay according to a published method (46). In one assay, the effects of CRP on A β fibrillation were determined by adding CRP to A β monomers at time zero, that is, CRP and A β monomers were mixed together before the beginning of the fibrillation reaction. For this assay, the fibrillation reaction mix was prepared, with and without CRP, in which the final concentrations of A β and ThT were 150 µg/ml and 10 µM, respectively. In CRP-containing mixture, the final concentrations of CRP were 1, 10 and 100 µg/ml. After vortexing, 240 µl of each mixture was transferred in triplicate wells in a 96-well microtiter plate (Immunochemistry

Technologies, Costar 266). Fluorescence was measured by using the Synergy H1 microplate reader (BioTek) with excitation at 440 nm and emission at 480 nm. After the first measurement at 5 min, the plate was incubated for 3 h at 37°C with shaking at 300 rpm; fluorescence was measured every 15 min for 3 h.

In another assay, the effects of CRP on A β fibrillation was determined by adding CRP to A β 45 min after the fibrillation began. For this assay, the fibrillation reaction mix was prepared without CRP, in which the final concentrations of A β and ThT were 167 µg/ml and 10 µM, respectively. After vortexing, 216 µl of each mixture was transferred in triplicate wells in the microtiter plate. After the first measurement at 5 min, the plate was incubated at 37°C with shaking at 300 rpm. The fluorescence was measured every 15 min. After 45 min, either TBS (24 µl) or CRP (24 µl) was added to the wells to obtain a final concentration of 100 µg/ml CRP. More ThT was added to maintain the ThT concentration at 10 µM. The measurement of fluorescence continued every 15 min for another 2.25 h.

Ca²⁺-requirement assay

The concentration of Ca^{2+} required for the binding of CRP to PCh was assessed using pneumococcal C-polysaccharide (PnC) (Statens Serum Institut) as the PCh-ligand, as described previously (37, 47). In brief, microtiter plates (Corning, 9018) were coated with 10 µg/ml of PnC in TBS, in duplicate wells, overnight at 4°C. CRP diluted in TBS-Ca (with various concentrations of Ca²⁺) was added in duplicate wells. After incubating the plates for 2 h at 37°C, the wells were washed with appropriate TBS-Ca. Purified anti-CRP mAb HD2.4 (0.5 µg/ml), diluted in TBS-Ca, was used to detect bound CRP. HRP-conjugated goat anti-mouse IgG, diluted in TBS-Ca, was used as the secondary antibody. Color was developed and the OD was read at 405 nm.

Ca²⁺-site proteolytic cleavage assay

The Ca²⁺-binding site-dependent proteolytic cleavage assay of CRP was conducted as described previously (8, 10) with modifications. CRP stored in TBS, pH 7.2, containing 2 mm CaCl₂, was first dialyzed against TBS to remove Ca²⁺. Dialyzed CRP (10 μ g; final concentration 2.87 μ M) in TBS was incubated with 3 μ g protease (Sigma, P8811), with and without 0.5 mM or 5 mM CaCl₂, for 2 h at 37°C, and subjected to SDS-PAGE on a 4%–20% polyacrylamide gradient gel under reducing conditions. The gels were stained with Coomassie Brilliant Blue. BioRad's broad-range marker was used as the m.w. standard.

Results

Immobilized proteins express amyloid-like structures

The results of the experiments in which anti-A β antibodies were used to identify the expression of amyloid-like structures on immobilized proteins are shown in Fig. 2. Purified A β peptides were immobilized to verify the specificity of the monoclonal (Fig. 2A) and polyclonal anti-A β antibodies (Fig. 2B). Among the other four randomly selected proteins for immobilization, ox-LDL was most reactive with anti-A β antibodies. Immobilized FH and Fn also reacted with anti-A β antibodies. These immobilized proteins were recognized by both polyclonal and monoclonal anti-A β antibodies although the reactivities of the two

antibodies with the immobilized proteins were different. Both antibodies failed to detect an amyloid-like structure on immobilized BSA. Overall, these data suggest that immobilized proteins express $A\beta$ epitopes or amyloid-like structures and that each protein has different amyloidogenicity, that is, the extent of amyloid-like structures or the number of $A\beta$ epitopes formed on different proteins varies.

