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Research article

# Imprints of COVID-19 lockdown on the surface water quality of Bagmati river basin, Nepal

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#### ABSTRACT

COVID-19 pandemic has caused profound impacts on human life and the environment including freshwater ecosystems globally. Despite the various impacts, the pandemic has improved the quality of the environment and thereby creating an opportunity to restore the degraded ecosystems. This study presents the imprints of COVID-19 lockdown on the surface water quality and chemical characteristics of the urban-based Bagmati River Basin (BRB), Nepal. A total of 50 water samples were collected from 25 sites of BRB during the monsoon season, in 2019 and 2020. The water temperature, pH, electrical conductivity, total dissolved solids, dissolved oxygen (DO), and turbidity were measured in-situ, while the major ions, total hardness, biological oxygen demand (BOD), and chemical oxygen demand (COD) were analyzed in the laboratory. The results revealed neutral to mildly alkaline waters with relatively moderate mineralization and dissolved chemical constituents in the BRB. The average ionic abundance followed the order of  $Ca^{2+} > Na^+ > Mg^{2+} > K^+ > NH_4^+$  for cations and  $HCO_3^- > Cl^- > SO_4^2 - NO_3^- > PO_4^3^-$  for anions. Comparing to the pre-lockdown, the level of DO was increased by 1.5 times, whereas the BOD and COD were decreased by 1.5 and 1.9 times, respectively during the post-lockdown indicating the improvement of the quality water which was also supported by the results of multivariate statistical analyses. This study confirms that the remarkable recovery of degraded aquatic ecosystems is possible with limiting anthropic activities.

#### 1. Introduction

The world has faced the deadly COVID-19 pandemic, an infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2); firstly reported in December 2019 in Wuhan, China (Dennison Himmelfarb and Baptiste, 2020; Franch-Pardo et al., 2020). It has affected >215 countries across the world and declared a Global Health Emergency on January 30th, 2020 by World Health Organization (Lai et al., 2020). In order to reduce the pace of spreading this contagious virus via personal contacts, several countries have imposed different modalities of nationwide lockdown. Meanwhile, nearly half of

the global population was under strict lockdown and normal life had come to a standstill as a result of the pandemic (Shah et al., 2020). There were numerous negative impacts imposed by cluster lockdown in social and economic wellbeing which cannot be appreciated at all but it appeared that the degraded ecosystems are rejuvenating under the lockdown period and the quality of the environment has been improving noticeably (Chaurasia et al., 2020).

The pandemic directly impacted the whole global commnity, which could have irreparable environmental repercussions. Globally, the lockdown hit micro-enterprises, tourism, business, transport, entertainment, and most importantly, the survival and livelihoods of poor and

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disadvantaged groups of people (Murugesan et al., 2020). Despite those negative consequences, the lockdown reduced anthropic pressure on different spheres of the environment, thereby improving their quality throughout the globe to some extent (Pinder et al., 2020; Islam et al., 2020; Mahato et al., 2020). For instance, the degraded ecosystems were restored in terms of air, water, and natural habitats (Corlett et al., 2020). The severely polluted hydrosphere is exclusively a problem that arises due to the direct disposal of domestic and municipal sewerage, rapid urbanization, industrialization, and overexploitation of natural resources (Mishra et al., 2017). The ecological functions of the aquatic environment are being jeopardized by a multitude of human-mediated stressors (Diamantini et al., 2018). Recent studies revealed that the pollution levels have been decreased significantly in the heavily contaminated freshwater ecosystems under the lockdown period (Shah et al., 2020; Yunus et al., 2020). For instance, the Ganges and Mandakini Rivers (India) reflected a notable recovery of the water quality during the lockdown phase (Dutta et al., 2020; Chaurasia et al., 2020).

In the case of Nepal, the first COVID-19 case was confirmed on January 23, 2020 (the first recorded case in South Asia), and the Government of Nepal had announced the lockdown on March 24, 2020 and extended it to July 22, 2020. It had greatly impacted the normal functioning of daily life, including societal and economic aspects. Despite several negative issues due to the lockdown, the vehicular emissions and industrial sources of pollution had also been paused and therefore, it was expected that the level of pollution might have reduced in the environment, particularly in the urban-based river systems. The Bagmati River is the lifeline and major source of water supply in the core urban area of Nepal and downstream regions and also one of the heavily polluted urban-based river systems. Thus, this study has attempted to evaluate the recovery and imprints of COVID-19 lockdown on the surface water quality in the Bagmati River Basin (BRB), Nepal.

# 2. Materials and methods

#### 2.1. Study area

Nepal, a Himalayan country characterized by plenty of freshwater resources, is situated between India and China. The study was carried out in the Bagmati River that drains through the core urban area of Nepal. It lies between  $26^{\circ}42' - 27^{\circ}50'$  N and  $85^{\circ}02' - 85^{\circ}58'$  E, covering a catchment area of 3756 km<sup>2</sup> (Fig. 1). The river originates from the Shivapuri Hill (2650 m.a.s.l.), flowing to a distance of >25 km within the core urban area (196 km within Nepal) and eventually joins the Ganges River in India (Mishra et al., 2017; Thakur et al., 2017). There are 24 tributaries including Bishnumati and Manahara feeding to the Bagmati River Basin (BRB). The average precipitation in the basin is ~1400 mm/year where approximately 80% of the annual precipitation occurs during the monsoon season from June to September (Panthi et al., 2015). The average discharge of the river is 10.67  $\text{m}^3$ /s with the highest value of 35.15 m<sup>3</sup>/s during the monsoon season (Bhatt et al., 2014). Geologically, the headwater of the river basin contains mica gneiss and biotite schist with muscovite, whereas the middle segment is characterized by unconsolidated clay, silt, sand, and gravels. The downstream is mainly comprised of fine-grained phyllite, slates, limestone, shales, quartz, and mudstones (Mehta and Rana, 2018).

The land use along the BRB is mainly characterized by forest, agricultural land, and built-up area. The upstream, midstream, and downstream segments of the BRB are covered by forest, core built-up area, and agricultural land, respectively. The land use pattern of BRB is forest > agriculture > built-up > grassland > barren land > water bodies (Fig. A1). Meanwhile, there are three major cities viz. Kathmandu, Lalitpur, and Bhaktapur with population density 19,726 people/sq.km, 14,574 people/sq.km, and 2662 people/sq.km, respectively in the midstream segment of the BRB (Lamichhane and Shakya, 2020).



Fig. 1. Sampling locations in the Bagmati River Basin (BRB), Nepal.

Additionally, more than 2.3 million people are living in the middle segment of the basin with an annual population growth rate of 4.63% (CBS, 2011).

