










# Evolutionary adaptation of the protein folding pathway for secretability

Dries Smets<sup>1</sup> , Alexandra Tsirigotaki<sup>1</sup> , Jochem H Smit<sup>1</sup> , Srinath Krishnamurthy<sup>1</sup> ,  
Athina G Portaliou<sup>1</sup> , Anastassia Vorobieva<sup>2,3</sup> , Wim Vranken<sup>2,3,4</sup> , Spyridoula Karamanou<sup>1,\*</sup>  &  
Anastassios Economou<sup>1,\*\*</sup> 

## Abstract

Secretory preproteins of the Sec pathway are targeted post-translationally and cross cellular membranes through translocases. During cytoplasmic transit, mature domains remain non-folded for translocase recognition/translocation. After translocation and signal peptide cleavage, mature domains fold to native states in the bacterial periplasm or traffic further. We sought the structural basis for delayed mature domain folding and how signal peptides regulate it. We compared how evolution diversified a periplasmic peptidyl-prolyl isomerase PpiA mature domain from its structural cytoplasmic PpiB twin. Global and local hydrogen–deuterium exchange mass spectrometry showed that PpiA is a slower folder. We defined at near-residue resolution hierarchical folding initiated by similar foldons in the twins, at different order and rates. PpiA folding is delayed by less hydrophobic native contacts, frustrated residues and a  $\beta$ -turn in the earliest foldon and by signal peptide-mediated disruption of foldon hierarchy. When selected PpiA residues and/or its signal peptide were grafted onto PpiB, they converted it into a slow folder with enhanced *in vivo* secretion. These structural adaptations in a secretory protein facilitate trafficking.

**Keywords** folding; HDX-MS; mature domain; secretion; signal peptide

**Subject Categories** Translation & Protein Quality

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## Introduction

All proteins are synthesized on ribosomes as unstructured polymers. While cytoplasmic proteins fold immediately and become functional (Anfinsen, 1972), most exported proteins delay their folding to

insert into or translocate across the membrane bilayer until they reach their final destination (Tsirigotaki *et al.*, 2017a).

The exportome, comprising a third of the bacterial proteome, mainly uses the essential and ubiquitous secretory (Sec) pathway (Tsirigotaki *et al.*, 2017a). In post-translational export, fully synthesized secretory nascent proteins are released from the ribosome, transit the cytoplasm, reach the Sec translocase while remaining unfolded/soluble and avoiding misfolding/aggregation (Tsirigotaki *et al.*, 2017a; Van Puyenbroeck & Vermeire, 2018). This route is taken by 505 secretory preproteins bearing N-terminal signal peptides in the *Escherichia coli* model cell (De Geyter *et al.*, 2016; Tsirigotaki *et al.*, 2017a). Signal peptides and mature domain targeting signals (MTS) are recognized by the SecA translocase subunit and allosterically modulate it to initiate secretion (Gouridis *et al.*, 2009; Chatzi *et al.*, 2017; Krishnamurthy *et al.*, 2021; preprint: Krishnamurthy *et al.*, 2022). Once translocated, signal peptides get cleaved (Auclair *et al.*, 2011), while mature domains fold in functional native states in the cell envelope or beyond (De Geyter *et al.*, 2016).

Intrinsic protein features (Dill, 1999) and their interactions with extrinsic factors (chaperones; Smets *et al.*, 2019) dictate folding in the cytoplasm, ranging from fast folding (micro to low seconds time scale; Mayor *et al.*, 2003) to remaining stably unfolded (i.e. Intrinsically Disordered Proteins (IDPs; Oldfield & Dunker, 2014)). Polar residues, reduced overall hydrophobicity and enhanced backbone dynamics promote disorder in IDPs (Uversky, 2013; Tsirigotaki *et al.*, 2018; Loos *et al.*, 2019). Secretory preproteins display folding behaviours intermediate to those of fast folders and IDPs, by retaining kinetically trapped, loosely folded states due to unique structural/sequence characteristics of their mature domains (Zhou & Dunker, 2018; Tsirigotaki *et al.*, 2018; Loos *et al.*, 2019). They contain fewer, smaller/weaker hydrophobic patches than cytoplasmic proteins but more than IDPs (Tsirigotaki *et al.*, 2018) and smaller, more polar, soluble and disorder-prone residues (Loos *et al.*, 2019). These differences suffice for the MatureP algorithm to predict secretory proteins with 95% confidence (Orfanoudaki *et al.*, 2017; Loos *et al.*, 2019).

<sup>1</sup> Department of Microbiology and Immunology, Rega Institute for Medical Research, Laboratory of Molecular Bacteriology, KU Leuven, Leuven, Belgium

<sup>2</sup> Structural Biology Brussels, Vrije Universiteit Brussel and Center for Structural Biology, Brussels, Belgium

<sup>3</sup> VIB-VUB Center for Structural Biology, VIB, Brussels, Belgium

<sup>4</sup> Interuniversity Institute of Bioinformatics in Brussels, Free University of Brussels, Brussels, Belgium

\*Corresponding author. Tel: +32 16379208; E-mail: lily.karamanou@kuleuven.be

\*\*Corresponding author (Lead contact). Tel: +32 16379273; E-mail: tassos.economou@kuleuven.be

In addition to mature domain features, signal peptides slow down folding (e.g. of Maltose Binding Protein; Park *et al*, 1988). Fusing various signal peptides to the disordered N terminus of a mature domain differentially modulated disorder across the whole protein (Sardis *et al*, 2017). In some (but not all) secretory proteins, signal peptides delayed mature domain folding by apparently stabilizing loosely folded intermediates (Tsirigotaki *et al*, 2018). How this signal peptide effect has co-evolved with a mature domain's folding properties remains unclear. However, slow folding of secretory chains correlates with their translocation competence and thereby underlies secretability (Tsirigotaki *et al*, 2018). Secretion-related chaperones, SecB (Huang *et al*, 2016) and Trigger Factor (TF; Saio *et al*, 2014; De Geyter *et al*, 2020), may stabilize non-folded states, prevent aggregation and promote translocase targeting but specialize on a small subset of secretory clients (De Geyter *et al*, 2020) and, therefore, cannot explain the global intrinsic properties of the secretome.

Folding is a complex process, involving multiple topologies and motifs. Two competing models predominate. "Multiple pathways" proposes that proteins fold along multiple, stochastic, microscopic landscapes where the speed of the process is driven by a folding funnel in search of the energetically minimal native state (Onuchic *et al*, 1997). The "Defined pathway" postulates fixed sequential folding steps with defined intermediates (Gianni *et al*, 2007; Englander & Mayne, 2017). Here, polypeptide chains fold according to a "stepwise plan", starting with the gradual assembly of "foldons" through native-like intermediates (Panchenko *et al*, 1996; Englander & Mayne, 2014). Foldons, short cooperative folding units (~15–35 residues), acquire native-like local structure and mutually stabilize each other hierarchically (Englander & Mayne, 2014, 2017). These "initial" stabilized foldons are extended further to complete folding. Sequences of 5–10 residues (hereafter "early folding regions") appear structurally primed to intrinsically nucleate foldon formation (Raimondi *et al*, 2019). Prediction of these linear motifs is unrelated to their 3D context in the protein. They are commonly detected in energetically stable regions of the native structure (Bittrich *et al*, 2018) and may provide the stepping stones to rapidly trigger the most efficient pathway towards native structure and lead to residue-residue side chain interactions seen in the native state (Nymeyer *et al*, 1998). Such early interactions of native residue side chains may bias the formation of native structural elements, thereby making folding efficient and fast (Englander & Mayne, 2017) as seen in small proteins by Molecular Dynamics simulations (Best *et al*, 2013). In contrast, regions with "frustrated" residues (i.e. with suboptimal stability/interactions in the native structure; Ferreira *et al*, 2007; Wolynes, 2015) or inability to create critical  $\beta$ -turns (Marcelino & Gierasch, 2008; Fuller *et al*, 2009) could delay folding.

Folding is mainly studied using orthogonal biophysical techniques (circular dichroism, fluorescence, single-molecule studies; (Schuler & Eaton, 2008; Borschlogl & Rief, 2011), faster time series (Munoz & Cerminara, 2016) and computer simulations (Chen *et al*, 2018) etc.) that provide information about the 2D or 3D structure of the whole protein in kinetics and equilibrium studies (Dill & MacCallum, 2012; Braselmann *et al*, 2013; Hu *et al*, 2013; Englander & Mayne, 2014; Englander *et al*, 2016; Munoz & Cerminara, 2016). A powerful tool is Hydrogen ( $^1\text{H}$ ) Deuterium ( $\text{D}$ ,  $^2\text{H}$ ) exchange Mass Spectrometry (HDX-MS). "Global" HDX-MS detects the different species within the folding population of an intact protein (unfolded, intermediate and folded; Tsirigotaki *et al*, 2017b, 2018), while

"local" HDX-MS monitors folding of short protein segments at near-residue resolution (Maity *et al*, 2005; Walters *et al*, 2013; Englander & Mayne, 2014; Pancsa *et al*, 2016). The latter exploits HDX kinetics to observe the transition between the unfolded (i.e. non or weakly H-bonded) and folded (completely H-bonded) populations of a single peptide (EX1 kinetics; Ferraro *et al*, 2004; Englander *et al*, 2007; Marcsisin & Engen, 2010). H-bonded regions are "protected" from taking up D and are readily identified.

Delayed folding in most secretory mature domains (Tsirigotaki *et al*, 2018; Loos *et al*, 2019) contrasts the fast folding of most cytoplasmic domains. Structural twin pairs (i.e. structural homologues with high sequence identity/similarity and same enzymatic function) display minimal evolutionary "noise" and may allow definition of the structural adaptations needed for each folding behaviour. Such pairs are rare; the one selected here is the secreted peptidyl-prolyl *cis-trans* isomerase PpiA and the cytoplasmic PpiB (Fig 1A; Appendix Fig S1A; Hayano *et al*, 1991; Ikura *et al*, 2000). From *in vitro* refolding (using global/local HDX-MS; Tsirigotaki *et al*, 2017b), we identified the folding pathways, foldons and specific residues that promote slow- and fast-folding kinetics. Using structural bioinformatics, we defined native contacts, frustrated regions, early folding regions, suboptimal  $\beta$ -turns and residues contributing to stability. Both proteins displayed three-state folding with only modestly different folding pathways and foldons, while PpiA folded more slowly. Folding commenced by the sequential formation of "initial" foldons, located near or interacting with the N-termini. While foldons were largely shared across the twins, they formed in different order. Moreover, the signal peptide stalled folding of PpiA at an early, little folded intermediate. Few native residues grafted between PpiA and PpiB reciprocally interchanged folding behaviours and *in vivo* secretability and grafting the PpiA signal peptide to PpiB delayed folding. The signal peptide acted by introducing N-terminal disorder and disrupted the twins' foldon hierarchy. We propose that delayed-folding adaptations in secretory mature domains alone leading to altered folding pathways or combined with signal peptide-driven delayed folding, are universal mechanisms of Sec-dependent protein secretion.

