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# **Bidirectional regulation of structural damage on autophagy in the** *C. elegans*  **epidermis**

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#### **ABSTRACT**

A variety of disturbances such as starvation, organelle damage, heat stress, hypoxia and pathogen infection can influence the autophagic process. However, how the macroautophagy/autophagy machinery is regulated intrinsically by structural damage of the cell remains largely unknown. In this work, we utilized the *C. elegans* epidermis as the model to address this question. Our results showed that structural damage by mechanical wounding exerted proximal inhibitory effect and distant promotional effect on autophagy within the same epidermal cell. By disrupting individual mechanical supporting structures, we found that only damage of the basal extracellular matrix or the underlying muscle cells activated a distinct autophagic response in the epidermis. On the contrary, structural disruption of the epidermal cells at the apical side inhibited autophagy activation caused by different stress factors. Mechanistic studies showed that the basal promotional effect of structural damage on epidermal autophagy was mediated by a mechanotransduction pathway going through the basal hemidesmosome receptor and LET-363/MTOR, while the apical inhibitory effect was mostly carried out by activation of calcium signaling. Elevated autophagy in the epidermis played a detrimental rather than a beneficial role on cell survival against structural damage. The results obtained from these studies will not only help us better understand the pathogenesis of structural damage- and autophagy-related diseases, but also provide insight into more generic rules of autophagy regulation by the structural and mechanical properties of cells across species.

**Abbreviations** : ATG: autophagy related; BLI-1: BLIstered cuticle 1; CeHDs: *C. elegans* hemidesmosomes; COL-19: COLlagen 19; DPY-7: DumPY 7; ECM: extracellular matrix; EPG-5: ectopic PGL granules 5; GFP: green fluorescent protein; GIT-1: GIT1 (mammalian G protein-coupled receptor kinase InTeractor 1) homolog; GTL-2: Gon-Two Like 2 (TRP subfamily); HIS-58, HIStone 58; IFB-1: Intermediate Filament, B 1; LET: LEThal; LGG-1: LC3, GABARAP and GATE-16 family 1; MTOR: mechanistic target of rapamycin; MTORC1: MTOR complex 1; MUP-4: MUscle Positioning 4; NLP-29: Neuropeptide-Like Protein 29; PAT: Paralyzed Arrest at Two-fold; PIX-1: PIX (PAK (p21-activated kinase) Interacting eXchange factor) homolog 1; RFP: red fluorescent protein; RNAi: RNA interference; SQST-1: SeQueSTosome related 1; UNC: UNCoordinated; UV: ultraviolet; VAB-10: variable ABnormal morphology 10; WT: wild type.

# **Introduction**

The epithelial tissues form the physical barriers of most of our organs and constantly face the challenges of physical injury and structural damage. However, whether and how the structural damage of the epithelial cells affects macroautophagy/autophagy cell-autonomously is still not fully understood. Evidence suggests that multiple types of mechanical supporting structures within the epithelial cells are involved in regulating the autophagy process. First of all, autophagy can be induced when the epithelial layer breaks away from the adhesive support of the extracellular matrix (ECM), a process termed as "detachment induced autophagy" [[1](#page-13-0)[–4](#page-13-1)]. Such phenomena are mostly caused by the destruction of cellular adhesion structures or changes of <span id="page-0-3"></span><span id="page-0-2"></span>extracellular matrix components [\[5](#page-13-2)]. Secondly, cytoskeletal fibers such as actin filaments and microtubules not only directly participate in the formation and transportation of autophagic vesicles, but also regulate their functions by interacting with BECN1/Beclin 1, BCL2L11/BIM and other key autophagic proteins [\[5](#page-13-2),[6\]](#page-13-3). Although intermediate filaments are not directly involved in autophagosome formation, some studies have found that it can inhibit autophagy by physical association with BECN1 [[7\]](#page-13-4). Thirdly, the change of mechanical tension can directly affect the autophagic process. For instance, applying mechanical pressure upon in vitro cultured epithelial cells induces autophagosome formation [\[8](#page-13-5)]. Another example shows that the renal epithelial cell layer can sense the shear stress generated by fluid flow and activate autophagy to regulate its own cell volume [\[9](#page-13-6)].

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Together, these findings indicate that structural integrity of the epithelial cells may have complex influences on the autophagic process. However, the above mentioned studies are rather fragmented and were mostly performed on in vitro cultured cells, which cannot faithfully reproduce the intact three-dimensional architecture of the epithelial cell layer in vivo. Therefore, comprehensive investigations of the autophagic response to structural damage in epithelial cells of live organisms are required to reveal the detailed regulatory mechanisms and in vivo physiological significance.

<span id="page-1-0"></span>*C. elegans* is an ideal model organism to study the biological issues regarding epithelial structural damage and autophagy. The *C. elegans* epidermis is mostly composed of a large syncytium named hyp7, whose structural components are organized into a highly organized, three-dimensionally supported architecture [\[10,](#page-13-7)[11\]](#page-13-8). The main anchoring structures, namely the *C. elegans* hemidesmosomes (CeHDs), connect the epidermis apically with the cuticle exoskeleton, and basally with the body-wall muscles through the basement membrane [\[12](#page-13-9)]. The experimental methods for applying different types of mechanical insults to the *C. elegans* epidermis have been well established and widely used in studies regarding wound healing, injury-induced immune response and cross-talks between epidermal damage and other biological processes [\[11](#page-13-8)[,13](#page-13-10)[,14\]](#page-13-11). However, the regulatory mechanisms of autophagy in response to epidermal structural damage and its physiological significance remain to be elucidated.

<span id="page-1-1"></span>In this study, we utilized the *C. elegans* epidermis as the model and systemically investigated the relationship between structural damage and the epithelial autophagic process. We found that mechanical wounding simultaneously caused autophagic elevation and repression in different regions of the hyp7 epidermal cell. Further investigation identified that basal and apical structural damage exerted opposite effects on epidermal autophagic response. Our data also suggested that autophagy played a detrimental rather than a beneficial role under the stress of structural damage. Our findings reveal that autophagy is bidirectionally regulated by different structural components of the epithelial cells, and that the ultimate effect on the epithelial autophagic response depends on the specific types of subcellular structures that are damaged. In a broad sense, this work may help us better understand the mechanisms of various diseases involving epithelial structural damage, and the effects of epithelial structural integrity on autophagy-related biological processes.