# 2.2. Sampling design and chemical analysis

In this study, the water samples were collected from the main river and tributaries of the BRB (Fig. 1). A total of 50 water samples were collected (8 from the tributaries and 42 from the main river) in the two consecutive years i.e., 2019 and 2020 during the monsoon season (July). The samples were taken from both banks and the center of the main river and tributaries and mixed thoroughly for making the composite sample at each of the sampling points. Considering the sampling situation of 2019, the sampling of 2020 was conducted to maintain the rainfall and flowrate consistent. Importantly, the water samples were taken on the days without rainfall in 24 h to control the relatively compatible condition of discharge. The samples were collected from a depth of 20-30cm below the surface of the water body using wide-mouth high-density polyethylene (HDPE) bottles of 1 L, which were rinsed with the same river water twice before the sampling.

In-situ measurements were carried out for the water temperature, pH, electrical conductivity (EC), total dissolved solids (TDS) using a multi-parameter probe HANNA, whereas dissolved oxygen (DO) was measured by using DO Meter. The determination of suspended particulate matters was done by using WAGERTECH Turbidity Meter. The samples were filtered using a 0.45  $\mu$ m milli-pore nitrocellulose filter and the filtrate was collected in 20 mL HDPE bottles. Furthermore, the samples for cation analysis were preserved by acidification with 2 M HNO<sub>3</sub>, and the bottles were packed inside the double polyethylene ziplock bags. The samples were transported to the Central Department of Environmental Science, Institute of Science and Technology, Tribhuvan University, Nepal for laboratory analysis.

The chemical parameters such as total hardness (TH), alkalinity, biological oxygen demand (BOD), chemical oxygen demand (COD), major cations (Ca<sup>2+</sup>, Mg<sup>2+</sup>, K<sup>+</sup>, Na<sup>+</sup>, NH<sub>4</sub><sup>+</sup>), and major anions (Cl<sup>-</sup>, NO<sub>3</sub><sup>-</sup>,  $SO_4^{2-}$ ,  $PO_4^{3-}$ ,  $HCO_3^{-}$ ) were analyzed using the standard methods prescribed by APHA (2005). The concentrations of  $Na^+$  and  $K^+$  were determined by using Microprocessor Flame Photometer, ESICO MODEL 1382. Similarly, the determination of  $NO_3^-$ ,  $SO_4^{2-}$ ,  $PO_4^{3-}$ , and  $NH_4^+$  were carried out by using SSI UV 2101 Spectrophotometer. SO<sub>4</sub><sup>2-</sup> was measured by the Gravimetric method using BaCl<sub>2</sub> crystals whereas, the EDTA titration was used for the  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $HCO_3^-$  and TH. Additionally, Cl<sup>-</sup> was determined by the Argentometric method using K<sub>2</sub>CrO<sub>4</sub> as an indicator (Pal et al., 2019). Likewise, the open-air reflux method and 5-day BOD-test were performed to determine the level of COD and BOD, respectively. For quality control, non-powder vinyl cleanroom gloves and masks were used during sample collection and laboratory work to avoid contamination. The collected samples were stored in a refrigerator at 4 °C until the laboratory tasks were performed.

# 2.3. Statistical analyses and interpretations

Descriptive statistics were performed to evaluate and interpret the hydrochemical variations of the dataset. The relationship between the hydrochemical parameters was examined by using correlation analysis. As the data did not obey Gaussian distribution, Spearman's rho correlation analysis was applied using Statistical Package for the Social Sciences (IBM SPSS Statistics version 26.0). The student t-test was applied to compare the parameters between the years 2019 and 2020. The data of the tributaries and the main river were analyzed separately.

Hierarchical cluster analysis (HCA) based on Ward's method with Euclidean distances was applied with the intent of grouping similar sampling sites (Varol et al., 2013). Meanwhile, the principal component analysis (PCA) was applied to identify the sources of the hydrochemical variables. In order to account for the degree of mutually shared variability between individual pairs of hydrochemical parameters, the correlation matrix was determinant whereas the multiplication of correlated parameters was estimated by eigenvalues. The first eigenvalue represented the greatest variation among the observed parameters and the subsequent values provided the proportionately smaller contributions (Zeng and Rasmussen, 2005). The eigenvalue >1 was considered to assess the significant associations among the chemical parameters, and the dataset was standardized using varimax rotation. The validity and effectiveness of PCA in reducing the dimensionality of the dataset were tested using the Kaiser-Meyer-Olkin (KMO) test and Bartlett's sphericity methods (Singh et al., 2004; Qaisar et al., 2018).

The Piper diagram (Piper, 1944) and mixing plots were used for the chemical characterization of hydrochemical variables. Besides, the suitability of river water for irrigation purposes was evaluated by sodium percentage (Na%) (Doneen, 1954), sodium adsorption ratio (SAR) (Richards, 1954), magnesium hazard (MH) (Raghunath, 1987), Kelly's ratio (KR) (Ibraheem and Khan, 2017), permeability index (PI) (Joshi et al., 2009), cation ratio of soil structural stability (CROSS) (Rengasamy and Marchuk, 2011) and Wilcox diagram (Wilcox, 1955). The water quality index (WQI) was applied to evaluate the river water quality for drinking purposes (Sahu and Sikdar, 2008). Also, the potable nature of water was examined by comparing it to the WHO standards (WHO, 2011). The details of the WQI and irrigation quality assessment were explained elsewhere (Acharya et al., 2020).

