



Published in final edited form as:

Cell. 2022 October 27; 185(22): 4190–4205.e25. doi:10.1016/j.cell.2022.09.024.

Nociceptor neurons direct goblet cells via a CGRP-RAMP1 axis to drive mucus production and gut barrier protection

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Declaration of interests

A.J. is an employee of Genentech, Inc. I.M.C. serves on scientific advisory boards of GSK Pharmaceuticals and Limm Therapeutics. His lab receives research support from Moderna Inc. and Abbvie/Allergan Pharmaceuticals.

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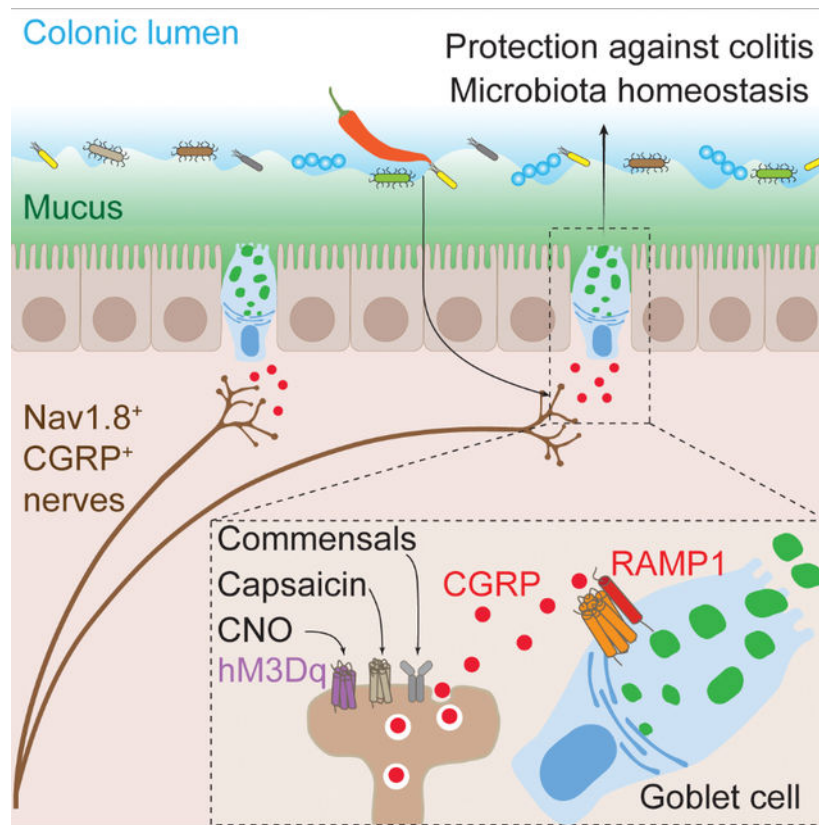
Summary

Neuroepithelial crosstalk is critical for gut physiology. However, the mechanisms by which sensory neurons communicate with epithelial cells to mediate gut barrier protection at homeostasis and during inflammation are not well understood. Here, we find that Nav1.8⁺CGRP⁺ nociceptor neurons are juxtaposed with and signal to intestinal goblet cells to drive mucus secretion and gut protection. Nociceptor ablation led to decreased mucus thickness and dysbiosis, while chemogenetic nociceptor activation or capsaicin treatment induced mucus growth. Mouse and human goblet cells expressed Ramp1, receptor for the neuropeptide CGRP. Nociceptors signal via the CGRP-Ramp1 pathway to induce rapid goblet cell emptying and mucus secretion. Notably, commensal microbes activated nociceptors to control homeostatic CGRP release. In the absence of nociceptors or epithelial Ramp1, mice showed increased epithelial stress and susceptibility to colitis. Conversely, CGRP administration protected nociceptor ablated mice against colitis. Our findings demonstrate a neuron-goblet cell axis that orchestrates gut mucosal barrier protection.

ETOC:

Pain sensory neurons induce mucus release from nearby intestinal goblet cells via a CGRP-RAMP1 axis in response to commensal and dietary cues to orchestrate gut mucosal protection.

Graphical Abstract



Keywords

Nociceptor; sensory neuron; CGRP; goblet cell; mucus; Ramp1; colitis; gut barrier; gut-brain-axis

Introduction

Neuroepithelial crosstalk is fundamental for sensing and adapting to stimuli in the gastrointestinal (GI) tract (Furness et al., 2013; Kraus et al., 2021). Gut-innervating sensory neurons relay signals originating from epithelial cells to the brainstem and spinal cord through a gut-brain axis (Veiga-Fernandes and Mucida, 2016). Direct gut epithelial signaling to neurons has been described for enteroendocrine cells, which sense luminal signals and relay them to sensory nerves, resulting in metabolic adaptation or development of visceral pain (Bellono et al., 2017; Kaelberer et al., 2018; Ye et al., 2021). The molecular mechanisms underlying sensory neuron signaling to gut epithelial cells are less well understood.

The gut barrier is composed of epithelial cells connected by paracellular junctions and overlaid by a mucus layer, whose essential function is to prevent unregulated passage of luminal contents into underlying tissues (Chelakkot et al., 2018; Turner, 2009). Goblet cells are specialized epithelial cells that produce mucins and associated proteins to form the mucus layer, a loosening structural mucin gradient created by mucus-associated enzymes (Nystrom et al., 2018). The mucus layer defends the tissue against microbial penetration while maintaining commensal homeostasis (Knoop and Newberry, 2018; Pelaseyed and Hansson, 2020). Mucus defects increase susceptibility to pathogens and are associated with development of inflammatory bowel diseases (Bergstrom et al., 2010; van der Post et al., 2019).

Microbial and immune cues are canonical triggers of mucus release from goblet cells (Birchenough et al., 2016; Wlodarska et al., 2014). The neurotransmitter acetylcholine (ACh) also induces mucus secretion from small intestine and colon explants (Halm and Halm, 1999; Specian and Neutra, 1980). Enteric neuron derived IL-18 regulates goblet cell antimicrobial peptide production and host defense against *Salmonella* infection (Jarret et al., 2020). Few studies have evaluated the role of sensory neuroepithelial signaling in mucus secretion at homeostasis and during inflammation.

The GI tract is densely innervated by intrinsic enteric neurons and gut-extrinsic neurons, which cooperatively regulate diverse aspects of tissue physiology, including intestinal motility, nutrient absorption, sickness behavior, host defense, and pain (Veiga-Fernandes and Mucida, 2016; Yoo and Mazmanian, 2017). Nociceptors, characterized by expression of ion channels such as the voltage-gated sodium channel Nav1.8 and transient receptor potential vanilloid subtype 1 (TRPV1), are specialized sensory neurons that mediate pain, driving withdrawal and avoidance behaviors (Lagomarsino et al., 2021). Gut-innervating nociceptors are extrinsic sensory afferents arising from dorsal root ganglia (DRG), which, upon activation by noxious stimuli, transduce action potentials to the spinal cord to mediate visceral pain (Foster et al., 2017; Jacobson et al., 2021). At nociceptor peripheral nerve terminals, local release of neuropeptides, including calcitonin gene-related peptide (CGRP),

can drive neurogenic inflammation through signaling to immune or vascular cells (Baral et al., 2019). The receptor for CGRP is formed by receptor activity modifying protein 1 (Ramp1) and its co-receptor, calcitonin receptor-like receptor (Calcrl) (Moore and Salvatore, 2012). How nociceptors are involved in regulating the gut epithelial barrier at homeostasis and in inflammation is poorly defined.

Here, we demonstrate a critical role for nociceptor neurons and their signaling to goblet cells via a CGRP-Ramp1 axis in gut barrier protection. Nociceptor deficiency in mice led to decreased mucus thickness at homeostasis, while nociceptor activation induced mucus production. The CGRP co-receptors Ramp1 and Calcrl are expressed in goblet cells. In response to commensal and dietary cues, nociceptors released CGRP, which signaled through Ramp1 on goblet cells to induce mucus release. This nociceptor-goblet cell axis protected against colitis-induced immunopathology. Our findings demonstrate an intestinal neuroepithelial axis that orchestrates gut mucosal protection at homeostasis and during colitis pathogenesis.

Results

Nociceptors are juxtaposed with goblet cells and mediate colonic mucus production

We bred *Nav1.8-Cre* mice with Cre-dependent *Rosa26-tdTomato* mice to label gut-innervating nociceptors. *Nav1.8-tdTomato*⁺ nerves were found in proximity to EpCAM⁺ epithelial cells in the colon (Fig. S1A). We then bred *Nav1.8-Cre* mice with *Rosa26-DTA* mice to generate mice lacking *Nav1.8*⁺ nociceptors (*Nav1.8*^{DTA} mice) (Fig. 1A) (Abrahamsen et al., 2008; Lai et al., 2019). Tyrosine hydroxylase (Th)⁺ sympathetic nerves were intact in these mice (Fig. S1B–C). Oral gavage of FITC-dextran in *Nav1.8*^{DTA} mice showed similar barrier permeability compared with control littermates (Fig. S1D).

We next asked if nociceptor ablation led to changes in the mucus layer. Mucin 2 (MUC2) immunostaining revealed that *Nav1.8*^{DTA} mice had thinner colon mucus layers compared to control mice (Fig. 1A–B and S1E). As mucus thickness can shrink due to fixation conditions, we next used a live colon explant assay overlaid with fluorescent beads to more accurately measure mucus thickness (Fig. S1F) (Gustafsson et al., 2012). Bead distribution analysis showed that *Nav1.8*^{DTA} mice exhibited a thinner colonic mucus layer with higher bead penetrability compared to control littermates (Fig. 1C–E and S1G).

To investigate whether activating nociceptors is sufficient to promote mucus growth, we bred *Nav1.8-Cre* mice with hM3Dq reporter mice to drive expression of both mCitrine and hM3Dq, a designer receptor exclusively activated by designer drugs (DREADD) whose ligand is clozapine N-oxide (CNO) (*Nav1.8*^{hM3Dq}) (Urban and Roth, 2015) (Fig. 1F). CNO treatment induced dose-dependent calcium influx in cultured *Nav1.8*^{hM3Dq} DRG neurons but not control cells (Fig. 1F–G and S1H–I). CNO treatment of *Nav1.8*^{hM3Dq} mice rapidly increased mucus thickness compared to control mice (Fig. 1H–I).

We observed *Nav1.8-mCitrine*⁺ nerves in close proximity to MUC2⁺EpCAM⁺ goblet cells in colonic crypts (Fig. 1J), suggesting they may interact. *Nav1.8*⁺ nerves were also juxtaposed with Ulex Europaeus Agglutinin I (UEA1)⁺EpCAM⁺ goblet cells in small

intestine and colon (Fig. 1K and S1J). We did not detect changes in overall MUC2⁺ goblet cell numbers between Nav1.8^{DTA} and control mice (Fig. S1K–O). Hence, Nav1.8⁺ neurons are necessary and sufficient to regulate mucus production and may interact with goblet cells.

CGRP co-receptor Ramp1 is expressed in goblet cells and required for maintaining the mucus barrier

We hypothesized that nociceptors may directly signal to goblet cells via neuropeptides to facilitate mucus production. We performed single-cell RNA-sequencing (scRNA-seq) of colonic and ileal EpCAM⁺CD45⁻ epithelial cells from control (DTA^{f/f}) mice. Five epithelial cell types, including goblet cells, were identified from coarse clusters, based on expression of canonical marker genes (Fig. 2A and S2A).

We surveyed colonic epithelial cells for expression of neuropeptide receptors (Fig. 2B). Goblet cells uniquely expressed high levels of *Ramp1* and low levels of other neuropeptide receptors (Fig. 2B–C). In the small intestine, expression of *Ramp1* was similarly high in goblet cells and absent in other epithelial cell types (Fig. S2B–C), consistent with published scRNA-seq data of small intestine epithelial cells (Fig. S2D)(Haber et al., 2017).

We also analyzed expression of *Calcr1* and calcitonin receptor (*Calcr*), as both can form a complex with *Ramp1* to bind CGRP (McLatchie et al., 1998; Salvatore et al., 2006). *Calcr1* was expressed in colonic goblet cells, but at lower levels compared to *Ramp1* (Fig. 2B and S2E). By contrast, *Calcr* was not expressed (Fig. S2E). As a comparison, we analyzed expression of muscarinic acetylcholine (ACh) receptors (mAChRs) (*Chrm1–5*), which play roles in mucus release (Gustafsson et al., 2021). We observed expression of *Chrm1* and *Chrm3* comparable to that of *Calcr1* (Fig. 2B and S2E). A recent in-depth analysis of FACS-purified colonic MUC2⁺ goblet cells (Nystrom et al., 2021) also revealed *Ramp1* and *Calcr1* expression (Fig. S2F–G).

To spatially analyze expression in mouse and human gut tissues, we performed *in situ* hybridization. We observed colocalization of *Muc2* and *Ramp1* transcripts in goblet cells in the mouse colon (Fig. 2D), mouse small intestine (Fig. S2H), and colocalization of *MUC2* and *RAMP1* in human colon (Fig. 2E and S2I). Immunostaining showed that *Calcr1* protein is expressed in UEA1⁺ goblet cells and other epithelial cells in the mouse colon (Fig. S2J). These data indicate that both components of the CGRP receptor, *Ramp1* and *Calcr1*, are expressed in goblet cells.

We hypothesized that nociceptor-derived CGRP signals to *Ramp1*⁺ goblet cells to maintain mucus levels. CGRP has two isoforms: CGRP α and CGRP β (Drokhlyansky et al., 2020; Russell et al., 2014). We found that CGRP α deficient mice (*Calca*^{-/-}) showed significantly decreased mucus thickness compared to *Calca*^{+/+} littermates (Fig. 2F–H). By contrast, CGRP β deficient mice (*Calcb*^{-/-}) did not show differences in goblet cell numbers or mucus thickness (Fig. S2K–L).

We next asked whether epithelial *Ramp1* signaling is required for colonic mucus maintenance. We bred *Ramp1*^{f/f} mice with *Villin1-Cre* mice to ablate *Ramp1* in gut epithelial cells including goblet cells (*Ramp1*^{Villin} mice). While there was no difference

in goblet cell numbers (Fig. S2M), *Ramp1^{Villin}* mice had significantly thinner colonic mucus layers than control *Ramp1^{f/f}* littermates (Fig. 2I–K). Decreased mucus thickness in *Calca^{-/-}* and *Ramp1^{Villin}* mice compared to control littermates were confirmed in live colon explants (Fig. 2L–O). Therefore, CGRP α and epithelial expression of Ramp1 are required to maintain colonic mucus layers.

Nociceptors sense commensal microbes and dietary stimuli to release CGRP

Our data suggest that nociceptors communicate with goblet cells via CGRP to maintain the mucus barrier. Consistently, we observed CGRP colocalization with Nav1.8⁺ nerves in the colon (Fig. S2N), and less CGRP in serum and colon explants from Nav1.8^{DTA} mice compared to control littermates (Fig. 3A). Imaging of gut-innervating mesenteric nerves revealed ablation of CGRP⁺ nerves in Nav1.8^{DTA} mice, suggesting Nav1.8⁺ neurons as an important source of intestinal CGRP (Fig. S2O).

