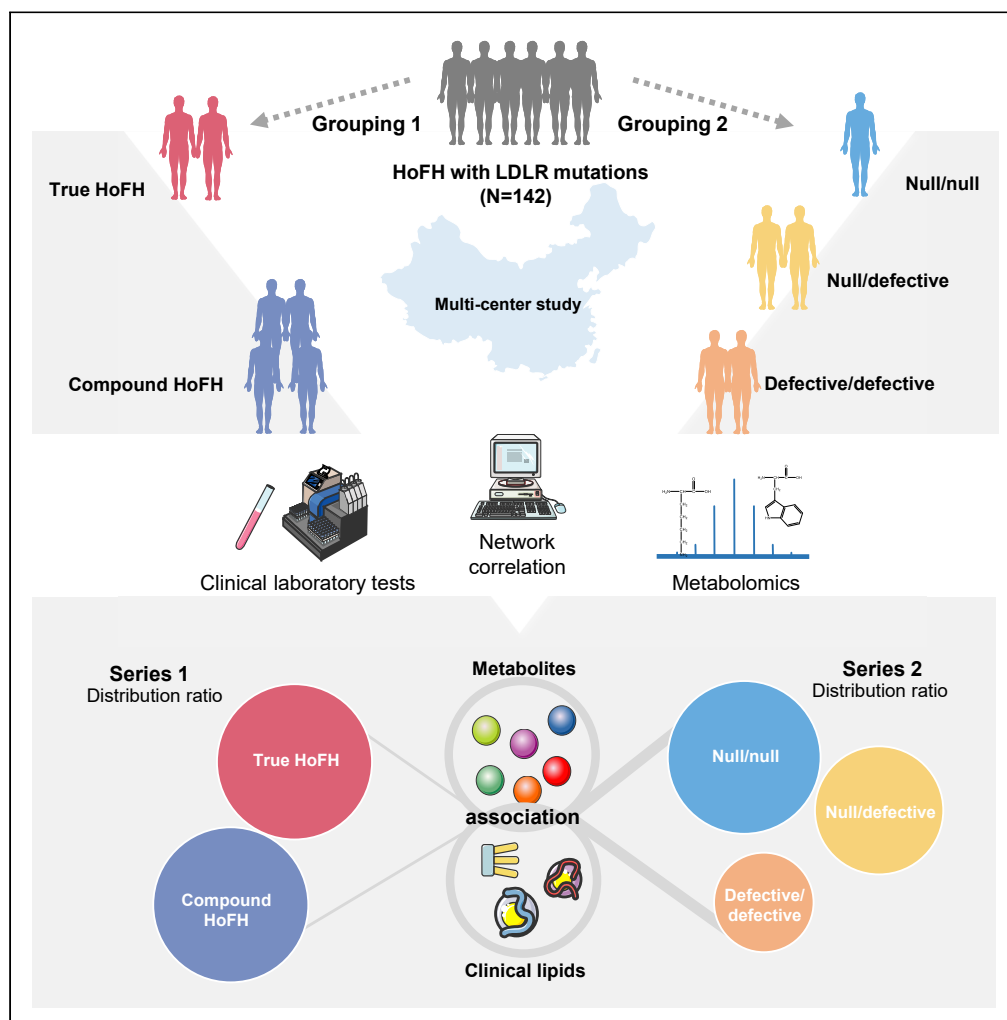


Article

Low-density lipoprotein receptor genotypes modify the sera metabolome of patients with homozygous familial hypercholesterolemia



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Highlights

Patients with TH-HoFH and DH-HoFH show few differences in sera metabolome

LDLR genotype-related metabolic network correlates with clinical phenotypes

Null and defective LDLR mutation carriers exhibit distinct metabolite profiles

Null LDLR mutations are associated with oxidative stress and cholesterol metabolism

Du et al., iScience 25, 105334
November 18, 2022 © 2022
The Author(s).
<https://doi.org/10.1016/j.isci.2022.105334>

Article

Low-density lipoprotein receptor genotypes modify the sera metabolome of patients with homozygous familial hypercholesterolemia

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SUMMARY

Homozygous familial hypercholesterolemia (HoFH) is an extremely rare metabolism disorder usually caused by low-density lipoprotein receptor (LDLR) mutations. LDLR genotype is commonly known to determine blood concentrations of LDL cholesterol. However, effects of LDLR genotype on holistic metabolome remain unclear. Herein, we present metabolomic, genetic, and clinical datasets from a large multi-center panel of 142 patients with LDLR-mutated HoFH. We found that true homozygotes and compound heterozygotes showed few differences in clinical and metabolomic phenotypes. Compared with defective/defective mutation carriers, patients carrying one or two null mutation showed profound alterations in clinical laboratory lipids and serum cholesterol esters, lysophosphocholines, bile acids, and amino acids. Importantly, these altered metabolites are implicated in multiple biochemical reactions and associated with LDL cholesterol. This study extends the first map of different LDLR genotypes influencing the metabolome and suggests that the small-molecule metabolites serve as potential targets to mitigate the deleterious impact of LDLR mutations on HoFH.

INTRODUCTION

Homozygous familial hypercholesterolemia (HoFH) is an extremely rare, but devastating inborn errors of metabolism disorder (Thompson et al., 2018). HoFH is commonly caused by biallelic mutations in genes involved in the catabolism of low-density lipoprotein cholesterol (LDL-C) (Cuchel et al., 2014). These mutations lead to decreased clearance of LDL-C from blood, and consequently to extremely elevated LDL-C levels and increased risks for premature cardiovascular diseases and death (Cuchel et al., 2013, 2014). Currently, its global prevalence is estimated to be between 1:160,000 and 1:400,000 (Beheshti et al., 2020; Tromp et al., 2022). In China, it was estimated that there are between 2,000 and 5,000 individuals with HoFH, in line with a prevalence of 1:300,000 to 1:600,000 (Chen et al., 2019; Jiang et al., 2022).