# 3. Results and discussion

# 3.1. General hydrochemistry

The descriptive statistics of hydrochemical compositions of the BRB (pre-lockdown and post-lockdown) are presented in Table 1. The mildly alkaline pH value in the BRB indicated the mixed type (both carbonate and silicate) of underlying lithology. The pre-lockdown TDS value of 563 mg/L decreased to 227 mg/L during post-lockdown, suggesting the markedly high anthropic pollution in the urban segments. Comparing to the global average i.e., 120 mg/L (Gaillardet et al., 1999), the TDS values were 4.69 and 1.89 times higher during pre-lockdown and post-lockdown periods, respectively (Table 1). Generally, the TDS values were found to be < 120 mg/L in most of the freshwater rivers, but the higher values observed even in post lockdown could be due to municipal wastes and agricultural runoff in the BRB (Pal et al., 2019; Paudyal et al., 2016). Also, the EC dropped from 956  $\mu$ S/cm to 431  $\mu$ S/cm, indicating substantially less dissolved materials in the river water during post-lockdown. The turbidity value had noticeably diminished from 206.21 NTU to 124.38 NTU. The dramatic reduction of turbidity during the post-lockdown period indicated a low amount of suspended solids in the river water. A slight decrease in TH was observed from 195.28 mg/L to 144.32 mg/L, also depicting low chemical load during the post-lockdown. The pattern of cationic dominance based on mean values (mg/L) in the BRB was found in the order of  $\rm Ca^{2+}{>}~Na^{+}{>}~Mg^{2+}{>}~K^{+}{>}$  $NH_4^+$ . The Ca<sup>2+</sup> with Na<sup>+</sup> jointly contributed ~67% and 72% of the total cationic budget during the pre-lockdown and post-lockdown, respectively. The excessive concentration of Na<sup>+</sup> might be due to the silicate rock weathering near the source region of the river (B1) (Bhatt et al., 2014). Although the concentration of  $NH_4^+$  was found to be the lowest among the measured cations, its average value was higher as compared to the other Himalayan river basins (Table A3). Furthermore, the order of the anionic concentrations based on the mean values was found in the order of  $HCO_3^- > Cl^- > SO_4^{2-} > NO_3^- > PO_4^{3-}$ . The dominant anion in the BRB was HCO<sub>3</sub><sup>-</sup> which accounts for 64% followed by Cl<sup>-</sup> with 30% during pre-lockdown, and 52%, and 42% during post-lockdown, respectively. The higher level of the Cl<sup>-</sup> concentration as compared to other river systems of Nepal (Table A3) could be due to the sewage discharge and agricultural runoff (Bhatt et al., 2007). The concentrations of  $NO_3^-$  and  $SO_4^{2-}$  were found to be much lower and contributed <5% to the total anionic budget. The PO<sub>4</sub><sup>3-</sup> was found as the least abundant anion throughout the basin with  ${\sim}1\%$  contribution during Table 1

Descri	ptive	statistics	of the	hydroc	hemical	com	ositions	of the	Bagmati	River	Basin,	Nep	bal

	Min   Max   Mean   SD     9.40   18.20   15.50   2.01				Post-Lockde	Post-Lockdown (n = 25)				WHO Guideline
	Min	Max	Mean	SD	Min	Max	Mean	SD		
Temp.	9.40	18.20	15.50	2.01	18.50	29.50	24.58	2.35	20.04	-
pН	6.23	9.98	8.09	1.09	4.60	7.99	7.37	0.69	7.73	6.5-8.5
EC	42	1739	956	451	31	912	431	195	693	1500
TDS	31	980	563	278	16	456	227	101	395	1000
$Ca^{2+}$	17.51	97.45	50.55	18.23	7.20	62.40	36.00	14.35	43.28	100
$Mg^{2+}$	12.36	17.96	15.54	1.71	0.49	30.26	13.25	8.13	14.40	50
K <sup>+</sup>	4.80	26.72	13.86	5.00	1.75	20.67	12.02	4.14	12.94	100
$Na^+$	13.78	97.22	44.43	17.97	5.40	108.00	37.39	21.44	40.91	200
$NH_4^+$	0.25	12.14	7.29	2.81	0.09	2.54	1.20	0.64	4.25	-
$Cl^{-}$	3.35	154.40	73.68	39.09	7.10	100.82	50.21	19.71	61.94	250
$NO_3^-$	0.89	6.57	3.76	1.63	0.27	4.23	2.37	1.14	3.06	50
$SO_4^{2-}$	0.98	7.56	4.74	1.68	1.54	8.46	3.89	1.78	4.31	250
$HCO_3^-$	43.05	805.65	493.97	226.92	230.00	575.00	402.40	74.19	448.18	600
$PO_4^{3-}$	0.22	4.82	2.26	1.42	0.19	4.50	1.61	1.18	1.93	-
Tur. <sup>b</sup>	1.50	431.90	206.21	119.15	3.20	350.00	124.38	103.02	165.30	5
TH	80.00	360.00	195.28	62.60	28.00	220.00	144.32	49.89	169.80	500
DO	0.24	8.20	1.59	2.05	1.33	9.47	3.18	2.05	2.39	>4
BOD	2.20	288.00	162.80	79.60	6.40	187.00	95.20	45.76	129.00	<30 <sup>c</sup>
COD	6.00	856.00	469.84	236.43	12.00	408.00	217.60	100.83	343.72	<250 <sup>c</sup>

{All units are in mg/L except Temperature (°C); EC (µS/cm); Turb. (NTU) and pH}.

<sup>a</sup> Grand mean is estimated as the mean of the two sampling periods (Pre- and post-lockdown, COVID-19).

<sup>b</sup> Tur.: Turbidity.

<sup>c</sup> Indian Drinking water quality standards (BIS, 2012).

pre-lockdown and post-lockdown.

The results indicated that variations in the hydrochemical parameters in the BRB were mainly controlled by the extent of anthropic activities which were also consistent with the previous studies (Paudyal et al., 2016; Pal et al., 2019). It has clearly revealed that the relatively low concentrations of hydrochemical parameters during the post lockdown (Table 1) indicate the imprints of lockdown in the core urban area. The parameters were also compared with selected rivers of Nepal, Asia, and global mean values and found that the EC, TDS, and dissolved ions were relatively higher in the BRB (except  $SO_4^{2-}$ ) (Table A3).

The hydrochemical parameters in the BRB were compared between the pre-lockdown and post-lockdown (Fig. 2). The parameters were displayed bipolarity with a substantial difference between the samples taken during pre-lockdown and post-lockdown situations. The concentrations of dissolved chemicals in terms of TDS were found to be significantly lower during post-lockdown ( $p \le 0.05$ ), as compared to the pre-lockdown samples in both river and tributaries (Fig. 2). It might be due to less discharge of pollutants during the post-lockdown period. Overall, the water quality of BRB was found poor as confirmed by the comparison with the WHO guidelines (Table 1).

#### 3.2. Spatiotemporal variations of hydrochemistry

The hydrochemistry of the BRB was found to be varying spatially (main river and tributaries) and temporally (pre-lockdown and post-lockdown) (Fig. 3). All the chemical parameters were reduced in both the main river and tributaries during the post-lockdown period (Fig. 2). Among them, the EC, TDS,  $Ca^{2+}$ ,  $Na^+$ ,  $Cl^-$ , and  $NH_4^+$  were significantly decreased after the lockdown. Interestingly,  $K^+$  and  $HCO_3^-$  were significantly diminished only in the tributaries (Fig. 2). This indicates that the reduced amount of effluents from the industries and domestic sectors during the lockdown in the BRB. The results are consistent with the previous studies which have indicated that the discharges from industries and domestic effluents are the major contributors to increase the pollution load in the urban-based river systems (Sada, 2012).