# **Results**

# *Mechanical injury has both promotional and inhibitory effects on autophagy in the* **C. elegans** *epidermis*

<span id="page-1-2"></span>To investigate how autophagy is regulated in the *C. elegans*  epidermis after injury, we monitored the autophagic process using an epidermal-specific promoter-driven GFP-tagged LGG-1/Atg8 reporter, which visualizes autophagosomes as fluorescent puncta [[15](#page-13-12)]. Mechanical wounding of the epidermis was performed by micrometer-scale needle puncture. Intriguingly, a single mechanical wound in the anterior region of the giant hyp7 epidermal syncytium caused a remarkable increase of the GFP::LGG-1 puncta in the posterior part but not the anterior part of the epidermis [\(Figure 1A](#page-2-0), 1B and S1A). Single wounding in the posterior region of the epidermis resulted in a similar increase of the GFP::LGG-1 puncta in the anterior part (Figure S1A and S1B). Timelapse imaging showed that the distant up-regulated LGG-1 puncta away from the injury site appeared as quickly as 10 min after needle wounding (Figure S1C). However, when multiple wounds were introduced and dispersed along the hyp7 epidermal cell, no increase of LGG-1 puncta was observed in the entire epidermis [\(Figure 1A](#page-2-0) and 1B). GFP::LGG-1 driven by the endogenous *lgg-1* promoter displayed identical autophagic induction patterns as LGG-1 driven by the epidermalspecific *dpy-7* promoter after needle wounding, suggesting that transcriptional regulation of *lgg-1* was not involved (Figure S1A and S1B). These observations could be explained by the hypothesis that mechanical injury inhibits the formation of autophagosomes in the vicinity of the wounded area but promotes autophagosome formation in the subcellular regions distant from the injury site. Thus, the induction of autophagosomes by one wound could be blocked by another wound under multiple wounding conditions. To confirm the proximal inhibitory effect of mechanical injury on autophagosome formation, we induced autophagy by using heat shock treatment, and then applied multiple wounds to the epidermis. Consistent with our hypothesis, multiple wounds abolished the formation of LGG-1 puncta induced by heat shock [\(Figure 1C](#page-2-0) and 1D) [\[16](#page-13-13)]. Taken together, we propose that mechanical injury has proximal inhibitory effect and distant promotional effect on autophagy within the same epidermal cell.

# *Structural damage at the basal side of the epidermis increases the autophagic response*

To dissect the differential effect of epidermal structural damage on autophagy, we disrupted individual epidermal supporting structures by RNA interference (RNAi) or drug treatment and analyzed their effects on autophagic response using the GFP::LGG-1 reporter driven by the epidermalspecific promoter *Pdpy-7*. The epidermal supporting structures include struts of the apical exoskeleton (*bli-1* RNAi), apical CeHDs (*mup-4* RNAi), the plakin cytolinker (*vab-10a*  RNAi), intermediate filaments (*ifb-1* RNAi), basal CeHDs (*let-805* RNAi), actin filaments (cytochalasin D), microtubules (nocodazole), basal ECM (*unc-52* RNAi) and the adjacent muscle quadrants (*unc-112* RNAi) [\[17](#page-13-14)[–25\]](#page-13-15). Our results showed that, surprisingly, most types of structural damage did not induce LGG-1 puncta formation. Only damage of the basal extracellular matrix, namely the basement membrane, or the underlying muscle cells dramatically increased LGG-1 puncta in the epidermis ([Figure 2A](#page-3-0) and 2B). Similar results were obtained using the GFP::LGG-1 reporter driven by the *lgg-1* promoter (Figure S2).The increase in the amount of autophagosomes caused by basal structural damage was further confirmed by analyzing the level of the lipidated LGG-1 (LGG-1-II) [\(Figure 2C\)](#page-3-0). On the contrary, inactivation of the apical CeHD receptor MUP-4 reduced the level of



<span id="page-2-0"></span>**Figure 1.** Mechanical injury has both promotional and inhibitory effects on autophagy in the *C. elegans* epidermis. (A) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by the epidermal-specific *Pdpy-7* promoter in the adults with an intact epidermis (control), a single wound or multiple wounds created by needle puncture. (B) Quantification of the number of GFP::LGG-1 puncta per unit area in the anterior or posterior part of the epidermis in wounded animals compared with control, corresponding to results in (A). n ≥ 6 per condition. (C) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by the epidermal-specific *Pdpy-7* promoter in adult animals subjected to heat shock treatment with or without multiple needle wounding. (D) Quantification of the number of GFP::LGG-1 puncta per unit area in the anterior or posterior part of the epidermis with indicated treatments, corresponding to results in (C). n ≥ 8 per condition. Arrows point to sites of wounding. Scale bars: 40 μm. Error bars represent mean ± SEM. ns, not significant; \*, P < 0.05; \*\*\*, P < 0.001; \*\*\*\*, P < 0.0001 (two-tailed, unpaired t-test).

LGG-1-II, indicating that apical CeHD disruption might inhibit autophagic activity [\(Figure 2C\)](#page-3-0). The elevated number of autophagosomes could result from either an enhanced autophagosome formation process or a suppressed

autophagosome turnover process. To distinguish between these two possibilities, we used an *epg-5* loss-of-function mutant to assess the autophagy flux. In *epg-5(tm3425)* mutant, the formation of degradative autolysosomes is blocked,



<span id="page-3-0"></span>**Figure 2.** Structural damage at the basal side of the epidermis increases the autophagic response. (A) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by the epidermal-specific *Pdpy-7* promoter in the young adults with intact (control) or damaged struts (*bli-1*), apical CeHDs (*mup-4*), the plakin cytolinker (*vab-10a*), cytoskeletons (*ifb-1*, cytochalasin D and nocodazole), basal CeHDs (*let-805*), basal ECM (*unc-52*) or adjacent muscle quadrants (*unc-112*). Scale bar: 10 μm. (B) Quantification of results in (A) showing the number of GFP::LGG-1 puncta per unit area in the epidermis of worms after disruption of various epidermal supporting structures compared with control. n ≥ 8 per condition. (C) Western blot analysis of the protein levels of LGG-1-I (unlipidated form) and LGG-1-II (lipidated form) in wild-type animals treated with the empty vector L4440 (control), *mup-4* RNAi, or *unc-52* RNAi. Tubulin serves as the loading control. (D) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by its own promoter in the epidermis of wild-type (WT) or *epg-5(tm3425)*  young adults treated with L4440 (control) or *unc-52* RNAi. Scale bar: 10 μm. (E) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis of animals with the indicated genotypes, corresponding to results in (D).  $n \ge 10$  per condition. (F) Western blot analysis of the protein levels of SQST-1::GFP driven by the epidermal-specific promoter *Pcol-19* in the adults treated with L4440 (control), *unc-52* RNAi or *let-363* RNAi (positive control). Co-injected *Pmyo-2::GFP* serves as the internal control. (G) Representative confocal images showing the protein levels of SQST-1::GFP in L4440 (control), *unc-52* RNAi or *let-363* RNAi-treated animals. Scale bar: 40 µm. Error bars represent mean  $\pm$  SEM. \*\*\*, P < 0.001; \*\*\*\*, P < 0.0001 (two-tailed, unpaired t-test).

