

Orexin neuropeptides modulate the hippocampal-dependent memory through basolateral amygdala interconnections

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ABSTRACT

Orexin neuropeptides have functional roles in hippocampal-dependent memory formation via the consolidation and retrieval of passive avoidance and spatial memories. The effects of these neuropeptides have been confirmed on the induction of long-term potentiation (LTP). The orexinergic system seems to have modulatory effects by sending projection fibers to several brain parts, such as the hippocampus and amygdala. Orexin neuropeptides activate the neural circuits of the basolateral amygdala during different arousal events with various emotional loads. Therefore, this system plays a vital role in creating appropriate behavioral reactions and responses particular to the situation. This review aimed to report new progression and advances in the hippocampus function in memory by focusing on its relationship with the amygdala through the orexinergic system.

1. Introduction

The hippocampal formation is a C-shaped structure distended into the lateral ventricles. This structure consists of different parts such as the dentate gyrus (DG), subiculum, presubiculum, parasubiculum, and entorhinal cortex. In the longitudinal section, the hippocampus is divided into the dorsal, intermediate, and ventral parts, and the transverse axis is divided into CA1, CA3, and the dentate gyrus. The hippocampus's primary cell layout and neuron fibers are the same in all mammals [1]. The entrance to the hippocampus consists of fibers that reach the dentate gyrus via the entorhinal cortex. The axons of the granular cells in the dentate gyrus make mossy fibers that send projections to the dendrites of the pyramidal cells in CA3. The axons of the pyramidal cells in CA3 form Schaffer collateral pathways that connect to CA1 [2]. The unique structure and properties of the hippocampus as an essential area for memory processing are also an interesting target of research. The amygdala is another part of the limbic system consisting of central, basal, and lateral nuclei. The amygdala also has several interconnections with various structures and systems in the brain. The amygdala, the neocortex and the hippocampus are target regions of the various brain system including the adrenergic and orexinergic systems, which have different effects on cognitive functions, such as memory and learning. The amygdala impacts different kinds of memories, such as emotionally

charged learning underlying Pavlovian fear conditioning [3]. In addition to mediating emotional memories, the amygdala also has a role in allowing emotional arousal to influence memory formation in other brain regions, such as the hippocampus. The amygdala impacts its target brain regions either directly through glutamatergic projections to or indirectly through activation of the hypothalamic-pituitary-adrenal axis. In line with this mechanism of action, the amygdala is also involved in hippocampal-dependent learning, such as passive avoidance learning and spatial reference memory. Different neurotransmitter systems within the amygdala affect learning and memory. Orexin projections to the amygdala recently has been investigated in several studies. Herein, we intended to report new progression and advances in the hippocampus function in memory by focusing on its relationship with the amygdala through the orexinergic system.

2.1. The orexinergic system

In 1998, two groups of researchers independently discovered two neuropeptides and their receptors while searching for new signaling molecules. One group [4] named these peptides orexin-A and -B because they were initially thought to enhance feeding behaviors in animals. The other group [5] named these peptides hypocretin-1 and -2 because they are produced in the hypothalamus and have similarities to the incretin

