

AhRR methylation contributes to disease progression in urothelial bladder cancer

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Abstract.

BACKGROUND: Bladder Cancer (BCa) is the tenth most incident malignancy worldwide. BCa is mostly attributed to environmental exposure and lifestyle, particularly tobacco smoking. The Aryl Hydrocarbon Receptor Repressor (*AhRR*) participates in the induction of many enzymes involved in metabolizing carcinogens, including tobacco smoke components. Additionally, studies have shown that smoking demethylates the (*AhRR*) gene in blood, suggesting *AhRR* demethylation as a specific serum smoking biomarker.

OBJECTIVE: This study aimed to validate *AhRR* demethylation as a smoking biomarker in the target tissue and investigate its contribution to bladder carcinogenesis.

METHODS: *AhRR* percent methylation was tested for its association with patient smoking status and oncogenic outcome indicators, particularly *p53*, *RBI*, and *FGFR3* activating mutations, muscle-invasiveness, and tumor grade, in 180 BCa tissue-based DNA.

RESULTS: Results showed significantly higher *AhRR* percent methylation in muscle-invasive compared to non-muscle invasive tumors (42.86% vs. 33.98%; $p = 0.011$), while lower *AhRR* methylation was significantly associated with *FGFR3* Codon 248 mutant genotype compared to wild-type ($28.11\% \pm 9.44$ vs. $37.87\% \pm 22.53$; $p = 0.036$). All other tested associations were non-statistically significant.

CONCLUSIONS: Although *AhRR* methylation did not predict smoking status in BCa tumors, it may be a contributor to carcinogenesis and disease progression. Our findings constitute the basis for further research.

Keywords: Urothelial bladder cancer, *AhRR* methylation, muscle-invasiveness, tobacco smoking, *FGFR3*, *p53*

Abbreviations

<i>AhR</i>	Aryl Hydrocarbon Receptor
<i>AhRR</i>	Aryl Hydrocarbon Receptor Repressor
ARNT	Aryl Hydrocarbon Receptor Nuclear Translocator
BCa	Urinary Bladder Cancer
CYP	Cytochrome P450
ddPCR	Droplet Digital Polymerase Chain Reaction

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FFPE	Formalin-Fixed Paraffin-Embedded
<i>FGFR3</i>	Fibroblast growth factor receptor 3
HG	High grade
LG	Low grade
IGFBP-5	Insulin-like growth factor binding protein-5
LOX	Lysyl Oxidase
MIBC	Muscle-Invasive Bladder Cancer
<i>NAT1</i>	N-acetyltransferase 1
<i>NAT2</i>	N-acetyltransferase 2
NMIBC	Non-Muscle Invasive Bladder Cancer
PCR	Polymerase Chain Reaction
<i>RBI</i>	Retinoblastoma 1 gene
<i>TP53</i>	Tumor protein 53

1. Introduction

Urinary Bladder Cancer (BCa) is the tenth most incident malignancy worldwide, accounting for 3% of all cancers, with about 200,000 deaths and 550,000 new cases reported annually on a global scale [1]. Males show a 4-fold higher BCa risk compared to females [2]. The highest incidence is encountered in industrialized countries, while a much lower incidence is observed in developing countries, with very few exceptions such as Egypt and the current case of Lebanon [3,4]. The most common pathological type is transitional cell carcinoma (TCC), which can manifest as either non-muscle invasive bladder cancer (NMIBC) confined to the mucosa, or as a clinically aggressive muscle-invasive bladder cancer (MIBC) [5,6]. The two different clinical outcomes have distinct histopathological characteristics, where NMIBC recurs in the form of finger-like growths that extend into the center of the bladder, known as papillary carcinoma, while MIBC tumors show flat lesions that are more likely to invade the detrusor muscle and are capable of distant metastasis [5]. At the molecular level, all studies concluded that NMIBCs and MIBCs form two broad distinct subsets, where NMIBC shows a higher prevalence of fibroblast growth factor receptor-3 (*FGFR3*) and phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha (*PIK3CA*) activating mutations, while MIBC is distinguished by a higher mutation rate with copy number variations in oncogenes, particularly the tumor protein-53 (*TP53*), the retinoblastoma transcriptional corepressor-1 (*RBI*), and the E2F transcription factor-3 (*E2F3*). MIBC is further sub-grouped into six different molecular subtypes, including luminal-papillary (LumP), luminal-nonspecified (LumNS), lu-

minally unstable (LumU), stroma-rich, basal/squamous (Ba/Sq), and neuroendocrine-like (NE-like), based on a recent international consensus [7].

