

HHS Public Access

Author manuscript

Osteoarthritis Cartilage. Author manuscript; available in PMC 2023 December 01.

Published in final edited form as: Osteoarthritis Cartilage. 2022 December; 30(12): 1616–1630. doi:10.1016/j.joca.2022.08.015.

Early Ablation of Ccr2 in Aggrecan-expressing cells Following Knee Injury Ameliorates Joint Damage and Pain during Posttraumatic Osteoarthritis

Helen Willcockson, MS^{*}. Huseyin Ozkan, MD^{*}, Liubov Arbeeva, MS, Esra Mucahit, BS, Layla Musawwir,

Lara Longobardi, PhD

Division of Rheumatology, Allergy and Immunology and the Thurston Arthritis Research Center, University of North Carolina-Chapel Hill, NC.

Abstract

Objective.—To investigate whether *Ccr2* inactivation in aggrecan-expressing cells induced before PTOA onset or during progression, improves joint structures, synovial thickness and pain.

Design.—We induced a *Ccr2* deletion in *aggrecan*-expressing cells (*CCR2-AggKO*) in skeletally mature mice using a tamoxifen-inducible Ccr2 inactivation.. We stimulated PTOA changes (DMM) in CCR2-AggKO and CCR2+/+ mice, inducing recombination before DMM or 4wks after DMM (early- vs late-inactivation). Joint damage was evaluated 2, 4, 8, 12wks post-DMM using multiple scores: articular-cartilage structure (ACS), Safranin-O, histomorphometry, osteophyte size/maturity, subchondral bone thickness and synovial hyperplasia. Spontaneous (incapacitance meter) and evoked pain (von-Frey filaments) were assessed up to 20wks.

Address all correspondence and requests for reprints to: Lara Longobardi, PhD, Division of Rheumatology, Allergy and Immunology, University of North Carolina at Chapel Hill, 3300 Thurston Bowles Bldg, Campus Box 7280, Chapel Hill, NC 27599. Phone: (919) 843-4727. Fax: (919) 966-1739, lara_longobardi@med.unc.edu (L. Longobardi). ^{*}HW and HO contributed equally to this work

Author Contributions

- 1. Study conception and design: H.W., H.O. L.L. Acquisition of data: H.W., H.O., L.Z.M., E.N.M., L.L. Data analysis and interpretation: H.W., H.O., L.A., L.L. Obtaining of funding: L.L.
- 2. Drafting and revision of manuscript. all authors have contributed to the draft and revision of the manuscript.
- Final Approval of the Manuscript: all authors have reviewed the final version of the manuscript and approved the version 3. to be published.

Lara Longobardi takes full responsibility for data integrity and analysis, from inception to finished article (lara_longobardi@med.unc.edu).

Conflict of interest

Authors do not have conflicts of interest to disclose.

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Results.—Early aggrecan-*Ccr2* inactivation in *CCR2-AggKO* mice (N=8) resulted in improved ACS score (8–12wk, p=0.002), AC area (4–12wk, p<0.05) and Saf-O score (2wks p=0.004, 4wks p=0.02, 8–12wks p=0.002) compared to *CCR2+/+*. Increased subchondral bone thickness was delayed only at 2wks and exclusively following early recombination. Osteophyte size was not affected, but osteophyte maturation (cartilage-to-bone) was delayed (4wks p=0.04; 8wks p=0.03). Although late aggrecan-*Ccr2* deletion led to some cartilage improvement, most data did not reach statistical significance; osteophyte maturity was delayed at 12wks. Synovial thickness did not change in all experiments. Early aggrecan-Ccr2 deletion led to improved pain measures of weight bearing compared to *CCR2+/+* mice (*N*=9, 12wks diff 0.13 [0.01, 0.26], 16wks diff 0.15[0.05, 0.26], 20wks diff 0.23 [0.14, 0.31]). Improved mechanosensitivity in evoked pain, although less noticeable, was detected.

Conclusions.—We demonstrated that deletion of Ccr2 in aggrecan expressing cells reduces the initiation but not progression of OA.

Keywords

Chemokines; Osteoarthritis; Joint disease; Animal Model; Cartilage; Bone

Introduction

Increased expression of chemokines in joint tissues are believed to be linked to osteoarthritis (OA) progression[1]. This work focuses on the specific targeting of CC-chemokine Receptor-2 (CCR2) during post-traumatic OA (PTOA); our interest stems from previous mouse developmental studies where we found that abnormal CCR2 signal in the forming joint leads to Collagen-2 dysregulation and affects proper limb ossification, suggesting that similar compartment-specific regulation might be related to OA progression, involving both chondrocytes and osteoblasts[2]. CCR2 is expressed in several tissues, including chondrocytes and osteoblasts[3, 4] and has been recognized as an important potential target in OA; CCR2 and its ligands CCL2 (a.k.a. MCP1) and CCL12 (a.k.a. MCP-5) are significantly increased in both rodent OA models and in humans with OA and have been shown to mediate OA pain[5–11]. In previous clinical studies, we determined that increasing CCL2 serum levels at baseline were associated with radiographic knee OA progression and joint space narrowing at 5-year follow up[7]. Previous animal studies, including ours, have demonstrated that systemic pharmacological inactivation of CCR2 successfully prevented OA progression and pain [5, 8]. However, our previous studies using the destabilization of medial meniscus (DMM) post-traumatic OA (PTOA) model, demonstrated that the efficacy of CCR2 systemic targeting was stage-specific and dependent on treatment length. Early and transient CCR2 inhibition improved cartilage and bone structures, while continuous CCR2 inhibition initiated at joint injury, as well as delayed treatments, did not improve PTOA outcomes, but alleviated pain. These results suggest that joint tissues might respond in a temporal specific manner to CCR2 stimulation[8]. We also showed that during DMM, protein levels of the CCR2 ligand CCL12, are detectable in articular cartilage (AC) in OA lesions, increasing with OA severity, but undetectable in controls[8]. Furthermore, our in-vitro studies in human chondrocytes highlighted how a certain CCL2 balance was critical

for selective activation of cartilage degradation markers, suggesting an important role of CCR2 in cartilage degeneration[12].