Among the major cations,  $Ca^{2+}$  has the highest and NH<sup>4</sup><sub>4</sub> has the lowest in their concentrations in the basin during both pre-lockdown and post-lockdown (Table 1). Meanwhile, the concentrations Na<sup>+</sup> and K<sup>+</sup> were found to be much higher in the core urban area than in the headwater region indicating the intensive anthropic signatures including sewage, chemical fertilizers, and domestic wastes (Fig. 1). On the other hand, the HCO<sub>3</sub><sup>-</sup> and NO<sub>3</sub><sup>-</sup> showed the highest and lowest concentrations, respectively among the anions in the BRB. The concentrations of NO<sub>3</sub><sup>-</sup> exhibited an increasing pattern moving from the



Fig. 2. Variations of hydrochemical parameters during the pre-lockdown and post-lockdown in the main river and tributaries of the Bagmati River Basin (BRB), Nepal.



**Fig. 3.** Temporal variations of hydrochemistry in the (a) main river and (b) tributaries of the Bagmati River Basin (BRB), Nepal. The associated bars represent the standard deviations. The letters above the error bar represent the statistically significant differences in the variables (p < 0.05).

headwater region to the core urban area, which could be due to the dense human settlements and intense anthropic inputs (Fig. 1). The Hindu cremation sites are located in the vicinity, which could also be the major input sources of  $NO_3^-$  in the river water (Thakur et al., 2017; Pal et al., 2019). Also, the famous Hindu Temple named Pashupatinath is another major source of anthropic contamination in the river segment (Fig. 1). Thousands of pilgrims used to visit and worship Lord Shiva in the area every day which could have a direct impact on the river water quality, however, the lockdown had also limited the activities of pilgrims.

The lower concentration of  $SO_4^{2-}$  in comparison to  $CI^-$  in the basin might be due to the natural reduction of sulfate to sulfide in presence of high organic loads (Zhang et al., 2019). The main reason for the relatively low concentration of  $SO_4^{2-}$  could be due to low natural inputs as was confirmed from the high pH value in the river water (Pant et al., 2018).

Additionally, the results also exhibited that the tributaries were relatively more contaminated as compared to the main river (Fig. 3) which could be explained as the major contributions of agricultural runoff, discharges from a number of brick industries, and domestic wastewater from the vicinity of densely populated core-urban areas along the tributaries (Fig. 1). In summary, both the spatial and temporal assessments consistently exhibited the marked anthropic signatures, particularly from untreated domestic sewage, agricultural, and industrial effluents in the BRB.

#### 3.3. Variation of DO, BOD, and COD

During the post-lockdown, the anthropic intervention in the river system was limited as a result of lockdown imposition. The level of DO, BOD, and COD varied noticeably at the spatial and temporal levels in the BRB (Table 1 and Fig. 4). The average value of COD and BOD during the post-lockdown period decreased from 469.84 mg/L to 217.60 mg/L (1.9 times) and 162.80 mg/L to 95.20 mg/L (1.5 times), respectively, while the average DO increase from 1.59 mg/L to 3.18 mg/L (~1.5 times)



Fig. 4. DO, BOD, and COD illustrating the improvement of water quality during post-lockdown as compared to pre-lockdown in the main river and tributaries of the Bagmati River Basin (BRB), Nepal.

indicating the lesser load of organic pollution in the river system during post-lockdown. The highest values of COD and BOD were observed from the core urban segment of BRB (p < 0.05, Table A2). It provides strong evidence of heavy contamination in the water bodies from organic wastes and industrial effluents in the BRB (Mishra et al., 2017). The results confirm that the water quality of BRB has been improved during the lockdown period.

# 3.4. Characterization of hydrochemical facies

The milli-equivalent percentage (meq %) of major ions was illustrated in the Piper diagram to evaluate the hydrochemical facies and types of water (Fig. 5). In the cation section, most of the samples lied in the lower center of the triangle, indicating the dominance of  $Ca^{2+}$  and  $Na^++K^+$  (Fig. 5). Meanwhile, a few samples from the tributaries implied relatively higher concentrations of  $Na^+$  (i.e., T1, T3, and T5). Generally, the local anthropic sources contribute to the elevated concentrations of  $Na^+$  in the water bodies (Pant et al., 2018). Furthermore, the  $Ca^{2+}$  and  $Mg^{2+}$  concentrations relatively increased during lockdown might have caused by the lower concentrations of  $K^+$  and  $Na^+$  ions. It consistently signifies the reduction of anthropic inputs over geogenic inputs.

On the other hand, the anion section illustrated that most of the water samples during post-lockdown existed on the lower-left corner near the  $HCO_3^-$  apex (Fig. 5). Nevertheless, the majority of the water samples during pre-lockdown were enriched with  $Cl^-$  to some extent, validating relatively large anthropic pressure over the BRB. The results plotted in the central diamond field revealed the overall characteristics and facies (Fig. 5). Furthermore, the central diamond depicted that the comparable concentrations of both alkalies (Na<sup>+</sup>) with alkaline earth metals (Ca<sup>2+</sup>) while the weak acids (HCO<sub>3</sub><sup>-</sup>) had relatively higher concentration as compared to the strong acids (Cl<sup>-</sup> and SO<sub>4</sub><sup>2-</sup>). However, the concentration of Na<sup>+</sup> was found higher in the sampling points of B3, B5, B8, and T3 (Table A2), especially during post-lockdown, characterizing the Ca–Na–HCO<sub>3</sub> type of water facies.

In addition, the higher concentrations of Cl<sup>-</sup> in the core urban areas may be attributed to the solid and liquid wastes from nearby settlements, cremation sites, and religious places (Fig. 1). These findings were in good agreement with the previous studies conducted in the different religious locations of holy rivers, India (Bhatnagar et al., 2016). In summary, the hydrochemistry of the BRB was mainly characterized by the Ca–HCO<sub>3</sub> type. However, a slight change was observed in the hydrochemical facies in the river water samples during pre-lockdown and post-lockdown, which indicated that most of the major ions were influenced by anthropic activities.

#### 3.5. Association among the hydrochemical attributes

In the present study, principal component analysis (PCA) was applied for 13 hydrochemical variables i.e., pH, EC, TDS, and the major ions based on the 50 water samples taken during pre-lockdown and post-lockdown from the BRB (Fig. 6). The KMO and Bartlett's results were obtained as 0.83 and 613.34 (df = 78, p < 0.00) during pre-lockdown and 0.74 and 235.61 (df = 78, p < 0.00) during post-lockdown, indicating that PCA would be useful in reducing the dimensionality of the dataset. PC factors were classified by their corresponding loading values as >0.75 and 0.50–0.75, which were considered strong and moderate, respectively ,(Pant et al., 2021).