Previous work showed that nociceptors can directly sense bacterial pathogens and their products (Baral et al., 2018; Chiu et al., 2013). We hypothesized that gut commensal microbes may trigger homeostatic nociceptor activation and CGRP release. We found significantly higher levels of CGRP in colon explants from specific pathogen free (SPF) mice compared to germ-free (GF) mice (Fig. 3B). Fecal transplantation from SPF mice into GF mice significantly upregulated CGRP release in the colon (Fig. 3C). Treatment of mice with the TRPV1 ligand resiniferatoxin (RTX) leads to chemical ablation of nociceptors, including those that innervate the gut (Lai et al., 2019). RTX pre-treatment blocked the upregulation of CGRP release in conventionalized GF mice (Fig. 3C), suggesting a central role for nociceptors in microbiome-dependent CGRP release. Consistently, treatment of control mice with antibiotics decreased CGRP release (Fig. 3D). However, antibiotics treatment did not reduce CGRP release in Nav1.8^{DTA} mice (Fig. 3D), confirming the role of nociceptors as a CGRP source.

To determine whether commensal-derived products can directly activate nociceptors, we treated cultured DRG neurons with fecal supernatants. We found that fecal supernatant from SPF mice triggered significantly more DRG neuron activation, shown by calcium influx, and CGRP release than that triggered by fecal supernatant from GF mice (Fig. 3E–J). Consistent with the increased CGRP release and previous studies (Johansson et al., 2015), the colonic mucus layer was significantly thicker in GF mice conventionalized with SPF feces compared to control GF mice (Fig. 3K–L). Nociceptors were necessary for microbiome-dependent mucus layer growth, as pre-treatment of conventionalized mice with RTX resulted in a significantly thinner mucus layer (Fig. 3K–L).

In addition to microbes, we hypothesized that dietary factors could trigger nociceptor activation and mucus production. Capsaicin, the active component of chili peppers, is a prototypic TRPV1 ligand that activates nociceptors (Caterina et al., 1997). Capsaicin triggered robust DRG neuron activation and CGRP release *in vitro* (Fig. 3E–J). Oral gavage of capsaicin also dramatically induced increased colonic mucus thickness (Fig. 3M–N). These results indicate that nociceptors can directly sense intestinal commensal cues and capsaicin to release CGRP.

Nociceptor activation induces goblet cell emptying and mucus growth through CGRP-Ramp1 signaling

We hypothesized that nociceptor activation is coupled to goblet cell emptying. We first confirmed that CNO induced CGRP release from Nav1.8^{hM3Dq} DRG neurons but not control neurons (Fig. S3A). Next, we injected mice with CNO, observing rapid goblet cell emptying in Nav1.8^{hM3Dq} but not control mice as indicated by loss of Periodic acid Schiff (PAS)/Alcian Blue (AB) staining (Fig. 4A–B). We also generated Calca^{hM3Dq} mice to specifically activate CGRP⁺ neurons (Fig. 4C). CNO treatment induced increased CGRP levels, as well as rapid goblet cell emptying in Calca^{hM3Dq} but not control mice (Fig. 4C–D and Fig. S3B). Pretreatment of mice with the Ramp1 antagonist BIBN4096 significantly reduced goblet cell emptying upon CGRP⁺ neuron activation (Fig. 4C–D), indicating that nociceptor neuron-dependent goblet cell mucus release relies on Ramp1 signaling. Consistent with goblet cell emptying, colonic mucus thickness in Calca^{hM3Dq} mice rapidly increased following CNO treatment compared to control mice (Fig. S3C–D). As a control, activation of Th⁺ neurons in *Th-Cre*-induced hM3Dq DREADD (Th^{hM3Dq}) mice with CNO did not lead to goblet cell emptying (Fig. S3E–F). These data indicate that nociceptor activation facilitates goblet cell emptying and mucus release through CGRP-Ramp1 signaling.

Our data points to nociceptor regulation of goblet cell function via CGRP, which is predicated on proximity between CGRP⁺ nerves and intestinal goblet cells. We observed close juxtaposition of CGRP-GFP⁺ nerves with MUC2⁺ goblet cells and UEA1⁺ goblet cells in colonic crypts (Fig. S3G–H), by imaging *Calca-GFP-DTR* mice that express eGFP under the *Calca* promoter (McCoy et al., 2013). These CGRP⁺ nerves were depleted by RTX-dependent nociceptor ablation (Fig. S3I).

We next asked if CGRP is sufficient to induce goblet cell emptying. We pre-loaded 2D organoid-derived goblet cell cultures with Acridine Orange, which fluoresces orange when accumulated in secretory cell vesicles (Shumilov et al., 2014). Treatment with CGRP or carbachol, a nonhydrolyzable mimic of Ach, resulted in rapid decrease of Acridine Orange⁺ granules compared to treatment with vehicle, indicating goblet cell emptying (Fig. 4E–F). Cells treated with CGRP or carbachol also exhibited significantly less intracellular MUC2 staining (Fig. 4G–H). CGRP, but not vehicle treatment, induced a rapid increase of mucus thickness in live colon explants (Fig. 4I–J and S3J). Moreover, CGRP injection into WT mice led to a rapid and significant increase in colonic mucus thickness (Fig. 4K–L and S3K). Taken together, these data show that CGRP is sufficient to mediate goblet cell emptying, resulting in mucus layer growth.

We next determined if CGRP induction of goblet cell emptying depends on Ramp1. CGRP i.p. injection induced goblet cell emptying in control Ramp1^{fl/fl} mice but not in Ramp1^{Villin} mice (Fig. S3L–M). Ramp1 has also been shown to be expressed on intestinal innate lymphoid cells (ILCs) (Nagashima et al., 2019; Wallrapp et al., 2019). However, ILC depletion had no effect on CGRP-induced goblet cell emptying (Fig. S3N–P). Therefore, CGRP is sufficient to induce mucus secretion from goblet cells in a Ramp1-dependent but ILC-independent manner.

Loss of nociceptors induces microbial dysbiosis and gut epithelial transcriptional changes

The colonic mucus barrier is critical for maintenance of gut microbial homeostasis (Paone and Cani, 2020). We found that Nav1.8^{DTA} mice had a significantly different microbial composition in the colonic lumen and mucosa compared to control littermates, measured by Weighted Unifrac β -diversity analysis (Fig. 5A and S4A). Nav1.8^{DTA} lumen communities contained higher abundance of Firmicutes (Bacillota) families *Turibacteriaceae* and *Erysipelotrichaceae* compared with controls. Nav1.8^{DTA} mucosal communities displayed slightly lower levels of Bacteroidetes family S24–7 and Firmicutes family Ruminococcaceae compared with controls (Fig. 5B). Among the most abundant genera, *Turicibacter* (of *Turibacteriaceae* family) and *Allobaculum* (of *Erysipelotrichaceae* family) were expanded in Nav1.8^{DTA} luminal communities (Fig. 5C), while Nav1.8^{DTA} mucosal communities exhibited lower abundance of S24–7 bacteria and *Oscillospira sp.* (of *Ruminococcaceae* family) (Fig. 5D). *Turicibacter* and *Allobaculum* could regulate gut inflammation, with the former enhancing colitis pathogenesis in aged mice and latter acting as a human intestinal mucus degrader (Liu et al., 2020; Shang et al., 2021; van Muijlwijk et al., 2021).

We hypothesized that loss of nociceptors could also lead to transcriptional changes in epithelial cells. We performed scRNA-seq analysis of ileal and colonic epithelial cells isolated from Nav1.8^{DTA} mice compared to control littermates. While we found no major changes in cell-type composition (Fig. 5E and S4B), a comparison of colonic goblet cell transcriptional profiles from Nav1.8^{DTA} mice and controls identified 782 differentially expressed genes (DEGs) (Fig. 5F). Gene set enrichment analysis using gene ontology (GO) indicated that goblet cells from Nav1.8^{DTA} mice had increased responses to protein folding, endoplasmic reticulum (ER) stress, and antiviral immunity (Fig. 5G–H). We also observed significant transcriptional changes in enterocytes from Nav1.8^{DTA} mice, with increased responses to protein folding and antiviral immunity (Fig. 5I). Goblet cells and enterocytes from Nav1.8^{DTA} mice showed increased expression of antiviral and type I IFN-induced genes (Fig. 5J). We observed fewer transcriptional changes in ileal goblet cells (Fig. S4C).

In contrast with decreased mucus thicknesses observed in Nav1.8^{DTA} mice, colonic goblet cells in these mice displayed slightly increased transcript levels for some mucus-related genes (Fig. S4D), which was supported at the protein level by a subtle but significantly increased mucin staining intensity within goblet cells (Fig. S4E–F). These results suggest that mucus layer defects in Nav1.8^{DTA} mice are not due to transcriptional downregulation.

We next asked whether nociceptor ablation affects mucus protein composition. We performed mass spectrometry of colon mucus collected from Nav1.8^{DTA} and littermate control mice. Analysis identified only 9 differentially expressed proteins between genotypes, mainly lipoproteins and extracellular matrix proteins (Fig. S4G). MUC2 and MUC13, the two major mucin subtypes captured in the proteomics analysis, showed similar levels in Nav1.8^{DTA} and control mucus, consistent with transcript levels (Fig. S4G–I). Western blot confirmed similar protein levels of MUC2 in Nav1.8^{DTA} and control mucus (Fig. S4J). These data support a role for nociceptors in regulation of mucus thickness and goblet cell emptying, but not of mucus protein composition.

We also aimed to understand how Ramp1 signaling impacts gut epithelial cell transcription by performing scRNA-seq analysis of colonic epithelial cells isolated from Ramp1^{Villin} mice compared to controls. Loss of Ramp1 did not lead to overall changes in epithelial cell composition (Fig. S4K–L). We identified 302 DEGs in colonic goblet cells (Fig. S4M). GO enrichment analysis indicated that Ramp1^{Villin} goblet cells had an enhanced cellular response to ER stress and incorrect protein folding (Fig. S4N, S5A), and enterocytes had an increased protein folding and anti-viral responses (Fig. S5B). We did not observe clear changes in mucus-related gene expression in Ramp1^{Villin} colonic goblet cells compared to controls (Fig. S5C).

To highlight common aspects of the mouse models, we performed an intersectional analysis of both colonic scRNA-seq datasets and identified 108 common DEGs shared by Nav1.8^{DTA} and Ramp1^{Villin} goblet cells (Fig. S5D), with a positive enrichment in genes related to heat shock and protein folding and a negative enrichment in genes related to cholesterol metabolism by GO analysis (Fig. S5E–F). Enterocytes from both Nav1.8^{DTA} and Ramp1^{Villin} mice shared upregulation of cellular stress response pathways (Fig. S5G–H). Taken together, our results indicate that nociceptors maintain gut microbiota composition at homeostasis, and that loss of nociceptors or epithelial Ramp1 signaling leads to epithelial transcriptional changes that may reflect increased stress responses.

Nociceptors and CGRP-Ramp1 signaling regulate host protection against colitis

Despite loss of mucus, microbial dysbiosis, and epithelial changes in nociceptor-deficient mice, these mice displayed no changes at baseline in populations of lamina propria (LP) immune cells or intraepithelial lymphocytes (Fig. S6A–G), nor changes in colon length or histology (Fig. S6H–K). We hypothesized that these mice may be more susceptible to barrier damage. To test this, we treated Nav1.8^{DTA} and control mice with Dextran Sodium Sulfate (DSS) to induce colitis. Pain is a major symptom of colitis. We measured visceromotor responses (VMR) induced by colorectal distension to detect visceral pain-like responses (Larauche et al., 2010). Control mice but not Nav1.8^{DTA} mice showed increased VMR after DSS treatment (Fig. 6A).

Nav1.8^{DTA} mice displayed significantly more severe colitis compared to control mice, indicated by greater body weight loss, shorter colon length, worse colonic structure disruption, increased penetration of immune cells and goblet cell loss, and higher histology scores after DSS treatment (Fig. 6B–G and S6L). We also observed a significant increase in LP macrophages, monocytes, and neutrophils in Nav1.8^{DTA} mice (Fig. 6H and S6M). Nav1.8^{DTA} mice and control mice consumed similar amounts of water throughout DSS treatment (Fig. S6N). RTX-treated mice, which lack TRPV1⁺ nociceptors, also showed increased body weight loss, shorter colon lengths, and increased histology scores compared to control mice after DSS treatment (Fig. 6I and S7A–D). These data indicate that nociceptors protect against pathology induced by DSS-induced colitis.

We observed increased colonic CGRP release after DSS treatment (Fig. 6J). DSS treatment also induced colonic CGRP release in Nav1.8^{DTA} mice (Fig. 6J), indicating that Nav1.8⁺ nociceptors are not the sole source of CGRP release during DSS colitis. Further analyses revealed a protective role for epithelial Ramp1 during colitis, as Ramp1^{Villin} mice displayed

significantly greater body weight loss, shorter colon length, and increased histology scores (Fig. 6K–O and S7E–H). We observed a trend towards increased survival in Ramp1^{f/f} mice compared to Ramp1^{Villin} mice at higher concentrations of DSS treatment (Fig. S7F). Ramp1^{Villin} and littermate control mice exhibited similar colon lengths at baseline (Fig. S7I–J).

To test the role of nociceptor activation during colitis, we treated Nav1.8^{hM3Dq} and control mice simultaneously with DSS and CNO. Of note, Nav1.8^{hM3Dq} mice drank less DSS-containing water during the first and fifth day of DSS treatment (Fig. S7K), which is a caveat that limits our interpretation of these data (see **Limitations** section). Nav1.8^{hM3Dq} mice displayed less body weight loss, longer colon lengths, and lower histology scores compared with control mice (Fig. 7A–D and S7L–M), indicating a milder colitis pathogenesis. Nociceptor activation also changed the microbiome of Nav1.8^{hM3Dq} mice compared with that of control mice after DSS and CNO treatment (Fig. S7N–P). Taken together, these data demonstrate a critical role for nociceptors and the CGRP-Ramp1 signaling axis in regulating host protection against colitis.

CGRP administration rescues nociceptor-ablated mice from colitis

Given that Nav1.8^{DTA} mice have decreased intestinal CGRP and more severe colitis, we hypothesized that CGRP treatment could rescue the worsened pathogenesis present in Nav1.8^{DTA} mice. Nav1.8^{DTA} mice were subcutaneously implanted with an osmotic pump containing either CGRP or a vehicle control, facilitating continuous release of CGRP after transplantation. Following implantation, mice were treated with DSS (Fig. 7E). While vehicle-treated Nav1.8^{DTA} mice exhibited worse immunopathology after DSS treatment compared to vehicle-treated control mice, CGRP-treated Nav1.8^{DTA} mice showed significantly less immunopathology from DSS pathogenesis, indicated by less body weight loss, longer colon lengths, and lower histology scores (Fig. 7F–J and S7Q–R). Collectively, these data suggest that CGRP treatment is sufficient to rescue Nav1.8^{DTA} mice from worsened intestinal colitis.

Discussion

The canonical function of nociceptor neurons is to detect harmful stimuli, mediating pain perception and avoidance behaviors. In this study, we identify a role for nociceptors in driving intestinal mucus release through neuron-goblet cell communication. Nociceptor activation leads to release of CGRP, which acts on Ramp1 on intestinal goblet cells to induce rapid mucus secretion. Nociceptors and Ramp1 are required to maintain the mucus layer and microbiome composition at homeostasis. In addition, the nociceptor-CGRP-Ramp1 signaling axis provides protection during intestinal colitis. Therefore, we highlight a critical role of nociceptor-goblet cell communication in gut barrier protection.