## Results

### Properties of the PpiB and PpiA structures

To define the structural adaptations needed for translocation competence, we studied two twins: the cytoplasmic and the periplasmic peptidyl-prolyl *cis-trans* isomerases PpiB and PpiA. They have practically identical structures (RMSD: 0.37 Å, Appendix Fig S1A) and share 55.6% sequence identity with a further 25.3% high similarity (Appendix Fig S1B).

Both proteins are composed of distinct sub-structures (Fig 1A): N- and C-terminal straps ( $\beta$ 1-2/ $\beta$ 10; dark blue/grey, respectively) assemble from opposite directions to form a  $\beta$ -sheet on the N-terminal-facing half of the structure. The straps perpendicularly overlay a 5-stranded  $\beta$ -sheet "saddle" ( $\beta$ 3-7; light orange), which is H-bonded to each other (via N-strap/saddle  $\beta$ 2/ $\beta$ 7 and C-strap/saddle  $\beta$ 10/ $\beta$ 3; mainly visible in PpiB; Fig 1A) to complete a quasi-orthogonal 8-stranded  $\beta$ -barrel. On the concave surface of the saddle, opposite the straps, lies the prolyl isomerase catalytic site (Scholz *et al*, 1997). The N-/C-strap  $\beta$ -sheet docks along a groove

on the upper surface of the saddle, while  $\alpha 1$  and 2 on either side act as “banisters” (Fig 1A, violet; Appendix Fig S1C). Minor dissimilarities are present; an extra flexible N-terminal extension in PpiA ( $^1AKGDPH^6$ ) and a 3-residue loop insertion between  $\beta 6$ - $\beta 7$  in PpiB (Appendix Fig S1D).

Sequence comparison of PpiB/A across 150 bacterial homologues (Dataset EV1A–C; Ashkenazy *et al*, 2016) revealed a highly conserved saddle/catalytic site (Appendix Fig S1D) with variation in the N-termini, surface-exposed residues, connecting loops and the  $\beta 8$ -9 hairpin (Appendix Fig S1B and D). Buried residues retain

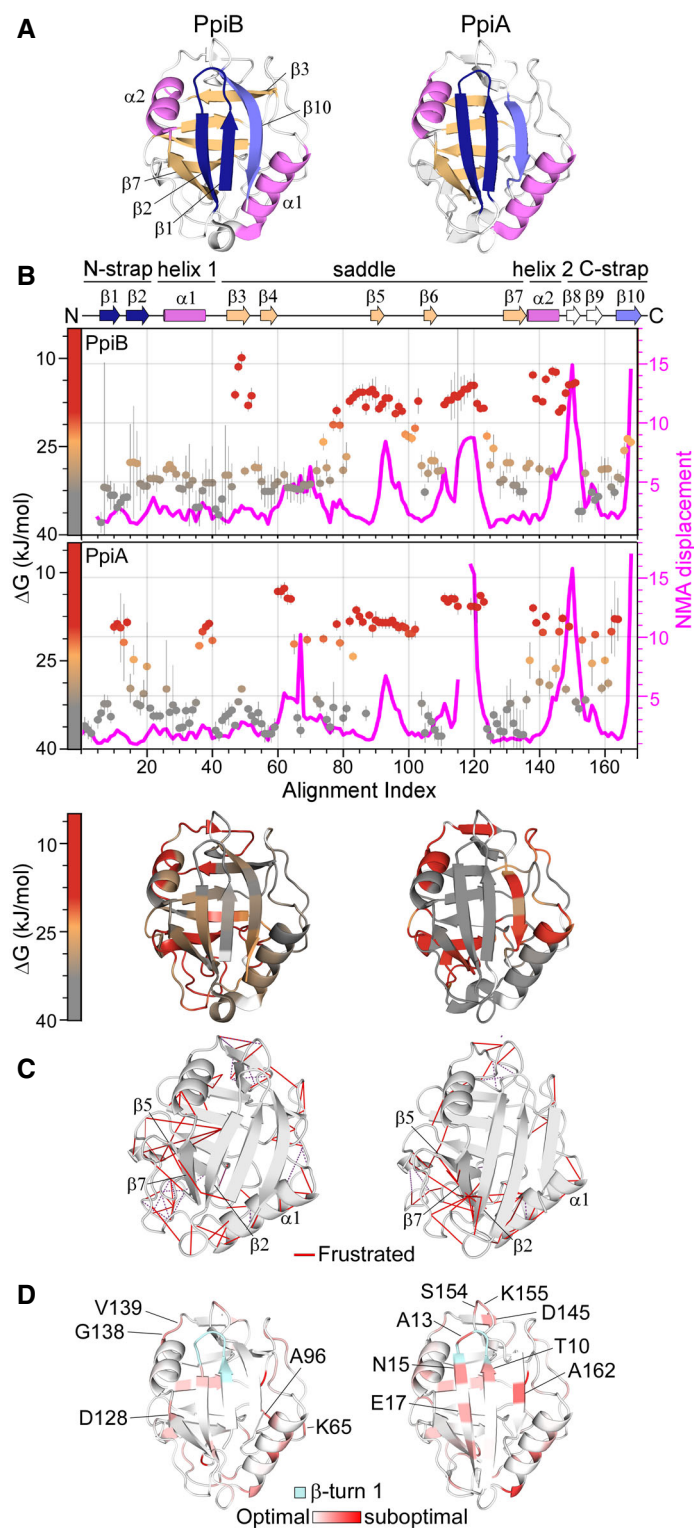


Figure 1.

**Figure 1. Structural features of PpiB and PpiA.**

- A Structural features are colour-indicated on 3D structures (top) or linear map of secondary structure (bottom; from Appendix Fig S1D).  $\beta$ -strands that connect the sheets to form the straps and quasi  $\beta$ -barrel and  $\alpha$ -helices as annotated.
- B Dynamics of native PpiA/B. *Top left y-axis* (reversed) displayed as  $\Delta G$ /residue (from PyHDX analysis of HDX-MS data at 30°C) colour-indicated across the linear sequence (top; x-axis) or on 3D structures (bottom). The apparent rigidity at the extreme N-tail of PpiA was attributed to high back exchange of this peptide and, therefore, ignored. Dots: grey (stable); orange (flexible); red (unstructured). Grey error bars: variation between subsequent residues (see Fig EV1E for %D-uptake values; HDX-MS data in Dataset EV4).  $n = 3$  technical repeats. *Top, right y-axis*: normal mode analysis; total displacement of normal modes 7–13 (unweighted sum; magenta) (see Materials and Methods).
- C Direct frustrated interactions (red lines) and water-mediated ones (purple, dashed) are indicated on 3D structures.
- D Suboptimal residue/structure compatibility determined by Rosetta scoring analysis coloured using a gradient (see Materials and Methods) on the 3D structures.
- Data information: The PDB entries used are as follows: 1LOP for PpiB and 1V9T for PpiA.  
Source data are available online for this figure.

similar physicochemical properties or form similar hydrophobic cores (Dataset EV1D).

**Stability and intrinsic dynamics of native PpiB and PpiA**

The stability of the native proteins was compared upon thermal or chaotrope denaturation, by monitoring their secondary/tertiary structure using circular dichroism (CD)/intrinsic fluorescence, respectively (Fig EV1A–C). PpiA displayed higher thermal stability (Fig EV1A) and equilibrium unfolding transition point (Fig EV1B) and unfolded > 30 times more slowly in 8 M urea than did PpiB (Fig EV1C).

The intrinsic dynamics of the native protein state were analysed by local HDX-MS (Fig 1B, conditions and data in Dataset EV4; Wales & Engen, 2006). Flexible regions are mainly present in “open” states (i.e. high solvent accessibility and D-uptake; red/orange), while rigid ones remain longer in “closed” states (i.e. low solvent accessibility and D-uptake; grey). D-uptake is experimentally determined per peptide, and these differ between structural twins. To allow sequence-wide comparisons, we used PyHDX to first convert D-uptake per peptide to D-uptake per residue (see pipeline in Fig EV1D, Smit *et al*, 2021) and then to process D-uptake over multiple HDX times to a single Gibbs free energy ( $\Delta G$ ) value (Fig EV1D and E; Smit *et al*, 2021) that defines the energy difference between the closed and open state (low for flexible/high for rigid regions). The twins displayed a similar overall dynamics pattern (inversed  $\Delta G$  y-axis, Fig 1B): rigid N-strap,  $\alpha 1$  and  $\beta 7$  (grey), flexible saddle (particularly in PpiB; orange) and highly dynamic linker regions (red). Small distinct dynamic islands were detected in the first protein halves, mainly in linkers (one in PpiB; three in PpiA) and the C-straps were more flexible, particularly in PpiA.

The dynamics of the native states were further probed using normal mode analysis (NMA) that calculates the vibrational movement of atoms by applying harmonic potentials between neighbouring atoms (Fig 1B, magenta; Bahar *et al*, 2010; Tiwari *et al*, 2014). The displacements of the lowest frequency normal modes were summed to identify residues with elevated dynamics in the structures. The twins displayed similar patterns, in good agreement with local HDX-MS (high displacement in flexible regions and low in ordered N-termini and  $\beta 7$ ).

The native structures were also screened *in silico* for frustrated interactions (energetically suboptimal local sequences; Ferreira *et al*, 2014; Parra *et al*, 2016). In both twins, multiple frustrated interactions occurred in loops, the  $\beta 8$ - $\beta 9$  hairpin and the  $\alpha$ -helices (particularly  $\alpha 1$ ). Distinct differences were observed in the  $\beta$ -sheet that

encompasses the N-strap and the end of the saddle: Only two frustrated interactions are seen in PpiB ( $\beta 7$  with  $\beta 1/2$ ) in contrast to the multiple ones in PpiA (e.g. Gly126 and Leu127 of  $\beta 7$  with  $\beta 5$ ,  $\beta 2$  and the N-tail, and surface residues like Glu19 and Asp21) that could lead to a suboptimal fit of  $\beta 1/2$  with  $\beta 5/7$  (Fig 1C). Moreover, to evaluate the effect of substitutions on the twin's stability, each residue was examined by *in silico* deep mutational scanning, using Rosetta (see Materials and Methods; Leman *et al*, 2020). In both proteins, substitutions highly affected residues located within secondary structure elements, due to their tertiary environment (e.g. in  $\beta 8$ ), while loops tolerated more mutations (Fig EV1F).

