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Case Reports and Series

# Persistent SARS-CoV-2 infection in immunocompromised patients facilitates rapid viral evolution: Retrospective cohort study and literature review

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#### ABSTRACT

Background: Most patients with SARS-CoV-2 are non-infectious within 2 weeks, though viral RNA may remain detectable for weeks. However there are reports of persistent SARS-CoV-2 infection, with viable virus and ongoing infectivity months after initial detection. Beyond individuals, viral evolution during persistent infections may be accelerated, driving emergence of mutations associated with viral variants of concern. These patients often do not meet inclusion criteria for clinical trials, meaning clinical and virologic characteristics, and optimal management strategies are poorly evidence-based.

Methods: We analysed cases of SARS-CoV-2 infection from a regional testing laboratory in South-West England between March 2020 and December 2021, with at least two SARS-CoV-2 positive samples separated by  $\geq$  56 days were identified. Excluding those with confirmed or likely re-infection, we identified patients with persistent infection, characterised by an ongoing clinical syndrome consistent with COVID-19 alongside monophyletic viral lineage of SARS-CoV-2. We examined clinical and virologic characteristics, treatment, and outcome. We further performed a literature review investigating cases of persistent SARS-CoV-2 infection, reviewing patient characteristics and treatment.

Results: We identified six patients with persistent SARS-CoV-2 infection. All were hypogammaglobulinaemic and had underlying haematological malignancy, with four having received B-cell depleting therapy. Evidence of viral evolution, including accrual of mutations associated with variants of concern, was demonstrated in five cases. Four patients ultimately cleared SARS-CoV-2. In two patients, clearance followed treatment with casirivimab/imdevimab. Both survived beyond thirty days following viral clearance, having experienced infections of 305-and 269-days duration respectively, after failed attempts at clearance with alternative therapies. We found 60 cases of confirmed persistent infection in the literature, with a further 31 probable cases. Of those, 80% of patients treated with monoclonal antibodies cleared SARS-CoV-2, and none died.

Conclusion: Haematological malignancy and patients receiving B-cell depleting therapies represent key groups at risk of persistent SARS-CoV-2 infection. Throughout persistent infection, SARS-CoV-2 can evolve rapidly, giving rise to significant mutations, including those implicated in variants of concern. Monoclonal antibodies appear to be a promising therapeutic option, potentially in combination with antivirals, crucial for individuals, and for public health.

# Introduction

Though most patients infected with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) are non-infectious after 10–14 days, viral RNA may remain detectable for several weeks (Cevik et al., 2021).

The vast majority do not have active infection with SARS-CoV-2 (Sethuraman et al., 2020), however ongoing RNA detection could represent persistent coronavirus disease 2019 (COVID-19) (Brown et al., 2022). With B-cells and production of neutralising antibodies crucial components in the immune response to SARS-CoV-2, persistent infection

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has been described in patients with antibody deficiency or secondary B-cell depletion, often due to therapies such as anti-CD20 monoclonal antibodies (mAbs) (Brown et al., 2022; Roeker et al., 2020; Haidar and Mellors, 2021). Cases display evidence of ongoing viral replication, viable virus on culture far into illness, and ongoing symptoms or relapses for months (Brown et al., 2022; Choi et al., 2020; Kemp et al., 2021; Leung et al., 2022). Patients may experience delayed symptom onset, more severe disease, and higher mortality (Arcani et al., 2021).

Whilst such cases are challenging for individual patient care, they also generate epidemiological concern due to the potential development of SARS-CoV-2 genome mutations (Choi et al., 2020; Kemp et al., 2021; Leung et al., 2022). This accelerated viral evolution within a single host potentially contributes to the development of viral variants of concern (VOCs) (Moran et al., 2021), with important implications for infection control and public health.

Various treatments, including convalescent plasma, antivirals and mAbs have been investigated (Taha et al., 2021; RECOVERY Collaborative Group, 2022) with variable findings of their utility. Therefore, there is no consensus on optimal treatment strategy.

We sought to investigate cases of persistent SARS-CoV-2 infection in three hospitals in South-West England, describing the clinical and virologic characteristics and the management of cases, correlated with existing literature.

#### Methods

We included cases of persistent SARS-CoV-2 infection in this retrospective study, initially identified by searching cases of SARS-CoV-2 RNA positivity with  $\geq 2$  positive results >56 days apart, within a regional testing laboratory in south-west England from March 2020 to December 2021.

SARS-CoV-2 RNA positivity was detected through sampling nasopharyngeal swabs, tested initially on the closed platform system, Panther Hologic using the Aptima SARS-CoV-2 transcription mediated assay (TMA), followed by semi-quantitative analysis using SARS-CoV-2 reverse transcription polymerase chain reaction (RT-PCR) (NeuMoDx SARS CoV-2 assay [Qiagen] or RealStar SARS-CoV-2 RT-PCR Kit 1.0 [Altona Diagnostics]) where possible, allowing cycle threshold (*Ct*) values to be recorded for viral load assessment. Thereafter, VOC genotyping (ThermoFisher) and whole genome sequencing (WGS) of positive samples was performed via the COG-UK consortium (COG-UK, 2020).

Clinical and biochemical data were collected from hospital records, regarding symptomatology, underlying immunosuppression and respiratory conditions, serum immunoglobulin levels, presence of serum SARS-CoV-2 antibodies (Liaison XL anti-SARS-CoV-2 S1/S2 IgG assay, DiaSorin, Italy), course of COVID-19 clinical illness, treatment and outcome.