Aß and amyloid-like structures are ligands of structurally altered pentameric CRP

We first determined the binding of various structurally altered pentameric CRP species to immobilized A β . The results of the solid phase A β -binding assays are shown in Fig. 3. WT CRP at pH 5.0 and pH 7.2 were included as positive and negative controls for the binding of CRP to immobilized A β . As shown, and as has been reported previously (31, 32), WT CRP did not bind to A β at pH 7.2, but, at pH 5.0, WT CRP bound to A β in a CRP concentration-dependent manner. Similar to the binding of WT CRP to A β at acidic pH, all four CRP mutants bound to A β at physiological pH in a CRP concentration-dependent manner, irrespective of whether the PCh-binding site in the CRP mutants was mutated or not. As shown, the avidity of the binding of E42Q/F66A/T76Y/E81A CRP to A β was highest while the avidity of the binding of E42Q CRP to A β was lowest of all other mutants.

Previously, we reported that structurally altered pentameric CRP binds to immobilized proteins regardless of the identity of the protein (10, 29, 31, 32, 36–39). If the binding of structurally altered pentameric CRP to immobilized proteins was through the ligand A β , then CRP mutants employed in this study should be able to bind to purified A β in the fluid phase. Accordingly, Aβ-binding inhibition assays were performed in which the inhibition of binding of CRP mutants to immobilized A β by fluid-phase A β monomers and A β fibrils were determined. Two of the four CRP mutants were tested; one that retains the PCh-binding site (Y40F/E42Q) and one with the mutated PCh-binding site (E42Q/F66A/ T76Y/E81A). Both Aβ monomers and Aβ fibrils inhibited the binding of Y40F/E42Q CRP to immobilized A β , indicating interactions between Y40F/E42Q CRP and A β , either monomers or fibrils, in the fluid phase (Fig. 4, left). Greater inhibition by AB fibrils than by Aß monomers suggested that the avidity of binding of Y40F/E42Q CRP to Aß fibrils was higher than that of A β monomers. Similar results were obtained with the CRP mutant E42Q/ F66A/T76Y/E81A (Fig. 4, right). These data suggest that Aβ is a ligand of structurally altered pentameric CRP. Inhibition assays for the binding of CRP mutants to immobilized proteins other than AB could not be performed since fluid-phase AB interacted directly with immobilized proteins (data not shown).

Structurally altered pentameric CRP prevents fibrillation of Aß

Under the conditions of the fibrillation assay, the fibrillation of A β monomers began within 5 min and continued till ~2 h when further fibrillation stopped (Fig. 5, black curves in all panels). WT CRP, even at the highest concentration of 100 µg/ml did not affect the fibrillation significantly. These results supported our findings shown in Figs. 3–4 that WT CRP is incapable of recognizing and binding to A β . In contrast to WT CRP, all four CRP mutants inhibited the fibrillation in a CRP concentration-dependent manner. There was no statistically significant difference in fibrillation without or with 1 µg/ml of CRP, except for the Y40F/E42Q CRP mutant. There were statistically significant differences

in the fibrillation when CRP mutants were used at 10 μ g/ml and 100 μ g/ml. As shown in Fig. 5, CRP mutants significantly inhibited the rate of fibrillation over time and also significantly inhibited the total amount of the fibrils formed by the end of the fibrillation reaction. Fibrillation assays employing acidic pH-treated WT CRP was not performed since the modified structure of WT CRP at pH 5.0 was reversible at pH 7.0 and the fibrillation assay failed to work at pH 5.0.

