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## **A blood-based metabolite panel for distinguishing ovarian cancer from benign pelvic masses**

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## **Abstract**

**Purpose:** To assess the contributions of circulating metabolites for improving upon the performance of the Risk of Ovarian Malignancy Algorithm (ROMA) for risk prediction of ovarian cancer (OvCa) among women with ovarian cysts.

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**Conflict of Interest:** Dr. Bast receives royalties from Fujirebio Diagnostics Inc. for the discovery of CA125. An Invention Disclosure Report related to findings reported herein has been submitted to the University of Texas.

**Experimental Design:** Metabolomic profiling was performed on an initial set of sera from 101 serous and non-serous OvCa cases and 134 individuals with benign pelvic masses (BPM). Using a deep learning model, a panel consisting of seven cancer-related metabolites (diacetylspermine, diacetylspermidine, N-(3-acetamidopropyl)pyrrolidin-2-one, Nacetylneuraminate, N-acetyl-mannosamine, N-acetyl-lactosamine, and hydroxyisobutyric acid) was developed for distinguishing early-stage OvCa from BPM. The performance of the metabolite panel was evaluated in an independent set of sera from 118 OvCa cases and 56 subjects with BPM. The contributions of the panel for improving upon the performance of ROMA was further assessed.

**Results:** A 7-marker metabolite panel (7MetP) developed in the Training Set yielded an AUC of 0.86 (95% CI: 0.76–0.95) for early-stage OvCa in the independent Test Set. The 7MetP+ROMA model had an AUC of 0.93 (95% CI: 0.84–0.98) for early-stage OvCa in the Test Set, which was improved compared to ROMA alone (0.91 (95% CI: 0.84–0.98); likelihood ratio test p-value:.03). In the entire specimen set, the combined 7MetP+ROMA model yielded a higher positive predictive value (0.68 vs 0.52; 1-sided  $p<0.01$ ) with improved specificity (0.89 vs 0.78; 1-sided p<.001) for early-stage OvCa compared to ROMA alone.

**Conclusions:** A blood-based metabolite panel was developed that demonstrates independent predictive ability and complements ROMA for distinguishing early-stage OvCa from benign disease to better inform clinical decision making.

## **Introduction**

Ovarian cysts are found to occur in some 17% of women that undergo transvaginal sonograms (TVS). Most of these cysts are non-cancerous.(1,2) Currently, neither TVS nor cancer antigen 125 (CA125) alone or in combination yield sufficient sensitivity and specificity to distinguish benign form malignant ovarian cysts. (3) The high false positive rates lead to unnecessary surgical procedures, with significant morbidity.(4)

Two risk assessment algorithms, the Risk of Ovarian Malignancy Algorithm (ROMA) and the risk of ovarian cancer algorithm (OVERA), were developed to assess the risk of a mass being cancerous.(5–8) ROMA and OVERA have similar abilities to distinguish malignant from benign pelvic masses.(7,8) Although these algorithms offer high sensitivity for detection of OvCa, specificity is limited.(5–8)

Perturbed cellular metabolism is a hallmark of cancer(9). Several lines of evidence indicate that cellular and systemic metabolic adaptations occur from the earliest phases of cancer development suggesting that metabolites may serve as cancer biomarkers.(10,11) Here, we applied a deep learning approach to metabolic profiles of sera to determine whether a metabolic signature may be uncovered that distinguish early-stage ovarian cancers from benign disease. A model consisting of seven cancer-relevant metabolites, including three polyamines, was developed and tested in an independent set in combination with the ROMA algorithm for OvCa risk prediction among women with ovarian cysts.