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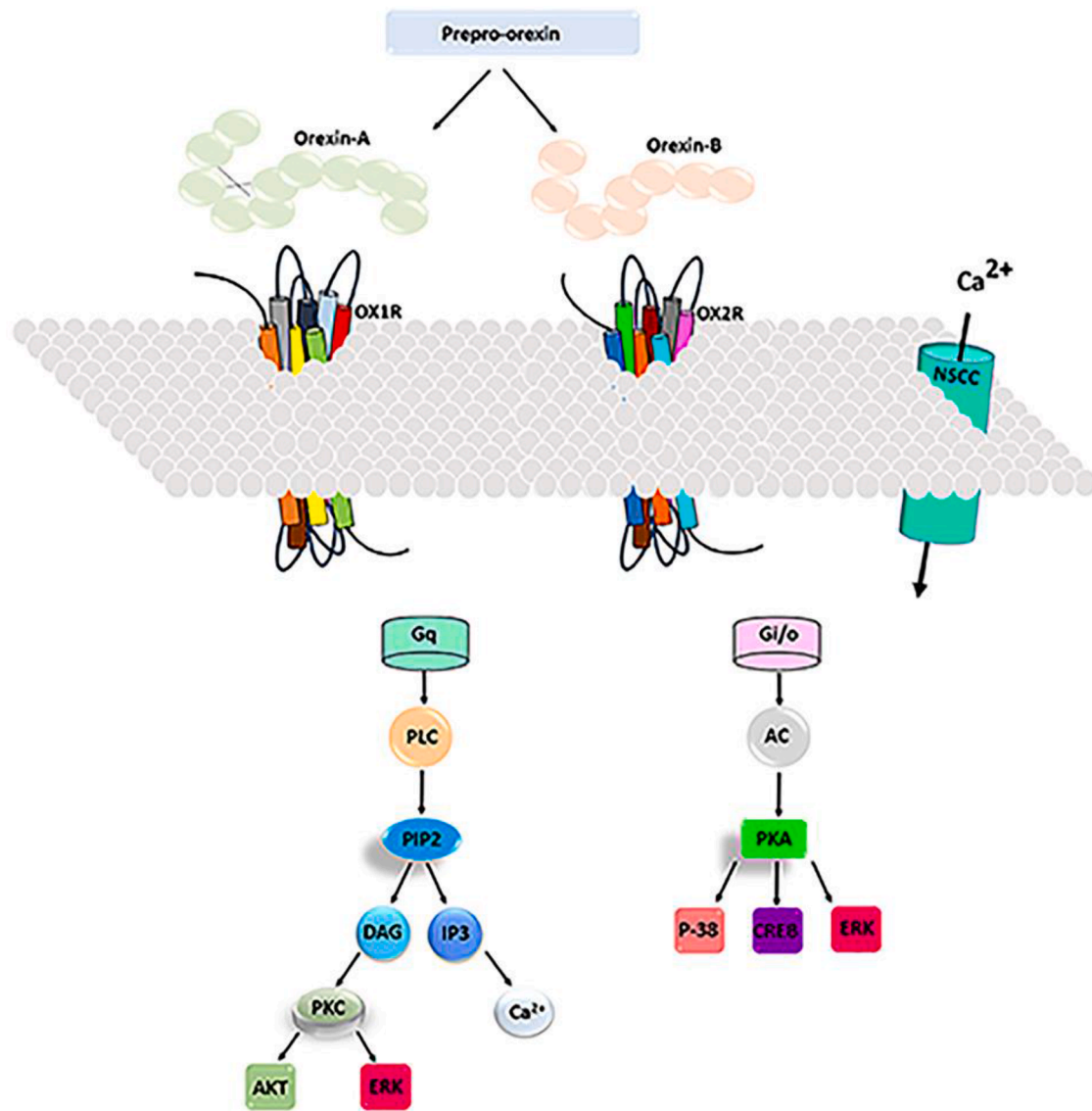


Fig. 1. Schematic representation of the orexin signal transduction. OX1R binds orexin-A with high affinity, whereas the orexin receptor type 2 has the same affinity for both neuropeptides. Orexins binding to their receptors stimulates Gq or Gi subtypes of the G proteins, which activates phospholipase C or Adenylyl cyclase, leading to an increase in the cytosolic calcium ion levels and a downstream cascade response. In addition, orexin-A enhances intracellular calcium ion levels by binding to the OX1 receptors through activating nonselective cationic channels (NSCCs). Abbreviations: OX1R; orexin 1 receptor; OX2R: orexin 2 receptor; NSCC: non selective cationic channel; Gi: G protein inhibitory; PLC: phospholipase C; AC: adenylyl cyclase; PKA: protein kinase A; PIP2: Phosphatidylinositol 4, 5-bisphosphate; DAG: diacylglycerol; IP3: Inositol triphosphates; PKA: protein kinase A; AKT: protein kinase B; ERK: extracellular signal-regulated kinase; CREB: cAMP response element-binding protein; P-38: Mitogen-activated protein kinase.