Therefore, we decided to specifically target CCR2 in cartilage and determine both its preventive and therapeutic effects on the whole joint degeneration. To this scope, we used an inducible aggrecan-specific *Ccr2* inactivation, inducing recombination before DMM (preventive) or during OA progression (therapeutic), and followed disease modifications in cartilage, bone and synovium. Although the beneficial systemic targeting of CCR2 on pain management has been demonstrated, we are the first to report the direct contribution of cartilage levels of CCR2 with joint structure and its correlation to pain perception[8, 9, 13]. This information is critical to the future development of CCR2 as a target for both pain and structure in PTOA.

Method

Animals

Animal protocols follow ARRIVE guidelines and were approved by UNC Animal Care and Use Committee. *Aggrecan-Cre^{ERT2}* mice have an inducible Cre recombinase integrated in the 3'-UTR of the endogenous *aggrecan* gene[14]. In the *CCR2-floxed* mice (*CCR2^{flx/flx}eGFP*), the exon 3 of the *Ccr2* allele is flanked by loxP sites, followed by an eGFP cassette[15]. Mice were on a C57BL/6 background.

We crossed $AggCre^{ERT2}$ with $CCR2^{flx/flx}$ -eGFP mice to obtain $CCR2^{flx/flx}$ -eGFP/ $AggCre^{ERT2}$ -positive and $CCR2^{flx/flx}$ - $eGFP/AggCre^{ERT2}$ -negative. We induced Cre recombination in $CCR2^{flx/flx}$ - $eGFP/AggCre^{ERT2}$ -positive by tamoxifen injection to obtain a mouse with Ccr2 inactivation in aggrecan-expressing cells (referred as CCR2-AggKO). Injections were performed either 2-weeks (wks) before surgery (to achieve an early CCR2 inactivation) or 4wks after surgery (for late CCR2 inactvation). Mice were euthanized for OA assessment at 2, 4, 8 and 12wks post-surgery for the early CCR2 inactivation group or 8 and 12wks for the late CCR2 inactivation. Tamoxifen-injected $CCR2^{flx/flx}$ $eGFP/AggCre^{ERT2}$ -negative mice, where the Cre is not expressed, were used as controls (CCR2+/+) (details in Supplemental Methods).

Induction of OA

DMM/Sham surgery was induced in the right leg of sixteen-week-old *CCR2-AggKO* or *CCR2+/+* male mice by transecting the menisco-tibial ligament, as previously described[16–18]. In the Sham, the ligament is visualized and left untouched (Supplemental Methods). Mice subjected to DMM/Sham were assessed for pain behaviors up to 20wks post-surgery. In a parallel set of experiments, dissected knees from mice at 2, 4, 8 and 12wks post-surgery were fixed and prepared for histology.

Behavioral pain assessment

Spontaneous hindlimb weight distribution was measured with an incapacitance meter as previously reported[19];the static weight distribution on the two hind paws was measured as the force exerted by each limb on a plate over a given time period. We used a ratio

between the two paws (Left/un-operated vs Right/operated) as measure of pain. Higher ratios resulting from decreased weight bearing on the operated knee indicate increased pain. Evoked pain was assessed by application of von Frey filaments to the plantar surface of the hindpaw to determine a mechanosensitivity threshold. A mouse responding to a filament of less force (grams) was more sensitive (Supplemental Methods).

Histopathologic assessment of arthritis

Dissected knees were prepared and assessed. For OA grading, we used the AC Structure score (ACS, scale 0–12) and the Safranin-O staining score (Saf-O, scale 0–12), to provide in-depth information regarding changes within the lesions, for both AC structure and extracellular matrix integrity[20] (Supplemental Methods). Results were expressed as the average of scores in all quadrants in all sections.

Histomorphometric analyses using Image-*J* were performed to quantify area of AC and subchondral bone[21], from mice used for ACS/Saf-O semiquantitative assessments[8] (Supplemental Methods).

Osteophyte assessment.

We used the scoring system developed to assess osteophyte size and maturity, with the latter reflecting the osteophyte tissue composition[22] (Supplemental Methods). Histomorphometric analysis were performed to quantify area of cartilage in the osteophytes and expressed as percentage of the total osteophyte areas (Image-*J*, Supplemental Methods[21].

Because osteophytes in the DMM are predominately localized on the medial-side, only sections from this region were graded.

Immunohistochemistry (IHC) studies

Sections adjacent to those used for histopathologic assessment were used for IHC staining for CCR2, Col10 and GFP (Supplemental Methods). As control, representative sections were incubated without primary antibody, to exclude non-specific binding.

Images were taken with an Olympus BX51 microscope and a DP71 camera.

Assessment of synovial thickness

One H&E stained section/mouse from the posterior joint compartment was scored for the synovial hyperplasia based on the scoring system described by Rowe et al. scale of 0-3)[23] (Supplemental Methods). Joint medial and lateral compartments were scored separately.

All scores/measures were acquired in a blinded manner by three independent investigators, and results were expressed as an average.

Statistical analysis

Statistical analyses were performed using SAS v 9.4 (SAS Institute) and based on a 0.05 significance level. Shapiro-Wilk and Levene's tests were used for assessing normality of

data and homogeneity of variance. Due to the violation of normality assumption in most outcomes, which did not improved after the logarithmic or square root transformation, non-parametric Wilcoxon rank sum tests following Benjamini and Hochberg adjustment for p-values in multiple comparisons were performed to examine differences in mean ACS, Saf-O, histomorphometry among groups. Analyses were performed separately at 2, 4, 8, and 12wks.