<span id="page-4-0"></span>resulting in an accumulation of LGG-1 puncta ([Figure 2D](#page-3-0) and 2E) [\[26](#page-13-16)]. An increase in autophagosome formation, but not a block of autophagosome turnover, aggravates the accumulation of LGG-1 puncta in *epg-5* mutants [[27](#page-13-17)[,28\]](#page-13-18). As shown in [Figure 2D](#page-3-0) and 2E, basal structural damage caused by *unc-52*  inactivation enhanced the number of epidermal GFP::LGG-1 puncta in *epg-5* mutants [\(Figure 2D](#page-3-0) and 2E). This observation suggests that epidermal autophagosome formation is indeed increased upon basal structural damage. Consistent with this notion, fluorescence reporter and western blot analysis revealed that the amount of the autophagic substrate SQST-1/SQSTM1 under the control of the epidermal-specific promoter *Pcol-19* was also decreased by *unc-52* inactivation [\(Figure 2F and 2](#page-3-0) G). Taken together, these results indicate that disruption of the basal epidermal supporting structures alone promotes autophagosome formation in the epidermis.

# *Structural disruption at the apical side of the epidermis inhibits autophagy activation*

<span id="page-4-1"></span>Because analysis of LGG-1 lipidation suggested that disruption of the apical CeHD receptor MUP-4 might inhibit baseline autophagy activity ([Figure 2C\)](#page-3-0), we next wanted to investigate the negative impact of CeHDs on autophagy in more detail. Firstly, we employed two autophagy-inducing conditions in the *C. elegans* epidermis, namely heat shock and paraquat treatment [\[16](#page-13-13)[,29\]](#page-13-19). Next, we utilized RNAi to inactivate the major components of CeHDs, including the apical receptor MUP-4, the basal receptor LET-805 and the intermediate filament protein IFB-1. The results showed that only loss of MUP-4 caused a substantial decrease of LGG-1 puncta induced by different causes [\(Figure 3A-3C\)](#page-5-0), suggesting that autophagy induction was impaired specifically by disruption of certain apical epidermal supporting structures. It was recently reported that lysosomes could be activated by CeHD disruption [[30](#page-13-20)], raising another possibility that reduced autophagosomes could be due to accelerated autolysosome turnover caused by lysosome activation. However, we found that *mup-4* RNAi treatment still reduced the number of LGG-1 puncta when the autolysosome turnover was blocked by *epg-5*  inactivation ([Figure 3D](#page-5-0) and 3E), therefore ruling out the influence of lysosome activation  $[26-28]$  $[26-28]$  $[26-28]$ . Analysis of the autophagy degradation substrate SQST-1 also confirmed that apical CeHD damage indeed decreased the autophagic activity in the epidermis ([Figure 3F](#page-5-0)-3 H). These observations altogether suggest that disruption of apical epidermal attachment structures has an inhibitory effect on the autophagic process.

# *Basement structural damage promotes epidermal autophagy through a mechanotransduction pathway mediated by the basal CeHD receptor and LET-363/MTOR*

Based on the finding that both the disruption of basement membrane and the damage of adjacent muscle structure induced autophagy in the epidermis [\(Figure 2A](#page-3-0), 2B and S2), we speculated that elevated autophagy could be due to loss of muscle tension to the epidermal cells. Consistent with this hypothesis, epidermal autophagy was also induced by disruption of other muscle structural components or the molecule

directly controlling muscle contraction [\(Figure 4A](#page-7-0), S3A and S3B)  $[31-34]$  $[31-34]$  $[31-34]$ . Furthermore, inhibiting the contraction of bodywall muscles by using gamma-aminobutyric acid type A (GABAA) receptor agonist muscimol greatly increased the number of GFP::LGG-1 puncta in the epidermal cells ([Figure 4B](#page-7-0)  and 4C). It supports the notion that loss of muscle tension alone is sufficient to stimulate an autophagic response in the epidermis. The fact that *unc-52* RNAi and muscimol treatment elicited autophagy specifically in the epidermis but not other tissues ruled out the possibility that autophagy induced by basal structural damage and tension loss was due to secondary effects such as starvation, GABAergic signaling alteration or systemic stress (Figure S3C). Moreover, muscimol treatment did not further augment autophagy in *unc-52* inactivated worms, which indicates that basal structural damage induces epidermal autophagy via the same pathway as tension loss ([Figure 4B](#page-7-0) and 4C). Together, these results suggest that increased epidermal autophagic activity upon basal structural damage is caused by loss of mechanical tension.

<span id="page-4-2"></span>Because LET-805 is the basal CeHD receptor that connects the muscle cells with the epidermis, we asked whether muscle tension goes through LET-805 to regulate the autophagic process [\[19\]](#page-13-23). Consistent with our hypothesis, inactivation of *let-805*  expression significantly inhibited epidermal autophagosome formation induced by tension loss [\(Figure 4D and 4E](#page-7-0)). Interestingly, loss of *let-805* did not inhibit autophagic induction caused by other factors such as heat shock or paraquat treatment [\(Figure 3A-3C\)](#page-5-0). It suggests that LET-805 specifically functions as the direct link between mechanical signals and the epidermal autophagic process. MTOR (mechanistic target of rapamycin kinase) is a critical regulator not only of autophagy induction but also of mechanotransduction [[9](#page-13-6),[35](#page-13-24)[,36\]](#page-13-25), prompting us to investigate the involvement of MTOR in autophagy activation by tension loss following basal structural damage. As shown in [Figure 4F and 4](#page-7-0) G, muscimol treatment did not induce more autophagosome formation in the *let-363* (the *C. elegans* ortholog of MTOR)-inactivated epidermis, suggesting that tension loss and MTOR inhibition promotes autophagy through the same pathway. In support of this hypothesis, *unc-52* inactivation down-regulated the phosphorylation level of LET-363/MTOR on serine 2448 ([Figure 4H\)](#page-7-0), which is an established read-out of MTOR activation [[37](#page-13-26)]. Taken together, we propose that the epidermis with basal structural damage could convert loss of mechanical signal to the autophagy response through the LET-805-MTOR signaling axis.

# <span id="page-4-3"></span>*Apical epidermal structural disruption inhibits the autophagy process via activation of calcium influx*

We next explored the mechanism by which structural damage inhibits autophagy in the epidermal cells. It was previously reported that mechanical wounding of the *C. elegans* epidermis triggers an increase of  $Ca^{2+}$  signal around the injury site [\[13](#page-13-10)]. We noticed that the distribution area of  $Ca^{2+}$  was complementary to that of the LGG-1 puncta after needle wounding. That is to say, wherever the autophagic activity is low, the  $Ca<sup>2+</sup>$  level is high [\(Figure 5A](#page-9-0) and S4). Similar as needle wounding, disruption of the apical CeHD receptor MUP-4 also elevated cytosolic  $Ca^{2+}$  level ([Figure 5B](#page-9-0) and 5C).