Mucin exocytosis is thought to rely on calcium signaling, and cAMP signaling mediates fluid secretion that accompanies mucus granule release (Lee and Foskett, 2014; Yang et al., 2013). CGRP-RAMP1 signaling is known to induce both cAMP increases and calcium influx in neurons (Hosokawa et al., 2010; Russell et al., 2014). The specific signaling

pathways within goblet cells required for CGRP-dependent emptying remain to be fully determined.

The CGRP-Ramp1 goblet cell signaling axis described in our study may have relevance for other mucosal tissues including the respiratory tract. Nociceptor nerves are juxtaposed with lung epithelial cells, and optogenetic stimulation of vagal sensory neurons induces increased mucin transcription and release (Talbot et al., 2020b).

While neuroimmune circuitry is well-described in the gut (Cardoso et al., 2021; Gabanyi et al., 2016; Godinho-Silva et al., 2019; Muller et al., 2020; Seillet et al., 2019; Talbot et al., 2020a; Xu et al., 2019), less is known about how neurons and epithelial cells communicate. We previously found that gut-extrinsic nociceptors suppressed microfold (M) cells in small intestine Peyer's Patches and maintained levels of segmented filamentous bacteria (SFB), thereby limiting *Salmonella* invasion (Lai et al., 2019). Given that SFB does not colonize the mouse colon (Farkas et al., 2015; Lai et al., 2019), nor are M cells present at baseline in the GI tract (Kimura et al., 2015), we do not expect changes in these factors to affect goblet cell mucus release described in this study. However, it is possible that mucus defects could be upstream of and contribute to the changes observed in our previous study.

Our study adds to the far-reaching role of CGRP in mucosal biology. CGRP regulates macrophages, neutrophils, and group 2 innate lymphoid cells (ILC2s) (Baral et al., 2019; Nagashima et al., 2019; Wallrapp et al., 2019). Our work reveals the broad impact of this neuropeptide on epithelial cells. While our study focuses on CGRP from sensory neurons, enteric neurons and ILC2s have also been shown to produce CGRP (Wallrapp et al., 2019; Xu et al., 2019). Questions remain as to whether these other cells can signal via CGRP to goblet cells.

Calcium influx is sufficient to induce CGRP release from nociceptors, whereas production of pain perception requires high threshold stimulation and action potential transduction to the CNS. We posit that at homeostasis gut microbe-derived factors stimulate nociceptors at a low-level, leading to homeostatic CGRP release but not pain perception. However, in situations of barrier breach such as during colitis, increased stimuli further enhance nociceptor activation, leading to pain perception. Nociception coupled with mucus production may be a way for the gut to accelerate the removal of harmful substances.

Pain is a major symptom of inflammatory bowel diseases (Bielefeldt et al., 2009). However, acute pain and its accompanying release of CGRP may protect the gut barrier. We confirmed that eliminating nociceptors in DSS-induced colitis leads to worsening of pathology (Kawashima-Takeda et al., 2017; Utsumi et al., 2018), consistent with another study that CGRP and TRPV1 play a protective role during colitis (Engel et al., 2011). Given that pain treatments are often used to treat patients with colitis, it may be important to consider detrimental consequences of blocking pain. Anti-CGRP therapies are widely used to treat or prevent chronic migraine (Cohen et al., 2021). While these therapies are currently lauded as having minimal side effects (Vandervorst et al., 2021), our work reveals potential detrimental side effects in gut barrier tissues. Indeed, recent clinical studies show that anti-CGRP migraine therapeutics caused constipation in patients (Holzer and

Holzer-Petsche, 2021). Overall, our findings demonstrate a nociceptor neuron-goblet cell axis that critically orchestrates gut barrier maintenance at homeostasis and protection during intestinal inflammation.

Limitations of Study

While our study indicates that nociceptors mediate mucus production and gut barrier protection, we cannot rule out CGRP-independent mechanisms as Nav1.8⁺ neurons express other neuropeptides (VIP, substance P) and mediators that could act on goblet cells. The Ramp1 antagonist BIBN4096 did not completely prevent CGRP-dependent goblet cell emptying. Therefore, CGRP may indirectly regulate mucus production via impacting non-goblet epithelial cells, immune or stromal cells that signal to goblet cells. Alternatively, nociceptor activation could regulate other branches of the nervous system (e.g. ChAT⁺ enteric or parasympathetic neurons), which release mediators (e.g. ACh) that impact goblet cell emptying. A limitation in our DSS colitis studies of Nav1.8^{hM3Dq} mice was that we observed a difference in water consumption during DSS treatment such that Nav1.8^{hM3Dq} mice consumed less water than controls. This limits the conclusions drawn, as activation of pain pathways in Nav1.8^{hM3Dq} mice could have limited DSS intake through avoidance and contributed to the milder disease severity. Future approaches are needed to dissociate pain-induced avoidance behaviors from neuronal activation and epithelial changes.

Materials and Methods

STAR METHODS

RESOURCE AVAILABILITY

Lead Contact: Please direct requests for resources and reagents to Lead Contact, Isaac Chiu (Isaac_Chiu@hms.harvard.edu).

Materials Availability: This study did not generate new unique reagents.

DATA AND CODE AVAILABILITY—The accession number for the 16S sequencing data reported in this paper is: PRJNA803622. The accession numbers for the sc-RNA-seq data of intestinal epithelial cells reported in this paper are GSE208762 and GSE208594.

The code for mucus thickness quantification of ex vivo explant images can be found in the following repository: https://github.com/prajuvikas/Mucus_Quantification_v8_2022Jan. The code has only been tested on the images generated in this study, and optimization will be needed for other image analysis. Any additional information required to reanalyze the data reported in this work paper is available from the Lead Contact upon request.

Experimental Model and Subject Details

Mice: C57BL/6, B6.Rosa26-stop(flox)-DTA, Ai14 strain B6.Rosa26-stop(flox)-tdTomato, B6N;129-Tg(CAG-CHRM3*, -mCitrine)1Ute/J and Villin-Cre mice were purchased from Jackson Laboratories. Nav1.8-Cre mice were provided by J. Wood (University College London). Calca-GFP-DTR (McCoy et al., 2013) were provided by M. Zylka and E. McCoy (University of North Carolina). Calca^{-/-} (Oh-hashii et al., 2001) mice were provided by V.

Kuchroo (Harvard Medical School). Calcb^{-/-} (Thompson et al., 2008) mice were provided by M. Rao (Boston Children's Hospital). Germ-free mice were provided by J. Huh (HMS). Nav1.8-Cre^{+/+} mice were crossed with B6.Rosa26-stop(flox)-tdTomato mice to generate Nav1.8-lineage neuron labeled mice (Nav1.8^{tdTomato}) mice. For Nav1.8-lineage neuron depletion experiments, Nav1.8-Cre^{+/-} mice were crossed with Rosa26-stop(flox)-DTA^{+/-} mice to generate Nav1.8-lineage neuron-depleted Nav1.8-Cre^{+/-}; DTA^{+/-} (Nav1.8^{DTA}) mice and control Nav1.8-Cre^{-/-}; DTA^{+/-} (Ctrl) littermates. For gut epithelial cell specific *Ramp1* depletion experiments, Villin-Cre^{+/-}; Ramp1^{fl/fl} mice were bred to Ramp1^{fl/fl} mice to generate mice with epithelial-specific depletion of Ramp1 in Villin-Cre^{+/-}; Ramp1^{fl/fl} (Ramp1^{Villin}) or control (Ramp1^{fl/fl}) littermates. For Calca and Calcb deficient mouse experiments, heterozygous mice were bred together to produce wild-type and knockout littermates. For Nav1.8-lineage neuron activation experiments, Nav1.8-Cre^{+/-} mice were crossed with B6N;129-Tg(CAG-CHRM3*, -mCitrine)1Ute/J mice to generate Nav1.8-lineage neuron activation DREDD Nav1.8-Cre^{+/-}; hM3Dq^{+/-} (Nav1.8^{hM3Dq}) mice and control Nav1.8-Cre^{-/-}; hM3Dq^{+/-} (Ctrl) littermates. For Calca-lineage neuron activation experiments, Calca-Cre^{+/-} mice were crossed with B6N;129-Tg(CAG-CHRM3*, -mCitrine)1Ute/J mice to generate CGRP-lineage neuron activation DREADD Calca-Cre^{+/-}; hM3Dq^{+/-} (Calca^{hM3Dq}) mice and control Calca-Cre^{-/-}; hM3Dq^{+/-} (Ctrl) littermates.

Mice were bred and housed in a specific pathogen-free animal facility at Harvard Medical School (HMS). Age-matched 6- to 12-week-old littermate male and female mice were used for experiments. All animal experiments were approved by the HMS Institutional Animal Use and Care Committee.

Human intestinal tissue samples: Healthy human transverse colon biopsy tissue was obtained from a 20 year old female patient and human splenic flexure biopsy tissue was obtained from a 10 year old male patient, respectively, during diagnostic colonoscopy as part of routine clinical care under approved Boston Children's Hospital Institutional Review Board Protocol P00027983. Biopsy samples were fixed in 10% Neutral Buffered Formalin, embedded in paraffin, and cut into 5–7µm sections for staining.

Method Details

DRG Isolation and culture: Mice were euthanized and DRGs were dissected and dissociated as previously described (Pinho-Ribeiro et al., 2018). DRG neurons were plated on laminin pre-coated 35mm culture dishes (2,000 cells/dish) in 50 ng/ml NGF in neurobasal media (ThermoFisher) and used for calcium imaging 24–48h after plating. For calcium imaging, cells were pre-loaded with Fura2-AM (5mM) in neurobasal media at 37 °C for 30min. Cells were washed twice and imaged in 2 ml Krebs buffer (Krebs-Ringer solution). After the addition of stimuli described below, images were acquired with alternating 340/380 nm excitation wavelengths, and fluorescence emission was captured using a Nikon Eclipse Ti inverted microscope. Ratio metric analysis of 340/380 signal intensities were processed, background corrected, and analyzed with NIS-elements software (Nikon) by drawing regions of interest (ROIs) around individual cells. Responses were measured as $F/F_0 = [(F - F_0)/F_0]$, where F is the peak fluorescence signal and F_0 is the mean fluorescence signal at baseline. Peak responses were included in the analysis if the

response was 5 SDs above baseline. The percentage of responsive cells was quantified and plotted for the stimulus in question as a percentage of total (KCl responsive) neurons.

For fecal supernatant induced neuron activation, DRGs from wildtype B6 mice were cultured as above. Two fecal pellets from SPF or GF mice were collected, mashed, and resuspended in 1 ml Krebs-Ringer buffer. After filtering with a 70 μ m cell strainer, the fecal mixture was centrifuged at 12000g for 10 minutes at 4 $^{\circ}$ C and the supernatant was collected for cell stimulation. After 10 min. of fecal supernatant or vehicle treatment, 1 μ M capsaicin (Tocris) and 40 mM KCl (Sigma) were applied sequentially to identify TRPV1+ and live neurons, respectively. For *Nav1.8⁺* neuron activation, DRGs from Nav1.8^{hM3Dq} and control mice were cultured as above. Krebs-Ringer solution (vehicle), 0.1nM CNO or 1nM CNO was applied for 2 minutes. After vehicle or CNO application, 1 μ M capsaicin and 40 mM KCl were applied sequentially to identify neuron activation as a percentage of live neurons.

CGRP release of DRG neuron cultures, colonic explants, and serum: DRG neurons were cultured as described above in a 96 well plate (5,000 cells per well) for one week. Media was aspirated and replaced with 200 μ l fresh neurobasal media prior to stimulation. DRG neurons from wildtype B6 mice were stimulated with 1 μ l fecal supernatant or 1 μ M capsaicin for 1 hour at 37 $^{\circ}$ C with 5% CO₂. DRG neurons from Nav1.8^{hM3Dq} and control mice were stimulated with 1 nM CNO or vehicle for 1 hour at 37 $^{\circ}$ C with 5% CO₂. 100 μ l culture supernatant was collected for CGRP concentration measurement using a CGRP EIA Kit (Cayman Chemicals). For CGRP release from colonic explants, distal colons (3 cm each) from SPF, GF, SPF fecal-transplanted GF mice pre-treated with or without resiniferatoxin (RTX), and antibiotic-treated and untreated Nav1.8^{DTA} and control mice were dissected and transferred into 24 well plate containing 500 μ l DMEM. Explants were incubated for 1 hour at 32 $^{\circ}$ C with gentle shaking at 150 rpm. 100 μ l explant culture supernatant was collected for CGRP concentration measurement using a CGRP EIA Kit (Cayman Chemicals). For antibiotic treatment, mice were treated with a cocktail of ampicillin (1 mg/ml), vancomycin (0.5 mg/ml), metronidazole (1 mg/ml), and neomycin (1 mg/ml) in the drinking water for three weeks.

For CGRP release in serum, blood was collected from naïve Nav1.8^{DTA} and control mice, and CNO-treated Calca^{hM3Dq} and control mice and centrifuged at 3000 rpm for 10 min. after coagulation. 50 μ l serum was collected for CGRP concentration measurement using a CGRP EIA Kit (Cayman Chemicals).

3D Colonoid and 2D primary epithelial cell culture: Colonic organoids were derived from isolated crypts collected from the large intestine of wildtype C57BL/6J mice as previously described (Sato et al., 2011). Approximately 500 crypts were plated in a 50 μ l drop of Matrigel in 24-well plates and overlaid with 500 μ l of WENR medium, containing basal crypt media (Advanced DMEM/F12, penicillin/streptomycin, 10 mM HEPES, 2 mM Glutamine), supplemented with 1 \times B27 (Gibco, 17504-044), 1 \times N2 (Gibco, 17502-048), 50 ng/ml rmEGF (Peprotech, 315-09), 50% L-WRN-CM (conditioned medium) (v/v), 10 μ M Rock inhibitor Y-27632 (Sigma, Y0503), 3 μ M CHIR99021 (Sigma, SML1046) with a final FBS concentration of 10%. Media was changed every 2 days and colonoids were split every 4 days. Cultures were passaged three times prior to experiments. For 2D monolayer cultures,

colonoids were extracted from Matrigel with organoid harvesting solution (R&D system, 3700–100-01), and then digested with undiluted TripLE (Life Technologies, 1265010). Colonoid fragments were suspended in WENR medium and plated on collagen-coated (Sigma, C5533) 35mm glass bottom dishes (Cellvis, D35–20-1.5-N). To enrich primary epithelial cultures toward goblet cells, 12h after seeding, the media was changed into secretory cell differentiation medium containing basal crypt media (Advanced DMEM/F12, penicillin/streptomycin, 10 mM HEPES, 2 mM Glutamine), supplemented with 1× B27 (Gibco, 17504–044), 1× N2 (Gibco, 17502–048), 50 ng/ml rmEGF (Peprotech, 315–09), 100ng/ml Noggin (Peprotech 250–38), 10% R-spondin1-CM (conditioned medium) (v/v), 10 μM g-Secretase Inhibitor DAPT (Sigma, D5942), 2 μM Wnt pathway inhibitor IWP-2 (Sigma, I0536) with a final FBS concentration of 10%. Media was changed on day 2 and differentiated cell monolayers were ready for experiments on day 4.