For osteophyte size/maturity and synovial hyperplasia Wilcoxon tests were used.

For longitudinal von Frey and incapacitance measures, linear mixed effects models were fit with unstructured covariance structure to account for repeated measures over time. Fixed-effect terms included indicators for group (DMM or Sham, for each genotype, and left/right for von Frey measurements), time in weeks and their interaction. To account for von Frey measurements on both knees collected for each mouse, mouse random effect was included in the model. Model assumption of normality of residuals was checked visually with Q-Q plot. Equal variance of residuals was checked with a plot of residuals vs. fitted values. For von Frey, a square root transformation was used to achieve normality. Mice missing follow-up measurements were still included in the model under a 'missing at random' paradigm. *Proc plm* was used to estimate comparisons of interest by specifying differences between means. Plots were generated using GraphPad Prism Software (9.1.0).

Results

CCR2 inactivation in aggreacan-expressingjoint tissues.

We successfully generated inducible *CCR2-AggKO* mice, by injecting tamoxifen in $CCR2^{flx/flx}$ -eGFP/AggCre^{ERT2}-positive mice, where Cre recombination leads to *Gfp* expression. Injected $CCR2^{flx/flx}$ -eGFP/AggCre^{ERT2}-negative mice were used as Controls $(CCR2^{+/+})$. Figure-1 shows the presence of GFP protein staining in the AC and meniscus of CCR2-AggKO 2wks after first injection, while it was undetectable in the *CCR2*-AggKO. To confirm the CCR2 inactivation, we assessed protein expression levels of CCR2 in the AC and meniscus and, as expected, we found CCR2 staining in both compartments of CCR2+/+ mice but not in *CCR2*-AggKO (Fig.-1 A–C). To understand the contribution from non-articular cartilage CCR2-expressing tissues within the joint, we also assessed protein levels of CCR2 and GFP in ligaments, bone and synovial capsule. We found no detectable expression of GFP in ligaments (Supplemental Fig. S1), bone (Supplemental Fig. S2), or in the lining cells of the synovium (Supplemental Fig. S3) as confirmed by the positive staining of CCR2 in both CCR2+/+ and *CCR2*-AggKO mice.

Early -CCR2 inactivation in aggrecan-expressing cells decreases PTOA cartilage damage.

We induced Cre recombination in CCR2^{flx/flx}-eGFP/AggCre^{ERT2}-positive mice before DMM to obtain *CCR2-AggKO* and followed PTOA damage in cartilage, bone and synovium at mild (2, 4wks), moderate (8wks) and severe (12wks) stages. To provide a comprehensive characterization of the cartilage lesions, we used both the ACS and Saf-O semiquantitative scores[20]. In Figure-2A–B, early Ccr2 inactivation leads to lower ACS score at moderate/ severe OA stages compared to the *CCR2+/+*; although a decrease in ACS score is detected

also at mild stages (Table-1), results were not statistically significant. Differently from ACS score, changes in Saf-O in *CCR2+/+* DMM mice are detected as early as 2wks post-surgery (median=2.00), compared to Sham controls (median=0.38), indicating a rapid deterioration of the extracellular matrix (Fig.-2C–D). Interestingly, DMM *CCR2-AggKO* mice showed improvement of the extracellular matrix at all stages, compared to DMM *CCR2+/+* (Fig. 2C–D, Table-1). We also performed AC histomorphometric analysis to quantify cartilage loss. Starting 4wks post-surgery, *CCR2-AggKO* DMM mice showed increased AC area compared to *CCR2+/+* DMM (Fig.2E, Table-1).

Early CCR2 inactivation in aggrecan-expressing cells before injury partially affects bone damage..

We evaluated changes in osteophyte formation and subchondral bone thickness in both genotypes. We rarely observe osteophytes in Shams at all time-points (Fig.-3A), therefore they were excluded from the analysis. Early Ccr2 deletion does not affect osteophyte size during OA progression (Fig.-3B, Table-1). Changes in osteophyte tissue composition (maturity score and osteophyte cartilage quantification) were detected at 4wks and 8wks, indicating a persistence of cartilaginous tissue in the forming osteophyte; however, such differences are not relevant at 10wks, where bone tissue seems to be predominant in both genotypes (Fig.-3C-D). This result is validated by IHC, where increased expression of Collagen-10 is visible Fig.-3E in the osteophytes of CCR2-AggKO mice at 4 and 8wks, compared to CCR2+/+ mice. This outcome indicates a persistence of hypertrophic chondrocytes in the forming osteophytes of CCR2-AggKO mice, that is not seen in the CCR2+/+. When evaluating subchondral bone thickness, we found that CCR2 ablation in aggrecan-expressing cells was delaying subchondral changes at 2wks, but no relevant differences were noticed as OA progressed (Fig.-3F). No changes in subchondral bone thickness were detected in shams (data not shown), therefore they were not included in the analysis.

Early CCR2 inactivation in aggrecan-expressing cells does not affect PTOA synovial hyperplasia.

As a chemokine receptor, CCR2 has a role in macrophage recruitment and inflammation[1, 11], therefore, we analyzed PTOA synovial hyperplasia in both *genotypes*. Although some decrease in lining cell thickness was observed in a few samples, the high variability among replicates did not produce significant changes between *genotypes* (Supplemental Figure-S4, Supplemental Table-S1). Synovial thickness is rarely present in shams, therefore they were not included.

Late CCR2 inactivation in aggrecan-expressing cells does not significantly prevent PTOA cartilage damage.