BCa is considered an environmentally acquired malignancy from carcinogenic exposures such as arylamines and polycyclic aromatic amines, nitrosamines, water chlorination disinfection by-products, and tobacco smoke [4,8–10]. The cell lining of the urothelial wall is exposed to these carcinogens, that are either eliminated in urine or bioactivated by drug-metabolizing enzymes [11]. Chemical carcinogenesis is thought to be particularly triggered by arylamines from tobacco smoking, which is perceived as the most significant risk factor for BCa [8,12,13].

Various smoking biomarkers have been examined, including cotinine levels, exhaled carbon monoxide (CO), and hemoglobin arylamine adducts. However, many of these are restricted by their short half-life, and/or relatively low specificity and sensitivity, and subsequently are of limited value as exposure biomarkers [14–17]. Recently, studies reported a strong positive association between the gradual demethylation of the Aryl Hydrocarbon Receptor Repressor (*AhRR*) in blood and both cotinine levels and the number of cigarettes smoked daily [14,15,18,19]. More than 20 different studies have elected methylation at cg05575921, a CpG residue in *AhRR*, as the most sensitive indicator of smoking in blood, and reported on its high accuracy as a smoking biomarker with an area under the receiver operating characteristic (ROC) curve (AUC) of 0.99 [20,21]. Currently, the demethylation of *AhRR* at the cg05575921 locus is adopted as a solid biomarker for cigarette smoking in whole blood [19,21–27]. However, *AhRR* methylation levels in blood may also revert to normal after reducing or ceasing smoking [28,29], possibly due to the short lifespan of blood cells [30], and hence is restricted to marking acute exposures. In this study, we sought to validate *AhRR* methylation levels as a smoking biomarker in BCa tumor tissues, and we investigated its association with tumorigenic markers.

2. Methods

2.1. Study population

Out of a pool of 250 histologically confirmed urothelial BCa patients diagnosed between 2013 and 2017 at two major medical centers in Beirut, Lebanon, 180 patients were sub-selected for this study. Recruited cases included Lebanese patients above the age of 50, starting

with the most recently diagnosed. Exclusion criteria included non-Lebanese patients, subjects under 50 years of age, patients with additional types of cancer, and those with unavailable archival tumor tissues. Given the low BCa incidence in females, enrollment focused on male patients in order to maintain statistical power. Information on tumor grade and stage, and patients' smoking status, was obtained from medical records. For smoking status, enrolled patients were designated as either never smokers or current smokers at the time of diagnosis or referral. Institutional Review Board approvals from the American University of Beirut and collaborating medical centers were obtained prior to conducting the study. All acquired bio-specimens and collected data were obtained as a de-identified set.

2.2. DNA extraction

Multiple sections of 5 μm -thickness were made from Formalin-Fixed Paraffin-Embedded (FFPE) tumor blocks for each sample. Prepared sections were deparaffinized by xylene and digested by proteinase K, and then nucleic acid was extracted using a QIAamp DNA FFPE Tissue Kit (Qiagen, Valencia, CA, USA) according to manufacturer's instructions. Extracted tumor DNA was quantified using both a Qubit fluorometer (ThermoScientific, Waltham, MA) and a micro-volume spectrophotometer (DeNovix Inc., Wilmington, USA), then evaluated for quality with agarose gel electrophoresis.

2.3. *AhRR* DNA methylation testing

AhRR methylation levels at the cg05575921 locus in tumorigenic DNA was determined by bisulfite conversion, pre-amplification by Polymerase Chain Reaction (PCR), and DNA methylation measurement by Droplet Digital Polymerase Chain Reaction (ddPCR).

2.3.1. Bisulfite conversion of extracted DNA

Complete bisulfite conversion and cleanup of the extracted DNA for methylation analysis were performed in a 96-well setup, using the EpiTect 96 Bisulfite Kit (Qiagen, Valencia, CA) according to manufacturer's instructions for sodium bisulfite conversion of unmethylated cytosines in DNA isolated from FFPE tissue samples using a centrifuge. The samples were divided into 96-well plates for bisulfite conversion. For each sample, DNA was dissolved in a bisulfite mix and RNase-free water, in a total volume of 140 μL using the provided EpiTect conversion plate. Bisulfite conversion was then

performed using a thermocycler with a heated lid. Thermal cycler conditions consisted of an initial 5-minute denaturation step at 95°C, a 25-minute incubation step at 60°C, a 5-minute denaturation step at 95°C, an 85-minute incubation step at 60°C, a 5-minute denaturation step at 95°C, a 175-minute incubation step at 60°C, and finally an indefinite hold at 20°C. The samples were then transferred to an EpiTect 96-plate for cleanup and elution using carrier RNA buffer, desalting buffer, desulfonating buffer, ethanol, and elution buffer. Multiple washing steps were performed before centrifugation at 40°C to ensure the evaporation of residual ethanol and final elution.

