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Can Artificial Intelligence Assist in Delivering Continuous Renal Replacement Therapy?

Nada Hammouda, MD, MSCR1, **Javier A. Neyra, MD, MSCS**2,*

¹Department of Applied Clinical Research, University of Texas Southwestern, Dallas, TX

²Department of Medicine, Division of Nephrology, University of Alabama at Birmingham, Birmingham, Alabama, USA

Abstract

Objective.—Continuous renal replacement therapy (CRRT) is widely utilized to support critically ill patients with AKI. Artificial intelligence (AI) has the potential to enhance CRRT delivery, but evidence is limited. We reviewed existing literature on the utilization of AI in CRRT with the objective of identifying current gaps in evidence and research considerations.

Methods.—We conducted a scoping review searching PubMed, OVID Embase, Web of Science, Cochrane, Scopus, and ProQuest for original papers published or translated in English (2012-2022). We included studies focusing on the development or use of AI-based tools in patients receiving CRRT.

Results.—Ten papers were identified, 6/10 (60%) published in 2021, and 6/10 (60%) focused on machine learning models to augment CRRT delivery. All innovations were in the design/ early validation phase of development. Primary research interests focused on early indicators of CRRT need, clinical prognostication of mortality and kidney recovery, and identifying risk factors for mortality. Secondary research priorities included dynamic CRRT monitoring, predicting CRRT-related complications, and automated data pooling for point-of-care analysis. Identified literature gaps included prospective validation and implementation barriers, biases ascertainment, and quantifying social or AI-generated healthcare disparities.

Conclusion.—Research on AI applications to enhance CRRT delivery has grown exponentially in the last few years, but the field remains premature. There is a need to evaluate how these applications could enhance bedside decision-making capacity and assist structure and processes of CRRT delivery.

^{*}**Address correspondence to**: Javier A. Neyra, MD, MSCS, Heersink School of Medicine | Division of Nephrology, 638 Zeigler Research Building, 703 19th Street South, Birmingham, AL 35294, jneyra@uabmc.edu, Phone: 205-975-2021 | Fax: 205-996-2156. **Publisher's Disclaimer:** This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

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Keywords

continuous renal replacement therapy; CRRT; information technology; artificial intelligence; machine learning

1. INTRODUCTION

More than half of critically ill patients admitted to intensive care units (ICU) suffer from acute kidney injury (AKI), and about 10% of these patients require renal replacement therapy (RRT). Up to 75% of RRT in the ICU is delivered as continuous RRT (CRRT).¹ CRRT is preferred for patients with hemodynamic instability and hypercatabolic states to better achieve fluid management goals and solute control.^{1,2} Despite advances in RRT technologies, the overall mortality rate for ICU patients on RRT is over 50% .¹ Moreover, delivery of CRRT is costly, requires specific protocols, equipment, monitoring, and training, as well as multi-specialty collaborations.^{2,3} Importantly, demand for CRRT is increasing due to expansion of ICU capacity, in part exacerbated by the COVID-19 pandemic, but also due to the aging US population² and the increased recognition of its utility in patients receiving other type of extracorporeal organ support.⁴ While expert consensus has identified candidate CRRT quality indicators, $5-7$ prospective validation of these performance indicators to assess structure, processes and outcomes of CRRT delivery is needed.⁸

Digital health is a broad term for the adoption of various digital technologies in healthcare, including wearable devices, telemedicine, and mobile health platforms. 9 On the other hand, Artificial intelligence (AI) is a subset of data science, which refers to the replacement of the human intellect through a set of coding algorithms that enable computers to perceive, reason, and respond to a given dataset or stimuli.^{10–12} The term is often interchanged with a similar concept, augmented intelligence, which focuses on 'augmenting' human intellect rather than replacing it.¹⁰ Both digital health and AI/augmented intelligence have propelled virtually all aspects of medical practice, including medical diagnostics, risk-stratification, identification of therapeutic or procedural candidates, monitoring and anticipating treatment complications, dynamic data acquisition and point-of-care analytics for clinical decision support, remote delivery of health services, quality improvement, and healthcare resource optimization such as machine allocation and patient scheduling, and more.^{11,13,14}

Whereas these advances are well documented in other fields such as radiology, 15 molecular biology,¹¹ and even nephrology,¹⁶ the state of AI and digital health in the CRRT space remains unknown and understudied.¹³ In this review, we summarize the available literature on the current state of AI and digital health research in the CRRT domain, provide insights on research trends, identify developmental gaps based on the available literature, and establish future research priorities for accelerated enhancement of the field.

