

LETTER TO THE EDITOR

Antibody response to a third dose of SARS-CoV-2 vaccine in heart and lung transplant recipients

Morbidity and mortality from SARS-CoV-2 infection in heart (HT) and lung transplant (LT) recipients are high, especially for LT recipients, despite vaccination.¹ Despite severe COVID-19 outcomes, HT/LT recipients represent <10% of solid organ transplant recipients (SOTRs) included in cohort studies evaluating two and three dose regimens.² There is now strong evidence to support that SOTRs in a greater immunosuppressed state (common among HT/LT recipients) are at increased risk for persistent seronegative state post-D3.^{3,4} Therefore, we evaluated antispikes antibody responses before and after a third vaccine dose (D3) in HT/LT recipients to quantify post-D3 antibody responses.

One hundred and thirty-two HT and 91 LT recipients were prospectively recruited to our national observational study of vaccine outcomes in SOTRs. Demographics, transplant type and date, vaccine type and date, and immunosuppression medications were collected via patient report. Inclusion criteria included: English-speaking, age ≥ 18 years, having ≥ 1 pre-D3 antibody measurement, and no reported prior SARS-CoV-2 infection. Exclusion criteria included missing data on medications, combined HT-LT and/or kidney transplant status ($n = 4$), and belatacept use ($n = 2$).

Serologic antibody testing was performed on two commercial assays; the Roche Elecsys anti-SARS-CoV-2 receptor-binding domain (RBD) assay (range: .799–2500 U/ml, positive $\geq .8$ U/ml per manufacturer) or the EUROIMMUN antispikes (S1) assay (range: .1–8.94 arbitrary units (AU), positive ≥ 1.1 AU per manufacturer). Categories of positive response were further characterized based on published data in SOTRs: (i) ≥ 250 U/ml or ≥ 4 AU (consistent with potential neutralization of ancestral SARS-CoV-2 variants, i.e., “low-titer”), or (ii) ≥ 2500 U/ml or ≥ 8 AU (consistent with potential neutralization of Omicron sublineages, i.e., “high-titer”).⁶ This study was approved by the Johns Hopkins Institutional Review Board and participants provided informed consent electronically. Categorical variables were compared using Fisher’s exact testing and Wilcoxon Rank Sum Test for continuous variables. All statistical analyses were performed on STATA 17/SE for Windows (College Station, TX).

HT and LT recipients were similar with respect to age (median, interquartile range (IQR) 62(46–69) years), time since transplant (5(3–11) years), vaccines received (96% received three mRNA vaccines,

4% received two mRNA followed by one Ad.26.COVS.2 vaccine), time between the second and third vaccine (174 days (152–193, $p = .59$)), and antimetabolite use (68% vs. 79%, $p = .086$). However, more LT than HT recipients were female (62% vs. 47%, $p = .028$) and reported triple-immunosuppression (68% vs. 13%, $p < .001$); fewer reported taking the mammalian target of rapamycin (mTOR) inhibitors (15% vs. 28%, $p = .025$).

Before D3, 90/132(68%) HT and 39/91(43%) LT recipients were positive for anti-SARS-CoV-2 antibodies ($p < .001$). Of those tested 1-month post-D3, 100/111(90%) HT and 48/75(63%) LT recipients were seropositive. 86/111(77%) HT and 35/75(47%) LT recipients had anti-RBD ≥ 250 or anti-S1 ≥ 4 , while only 65/111(59%) HT and 19/75(25%) LT recipients had anti-RBD ≥ 2500 or anti-S1 ≥ 8 U/ml (“high” titers). Of those tested 3 months post-D3, 87/94(93%) HT and 45/68(66%) LT recipients were seropositive. 73/94(78%) HT and 26/68(38%) LT recipients had anti-RBD ≥ 250 or anti-S1 ≥ 4 , while only 54/94(57%) HT and 16/68(24%) LT recipients had high titers 3 months post-D3 (Figure 1). None sero-reverted (positive to negative) over the 3 months of follow-up post-D3 nor reported incident COVID-19.

In this larger series of HT and LT recipients, we observed profoundly suboptimal antibody responses to third dose SARS-CoV-2 vaccination, with poor seroconversion rates and lower titers than what has been reported for recipients of nonthoracic organ transplants.⁵ Most notably, a third of LT recipients remained seronegative despite full vaccination, with significantly lower antibody levels among responders compared to HT recipients (over half of whom showed high-level titers by 3 months post-vaccination). These differences appear associated with more intense immunosuppression in LT recipients, given a much higher frequency of tripe immunosuppressive regimens and less use of mTOR inhibitors than among HT recipients. Attenuated humoral vaccine response thus represents one potential mechanism for reported poorer outcomes in thoracic recipients after vaccination, in addition to other differences in physiological substrate. Within the current landscape of highly transmissible SARS-CoV-2 variants demonstrating immune escape, immunoprotection after full vaccination among thoracic recipients, particularly LT recipients, is uncertain and additional interventions such as booster dosing or passive antibody immunoprophylaxis appear indicated. Antispikes antibody testing after vaccination represents one component of personalized risk stratification efforts and counseling thoracic SOTRs.

