



# Ceftazidime/Avibactam-Based Versus Polymyxin B-Based Therapeutic Regimens for the Treatment of Carbapenem-Resistant *Klebsiella pneumoniae* Infection in Critically Ill Patients: A Retrospective Cohort Study

Guanhao Zheng · Jiaqi Cai · Liang Zhang · Dayu Chen ·  
Linyu Wang · Yusi Qiu · Han Deng · Hao Bai · Xiaolan Bian ·  
Juan He

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## ABSTRACT

**Introduction:** Considering the importance of ceftazidime/avibactam (CAZ/AVI) and polymyxin B (PMB) in treating carbapenem-resistant *Klebsiella pneumoniae* (CRKP) infection, it is essential to evaluate the efficacy and safety of

these agents and provide appropriate medical advice to clinical specialists.

**Methods:** We conducted a retrospective cohort study in two Chinese tertiary hospitals for critically ill patients with CRKP infection who received at least 24-h CAZ/AVI-based or PMB-based treatment. A binary logistic model and a Cox proportional hazards regression model were constructed to analyze variables that could potentially affect 30-day microbiological eradication and all-cause mortality, respectively.

**Results:** From January 2019 to December 2021, 164 eligible patients were divided into CAZ/AVI and PMB cohorts. A notably lower 30-day

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Guanhao Zheng and Jiaqi Cai contributed equally to this work and share first authorship.

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G. Zheng · X. Bian (✉) · J. He (✉)  
Department of Pharmacy, Ruijin Hospital Affiliated to Shanghai Jiao Tong University School of Medicine, Shanghai, China  
e-mail: bxl70029@hotmail.com

J. He  
e-mail: hejuanwin@126.com

G. Zheng  
Department of Pharmacy, Shanghai Chest Hospital, Shanghai Jiao Tong University, Shanghai, China

J. Cai  
Department of Clinical Laboratory, Kunshan Hospital Affiliated to Nanjing University of Chinese Medicine, Kunshan, China

L. Zhang  
Department of Pharmacy, Huashan Hospital Affiliated to Fudan University, Shanghai, China

D. Chen  
Department of Pharmacy, Nanjing Drum Tower Hospital The Affiliated Hospital of Nanjing University Medical School, Nanjing, China

L. Wang  
Department of Pharmacy, The Affiliated Cancer Hospital of Guangxi Medical University, Nanning, China

Y. Qiu  
Department of Pharmacy, Guigang People's Hospital, Guigang, China

H. Deng  
Department of International Medical Center, Shenzhen Hospital, Southern Medical University, Shenzhen, China

mortality rate (35.4% vs 69.5%,  $P < 0.001$ ) and a higher 30-day microbiological eradication rate (80.5% vs 32.9%,  $P < 0.001$ ) were observed for patients receiving CAZ/AVI-based treatment, compared with cases in the PMB group. A longer antimicrobial treatment duration ( $> 7$  days) could also significantly decrease the mortality rate and increase the microbiological eradication rate. Female patients had a higher survival rate than male patients. Age over 65 years, sepsis, continuous renal replacement therapy, and organ transplantation were identified as negative factors for survival. In the subgroup analysis, CAZ/AVI combined with tigecycline or amikacin could effectively lower mortality. According to safety evaluation results, potential elevation of hepatic enzymes was associated with CAZ/AVI-based treatment, while renal impairment was probably related to PMB-based treatment.

**Conclusions:** CAZ/AVI was more effective than PMB in treating CRKP-infected patients. Tigecycline and amikacin were proven to be beneficial as concomitant agents in combination with CAZ/AVI. A treatment period lasting over 7 days was recommended. Hepatotoxicity of CAZ/AVI and nephrotoxicity of PMB should be monitored carefully. Further well-designed studies should be performed to verify our conclusion.

**Keywords:** Ceftazidime/avibactam; Carbapenem-resistant *Klebsiella pneumoniae*; Polymyxin B; Critically ill patients; Mortality; Microbiological eradication; Safety; Combination therapy

### Key Summary Points

Both ceftazidime/avibactam and polymyxin B were considered as the first-line agents against carbapenem-resistant *Klebsiella pneumoniae* infection.

Ceftazidime/avibactam is more advantageous than polymyxin B when treating carbapenem-resistant *K. pneumoniae*-infected patients in decreasing both 30-day mortality and increasing 30-day microbiological eradication rate.

Tigecycline or amikacin might be two potentially effective combined agents in ceftazidime/avibactam-based therapeutic regimens.

Carbapenem-resistant *K. pneumoniae*-infected patients might benefit from a longer antimicrobial treatment duration ( $> 7$  days), but the optimal antimicrobial duration should be individualized according to the different sources and severity of infection.

Hepatotoxicity of ceftazidime/avibactam and nephrotoxicity of polymyxin B should be emphasized in routine carbapenem-resistant *K. pneumoniae* therapies.

## INTRODUCTION

In the last few decades, carbapenem-resistant Enterobacteriaceae (CREs) have been regarded as one of the fatal medical threats to public health based on the World Health Organization priority list of antibiotic-resistant bacteria, which could cause a variety of intractable infections, such as pneumonia, bloodstream infections, and urinary tract infections [1, 2]. Carbapenem-resistant *Klebsiella pneumoniae* (CRKP), the most common pathogen amidst the various strains of CREs, is considered as a

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H. Bai  
Department of Pharmacy, Chongqing University  
Cancer Hospital, Chongqing, China

nationwide clinical therapeutic challenge in China [3, 4]. According to the corresponding statistics from the China Antimicrobial Surveillance Network, rapidly increasing incidence and prevalence rates of CRKP infection have been observed from 2.9% in 2005 to 25% in 2021 [5]. *K. pneumoniae* carbapenemase (KPC) is the most clinically common carbapenemase in CRKP strains in China [6–8].

Only a few available antimicrobial agents show adequate clinical efficacy in treating CRKP infection because of its multidrug resistance, such as aminoglycosides, carbapenems (only used with high dose and prolonged infusion time), tigecycline, and fosfomycin. It is crucial to determine whether combinations of the aforementioned drugs show adequate synergies to achieve bactericidal effects against CRKP [2, 9, 10].