2.3.2. Pre-amplification by PCR

After bisulfite conversion, the *AhRR* region in the bisulfite converted DNA was amplified in 96-well plates, according to the manufacturer's instructions using a Smoke Signature Assay Kit (IBI Scientific, Iowa). For each sample, 3–5 μL of bisulfite-converted DNA was mixed with 5 μL of 2X PreAmp Master Mix in a 10 μL -volume reaction. The samples were amplified under the following thermocycler conditions: an initial 3-minute denaturation step at 95°C, followed by 20 cycles of 95°C for 15 seconds and 60°C for 60 seconds. The plates were then stored at –20°C until ddPCR was performed.

2.3.3. DNA methylation assessment by ddPCR

Prior to performing ddPCR, an initial dilution step was performed to achieve an optimal number of independent strand templates (\cong 20,000 DNA strands) in the final PCR solution. An average concentration of the pre-amplified samples per plate was determined by quantifying random samples using both a Qubit fluorometer (ThermoScientific, Waltham, MA) and a micro-volume spectrophotometer (DeNovix Inc., Wilmington, USA). Accordingly, dilution ratios were optimized depending on the average concentration of each plate, ranging from 1:1500 to 1:3500. The percent methylation at the *AhRR* locus in each sample was quantified using Bio-Rad QX-200 Droplet Digital PCR System. Samples were run in duplicates, in 96-well ddPCR plates, with the addition of non-template controls (water blank), and both methylated and unmethylated plasmid controls to each batch. The reactions were prepared by adding ddPCR supermix (Bio-Rad Laboratories Inc., Hercules, CA) and *AhRR* primers and probes to obtain a final volume of 22 μL per reaction for droplet generation. Droplets were then generated using the QX200 droplet generator (Bio-Rad Laboratories Inc., Hercules, CA) by adding

22 μL of DNA mix or controls along with 70 μL of droplet generation oil per reaction to the droplet generator cartridge. About 40- μL generated droplets were then transferred to 96-well PCR plates, which were sealed with an aluminum foil. Once sealed, the plates were amplified by PCR according to the following thermocycler conditions: an initial 10-minute denaturation step at 95°C, 40 cycles of 95°C for 15 seconds and 55°C for 60 seconds, a 10-minute step at 98°C, and finally an indefinite hold at 12–20°C. After amplification, plates were read using the QX-200 ddPCR reader (Bio-Rad Laboratories Inc., Hercules, CA), and results were analyzed using QuantaSoft Analysis Pro Software (version 1.0.596). The percentage methylation at the *AhRR* locus was then determined using the average fractional abundance between duplicates of each sample. Samples with no amplifiable alleles, and those with more than 30% difference between duplicates, were selected out [23].

2.3.4. Tumors' molecular markers mutation detection

PCR and restriction digestion with optimized conditions were used to detect mutations in the tumors for the following molecular markers: *TP53* at Exon 4-Codon 72 (rs1042522) and at Exon 7-Codon 248 (rs121912651), *RBI* non-sense mutation (rs137853293) at Exon 23, and *FGFR3* somatic activating mutations at Exon 7, Codon 248 (C248; rs121913482), and Codon 249 (C249; rs121913483). Designed PCR reactions, primers, annealing temperatures, and restriction enzymes were previously described [31].

