

Safety and Pharmacokinetics of LHF-535, a Potential Treatment for Lassa Fever, in Healthy Adults

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ABSTRACT LHF-535 is a small-molecule antiviral currently under development as a therapeutic option to treat Lassa fever and other viral hemorrhagic fevers of arenavirus origin. The human safety and pharmacokinetics of LHF-535 were evaluated in two phase 1 trials in healthy volunteers. The first study was a double-blind, single ascending dose trial that evaluated weight-based oral doses ranging from 0.3 mg/kg in the first cohort to 40 mg/kg in the last cohort. The second study was a double-blind, multiple ascending dose trial that evaluated a 14-day oral dosing regimen, with three sequential cohorts receiving fixed doses of 450, 900, or 1,125 mg per day; the third cohort (1,125 mg/day) received a higher (loading) dose of 2,250 mg for the first dose. Each cohort in both studies consisted of eight participants randomized to either placebo ($n = 2$) or LHF-535 ($n = 6$). LHF-535 was well tolerated in both studies. Treatment-emergent adverse events were more frequent in placebo recipients than in LHF-535 recipients in both studies. LHF-535 exhibited rapid absorption, a long half-life, and exposures predicted to suppress viral replication.

KEYWORDS antiviral agents, antiviral pharmacology, Lassa fever

assa fever is a viral hemorrhagic disease endemic to West Africa. While the true burden of the disease remains unclear, the most commonly cited numbers indicate several hundred thousand cases per year, with an estimated 5,000 deaths annually [\(1,](#page-8-0) [2\)](#page-8-1). Lassa fever generates high mortality and is one of the highest known zoonotic spillover threats [\(3\)](#page-8-2); a range of case fatality rates among hospitalized patients has been reported, with rates of 21 to 43% in Nigeria over a nearly 2-decade span [\(4\)](#page-8-3) and a more recent report of 12% [\(5\)](#page-8-4). Treatment for Lassa fever includes supportive care and intravenous ribavirin, a broad-spectrum antiviral. While there is historical evidence that supports the use of ribavirin to treat Lassa fever [\(6](#page-8-5)), recent analyses have challenged these assumptions and suggested that ribavirin may actually result in negative outcomes, particularly in milder cases ([7,](#page-8-6) [8\)](#page-8-7). Effective therapeutics for Lassa fever thus remain to be identified. LHF-535 is a small-molecule entry inhibitor that targets the viral envelope glycoprotein [\(9\)](#page-8-8) and has exhibited a promising preclinical profile. Here, we evaluate the pharmacokinetics (PK) and safety of LHF-535 in a population of healthy adults.

RESULTS

Demographics. A total of 72 participants were enrolled, 48 for the phase 1a single ascending dose (SAD) study ([Table 1](#page-1-0)) and 24 for the phase 1b multiple ascending dose (MAD) study ([Table 2](#page-2-0)), randomized to active LHF-535 or placebo at a ratio of 3:1. Each cohort included 8 participants. The demographic characteristics are presented in [Table 1](#page-1-0) (phase 1a SAD) and [Table 2](#page-2-0) (phase 1b MAD). The average age of participants was 27.4 years in the phase 1a SAD study and 30.5 years in the phase 1b MAD study. There were more male participants (64.6% in phase 1a and 58.3% in phase 1b) than female participants (35.4% in phase 1a and Copyright © 2022 Amberg et al. This is an open-access article distributed under the terms of the [Creative Commons Attribution 4.0](https://creativecommons.org/licenses/by/4.0/) [International license](https://creativecommons.org/licenses/by/4.0/).

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The authors declare a conflict of interest. All Kineta authors (S.M.A., P.A.V.-G., E.J.T., J.P., K.M.B., and A.E.H.) are or were employees or consultants to Kineta, Inc., and may have some equity in the company. Funding was received from the Wellcome Trust.

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TABLE 1 Demographic characteristics of the phase 1a SAD study population

41.7% in phase 1b). Most participants were white (75.0% in phase 1a and 87.5% in phase 1b); 22.9% of phase 1a and 8.3% of phase 1b participants were Asian, 2.1% of phase 1a participants were Black or African American, and 4.2% of phase 1b participants were American Indian or Alaska Native. The mean body mass index (BMI) was about 25 kg/m2 but ranged between a low of 22.8 kg/m² (900 mg/day in the phase 1b MAD study) to a high of 28.3 kg/m² (1,125 mg/day in the phase 1b MAD study) for group means.