Moreover, some novel antimicrobial agents have been developed for the sake of overcoming the treating dilemma of CRKP infection in recent years. It is acknowledged that ceftazidime/avibactam (CAZ/AVI) and polymyxins [polymyxin B (PMB) & colistin] reveal their own antibacterial effects as the effective agents against CRKP infection [2, 9, 10]. As far as we know, clinical studies about comparing clinical efficacy between CAZ/AVI and polymyxin-based therapeutic regimens are still rare [5, 11]. Consequently, it is worthwhile conducting several further clinical investigations to provide sufficient evidence for making guidelines on treatment of CRKP infection with CAZ/AVI and PMB-based therapeutic regimens.

In a previous study, we found that using a combination treatment scheme of CAZ/AVI with carbapenems, fosfomycin, or tigecycline could significantly decrease the mortality of critically ill patients with CRKP infection [12]. However, PMB-based treatment regimen were not evaluated. Hence, the current study compares the clinical efficacy and safety of treating CRKP infection in critical ill patients between CAZ/AVI-based and PMB-based regimen.

## METHODS

### Study Design and Participants

This retrospective cohort study was performed at two tertiary hospitals in China and is based upon the ethical standards of the Declaration of Helsinki 1964 and its later amendments or comparable ethical standards. Our study was approved by the Institutional Review Board of Huashan Hospital Affiliated to Fudan University and Ruijin Hospital Affiliated to Shanghai Jiao Tong University School of Medicine. All complete data were extracted respectively from the electronic medical record information system in each hospital without direct interaction with the enrolled participants.

Adult patients (age 18 years or over) who were admitted to the intensive care unit (ICU) from January 2019 to October 2021 and received at least one dose of CZA/AVI or PMB for empirical or definitive treatment with verified CRKP infections (based on microbiological culture test) and documented susceptibility testing results were enrolled in our study. The exclusion criteria were as follows: (1) patients who received CAZ/AVI-based or PMB-based treatment for less than 24 h or died within this period; and (2) patients with missing data.

### Antibiotic Dosing Regimens

CAZ/AVI-based therapy was considered as an antimicrobial treatment with CAZ/AVI and any other antibiotics except for PMB. Correspondingly, PMB-based therapy was classified as an antimicrobial treatment with PMB and any other antibiotics except for CAZ/AVI. Combination therapy was defined as using any other anti-CRKP agents together with CAZ/AVI or PMB at the onset of CAZ/AVI or PMB treatment, respectively. The selection of CAZ/AVI-based and PMB-based therapy as well as concomitant antibiotics and their duration was at the discretion of the clinicians.

As for the dose regimen of CAZ/AVI, a 2.5-g fixed dose was administered every 8 h with a 2-h infusion time. Dose adjustment was in accordance with patients' creatinine clearance (CrCl)

level. Patients who underwent continuous renal replacement therapy (CRRT) received a standard dosing regimen regardless of the different modes of CRRT [13].

In the PMB-based therapy group, patients received a loading dose of 2.0–2.5 mg/kg/day and maintenance doses of 1.25–1.5 mg/kg/day every 12 h. Both loading dose and maintenance dose were calculated on the basis of total body weight (TBW) and administered with at least 1-h infusion time. No renal function-based dose adjustment was performed in our study, even if patients were receiving CRRT [14].

### Study Objectives and Variables

The 30-day mortality rate was classified as primary outcome in the current study, and the 30-day microbiological eradication rate was evaluated to compare the clinical efficacy between CAZ/AVI- and PMB-based therapy. Microbiological eradication was determined as the disappearance of CRKP from all subsequent cultures.

Variables that were recorded in our study included age, sex, TBW, site of infection (defined in line with the Centers for Disease Control and Prevention (CDC) criteria [15]); polymicrobial infections; Sequential Organ Failure Assessment (SOFA) [16] and Acute Physiology and Chronic Health Evaluation II (APACHE II) scores at the onset of CAZ/AVI-based or PMB-based treatment [17]; sepsis (identified by SOFA scores  $\geq 2$  [16]) when starting CAZ/AVI-based or PMB-based therapy; CrCl (calculated by Cockcroft–Gault formula [18]) at the beginning of CAZ/AVI-based or PMB-based therapy; CRRT or extracorporeal membrane oxygenation (ECMO) within the duration of CAZ/AVI-based or PMB-based therapy; length of ICU stay before starting antimicrobial therapy; combination therapy and concomitant antibiotic treatment; concomitant use of vasoactive drugs or mechanical ventilation by the start of CAZ/AVI-based or PMB-based therapy; Charlson comorbidity index (CCI) score [19] and comorbidities at admission; CAZ/AVI-based or PMB-based treatment duration.

### Microbiology

All pathogen isolation and antimicrobial susceptibility tests, except for CAZ/AVI, were performed by the Vitek 2 Compact system (bioMérieux, Inc.). The susceptibility of CAZ/AVI was determined by the disk-diffusion method (Kirby–Bauer method); the diameter of inhibition zone  $> 21$  mm and  $< 20$  mm meant susceptibility and resistance, respectively. The Clinical and Laboratory Standards Institute (CLSI) criteria 2020 were utilized as the evaluation standard of breakpoints to interpret all antibiotic susceptibility testing results. In addition, carbapenem resistance was defined as a minimum inhibitory concentration (MIC) of imipenem or meropenem of 4 mg/L or over [20].

### Statistical Analysis

All statistical analyses were performed with SPSS software (version 26.0, IBM Corp, Armonk, NY, USA). The Shapiro–Wilk test was carried out to validate the normality of the distribution of each variable. As for the categorical variables, Pearson's chi-square test or Fisher's exact test was utilized for data analysis and calculation of *P* values. Student's *t* test or Mann–Whitney *U* test was applied to analyze continuous variables and calculate *P* values. To set up a multivariate regression analysis model for investigating the potential risk factors for 30-day microbiological eradication, each variable was evaluated by univariate analysis at first. Variables with *P* values  $\leq 0.10$  were added in the binary logistic regression analysis. The Kaplan–Meier method was chosen to achieve the survival analysis. Any variable with *P* value  $\leq 0.10$  was involved in a Cox proportional hazards regression model with a forward stepwise selection for analyzing 30-day mortality, while only variables with *P* values  $\leq 0.10$  remained in this model. The differences of variables between CAZ/AVI group and PMB group were compared in advance. Variables with *P* values  $\leq 0.20$  were included in both binary and Cox proportional hazards regression analysis, with the purpose of adjusting for confounding by indication. Covariates with

*P* values ≤ 0.10 were kept in the models. Furthermore, a propensity score for the CAZ/AVI group was calculated by a logistic regression model covering the aforementioned variables with *P* values ≤ 0.20 and included in these two regression models. The plot of log [−log(survival)] versus log(time) was utilized to evaluate the proportional hazard assumption graphically. The collinearity between covariates was also checked. Tests for interactions were not performed. All tests were two-tailed, and *P* values ≤ 0.05 were considered statistically significant.