More than 90% of patients with HoFH have two pathogenic variants in gene encoding low-density lipoprotein receptor (LDLR). Patients may carry two same mutated LDLR alleles (true homozygotes) or two different variants (compound heterozygotes) in either LDLR allele (Bertolini et al., 2020; Sjouke et al., 2015). The cell-surface LDLR is the key protein that maintains the level of cholesterol in hepatocytes by controlling the rate of LDL-C uptake from circulation. Different LDLR mutations might cause different impacts on LDLR protein expression and LDL-C uptake cycle. Regarding the type of LDLR pathogenic variants, two major classes based on phenotypic effects have been proposed, including null mutations and defective mutations (Cuchel et al., 2014; Santos et al., 2016). Generally, patients carrying of null LDLR mutations exhibit a more aggressively elevated LDL-C than those carrying of two defective variants (Alves et al., 2020; Raal et al., 2020).

Metabolomics has been broadly acknowledged to be the omics discipline that is closest to the phenotype (Guijas et al., 2018). High-throughput metabolomic analysis provides an unbiased and holistic view on the metabolism changes between DNA and expressed phenotypes by quantitative assessments of small-molecule metabolites (molecular weight <1500 Da) in biofluids (Argmann et al., 2016; Goncalves and Frezza,

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<https://doi.org/10.1016/j.isci.2022.105334>



2021). Metabolome senses DNA variations and causes perturbations in individual biochemical phenotypes that ultimately influence the phenotypic presentation in inborn errors of metabolism disorders (Argmann et al., 2016; Vernon, 2015).

Recent metabolomic studies revealed that patients with heterozygous familial hypercholesterolemia (HeFH) and LDLR^{-/-} mice that mimic human HoFH with two LDLR null variants did not just simply form an LDLR-specific lipoprotein spectrum, but also presented a variety of significantly changed small-molecule metabolites. Of note, most of these altered metabolites are not the direct production of LDLR pathways. More importantly, these metabolic alterations were implicated in multiple biological processes and closely associated with the development of atherosclerotic cardiovascular diseases (Lauterbach et al., 2020; Li et al., 2015; Olkowitz et al., 2021; Saulnier-Blache et al., 2018). However, current knowledge of LDLR mutations-caused HoFH is limited in the datasets of clinical laboratory and genetic tests; information on metabolomic effects of LDLR genotypes are still lacking.

We hypothesized that the different LDLR genotypes that result in heterogeneous clinical phenotypes might also render an altered metabolomic phenotypes in patients with HoFH. Therefore, in the present study, we performed a comprehensive metabolome analysis to examine the serum metabolome map of 142 patients with HoFH with different LDLR genotypes. We sought to investigate the potential links between LDLR genotypes and metabolomic phenotypes and infer potential molecular mechanisms underlying the association between LDLR genotypes and clinical phenotypes of unknown origin in HoFH.

RESULTS

Demographic and clinical characteristics of study subjects

A total of 142 patients with HoFH with genetically identified LDLR gene mutations participated in the study. The detailed characteristics of LDLR mutations were summarized in Table S1. According to the classical categories in HoFH population, all patients were firstly subdivided into true homozygous group (TH: n = 33; ages = 23.8 ± 8.1; male, 48.5%) and compound heterozygous group (CH: n = 109; ages = 20.2 ± 13.1; male, 51.4%). Then, we grouped the participants into three groups according to the LDLR status as follows: defective/defective group (n = 58; ages = 21.4 ± 12.4; male, 51.7%), null/defective group (n = 61; ages = 20.5 ± 12.7; male, 51.0%), and null/null group (n = 23; ages = 22.1 ± 9.6; male, 47.8%). The detailed grouping categories and clinical characteristics of study patients were depicted in Figure 1A and summarized in Table 1.

Hypertension and cardiovascular disease (CVD) were recorded in four and forty-two subjects, respectively. Although no significant difference was observed in the prevalence of CVD in each subgroup comparison, the results demonstrated that patients with LDLR null/null mutations (43.5%) exhibited a higher trend in the prevalence of CVD than those with null/defective (29.5%) and defective/defective (26.9%) mutations. No significant difference was observed in the lipid-lowering treatments (LLT) and the concentrations of clinical laboratory lipids between TH and CH groups. In addition, there was also no significant difference in LLT status among the defective/defective, null/defective, and null/null groups. Null/null group had the highest levels of LDL-C, total cholesterol (TC), triglycerides (TG), and apolipoprotein B (APOB). This is followed by null/defective and defective/defective groups (Table 1).

Metabolomic phenotypes of true homozygotes and compound heterozygotes

Using UPLC-QTOF/MS, we identified 808 circulating metabolites in the serum of study patients, with 245 metabolites being annotated by chemical standards. The relative standard derivations (RSD) of the distribution for the identified metabolites in the quality control (QC) samples are shown in Figure S1A. A total of 696 metabolites with less than 20% RSD of peak intensity were included for unsupervised principal component analysis (PCA). The resultant PCA scores plot demonstrated that the QC samples were clustered closely (Figure S1B), indicating that the proposed metabolomic approach was robust and reproducible for further analysis. The treemap-based distribution of identified metabolites into each metabolic category was as follows (Figure 1B): phospholipids (17.4%), fatty acyls (9.3%), lysophospholipids (9.1%), carbohydrates (9.5%), amino acid and its derivatives (7.8%), organic acids (6.9%), nucleotides (6.3%), triacylglycerols (4.7%), sphingolipids (3.4%), bile acids (4.0%), carnitines (2.6%), cholesterol esters (1.9%), benzenoids (1.7%), and indoles (1.6%).

To investigate the potential differences in the sera metabolome phenotypes of patients with HoFH with TH and CH, both unsupervised and supervised multivariate statistical analysis (MVA) models were performed.