Safety. There were three serious adverse events (SAEs) reported in one participant in the phase 1a SAD study; there were no SAEs reported for the phase 1b MAD study. The three SAEs were mild, asymptomatic events reported as telemetry findings of nonconducted atrial beats, sinus bradycardia, and a long sinus pause of about 8 to 9 s. The participant was a 24 year-old male with no past medical history and no concomitant medications or known allergies who received a single dose of 276 mg LHF-535 (3.0 mg/kg); the SAEs were observed 17 to 18 h after dosing, while the participant was asleep. The participant was asymptomatic with a normal physical examination, stable vital signs, and a normal electrocardiogram (ECG). Prior to dosing, the participant had telemetry findings of sinus bradycardia, one 2.8-s sinus pause, and one nonconducted atrial contraction that occurred around 4 h prior to dosing. Urgent safety laboratory results were unremarkable (troponin I, comprehensive metabolic panel [including blood urea nitrogen, electrolytes, and creatinine], and thyroid function test). The echocardiogram showed no structural abnormalities. The participant was hospitalized for 2 days for observation, during which time there were no noteworthy telemetry findings and the participant remained asymptomatic. All subsequent protocol-specified assessments through day 29 were normal. On day 12, the participant began 24-h Holter monitoring, during which there were no clinically significant findings. Diagnostic findings from the Holter monitoring were no atrial or ventricular arrhythmias, 3 nocturnal pauses of up to 2.1 s, and no symptoms reported.

The most frequent treatment-emergent adverse events (TEAEs) reported for the phase 1a SAD study by system organ class [\(Table 3\)](#page-3-0) were gastrointestinal disorders, which were

TABLE 2 Demographic characteristics of the phase 1b MAD study population

^aParticipants in the 1,125-mg group received a loading dose of 2,250 mg once on day 1, followed by a maintenance dose of 1,125 mg/day on days 2 through 14.

reported for 8 of 36 LHF-535 participants (22.2%) and 1 of 12 placebo participants (8.3%). The most common gastrointestinal disorder was diarrhea, occurring in 5 of 36 LHF-535 recipients (13.9%) and none of the 12 placebo participants. Overall, the frequency of TEAEs in the LHF-535 participants (41.7%) was similar to that for placebo (50.0%). There was no dose-related increase in TEAEs by system organ class or preferred term. Treatment-emergent diarrhea was only reported at higher doses (20 and 40 mg/kg) but was less frequent (16.7%) at the highest dose (40 mg/kg) than at 20 mg/kg (66.7%). A similar frequency was observed for TEAEs considered to be treatment related (36.1% for LHF-535 and 50.0% for placebo). The most frequent treatment-related TEAE was diarrhea (13.9% for LHF-535 and none for placebo), and the second most frequent treatment-related TEAE was headache (8.3% for LHF-535 and 25.0% for placebo).

The most frequent TEAEs reported for the phase 1b MAD study by system organ class [\(Table 4\)](#page-4-0) were general disorders and administration site conditions, occurring in 5 of 18 LHF-535 participants (27.8%) and 1 of 6 placebo participants (16.7%); these included a vessel puncture site bruise (3 LHF-535 participants and 1 placebo), an infusion site erythema (1 LHF-535 participant), and a medical device site reaction (1 LHF-535 participant), consisting of skin irritation at an ECG lead sticker. Overall, the frequency of TEAEs in LHF-535 participants (72.2%) was similar to that in the placebo group (83.3%). Treatment-related TEAEs were more frequent in placebo participants (50.0%) than in LHF-535 participants (16.7%). The most common treatment-related TEAE was headache, occurring in one LHF-535 participant (5.6%) and in one placebo participant (16.7%); the headache in the LHF-535 participant was at the lowest dose (450 mg/day).

With one exception, all treatment-related TEAEs in both clinical trials were classified as mild (grade 1). The exception was observed in the phase 1a SAD, in which one participant reported moderate (grade 2) abdominal pain 5 days following a dose of 3.0 mg/kg. There were two TEAEs in the phase 1a SAD study that were classified as moderate (grade 2) but

TABLE 3 Treatment-emergent adverse events occurring in two or more subjects per system organ class in the phase 1a SAD study^a

^aA treatment-emergent adverse event (TEAE) is defined as an AE that commenced on or after the time of study drug administration through study completion 28 days after dosing; subjects with multiple occurrences of a TEAE are only counted once per given system organ class and preferred term. AEs were coded to system organ class and preferred term using MedDRA version 21.0.

 b Each LHF-535 treatment group comprised 6 participants (N = 36). The placebo group comprised 12 participants.

considered to be unrelated to treatment. One was a headache of moderate severity, beginning 11 days after a single dose of 20 mg/kg and resolving within 2 days, and the other was an upper respiratory tract infection of moderate severity, beginning 24 days after a single dose of 40 mg/kg and resolving within 7 days. There were also two moderate (grade 2) TEAEs in the phase 1b MAD study (one myalgia and one upper respiratory tract infection) that were considered to be unrelated to treatment; these were both in the placebo group. Across both studies, all TEAEs were transient and considered resolved by the final study visit. There was no clinically significant pattern of changes in hematology, coagulation, biochemistry, or urinalysis, there was no consistent change or trend of concern identified with vital signs, and there were no clinically significant ECG or physical examination findings observed.