2. POTENTIAL AREAS OF CRRT DELIVERY THAT CAN BE IMPROVED WITH AI

Figure 1 summarizes potential applications of AI to improve CRRT delivery and quality assurance.

Access.

Access-related complications remain a common issue in establishing effective and sustained CRRT delivery. Short-term dialysis catheters (STDC's) are the main catheters used for CRRT unless patients are expected to require CRRT for 3 weeks or more.¹⁷ Suboptimal positioning, bending and thrombosis not only result in catheter dysfunction and STDC failure necessitating replacement of the catheter, 17 but is also the major cause of premature CRRT circuit failure.18 Moreover, the use of Tunneled Dialysis Catheters (TDCs) for CRRT has not been validated in clinical trials yet are postulated to have fewer complications than STDCs.17,19 Ruiz et al. reported 43% fewer access alarms with prioritization of right internal jugular vein for access placement, and 5-hour longer average filter life when they standardized protocols for CRRT delivery-including catheter access site-and enabled a quality assurance program.²⁰ In this context, it is foreseeable that AI can assist with dynamic catheter pressure (i.e. access and return) and alarm monitoring.

Circuit clotting.

There is no standardization on CRRT anticoagulation. While use of pre-dilution Regional Citrate Anticoagulation (RCA) prolongs filter lifespan^{21–23} it requires a specialized protocol and could also increase risk of bleeding or other complications.23 Non-anticoagulation methods (i.e. saline flushes, minimization of filtration fraction, etc.) are proposed to reduce bleeding risk while maintaining filter patency with the use of new membrane biomaterials, although there are no solid data to prove this is indeed effective.²⁴ Further, there is still debate on whether adjuvant systemic heparinization may add benefit in hypercoagulable states such as COVID-19. New generation CRRT machines are equipped with RCA dosing programs that allow for dynamic citrate and calcium dose adjustments. However, dose adjustments require continuous monitoring of the blood flow, effluent volume, and patient's calcium levels and clinical status, thereby increasing nurse workload. AI-enabled remote monitoring and automated adjustment of RCA/calcium doses would reduce both nurse and clinician workload. Also, predicting the need for RCA dose adjustments could reduce the occurrence of citrate-related complications such as toxicity or bleeding.

Solute control.

Electrolyte disturbances such as hypokalemia and hypophosphatemia are common complications during CRRT.^{25,26} Further, customized rate of correction of dysnatremias could help preventing risk of overcorrection and neurological disturbances.27,28 AIenhanced solute clearance monitoring and electrolyte replacement may positively impact CRRT delivery.

Quality assurance.

A multitude of reports highlight the importance of quality assurance in attaining efficient CRRT delivery.6,8,13,20,29–32 Lack of oversight and standardized protocols have been shown to cause treatment interruptions, poor solute clearance, and off-target fluid management or effluent dose delivery.33,34 Some of these outcomes were ameliorated by establishing multidisciplinary quality assurance programs²⁰, although some may argue that the lack of field-wide standardization of quality metrics may be the leading cause of delayed improvement in CRRT delivery.³¹ Nonetheless, consensus has been reached around selection of CRRT quality metrics and interventional studies to establish the system-wide performance of these quality metrics in improving CRRT delivery are underway.8,35,36 For example, standardizing continuous monitoring of fluid management during CRRT could lead to timely adjustments and adherence to treatment goals. In this context, AI can assist with monitoring, incorporating and interpreting data from non-invasive hemodynamic devices to facilitate the workflow of clinicians evaluating fluid status and prescribing/ monitoring fluid goals with CRRT.^{34,37}