We induced Cre recombination in CCR2^{flx/flx}-eGFP/AggCre^{ERT2}-positive mice during PTOA, following joint degeneration in *CCR2-AggKO* and *CCR2+/+* mice at moderate and severe stages (8–12wks). Late Ccr2 inactivation was not able to consistently prevent or slow cartilage ACS score at both stages, and differences among DMM groups were not significant (Fig.-4A–B, Table-2). The extracellular matrix composition showed a slightly better outcome, with score improvement on moderate PTOA (8wks), but not on severe OA

(Fig. 4C–D). Histomorphometric analysis confirmed the loss of efficacy in preventing AC damage following late Ccr2 inactivation and no changes in area quantification were detected at any OA stages (Fig. 4E).

Late CCR2 inactivation in aggrecan-expressing cells does not affect bone damage but delays their maturation from cartilage to bone.

Ccr2 deletion during OA progression did not affect osteophyte size at any disease stages (Fig.-5A–B and Table-2) in both *genotypes*, while a decrease in osteophyte maturity was detected in *CCR2-AggKO* mice at 12wks, compared to *CCR2+/+*, confirming an action of Ccr2 on osteophyte tissue composition (Fig.-5C–D). Figure 5E confirmed an increased expression of Col10 in the *CCR2-AggKO* osteophytes at 12wks, compared to *CCR2+/+* mice. Late CCR2 inactivation did not change the DMM-induced increase in subchondral thickness (Fig.-5F). As above, shams were excluded from the analysis (Fig.-5A)

Late CCR2 inactivation in aggrecan-expressing cells does not affect synovial hyperplasia.

No changes in synovial hyperplasia scores were detected between *CCR2-AggKO* and *CCR2+/+* mice at the time points observed (8 and 12wks), with high variability among replicates (Supplemental Figure-S5 and Supplemental Table-S2).

Early CCR2 inactivation in aggrecan-expressing cells reduces pain on severe PTOA.

We previously reported that systemic CCR2 targeting decreased DMM-induced static weight bearing pain measures[8]. In this study we analyzed whether the CCR2-AggKO improved cartilage structure was translated to improved spontaneous pain behavior compared to CCR2+/+ mice, measured by hindlimb weight distribution. Table-1 and Supplementary Table-S3 include estimated between-group differences (corresponding 95% CIs) at each time point. Early Ccr2 deletion resulted in decreased pain responses during PTOA progression (4wks: mean difference, 0.10; 95% CI, [0.00, 0.19]; 8wks: mean difference, 0.10; 95%CI, [-0.02, 0.23];12wks: mean difference, 0.13; 95%CI, [0.01, 0.26]; 16wks: mean difference, 0.15; 95% CI, [0.05, 0.26]; 20wks: mean difference, 0.23; 95% CI, [0.14, 0.31]) (Fig.-6A, CCR2+/+ vs CCR2-AggKO). As OA progressed up to 20wks, we found no increase in pain perception in the CCR2-AggKO mice, with values that are not different from the sham (4wks: mean difference, 0.01; 95% CI, [-0.09, 0.11]; 8wks: mean difference, 0.01; 95% CI, [-0.12, 0.15]; 12wks: mean difference, 0.02; 95% CI, [-0.11, 0.15]; 16wks: mean difference, 0.02; 95%CI, [-0.08, 0.13]; 20wks: mean difference, 0.01; 95%CI, [-0.08, (0.10)). In contrast, *CCR2+/+* mice progressed with higher static pain measures, as compared to CCR2-AggKO mice (Fig.-6A).

We also evaluated changes in evoked pain caused by DMM using von Frey filaments (Fig.-6B, Table-1 and Supplemental Table-S4). We found that pain values between the DMM leg vs its contralateral were only relevant starting at 16–20wks, in both genotypes(); when comparing DMM legs between *genotypes*, no differences were detected at any time point, although a trend was observed by 20wks (mean difference, -0.42; 95%CI, [-0.81, -0.04]). No differences between shams of different genotypes were found, and no difference were found when comparing non-OA legs (shams, contralateral of sham and contralateral of DMM) for both genotypes (Supplemental Fig.--S6 and Supplemental Table-S4, therefore

sham values have been grouped together at each time point and the average is shown as black line (Fig.-6B).

Discussion

Although several studies indicate that CCR2 inhibition can reduce pain in pre-clinical OA models, evidence that it provides a benefit for structural OA damage has varied depending on the model system studied[5, 8–11]. Studies using the DMM model in global *Ccr2*-null mice demonstrated a key role for CCR2 in establishing OA pain but observed a modest reduction in chondropathy, evident only at the most severe stages[9–11]; we believe the lack of more significant reduction in cartilage lesions might be due to the limitations in using *Ccr2* global germ-line deletion as a model system for OA, such as the reported pre- and post-natal growth plate defects[24]. We also showed that CCR2 blockade caused impaired limb ossification during embryogenesis[2] and found evidence post-natally of disorganized proliferative columns in the growth plate of *Ccr2*-null mice (P10, Supplemental Fig.-S7). Therefore, altered bone remodeling may mask amelioration of OA.

Mounting data have highlighted the importance of CCLs/CCR2 axis in knee injuries and OA, in both clinical[7, 25–28] and animal studies[5, 8, 29]. More importantly, in accordance with other investigators[5], we previously showed that pharmacological inactivation of CCR2 successfully prevented PTOA progression[8]; while this evidence recognizes CCR2 as a promising therapeutic target, past studies in arthritis have led to contrasting results using systemic approaches[30, 31]. Studies in inflammatory arthritis using *Ccr2-null* mice have led to the identification of CCR2⁺ T cell subpopulation that down-modulates the inflammatory response during disease progression[30]; therefore, a systemic approach to CCR2 targeting during OA might not be ideal, because it could enhance inflammation at certain disease stages and impact its therapeutic application. In line with this hypothesis, our previous DMM data demonstrated a temporal-specific effect of CCR2 targeting on cartilage and bone structural changes, with treatment efficacy limited at the early and moderate OA stages, highlighting the need to address the tissue-specific action of Ccr2 for therapeutic purposes[8, 32].