Jennifer L. Alejo and Jessica M. Ruck contributed equally to this study.

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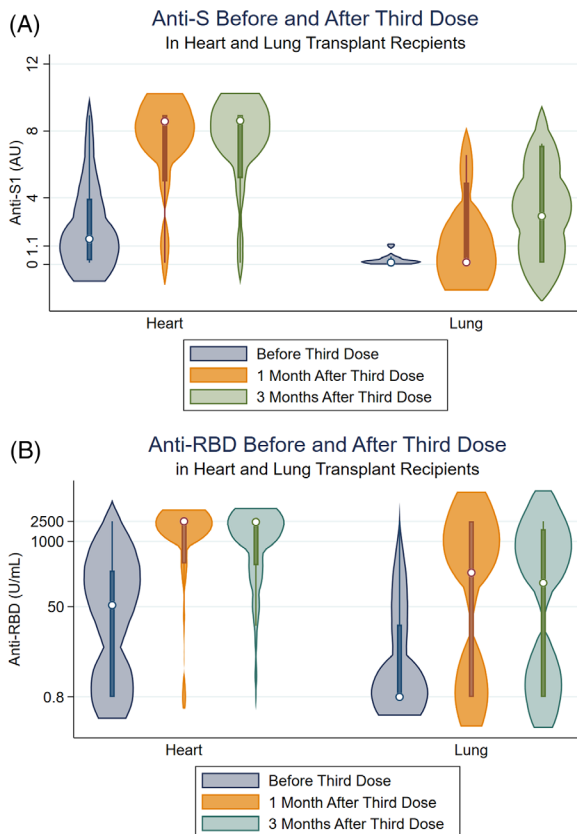


FIGURE 1 (A) Antibody response among heart and lung transplant recipients before and after receiving third vaccine against SARS-CoV-2. Median [IQR] anti-RBD before D3 was 53.4 [.79, 258.6] U/ml ($N = 92$) for heart and .79 [.79, 22.1] U/ml ($N = 80$) for lung transplant recipients. One month after D3, median [IQR] anti-RBD was 2500 [364.0, 2500] U/ml ($N = 70$) for heart and 237.5 [.79, 2500] U/ml ($N = 68$) for lung transplant recipients. Three months after D3, median [IQR] anti-RBD was 2500 [339.2, 2500] U/ml ($N = 67$) for heart and 83.1 [.79, 2072] U/ml ($N = 61$) for lung transplant recipients. (B) Median [IQR] anti-S before D3 was 1.53 [.26, 3.92] AU ($N = 40$) for heart and .12 [.1, .35] AU ($N = 11$) for lung transplant recipients. One month after D3, median [IQR] anti-S was 8.57 [4.97, 8.94] AU ($N = 33$) for heart and .13 [.1, 4.9] AU ($N = 7$) for lung transplant recipients. Three months after D3, median [IQR] anti-S was 8.76 [5.34, 8.94] AU ($N = 27$) for heart and 1.43 [.1, 7.22] AU ($N = 7$) for lung transplant recipients.

AUTHOR CONTRIBUTIONS

Substantial contributions to the conception or design of the work: Jennifer L. Alejo, Jessica M. Ruck, Teresa P. Y. Chiang, Robin K. Avery, Aaron A. R. Tobian, Macey L. Levan, Daniel S. Warren, Allan B. Massie, William A. Werbel, Jacqueline M. Garonzik-Wang, and Dorry L. Segev. *Data analysis, acquisition, and interpretation:* Jennifer L. Alejo, Jessica M. Ruck, Teresa P. Y. Chiang, Aura T. Abedon, Jake D. Kim, Robin K. Avery, Aaron A. R. Tobian, Macey L. Levan, Daniel S. Warren, Allan B. Massie, William A. Werbel, Jacqueline M. Garonzik-Wang, and Dorry L. Segev. *Drafting the work or revising it critically for important intellectual content:* Jennifer L. Alejo, Jessica M. Ruck, Teresa P. Y. Chiang, Robin K. Avery, Aaron A. R. Tobian, Allan B. Massie, William A. Werbel, Jacqueline M. Garonzik-Wang, and Dorry L. Segev. *Critical manuscript revisions for important*

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CONFLICT OF INTEREST

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DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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