3. CURRENT LITERATURE ON THE USE OF AI APPLIED TO CRRT DELIVERY

We did a scoping review of current literature for studies on CRRT and digital health in patients with AKI using PubMed, OVID Embase, Web of Science, Cochrane, Scopus, and ProQuest dissertation databases. We selected studies in English, from database inception to present, except when the search returned over 5000 articles, for which we narrowed the timeline from 2012 to 2022. Literature reviews were scoured for additional studies not included in the original search. Full search strategy and list of included terms are reported in supplement 1. Collectively, there were 3460 studies included in the search results. After removal of duplicate studies, 3065 remained. Most studies were then excluded as they were not focused on CRRT, interventions were not based on AI-derived tools, or English translations for foreign studies were not found. After initial screening, we selected ten studies for reporting in this manuscript (7 full-length studies; 3 conference abstracts; see Table 1). We organized included studies by year and analyzed the innovations proposed, developmental stage of the proposed innovations (research development and/or validation; implementation and/or clinical utility), and the potential AI-based enhancement in CRRT delivery. After comprehensive review, the following insights emerged on the current state of AI research in CRRT, stratified in three critical domains of CRRT delivery such as structure, processes, and outcomes (Figure 2).

Structure:

Only two papers explored the implementation of AI in the structure of CRRT delivery.^{38,39} With the advancement of cloud-based systems and electronic task automation, Keith et al. programmed Python to download data from patient charts as well as the CRRT machine into a Structured Query Language (SQL) database, and to display the combined data for manipulation and analysis on novel digital platforms. More recently, Lee et al. examined the use of AI in the operational decision-making surrounding CRRT allocation for COVID-19

patients with AKI.39 A Python 3.6 code connected multidisciplinary teams on a shared server, pooling patient clinical data and prioritizing CRRT machine allocation according to specific patient needs and locations. The model successfully generated a list of patients for each machine within minutes of server updates.

Processes:

Guru et al. designed an automated algorithm to continuously scan patient charts for CRRT candidacy.40 The search algorithm achieved 100% agreement with standard manual chart reviews, with 90% of CRRT candidates identified at the same time and 10% within 15 minutes of manual reviews. Roy et al compared various ML algorithms for prognostication of CRRT initiation.41 For CRRT monitoring, efforts aimed at automating periodic data downloads from CRRT machines to be viewed in conjunction with clinical data. The earliest of those attempts was Zhang et al., who automated the recording and download of operational data from CRRT machines into a card reader at 1-minute intervals. The reader was then manually inserted into a computer card slot to view the files and identify various pressure patterns.42 Today, card readers and manual transfers have been replaced with cloud-based uploads and storage, online data downloads, and automated computer scripts deploying custom-based algorithms with countless functions.

Outcomes:

Predicting CRRT-related complications and patient prognosis are top research priorities, particularly with the advent of clinical decision support systems and point-of-care analytics. In 2021, Chen et al. compared 4 ML models to predict citrate overdose during CRRT.^{43,44} Neural networks scored the highest accuracy (F-1 score 90.8%) and performance (AUROC 0.86) in predicting early citrate overdose, allowing for timely adjustment of RCA. In the same year, Kang et al. validated 4 more ML models against disease-severity scores to predict hypotension during CRRT.45 All ML models outperformed standard clinical scores, with Extreme gradient boosting showing the highest AUROC scores (0.82) compared to other ML models. ML algorithms were also studied for applications in mortality risk-classification^{46,47} and dialysis-free prognostication.⁴⁸ Most ML models reported in these studies significantly outperformed the predictive ability of standard clinical parameters, mortality scores and regression analyses. Nonetheless, large-scale ML studies are needed to rank ML models in terms of comparability and external validation, and clinical trials for comparing the impact of ML-enhanced vs. standard CRRT delivery on patient-relevant outcomes.

