




A Co-Association of *Streptococcus mutans* and *Veillonella parvula/dispar* in Root Caries Patients and *In Vitro* Biofilms

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ABSTRACT Root caries in geriatric patients is a growing problem as more people are maintaining their natural teeth into advanced age. We determined the levels of various bacterial species previously implicated in root caries disease or health using quantitative real-time PCR in a pilot study of 7 patients with 1 to 4 root caries lesions per person. Levels of 12 different species on diseased roots compared to healthy (contralateral control) roots were measured. Four species were found at significantly higher levels on diseased roots (*Streptococcus mutans*, *Veillonella parvula/dispar*, *Actinomyces naeslundii/viscosus*, and *Capnocytophaga granulosa*) compared across all plaque samples. The level of colonization by these species varied dramatically (up to 1,000-fold) between patients, indicating different patients have different bacteria contributing to root caries disease. Neither of the two species previously reported to correlate with healthy roots (*C. granulosa* and *Delftia acidovorans*) showed statistically significant protective roles in our population, although *D. acidovorans* showed a trend toward higher levels on healthy teeth ($P = 0.08$). There was a significant positive correlation between higher levels of *S. mutans* and *V. parvula/dispar* on the same diseased teeth. *In vitro* mixed biofilm studies demonstrated that co-culturing *S. mutans* and *V. parvula* leads to a 50 to 150% increase in sucrose-dependent biofilm mass compared to *S. mutans* alone, depending on the growth conditions, while *V. parvula* alone did not form *in vitro* biofilms. The presence of *V. parvula* also decreased the acidification of *S. mutans* biofilms when grown in artificial saliva and enhanced the health of mixed biofilms.

KEYWORDS biofilms, metabolism, root caries

Root caries is a degradative disease of teeth where plaque microorganisms on exposed root surfaces generate acids, leading to demineralization of cementum and dentin (1). Proteolysis of the organic components of cementum and dentin (primarily collagen) can also facilitate the progression of this disease (2).

The microbiology of root caries has been an ongoing area of study. As the frequency of elderly patients keeping their natural teeth increases, so does the incidence of root caries in this population, largely due to the increased exposure of roots upon gingival recession. Several studies have indicated that *Streptococcus mutans* is highly associated with root caries due to its ability to efficiently generate lactic acid from carbohydrates (3, 4). In some studies, both *S. mutans* and *Lactobacillus* species were associated with the highest incidence of root caries (5, 6), and some studies showed the highest risk of root caries when both organisms were present on the same tooth (7, 8). Early studies also suggested a role for *Actinomyces*

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species in root caries (6); however, other studies have indicated no difference in colonization by *Actinomyces* species in carious versus healthy tooth roots (9, 10). In fact, in one study, *Actinomyces* species were detected more frequently in healthy controls rather than carious root lesions (11).

Studies using culture-independent microbiological techniques found elevated levels of previously unappreciated bacterial species such as *Olsenella* species, *Selenomonas* species, *Veillonella dispar*, *Prevotella multisaccharivorax*, *Prevotella denticola*, and *Propionibacterium acidifaciens* in carious root lesions (10, 12), as well as strains potentially protective against root caries disease, *Capnocytophaga granulorum* and *Delftia acidovorans* (12).

Given advances in the detection of nonculturable and slow-growing bacteria from the oral cavity using quantitative PCR and deep-sequencing techniques and the lack of consensus from previous studies regarding the role of certain microorganisms in root caries, we compared the microorganisms present in the plaque of carious root lesions in seven geriatric patients to the plaque of healthy contralateral control root surfaces in the same patients using quantitative PCR analysis for the detection of various bacteria previously implicated in the development of root caries or protection from root caries (4, 5, 7–15). To assess whether species found to be protective against enamel caries in some studies also protect against root caries, *Streptococcus sanguinis* and *Veillonella parvula* levels were also determined (16, 17). Finally, we also performed microbiome analysis on plaque from matched carious and healthy teeth from 5 of these patients to determine whether any novel bacterial not detected by our PCR analysis of 12 bacterial species were prevalent in our patient population.

We found the bacteria analyzed by quantitative PCR were a good reflection of those found in the complete microbiome analysis. Furthermore, we found a strong correlation between *S. mutans* and *V. parvula/dispar* with carious lesions as well as with each other. Unlike a previous study (12), we found a positive correlation between *C. granulosa* and root caries, rather than a protective role for this species. *In vitro* biofilm studies were performed to more closely assess the relationship between *S. mutans* and *V. parvula*. Finally, we present the data from our quantitative PCR analysis at various levels of analysis (as an aggregated group, on a patient-by-patient basis, and as a tooth-by-tooth comparison) to demonstrate the importance of presenting the data at various levels of analysis to observe differences that are masked when the data are presented solely as an aggregate of measurements across numerous patients.

RESULTS

Analysis of three traditional root caries species. Given previous studies implicating *S. mutans*, *Actinomyces* species, and/or *Lactobacillus* species in root caries, we initially analyzed the levels of these organisms in root caries lesions by using 14 paired carious and non-carious teeth from 7 geriatric root caries patients. Our pairwise analysis demonstrated that in 5 out of 7 cases where significantly higher *S. mutans* were found on one tooth in a pair, the tooth with higher *S. mutans* levels was the carious tooth (Fig. 1A). Only four pairs of teeth showed a tooth with a statistically significant difference in *Actinomyces naeslundii/viscosus* colonization comparing carious to noncarious teeth. In three cases, the tooth with more *A. naeslundii/viscosus* was carious (Fig. 1A). Tooth 32 in patient 3 and tooth 29 in patient 6 had especially high levels of *Actinomyces naeslundii/viscosus* compared to their healthy contralateral controls (Fig. 1A). The PCR primer used in this study recognized both *A. naeslundii* and *A. viscosus*, but not *Actinomyces odontolyticus* (see Fig. S1 in the supplemental material). *Lactobacillus casei* levels were low on all teeth tested (<0.01% of total plaque bacteria; Fig. 1A), and general *Lactobacillus* species levels were <0.1% of total plaque bacteria on all but one tooth tested (tooth 24 in patient 2; Fig. S2), suggesting *Lactobacillus* did not contribute to caries in our patients.

We also determined overall colonization trends within each patient by aggregating data from all carious teeth or healthy controls within an individual. These analyses demonstrated that in only 3 out of 7 patients did we find a significantly elevated level of *S. mutans* on carious teeth (Fig. 1B), and in 0 out of 7 patients, we found elevated levels of *A. naeslundii/viscosus* on diseased teeth (Fig. 1C; patient 7 showed a trend toward increased *A. naeslundii/*