2.4. Statistical analysis

Descriptive statistics were used to summarize the characteristics of the tumors. Boxplot and histogram were generated to check the normality of the continuous variables in the study sample. Univariate analysis consisted of frequency and percentage distributions for the different categorical variables in the study. Means, standard deviations (SDs), 95% Confidence Intervals (CIs), and ranges were computed for the continuous variable. Associations between *AhRR* methylation and each of the variables (smoking status, tumor grade, invasiveness, *TP53*, *FGFR3* C248, and *FGFR3* C249) were then tested using the Student's *t*-test. A Folded-F test was run for each test, and either the Pooled (assuming equal variances) or Satterthwaite method (assuming unequal variances) was used to assess significance of *AhRR* methylation between groups. The association between *AhRR* methylation and the same variables listed above was also tested within the high-grade tumors sub-

group. Further analysis with stratification by muscle-invasiveness was performed using the Wilcoxon Rank Sum test to examine the association between *AhRR* percent methylation and both *FGFR3* C248 and C249. Gene-gene interactions between *AhRR* methylation and previously determined N-acetyltransferases (*NAT1* and *NAT2*) genotypes were also tested in relation to muscle-invasiveness and *FGFR3* mutations. For all the conducted tests, a $p < 0.05$ was considered as statistically significant. All analyses were performed using Stata data analysis and statistical software (Stata 13. MP).

3. Results

During *AhRR* methylation assessment, 11 samples were discarded due to lack of any methylated or unmethylated droplet clusters in ddPCR results. A sample was also rejected due to a difference of more than 30% methylation between duplicates [23]. Therefore, our results are based on a final sample size of 168 patients.

3.1. Study population characteristics

The majority of tumors (150) were high grade (HG), while only 7 were low grade (LG); 68 samples were muscle-invasive, while 99 were non-muscle-invasive (Table 1). In addition, 74.4% of the patients were current smokers, while 20.2% reported they were never smokers. Frequencies of *TP53*, *FGFR3*, and *RBI* genotypes were as follows: 47.6% showed the *TP53* C72 wild-type genotype, while 49.3% presented with at least one mutation (Table 2); 95.8% of samples had the *FGFR3* C248 wild type genotype, while only 11.9% had the *FGFR3* C249 wild type; mutations in *TP53* C248 and *RBI* E23 were almost absent (Table 2). *AhRR* methylation ranged between 0 and 99.65% with a mean *AhRR* methylation of $37.46 \pm 22.21\%$ (mean \pm SD), and was relatively normally distributed across the 168 tumor samples (Fig. 1).

3.2. Bivariate analysis

In the bivariate analysis, results showed that never smokers had a higher mean *AhRR* percent methylation of $40.16\% \pm 23.26$ compared with that in current smokers ($36.88\% \pm 22.52$) (Table 3). However, independent *t*-test results revealed that the difference in *AhRR* percent methylation levels was not statistically significant ($p = 0.456$). Similarly, HG tumors had a mean *AhRR* percent methylation of $37\% \pm 22.18$, which was higher

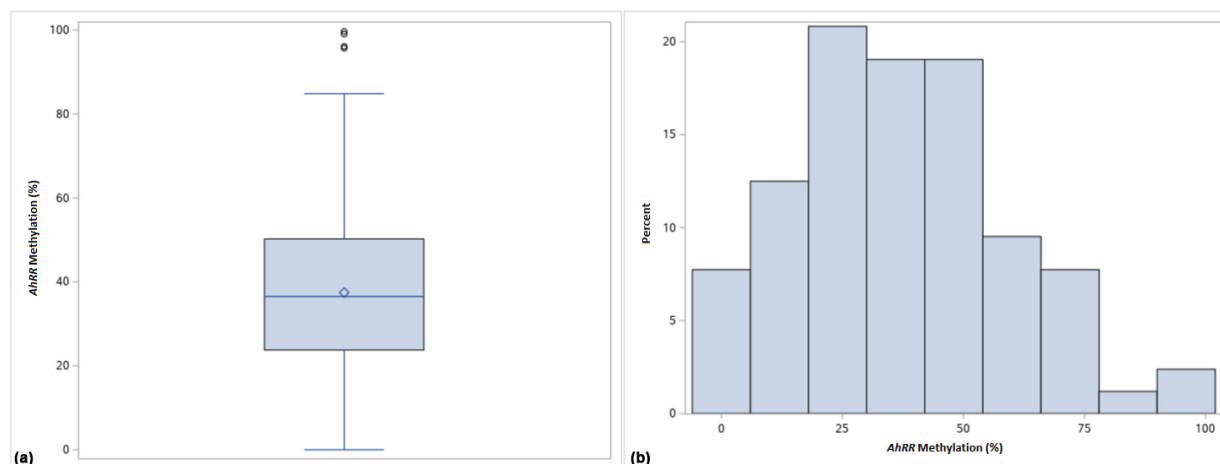


Fig. 1. Boxplot (a) and histogram (b) showing *AhRR* percent methylation distribution across the total sample ($N = 168$).