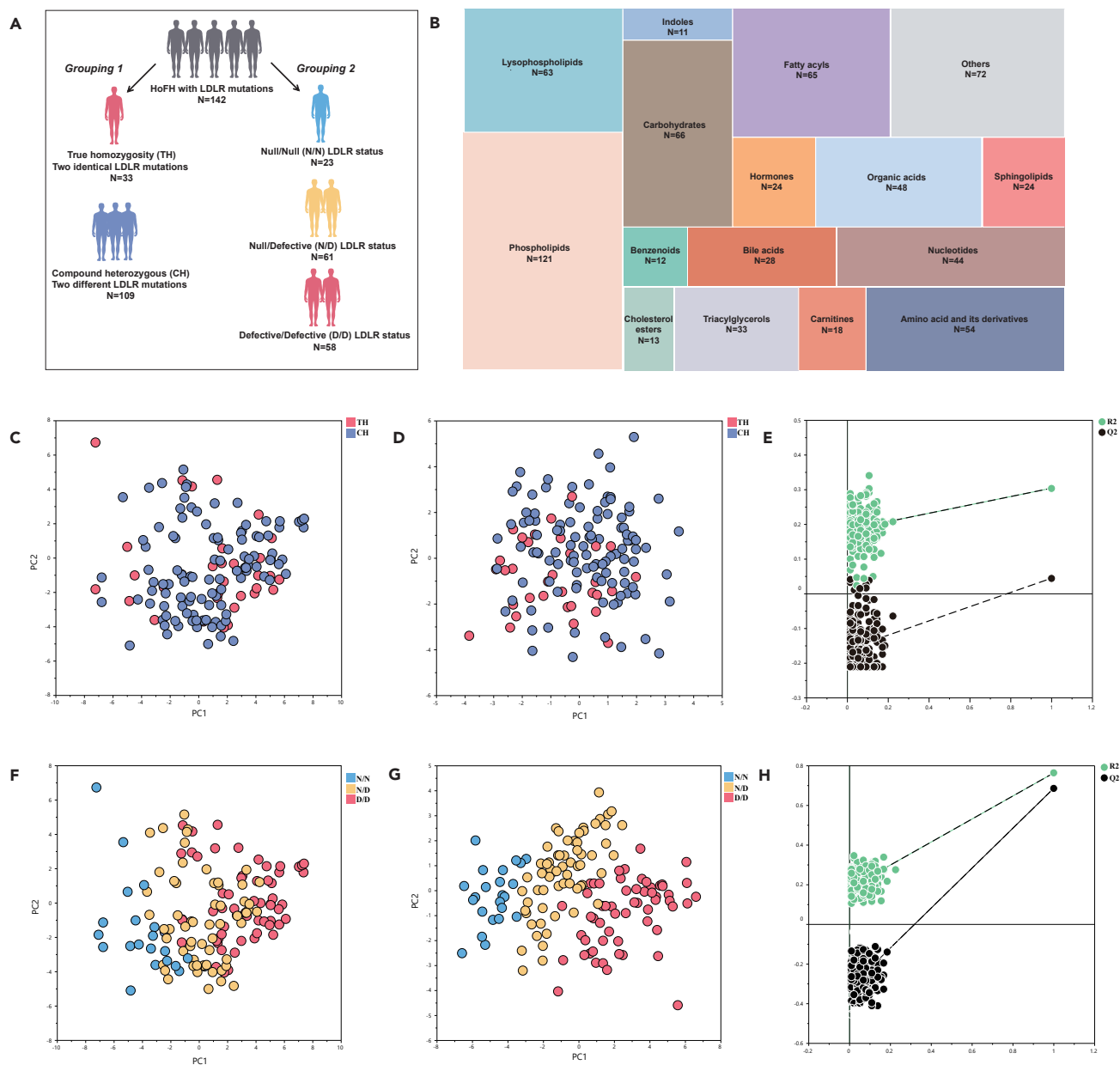


Figure 1. Study design and multivariate statistical pattern analysis of metabolomic data

(A) Grouping design of the study patients.

(B) Treemap overview for the category distribution of identified metabolites.

(C and D) PCA and PLS-DA scores plot of the metabolomic data from serum samples of patients with TH and CH; each point represents an individual serum sample.

(E) PLS-DA permutations plot of metabolomic data of TH and CH groups; each green point and black point represents R2-value and Q2-value, respectively. The criteria for PLS-DA model validity: All Q2-values to the left are lower than the original points to the right; The left regression line of the Q2-points is below zero; all R2-values to the left are lower than the original point to the right.

(F–H) PCA scores plot, PLS-DA scores plot, PLS-DA permutations plot of the metabolomic data from defective/defective, null/defective, and null/null groups.

By using the datasets of all identified 696 serum metabolites, the unsupervised PCA score plot showed unsatisfactory classifications between TH and CH groups (Figure 1C). Furthermore, the supervised partial least squares discriminate analysis (PLS-DA) scores plot and permutations plot (Figures 1D and 1E) also demonstrated a poor separation between TH and CH groups and indicated a lower explanatory and