There were two principal components (PCs) identified for the prelockdown with eigenvalues >1, which explained about 78.16% of the total variances (Table A4). PC1 accounting for 69.13% of the total variances, had strong positive loading on EC, TDS,  $Ca^{2+}$ ,  $Mg^{2+}$ ,  $K^+$ ,  $Na^+$ ,  $HCO_3^-$ ,  $PO_4^{3-}$ ,  $Cl^-$  and moderate positive loading on  $NO_3^-$  and  $SO_4^{2-}$ . The co-locations of these variables indicated mixed types of sources. Similarly, PC2 accounted for 9.03% of the total variance, had strong positive loading on pH and moderate loading on NH<sub>4</sub><sup>+</sup>. The co-location of these variables indicated their common source and was likely to be influenced by domestic and agricultural activities. Only two PCs during prelockdown clearly indicated that anthropic sources of pollution in the BRB were the predominant sources for the contamination of river water. For the post-lockdown, four PCs were identified with eigenvalues >1, which explained about 81.22% of the total variances (Table A4). PC1 accounting for 45.54% of the total variances, had strong positive loading on  $HCO_3^-$ ,  $PO_4^{3-}$ , and  $Cl^-$ ; and moderate positive loading on EC, TDS, and Ca<sup>2+</sup>. These co-locations of major dissolved constituents displayed the common natural sources, primarily driven by natural rock weathering. PC2 which accounted for 14.39% of the total variance, had strong positive loading on K<sup>+</sup>, Na<sup>+</sup>, and NH<sub>4</sub><sup>+</sup>. The co-location of these variables in PC2 indicated their common sources and was likely to be influenced by municipal effluents and agricultural runoff. Likewise, PC3 accounted for 12.20% of the total variance, had strong positive loading on pH. Similarly, PC4, which accounted for 9.10% of the total variance, had strong positive loading on Mg<sup>2+</sup>. Rock weathering in the river basin was the primary source of  $Mg^{2+}$ . It was easily distinguishable from the rest of the chemicals which could have some sort of association with silicate deposit in the headwater region of the Shivapuri Hill (Bhatt et al., 2014).

In order to confirm the PCA results, the Correlation Matrix (CM) was analyzed and plotted for pre-lockdown and post-lockdown (Table A5). The EC was strongly correlated with  $Ca^{2+}$ ,  $K^+$ ,  $Na^+$ ,  $Cl^-$ ,  $SO_4^{2-}$ , and  $PO_4^{3-}$ during the pre-lockdown while moderately correlated with  $Ca^{2+}$ ,  $K^+$ , and  $Cl^-$  during the post-lockdown exhibited elevated concentrations of major ions. The TH was positively correlated with EC, implying the major role of  $Ca^{2+}$  and  $Mg^{2+}$  as dissolved solids. During pre-lockdown,  $Ca^{2+}$  level in the water body had depicted a positive relationship with EC,  $SO_4^{2-}$ , and  $PO_4^{3-}$ . This indicated that the  $Ca^{2+}$  was present as  $CaSO_4$ and  $Ca_3(PO_4)_2$ . But during post-lockdown,  $Ca^{2+}$  showed a moderately positive relationship with  $Cl^-$ , depicted the presence of  $CaCl_2$ . During the pre-lockdown and post-lockdown, temperature exhibited a significant negative correlation with DO, revealing that with an increase in water temperature, the metabolic rate of microorganisms also increases, and hence the amount of DO decreases (APHA, 2005).

Additionally,  $Ca^{2+}-HCO_3^-$  exhibited a significant moderate correlation while the  $Mg^{2+}-HCO_3^-$  showed a weak positive correlation, thereby indicating a common origin of these ions in both the study periods (Singh et al., 2016). There was a significant positive correlation between  $Cl^-$  and  $SO_4^{2-}$  during pre-lockdown, but the post-lockdown scenario presented a weak correlation, consistently suggesting the imprints of limited anthropic pressures during the lockdown period. The Na<sup>+</sup>-K<sup>+</sup> pair had shown a positive correlation during pre-lockdown and post-lockdown in the BRB, which was most preferably attributed to contamination from sewerage, industrial effluents, and fertilizers (Mishra et al., 2017). In the meantime, a strong positive correlation was observed between BOD and COD during pre-lockdown and



Fig. 5. Piper diagrams showing the relative proportions of major ions (pre-lockdown and post-lockdown) in the main river and its tributaries of the Bagmati River Basin (BRB), Nepal.



Fig. 6. Principal component analysis (PCA) for pre-lockdown and post-lockdown in the main river and its tributaries of the Bagmati River Basin (BRB), Nepal.

post-lockdown, indicating the excessive loading of organic matters.

The Cluster Analysis (CA) distinguished different statistically significant groups during pre-lockdown and post-lockdown and yielded a dendrogram (Fig. 7). This study generated a total of five clusters during pre-lockdown and most of the sampling points were grouped in clusters A and C (Fig. 7), representing 56% of the total samples. These two clusters included the moderately polluted sampling locations whereas cluster D representing 12% of the total samples (B1, B2, and B3), associated with the headwater pristine region (Sundarijal to Gokarna, Table A1), suggested that the water samples were the least polluted. Cluster B includes mainly the tributaries sampling locations with 16% of the total samples including T1, T4, T5, and B11 (Fig. 7 and Table A1), also corresponded to moderately polluted sampling points and these sections received pollutants from non-point sources. The samples from B4, B5, T2, and T7 formed cluster E, having the highest pollution in the BRB during the pre-lockdown which were mostly attributed to the domestic wastewater and sewerage (Fig. 7 and Table A1).

The clustering pattern was found to be differently allied during postlockdown (Fig. 7). In this period, four clusters were identified i.e., A, B, C, and D assembling 32%, 12%, 40%, and 16% of the total samples, respectively. Cluster A, C, and D included highly anthropic inputs and polluted sites (Fig. 7, Table A1). Interestingly, a majority of the main river and tributary samples were clustered in Cluster C and D, respectively. Cluster B has the least polluted sites (Fig. 7). The CA results indicated that the water quality of BRB had improved to some extent during post-lockdown with relatively better results from the main river.