peptides. This system consists of two endogenous neuropeptides, orexin-A and -B (also known as hypocretin-1 and -2), and their associated G protein-coupled receptors, orexin 1 (OX1) and orexin 2 (OX2) receptors. OX1R is selective for orexin-A, whereas OX2R is a nonselective receptor for both orexin-A and orexin-B. Orexin-A and -B neuropeptides are made by processing the prepro-orexin precursor in an area of the dorsolateral hypothalamus [4]. Neuro-excitatory transduction in orexin receptors can be based on multiple mechanisms. Several studies infer that the major primary signaling transducer for OX is Gq. These studies have demonstrated a strong coupling to the classically Gq-mediated responses, Ca²⁺ elevation and phospholipase C (PLC) activation. These mechanisms of action would cause the major response in neurons. The G-protein families Gi/o and Gs have also been implicated in the OX signaling. Therefore, these mechanisms (the activation of Gq proteins and the stimulation of the phospholipase C-protein kinase C pathway) are shown here (Fig. 1). Orexin neuropeptides also act by

increasing the intracellular concentrations of Ca²⁺. Another mechanism is the regulation of adenylyl cyclase and the activation of the protein kinase A [6,7]. The mechanisms of action of these peptides are briefly demonstrated through the pathways, as shown in Fig. 1. The orexinergic system fibers project to different areas in the brain, such as the thalamus, the hippocampus, dorsal raphe nuclei, the septum, and the amygdala. Orexin neurons are cross-linked to all areas of the brain known to enhance wakefulness and arousal, including the tuberomammillary nucleus, the locus coeruleus, and the dorsal raphe nucleus [8]. These neurons also send projection fibers to the brain nuclei that regulate motivation and emotion [9,10], such as the ventral tegmental area, nucleus accumbens, and the amygdala. Furthermore, orexin neurons innervate many brain regions, such as the septum, the hippocampus, and the amygdala, that regulate spatial learning and memory functions [8].