Table 1. Demographic and clinical characteristics of all subjects

	Total (n = 142)	True homozygosity (n = 33)	Compound heterozygosity (n = 109)	P	Defective/Defective (n = 58)	Null/Defective (n = 61)	Null/Null (n = 23)	P
Ages	21.1 ± 12.1	23.8 ± 8.1	20.2 ± 13.1	0.14	21.4 ± 12.4	20.5 ± 12.7	22.1 ± 9.6	0.85
Male sex, n (%)	72, (50.1%)	16, (48.5%)	56, (51.4%)	0.77	30, (51.7%)	31, (51.0%)	11, (47.8%)	0.95
Hypertension, n (%)	4, (2.8%)	1, (3.0%)	3, (2.8%)	0.93	2, (3.4%)	2, (3.3%)	0, (0.0%)	0.67
CVD, n (%)	42, (30.3%)	8, (24.2%)	35, (32.1%)	0.39	15, (26.9%)	18, (29.5%)	10, (43.5%)	0.29
LDL-C, mmol/L	10.55 ± 3.63	10.35 ± 2.82	10.61 ± 3.86	0.72	8.75 ± 3.39	11.36 ± 3.43	12.96 ± 2.52	<0.0001
TC, mmol/L	12.47 ± 3.67	12.21 ± 3.07	12.55 ± 3.84	0.65	10.68 ± 3.49	13.20 ± 3.31	15.06 ± 2.84	<0.0001
TG, mmol/L	0.97 [0.69, 1.41]	1.11 [0.59, 1.48]	0.95 [0.71, 1.40]	0.78	0.90 [0.61, 1.24]	0.82 [0.69, 1.59]	1.30 [1.11, 1.48]	0.0025
HDL-C, mmol/L	0.85 ± 0.38	0.91 ± 0.36	0.83 ± 0.34	0.31	0.93 ± 0.31	0.81 ± 0.41	0.74 ± 0.45	0.077
APOB, g/L	2.47 ± 0.64	2.47 ± 0.56	2.48 ± 0.67	0.94	2.20 ± 0.64	2.60 ± 0.54	2.89 ± 0.43	<0.0001
Lp(a), mg/dL	41.0 [21.0, 75.0]	40.0 [24.1, 57.0]	43.1 [18.0, 77.2]	0.44	44.9 [17.6, 65.8]	41.0 [23.0, 76.3]	33.4 [16.0, 72.3]	0.56
Statin alone	9, (6.3%)	2, (6.1%)	7, (6.4%)	0.94	6, (10.3%)	2, (3.3%)	1, (4.3%)	0.26
Statin + Probucol	22, (15.5%)	6, (18.1%)	16, (14.7%)	0.63	11, (19.0%)	8, (13.1%)	3, (13.0%)	0.64
Statin + Ezetimibe	111, (78.2%)	25, (75.8%)	86, (78.9%)	0.70	41, (70.7%)	51, (83.6%)	19, (82.7%)	0.20

Continuous data are presented as mean ± SD or median [interquartile range], categorical variables are presented as %. Two-tailed Student's t test or Mann Whitney U test were used for continuous data in comparison of true homozygosity and compound heterozygosity. One-way ANOVA or Kruskal Wallis test was used for continuous data in comparison of defective/defective, null/defective, and null/null groups. The Chi-square test was used for categorical data. CVD, cardiovascular disease; LLT, lipid-lowering therapy; LDL-C, low-density lipoprotein cholesterol; TC, total cholesterol; TG, triglycerides; HDL-C, high-density lipoprotein cholesterol; APOB, apolipoprotein B; Lp(a), lipoprotein (a).

predictive ability ($R^2 = 0.137$; $Q^2 = 0.105$; CV-ANOVA p value = 0.0789). These results suggested that the overall metabolite profiles could not discriminate patients with HoFH with TH and DH.

LDLR null mutations associated with significant metabolomic changes

We further investigated whether different LDLR functional status (carriers of null mutations or defective mutations) could cause prominent changes in the sera metabolome of patients with HoFH. By using the overall datasets of 696 metabolites, unsupervised PCA of was firstly performed to obtain an overview of metabolomic phenotypes among the three groups. As shown in Figure 1F, PCA score plots showed a partial discrimination between the null/null, null/defective, and defective/defective groups. A distinct group separation was achieved by supervised PLS-DA scores plot (Figure 1G) with an excellent fitness, as evidenced by higher values of R^2 , Q^2 ($R^2 = 0.432$; $Q^2 = 0.484$), and significant CV-ANOVA p value (<0.0001). A satisfactory predictability without overfitting was also highlighted in the permutations plot (all Q^2 and R^2 values are lower than the original points, Figure 1H). These results indicated that patients with HoFH carrying different functional LDLR mutations (null or defective) exhibited a significant heterogeneity in the serum metabolome.

To determine which metabolomic changes are mainly associated with LDLR functional status, we employed multivariate variable importance projection (VIP) plot and univariate volcano plot analyses to identify the discriminatory metabolites contributing to the separations among null/null, null/defective, and defective/defective groups (Figures 2A and S1C). A total of 41 differentially expressed metabolites among three groups were identified and summarized in Table S2. Notably, most of the differentially expressed metabolites between null/null and defective/defective groups were also significantly altered between null/defective and defective/defective groups.

Using the normalized levels of these differentiated metabolites, the cluster trends between groups were visualized by hierarchical clustering heatmap and PCA score plot (Figures 2B and 2C). From the resultant graphs, it was evident that the null/null and null/defective groups were clustered nearby and were distinct from defective/defective group. Patients carrying null/null variants exhibited the most aggressive phenotype in the perturbed sera levels of free cholesterol, cholesterol esters (CE), bile acids, triacylglycerides (TAG), lysophosphocholines (LysoPC), fatty acids, long-chain carnitine, purines, and amino acids (as shown in Figure 2B and Table S2). The differential metabolites obtained from the comparison of null/null group versus defective/defective group and null/defective group and defective/defective group exhibited