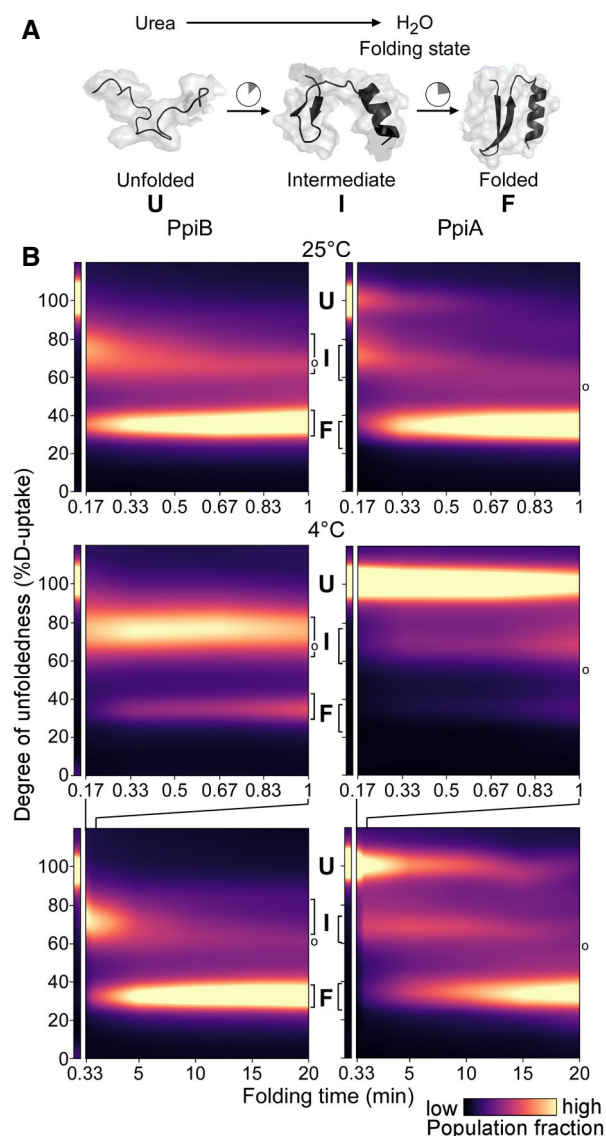
Some suboptimal surface-exposed polar residues were identified in the first  $\beta$ -hairpin of PpiA but not in PpiB. The side chains of surface residues typically form less intramolecular contacts than the residues pointing to the core, suggesting that some residue frustrations may arise from intra-residue energetic contributions rather than suboptimal inter-residue contacts. Therefore, we probed the local residue/structure compatibility at each position of the PpiA/B structures as a function of the local torsion angles (Rosetta p\_aa\_pp score per residue; Fig 1D; Dataset EV1E; Alford *et al*, 2017). Multiple suboptimal residues (Thr10; Ala13; Asn15) were centred around the N-strap's  $\beta$ -turn in PpiA, corroborating high flexibility (Fig 1B). To confirm these observations, the conformational energy landscape of this  $\beta$ -turn was examined in the twins using the Rosetta KIC protocol (Stein & Kortemme, 2013). PpiB's  $\beta$ -turn produced a funnelled conformation/energy landscape converging to the native structure, indicating good compatibility between the local sequence and structure (Fig EV1G). In contrast, PpiA's  $\beta$ -turn did not show the same convergence of low-energy models to the native conformation, consistent with low sequence/structure compatibility (Fig 1D) and higher flexibility (Fig 1B).

The twins have similar overall dynamics, with local differences. Secretory PpiA contains more frustrated and suboptimal residues that may influence its folding pattern.

**PpiA displays delayed folding compared with fast-folding PpiB**

The folding kinetics of PpiB and PpiA were probed by global HDX-MS, at 25 and 4°C (Figs 2A and EV2A; see Materials and Methods). Folding initiated by diluting denatured proteins (in 6 M urea) into aqueous buffer (0.2 M urea, Fig EV2A.i). At distinct refolding time-points (Fig EV2B, Dataset EV2), protein aliquots were pulse-labelled in D<sub>2</sub>O (100 s). Flexible/unfolded proteins (i.e. with no or weak H-bonds, solvent-accessible/exchangeable backbone amides) have higher D-uptake than folded proteins (i.e. H-bonded secondary





**Figure 2. Comparison of PpiB and PpiA folding by global HDX-MS.**

A Cartoon representation of *in vitro* refolding protein over time, upon dilution from chaotrope into aqueous buffer.  
 B Folding kinetics of PpiB (left) and PpiA (right), at 25°C (1 min, top) or 4°C (1 and 20 min, bottom). Folding populations are displayed as a continuous colour map of their %D-uptake (y-axis) across time (x-axis). For *m/z* spectra, see Fig EV2B and C; Dataset EV3. *n* = 2–6 (biological repeats). *Left thin panels*: unfolded state (U; 6 M urea); *Right main panels*: refolding data (0.2 M urea); I, Intermediate; F, Folded populations; o, modifications/adducts, not part of the folding pathway.

structure; Fig EV2A.ii; Wales & Engen, 2006). Pulse-labelling was quenched at pH 2.5 (Bai *et al*, 1993), and the polypeptides were analysed with electrospray ionisation MS (see [Materials and Methods](#); Fig EV2A.iii; Ho *et al*, 2003). Protein folding is visualized as the progressive shift over time of one charged peak, from the high *m/z* value of the unfolded state (U) towards the lower *m/z* value of the natively folded state (F; Fig EV2A.iii; reflecting high-to-low D-uptake as D is heavier than H by 1 Da, Dataset EV2). The degree of

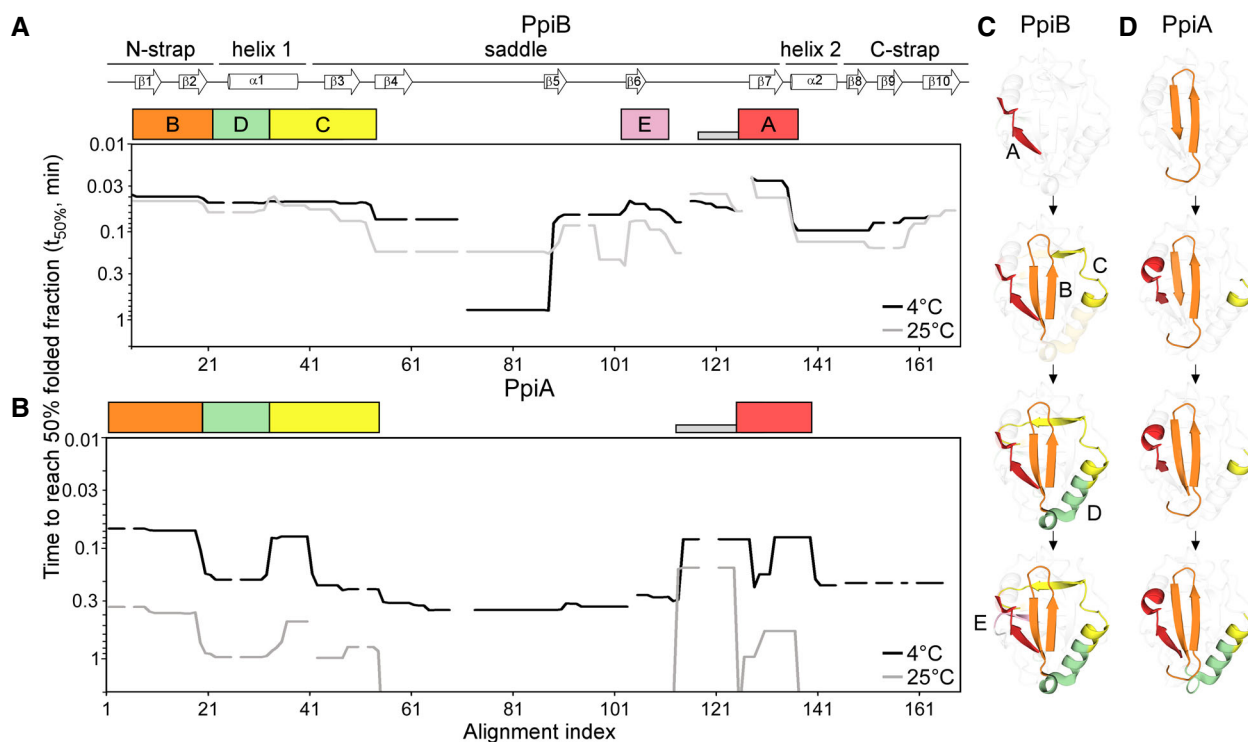
non-foldedness (D-uptake) of the unfolded protein is set as 100%; all other values were expressed relative to this.

Both twins displayed three-state folding (unfolded-intermediate-folded; U, I, F) through a single recurring kinetic folding intermediate (Fig EV2B and C). Intermediates were characterized by their % D-uptake (e.g. I<sub>73</sub> for PpiB folding at 25°C). Folding populations were quantified over time by fitting linear combinations of the three folding states, with the intermediate state modelled as a Lorentzian curve of variable position (Fig EV2D). Kinetic parameters were obtained by fitting the interconverting populations to rate equations derived from a model where the unfolded and intermediate states are assumed to be in equilibrium ( $k_1$ ,  $k_{-1}$ , equilibrium constant  $K_1$ ) and the folded state is irreversibly formed from the intermediate with a rate constant  $k_2$  (see [Materials and Methods](#); Dataset EV3A; Fig EV2E).

We visualized the kinetics of the folding reactions in colour maps (Figs 2B and EV2A.iv), using the experimental timepoints and linearly interpolating the fractions in between (brighter colour indicates more prominent populations; see [Materials and Methods](#); Dataset EV3B and C). Distinct folding populations have different % D-uptake values (Fig 2B; y-axis). The starting unfolded state is displayed (U; Fig 2B, thin left panel; 6 M urea) beside the folding reaction (main panel; 0.2 M urea). At 25°C, folding kinetics were fast for both twins (Figs 2B top, and EV2B and D). PpiB immediately formed an I<sub>73</sub> intermediate that quickly folded (in ~1 min). PpiA converted more slowly to an intermediate that folded similarly fast, in agreement with CD analysis (Fig EV2F). At 4°C the folding pathways were similar, occurring via single intermediates, but slower, better resolving the different states (Figs 2B bottom, and EV2C and D). PpiB still folded fast (in ~5 min). In contrast, unfolded PpiA persisted for 15–20 min in the aqueous solution (sevenfold lower  $K_1$  than PpiB, Fig EV2E) and folded slowly (> 30 min to completion; full spectrum in Dataset EV3C; Figs 2B bottom, and EV2C and D).