## **Materials and Methods**

#### **Specimen Sets**

Blood specimens were obtained preoperatively with informed consent under IRB/ethical committees approved protocols (LAB04–0687) at the University of Texas M.D. Anderson Cancer Center (MDACC) and at the Fred Hutchinson Cancer Research Center (FHCRC, IRB 4563) from patients who were admitted for surgery based on a mass found on ultrasound, elevated CA125, or a positive biopsy. This study was approved and monitored by the respective Institutional Review Boards and was conducted in accordance with the Declaration of Helsinki. All human biospecimens were obtained with written informed consent. All patients were fasting at the time of blood collection. Samples were processed on the same day, generally within 4 hours of blood draw, under standardized operating procedures, aliquoted to minimize freeze-thaw cycling effects, and stored in −80°C until use. The specimen set consisted of plasma from 59 patients with stage I-II and 160 patients with stage III-IV invasive epithelial ovarian cancer and from 190 patients with benign pelvic masses. (3,12) Biopsy samples were examined by a certified pathologist for the diagnosis of cancer or benign pelvic condition. Detailed patient and tumor characteristics are provided in Table 1. Information regarding histological ovarian cancer subtypes and benign etiologies are provided in Supplementary Table S1. All participants had provided consent for use of samples in ethically approved secondary studies.

**Metabolomic analysis—**Metabolomic analyses were performed as previously described. (13)

## **Primary Metabolites and Biogenic Amines**

Metabolites were extracted from pre-aliquoted EDTA plasma (10 μL) with 30μL of LCMS grade methanol (ThermoFisher) in a 96-well microplate (Eppendorf). Plates were heat sealed, vortexed for 5 min at 750 rpm, and centrifuged at  $2000 \times g$  for 10 minutes at room temperature. The supernatant  $(10 \mu L)$  was carefully transferred to a 96-well plate, leaving behind the precipitated protein. The supernatant was further diluted with 10 μL of 100 mM ammonium formate, pH3. For Hydrophilic Interaction Liquid Chromatography (HILIC) analysis, the samples were diluted with 60 μL LCMS grade acetonitrile (ThermoFisher), whereas samples for C18 analysis were diluted with 60 μL water (GenPure ultrapure water system, Thermofisher). Each sample solution was transferred to 384-well microplate (Eppendorf) for LCMS analysis.

#### **Untargeted Analysis of Primary Metabolites and Biogenic Amines**

Untargeted metabolomics analysis was conducted on Waters Acquity™ UPLC system with 2D column regeneration configuration (I-class and H-class) coupled to a Xevo G2-XS quadrupole time-of-flight (qTOF) mass spectrometer. Chromatographic separation was performed using HILIC (Acquity<sup>™</sup> UPLC BEH amide, 100 Å, 1.7 µm 2.1× 100mm, Waters Corporation, Milford, U.S.A) and C18 (Acquity™ UPLC HSS T3, 100 Å, 1.8 μm,, 2.1×100mm, Water Corporation, Milford, U.S.A) columns at 45°C.

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Quaternary solvent system mobile phases were (A) 0.1% formic acid in water, (B) 0.1% formic acid in acetonitrile and (D) 100mM ammonium formate, pH 3. Samples were separated using the following gradient profile: for the HILIC separation a starting gradient of 95% B and 5% D was increase linearly to 70% A, 25% B and 5% D over a 5min period at 0.4mL/min flow rate, followed by 1 min isocratic gradient at 100 % A at 0.4mL/min flow rate. For C18 separation, a chromatography gradient of was as follows: starting conditions, 100% A, with linear increase to final conditions of 5% A, 95% B followed by isocratic gradient at 95% B, 5% D for 1 min.

Binary pump was used for column regeneration and equilibration. The solvent system mobile phases were (A1) 100mM ammonium formate, pH 3, (A2) 0.1 % formic in 2 propanol and (B1) 0.1 % formic acid in acetonitrile. The HILIC column was stripped using 90% A2 for 5 min followed by 2 min equilibration using 100% B1 at 0.3 mL/min flowrate. Reverse phase C18 column regeneration was performed using 95% A1, 5% B1 for 2 min followed by column equilibration using 5% A1, 95% B1 for 5 min.

#### **Mass Spectrometry Data Acquisition**

Mass spectrometry data was acquired using 'sensitivity' mode in positive and negative electrospray ionization mode within 50–1200 Da range for primary metabolites and 100– 2000 Da for complex lipids. For the electrospray acquisition, the capillary voltage was set at 1.5 kV (positive), 3.0kV (negative), sample cone voltage 30V, source temperature at 120° C, cone gas flow 50 L/h and desolvation gas flow rate of 800 L/h with scan time of 0.5 sec in continuum mode. Leucine Enkephalin; 556.2771 Da (positive) and 554.2615 Da (negative) was used for lockspray correction and scans were performed at 0.5 min. The injection volume for each sample was 3μL, unless otherwise specified. The acquisition was carried out with instrument auto gain control to optimize instrument sensitivity over the samples acquisition time.