Next, we performed fibrillation assays in which CRP was added to $A\beta 45$ min after the fibrillation began (Fig. 6). WT CRP did not significantly affect the fibrillation of $A\beta$. Two of the four mutants were tested in this assay: Y40F/E42Q which binds to PCh and E42Q/F66A/T76Y/E81A which does not bind to PCh. Both CRP mutants, as soon as they were added to growing fibrils, completely prevented further fibrillation. The total amount of the fibrils formed at the end of 3 h was significantly less than the total amount of the fibrils formed without CRP. There was no statistically significant difference between the inhibitory effects of the two mutants suggesting that the effects of CRP mutants on $A\beta$ fibrillation was independent of the PCh-binding site of CRP. Taken together, these data indicate that structurally altered pentameric CRP binds to $A\beta$ monomers and prevents fibrillation.

Ca²⁺-binding site is perturbed in structurally altered pentameric CRP

We hypothesized previously that the creation of the A β -binding site in acidic pH-treated WT CRP was probably due to the loss of one of the two Ca²⁺ from each CRP subunit (32). This hypothesis was based on the findings that acidic pH-treated WT CRP had reduced avidity for Ca²⁺. Since all four CRP mutants bound to A β as well as acidic pH-treated WT CRP did, it was possible that the avidity of CRP mutants for Ca²⁺ was also reduced similar to the reduction in the avidity of acidic pH-treated WT CRP for Ca²⁺. This possibility was explored by employing two different approaches.

In the first approach, we performed Ca²⁺-requirement assays to determine the requirement of Ca²⁺ for the binding of CRP mutants to PCh. Only two of the four CRP mutants, E42Q and Y40F/E42Q, which retained the intact PCh-binding site could be tested employing this assay. The concentration of Ca²⁺ required for 50% binding of each CRP species to PCh was determined; a change in the Ca²⁺-requirement for comparable PCh-binding activities of CRP would reflect a change in the avidity of CRP for Ca²⁺. As shown in Fig. 7, approximately five-fold more Ca²⁺ was required for equivalent binding of CRP mutants E42Q and Y40F/ E42Q to PCh compared to WT CRP. These data suggested that the Ca²⁺-binding site was perturbed in the E42Q and Y40F/E42Q CRP mutants.

In the second approach, we performed protease cleavage assays to assess the Ca²⁺dependent protection of the protease sensitive sites in CRP. All four CRP mutants were tested employing this assay. First, we performed a titration assay to determine the concentration of Ca²⁺ needed to protect WT CRP from protease cleavage. As shown (Supplemental Fig. 1), WT CRP was protected from cleavage in a Ca²⁺ concentrationdependent manner. There was no protection of CRP from cleavage at 0.05 mM Ca²⁺, the protection began with a concentration of Ca²⁺ 0.5 mM, and 5 mM Ca²⁺ was fully

protective. From this data, 5 mM and 0.5 mM Ca^{2+} were chosen to evaluate the Ca^{2+} binding site of structurally altered pentameric CRP. A change in the Ca^{2+} -requirement for protecting CRP mutants from cleavage would reflect a change in the avidity of CRP for Ca^{2+} .

The results of the cleavage assay performed in the presence of 5 mM Ca^{2+} are shown in Fig. 8. Protease treatment of WT CRP in the absence of Ca²⁺ generated 3 fragments (lane 3). The m.w. of the fragments designated A1 and A2 were 17 and 16 kD, respectively. The 16 kD A2 fragment is generated due to a secondary cleavage site in the larger fragment A1. The m.w. of fragment B was estimated to be of ~6 kD, consistent with previously published reports (8, 10). WT CRP was completely protected from this digestion in the presence of 5 mM Ca²⁺ (lane 4). Results of the protease treatment of E42Q and Y40F/E42O CRP mutants either in the absence of (lanes 6 and 9) or presence of (lanes 7 and 10) 5 mM Ca²⁺ were similar to that of WT CRP. Protease treatment of F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A CRP mutants in the absence of Ca²⁺ generated 3 fragments (lanes 12 and 15); however, the intensity of the cleaved products was stronger than that of WT CRP, indicating that the digestion of CRP mutants was faster than that of WT CRP. In the presence of 5 mM Ca²⁺, F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A CRP mutants were not fully protected from protease cleavage. These data suggested that the accessibility of the proteolytic site in WT CRP to the protease was different from the accessibility of the proteolytic site in CRP mutants F66A/T76Y/E81A and E42Q/F66A/T76Y/E81A, but not in E42Q and Y40F/E42Q, to the protease.