#### PpiB and PpiA display similar yet distinct, differently ordered hierarchical foldon pathways

We resolved the folding processes of the twins at near-residue level using local HDX-MS. At distinct refolding timepoints (see conditions in Dataset EV4A), proteins were pulse-labelled in D<sub>2</sub>O (10 s), quenched, digested and peptides analysed using MS (Fig EV3A; see [Materials and Methods](#)). Here, folding of a protein region is seen as bimodal isotope distributions of unfolded (no or weak H-bonds; high D-uptake and *m/z*) and folded derivative peptides (H-bonded; lower D-uptake and *m/z*; EX1 kinetics; Fig EV3A.iii; Englander *et al*, 2007; Marcsisin & Engen, 2010). The degree of foldedness is described as the folded fraction of each peptide that is equally well determined either by Gaussian fitting of the two distributions and defining the ratio of the folded state or by calculating the centroid of the complete distribution (Fig EV3C; Hodge *et al*, 2020). In the latter case (used here), the centroid of the unfolded distribution (U; reflecting maximum D-uptake) and that of the natively folded protein (F; minimum D-uptake) are set as 0 and 100% folded fraction, respectively (Fig EV3C, left), for all of the generated peptides (> 95% of each twin's sequence; Dataset EV5). Similarly, the centroid masses of all peptides were converted to folded fractions and finally to per-residue using weighted averaging (per-residue RFU function of PyHDX, version 0.4.1.; see [Materials and Methods](#);



**Figure 3. Initial foldons in PpiB and PpiA using  $t_{50\%}$  from local HDX-MS analysis.**

A, B Folding kinetics of PpiB (A) and PpiA (B) at 25 or 4°C, monitored by local HDX-MS (Dataset EV4;  $n = 3$  biological repeats), were analysed by PyHDX to determine the folded fractions per residue (Dataset EV5); see pipeline of analysis in Fig EV3B and folding times in Fig EV3E. For each peptide, 100% folding was set to the D-uptake of the native protein peptide and 0% folding to the D-uptake of the same peptide under fully deuterated conditions. Initial foldons were assigned by plotting the time needed to reach 50% of folded fraction ( $t_{50\%}$ ; y-axis; Dataset EV5) along the linear sequence (x-axis), at both temperatures (as indicated). Only up to 1 min data are shown here (see extended dataset colour map in Appendix Fig S2; raw data in Dataset EV4). The alignment index is based on the sequence of PpiA (extended N-tail; missing loop between  $\beta 6$ - $\beta 7$ ; Appendix Fig S1D). Gaps: residues absent in one of the twins, prolines or no experimental coverage. Colour boxes below the linear secondary structure map (top) indicate foldons, named in alphabetical order. Grey bar: unstructured fast folding regions (Fig EV3D) omitted from analysis.

C, D Foldons, colour-coded as in the left panels, are indicated relative to their time of formation on the PpiB (1LOP; C) and PpiA (1V9T; D) 3D structures. The indicated time points were as follows: for PpiB, 25°C ( $t_{80\%}$  of 0.29-0.33-0.42-0.47 min); for PpiB, 4°C ( $t_{80\%}$  of 0.09-0.29-0.90-1.75 min); for PpiA, 25°C ( $t_{80\%}$  of 0.24-0.33-0.47-0.51 min); for PpiA, 4°C ( $t_{50\%}$  of 0.34-0.55-0.79-0.99 min; Fig EV3E, Dataset EV5).

pipeline in Fig EV3B, data in Dataset EV5; Smit *et al.*, 2021). Peptides with minor D-uptake differences between unfolded/folded states and high standard deviations corresponding to unstructured/loosely folded protein regions (Fig EV3C, Dataset EV5), prolines and residues appearing only in a peptide's N terminus were omitted from analysis.

The complete folding pathways were visualized as colour maps, with fractions in between experimental timepoints being linearly interpolated (Appendix Fig S2; Dataset EV5). The dynamic range of folding was captured using both high and low temperature (25°C; 4°C). To simplify foldon definition in the twins, the time required (y-axis) to reach 50% of folded population ( $t_{50\%}$  values) was plotted against the aligned linear sequence (x-axis; Fig 3A and B; colour maps in Appendix Fig S2; Dataset EV5; see Materials and Methods). Both temperatures were considered when assigning foldons, as some resolved better at low temperature, others at high. Foldons were coded in alphabet order as they appear in PpiB (code maintained in PpiA) and are colour-indicated below a linear secondary map (Fig 3A and B, top) and on 3D structures (Fig 3C). When foldons were formed in distinct segments, numeric subscripts were

used (folding times displayed in Fig EV3E, colour maps in Appendix Fig S2).

At either temperature, PpiB started folding with foldon A ( $\beta 7$ - $\alpha 2$ ; red; Fig 3A and C; Appendix Fig S2A–D) followed by foldon B (N-strap; orange). The last turn of  $\alpha 1$  (that gets extended into  $\beta 3$ ; foldon C; yellow) formed before the first part of  $\alpha 1$  (foldon D; green). The four initial foldons completed the front face of PpiB (Fig 3C) together foldon F (only at 25°C; Appendix Fig S2A) and were followed by foldon E (mauve;  $\beta 5/6$ ) at the back face.

In PpiA, folding started with foldon B (Fig 3B and D, orange), followed by sequential formation of foldons C (yellow), A (red) and D (green). Some PpiA foldons formed stepwise compared with PpiB (e.g. A, B and C) or were very delayed (E and F; Fig 3; Appendix Fig S2E–H). Here also, the first foldons that were formed completed most of the front protein face (Fig 3D). Corroborating global HDX-MS analysis, the folding of PpiA at 4°C was significantly delayed; ~10-fold slower than at 25°C (Fig 3B).

In summary, the twins each folded via distinct well-defined consecutive initial foldons (Fig 3) followed by less separable, collective, presumably cooperative, “late” foldons (Appendix Fig S2). The

initial foldons may be the main folded components of the intermediates observed with global HDX-MS (Fig 2B). Foldon location in the primary sequence may be similar in the twins, yet their formation kinetics and hierarchy is distinct (Fig 3, compare C with D).

Hydrophobic islands, considered as main elements of a folding process (Onuchic *et al*, 1997), are located on the initial foldons but not uniquely; charged and polar residues facing the solvent on the surface of the protein are also included (mainly in foldons D and E; Dataset EV7A). The foldons determined above overlapped well with predicted early folding regions (Raimondi *et al*, 2019) and similarly aligned islands of minimally frustrated residues (Dataset EV7A, see [Materials and Methods](#); Parra *et al*, 2016). The latter may guide folding along the energy landscape (Parra *et al*, 2016; Gianni *et al*, 2021) forming local stable elements of the folding core (Jenik *et al*, 2012). Highly frustrated/suboptimal residues in foldons A and B of PpiA (Fig 1C and D) may slow down folding (Figs 2 and 3) by hindering stable interactions (Nymeyer *et al*, 1998; Gianni *et al*, 2021).

### Grafted residues interconvert PpiB/A folding kinetics

Using the Frustratometer (Parra *et al*, 2016), we identified the 23 lowest energy native contacts in the two structures (native energy  $\leq -5.0$  kJ/mol; Fig 4A; Dataset EV7B). Eight of them are dissimilar between PpiB and PpiA (Fig 4B, top), of which six are at the same location in the two 3D structures. Almost all of them are situated on or next to initial foldons (Fig EV4A, top) with invariably bulkier and more branched/hydrophobic side chains in PpiB (Fig 4B, top). Rosetta analysis (see [Materials and Methods](#); Leman *et al*, 2020) indicated the dissimilar residues to be in the immediate vicinity of residues that are highly optimized or suboptimal in PpiA or PpiB (Figs 4B, bottom and EV4C). Multiple dissimilar native contacts were energetically more optimal in PpiB and incorporating these contacts to the equivalent positions in PpiA was predicted to stabilize the latter (Dataset EV7D). Assuming that the six dissimilar residues underlie foldon formation and/or 3D associations (Fig 4C), it would be anticipated that strengthening or weakening their interactions might modulate folding speed.

To test this, we reciprocally grafted the corresponding residues between the two proteins, leaving the rest of the sequences unchanged (Fig 4D). We focused on residues located in or next to foldons A and B, in either twin (Fig EV4B). We generated single, double, triple or multiple mutant derivatives and determined their individual or combined effect on the twins' folding at 4°C, using global HDX-MS (as in Fig 2B).

First, PpiA residues were grafted onto PpiB (hereafter PpiB<sub>>A</sub>) to generate slower-folding derivatives mimicking PpiA that remained longer unfolded before forming an intermediate (Fig 2B, bottom). Only 3plet and 6plet grafts are shown (Fig EV4B); fewer mutations had no discernible effect (all mutants in Dataset EV8). The PpiB<sub>>A,3plet1</sub> carried mutations in highly stabilized native contacts (I13L/L83I/V160A). Ile13 is part of foldon B ( $\beta$ 2), Val160 (C-strap) sits between foldons B and D and Leu83 ( $\beta$ 5) connects foldon A ( $\beta$ 7) to the saddle. The PpiB<sub>>A,3plet2</sub> carried mutated native contacts (F4L/L28V/V133A) on foldons B ( $\beta$ 1), D ( $\alpha$ 1) and A ( $\alpha$ 2), respectively. These residues, belonging to three discontinuous foldons, participate in long-range hydrophobic contacts and are suspected to be less efficient in PpiA due to their smaller side chains. Neither 3plet derivative slowed down folding significantly but yielded less folded

intermediates (higher D-uptake) compared with the I<sub>75</sub> of PpiB (Fig 4E top and middle left; Dataset EV3A). Combining the two 3plets in one derivative delayed folding ( $> 10$  min; Fig 4E, bottom left). The PpiB<sub>>A,6plet</sub> remained in a broad I<sub>85</sub> population and reached the folded state slightly faster than PpiA. Adding more grafted residues blocked PpiB folding at early stages (PpiB<sub>>A,Multiplet</sub>, Dataset EV8).

Next, PpiB residues were grafted onto PpiA aiming to speed up the latter's folding (hereafter PpiA<sub>>B</sub>, Fig EV4B). Although single/double grafted residues sped up folding kinetics (Dataset EV8), 3plets and 6plets thoroughly accelerated folding (Fig 4E right). The PpiA<sub>>B,3plet1</sub> (E17V/L18I/G126A) carries grafted residues on foldon B<sub>1</sub> ( $\beta$ 2) and A<sub>1</sub> ( $\beta$ 7) that are more branched/hydrophobic and in PpiB could promote  $\beta$ -hairpin formation. While Leu18 is a highly stabilized native PpiA contact in foldon B<sub>1</sub>, Gly126 has multiple frustrated interactions that are not present in the corresponding PpiB residue (Ala124; Fig 1C) and E17 has a suboptimal sequence/structure compatibility (Fig 1D). The PpiA<sub>>B,3plet1</sub> exhibited two modestly sped up intermediates that formed and disappeared simultaneously (I<sub>82</sub>; I<sub>62</sub>; Fig 4E top right) but folding still resembled that of PpiA (Fig EV4C). On the contrary, the PpiA<sub>>B,3plet2</sub> (L9F/V33L/A135V; the reverse of PpiB<sub>>A,3plet2</sub>) quickly formed an I<sub>76</sub> (Figs 4E middle right; EV4C) with folding kinetics resembling those of PpiB ( $\sim 5$  min). Either one or two from the 3plet2 mutations increased PpiA's folding (Dataset EV8). The PpiA<sub>>B,6plet</sub> (combined 3plets) formed an I<sub>76</sub> even faster than PpiA<sub>>B,3plet2</sub> (Fig EV4D) and folded slightly faster than PpiB ( $< 5$  min; Fig 4E, bottom right).

We concluded that highly stabilized native contacts on foldons were involved in early folding events and were sufficient to interconvert intermediates and folding behaviours between PpiB and A.