<span id="page-5-0"></span>**Figure 3.** Apical epidermal structural damage inhibits autophagy activation. (A) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by the epidermal-specific *Pdpy-7* promoter in sham-treated adults fed with bacteria carrying the empty vector L4440 (control), heat shock (HS) or paraquattreated adults fed with L4440, *mup-4* RNAi, *let-805* RNAi or *ifb-1* RNAi clones. Scale bar: 10 μm. (B) Quantification of results in (A) showing the number of GFP::LGG-1 puncta per unit area in the epidermis of worms treated with heat shock after damage of CeHD components compared with control. n ≥ 7 per condition. HS, heat shock. (C) Quantification of results in (A) showing the number of GFP::LGG-1 puncta per unit area in the epidermis of worms treated with paraquat after damage of CeHD components compared with control. n ≥ 11 per condition. (D) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by its own promoter in the epidermis of wild-type (WT) or *epg-5(tm3425)* young adults treated with L4440 (control) or *mup-4* RNAi. Scale bar: 10 μm. (E) Quantification of the number of GFP::LGG-1 puncta in the epidermis of animals with the indicated genotypes, corresponding to results in (D). n ≥ 7 per condition. (F) Representative confocal images showing the protein levels of SQST-1::GFP driven by the epidermal-specific promoter *Pcol-19* in sham-treated adults fed with L4440 (control) or *mup-4* RNAi, heat shock (HS) or paraquat-treated animals fed with L4440 or *mup-4* RNAi clones. Scale bar: 40 μm. (G and H) Quantification of the relative *Pcol-19*::SQST-1:: GFP abundance with the indicated treatments, corresponding to results in (F).  $n \geq 26$  per condition. Error bars represent mean  $\pm$  SEM. ns, not significant; \*\*, P < 0.01; \*\*\*, P < 0.001; \*\*\*\*, P < 0.0001 (two-tailed, unpaired t-test).

Therefore, it appears that autophagy inhibition by epidermal structural damage always accompanies  $Ca^{2+}$  activation. We hence hypothesized that the surge of  $Ca^{2+}$  influx following epidermal structural damage could be the cause of autophagy inhibition. It was previously reported that TRPM2 (transient receptor potential cation channel subfamily M member 2) dependent  $Ca^{2+}$  influx has inhibitory effect on the induction of early autophagy in certain circumstances [\[38\]](#page-13-27). To test

whether it is the same case in autophagy inhibition by structural damage, we examined the influence of *C. elegans* TRPMfamily channel GTL-2 on autophagy in the epidermal cells [\[13](#page-13-10)]. In agreement with our hypothesis, *gtl-2* inactivation resulted in elevated autophagic process, as shown by the rise of LGG-1 puncta numbers in the epidermis [\(Figure 5D](#page-9-0) and 5E). Moreover, the autophagic activation in *gtl-2* mutants can by suppressed by external  $Ca^{2+}$  but not needle wounding [\(Figure 5D-5G](#page-9-0)). Loss of function in *gtl-2* also abolished the suppressive effect of *mup-4* inactivation on autophagy [\(Figure 5H](#page-9-0) and 5I). Taken together, these results suggest that structural damage indeed inhibits autophagy in a  $Ca^{2+}$ dependent manner.

# *Elevated autophagy plays a detrimental role during epidermal structural damage response*

<span id="page-6-2"></span><span id="page-6-1"></span>To investigate the physiological significance of autophagy during structural damage, we first analyzed the effect of autophagy on epidermal wound repair using GFP::Moe (Moesin; the C-terminal end of the sole *Drosophila* ERM protein) as the marker for actin-mediated wound closure process [[13](#page-13-10)]. The results showed that neither autophagy inhibition by *atg-3* or *atg-18* inactivation nor autophagy enhancement by *let-363*  RNAi significantly affected the formation of actin rings around the wounded site ([Figure 6A,](#page-10-0) 6B, S5A and S5B) [[39](#page-13-28)[,40\]](#page-13-29). The diameters of the wounded sites were likewise unchanged, suggesting that the process of wound closure was unaffected by elevated or reduced autophagic activity ([Figure 6C](#page-10-0) and S5C). However, autophagy appeared to influence the survival of the organisms under the stress of structural damage. Suppressing the autophagic process by loss-of-function mutation of *atg-3* or *atg-18* significantly rescued the survival rate of *unc-52* inactivated animals with defective basement membrane [\(Figure 6D](#page-10-0) and S5D). Conversely, elevating autophagy by *gtl-2* mutation increased the death rate of *mup-4*-inactivated worms ([Figure 6E](#page-10-0)). These data suggest that excessive autophagic activity could reduce the tolerance of the animals to epidermal structural damage. Considering the fact that autophagy could trigger apoptosis under certain circumstances [[41](#page-13-30),[42](#page-13-31)], we examined whether apoptosis is involved in the detrimental effect of autophagy on structural damage control. Hoechst staining showed that the epidermis of *unc-52* RNAi-treated animals displayed brighter fluorescence signal and smaller nuclei, reflecting chromatin condensation characteristic of apoptosis [\(Figure 6F](#page-10-0)-6 H). Suppressing the autophagic process by *atg-3* or *atg-18* mutation ameliorated the apoptotic features of epidermal nuclei induced by *unc-52* RNAi [\(Figure 6F-](#page-10-0)6 H, S5E-S5G). The data obtained from the mCherry fusion of the chromatin-associating protein HIS-58 were consistent with the Hoechst staining results (Figure S5H-S5J) [[43](#page-13-32)]. These observations suggest that autophagy could exert detrimental effects on the organism with damaged epidermal structure through aggravating apoptotic cell death. Given that the innate immune response is induced upon structural damage and is important for epidermal survival, we wondered whether damage-induced autophagy affects the innate immune response [[11,](#page-13-8)[14](#page-13-11)]. qPCR analysis showed that the autophagy inhibition indeed increased the expression of the antimicrobial peptide *nlp-29* upon

disruption of the basement membrane (Figure S5K). This data suggests that autophagy could play a suppressive role in damage-induced innate immune response, which could be a contributing factor for the detrimental effect of autophagy on structural damage.

## **Discussion**

In conclusion, we propose the following model for the regulation of epidermal autophagy by structural damage: the destruction of epidermal supporting structures can induce and inhibit autophagy simultaneously. Autophagy induction is mediated through the weakening of mechanical tension caused by basal structural damage, while autophagy inhibition is mainly achieved through up-regulation of calcium signaling pathway triggered by apical structural damage. Furthermore, elevated autophagy level appears to be not beneficial but detrimental for the *C. elegans* epidermis to cope with structural damage (Figure S6). We believe that the injured epidermal cells may release autophagy-inhibiting signals in order to counteract the damage caused by the up-regulation of autophagy. Our findings also indicate that the ultimate effect of mechanical injury on autophagy in a single epithelial cell is likely dependent on the type, location and the damage extent of the supporting structures. These discoveries may help us better understand the damage response of the autophagy machinery, and provide insights into the pathogenesis of various diseases related to autophagy or epithelial cell structural damage.