Since the data obtained from the Ca²⁺-requirement assay (Fig. 7) suggested that E42Q and Y40F/E42Q CRP mutants were different from WT CRP and the data obtained from the protease cleavage assay (Fig. 8) suggested that E42Q and Y40F/E42Q CRP mutants were not different from WT CRP, we performed another protease cleavage assay with 0.5 mM Ca²⁺ instead of 5 mM Ca²⁺. As shown (Fig. 9), 0.5 mM Ca²⁺ protected WT CRP from cleavage (lane 4) but did not fully protect E42Q and Y40F/E42Q from cleavage (lanes 7 and 10). Since 5 mM Ca²⁺ did not protect the other mutants from cleavage (Fig. 8), it was expected that 0.5 mM Ca²⁺ would also not protect from cleavage (lanes 13 and 16).

Combined data obtained from the Ca^{2+} -requirement and protease cleavage assays indicated that the topology of the Ca^{2+} -binding site in structurally altered pentameric CRP was perturbed and different from that of WT CRP, despite the fact that the amino acid residues coordinating the two Ca^{2+} were not mutated in any of the CRP mutants.

Discussion

Our major findings in this study were: 1. Proteins immobilized on microtiter wells expressed amyloid-like structures. 2. Structurally altered pentameric CRP (four different CRP mutants) bound to immobilized A β at physiological pH similar to the binding of WT CRP to immobilized A β at acidic pH. 3. Structurally altered pentameric CRP also bound to A β in the fluid phase. 4. Structurally altered pentameric CRP, not WT CRP, inhibited the fibrillation of A β . 5. Structurally altered pentameric CRP also halted the progression of fibril formation when added to growing A β fibrils. 6. There was one commonality in all four CRP

mutants: the topology of the Ca²⁺-binding site of all four CRP mutants was different from that of WT CRP.

In a previously reported study (48, 49), at physiological pH, WT CRP was also found to bind to $A\beta$ and inhibit fibrillation, which is in contrast to our findings. However, there were methodological differences between the two studies. First, AB42 was used in this study while A β 40 was used in the previous study. These two types of A β peptides have different rates of fibrillation; the rate of fibrillation of A β 42 is faster than that of A β 40 (50-52). Second, the fibrillation assays were performed while shaking the assay plate in this study while there was no shaking in the previous study. Shaking enhances the rate of fibrillation (50–54). Third, perhaps due to the two differences mentioned above, fibrillation began within 5 min under the conditions of our assay while it began after 30 h in the previous study. Based on a previous publication on the stability of purified CRP (55), it was likely that when WT CRP was incubated at 37°C for 30 h (48), a fraction of CRP pentamers might have monomerized. If this happened, then it could be monomeric CRP (mCRP) which bound to AB and inhibited fibrillation. Indeed, WT CRP used in the previous study did contain mCRP as determined by gel filtration analysis of the protein (48). Fourth, CRP was used at a concentration of 100 µg/ml and less in this study while it was 500 µg/ml in the previous study. Higher concentration of purified and buffered CRP could have generated enough mCRP and their aggregates, when incubated at 37°C for 30 h, for detectable inhibition of fibrillation. We suspect that in the previous study, if CRP was added to $A\beta$ after 30 h, that is, at the time of initiation of fibrillation, and if used at a lower concentration, the results could have been similar to ours. Indeed, in another study on CRP-AB interactions (56), biotinylated WT CRP was not found to bind to $A\beta$.

