

T lymphocytes as dynamic regulators of glioma pathobiology

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Abstract

The brain tumor microenvironment contains numerous distinct types of nonneoplastic cells, which each serve a diverse set of roles relevant to the formation, maintenance, and progression of these central nervous system cancers. While varying in frequencies, monocytes (macrophages, microglia, and myeloid-derived suppressor cells), dendritic cells, natural killer cells, and T lymphocytes represent the most common nonneoplastic cellular constituents in low- and high-grade gliomas (astrocytomas). Although T cells are conventionally thought to target and eliminate neoplastic cells, T cells also exist in other states, characterized by tolerance, ignorance, anergy, and exhaustion. In addition, T cells can function as drivers of brain cancer growth, especially in low-grade gliomas. Since T cells originate in the blood and bone marrow sinuses, their capacity to function as both positive and negative regulators of glioma growth has ignited renewed interest in their deployment as immunotherapeutic agents. In this review, we discuss the roles of T cells in low- and high-grade glioma formation and progression, as well as the potential uses of modified T lymphocytes for brain cancer therapeutics.

Keywords

astrocytoma | glioblastoma | gliomagenesis | microglia | pediatric low-grade glioma | T cells | tumor microenvironment | tumor-associated monocytes

The brain tumor microenvironment (TME) consists of a heterogeneous and dynamic network of interacting immune, vascular, and resident cellular components. In the most common brain tumor encountered in children and adults (gliomas or astrocytomas), these nonneoplastic cell types include macrophages, microglia, myeloid-derived suppressor cells (MDSCs), T lymphocytes, neutrophils, natural killer (NK) cells, dendritic cells (DCs), endothelial cells, neurons, and glial lineage cells (astrocytes, oligodendrocytes).¹ Tumor-associated monocytes (TAMs) account for the majority of the stromal cells in both low-grade

and high-grade gliomas (LGG and HGG, respectively),^{2,3} representing either yolk sac-derived brain resident monocytes (microglia) or infiltrating bone marrow-derived macrophages, which each play unique roles in glioma biology.⁴ Additionally, the stromal content and composition varies depending on the specific tumor grade and histologic subtype with respect to the numbers of myeloid and lymphoid cells, as well as their relative importance to tumor growth.^{5,6}

In contrast to TAMs, comparatively less is known about the contributions of other immune cell populations, specifically T

cells, to glioma pathobiology. As such, T lymphocytes can function as both positive and negative regulators of glioma growth.⁷ These opposing effects could reflect differences in T cell populations (CD4⁺ versus CD8⁺ T cells), their particular functional states within the tumor (exhausted versus cytotoxic), or their interactions with other nonneoplastic cell types (neurons, astrocytes, monocytes, and MDSCs).⁷ Moreover, these differences in T cell-glioma interactions also vary as a consequence of the evolutionary state of the tumor (cancer initiation versus maintenance), exposures to conventional or molecularly targeted therapies, and/or the specific region within the tumor (perivascular space versus the center of the tumor).^{5,8} Over the course of tumor evolution, CD8⁺ T cells may efficiently mount a cytotoxic response to block tumor growth, become suppressed by recruited myeloid cells, or be activated by immunostimulatory therapy.⁹ In addition to temporal heterogeneity, spatial differences exist within tumors, where CD8⁺ T cells tend to be located in the center of the tumor and CD4⁺ T cells in the perivascular spaces.⁵ Due to the heterogeneity of T cells, their complex interactions, and their evolution over time, harnessing these interactions with therapies can be a moving target. However, with the advent of advanced immunologic analytical methods and single cell transcriptomics, the diversity of T cell subtypes and their relevance to glioma formation and growth is becoming clearer. In this review, we discuss the multi-faceted roles of T lymphocytes in glioma biology and their use as therapeutic agents.

The Glioma Tumor Microenvironment

The central nervous system (CNS) was originally considered an immunologically privileged site owing to the presence of the blood–brain barrier (BBB); however, this concept is outdated with the recognition that T cells normally circulate through the healthy brain.¹⁰ Moreover, BBB integrity is disrupted during infection, inflammation, or cancer, leading to the accumulation of immune cell infiltrates within the CNS.^{1,11}

Representing as many of 30–50% of the cellular content of gliomas, myeloid cells constitute the majority of all immune cells.^{2,3} These TAMs, including yolk sac-derived brain resident microglia and bone marrow-derived macrophages, have distinct contributions to glioma formation and growth, which has been extensively reviewed elsewhere.^{12,13} Bone marrow-derived macrophages are recruited to the TME by a variety of glioma-produced cytokines/chemokines (eg, CCL2, CSF-1, CX3CL1), where they become almost indistinguishable from microglia.¹³ TAMs may have immunosuppressive properties due to the release of pro- and anti-inflammatory molecules (eg, TGF- β , IL-10, TNF- α), expression of checkpoint inhibitor molecules, interactions with regulatory T cells (Tregs), and/or metabolic effects on T cells.^{13,14} They can also directly increase tumor growth through the elaboration of soluble factors that enhance tumor proliferation and invasion (eg, ST-1, TGF- β , IL-6, and IL1 β).¹³ Additionally, these TAMs may function in a region-specific manner within HGGs, where blood-derived macrophages predominate in the central

portion of the tumor and exert immunosuppressive effects.¹³ Conversely, microglia can also increase murine LGG growth by producing CCL5, a chemokine necessary and sufficient for mouse LGG formation and maintenance.¹⁵ Lastly, some TAMs arise from MDSCs, a heterogeneous population of immunosuppressive cells that arise from myeloid progenitor cells in the bone marrow in response to chronic inflammation.¹⁶ These cells exert their immunosuppressive effects by differentiating into TAMs within the tumor or by producing anti-inflammatory cytokines, reactive oxygen species, and/or nitric oxide.¹⁶ In some circumstances, MDSCs can interfere with anti-glioma immunotherapy.^{17,18}