Given the critical role of *Ccr2* in cartilage metabolism and OA[12, 33–35], we focused on cartilaginous joint tissues, using aggrecan-Cre to drive Ccr2 recombination. Aggrecan is a major component of the extracellular matrix, necessary for the hydration of cartilage and its weight-bearing mechanical demands, therefore it is widely used for deleting genes in cartilage and the inner meniscus in preclinical OA models. We modulated Ccr2 deletion after skeletal maturity at different times during PTOA to determine the contribution of cartilage levels of CCR2 to the whole joint pathology and pain. To provide more in-depth information of changes within the lesions, we dissected the contribution of CCR2 to the integrity of the basal lamina (ACS), and to changes in the cell compartment or the extracellular matrix[20]. We noticed that extracellular matrix composition was the first parameter to improve by Ccr2 inactivation (Fig.-2D), as early as 2wks post-surgery, followed by AC thinning (Fig.-2E, 4wks) and AC structure (Fig.-2B, 8wks). Such time-dependency in different cartilage properties might reflect a stage-specific activation of distinctive cartilage degradation markers by CCR2, as corroborated by our previous human

in vitro data demonstrating a differential regulation of signaling pathways involved in cartilage degradation in normal chondrocytes vs OA samples in response to CCL2/CCR2 stimulation[12].

We next determined whether a delayed cartilage-specific targeting of the CCR2 after disease onset could improve cartilage changes at later stages. Delayed Ccr2 targeting drastically reduced the beneficial effect on cartilage damage, with transitory improvements only limited to the extracellular matrix(Fig.-4D). In accordance with our previous DMM studies[8], these data suggest the need of early intervention on CCR2 targeting for potential therapeutic approaches on PTOA cartilage damage.

Bone involvement is a hallmark of OA[36-38] and CCR2 has been shown to modulate skeletal repair and bone remodeling[39]. In the DMM, chondro/osteophytes and increased bone thickness are early PTOA features[8]; we demonstrated that early systemic pharmacological CCR2 targeting led to amelioration of such bone parameters[8]. Since Ccr2 was not ablated in bone tissues in the present study (Supplemental Fig. S2), we were able to analyze how cartilage and meniscus levels of CCR2 indirectly contributed to bone lesions. In contrast with pharmacological systemic targeting[8], subchondral thickness and osteophyte size were not changed following Agg-specific CCR2 inactivation, either with early (Fig.-3B, 5F) or late recombination (Fig.-5B, 5F), although a delay in subchondral changes was noticed at early stages, following early CCR2 ablation (2wks, Fig.-3F). When analyzing osteophyte tissue composition, a persistence of cartilage matrix was observed with both early and late CCR2 inactivation, although with some variability in the timeline (4wks/8wks vs 12wks respectively, Fig.-3C-D-E; Fig.-5C-D-E). These differences suggest that Ccr2 expression in other cell compartments might have a role in DMM-induced bone changes and that CCR2 levels in cartilage might only partially mediate their ossification. Studies are in progress in our lab to understand the contribution of osteoblast-Ccr2 expression to the whole PTOA pathology.

Synovitis has been reported after 4wks in DMM mice compared to shams [40] therefore, macrophage activation by CCR2 may contribute to synovial damage during DMM-induced OA. However, cartilage CCR2 levels don't seem to affect the increase in synovial thickness induced by DMM, either with early or late receptor inactivation, suggesting that the CCR2-mediated synovial hyperplasia might be directly correlated to Ccr2 expression in other cell compartments, such as macrophages or other inflammatory cells. Further studies are needed to understand the contribution of CCR2 to the whole inflammatory response during PTOA.

Sensory innervations are abundant in the joint and pain can originate from many articular tissues[41]. CCR2 is expressed in the dorsal root ganglia (DRG) and its role in pain perception has been confirmed by different investigators[8–10, 13]. In a study in *Ccr2* null mice, Abbadie et al. compared nociceptive responses in both inflammatory and neuropathic pain models describing differences in the contribution of CCR2 to chronic and acute pain[13]. Several studies report a correlation between specific structural changes in a defined joint tissue with pain[42, 43]. For example, joint space narrowing was more strongly associated with pain than was the presence of osteophytes[43]. We previously showed that early and transient systemic CCR2 targeting decreased PTOA pain, but we could not exclude

an involvement of DRG in this perception, since CCR2 mRNA, protein, and signaling activity are up-regulated in the DRG following DMM surgery[9]. Here, we establish a link between Ccr2 levels in aggrecan-expressing cells and cartilage degeneration post-trauma, and the contribution of such structural changes to PTOA pain. We demonstrated that amelioration of joint structure by Ccr2 early ablation was able to decrease static measures of pain at severe OA stages (12wks), with benefits increasing as OA progressed (up to 20wks, Fig.-6A). Evoked pain, induced by mechanostimulation, was also affected by Ccr2 deletion in the DMM leg compared to the contralateral, however between- group differences were smaller and did not reach statistical significance. These discrepancies might be attributed to the activation of different pain pathways and progression of chronic pain. A human OA study by Parks et al. corroborates the hypothesis of distinct mechanisms in evoked vs spontaneous knee pain[44]. Mechanical pressure-evoked pain ratings were minimally different between OA and healthy subjects, while spontaneous OA knee pain induced brain activity like chronic back pain. Furthermore, when using OA animal models to understand pain-related outcomes, differences in pain measures might also reflect, to some extent, the limitations of approaches and available techniques[45].