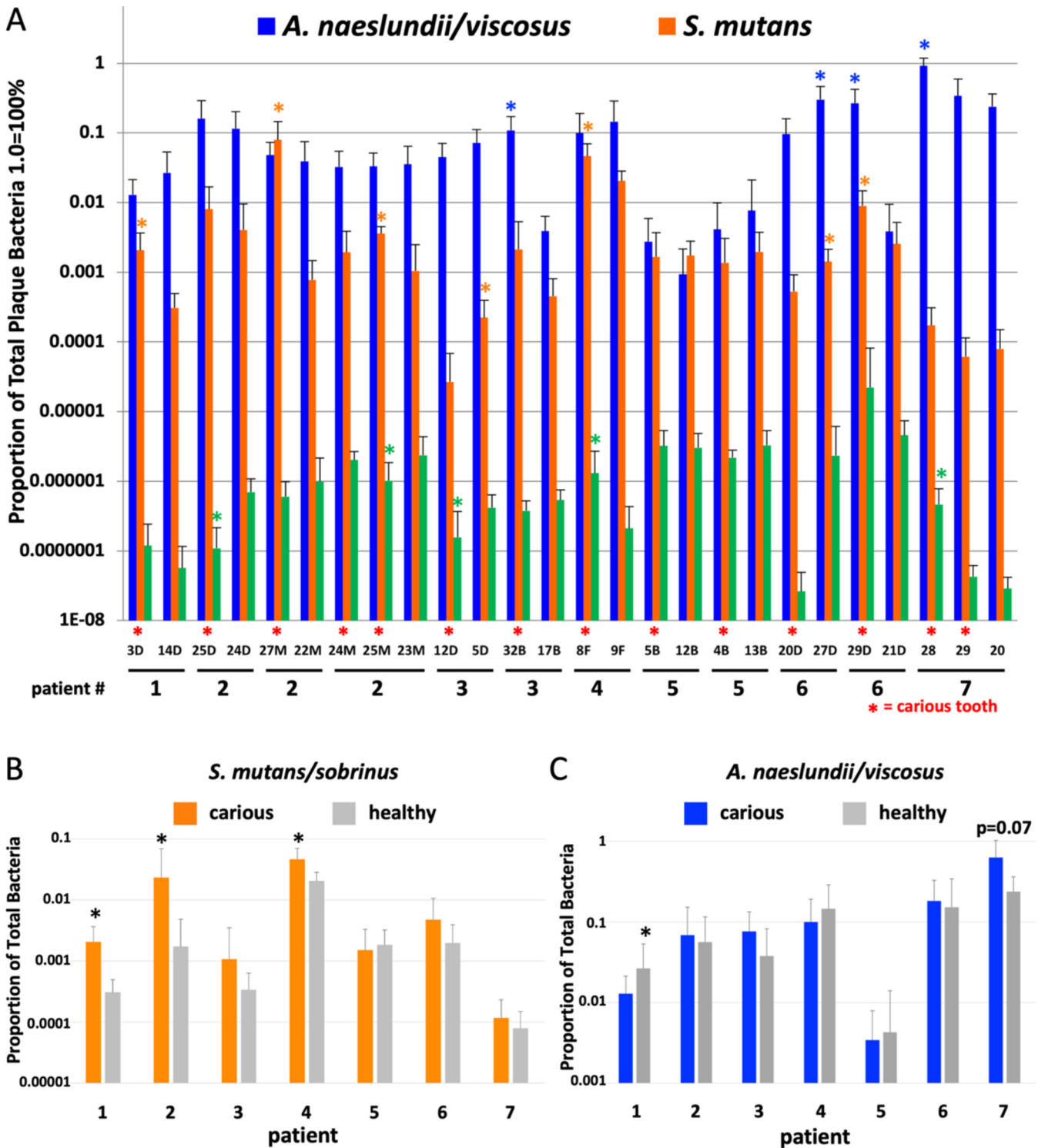


FIG 1 Reverse transcription-quantitative PCR (qRT-PCR) analysis of DNA isolated from plaque from seven root caries patients ($n = 6$ to 8). Five of seven teeth with increased *S. mutans* levels relative to their contralateral controls had caries. Three of four teeth with increased *Actinomyces* levels relative to their contralateral controls had caries. In general, *Lactobacillus* levels on all teeth were low, but in two cases, increased *Lactobacillus casei* levels correlated with caries. (A) Analysis of three species by tooth pair (carious and noncarious). (B and C) Analysis of *S. mutans/sobrinus* (B) or *Actinomyces naeslundii/viscosus* (C) by combining colonization levels of all carious or healthy teeth per patient. *, $P \leq 0.05$ by Student's t test (A) or Mann-Whitney test for multiple teeth per patient (B and C). Tooth numbers are shown in panel A. Tooth surfaces are represented as follows: D, distal; M, mesial; B, buccal; and F, facial.

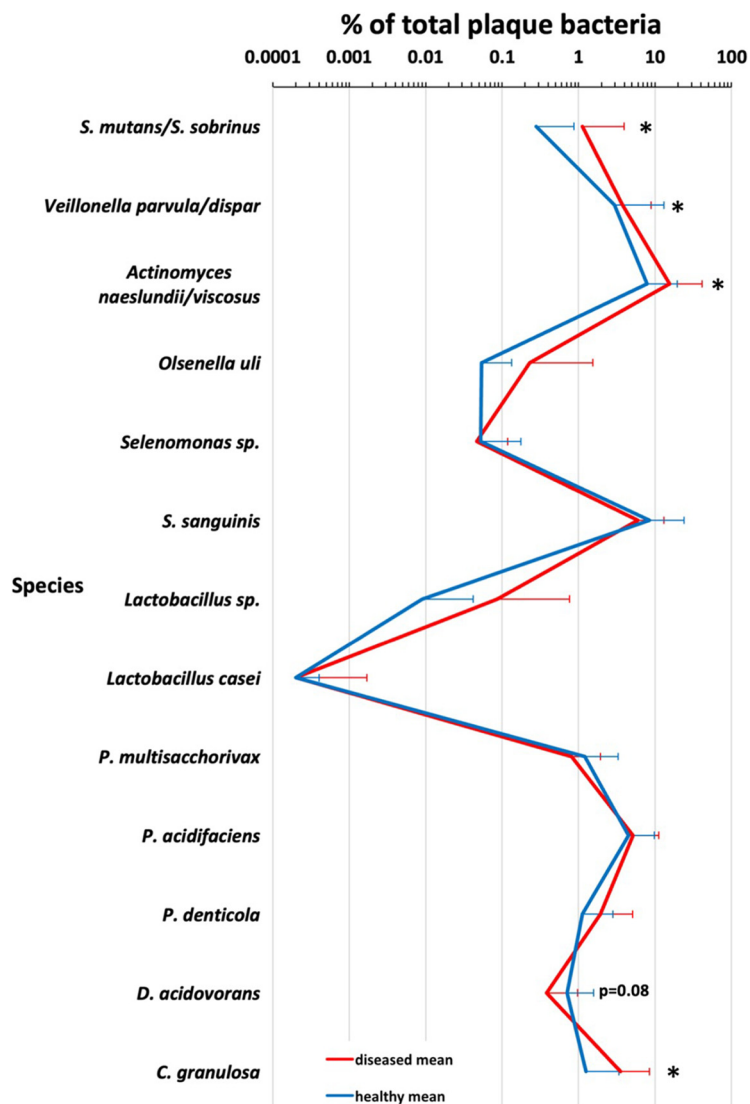


FIG 2 Four species tested showed a correlation between higher levels on teeth and caries, including *S. mutans*, *A. naeslundii/viscosus*, *V. parvula/dispar*, and *C. granulosa*. One species, *D. acidovorans*, showed a trend toward association with health ($P = 0.08$). *, $P < 0.05$ using Mann-Whitney multivariate logistic regression analysis to account for differences between patients. $n = 6$ to 10 , except general *Lactobacillus* species, where $n = 3$ to 7 .

viscosus on diseased teeth; $P = 0.07$). However, if one combines data from all patients into just two categories, carious lesion versus noncarious teeth, one finds *S. mutans* and *A. naeslundii/viscosus* are then significantly higher on diseased teeth (Fig. 2; $P = 0.014$ and $P = 0.03$, respectively). These analyses emphasize the importance of analyzing microbiological data for root caries at various levels of sample grouping.

Assessment of *Olsenella uli* and *Selenomonas* species association with root caries. We next investigated two more recently appreciated genera identified previously in root caries studies, *Selenomonas* species and *Olsenella* species (10). We rarely found statistically higher levels of either bacterium on a carious tooth compared to its matched contralateral healthy control, and levels of each genus were generally low, composing only about 0.01 to 0.1% of the total microbial population (Fig. S2 and S3). Our *Selenomonas*-specific primer was designed to detect *Selenomonas* strain CS002 (10); however, whole-microbiome analysis indicated increased levels of *Selenomonas noxia* in some patients, although, in some cases, high levels of *S. noxia* were found on healthy teeth (Table S3).

***S. sanguinis* is not associated with reduced *S. mutans* root colonization.** Previous studies have suggested elevated levels of *S. sanguinis* on enamel surfaces lead to reduced *S. mutans* levels and reduced caries risk (17–19). Thus, we compared the levels of *S. mutans* and *S. sanguinis* on healthy and diseased tooth pairs from our seven patients. There was no inverse correlation in the levels of *S. mutans* and *S. sanguinis* on root surfaces and no protection from root caries by elevated levels of *S. sanguinis* (Fig. S4 and Table S2). In fact, in only 3 out of 7 cases where higher levels of *S. sanguinis* were detected on one tooth in a pair did we detect a concomitant decrease in *S. mutans* colonization relative to the other tooth, and 4 out of 7 times, the increased levels of *S. sanguinis* were on the carious tooth rather than the healthy tooth (Fig. S4).

***V. parvula/dispar* are associated with plaque containing elevated levels of *S. mutans* and root caries.** There are conflicting reports in the literature regarding the role of *Veillonella* species in *S. mutans*-mediated caries. In one study, coinoculation with *Veillonella alcalescens* led to protection from caries (20), while in another study, *Veillonella alcalescens* coinoculation increased enamel degradation by *S. mutans* in an artificial mouth model (21). An association has also been found with elevated *Veillonella* species in early childhood caries (19, 22), and *V. dispar* was associated with higher levels of root caries in one study (12). Thus, we sought to determine whether our patient pool had any association between *Veillonella* species and root caries or root health. Dramatically, *V. parvula/dispar* levels in our population were the most highly correlated with increased root caries risk. In 8 out of 9 times that one tooth in the pair had statistically higher levels of *V. parvula/dispar*, that tooth was carious (Fig. 3A). This correlation between *V. parvula/dispar* and caries was maintained in 3 out of 7 patients when all data from each patient were combined, with a strong trend toward caries in a fourth patient (patient 3, $P = 0.06$) (Fig. 3B). There were also higher levels of *V. parvula/dispar* when all patient data were combined comparing all carious teeth to all healthy teeth (Fig. 2). Finally, since *V. parvula/dispar* can metabolize lactic acid released by *S. mutans*, we determined whether there was a positive correlation between *S. mutans* and *V. parvula/dispar* levels. In three patients (patients 2, 5, and 6), we found a strong or very strong positive correlation between *V. parvula/dispar* and *S. mutans* colonization levels (Table 1) as well as when we aggregate data from all seven patients on carious teeth (Table 1). The seemingly large negative correlation between *V. parvula/dispar* and *S. mutans* in patient 4 is not statistically significant due to the low number of affected teeth (1) and measurements in this patient (Table 1; $n = 6$).