#### 3.6. Chemical weathering

To quantify the contribution of rock dissolution and weathering, the ionic ratios of water samples were computed (Table 2). In the present study, the mean molar ratio of  $HCO_3^-/Ca^{2+}$  was 4.15 and 5.47 during pre-lockdown and post-lockdown, respectively, confirming that the crucial role of carbonate weathering in the hydrochemistry of the BRB. Similarly, the mean ratios of  $(Ca^{2+} + Mg^{2+})/(Na^+ + K^+)$  and  $HCO_3^-/(Na^+ + K^+)$  were found to be > 1.5 and > 3 in both the study periods, suggesting the presence of calcite and dolomite minerals in the basin (Table 2). Although the headwater region of BRB is composed of silicate deposits, the hydrochemistry of the core urban area was controlled by carbonate weathering. Meybeck (1987) highlighted that carbonate weathering is 12–40 times faster as compared to silicates, which could be the reason that a very small patch of carbonate deposit can have a greater contribution to the river hydrochemistry of BRB.

The relative importance of proton producing reactions i.e., carbonation and sulfide oxidation in the weathering process can be explained based on  $HCO_3^-/(HCO_3^-+SO_4^{--})$  ratios (C-ratio). The C-ratio <0.5 indicates the chemical reactions of both carbonate dissolution and sulfide oxidation, whereas the ratio ~1 refers absolutely carbonation reactions and dissociation of CO<sub>2</sub> which derives protons from the atmospheric inputs. In the present study, the C–ratios were observed ~1 in both the sampling periods, specifying the significance of carbonate and CO<sub>2</sub> dissolution in proton-producing mechanisms. Additionally, the high ionic ratio of  $Ca^{2+}/SO_4^{2-}$  (>25) for pre-lockdown and post-lockdown periods confirmed that H<sub>2</sub>SO<sub>4</sub> could not replace H<sub>2</sub>CO<sub>3</sub> as a major source of protons for rock weathering in the BRB (Singh et al., 2014). Importantly, the results highlighted relatively a low grand average of  $Ca^{2+}/Na^+$  ratio indicated the higher silicate weathering in the headwater region (Table 2).

The Na<sup>+</sup>/Cl<sup>-</sup> ratio was >1, which clearly indicated multiple sources of origin including geogenic, anthropic, and atmospheric inputs (Li et al., 2009). The Na<sup>+</sup>-normalized pattern of hydrochemistry of the BRB is illustrated in the mixing diagrams (Fig. 8). In the diagrams, most of the samples were located in between the carbonate and silicate end-members showing the contribution of both types of weathering. A few samples were located near the evaporite and silicate end-members (Fig. 8), which specified that the sampling points were likely located near the environments where a high amount of Na<sup>+</sup> and Cl<sup>-</sup> ions were present (Fan et al., 2014).

# 3.7. Water quality index (WQI)

# 3.7.1. Drinking water quality index (DWQI)

The Bagmati River water is widely used for drinking and other domestic purposes and thus, evaluating its quality is essential. In this study, the WQI has evaluated based on <50, 51–100, 101–200, 201–300, and >300, respectively for excellent, good, permissible, poor, and very poor quality of water (Sahu and Sikdar, 2008; Sener et al., 2017). During the pre-lockdown, the WQI ranged from 13 to 74 and 38 to 87 for the main river and tributaries, respectively indicated that the overall excellent to good water quality. Similarly, during post-lockdown, WQI ranged from 7 to 46 and 30 to 54 for the main river and the tributaries, again indicated overall excellent to good water quality (Table 3).

From the WQI analysis, two insights were highlighting the water quality in the BRB i.e., the main river had relatively better water quality than its tributaries, and overall, the water quality was improved after the lockdown. It can be further confirmed that human activities were limited including industrial effluents entering the rivers due to lockdown. In general, the domestic wastewater discharge in the river should be increased during the lockdown period, however, the scenario of the BRB was contradictory. This could be attributed to the huge mass of the human population (>0.6 million) migrated from the Kathmandu Valley to their original places due to the havoc of the pandemic (Fox et al., 2020).

#### 3.7.2. Irrigation water quality index (IWQI)

As more than 35% area of the BRB is cultivated land, the suitability of river water for irrigation purposes is one of the great concerns from a crop health perspective. From the classification of EC, it was suggested

