Comprehensive Review of the Vascular Niche in Regulating Organ Regeneration and Fibrosis

Yutian Che[n1,](#page-0-0) , Bi-Sen Din[g2,](#page-0-1) [*](#page-0-2)

1 The Department of Endovascular Surgery, The First Affiliated Hospital of Zhengzhou University, Zhengzhou, People's Republic of China 2 State Key Laboratory of Biotherapy, West China Second University Hospital, Sichuan University, Chengdu, People's Republic of China * Corresponding author: Bi-Sen Ding, PhD, State Key Laboratory of Biotherapy, West China Second University Hospital, Sichuan University, Chengdu 610041, People's Republic of China. Email: [dingbisen@scu.edu.cn](mailto:dingbisen@scu.edu.cn?subject=)

Abstract

The vasculature occupies a large area of the body, and none of the physiological activities can be carried out without blood vessels. Blood vessels are not just passive conduits and barriers for delivering blood and nutrients. Meanwhile, endothelial cells covering the vascular lumen establish vascular niches by deploying some growth factors, known as angiocrine factors, and actively participate in the regulation of a variety of physiological processes, such as organ regeneration and fibrosis and the occurrence and development of cancer. After organ injury, vascular endothelial cells regulate the repair process by secreting various angiocrine factors, triggering the proliferation and differentiation process of stem cells. Therefore, analyzing the vascular niche and exploring the factors that maintain vascular homeostasis can provide strong theoretical support for clinical treatment targeting blood vessels. Here we mainly discuss the regulatory mechanisms of the vascular niche in organ regeneration and fibrosis.

Key words: angiocrine; endothelial cells; regeneration; fibrosis; vascular.

Graphical Abstract

Significance Statement

This review introduces that vascular niche modulates organ regeneration and fibrosis by deploying angiocrine factors. Understanding the mechanisms that organ regeneration and homeostasis are directed by tissue-specific microvascular endothelial cells is important for clinical treatments that potentiate organ repair without scaring.

Introduction

The diffusion distance of oxygen is limited in the organs, and each cell is approximately 100-150 μm away from the nearest capillary. The vascular system runs over the whole body.[1](#page-5-0) The total length of blood vessels in adults reaches 90,000 km, and the inner side of blood vessels is covered with approximately 10-60 trillion endothelial cells (ECs), which occupy a

large area of the body. Endothelial cells are closely arranged to form the lumen of the blood circulation system, which is composed of arteries, veins, and widely distributed capillaries. The surface area of capillaries accounts for more than 95% of the total circulating surface area, except for some special cases (such as cartilage and cornea). $2-5$ $2-5$ Blood vessels are involved in almost every physiological and pathological

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activity; therefore, it is very necessary to deeply explore the fields of blood vessels.

Vasculature develops from endothelial precursor cells derived from the mesoderm at the embryonic stage. It is a very complex and interrelated system that can transport ox-ygen, nutrients, metabolites, and carbon dioxide.^{6[-11](#page-5-4)} In recent decades, with the development of technology, our knowledge about blood vessels has also been advancing; blood vessels can not only serve as passive conduits but also play an active regulatory role through paracrine signaling, thus guiding organ regeneration and sustaining homeostasis and metabolism.[12](#page-5-5) The microvascular circulation composed of vascular endothelial cells is responsible for these functions. Paracrine factors derived from endothelial cells are known as angiocrine factors. They play an irreplaceable role in maintaining organ homeostasis, balancing the self-renewal and differentiation of stem cells, and coordinating organ regeneration without fibrosis and tumor growth.[3](#page-5-6)

Endothelial cells, a barrier between the circulatory system and tissues, are arranged in a monolayer and attached to the inner side of the capillaries. Endothelial cells allow water- and fat-soluble substances to diffuse into the surrounding interstitial fluid and prevent substances such as circulating cells and plasma proteins from passing through blood vessels.[13](#page-5-7) The architecture of capillaries is not immutable since they have

tissue specificity with different functional environments. For example, liver sinusoidal endothelial cells (LSECs) are specialized ECs with nondiaphragmed fenestrae and without a basement membrane that contributes to material exchange between hepatocytes and the circulatory system([Fig. 1a](#page-1-0)).¹⁴ The ECs in the lungs and skin are closely arranged and have a complete basement membrane, serving as a barrier between internal organs and the external environment([Fig. 1b](#page-1-0)). $1,15,16$ $1,15,16$ $1,15,16$ In addition, ECs have a special tight intercellular connection, no fenestrae structure, and quite low endocytosis efficiency in the blood-brain barrier system. These structures can protect the brain from harmful substances; however, the effects of targeted therapy drugs on the brain have been greatly hindered because of these structures.^{[17-](#page-5-11)[22](#page-5-12)}