Table 1
Study population characteristics in the total sample ($N = 168$)

Characteristic	N	Frequency (%)
Tumor grade		
High grade	150	89.2
Low grade	7	4.1
Unknown	11	6.5
Invasiveness		
Invasive	68	40.4
Non-invasive	99	58.9
Unknown	1	0.5
Smoking status		
Current smoker	125	74.4
Never smoker	34	20.2
Unknown	9	5.35

than that of LG tumors at $26.59\% \pm 17.07$, also not statistically significant ($p = 0.223$).

On the other hand, results showed that muscle-invasive tumors ($42.86\% \pm 23.85$) had a higher *AhRR* percent methylation compared to non-muscle invasive tumors ($33.98\% \pm 20.36$), and the association was statistically significant ($p = 0.011$). The distribution of *AhRR* percent methylation among muscle-invasive and non-invasive tumors also showed a normal distribution. An additional file illustrates this normal distribution through boxplot, histogram, and Q-Q plot [Supplementary File 1]. In contrast, tumors with the mutant *FGFR3* C248 had a significantly lower mean *AhRR* percent methylation of 28.11% compared to 37.87% for wild-type genotypes ($p = 0.036$). In addition, tumors with the mutant *TP53* C72 had a higher mean *AhRR* percent methylation of 39.69% compared to 34.28% in wild-type genotype, while tumors with the mutant *FGFR3* C249 genotypes had an *AhRR* percent methylation level of 37.3% almost similar to that in wild-type genotypes (38.66%); however, these associations were not statis-

tically significant. The distribution of *AhRR* percent methylation among mutant and wild type *FGFR3* C248 genotypes was roughly normal with slight deviations at the tails. An additional file illustrates this through boxplot, histogram, and Q-Q plot [Supplementary File 2]. Results were maintained consistent with those described above when associations were tested within the HG tumors subgroup (Table 4).

3.3. Stratified analysis

Further analysis using Wilcoxon Rank Sum test with stratification by muscle-invasiveness showed that in muscle-invasive tumors, *FGFR3* C248 genotype was not significantly associated with *AhRR* percent methylation ($p = 0.231$) (Table 5). Similarly, in non-muscle invasive tumors, *FGFR3* C248 genotype was not significantly associated with *AhRR* percent methylation ($p = 0.491$). There was also no significant association between *FGFR3* C249 genotypes and *AhRR* percent methylation in both muscle-invasive ($p = 0.159$) and non-muscle invasive tumors ($p = 0.125$) (Table 5).

3.4. Gene-gene interactions

We had previously examined polymorphisms of N-acetylation metabolic enzymes and its association with key MIBC and NMIBC tumor biomarkers in the target population as described [31]. In the current study, interaction between *AhRR* percent methylation and previously detected *NAT1* G⁵⁶⁰A polymorphism in relation to muscle-invasiveness ($p = 0.989$) and *FGFR3* C248 mutation ($p = 0.862$) were not statistically significant. Similarly, gene-gene interaction between *AhRR* percent methylation and previously detected *NAT2* G⁸⁵⁷A polymorphism were not statistically significant in relation

Table 2
Frequency of *TP53*, *FGFR3*, *RBI*, *NAT1*, and *NAT2* genotypes in the total sample ($N = 168$)

SNP/mutation*	-/-	+/+	-/+	Undetermined
<i>TP53</i> C72	80 (47.6%)	34 (20.2%)	49 (29.1%)	5 (2.9%)
<i>TP53</i> C248	161 (95.8%)	1 (0.6%)	2 (1.2%)	4 (2.4%)
<i>FGFR3</i> E7 C248	161 (95.8%)	1 (0.6%)	6 (3.5%)	0 (0.0%)
<i>FGFR3</i> E7 C249	20 (11.9%)	2 (1.2%)	146 (86.9%)	0 (0.0%)
<i>RBI</i> E23	138 (82.1%)	0 (0.0%)	0 (0.0%)	30 (17.9%)
<i>NAT1</i> G ⁵⁶⁰ A	95 (56.5%)	1 (0.6%)	72 (42.8%)	0 (0.0%)
<i>NAT2</i> G ⁸⁵⁷ A	119 (70.8%)	5 (2.9%)	41 (24.4%)	3 (1.7%)

*(-/-: Homozygous wild-type, +/+ : Homozygous mutant, -/+ : Heterozygous).