Using clinical and testing data, cases were reviewed to confirm the presence of persistent virus alongside a clinical syndrome in keeping with persistent SARS-CoV-2 infection. Cases due to confirmed or probable re-infection were excluded, as evidenced by VOC genotyping or WGS, or cases where there was no evidence of clinical disease (e.g. hospital admission) or samples were > 100 days apart with no intermediate sampling.

For the literature review, we searched the MEDLINE database for case reports or series describing persistent SARS-CoV-2 infection. The search was performed on 8 June 2022, using a search strategy of '(prolong\* OR persist\* OR chronic) AND (SARS-CoV-2 OR covid\* OR coronavirus\*) AND (immunocomp\* OR immunodef\* OR "immune comp\*" OR "immune def\*" OR lymphom\* OR myelom\* OR leukaem\* OR leukem\* OR malignan\*)'. Peer-reviewed and pre-print reports were included.

#### Results

## Overview of cases

We identified 183 patients with at least two SARS-CoV-2 RNA positive samples > 56 days apart. Having excluded those due to probable and proven re-infection, and those with no ongoing clinical signs of persistent infection (fever, raised inflammatory markers and ongoing respiratory illness), we identified six cases of persistent SARS-CoV-2 infection (Fig. 1).

Of these, the median time from first to final positive samples was 133.5 days (range 58–305 days, 2 patients > 250 days), with four patients ultimately clearing SARS-CoV-2. Two patients died remaining positive. The median patient age was 63.5 years (range 42–80 years), with all six patients having an underlying haematological malignancy, being hypogammaglobulinaemic, and having received immunosuppressive medication, such as anti-CD20 mAbs. Three of six patients were tested for anti-SARS-CoV-2 antibodies, none of whom had an antibody response. No patients had received anti-SARS-CoV-2 vaccination before presentation. Baseline patient characteristics are described in Table 1, with Table 2 describing clinical aspects of infections and treatment received.

# Virologic analysis

WGS was attempted on SARS-CoV-2 positive samples, with success and sequencing quality dramatically reduced in samples with a  $C_t$  value  $\geq 30$ . If the sample did not meet 50 % CLIMB sequencing threshold, these were not uploaded to CLIMB and did not meet the 50% sequencing coverage threshold, as per the COG-UK protocol (COG-UK, 2020).

Viral evolution of SARS-CoV-2 was evident in patients 1–5 (P1-5), with less certainty regarding viral evolution in P6. Phylogenetic analysis demonstrated viral lineages of B.52 (P1), B1.1.7 (alpha VOC, P2,4,5 + 6) and B1.177 (P3), which were maintained throughout the course of infections. Details are outlined below, with P1's course also visually presented in Fig. 2, and P2-5 in Fig. 3.

P1 had RNA positivity for 305 days, the longest duration of our cohort. Multiple therapies were trialled attempting elimination of SARS-CoV-2, including Remdesivir, intravenous immunoglobulin (IVIg) and

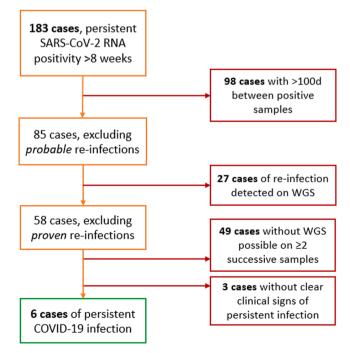


Fig. 1. Identification of persistent SARS-CoV-2 infection cases.

**Table 1**Characteristics of persistent SARS-CoV-2 infected patients.

Patient	Age Sex (M/ F)	Primary disease	Immunosuppression	Co-morbidities	SARS-CoV-2 positivity duration (days)	Time to SARS- CoV-2 negativity (days)	Serum immuno- globulins	SARS-CoV- 2 antibodies	Mortality (from last positive SARS-CoV-2 sample)
1	71 M	CLL	FCR chemotherapy (6 cycles, completed 6 m pre-COVID)	Resp: NSIP/HP Other: hypo- gammaglobulinaemia post-chemotherapy	305	310	$\frac{IgA+IgM}{low}$	Initially negative	30-day: N 90-day: N 1-year: N
2	53 F	AML	Ongoing ciclosporin + Sorafenib Bone marrow transplant (6 months pre-COVID)	Resp: ex-smoker Other: GvHD	154	Died while still positive	IgA + IgM low	Not tested	30-day: Y 90-day: Y 1-year: Y
3	58 F	NHL	Obinutuzumab	Resp: asthma, ex-smoker Other: nil	269	296	IgA + IgM low	Negative	30-day: N 90-day: N 1-year: awaited
4	80 F	CLL	Previous Ibrutinib (stopped 1 m pre-COVID)	Resp: ex-smoker Other: malignant melanoma, neutropaenia	94	Died while still positive	IgA low IgM normal	Negative	30-day: Y 90-day: Y 1-year: Y
5	42 M	ALL	Bone marrow transplant - haploidentical allograft (14 months pre-COVID)	Resp: progressive pulmonary fibrosis Other: T2DM	58	61	IgA + IgM low	Not tested	30-day: N 90-day: Y 1-year: Y
6	69 F	DLBCL	R-CHOP chemotherapy	Resp: asthma Other: nil	113	122	IgA + IgM low	Not tested	30-day: Y 90-day: Y 1-year: Y

ALL - acute lymphoblastic leukaemia; AML - acute myeloid leukaemia; CLL - chronic lymphocytic leukaemia; DLBCL - diffuse large B-cell lymphoma; FCR - Fludarabine/cyclophosphamide/rituximab; GvHD - graft vs host disease; NHL - Non-Hodgkin lymphoma; NSIP/HP – non-specific interstitial pneumonitis/ hypersensitivity pneumonitis; T2DM - Type 2 diabetes mellitus.