#### **Data Processing**

Data were processed using Progenesis QI (Nonlinear, Waters). Peak picking and retention time alignment of LC-MS and MSe data were performed using Progenesis QI software (Nonlinear, Waters). Data processing and peak annotations were performed using an inhouse automated pipeline as previously described.(13–16) Annotations were determined by matching accurate mass and retention times using customized libraries created from authentic standards and by matching experimental tandem mass spectrometry data against the NIST MSMS, LipidBlast or HMDB v3 theoretical fragmentations; for complex lipids retention time patterns characteristic of lipid subclasses was also considered. To correct for injection order drift, each feature was normalized using data from repeat injections of quality control samples collected every 10 injections throughout the run sequence. Measurement data were smoothed by Locally Weighted Scatterplot Smoothing (LOESS) signal correction (QC-RLSC) as previously described. Values are reported as ratios relative to the median of historical quality control reference samples run with every analytical batch for the given analyte.(13–16)

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**Assaying of CA125 and HE4—**Serum CA125 and HE4 concentrations were measured using the Architect CA125II assay (Abbott Diagnostics, Abbott Park), and the HE4 EIA assay (Fujirebio Diagnostics, Malvern, PA) as previously described.(17) To calculate the ROMA score, a predictive index (PI) was calculated using serum HE4 and CA125 II levels and one of the following equations, depending on the patient's menopausal status as previously described(7):

Premenopausal: Predictive Index (PI) = −12.0 + 2.38\*Natural Log[HE4] + 0.0626\*Natural Log[CA 125]

Postmenopausal: Predictive Index (PI) =  $-8.09 + 1.04$ \*Natural Log[HE4] + 0.732\*Natural Log[CA 125]

ROMA percentage were calculated by  $exp(PD)/(1+exp(PD)$ .

**Statistical analysis—**An overall schematic workflow of the study is provided in Supplementary Fig. S1. Metabolite selection and model building was performed using metabolic profiles generated from plasma samples from the FHCRC. The method reported by Gedeon was used to prioritize pertinent variables to be included in the model.(18–20) This approach removes irrelevant or noisy variables by analyzing for the relative weight of each variable within the overall data matrix. An importance score is calculated by dividing the absolute value of the weight of an input connecting to an output by the total absolute value of all weights from that input. When applied in the deep learning model, this approach is recursively extended backwards through layers by taking the effect of a neuron on a connected node, then multiplying the derived weight by the effect of the given node on the target output and summing all connecting nodes.

$$
P_{jk} = \frac{|w_{jk}|}{\sum_{r=1}^{nh} |w_{rk}|}
$$

Here,  $P_{ik}$  represents the average contribution of a node j in a layer to a node k in the next layer. w is the weight on the connection and nh is the number of nodes in the next layer.

The contribution of an input neuron to an output is:

$$
Q_{ik} = \sum_{r=1}^{nh} (P_{ir} \times P_{rk})
$$

Using this approach, 20 iterations with slightly modified hyperparameters were introduced, and the relative variable importance score recalculated for each metabolite. Metabolites that consistently yielded a relative variable importance score >0.7 (corresponding to those metabolites with importance scores in the top 30th percentile) across all 20 iterations were selected to develop an algorithm for distinguishing early-stage OvCa from benign disease. Seven models, including deep learning, random forest, ensemble learning and gradient boosting method algorithms, incorporating the seven metabolites were assessed

for distinguishing early-stage OvCa from benign disease. Performance of the models were evaluated using a 5-fold cross validation. To further evaluate model stability, perturbations (e.g. random selection and replacement) were introduced to the Training Set and the performance re-assessed.

A deep learning model (DLM) with 3 hidden layers and 3 nodes in each layer was selected for modeling the 7-marker metabolite panel (7MetP) based on AUC, and the 7MetP using fixed parameters tested for detection of OvCa in the MDACC cohort.