Table 3
AhRR % methylation across smoking status and tumorigenic indicators in the total sample ($N = 168$)

Variable	Mean <i>AhRR</i> % methylation (95% CI)	<i>p</i> -value
Smoking status ($n = 159$)		
Current smoker	36.88 (32.89–40.86)	0.456
Never smoker	40.16 (32.04–48.28)	
Tumor grade ($n = 157$)		
High grade	37.00 (33.42–40.58)	0.223
Low grade	26.59 (10.80–42.38)	
Invasiveness ($n = 167$)		
Invasive	42.86 (37.05–48.63)	0.011*
Non-invasive	33.98 (29.92–38.04)	
<i>TP53</i> C72 ($n = 163$)		
Mutant	39.69 (34.72–44.66)	0.114
Wild-type	34.28 (29.71–38.85)	
<i>FGFR3</i> E7 C248 ($n = 168$)		
Mutant	28.11 (19.38–36.85)	0.036*
Wild-type	37.87 (34.36–41.38)	
<i>FGFR3</i> E7 C249 ($n = 168$)		
Mutant	37.30 (33.71–40.90)	0.799
Wild-type	38.66 (27.81–49.51)	

**p*-value < 0.05 is considered significant.

Table 4
AhRR % methylation across smoking status and tumorigenic indicators in high grade (HG) tumors ($N = 150$)

Variable	Mean <i>AhRR</i> % methylation (95% CI)	<i>p</i> -value
Smoking status ($n = 143$)		
Current smoker	40.15 (31.77–48.52)	0.345
Never smoker	35.89 (31.68–40.11)	
Invasiveness ($n = 150$)		
Invasive	42.09 (35.97–48.22)	0.018*
Non-invasive	33.40 (29.15–37.66)	
<i>TP53</i> C72 ($n = 145$)		
Mutant	38.97 (33.47–44.47)	0.174
Wild-type	34.06 (29.44–38.68)	
<i>FGFR3</i> E7 C248 ($n = 150$)		
Mutant	28.11 (19.38–36.85)	0.044*
Wild-type	37.43 (33.70–41.16)	
<i>FGFR3</i> E7 C249 ($n = 150$)		
Mutant	36.74 (32.90–40.58)	0.721
Wild-type	38.66 (27.80–49.51)	

**p*-value < 0.05 is considered significant.

Table 5
AhRR % methylation association with *FGFR3* Codons 248 and 249, stratified by invasiveness using Wilcoxon Rank Sum test

	FGFR3 C248		FGFR3 C249	
	Invasive	Non-invasive	Invasive	Non-invasive
Mutant				
<i>N</i>	1	6	60	87
Mean % <i>AhRR</i>	21.60	29.20	44.39	32.66
Wild-type				
<i>N</i>	67	93	8	12
Mean % <i>AhRR</i>	43.17	34.29	31.35	43.53
<i>p</i> -value	0.231	0.491	0.159	0.125

to both muscle-invasiveness ($p = 0.702$) and *FGFR3* C248 mutation ($p = 0.578$).

4. Discussion

Unlike studies that report strong associations between smoking and *AhRR* demethylation in blood [19, 21,23,27], our study found no significant associations between *AhRR* methylation and smoking status in the BCa tissue. Therefore, our findings could suggest that *AhRR* methylation in bladder cancer tissue is not a marker of smoking. However, smoking could be acting on different *AhRR* CpG-sites in the tumor. For instance, one study on lung cancer reports that current smokers exhibited considerably lower *AhRR* methylation levels at the cg21161138 loci in lung tissues compared to never smokers [32]. Thus, assessing tumor-based methylation levels at different *AhRR* CpG-sites may provide further insight into relationships between tobacco smoking and *AhRR* methylation in BCa tumor tissues. It is important to note here that very few studies have examined the association between smoking status and *AhRR* methylation in tissue, and none in bladder cancer. In one of these studies, the analysis of buccal epithelium and placenta did not identify a smoking-associated methylation difference at any *AhRR* locus [33]. In another study, investigating a genome-

wide analysis of smoking-related methylation in adipose tissue, *AhRR* was found to be hypomethylated and upregulated in current smokers [34].