Within the lymphoid cell compartment, T cells and NK cells predominate, the majority of which lack anti-tumor activity. In this regard, T cells constitute 1–5% of the total glioma cellular content, including CD8⁺ cytotoxic T lymphocytes (CTLs), regulatory CD4⁺ (Tregs), and conventional CD4⁺ T cells.^{2,3} In general, CD8⁺ T cells are “effector” T cells, which are activated by T cell receptor binding to antigens that derive from virally-infected or neoplastic cells. These antigens are bound to major histocompatibility locus (MHC) I proteins expressed on antigen-presenting cells (APCs). Following their activation, CTLs recognize and lyse cells that express those specific antigens.¹⁹ Conversely, conventional CD4⁺ T cells, which are less plentiful, are “helper” T cells, which induce CD8⁺ T cell activity through cytokine secretion and promote B cell proliferation and differentiation. A subset of these CD4⁺ T cells is FOXP3⁺ Tregs,²⁰ which can elicit potent immunosuppressive responses and interfere with anti-HGG immunotherapy.²¹ For example, HGG-induced hypoxia stimulates Treg activation and the tumor-promoting capabilities of TAMs.²² As conflicting reports exist regarding the prognostic significance of tumoral T cell infiltration, including the relative contribution of CD8⁺ T cells and Tregs to patient outcomes,²³ additional studies on the role of different T cell populations in glioma biology are warranted.

T Cell Recruitment

Several mechanisms have been proposed for glioma T cell recruitment, including disruption of the BBB and chemoattraction by tumor cells and TAMs as a consequence of impaired astrocyte–endothelial cell interactions.²⁴ This disruption can be visualized by magnetic resonance imaging (MRI), where gadolinium-based contrast dye leakage into the tumor indicates impairment of the BBB. In addition, edema in the region surrounding the tumor can result from fluid imbalance between the brain parenchyma and capillaries.¹¹ Further research is needed to determine whether BBB permeabilization is necessary for tumor progression and whether immune cells pass more easily through these areas of BBB disruption.

In addition to passive entry through a leaky BBB, T cells infiltrate brain tumors by chemokine-mediated attraction. In experimental murine models of LGG, T cell trafficking into the tumor is mediated by neoplastic cell production of chemokines (CCL2 and CCL12),²⁵ whereas HGG tumor cells attract T cells by producing indolamine 2,3-dioxygenase

(IDO), CCL2 and CCL22.^{21,26} CD8⁺T cells can also be primed by DCs and macrophages, as well as APCs within the deep cervical lymph nodes, which, in addition to tumor-derived T cell migratory cues (eg, chemokines), facilitate CD8⁺T cell infiltration.²⁷

The discovery of a functional lymphatic system in the meninges and brain parenchyma has elucidated a pathway by which tumor antigens drain into the cervical lymphatic circulation.²⁸ This lymphatic system can be modified by Vascular Endothelial Growth Factor C (VEGF-C), resulting in T cell-mediated HGG rejection in experimental mouse models.²⁹ Further exploration of the role of lymphatics in LGG and HGG T cell trafficking will help better elucidate the importance of antigen drainage to glioma pathobiology.

T Cell Regulation of Glioma Growth

T cells dynamically interact with both neoplastic (glioma) cells and nonneoplastic stromal cells throughout tumor evolution, sometimes promoting tumor growth and other times inhibiting it. The diversity of T cell-glioma interactions likely reflects differences in T cell and myeloid cell populations within the tumor, the expression of immunomodulatory molecules by the glioma cells, and the particular stage of tumor evolution (Figure 1). In this manner, T cells recruited into the tumor bed by glioma cells can then be “educated” by other nonneoplastic cells, like microglia, neurons, and astrocytes.^{15,25,30} Since this is an ever-evolving process, an equilibrium can be established between pro-tumoral T cells that increase tumor growth, such as Tregs, and anti-tumoral T cells, like CTLs, that kill tumor cells.³¹ Alternatively, evolutionary pressures, such

as cancer therapy, can disturb this equilibrium and alter the immune content to increase T cell-mediated cytotoxicity and tumor shrinkage.³²

Once integrated into the glioma TME, “activated” CD8⁺T cells recognize and induce tumor apoptosis through the engagement of T cell receptors (TCRs).⁹ T cell composition and activation status varies among gliomas subtypes and depends, at least in part, upon the tumor grade and associated genetic alterations.^{6,33} For example, LGGs with Neurofibromatosis type 1 (NF1) mutations exhibit T cell gene enrichment and greater T cell infiltration relative to HGGs.³⁴ In addition, examination of mesenchymal GBM tumors reveals more T cell infiltration than other subtypes, which does not correlate with patient outcome.^{6,35} Despite conflicting reports,³⁶ cytotoxic T cell infiltration may correlate with increased survival in patients with glioma.³⁷ Further studies will be required to establish a clear anti-tumoral role for glioma-infiltrating CD8⁺T cells.

Gliomas can also reprogram T cells into dysfunctional or tumor-promoting lymphocytes through multiple mechanisms. First, gliomas can express Programmed Death Receptor Ligand-1 (PD-L1), which binds to Programmed Death Receptor-1 (PD-1) on T cells, blocking T cell differentiation and activation, culminating in inhibition of CD8⁺T cell cytotoxic activity.³⁸ Second, the glioma TME may recruit Tregs to secrete immunosuppressive cytokines (eg, IL-10 and TGF- β) that suppress cytotoxic T cells or directly increase glioma cell survival and self-renewal.³⁹ Third, CD8⁺T cell depletion abrogates tumor growth in experimental mouse LGG models.¹⁵ In these murine *Nf1* optic gliomas, the ability of CD8⁺T cells to stimulate murine LGG growth results from neuron-mediated T cell CCL4 production, which, in turn, induces microglia CCL5 secretion and reduced LGG apoptosis.¹⁵ The potential for CD8⁺T cells to