Many studies have demonstrated its tissue-specific regulatory function. Carmen M et al. reported that the deficiency of angiocrine factors derived from mature ECs can destroy the homeostasis of stem cells and impede organ regeneration but has no influence on the transportation of blood.²³ The diversity of angiogenesis modes is crucial to metabolic tissues[.24](#page-5-14),[25](#page-5-15) In the state of pathological stress or mechanical injury, silent tissue-specific stem cells are regulated by specific angiocrine factors derived from activated vascular ECs and drive the process of regeneration and steady-state environ-ment reconstruction.^{[26,](#page-5-16)[27](#page-5-17)}

Figure 1. Tissue specificity of blood vessels. a. Vascular structure in liver. Hepatic vascular system is composed of central veins, portal veins, hepatic arteries, and sinusoids. the unique feature of liver sinusoidal endothelial cells (LSECs) is fenestration and lack a typical basement membrane, facilitating macromolecular transport. **b**. Alveolar-capillary barrier. Type 1 epithelial cells (AT2) cover 95% of the internal surface of each alveolus. They share the basement membrane with pulmonary capillary endothelial cells (PCECs), forming a vast gas exchange surface. Type 2 epithelial cells (AT2) are progenitor cells which have an ability to differentiate to AT1 after injury.

It was announced that local production of polyamines in ECs stimulates adipocyte lipolysis and regulates white adipose tissue homeostasis in mice[.28](#page-5-18)Yu et al. demonstrated that angiopoietin-like2 (ANGPTL2) secreted by the vascular niche endothelial cells serves as the seminal paracrine angiocrine factor, guiding hematopoietic stem cell (HSC) homeostasis and regeneration after myelosuppression.[29](#page-6-0)

Mammalian organs have a certain ability to repair and regenerate after acute injury. On the contrary, after chronic injury, this ability will be inhibited and develop into fibrosis (scarring). According to statistics, 45% of the causes of death worldwide are related to fibrosis. Fibrosis is a pathological extension of the normal wound healing process and excessive deposition of connective tissue in response to injury. Over accumulation of extracellular matrix (ECM) destroys the normal physiological structure of organs, leading to organ dysfunction, and eventually leading to high mortality[.30](#page-6-1) Using single-cell RNA-seq and genetic fate-tracing, naked cuticle homolog 2 (Nkd2) serves as a myofibroblast-specific target in human kidney fibrosis.³¹ Heart regeneration is a challenge for scientists all over the world. Reversible reprogramming of cardiomyocytes (CMs), short-time expression of c-Myc, induces adult CMs to dedifferentiate, conferring regenerative capacity to adult hearts.[32](#page-6-3) Meanwhile, Roman et al. described a cell-autonomous repair process of skeletal muscle without stem cells. Mouse muscle injury triggers a signaling cascade that attracts myonuclei to the damaged site via microtubules and dynein.^{[33](#page-6-4)}

In the process of injured organ repairing, regeneration and fibrosis are dynamic balance process, which is regulated by the vascular niche. Next, we focus on the regulation of vascular niche in the repair process of 2 crucial organs, liver and pulmonary.