Overall, interest in AI-enhanced optimization of CRRT delivery has risen considerably. In 2021 alone, six original studies were published (60% of those reported in Table 1). Moreover, there is an uptrend in exploring the role of AI in all aspects of critical care nephrology, including patient risk-classification, optimization of CRRT prescriptions, prediction of CRRT-related complications, and prioritization of operational workflow. This rising trend reflects an increased awareness on the need for digital enhancement of CRRT delivery, and the potential implications of AI in the decision-making process surrounding its use, prescription, monitoring, and quality assurance. However, despite a comprehensive search strategy, only 10 original studies were available, all in adult patients without pediatric representation. Absence of detailed methods, lack of external validation to larger and

diverse cohorts, and inherent database and/or algorithmic bias remain an issue and warrant further confirmatory studies before we can translate these innovations to the clinical setting. Therefore, the development of AI in the CRRT space remains premature overall, with persistent demand for more research to optimize CRRT structures, processes, and outcomes.

4- IMPORTANT CONSIDERATIONS OF AI/ML APPLICATIONS FOR CRRT DELIVERY

There is implicit bias in ML algorithms, namely selection, lead-time, and algorithmic bias. In 2020, Wenlong et al. described the vicious cycle of feeding machines with biased information from unchecked and incomplete patient datasets, the biased predictions selecting a subset of the information to represent, the biased decision-making process based on these predictions, and the biased feedback that is fed back into the machine, etc.⁴⁹ Researchers must be careful when using electronic data, as billing-derived diagnoses may not necessarily reflect the actual clinical context. Moreover, patients with normal or missing data may be counted in the control group, augmenting the selection and sampling biases of the study.50 Further, ascertainment bias can result from poor follow up and reporting.⁵¹ Therefore, it is essential to produce reliable metrics for detection and measurement of bias in ML algorithms⁵², and to understand their capacity as a decision aid and not a decision-making tool.53 In the context of CRRT, practice variations and resource access and allocation should be considered for implementation of AI-based tools. Development of multicenter datasets of patients undergoing CRRT such as CRRTnet could assist with contemporary assessment of epidemiology and variations in patient characteristics, prescription and delivery of therapy.⁵⁴

Deployment of AI-based tools could highlight healthcare inequities.

AI could be a two-edge sword: if algorithms are developed and validated based on inherently inequitable databases, AI may bias the clinical decision-making, deepening current racial and economic health disparities. Alternatively, if compensatory algorithms were built into these databases and models, AI may help reduce inequity.55 The medical imaging field is an example on this struggle: Currie et al. reported persistent economic, geographic, and cultural inequities in the delivery of medical imaging services across the United States; ⁵³ Waite et al. confirmed the relative scarcity and longer delivery time windows of advanced imaging services such as Computed Tomography and Magnetic Resonance Imaging in non-Caucasian predominant hospitals. 54 For AKI, health disparities are also of consideration: AKI occurs 28% more frequently in African American than Caucasian patients,⁵⁶ and six times more frequently in low to middle-income countries than high-income countries.⁵⁷ Used correctly, AI can help mitigate these issues with its ability to categorize and discern heterogenous subgroups of patients based on race, gender, socioeconomic status and more. Johnson et al. identified social determinants of health, including structural racism, as inherent causes of health service disparities among heart failure patients.⁵⁸ The authors proposed that AI could help close the gap by diversifying data sources and investigators, increasing awareness on the inherent biases in AI and its impact on clinical decision-making, addressing heterogeneity in clinical studies with minority populations, and intentionally examining current and future research for structural racial or economic inequity. This applies

to CRRT as this extracorporeal multiorgan support therapy is typically available in high and middle-income countries but not in low-income ones.

Deployment of tools to augment clinical decisions such as electronic alerts could also cause harm.