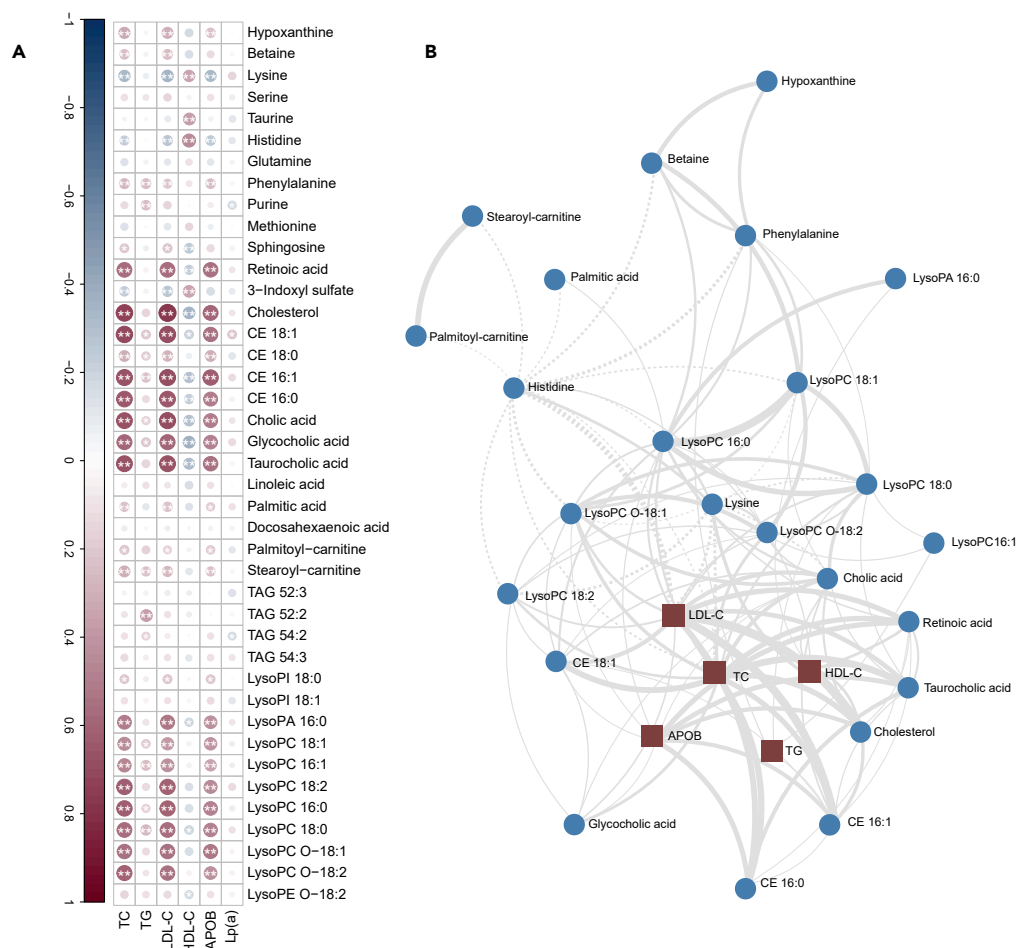


Figure 4. Differential metabolites correlated with clinical lipids

(A) Spearman's rank correlation heatmap depicting the relationship of each LDLR status-associated metabolites with clinical lipids. Positive correlations are displayed in red and negative correlations in blue. Color intensity and size of the circle are proportional to the Spearman correlation coefficients. In this correlogram, correlations with $p < 0.05^*$ or $p < 0.01^{**}$ are considered significant.

(B) Debiased sparse partial correlation network plot visualizing the major relationships of clinical lipids and key metabolites; circles represent metabolites, squares represent clinical lipids, the solid lines indicate positive correlation, the dashed lines indicate negative correlation, the thickness of the edges represents the strength of the partial correlation coefficients ($|\text{coefficients}|$ ranges from 0.5 to 1.0). Abbreviations are seen in Figure 2.

bile acids, CE species, and LysoPC species were positively associated with LDL-C, TC, and APOB, whereas lysine and histidine were negatively associated with these clinical lipid markers.

As metabolites act in a coordinated manner and not in isolation, an association network between metabolites and the clinical lipids could provide valuable insights into the underlying processes. As shown in Figure 4B, the DSPC network was dominated mainly by retinoic acid, palmitoyl-carnitine, stearoyl-carnitine, cholesterol, betaine, phenylalanine, lysine, histidine, CE species, LysoPC species, and 12α -hydroxylated primary bile acids (cholic acid, taurocholic acid, and glycocholic acid). They were significantly correlated with each other. In line with the Spearman's rank coefficients (Figure 4A), most of these altered metabolites were also positively correlated with TC, LDL-C, and APOB.

DISCUSSION

LDLR genotype is the strongest prevalent genetic risk factor for HoFH and plays determined roles in the sera concentrations of LDL-C (Banerjee et al., 2019; Zhao et al., 2020). Different pathogenic mutations in

LDLR gene may affect LDLR protein expression and activity, resulting different uptake rates of LDL-C from circulation (Santos et al., 2016; Zhao et al., 2020). Besides the limited information on the circulating levels of LDL-C, the impact of LDLR genotype on holistic metabolism in human HoFH remains largely unknown. To our knowledge, the current study marks the first metabolomic analysis that compares sera metabolome of patients with HoFH with different LDLR genotypes and identifies previously unknown LDLR genotypes-associated metabolomic signatures and pathways. The associations of metabolome alterations with LDLR genotypes and clinical laboratory alterations provide potential molecular targets and may help in giving future directions for discovering additional therapeutic strategies in patients with HoFH, specifically null LDLR variants carriers.

As previously described mostly in European, Iberoamerica, and North American populations (Alves et al., 2020; Luirink et al., 2019; Raal et al., 2016; Sanchez-Hernandez et al., 2016), patients with TH carrying two identical LDLR mutations showed more severe hypercholesterolemia than patients with DH carrying two differential LDLR mutations. Recent studies within a smaller number of Chinese patients with HoF also revealed that individuals with TH showed higher untreated-LDL-C levels than individuals with CH (Jiang et al., 2022). Interestingly, the present revealed that the patients with TH and patients with CH who had received similar LLT exhibited few differences in the levels of all tested clinical lipids and sera metabolome phenotype (Table 1 and Figures 1C and 1D). The pathogenic status of LDLR mutations plays critical roles in determining the circulating cholesterol levels (Sniderman et al., 2022). Patients with TH may carry two LDLR defective mutations (residual LDLR function ranging from 2% to 25%), whereas subjects that are CH can bear one or two LDLR null mutations (residual LDLR function <2%) (Alves et al., 2020; Raal et al., 2020). Patients with HoFH carrying one or two LDLR null mutations may show a higher level of circulating LDL-C and TC than those carrying two LDLR defective mutations (Drouin-Chartier et al., 2017). Thus, the observed phenotypes of clinical lipids between the TH and CH that differed from previous reports may be explained by the LDLR mutation types and LLT status of the study subjects.