On the other hand, *AhRR* methylation levels in blood may have reverted to normal after ceasing or even reducing smoking. In one epigenome-wide association study in European peripheral-blood DNA, the impact of cigarette smoking on DNA methylation was found to be partially but not completely reversible, starting three months after smoking cessation [35]. In another genome-wide methylation profiling study, also conducted in European populations, two homogeneous classes of smoking biomarkers were reported in blood: reversible markers whose methylation reverts to normal within decades after smoking cessation, and persistent markers whose methylation levels remain even 35 years after smoking cessation [36]. However, no studies have reported a reverting effect in tissues, which preclude us from making such assumptions in the context of our study. At the same time, our target group did not include former smoking patients. As a conclusion, future studies should examine these observed tissue-specific smoking-related epigenetic effects, and attempt to benefit from advancements in urine-tumor DNA methylation assessment, which is emerging as a much more promising approach for early diagnosis, residual tumor detection, and surveillance in BCa, as compared to routine detection methods [37,38].

In this study, we found that muscle-invasiveness is significantly associated with higher *AhRR* percent methylation, hence a higher repression of its transcription. This is supported in the literature, where *AhRR* is suggested to play a key role in tumor suppression and the fact that the expression of *AhRR* is downregulated in various cancer tissues [39–42]. *AhRR* repression may contribute to aggressive tumorigenic phenotype, including increased migration and invasiveness, and reduced apoptosis in cancer cells [41]. Moreover, our findings are consistent with recent studies suggesting that the Aryl Hydrocarbon Receptor (*AhR*) is associated with higher BCa progression [43]. *AhRR* contribution to disease progression may be occurring via *AhR* repression, leading to muscle-invasiveness of flat lesions. Interestingly, a recent study reports a significantly higher expression of *AhR* in NMIBC tumors compared to MIBC and normal tissue in mice models [44]. Therefore, this mechanism is worthy of further investigation. Alternatively, increased *AhRR* expression may result in advancing chronic inflammation, a known risk factor of BCa that may be promoting carcinogenesis [45–47]. At the same time, it is important to note that *AhRR*

normal levels of expression may vary between different tissues given the possibility of tissue-specific gene expression and regulation [46,48,49]. *AhR* induces expression of *AhRR* in a tissue-specific manner, which in turn inhibits *AhR*-induced expression of certain genes through different mechanisms [50,51]. Those genes include common predictors across all targets including the insulin-like growth factor binding protein-5 (IFGBP-5), the Lysyl Oxidase (LOX), and the Cytochrome P450 CYP1B1 which are thought to contribute to malignant transformation in different types of tissues [52–56]. Throughout these common predictor genes, *AhR* mediates gene expression in many pathways involved in development and progression of cancer; this includes the matrix metalloproteinase-9 (*MMP-9*) through the c-Jun-dependent pathway, the ERK-FAK-Rac-1 pathway, as well as the Snail superfamily transcriptional repressor-1 (Snail-1), the TWIST family of basic helix-loop-helix transcription factors Twist1 and Twist2, and vimentin in the E-cadherin-related pathways [57]. Variation in expression of many of these genes have been linked to BCa [58–60], which further highlights the role of the *AhR* pathway in bladder carcinogenesis.

In addition, we found that mutant *FGFR3* C248 genotype is significantly associated with lower *AhRR* methylation. This is another evidence arguing for a role for *AhRR* methylation in carcinogenesis of the bladder, particularly that this *FGFR3* activating mutation is one of the drivers of malignancy in several human tissues including the bladder [31,61,62]. *FGFR3* C248 (rs121913482) is a missense mutation where a cytosine in the 5'-GCG-3' nucleotide sequence is substituted with a thymine, subsequently resulting in a 5'-GTG-3' sequence [63]. Knowing that the AhR-ARNT (AhR Nuclear Translocator) transcription complex has affinity for the 5'-GTG-3' sequence [64,65], we can postulate that an increase in expression of *AhR* may cause overexpression of *FGFR3* when mutated, and that *AhRR* may be acting through an unknown regulatory pathway to suppress tumors induced by overexpression of *AhR* and *FGFR3*. This may explain the observed association between the lower *AhRR* methylation and *FGFR3* mutation. However, this requires further research, particularly examining the expression of *AhR*, *ARNT*, and other related components of this particular pathway.

Nonetheless, when we stratified by muscle-invasiveness, the significant association was not maintained between *FGFR3* C248 and *AhRR* methylation levels. This may be due to lack of power, given that only one tumor with mutant *FGFR3* C248 was within the invasive subgroup. At the same time, no association

was found between tumor grade and *AhRR* methylation, although HG tumors showed a notably higher mean *AhRR* percent methylation compared to LG tumors, which is in agreement with some studies in the literature [41]. Observed results may also be related to the fact that the majority of our samples were HG (89.2%). A larger sample is needed to re-examine those associations.