**Table 2**Summary of 6 patients' COVID-19 presentation, testing, and treatment.

Summary	or 6 patients	COVID-19 pres	sentation, testing,	and treatment.
Patient	Initial date of SARS- CoV-2 positivity	Severity of illness	Concurrent diagnoses	Attempted SARS-CoV-2 elimination therapies (Day 0 = D0 = date of first positive sample)
1	09/05/ 2020	Hospitalised	Pulmonary bacterial super- infection	Remdesivir (5 days, D213-217) IV immunoglobulin (D216) Casirivimab/ imdevimab (D266)
2	21/05/ 2020	Hospitalised	Nil	Remdesivir
3	11/01/ 2021	Hospitalised	Nil	Remdesivir (21 days, D57-77) Remdesivir (5 days, D273-277) + Casirivimab/ imdevimab (D277)
4	11/01/ 2021	Hospitalised	Neutropaenic sepsis Pulmonary bacterial super- infection	
5	26/01/ 2021	Intensive Care Unit care required	NTM respiratory infection	Remdesivir (5 days, D52-56) Tocilizumab (D52)
6	11/01/ 2021	Hospitalised	NTM skin infection Pulmonary bacterial super- infection	

NTM - Non-tuberculous mycobacterium.

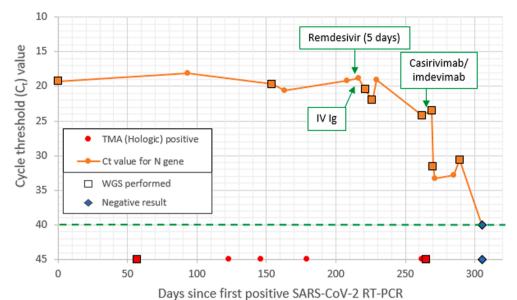
casirivimab/imdevimab, with eventual viral clearance after 310 days, Day-45 (D45) following casirivimab/imdevimab therapy, coinciding with a resolution in symptoms. High levels of viral RNA were detected throughout, with  $C_t$  values ranging from 18 to 24 from D1-D270, before a gradual increase in  $C_t$  value until clearance (Fig. 2). This case has previously been described in a case report (Kavanagh Williamson et al., 2021). The viral lineage was B.52 variant, remaining monophyletic

other than the final successful WGS (D290), which revealed viral lineage B1.1.7 (alpha VOC), raising the possibility that this final detection was a brief re-infection. However given subsequent viral clearance, further WGS was not possible. By D155, substantial viral evolution had occurred, with accrual of mutations  $\Delta H69/\Delta V70$  alongside spike protein substitution H655Y. Evolution continued, with a peak of 14 single nucleotide polymorphisms (SNPs) when compared with the originally sequenced sample. One month following treatment with Remdesivir and IVIg, 6 non-synonymous and 3 synonymous alterations were found however following treatment with casirivimab/imdevimab no further viral evolution was detected, indeed SARS-CoV-2 cleared thereafter.

P2 remained positive for 154 days, first presenting within six months of a haematopoietic stem cell transplant. While SARS-CoV-2 viral load gradually fell, especially after D99, they remained RNA positive at the time of their death. Sequence analysis again revealed accrual of mutations, with 47 SNP differences from first to final sample, including amino acid replacements (T205I) associated with the beta VOC, and persistent accrual of an M86V mutation. As it was unclear when Remdesivir was administered, its relationship to mutation accrual is unclear.

P3 was positive for 269 days, becoming negative by D296. An initial prolonged (21-day) course of Remdesivir did not clear the virus, although there was a transient period of negativity and suppression of symptoms towards the end of the course (D73-79), before retesting RNA positive within a week (Fig. 3). The virus later cleared 17 days after combination therapy with Remdesivir and casirivimab/imdevimab. There were 11 SNPs throughout the course of illness, alongside 7 amino acid replacements. Following the initial course of Remdesivir, persistent amino acid substitutions arose, such as E420D in the nsp13 protein before viral clearance soon after combination therapy.

P4 was positive for 94 days, remaining so until their death, while still displaying symptoms and radiological changes consistent with COVID-19. This was in keeping with gradually falling  $C_t$  values (increasing viral load). It is not clear from clinical notes why P4 did not receive any COVID-19 specific therapeutics. P5 remained positive for 58 days, clearing SARS-CoV-2 by D61, within 10 days of receiving Remdesivir and Tocilizumab. Due to the short duration of positivity, and failure to successfully sequence beyond D42, we assumed persistent infection while RT-PCR remained positive. Both P4 + 5 gained an E484K mutation through the course of disease (D84 - P4, D22 - P5), prior to any COVID-



**Fig. 2.** Clinical and virological course of patient 1. C<sub>t</sub> values plotted from results of NeuMoDx RT-PCR, N gene target, where semi-quantitation was possible. For ease of viewing, though TMA (Hologic) was also positive on each occasion semi-quantitation was possible, TMA positives are only plotted when these were positive, but semi-quantitation was not performed. The green dotted line represents the line above which C<sub>t</sub> values would be detectable as a 'positive' result. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