Pharmacokinetics. LHF-535 is rapidly absorbed following oral administration, with a time to maximum concentration of drug in plasma (T_{max}) of 2 to 4 h postdose [\(Fig. 1](#page-5-0) and [2](#page-5-1)). Overall, the mean plasma levels increased with increasing doses. In the single-dose study [\(Table 5\)](#page-6-0), the total exposure (area under the concentration-time curve [AUC]) increased with the dose in a nearly dose-proportional fashion, with slopes of 0.92 for the AUC extrapolated to the last dose (AUC_{0-last}) and 0.91 for AUC_{0- ∞}. Increases in the maximum concentration of drug in serum (C_{max}) were less than dose proportional across all doses, with a slope of 0.69.

TABLE 4 Treatment-emergent adverse events occurring in two or more subjects per system organ class in the phase 1b MAD study^a

^aA treatment-emergent adverse event (TEAE) is defined as an AE that commenced on or after the first time of study drug administration through study completion 28 days following the final dose; subjects with multiple occurrences of a TEAE are only counted once per given system organ class and preferred term. AEs were coded to system organ class and preferred term using MedDRA version 22.0.

 b Each LHF-535 treatment group comprised 6 participants ($N = 18$). The placebo group comprised 6 participants.

c For the 1,125-mg group, participants received a loading dose of 2,250 mg once on day 1, followed by a maintenance dose of 1,125 mg/day on days 2 through 14.

 C_{max} increased more proportionally at the lower doses (0.3 to 6.0 mg/kg) but did not increase between the highest two doses (20 and 40 mg/kg). The median terminal elimination half-lives $(t_{1/2})$ were 28 to 49 h in the phase 1a SAD study and 49 to 58 h in the phase 1b MAD study. In the phase 1b MAD study ([Tables 6](#page-6-1) and [7](#page-7-0)), the C_{max} accumulation ratios (day 14/day 1) were approximately 2.0, 3.2, and 2.5 for 450 mg, 900 mg, and 1,125 mg, respectively, with a similar trend for AUC_{0-24} (accumulation ratios of 3.3, 4.9, and 3.5). Steady state was achieved on days 9, 12, and 11 for 450 mg, 900 mg, and 1,125 mg, respectively, which approximates 5 half-lives [\(Fig. 3](#page-7-1)).

DISCUSSION

The studies described here are the first to evaluate the antiviral drug candidate LHF-535 in a human population. The phase 1a SAD study evaluated a range of single doses. The first dose (0.3 mg/kg) was selected to provide a high safety margin. Subsequent doses escalated up to 40 mg/kg, offering a broad range of exposures through which to evaluate the pharmacokinetics and safety. The phase 1b MAD study was a repeat dose design to characterize a 14-day dosing regimen. Therapeutic dosing is not generally expected to exceed this time

FIG 1 Mean plasma LHF-535 concentration in the phase 1a SAD study.

frame. Ribavirin treatment for Lassa fever is usually provided for about 10 days ([5\)](#page-8-4). The third cohort in the phase 1b MAD study incorporated a loading dose (2,250 mg) as the initial dose which was twice the dose of the subsequent daily maintenance dose (1,125 mg/day). The rationale for this approach was to increase the day 1 exposure and presumably provide a more robust antiviral effect. Importantly, this approach did not produce day 1 exposures $(C_{max}$ and AUC) in excess of those observed in the previous phase 1a SAD study.

LHF-535 was well tolerated in both studies. Adverse events were generally no more frequent in LHF-535 participants than in placebo participants. While there was a high frequency of gastrointestinal disorders in one cohort of the phase 1a SAD study, this was not observed in the phase 1b MAD study. There were three related SAEs in one participant revealed through telemetry monitoring, including nonconducted atrial beats, sinus bradycardia, and a long sinus pause. The weight of evidence suggests that these SAEs are likely unrelated to LHF-535: they occurred at a low dose (3.0 mg/kg), there were no similar AEs in other participants at much higher doses, and the participant exhibited other cardiac events before dosing (sinus bradycardia, a 2.8-s sinus pause, and one nonconducted atrial contraction) and also several days after dosing (three nocturnal pauses of up to 2.1 s).

