

were young and had an overall low prevalence of comorbidities, the all-cause mortality was low, and the new PPM implantation rate was high. The high rate of new PPM implantation was a critical consideration in younger low-risk patients because long-term PPM dependence has adverse effects on quality of life.

Short-term prognosis analysis showed that TAVR in low-risk Chinese patients with severe symptomatic AS was safe, with 1.0% all-cause mortality and no disabling strokes at 30 days. Moreover, the rates of procedural complications in low-risk patients with BAVs were comparable to those in low-risk TAV patients. In the future, large sample randomized clinical trials are needed to verify this result in Chinese patients.

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## TO THE EDITOR

# Long-Term Survival and Adverse Events in Cardiac Sarcoidosis



The excellent paper by Kusano et al<sup>1</sup> recently published in *JACC: Asia* showed that, nationwide in Japan, cardiac sarcoidosis (CS) diagnosed clinically is less advanced and has better prognosis than CS diagnosed from endomyocardial biopsies. In the Discussion, the authors compare their mortality data with ours from the nationwide Finnish CS registry, ongoing since 2008.<sup>2,3</sup> However, the death rates cited from our reports are erroneously high, as they include nonfatal events<sup>2</sup> and cases diagnosed at autopsy.<sup>3</sup> For a more proper comparison, we present (Table 1) outcome data for patients included in our CS registry by the end of 2015 without cases diagnosed at autopsy or transplantation (n = 284, mean age 50 ± 10 years, 74% female).<sup>3,4</sup> Their presenting manifestations were nearly equal in type and frequency with the Japanese cohort; 95% were given corticosteroids and 73% received an implantable cardioverter-defibrillator. Compared with the data of Kusano et al, the outcomes shown in Table 1 suggest differences between the 2 nationwide cohorts that, interestingly, are directionally opposite for fatal and nonfatal events. The 5-year and 10-year all-cause mortalities were 5% and 15% in Finland vs 10% and 19% in Japan, while the corresponding rates of all adverse events were 32% and 47% in Finland vs 20% and 31% in Japan, respectively. The differences may relate to the disparities between the Finnish and Japanese CS cohorts in age (mean age 50 years vs 60 years), proportion of myocardial biopsy-based diagnoses (54% vs 18%), use of

**TABLE 1 Outcome of Patients With a Lifetime Diagnosis of CS in Finland**

Outcome	All Patients (n = 284)	Patients With Definite CS (n = 150) <sup>a</sup>	Patients With Probable CS (n = 134) <sup>b</sup>	P Value
Survival <sup>c</sup>				0.114
5-y, %	95 (93-98)	94 (89-98)	97 (94-100)	
10-y, %	85 (79-91)	83 (75-91)	88 (78-97)	
Survival free of transplantation				0.006
5-y, %	94 (91-97)	91 (86-96)	97 (94-100)	
10-y, %	80 (73-86)	74 (65-84)	86 (76-96)	
Survival free of transplantation and appropriate ICD therapy				<0.0001
5-y, %	68 (62-74)	56 (48-65)	81 (74-88)	
10-y, %	53 (45-61)	41 (31-51)	66 (55-78)	

Values are estimates of survival (95% confidence interval) from Kaplan-Meier analysis. P values refer to log-rank comparison between the diagnostic subgroups of CS. <sup>a</sup>Myocardial histology of sarcoidosis. <sup>b</sup>Extracardiac sarcoidosis histology (mandatory) with clinical manifestations and cardiac imaging compatible with CS. <sup>c</sup>Mortality included 16 cardiac deaths (10 sudden, 6 due to heart failure), 8 noncardiac deaths, and 6 post-transplantation deaths during mean follow-up of 6.6 (interquartile range: 4.3-10.2) years. Cardiac survival (entire cohort) was 97% (interquartile range: 94%-98%) at 5 years and 93% (interquartile range: 87%-96%) at 10 years of follow-up. CS = cardiac sarcoidosis; ICD = implantable cardioverter-defibrillator.

corticosteroids (95% vs 84%), and in particular, rates of implantable cardioverter-defibrillator implantations (73% vs 33%). As **Table 1** shows, diagnosis of CS by myocardial histology implied poorer event-free survival also in Finland.

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**REPLY: Long-Term Survival and Adverse Events in Cardiac Sarcoidosis**



We thank Dr Kupari and colleagues for their interest in our report, which described the prophylactic implantation of an implantable cardioverter-defibrillator (ICD) in a patient with immunosuppressive therapy for clinical cardiac sarcoidosis (CS). This therapy is important in CS patients with a reduced left ventricular function, and the diagnosis of clinical CS according to the Japanese Circulation Society 2016 guideline could be applied to clinical practice.

Dr Kupari and colleagues presented the outcome data for CS patients included in the nationwide Finland CS registry without any cases diagnosed at autopsy or with heart transplantations,<sup>1</sup> and commented on the differences between the Finnish and Japanese nationwide cohorts. They revealed that the all-cause death-free survival in Finland was better than that in Japan, and they described that the differences in the patient characteristics, such as the age, proportion of myocardial biopsy-based diagnoses, frequency of corticosteroid use, and rates of ICD implantations, were associated with the results. We almost agree with their comments, especially of the importance of prophylactic ICD implantations. However, we would like to add our opinion on the following topic.

The number of heart transplantations in our study was only 3 during a median follow-up period