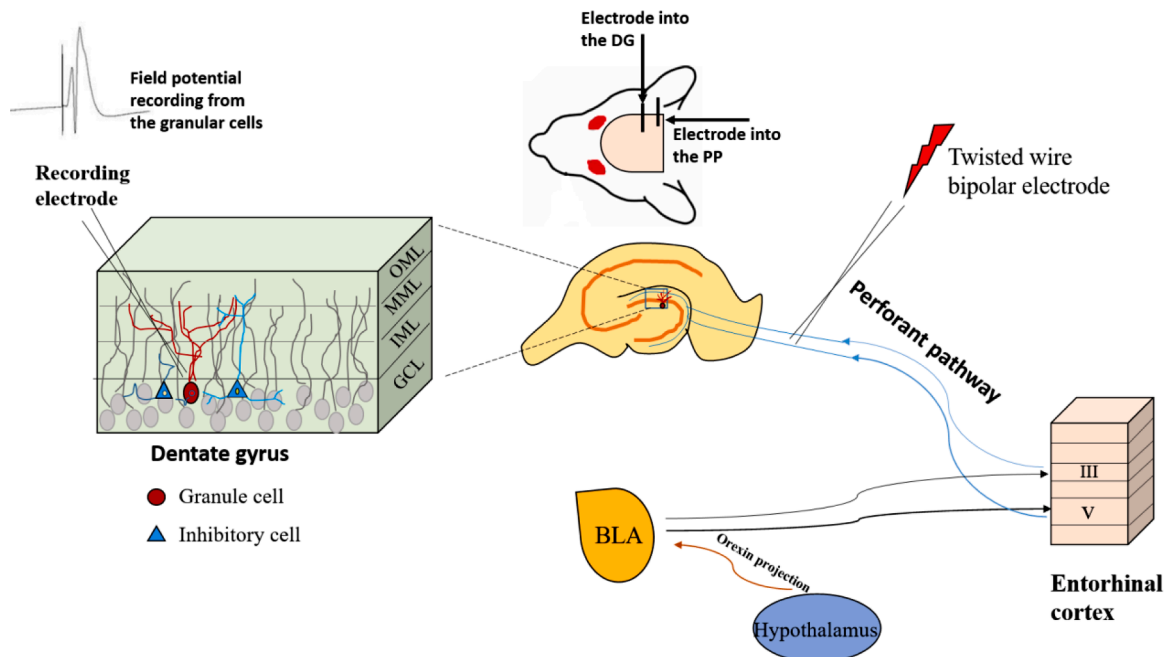


Fig. 2. Schematic representation of the BLA projections to the entorhinal cortex, the location of the stimulating electrode in the perforant pathway and recording electrode in the dentate gyrus. There is a monosynaptic pathway between the amygdala and dentate gyrus. These structures communicate together via a relay pathway involving the entorhinal cortex. Abbreviations: GCL; granular cell layer, IML; inner molecular layer, MML; mid molecular layer, OML; outer molecular layer, DG; dentate gyrus, PP; perforant pathway.

2.2. The effects of the orexinergic system on hippocampal neural circuits

Previous studies have shown that the intracerebroventricular administration of orexin-A results in high-affinity binding of the neuropeptide to its receptors, which are widely expressed throughout memory-related areas in the brain, including the CA1, DG, and CA2 of the hippocampus, the prefrontal cortex, and the retrosplenial cortex [11, 12]. Facilitative effects on passive avoidance [13,14] and spatial memory tasks [15] were described for orexin-A administration in rodents. The molecular mechanisms of such involvements were studied *in vitro* and *in vivo*. The results showed an increase in the phosphorylation of mitogen-activated protein kinase (MAPK) proteins in hippocampal cells in rodents. MAPK proteins are closely related to plasticity signaling [16]. Also, the central administration of orexin-B could augment the acquisition, consolidation, and recall of the memory process [17]. Further studies in the field revealed that orexin-A elevated neurogenesis in the dentate gyrus, which facilitated memory formation by enhancing the activity of neurotransmission pathways involved in the acquisition and consolidation of implicit memory tasks [18,19]. The orexinergic system may also have a role in aversive and appetitive learning, depending on the situation, and the stimulus context in that orexin signaling can facilitate attentional behavior and some types of learning and memory [20]. Moreover, stressful events have dramatic effects on learning and memory. The orexin system has close contact with regions and pathways involved in stress responses through connections to the hypothalamic-pituitary axis [21]. During stressful events, the hippocampus, which is vulnerable to stress-induced changes, expresses OX1 and OX2 receptors in various sub-regions of the hippocampus. It has been shown that the blockade of OX1 and OX2 receptors in the hippocampus reduced the anxiety and immobility caused by acute stress [22].

2.3. The effects of the orexinergic system on BLA

The amygdala is related to memory processing and consists of central (CE), basal (B), and lateral (LA) nuclei. The basolateral complex of the amygdala (BLA) plays a role in translating the emotional charge of