<span id="page-6-0"></span>Although it is uncertain whether the bidirectional regulation of autophagy by mechanical injury also occurs in mammalian epithelial cells, several published works suggest that this phenomenon is likely to be evolutionarily conserved. For example, a scratch-wound healing assay using HeLa cells showed that autophagy is inhibited in the cells close to the wound edge but increased in the cells located at the rear [[44](#page-13-33)]. This observation suggests that autophagy is regulated both positively and negatively in the mammalian epithelial cells after mechanical injury. However, whether autophagy is promoted and inhibited in the same damaged cell remains to be further confirmed. In addition, the regulatory mechanisms of autophagy by components of supporting structures in the *C. elegans* epidermis may also exist in mammalian epithelial cells. For example, we found that destruction of the apical CeHDs inhibited autophagy induced by different factors, while damage of the basal CeHDs specifically inhibited autophagy induction caused by tension loss, indicating that *C. elegans* hemidesmosomes in general play a positive rather than negative role in autophagy regulation. Consistent with this finding, antibody-mediated blockade of the hemidesmosome receptor ITGB4/integrin β4 or ITGA6/integrin α6 does not induce autophagy in the human mammary epithelial cells, but inhibits the formation of autophagosomes induced by growth factor starvation in the prostate epithelial cells [[2](#page-13-34),[45](#page-14-0)]. Therefore, we speculate that the positive regulation of hemidesmosomes on autophagy might be evolutionarily conserved. Moreover, similar to the negative regulation of the *C. elegans*  ECM protein UNC-52 on epidermal autophagy, the deficiency of HSPG2/perlecan (the mammalian homolog of UNC-52)



<span id="page-7-0"></span>**Figure 4.** Basal structural damage promotes epidermal autophagy through a mechanotransduction pathway mediated by the basal CeHD receptor and LET-363/ MTOR. (A) Representative confocal images showing the distribution patterns of GFP::LGG-1 driven by the epidermal-specific *Pdpy-7* promoter in the young adults treated with the empty vector L4440 (control), *unc-97* RNAi, *pat-6* RNAi or *pat-2* RNAi. (B) Representative confocal images showing the distribution patterns of *Pdpy-7*::GFP::LGG-1 puncta in the young adults treated with L4440 or *unc-52* RNAi in the presence or absence of muscimol. (C) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis with the indicated treatments, corresponding to results in  $(B)$ .  $n = 6$  per condition. (D) Representative confocal images showing the distribution patterns of *Pdpy-7*::GFP::LGG-1 puncta in the young adults treated with L4440 or *let-805* RNAi in the presence or absence of muscimol. (E) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis with the indicated treatments, corresponding to results in (D). n = 7 per condition. (F) Representative confocal images showing the distribution patterns of *Pdpy-7*::GFP::LGG-1 puncta in the young adults treated with L4440 or *let-363* RNAi in the presence or absence of muscimol. (G) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis with the indicated treatments, corresponding to results in (F). n ≥ 10 per condition. (H) Western blot analysis showing the total protein level and the phosphorylation level of LET-363/MTOR on serine 2448 in wild-type (WT) and *unc-52(e1421)* young adults. Tubulin was used as the loading control. Scale bars: 10 µm. Error bars represent mean ± SEM. ns, not significant; \*\*\*, P < 0.001 (two-tailed, unpaired t-test).

<span id="page-7-1"></span>also enhances autophagy in the muscle cells [[46\]](#page-14-1), although the effect of HSPG2 on autophagy in mammalian epidermal cells has not been reported. Interestingly, a recent study using *C. elegans* neuronal cells as the model found that after axonal transection by laser, autophagic vesicles are detected in the cell bodies distant from the injury site but not in the axons

<span id="page-8-0"></span>close to the wounded area [[47](#page-14-2)]. This observation is similar to the spatially-restricted distribution of autophagosomes distant from the wounding site in the *C. elegans* epidermis after puncture injury, suggesting that the proximal inhibitory effect and distal promotional effect of physical injury on autophagy may also exist in nerve cells. It is worth noting that different types of mechanical injuries to mammalian nerve tissues often lead to different effects on the autophagy flux in nerve cells. For example, traumatic injury by weight-drop upon the mouse brain increases autophagy flux in the injured cortical neurons [[48](#page-14-3)]. Crush injury of rat optic nerve axons by a surgical suture also induces autophagy in the optic nerve cells [[49\]](#page-14-4). On the contrary, the autophagy flux is inhibited in the cortical neurons, activated microglia and oligodendrocytes of the mouse cortex injured by a pneumatic impactor with tip [\[50](#page-14-5)]. Contusion injury of the rat spinal cord caused by weightdrop also inhibits the autophagy flux of motor neurons, activated microglia and oligodendrocytes in the injury site [\[51](#page-14-6)]. The fact that different damage methods have different effects on the autophagic process in nerve cells implies that the bidirectional regulatory mechanisms by different structural components might also exist in nerve cells.

<span id="page-8-1"></span>Our results suggest that hemidesmosomes inhibit the activity of MTOR and induce autophagy after receiving the signal of tension change caused by destruction of the basal epidermal supporting structures. In accordance with this finding, deficiency of the hemidesmosome receptor ITGB4 in human keratinocytes activates MTOR through a PTK2/FAK (protein tyrosine kinase 2)-class I phosphoinositide 3-kinase (PI3K)- AKT/protein kinase B (AKT serine/threonine kinase) signaling pathway [\[52](#page-14-7)], suggesting that the negative regulation of MTOR signaling by hemidesmosomes may be evolutionarily conserved. However, it is necessary to further verify whether hemidesmosomes also inhibit MTOR activity through the PTK2-PI3K-AKT signal pathway in the case of epidermal structural damage. In addition, a recent report found that MTOR complex 1 (MTORC1) can localize to the focal adhesions and its activity is regulated by the focal adhesions [[53](#page-14-8)]. Whether there is a similar spatial association between MTORC1 and hemidesmosomes, and whether this direct interaction can regulate the activity of MTORC1 in the case of structural damage is worthy of further investigation. This report also identified interaction of MTORC1 with GIT2 (G protein-coupled receptor kinase interactor 2) and ARHGEF7/ β-PIX (Rho guanine nucleotide exchange factor 7) using a proximity labeling and proteomics approach [[53](#page-14-8)]. Interestingly, the *C. elegans* homolog for GIT2 and ARHGEF7, GIT-1 and PIX-1, are localized in the hemidesmosomes and are involved in the mechanotransduction mediated by hemidesmosomes during embryonic development [[54](#page-14-9)]. These results indicate that GIT-1 and PIX-1 may also be involved in the regulation of autophagy mediated by hemidesmosomes and MTOR.