Another important finding of our study was that different LDLR functional mutations could lead to remarkable differences in the clinical and metabolomic phenotypes of patients with HoFH. Patients carrying two LDLR null mutations had the highest serum levels of LDL-C, TC, APOB, and TG and highest prevalence of CVD. This is followed by those with LDLR null/defective mutations and those with two LDLR defective mutations. In the view of metabolome, carriers of one or two LDLR null mutations also exhibited more aggressive phenotype in the elevation of free cholesterol, retinoic acid, primary bile acids, long-chain carnitines, CE species, and LysoPC species than those with two defective LDLR mutations. Importantly, these metabolomic signatures were mapped to multiple metabolic pathways and significantly correlated with the levels of HoFH-related clinical lipids, including LDL-C, TC, and APOB.

CE and LysoPC are the major basic elements of LDL-C (Luo et al., 2020; Zhou et al., 2019). Consistent with the discriminating capabilities of LDL-C in distinguishing patients with null/null, null/defective, and defective/defective mutations (Table 1), a variety of CE and LysoPC species in serum samples also showed significant discriminating power (Table S2). In addition, the correlation and network analyses demonstrated that these altered small-molecular lipids were positively correlated with the direct metabolic markers in the defected LDLR pathway, including LDL-C, TC, and APOB (Figure 4). Previous evidence indicated an intricate connection between CE biosynthetic pathways and LysoPC metabolism. CE can be produced by transfer of a fatty acid from the phosphatidylcholines to cholesterol, resulting in the formation of LysoPC (Claria et al., 2021; Huang et al., 2020). Furthermore, previous studies also revealed that LysoPC administration could also induce a significant elevation of cholesterol in LDLR^{-/-} mice, and induce cholesterol biosynthesis in macrophages (Cha et al., 2018; Mukherjee et al., 2018). Thus, the increased circulating LysoPC in the sera of patients with HoFH with LDLR null mutations might also promote cholesterol-related small-molecular lipids and lipoprotein accumulation.

LysoPC is also known as the major element and hydrolyzed production of LDL-C and oxidized LDL-C, which is a useful marker of oxidative stress in hypercholesterolemic subjects (Kim et al., 2020). In addition, this study also demonstrated several oxidative stress-associated hydrophilic metabolites were associated with LDLR genotypes. We observed patients with HoFH with one or two null mutations expressed lower sera levels of methionine, taurine, histidine, and glutamine than those carrying two defective mutations. These metabolites have been reported to act as the endogenous free radical scavenger for

reactive oxygen species (Afolabi et al., 2022; Chen et al., 2012; Watanabe et al., 2008). Interestingly, the decreased plasma level of taurine, methionine, and glutamine was also observed in the comparisons of LDLR null/null mice versus wild-type mice and patients with HeFH versus normolipidemic subjects (Olkowicz et al., 2021). Furthermore, we also identified the elevation of serum hypoxanthine and purine was positively with null LDLR mutations. Hypoxanthine is a downstream product in the purine degradation pathway. The elevated hypoxanthine has been demonstrated to be a marker of oxidative stress (Irvine et al., 2022). These evidences suggest that declined metabolic antioxidants and elevated purines reflect a more severe oxidative stress condition in null LDLR mutations carriers comparing to subjects carrying defective mutations.

It is well documented that LDLR gene and its regulated pathway play a critical role in maintaining cholesterol homeostasis in hepatocytes by controlling the rate of cholesterol uptake from circulating LDL-C (Santos et al., 2016; Zhao et al., 2020). Interestingly, the present study demonstrated that several LDLR genotype-associated metabolites were also implicated in the routes of cholesterol absorption and excretion. In patients with one or two LDLR null mutations, the sera levels of retinoic acid and three 12 α -hydroxylated bile acid species (including cholic acid, glycocholic acid, and taurocholic acid) were significantly higher than those with two LDLR defective mutations. Retinoic acid is a functional derivative of retinol which plays a vital role in regulating the cholesterol absorption genes expression and 12 α -hydroxylated bile acid synthesis (Hong et al., 2021; Pathak et al., 2013). 12 α -hydroxylated bile acid, the major products in the cholesterol excretion route, can also promote cholesterol absorption and increase hepatic and plasma cholesterol. Inhibition of 12 α -hydroxylated bile acid synthesis could significantly prevent hypercholesterolemia in mice (Semova et al., 2022; Zurkinden et al., 2020). These evidences suggested new insights into the additional signaling routes of LDLR in regulating cholesterol homeostasis.

Limitations of the study

Some limitations warrant discussion. It is an observational cross-sectional clinical study that cannot accurately establish causality of the observed associations. Functional assessments were not available for all LDLR mutations identified in the present study. Future studies on determining the activity of LDLR mutations and investigating the metabolite signatures in purified LDL-C will offer great promise for a more comprehensive understanding of the effects of LDLR genotypes on HoFH to establish mechanism-based precise therapy. Nevertheless, it is a large-scale and multi-center study investigating over 140 individuals with LDLR-mutated HoFH with advanced metabolomic approaches, providing new metabolism information which is beyond existing knowledge of LDLR genetic effects on this orphan disease. The collective evidence here suggests a possible role of small-molecular metabolites as intervention point to mitigate the impact of LDLR pathogenic mutations in the pathophysiology progression of HoFH.

STAR★METHODS

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SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.isci.2022.105334>.

ACKNOWLEDGMENTS

This work was supported by National Key Research and Development Program of China (Grant Nos. 2021YFC2500600, 2021YFC2500603, 2021YFC2500602, 2021YFC2500601), National Natural Science Foundation of China (Grant Nos. 82100295, 81970224), and State Key Laboratory of Natural and Biomimetic Drugs, Peking University (Grant Nos. K202227).

AUTHOR CONTRIBUTIONS

Y.W.Q. and L.Y.W. conceived and designed the study. Y.W.Q., L.Y.W., Y.Y., and J.P.L. made clinical diagnosis, recruited subjects. Z.Y.D., Y.W., and F.L. collected samples and clinical phenotypes. L.J. performed genetic phenotypes. Z.Y.D. and L.Y.L. performed metabolomics and data analysis. Z.Y.D., L.Y.W., and Y.W.Q. wrote and revised the manuscript.

DECLARATION OF INTERESTS

The authors declare no competing interests.