events into vivid memories and modulating the emotional memory process in other related brain areas. This part of the amygdala directly or indirectly connects with other parts of the brain structures involved in the memory process, such as the entorhinal cortex, hippocampal formation, and the prefrontal cortex [23]. In fact, the amygdala plays an essential role in hippocampus-dependent and reward-based learning and memory through its basolateral complex. The power of memorization is modulated by a range of neurotransmitters, including norepinephrine, acetylcholine, GABA, opioids, and orexins [24]. Orexin circuits in BLA have proven effects on learning and memory. Different studies have shown that orexin deficiency is related to memory deficits that can be attenuated by orexin agonists. Emotional experiences affect our memory, leading to memory impairment or improvement through a change in synaptic plasticity in a context-dependent manner [25]. Synaptic plasticity is generally regulated by the release of various neurotransmitters from the presynaptic membrane or by varying the density, types, and properties of neurotransmitter receptors at the postsynaptic membrane. NMDA (N-methyl-D-aspartate) receptor-dependent long-term potentiation (LTP) and long-term depression (LTD) of signal transmission in excitatory neurons, such as hippocampal pyramidal neurons, is thought to underlie the formation of learning and memory processes. As mentioned, many neurotransmitter systems within BLA are involved in modulating the hippocampal synaptic plasticity, including LTP and LTD. The greatest density of projections that originate in the BLA, then terminate in layers 3 or 5 of the entorhinal cortex, some of which originating mainly from the layer V are also the main source of fibers that project from the amygdala to the DG. Orexinergic blockade studies using the LTP model reported inhibition of LTP induction in the perforant pathway-dentate gyrus. These studies concluded that the orexinergic system blockade was also involved in modulating (inhibitory) effects on the hippocampal region through BLA [26,27]. The schematic representation of this involvement is depicted in Fig. 2. The blockade of orexin receptors in BLA impairs memory consolidation and the retrieval of inhibitory avoidance learning through the amygdala-hippocampal pathway, showing the vital role of this system in learning and memory. The mechanism of this event was

evaluated through LTP, and it was postulated that synaptic transmission efficacy in the hippocampus might be modulated indirectly by manipulating the orexin receptors of BLA.

Furthermore, some fibers in BLA contain both dopamine beta-hydroxylase and orexin [28]. Therefore, it seems that orexin and norepinephrine efficiently collaborate in this brain area containing overlapping fibers from both systems. Previous studies have confirmed the interaction between the adrenergic and orexinergic systems [28,29]. Arousal experiences by inducing the noradrenergic system increase norepinephrine levels in the amygdala, leading to a change in the memory process by modulating synaptic plasticity in the hippocampus. These behavioral outcomes were confirmed by previous investigations on LTP induction in the hippocampus [30]. Different neurotransmitter systems are involved in emotional memory formation, which depends on interactions of several neuronal circuits within BLA. Previous studies in the field has shown that the orexinergic system can modulate certain cognitive functions and emotional behaviors and the behavior under situations of high motivational relevance, such as during physiological need states, exposure to threats, or reward opportunities [31].

There is some argument about emotional load and its effects on hippocampal-dependent memory. Although the emotional load of an event affects the long-term amplification of hippocampal synapses and improves learning, the formation of memory is not necessarily directly related to the amount of excitement associated with an event. Other studies have shown that high levels of excitement and excessive stress can cause memory impairment and attention deficiency [32,33]. These discrepancies may be due to the animal's emotional state, resulting in the release of a certain amount of norepinephrine at its targets, such as the hippocampus, and other neurotransmitters, such as orexins, which are released simultaneously with norepinephrine.

3. Conclusion

Orexin fibers widely project to several areas of the brain, such as the amygdala, the hippocampus, the cerebral cortex, and the bed nucleus of the stria terminalis [8]. In recent studies, the impressive effects of the orexinergic system antagonists have been shown on sleep disturbances [34] and repetitive and behavioral disorders like obsessive-compulsive disorder [35]. Given that orexins are involved in neural mechanisms mediating emotional memory formation, the manipulation of the orexin receptors can promote learning and memory impairments induced by different pathological situations. In this review, we explained that orexin signal transduction, through OX1 and OX2 receptors, improved the formation and consolidation of emotional memory, probably by affecting the interaction between the amygdala and the hippocampus. The findings of this review define the therapeutic potential of orexin receptors as a novel target to impact learning problems associated with disorders caused by orexin deficiency.

Declaration of competing interest

The authors declare that they have no conflict of interest.

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Supplementary materials

Supplementary material associated with this article can be found, in the online version, at [doi:10.1016/j.cccb.2021.100035](https://doi.org/10.1016/j.cccb.2021.100035).

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