Regeneration and Fibrosis in the Liver

The liver is the largest internal organ of the human body and undertakes a variety of physiological functions, including regulating blood volume, arranging growth factors, and maintaining a steady state of metabolites. The endothelial cells attached to the medial side are known as hepatic sinusoidal endothelial cells (LSECs) with nondiaphragmed fenestrate and without a basement membrane. This special structure provides a channel for material transportation between blood and hepatic parenchymal cells. Because LSECs have a large number of fenestrae and no basement membrane, the liver microcirculation is the most porous of all endothelial barriers.[34-](#page-6-5)[36](#page-6-6)

Pericytes, as an important part of the vascular microenvironment, are distributed around blood vessels and play a certain role in supporting blood vessels. Pericytes in the liver are known as hepatic stellate cells (HSCs), whose main function is to store vitamin A in a resting state. After being activated, they are highly expressed $α$ SMA, which secretes extracellular matrix (ECM). Once suffering from chronic injury, HSCs is continuously activated, over secreting extracellular matrix such as collagen, destroying the normal physiological structure of the liver, inhibiting the regeneration of damaged organs, and promoting fibrosis^{[37,](#page-6-7)[38](#page-6-8)}

Chronic or overwhelming injury destroys the self-repair ability of the liver, which can be repaired by ectopic transplantation of parenchymal cells.[39](#page-6-9)[-42](#page-6-10) However, the vascular niche of damaged tissues reduces the survival and proliferation efficiency of implanted cells. Studies have shown that

double editing vascular endothelial cells and perivascular fibroblasts of the damaged tissues make the vascular niche better, which can "nourish" the transplanted exogenous parenchymal cells. Ectopic and synergistic inhibition of perivascular NOX_4 by hepatocyte growth factor (HGF) derived from LSECs can promote the functional implantation of mouse and human hepatocytes in the injured liver. In the process of liver regeneration, NOX_4 in the perivascular of HGF $^{i\Delta EC}$ i $^{i\Delta EC}$ mice shows an abnormal upward trend, and eventually liver fibrosis occurs. However, silencing NOX_4 in HGF $^{i\Delta EC/\Delta EC}$ mice by a special liver tissue enrichment administration method can reverse liver fibrosis.⁴³ This phenomenon indicates that endothelial HGF can promote liver regeneration without fibrosis by inhibiting the expression of NOX_4 in perivascular fibroblasts. This phenomenon also showed the same results in the cholestasis model caused by bile duct ligation in mice, as well as in clinical samples. TGF- β promotes the expression of NOX_4 in fibroblasts. The co-culture system of endothelial cells and hepatic stellate cells in vitro also proves that overexpression of HGF in endothelial cells reduces the fibrogenic factor TGF- β, leading to downregulation of abnormal NOX₄ expression in hepatic stellate cells.

The above results show that HGF derived from ECs enhances liver regeneration.⁴⁴ Can endothelial overexpression of HGF promotes the transplantation of exogenous hepatocytes in the liver injury model? This problem can be verified by the pseudovirus-specific transport system. The virus surface has the ability to bind to immunoglobulin.^{45,[46](#page-6-14)} When the pseudovirus recognizes and couples the endothelial cell surface antigen CD31, the virus successfully infects endothelial cells. The intrasplenic injection can enrich the virus in LSECs to achieve specific overexpression of HGF in LSECs.⁴⁷After pseudovirus combined with a NOX_4 inhibitor (GKT137831) was used to treat mice, it was found that using a dual editing system, overexpression of HGF, as well as inhibition of NOX_4 in LSECs, could alleviate liver fibrosis in recipient mice and improve the transplantation efficiency of exogenous hepatocytes by ameliorating the vascular niche.

The liver has a strong regeneration ability. The liver of mice can recover to the original liver weight within 7-10 days after the surgical resection of up to 70% of the liver's mass, which is called partial hepatectomy (PH). The procedure of liver regeneration can hardly start without the participation of angiocrine. This model can be used to study the regulation of the hepatic vascular niche in the process of liver regeneration. Liver regeneration is a precisely regulated process by angiocrine secreted by ECs to ensure the functional regeneration of the liver. During the inductive phase of liver regeneration (1-4 days after PH), the expression of angiotensin-2 derived from LSECs decreased, thereby inhibiting the expression of TGF-β1. During the angiogenic phase of liver regeneration (4-8 days after PH), angiotensin 2 returns to normal levels and promotes VEGFR2-dependent angiogenesis.^{[3,](#page-5-6)[48](#page-6-16)}