## RESULTS

### Comparison of Efficacy Between CAZ/AVI-Based and PMB-Based Therapeutic Regimen

From January 2019 to December 2021, 164 eligible patients were included in our study

(Fig. 1); 128 patients were admitted to Ruijin Hospital Affiliated to Shanghai Jiao Tong University School of Medicine and 36 were hospitalized in Huashan Hospital Affiliated to Fudan University. Their mean age was 65.4 ± 14.9 years and 60.4% of patients were over 65 years of age. In total 105 patients (64.0%) were female. The most common primary infection site in these patients was the respiratory tract (56.1%). About 15% and 36% patients suffered from polymicrobial infection and sepsis, respectively. Cardiovascular disease (51.2%) and respiratory disease (45.1%) were two major types of comorbidities. Nearly three-quarter (74.4%) of patients were treated with a CAZ/AVI-based or PMB-based therapeutic regimen for a period of at least 7 days. The antimicrobial susceptibility test results of *K. pneumoniae* isolates are listed in Supplementary Table S1. The *K. pneumoniae* isolates were highly susceptible to CAZ/AVI, colistin, and tigecycline, while amikacin showed suboptimal

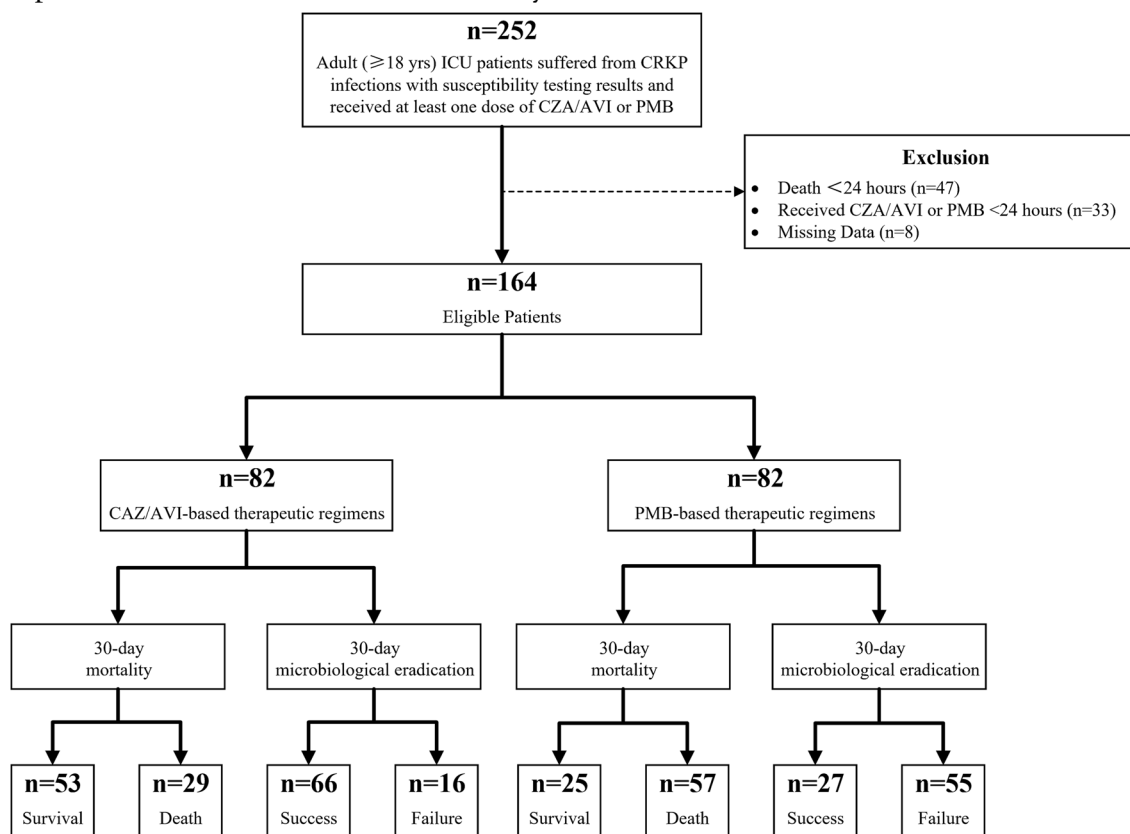


Fig. 1 Study design

antibacterial activities against these isolates. It is worthwhile mentioning that none of the patients with CAZ/AVI resistance were prescribed CAZ/AVI.

All patients were divided into two groups according to CAZ/AVI-based or PMB-based therapeutic regimen. The number of patients in each group was equal ( $n = 82$ ). The demographic and clinical characteristics of the patients (Table 1) indicated that there were only minor differences between the two groups. However, the proportion of patients with sepsis in the PMB cohort was significantly inferior to the CAZ/AVI cohort (22.0% vs 50%,  $P < 0.001$ ); and patients in the CAZ/AVI group had a significantly longer antimicrobial treatment duration than the other group (14 days vs 9 days,  $P = 0.001$ ).

There were 59.8% and 73.2% of cases receiving antimicrobial combination therapy in the CAZ/AVI and PMB cohorts, respectively. Detailed antimicrobial therapy information is listed in Supplementary Table S2. Carbapenems, tigecycline, amikacin, and fosfomycin were the main concomitant drugs of combination therapy in each group. Intragroup data analysis indicated that combination therapy was superior to monotherapy in the CAZ/AVI cohort because of its higher 30-day microbiological eradication and lower 30-day mortality rate (Fig. 2). However, there was virtually no difference in mortality between combination therapy and monotherapy in the PMB cohort, while monotherapy even had a higher microbiological eradication rate than combination therapy.

