CASE REPORT



REVISED Case Report: An unusual case of small bowel volvulus

due to appendicitis associated with pneumatosis intestinalis:

Review of the literature [version 2; peer review: 1 approved, 2

approved with reservations]

Previously titled:Case Report: An unusual case of small bowel volvulus associated with pneumatosis intestinalis

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 First published: 21 Sep 2021, 10:951 https://doi.org/10.12688/f1000research.73042.1
 Latest published: 24 Nov 2022, 10:951 https://doi.org/10.12688/f1000research.73042.2

Abstract

Pneumatosis cystoid intestinalis is a rare disease reported in the literature affecting 0.03% of the population. It has a variety of causes and its manifestation may change widely. It usually presents as a marginal finding resulting from various gastrointestinal pathologies. In the acute complicated form of pneumatosis intestinalis, management is challenging for physicians and surgeons. We present a case of a 60-year-old patient who was admitted to our surgical department with a symptomatology suggestive of small bowel occlusion. Computed tomography demonstrated ileal volvulus associated with parietal signs suffering and pneumoperitoneum. An emergent exploratory laparoscopy followed by conversion was performed demonstrating segmental ileal pneumatosis intestinalis secondary to a small bowel volvulus due to an inflammatory appendix wrapping around the distal ileum. Further, detorsion, retrograde draining, and appendectomy were performed because there were no signs of necrosis and the appendix was pathological. The postoperative course was uneventful.

This case is exceedingly rare in the literature, because it was featured by the ileal volvulus due to appendicitis. This case report emphasizes the importance of surgical procedures in the management of symptomatic pneumatosis intestinalis associated to an acute abdomen.

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(revision) 24 Nov 2022			view
version 1	?	?	?
21 Sep 2021	view	view	view

Open Peer Review

- 1. Gennaro Martines D, University "Aldo Moro" of Bari, Bari, Italy
- Jaques Waisberg D, Institute of Medical Assistance to State Civil Servants (IAMSPE), Sao Paulo, Brazil
- Cristian Mesina, Craiova University of Medicine and Pharmacy, Craiova, Romania

Any reports and responses or comments on the article can be found at the end of the article.

Keywords

Pneumatosis cystoid intestinalis, small bowel volvulus, acute abdomen, case report

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Author roles: Zouaghi A: Investigation; Hadded D: Methodology; Meryam M: Writing – Review & Editing; Benzarti Y: Writing – Original Draft Preparation; Cherif M: Visualization; Zaafouri H: Methodology; Ben Massoud K: Investigation; Chamekhi C: Validation; Ben Maamer A: Validation

Competing interests: No competing interests were disclosed.

Grant information: The author(s) declared that no grants were involved in supporting this work.

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How to cite this article: Zouaghi A, Hadded D, Meryam M *et al.* Case Report: An unusual case of small bowel volvulus due to appendicitis associated with pneumatosis intestinalis: Review of the literature [version 2; peer review: 1 approved, 2 approved with reservations] F1000Research 2022, **10**:951 https://doi.org/10.12688/f1000research.73042.2

First published: 21 Sep 2021, 10:951 https://doi.org/10.12688/f1000research.73042.1

REVISED Amendments from Version 1

There were modifications in the title, in the case report describing more the semiology of the abdominal pain.

Any further responses from the reviewers can be found at the end of the article

Introduction

Pneumatosis cystoid intestinalis (PCI) is a low-incidence pathology defined by the existence of air in the small intestine or colon wall.¹ PCI can affect any portion of the gastrointestinal tract and could be present in any layer such as the mucosa, submucosa, or subserosa.^{1–3} It can either be presented as a secondary form in 85% of cases or an idiopathic form in 15% of cases.^{1,2} The secondary pattern occurs more frequently in gastrointestinal causes such as bowel obstruction.^{3,4} The management of PCI is challenging to surgeons especially in symptomatic cases.⁵ We report a rare case of ileal pneumatosis cystoides associated with small bowel volvulus, presenting with acute abdominal pain. This case is exceedingly rare in the literature, because it was featured by the ileal volvulus due to appendicitis.

Case report

A 60-year-old retired, north African male patient without any medical or surgical history consulted the emergency department for 24 hours of abdominal pain, distension, and vomiting. The patient had experienced this pain a year earlier, but did not consult any doctor, and the pain faded away spontaneously. On physical examination, tachycardia and distended tympanic abdomen with mild tenderness were noted. White blood count was 8840 E/mm³ and C reactive protein was 36 mg/l (normal values: White blood count: 4000E/mm³, and C reactive protein: 1 mg/l). X-ray of thorax and abdomen showed dilated small bowel, multiple fluid levels and pneumoperitoneum (Figure 1).