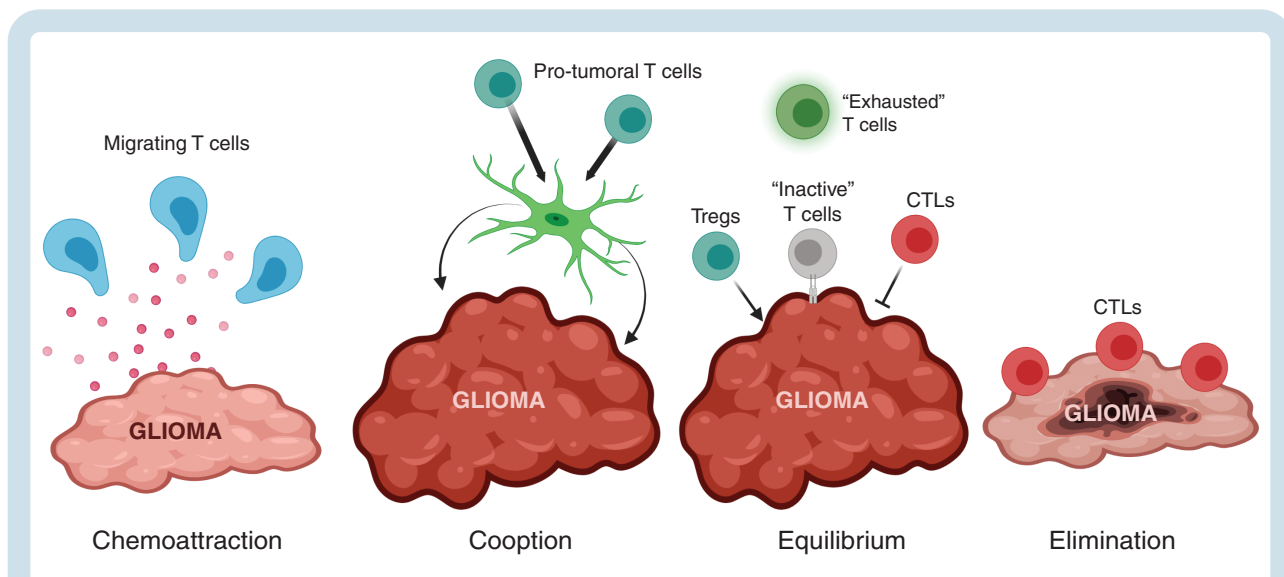


Fig. 1 T cells shape glioma evolution. Glioma cells recruit T cells into the tumor microenvironment (TME) through the elaboration of chemokines. In addition, T cells produce paracrine factors that can act on other cells in the TME (eg, microglia) to increase tumor growth (“cooption”). Pro-tumoral regulatory T cells (Tregs) can also function to increase glioma growth (“equilibrium”), while cytotoxic T lymphocytes (CTLs) lyse tumor cells by secreting perforin (PFN) and granzyme B (GZMB) or by direct cell-to-cell interaction (“elimination”). Other CTLs can adopt an “exhausted” phenotype or become inactivated by glioma cells through the expression of immune checkpoint proteins. In response to extrinsic or intrinsic pressures, the balance of pro- and anti-tumoral T cells can shift to favor CTLs, resulting in glioma elimination. Created with BioRender.

promote glioma growth independent of immune checkpoint expression and through interactions with TAMs suggest that CD8⁺T cells may have different roles in LGGs and HGGs. In this regard, mutant Isocitrate Dehydrogenase 1 (IDH1) HGGs epigenetically reprogram their immune microenvironment, resulting in increased Granulocyte Colony Stimulating Factor (G-CSF) production, which reduces the immunosuppressive properties of MDSCs and facilitates CD8⁺ T cell-mediated glioma cell lysis.¹⁷ Additional research focusing on the specific properties of CD8⁺ T cells in glioma may reveal new targets for immune modulation.

Functional States of Glioma-associated T Cells

The process of T cell activation is a highly regulated process, depending on the nature of the antigen, the surrounding environment, and the duration of the T cell exposure to antigen. The resulting T cell states can vary from

an effector T cell state to a hyporesponsive T cell state. The process is typically initiated when naïve CD8⁺ T cells encounter a foreign antigen presented by APCs, leading to clonal expansion and differentiation into cytotoxic T cells. These expanded antigen-specific T cells then lyse cells expressing that particular antigen.⁴⁰ It should be appreciated that T cell activation can be interrupted by tumor cells through impaired antigen processing, presentation, or T cell priming, resulting in dysfunctional T cell states that facilitate tumor growth. Below, we will discuss the major T cell dysfunctional states that exist in the glioma immune microenvironment: tolerance, ignorance, anergy, and exhaustion (Figure 2).⁴¹

Tolerance

T cell tolerance is a major mechanism by which tumor cells escape immune surveillance. T cells become tolerant when they fail to respond to antigen, which can be induced either in the blood or within the tumor itself. Tolerance can