Several studies have identified alert fatigue as an implementation barrier for the use of electronic alert systems.59–61 A recent multicenter randomized clinical trial on the use of e-alerts for AKI patients found a 49% increase in adverse outcomes at the two smaller non-teaching hospitals, despite increased AKI care practices in the e-alert group.62 Overall, e-alerts did not reduce the risk of death, AKI progression, or RRT. Instead, the trial highlighted the role of alert fatigue on attention burnout and overtreatment. Another study by Baird et al. concluded e-alerts did not improve AKI severity or mortality, possibly due to alert fatigue.63 There is a need to examine implementation barriers to the use of AI-based tools, including clinician response and burnout, how and if those barriers can be mitigated, and the differential role of hospital logistics in tool utility. Therefore, AI-based tools to enhance CRRT delivery need to be adapted to the specific context of its deployment, taking into consideration the human and infrastructural planning component that is essential for CRRT delivery.

Monitoring of utility, implementation, and sustainability of AI-based tools is not standardized.

A new body of research will be needed to identify quality metrics and quality assurance processes that can assist, evaluate, and monitor AI-based tools for utility, implementation, and sustainability in CRRT applications. These metrics will need to be validated so healthcare professionals, patients/care partners, and stakeholders can trust and understand the integration of AI-based processes into current practice of CRRT delivery. Feng et al. suggested that hospitals should create specialized AI-based Quality Improvement units to continuously monitor and update AI algorithms, including statistical markers that track changes in model input/output variables, model behavior changes over time, and performance metrics.¹⁴ Importantly, standardization of policies to update AI models is also needed.

In Table 2, we summarize the advantages and challenges of using AI to enhance CRRT delivery.

5- CONCLUSIONS

AI-based tools have the potential to enhance and facilitate CRRT delivery. Current research has mostly focused on the development of ML-based models for early identification of patients requiring CRRT, and their risk-classification of mortality or kidney recovery. However, there is need to evaluate how the use of AI-based tools could improve bedside decision-making capacity, and –importantly– assist structure and processes of CRRT delivery. One should also note that major challenges in AI research are identifying implementation and deployments goals and barriers, measuring biases inherent to the use of big data and AI-based applications, and eliminating social and "machine-generated"

disparities in health service utilization. Future studies examining the utility of AI in CRRT need to evaluate these implementation barriers, diverse and underrepresented populations including children, and effective methods and policy to mitigate AI-inherent biases to promote equity.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Hammouda and Neyra Page 11

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CLINICAL SUMMARY

- **•** CRRT is a common organ support therapy for critically ill patients with AKI in the ICU
- **•** AI-based tools have the potential to enhance CRRT delivery
- **•** Current research has mostly focused on the development of ML-based models of clinical prognostication (i.e., mortality, kidney recovery), with little evaluation of enhancements in structure or processes of CRRT delivery
- **•** The evaluation of how AI-based tools could be successfully validated and implemented to enhance bedside decision-making capacity and assist structure and processes of CRRT delivery is needed
- **•** Future studies examining the utility of AI in CRRT need to evaluate implementation barriers and how to mitigate AI-inherent biases and promote equity

Hammouda and Neyra Page 13

Circuit failure/clotting

-Site selection -Catheter location -TDC vs. STDC -Access/return pressure monitoring

Catheter

-Transmembane pressure monitoring -Filter and return pressure monitoring -Anticoagulation dosing and performance monitoring -Monitoring of alarms -Prediction of alarms

-Pre-emptive replacement of electrolytes (i.e. prevention of hypophosphatemia) -Controlled correction of dysnatremias

Solute control

U **Dialysate**

> -Accurate fluid goals -Monitoring of prescribed vs. effective fluid removal -Integration and interpretation of hemodynamic monitoring data

Fluid management

Quality Assurance

-Monitoring of QIs (e.g., delivered dose, filter life, etc.) -Monitoring of QA programs -System-wide implementation and sustainability of QA programs -Cost-effectiveness analyses

Figure 1.

Potential applications of AI to improve CRRT delivery and quality assurance. CRRT = Continuous Renal Replacement Therapy; TDC = Tunneled Dialysis Catheter; $STDC = Short-Term Dialysis Catherine; $QI = Quality Indicator; QA = Quality Assurance$.$ Hammouda and Neyra Page 14

Figure 2.