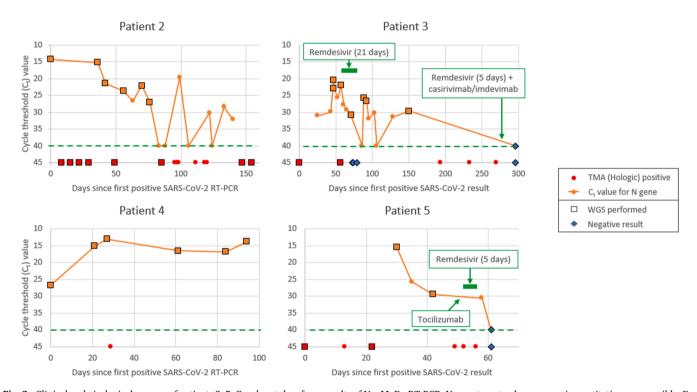


Fig. 3. Clinical and virological courses of patients 2-5.  $C_t$  values taken from results of NeuMoDx RT-PCR, N gene target, wherever semi-quantitation was possible. For ease of viewing, though TMA (Hologic) was also positive on each occasion semi-quantitation was possible, TMA positives are only plotted when these were positive, but semi-quantitation was not performed. The green dotted line on each graph represents the line above which  $C_t$  values are detectable as a 'positive' result. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

19 therapeutics, which persisted throughout subsequent sequencing.

WGS data for P6 was available on three samples (D0, D14 and D87), however D87 data had significant areas of poor coverage throughout WGS and therefore it could not be confirmed that the D87 virus, which had 10 mutations was derived from the same virus as was detected on D0 and D14. As the patient thereafter cleared the virus, further analysis was not possible.

## Literature review

From our database search, 1502 articles were identified, with 69 case

reports/series ultimately included for further analysis. Using our definition of persistent infection, displaying evidence of clinical *and* virologic persistence, we identified 60 cases (46 articles) of persistent SARS-CoV-2 infection. The details of these are outlined in Table 3. Further, we identified 31 further cases (23 case reports/series) with evidence of clinical persistence, however without clear documentation of virologic persistence. These cases are felt likely to represent persistent SARS-CoV-2 infection but given the lack of virologic evidence we have termed these "probable persistent SARS-CoV-2 infection". These are outlined in Supplementary Table S1.

**Table 3**Cases of persistent SARS-CoV-2 infection identified by literature review.

Case #	Authors	Age, Sex	Immunosuppression		Persistence		Elimination Rx attempted	Anti-SARS CoV-2 Abs detected?	Virologic outcome	Mortality
			Primary disease	Secondary causes	Virologic duration	Clinical symptoms		uciccicu:		
1	Baang et al. (2021)	60 M	MCL	CD20 bispecific Ab + 2nd B-cell directed Ab, as part of chemotherapy regimen	131 days	Cough, Dyspnoea, Fever	RDV + CP (x2)	Minimally post-CP, otherwise negative	Likely cleared (unstated)	No
2	Montejano et al. (2022)	30 M	HIV + DLBCL	Anti-CD20-containing chemotherapy (RIX) CAR- <i>T</i> -cell therapy	97 days	Fever, "pulmonary infiltrates"	RDV + CP, mAb (Sotrovimab)	N/A	Cleared	No
3	Morel et al. (2022)	74 M	SOT (renal) ITP	Tacrolimus, MMF, steroidsRIX	3 months	Dyspnoea, Fever,	-	N/A	Cleared	No
4	Ko et al.	53	AML	(2 m pre-COVID) Allogenic SCT	94 days	hypoxia Cough, fever,	RDV (x3), Cas/Imd	N/A	Persisted	No
5	(2022) Ko et al. (2022)	M 67 F	GvHD MZL Evans syndrome	Ruxolitinib $+$ steroids Splenectomy RIX $+$ steroids	97 days	dyspnoea, Dyspnoea	RDV (x2), IVIg, mAb (Cas/Imd), Tocilizumab	N/A	Persisted	No
6	Schenker et al. (2021)	61 M	CLL	Anti-CD20-containing chemotherapy (RIX)	148 days	Cough, Diarrhoea, Fever, Myalgia	RDV (x2), CP	Negative	Persisted	No
7	Arai et al. (2022)	71 M	FL	Anti-CD20-containing chemotherapy (RIX)	>8 weeks	Fever	RDV	Negative	Cleared	No
8	Leung et al. (2022)	21 F	ALL	Allogenic SCT, BlinatumomabAnti- CD22 mAb (inotuzumab)	98 days	Dyspnoea, fever, hypoxia	RDV	Negative	Persisted	Yes (in- hospital)
9	Martinot et al. (2021)	76 F	CLL	Anti-CD20-containing chemotherapy (RIX)	66 days	Fever, hypoxia	RDV, CP, HCQ, IVIg	Negative	Cleared	No
10	Morishita et al. (2022)	51 M	NHL	RIX	134 days	Anosmia, fever	RDV	Negative	Cleared	No
11	Bailly et al. (2022)	23 M	ALL	Allogenic SCTRIX (EBV-reactivation)	385 days	Dyspnoea, fever	CP (x4), RDV, mAb (Cas/Imd) (x2)	N/A	Cleared	No
12	Cabañero- Navalon et al. (2020)	22 M	CVID	RIX (3y ago) Note: regular IVIg	77 days	Dyspnoea, fever	IVIg, RDV, CP	N/A	Cleared	No
13	Moutinho- Pereira et al. (2021)	39 F	SLE	RIX HCQ, Leflunomide	94 days	Dyspnoea, fever	CP	Negative	Likely cleared (unstated)	No
14	Taha et al. (2021)	55 M	FL	Anti-CD20-containing chemotherapy (RIX) 2nd anti-CD20/anti- CD3) bispecific Ab (Glofitamab)	210 days	Fever	RDV, CP, mAb (Cas/ Imd)	Negative	Cleared	No
15	Nussenblatt et al. (2022)	48 F	DLBCL	CAR-T cell therapy	335 days	"worsening respiratory symptoms"	CP, RDV	Negative	Cleared	No
16	Sonnleitner et al. (2022)	'60 s' F	SCLL EBV re- activation	Anti-CD20-containing chemotherapy (RIX)	207 days	Cough, fatigue, fever	IVIg (x3), COVID-19 mRNA vaccine (2 doses)	Only post- IVIg	Cleared	No
17	Drouin et al. (2021)	59 M	FL	Anti-CD20-containing chemotherapy (OBZ)	312 days	Hypoxia, cough, dyspnoea	HCQ, Lop/Rit, CP (x2), RDV, IVIg (x2), mAb (Cas/Imd) (x2)	Negative	Cleared	No
18	Keitel et al. (2021)	25 F	SCID Graft failure	HSCT Note: Regular IVIg	61 days	"persistent respiratory symptoms"	RDV, CP (x2)	Only post-CP	Cleared	No
19	Ueda et al.	63	FL	Anti-CD20-containing	56 days	Fever,	RDV	Negative	Cleared	No
20	(2022) Shoji et al. (2022)	F 61 M	FL	chemotherapy (OBZ) Anti-CD20-containing chemotherapy (RIX)	100 days	hypoxia Hypoxia, pneumonia (on imaging)	Favipiravir, RDV, IVIg	Negative	Cleared	No
21	Bronstein et al. (2021)	33 M	HL	Nil	3 months	Fever	mAb (Bamlanivimab)	N/A	Likely cleared (unstated)	No
22	Gandhi et al. (2022)	70 F	NHL	Anti-CD20-containing	217 days	Fever,	IVIg, RDV, mAb (Cas/Imd)	Negative	Cleared	No
23	(2022) Hanssen et al. (2021)	77 M	CLL	chemotherapy (RIX) Anti-CD20-containing chemotherapy (RIX), ibrutinib	64 days	anosmia Cough, dyspnoea, fever	(Cas/Imd) RDV, CP (x3)	Negative	Cleared	No
24	Zimmerli et al. (2021)	74 M	CLL	Note: regular IVIg	78 days		CP (x4)	Only post-CP	Cleared	No