<span id="page-8-2"></span>In most cases, autophagy is induced to render epithelial cells more resistant to a variety of stressed conditions including ultraviolet (UV) radiation, heat/cold shock, oxidative stress and ECM detachment [[1](#page-13-0),[55](#page-14-10)[–65](#page-14-11)]. However, some reports also found that elevated autophagy level can play a cytotoxic role in epithelial cells under certain stressed <span id="page-8-5"></span><span id="page-8-4"></span><span id="page-8-3"></span>conditions. For example, inhibition of autophagy by 3-methyladenine and *ATG5* RNAi prevents the death of normal human epidermal keratinocytes (NHEK) induced by oxidative stress [\[66](#page-14-12)]. Induction of autophagy by rapamycin reduces the thermotolerance of human epidermal keratinocytes HaCaT [[67](#page-14-13)]. RIPK1 (receptor interacting serine/threonine kinase 1)-mediated mitophagy reduces the survival of the human non-small cell lung cancer cell line H460 during ECM detachment [\[68\]](#page-14-14). Inhibition of autophagy by bafilomycin A1 or *BECN1* RNAi reverses the anoikis of ovarian cancer cells induced by overexpression of sialidase NEU2 (neuraminidase 2) [\[69](#page-14-15)]. Inhibition of autophagy by 3-methyladenine also reduces the death rate of suspended lung cancer cells caused by loss of CDCP1 (CUB domain containing protein 1) [[70\]](#page-14-16). In this study, we found that autophagy also promoted the apoptosis of the *C. elegans* epidermis under the stress of epidermal structural damage. The reason for this phenomenon may be that high level of autophagy results in excessive degradation of damaged supporting structural components and other molecules involved in damage response and repair, which may further amplify the apoptotic signal. For example, it was reported that intermediate filaments with abnormal dynamics can be degraded by autophagy [[71,](#page-14-17)[72\]](#page-14-18), and that the depletion of certain intermediate filament components increases the sensitivity of epithelial cells to apoptosis induced by different factors [[73,](#page-14-19)[74\]](#page-14-20). Therefore, it is possible that structural damage of epithelial cells leads to the disruption of intermediate filaments, which are subjected to degradation by elevated autophagy. The deficiency of intermediate filaments might render the epidermal cells more susceptible to damage-induced cell death. In addition, our data suggest that autophagy might suppress the innate immune response induced by structural damage, which is consistent with previous reports showing that autophagydeficiency leads to up-regulation of pro-inflammatory cytokines in higher organisms [\[75](#page-14-21)[–78](#page-14-22)]. Therefore, compromised innate defense might also contribute to elevated cell death caused by excessive autophagy. The specific roles and regulatory mechanisms of autophagy on cell survival during different types of injury remain to be further studied.

#### <span id="page-8-6"></span>**Materials and methods**

#### *Worm strains and maintenance*

<span id="page-8-7"></span>*C. elegans* strains were maintained following standard procedures [\[79](#page-14-23)]. The worms were grown at 20°C and fed with OP50 *E. coli*  (Caenorhabditis Genetics Center; CGC) unless noted otherwise. Wildtype N2 strain and strains carrying *adIs2122[Plgg-1::GFP::lgg-1+ rol-6(su1006)], juIs319[Pcol-19::GcaMP3+ Pcol-19::tdTomato], juls352[Pcol-19::GFP::moe], atg-18(gk378), unc-52(e1421)* or *gtl-2- (n2618)* were obtained from CGC (DA2123, CZ13896, CZ14748, VC893, CB1421 and CZ9957), which is funded by the National Institutes of Health Office of Research Infrastructure Programs (P40OD010440). *epg-5(tm3425)* was generated by the International *C. elegans* Gene Knockout Consortium. *atg-3- (bp412);him-5(e1490)* was kindly provided by Dr. Hong Zhang (Chinese Academy of Sciences, China). *yqIs25 [Plgg-1::GFP::lgg-1]* 



<span id="page-9-0"></span>**Figure 5.** Epidermal structural damage inhibits the autophagy process via activation of calcium influx. (A) Representative confocal images showing the distribution patterns of epidermal GFP::LGG-1 puncta and GCaMP3 fluorescence in the adults with an intact epidermis (control) or a single wound caused by needle puncture. Arrows point to sites of wounding. Scale bar: 40 μm. (B) Representative confocal images showing the fluorescent levels of epidermal GCaMP3 in the animals treated with the empty vector L4440 (control) or *mup-4* RNAi. Scale bar: 40 μm. (C) Quantification of the relative GCaMP3 fluorescence in the epidermis with the indicated treatments, corresponding to results in (B). n = 12 per condition. (D) Representative confocal images showing the distribution patterns of *Plgg-1*::GFP::LGG-1 puncta in wild-type (WT) or *gtl-2(n2618)* young adults treated with or without needle wounding. Arrows point to sites of wounding. Scale bar: 10 μm. (E) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis with the indicated treatments, corresponding to results in (D).  $n \ge 10$  per condition. (F) Representative confocal images showing the distribution patterns of *Plgg-1*::GFP::LGG-1 puncta in wild-type (WT) or *gtl-2(n2618)* young adults soaked with CaCl2 or control solution for 1 h after needle wounding. Arrows point to sites of wounding. Scale bar: 10 μm. (G) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis with the indicated treatments, corresponding to results in  $(F)$ . n  $\geq 7$  per condition. (H) Representative confocal images showing the distribution patterns of *Plgg-1*::GFP::LGG-1 puncta in wild-type (WT) or *gtl-2(n2618)* young adults treated with or without *mup-4* RNAi. Scale bar: 10 μm. (I) Quantification of the number of GFP::LGG-1 puncta per unit area in the epidermis with the indicated treatments, corresponding to results in (H). n ≥ 16 per condition. Error bars represent mean  $\pm$  SEM. ns, not significant; \*\*, P < 0.01; \*\*\*, P < 0.001; \*\*\*\*, P < 0.0001 (two-tailed, unpaired t-test).

was a gift from Dr. Chonglin Yang (Yunnan University, China). Strains carrying *sdaIs12[Pdpy-7::GFP::lgg-1+ Pmyo-2::GFP], sdaIs16[Pcol-19::sqst-1::GFP+Pdpy-7::tdTomato], sdaEx316[Pdpy-* *7::RFP::lgg-1+ Pmyo-2::GFP] and sdaEx309[Peft-3::FRT:: mCherry::his-58::FRT::GFP::his-58+ Pmyo-2::mCherry]* were generated for this study.