Ward's method with Euclidean distances	4	В	С		D	E
0 5 10 15 20 Cluster 1 B Cluster 2	B12 B13 B14 B16 B17 T6	B11 T1 T4 T5	B6 B7 B8 B9 B10 B15 T1T2 T3		B1 B2 B3	B4 B5 T2 T7
C Cluster 3 D Cluster 4 E Cluster 5 K <sup>4</sup> 98100 TDS 38208 Ng <sup>2+</sup> 1285 K <sup>4</sup> 9812 Ng <sup>2+</sup> 1285 K <sup>4</sup> 9818 Ng <sup>4+</sup> 1285 K <sup>4</sup>	Max   Mean     1032.00   968.00   EC     501.00   467.67   TBS     161.7   15.19   Mg <sup>23</sup> 20.04   13.78   K <sup>2</sup> 37.49   36.83   Na <sup>3</sup> 12.14   8.61   NH <sub>4</sub>	Min   Max   Mean     1412.00   1739.00   1530.00     700.00   839.00   752.25     40.35   97.45   66.43     16.91   17.96   17.40     11.06   26.72   18.21     55.50   97.22   77.32     6.88   9.23   8.07	Min   Max     EC   1009.00   1378.00     TDS   711.00   980.00     Ca <sup>2+</sup> 38.07   70.04     Mg <sup>2+</sup> 15.74   17.40     K   10.44   19.21     Na*   37.98   55.79     NH*   6.48   10.98	Mean ) 1190.38 E 840.00 T 57.86 C 16.70 T 15.87 K 46.00 N 8.47 N	Min   Max   Mean     C   42.40   202.00   102.57     DS   31.30   96.60   57.57     27.1   22.50   12.41   22.59     Jg <sup>12</sup> 12.36   13.04   12.69     C   4.80   7.52   6.19     13   13.78   31.29   25.03     41,1   202.5   2.30   1.24	Min   Max   Mean     EC   434.00   603.00   534.75     TDS   288.00   380.00   344.50     Cal <sup>3</sup> 34.26   53.29   41.49     Mg <sup>2*</sup> 13.84   14.21   14.04     K   9.39   14.61   11.38     Na <sup>4</sup> 34.05   34.34   44.91     Ng <sup>2*</sup> 25.64   6.70
All the units are in mg/L except EC ( $\mu$ S/cm) Cluster Analysis for Bagmati River Post-Lockdown Ward's method with Euclidean distances	76.01 68.29 4.22 2.75 6.24 4.73 608.85 535.05 2.53 2.04 PO	116.39   154.40   153.02     2.89   6.43   4.69     5.34   7.56   6.19     3j   701.10   805.65   770.29     2.03   4.82   3.28	<b>B</b>	5,08 5,44 5,84.25 3,29 P	0, 0.8 2.95 1.96 0, <sup>2</sup> 0.98 3.23 1.99 100, 43.05 79.95 59.45 0, <sup>2</sup> 0.22 0.30 0.26	Cl   3.207   0.12   8.14   3.18     NO <sub>2</sub> 1.28   5.14   3.18   5.06   3.96     HCO <sub>2</sub> 15.90   492.00   301.35   po/2   0.77   1.40   0.99
0 <u>5</u> <u>10</u> <u>15</u> <u>20</u> Cluster 1 B Cluster 2	B4   B5   B6   B7   B8   T1   T2   T1T2		B1 B2 B3		B9 B10 B11 B12 B14 B15 B16 B17 T4 T7	B13 T3 T5 T6
Cluster 3 Cluster 4	Min   Max     C2   203.00   411.00     DS   149.00   204.00     a <sup>1</sup> 19.20   44.00     ig <sup>2</sup> 8.30   30.26     *   8.28   16.04     ia <sup>1</sup> 21.60   57.30     H <sub>4</sub> <sup>*</sup> 0.98   2.17     T   39.76   69.58     O <sub>4</sub> <sup>*</sup> 1.39   4.22     O <sub>2</sub> <sup>*</sup> 2.69   8.46	Mean   M     342.13   EC   31.     183.38   TDS   16.     29.60   Ca <sup>2+</sup> 7.3.     11.62   K   1.3     1.26   NH <sub>4</sub> <sup>+</sup> 0.4     1.26   NH <sub>4</sub> <sup>+</sup> 0.4     48.46   CT   7.1     2.67   NO <sub>5</sub> 0.2	Max   Mean     00   130.00   69.67     00   65.00   35.00     00   14.40   10.67     19   13.18   6.99     75   12.31   5.60     100   42.90   18.70     19   1.19   0.46     0   17.04   11.36     7   1.58   0.92     4   5.40   28.4	EC 42 TDS 24 Ca <sup>2+</sup> 2 Mg <sup>2+</sup> 2 K <sup>4</sup> 5 Na <sup>4</sup> 2 NH <sub>4</sub> <sup>+</sup> ( CT 4 NO <sub>3</sub> <sup>-</sup> ( SO <sub>2</sub> <sup>3-</sup> (	Min   Max   Mean     24.00   549.00   498.70     41.00   312.00   260.30     9.60   51.20   41.36     2.44   25.38   11.76     7.73   15.12   12.90     0.10   44.60   32.43     9.51   2.54   1.33     9.70   100.82   61.06     5.57   4.01   2.36     2.06   5.57   3.55	Vin   Max   Mean     6C   635.00   912.00   710.50     DS   319.00   456.00   374.00     Ca <sup>2+</sup> 45.60   62.40   54.40     Mg <sup>2+</sup> 5.86   19.03   10.74     K   9.27   20.67   15.45     Nat   21.90   108.00   59.70     VIL   0.53   2.35   1.34     CT   35.50   69.58   55.74     Oy <sup>2</sup> 1.83   4.20   2.87

Fig. 7. The clustering pattern of water samples (pre-lockdown and post-lockdown) in the main river and its tributaries of the Bagmati River Basin (BRB), Nepal.

that IWQI was a "Good" category during pre-lockdown whereas, it was observed as an "Excellent" category during post-lockdown along the tributaries and main river (Table 4). Based on the classification of Na% as excellent <20, good: 20 - 40, permissible: 40 - 60, doubtful: 60 - 80, and unsuitable >80 (Richards, 1954), the water of BRB lay in the excellent to permissible categories.

Similarly, based on the SAR values, irrigation water is classified into four groups (low < 10, medium: 10–18, high: 18 – 26, and very high: > 26) (Saleh et al., 1999; Thomas et al., 2014), with high SAR values indicating increased the risk to the crops. In the BRB, SAR values showed the excellent category (<1.60). Also, based on MH and KR values (<50

and <0.25), the water belonged to the safe category and suitable for irrigation purposes. Likewise, the value of PI was found to be 80.32–107.18 which belonged to Class I, and the CROSS values of the BRB fell under the "Excellent" category (Table 4). Thus, the irrigation water quality of the BRB was safe however, it was suspected that the water quality is deteriorating especially in the tributaries. This could have serious implications for crop productivity in the BRB.

In order to confirm the irrigation water quality results, the Wilcox diagram was applied. It includes four major groups of irrigational water quality namely (i) C1S1, (ii) C1S2, C2S2, C2S1, (iii)C1S3, C2S3, C3S1, C3S2, C3S3, and (iv) C4S4, C4S1, C1S4, C2S4, C3S4, C4S4, C4S3 as

#### Table 2

Ionic ratios of hydrochemical attributes depicting the pre-lockdown and postlockdown scenario in the Bagmati River Basin (BRB), Nepal.

Parameter	Pre-lo $(n = 2)$	ckdown (2 25)	2019)	Post-lo $(n = 2)$	ockdown ( 5)	(2020)	Grand mean
	Min	Max	Mean	Min	Max	Mean	
Ca <sup>2+</sup> /Na <sup>+</sup>	0.67	2.28	1.36	0.39	2.77	1.33	1.34
Mg <sup>2+</sup> /Na <sup>+</sup>	0.35	1.7	0.74	0.1	3.2	0.83	0.78
$HCO_3^-/Na^+$	0.54	6.22	4.15	1.4	16.06	5.47	4.81
$HCO_3^-/Ca^{2+}$	0.79	6.35	3.11	2.6	13.43	4.37	3.74
$HCO_3^-/$ (Na <sup>+</sup> +K <sup>+</sup> )	0.49	4.82	3.46	1.27	13.49	4.49	3.97
$(Ca^{2+}+Mg^{2+})/(Na^{+}+K^{+})$	1.13	2.84	1.75	0.53	3.53	1.76	1.76
$Ca^{2+}/SO_4^{2-}$	12.8	61.17	27.59	6.36	79.42	26.64	27.12
Na <sup>+</sup> /Cl <sup>-</sup>	0.66	6.5	1.54	0.47	3.89	1.28	1.41
$HCO_3^-/(HCO_3^-)$ $+SO_4^2^-)$	0.95	0.99	0.98	0.97	1.00	0.99	0.99
$(Ca^{2+} + Mg^{2+})/Tz^+$	0.5	0.74	0.59	0.34	0.78	0.60	0.60
$(Na^++K^+)/Tz^+$	0.26	0.44	0.35	0.22	0.64	0.38	0.36