An abdominal CT scan was performed, revealing distended small bowel loops upstreaming transitional levels like a 'whirl sign' (Figure 2), a bubbly pattern across the length of the small bowel associated with parietal suffering signs



Figure 1. Dilated small bowel, multiple fluid levels and pneumoperitoneum on X-ray.

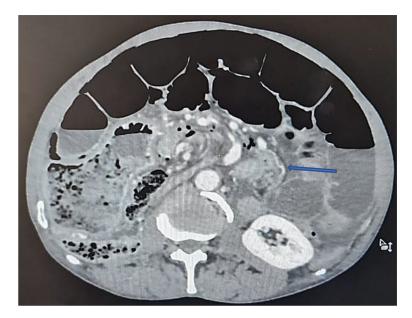


Figure 2. Ileal volvulus: dilated bowel segments associated with whirl sign.

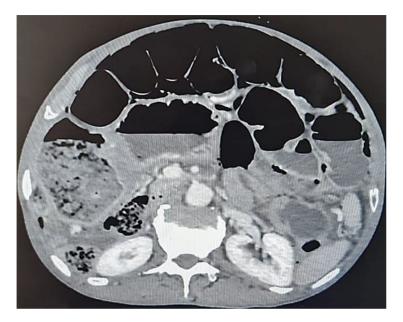


Figure 3. Multiple bubble lesions among ileal loops on Abdominal CT.

(Figure 3), abundant pneumoperitoneum (Figure 4), and a pathological meso-celiac appendix (Figure 5). The CT scan suggested a diagnosis of ileal volvulus due to the meso-celiac appendix.

We initially decided to perform laparoscopy. Intraoperatively, small bowel loops were much dilated not allowing intraperitoneal exploration. Gas-filled cystic lesions on small bowel serosa were identified. There was no evidence of perforation. We did choose to convert into midline incision for better and prudent exploration. A volvulus was found, involving a two-and-a-half clockwise turn around a long, pendulous small bowel mesentery, the strangled bowel was greatly congested (Figure 6). At the base of the volvulus, an inflammatory appendix was wrapped around the last loop of the ileum (Figure 7). Also, multiple gas-filled subserosal cysts, differently sized, on the wall of the ileum were encountered (Figure 8). When the ileum was re-rotated, small bowel loops had preserved vitality. The entire colon was normal. Detorsion, retrograde draining, and appendectomy were performed because there were no signs of necrosis and the appendix was pathological.



Figure 4. Abundant pneumoperitoneum.

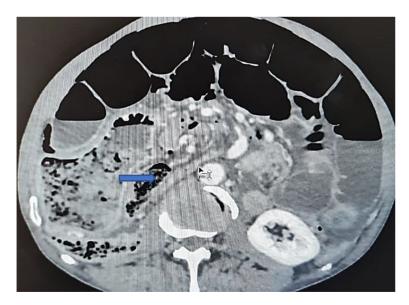


Figure 5. The inflammatory appendix.

Postoperatively, the patient completed a five-day course of intravenous metronidazole 500 mg three times a day. There were no postoperative complications. Anatomopathological examination revealed an inflammatory appendix without malignancy. A lower endoscopy was completed after surgery. It showed the presence of two polyps on the rectum and the transverse colon in low-grade dysplasia with no other lesions that were resected. There was no malignancy on the anatomopathological examination. The patient was monitored regularly, and the long-term post-operative course was uneventful.

Discussion

PCI is an uncommon disease (0.03% of adults)⁶ and its pathogenesis is still not clear.⁷ According to its etiology, literature classifies this entity mainly as primary or secondary type.⁸ There is also an idiopathic type which usually affects the left colon and is rarely reported in the literature. We found that thirteen cases of primary PCI have been described in the international literature (Table 1). The secondary type frequently affects the small intestine and the right colon.⁹ Its pathogenesis is multifactorial and can be explained by 3 theories: mucosal disruption, bacterial theory, and pulmonary



Figure 6. Ileal loop volvulus, involving a two-and-a-half clockwise turn around a long, pendulous small bowel mesentery.