Several limitations may have affected the results of this study. We relied on patients' self-reported smoking status, which may be biased by misreporting or underreporting. In fact, research has shown that self-reported smoking status may be inaccurate, especially since smoking could be a socially unacceptable behavior in certain contexts [66,67]. However, this does not apply much to the Lebanese context, where smoking is highly prevalent [68,69]. The ability of contacting surviving patients to obtain blood samples to validate smoking status through assessing *AhRR* methylation or cotinine levels in blood DNA was not possible due to the de-identified nature of the data acquired. Similarly, data on smoking extent or cessation, and the types of tobacco (cigarettes vs. waterpipe) were not obtained from the sampled patients, and the association between *AhRR* methylation and extent of smoking and dosage was not possible due to lack of detailed smoking information. Furthermore, data on other potential occupational and environmental exposures was unavailable. Another limitation is that DNA was extracted from archival tumor samples, which may have affected DNA integrity, resulting in potential degradation of *AhRR* methylation sites. This would explain the lack of ddPCR clusters in 11 samples in this study. Nevertheless, ddPCR has shown better accuracy in assessing DNA methylation in archival FFPE tumors, when compared to other methods of DNA methylation assessment [70,71]. Another limitation is the focus on tumors from one gender only. Due to the low BCa incidence in females, enrollment focused solely on male patients to maintain statistical power, hence restricting the possibility of stratifying the analysis by gender. A much larger sample size is needed to represent female patients in future studies. Despite the above-mentioned limitations, our study has several strengths. First, we targeted a population with a high BCa incidence and a high tobacco smoking prevalence, which provides power to the reported associations. Second, the study is original in both evaluating *AhRR* methylation as a smoking marker in the target tissue (BCa), and in relation to specific tumorigenic outcome indicators in order to get an insight into the mechanisms of carcinogenesis. Moreover, samples were

acquired from two medical centers situated in different parts of the capital city, attracting people from various rural and urban regions of the country, which may have potential influence on the representativeness of the sample given the centralized nature of tertiary treatment in the country. Patients from different regions in Lebanon seek complex tertiary treatment, such as that for cancer, in large and equipped hospitals in the capital city. Thus, the examined total pool of samples has better representativeness of the target population, ensuring genetic diversity. On the other hand, despite relying on FFPE tumors as mentioned above, where prolonged formalin fixation could have caused DNA crosslinking and breakages in nucleotide sequence, we were able to optimize the extraction procedure to obtain a high quality and a sufficient yield of starting material [72]. Another strength of this study is that *AhRR* percent methylation was measured using ddPCR, a highly sensitive technique that partitions DNA strands into thousands of droplets that are assessed individually, hence providing a highly accurate assessment of percent methylation. The validity of the data obtained was further enhanced when we ran samples in duplicates and reported the average percent methylation for each patient, while discarding samples with outlying results.

5. Conclusions

In summary, our study shows that muscle-invasiveness is associated with higher *AhRR* methylation levels, while oncogenic *FGFR3* C248 activating mutation is associated with lower *AhRR* methylation levels. These findings are novel, may help improve knowledge of BCa mechanisms of carcinogenesis in both MIBC and NMIBC, and can make the basis for potential methods of treatment targeting *AhRR*. Future studies should validate exposure to tobacco smoke by assessing *AhRR* methylation in blood, accounting for smoking cessation or reduction, as well as more comprehensively at multiple loci in BCa tumors, and the surrounding non-cancerous bladder tissues. In addition, future studies should investigate the mechanisms of bladder carcinogenesis by examining all the components of the *AhR* pathway in a large sample size that allows further stratification by gender and tumor outcome indicators, and that accounts for potential occupational and environmental BCa risk factors.

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Ethics approval

This research was approved by the Institutional Review Board (IRB) of the American University of Beirut prior to collecting samples and data.

Authors' contributions

Conception: H.R.D.

Interpretation or analysis of data: H.R.D., M.K, N.W.H., and K.A.

Preparation of the manuscript: N.W.H., and H.R.D.

Revision for important intellectual content: N.W.H., H.R.D., M.K., M.E.J., M.A.M., K.A., and R.R.H.

Supervision: H.R.D., and M.K.

Availability of data and materials

The datasets used in the current study are available from the corresponding author upon reasonable request.

Competing interests

The authors declare that they have no competing interests.

Supplementary data

The supplementary files are available to download from <http://dx.doi.org/10.3233/CBM-220002>.

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