### Delayed *in vitro* folding correlates with improved *in vivo* secretion

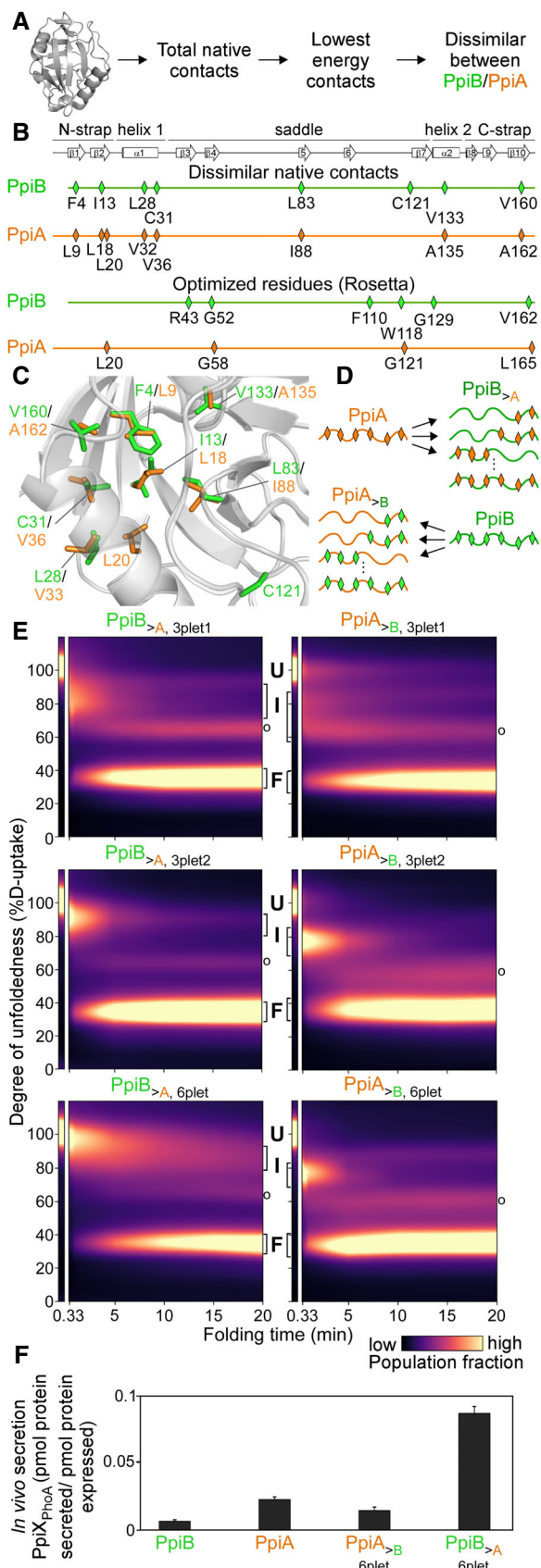
To test whether *in vitro* slow folding correlated with improved *in vivo* secretion efficiency, PpiA/B and derivatives were fused N-terminally to PhoA (alkaline phosphatase; San Millan *et al*, 1989; Akiyama & Ito, 1993). The PhoA reporter becomes enzymatically active once secreted to the periplasm through the Sec translocase; its secretion now being dependent on the fused N-terminal PpiX-partner. Fusions were tested using cells expressing SecY<sub>prlA4</sub>EG (Fig EV4D), a translocase derivative that allows secretion of signal peptide-less mature domains (Gouridis *et al*, 2009). Secretion efficiency was determined from PhoA activity units and normalized on protein amounts (Fig 4F; see [Materials and Methods](#); full analysis in Dataset EV9B; expression levels in Fig EV4E).

The fast-folding PpiB fusion (Fig 4F) had  $\sim$ threefold lower secretion than the slower-folding PpiA fusion. Accelerating folding reduced secretion by half (compare PpiA<sub>>B,6plet</sub> with PpiA), while delaying folding significantly enhanced secretion (compare PpiB<sub>>A,6plet</sub> with PpiB).

These experiments suggested that slow/fast folding correlates with high/low secretion efficiency, respectively.

### The signal peptide stalls folding at early intermediates

Mature PpiA is only present in the periplasm. Its pre-form (signal peptide-bearing proPpiA; Fig 5A) is cytoplasmic. As the translocase recognizes only unfolded proteins, we anticipated that the signal



**Figure 4. Grafting stable native contacts between PpiB and PpiA interconverted folding behaviours.**

Source data are available online for this figure.

peptide might have a profound effect on the folding of PpiA as seen for other proteins (Park *et al*, 1988; Singh *et al*, 2013; Tsigotaki *et al*, 2018).

Folding of PpiA was compared to that of proPpiA using global HDX-MS. As slow-folding kinetics dominated at 4°C and muted the effect of the signal peptide (Fig EV5A), we focused on 25°C. Here, the 3-state folding behaviour of PpiA (folded in 1 min, Fig 2B) was drastically altered by its signal peptide (Fig 5B). proPpiA remained kinetically trapped for > 20 min in the highly unfolded I<sub>87</sub>. Folding continued through a second intermediate (I<sub>69</sub>; Fig EV5B) to an apparent “folded” state (F’) that retained higher D-uptake compared with the corresponding PpiA state (F; Figs 5B vs. 2B, 43 vs. 33% D-uptake). Within 20 min, only 25% of proPpiA reached an apparent “folded” state (> 250 times more slowly than PpiA based on  $t_{\text{Folded},25\%}$  between proPpiA and PpiA; Dataset EV3A).

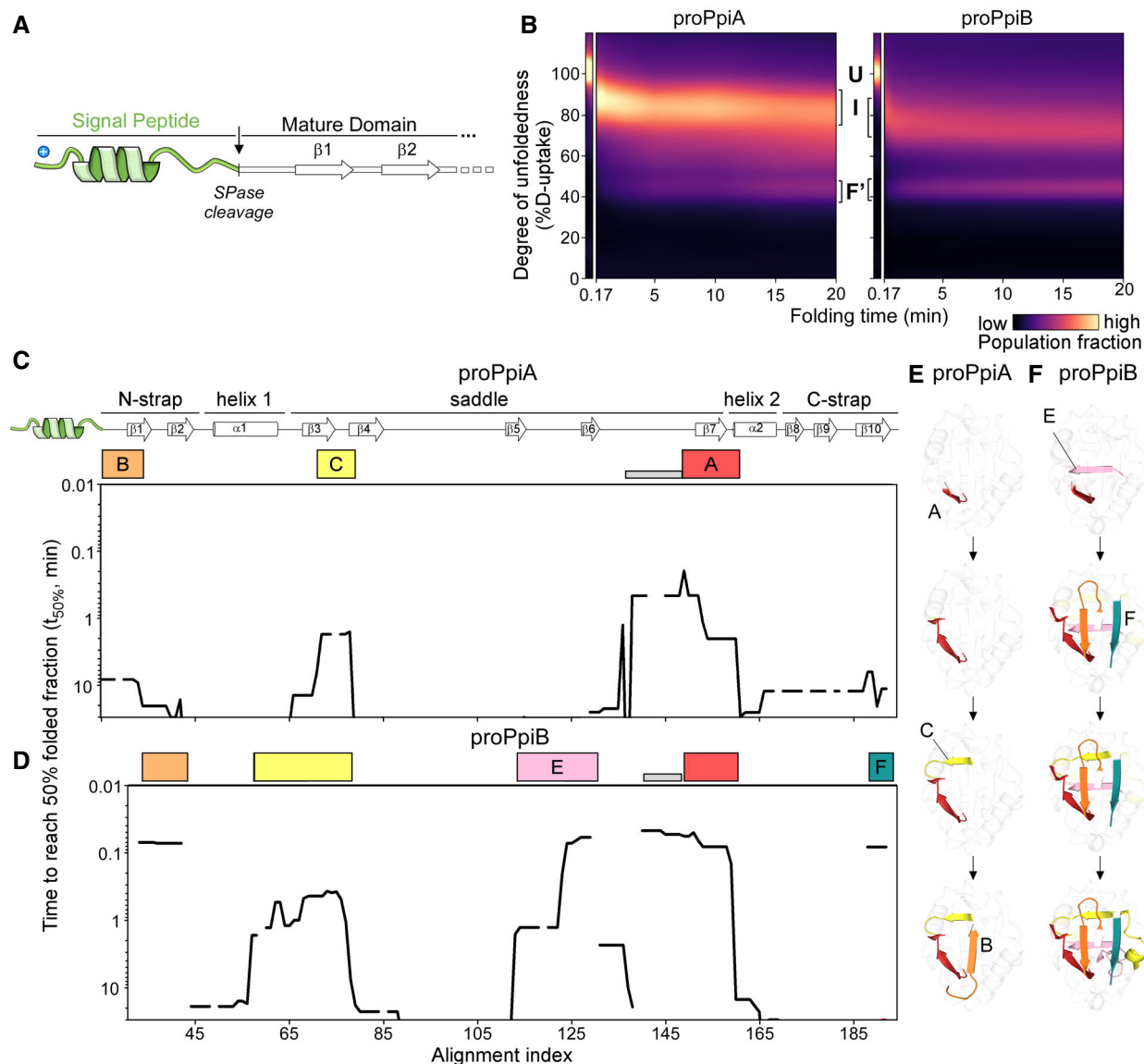
Interestingly, the signal peptide of proPpiA fused to PpiB (hereafter proPpiB) delayed its folding as well. ProPpiB was kinetically trapped in an I<sub>76</sub> intermediate, displayed marginal folding in 20 min and reached an apparent folded state (F’; higher %D-uptake than corresponding PpiB folded state, Fig 2B) that was about > 400-fold slower than PpiB (based on  $t_{\text{Folded},25\%}$  between proPpiB and PpiB; Dataset EV3A).

The signal peptide delays folding, not only in a secretory protein but also slows the folding of a protein optimized for cytoplasmic fast folding.

### The signal peptide disturbs the initial foldons of the mature domain

To determine the exact effect that the signal peptide had on the folding landscape of the twins, we employed local HDX-MS (Fig 5C and D, Dataset EV5, colour map in Appendix Fig S3A and C). Foldon formation in proPpiA was significantly slower and altered compared to that in PpiA (Figs 5C compared with 3B and D, and EV5E; foldon spectra in Appendix Fig S4; non-folding region was removed from analysis; Fig EV5D). In proPpiA, folding started with the slow, partial formation of foldon A (~11-times slower than in PpiA; Dataset EV5), followed by partial formation of C (β3), extension of A and partial formation of B (only β1 formed; Fig 5E). These partial initial





**Figure 5. Effect of signal peptide on folding of the twins.**

A Linear map of the signal peptide/early mature domain region of proPpiA.

B Folding kinetics of proPpiA and proPpiB (the signal peptide plus N-terminal tail of PpiA fused to PpiB), at 25°C (as in Fig 2; rates in Dataset EV3A).  $n = 2$  biological repeats.