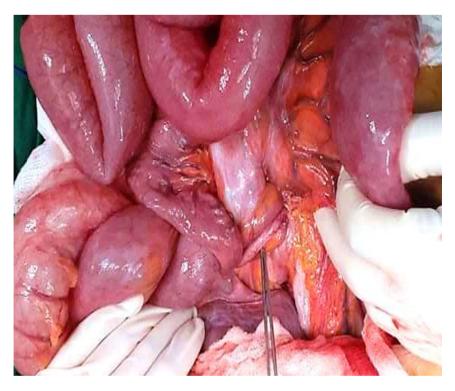


Figure 7. At the base of the volvulus, the inflammatory appendix wrapped around the last loop of the ileum.



Figure 8. Segmental pneumatosis intestinalis involving the ileal loops.

disease.^{1,7,10,11} The mucosal disruption is due to the dissemination of bowel gas through a mucosal defect into lymphatic channels.^{1,10} Wu *et al.*¹² found that high altitude is a new theory explaining PCI's pathogenesis. Highland areas induce passage of intraluminal gas into the submucosa damaging the mucosa. Mucosal damage can result from bowel occlusion, inflammatory process, and cytotoxic medical treatment.¹¹ The pulmonary cause is confirmed in patients with asthma and chronic bronchitis. In these cases, the rupture of alveoli causes the migration of air bubbles from interstitial spaces through the mediastinum and from the retroperitoneum to the blood vessel of the intestinal wall.^{1,8,10} However, the bacterial theory is explained by entry of bacterial gas due to a defect on the bowel wall lymphoid tissue.^{8,10} This mechanism can justify the use of antibiotics.¹ Chemotherapy or hormonal therapy, and systemic sclerosis were also reported in the literature as a cause of PCI.¹ Finally, while keeping in mind these theories, their pathogenesis has not been yet fully clarified.¹

Besides, the disease's location on the digestif tractus may be helpful to guide the etiology. So pyloric stenosis or gastric cancer can lead to a proximal pathology; however distant one might be due to mesenteric ischemia or diverticulitis.⁹

PCI is a rare entity reported in the literature, but nowadays PCI reports' number has been increasing because of the widespread use of CT scan and colonoscopy.⁹ This pathology is more frequently asymptomatic.¹ Whereas in some cases, they may present with symptoms such as abdominal pain, constipation, distension, diarrhea, or bleeding.^{8,9} Incidentally PCI can induce surgical complications such as bowel obstruction, intestinal perforation, volvulus, intussusception, and bleeding, which require surgical intervention.¹³

Intestinal obstruction can be a rare complication of PCI. This event depends on the size and number of the cysts which lead in certain cases to a reduction of the intestinal lumen, volvulus, perforation, and hemorrhage.^{7,11} In the literature, PCI associated with volvulus is much more uncommon. Besides this association, one of the highlights of our case is the long and hypermobile small bowel mesentery. Moreover, PCI is discussed to be a mechanical factor leading to irreversible volvulus, also it is disputed that volvulus contributes to ischemia which is an etiological factor leading to PCI.^{3,14}

Author	Age	Physical evamination	Abdominal	CT scan	Treatment	Etiology of PCT
Year	M/F	examination	raulograpiny			7
González <i>et al.</i> 20	66 Y	Normal		Intestinal pneumatosis	Conservative: surveillance	Primary
1202	Σ					
Moyon <i>et al.</i> ⁶	79 Y	Tachycardia	:	The bubbly pattern across the	1/Conservative: surveillance+ oxygen	Primary
2020	Σ	Abdominal distension Mild pain on the lower abdomen without tenderness		length of the small bowel, Multiple cystic round shapes in the wall of the jejunum, and its mesentery, Large pneumoperitoneum	+ broad-spectrum antibiotics 2/Worsening pain <u>(aparoscopy</u> : No evidence of perforation/gas-filled cystic lesions	
Takahashi <i>et al.</i> ²¹ 2019	17 Y F	Mobile mass in the right lower quadrant	1	Colocolic intussusception of the ascending colon with air in the bowel wall	Endoscopy: fine-needle aspiration	Primary
Suda <i>et al.</i> ²² 2018	80 Y	Slight abdominal distention	Dilatation and retention of gas in a segment of the small	Massive gas-filled cysts within the wall and mesentery of the small intertine	Conservative: antibiotics	Primary
			intestinal wall	No portal venous gas No intestinal ischemia		
Wang <i>et al.</i> ²³	56 Y	Normal	Normal	1	High-frequency electrosurgical	Primary
2018	Σ				resection of the gas cysts + AIB Bifidobacterium	
Romano-Munive	54Υ	Normal	1	Pneumatosis cystoides intestinalis	Conservative	Primary
2017 2017	ш					
Furihata <i>et al.</i> ¹⁵	81Υ	Severe epigastric	Massive free gas	Massive free gas	Conservative: intravenous infusion of	Secondary
9107	Σ	distension No peritoneal signs	bliaterally in the subdiaphragmatic spaces	bilaterally under the diaphiragrit	anupioucs, and nasogastric intubation	uo chi onic obstipation
Fraga <i>et al.</i> ²⁵	66 Y	Abdominal	:	Gas in the abdominal wall, at the	Conservative	Primary
6102	ш	uisteriuori No signs of peritonitis		rectosigmoid colon		
Tseng <i>et al.</i> ²⁶	50 Y	Abdominal	Gas in the bowel wall	Pneumatosis intestinalis of the	Conservative	Primary
2014	ш	distension without tenderness		right side of the colon		`