(continued on next page)

Table 3 (continued)

Case #	Authors	Age, Sex	Immunosupp	nmunosuppression			Elimination Rx attempted	Anti-SARS CoV-2 Abs detected?	Virologic outcome	Mortality
			Primary disease	Secondary causes	Virologic duration	Clinical symptoms		uciceita.		
				Anti-CD20-containing chemotherapy (RIX)		Cough, diarrhoea, fever				
25	Choi et al. (2020)	45 M	Anti-phos- pholipid	Cyclophosphamide, RIX, eculizumab (anti-	151 days	Abdominal pain, fever,	RDV (x3), IVIg, ruxolitinib,	N/A	Persisted	Yes (in- hospital)
26	Zhabokritsky et al. (2022)	76 M	syndrome HIV	complement 5 mAb) Nil	142 days	hypoxia Cough, fever, dysphagia (oral thrush)	cyclophosphamide. Nil specific	N/A	Persisted	Yes
27	Kemp et al. (2021)	70 s M	MZL	Anti-CD20-containing chemotherapy (RIX)	102 days	Fever, hypoxia	RDV (x3), CP (x3), Tocilizumab	Only post-CP	Persisted	Yes (in- hospital)
28	Pérez-Lago et al. (2021)	52 M	FL	Anti-CD20-containing chemotherapy (RIX)	188 days	Fever	CP (x2), HCQ (x2), anakinra, RDV (x3), Lop/Rit, Tocilizumab	Negative	Persisted	Yes
29	Pérez-Lago et al. (2021)	47 M	FL	Anti-CD20-containing chemotherapy (RIX)	141 days	Fever, "respiratory failure"	HCQ (x2), RDV (x2), Lop/Rit (x3), CP, Tocilizumab, IVIg	Transiently post-CP	Cleared	No
30	Pérez-Lago	63	FL	Anti-CD20-containing	69 days	Not clear	HCQ, Lop/Rit (x3),	Negative	Persisted	Yes
31	et al. (2021) Khatamzas	F 70 s	FL	chemotherapy (RIX) Anti-CD20-containing	156 days	"Persistent infection"	IVIg, RDV (x2), CP CP (x5)	Transiently	Persisted	Yes
32	et al. (2021) Yasuda et al. (2021)	F 61 F	FL	chemotherapy (OBZ) Anti-CD20-containing chemotherapy (prev	"10 months"	Cough, fever	IVIg (multiple)	post-CP Negative	Cleared	No
33	Ciuffreda et al. (2021)	23 M	XLA	OBZ, current RIX) Note: Regular IVIg	149 days	Dyspnoea, fever	RDV (x2), Lop/Rit, CP	Negative	Persisted	Yes
34	Scherer et al. (2022)	40 s F	DLCBL	Anti-CD20-containing chemotherapy (RIX)	75 days	Dyspnoea, fever,	mAb (Bamlanivimab),	Only post- mAb	Persisted	Yes
35	Scherer et al. (2022)	30 s F	MZL	Anti-CD20-containing chemotherapy (RIX)	109 days	hypoxia Cough, fever, dyspnoea	RDV (x2) IVIg (x2), RDV (x2), CP	Negative	Cleared	No
36	Scherer et al. (2022)	30 s F	Myelo- dysplastic syndrome GvHD	SCT RIX, MMF, steroids Note: Regular IVIg	302 days	Dyspnoea	mAb (Bamlanivimab), IVIg, RDV	Negative	Cleared	No
37	Scherer et al. (2022)	40 s M	Thymoma	Thymectomy	200 days	Cough, fever, dyspnoea	RDV (x2), CP, IVIg	Negative	Cleared	No
38	Berktas and Koyunc (2022)	71 M	MCL	Anti-CD20-containing chemotherapy (RIX) Autologous bone marrow transplant	164 days	Fever, hypoxia	Favipiravir, RDV, Anakinra, CP	Negative	Persisted	No
39	Thornton et al. (2022)	58 M	FL	Anti-CD20-containing chemotherapy (RIX)	184 days	Fever, hypoxia	RDV (x3), IVIg, mAb (Bamlanivimab)	N/A	Cleared	No
40	Purpura et al. (2022)	69 F	SOT (heart)	Recent IVIg + eculizumab Tacrolimus, MMF, steroids	134 days	Hypoxia	HCQ (x2), Tocilizumab, RDV	Negative initially, +ve at D72	Persisted	Yes