For granule release measurements, the cultured cells were preloaded with 10 mM Acridine Orange (AO) for 10 minutes and then treated with vehicle, CGRP (100ng/ml), or Carbachol (1μM) for 15 minutes and imaged in real-time on a widefield microscope (Thunder 3D Cell Culture, Leica) at 20X every 5 minutes. 2–5 areas from each dish were imaged and each area contained 100–200 cells. The total area of granules per cell was measured using FIJI. For intracellular MUC2 staining, the cultured cells were treated with vehicle, CGRP (100ng/ml), or Carbachol (1μM) for 15 minutes, and then fixed with 4% PFA, permeabilized with 0.1% Triton X-100 and stained for MUC2 as described below. The stained cells were imaged using a confocal microscopy at 63X and the intensity of MUC2 per cell were analyzed in FIJI.

Immunostaining of mucin: *In vivo* mucus layer thickness analysis was performed as described (Johansson and Hansson, 2012). Briefly, mice were euthanized and tissue from the distal $\frac{1}{3}$ of the colon with fecal pellets was removed and fixed for 24–48h in methanol-Carnoy's fixative at room temperature. Tissues were processed and paraffin-embedded without exposure to water to maintain mucus layer structure and integrity. 5 μm tissue cross-sections were heated at 60 °C for 10 min prior to incubation in xylene twice for 10 min, and then rehydrated with decreasing concentrations of ethanol (100, 95, 70, 50 and 30%) for 5 min each at room temperature. Antigen retrieval was performed by steaming samples in antigen retrieval solution (10 mM citric buffer, pH 6.0) for 15min and leaving samples in warm solution for an additional 20min. Samples were washed in PBS and blocked with 5% FBS in PBS for 30 minutes at 4 °C. Samples were stained for the mucus layer using an anti-MUC2 primary antibody and fluorescent secondary antibody. For FISH staining, sections were stained overnight at 50 °C with either 1 μg/ml nonsense control or eubacterial probe in hybridization buffer (20 mM Tris-HCl pH 7.4, 0.9M NaCl, 0.1% SDS, 0.5% formamide). Slides were incubated in FISH washing buffer (20 mM Tris-HCl pH 7.4, 0.9 M NaCl) at 50 °C for 10 mins, and then washed 3 times in PBS at room temperature. Samples were stained with DAPI, mounted with Prolong Antifade mounting medium, and sealed prior to imaging. Sections were imaged on a widefield microscope and mucus layer thickness was measured using FIJI. At least 20 measurements per tissue cross-section from at least 3 cross-sections were collected to determine average mouse mucus thickness measurements. Analysis was blinded.

Immunostaining of goblet cells: For microscopy analysis of goblet cell numbers and goblet cell maturation, mice were euthanized and ileum or distal colon pieces without fecal content were collected and fixed in either 4% PFA or methanol-Carnoy's fixative for at least 24 hours at room temperature. Tissues were processed, paraffin-embedded, and cut into 5 μm sections. Tissue sections were processed as above for mucus layer analysis, blocked for 2 hours with 2% normal donkey serum, stained for MUC2 using an anti-MUC2 primary antibody and a fluorescent-conjugated secondary antibody. For goblet cell maturation staining, sections were additionally stained with fluorescent-conjugated UEA-1 (1 $\mu\text{g}/\text{ml}$) during the secondary antibody staining. Samples were washed in PBS, stained with DAPI, and mounted prior to imaging. Sections were imaged on a confocal microscope and goblet cells per crypt were counted using FIJI. At least 10 full crypts were measured per to determine goblet cell numbers and maturation. Analysis was blinded.

H&E and AB/PAS staining analysis: For Ramp1 signaling blockade *in vivo*, the Calca^{hM3Dq} and control mice were pretreated with either vehicle or BIBN4096 (0.3 mg/kg) by i.p. injection for 30 minutes. 10 minutes prior to euthanization, mice were treated with CNO (1 mg/kg) by i.p. injection. For CGRP injection, mice were treated with CGRP (10 $\mu\text{g}/\text{mouse}$) by i.p. injection for 10 minutes. Mice were euthanized and colon tissues were collected and fixed in 4% PFA for at least 24 hours prior to H&E (hematoxylin and eosin) and AB/PAS (Alcian blue/Periodic acid-Schiff) staining. Whole cross sections were scanned and imaged on a widefield microscope at 20X.

For H&E staining, images were analyzed using a scoring system as previously described (Koelink et al., 2018). Briefly, cross-sections were randomly split into 8 sections and 4 random sections were scored qualitatively using a 0–3 point scale for infiltrate, goblet cell loss, crypt density, crypt hyperplasia, muscle thickening, submucosal infiltrate, ulceration, and abscess. Scores from each item were combined for a composite score for each mouse. Scores from each section were averaged for each mouse. Scoring was performed blinded.

For AB/PAS staining intensity analysis, images were loaded into FIJI. After color deconvolution, Periodic acid-Schiff staining was converted to Lut-Grey-scale, inverted, and intensity measurement made. Goblet cell mucus content was determined by measuring the intensity of PAS signal in an individual full crypt in at least 20 crypts per section. Analysis was blinded.

RNAscope: For mouse *Muc2* and *Ramp1* RNAscope staining, ileums and colons were collected, embedded in OCT and frozen. 14 μm sections were fixed with 4% PFA at 4 $^{\circ}\text{C}$ for 15 min and stained for *Muc2* and *Ramp1* using the RNAscope Multiplex Fluorescent Detection Kit (Advanced Cell Diagnostics) following the manufacturer's instructions. Entire sections were imaged using a confocal microscopy at 20X and images were analyzed in FIJI.

For human *MUC2* and *RAMP1* RNAscope staining, 5 μm paraffin-embedded sections were deparaffinized, treated with hydrogen peroxide for 10 minutes, and boiled in RNAscope Target retrieval buffer for 15 minutes. The sections were then stained for *MUC2* and *RAMP1* using RNAscope Multiplex Fluorescent Assay v2 (Advanced Cell Diagnostics)

following the manufacturer's instructions. Entire sections were imaged using a confocal microscopy at 20X and images were analyzed in FIJI.

Ex vivo mucus analysis: Colon tissues were collected for explant culture and mucus imaging as previously described (Gustafsson et al., 2012). Briefly, the distal colon was collected, flushed with ice-cold oxygenated Krebs's buffer and opened along the mesenteric border. After removal of the longitudinal muscle layer, the explant was mounted in a custom-made imaging perfusion chamber (https://github.com/mdanderson03/mucus_explant) where the apical chamber filled with Krebs's buffer containing D-mannitol (10 mM) and the basolateral chamber was perfused with Krebs's buffer containing D-glucose (10 mM) plus Celltrace Calcein Violet (Thermo Fisher) at a rate of 2 ml/min. 10 μ l 1- μ m-diameter fluorescent beads were gently added to the apical surface. The beads and explants were imaged in XY stacks (550 μ m \times 550 μ m) using a Stellaris 8 FALCON CFS microscope (Leica) at a step size of 10 μ m. Consistent with published studies, our approach relies on flushing the intestinal lumen prior to explant preparation, leading to removal of looser luminal mucus in our studies.

For CGRP-induced mucus growth analysis, the basal mucus layer on the explant surface was gently removed by cotton swabs under a dissection scope before mounting into the chamber. CGRP (100 ng/ml) was added into perfusion buffer, and the mucus growth was recorded for 30 minutes. 3~5 fields from each explant were captured for the following analysis.

The relative distribution of beads to colonic explant surface was measured in ImageJ (https://github.com/prajuvikas/Mucus_Quantification_v8_2022Jan) for mucus thickness analysis. Briefly, the distances of the lowest beads to the surface of explant after tissue smoothing were measured. The mucus thickness of each field was measured by the mode distance of the lowest beads (see Video S1).

Whole mount immunostaining: Mice were euthanized and perfused with 30 ml PBS, and distal colons and distal ileums were collected for staining. Colons with intact mesenteric nerves were dissected for immunostaining of extrinsic innervation. The intestines were opened and fixed in a Silgard dish with 4% PFA at 4°C overnight. After blocking, tissues were dissected into small pieces (3 mm \times 3 mm) and incubated with primary antibody (rabbit anti-MUC2, 1:500; rat anti-EpCAM, 1:500; rabbit anti-CGRP, 1:500; goat anti-mCherry, 1:500; chicken anti-GFP, 1:500; rabbit anti-Tyrosine Hydroxylase, 1:500; UEA-1, 1:1000) in PBST (1% Triton-X100/PBS) for 3 days followed by secondary antibody staining in PBST for 2 days. After dehydration with serial (50%, 80%, 100%) methanol solution and clearing in BABB buffer (1 volume Benzyl Alcohol to 2 volume Benzyl Benzoate), the pieces were mounted on glass slides using vacuum grease for imaging. Three different fields of each tissue were imaged with a 1 μ m z-stack step size and 3D image was built in Stellaris 8 FALCON CFS system (Leica).

Intestinal epithelial cell and immune cell isolation: Intestinal epithelial cells were isolated as previously described (Jarret et al., 2020). Briefly, distal colon and distal ileum were collected from euthanized mice and flushed with ice cold PBS. Colons and ileums were cut into 0.5cm pieces and incubated on ice for 5 min in 10 mL of PBS containing 5 mM EDTA

and 1 mM DTT. After shaking, the intestinal pieces were incubated at 37 °C for 10 minutes in PBS containing 5 mM EDTA and 2% FBS. After vigorous shaking, the wash containing crypts was collected. This step was performed three times in total for colonic pieces and two times for ileal pieces with the epithelial fraction collected at the end of each wash. The crypt cells were pelleted and digested with 10 ml HBSS containing 8 mg Dispase II (Sigma) for 10 minutes at 37 °C. Single epithelial cells were collected in PBS containing 2% FBS for flow cytometry staining. For lamina propria immune cell isolation, colonic pieces after removal of crypts as described above were digested in 10 mL of RPMI containing 2% FBS, 1 mg/ml Collagenase VIII (Sigma) and 100 U/ml DNase I (Sigma) for approximately 60 min at 37 °C with shaking. The digested tissue was filtered by a 40 µm strainer and subjected to Percoll (GE) separation using an 80% and 40% gradient. Immune cells were harvested from the interphase of the Percoll gradient after a spin at 2500 rpm for 20 min at 4 °C. Cells were resuspended in PBS containing 2% FBS for flow cytometry staining.

For intraepithelial lymphocytes (IELs) isolation, the wash containing crypts and IELs as described above was pelleted and subjected to Percoll gradient. IELs were collected from the interphase after centrifuge. Cells were resuspended in PBS containing 2% FBS for flow cytometry staining.

Flow cytometry: Cells isolated above were stained with surface antibody at 1:250 on ice for 20 minutes in flow buffer (2% FBS, 2 mM EDTA in PBS) and washed twice with flow buffer. For intracellular staining (mouse anti-IL17A PE, mouse anti-IFN gamma APC or rabbit anti-MUC2), cells were permeabilized and stained using a Fixation/Permeabilization kit (BD) according to the manufacturer's instructions. For transcription factor staining (mouse anti-FOXP3 Alexa Fluor 488, mouse anti-RORgt APC, mouse anti-GATA3 PE), a Transcription factor staining buffer set (eBioscience) was used according to the manufacturer's instructions. Data were acquired on a Cytoflex S flow cytometer (Beckman Coulter) and analyzed in Flowjo v10. Single epithelial cells (CD45⁻EpCAM⁺) were sorted by FACSaria (BD) and resuspended HBSS containing 0.01% BSA (Ambion #AM2616) for downstream single cell sequencing.

ILC depletion: ILCs were depleted as previously reported (Sonnenberg et al., 2012). Briefly, mice were treated twice with anti-CD90.2 mAb (BioXCell) every three days at a dose of 300 µg/mouse and used for the following experiments one week after injection.

10X scRNA-seq of colon: scRNA-seq of colonic epithelial cells isolated from Nav1.8^{DTA}, Ramp1^{Villin} and littermate control mice was performed using 10x Genomics Chromium Next GEM Single Cell 3' Reagent Kit v3.1 (10X genomics) following the user guide. Briefly, cells were counted on the LUNA-FX7 Automated Cell Counter (Logos Biosystems) using fluorescence detection for viability with an acridine orange/propidium iodide stain (Logos Biosystems). All samples had viability greater than 88% with concentration ranges from ~700–900 cells/µL. After counting, all samples were loaded into Chip G per the user guide from 10x Genomics. GEMs (Gel Beads-in-emulsions) were formed targeting 10,000 cells for each sample followed by immediate reverse transcription. The cDNA was cleaned from the GEM reagents, amplified for a total of 11 cycles and verified via TapeStation (Agilent Technologies). Amplified cDNA was diluted 1:6 and run on the 4200 TapeStation

instrument using High Sensitivity D5000 tape and reagents (Agilent Technologies). The amplified cDNA was fragmented, end repaired, and A-tailed followed by adaptor ligation, and PCR amplification was run for a total of 11 cycles with each sample receiving a unique set of dual indices. Final libraries were diluted 1:10 and ran using the High Sensitivity D5000 tape and reagents on the 4200 TapeStation (Agilent Technologies). Libraries were quantified via Kapa qPCR using the Complete Universal Kit (Roche Sequencing Solutions) and the CFX96 Touch Real-Time PCR Detection System (Bio-Rad Laboratories). Libraries were sequenced on an Illumina NovaSeq S4 flow cell across one single lane (estimated reads per cell ~55,000) using the parameters outlined in the user guide (Read1: 28 bp, i7 index: 10 bp, i5 index: 10 bp, Read2: 90 bp). After sequencing, Cell Ranger count QC summary report identified between 12,000–14,000 single cells in the samples.

inDrops scRNA-seq of ileum: scRNA-seq of ileal epithelial cells isolated from Nav1.8^{DTA} (three mice pooled together) and their littermate control (three mice pooled together) mice was performed using inDrops single cell sequencing following the user guide. Briefly, cells were encapsulated in droplets following a previously described protocol (Klein et al., 2015; Zilionis et al., 2017), with the following modifications in the primer sequences. RT primers on hydrogel

beads-5'CGATTGATCAACGTAATACGACTCACTATAGGGTGTCTGGGTGCAG [bc1,8nt] GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAG[bc2,8nt]NNNNNNTTTTTTTTTTTTTTTTTTTTTTT- 3' PCR primer sequences (steps 157 and 160 in the library prep protocol in (Zilionis et al., 2017))-5'-

AATGATACGGCGACCACCGAGATCTACACXXXXXXXXTCGTCCGCGAGCGTC-3', where XXXXXX is an index sequence for multiplexing libraries. 5'-

CAAGCAGAAGACGGCATAACGAGATGGGTGTCTGGGTGCAG-3' With these modifications in the primer sequences, custom sequencing primers are no longer required. The library prep protocol used here was based on Smart-seq2 (Picelli et al., 2014) with modifications. The workflow of the library preparation can be summarized as follows: Reverse transcription with Maxima H minus RTase at 50°C for 60 min -> cleanup with SILANE beads -> template switching reaction with Maxima H minus RTase -> SPRI purification -> cDNA amplification -> SPRI purification -> DNA fragmentation, end repair and A-tailing -> adapter ligation -> SPRI purification -> library enrichment PCR -> double-sided SPRI purification. Referring to the detailed protocol in (Picelli et al., 2014), the following modifications were made to the protocol: Reverse transcription and template-switching were decoupled, where reverse transcription occurred within the droplet, while template-switching was not. cDNA was fragmented enzymatically here followed by adapter ligation, as opposed to tagmentation in (Picelli et al., 2014). Sequence of the adapters are as follows- 5'-CTGTCTCTTATACACATCTGACGCTGCCGACGA- 3' (with 5' phosphorylation) 5'-AGATGTGTATAAGAGACAG*T- 3' (with phosphorothioate bond on the 3' terminal nucleotide). The barcoded library was sequenced as described above.