To assess the contributions of the 7MetP and ROMA, we first fitted a logistic regression with the 7MetP and ROMA as two separate predictors (Supplementary Table S2). For ROMA, we used percentage risk as described above.(21) Initial modeling was performed using early-stage OvCa cases and individuals with BPM from the FHCRC and testing of the model performed in the MDACC cohort.

To directly compare the performance of the combined 7MetP+ROMA model with ROMA, we used fixed risk thresholds of 11.4% in premenopausal women and 29.9% for postmenopausal, (21) and calculated positive predictive values (PPV), negative predictive values (NPV) as well as sensitivity and specificity estimates.

The combined score from the logistic regression model were converted to risk by exp(combined score)/(1+exp(combined score)).

Model discrimination was assessed based on receiver operating characteristic curve (ROC), as well as sensitivity and specificity estimates. The 95% confidence intervals (CI) for AUCs were estimated using the Delong method.(22) P-values for specificity and sensitivity were estimated by calculating 2.5 and 97.5 percentiles of 1,000 boot straps on the delta values. All modeling was performed using the  $h2\sigma$  package and R statistical program.(18)

**Data Availability—**Relevant data supporting the findings of this study are available within the Article and Supplementary Information or are available from the authors upon reasonable request.

## **Results**

#### **Feature selection for algorithm training**

Untargeted metabolomics was conducted on a Training Set of sera from 101 OvCa cases (39 early stage and 62 late stage) and 134 subjects with BPM from the Fred Hutchinson Cancer Research Center (FHCRC) (Table 1). A total of 475 uniquely annotated metabolites were quantified (Supplementary Table S3). To prioritize metabolites, relative importance scores were calculated using the Gedeon method (19,20) and metabolites selected based on consistently exhibiting an importance score above 0.7. This approach resulted in seven metabolites each of which had prior evidence for cancer relevance (diacetylspermine (DAS)(23), diacetylspermidine (DiAcSpmd)(23), N-(3-acetamidopropyl)pyrrolidin-2-one (N3AP)(23), N-acetylneuraminate (NANA)(24), N-acetyl-mannosamine (NAcMan)(25), N-acetyl-lactosamine (NAcLAC)(26), and hydroxyisobutyric acid (HBA)(27)) that were subsequently used for model building. Individual classifier performance of these metabolites

for distinguishing OvCa cases from individuals with BPM ranged from 0.55 to 0.82 (Supplementary Table S4; Supplementary Fig. S2).

#### **Development of a combination rule and validation in an independent test set**

We next sought to develop an optimal combination rule that incorporated the seven metabolites for distinguishing early-stage OvCa from benign disease. For model building, we tested seven different machine learning algorithms. Of these, a deep learning model (DLM) with 3 hidden layers and 3 nodes in each layer achieved the highest predictive performance and was used to establish the 7-marker metabolite panel (7MetP), which yielded an AUC of 0.75 (95% CI: 0.66–0.85) for differentiating early-stage OvCa cases from benign disease (Table 2; Supplementary Tables S5–6). When stratifying OvCa cases into serous and non-serous, the 7MetP had respective AUCs of 0.85 (95% CI: 0.79–0.91) and 0.80 (95% CI: 0.71–0.89) (Supplementary Table S7).

Validation of the 7MetP using fixed parameters was performed in an independent Test Set from MD Anderson Cancer Center (MDACC) that consisted of 118 OvCa cases (20 early stage and 98 late stage) and 56 individuals with BPM. The 7MetP yielded an AUC of 0.88 (95% CI: 0.82–0.93) for distinguishing all OvCa cases from individuals with BPM (Supplementary Table S5), and an AUC of 0.86 (95% CI: 0.76–0.95) for early-stage OvCa (Figure 1; Supplementary Table S5).