41	Sepulcri et al. (2021)	70 M	MCL	Anti-CD20-containing chemotherapy (RIX)	268 days	Fever	Darunavir/Rit, CP, HCQ, Tocilizumab (x2), IVIg, RDV (x4)	Negative	Persisted	Yes
42	Lynch et al. (2021)	52 F	FL	Anti-CD20-containing chemotherapy (OBZ) Note: Monthly IVIg	95 days	Fever, hypoxia	HCQ	N/A	Persisted	No
43	Gibson et al. (2021)	46 F	Multiple sclerosis	Ocrelizumab (anti-CD20 mAb)	70 days	Dyspnoea, fever	CP, RDV	Negative	Cleared	No
44	Lee et al. (2022)	30 s M	DLBCL	Anti-CD20-containing chemotherapy (RIX)	328 days (at least)	Cough, fever, dyspnoea	Not recorded	N/A	Not listed	Yes
45	Lee et al. (2022)	70 s F	CLL	Anti-CD20-containing chemotherapy (OBZ)	61 days (at least)	Dyspnoea, fever	Not recorded	N/A	Not listed	No
16	Lee et al. (2022)	40 s F	Myelo- fibrosis	Allogenic SCT	63 days (at least)	Diarrhoea, fever	Not recorded	N/A	Not listed	No
47	Lee et al. (2022)	60 s M	DLBCL	CAR-T-cell therapy	64 days (at least)	Dyspnoea, fever	Not recorded	N/A	Not listed	No
48	Lee et al. (2022)	50 s M	FL	Anti-CD20-containing chemotherapy (OBZ)	112 days (at least)	Cough, fever, dyspnoea	Not recorded	N/A	Not listed	No
49	Lee et al. (2022)	50 s M	MCL	CAR-T-cell therapy	95 days (at least)	Dyspnoea, fever	Not recorded	N/A	Not listed	No
50	Hensley et al. (2021)	73 M	Multiple myeloma	CAR-T cell therapy	72 days	Dyspnoea, hypoxia	CP, RDV	Negative	Persisted	Yes
51				Nil	61 days		Not recorded	Negative	Not listed	No on next page

Table 3 (continued)

Case #	Authors	Age, Sex	Immunosuppression		Persistence		Elimination Rx attempted	Anti-SARS CoV-2 Abs detected?	Virologic outcome	Mortality
			Primary disease			detected.				
	Riddell et al. (2022)	40 s ?	HIV			Dyspnoea, fever				
52	Riddell et al. (2022)	40 s ?	HIV DLBCL	Anti-CD20-containing chemotherapy (RIX)	111 days	Hypoxia	Not recorded	Negative	Not listed	No
53	Riddell et al. (2022)	30 s ?	HIV	Nil	255 days	Fever	RDV	Yes, from initial infection	Not listed	No
54	Truong et al. (2021)	21 M	ALL	CAR-T-cell therapy	250 days	Cough, fever	RDV (x2), CP (x9)	Yes, from D136	Persists	No
55	Truong et al. (2021)	2 M	ALL	Non-anti-CD20 chemotherapy	162 days	Fever	RDV	Yes, only on D84, D176	Cleared	No
56	Helleberg et al. (2020)	50 s M	CLL	Anti-CD20-containing chemotherapy (RIX)	56 days	Fever	CP, RDV (x2)	Negative	Cleared	No
57	Reuken et al. (2021)	56 F	FL	Anti-CD20-containing chemotherapy (RIX)	4 months	Cough, fever	RDV, CP (x2), Infliximab	Only post-CP	Cleared	No
58	Nakajima et al. (2021)	47 M	FL	Anti-CD20-containing chemotherapy (OBZ)	59 days	Fever	Favipiravir, Lop/Rit	Negative	Cleared	No
59	Borges et al. (2021)	61 F	NHL	"immunosuppressive therapy"	197 days	Cough, fever, dyspnoea	RDV	Negative	Likely cleared (unstated)	No
60	Monrad et al. (2021)	75 M	CLL	Anti-CD20-containing chemotherapy (RIX), Ibrutinib	333 days	Dyspnoea, fever	RDV (x2), CP (x2)	Negative	Persisted	No