By studying the development of the liver in the embryonic stage, it was found that vessel perfusion in the liver vascular system can activate β1 integrin and VEGFR3 in LSECs. Notably, these 2 angiocrines are strictly required for the proliferation of hepatic parenchymal cells.⁴⁹ In vitro perfusion of adult mouse liver and mechanical tensile of human LSECs both illustrate that mechanical force alone is sufficient for endothelial cells to secrete β1 integrin and VEGFR3. The deletion of GATA4 in adult mouse LSECs induces a series of liver diseases, such as fibrosis and inhibition of liver regeneration. The specific pathological manifestation was that LSECs, which express activator PDGF β of hepatic stellate, lost fenestrate and basement membrane, and showed capillarization. It was also found that GATA4 in endothelial cells also had a protective effect on liver fibrosis induced by a high-fat diet.^{50-[52](#page-6-19)} Wnt signaling derived from LSECs plays an important role in regulating metabolic zonation of the liver. The deficiency of angiocrine Wnt signaling in LSECs reduces the liver/body weight ratio and disrupts lipid metabolism ho-meostasis.^{[53,](#page-6-20)[54](#page-6-21)} In the process of liver fibrosis, P300, a main regulator of gene transcription in LSECs, interacts with NFκB and BRD4 to promote the expression of CCL2, which can lead to the recruitment and aggregation of macrophages in the liver, leading to portal hypertension and liver fibrosis.^{[55](#page-6-22)} The specific deletion of the BMP2 gene in mouse LSECs causes a large amount of iron overload in the liver, a significant increase in serum iron content, and a higher level of iron deposition in the heart or other organs, indicating that the angiocrine signal secreted by the liver vascular not only regulates the physiological process of the liver itself but also has an important impact on the maintenance of systemic homeostasis[\(Fig.2\)](#page-3-0). 56

Endothelial cells communicate with blood cells (platelets, myeloid cells/macrophages, and T cells) to orchestrate liver regeneration and fibrosis. Targeted editing of this "hematopoietic-vascular niche" might help develop clinical treatments for hepatic disorders. After a liver injury in a mouse model, activated platelets secrete SDF1 and VEGFA to stimulate CXCR7+ liver endothelial cells (LSECs) and VEGFR+ myeloid cells. Both CXCR7+ LSECs and VEGFR+ myeloid cells promote the expression of HGF and Wnt2, 2 crucial angiocrine factors initiating hepatocyte proliferation.^{[57](#page-6-24)} In both murine and minipig non-alcoholic steatohepatitis (NASH) models, DRD2 antagonism selectively targets YAPdependent fibrogenic crosstalk between macrophages and the CTGF+ VCAM+ vascular niche, promoting liver regeneration and bypassing fibrosis.⁵⁸ Meanwhile, multiomics

Figure 2. Angiocrine signals in the liver modulate regeneration and fibrosis after injury.

analysis showed that crosstalk between histone deacetylase 2 (HDAC2) and DNA methyltransferase1 (DNMT1) promoted liver ECs maladaptation to promote the production of angiocrine IGFBP7 and ADAMTS1 in extracellular vesicles, recruiting fibrogenic T_H 17 cells to the liver[\(Fig. 2](#page-3-0)).^{[59](#page-6-26)}

Pulmonary Regeneration and Fibrosis

The lung is an organ that exchanges gas with the outside world of mammals. The pulmonary vascular system is composed of arteries, veins, and capillaries. Because of their specific function, alveolar epithelial cells and pulmonary capillary endothelial cells (PCECs) are closely combined in structure for extensive exchange surface exchange to maintain the orderly progression of normal physiological activities of the whole body.^{60[-65](#page-6-28)}

The lung is continuously exposed to the air and directly contacts the external environment, which makes it more vulnerable. After an acute injury, the pulmonary has a certain self-repair ability called functional regeneration. However, most pulmonary outcomes caused by persistent damage are fibrosis, which is commonly referred to as scarring. $66-73$ $66-73$ Endothelial cells interact with other cells (such as platelets, macrophages, and pericytes) by secreting some angiocrine factors to form the vascular niche, which modulates the fate of lung progenitor cells.^{[63](#page-6-30)[,65](#page-6-28),[74](#page-7-1)}