C, D Folding kinetics of proPpiA and proPpiB, at 25°C, monitored by local HDX-MS (Dataset EV4;  $n = 3$  biological repeats), were analysed by PyHDX to determine the folded fractions per residue (Dataset EV5). The time needed to reach 50% of folded fraction ( $t_{50\%}$  values; only for the mature domains shown here) was plotted as in Fig 3; see extended dataset colour map in Appendix Fig S3.

E, F Foldons, coloured (as in C, D) on the PpiA (1V9T; E) and PpiB (1L0P; F) 3D structures. The indicated time points are as follows: for proPpiA ( $t_{50\%}$  of 0.9-2.0-2.3-20.8 min) and for proPpiB ( $t_{50\%}$  of 0.06-0.08-0.44-1.2 min; Dataset EV5).

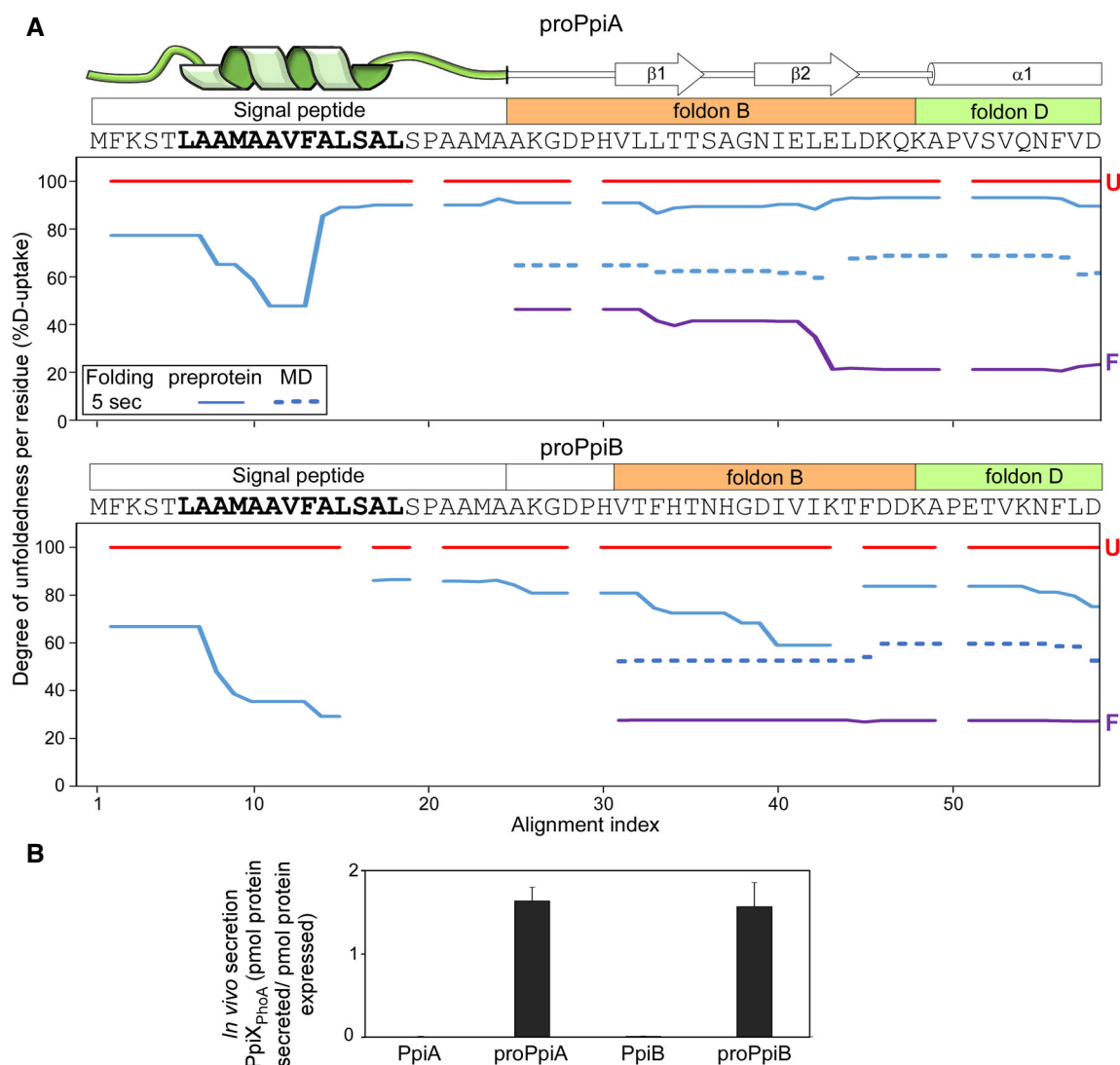
Source data are available online for this figure.

foldons only formed a limited loose structure presumably corresponding to I<sub>87</sub> seen in global HDX-MS (Fig 5B). At 24 h of incubation, proPpiA reached ~77% foldedness compared with the native PpiA (Dataset EV5).

Similar effects, albeit less prominent were seen in proPpiB (Fig 5D; colour map in Appendix Fig S3B and D). Some foldons still formed very quickly such as A<sub>1</sub> (slightly slower in proPpiB

compared with PpiB; Fig EV5E), followed by more extended foldons C<sub>1+2</sub>, B and F (Fig 5F; Appendix Fig S3B and D) and missing the majority of  $\alpha 1$  similar to proPpiA. At 24 h, proPpiB reached ~89% foldedness compared with native PpiB (Dataset EV5).

The signal peptide modulated the protein folding pathway by obstructing or delaying the formation of critical initial foldons.



**Figure 6. Dynamics of the signal peptide and early mature domain and their effect on *in vivo* secretion.**

**A** Folding kinetics of proPpiA and proPpiB, monitored by local HDX-MS (Dataset EV4;  $n = 3$  biological repeats), were analysed by PyHDX to determine the degree of unfoldedness per residue (Dataset EV6; Fig EV5C). %D-uptake for the 5-s folding time, at 25°C (y-axis) for the indicated N-terminal regions (PpiA N-tail included in proPpiB, predicted signal peptide helix in bold) were plotted along the aligned sequences (x-axis). Reduced %D-uptake relative to the U state (red) indicates gain of secondary structure. Top; signal peptide, foldons (B and D) (Appendix Fig S1D; see also Dataset EV6; Fig EV5C). Red: unfolded pre-forms, purple: native proteins. Gaps: No coverage.

**B** *In vivo* secretion of the indicated PpiX-PhoA fusions by the wildtype SecYEG (as in Fig 4F, data in Dataset EV9B). Expression levels in Fig EV5F.  $n = 6$  (biological triplicates with 3 technical replicates each, s.d.).

### Flexibility and stability of the signal peptide during preprotein refolding

Preproteins and primarily signal peptides lack a defined native folded state and cannot be expressed as folded fractions as done above for mature domains. To follow the conformational dynamics of the signal peptide as it disturbs mature domain folding, we examined its degree of unfoldedness per residue (%D-uptake) over time (defined using the per-residue RFU function of PyHDX, see pipeline in Fig EV3B). Here, the D-uptake of the unfolded state for each residue (protein in 6 M urea) was set as 100% (obtained as weighted average of peptides), the non-deuterated as

0% and all other values of every folding timepoint were expressed relative to this. Hence, any secondary structure acquisition by the signal peptide is seen as a reduction in D-uptake (Fig 6A; Dataset EV6).

In proPpiA, part of the predicted  $\alpha$ -helical region, became stabilized within 5 s of folding (48–65% D-uptake; Fig 6A, top). In contrast, the rest of the helix and the signal peptide's N- and C-regions remained highly flexible. The elevated dynamics continued into the mature domain, destabilizing foldons B and D (Fig 3B; rest of protein in Fig EV5C). This would delay folding of the whole mature domain (Fig 5C).

In proPpiB, the signal peptide displayed similar dynamics but became more rigidified (39–67% D-uptake), forming a more extensive, stabilized helical structure (Fig 6A, bottom). The rest of signal peptide sequence and early mature domain were flexible but less so than in proPpiA (Fig 6A, top, full protein in Fig EV5C). In proPpiB, segments of foldon B started acquiring stability (particularly  $\beta$ 2) similarly to what was seen in PpiB (Fig 6A, bottom, blue dashed line).

### The signal peptide allows high secretion efficiency for both PpiA and PpiB

The signal peptide blocked the folding pathway of the twins *in vitro*. To test whether this is reflected on export, we examined the secretion of the twins' pre-forms *in vivo*, using the PhoA reporter system described above (full analysis in Dataset EV9B, expression levels in Fig EV5F).

Signal peptide-bearing and signal-less fusions were tested in parallel in cells carrying wildtype SecYEG (Fig 6B). While secretion of signal-less PpiA and PpiB by the wildtype translocase was negligible, both pre-forms were secreted equally well.

## Discussion

How evolution has manipulated highly efficient protein folding in order to delay it and facilitate translocation remains unclear. Using a structural twin pair, we revealed intrinsic adaptations that slowed down the folding of a secretory mature domain twin. Addition of a secretion-specific add-on, a N-terminal signal peptide, further delayed it.

Folding of both the secretory PpiA and its cytoplasmic homologue PpiB followed a defined three-stage pathway with a single intermediate (Fig 2B). The process was hierarchical: a small number (4–6) of initial foldons became stabilized in a defined order before collective, rapid, near-simultaneous, presumably cooperative folding occurred by the remaining foldons (Fig 3; Appendix Fig S2). These initial foldons had features similar to those observed in other studies but were better resolved, in some cases down to three residues (Maity *et al*, 2005; Walters *et al*, 2013; Englander & Mayne, 2014). Remarkably, the order of formation of the initial foldons in the twins was similar but not identical (Nickson & Clarke, 2010) following a different order to yield intermediates (Fig 3; Appendix Fig S2). Folding was driven by small differences between the foldons of each twin. Minor side chain changes altered hydrophobicity, bulkiness and degree of residue frustration in the native structure (Fig 1C; 4°C). Changes in loops/ $\beta$ -turns and increased local flexibility around foldons (e.g. at the N terminus of PpiA) might have restricted or favoured the extent of stochastic collisions between folding segments (Fig 1B–D). Low temperature, presumably by weakening hydrophobic contacts and dynamics, exacerbated the effect of such components in folding (Figs 2 and 3; Baldwin, 1986; Tilton Jr *et al*, 1992; van Dijk *et al*, 2015; Tsirigotaki *et al*, 2018).