**Key:** ALL = acute lymphoblastic leukaemia CAR = chimeric antigen receptor (*T*-cell therapy); Cas/Imd = casirivimab/imdevimab (REGN-COV2) dual monoclonal antibody; CLL = chronic lymphocytic leukaemia; CP = convalescent plasma; CVID = common variable immunodeficiency; DLBCL = diffuse large B-cell lymphoma; FL = follicular lymphoma; GvHD = graft versus host disease; HCQ = hydroxychloroquine; HIV = human immunodeficiency virus; HL = Hodgkin lymphoma; ITP = idiopathic thrombocytopaenic purpura; IVIg = intravenous immunoglobulin; Lop/Rit = lopinavir/ritonavir; (m)Ab = (monoclonal) antibody; MCL = mantle cell lymphoma; MMF = mycophenolate mofetil; MZL = marginal zone lymphoma; NHL = non-Hodgkin lymphoma; OBZ = obinutuzumab; RDV = remdesivir; RIX = rituximab; SCID = severe combined immunodeficiency; SCLL = small cell lymphocytic lymphoma; SCT = stem cell transplant; SLE = systemic lupus erythematosus; SOT = solid organ transplant; XLA = X-linked agammaglobulinaemia.

## Discussion

This retrospective cohort of 6 cases of persistent SARS-CoV-2 infection describes the clinical and virologic characteristics associated with such infections. In addition, our literature review comprehensively summarises similar cases previously described. In a cohort for which prospective research is challenging, this can help provide insight into risk factors associated with persistent SARS-CoV-2 infection as well as potential treatment modalities.

There is wide variability in the classification of persistent infection, due to challenges in differentiating persistency from re-infection (Choudhary et al., 2021). In this study, viral culture was not widely available, though was performed for P1, therefore we used evidence of viral RNA persistence with successive accumulation of mutations, coupled with an ongoing COVID-19 clinical syndrome, to indicate persistent infection.

Our cohort all had haematological malignancies, echoing the findings of our literature review in which 48 patients (80%) had haematological malignancy, higher than in a UK-wide case series (Brown et al., 2022) in which 42% of cases had this underlying diagnosis, with other persistent cases in patients with primary immunodeficiencies or early HIV infection. However several authors assert that any immunodeficiency may pre-dispose to persistent SARS-CoV-2 infection (Brown et al., 2022; Haidar and Mellors, 2021). Other immuno-depleting factors are therapeutics, such as B-cell therapies, used in four of our patients, more specifically anti-CD20 mAbs (3 of our cases, 42 cases (70%) of those from our literature review). While patients with haematological malignancies produce antibodies, those with lymphoma or receiving B-cell depleting therapies may produce fewer neutralising antibodies (Cattaneo et al., 2021). Alongside this, Rituximab or other B-cell therapies lead to hypogammaglobulinaemia (Roberts et al., 2015) and may impact the immune system's ability to produce anti-SARS-CoV-2 total antibodies (Mrak et al., 2021), as was the case in our cohort. Due to each patient's

status as "clinically vulnerable", all would have been eligible for COVID-19 vaccination, however these six persistent infections pre-dated the widespread roll-out of the UK's COVID-19 vaccination program (Department of Health Social Care, 2020). While significant morbidity is associated with persistent infection (Brown et al., 2022), mortality has not been widely reported. In our cohort 50% of cases died during the hospital admission, with 66% mortality at 30 days following the final SARS-CoV-2 positive result. Mortality for patients with haematological malignancy and persistent SARS-CoV-2 infection may be even worse than the already poor prognosis for acute COVID-19 in similar patients (Arcani et al., 2021). Having said that, in our literature review mortality was 22% for this persistently infected cohort (16% if probable infections are included). However, it may be that some patients died before the 56-day cut-off used in our definition, or the mortality in the acute phase of COVID-19 is higher in these multiple co-morbid patients.

Our cohort also demonstrated extensive viral evolution, including several acquisitions of spike protein mutations indicative of subsequent VOCs, such as the E484K mutation in P4 + 5 (beta and gamma), as well as H655Y (gamma) and  $\Delta$ H69/ $\Delta$ V70 (alpha) in P1. Several of the mutations occurring in our patient group are commonly observed in other viral sequences, often causing predicted changes to known T and B cell viral epitopes, highlighting the risk that immune escape variants may arise in this patient group. We did not observe mutations associated with resistance to COVID-19 antivirals utilising the COG-UK/Mutation explorer (Wright et al., 2022) (manuscript in preparation). The E484K mutation, the commonest mutation found in a genomic analysis of persistent infections (Wilkinson et al., 2022), affects the receptorbinding domain of the spike protein, a region critical in neutralisation of SARS-CoV-2 (Cele et al., 2022). In contrast to Scherer et al. (2022) who felt that persistent infection alone was not enough to drive emergence of spike mutations, we found the emergence of significant mutations irrespective of elimination strategies, particularly in P4 who never received any elimination therapies. Similarly, P5 developed the E484K

mutation prior to Remdesivir administration. However P1 experienced rapid viral evolution before, and following Remdesivir and IVIg, though mutations of therapeutic significance largely arose pre-Remdesivir, and no further mutations were detected following later dual mAb therapy. Thus, while therapeutics may play a role in driving accelerated viral evolution, from our cohort it appears that persistent infection alone was sufficient opportunity for mutations to occur. Given the rate of mutations and SNPs in our cohort particularly affecting the spike protein, alongside variable virologic response to elimination therapies, it is likely that SARS-CoV-2 has various approaches to avoiding neutralisation in persistent infection, increasing virulence, or enhancing immune escape. Given concerns of where the Omicron variant has arisen (Mallapaty, 2022), as well as the potential for further, highly mutated variants of SARS-CoV-2 in future, if chronically infected individuals are implicated in the development of VOCs also suggests that control of such infections is crucial in controlling the SARS-CoV-2 pandemic.