It has been reported that the binding of WT CRP to certain ligands, including A β plaques *in vivo*, leads to dissociation of pentamers into monomers (23, 24, 35, 57). Such monomerization of pentameric CRP into mCRP involves an intermediate or transitional or non-native stage when the conformation of the ligand-bound CRP pentamer is different from that of native pentamer. Several monoclonal anti-CRP antibodies (3H12, 6B7, 8C10 and 9C9) are available that can differentiate between native and non-native pentameric CRP; however, these antibodies do not differentiate between non-native pentameric CRP and mCRP (23–25, 35, 57–61). By employing these antibodies in immunohistochemistry, it has been concluded that mCRP was deposited at the amyloid plaques of AD (19–25). Because the sites of inflammation including the site of A β deposition are characterized by acidic and redox conditions (62), we propose that structurally altered pentameric CRP is generated at the site of A β deposition first, followed by the binding of structurally altered pentameric CRP is unclear though if CRP, in any structural conformation, before or after monomerization, leaves the surface of the molecule to which CRP was initially bound.

All amyloid deposits contain serum amyloid P component (SAP) which is a protein homologous to CRP (63). SAP binds to A β fibrils, prevents further fibrillation, and stabilizes the fibrils by protecting against proteolysis (64–68). Since structurally altered pentameric CRP is generated at the site of A β deposition, our data raise the possibility of competition between SAP and structurally altered pentameric CRP for binding to A β fibrils, and,

therefore, the two proteins may be regulating the extent of incorporation of SAP into $A\beta$ fibrils. It remains to be investigated whether the binding of structurally altered pentameric CRP to $A\beta$ fibrils facilitates proteolysis of the fibrils.

Since SAP binds to and prevents proteolysis of A β fibrils, both SAP and A β fibrils have been therapeutic targets for treating amyloidosis (67). In SAP-deficient mice, in which the gene coding for SAP was inactivated, the deposition of A β was found to be delayed (69). Accordingly, treatment with anti-SAP antibodies and blocking SAP with small chemical compounds have been shown to remove A β deposits *in vivo* (70). Strategies to prevent the aggregation of A β into fibrils and to enable the dissociation of A β fibril plaques have also been explored as possible treatments of amyloidosis. Some A β -binding synthetic peptides, including one that was derived from CRP, have been found to block the toxic effects of A β on neuronal cells in culture (71). Whether exogenously prepared structurally altered pentameric CRP can be delivered to the site of A β deposition and whether there would be a protective effect in established animal models and in *ex vivo* cell culture model systems remain to be explored (69–72).

The amino acid residues which participate in the formation of the Aβ-binding site on structurally altered pentameric CRP have not been identified yet. These amino acid residues must be hidden in WT CRP. Our data suggest that a perturbation of the topology of the Ca²⁺-binding sites is necessary to form the Aβ-binding site. However, there were no mutations of the amino acid residues coordinating Ca²⁺ in any of the four mutants used in this study. Since EDTA-treated, Ca²⁺-free WT CRP does not bind to Aβ (32), it is likely that in all four CRP mutants, there was loss of binding of one Ca²⁺ per CRP subunit, leaving half of the Ca²⁺-site vacant generating Aβ-binding activity and sensitivity to protease cleavage. Cryo-electron microscopy of all four CRP mutants, as performed for WT CRP at acidic pH (73), would reveal the topology of the Aβ-binding site on structurally altered pentameric CRP.