#### **Contributions of the metabolite panel with the ROMA algorithm**

We next assessed whether the 7MetP would improve upon the predictive performance of the ROMA algorithm. Using model scores derived from the 7MetP and the ROMA algorithm, a logistic regression model for distinguishing early-stage OvCa from BPM was developed in the Training Set and performance evaluated in the Test Set. The combined 7MetP+ROMA yielded an AUC of 0.93 (95% CI: 0.86–1.00) for early-stage OvCa in the Test Set whereas ROMA alone had an AUC of 0.91 (95% CI: 0.84–0.98) (likelihood ratio test p: 0.03) (Table 3). Compared to ROMA, the combined 7MetP+ROMA yielded improvements in the PPV by 21.0% (1-sided p< .001) and specificity by 14.0% (1-sided p< .001) for early stage OvCa (Table 3). When considering all OvCa cases, the combined 7MetP+ROMA model yielded an AUC of 0.97 (95% CI: 0.94–0.99) in the Test Set (Table 4).

## **Performance of the metabolite panel alone and in combination with ROMA in the combined training and test sets**

We further evaluated the predictive performance of the 7MetP alone and in combination with ROMA in the entire specimen set  $(n=219$  OvCa cases (59 early stage and 160 late stage and 190 BPM)). The 7MetP had an AUC of 0.85 (95% CI: 0.81–0.88) for distinguishing all OvCa cases from individuals with BPM and an AUC of 0.81 (95% CI: 0.76–0.86) for early-stage OvCa (Supplementary Table S5). The combined 7MetP+ROMA model had a resultant AUC of 0.87 (95% CI: 0.85–0.93) for early-stage OvCa, which was markedly improved compared to ROMA alone (AUC: 0.84 (95% CI: 0.81–0.90); likelihood ratio test p-value: <0.001) (Table 5; Supplementary Table S8). Importantly, compared to ROMA alone, the 7MetP+ROMA model yielded a statistically significantly (1-sided P< .001) higher PPV (0.68 vs 0.52) and specificity (0.89 versus 0.78) for early-stage OvCa (Table 5).

## **Discussion**

Pelvic masses are relatively common among women of all ages usually necessitating surgery. However, most such masses are benign and only a small percentage of these women will be diagnosed with ovarian cancer.(28)

Algorithms such as OVERA and ROMA were developed to estimate probability of a woman with a pelvic mass harboring a malignancy and to determine whether a patient should be referred to a general gynecologist if the mass is likely to be benign or a gynecologic oncologist if the mass is likely to be malignant.(7,29,30) A gynecologic oncologist has specialized training to dissect nodes, remove the omentum, and to remove as much cancer as possible from the surface of the bowel if extensive disease is found. Although the OVERA and ROMA algorithms offer high sensitivity, they are limited by sub-optimal specificity which can result in high false-positive rates, increased patient anxiety, and unnecessary procedures that are associated with significant morbidity.(31,32) A test that offers high sensitivity and specificity for identifying individuals at high risk of harboring malignant ovarian cysts has potential to better inform clinical decision making and improve patient outcomes. We developed and validated a blood-based metabolite panel that improves prediction of malignancy in combination with ROMA for women presenting with ovarian cysts.

The metabolite panel includes three polyamines, three acetylated carbohydrates, and hydroxyisobutyric acid. We have previously shown utility of circulating polyamines for early detection of ovarian cancer.(15) Polyamines have also been reported to be elevated in urine of individuals with ovarian cancer compared to controls.(33) The acetylated carbohydrates NANA and NAMA are involved in metabolism of sialic acids, which are commonly found in glycans of cell surface glycoproteins and glycolipids. Sialic acids are known to be involved in various aspects of tumorigenesis, including promoting tumor growth and metastasis as well as immune evasion.(34–37) Moreover, sialic acids can accumulate in the circulation due to increased turnover, secretion, and/or shedding.(38) N-acetyllactosamine (LacNAc) is a reported carbohydrate antigen involved in malignant transformation and metastasis. (26,39,40) Hydroxyisobutyric acid, a metabolite derived from valine metabolism, has also been linked to cancer with diagnostic and prognostic applications in ovarian cancer.(27)