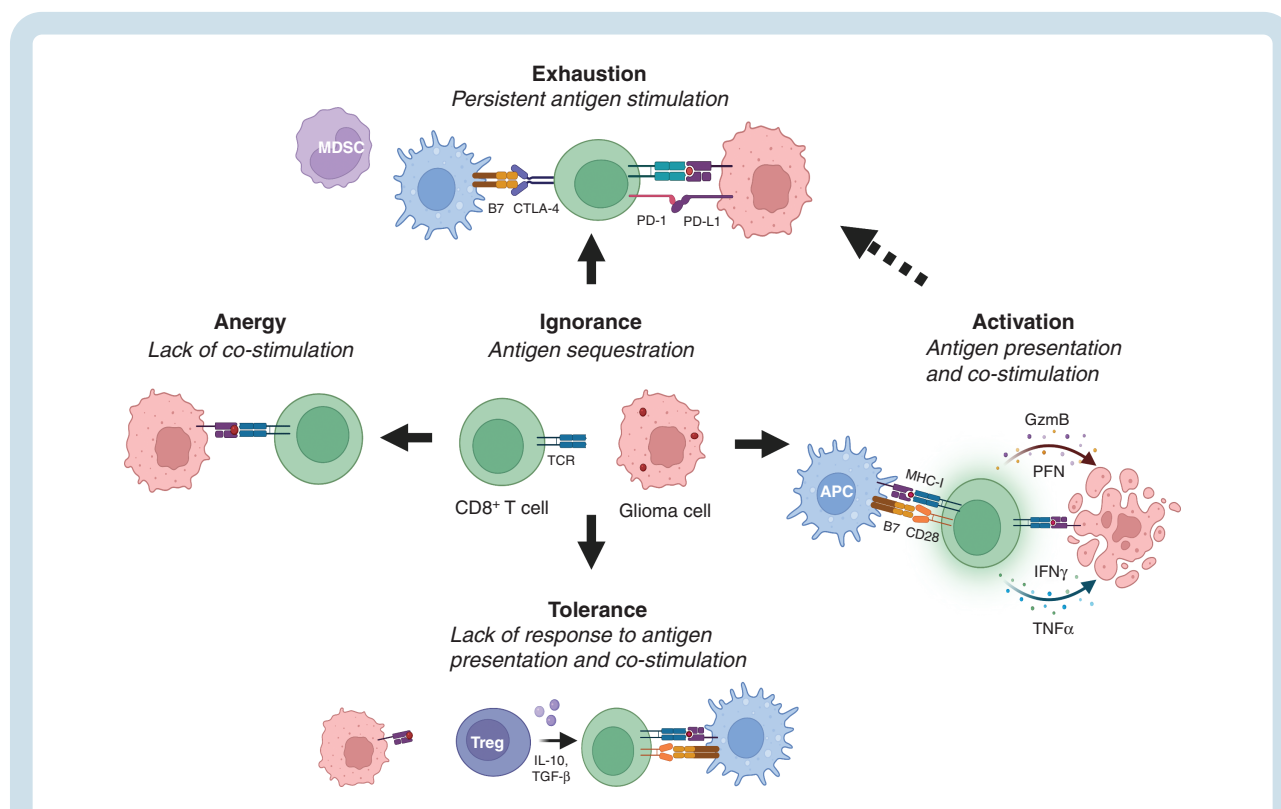


Fig. 2 Glioma-mediated T-cell dysfunction during gliomagenesis. During early gliomagenesis, CD8⁺ T cells may remain “ignorant” due to inaccessibility of tumor-associated antigens (lack of Major Histocompatibility I (MHC-I) molecule interactions with T cell receptors (TCRs)). As gliomas progress and sufficient glioma antigen is produced, glioma-specific T cells can exist in different dysfunctional states, depending upon the specific signals from the glioma cells and the immune microenvironment. T cells can also be activated as a consequence of a lack of costimulation (B7-CD28 interactions), inducing a state of T cell “anergy”. Additionally, glioma cells can express immunosuppressive molecules (eg, Programmed Death Ligand-1 (PD-L1)) and recruit immunosuppressive cells (eg, myeloid-derived suppressor cells (MDSCs)) into the tumor microenvironment. Persistent tumor antigen and inhibitory signals can drive T cell “exhaustion”, a state of nontumor reactivity. Finally, in the presence of other immunosuppressive cells (eg, regulatory T cells (Tregs)), T cells can exhibit “tolerance”, in which they do not respond to antigen stimulation due to the presence of immunosuppressive cytokines (eg, Interleukin-10 (IL-10) and transforming growth factor-β (TGF-β)). The goal of immunotherapies is to induce T cell activation, instead of progression to these dysfunctional states. Activated T cells, after interacting with antigen-presenting cells (APCs) function to lyse tumor cells through the release of perforin (PFN), granzyme-B (GZMB), interferon-γ (IFN-γ), and tumor necrosis factor-α (TNF-α). Created with BioRender.

be achieved by the elimination of antigen-reactive T cells or by a failure of T cells to become activated following exposure to antigen. The inability of T cells to respond to antigen may result from a lack of positive costimulatory signals or the presence of a negative costimulatory signal (eg, PD-1).⁴² In the setting of glioma, Treg expansion can also create tolerance by promoting a loss of CD8⁺ T-cell activation signaling from helper CD4⁺ T cells.⁴¹

Ignorance

T cell ignorance is a state in which fully functional T cells fail to elicit an effective immune response *in vivo*, distinguishing it from T cell anergy (see below). T cell ignorance can result from a lack of sufficient exposure to antigen (eg, antigen sequestration or insufficient antigen concentration).⁴¹ In contrast to T cell tolerance, ignorant T cells are fully functional. In gliomas, tumor-associated antigens (TAAs) are typically concealed from T cell recognition, either by downregulation of TAAs by tumor cells or by anatomical separation of TAAs from immune recognition (eg, in the brain or the tumor center).⁴³ Antigen presentation in gliomas can be further hindered due to an immune suppressive milieu that reduces MHC expression by APCs.⁴¹ Additionally, mature T cells can become confined within the bone marrow of patients or mice with GBM to remain in an ignorant state.⁴⁴

Anergy

T cell activation requires both a main TCR stimulation signal and a costimulatory signal, whereas TCR activation creates T cell anergy in the absence of a costimulatory signal. Gliomas can induce reduced CD80 or CD86 costimulatory ligand expression on APCs, resulting in suboptimal priming of tumor-specific T cells and the development of T cell anergy.⁴⁵ It is worth noting that “clonal anergy” is distinct from “adaptive tolerance,” reflecting different underlying signal transduction pathways⁴¹: Clonal anergy arises from impaired costimulation and de-regulated RAS/MAPK signaling,^{46,47} whereas adaptive tolerance is caused by chronic low levels of antigen exposure, reduced Zap70 kinase activity, and impaired calcium-induced NFκB signaling.^{46,47}