TRPV1 nociceptor neuron ablation: Systemic nociceptor neuron was ablated as previously described (Lai et al., 2019). Briefly, 4-week-old C57BL/6 mice were anesthetized with isoflurane and injected subcutaneously in the flank with escalating doses (30, 70, 100 µg/kg on consecutive days) of resiniferatoxin (RTX, Alomone Lab) or vehicle (2% DMSO/

0.15% Tween-80/PBS). Mice were allowed to rest for 4 weeks before experiments. Loss of nociceptor neurons was confirmed by reduced thermal responses to noxious heat during hot plate tests (55 °C).

DSS induced colitis: Briefly, 6- to 12- week-old gender-matched mice were given dextran sodium sulfate (DSS) (MP Biomedicals) in drinking water for the indicated days, followed with regular water. All mice were treated with 3.5% DSS, with exception of Ramp1^{Villin} and their littermate control mice which were treated with 2.5% (Fig. 6K–O, Fig. S7G–H) and 3.5% DSS (Fig. S7E–F). The mice were weighed daily and sacrificed on the indicated time points. Colon tissues were obtained for histopathological analysis.

Gut permeability assay: A gut permeability assay was performed as previously described (Nalle et al., 2019). Briefly, mice were fasted for 3 hours before oral gavage of 600 mg/kg FITC–4-kDa dextran (Sigma). Serum was collected 4 hours after gavage and analyzed using a Synergy HT plate reader (Bio-Tek) with 485 nm excitation and 528 nm emission.

Osmotic pump implantation: Mice were anesthetized by isoflurane and the skin between the scapulae was shaved. A small incision (0.5 cm in length) was made in the skin between the scapulae, and a small pocket was formed by spreading the subcutaneous connective tissue apart using a forceps. The osmotic pump (Alzet) filled with CGRP (10 µg/day) or vehicle was inserted into the pocket. Following implantation, the skin incision was closed with surgical glue.

Visceromotor response (VMR) assay: Visceral pain was measured by visceromotor response to colorectal distension (CRD) as previously described (Larauche et al., 2010). Briefly, a miniaturized pressure sensor and a custom-made balloon (1 cm × 2 cm) was tied together with a pressure transducer catheter (825–0101 Mikro-Cath; Millar Instruments) to form a “balloon-pressure sensor”. After calibration under certain pressures and lubrication, the “balloon-pressure sensor” was inserted into the colorectum of anesthetized mice placed in a mouse restrainer. Three rounds of serial pressures (15, 30, 45, and 60 mmHg, 10 s duration, 4 min interval) was administered to each mouse followed by three repeated noxious colorectal distensions at 60 mmHg (10 s duration, 4 min interval) using a barostat (Distender Series IIR; G&J Electronics Inc), and voltage output was then converted to pressure using the digital analog convertor (Micro 3–1401; Cambridge Electronic Design) and Spike 2 software (CED, Ltd.). The VMR was calculated by the increase of intraluminal colonic pressure in response to CRD in Spike 2.

16S rDNA sequencing and data analysis: To analyze the microbiome of colon lumen contents, 2–3 colon pellets from each mouse were collected and frozen at –20 °C until use. To collect colonic mucosal scrapings, colons were longitudinally opened in a sterile dish and scraped with 1 ml PBS. Bacterial genomic DNA from frozen stool samples was extracted using QIAamp DNA Stool Mini Kit (QIAGEN). Purified DNA was quantified by Qubit dsDNA HS Assay (Thermo Fisher Cat# Q32854) and normalized. Amplicons were purified and quantified by Qubit dsDNA HS Assay and combined with equal mass to make a pooled library. The pooled library was multiplexed sequenced (Illumina MiSeq, 251 nt × 2 pair-end reads with 12 nt index reads) through the Harvard Biopolymer’s Facility. Raw sequencing

data were processed with QIIME2. In brief, raw sequencing data were imported to QIIME2 and demultiplexed, then DADA2 was used for sequence quality control and feature table construction. The feature table was used for beta diversity analysis, taxonomic analysis, and differential abundance testing using QIIME2. Beta group significance was determined by permutational analysis of variance (PERMANOVA). Identification of taxa associated with different groups was determined using Analysis of Composition of Microbiomes (ANCOM).

Western blot of MUC2: Mucus samples were collected by scraping as described above. After quantification by BCA protein assay (Thermo Scientific cat#23227), equal amounts of protein were enriched by methanol and chloroform precipitation and resuspended with 1X Laemmli buffer (Bio-Rad) followed by incubation on a 95° heat block for 10 minutes. Samples were loaded on Bolt 4–12% Bis-Tris-Plus gels (Thermo Scientific cat# NW04125BOX), and gels were transferred to nitrocellulose iBlot 2 membranes (Fisher Scientific cat# IB23001), blocked with 5% Pierce Clear Milk Blocking Buffer (Thermo Scientific cat# 37587) for 30 minutes, washed 3x with TBST (TBS, 0.05% Tween-20), and incubated in blocking buffer containing MUC2 antibody (1:500) at 4° overnight. After washing 3x with TBST for 10 min, membranes were incubated with IR-fluorophore conjugated secondary antibody (LI-COR Biosciences cat# 926–32213) for 1h at RT, followed by three additional 10 min washes with TBST and imaged on a Li-COR imaging system.

QUANTIFICATION AND STATISTICAL ANALYSIS—For all quantifications, the exact value of n is described in detail in the Figure legends, where n indicates biological replicates, either number of mice, number of wells containing cells or number of areas containing cells. For all microscopy analysis, images were blinded prior to scoring and quantification. All statistical analyses were performed using Microsoft Excel and GraphPad Prism software. Data were represented as mean ± standard error (SEM) throughout the Figures and the level of significance was indicated by asterisks for the following corresponding p-values: *p < .05, **p < .01, ***p < .001, ****p < .0001. The specific statistical test used to for each experiment is described in detail in the Figure legends. For comparisons between two groups, we performed student's two-sided t-tests, except for non-parametric analysis of mucus thickness per measurement, where we utilized Mann-Whitney tests. For comparisons that have more than two groups or two conditions, One-way ANOVA and Two-way ANOVA were utilized. Multiple t-tests were used to determine the significance of water consumption and body weight analysis. For survival data, Log-rank test was used. No specific methods were utilized to determine whether data met assumptions of specific statistical approaches. Sample sizes for all experiments were chosen according to standard practice in the field.

Single-cell RNA-seq data analysis

Quality control & normalization of scRNA-seq data: The unique molecular identifier (UMI) count matrices obtained from the Cell Ranger output were imported into R (v.4.0.3) and processed with the R package Seurat (v. 4.1.0) (Hao et al., 2021). Low-quality cells were removed based on the following criteria. (i) Cells with relatively high mitochondrial percentage were removed. For the colonic epithelial cell data (i.e., Nav1.8^{DTA}, Ramp1^{Villin}), all the cells with mitochondrial reads > 25% were excluded. For

the Ileum data (Nav1.8^{DTA}), all the cells with mitochondrial reads > 10% were removed. (ii) The thresholds for acceptable numbers of detected genes and UMIs per cell were determined by outliers in the joint distribution of unique UMIs and detected genes across cells. For the Nav1.8^{DTA} colon data, cells with < 1200 or > 7400 detected genes were discarded. For the Ramp1^{Villin} colon data, cells with < 3000 or > 7500 detected genes were discarded. For the ileum data, cells with < 500 or > 3000 detected genes were discarded. For the Nav1.8^{DTA} colon data, cells with < 4000 or > 70000 detected UMIs were discarded. For the Ramp1^{Villin} colon data, cells with < 14000 or > 50000 detected UMIs were discarded. For the Ileum data, cells with < 650 or > 9500 detected UMIs were discarded. To account for differences in sequencing depth across cells, UMI counts were normalized and scaled using regularized negative binomial regression via Seurat's `sctransform()` function (Hafemeister and Satija, 2019). In the case of the Ileum data, the batch effect for the three replicates was removed using the “vars.to.regress” argument as part of the `sctransform()` function. The resulting corrected counts were used for visualization and clustering downstream analysis.

Clustering and identification of cell type markers: We performed principal component analysis (PCA) using the top 3000 highly variable genes. The top 15 principal components for each dataset were used to construct a shared nearest neighbor (SNN) graph and modularity-based clustering using the Louvain algorithm and a cluster resolution of 0.1 as part of the `FindClusters()` function from the R package Seurat. Uniform manifold approximation and projection (UMAP) visualization was calculated using 15 nearest neighbors for the local approximation of the manifold structure. To annotate the cell types of each cluster, `FindAllMarkers()` was run with the option “test.use = LR”, which identifies marker genes by comparing expression of each gene in a cluster against its expression in the rest of the cells using a logistic regression test. Only genes significantly and strongly up-regulated in the cluster were considered as potential markers. Potential markers were then intersected with canonical markers from the literature for intestinal epithelial cells (Haber et al., 2017), and the results were used to annotate the clusters of the colon and ileum samples (Figure S2A–B and S4L, Table S1).

Differential expression analysis: To test whether genes were statistically differentially expressed (DE) between mouse genotypes within specific cell types, a negative binomial generalized linear model in the DESeq2 (v.1.30.1) R package was used via the Seurat wrapper function `FindMarkers()` with option “test.use=DESeq2”. For each cell type being tested, the input consisted of the subset of the count matrix containing the cells annotated by that cell type. Size factors and dispersions were estimated prior to fitting the model. Wald statistics were used to determine the significance and the LFC of the fit for each gene. Benjamini-Hochberg method was used to control the false discovery rate (FDR). The differentially expressed genes used in subsequent analysis was determined using an FDR threshold of < 0.05 and an absolute log₂ fold change (LFC) of > 0.2 (Table S2–4). P values reported in figures are FDR adjusted (Figure 5F and S4C and G).

Gene set enrichment analysis: DE genes in each cell type were subject to gene set enrichment analysis using the “biological processes” set from the gene ontology database (GO). Specifically, enrichment analysis was performed using the `enrichGO()` function from

the R package clusterprofiler (Yu et al., 2012), with the universe defined as the set of genes expressed in each respective dataset. Further, the upregulated and downregulated pathways were calculated using upregulated and downregulated DE genes respectively. Enriched pathways (i.e., $P < 0.05$) were collapsed to independent pathways to avoid repetition using clusterprofiler's simplify() function (Fig. S5E and G, Table S5–6). For plots of enriched pathways of interest (Fig. 5G, 5I, S4N, Fig. S5B), the average expression shown for a given cell type and mouse model is computed as the average expression of the genes that are DE between mouse genotypes in that cell type and contained in the enriched pathway.

Single-cell data visualization: All plots illustrating gene expression levels use SCT transformed expression. Dot plots (Fig. 5H, 5J, S5A, S5F, S5H) show the z-scored expression across conditions; any values outside the range shown in the numerical legend were squished towards the maximum or minimum values shown. Violin plots (Fig. 5G, 5I, S4D, S4I, S4N, S5B, S5C) use a multiplicate bandwidth adjustment of 1.5.

Mass spectrometry-based mucus proteomics

Mucus sample preparation: The mucus proteins were prepared as described above and loaded onto a Bolt 4–12% Bis-Tris-Plus gels (Thermo Scientific) to run for 10 minutes. Gel pieces containing proteins were cut for digestion. The mucus proteins were in-gel digested according to a previous published protocol with modifications (Shevchenko et al., 2006). Briefly, gel pieces containing proteins were transferred to Eppendorf tubes and mashed into small pieces. The pieces were incubated in 500 μ L of acetonitrile for 10 min until shrunk. The shrunk pieces were incubated in 50 mM dithiothreitol (Roche) in 50 mM ammonium bicarbonate at 56 °C for 30 min, washed with 500 μ L acetonitrile, incubated in 100 mM iodoacetamide in the dark at room temperature for 20 min, and washed with 500 μ L acetonitrile. The gel pieces were then incubated with 60 μ L of 50 mM ammonium bicarbonate solution of trypsin/LysC (MS grade, Promega) at 4 °C for 90 min and 37 °C overnight. The protease to protein ratio was roughly 1:50. The liquid in the tubes were collected before gel pieces were eluted by 100 μ L of 66.6% acetonitrile in 0.1% formic acid. The solutions were combined and concentrated with a SpeedVac (Sigma).

Mass spectrometry: The concentrated solutions were diluted to roughly 30 μ L by 0.1% formic acid and 2 μ L of the solution was injected into an Ultimate 3500 series nanoLC coupled to an Q Exactive mass spectrometer. A two-solution (solution A: 0.1% formic acid; solution B: 80% acetonitrile, 0.1% formic acid) nanoLC gradient (300 nL/min flow rate) was used to elute an Acclaim™ PepMap™ C18 column (2 μ M, 75 μ M, 15 cm, Thermo fisher): 1% B until 8 min, 1–9% B in 1 min, 9–11.5% B in 30 min, 11.5–23% B in 50 min, 23–30% B in 15 min, 30–35% B in 5 min, 50–80% B in 1 min and B was kept at 80% for 2 min before dropping back to 1% in 1 min and B was kept at 1% for 7 min. The mass spectrometer was operated under the positive mode. The spray voltage was 1850 V. The ion transfer line temperature was 275 °C. MS resolution was set to 70 K and the mass range was 375–1500 Da. The maximum injection time was 60 ms. The AGC target was 1e6. S-lens RF level was 50. MSMS resolution was 17.5 K. The maximum injection time was 45 ms. The AGC target was 1e5. The HCD collision energy was 28%. MS was active from 8 to 120 min.

Proteomics Data analysis: MS Raw data were processed by MaxQuant (Version 2.0.3.0). The peptide and protein identification were determined by the MaxQuant built-in Andromeda engine (Cox et al., 2011). that searches raw data against an Uniprot mouse proteome. False discovery rate threshold was set to 1%. The MaxLFQ algorithm (Cox et al., 2014) was used for label-free proteome quantification. The minimum ratio count for quantification was set to 1, while the final list of protein quantifications was filtered for proteins with a minimum of two peptides for each protein. The “Match Between Runs” feature was enabled. All statistics and bioinformatics were done by using Perseus (Version 1.6.15.0) (Tyanova et al., 2016). For the two-sample test, we performed a student t-test with a P value threshold of 5%. Missing values were replaced based on a normal distribution (width, 0.3; downshift, 1.8).

16S rDNA sequencing data analysis: 16S rDNA sequencing raw data were processed with QIIME2. In brief, raw sequencing data were imported to QIIME2 and demultiplexed, then DADA2 was used for sequence quality control and feature table construction. The feature table was used for beta diversity analysis, taxonomic analysis, and differential abundance testing using QIIME2. Beta group significance was determined by permutational analysis of variance (PERMANOVA). Identification of taxa associated with different groups was determined using Analysis of Composition of Microbiomes (ANCOM).