Table 1. Review of the literature (2008-2021) illustrating cases of idiopathic PCI, and PCI secondary to surgical etiologies.

Author	Age	Physical	Abdominal	CT scan	Treatment	Etiology of
Year	M/F	examination	radiography			PCI
Slesser <i>et al.</i> ⁵ 2011	74 Y M	Abdominal distention Soft and non-tender	Bilateral free subdiaphragmatic air	Extensive pneumatosis intestinalis involving the small bowel with free intraperitoneal air secondary to malrotation of the proximal small bowel	Laparotomy: Extensive and bulky pneumatosis intestinalis extending from the duodenal-jejunal flexure to the terminal ileum	Primary
Nagata <i>et al.²⁷</i> 2010	23 Y M	Tenderness in the right iliac fossa	1	Intussusception of the ascending colon Ovoid radiolucencies with smooth margins	Intussusception easily resolved by colonoscopy Laparoscopy-assisted partial ascending colectomy was performed 1 month after his initial presentation	Primary
Arora <i>et al.</i> ⁴ 2009	27 Y M	Signs of acute abdomen	Gas under the diaphragm	1	Laparotomy: Perforated duodenal ulcer + The terminal 180 cm of the small bowel to the ileocecal junction showed multiple thin-walled, tense, air-filled cysts on the serosal surface → Limited right colectomy and resection of the involved small bowel	Secondary to a surgical cause
Liau <i>et al.</i> ³ 2008	76 Y M	Signs of generalized peritonitis	Massive subdiaphragmatic air and multiple dilated loops of small bowel with well- demarcated wall	Pneumoperitoneum gas-filled cysts on the wall of small bowel loops	Laparotomy: extensive small bowel infarction due to volvulus of most of the small bowels, multiple gas-filled subserosal cysts on the wall of the ileum small bowel resection+ jejunoileal anastomosis	Secondary to a congenitally long mesentery

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Imaging findings may be helpful to confirm PCI diagnosis, especially on CT scans.^{1,6} Computed tomography can show a grape cluster aspect within the wall of the intestine.¹ Three patterns of pneumatosis have been reported in the literature using CT scan imaging: bubble cystoid, a linear pattern, and a circular pattern.¹

Pneumoperitoneum can be explained by the rupture of the cyst on the wall intestine, without any evidence of peritoneal irritation or digestive perforation, like in our case. So that we should be wise to correlate clinical and radiographic findings, when free air is present below the diaphragm in chest X-ray.^{8,9} Pneumatosis intestinalis and portomesenteric venous gas (PVG) are generally debated independently in the literature. This association of radiological findings usually concludes to the presence of mesenteric infarction, but they may indicate occasionally nonischemic conditions. So that their presence should not be always regarded as signs of severity.^{13,15,16} Moreover, according to literature, the rare findings of PCI and PVG can be present in asymptomatic patients without ominous signs, as described in the series of Sooby *et al.*,¹⁷ including 88 patients with PCI/PVG of which 19 with benign PCI, and of these 19, 6 patients had both PCI and PVG. These patients were put under surveillance, and they had no uneventful recovery.