The microbiological eradication rates of the two cohorts are compared in Fig. 3. The 14-day microbiological eradication rate in the CAZ/AVI group was significantly higher than that in the PMB group (51.2% vs 26.8%,  $P = 0.001$ ). The 30-day microbiological eradication rate was 80.5% for patients treated with CAZ/AVI-based therapy, and 32.9% for patients in the PMB cohort ( $P < 0.001$ ).

According to the result of survival analysis (Fig. 4), the 30-day all-cause mortality rate in the CAZ/AVI group was significantly lower than that in the PMB group (35.4% vs 69.5%, log-rank,  $P < 0.001$ ). The mortality rate for patients receiving CAZ/AVI-based and PMB-based

therapeutic regimen was 14.2/1000 patient-days and 42.6/1000 patient-days ( $P < 0.001$ ), respectively.

### **Risk Factors for 30-Day All-Cause Mortality in Critically Ill Patients with CRKP Infection**

As the primary outcome of the current study, the 30-day all-cause mortality was analyzed among all critically ill patients with CRKP infection. These patients were divided into survival and death groups based on their 30-day survival status. Table 2 lists the demographic and clinical characteristics for grouped patients. The 30-day mortality rate was 52.4% (78/164) for all eligible patients.

The results of Cox proportional hazards regression analysis are listed in Table 3. Female gender, receiving antimicrobial treatment for a duration of over 7 days, or employing CAZ/AVI therapeutic regimen were significantly associated with lower 30-day mortality rates for critically ill patients with CRKP infection. On the contrary, a higher age ( $> 65$  years), application of CRRT, concurrent sepsis, and comorbidity of organ transplantation were identified as independently negative factors for patients' 30-day survival. The propensity score adjustment had not changed the consequences of this Cox regression model.

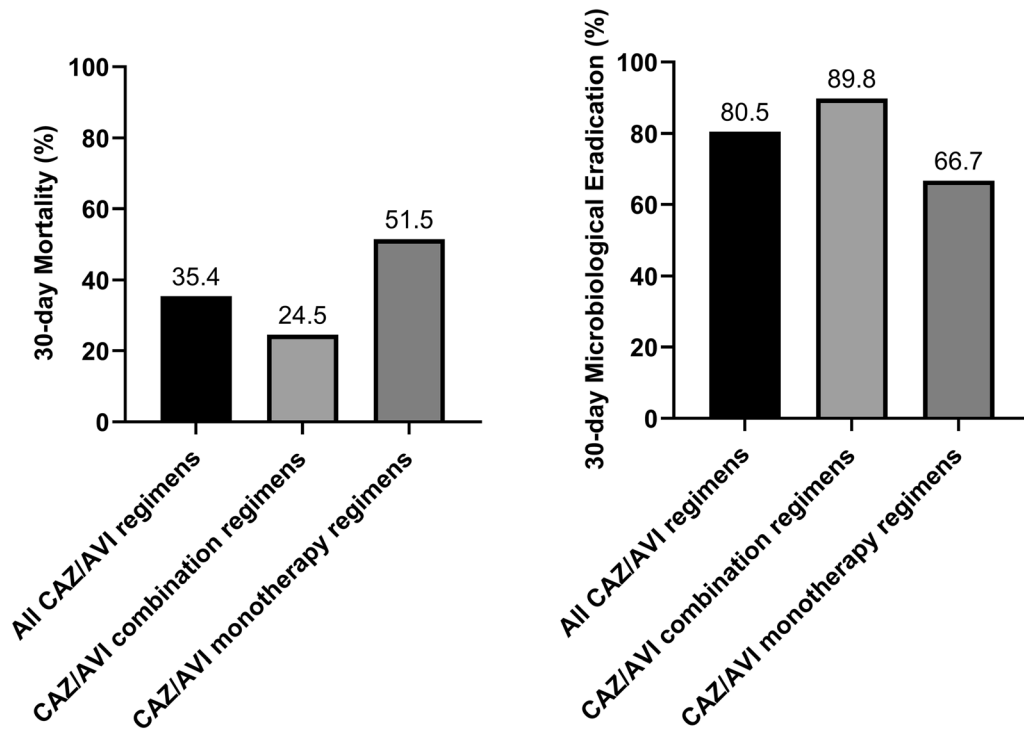
### **Subgroup Analysis to Find Out CAZ/AVI-Based Therapeutic Schemes**

Taking the data of Table 3 into consideration, we could make an initial deduction that CAZ/AVI-based therapy would probably be conducive to lower mortality rate, compared to PMB-based therapy. Thus, further subgroup analysis was conducted to find out appropriate CAZ/AVI-based therapy schemes for further investigation. As a result, CAZ/AVI-based therapeutic regimen could be beneficial to reduce the 30-day mortality rate significantly when tigecycline ( $P = 0.037$ ) or amikacin ( $P = 0.026$ ) was prescribed as another concomitant agent with CAZ/AVI (Table 4).

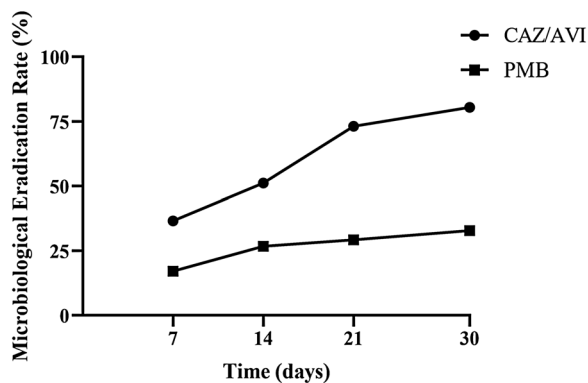
**Table 1** Characteristics of patients receiving CAZ/AVI-based and PMB-based therapeutic regimens