Assessment of other species more recently found associated with root caries confirms the role of some, but not all, in disease and health. Chen et al. studied 21 patients with root caries and found several species associated with root caries or health (12). While their findings supported the role of *S. mutans* and *Actinomyces* species identified in previous studies, they also identified three new species associated with root caries, *Prevotella multisaccharivorax*, *Prevotella denticola*, and *Propionibacterium acidifaciens*, and two species associated with health, *Delftia acidovorans*, and *Capnocytophaga granulosa*. We designed PCR primers to detect these species as well and assessed the levels of these species in our patient population. Compared at the patient level, we found *P. denticola* was elevated on carious teeth in 3 out of 7 patients, yet it was also elevated on healthy teeth in 3 out of 7 patients (Fig. 4A). Furthermore, when aggregated across all patients, there was no statistical difference in *P. denticola* levels on carious or noncarious teeth (Fig. 2). This finding illustrates the importance of looking at colonization levels at various levels of grouping, as trends in multiple patients can be lost when all patients are aggregated together. Correlations between *P. acidifaciens* and *P. multisaccharivorax* and caries were less dramatic, with elevated levels on carious teeth in 2 out of 7 and 1 out of 7 patients, respectively (Fig. 4B and C). As with *P. denticola*, neither *P. multisaccharivorax* nor *P. acidifaciens* showed a higher association with caries when data from all patients were aggregated (Fig. 2). For *D. acidovorans*, a species previously associated with health (12), at the patient level, 2 out of 7 times, higher levels of this organism were associated with a patient's healthy teeth, yet 2 out of 7 times, it was associated with diseased teeth (Fig. 4D). However, if data are combined from all patients' carious teeth and healthy teeth, we find a trend toward *D. acidovorans* and health (Fig. 2), but the association does not reach statistical significance ($P = 0.08$, using logistic regression to account for the

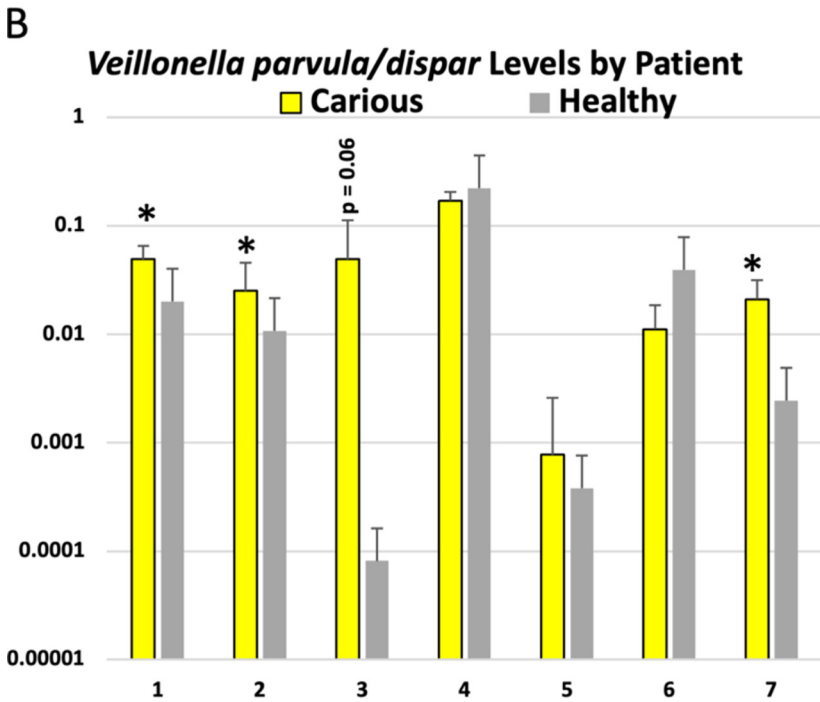
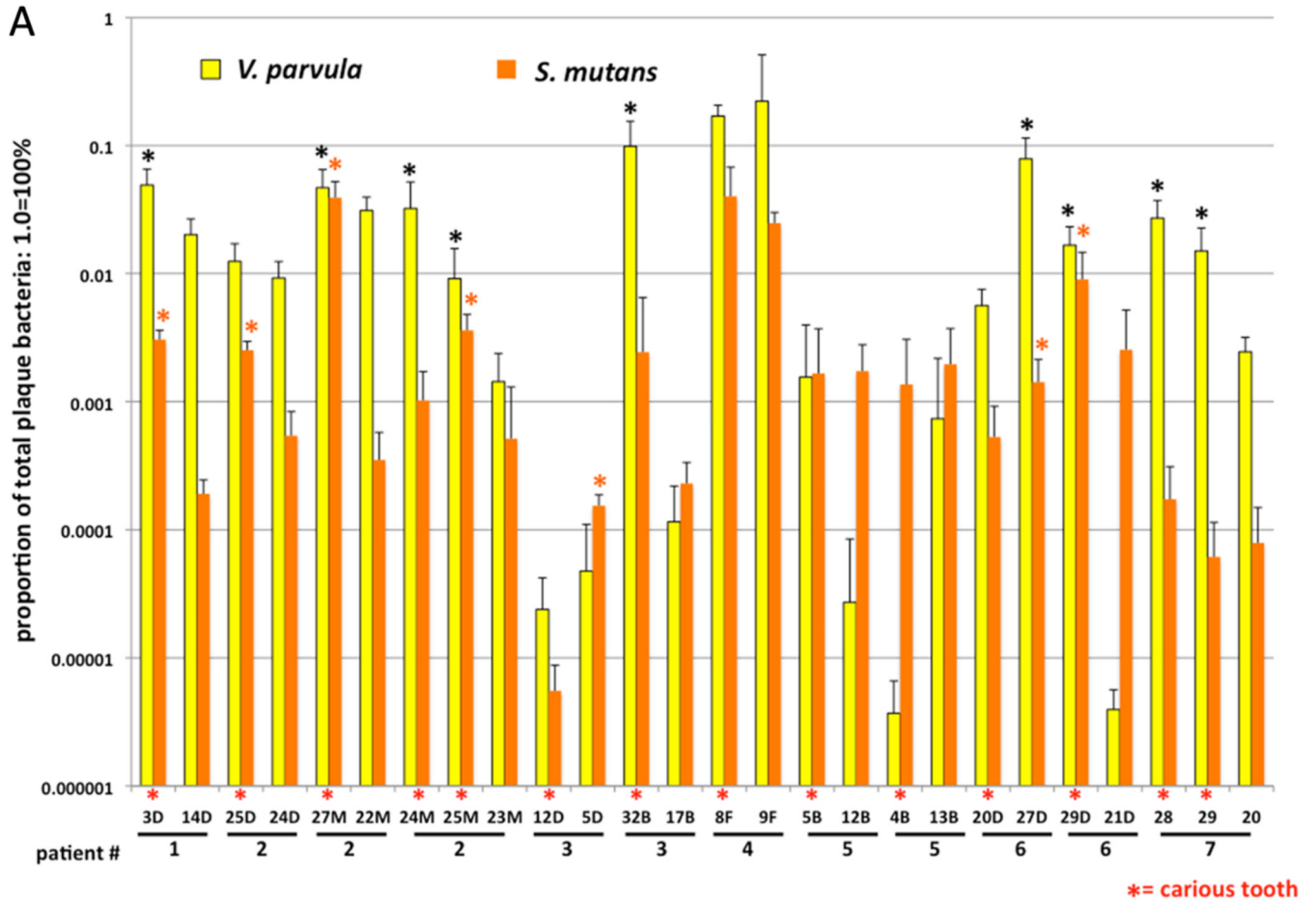


FIG 3 qPCR analysis of *S. mutans* and *V. parvula/dispar* in plaque-isolated DNA from seven root caries patients ($n = 6$ to 8). Given previous studies suggesting *Veillonella* species can be associated with increased caries risk or lower caries risk (20, 21), we sought to assess *Veillonella* levels in our root caries samples. In 8 (Continued on next page)

TABLE 1 *S. mutans* and *Veillonella parvula/dispar* correlation coefficients for carious teeth^a

Group	<i>r</i>	<i>P</i> value	No. of bacteria
Aggregate	0.389	<0.001	84
Patient 1	0.271	0.603	6
Patient 2	0.607	0.002	24
Patient 3	0.180	0.575	12
Patient 4	−0.392	0.442	6
Patient 5	0.585	0.046	12
Patient 6	0.909	<0.001	12
Patient 7	−0.047	0.884	12

^aColonization levels for *S. mutans* and *V. parvula/dispar* on all diseased teeth from each person or the aggregate of all 7 patients together were compared using the Pearson's correlation coefficient (*r*). If *r* is equal to 0.3 to 0.39, there is a moderate positive correlation between the species. When *r* equals 0.4 to 0.69, there is a strong positive correlation between the species, and if *r* is ≥ 0.7 , there is a very strong correlation. All values ≥ 0.3 are in bold. In 3 out of 7 patients, there was a strong or very strong correlation between the levels of *S. mutans* and *V. parvula/dispar* on carious teeth. Furthermore, when all patients were combined (aggregate), there was still a correlation between the levels of *S. mutans* and *V. parvula/dispar*. For the one case (patient 4) where a negative correlation was found, the difference was not significant ($P = 0.442$).

variability between patients). Contrary to previous findings (12), we found *C. granulosa* to be associated with caries rather than health when teeth from all patients were compared (Fig. 2). This was also true at the patient level, with 4 out of 7 patients showing higher levels of *C. granulosa* on carious teeth and only 1 out of 7 having increased levels of *C. granulosa* on healthy teeth (Fig. 4E).

Microbiome analyses confirm findings from qPCR. Since quantitative PCR (qPCR) data are limited to species targeted for PCR based on previous studies, we also performed whole-microbiome analyses on 10 plaque samples (patients 1 to 5, paired carious and non-carious samples) using the entire 16S rRNA sequence (Fig. 5; Table S3). There were no clearly predominant genera from the microbiome analysis that we missed in our qPCR analysis (using a cutoff of 5% of the total microbiome). Furthermore, at the species level, the abundance of *S. mutans* found in the microbiome analysis generally reflected the qPCR findings (Fig. 1 and 5; Table S3). Furthermore, while our species-specific PCR primers would not be expected to distinguish between *S. mutans* and *Streptococcus sobrinus* (both members of the mutans streptococci group), microbiota analysis indicated that the majority of the mutans streptococci present were *S. mutans* (Table S3). Similarly, when *V. dispar* was identified by microbiome analysis, it was never $> 1\%$ of the total microbiome, suggesting the species indicated by *Veillonella* spp. in the microbiota analysis may be primarily *V. parvula* rather than *V. dispar* (Table S3). Unfortunately, while *Actinomyces* species were well represented in the microbiome analysis, the most prominent species could not be clearly identified at the species level (*Actinomyces* sp.) (Table S3), although we suspect it is *A. naeslundii* or *A. viscosus* based on our species-specific PCR results.

Since our *Selenomonas* CS002-specific primer only recognizes certain strains of *Selenomonas*, microbiome analysis was key in identifying *S. noxia* in a number of plaque samples, although in some cases, the highest level was found on the healthy tooth in the pair.