Single or multiple intratracheal injections of bleomycin can induce acute or chronic lung injury models. Repeated lung injury activates pulmonary capillary endothelial cells (PCECs) and perivascular macrophages, which hamper alveolar repair and cause fibrosis. After a single bleomycin injury, the chemokine receptor CXCR7, which is highly expressed on PCECs, protects epithelial cells from bleomycin injury and effectively alleviates fibrosis. In contrast, multiple bleomycin injections inhibit the expression of CXCR7 in PCECs and recruit perivascular VEGFR1+ macrophages. This recruitment promotes the upregulation of the Notch ligand Jagged1 in PCECs and then stimulates perivascular fibroblasts and activates the fibrotic response.⁷⁵ In response to inflammatory injury, PCECs release the Rspondin3 signaling factor to activate the Wnt/β-Catenin signaling pathway in macrophages and increase mitochondrial respiration through glutaminolysis. α-Ketoglutarate generated in this process acts as a cofactor of the epigenetic regulator TET2 to catalyze the methylation of anti-inflammatory factor DNA in macrophages to activate the transcription of related genes and finally impede the inflammatory response in damaged lung tissue and initiate its repair and regeneration process[.76](#page-7-3) After bacterial injury of lung tissue caused by *Pseudomonas aeruginosa*, PCECs release S1P signaling molecules, act on type II alveolar epithelial cells through its receptor S1PR2, trigger the Yap signal pathway, and then promote the differentiation of type II alveolar epithelial cells into type I alveolar epithelial cells that perform gas exchange functions[.77](#page-7-4)

Unilateral pneumonectomy (PNX), which stimulates PCECs to produce paracrine factors and modulate the proliferation of alveolar epithelial progenitor cells, is a canonical model to study lung regeneration. After lung resection, alveolar capillary endothelial cells secrete VEGFR2 and FGFR1 to promote the production of MMP14. Then MMP14 initiates and maintains the formation and development of alveoli by activating the extracellular domain of EGF and the EGF receptor EGFR. The vascular niche plays an important regulatory role in lung regeneration and repair ([Fig. 3\)](#page-4-0)[.78](#page-7-5) Meanwhile, deficiency of interaction between pericytes and endothelial cells leads to poorly organized and dysfunctional vascular in non–small cell lung cancer. High expression of hexokinase 2 (HK2)-driven glycolysis in tumor pericytes, which upregulates ROCK2- MLC2 mediated contractility leading to impaired blood vessel supporting function.[79](#page-7-6)

Vascular Niche in Aging Individuals

It is estimated that the global population aged 65 and over will increase from 524 million in 2010 to 1.5 billion in 2050, accounting for 16% of the total population.^{[80-](#page-7-7)[83](#page-7-8)} Elderly individuals are prone to chronic diseases. Aging can lead to the decline of many functions of the human body and cause a variety of diseases. At least part of this is caused by fibrosis, which is caused by the excessive deposition of extracellular matrix (ECM) components. In this process, the functional parenchymal organs are replaced by fibrotic tissues, and organ function is seriously weakened. In the process of organ fibrosis caused by aging, the circulating microenvironment composed of vascular endothelial cells and immune cells plays a regulatory role[.84](#page-7-9),[85](#page-7-10)

Stress on aged organs often causes vascular endothelial cell reprogramming, leading to fibrosis at the expense of regeneration. Aging induces NRP1/HIF2α to suppress the expression of anti-thrombotic and anti-inflammatory EPCR, causing the formation of profibrotic platelet-macrophage rosettes. Under this condition, platelets activated by IL1α chemokine synergize with angiocrine factors derived from ECs to recruit fibrogenic $TIMP1^{hi}$ macrophages. In mouse models, genetic targeting of endothelial Neuropilin-1-HIF2α, platelet interleukin-1α, or macrophage TIMP1 normalized the profibrotic hematopoietic-vascular niche and restored the regenerative capacity of old organs[.86](#page-7-11)

Figure 3. Angiocrine signals of the pulmonary instruct regeneration and fibrosis after injury. AEC: Alveolar epithelial cells.

Figure 4. Angiocrine signals orchestrate regeneration and fibrosis of aging organs.