Variable	CAZ/AVI ( <i>n</i> = 82)	PMB ( <i>n</i> = 82)	<i>P</i> value
Age, years	63.2 ± 17.0	67.5 ± 12.3	0.173
Sex (female)	56 (68.3)	49 (59.8)	0.255
TBW, kg	65.2 ± 13.8	64.1 ± 13.2	0.586
Primary site of infection			
Primary bloodstream infection	10 (12.2)	12 (14.6)	0.647
Respiratory infection	38 (46.3)	54 (65.9)	0.012
Abdominal infection	17 (20.7)	12 (14.6)	0.306
Urinary tract infection	12 (14.6)	3 (3.7)	0.027
Other infections	5 (6.1)	1 (1.2)	0.210
Sepsis	41 (50)	18 (22.0)	< 0.001
Polymicrobial infection	16 (19.5)	9 (11.0)	0.128
APACHE II score (antimicrobial treatment onset)	16.5 (14–19)	16.5 (14–19)	0.895
CrCl, mL/min	76.7 (46.4–119.8)	56.8 (39.0–95.1)	0.039
CRRT	11 (13.4)	21 (25.6)	0.049
ECMO	1 (1.2)	1 (1.2)	1.000
Length of ICU stay before starting antimicrobial therapy, days	23 (11.8–53.3)	35.5 (21.5–54.8)	0.017
Vasoactive drugs	46 (56.1)	42 (51.2)	0.531
Mechanical ventilation	54 (65.9)	51 (62.2)	0.625
Comorbidities			
Cardiovascular disease	28 (34.1)	56 (68.3)	< 0.001
Respiratory disease	38 (46.3)	36 (43.9)	0.754
Central nervous system disease	17 (20.7)	21 (25.6)	0.459
Autoimmune disease	9 (11.0)	6 (7.3)	0.416
Liver disease	25 (30.5)	19 (23.2)	0.290
Renal insufficiency	22 (26.8)	30 (36.6)	0.179
Diabetes	18 (22.0)	21 (25.6)	0.582
Organ transplantation	10 (12.2)	5 (6.1)	0.176
Neoplasia	25 (30.5)	10 (12.2)	0.004
CCI score	4 (3–6)	5 (3.8–6)	0.223
Antimicrobial treatment duration, days	14 (10–14)	9 (6–14.3)	0.001
Antimicrobial combination therapy	49 (59.8)	60 (73.2)	0.069

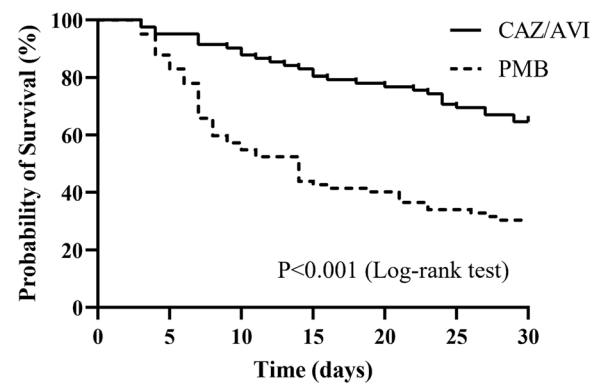
All data are exhibited as number (%), mean ± standard deviation (SD), or median (interquartile range)



**Fig. 2** Comparison of 30-day mortality and microbiological eradication rate between CAZ/AVI combination therapy and monotherapy



**Fig. 3** Comparison of microbiological eradication rate at 7, 14, 21, and 30 days between CAZ/AVI and PMB cohorts



**Fig. 4** Survival curves of critically ill patients with CRKP infection receiving CAZ/AVI-based and PMB-based therapeutic regimens

### Risk Factors for 30-day Microbiologic Eradication in Critically Ill Patients with CRKP Infection

The microbiological eradication rate at 30 days was 80.5% for the CAZ/AVI group and 32.9% for the PMB group. In our study, univariate and

multivariable analyses were applied to ascertain potential risk factors for 30-day microbiological eradication. All enrolled participants were classified into success and failure groups, which depended on their 30-day bacterial eradication status. Table 5 summarizes the details of demographic and clinical characteristics for patients



**Table 2** Potential risk factors for 30-day mortality in patients receiving CAZ/AVI-based or PMB-based therapeutic regimens

Variable	30-day mortality		P value
	Survival (n = 78)	Death (n = 86)	
Age (> 65 years)	40 (51.3)	59 (68.6)	0.024
Sex (female)	56 (71.8)	49 (57.0)	0.048
TBW, kg	64.9 ± 13.6	64.4 ± 13.5	0.792
Primary site of infection			
Primary bloodstream infection	11 (14.1)	11 (12.8)	0.806
Respiratory infection	41 (52.6)	51 (59.3)	0.385
Abdominal infection	11 (14.1)	18 (20.9)	0.252
Urinary tract infection	10 (12.8)	5 (5.8)	0.120
Other infections	5 (6.4)	1 (1.2)	0.103
Sepsis	26 (33.3)	33 (38.4)	0.502
Polymicrobial infection	15 (19.2)	10 (11.6)	0.176
APACHE II score (antimicrobial treatment onset)	15 (14–19)	17 (14.8–19)	0.072
CrCl, mL/min	83.6 (49.2–116.4)	55.8 (33.5–96.9)	0.007
CRRT	9 (11.5)	23 (26.7)	0.013
ECMO	1 (1.3)	1 (1.2)	1.000
Length of ICU stay before starting antimicrobial therapy, days	30 (15–63.8)	29.5 (18–52.3)	0.678
Vasoactive drugs	38 (48.7)	50 (58.1)	0.227
Mechanical ventilation	47 (60.3)	58 (67.4)	0.338
Comorbidities			
Cardiovascular disease	32 (41.0)	52 (60.5)	0.013
Respiratory disease	33 (42.3)	41 (47.7)	0.490
Central nervous system disease	21 (26.9)	17 (19.8)	0.278
Autoimmune disease	6 (7.7)	9 (10.5)	0.538
Liver disease	21 (26.9)	23 (26.7)	0.979
Renal insufficiency	22 (28.2)	30 (34.9)	0.359
Diabetes	19 (24.4)	20 (23.3)	0.868
Organ transplantation	1 (1.3)	14 (16.3)	0.001
Neoplasia	22 (28.2)	13 (15.1)	0.041
CCI score	4 (3–6)	5 (4–6)	0.206
Antimicrobial treatment duration (> 7 days)	71 (91.0)	51 (59.3)	< 0.001
CAZ/AVI-based therapeutic regimens	53 (67.9)	29 (33.7)	< 0.001

**Table 2** continued

Variable	30-day mortality		<i>P</i> value
	Survival ( <i>n</i> = 78)	Death ( <i>n</i> = 86)	
Antimicrobial combination therapy	56 (71.8)	53 (61.6)	0.168