Finally, as indicated by our species-specific PCR, *Lactobacillus* species were notably absent from the microbiota analysis, indicating their relatively low abundance in the patients tested.

Co-culturing of *S. mutans* and *V. parvula* leads to enhanced biofilm formation. Numerous studies have shown important metabolic interactions between *S. mutans* and *Veillonella* species (20, 21, 23–28). Since we found a correlation between high levels of *S. mutans* and high levels of *V. parvula/dispar* (Table 1), we used an *in vitro* biofilm system to assess biofilm formation by *S. mutans* and *V. parvula* alone and in combination as well

FIG 3 Legend (Continued)

out of 9 cases where one tooth was more highly colonized by *Veillonella* (shown with an asterisk), that tooth was carious. Furthermore, in 5 out of 8 cases, that higher level of *Veillonella* was associated with an increased level of *S. mutans* (shown with an asterisk). Data were analyzed by paired-tooth analysis (A) or as aggregates of carious or healthy teeth in each patient (B). *, $P \leq 0.05$ by Student's *t* test (A) and Mann-Whitney test for multiple teeth (B). Student's *t* test was used in panel B if only one carious and one healthy tooth was present in the patient (patients 1 and 4).

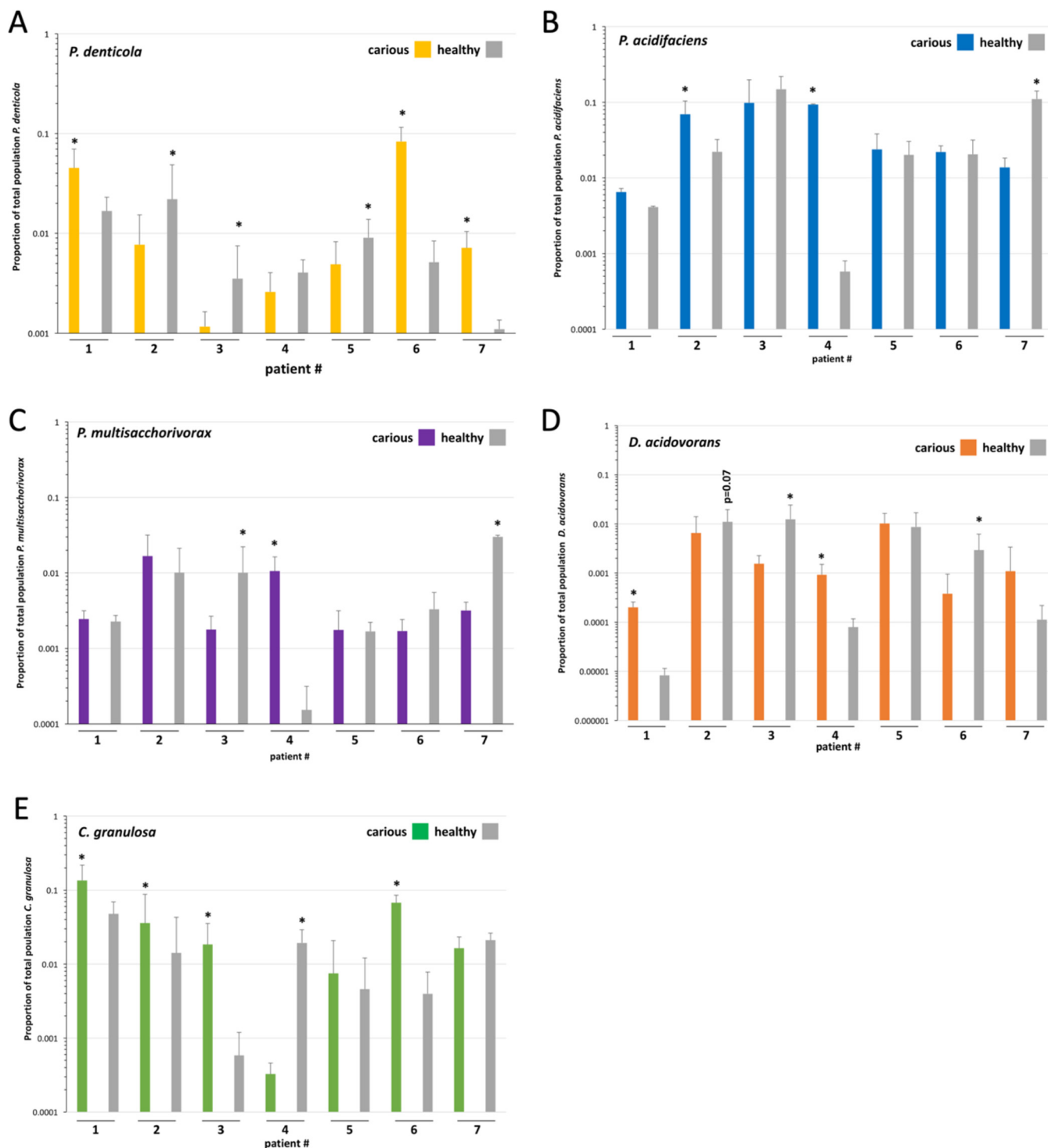


FIG 4 qPCR analysis of plaque-isolated DNA from seven root caries patients for *Prevotella denticola* (A), *Propionibacterium acidifaciens* (B), *Prevotella multisaccharivorax* (C), *Delftia acidovorans* (D), and *Capnocytophaga granulosa* (E) ($n = 6$). All data are presented as aggregates of carious or healthy tooth colonization levels per patient. Tooth pair analysis is shown in Fig. S5 in the supplemental material. *, $P \leq 0.05$ by the Mann-Whitney test for multiple teeth and Student's t test if only one carious and one healthy tooth was present in the patient (patients 1 and 4).

as assessed the impact of *V. parvula* on culture acidification by *S. mutans*. *S. mutans* strain ATCC 25175, when combined with *V. parvula* (ATCC 10790), led to a 50% increase in biofilm formation relative to *S. mutans* alone in rich medium (*Brucella* broth with vitamin K and hemin) (Fig. 6A). *V. parvula* incorporation in the biofilm did not reduce acidification by *S. mutans* in rich medium with 0.5% sucrose (Fig. 6A). *V. parvula* alone was not able to

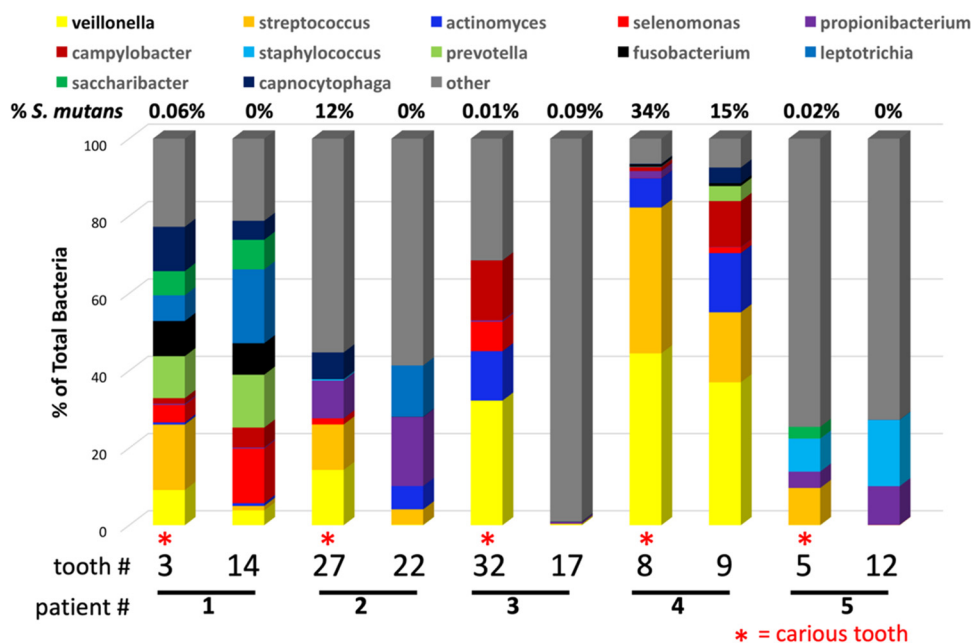


FIG 5 Microbiome analysis of 10 samples from patients 1 to 5. Following PCR amplification of the plaque DNA samples by using universal 16S rRNA primers, the entire 16S rRNA locus was sequenced and analyzed by Molecular Research DNA Analysis, Inc. Any genus that represented >5% of the total population in either the carious or health tooth was illustrated. A complete table of microbiome results at the genus and species levels of identification can be found in Table S3 in the supplemental material.

establish a robust biofilm in our system (Fig. 6A). However, when grown as part of a mixed biofilm, *V. parvula* made up ~50% of bacteria present in the biofilm (Table S4). The robust growth of *V. parvula* in mixed biofilms was due to metabolism of lactate produced by *S. mutans* to acetate and propionate by *V. parvula* as determined by quantitative nuclear magnetic resonance (NMR) analysis of culture supernatants (Table S5).

When artificial saliva (29) was used rather than rich medium, we saw a similar enhancement in biofilm formation due to the addition of *V. parvula* (Fig. 6B). Since the buffering capacity of artificial saliva is more similar to natural saliva than rich medium and bacterial growth was less robust, *S. mutans*-mediated strong acidification (pH ~4) took as long as 72 h, and *V. parvula* co-culturing reduced the acidity by ~1.5 pH units, even in week-old biofilms (Fig. 6B). If biofilms were initiated with a reduced inoculum (optical density at 600 nm [OD₆₀₀] of 0.1 rather than 1.0), almost no acidification occurred by 24 h, even with *S. mutans* alone (data not shown), but by 72 h, biofilm levels were similar to those inoculated at an OD of 1.0, and *V. parvula* still led to decreased acidity when combined with *S. mutans* (Fig. 6C).