Received: June 24, 2022

Revised: August 30, 2022

Accepted: October 10, 2022

Published: November 18, 2022

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Biological samples		
Serum samples	Beijing Anzhen Hospital	https://www.anzhen.org/
Chemicals, peptides, and recombinant proteins		
LC-MS grade acetonitrile	Fisher Scientific	Cat # A955-4
LC-MS grade methanol	Fisher Scientific	Cat # A456-4
LC-MS grade formic acid	Fisher Scientific	Cat # A117-50
L-phenyl- d_5 -alanine	Sigma-Aldrich	Cat # 615870
L-leucine-5, 5, 5- d_3	Sigma-Aldrich	Cat # 486825
Stearic acid-18, 18, 18- d_3	Sigma-Aldrich	Cat # 490393
Cholic acid-2, 2, 4, 4- d_4	Sigma-Aldrich	Cat # 903809
L-arginine- d_7	Cayman Chemical	Cat # 34834
PC (18:0/20:4)- d_{11}	Cayman Chemical	Cat # 27928
Stearoyl-L-carnitine- d_3	Cayman Chemical	Cat # 26580
Cholesterol- d_7	Cayman Chemical	Cat # 25265
LysoPC (19:0)- d_5	Avanti Polar Lipids, Inc.	Cat # 855778
Critical commercial assays		
TC	Tellgen Corporation.	BH016Z
TG	Tellgen Corporation.	BH017Z
APOB	Tellgen Corporation.	BH021Z
HDL	Tellgen Corporation.	BH018Z
LDL	Beijing Strong Biotechnologies, Inc.	EGS141Z
Lp(a)	Beijing Strong Biotechnologies, Inc.	GM9151Z
Deposited data		
LC-MS raw data	This paper	https://service.most.gov.cn/
Software and algorithms		
Progenesis QI software	Waters, Manchester, U.K.	https://www.waters.com/waters/en_US/Progenesis-QI-Software
SIMCA-P software	Umetrics, Umeå, Sweden	https://www.sartorius.com/
SPSS Statistics	IBM Corp, New York, USA	N/A
MetaboAnalyst	https://www.metaboanalyst.ca	N/A
Bioinformatics platform	http://www.bioinformatics.com.cn/login/	N/A

RESOURCE AVAILABILITY

Lead contact

Further information and requests for reagent and resource may be directed to and will be fulfilled by the lead contact, Prof. Yanwen Qin (qinyanwen@vip.126.com).

Materials availability

This study did not generate new unique reagents.

Data and code availability

Data reported in this paper will be shared by the [lead contact](#) upon request. Raw metabolomic data has been deposited at <https://service.most.gov.cn/> and is available from the [lead contact](#) and National Key

Research and Development Program of China upon request. This paper does not report original code. Any additional information required to reanalyze the data reported in this paper is available from the [lead contact](#) upon request.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Human subjects

A total of 142 subjects (ages 21.1 ± 12.1 , male sex 50.1%) were enrolled from Beijing Anzhen Hospital, Peking University First Hospital, and Suzhou Municipal Hospital between June 2015 and December 2021. This study complies with the Declaration of Helsinki and was approved by the Ethics Committee of Beijing Anzhen Hospital of the Capital University of Medical Sciences and Peking University First Hospital. Verbal and written consent was obtained from all subjects.

METHOD DETAILS

HoFH diagnosis and study design

Criteria for the diagnosis of HoFH were as follows: An untreated LDL-C ≥ 13 mmol/L or a treated LDL-C ≥ 8 mmol/L, either cutaneous or tendon xanthomas before the age of 10 years, together with two mutant alleles at LDLR, APOB, PCSK9, or LDLRAP1 genes (Wu et al., 2021). Genotyping was obtained from patients if it had been performed or tested according to our previously reported methods (Jiang et al., 2017, 2022). Only subjects with two mutant alleles at LDLR gene were included in this study.

All study patients were further divided into true homozygous (carriers of two identical pathogenic variants of LDLR) and compound heterozygous (carriers of two different pathogenic variants in either LDLR allele). Assignment of functional status of LDLR variants were determined as previously described and classified as either null or defective according to previous *in vitro* functional experiments, the National Center for Biotechnology Information ClinVar database, LDLR-specific Leiden Open Variation database, and predicted dysfunctional effects of variants *in silico* analysis (Alves et al., 2020; Jiang et al., 2017; Thompson et al., 2018): All LDLR variants with less than 2% activity verified by *in vitro* functional assays, nonsense, large deletions, and frameshift variants were considered to be null variants. All other variants were classified as defective. The pathogenicity classification of variants was annotated by using ClinVar database, LDLR-specific Leiden Open Variation database, and MLb-LDLr software (Larrea-Sebal et al., 2021).

CVD history for the subjects were defined as a composite of myocardial infarction, coronary and carotid revascularization, ischemic or atherothrombotic stroke, premature carotid artery disease, peripheral artery disease, and supra-aortic valve disease. Hypertension was defined as a condition in individuals with mean office systolic blood pressure (SBP) ≥ 140 mmHg or diastolic blood pressure (DBP) ≥ 90 mmHg (three consecutive measurements at 5-min intervals), or a condition in those who underwent antihypertensive agent therapy with a defined history of hypertension.

Blood sample collection, transportation, and preservation

Blood sample was collected by trained technologists following a uniform standard guideline: After signing the informed consent, we requested that the participants to record the time of dinner and maintain an overnight fasting state of 10–12 h before blood collection in the next day. Blood sample was collected from the antecubital vein of patients. All blood samples were collected into BD vacutainer serum separator tube containing micronized silica particles (clot activators) and a polymer gel separator to obtain serum. All vacutainer were filled to capacity and were inverted five times immediately after blood drawing to mix the clot activators with the whole blood. Serum was obtained after clotting for 30 min at room temperature followed by centrifugation at $1300 \times g$ for 20 min. Finally, three serum aliquots of 200 μ L were transferred into new plastic test tubes with no additives and stored at -80°C . The processing time, collection location, sample size, storage temperature, and technologist names for the blood collection were clearly recorded in the three hospitals. All serum samples were transported to Metabolomics Analysis Platform, State Key Laboratory of Natural and Biomimetic Drugs, Peking University by using ultra-low temperature cold chain. Prior to metabolomic analyses, all samples were separated by centrifugation at $3000 \times g$ for 20 min. The serum levels of LDL-C, TC, TG, APOB, Lp(a), and HDL-C were determined using an automatic biochemistry analyzer (Beckman AU 5400, Brea, USA).