The management of PCI is not well established, there are no standard therapeutic rules.¹⁰ However, the mandatory in its management is to judge whenever it is benign or life-threatening.¹¹ So that it is established that if a CT scan shows intestinal infarction, urgent surgery is mandated. If no signs of intestinal damage is found, a conservative treatment is regarded to be ideal.¹³ The common conservative procedure is to use metronidazole Antibiotics, which affects intestinal bacteria by the suppression of hydrogen production, and hyperbaric oxygen therapy.^{2,6,8,10} Nevertheless, a surgical procedure is indicated in complications such as peritoneal irritation or intestinal obstruction.^{2,10}

The second particularity in our case is that the volvulus of the small bowel is due to acute appendicitis. This entity is explained by the wrapping of the appendix, due to its particular length, around the ileum occurring volvulus and strangulation.^{18,19} According to the literature, this mechanism resulted from adhesion of the inflamed appendix to the posterior peritoneum forming a turn of the spire of the ileum last loop resulting in volvulus.^{18,19} In summary, our case is exceedingly rare in the literature, featured by the ileal volvulus due to appendicitis.

Conclusion

PCI is a rare disease whose diagnosis is offering a challenge for surgeons. This rare condition can often be associated with benign diseases or it can be proof of intestinal necrosis. Although surgery is mandatory in the complicated pattern, the treatment of asymptomatic forms is more likely conservative. Besides, both surgical and medical approaches can efficiently compete with these challenging diagnoses.

Data availability

All data underlying the results are available as part of the article and no additional source data are required.

Consent

Written informed consent was obtained from the patient regarding the publication of this case report.

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Version 2

Reviewer Report 28 November 2022

https://doi.org/10.5256/f1000research.139083.r156495

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Cristian Mesina

Department of Surgery, Craiova University of Medicine and Pharmacy, Craiova, Romania

No comments

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: surgery

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 20 October 2021

https://doi.org/10.5256/f1000research.76663.r94999

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? Cristian Mesina

Department of Surgery, Craiova University of Medicine and Pharmacy, Craiova, Romania

1. During the clinical examination of the abdomen it would have been better to explain what was found on the percussion of the abdomen.

2. Digital rectal examination was to be included in the clinical examination of the patient.

3. Biological paraclinical examinations should have been more extensive to highlight whether or not there existed the presence of toxic-septic shock.

4. The intraoperative exploration of the peritoneal cavity, the cause of pneumoperitoneum, should have been better explained.

Is the background of the case's history and progression described in sufficient detail? Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Partly

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment? Yes

Is the case presented with sufficient detail to be useful for other practitioners? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: surgery

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 07 Dec 2021

meryam meryam, Habib thameur Hospital, Tunis, Tunisia

Dear Sir,

I appreciate the time and effort that you and the reviewers have dedicated to providing your valuable feedback on my manuscript. I am grateful to the reviewers for their insightful comments on our paper. I have been able to incorporate changes to reflect most of the suggestions provided by the reviewers.

Thank you, sincerely.

Competing Interests: No competing interests were disclosed.

Reviewer Report 13 October 2021

https://doi.org/10.5256/f1000research.76663.r94998

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Jaques Waisberg 匝

Department of Surgery, Institute of Medical Assistance to State Civil Servants (IAMSPE), Sao Paulo, Brazil

General considerations:

The clinical relevance of pneumatosis intestinalis varies widely from benign to potentially fatal conditions, depending on the underlying cause of pneumatosis intestinalis, which can lead to high mortality if surgery is delayed when necessary. Mesenteric ischemia, intestinal obstruction, and intestinal necrosis represent the fatal causes of pneumatosis intestinalis. It is challenging to distinguish between those patients who require surgery and those who can be observed or treated conservatively with adequate treatment of the underlying disease. The diagnosis of intestinal pneumatosis is made by computed tomography or plain abdominal radiography. Computed tomography is the most sensitive imaging modality. A strong indicator of the presence of mesenteric infarction or ischemia is the association of pneumatosis intestinalis with gas in the portal venous blood.

Surgery is not indicated in asymptomatic patients with radiographic signs of pneumatosis intestinalis but no signs of bowel obstruction or free peritoneal air. Intestinal ischemia is the most likely cause, and a delay in surgery will worsen the patient's condition. When non-surgical treatment is initially performed, the patient must be re-evaluated later. Surgery must be performed if there is no response to conservative treatment or if the patient's condition worsens.

This is an exciting manuscript about a rare case of pneumatosis intestinalis in an adult patient. The subject covered by the manuscript is required for clinical practice. *This manuscript has scientific value due to the rarity of the case. However, this case report needs some adjustments.*

Specific considerations:

Title – Appendix necrosis is identified as one of the contributing causes for the onset of pneumatosis intestinalis. As the authors themselves state in the text, appendicitis was the determining factor for small bowel volvulus. The title should include this information. The authors perform a literature review (Table 1 and 27 references), so the term "literature review" needs to be in the title.