To determine if paired clinical isolates of *S. mutans* and *V. parvula* from one of our patients with high *Veillonella* levels (patient 4) (Fig. 5) also form interactive biofilms, we isolated pure clinical isolates of *S. mutans* and *V. parvula* from teeth 8 and 9 of patient 4 (Materials and Methods). Culturing paired clinical isolates from the carious lesion in patient 4 (tooth 8) also led to enhanced biofilm formation when *S. mutans* and *V. parvula* were combined compared to biofilms by *S. mutans* from that patient alone (Fig. 6D). *S. mutans* and *V. parvula* from the healthy contralateral (neighboring) control tooth of patient 4 (tooth 9) were also able to form enhanced biofilms (Fig. 6D). As with ATCC type strains (*S. mutans* 25175 and *V. parvula* 10790), the presence of a *V. parvula* clinical isolate led to a statistically significant reduction in the acidity of *S. mutans* biofilms from *S. mutans* isolated from the same plaque sample and even *V. parvula* from the neighboring tooth (Fig. 6D). It should be noted that pairing of *S. mutans* from tooth 8 with *V. parvula* from tooth 8 gave the most robust biofilm (>100% increase over *S. mutans* alone), and this biofilm enhancement was statistically higher than that found when *S. mutans* from tooth 8 (diseased) and *V. parvula* tooth 9 (healthy) were combined ($P = 0.03$) (Fig. 6D).

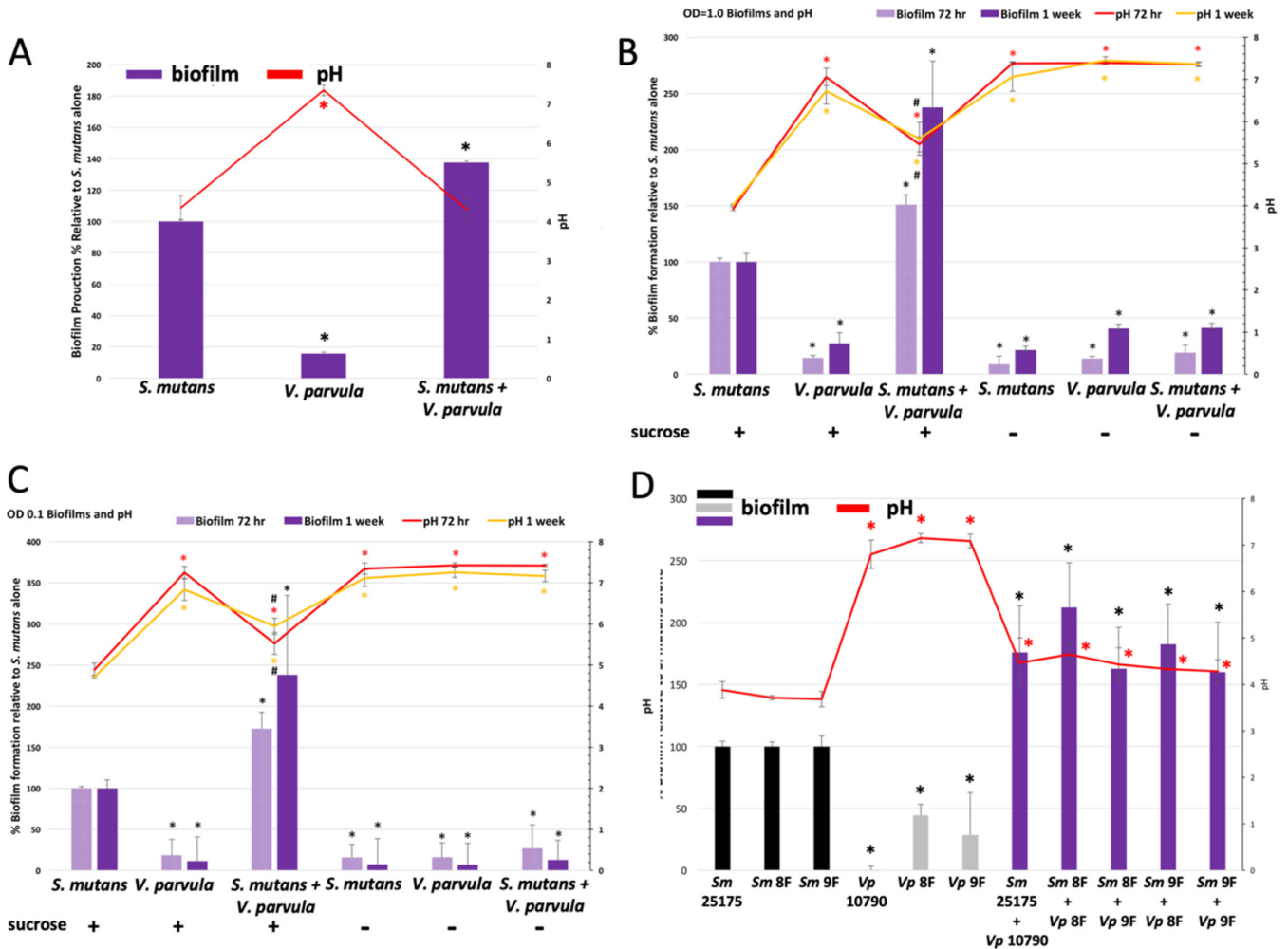


FIG 6 Co-culturing of *S. mutans* with *V. parvula* leads to enhanced biofilm formation. Cultures were grown for 24 h, 72 h, or 1 week in an anaerobic chamber prior to processing the biofilms and measuring the pH of the supernatants. Biofilms were formed in BB+ broth with 0.5% sucrose (A) or artificial saliva with 0.5% sucrose (B to D) (29). Bacteria were inoculated at a starting OD₆₀₀ of 1.0 (A, B, and D) or 0.1 (C) by using *S. mutans* ATCC 25175 and *V. parvula* ATCC 10790. (D) *S. mutans* and *V. parvula* clinical isolates from patient 4 (teeth 8 and 9) were also assessed for biofilm formation and acidification. *, *P* ≤ 0.05 by Student's *t* test.

The presence of *V. parvula* reduces *S. mutans* membrane permeability. Since, in the presence of *V. parvula*, *S. mutans* biofilms were less acidic and potentially presented a more hospitable environment for both species, we assessed membrane permeability of biofilm-grown cells using a traditional LIVE/DEAD stain of SYTO 9 (live, green) and propidium iodide (PI) (red, dead). Twenty-four-hour biofilms initiated with *S. mutans* with or without *V. parvula* at an OD₆₀₀ of 1.0 in artificial saliva with 0.5% sucrose were grown in 4-well microscope chamber slides. In the presence of *V. parvula*, mixed biofilms were less permeable to the membrane-impermeant dye PI and thus were greener than *S. mutans* grown alone (Fig. 7A and B). This increase in green staining in the presence of *V. parvula* was also reflected in the calculation of a LIVE/DEAD (green/red) ratio in a parallel 24-well plate treated identically to the 4-well chamber slides (Fig. 7F). The presence of *V. parvula* also resulted in an increase in pH from pH 3.7 to 4.9 (less acidic), as expected (Fig. 7A, B, and E). Control biofilms treated with Listerine Naturals for 10 min were completely red, as expected for dead cells. CFU analysis confirmed Listerine-treated biofilms lost >10⁶-fold viability (data not shown).

Co-culturing of *S. mutans* with *V. parvula* does not result in upregulation of glycosyltransferases in artificial saliva. One possible cause of the enhanced biofilm mass observed when *S. mutans* and *V. parvula* are cocultured is the upregulation of glycosyltransferase genes of *S. mutans* (*gtfB*, *gtfC*, and *gtfD*) leading to enhanced extracellular polysaccharide (glucan) production and a supplemented biofilm architecture. *S. mutans* *gtfB* and *gtfC* have been proposed to be upregulated in rich media when grown with *V. parvula*