There are dozens of known amyloidogenic proteins, including ox-LDL employed in this study, that are responsible for clinically significant amyloidoses (74–76). Our hypothesis that dense immobilization of some proteins onto microtiter plates may cause aggregation and denaturation of proteins resulting in the generation of amyloid-like structures creating A β epitopes was also found to be correct. Considering that immobilized proteins have a common amyloid-like structure on their surface, we conclude that A β peptides and amyloid-like structures expressed on immobilized proteins are ligands of structurally altered pentameric CRP. Based on the A β recognition function of structurally altered pentameric CRP, we propose that CRP should be considered as a dual pattern recognition molecule of the immune system. One, CRP recognizes non-conserved, newly created, molecular patterns such as amyloid-like structures formed by amyloidogenic and pathogenic proteins. This recognition function is exhibited by structurally altered pentameric CRP.

CRP is a phylogenetically conserved protein (77, 78). Also, a CRP-deficient human has not been reported so far. Therefore, it has been suggested that CRP must have an important host defense function that applies across the animal kingdom. We conclude that CRP

is an anti-amyloidogenic protein. CRP functions as a scavenger to get rid of misfolded, denatured, deposited and non-functional proteins to prevent the toxicity they generate. This function of CRP would favor the conservation of CRP throughout evolution. The anti-amyloidogenic function of CRP also has implications for many human inflammatory and neurodegenerative diseases such as AD, Parkinson's disease, the prion-related diseases and also non-neurodegenerative diseases such as type II diabetes which are characterized by abnormal amyloid fibril aggregates (74, 75). The anti-amyloidogenic function of CRP also has implications for diseases caused by the deposition of otherwise fluid-phase proteins.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations used in this article:

AD	Alzheimer's disease
Αβ	amyloid-β
CRP	C-reactive protein
FH	Factor H
Fn	Fibronectin
mCRP	monomeric CRP
ox-LDL	Oxidized low density lipoprotein
PCh	phosphocholine
PnC	pneumococcal C-polysaccharide
SAP	serum amyloid P component
TBS-Ca	TBS, pH 7.2, containing 0.1% gelatin, 0.02% Tween-20 and 2 mM $\rm CaCl_2$
TEM	Transmission electron microscopy
ThT	Thioflavin T
WT	wild-type

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• Some proteins, when immobilized, express an $A\beta$ epitope.

- Aβ and amyloid-like structures are the ligands of structurally altered pentameric CRP.
- Structurally altered pentameric CRP prevents formation of Aβ fibrils.



FIGURE 1.

Transmission electron micrographs of $A\beta$ monomers and $A\beta$ fibrils, shown at two different resolutions.



FIGURE 2.

Expression of an A β epitope on immobilized proteins. Microtiter wells were coated with A β , oxidized LDL (ox-LDL), factor H (FH), fibronectin (Fn) and BSA, in duplicate. The unreacted sites in the wells were blocked with gelatin. Anti-A β antibodies were then added to the wells to detect the amyloid-like structures formed on the proteins following their immobilization. (A) Monoclonal anti-A β antibodies were used. Bound anti-A β antibodies were detected by using HRP-conjugated goat anti-mouse IgG. (B) Polyclonal anti-A β antibodies were used. Bound anti-A β antibodies were detected by using HRP-conjugated donkey anti-rabbit IgG. The OD of the developed color was read at 405 nm. Data shown are mean \pm SEM of three experiments.

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FIGURE 3.

Binding of CRP to immobilized A β . Microtiter wells were coated with A β . The unreacted sites in the wells were blocked with gelatin. WT CRP, diluted in TBS-Ca, pH 7.2, and diluted in TBS-Ca, pH 5.0, was added in duplicate wells. Mutant CRP was diluted in TBS-Ca, pH 7.2, only and was added in duplicate wells. Bound CRP was detected by using a rabbit polyclonal anti-CRP antibody as the primary antibody and HRP-conjugated donkey anti-rabbit IgG as the secondary antibody. The OD of the developed color was read at 405 nm. Data shown are mean \pm SEM of three experiments.



FIGURE 4.