LHF-535 has demonstrated efficacy in animal models of disease, including in mice [\(9](#page-8-8)) and guinea pigs (K. A. Cashman, submitted for publication). In the mouse model, a daily oral dose of 10 mg/kg was sufficient to protect against lethal disease, corresponding to a human dose of 0.81 mg/kg, or 61 mg/day for a 75-kg human ([10](#page-8-9)). In guinea pigs, 50 mg/kg/day was sufficient to fully protect against a lethal Lassa virus challenge when initiating intraperitoneal dosing 1 or

FIG 2 Mean plasma LHF-535 concentration in the phase 1b MAD study; overlay of days 1 and 14. $*$ for 1125 mg group, participants received a loading dose of 2250 mg once on day 1, followed by a maintenance dose of 1125 mg/day on days 2 through 14.

^aAll treatment groups comprised 6 participants. CL/F, total body clearance; V₇/F, volume of distribution; CV, coefficient of variation.

^bOne subject from the first cohort (0.3 mg/kg) was excluded from the calculation of AUC_{0– $\propto t_{1/2}$, CL/F, and V₂/F (n = 5 instead of n = 6). The subject was excluded due to a} lack of plasma concentrations to accurately define the terminal phase.

3 days postchallenge. Systemic LHF-535 exposure using this dosing regimen in guinea pigs generated minimum plasma concentrations of 240 to 490 ng/mL and daily AUCs of 32,000 to 51,000 h-ng/mL. Taken together, these preclinical studies support the expectation that the clinical exposures described here will have therapeutic potential in a patient population. Given the good safety profile of LHF-535 at potentially therapeutic exposures in the phase 1 clinical studies, next steps include testing LHF-535 in patients with Lassa fever. Recent initiatives such as the WHO Lassa fever research and development roadmap and the West Africa Lassa Fever Consortium (WALC) have highlighted guidelines under which meaningful assessment of candidate therapeutics can be conducted for Lassa fever.

TABLE 6 Day 1 pharmacokinetic parameters in the phase 1b MAD study^a

^aAll treatment groups comprised 6 participants. $C_{\text{av}q}$ average concentration of drug in serum. b Participants in the 1,125-mg group received a loading dose of 2,250 mg once on day 1, followed by a

maintenance dose of 1,125 mg/day on days 2 through 14.

aAll treatment groups comprised 6 participants. CL/F_{ss}, total body clearance at steady state as calculated by dose/AUCT.

^bOne subject from the first cohort (450 mg) was excluded from all summary statistics due to not receiving all 14 doses. A second subject from this cohort was excluded from the calculation of AUC_{0– $\propto t_{1/2}$}, CL/F_{ss}, and V₇/F (n = 4 instead of n = 5) due to a lack of plasma concentrations to accurately define the terminal phase.

Participants in the 1,125-mg group received a loading dose of 2,250 mg once on day 1, followed by a maintenance dose of 1,125 mg/day on days 2 through 14. Four subjects from this cohort (1,125 mg) were excluded from the calculation of AUC_{0-co}, t_{1/2}, CL/F_{SS}, and V_Z/F (n = 2 instead of n = 6) due to a lack of plasma concentrations to accurately define the terminal phase.

MATERIALS AND METHODS

Study design. Both clinical studies were randomized, double-blind, placebo-controlled trials conducted by Nucleus Network in Melbourne, Australia. The participants were healthy male and female volunteers at least 18 but no more than 50 years of age. The primary objective of both studies was to assess the safety and tolerability of LHF-535, and the secondary objective was to evaluate LHF-535 pharmacokinetics in humans. An independent institutional review board (IRB), the Alfred Hospital Ethics Committee, approved the study protocols, and all subjects provided informed consent. The phase 1a single ascending dose (SAD) study evaluated single oral doses beginning with a weight-based dose of 0.3 mg/kg in cohort 1, with subsequent cohorts evaluating escalating doses up to 40 mg/kg. Blinded safety data through day 4 from each cohort was reviewed by a safety monitoring committee (SMC) prior to proceeding with dose escalation for the subsequent cohort. The SMC was composed of representatives from the clinical site, the sponsor, and an independent clinical monitor. The phase 1b multiple ascending dose (MAD) study evaluated 14 daily fixed oral doses beginning with 450 mg/day in cohort 1; the second cohort dose was 900 mg/day, and the third cohort received a loading dose of 2,250 mg for the first dose, followed by a daily maintenance dose of 1,125 mg/day. After each cohort, the SMC reviewed safety data through day 17 and pharmacokinetic data through day 7 prior to recommending subsequent dose escalation. All participants in both studies were screened prior to enrollment (within 28 days) and again at the clinical site check-in the day prior to dosing to verify eligibility. Subjects were fasted at least 8 h before and 4 h after all doses. Participants were discharged no less than 24 h following their final dose and returned to the clinic for scheduled follow-up visits. Participants were followed until 28 days after the final dose. Participants in each cohort