Aggrecan expression has been found in brain tissue, where it is thought to restrict certain developmental processes during neural maturation[46]. When comparing evoked mechanosensitivity values in absence of OA degeneration (Von Frey, Shams and Contralateral legs of both *CCR2-AggKO* and *CCR2+/+*), our results show no differences from baseline up to 20ks post-surgery, with *CCR2-AggKO* similar to *CCR2+/+* (Supplemental Fig.-S7 and Supplemental Table-S4). These data confirm that both *genotypes* show comparable sensitivity to evoked stimulation, suggesting that the Ccr2 ablation in aggrecan-expressing cells did not affect mechanosensitivity in the absence of joint tissue degeneration.

Several strategies to target cartilage and bone tissues independently are currently being developed[47–49]. There is also a move in the field to better phenotype OA by assessing specific joint tissues affected in a given individual to optimize therapies. In this respect, understanding the role of CCR2 in cartilage and its associated pain, will help to define a critical window for PTOA intervention and determine the value of tissue specific-targeting for CCR2-mediated therapies. Finally, our studies shed light on how reducing damage in one tissue might benefit other joint tissues.

Limitations of the study

As discussed, besides articular cartilage, aggrecan is also expressed in other joint tissues, such as the inner zone of the meniscus, that also express CCR2. Although we did not detect any recombination in other joint tissues, such as ligaments and synovium, we cannot exclude that some recombination might occur in other joint compartments below the level of detection of the IHC technique. Therefore, it's likely that CCR2 expression in joint tissues other than AC, might contribute to the PTOA and pain that we assessed in our model. Further studies are needed to determine the specific contribution of CCR2 in each of these tissues to the whole joint pathology and pain.

The exclusive use of young male mice might constitute a limitation of the study, since it is known that age can exacerbate DMM-induced damage and estrogen can delay OA progression and alter pain responses[50]. Further studies in our lab are planned to understand the role of CCR2 in aging, as well as the impact of estrogen in PTOA.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

We thank the Animal Histopathology Core at the University of North Carolina at Chapel Hill for their technical assistance.

We thank Dr. Manolis Pasparakis, University of Cologne, Germany, for providing the CCR2^{flx/flx}eGFP mice.

We thank Dr. Peng Liu, School of Medicine, UNC, for providing the global CCR2-null mice.

The *Aggrecan-Cre^{ERT2}* mice are originally produced by Benoit de Crombrugghe, University of Texas MD Anderson Cancer Center, Houston, TX.

We thank Amanda Le and Amaya Esterellas for their technical assistance in the behavioral experiments and Jose' Valdes-Fernandez for technical assistance in image acquisition.

In addition, we would like to thank Dr. Richard Loeser, Thurston Arthritis Research Center, UNC, Chapel Hill, for his constant advice and support.

Role of the funding source

This work has been sponsored by the National Institute of Health, National Institute of Arthritis and Musculoskeletal and Skin Diseases (R01AR070821 to Dr. Longobardi; P30 AR072580 to Dr. Callahan, UNC Core Center for Clinical Research, for Liubov Arbeeva support).

Sponsors had no involvement in the study design, collection, analyses, interpretation of data and in the manuscript writing.

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Articular cartilage

С





(A) Paraffin embedded knee joint sections are immunostained for CCR2 and GFP, two weeks after the first Tam injection. Positive staining is detected as brown precipitate (red arrows). CCR2 staining is detected in the AC of CCR2+/+ mice, while is absent in *CCR2-AggKO*. Conversely, GFP staining is visible in *CCR2-AggKO* (red arrows) but undetected in CCR2+/+ mice. (B) Images represent a magnification of the rectangle in the articular cartilage defined in panel A. (C) Images represent a magnification of the rectangle in the meniscus defined in panel A. Images are representative of 6 different mice for each of the

experimental groups described, ranging between 14 and 18 weeks of age. Scale bars are 100 $\mu\text{m}.$

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Figure 2. Histopathological evaluation of *CCR2-AggKO* and *CCR2+/+* mouse knees, following early CCR2 inactivation.

(A) H&E staining of the knee medial compartment from *CCR2-AggKO* and *CCR2+/+* mice after DMM/Sham (time indicated); images are representative of N=8 for each time point. (B) ACS score (0–12 scale) of DMM/Sham knees at the time point indicated. Results are expressed as average of 4 quadrants (medial and lateral tibial plateau, medial and lateral femoral condyles); N=8 mice for each experimental point. (C) Safranin-O/Fast green staining of the knee medial compartment after DMM/Sham (time indicated); images are representative of N=8 for each time points. (D) Safranin-O staining Score (0–12 scale)

of DMM/Sham knees at the time point indicated. Results are expressed as average of 4 quadrants as described above; N=8 mice for each experimental point. (E) Quantification of the AC area (sq µm) of the medial plateau of DMM/Sham knees by histomorphometric analysis at the time point indicated; N=8 mice for each experimental point. The graphs represents the mean ± standard deviation Indicated p-values were determined by Wilcoxon rank sum tests at each time point, following adjustment for multiple comparisons. Scale bars of the images are 100 µm.



Figure 3. Osteophyte assessment in mouse knee joints of *CCR2-AggKO* and *CCR2+/+*, following early CCR2 inactivation.