All data are exhibited as number (%), mean  $\pm$  SD, or median (interquartile range)

**Table 3** Cox proportional hazards regression analysis of potential risk factors for 30-day mortality

Variable	Without/with propensity score adjustment <sup>a</sup>		
	HR	95% CI	<i>P</i> value
Age (> 65 years)	2.038	1.263–3.286	0.004
CRRT	1.786	1.087–2.932	0.022
Sepsis	1.868	1.127–3.097	0.015
Organ transplantation	4.660	2.390–9.088	< 0.001
Sex (female)	0.628	0.397–0.995	0.047
Antimicrobial treatment duration (> 7 days)	0.171	0.104–0.281	< 0.001
CAZ/AVI-based therapeutic regimens	0.391	0.236–0.648	< 0.001

HR hazard ratio, CI confidence interval

<sup>a</sup>The propensity score that was included in the Cox-proportional hazards regression model showed no significant alteration to the results of other variables (*P* = 0.475)

**Table 4** Hazard ratio of CAZ/AVI-based therapeutic regimens and 30-day mortality according to the subgroup analysis

Subgroup <sup>a</sup>	<i>n</i>	HR	95% CI	<i>P</i> value
CAZ/AVI + carbapenem <sup>b</sup>	17	0.585	0.325–1.053	0.074
CAZ/AVI + tigecycline	11	0.267	0.077–0.921	0.037
CAZ/AVI + amikacin	11	0.105	0.014–0.766	0.026
CAZ/AVI + fosfomycin	7	0.299	0.077–1.160	0.081
CAZ/AVI monotherapy	33	0.591	0.332–1.054	0.075

HR hazard ratio, CI confidence interval

<sup>a</sup>Adjusted for age (> 65 years), CRRT, sepsis, organ transplantation, sex (female), antimicrobial treatment duration (> 7 days)

<sup>b</sup>Fourteen patients received meropenem and three patients received imipenem

in these two groups. Variables with *P* values  $\leq$  0.10, including sex (female), comorbidity of cardiovascular disease and neoplasia, antimicrobial treatment duration (> 7 days),

and CAZ/AVI-based therapeutic regimen were chosen in the next step of multivariate analysis. After forward stepwise selection of covariates and adjustment of the propensity score, the

**Table 5** Potential risk factors for 30-day microbiological eradication in patients receiving CAZ/AVI- or PMB-based therapeutic regimens

Variable	30-day microbiological eradication		P value
	Success (n = 93)	Failure (n = 71)	
Age, years	64.4 ± 16.7	66.7 ± 12.2	0.328
Sex (female)	65 (69.9)	40 (56.3)	0.073
TBW, kg	64.8 ± 14.0	64.5 ± 12.9	0.887
Primary site of infection			
Primary bloodstream infection	13 (14.0)	9 (12.7)	0.808
Respiratory infection	50 (53.8)	42 (59.2)	0.491
Abdominal infection	14 (15.1)	15 (21.1)	0.312
Urinary tract infection	11 (11.8)	4 (5.6)	0.173
Other infections	5 (5.4)	1 (1.4)	0.236
Sepsis	37 (39.8)	22 (31.0)	0.245
Polymicrobial infection	13 (14.0)	12 (16.9)	0.606
APACHE II score (antimicrobial treatment onset)	16 (14–19)	17 (14–19)	0.975
CrCl, mL/min	67.0 (41.1–110.5)	61.5 (41.0–121.5)	0.828
CRRT	15 (16.1)	17 (23.9)	0.194
ECMO	1 (1.1)	1 (1.4)	1.000
Length of ICU stay before starting antimicrobial therapy, days	30 (15–61.5)	33 (20–50)	0.960
Vasoactive drugs	49 (52.7)	39 (54.9)	0.775
Mechanical ventilation	59 (63.4)	46 (64.8)	0.859
Comorbidities			
Cardiovascular disease	40 (43.0)	44 (62.0)	0.016
Respiratory disease	43 (46.2)	31 (43.7)	0.743
Central nervous system disease	21 (22.6)	17 (23.9)	0.838
Autoimmune disease	7 (7.5)	8 (11.3)	0.410
Liver disease	24 (25.8)	20 (28.2)	0.735
Renal insufficiency	29 (31.2)	23 (32.4)	0.869
Diabetes	26 (28.0)	13 (18.3)	0.150
Organ transplantation	9 (9.7)	6 (8.5)	0.787
Neoplasia	25 (26.9)	10 (14.1)	0.047
CCI score	5 (3–6)	4 (3–6)	0.860
Antimicrobial treatment duration (> 7 days)	83 (89.2)	39 (54.9)	< 0.001
CAZ/AVI-based therapeutic regimens	66 (71.0)	16 (22.5)	< 0.001

**Table 5** continued

Variable	30-day microbiological eradication		P value
	Success (n = 93)	Failure (n = 71)	
Antimicrobial combination therapy	63 (67.7)	46 (64.8)	0.691

All data are exhibited as number (%), mean  $\pm$  SD, or median (interquartile range)

eventual results of binary logistic regression analysis showed that the antimicrobial treatment duration of more than 7 days (odds ratio, 4.375; 95% confidence interval, 1.824–10.496;  $P < 0.001$ ) and CAZ/AVI-based therapeutic regimen (odds ratio, 6.392; 95% confidence interval, 3.037–13.457;  $P < 0.001$ ) were the only two independent factors relating to a lower rate of 30-day microbiological eradication (Table 6). What is more, the propensity score had not made any significant alteration to the results of the other variables in the binary logistic regression model.

#### Safety Evaluation Between CAZ/AVI-Based and PMB-Based Therapeutic Regimen

The clinical safety of CAZ/AVI-based and PMB-based therapy was evaluated by laboratory parameters in three aspects (Supplementary Table S3), namely liver function [alanine transaminase (ALT), aspartate aminotransferase (AST), total bilirubin (TBil)], kidney function [CrCl, blood urea nitrogen (BUN)], and coagulation function [activated partial thromboplastin time (APTT), prothrombin time (PT), fibrinogen (Fib)]. Significantly elevated ALT and AST were observed after CAZ/AVI-based treatment. Differences in the CrCl and BUN values

before and after treatment in the PMB group were all statistically significant. No significant alteration was identified for all three coagulation parameters in both cohorts.