Inhibition of binding of CRP mutants to immobilized A β by fluid-phase A β . A β monomers (100 µg/ml) or A β fibrils (100 µg/ml) were mixed with CRP. The mixture of CRP and A β was then added to the wells coated with A β . Bound CRP was detected by using a rabbit polyclonal anti-CRP antibody and HRP-conjugated donkey anti-rabbit IgG. The OD of the developed color was read at 405 nm. Data shown are mean ± SEM of three experiments. The *p* values were determined by employing linear regression analysis of the slopes. For both CRP mutants, the differences between all the curves when compared to each other were statistically significant (*p*<0.05; not shown).

Ngwa and Agrawal



FIGURE 5.

Effects of CRP on the formation of A β fibrils. The fibrillation of A β peptides was monitored by ThT fluorescence in the absence (black) or presence of 1 µg/ml CRP (blue), 10 µg/ml CRP (red) and 100 µg/ml CRP (green). CRP and A β monomers were mixed at time zero and added to microtiter wells. After the first measurement at 5 min, the plate was incubated at 37°C with shaking; fluorescence was measured every 15 min. Results are plotted as mean arbitrary units (a.u.) ± SEM of three experiments. For the time period of 5 min to 2 h, *p* values were determined by employing linear regression analysis of the slopes. For the time period of 2.25 h to 3 h, *p* values were determined by taking the mean of all points and employing student unpaired *t* test. For clarity, only those differences are indicated (NS) where the difference was statistically not significant (*p*<0.05). The difference between all other curves when compared to each other was statistically significant (*p*<0.001; not shown).



FIGURE 6.

Effects of CRP on the growth of pre-formed A β fibrils. The time course of fibrillation of A β peptides was monitored by ThT fluorescence in the absence or presence of 100 µg/ml CRP. CRP was added to A β 45 min after the fibrillation began in the microtiter plate which was incubated at 37°C throughout with shaking. Fluorescence was measured every 15 min. Results are plotted as mean a.u. ± SEM of three experiments. Statistical analysis was performed for the time period of 2 h to 3 h; *p* values were determined by taking the mean of all points and employing student unpaired *t* test. For clarity, only those differences are indicated (NS) where the difference was statistically not significant (*p*<0.05). The difference between all other curves when compared to each other was statistically significant (*p*<0.001; not shown).



FIGURE 7.

Effects of mutations on the Ca²⁺-dependent binding of CRP to PCh. The PCh-binding activity of CRP as a function of Ca²⁺ concentration is shown. Microtiter wells were coated with PnC. The unreacted sites in the wells were blocked with gelatin. CRP (50 ng/ml), diluted in TBS-Ca (various concentrations of Ca²⁺), pH 7.2, was added in duplicate wells. Bound CRP was detected by using the anti-CRP mAb HD2.4 as the primary antibody and HRP-conjugated goat anti-mouse IgG as the secondary antibody. The OD of the developed color was read at 405 nm. The highest OD obtained was taken as 100%. The values on the y-axis represent the percentage of binding of CRP to PCh. The concentration of Ca²⁺ for 50% of maximal binding of each CRP species is shown. Results were plotted as mean \pm SEM of three experiments. Statistical differences were calculated using the unpaired student *t*-test.



FIGURE 8.

Effects of mutations on the Ca²⁺-site-dependent proteolytic cleavage of CRP. Reducing SDS-PAGE of CRP treated with protease in the absence and presence of 5 mM Ca²⁺ was run on a 4–20% polyacrylamide gradient gel. Bands were visualized by Coomassie brilliant blue staining. Protease alone is shown in lane 17. The m.w. markers are shown in lanes 1 and 18.



FIGURE 9.

Effects of mutations on the Ca^{2+} -site-dependent proteolytic cleavage of CRP. Reducing SDS-PAGE of CRP treated with protease in the absence and presence of 0.5 mM Ca^{2+} was run on a 4–20% polyacrylamide gradient gel. Bands were visualized by Coomassie brilliant blue staining. Protease alone is shown in lane 17. The m.w. markers are shown in lanes 1 and 18.