Analysis of published single-cell data: For the violin plot gene expression profiles of scRNA-seq data of small intestinal epithelial cells (Haber et al., 2017), we plotted *Ramp1* expression using their analysis tool (https://singlecell.broadinstitute.org/single_cell/study/SCP44/small-intestinal-epithelium). For the tSNE plot gene expression profiles of scRNA-seq data of purified goblet cells from small intestine and colon (Nystrom et al., 2021), we plotted *Ramp1* expression with the authors' help.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

We thank Himanish Basu, Felipe Pinho-Ribeiro, Antonia Wallrapp, Nicole Almanzar, Chambit Paik, Alos Diallo, Eunha Kim, Valentina Lagomarsino, Paula Montero Llopis, Beatriz Martinez Abad (U. Gothenburg), Nicole Lai (Kallyope), and Muriel Larauche (UCLA) for technical help. We thank Gunnar Hansson (U. Gothenburg) and Wayne Lencer (Boston Children's Hospital) for helpful discussions. We thank Meenakshi Rao (Boston Children's Hospital) for *Calcb*^{-/-} mice. We thank HDDC Microscopy and Histopathology Core (NIDDK P30DK034854) and BIDMC Histology Core for histology; MicRoN Core at HMS for imaging analysis; Bauer Core, HMS Single Cell Core, and Harvard Chan Bioinformatics Core for scRNA-seq. This work was supported by National Institutes of Health (NIH) R01DK127257, FASI, Kenneth Rainin Foundation to I.M.C.; NIH T32 in pediatric gastroenterology (T32 DK007447) to A.J.; R35GM142683 (NIGMS) to J.R.T. and P30DK034854 (J.R.T. and M.A); Digestive Diseases Research Core Center P30 DK42086 at University of Chicago to B.J.

Diversity and Inclusion Statement

We worked to ensure sex balance in the selection of non-human subjects. One or more of the authors of this paper self-identifies as a gender minority in their field of research.

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Highlights

- Nav1.8⁺CGRP⁺ nociceptors neighbor goblet cells and induce rapid mucus secretion
- Commensals trigger CGRP release, which signals to RAMP1 expressed by goblet cells
- Nociceptor or RAMP1 ablation led to decreased mucus levels and microbial dysbiosis
- Neuron-goblet cell signaling via a CGRP-RAMP1 axis protects against colitis

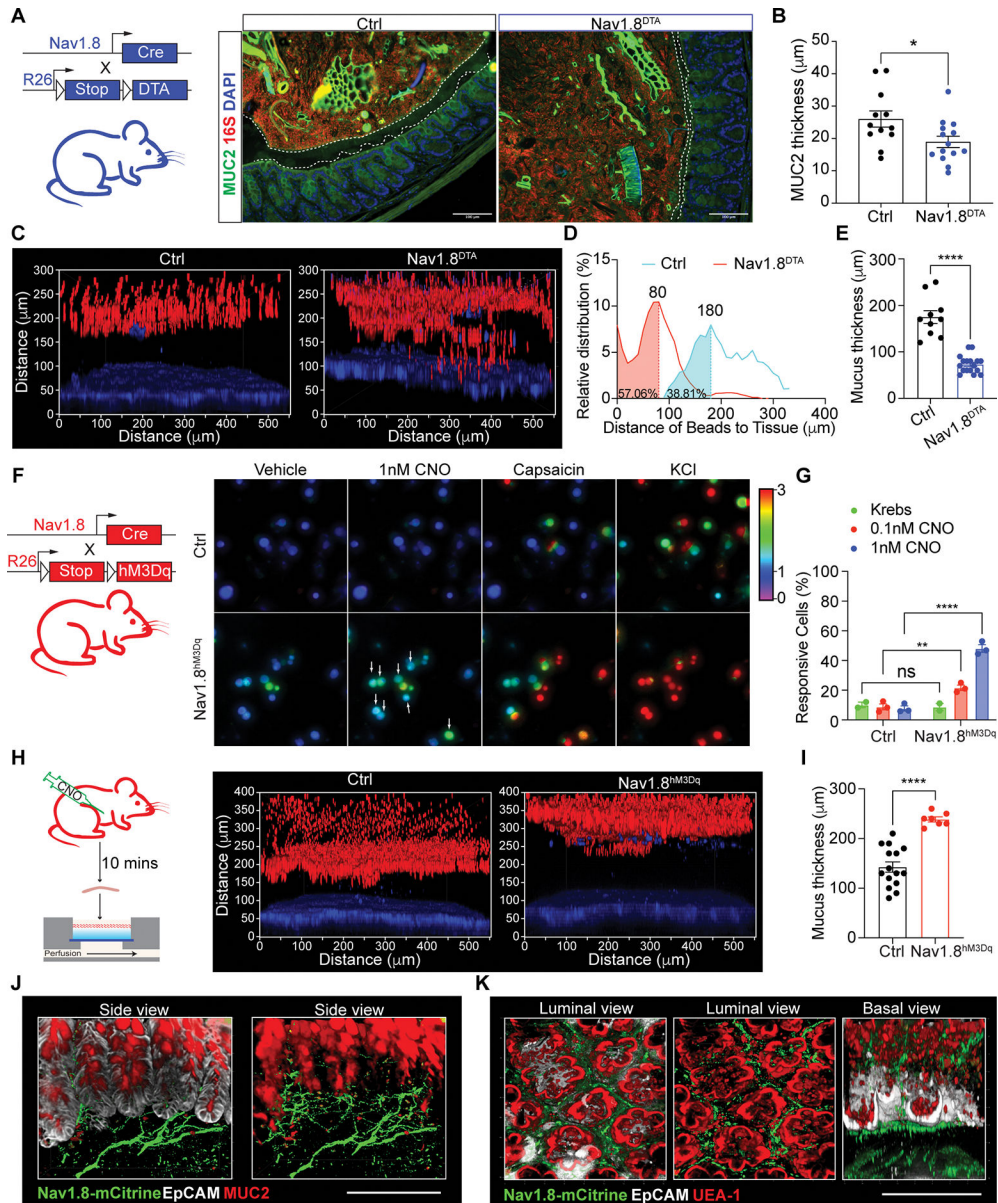


Figure 1. Nociceptors neighbor goblet cells and regulate colonic mucus production

(A) MUC2, 16S rDNA, DAPI staining in Nav1.8^{DTA} and control mouse colons.

(B) MUC2 thickness in Nav1.8^{DTA} and control colons (n=12–14 mice/group).

(C) Colon explants showing epithelium (blue) overlaid with 1-μm beads (red) in Nav1.8^{DTA} and control mice.

(D-E) Bead distribution (D), mucus thickness (E) in Nav1.8^{DTA} and control colon explants (3–5 areas/mouse, 3–4 mice/group); Peak (mode) bead distance shown.

(F-G) Calcium influx in KCl-responsive DRG neurons from Nav1.8^{hM3Dq} and control mice induced by CNO (n=3 per group).

(H-I) Colon explants (H), mucus thickness (I) from Nav1.8^{hM3Dq} and control mice injected i.p. with CNO for 10 min. (n=2–3 areas/mouse; 3–5 mice/group).

(J-K) Whole-mount colon tissue from Nav1.8^{hM3Dq} mice stained for mCitrine, EpCAM, MUC2, UEA-1. EpCAM removed in right (J) and middle (K). Scale bars, 100 μ m. Student's t-test in B, E, I. Two-way ANOVA in G. Mean \pm SEM. * p <.05, ** p <.01, *** p <.001, **** p <.0001. See also Figure S1.

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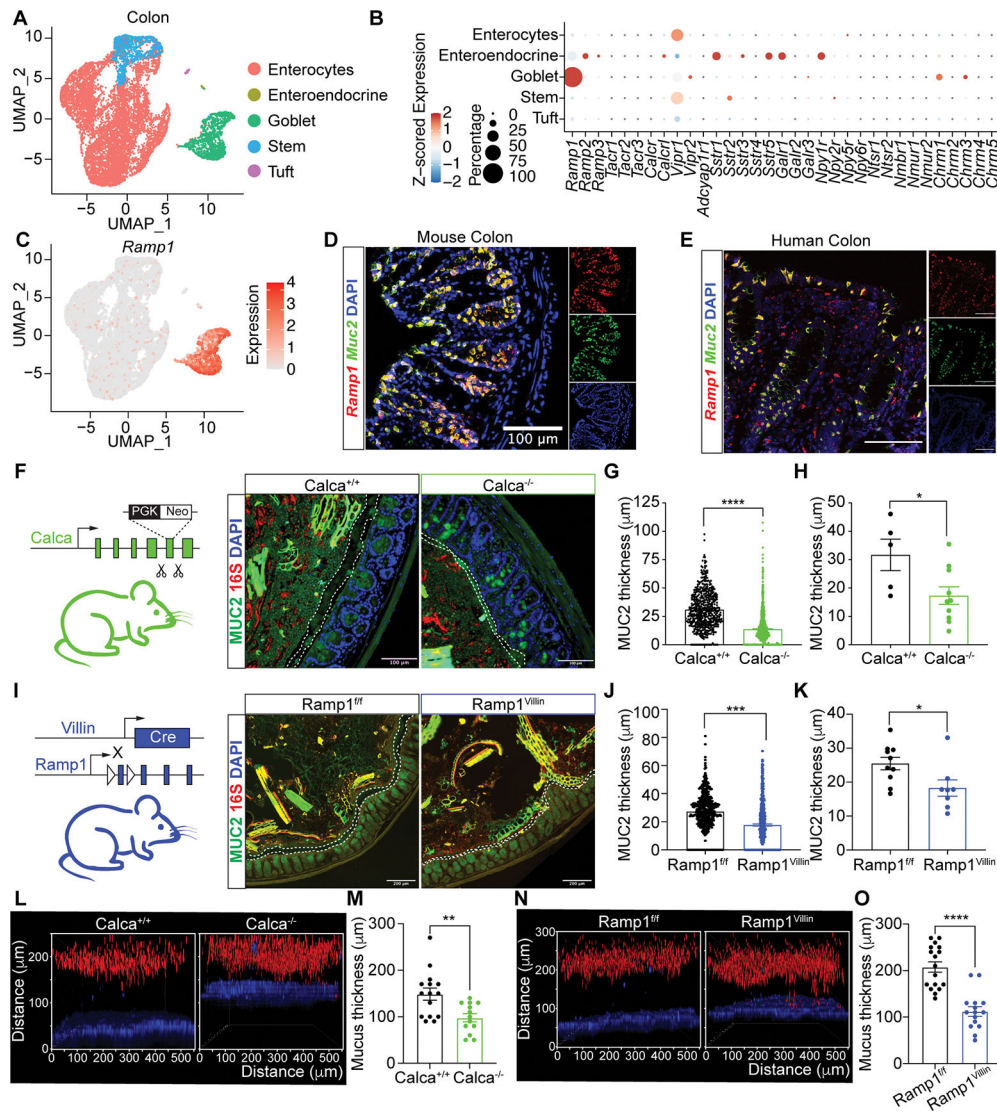


Figure 2. The CGRP co-receptor Ramp1 is expressed in goblet cells and maintains mucus barrier

(A) UMAP of scRNA-seq data from colonic epithelial cells, colored by inferred cell type, from control *Nav1.8-Cre⁻DTA^{fl/fl}* mice.

(B) Dot plot of average z-scored expression of neuropeptide and neurotransmitter receptors in colonic epithelial cell subsets from (A).

(C) UMAP as in (A) showing *Ramp1* expression.

(D-E) *In situ* hybridization of *Ramp1*, *Muc2* in mouse colon (D) and *RAMP1*, *MUC2* in human colon (splenic flexure) (E).

(F-H) MUC2,16S rDNA, DAPI staining (F), MUC2 thickness per measurement (G) and per mouse (H) of colon tissue from *Calca^{+/+}* and *Calca^{-/-}* mice. (n=5–10 mice/group).

(I-K) MUC2, 16S rDNA, DAPI staining (I), MUC2 thickness per measurement (J) and per mouse (K) of colon tissue from *Ramp1^{Villin}* and *Ramp1^{f/f}* mice. (n=8–10 mice/group).

(L-M) Colonic explants (L) and mucus thickness (M) from *Calca^{+/+}* and *Calca^{-/-}* mice. (n=3–5 area/mouse, 3–4 mice/group).

(N-O) Colonic explants (N) and mucus thickness (O) from Ramp1^{Villin} and Ramp1^{f/f} mice. (n=3–5 area/mouse, 3–4 mice/group).

Scale bar, 100 μ m in D-F, I. Mann-Whitney test in G, J, M, O. Student's test in H, K. Mean \pm SEM. *p < .05, **p < .01, ***p < .001, ****p < .0001. See also Figure S2.

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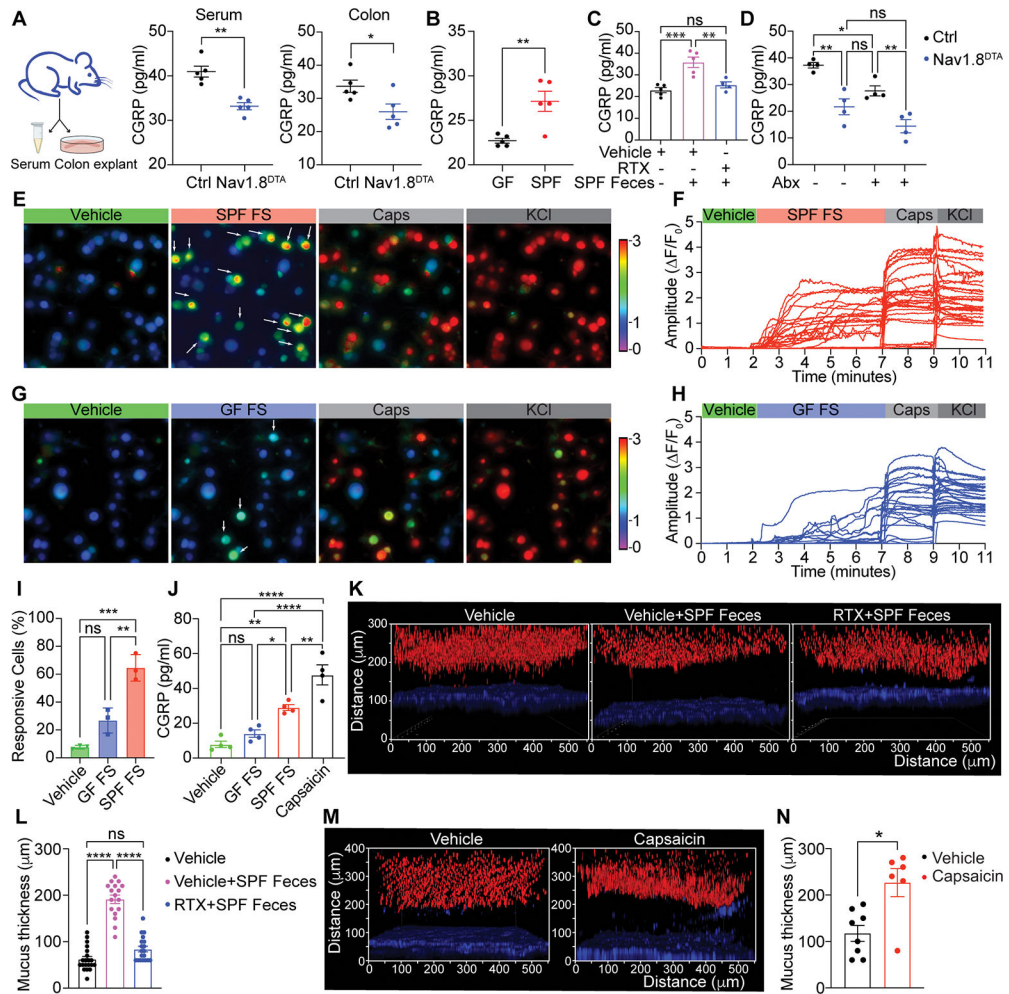


Figure 3. Nociceptors are activated by commensal cues and capsaicin to secrete CGRP
 (A) Serum and colon CGRP levels in Nav1.8^{DTA} and control mice. (n=5 mice/group).
 (B) Colon CGRP levels in wild-type germ free (GF) and specific pathogen-free (SPF) mice. (n= 5 mice/group).
 (C) Colon CGRP levels in vehicle-pretreated GF mice, vehicle- and resiniferatoxin (RTX)-pretreated GF mice transplanted with SPF feces. (n= 4–5 mice/group).
 (D) Colon CGRP levels in Nav1.8^{DTA} and control mice treated with or without antibiotics (n=4 mice/group).
 (E-I) Calcium influx in KCl-responsive wildtype DRG neurons triggered by SPF fecal supernatant (SPF FS), GF fecal supernatant (GF FS), or capsaicin.
 (J) CGRP levels produced by wild type mouse DRG neurons stimulated with vehicle, GF FS, SPF FS or capsaicin.
 (K-L) Colonic explants (K) and mucus thickness (L) from mice in (C). (n=3–5 area/mouse, 3–4 mice/group).
 (M-N) Colonic explants (M) and mucus thickness (N) from wildtype B6 mice orally treated with vehicle or capsaicin (10mg/kg) for 30 minutes. (n=2 area/mouse, 3–4 mice/group).
 Student’s test in A-B. One-way ANOVA in C-D, I-J. Mann-Whitney test in L and N. Mean±SEM. ns=not significant. *p < .05, **p < .01, ***p < .001, ****p < .0001.