Exhaustion

T cell exhaustion shares several phenotypic and epigenetic features with T cell anergy. In contrast to T cell anergy, T cell exhaustion results from persistent antigen stimulation of naïve T cells, resulting in a hypofunctional state.⁴³ This term was initially coined in the setting of viral infection, in which chronic infection reduces infiltrating T cell expression of effector molecules, accompanied by altered transcription factor (eg, *EOMES*, *NFAT*, *TOX*, and *BALF*)^{48,49} and increased expression of PD-1, T cell immunoglobulin and mucin-domain containing-3 (Tim-3), CD39, T cell immunoreceptor with Ig and ITIM domains (TIGIT), Lymphocyte activating 3 (Lag-3), Cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), 2B4, and B and T lymphocyte

attenuator (BLTA).^{50,51} In contrast to other hypofunctional states, T cell exhaustion is an important mechanism to prevent excessive tissue damage in the face of chronic antigen stimulation.⁵² Glioma cells can increase expression of or directly bind inhibitory immune checkpoint molecules on exhausted T cells, thus limiting their ability to enact cellular programs that lyse tumor cells.⁵³ In this fashion, antibodies that block immune checkpoint protein interactions can reverse this “exhausted” phenotype and induce reactive T cells to participate in anti-tumoral activities (see *Immune Checkpoint Therapy* section below).

T Cell-targeted Therapies for Glioma

With the recognition that T cells are integral cellular components of the glioma ecosystem and both positively and negatively influence tumor growth, immunotherapies have begun to emerge as adjuvant treatments.⁵⁴ Five of the most promising T cell-mediated therapies include immune checkpoint inhibitors, chimeric antigen receptor (CAR) T cells, peptide vaccines, oncolytic/immunogenic viruses, and bispecific T cell engager (BiTE) therapy (Figure 3).

Immune Checkpoint Therapy

Some T cell states in glioma are reversible, and can be rescued by either inhibition of immunosuppressive cells or by blocking “exhausted” T cells.^{18,55} The goal of inhibitory immune checkpoint pathway therapy is to “release the brakes” on the immune system to enhance anti-tumor immunity, leading to partial or full recovery of functional anti-tumoral CD8⁺ T cells. In experimental preclinical mouse models, immune checkpoint inhibition in combination with other treatment modalities cause reduced HGG growth.^{18,55} However, in one clinical trial, Nivolumab, a PD-1 monoclonal antibody, did not improve patient survival in patients with recurrent HGG compared with Bevacizumab monoclonal antibody anti-angiogenesis treatment, or in combination with anti-CTLA-4 antibodies (Ipilimumab).^{56,57} Currently, forty-three Phase-I/II clinical trials are ongoing to evaluate the effectiveness of immune checkpoint inhibition for glioma, the majority of which are employing monoclonal antibodies targeting PD-1 (Nivolumab, Pembrolizumab, or Cemiplimab) or PD-L1 (Durvalumab, Avelumab, or Atezolizumab) in combination with conventional therapies (NCT02530502, NCT02968940, NCT03743662).

CAR T Cells

CAR T cell therapy entails harnessing autologous T cells from patients to recognize and lyse tumor cells. To generate CAR T cells, patient-derived T cells are transduced to express a CAR harboring an extracellular domain that binds tumor neoantigens or tumor-associated antigens (TAAs). In addition to the antigen binding domain, the CAR has activating and costimulatory cytoplasmic signaling domains to stimulate T cell expansion and activation.⁵⁸ While CAR T cells have demonstrated striking