Metabolomic analyses

Metabolomics analysis was performed as described previously (Du et al., 2021). Briefly, the metabolites were extracted as follows: 50 μ L serum was extracted by 4-fold volume of ice-cold acetonitrile: water (1:1, v/v) containing internal standards (0.012 mg/mL L-phenyl- d_5 -alanine, 0.014 mg/mL L-arginine- d_7 , 0.10 mg/mL stearic acid-18, 18, 18- d_3 , 0.09 mg/mL L-leucine-5, 5, 5- d_3 , 0.10 mg/mL LysoPC (19:0)- d_5 , 0.04 mg/mL PC(18:0/20:4)- d_{11} , 0.04 mg/mL cholesterol- d_7 , 0.1 mg/mL stearoyl-L-carnitine- d_3 , and 0.05 mg/mL cholic acid-2, 2, 4, 4- d_4). The mixture was vortexed and centrifuged at 14,500 rpm for 10 min at 4°C. Then, 150 μ L supernatant was transferred into a clean dry tube and evaporated to dryness. The dried residue was stored at -80°C . Following the above protocol, QC samples were prepared by mixing equal aliquots from each sample.

Metabolomic profiling was performed on a high-resolution UPLC-SYNAPT Xevo-G2 XS Q-TOF/MS system (Waters Corporation, Milford, USA). The dried residue was reconstituted in 100 μ L of water: methanol (1:1, v/v) solution. Metabolites separations were performed on an Acquity UPLC BEH C_{18} column (2.1 mm \times 100 mm, 1.7 μ m, Waters Corp., Milford, USA). The column temperature was maintained at 35°C and the flow rate remained constant at 0.4 mL/min. The optimal mobile phase consisted of a linear gradient system of 0.1% formic acid in water (A) and 0.1% formic acid in acetonitrile (B): 0–4.0 min, 2–20% B; 4.0–7.0 min, 20–60% B; 7.0–9.0 min, 60% B; 9.0–12.5 min, 60–90% B; 12.5–14.0 min, 90–100% B; 14.0–16.0 min, 100% B; 16.0–19.0 min, 0% B. Mass acquisition was performed on positive and negative ion modes. The capillary voltage was 3.0 kV for positive mode and 2.3 kV for negative model. The source temperature was set at 110°C. The sampling cone voltage and cone gas rate were set at 35V and 50 L/h, respectively. The desolvation gas temperature and desolvation gas flow were 450°C and 600 L/h, respectively. All analyses were acquired using a LockSpray interface to ensure the accuracy and reproducibility. Data was collected in centroid mode from 50 to 1100 Da. The collision energy parameters were ranging from 5 to 60 eV. The QC sample was injected every 6 real samples throughout the entire experiment.

QUANTIFICATION AND STATISTICAL ANALYSIS

Metabolomic data processing

All the LC-MS acquired data was transformed to Progenesis QI software (Waters, Manchester, U.K.) for deconvolution, alignment, and data reduction by using the QC samples. The MS1 and MS2 spectra-based metabolite identification was performed by using QI MetaScope database, METLIN database, HMDB database, LIPIDMAPS database, and in-house metabolite library. The semi-quantitative intensity was calculated by using the isotope-labeled internal standards. The identified metabolites that were absent in more than 10% of all QC samples together with those with more than 20% relative SD in peak intensity across QC samples were removed. Subsequently, a list of normalized data matrix including information of identified metabolite names, precursor ions, fragment ions, neutral molecules, retention time, and normalized intensity was generated for further analysis. The MVA for the data matrix was performed using SIMCA-P software (v14.1, Umetrics, Umeå, Sweden). Unsupervised PCA was employed to explore the clustering trends among different groups. The quality of PCA models was controlled by evaluating the R2 and Q2 values. Supervised PLS-DA was performed to maximally discriminate groups and to compute the variable importance projection (VIP) score plot for each metabolite. The quality of PLS-DA model was controlled by R2, Q2, permutation plot (200 permutations), and cross validation ANOVA(CV-ANOVA); significance threshold ≤ 0.05 . VIP value > 2.0 and Mann Whitney U test $p < 0.05$ after false discovery rate (FDR) were used as the thresholds to identify differentially expressed metabolites between groups. Hierarchical clustering heatmap analyses of metabolite features were performed by using TBtools software v1.082.

Statistics and pathway enrichment analysis

Categorical clinical variables were summarized by frequency (n) and percentages (%) and compared using Chi-square test or Fisher exact test. Continuous and non-normally distributed variables were presented by mean and SD (means \pm SD) and expressed by medians and interquartile ranges [IQR], respectively. The unpaired two-tailed Student's t test and Mann Whitney U test were used for the comparisons of normally distributed data and non-normally distributed data, respectively. The associations between LDLR status and metabolites were performed by regression analyses using the sum of standardized metabolite values (z-scores) weighted according to the value of their corresponding β -coefficients (Lin et al., 2020). Relationships between clinical lipids and metabolic variables were calculated using Spearman's rank correlation coefficient. All analyses were performed by using SPSS Statistics 26 (IBM Corp, New York, USA) and

bioinformatics platform (<http://www.bioinformatics.com.cn/login/>). Debiased Sparse Partial Correlation algorithm was used for estimating partial correlation networks of metabolites and clinical lipids by using MetScape (Basu et al., 2017). The quantitative metabolic pathway enrichment analysis was derived by using MetaboAnalyst (<http://www.metaboanalyst.ca/>).

ADDITIONAL RESOURCES

This study is registered with www.chictr.org.cn/index.aspx, number: ChiCTR1900022156.