<span id="page-10-0"></span>**Figure 6.** Elevated autophagy plays a detrimental role during epidermal structural damage. (A) Representative confocal images showing the formation of actin rings visualized by *Pcol-19*::GFP::Moe in wild-type (WT), *atg-18(gk378)* and *let-363* RNAi-treated adults after needle wounding. (B) Quantification of the relative intensities of the actin rings, corresponding to results in (A). n ≥ 9 per condition. (C) Quantification of the average diameter of the actin rings, corresponding to results in (A). n ≥ 7 per condition. (D) Survival rates of wild type (WT) and the *atg-3(bp412)* single mutant combined with or without *unc-52(e1421)* mutation (three biological replicates, n = 30 per condition). (E) Survival rates of wild type (WT) and the *gtl-2(n2618)* single mutant treated with or without *mup-4* RNAi (three biological replicates, n = 30 per condition). (F) Hoechst staining showing epidermal nuclei of wild type (WT) and the *atg-3(bp412)* single mutant combined with or without *unc-52* RNAi. Insets correspond to boxed areas in each image. (G) Quantification of the relative intensities of nuclear Hoechst staining in the epidermis of animals with the indicated genotypes, corresponding to results in (F). n ≥ 8 per condition. (H) Quantification of the relative sizes of the nuclei in the epidermis of animals with the indicated genotypes, corresponding to results in (F).  $n \ge 8$  per condition. Scale bars: 10 µm. Error bars represent mean  $\pm$  SEM. ns, not significant; \*, P < 0.05; \*\*\*\*, P < 0.0001 (two-tailed, unpaired t-test).

# *Molecular cloning and plasmid construction*

All DNA fragments were amplified by PrimeSTAR GXL Premix (TaKaRa, R051B). Fusion plasmids were constructed using the ClonExpress II One Step Cloning Kit (Vazyme Biotech, C112-02) or the ClonExpress MultiS One Step Cloning Kit (Vazyme Biotech, C113-02). The *Pdpy-7::GFP:: lgg-1* plasmid was created by inserting a 650-bp *dpy-7* promoter and the entire *lgg-1* coding sequence into the pPD95.75 (Addgene, 1494; Andrew Fire) vector whose stop codon after GFP was removed by Q5 Site-Directed Mutagenesis Kit (NEB, E0552S). The *Pdpy-7::RFP::lgg-1* plasmid was created by inserting a 650-bp *dpy-7* promoter, RFP and the entire *lgg-1*  coding sequence into the pPD95.75 backbone using KpnI and EcoRI. *The Pcol-19::sqst-1::GFP* plasmid was constructed by inserting a 910-bp *col-19* promoter and the entire *sqst-1* coding sequence in the pPD95.75 backbone. The *Peft-3::FRT:: mCherry::his-58::FRT::GFP::his-58* plasmid was created by replacing the *hsp-16.41* promoter of pBN154 (Addgene, 86718; Peter Askjaer) with a 600-bp *eft-3* promoter. All plasmids were confirmed by sequencing before microinjection.

#### *Strain construction and transgenesis*

<span id="page-11-0"></span>Transgenic strains were obtained by microinjection of fusion constructs (10 ng/μl) with *Pmyo-2::GFP* or *Pmyo-2::mCherry*  (20 ng/μl) as co-injection markers. Microinjection was carried out following established protocols [[80\]](#page-14-24). Extrachromosomal arrays of *Pdpy-7::GFP::lgg-1* and *Pcol-19::sqst-1::GFP* were integrated into the *C. elegans* genome by UV irradiation as previously described [\[81\]](#page-14-25). These integrated transgenic strains were outcrossed for at least 4 times prior to analysis.

#### <span id="page-11-1"></span>*Mechanical wounding of the epidermis*

<span id="page-11-2"></span>We performed needle wounding of the *C. elegans* epidermis as described previously [\[11,](#page-13-8)[82\]](#page-14-26). Briefly, a microinjection needle was used by hand to make one wound to the anterior or posterior body or three wounds to the anterior, middle and posterior body of adult animals immobilized on the precooled NGM plates (3 g/L NaCl [Sangon Biotech, A100241], 2.5 g/L peptone [Solarbio, P8450], 20 g/L agar [CaLbiochem, 12,177], 25 mM K<sub>2</sub>HPO<sub>4</sub>/KH<sub>2</sub>PO<sub>4</sub> [Sangon Biotech, A501728, A501211; pH 6.0], 1 mM CaCl<sub>2</sub> [Sangon Biotech, A501330], 1 mM MgSO4 [Sangon Biotech, A610329], 5 mg/L cholesterol [Sangon Biotech, A100433]). Wounded animals were transferred to new plates for recovery and collected 1 h later for fluorescent imaging of GFP::LGG-1 and RFP::LGG-1 or 2 h later for that of GFP::Moe.

### *Fluorescence imaging and analysis*

Animals were immobilized by 0.625 mM levamisole (Sangon Biotech, A506644) in M9 buffer (3 g/L KH<sub>2</sub>PO<sub>4</sub>, 6 g/L Na<sub>2</sub>  $HPO<sub>4</sub>$  [Sangon Biotech, A607793], 5 g/L NaCl, 1 mM MgSO<sub>4</sub>) on 2% agarose pad and were imaged using Zeiss LSM800 confocal microscope (Zeiss, Germany) equipped with a 20x (for multiple worms) or 63x (for single worms) objective. All image quantifications were performed using the ImageJ <span id="page-11-3"></span>software [\(https://imagej.nih.gov/ij/\)](https://imagej.nih.gov/ij/). The number of LGG-1 puncta per unit area  $(500 \mu m^2)$  was calculated as the total area occupied by LGG-1 puncta divided by the mean area of one *C. elegans* autophagosome (0.126 μm2 ) [\[83\]](#page-14-27). For each experiment, images from the cytoplasmic regions of the epidermis in at least 6 individual animals were used for quantification. To analyze SQST-1::GFP abundance in the epidermis, the average intensities of *Pcol-19*::SQST-1::GFP fluorescent signal in at least 26 individual animals were measured. For the quantification of calcium signaling in the epidermis, the average intensities of *Pcol-19*::GcamP3 fluorescent signal in 12 individual animals were measured. In order to quantify actin ring intensity, we measured the average intensities of the GFP::Moe fluorescence signal in the wounded area and an intact area of the epidermis of at least 9 animals. The difference of signal intensity between the two regions was calculated as the relative intensity of an actin ring. To quantify the diameter of an actin ring, the plot profile tool of ImageJ was used to extract the fluorescence intensity along the long axis of the actin ring, in which the two peaks represent the fluorescence intensities of actin at the wound edge. The distance between the two peaks was defined as the diameter of the actin ring. To visualize condensed, apoptotic nuclei, worms were stained with 2.5 mg/ml Hoechst 33342 (Sigma-Aldrich, 14533) for 2 h at 20°C in M9 buffer with bacteria and then washed three times with M9 buffer. To analyze nuclear chromatin condensation, images from at least 8 individuals were used and the average fluorescence intensities and the total area occupied by each nucleus labeled by Hoechst 33342 or mCherry::HIS-58 in the epidermis were measured.