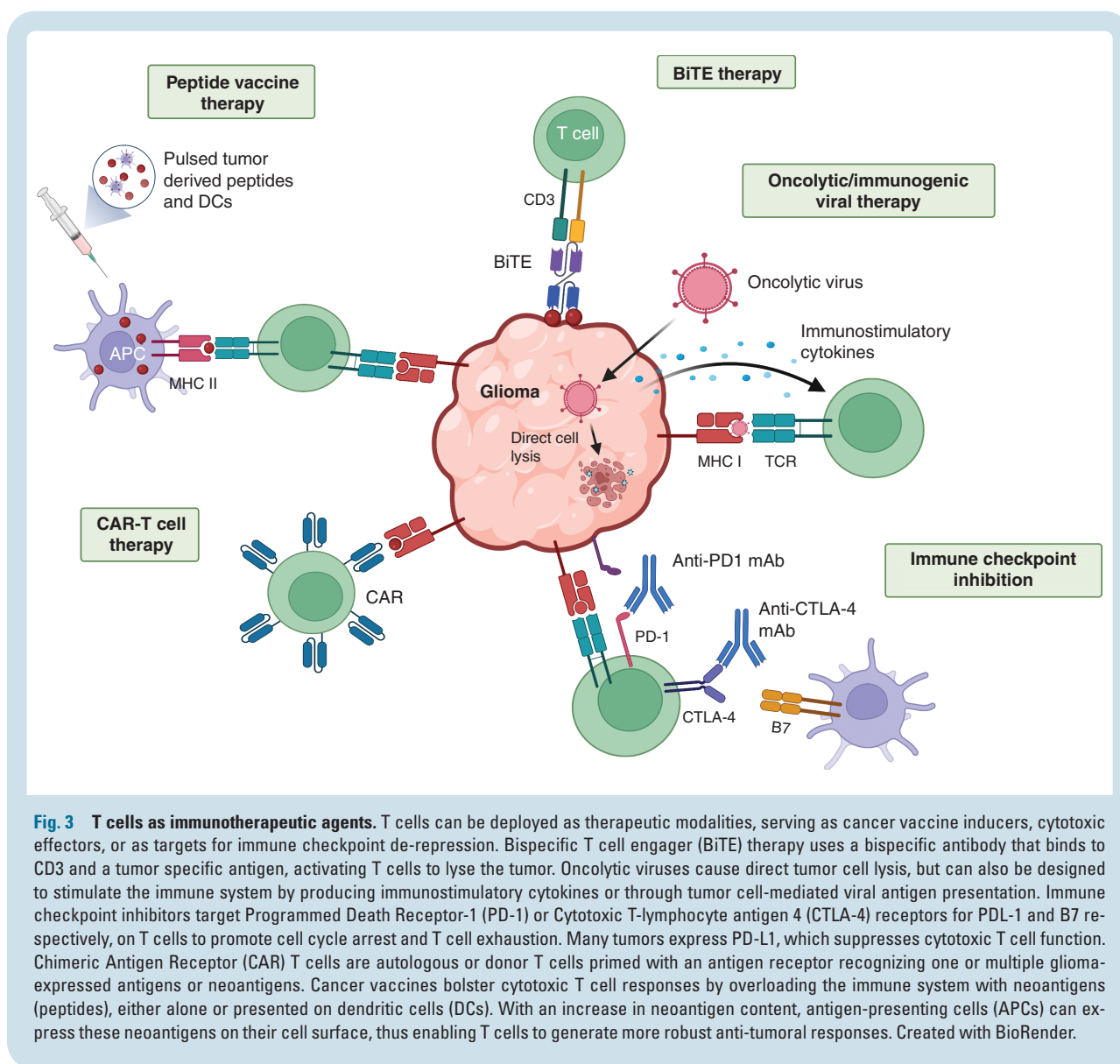


Fig. 3 T cells as immunotherapeutic agents. T cells can be deployed as therapeutic modalities, serving as cancer vaccine inducers, cytotoxic effectors, or as targets for immune checkpoint de-repression. Bispecific T cell engager (BiTE) therapy uses a bispecific antibody that binds to CD3 and a tumor specific antigen, activating T cells to lyse the tumor. Oncolytic viruses cause direct tumor cell lysis, but can also be designed to stimulate the immune system by producing immunostimulatory cytokines or through tumor cell-mediated viral antigen presentation. Immune checkpoint inhibitors target Programmed Death Receptor-1 (PD-1) or Cytotoxic T-lymphocyte antigen 4 (CTLA-4) receptors for PDL-1 and B7 respectively, on T cells to promote cell cycle arrest and T cell exhaustion. Many tumors express PD-L1, which suppresses cytotoxic T cell function. Chimeric Antigen Receptor (CAR) T cells are autologous or donor T cells primed with an antigen receptor recognizing one or multiple glioma-expressed antigens or neoantigens. Cancer vaccines bolster cytotoxic T cell responses by overloading the immune system with neoantigens (peptides), either alone or presented on dendritic cells (DCs). With an increase in neoantigen content, antigen-presenting cells (APCs) can express these neoantigens on their cell surface, thus enabling T cells to generate more robust anti-tumoral responses. Created with BioRender.

success for the treatment of lymphomas and leukemias, they have shown little efficacy in HGG, with no completed phase III clinical trials to date.⁵⁹ Current clinical trials are utilizing CARs that bind to mutated epidermal growth factor receptor (EGFRvIII), interleukin receptor (IL13Ralpha2), or human epidermal growth factor receptor-2 (HER2) using either peripheral or intraventricular delivery.⁵⁹ While peripherally delivered EGFRvIII CAR T cell therapy given to patients with recurrent HGG reduced tumoral EGFRvIII expression in 7/10 patients, as well as robust CAR T cell engraftment, only one patient remained progression-free after 18 months.⁶⁰ Similarly, another trial using IL13Ralpha2 CART cells showed attenuated tumoral IL13Ralpha2 expression, yet tumors still recurred.⁶¹ The reasons for these failures include tumoral heterogeneity, antigen loss, and/or CART cell anergy following repeated antigen encounters.⁵⁹ While CAR T cell therapy represents a promising new treatment modality, it is important to consider the cellular and molecular

heterogeneity inherent in these tumors, which will require complementary strategies that focus on limiting the outgrowth of nontargeted tumor cell populations.

To induce stronger immune responses, preclinical studies have combined CART cells with immunostimulatory therapies, such as intratumoral delivery of Interleukin-12 (IL-12)⁶² or the inclusion of a transforming growth factor-beta (TGF- β) "trap" to block the immunosuppressive effect of TGF- β on CTLs.⁶³ Additional phase I clinical trials include the use of novel CAR targets for HGG, such as B7-H3 (NCT04185038) and GD2 (NCT04196413), as well as the deployment of a CAR specifically designed to mimic the binding of chlorotoxin, a component of snake venom (NCT04214392). Other approaches aim to improve existing CAR T cell therapies in combination with immune checkpoint inhibitors by coupling the CAR to stronger intracellular immunostimulatory molecules or by designing them to bind both ubiquitous viruses (eg, cytomegalovirus) and neoantigen.⁵⁹

Vaccines

Cancer vaccines are designed to trigger tumor-specific T cell responses, often using peptide vaccines where immunogenic peptides phagocytosed by DCs are presented to T cells to trigger their activation and expansion. Alternatively, DC vaccines involve the activation and expansion of DCs *in vitro*, loading with tumor-expressed peptides, and subsequent reintroduction into patients.⁶⁴ Early trials have demonstrated some clinical promise for HGG using a mutant IDH1 peptide vaccine in combination with conventional chemotherapy.⁶⁵ Additionally, interim results from a phase III trial of a whole tumor pulsed DC vaccine combined with combination therapy suggest a survival advantage.⁶⁶ Unfortunately, other HGG vaccine trials have demonstrated little to no efficacy.⁶⁷ Current efforts are centered on the use of proteomics to enable high throughput identification of potential neoantigens⁶⁸ and combination therapies with immune checkpoint inhibitors, CAR T cells, or cytokines.⁵⁴