FIG 3 Mean trough plasma LHF-535 concentration in the phase 1b MAD study. Each point represents the mean concentration 24 h after the last dose and immediately prior to the next dose. * for 1125 mg group, participants received a loading dose of 2250 mg once on day 1, followed by a maintenance dose of 1125 mg/day on days 2 through 14.

in both studies were randomly assigned LHF-535 or placebo in a 3:1 ratio. The sample size was chosen based on precedent from similar investigational studies and was not based on power calculation.

Safety assessments. Safety assessments included adverse event monitoring, urinalysis, 12-lead ECG, vital signs, clinical chemistry, hematology, and coagulation. The phase 1a SAD study also included continuous cardiac telemetry from check-in until discharge from the clinical unit 24 h after dosing.

Dose selection. The starting dose for the first-in-human phase 1a SAD study was selected based on nonclinical repeat dose toxicology studies in both rodents (Sprague-Dawley rats) and nonrodents (cynomolgus macaques). The no observable adverse effect level (NOAEL) of the most sensitive species as defined by the lowest daily dose was in female rats, with a NOAEL of 50 mg/kg/day, corresponding to a human equivalent dose [\(10](#page-8-9)) of 8 mg/kg. The clinical starting dose of 0.3 mg/kg thus generates a safety margin over 25-fold lower than the NOAEL. Dose escalation proceeded in approximately half-log increments, following a review of all available safety and PK data, in order to evaluate doses expected to be in the therapeutically active range without exceeding the NOAEL exposures observed in nonclinical studies. The initial daily dose for cohort 1 of the phase 1b MAD was a fixed dose of 450 mg, equivalent to 6 mg/kg for a 75-kg individual. Steady-state exposure at this dose (AUC and Cmax) was projected to fall well within the range of exposures observed in the SAD study.

Dose formulation. LHF-535 was formulated with an inert polymer (hydroxypropylmethylcellulose acetate succinate [HPMCAS]) as a spray-dried dispersion at an LHF-535/HPMCAS ratio of 30:70. For oral dosing, the spray-dried dispersion was suspended in a compounding syrup (Ora-Blend) at a concentration of 100 mg/mL (equivalent to 30 mg/mL LHF-535).

Pharmacokinetics. For the phase 1a SAD study, blood samples were taken for plasma analysis predose and 0.25, 0.5, 0.75, 1, 2, 4, 8, 12, 24, 72, and 168 h following dosing, as well as on day 15 (14 days after dosing). In the phase 1b MAD study, the same 9 time points (predose through 12 h) were used, following the first (day 1) and last (day 14) doses. Additional samples were taken 24 h following each dose, immediately prior to the next day's subsequent dose, and on days 15, 17, and 21 (24, 72, and 168 h after the last dose). Bioanalysis was performed with a validated liquid chromatography-tandem mass spectrometry (LC-MS/MS) method using deuterated LHF-535 (d12-LHF-535) as an internal standard. Pharmacokinetic parameters were calculated using a noncompartmental approach with actual sampling time points using validated software (Phoenix WinNonlin version 8.1). Terminal elimination parameters {area under the concentrationtime curve extrapolated to infinity [AUC_{0– ∞}], terminal elimination half-life [$t_{1/2}$], total body clearance [CL/F], and volume of distribution $[V_\tau/F]$ } were only reported if all four criteria were met (3 or more concentrations during the log-linear portion of the terminal elimination phase, an r^2 value of >0.8 for regression of the log-concentration-time data, an extrapolated AUC_{0– \sim} value of <20% of total AUC_{0– \sim} and a negative slope for the log regression fit). For the data presented in [Fig. 1](#page-5-0) (phase 1a SAD mean plasma concentrations), some values were below the lower limit of quantitation (1 ng/mL); in these cases, the value of 0.5 ng/mL was used to determine the average. If all samples for a given time point were below the lower limit of quantitation, the data point was not plotted.

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