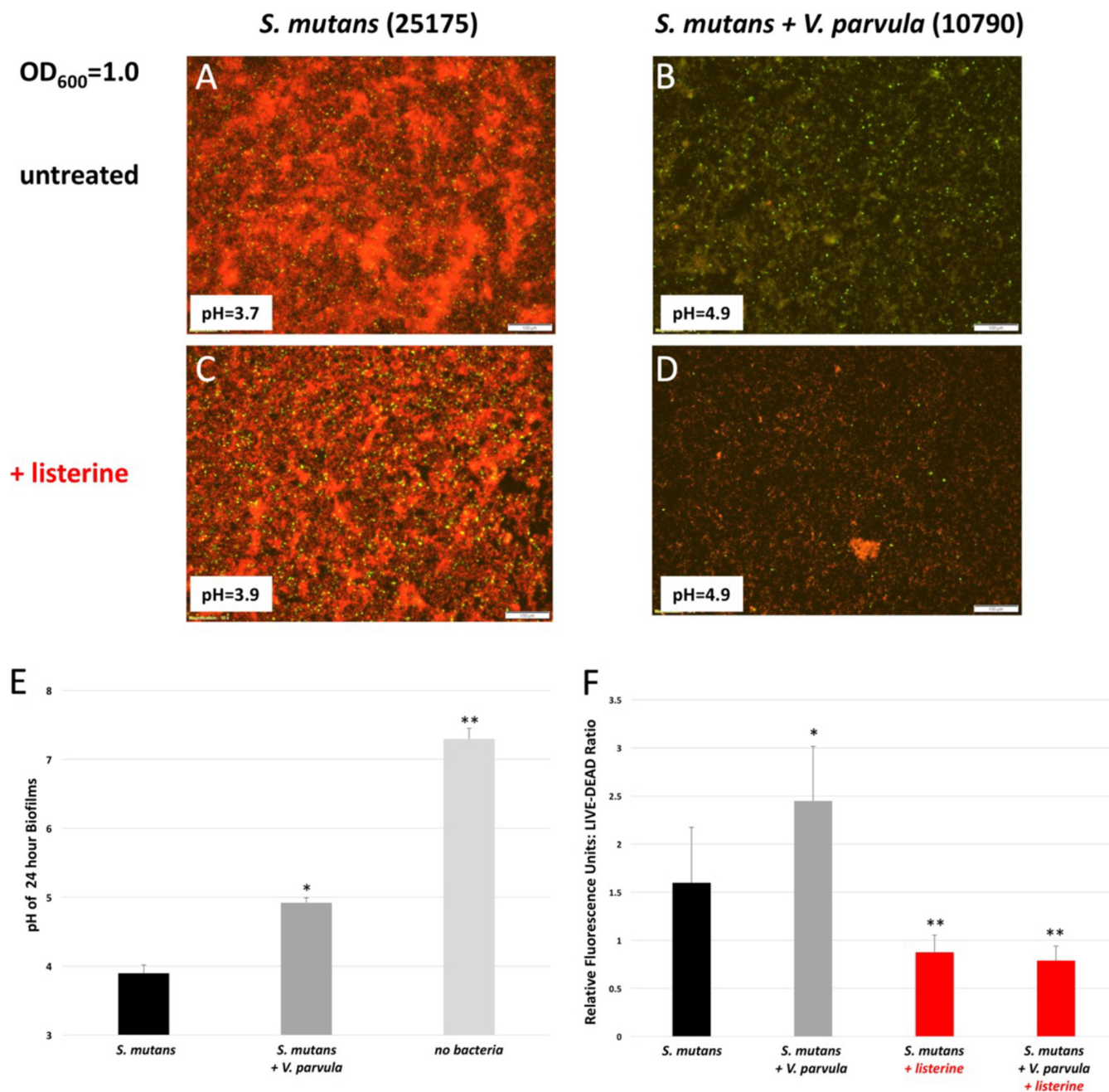


FIG 7 *V. parvula* enhances the health of *S. mutans* biofilms. *S. mutans* biofilms with or without *V. parvula* were initiated with cultures at an OD₆₀₀ of 1.0 and grown for 24 h in artificial saliva with 0.5% sucrose. Biofilms were stained with SYTO 9 (green, live) and propidium iodide (red, dead) for LIVE/DEAD staining followed by fluorescence microscopy (A to D) or LIVE/DEAD ratio measurements in a plate reader (F). (E) pH levels from both microscope slide wells and 24-well plates were measured. As a control for dead cells, Listerine Naturals was used to kill biofilms for 10 min prior to imaging. The pH for individual wells used for imaging are shown as inserts to the image. (A to D) Shown are images from the same day, representative of results from 3 different days. pH measurements constitute measurements averaged from 16 wells over 8 experiments. (E) *, $P < 0.01$ relative to *S. mutans* 25175; **, $P < 0.01$ relative to *S. mutans* 25175 with *V. parvula* 10790 by Student's *t* test. (F) *, $P < 0.01$ relative to *S. mutans* 25175; **, $P < 0.01$ relative to *S. mutans* 25175 or *S. mutans* 25175 with *V. parvula* 10790 without Listerine by Student's *t* test.

previously (28). We assessed the levels of *gtfB*, *gtfC*, and *gtfD* in *S. mutans* relative to the RNA polymerase β -subunit-encoding gene *rpoB* in the presence or absence of *V. parvula* strains ATCC 10790 and ATCC 17745. We found no increase in the expression of *gtfB*, *gtfC*, and *gtfD* relative to *rpoB* in the presence of either *V. parvula* strain (Fig. S6). The only statistically significant change we observed was that *gtfC* was significantly reduced when *S. mutans* 25175 was grown in the presence of *V. parvula* 17745 (Fig. S6).

DISCUSSION

Our data reveal that high levels of *S. mutans* and *V. parvula/dispar* are predictive of root caries and that these two species cooperate to form a more robust biofilm than *S. mutans* alone (Fig. 1, 2, 3, and 6; see Fig. S2 in the supplemental material). While *Actinomyces naeslundii/viscosus* showed a slight increase in colonization levels on carious teeth when all patients were aggregated (Fig. 2), no single patient had a statistically significant increase in *Actinomyces naeslundii/viscosus*. Previous studies have provided conflicting evidence regarding the association of *Actinomyces* species and root caries (6, 8–10).

While previous studies had suggested a protective role for *C. granulosa* in root caries (12), we found a higher level of *C. granulosa* on carious teeth when all patients were aggregated (Fig. 2), and 3 out of 7 patients had higher levels of *C. granulosa* on carious teeth (Fig. 4). Future studies will investigate this potential contribution of *C. granulosa* to root caries. We note our V6F *C. granulosa* primer can also efficiently amplify the 16S rRNA gene from *Capnocytophaga gingivalis*, but not *Capnocytophaga sputigena* (Fig. S1E). We did find a trend toward increased levels of *D. acidovorans*, and health was as previously suggested (12), but the trend did not reach statistical significance ($P = 0.08$) (Fig. 2). Two out of seven patients had higher levels of *D. acidovorans* on healthy teeth than on carious teeth (Fig. 4).

Lactobacillus species, while implicated in root caries in some previous studies (6, 8, 10, 12), were present at very low levels on all teeth examined in our study and are thus unlikely to be contributing to root caries (Fig. 1 and Fig. S2). This was confirmed by microbiome analysis as well (Table S3). It should be noted our *Lactobacillus casei* and general *Lactobacillus* species' species-specific primers reacted modestly with control *L. casei* DNA (Fig. S1 and data not shown). However, even if the levels of *Lactobacillus* were adjusted by increasing them 25- to 50-fold to account for this, all *Lactobacillus* levels would remain <0.1% of the total species with the exception of a carious tooth in patient 2 (Fig. 1 and Fig. S2). *Olsenella* and *Selenomonas* species that had also been found to be previously associated with root caries (10) were not associated with root caries in our study, with the possible exception of elevated levels of *Olsenella uli* on a carious tooth of patient 5 (Fig. S2 and S3). Microbiome analysis indicated an additional *Selenomonas* species that would not be detected by our *Selenomonas* CS002 primers, *S. noxia*, was present in some patients. This species could potentially contribute to root caries, although it was found at high levels on noncarious teeth in some patients (Fig. 5 and Table S3).

Species from the *Bifidobacteriaceae* that were found at high levels associated with root caries previously that were not specifically tested in this study (*Bifidobacterium dentium*, *Parascardovia denticolens*, and *Scardovia genomo* species C1 [30]) were not identified in our microbiome analysis (Fig. 5 and Table S3).

Another major observation is that since people vary dramatically in their microbiome composition, the way one analyzes such microbiome data can dramatically affect whether differences are statistically different. By comparing diseased and healthy contralateral teeth for bacterial colonization in a single patient, one can control for the host microbiome and even different environmental conditions in the oral cavity. However, results from one person may vary dramatically from another person since many microorganisms can generate acid and lead to tooth demineralization and caries. By looking at multiple teeth within a single individual, one can determine whether, with multiple lesions in a single host, one can observe an association between certain microbes and increased caries. From our perspective, this patient level of analysis (Fig. 1B and C, Fig. 3B, and Fig. 4) may be the most informative, as it controls for the available host microbiome. This is highlighted by the fact that if a single patient has a high level of a particular organism on a carious tooth, this can give the appearance of generally high levels of that organism in the whole population when all patients are aggregated (Fig. 2 and Fig. S3; see *Olsenella uli*), even if it was only elevated in one patient. This is especially important to consider in small sample sizes. One should also consider that one patient may lack a key microbe that can contribute to root caries, but they may have an alternative organism that can contribute to disease. Finally, aggregation of data from all patients at various sites in the oral cavity gives an overall picture of major contributors to root caries, but with such analyses, differences that were clear with some

patients can lack significance in the fully aggregated data. This does not mean those organisms did not contribute to disease in those patients, but, rather, since some people have low levels of certain organisms, caries, in general, is not consistently associated with those organisms. Again, this suggests that looking at patient-level data can be especially informative.

One other method of analysis to consider is the threshold hypothesis. One can assume that an organism must be present in the plaque biofilm at some critical level to contribute to demineralization and caries (31). Thus, even though a certain bacterium is higher on a carious tooth than on a healthy tooth, it does not mean there are enough bacteria present to contribute to disease. Where this threshold lies with organisms that are significant contributors to caries disease is unclear, but one might imagine a $\geq 1\%$ colonization level may start to provide the critical mass of a particular cariogenic organism to initiate disease. This threshold hypothesis also relates to the fact that perhaps a consortium of acid-generating organisms (like *S. mutans* and *Actinomyces naeslundii/viscosus*) can each be present at reduced levels and still cause disease if the total acidogenic biomass is of sufficient density. One possible example of this phenomenon in our study was the carious lesion on tooth 3 in patient 1. This tooth had modest levels of both *S. mutans* and *C. granulosa* (both statistically higher than on the healthy tooth) (Fig. 1, Fig. 4E, and Fig. 5). Since both species are capable of producing acids from carbohydrates (32), together, they may have combined to produce root caries. As a correlate to this idea, bacteria that degrade acids, like *D. acidovorans*, could reduce acidity and lead to health. We observed a trend toward health with *D. acidovorans* ($P = 0.08$) (Fig. 2), and others have seen an association between higher *D. acidovorans* and health (12).

One unanticipated finding was that *S. sanguinis* is not protective against root caries. This suggests a different mode of competition for tooth colonization on the root surface from the coronal surface (17, 19). This may reflect the more proteinaceous nature of tooth root cementum and the underlying dentin.