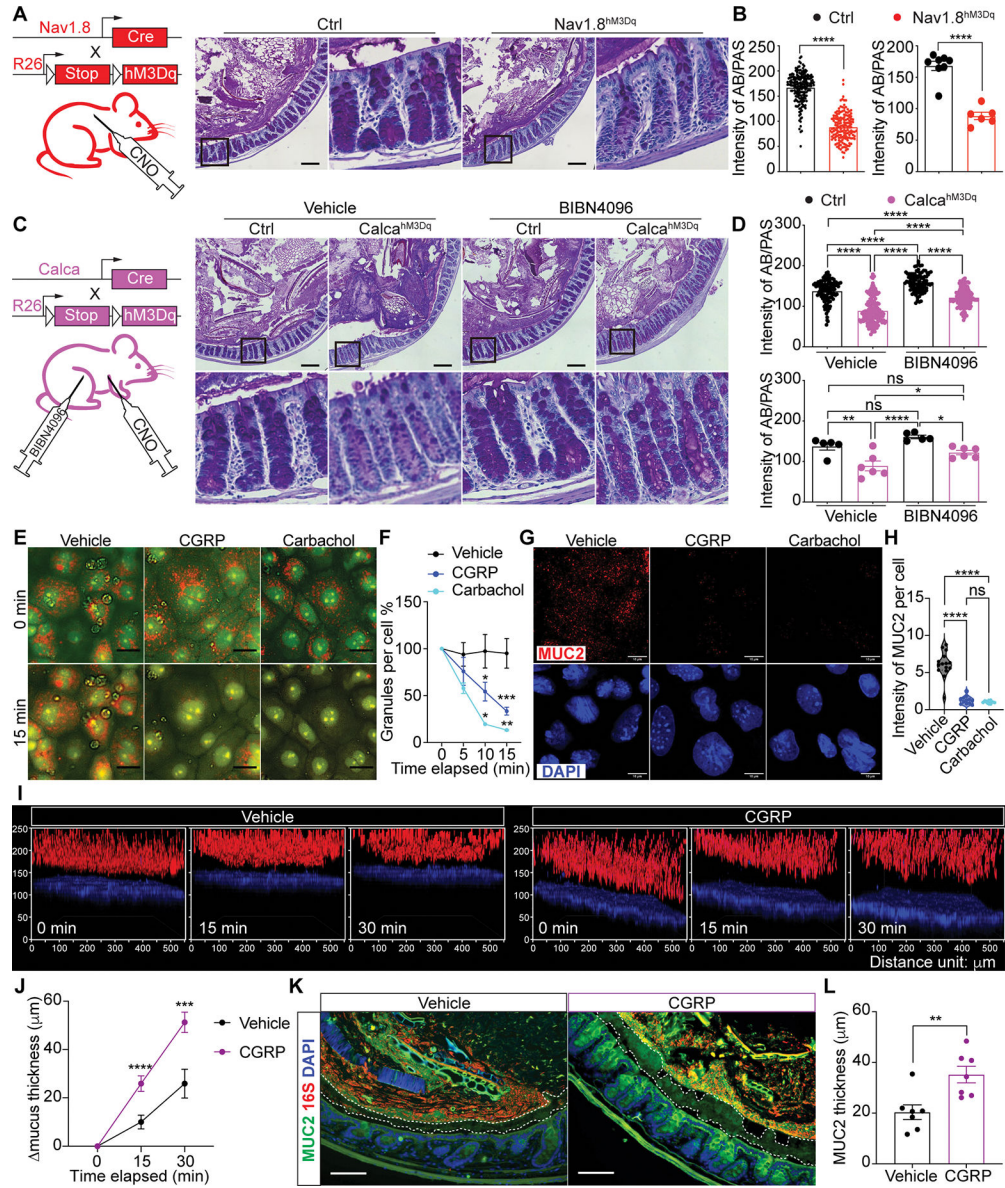


Figure 4. Nociceptor activation promotes goblet cell emptying and mucus secretion through CGRP-Ramp1 axis

(A-B) AB/PAS (Alcian blue/Periodic acid-Schiff) staining (A), intensity measurement (B) per crypt (left) and per mouse (right) of colon tissue from CNO-treated Nav1.8^{hM3Dq} and control mice. (20–30 crypts/mouse, n=6–8 mice/group).

(C-D) AB/PAS staining (C), intensity measurement (D) per crypt (upper) and per mouse (lower) of colon tissue from vehicle- or BIBN4096-pretreated Calca^{hM3Dq} and control mice after CNO injection (20–30 crypts/mouse, n=5–6 mice/group).

(E-F) Acridine Orange (AO) staining (E) and normalized intensity measurement (F) of 2D organoid-derived wild type primary goblet cell cultures treated with vehicle, CGRP, carbachol for the indicated time points. (n=4–10 areas, 100–200 cells/area).

(G-H) MUC2 and DAPI staining (G) and intensity measurement (H) of primary wild type goblet cell cultures treated with vehicle, CGRP, or carbachol for 15 min. (n=8–15 areas, 100–200 cells/area).

(I-J) Wildtype mouse colonic explants (I) and mucus thickness growth (J) with vehicle or CGRP treatment for the indicated time points. (n=3–5 areas/mouse; 4 mice/group).

(K-L) MUC2, 16S rDNA and DAPI staining (K) and MUC2 thickness (L) of colon tissue from wildtype B6 mice 10 minutes after CGRP i.p. injection. (n=7 mice/group).

Scale bar, 100 μ m in A, C, K. Scale bar, 10 μ m in E, G. Mann-Whitney test in left B, top D. Student's t-test in right B, L. Two-way ANOVA in bottom D. One-way ANOVA in H. Multiple t-test in F, J. Mean \pm SEM. ns=not significant. *p < .05, **p < .01, ***p < .001, ****p < .0001. See also Figure S3.

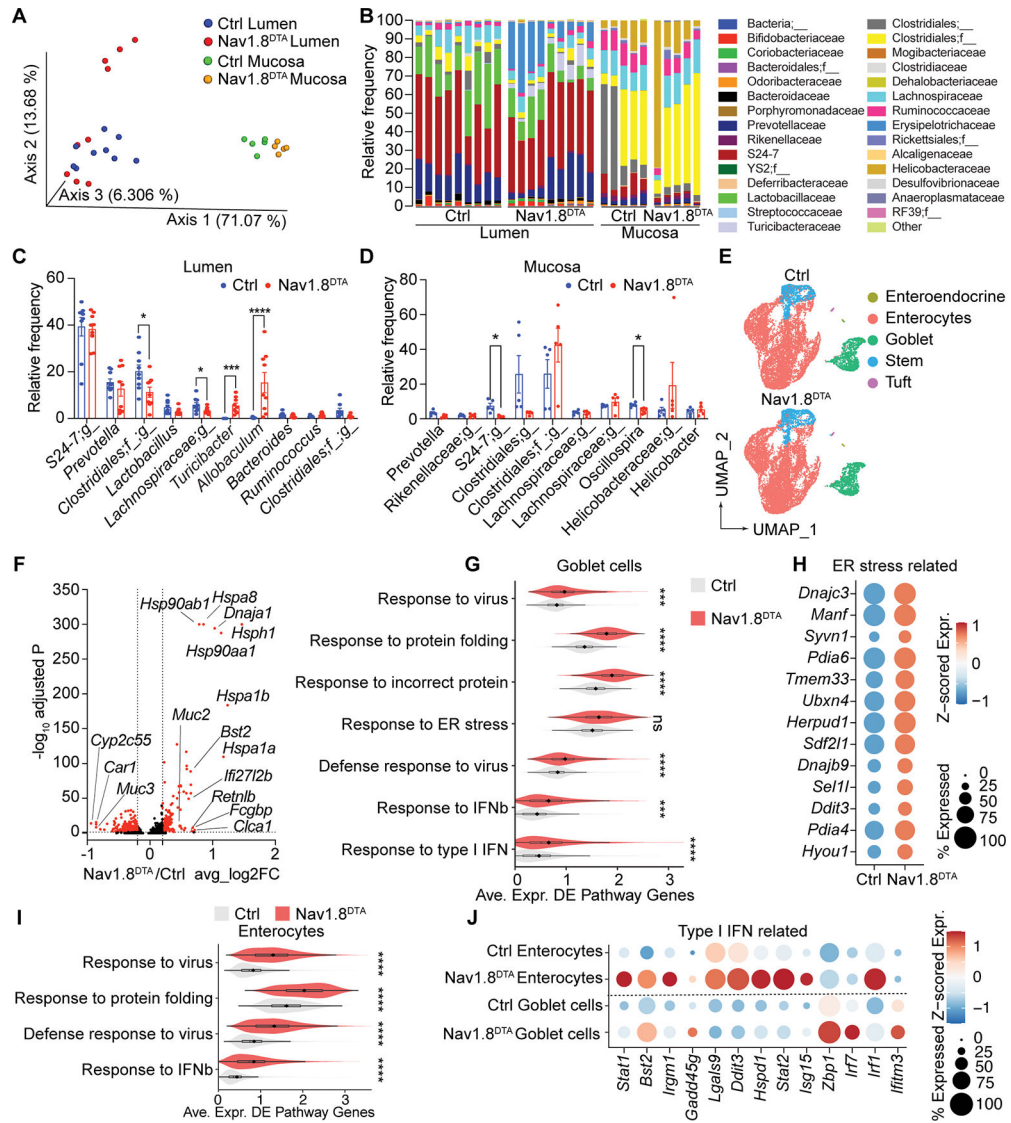


Figure 5. Nociceptor deficiency results in intestinal dysbiosis and epithelial stress
 (A-D) Microbiome analysis: Principal coordinates analysis (PCoA) of weighted UniFrac distance measurements (A), and family-level (B) and genus-level (C-D) analysis of the microbiome in colonic lumen contents (Lumen) and mucosal scrapings (Mucosa) of Nav1.8^{DTA} and control mice (n=5–9 mice/group).
 (E) UMAP of scRNA-seq profiles of colonic epithelial cells from control (top) and Nav1.8^{DTA} (bottom) mice.
 (F) Volcano plot highlights 782 differentially expressed genes (DEGs; in red; |log₂ fold change| > 0.2, adj. P < 0.05) in Nav1.8^{DTA} versus control colonic goblet cells.
 (G) Violin plots show distributions across colonic goblet cells in Nav1.8^{DTA} and control mice. of the average expression of the DEGs, as in (F), that intersect with each of the indicated enriched pathways.
 (H) Dot plot of average z-scored expression of ER stress-related genes in colonic goblet cells from Nav1.8^{DTA} and control mice.

(I) Violin plot, analogous to G, for DEGs in enterocytes from Nav1.8^{DTA} and control mice.
(J) Dot plot of average z-scored expression of Type I IFN-related genes in enterocytes and goblet cells from Nav1.8^{DTA} and control mice. Multiple t-tests in C. Mann-Whitney test in G and I. ns=not significant. *p < .05, **p < .01, ***p < .001, ****p < .0001. See also Figure S4–5.

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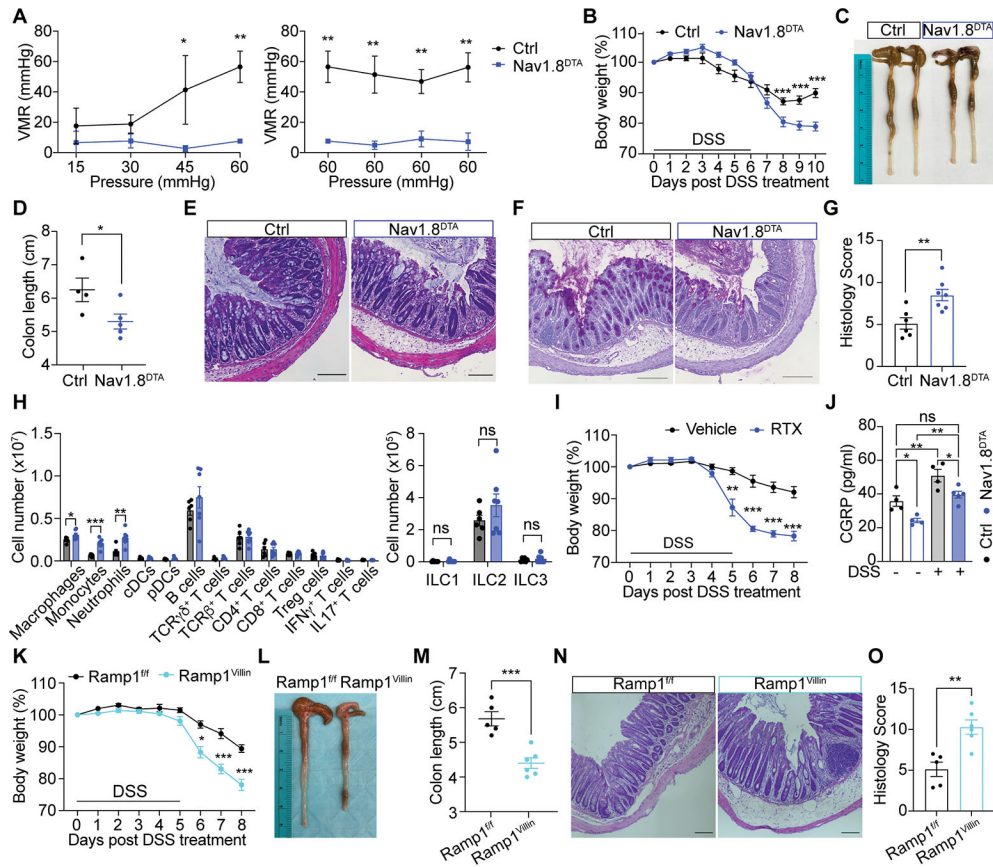


Figure 6. Nociceptors and epithelial Ramp1 are necessary for host protection against intestinal colitis

(A) Visceromotor responses (VMR) of Nav1.8^{DTA} and control mice 8 days post DSS treatment (n=3 mice/group).
 (B) Body weight of Nav1.8^{DTA} and control mice after DSS treatment (n=9–10 mice/group).
 (C-G) Representative colon image (C), colon length (D), H&E staining (E), AB/PAS staining (F), histology scoring per mouse (G) of mice in (B) on day 10 post DSS treatment. (4 areas/mouse, n=4–7 mice/group).
 (H) Immune profiling of colonic lamina propria from mice in (B) on day 10 post DSS treatment (n=6–7 mice/group).
 (I) Body weight of RTX- and vehicle-pretreated mice post DSS treatment (n=4 mice/group).
 (J) Colon CGRP levels from Nav1.8^{DTA} and control mice treated with or without DSS for 5 days (n=4 mice/group).
 (K-O) Body weight (K), colon image (L), colon length (M), H&E staining (N), histology scores per mouse (O) of Ramp1^{Villin} and Ramp1^{f/f} mice 8 days post DSS treatment. (4 areas/mouse, n=5–6 mice/group).
 Scale bar, 100 μm in E-F, N. Multiple t-test in A-B, H, I, K. Student’s test in D, G, M, O. One-way ANOVA in J. Mean±SEM. ns=not significant. *p < .05, **p < .01, ***p < .001. See also Figure S7.