Abstract – The conclusion that "This case report emphasizes the importance of surgical procedures in the management of symptomatic pneumatosis intestinalis" needs to be contextualized according to the underlying disease, as this is precisely the dilemma that is faced with distinguishing the clinical or surgical approach in symptomatic cases of pneumatosis intestinalis.

Discussion – The terms "primary" and "idiopathic" pneumatosis intestinalis are equivalent, so I suggest unifying them. A thorough explanation of the theories of the pathogenesis of intestinal pneumatosis is not necessary for the case description. I also recommend not using the term

"benign PCI," just "PCI". Is there a "malignant PCI"? What were the reasons for six patients with "benign" PCI and PVG "not having" or "having" an uneventful recovery? Please remove the term "Antibiotics" after the word "metronidazole".

Figures – The legends of figures 1 to 5 are incomplete, as they must be self-explanatory (Exam name, disease name). Highlights in the legend must be marked with arrows on the figure itself. In figures with arrows, the pointed structure must be indicated in the legend. Figures 6 and 7 are unnecessary, as they do not add relevant information to the report.

Is the background of the case's history and progression described in sufficient detail? $\ensuremath{\mathsf{Yes}}$

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Yes

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?

No

Is the case presented with sufficient detail to be useful for other practitioners? $\ensuremath{\mathbb{No}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Gastrointestinal Surgery

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 07 Dec 2021

meryam meryam, Habib thameur Hospital, Tunis, Tunisia

Dear Sir,

I appreciate the time and effort that you and the reviewers have dedicated to providing your valuable feedback on my manuscript. I am grateful to the reviewers for their insightful comments on our paper. I have been able to incorporate changes to reflect most of the suggestions provided by the reviewers.

Thank you, sincerely.

Competing Interests: No competing interests were disclosed.

Author Response 16 Oct 2022

meryam meryam, Habib thameur Hospital, Tunis, Tunisia

thank you for your efforts i made all the corrections

Competing Interests: No competing interests were disclosed.

Reviewer Report 12 October 2021

https://doi.org/10.5256/f1000research.76663.r95001

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Gennaro Martines 匝

Department of Emergency and Organ Transplantation, University "Aldo Moro" of Bari, Bari, Italy

'Pneumatosis intestinalis (PI), described by Du Vernoy in 1730, is a rare condition that refers to the presence of multiple gaseous cysts in the intestinal submucosa and subserosa with a reported incidence of 0.03%. It can be divided between a benign form and in a life-threatening condition requiring surgery.

The radiographic incidence of PI has been reported to be up to 0.37% of patients who have abdominal computed tomography (CT) scans. PI can be divided into the primary/idiopathic type (15%), which refers to air pockets that imply to a chronic and benign idiopathic etiology, and the secondary type (85%), which refers to radiological findings of linear, microvesicular, or more circumferential appearing intramural gas caused by several predisposing factors. The peak age at onset is 45.3 ± 15.6 years with a male to female ratio of 2.4: 1.'¹

This is an interesting paper which describes an unusual case of pneumatosis intestinalis. This situation is associated with many causes of bowel obstruction, and often requires a surgical approach in an emergency.

The manuscript is well described but I want to ask why the authors perform a laparoscopy. In these situations there is a distension of the bowel which does can make this kind of approach risky. Can they explain this decision as a surgical approach?

All the other parts are well described with adequate diagnostic steps.

References

1. Dibra R, Picciariello A, Trigiante G, Labellarte G, et al.: Pneumatosis Intestinalis and Hepatic Portal Venous Gas: Watch and Wait or Emergency Surgery? A Case Report and Literature Review. *Am J Case Rep.* 2020; **21**: e923831 PubMed Abstract | Publisher Full Text

Is the background of the case's history and progression described in sufficient detail?

Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Yes

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?

Yes

Is the case presented with sufficient detail to be useful for other practitioners? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: general surgery

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 07 Dec 2021

meryam meryam, Habib thameur Hospital, Tunis, Tunisia

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Thank you, sincerely.

Competing Interests: No competing interests were disclosed.

Author Response 16 Oct 2022

meryam meryam, Habib thameur Hospital, Tunis, Tunisia

the first laparoscopic pathway was indicated in the first place as an easy and minimally invasive exploratory approach.

Competing Interests: No competing interests were disclosed.

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