All ratios derived from  $\mu$ eq, TZ<sup>+</sup>: the sum of total cations in  $\mu$ eq.Grand mean is estimated as the mean of the two sampling periods (Pre- and post-lockdown, COVID-19).

completely effective for agriculture; brackish-approximate perfect for agriculture; passion-useable for agriculture and very passion-harmful to agriculture, respectively (Alavi et al., 2016; Bishwakarma et al., 2019). Most of the sampling points of the main river and its tributaries fell under C3S1 and C2S1 sections (Fig. 9), indicating the approximate perfection of water for irrigational purposes in the BRB. Moreover, 14% of the total samples were projected in the C1S1 section and considered completely effective for agricultural usages (Fig. 9). Additionally, most of the samples during pre-lockdown were categorized in the C3S1 section i.e., passion category, specifying the useable for agricultural purposes, whereas during the post-lockdown, most of the samples fell under the C2S1 section, indicating approximate perfect water for agriculture purposes.

#### Table 3

Drinking Water Quality Index (DWQI) depicting the pre-lockdown and postlockdown scenario in the Bagmati River Basin (BRB), Nepal.

River sections	WQI	Category
Pre-lockdown-main river	47.56	Excellent
Post-lockdown-main river	32.48	Excellent
Pre-lockdown-tributary	63.43	Good
Post-lockdown-tributary	40.56	Excellent



**Fig. 8.** Mixing diagrams of Na-normalized molar ratios of (a)  $Ca^{2+}$  versus  $HCO_3^-$  and (b)  $Ca^{2+}$  versus  $Mg^{2+}$  (pre-lockdown and post-lockdown) in the main river and its tributaries of Bagmati River Basin (BRB), Nepal. The data for carbonates, silicates and evaporates end members are obtained from Gaillardet et al. (1999).

#### Table 4

Irrigation water o	Jualit	v index de	picting	g the	pre-lockdown and	post-lockdown	scenario in the	e Bagmati Rive	er Basin (BRB), Nepal.
()								( )	

	EC	No04	CAD	MU	VD	DI	CROSS
	EC	INd%0	SAN	IVITI	Κſ	PI	CROSS
BL-Main river	862.57 (E)	36.46 (G)	1.28 (E)	38.15 (S)	0.49(S)	80.32 (Class I)	1.53 (E)
AL-Main river	399.76 (E)	38.04 (E)	1.23 (E)	37.81 (S)	0.56(S)	107.18 (Class I)	1.49 (E)
BL-Tributary	1154.25 (G)	37.82 (G)	1.59 (E)	30.15 (S)	0.52(S)	80.83 (Class I)	1.87 (E)
AL-Tributary	497.38 (E)	40.49 (P)	1.65 (E)	34.82 (S)	0.67(S)	91.27 (Class I)	1.93 (E)

All values derived from (meq/L); E = Excellent, G = Good, P= Permissible, S= Safe, AL = Post-lockdown, BL= Pre-lockdown.



Fig. 9. Wilcox diagram for classifying irrigation water based on sodium adsorption ratio (SAR) in the main river and its tributaries of the Bagmati River Basin (BRB), Nepal.

#### 4. Conclusion

This study evaluated the imprints of lockdown to the Bagmati River Basin (BRB), Nepal with respect to the unprecedented global impacts of the COVID-19 pandemic. The results showed an impressive recovery of the water quality in the BRB during the lockdown phase as compared to the pre-lockdown status. The surface water of the basin was mildly alkaline with moderate EC and TDS indicating low mineralization. The pattern of cationic and anionic dominance in the BRB were:Ca<sup>2+</sup> > Na<sup>+</sup> > Mg<sup>2+</sup> > K<sup>+</sup> > NH<sub>4</sub><sup>+</sup> and HCO<sub>3</sub><sup>-</sup> > Cl<sup>-</sup> > SO<sub>4</sub><sup>2-</sup> > NO<sub>3</sub><sup>-</sup> > PO<sub>4</sub><sup>3-</sup>, respectively. The hydrochemical facies were found to be Ca–HCO<sub>3</sub> type; however, intense anthropic activities had distinct impacts on the characteristics of the river water. The chemical attributes such as EC, TDS, Ca<sup>2+</sup>, Na<sup>+</sup>, NH<sub>4</sub><sup>+</sup>, and Cl<sup>-</sup> were significantly decreased during post-lockdown

exhibiting the distinct temporal variation mainly due to limited anthropic interferences The multivariate statistical analysis also confirmed the improvement in the water quality of BRB during the lockdown.

Interestingly, the poor water quality changed into relatively better quality in both the main river and tributaries during the post-lockdown but the tributaries showed relatively more deteriorated water quality based on the water quality index. The level of DO was increased  $\sim$ 1.5 times during the post-lockdown, whereas the levels of BOD and COD were decreased by 1.5 and 1.9 times, respectively. The results highlighted the influence of municipal wastage and direct discharge of untreated effluents in the BRB. The results also signify the hydrochemical modifications by anthropic inputs in the BRB due to the lockdown. Similarly, the water quality of BRB was found currently safe in both prelockdown and post-lockdown from the irrigational point of view, however, deteriorating the quality, especially in the tributaries could bring serious implications for the crop and soil productivity. Meanwhile, the drinking water quality index showed that the water is still far away from being potable despite the improvement to some extent during the post-lockdown. Hence, the COVID-19 lockdown acted completely as a ventilator for the restoration of water quality in the BRB. Overall, the quick revival of highly polluted river systems is possible by limiting anthropic interferences. The study also suggested that it is worth controlling the rampant anthropic activities in the vicinity of the river to improve the water quality rather than investing a huge amount of economic resources for the restoration. The findings of the study could be useful to the researchers, policy-makers, and other concerned stakeholders for the sustainable management and restoration of polluted river systems across the globe. Thus, further in-depth research is suggested to ensure the safety and improvement of the water quality in BRB. The findings of the study call for immediate actions against the direct discharge of municipal wastes and untreated effluents into the river water for restoration.

### Credit authorship and contribution statement

Ramesh Raj Pant: Conceptualization, Methodology, and first draft preparation; Bhawana Sapkota, Gauri Jayaswal, and Lalit Pathak: Fieldwork, data collection, and laboratory analysis; Khadka Bahadur Pal, Lal B Thapa: Support in fieldwork and draft preparation; Faizan Ur Rehman and Kiran Bishwakarma: Statistical and GIS analysis; Madan Koirala, Kedar Rijal, and Rejina Maskey Byanju: Supervision, review, and editing.

#### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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# Appendix A. Supplementary data

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