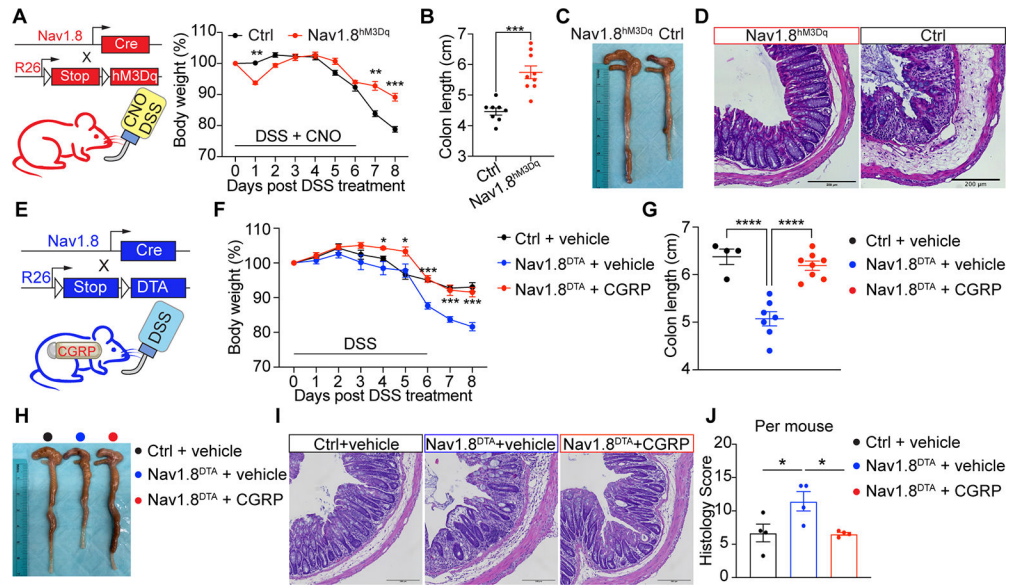


Figure 7. CGRP administration ameliorates intestinal colitis pathology

(A-D) Body weight (A), colon length (B), colon image (C), H&E staining (D) of Nav1.8^{hM3Dq} and control mice 8 days post DSS plus CNO (0.5µg/ml) treatment. (n=8–9 mice/group).

(E) Nav1.8^{DTA} mice were s.c. implanted with osmotic pumps carrying either vehicle or CGRP. Control mice were s.c. implanted with osmotic pumps carrying vehicle. All mice were subjected to DSS treatment and sacrificed on day 8.

(F-J) Body weight (F), colon length (G), colon image (H), H&E staining (I), histology scores per mouse (J) of mice in (E) (4 areas/mouse, n=4 mice/group).

Scale bar, 200 µm in D, I. Multiple t-test in A, F. Student’s t-test in B. One-way ANOVA in G and J. Mean±SEM. ns=not significant. *p < .05, **p < .01, ***p < .001, ****p < .0001. See also Figure S7.

Key Resources Table

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Rabbit anti-Muc2 polyclonal antibody	Santa Cruz Biotechnology	No longer available RRID: AB_2146667
Rabbit anti-Muc2 polyclonal antibody	Genetex	Cat# GTX100664 RRID: AB_1950958
Rabbit anti-CALCRL polyclonal antibody	Thermo fisher	Cat# PA5-50644 RRID: AB_2636097
Rat anti-mouse CD90.2 (30H12)	Bio X Cell	Cat# BP0066 RRID: AB_1107682
Rat anti-EpCAM Monoclonal antibody	eBioscience	Cat# 17-5791-82 RRID: AB_2716944
Rabbit anti-Calcitonin Gene Related Peptide (CGRP) polyclonal antibody	ImmunoStar	Cat# 24112 RRID: AB_572217
Goat anti-mCherry polyclonal antibody	OriGene Technologies	Cat# AB0040-200 RRID: AB_2333093
Chicken anti-GFP polyclonal antibody	Novus Biologicals	Cat# NB100-1614 RRID: AB_10001164
Rabbit anti-Tyrosine Hydroxylase Antibody	EMD Millipore	Cat# AB152 RRID: AB_390204
Donkey anti-rabbit DyLight 488	Abcam	Cat# ab98488 RRID: AB_10676096
Donkey anti-rabbit Alexa 594	Abcam	Cat# ab150076 RRID: AB_2782993
Goat anti-chicken Alexa 488	Abcam	Cat# ab150173 RRID: AB_2827653
Donkey anti-rat Alexa 647	Abcam	Cat# ab150155 RRID: AB_2813835
Mouse anti-CD45 Pacific Blue	BioLegend	Cat# 103126 RRID: AB_493535
Mouse anti-TCR-b chain PE/Cy7	BioLegend	Cat# 109221 RRID: AB_893627
Mouse anti-TCR gamma/delta Brilliant Violet 605	BioLegend	Cat# 118129 RRID: AB_2563356
Mouse anti-mouse CD4 Brilliant Violet 650	BioLegend	Cat# 100469 RRID: AB_2783035
Mouse anti-mouse CD8a PerCP/Cy5.5	BioLegend	Cat# 100733 RRID: AB_2075239
Mouse anti-FOXP3 Alexa Fluor 488	BioLegend	Cat# 126405 RRID: AB_1089114
Mouse anti-IL17A PE	BioLegend	Cat# 506904 RRID: AB_315464
Mouse anti-IFN gamma APC	eBioscience	Cat# 17-7311-81 RRID: AB_469503
Mouse anti-CD19 Brilliant Violet 650	BioLegend	Cat# 115541 RRID: AB_11204087
Mouse anti- CD11b Brilliant Violet 605	BioLegend	Cat# 101237 RRID: AB_11126744
Mouse anti-CD11c FITC	BioLegend	Cat# 117305 RRID: AB_313774
Mouse anti-mouse Ly-6G PE/Cy7	BioLegend	Cat# 127617 RRID: AB_1877262
Mouse anti-mouse F4/80 PerCP/Cy5.5	BioLegend	Cat# 123127 RRID: AB_893496
Mouse anti-Ly-6C Alexa Fluor 700	BioLegend	Cat# 128024 RRID: AB_893496
Mouse anti-PDCA-1 APC	BioLegend	Cat# 127015 RRID: AB_1967101
Mouse anti-mouse CD103 PE	BioLegend	Cat# 121405 RRID: AB_535948
Mouse anti-mouse Lineage Cocktail with Isotype Ctrl FITC	BioLegend	Cat# 133301 RRID: AB_10697030
Mouse anti-CD90.2 PerCP-Cyanine5.5	Tonbo Biosciences	Cat# 65-0903 RRID:N/A
Mouse anti-CD127 Brilliant Violet 605	BioLegend	Cat# 135025 RRID: AB_2562114
Mouse anti-RORgt APC	eBioscience	Cat# 17-6981-80 RRID: AB_2573253
Mouse anti-GATA3 PE	BioLegend	Cat# 653803 RRID: AB_2562722
Mouse anti-mouse NK-1.1 FITC	BioLegend	Cat# 156507 RRID: AB_2876526
Mouse anti-mouse CD8b FITC	BioLegend	Cat# 126605 RRID: AB_961293

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Biological samples		
Healthy human colon biopsy	Boston children's hospital	N/A
Chemicals, peptides, and recombinant proteins		
Calcitonin Gene Related Peptide (CGRP)	GeneScript	Cat# 96827-03-1
Clozapine-N-Oxide	Tocris	Cat# 4936
recombinant mouse NGF	Thermo Fisher Scientific	Cat# A42627
Capsaicin	Tocris	Cat# 0462
Fura-2 AM	Thermo Fisher Scientific	Cat # F1221
Opal 520	Akoya Biosciences	Cat# FP1487001KT
Opal 570	Akoya Biosciences	Cat# FP1488001KT
Resiniferatoxin (RTX)	Alomone Lab	Cat #R400
BIBN 4096	Tocris	Cat #4561
Ultrapure BSA	Invitrogen	Cat #AM2616
Ulex Europaeus Agglutinin I (UEA I) Rhodamine	Vector Laboratories	Cat# RL-1062
Celltrace Calcein Violet	Thermo Fisher Scientific	Cat# C34858
Collagenase VIII	Sigma-Aldrich	Cat# C2139
Deoxyribonuclease I	Sigma-Aldrich	Cat# D5025
Fluospheres™ Polystyrene Microspheres, 1.0 µm, red fluorescent	Thermo Fisher Scientific	Cat# F13083
ALZET Osmotic Pump	Alzet	Cat# 1007d
Krebs-Ringer Solution	Alfa Aesar	Cat# J67795
DAPT	Sigma-Aldrich	Cat# D5942
IWP-2	Sigma-Aldrich	Cat# I0536
rmEGF	Peprtech	Cat# 31509
Collagen	Sigma-Aldrich	Cat# C5533
TripLE	Life technology	Cat# 1265010
Carbachol	Sigma-Aldrich	Cat# Y0000113
Acridine Orange	Sigma-Aldrich	Cat# A6014
Critical commercial assays		
CGRP rat Enzyme Linked Immunosorbent Kit	Cayman Chemical	Cat# 589001
LIVE/DEAD™ Fixable Near-IR Dead Cell Stain Kit	Thermo Fisher Scientific	Cat# L34975
RNAscope® Probe- Hs-MUC2	Advanced Cell Diagnostics	Cat# 312871
RNAscope® Probe- Hs-RAMP1-C2	Advanced Cell Diagnostics	Cat# 483051-C2
RNAscope® Probe- Mm-Muc2-C2	Advanced Cell Diagnostics	Cat# 315451-C2
RNAscope® Probe- Mm-Ramp1-O1	Advanced Cell Diagnostics	Cat# 532681
RNAscope Multiplex Fluorescent Assay v2	Advanced Cell Diagnostics	Cat# 323110
RNAscope Multiplex Fluorescent Detection Kit	Advanced Cell Diagnostics	Cat# 320851
QIAamp DNA Stool Mini Kit	QIAGEN	Cat# 51504
Fixation/Permeabilization kit	BD	Cat# 554714
Transcription factor staining buffer set	eBioscience	Cat# 00-5523-00

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Chromium Next GEM Single Cell 3' Reagent Kit v3.1	10X Genomics	Cat# CG000315
Chromium Next GEM Single Cell 3' Kit v3.1	10X Genomics	Cat# 1000268
Chromium Next GEM Chip G Single Cell Kit	10X Genomics	Cat# 1000120
Dual Index Kit TT Set A	10X Genomics	Cat# 1000215
Acridine Orange/Propidium Iodide stain	Logos Biosystems	Cat# F23011
Kapa qPCR Library Quantification Kit	Roche Sequencing Solutions	Cat# 07960140001
High Sensitivity D5000 Tape	Agilent Technologies	Cat#5067-5592
High Sensitivity D5000 Reagents	Agilent Technologies	Cat# 5067-5593
Deposited data		
Raw 16S sequencing	BioProject	PRJNA803622
Nav1.8 ^{DTA} colonic epithelial cells	This paper	GSE208762
Ramp1 ^{Villin} colonic epithelial cells	This paper	GSE208762
Nav1.8 ^{DTA} ileal epithelial cells	This paper	GSE208594
Experimental models: Mouse strains		
Mouse: C57BL/6	Jackson Laboratory	Stock #000664
Mouse: B6.Rosa26-stop(flox)-DTA	Jackson Laboratory	Stock #009669
Mouse: B6.Rose26-stop(flox)-tdTomato	Jackson Laboratory	Stock #007914
Mouse: Calca-GFP-DTR	Provided by M. Zylca	(McCoy et al., 2013)
Mouse: B6.Cg-Calca ^{tm1.1(cre/EGFP)Rpa/J}	Jackson Laboratory	Stock #033168
Mouse: Nav1.8-Cre	Provided by J. Wood	(Abrahamsen et al., 2008)
Mouse: Calca ^{-/-}	Provided by V. Kurchroo	(Oh-hashii et al., 2001)
Mouse: Calcb ^{-/-}	Provided by M. Rao	(Thompson et al., 2008)
Mouse: C57BL/6N Ramp1 ^{tm1a(EUCOMM)Wtsi/H}	EMMA	Stock #07401
Mouse: Villin1-Cre	Jackson Laboratory	Stock #018963
Mouse: B6N;129-Tg(CAG-CHRM3*,mCitrine)1Ute/J	Jackson Laboratory	Stock #026220
Mouse: Germ free C57BL/6	Provided by J. Huh	N/A
Oligonucleotides		
EUB338 pan-eubacterial Cy-3 conjugated FISH probe	IDT	(5'-GCTGCCTCCCGTAGGAGT'3')
Nonsense Cy-3 conjugated FISH probe	IDT	(5'-CGACGGAGGGCATCCTCA-3')
Software and algorithms		
FlowJo V10	Treestar	www.flowjo.com
Fiji Is Just Image J version 2	ImageJ	https://fiji.sc
QIIME version 1.9.1	(Kuczynski et al., 2012)	qiime.org
Intestine Explant Perfusion system	This paper	https://github.com/mdanderson03/mucus_explant
Mucus Quantification v8	This paper	https://github.com/prajuvikas/Mucus_Quantification_v8_2022Jan
Other		
Cytoflex S flow cytometer	Beckman Coulter	N/A
FACSAria	BD	N/A

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Stellaris 8 FALCON CFS	Leica	N/A
Thunder 3D Cell Culture	Leica	N/A
Eclipse Ti-S/L100 inverted microscope	Nikon	N/A

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