(A) Safranin-O/Fast green staining of the medial compartment of *CCR2-AggKO* and *CCR2+/+* mouse knees at 2, 4, 8 and 12 weeks after DMM surgery. Images are representative of N=8 for each of the experimental points described. (B) Osteophyte size and (C) osteophyte maturity scores (scale 0–3) of *CCR2-AggKO* and *CCR2+/+* mouse knees at the time point indicated and described in panel A. Results are expressed as average of 4 quadrants (medial and lateral tibial plateau, medial and lateral femoral condyles); N=8 mice for each experimental point. The graphs represent the mean ± standard deviation;

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indicated p-values were determined by Wilcoxon rank sum tests at each time point, following adjustment for multiple comparisons. (D) Paraffin embedded knee joint sections are immunostained for Collagen 10 (Col10) at the time point indicated. Positive staining is detected as brown precipitate. Images are representative of 6 different mice for each of the experimental groups described. Scale bars of the images are 100 μ m.

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Figure 4. Histopathological evaluation of *CCR2-AggKO* and *CCR2+/+* mouse knees, following late CCR2 inactivation.

(A) H&E staining of the knee medial compartment from *CCR2-AggKO* and *CCR2+/+* mice after DMM/Sham (time indicated); images are representative of N=8 for each time point. (B) ACS score (0–12 scale) of DMM/Sham knees at the time point indicated. Results are expressed as average of 4 quadrants (medial and lateral tibial plateau, medial and lateral femoral condyles); N=8 mice for each experimental point. (C) Safranin-O/Fast green staining of the knee medial compartment after DMM/Sham (time indicated); images are representative of N=8 for each time points. (D) Safranin-O staining Score (0–12 scale)

of DMM/Sham knees at the time point indicated. Results are expressed as average of 4 quadrants as described above; N=8 mice for each experimental point. (E) Quantification of the AC area (sq µm) of the medial plateau of DMM/Sham knees by histomorphometric analysis at the time point indicated; N=8 mice for each experimental point. The graphs represents the mean ± standard deviation; indicated p-values were determined by Wilcoxon rank sum tests at each time point, following adjustment for multiple comparisons. Scale bars of the images are 100 µm.

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Figure 5. Osteophyte assessment in mouse knee joints of *CCR2-AggKO* and *CCR2+/+*, following late CCR2 inactivation.

(A) Safranin-O/Fast green staining of the medial compartment of *CCR2-AggKO* and *CCR2+//+* mouse knees at 8 and 12 weeks after DMM surgery. Images are representative of N=8 for each of the experimental points described. (B) Osteophyte size and (C) osteophyte maturity scores (scale 0–3) of *CCR2-AggKO* and *CCR2+//+* mouse knees at the time point indicated and described in panel A. Results are expressed as average of 4 quadrants (medial and lateral tibial plateau, medial and lateral femoral condyles); N=8 mice for each experimental point. The graphs represent the mean ± standard deviation; indicated p-values

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were determined by Wilcoxon rank sum tests at each time point, following adjustment for multiple comparisons (D). Paraffin embedded knee joint sections are immunostained for Collagen 10 (Col10) at the time point indicated. Positive staining is detected as brown precipitate. Images are representative of 6 different mice for each of the experimental groups described. Scale bars of the images are 100 μ m.

Α



В



Figure 6. Pain assessment of *CCR2-AggKO* and *CCR2+/+* mice, following early CCR2 inactivation.

(A) Weight bearing longitudinal measures of *CCR2-AggKO* and *CCR2+/+* mice were assessed at the indicated time points after DMM or Sham (N=9). Baseline measures were obtained before DMM/Sham and before CCR2 recombination. The graph represents observed mean scores by group and time point; error bars indicate the SEM by group and time point. Indicated p-values were determined for differences between corresponding groups by linear mixed effects model (LMM) as described in Statistical Analysis section. Numerical summaries of LMM are provided in details in Table-1 and Supplemental Table-

S3. (B) Evoked pain (von Frey) was longitudinally assessed in *CCR2-AggKO* and *CCR2+/+* mice in both the operated (DMM leg) and the un-operated limb (Contralateral), at the indicated time points after DMM (N=9). Baseline measures were obtained before DMM/ Sham and before CCR2 recombination. Shams measures have been combined at each time point and the average is indicated by a black line (*N*=12). The graph represents **observed** mean scores by group and time point; error bars indicate the SEM. Indicated p-values were determined for differences between corresponding groups by LMM as described in Statistical Analysis section. Numerical summaries of LMM are provided in details in Table-1 and Supplemental Table-S4 : # indicates differences in values between DMM *CCR2+/+* and DMM *CCR2-AggKO* mice (yellow line vs red line); *represents differences in values between the DMM and its Contralateral leg in *CCR2+/+* mice (yellow line vs gray line, respectively), at the time point indicated; \$ represents differences in values between the DMM and its Contralateral leg in *CCR2-AggKO* mice (red line vs blue line, respectively), at the time point indicated.

Table 1.

Effect of **early** CCR2 inactivation (before DMM) on OA assessment and pain in mouse *CCR2-AggKO* and *CCR2*+/+ knee joints