Adverse events (AEs) data was also collected in the current study. Diarrhea was the main AE recorded in both cohorts. There were 17.1% (14/82) of patients suffering from diarrhea during the CZA/AVI treatment period, while 12.2% (10/82) of cases had diarrhea in the PMB group ( $P = 0.377$ ). In the CAZ/AVI group, abnormal elevations (more than three times the upper reference limit and 150% increase from baseline) of ALT or AST levels were found in 4.9% (4/82) patients. Acute kidney failure (AKI) was found in 8.5% (7/82) of patients after using PMB-based therapy. In addition, it must be stressed that seven and two patients developed acute kidney injury and *Clostridium difficile* infection (CDI) when they received PMB-based therapeutic regimes, respectively, while only one patient had CDI in the CAZ/AVI group.

## DISCUSSION

Nowadays, among the available antimicrobial agents against CRKP infection, novel  $\beta$ -lactam/ $\beta$ -lactamase inhibitors (BL/BLIs) are the

**Table 6** Binary logistic regression analysis of potential risk factors for 30-day microbiological eradication

Variable	Without/with propensity score adjustment <sup>a</sup>		
	OR	95% CI	P value
Antimicrobial treatment duration (> 7 days)	4.375	1.824–10.496	< 0.001
CAZ/AVI-based therapeutic regimens	6.392	3.037–13.457	< 0.001

OR odds ratio, CI confidence interval

<sup>a</sup>The propensity score that was included in the binary logistic regression model showed no significant alteration to the results of other variables ( $P = 0.393$ )

mainstay of effective pharmacotherapeutic schemes for CRKP-infected patients. It is recommended that CAZ/AVI is the preferred therapeutic agent against multiple sources of CRKP infection, according to the clinical guidance from Infectious Diseases Society of America (IDSA) [21]. In China, there were few effective drugs against CRKP, while CAZ/AVI was the only novel BL/BLI approved in clinical use, and PMB was also utilized in recent years as well.

Several *in vitro* and *in vivo* studies have discussed the effectiveness of CAZ/AVI and PMB, which proved that these two agents were both reliable treatment options for patients with CRKP infections [22–25]. Fang et al. drew the conclusion that CAZ/AVI-based therapy was more effective than PMB-based therapy in treating CRKP infection by implementing a retrospective analysis to compare the efficacy between these two therapies [5]. Nevertheless, suitable therapeutic combined agents with CAZ/AVI remain unclear. Further safety evaluation of CAZ/AVI and PMB should also be performed. It is reasonable for us to design a novel clinical trial to make a comprehensive analysis about effectiveness and safety of CAZ/AVI-based and PMB-based therapeutic schemes.

In this study, we evaluated the 30-day all-cause mortality as primary outcome of clinical efficacy between these two therapies. Patients with a higher age (> 65 years), suffering from sepsis, receiving CRRT during antimicrobial treatment, or having comorbidity of organ transplantation had a significantly higher risk of death.

CRRT is a negative factor for survival in our study, which is contrary to our knowledge that CRRT is widely used in critically ill patients since it plays a crucial role in elimination of inflammatory mediators and continuous control of hemodynamic and electrolytical stability *in vivo*. This phenomenon might have possible causes in two respects. On the one hand, surviving patients have better renal function than patients in the dead group according to the comparison of CrCl, which is related to a lower demand on CRRT. On the other hand, some clinical studies indicate that CRRT might not be beneficial to effectively lower mortality for infected patients or those with sepsis [26, 27].

Regarding the controversy over CRRT in the current study, we should put too great an emphasis on kidney function to exclude the interference of utilizing CRRT in our further studies.

As for the treatment duration, we advocate that more than a 7-day antimicrobial treatment period might have a positive correlation with survival rate for CRKP-infected patients. Zhou et al.'s research revealed that a short duration of antimicrobial therapy from 4 to 9 days would significantly increase the mortality, which provided a strongly support for our result [28]. However, we could not ignore the fact that patients may die within the 7-day duration of antimicrobial therapy. In the current study, the majority of patients (87.6%) received antimicrobial treatment for over 7 days, which implied that our conclusion might be convincing but still requires further verification. Moreover, it is acknowledged that appropriate treatment duration of infection is influenced by multiple factors, such as various sources of infection, severity of infection, immune status, and general response to therapy [21, 29, 30]. Our conclusion on treatment duration might be too general to play an important role in clinical practice. Individualized therapy duration with different types of CRKP infection should be investigated case by case.

A gender-dependent difference also exists in our study. This is evidently important for patients with infection and sepsis, which is attributed to sex hormones specifically. Female patients with sepsis may have a survival benefit in comparison with male patients owing to the salutary effects of estrogen on releasing cytokines which could improve the positive immune response and restoring organ function after sepsis. The immunosuppressive role of testosterone is also associated with the higher mortality rate for male patients with infection [31–33]. It is meaningful to investigate the mortality risk by using clinically accurate pre-clinical models that reflect sex differences in our further research.

CAZ/AVI-based therapy was proved to be apparently effective in treating patients with CRKP in the current study, not only improving survival rate but also increasing bacterial

clearance rate, compared with PMB-based therapy. Quite a few studies demonstrate the great value of CAZ/AVI in treating CRKP infection. CAZ/AVI therapy was more clinically advantageous than other antibiotics to decrease 30-day mortality for patients with CRKP infection, according to Gu et al.'s study [34]. Chen et al. analyzed CRKP-infected patients after liver transplantation retrospectively and summarized that no matter whether CAZ/AVI-based combination therapy or monotherapy was used, promising clinical efficacy and safety were revealed in treating severe CRKP infections [35].

It is worth noting that CAZ/AVI resistance was observed in very few CRKP strains in our study, although none of the patients with CAZ/AVI-resistant CRKP infection were prescribed CAZ/AVI. Shields et al. found that both pneumonia and prior use of CRRT were risk factors for the development of CAZ/AVI resistance, which could possibly induce microbiological failure or mortality [36]. Hence, potential risk of clinical failure should be a concern when clinicians prescribe CAZ/AVI as empirical therapy to treat CRKP-infected patients.