#### *RNA interference*

Most RNAi clones used in this study were obtained from the MRC library, after verifying the sequence of the corresponding inserts. *vab-10a* RNAi clone was constructed by inserting a 544-bp fragment within exon17 of *vab-10* into the HindIII site of vector L4440 (Addgene, 1654; Andrew Fire) as described before [[11\]](#page-13-8). For *bli-1, unc-52, unc-112, unc-97, pat-2* and *let-363* RNAi, worms were fed with RNAi against the corresponding genes from the L1 stage until young adult stage for analysis. For *pat-6* and *unc-45* RNAi, worms were fed with RNAi from the L4 stage to get paralyzed young-adult F1 for analysis. For *mup-4, ifb-1, vab-10a* and *let-805* RNAi, worms were fed with RNAi against those genes from the L2/ L3 stage to prevent premature lethality.

#### *Drug and heat shock treatment*

For disruption of microtubule bundles, young adult worms were soaked in 60 μg/ml nocodazole (Sangon Biotech, A606391) dissolved in M9 for 2 h, and then recovered in M9 buffer for 2 h before collection. For disruption of actin cytoskeleton, young adult worms were soaked in 6 μg/ml cytochalasin D (Aladdin, c102396) dissolved in M9 for 2 h, and then recovered in M9 buffer for 2 h before collection. Control groups were soaked in M9 buffer for 4 h before analysis.

Paraquat treatment was carried out based on previously established method [[29](#page-13-19)]. Briefly, 400 μl 486 mM paraquat (Sigma-Aldrich, 36541) or  $H<sub>2</sub>O$  solvent was spread over each 6-cm NGM plate seeded with OP50 killed by UV irradiation (0.5 J/cm<sup>2</sup>, 15 min). The plates were allowed to dry in the dark for overnight at room temperature. Young adult worms were transferred onto control or paraquat plates for 8 h and were then collected for confocal imaging.

To remove muscle contraction, 50 μl 100 mM muscimol (Abcam, ab120094) or  $H<sub>2</sub>O$  solvent mixed with 50  $\mu$ l OP50 was added to each 6-cm NGM plate. The plates were allowed to dry in the dark for overnight at room temperature. Young adult worms were transferred onto control or muscimol plates for 1 h and were then collected for confocal imaging. For induction of autophagy by heat shock, young adult worms were placed at 37°C for 0.5 h on plates seeded with OP50 and were collected after 1 h recovery for confocal imaging of GFP:: LGG-1. Young adult worms were placed at 37°C for 2 h on plates seeded with OP50 and were then were collected after 8 h recovery for confocal imaging of SQST-1::GFP.

To perform external  $Ca^{2+}$  supplement, 2 μl 1 M CaCl<sub>2</sub> or H<sub>2</sub> O solvent was mixed with 1 ml S buffer (129 ml 0.05 M  $K_2$ ) HPO<sub>4</sub>, 871 ml 0.05 M KH<sub>2</sub>PO<sub>4</sub>, 5.85 g NaCl). Wounded worms were incubated in 100  $\mu$ l CaCl<sub>2</sub> or control solution for 1 h and then were immobilized by  $0.625$  mM levamisole in CaCl<sub>2</sub> or control solution on 2% agarose pad for confocal imaging.

#### *Western blot analysis*

For western blot analysis, about 500 young adults were collected and washed three times with M9 buffer. After two times snapfreezing in liquid nitrogen, the dry pellets were mixed with equal-volume 2X SDS-PAGE Sample Loading Buffer (Sangon Biotech, C508321) supplemented with cOmplete EDTA-free Protease Inhibitor Cocktail (ROCHE, 04693132001). The lysates were boiled for 10 min and centrifuged for SDS-PAGE analysis. Dilution factors for primary antibodies are: anti-GFP (Santa Cruz Biotechnology, sc-9996; 1:1000); anti-MTOR (Cell Signaling Technology, 2972; 1:1000); anti-phospho-MTOR (Ser2448) (Cell Signaling Technology, 2971; 1:1000); antitubulin (DSHB, AA4.3; 1:1000); anti-LGG-1, 1:1000. The LGG-1 polyclonal antibody was raised against the peptide expressed by the plasmid pET21b-*lgg-1*, which was obtained from Xiaochen Wang lab (Chinese Academy of Sciences, China). The secondary antibodies used in were HRP goat antirabbit antibody (Bioworld Technology, BS13278; 1:10,000) and HRP goat anti-mouse antibody (Bioworld Technology, BS12478; 1:10,000). Immobilon Western Chemiluminescent HRP Substrate (ECL) (Millipore, WBKLS0500) was used for detection. The ChemiDoc Touch imaging system (BIO-RAD, U.S.A.) was used for the documentation of the western results.

#### *Survival assay*

30 L4 larvae per genotype were cultured at standard conditions for 144 h to score the viability of wild type (WT), *atg-3(bp412)* and *atg-18(gk378)* single mutant combined with or without *unc-52(e1421)* mutation or for 24 h to score the viability of WT and the *gtl-2(n2618)* single mutant treated with or without *mup-4* RNAi. Failure to respond to touch was defined as death. The survival assay was replicated in three independent experiments.

#### *Quantitative RT-PCR (qPCR)*

For qPCR experiments, total RNA of young adults was extracted by RNA isolater Total RNA Extraction Reagent (Vazyme, R401- 01) and reverse transcribed by HiScript III All-in-one RT SuperMix (Vazyme, R333-01). Real-time PCR was performed with ChamQ SYBR Color qPCR Master Mix (Vazyme, Q421- 02) on Lightcycler 96 system (Roche, Switzerland). Each experiment was repeated four times using independently collected RNA samples, and each reaction was run in quadruplicate. The expression levels of target genes were normalized using the reference gene *act-1*. Primers used in qPCR reactions are: *act-1*-F, TCCTTACCGAGCGTGGTTAC; *act-1*-R, GTTTCCGACGGTGATGACTT; *nlp-29*-F, TCCTTCT CGCCTGCTTCA; *nlp-29*-R, CTTTCCCCATCCTCCATACA.

# **Statistical analysis**

Statistical analysis of all assays was performed using the Student's t test (unpaired for most experiments or paired for qPCR, two-tailed) on GraphPad Prism 7.0 software (https:[/www.graphpad.com:443/\)](http://www.graphpad.com:443/). Error bars, P value, and sample sizes are indicated in the figure legends. Significance was accepted as  $P < 0.05$ .

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#### **Disclosure statement**

No potential conflict of interest was reported by the author(s).

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