OA parameters		2 weeks		4 weeks		8 weeks		12 weeks	
		Z (pvalue*)	median	Z (pvalue)	median	Z (pvalue)	median	Z (pvalue)	median
ACS	DMM CCR2+/+	0.62 (0.52)	0.75	1.02 (0.41)	1.75	3.38 (0.002)	7.63	3.52 (0.002)	6.50
	DMM CCR2- AggKO	0.63 (0.53)	0.5	1.03 (0.41)	0.75		3.50		4.50
Saf-o	DMM CCR2+/+	2.01 (0.004)	2.00	2.42 (0.02)	2.38	3.52 (0.002)	5.25	3.21 (0.002)	5.88
	DMM CCR2- AggKO	3.01 (0.004)	0.89	2.42 (0.02)	1.00		2.75		4.00
Cartilage Quantification	DMM CCR2+/+	1.52 (0.12)	20927	2 20 (0 004)	16083	-2.26 (0.03)	9712	-3.20 (0.03)	8811
	DMM CCR2- AggKO	-1.52 (0.13)	23874	-3.20 (0.004)	21128		15589		19264
Osteophyte size	DMM CCR2+/+	0.15 (0.00)	0.63	2.02 (0.16)	1.13	-1.03 (0.60)	1.00	0.25 (0.88)	1.13
	DMM CCR2- AggKO	0.13 (0.88)	0.63	2.02 (0.10)	0.88		1.25		1.00
Osteophyte maturity	DMM CCR2+/+	0.77 (0.44)	0.50	3.04 (0.04)	1.25	2.65 (0.03)	1.25	0.98 (0.44)	1.00
	DMM CCR2- AggKO		0.50	3.04 (0.04)	0.75		1.00		0.86
Subchondral bone thickness	DMM CCR2+/+	2 47 (0.02)	3740	0.05 (0.96)	3544	1.84 (0.09)	6356	2.47 (0.02)	6547
	DMM CCR2- AggKO	2.47 (0.02)	3127	0.05 (0.90)	3421		4789		4705
Osteophyte Cartilage Quantification	DMM CCR2+/+	0.00 (1.00)	48.00	-3 33 (0 004)	19.5	-2.89 (0.008)	15.50	-0.05 (1.00)	16.00
	DMM CCR2- AggKO	0.00 (1.00)	46.05	3.33 (0.004)	38.90		41.00		17.00
Pain	Incapacitance Meter	Von-Frey Filaments*							
Time PO/ Stage	DMM CCR2+/+ vs. DMM CCR2- AggKO	DMM CCR2+/+ vs. DMM CCR2- AggKO	DMM CCR2+/+ vs. Contralateral CCR2+/+	DMM CCR2- AggKO vs. Contralateral -CCR2- AggKO					
4 wks/mild	0.10 (0.00, 0.19)	0.21 (-0.22,0.64)	0.62 (0.13,1.11)	0.2 (-0.21,0.61)					
8 wks/ moderate	0.10 (-0.02, 0.23)	0.11 (-0.32,0.55)	0.38 (-0.11,0.87)	0.37 (-0.09,0.83)					
12 wks/severe	0.13 (0.01, 0.26)	-0.25 (-0.61,0.11)	0.55 (0.19,0.91)	0.28 (-0.1,0.66)					
16 wks/severe	0.15 (0.05, 0.26)	0.26 (-0.37,0.89)	0.68 (0.3,1.07)	0.67 (0.28,1.06)					
20 wks/severe	0.23 (0.14, 0.31)	-0.42 (-0.81,-0.04)	1.00 (0.58,1.41)	0.67 (0.19,1.15)					

OA parameters: Data presented show median for each group at separate time points. Indicated z- and p-values were determined by Wilcoxon rank sum tests between DMM CCR+/+ and dMm CCR-AggKO groups separately at each time point, following adjustment for multiple comparisons (Benjamini-Hochberg). For more complete information, see Supplementary Table X.

Pain: Results are least-squares mean differences (and corresponding 95% CIs) from separate linear mixed effects models.

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Table 2.

Effect of late CCR2 inactivation (4wks post-DMM) on OA assessment (N=8) in mouse CCR2-AggKO and
<i>CCR2</i> +/+ knee joints.

		Week 8				Week 12				
OA PARAMETERS			Z(pvalue)	median	mean (SD)	n	Z (pvalue)	Median	mean (SD)	
4.05	<i>CCR2+/+</i>	8	2.16 (0.10)	4.88	3.97 (1.95)	8	1.52 (0.13)	6.50	6.25 (0.95)	
ACS	CCR2-AggKO	8		0.94	2.16 (2.02)	10		5.88	5.50 (1.29)	
Saf-o	<i>CCR2+/+</i>	9		3.75	3.56 (1.36)	8		5.50	4.97 (2.00)	
	CCR2-AggKO	9	1.60 (0.05)	1.25	1.99 (1.69)	10	0.22 (0.82)	5.86	5.24 (1.45)	
Cartilage	<i>CCR2+/+</i>	8	0.05 (0.96)	14849	14907 (2538)	8	-0.04 (0.96)	4860	7655 (6398)	
Quantification	CCR2-AggKO	8		13854	16038 (7093)	10		8269	8221 (4809)	
	<i>CCR</i> 2+/+	9	-0.90 (0.41)	0.63	0.49 (0.28)	8	-0.82 (0.41)	1.13	1.10 (0.51)	
Osteopnyte size	CCR2-AggKO	9		0.63	0.72 (0.35)	10		1.25	1.27 (0.23)	
Osteophyte maturity	<i>CCR2+/+</i>	9	0.00 (1.00)	0.63	0.54 (0.28)	8	· 2.48 (0.02)	1.35	1.30 (0.27)	
	CCR2-AggKO	9		0.50	0.57 (0.24)	10		1.00	0.95 (0.26)	
Subchondral bone	<i>CCR2+/+</i>	8	1.97 (0.10)	4850	4869 (509)	8	0.00 (1.00)	7387	7224 (1713)	
thickness	CCR2-AggKO	9		4125	4191 (598)	10		7189	7298 (1417)	
	CCR2+/+	6	-0.58 (0.56)	16.25	15.77 (5.57)	6	-2.89 (0.008)	12.10	12.42 (6.79)	
Osteophyte Cartilage quantification	CCR2- AggKO	8		18.8	20.58 (10.49)	9		28.7	35.44 (15.03)	

Data presented show median, mean and standard deviation (SD), and number of animals in each group at 8 and 12 weeks. Indicated z- and p-values were determined by Wilcoxon rank sum tests between DMM CCR+/+ and DMM CCR-AggKO groups separately at each time point, following adjustment for multiple comparisons (Benjamini-Hochberg).