In agreement with other studies (12, 21, 33, 34), we also found an association between *Veillonella parvula/dispar* and caries. Given that *Veillonella* species can metabolize lactic acid produced by *S. mutans* to propionic and acetic acids, we hypothesize this metabolic interaction allows *S. mutans* to grow to higher levels before reaching a pH that inhibits further bacterial growth and impacts *S. mutans* viability (Fig. 7). While acetic and propionic acids are weaker acids than lactic acid, they can still result in acidification below pH ~ 5.5 (Fig. 6) and thus initiate hydroxyapatite demineralization and dental caries (35). Our results and the work of others support the idea that co-culturing of *S. mutans* and *Veillonella parvula* leads to more robust biofilms (Fig. 6 and 7) (28). DNA analysis of these mixed biofilms demonstrated that *V. parvula* makes up about 50% of the biofilm (Table S4), even though, alone, *V. parvula* does not form robust biofilms in our system (Fig. 6). Thus, generation of lactic acid by *S. mutans* (via sucrose metabolism) allows *V. parvula* to thrive in the mixed culture, and *V. parvula* may even adhere to *S. mutans* in the biofilm, perhaps via the induction of *V. parvula* autotransporter adhesins (36). Acidification of *S. mutans* and *V. parvula* co-species biofilms depended on the growth conditions used. When the rich medium *Brucella* broth supplemented with vitamin K, hemin, and 0.5% sucrose was used, the biofilm acidified rapidly, and the presence of *V. parvula* had a modest impact on acidification measured at 24 h (Fig. 6A), similar to previous reports using rich medium (28). However, when we switched to a more biologically relevant growth medium of artificial saliva containing 2 mg/mL mucin supplemented with 0.5% sucrose, the presence of *V. parvula* had a dramatic effect on the acidity of the biofilm at 24 h, 72 h, and 1 week (Fig. 7A, B, and E and Fig. 6B and C). For biofilms initiated at an OD_{600} of 1.0 in artificial saliva, the difference in pH went from pH ~ 4 for *S. mutans* alone to pH ~ 5 to 5.5 for *S. mutans* with *V. parvula* (Fig. 6B and Fig. 7E). This less acidic environment leads to less membrane damage to *S. mutans* biofilms containing *V. parvula* as measured by LIVE/DEAD staining of biofilms (Fig. 7). Biofilm studies using *S. mutans* and *V. parvula* clinical samples from a patient in this study also showed enhanced biofilms and reduced acidification when the two species were mixed, although the level of biofilm formation by *V. parvula* clinical isolates on their own was higher than with the laboratory type strain ATCC 10790 (Fig. 6D).

It should be noted that while our V6F detection primer for mutans streptococci (*S. mutans* and *S. sobrinus*) is quite species specific (Fig. S1C), our V6F primer designed to

detect *V. parvula* and *V. dispar*, two common colonizers of teeth, can also detect *Veillonella atypica* and *Veillonella denticariosi*, but not *Veillonella montpellierensis*. While clinical isolates from patient 4 confirmed the presence of *V. parvula* based on combined V3 and V6 sequencing, some patients may harbor other *Veillonella* species. These other PCR-reactive *Veillonella* species also metabolize lactate produced by *S. mutans* (37).

Finally, the enhanced level of biofilm we see in *S. mutans* with *V. parvula* biofilms, relative to *S. mutans* alone, does not appear to be due to enhanced expression of glycan-producing glucosyltransferases, as gene expression analysis of the *S. mutans* *gtfB*, *gtfC*, and *gtfD* in biofilms grown in artificial saliva with sucrose did not demonstrate increased levels of any of these alleles in mixed biofilms relative to *S. mutans* alone (Fig. S6). This again suggests a difference in physiological responses in rich medium from artificial saliva (28). A recent report of transcriptional responses of *V. parvula* in association with *Streptococcus gordonii* indicated that oxidoreductase activity and other components in the oxidation-reduction process were upregulated in *V. parvula* in mixed cultures compared to *V. parvula* monocultures (38), but such studies have not been performed on long-term co-cultures of *S. mutans* and *V. parvula*. Such genome-wide analysis would enhance our understanding of the paired physiological responses when *S. mutans* and *V. parvula* are grown together to form mature biofilms.

Our study supports the idea that although *V. parvula/dispar* can metabolize lactic acid generated by *S. mutans* from carbohydrates to weaker acids, the presence of *S. mutans* and *V. parvula* together in root caries plaque is associated with a higher likelihood of root caries. Whether this is due to development of a thicker, healthier biofilm and thus more continuous acid generation or some other physiological process remains to be determined. These findings highlight the importance of interspecies metabolic interactions in the shift from healthy to diseased states in dental plaque.

MATERIALS AND METHODS

Patient population. Seven adult patients with root caries (6 male and 1 female), ranging from 65 to 83 years of age, were enlisted as research subjects. Dental plaque was obtained using a sterile curette and removing supragingival plaque on root surfaces. Within each patient, we obtained a plaque sample from the diseased tooth and the contralateral healthy tooth to compare the microbiota of diseased versus healthy roots within the same patient. In cases where the contralateral tooth was missing, we obtained plaque from the closest available tooth. Exclusion criteria for this study were any systemic disease (diabetes, HIV, autoimmune diseases, and infectious diseases), smoking, alcohol or recreational drug abuse, plaque index >50%, and antibiotic use within the previous 3 months. This study was approved by the University of Detroit Mercy institutional review board (IRB) committee, UDM IRB no. 1415-06. All study participants signed informed consent forms according to UDM IRB no.1415-06.

Isolation and processing of dental plaque samples. Plaque samples were placed in a sterile tube containing 2 mL phosphate-buffered saline (PBS) buffer and 10% glycerol as a cryoprotective agent, and the sample was stored at -80°C until processing. Upon thawing, 0.5 mL of the sample was subjected to lysis and chromosomal DNA purification using a Qiagen blood and tissue DNA purification kit with the modification that after resuspending the plaque sample in buffer ATL, digestion with proteinase K and addition of buffer AL, 500 μL of sterile zirconia beads (Fisher Scientific) were added, and the samples were sonicated for 2.75 min prior to proceeding with column purification of the extracted DNA (Mini Bead Beater; BioSpec Products). Purified DNA was quantified and used as a template for PCR analysis with 16S rRNA gene primers designed to detect all bacteria (universal primers flanking the V6 region) or detect each organism of interest (species-specific primers within the V6 region) including *Streptococcus mutans/sobrinus*, *Actinomyces naeslundii/viscosus*, *Lactobacillus casei*, or more diverse *Lactobacillus* species, *Selenomonas* species, *Olsenella uli*, *Streptococcus sanguinis*, *Veillonella parvula/dispar*, *Prevotella multisaccharivorax*, *Prevotella denticola*, *Propionibacterium acidifaciens*, *Capnocytophaga granulosa*, and *Delftia acidovorans*. Primers used for quantitative PCR are found in Table S1 in the supplemental material. Quantification of the level of each organism in plaque samples was determined using real-time PCR (Bio-Rad; CFX96) and comparison to a positive-control DNA standard for each organism of interest (Table S1). Reaction mixtures contained 10 μL SYBR Green supermix (Bio-Rad; catalog no. 1708882), 0.05 μL of each species primer (from 50 μM stock), 1 μL template DNA (≤ 1 ng/ μL), and 9 μL H_2O . Fifty cycles of amplification were performed with 10 s at 95°C (melting), 30 s at 52°C (annealing), and 30 s at 72°C (elongation). PCRs were performed in duplicate wells on at least 3 separate days.

Biofilm assays. *S. mutans* was grown overnight in 10 mL brain heart infusion at 37°C and 5% CO_2 . *V. parvula* was grown overnight for 2 to 3 days in *Brucella* broth with 1 $\mu\text{g}/\text{mL}$ vitamin K and 5 $\mu\text{g}/\text{mL}$ hemin (BB+) in an anaerobic chamber (Coy Laboratories; 85% N_2 , 5% CO_2 , and 10% H_2 gas mix). *S. mutans* and *V. parvula* were then pelleted and resuspended in BB+ or artificial saliva (29) at an OD_{600} of 1.0 or 0.1 for biofilm studies. Biofilms were prepared in 24-well tissue culture-treated plates (CytoOne). We placed 740 μL of BB+ or artificial saliva into each well containing a single strain along with 250 μL of culture with an OD_{600} of 1.0 or 0.1. We placed 490 μL of BB+ or artificial saliva into each well containing mixed biofilms along with 250 μL of each culture with an OD_{600} of 1.0 or 0.1. We also added 10 μL of H_2O or 50% sucrose to each well (1 mL total)

to achieve a final sucrose concentration of 0 or 0.5%, respectively, in BB+ or artificial saliva. Biofilms were grown for approximately 24 h, 72 h, or 1 week at 37°C in an anaerobic chamber.

After biofilm growth, the supernatant was removed from each well, filtered, and saved for pH measurements (Mettler Toledo; FiveEasy). Wells were washed carefully twice with 1 mL PBS and heat fixed at 80°C for 30 min. Five hundred microliters of 0.5% crystal violet (Sigma Chemical) was added to each well and placed on an orbital shaker for 30 min. Crystal violet was removed, wells were washed carefully with five consecutive submersions in water, and any remaining liquid was removed from the wells. We added 1 mL of 33% acetic acid (Fisher Scientific) to each well to dissolve the biofilm, and the plate was placed on an orbital shaker for 5 to 10 min to ensure that the entire biofilm was dissolved. Samples were then diluted in a 96-well plate at 1:2 dilutions. The absorbance of the plate reader (Molecular Devices; SpectraMax M3) was set to 570 nm, the density of the purple color from the lysed biofilm was measured, and data were corrected for the dilution.