According to the result from subgroup analysis, we have recognized that CAZ/AVI combination therapies with tigecycline or amikacin showed notable differences in lowering 30-day mortality, compared to other therapeutic schemes. Tigecycline was identified as a notably effective combined agent in our previous study [12]. Ojdana et al. undertook one in vitro research study to explore the synergy of antibiotics combination against CRKP. They found that a combination with CAZ/AVI and tigecycline was capable of exerting synergistic effects against CRKP [37]. Another in vitro time-kill experiment demonstrated that combinations of CZA/AVI with both tigecycline and amikacin exhibited better antimicrobial effects than monotherapy [38]. These two drugs could enhance the therapeutic efficiency against CRKP in terms of Chen et al.'s study [25]. Nevertheless, we should point out that better therapeutic outcome was observed when using tigecycline and amikacin to treat pneumonia and urinary tract infection, in view of the pharmacokinetic/pharmacodynamic (PK/PD) characteristics of these two antibiotics,

respectively. Since a fraction of patients suffered from the two aforementioned types of infection in the CAZ/AVI group (46.3% with respiratory infection and 14.1% with urinary tract infection), one needs to confirm if tigecycline and amikacin show sufficient clinical efficacy in other types of infection.

The results from our study also showed that patients who received CAZ/AVI-based antimicrobial therapy would have a significantly higher probability of CRKP clearance than those receiving PMB-based antimicrobial therapy in vivo, which was consistent with the conclusion of Fang et al.'s article [5].

The safety analysis of corresponding laboratory parameters and AEs was conducted to verify the safety of these two therapeutic schemes as well. Generally speaking, we could conclude that safety could be ensured if patients receive CAZ/AVI or PMB therapeutic regimens since diarrhea was the most common AE during the treatment period in both cohorts and no severe AE was observed in the present study. A large study evaluating the safety of CAZ/AVI with the pooled data from seven phase II and III clinical studies elaborated that the incidence of CAZ/AVI-induced diarrhea varied from 3.1% to 15.4%, which was similar to our result [39].

Significant augmentation of AST and ALT values was found during the CAZ/AVI treatment period in our study, which is consistent with statistical data from Cheng et al.'s study [39]. This could be attributed to ceftazidime-induced transient elevations in hepatic enzymes [40–42]. We should attach great importance to monitoring when using CAZ/AVI-based therapeutic treatment, especially in combination with drugs having verified hepatotoxicity.

It is inevitable to discuss the controversy of the predominant AE of PMB, namely PMB-associated nephrotoxicity [43]. Although PMB showed adequate efficacy against CRKP, it is not highly recommended for the treatment CRKP infections, because of its nephrotoxicity [21]. Polymyxin-associated acute kidney injury (AKI) has a high incidence ranging from 10% to 60%, which is mainly ascribed to receipt of concomitant nephrotoxic agents and selection of inappropriate dose regimens [14, 44, 45]. One must be cautious of PMB-induced AKI, while a

significant decline of CrCl and BUN was found during PMB treatment duration.

The current study achieves both clinical efficacy and safety comparison between CAZ/AVI-based and PMB-based therapeutic regimen in critically ill CRKP-infected patients for the first time. We have tried our utmost to control the potential for indication bias in this study. On the one hand, variables which related to the potential difference between CAZ/AVI-based and PMB-based treatment were all evaluated in the multivariate model. On the other hand, the propensity scores were calculated and incorporated into regression analysis, which did not alter any variable in the final multivariate and Cox regression models. In summary, we maintain that our study is convincing because the indication bias could barely affect our investigation result.

The present study had some limitations. First of all, our investigation was a retrospective observational cohort study with insufficient participants, which could not exclude the indication biases. More well-designed clinical trials with a larger number of eligible patients should be performed to validate our conclusion in the future. Secondly, genotypic identification of carbapenemases for all clinical isolates of CRKP was not performed in the present study because we lacked the essential equipment and experimental reagents. Thirdly, therapeutic drug monitoring (TDM) was not utilized to evaluate PMB serum concentration, which might cause treatment failure or increase the risk of AKI due to subtherapeutic or excessive dose, respectively. Last but not the least, in order to lower 30-day mortality, appropriate antimicrobial therapy should be initiated within 24 h after the collection of microbiological cultures [46]. However, the exact time to appropriate antimicrobial therapy for each patient was not collected in our study. We should include this variable in our future investigation.

## CONCLUSIONS

Our study showed that CZA/AVI-based therapeutic regimen was superior to PMB-based

therapeutic regimen in reducing all-cause mortality and increasing the microbiological eradication rate for critically ill patients with CRKP infection. Tigecycline and amikacin might be two effective combined agents in CAZ/AVI therapy. A longer antimicrobial treatment duration (> 7 days) might be a potentially protective factor for treating CRKP-infected patients, while optimal antimicrobial duration should be individualized according to the different sources and severity of infection. Considering the severity and occurrence of AEs, clinical safety could be guaranteed for those who receive CAZ/AVI or PMB therapeutic regimens in general. However, clinicians and pharmacists should still pay more attention to the hepatotoxicity of CAZ/AVI and nephrotoxicity of PMB when treating CRKP infection. Further large-scale prospective studies should be designed to explore the efficacy and safety between these two agents thoroughly.

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**Authors' Contributions.** Guanhao Zheng, Jiaqi Cai, Juan He and Xiaolan Bian conceived and designed this study. Guanhao Zheng, Liang Zhang, Dayu Chen, Linyu Wang, Yusi Qiu, Han Deng and Hao Bai collected the information in the case, and contributed to the acquisition, analysis, and interpretation of the data. Guanhao Zheng, Jiaqi Cai, Liang Zhang, Juan He and Xiaolan Bian wrote and revised the manuscript. All authors read and approved the final manuscript.

**Disclosures.** Guanhao Zheng, Jiaqi Cai, Liang Zhang, Dayu Chen, Linyu Wang, Yusi Qiu, Han Deng, Hao Bai, Xiaolan Bian and Juan He have nothing to disclose.

**Compliance with Ethics Guidelines.** This study was approved by Huashan Hospital Affiliated to Fudan University and Ruijin Hospital Affiliated to Shanghai Jiao Tong University School of Medicine and has been performed in accordance with the ethical standards laid down in the Declaration of Helsinki of 1964 and its later amendments.

**Data Availability.** All data generated or analyzed during this study are included in this published article.

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