On balance, limitations to our study including the unbalanced distribution of histology across the test and validation sets. OvCa cases were largely at advanced stages of disease in the specimen sets with differential representation of non-serous and serous OvCa. The metabolite panel yielded comparable performance for distinguishing serous and non-serous OvCa from BPM. Moreover, our metabolite panel was developed using early-stage OvCa cases and validated in an independent set of early-stage OvCa cases. Contributions of the metabolite panel with the OVERA algorithm was not assessed. Comparison of performance estimates between ROMA and OVERA have shown that they are comparable with tradeoffs in sensitivity and specificity.(7,41,42) Although PPV and NPV estimates are dependent upon the prevalence of disease in the evaluated population, previous investigations have reported ROMA to have a PPV of 42.9% (7), which is consistent with our findings. OVERA has a reported PPV of 40%.(8) In our study, the 7MetP+ROMA model had PPV of 68.0%.

Thus, we believe that the metabolite panel has the potential to significantly contribute to the OVERA as well.

In conclusion, we developed and validated a metabolite panel that complements ROMA for improved risk prediction of malignancy among women presenting with ovarian cysts.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### **Translational Relevance**

Two FDA-approved algorithms, the Risk of Ovarian Malignancy Algorithm (ROMA) and the risk of ovarian cancer algorithm (OVERA), have been developed to assess the likelihood of a mass being cancerous. Although these algorithms offer high sensitivity for detection of ovarian cancer, specificity is limited, which can result in high falsepositive rates, increased patient anxiety, and unnecessary procedures that is associated with significant morbidity. Here, we developed and independently validated a bloodbased metabolite panel for distinguishing early-stage ovarian cancers from benign pelvic masses. We additionally showed that the metabolite panel in combination with ROMA yields a higher positive predictive value with improved specificity for early-stage OvCa compared to ROMA alone. The metabolite panel provides a clinical tool that complements ROMA for improved prediction of malignancy. Such a test would better inform clinical decision making and improve patient outcomes.

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Predictive performance of the 7MetP for distinguishing early-stage OvCa from BPM in the independent Test Set.

## **Table 1.**

## Patient and tumor characteristics



 $\phi$  individuals with benign pelvic masses (BPM)

 $\dot{\tau}$ Statistical significance was determined by Wilcoxon rank sum tests for continuous variables and Fisher's exact test or  $\chi^2$  tests for trend for categorical variables. 2-sided p-values are reported.

## **Table 2.**

Performance of different learning algorithms for differentiating early-stage OvCa cases from BPM in the training set using 5-fold cross validation.



AUC: Area under the ROC Curve

AUCpr: Area under the precision recall curve

RMSE: Root-mean-square deviation

### **Table 3.**

Performance estimates of ROMA and the combined 7MetP+ROMA model for early-stage OvCa the Training Set and the independent Testing Set.



**Abbreviations:** PPV: positive predictive value; NPV: negative predictive value. P-values for comparison of AUCs represent likelihood ratio tests. Risk threshold corresponding to 11.4% in premenopausal women and 29.9% for postmenopausal were chosen based on reported findings from Ortiz-Munoz and colleagues.(21) 1-sided P-values are reported as we expect that the combined 7MetP+ROMA will yield improved performance estimates compared to ROMA alone.

#### **Table 4.**

Performance estimates of ROMA and the combined 7MetP+ROMA model for all OvCa in the Training Set and the independent Testing Set.



**Abbreviations:** PPV: positive predictive value; NPV: negative predictive value. P-values for comparison of AUCs represent likelihood ratio tests. Risk threshold corresponding to 11.4% in premenopausal women and 29.9% for postmenopausal were chosen based on reported findings from Ortiz-Munoz and colleagues.(21) 1-sided P-values are reported as we expect that the combined 7MetP+ROMA will yield improved performance estimates compared to ROMA alone.

## **Table 5.**

Performance estimates of ROMA and the combined 7MetP+ROMA model for early-stage OvCa in the combined Specimen Set.



**Abbreviations:** PPV: positive predictive value; NPV: negative predictive value. P-values for comparison of AUCs represent likelihood ratio tests. Risk threshold corresponding to 11.4% in premenopausal women and 29.9% for postmenopausal were chosen based on reported findings from Ortiz-Munoz and colleagues.(21) 1-sided P-values are reported as we expect that the combined 7MetP+ROMA will yield improved performance estimates compared to ROMA alone.