State of current evidence on the use of AI-based tools in CRRT delivery stratified by CRRT domains. Most of literature has been centered on clinical outcomes with little representation of structure and process of CRRT care.

CRRT = Continuous Renal Replacement Therapy

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Table 1.

Summary of Selected Studies Reflecting the Design Stage of Various AI Tools for Enhancement of Structure, Processes or Outcomes of CRRT Delivery Summary of Selected Studies Reflecting the Design Stage of Various AI Tools for Enhancement of Structure, Processes or Outcomes of CRRT Delivery

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Physiology and Chronic Health Evaluation II; ESRD = End Stage Renal Disease; ICU = Intensive Care Unit; KNN = K-nearest neighbor; SVM = support vector machine; LGBM = Light Gradient Boosting Physiology and Chronic Health Evaluation II; ESRD = End Stage Renal Disease; ICU = Intensive Care Unit; KNN = K-nearest neighbor; SVM = support vector machine; LGBM = Light Gradient Boosting Machine Learning; MLP = Multilayer Perception; MOSAIC = Mortality Scoring system for AKI with CRRT; MTL = Multitask Learning; NN = Neural Network; PUMCH = Peking Union Medical College Machine Learning; MLP = Multilayer Perception; MOSAIC = Mortality Scoring system for AKI with CRRT; MTL = Multitask Learning; NN = Neural Network; PUMCH = Peking Union Medical College Machine; LR = Logistic Regression; LSTM = Long Short-Term Memory; MARS = multivariate adaptive regression splines; MIMIC III = Multiparameter Intelligent Monitoring in Intensive Care III; ML = Machine; LR = Logistic Regression; LSTM = Long Short-Term Memory; MARS = multivariate adaptive regression splines; MIMIC III = Multiparameter Intelligent Monitoring in Intensive Care III; ML = III; ML SCUF = Slow Continuous Ultrafiltration; SeqSNR = Sequential Subnetwork Routing; SNN = Shallow Neuroti; SOFA = Sequential Organ Failure Assessment; ST = Single-Task (Recurrent Neural SCUF = Slow Continuous Ultrafiltration; SeqSNR = Sequential Subnetwork Routing; SNN = Shallow Neural Network; SOFA = Sequential Organ Failure Assessment; ST = Single-Task (Recurrent Neural Therapy; CVVHD = Continuous Veno-Venous Hemodialysis; DNN = Deep Neural Network; ECMO = Extra-Corporeal Membrane Oxygenation; EHR = Electronic Health Record; APACHE II = Acute Therapy; CVVHD = Continuous Veno-Venous Hemodialysis; DNN = Deep Neural Network; ECMO = Extra-Corporeal Membrane Oxygenation; EHR = Electronic Health Record; APACHE II = Acute Hospital; RCA = Regional Citrate Anticoagulation; RF = random forest; XGB = extreme gradient boost; RRITS = RRI-Free Survival; SB = Shared Bottom (multitask model with shared parameters); Hospital; RCA = Regional Citrate Anticoagulation; RF = random forest; XGB = extreme gradient boost; RRTFS = RRT-Free Survival; SB = Shared Bottom (multitask model with shared parameters); AKI = Acute Kidney Injury; ANN = artificial neural network; AUC = Area Under receiver operating characteristics Curve; CKD = Chronic Kidney Disease; CRRT = Continuous Renal Replacement AKI = Acute Kidney Injury; ANN = artificial neural network; AUC = Area Under receiver operating characteristics Curve; CKD = Chronic Kidney Disease; CRRT = Continuous Renal Replacement Network); UF = Ultrafiltrate; RBF = Renal Blood Flow. Network); UF = Ultrafiltrate; RBF = Renal Blood Flow. Author Manuscript

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Advantages and Challenges of AI Implementation to Enhance CRRT Delivery Advantages and Challenges of AI Implementation to Enhance CRRT Delivery