ApoM derived from the liver shows transcriptional suppression in aging mice. This inhibition in the liver is transmitted to other organs through the circulatory system to play a further regulatory role, which can be transmitted to the lung and kidney, resulting in downregulation of the S1PR1-S1P pathway of ECs. This signal leads to a reduction in resistance to vascular leakage, which eventually causes organ fibrosis. The reason for hepatic ApoM transcriptional suppression is downregulation of the Sirt1-HNF4 pathway [\(Fig. 4\)](#page-4-1)[.87](#page-7-12)

Age-associated vascular changes and their relation to organ aging and pathology are fundamental for tissue fibrosis and regeneration. It is published that vascular attrition characterized by pericyte to fibroblast differentiation precedes the appearance of cellular hallmarks of aging, such as senescence. Age-associated organ-specific molecular changes in the endothelium drive vascular loss and dictate pericyte to fibroblast differentiation, and drive organ fibrosis.⁸⁸

Technology

The study of vascular regeneration and homeostasis is inseparable from vascular imaging technology. With the application of fluorescent reporter mice and the development of optical microscopy and electron microscopy, the trend in angiography is toward in vivo and high resolution. The advantage is that researchers can observe a series of dynamic changes in blood vessels. However, the depth and resolution of imaging still need to be further improved^{[89](#page-7-14)[,90](#page-7-15)} By improving the fluorescent dye, excitation wavelength, and other methods, it is now possible to achieve an imaging depth of $200 \mu m$.⁹¹ The commonly used vascular imaging techniques include immunofluorescence staining. Zhang et al. announced that angiocrine factors produced by distinct blood vessels are responsible for the specific spatial organization of hematopoiesis using in suit mapping technology.⁹²Vascular endothelial markers have tissue specificity, but generally express CD31, VE-Cad, CD34, and VEGFR, and are negative for CD45. The advantage of a vascular cast is that sample can be kept for a long time, moreover, the blood vessels of whole organs can be seen.

Tissue-specific endothelial cells modulate organ development and regeneration, but human ECs cultured ex vivo lose this ability.^{[1,](#page-5-0)93} The development of organoids has great therapeutic potential in solving the problem of limited donors for human organ transplantation. The cultivation of organoids in vitro is inseparable from the functional construction of the vascular system.[94](#page-7-19)[-97](#page-7-20) Embryonic-restricted ETS variant transcription factor 2 (ETV2) in mature human endothelial cells cultured in serum-free 3-dimensional matrix composed of laminin, annexin, and type IV collagen. The reprogrammed endothelial cells form perfusion and plastic vascular plexuses in vitro and interact with 3-dimensional cocultured organoids. This technology can not only replace the biomimetic chemical materials used as vascular cavities in organoid culture but also actively regulate organoids in vitro through the secretion of vascular factors.^{98,[99](#page-7-22)}

Conclusion and Future Perspectives

The vascular niche formed by endothelial cells can actively regulate organ regeneration and fibrosis, which makes a qualitative breakthrough in the traditional understanding of passive vascular transport. With the proposal of this concept, the research on the vascular niche is becoming increasing in depth. The existing evidence shows that the blood vessels of different organs have heterogeneity, and even the vasculature of the same organ has the heterogeneity of arteries, veins, capillaries, and lymphatic capillaries. Further study of this heterogeneity is useful to improve the accuracy of disease treatment. Fortunately, with the continuous innovation of biotechnology, especially now combined with single-cell sequencing, this problem can be further solved, but the problem of sequencing depth and subsequent joint analysis still needs to be improved by researchers in future studies.

It is indispensable for researchers to further clarify the regulatory mechanism of angiocrine factors. Cellular mechanisms, such as the communication between macrophages, platelets, and vascular endothelial cells, and molecular mechanisms, such as the epigenetic modification or protein posttranslational modification, need further study. These studies enable us to intervene with upstream and downstream targets at the same time, which is helpful to improve the targeting of drugs or therapeutic means.

The vasculature participates in various physical activities of each cell. Abnormalities in the vascular niche constitute a potential pathogenic cause of various diseases. Therefore, an in-depth analysis of the vascular niche will be an effective way to solve some human health problems.

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Conflict of Interest

The authors declared no competing interests.

Author Contributions

Y.C. and B.-S. D.: wrote the manuscript.

Data Availability

No new data were generated or analyzed in support of this research.

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