Fluorescence microscopy. Overnight cultures of *S. mutans* 25175 grown in BHI at 37°C, 5% CO₂, and *V. parvula* 10790 grown for 1 to 2 days in BB+ at 37°C anaerobically were spun for 10 min at 4,500 rpm at 25°C, washed once with PBS, and resuspended in artificial saliva at an OD₆₀₀ of 1.0. Four-well chamber slides (Nunc Lab-Tek II; catalog no. 154526) were inoculated with 250 μL bacteria (*S. mutans* 25175 alone or *S. mutans* 25175 with *V. parvula* 10790), 740 μL or 490 μL artificial saliva, respectively, and 10 μL 50% sucrose (1 mL total) and grown 24 h at 37°C anaerobically. Wells were washed gently twice with 1 mL PBS, and 250 μL of PBS containing 2 μM SYTO 9 dye (Thermo Fisher; catalog no. S34854) and 20 μM propidium iodide (Sigma; catalog no. P4170) was added to each well for 15 min in the dark prior to imaging on an Olympus BX63 fluorescence microscope. Control wells were treated with 1 mL Listerine Naturals for 10 min prior to processing for LIVE/DEAD staining.

LIVE/DEAD 24-well plate staining. Twenty-four-well tissue culture-treated plates set up identically to the 4-well chamber slides described above were also grown to assess the ratio of live (SYTO 9) to dead (propidium iodide) staining of *S. mutans* and *S. mutans* plus *V. parvula* biofilms. Green (excitation, 485 nm; emission, 530 nm) and red (excitation, 485 nm; emission, 630 nm) signals were read on a Tecan Spark plate reader, and relative fluorescence units were used to calculate the LIVE/DEAD (green/red) ratio.

DNA analysis of biofilms. To determine the proportion of *S. mutans* and *V. parvula* in mixed biofilms, DNA was extracted as described for plaque samples from bacteria growing in 24-well plates like the biofilm-processed wells. PCR analysis was then performed with *S. mutans*- and *V. parvula*-specific primers within the V6 region and compared to 16S rRNA gene universal primers flanking the V6 region (Table S1), and the percentage of each species in the biofilm was determined.

Microbiome analysis of clinical plaque samples. The 16S rRNA gene PCR primers 27F (AGRGTTCGATCM TGGCTCAG) and 1492R (GGGTACCTTGTTACGACTT) with a barcode on the forward primer were used in a 33-cycle PCR on root caries, and healthy plaque DNA samples were prepared as described above using the HotStarTaq Plus master mix kit (Qiagen, USA) under the following conditions: 94°C for 3 min, followed by 33 cycles of 94°C for 30 s, 53°C for 40 s, and 72°C for 1 min, after which a final elongation step at 72°C for 5 min was performed. After amplification, PCR products were checked in 2% agarose gel to determine the success of amplification and the relative intensity of bands. 16S rRNA gene PCR products from all 10 root caries samples were pooled in equal proportions based on their molecular weight and DNA concentrations and purified using Ampure PB beads (Pacific Biosciences). SMRTbell libraries (Pacific Biosciences) were prepared following the manufacturer's user guide, and sequencing was performed at MR DNA (Shallowater, TX, USA; <https://www.mrdnalab.com>) on a PacBio Sequel following the manufacturer's guidelines. After completion of initial DNA sequencing, each library underwent a secondary analysis, circular consensus sequencing (CCS), using PacBio's CCS2 algorithm, to correct stochastic errors generated in the initial analysis. Sequence data were then processed using the MR DNA analysis pipeline. In summary, the CCS sequencing data were depleted of barcodes, sequences <150 bp were removed, and sequences with ambiguous base calls were removed. Sequences were denoised, operational taxonomic units (OTUs) generated, and chimeras removed. Operational taxonomic units were defined by clustering at 1% divergence (99% similarity). Final OTUs were taxonomically classified using BLASTn against a curated database derived from RDP II and NCBI (<https://www.ncbi.nlm.nih.gov>; <http://rdp.cme.msu.edu>).

Isolation of *S. mutans* and *Veillonella parvula* clinical strains from dental plaque. To isolate strains of *S. mutans* from our clinical plaque samples, about 200 μL of the glycerol stocks containing the plaque samples were plated onto mitis-salivarius-bacitracin (MSB) agar to enrich for *S. mutans* isolates. Dark blue-staining colonies were then restreaked for purification, and chromosomal DNA was prepared using the Qiagen blood and tissue DNA purification kit with the addition of a zirconia bead sonication step as described above. The 16S rRNA gene of each *S. mutans* candidate was then amplified with primers 16S full-length 5' and 16S full-length 3', and products were sent to Genewiz for DNA sequencing using primers designed to sequence the V3 and V6 regions. Those isolates with a perfect match to *S. mutans* strains in the NCBI BLAST database were stored as glycerol stocks and used for mixed biofilms from clinical isolates.

To isolate *Veillonella* strains from dental plaque, plaque samples that indicated high levels of *Veillonella* colonization based on microbiome analysis (Fig. 5) were streaked onto *Brucella* blood agar plates with 1 μg/mL vitamin K and 5 μg/mL hemin and grown anaerobically for 3 to 5 days. Based on similar colony morphologies to laboratory *Veillonella* strains and the fact that in some cases, 30 to 40% of the total microbiome was from the genus *Veillonella* (Fig. 5, patient 4, teeth 8 and 9), numerous colonies were screened by real-time PCR using diagnostic *Veillonella parvula*/*V. dispar* V6 primers (Table S1). Those *Veillonella* candidates that reacted strongly (nearly 1:1 with the 16S universal PCR primer pair) were then subjected to chromosomal DNA isolation (Qiagen blood and tissue DNA purification kit), and the 16S sequence was determined as described for *S. mutans* above. Those strains verified to be *Veillonella parvula* by NCBI BLAST analysis were stored as glycerol stocks and used for mixed biofilms from clinical isolates.

Analysis of *gtf* expression in *S. mutans*. To assess expression of the three glucosyltransferase genes in *S. mutans* (*gtfB*, *gtfC*, and *gtfD*), *S. mutans* and *S. mutans* with *V. parvula* biofilms were grown in artificial saliva

with 0.5% sucrose in 24-well plates in duplicate as described for biofilms above. After 24 h, unbound bacteria were removed by gentle rinsing with 1 mL PBS, and plate-bound bacteria were lysed with 400 μ L TRI reagent (Sigma; catalog no. T3934) per well. We added 80 μ L chloroform to the cell extract in an Eppendorf tube, and the tube was inverted and then vortexed for 15 s. The tube was left to rest for 15 min followed by 15 min centrifugation at 13,000 rpm and 4°C. The upper aqueous layer was transferred to a fresh tube, and 200 μ L isopropanol was added, vortexed, left to rest for 5 min, and then centrifuged at 13,000 rpm. The pellet was rinsed with 75% ethanol and centrifuged for 5 min at 13,000 rpm. The supernatant was removed, the pellet was dried by SpeedVac, and the RNA was resuspended in 50 μ L DNase/RNase-free water (Invitrogen/Life Technologies; catalog no. 10977-015). We used 1 μ L of the RNA as the template for cDNA generation with an iScript cDNA synthesis kit (Bio-Rad; catalog no. 1708891) in the following reaction mixture: 4 μ L iScript reaction mixture, 1 μ L iScript reverse transcriptase, 14 μ L H₂O, and 1 μ L RNA. After generation of cDNA, 1 μ L of cDNA was used in a real-time PCR with 0.25 μ L *S. mutans*-specific *rpoB* primers (Table S1, + control) and *gtfB*, *gtfC*, or *gtfD* primers (Table S1) to determine the levels of expression of each *gtf* gene relative to *rpoB* for biofilms containing *S. mutans* (ATCC 25175) alone or in combination with *V. parvula* (ATCC 10790 or ATCC 17745). *gtf* expression levels relative to *rpoB* were calculated with *rpoB* levels set to 1. The following protocol for real-time PCR of the cDNA was the same as that used on plaque samples: 50 cycles of amplification with 10 s at 95°C (melting), 30 s at 52°C (annealing), and 30 s at 72°C (elongation). cDNA PCRs were performed in duplicate wells on 2 separate days.

Quantitative NMR profiling of bacterial fermentation. Bacterial fermented media were centrifuged, and the obtained supernatants were prepared with phosphate buffer (pH 7.4) containing 10% D₂O (Cambridge Isotope Laboratories, Inc., Andover, MA, USA), 0.5 mM sodium salt of 3-trimethylsilylpropionic acid (TSP; Sigma-Aldrich, St. Louis, MO, USA), and 1.5 mM Na₃N₃ (Sigma-Aldrich) (39). The proton nuclear magnetic resonance (NMR) spectra were acquired on a Bruker 600 MHz NMR instrument (Billerica, MA, USA), with δ in ppm related to TSP and *J* (the coupling constant) in Hz. A water suppression pulse sequence was used to suppress water peak, and the number of scans was 64. Metabolites were quantified through integration areas referring to those of 0.5 mM TSP.

Statistical analysis of qPCR results. qPCR data were analyzed by individual tooth, by patient (aggregate of teeth within that patient), or by combining data from the entire population in the study, comparing microbial colonization results from carious teeth to noncarious teeth. Student's *t* test was used when comparing single carious teeth versus noncarious teeth to each other, as the data are expected to conform to a normal distribution from duplicate PCR measurements on at least 3 different days. When multiple carious and diseased teeth from a single patient were aggregated and compared, we used the nonparametric Mann-Whitney test, as one would not expect different teeth to have a normal distribution of bacterial colonization levels relative to each other. Finally, when analyzing data from all 7 patients aggregated together to compare colonization levels between all 14 carious and 13 noncarious teeth, we used multivariate logistic regression to account for the high variability in colonization levels between the people in the study.

SUPPLEMENTAL MATERIAL

Supplemental material is available online only.

SUPPLEMENTAL FILE 1, PDF file, 3.7 MB.

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