Oncolytic Viral Therapy

Another strategy to induce a strong anti-tumoral CD8⁺ T cell response is the selective infection of tumor cells with a virus to induce tumor cells to present viral antigens. Intratumoral administration of oncolytic viruses, such as adenoviruses,⁶⁹ herpes simplex virus (targeting ErbB2),⁷⁰ polio-rhinovirus chimeras (targeting CD155),⁷¹ and Zika virus,³² have demonstrated early promise in preclinical and phase I clinical trials. Viral infection triggers APC-mediated tumor antigen presentation and the induction of an adaptive CD8⁺ T cell response. While these viruses alone exhibit anti-tumoral efficacy, they often require other components to bolster the immune response, such as viral expression of pro-inflammatory cytokines, like IL-12 (NCT02062827) or in combination with an immune checkpoint inhibitor.⁷²

BiTE Therapy

BiTE molecules are composed of two antibodies connected by a linker, one that binds CD3 and another that binds a tumor antigen. This bi-functional molecule activates T cells to target tumor cells, independent of MHC antigen presentation or costimulatory molecules (eg, CD28).⁷³ Based on successful BiTE clinical trials for adults with refractory B cell precursor acute lymphoblastic leukemia,⁷⁴ phase I trials of BiTE therapies that either bind EGFRvIII (NCT03296696) or EGFRvIII and autologous T cells (NCT04903795) were initiated. Relative to CART cells, BiTEs can be manufactured more quickly because they do not require patient-derived cells or MHC matching. They can also be easily modified to target different cell surface antigens. Additionally, the lack of a requirement for MHC presentation and costimulation, as well as PD-1 independence, may render them less vulnerable to treatment resistance, although they are still susceptible to antigen downregulation and are dependent upon TMET cell recruitment.⁷³ While antigen-specific T cells are not required for BiTE efficacy, recruitment of T cells that can target other

neoantigens may be necessary to overcome tumor cellular and molecular heterogeneity.

Mechanisms of Immunotherapy Resistance

Multiple mechanisms account for immunotherapy resistance in glioma, including both endogenous and exogenous etiologies.⁷⁵ Endogenous mechanisms are intrinsic to the tumor, such as low mutational load and downregulation of antigens, while exogenous mechanisms rely on other cells within the TME, such as inhibitory immune cells and dysregulated T cell immune checkpoint molecule expression.⁷⁶

Mutational load is an important factor that determines the efficacy of immune checkpoint inhibitors. Somatic mutations accumulate over the course of tumor development, and can lead to the generation of neoantigens or novel tumor-specific mutant antigens, each capable of evoking CD8⁺ T cell-mediated anti-tumor responses. High tumor mutational burden is an independent predictor of immunotherapy response across a large variety of non-CNS tumor types.⁷⁷ While HGGs generally have a relatively low mutational burden, high mutational burden is associated with mismatch repair (MMR) loss, which is more frequently observed upon tumor recurrence.⁷⁸ Antigen downregulation or alternative splicing of antigens to remove the targeted epitope represents another mechanism of endogenous resistance. In Acute Lymphocytic Leukemia (ALL) clinical trials utilizing CD19 CAR T cells or blinatumomab BiTE therapy targeting CD19, some treatment-resistant patients exhibited novel isoforms of CD19, thus enabling immune escape.^{79,80}

While reducing target peptide levels accounts for some of the therapy resistance observed, increased expression of immune checkpoint molecules on T cells accounts for reduced T cell responses in some patients with high levels of target antigen, while other mechanisms, such as HGG-induced changes in MHC function, poor neoantigen quality, or high levels of tumor heterogeneity, are also operative.⁷⁵ Rational selection of combination therapies and the use of computational neoantigen prediction tools could improve outcomes.^{75,81}

Extrinsic mechanisms include immune checkpoint molecule upregulation on T cells, infiltration of immunosuppressive cells that block activated T cell function, and impaired migration of activated T cells to the glioma microenvironment. In this regard, treatment of HGG patients with an oncolytic adenovirus vector extended overall survival, as well as reduced TIM-3 checkpoint molecule expression on CD8⁺ T cells.⁶⁹ Another approach to potentiate immune checkpoint blockade is targeting the immunosuppressive cells in the TME (TAMs and Tregs), such as inhibiting colony stimulating factor-1 receptor (CSF1R) expression to attenuate tumor growth.⁸² Because Tregs can both promote tumor growth and exert immunosuppression through TGF- β expression,⁸³ combining immunotherapy with a TGF- β inhibitor may increase efficacy.⁸⁴ Future combination immunotherapies might be designed to increase tumor neoantigen expression (eg, oncolytic/immunogenic viruses) or activate T cells (eg, immune checkpoint blockade, BiTE, and/or CAR-T cells).

Challenges and Insights

While significant progress has been made, many fundamental aspects of T cell-glioma interactions remain incompletely understood, which should be the focus of future investigations (Figure 4). First, with the application of single cell analyses,^{1,85,86} it is apparent that numerous T cell populations reside within gliomas, each with potentially different functional roles in glioma biology. As such, unique T cell populations have been identified in HGGs that coexpress genes typically seen in NK cells (*KLRB1*; *CD161*), as well as T cells with cytotoxic, interferon-producing, effector memory, or stress-related transcriptomal signatures.³³ Moreover, these T cell populations may also be spatially heterogeneous, with TCF1⁺ T cells located closer to blood vessels and CD103⁺ resident T cells residing within the tumor parenchyma.⁵ In addition, the specific type of glioma may also influence its immune microenvironment, where *NF1*-mutant gliomas harbor more CD8⁺ than CD4⁺ T cells^{15,34} and malignant pediatric gliomas (diffuse intrinsic pontine glioma) lack increased T cell content.⁸⁷