Cytoplasmic proteins like PpiB are expected to form multiple foldons with substantial native structure soon after coming out of the ribosome (Figs 2B and 3). Meanwhile, secreted proteins like PpiA would remain longer in minimally folded states, in a signal peptide-independent manner (Figs 2B, and 3B and D). Their mature

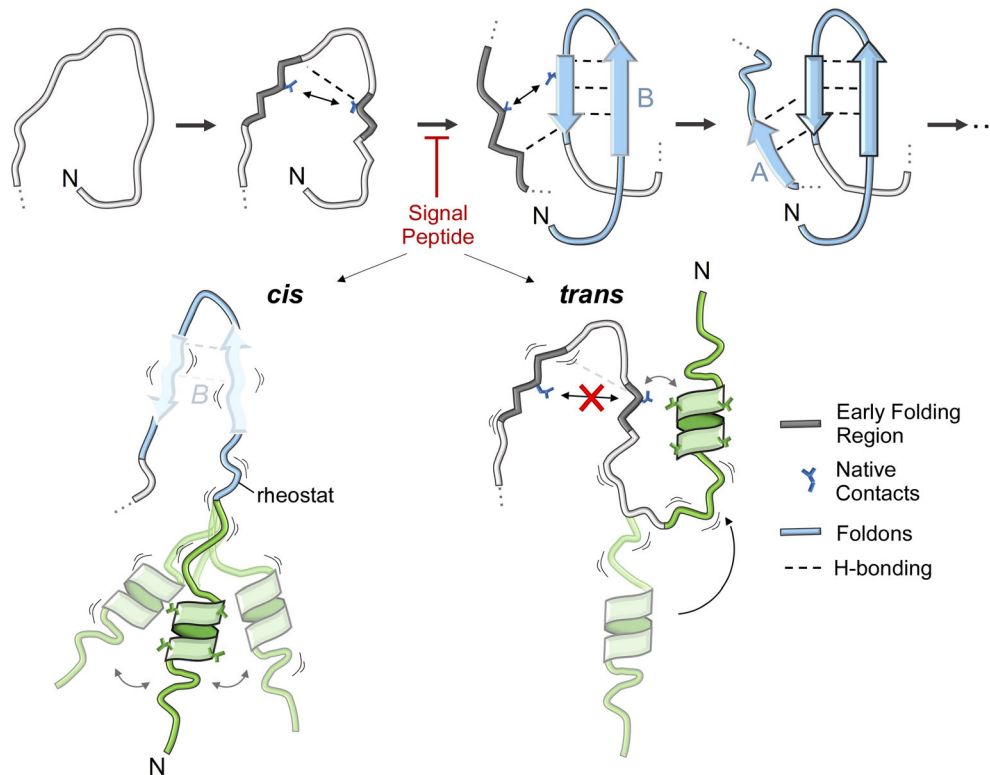
domain intrinsic adaptations allow them to slow down, or limit, the formation of initial foldons, enabling secretion compatibility (Huber *et al*, 2005b; Tsirigotaki *et al*, 2018). Differences in efficiency of foldons could have major repercussions in facilitating downstream recognition and secretion steps.

Our analysis suggested that even subtle changes would have sufficed to alter the folding fate of a hypothetical primordial ancestor cytoplasmic protein to facilitate its secretion. A grafting experiment clarified that this can be specifically guided by a few highly stabilized, key native contacts that have critical long-range interactions between or within the initial foldons (Fig 4C). These contacts determined whether an intermediate was quickly formed or delayed (Fig 4E), a key aspect for secretability (Fig 4F).

Secretory mature domains have evolved to display slower folding. Collectively, their sequences bear hallmarks that facilitate this process (Figs 2 and 3; Chatzi *et al*, 2017; Sardis *et al*, 2017; Tsirigotaki *et al*, 2018): enhanced disorder, reduced hydrophobicity, increased number of  $\beta$ -stranded structures, etc. (Loos *et al*, 2019). While this enables them to avoid folding during their cytoplasmic and inner membrane crossing, it begs the question of how this inherent property is overcome once across the inner membrane and beyond, when stable final folded structures must be acquired. Interestingly, the native secretome proteins are more stable than their cytoplasmic counterparts (Loos *et al*, 2019), as exemplified here in the Ppi twins (Fig EV1). This could be the result of higher conformational entropy due to regions with increased flexibility (Fig 1B), requiring more effort to unfold due to the low gain in entropy as observed in thermophilic cytochrome *c* (Liu *et al*, 2018). In PpiA, a core initial foldon, such as B, formed rapidly but possibly due to suboptimal residues did not connect well to foldon A (Fig 1C and D) which was very slow to form, leading to differential foldon pathways. Despite delaying folding, this did not prevent PpiA from acquiring a structure similar to its cytoplasmic counterpart PpiB in the end (Fig 1B). Additional means of stabilization of secreted proteins, once at their final location, include use of disulphide bonding, tight binding of prosthetic groups, formation of quaternary complexes and for outer membrane proteins, and embedding in the lipid bilayer (De Geyter *et al*, 2016).

The evolutionary tinkering towards generating maximally non-folding states is not uniformly extensive for all secretory proteins (Chun *et al*, 1993; Tsirigotaki *et al*, 2018). Over-optimization of non-folding in the cytoplasm might yield highly secreted yet non-folded molecules. Where mature domains could not be tinkered with further, due to penalties in folding or function, the cell relied on signal peptides (Randall & Hardy, 1986). They delay folding of mature domains during their cytoplasmic transit, stabilizing kinetically trapped, loosely folded intermediates (Fig 5B; Randall & Hardy, 1986, 1989; Huber *et al*, 2005a; Singh *et al*, 2013; Tsirigotaki *et al*, 2018) and are proteolytically removed on the trans-side of the membrane. As revealed here, signal peptides quickly acquire partial  $\alpha$ -helical structure in their core while maintaining disordered C-terminal ends (Fig 6A) that translates into the early mature domain, preventing some of the crucial initial foldons located there from being stabilized (Figs 5C–F and 6A). As a result, subsequent folding is rendered ineffective.

As an exogenous add-on, the signal peptide of PpiA also blocked folding of the cytoplasmic PpiB, although less efficiently than proPpiA (Fig 5F vs. E) and led to similar levels of secretion (Fig 6B).



**Figure 7. Model of folding initiation in PpiA and its manipulation by the signal peptide.**

Folding initiation in PpiA using foldons B (from the two N-terminal  $\beta$ -strands) and A as suggested by rigidification of early folding regions, H-bonding and stabilized by native contacts (see text for details). The signal peptide causes disorder in the early mature domain and blocks this process either in “*cis*” (preventing stable H-bonding in foldon B) or in “*trans*” (directly using parts of foldon B).

This suggested that signal peptide and internal mature domain properties may co-evolve in secretory proteins so as to optimally stall their cytoplasmic folding, thereby maintaining them translocation-competent. The signal peptide effect was strongly dominant and able to manipulate the folding features of the cytoplasmic PpiB. However, there are many cases of signal peptides that are inefficient in delaying folding and fail to secrete fast-folding native *E. coli* proteins (Huber *et al*, 2005a, 2005b) or heterologous proteins of biotechnological interest (Zhang *et al*, 2018; Peng *et al*, 2019). In addition to a role in cytoplasmic non-folding, we hypothesize that most secretory mature domains need to remain unfolded in the cell envelope even after their signal peptide has been cleaved. Such proteins need to traffic further, be modified or bind prosthetic groups (De Geyter *et al*, 2016). How some signal peptides are competent to slow down folding and drive secretion of certain proteins remains unclear and will require future studies.

We assume that the signal peptide’s dramatic effect on preventing folding of the succeeding mature domain folding sequence was likely due to its proximity to the initial foldons of the mature domain, primarily B, D and A (Figs 6A and 7, top). Of note, the initial foldons in PpiA, PpiB, MBP (Walters *et al*, 2013), RNase H (Hu *et al*, 2013) and Cytochrome *c* (Hu *et al*, 2016) whose folding has been dissected in detail to date with local HDX-MS, are all located at or near the N-termini of these proteins, according to primary sequence or 3D structure. In this context, it is interesting that Foldon A of PpiB that is located a long way downstream in the

linear sequence is not affected by the signal peptide but its interaction with the N-terminal Foldon B is (Fig 5C and D). An N-terminal location makes sense as a choice for initial foldons, as these regions exit the ribosome (in cytoplasmic proteins) or/and the Sec translocase (in secretory proteins) first. In either case, these would be the first regions that are available for folding (Raimondi *et al*, 2019), before the rest of the polypeptide (C terminus) is even synthesized or available for interactions (Jacobs & Shakhnovich, 2017). Hence, it is interesting to speculate that N-terminal foldons might be a widespread polypeptide feature that can be manipulated by N-terminal signal peptides or by chaperones during ribosomal exit (Smets *et al*, 2019). Extensive folding datasets, currently unavailable from most proteins (Panca *et al*, 2016), are required to test this. Secretory chaperones such as SecB, Trigger Factor and SecA might bind to prevent early foldon formation on secretory proteins that would further delay their folding behaviour or ability to be secreted (Saio *et al*, 2014; Huang *et al*, 2016).

Finally, to postulate how signal peptides block the first initiating foldons from forming, we considered “*cis*” and “*trans*” models (Fig 7, bottom). In the *cis* model, accommodation of the signal peptide’s bulky hydrophobic core in the aqueous environment is frustrated and this leads to high signal peptide mobility, partial helical structure and enhanced disorder (Fig 6A). These effects are translated via the conformational rheostat (Sardis *et al*, 2017) to enhanced dynamics in the early mature domain and destabilization of the critical initial foldons. In the *trans* model,



the hydrophobic helix of the signal peptide exploits the flexible connecting linker to physically interact with exposed hydrophobic residues on initial foldons (e.g. residues participating in critical highly stabilized native contacts), thus making these residues unavailable for foldon formation. As the folding process is

hierarchical and vectorial, that is, N-terminal foldons must form first, in both cases downstream steps of the folding process are blocked or slowed down. Testing these models will require probing the signal peptide properties and dynamics in parallel to monitoring the folding reaction.