Two patients (P1 + P3) have survived beyond 6 months since viral clearance, have recovered and remain negative. Both cleared SARS-CoV-2 following dual mAb therapy with casirivimab/imdevimab, with P3 having received combination therapy with Remdesivir. Given the prolonged, persistent infection prior to the administration of mAb therapy, alongside subsequent rapid resolution of clinical symptoms and SARS-CoV-2 from the upper respiratory tract, we suspect mAbs played a crucial role. This is in keeping with other reports (Brown et al., 2022; Taha et al., 2021) and our literature revealed that in cases of confirmed persistent infection, 80% (12/15) of those receiving mAb therapy cleared SARS-CoV-2 by the time of publication. No patients who had received mAbs for persistent SARS-CoV-2 infection died. Both P1 + 3 had previously failed to clear SARS-CoV-2 with Remdesivir monotherapy. Multiple therapeutics have been trialled, with Remdesivir monotherapy, convalescent plasma, and IVIg in persistently infected patients having delivered variable results (Brown et al., 2022; Kemp et al., 2021; Rüfenacht et al., 2022), occasionally leading to a very brief period of improvement virologically or clinically before rapid relapse (Schenker et al., 2021; Morishita et al., 2022), exactly as occurred for P3. Further, it has been suggested that a relapse of infection following the administration of convalescent plasma can drive accelerated accrual of escape mutations (Kemp et al., 2021), however this has not always been replicated in subsequent cases (Taha et al., 2021). Clinical data on the use of convalescent plasma is inconsistent (RECOVERY Collaborative Group, 2021; Sullivan et al., 2022), though successful viral clearance has been described in certain populations and may be dependent on further factors such as dose responses. However, combination therapy, such as the role of Remdesivir alongside mAbs may be valuable (Taha et al., 2021; Dioverti et al., 2022), and was the treatment approach used for P3, with rapid viral clearance. Further trials would need to address this question as currently there remains a lack of strong evidence. Given the role which anti-CD20 therapies seem to play in persistent infection, it is also critical to consider whether any alternative therapies for haematological malignancy are possible, to reduce the B-cell depletion which seems such a crucial pre-disposing factor (Von-Lilienfeld-Toal et al., 2020). The long-term sustainability of monoclonal therapy for the eradication of persistent infection is in question following the replacement of Delta by the Omicron coronavirus variant. Casirivimab/imdevimab was quickly shown to have negligible neutralising activity against Omicron (Bruel et al., 2022) and its use quickly advised against in the UK and USA among other jurisdictions (Department of Health Social Care, 2021). Nonetheless, newer synthetic antibody therapies such as tixagevimab-cilgavimab and sotrovimab, may provide therapeutic options against newer variants of SARS-CoV-2 and their utility continues to be investigated (ACTIV-3-Therapeutics for Inpatients with COVID-19 (TICO) Study Group, 2022). We are yet to see whether the widespread adoption of early antiviral medications to prevent severe disease in highrisk groups, such as those with haematological malignancy, will also prevent the development of persistent infection.

Limitations to this study include its retrospective nature and the

small numbers included, reflecting the prevalence of persistent infection on anything below a national level. There are few statistics possible beyond descriptive analysis of this cohort, potentially limiting generalisability. However, reports such as this are crucial to drive recognition of small, yet significant cohorts, not only for individuals but for the wider approach to the pandemic. Further, our literature review seeks to collate and describe the most comprehensive body of cases of persistent SARS-CoV-2 infection yet described. Finally, while viral culture would be optimal in confirming the presence of live virus, our approach of correlating clinical and virologic parameters represents a realistic approach to recognising and monitoring persistent infection in clinical practice.

## **Conclusions**

We describe clinical and virologic characteristics of persistent SARS-CoV-2 infection, a small but crucial cohort of patients given the potential impact not only for individuals but also to public health. Haematological malignancy and B-cell depletion, often secondary to anti-CD20 mAb therapy are important risk factors to recognise, to ensure appropriate investigation, such as regular semi-quantitative SARS-CoV-2 analysis. Previous concerns regarding accelerated viral evolution, particularly relating to potential intra-host evolution driving VOCs, were evidenced in this study, irrespective of SARS-CoV-2 therapeutics. Given this, rapid viral elimination in persistently positive patients is critical. Our cohort mimics many of the findings of our literature review, which describes 60 cases of confirmed infection, though given our further finding of 31 cases of probable infection, a clearer definition and approach to diagnosing persistent SARS-CoV-2 infection is also important going forwards. Combination therapy, with antivirals and mAbs appears a promising therapeutic approach, though larger-scale trials are required.

#### **Ethical statement**

As the study was retrospective in nature, with no impact on the clinical care of patients, specific ethical approval was not required for this study.

# CRediT authorship contribution statement

**David Hettle:** Conceptualization, Methodology, Investigation, Writing – original draft, Writing – review & editing. **Stephanie Hutchings:** Methodology, Investigation, Data curation, Writing – review & editing. **Peter Muir:** Conceptualization, Methodology, Writing – review & editing, Supervision. **Ed Moran:** Conceptualization, Methodology, Writing – review & editing, Supervision.

# **Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

# Appendix A. Supplementary material

Supplementary data to this article can be found online at https://doi.org/10.1016/j.clinpr.2022.100210.

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