Second, it is important to appreciate that T cells exist in distinct functional states, reflecting senescent, immunotolerant, immune-naïve, and exhausted phenotypes,⁴¹ which can change over time and in response to local tumor environmental signals. In this regard, T cell function is sculpted by numerous cues emanating from both neoplastic and nonneoplastic cell types in gliomas. Monocytes induced by tumor cells can attract T cells

through chemokine production,⁸⁸ modify their function through adenosine generation,⁸⁹ or activate them by functioning as APCs.⁹⁰ In addition, glioma cells can produce oncometabolites (eg, R-2-hydroxyglutarate) that suppress T cell activity⁹¹ or elaborate chemokines that attract T cells,²⁵ while neurons can induce T cell cytokines important for LGG progression.¹⁵

Third, additional study of the relationship between tumor mutational burden (TMB) and CD8⁺ T cell infiltration is warranted. While, one study of adult and pediatric gliomas revealed no association between CD8⁺ T cell influx and TMB or between tumor grade and TMB,⁷⁸ another study showed a positive correlation between glioma grade and TMB.⁹² It is possible that the recruitment and expansion of T cells in the glioma TME is dependent on the type, rather than the quantity, of mutations, such that some mutations might be more immunogenic than others.⁵ Alternatively, TMB, tumor homogeneity, and MHC expression together may predict T cell infiltration in glioma, as has been reported in lung cancer.⁹³ Elucidating how tumor mutational load impacts CD8⁺ T cell infiltration may improve our ability to predict which patients will respond to immunotherapies and design peptide vaccines, CAR-T cells, and/or BiTE molecules directed at particularly immunogenic neoantigens.

Finally, as a continually evolving ecosystem, T cell function can be altered by immunomodulatory treatments, such as Zika virus³² or poliovirus⁷¹ or by conventional or molecularly targeted chemotherapies.⁹⁴ Given the seminal role that T cells play in atopic diseases, like asthma and eczema, prior epidemiologic associations between

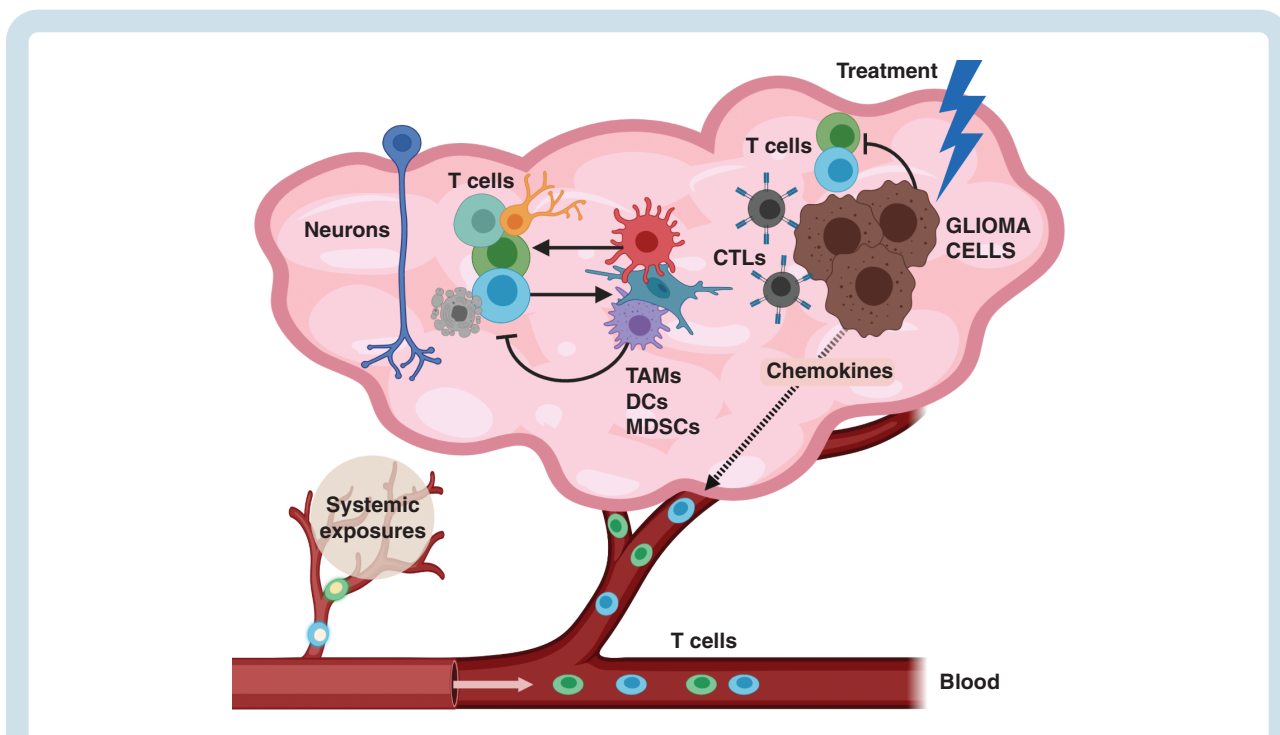


Fig. 4. The complex and ever-evolving immune microenvironment in glioma. In gliomas, numerous distinct populations of T cells exist, which could either increase or inhibit tumor cell expansion. In addition, both T cell infiltration and function can be controlled by both neoplastic (glioma cells) and nonneoplastic (neurons, TAMs, DCs, MDSCs) cells through paracrine factor signaling. Importantly, T cell function is also influenced by systemic exposures (eg, atopic conditions, like asthma), but also by tumor-directed therapies. Created with BioRender.

brain tumors and these conditions have been shown.^{95–97} In this regard, we have recently found that asthma induces the expression of decorin in T cells, which blocks microglia-mediated support of LGGs in experimental mouse models.⁹⁸ Defining how alterations in T cell function abrogate a permissive TME may lead to new “Trojan Horse” therapeutic approaches that interrupt the glioma ecosystem. As we begin to unravel the unique roles for T cells in glioma pathogenesis and progression, it is highly likely that more tailored and effective immune-based therapies will emerge.

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