## Materials and Methods

### Reagents and Tools table

Reagent/Resource	Reference or Source	Identifier or Catalog Number
<b>Experimental Models</b>		
MC4100 cells ( <i>E. coli</i> )	Casadaban (1997)	Prof. Dr. Genevoux, CBI Toulouse, France
<b>Recombinant DNA</b>		
Genes ( <i>E. coli</i> )	This study unless mentioned otherwise	Appendix Table S4
<b>Antibodies</b>		
Anti-(pro)PhoA (Rabbit, monoclonal)	Chatzi et al (2017) (Ecolab/Davids)	1/50,000 dilution
Anti-rabbit (Peroxidase-conjugated AffiniPure Goat)	Jackson ImmunoResearch Laboratories, Inc.	111-007-003 (1/50,000 dilution)
<b>Oligonucleotides and sequence-based reagents</b>		
Custom oligos	Eurogentec	Appendix Table S2
<b>Chemicals, enzymes and other reagents</b>		
T4 DNA Ligase	Promega	M1801
PFU Ultra Polymerase	Aligent	#600380
Deuteriumoxide	Sigma Aldrich	P/N 151882
Urea-d4	Sigma Aldrich	P/N 176087
Formic Acid (MS grade)	Sigma Aldrich	F0507
Acetonitrile (ACN, MS grade)	Merck Millipore	100030
Leucine Enkephalin (LeuEnk)	Waters	186006013
para-Nitrophenolphosphate (PNPP)	Thermo Fisher Scientific	34045
<b>Software</b>		
Canvas X	2022	<a href="https://canvasx.net">https://canvasx.net</a>
PyHDX	v0.3.3 (e8ea23e)	<a href="http://pyhdx.jhsmit.org">http://pyhdx.jhsmit.org</a>
ImageJ	1.53g 4	<a href="https://imagej.nih.gov/ij/">https://imagej.nih.gov/ij/</a>
Jupyter Notebook (Anaconda, Python)	Python 3.6	<a href="https://jupyter.org">https://jupyter.org</a>
AWSEM-MD Frustratometer	Protein Frustratometer 2 (Parra et al, 2016)	<a href="http://frustratometer.qb.fcen.uba.ar">http://frustratometer.qb.fcen.uba.ar</a>
MassLynx	v4.1 (Waters)	Waters Corporation
ProteinLynx Global Server (PLGS)	v3.0.1 (Waters)	Waters Corporation
DynamX	v3.0 (Waters)	Waters Corporation
Clustal Omega	Sievers et al (2011)	<a href="https://www.ebi.ac.uk/Tools/msa/clustalo/">https://www.ebi.ac.uk/Tools/msa/clustalo/</a>
PyMOL	v2.4	<a href="https://pymol.org/2/">https://pymol.org/2/</a>
Rosetta	3.13	<a href="https://www.rosettacommons.org/software">https://www.rosettacommons.org/software</a>
<b>Other</b>		
Avanti J-26S XPI, JLA 8.1000 rotor	Beckman	PN B10093AB
French Press	Thermo	FA-078A + FA-032 (40 k) Standard CELL
Sorvall RC 6 plus	Fisher Scientific	NB.81
Ni <sup>2+</sup> -NTA Agarose resin	Qiagen	ID: 30210
Dialysis membranes (12–14 kDa MW cut-off)	Medicell Membranes Ltd.	DTV.12000

Reagents and Tools table (continued)

Reagent/Resource	Reference or Source	Identifier or Catalog Number
Plasmid DNA purification kit (NucleoSpin <sup>®</sup> Plasmid EasyPure)	Macherey-Nagel	740727.50.
Wizard SV Gel and PCR Clean-Up System	Promega	A9281
nanoACQUITY UPLC System with HDX Technology	Waters	Waters Corporation
Synapt G2 Mass Spectrometry instrument	Waters	Waters Corporation
MassPREP Micro Desalting column	Waters	186004032
Pepsin column	Sigma (pepsin) + Idex (cartridge)	P0609 + # 5051IP-M07021-005-05TI
Nepenthesin-2	Affipro	AP-PC-004
VanGuard C <sub>18</sub> Pre-column	Waters	186003975
C <sub>18</sub> analytical column	Waters	186002350
SuperSignal <sup>™</sup> West Pico PLUS Chemiluminescent Substrate	ThermoFisher Scientific	34580
ImageQuant LAS-4000 (CCD-camera system)	GE Healthcare Life Sciences	28-9610-74 AC
Jasco J-1500	Jasco Inc.	J-1000 series
Cary Eclipse Fluorescence Spectrophotometer	Agilent	Agilent Technologies
Nanodrop 2000	Thermo	ND-2000
Vivaspin centrifugal concentrators (Vivaspin 500)	Viva products	VS0102 <sup>+</sup>

## Methods and Protocols

### Protein preparation

Genes were inserted into the indicated plasmids by restriction enzyme digestion and ligation using T4 DNA Ligase (Promega). Restriction sites for the gene of interest and mutations were added using PCR with PFU Ultra Polymerase (Stratagene) containing templates and primers as indicated (Appendix Tables S1 and S2). Other constructs were designed as synthetic genes cloned in expression vectors (GenScript). To synthesize proteins, *E. coli* expression cells (Appendix Table S3) were transformed with pET22b vectors carrying the derivative gene (Appendix Table S4) to produce His<sub>6</sub>-tagged proteins. The cells were grown in LB medium and induced with 0.1 mM IPTG at 37°C for 3 h or 18°C overnight. In case of preproteins, 5 mM MgCl<sub>2</sub> was added to the medium before growth to stabilize the signal peptide and 4 mM sodium azide was added before induction to abolish SecA-dependent secretion and thus prevent signal peptide cleavage [19]. Cells were collected (4,500 × g; 4°C; 15 min; Avanti J-26S XPI, JLA 8.1000 rotor; Beckman) and stored at −20°C until purification.

For soluble and denaturing purification, cells are resolubilized in buffer S-A and U-A (buffers in Appendix Table S5), respectively, containing 50 µg/ml DNase I and 2.5 mM PMSF; and were lysed with a French press (1,000 psi; 5–6 rounds; pre-cooled cylinder; Thermo). Soluble proteins were separated using centrifugation of lysed cells (26,600 × g; 30 min; 4°C, Sorvall RC 6 plus, Fisher Scientific) to remove the insoluble fractions. The proteins present in inclusion bodies or insoluble fraction were resolubilized in buffer U-B using a Dounce homogenizer and centrifuged (26,600 × g; 30 min; 4°C, Sorvall RC 6 plus, Fisher Scientific) to remove the insoluble membrane fraction. The urea-solubilized supernatant was diluted with buffer U-A to 6 M Urea. Soluble/Urea-solubilized protein fractions were run through a Ni<sup>2+</sup>-NTA Agarose resin (Qiagen) packed in a gravity-flow column pre-equilibrated with buffer S-A/U-A (gravity flow; 1 ml/min) and washed with buffer S-A/U-C and S-B/U-D (10 column volumes each). Proteins were eluted with buffer

S-B/U-E supplemented with 200/100 mM imidazole, incubated with EDTA (10 mM; 10 min, ice) and dialyzed (12–14 kDa MW cut-off, Medicell Membranes Ltd.); in buffer S-C/U-F (overnight, 4°C) followed by buffer S-D/U-G (overnight, 4°C). Protein aliquots were stored at −20°C. Protein purity was determined on Coomassie gels using SDS-PAGE and in case of MS analysis, denatured, non-deuterated proteins were run on global HDX-MS (see below).

### Measuring protein concentration

Protein concentration was determined by spectroscopic measurements (280 nm; Nanodrop 2000; Thermo) in the range of 0.3–3 mg/ml (linear range of the OD measurements; Stoscheck, 1990). The concentration was measured according to the molecular weight and extinction coefficients of each protein, determined using the ExpASY server (<http://web.expasy.org/protparam/>). Centrifugal ultrafiltration concentrators were used to concentrate protein samples [10 kDa cut-off, Viva products, Vivaspin 500 for small volumes (12,000 × g; 4°C) and Vivaspin 4 for larger volumes (4,500 × g; 4°C)].

### Native state dynamics with Local Hydrogen-Deuterium exchange (HDX) mass spectrometry (MS)

Local HDX-MS conditions and analysis routines have been described in detail in Krishnamurthy *et al* (2021) and preprint: Krishnamurthy *et al* (2022). Specific conditions used in this study are detailed below.

### Labelling experiment

Proteins were dialyzed O/N in buffer B at 4°C. A 100 µM protein stock was prepared and equilibrated at 30°C together with labelling buffers. Labelling buffers were prepared from lyophilized aliquots of buffer A resolubilized in D<sub>2</sub>O (pD 8.0) with 5 mM DTT and 1 mM EDTA. The protein stock was diluted and labelled in 90% labelling buffer (4 µM protein) for 10 s, 30 s, 1 min, 5 min, 10 min and 30 min at 30°C. The reaction was quenched with pre-chilled quenching buffer (6 M Urea, 0.1% DDM, 5 mM TCEP, formic acid

to pD 2.5) on ice. A fully deuterated control was added, where the protein was labelled O/N at 50°C.  $n = 3$  technical repeats.

### MS analysis

This is identical to the analysis of refolding with local HDX-MS (see below). DynamX data of the defined peptides with average D-uptake and standard deviations, presented in Dataset EV4 (as suggested in Masson et al, 2019), have been further analysed using PyHDX (see below).

### Derivation of $\Delta G$ values per residue using PyHDX

$\Delta G$  values per residue were derived using PyHDX (v0.4.1 (68624c40) (Smit et al, 2021)). A fully deuterated control sample was used to correct for back exchange. PyHDX settings used for fitting  $\Delta G$  values: stop\_loss: 0.05, stop patience: 50, learning rate: 10, momentum: 0.5. The first and second regularizer values were set at 0.1 and 0.05, respectively, where the latter acts as a damping term for differences between the aligned proteins (Smit et al, 2021).

### Refolding kinetics with Global Hydrogen-Deuterium exchange (HDX) mass spectrometry (MS)

#### Protein refolding

Proteins dialyzed in buffer C were incubated at 37°C for 40 min for maximal denaturation, diluted to 6 M Urea and pre-chilled on ice for 40 min. To reduce the proteins to mimic cytoplasmic conditions, they were treated with 100 mM DTT; 5 mM EDTA at 4°C for 20 min and centrifuged (20,000  $\times g$ ; 15 min; 4°C) prior to refolding. The pre-treated denatured protein was used as a control for max H/D exchange. The refolding experiment was initiated by diluting the denatured protein in aqueous buffer to 0.2 M urea; 5 mM DTT and 1 mM EDTA (18  $\mu M$  protein). For refolding at 4°C, samples were pulse-labelled with an excess of D<sub>2</sub>O at 20 s, 40 s, 60 s, 5 min, 10 min, 15 min, 20 min, 30 min and 1 h (inc. 24 h if necessary). And for refolding at 25°C, samples were pulse-labelled at 10 s, 20 s, 40 s, 60 s, 2 min 30 s and 5 min (inc. 10 min, 30 min and 1 h if necessary). In case soluble native protein was purified, this was added as a natively folded control.  $n = 2$  biological repeats.

#### Deuterium pulse-labelling

Labelling buffers were made from lyophilized aliquots of buffer A and were directly resolubilized in D<sub>2</sub>O (99.9% atom D, Sigma Aldrich P/N 151882) or after adding 6 M Urea-d<sub>4</sub> (98% atom D, Sigma Aldrich P/N 176087). Isotope pulse-labelling during refolding was performed with 0.2 M Urea-d<sub>4</sub> (pD 8.0; 95.52% (v/v) D<sub>2</sub>O) for 100 s to 0.8  $\mu M$  protein on ice. Labelling was quenched with pre-chilled formic acid (to pD 2.5), snap-frozen in liquid nitrogen and stored at -80°C until MS analysis. Denatured controls were labelled with 6 M Urea-d<sub>4</sub> (pD 8.0; 95.52% (v/v) D<sub>2</sub>O), 5 mM DTT, 1 mM EDTA on ice for 100 s (t<sub>0</sub> control) and 1 h (fully deuterated control). Native controls were prepared in buffer A containing 0.2 M urea; 5 mM DTT; 1 mM EDTA to mimic folding conditions and labelled identical to refolding samples.

### MS analysis

For mass determination, unlabelled proteins (0.8  $\mu M$ ) were prepared in buffer A (150  $\mu l$ ) with 0.23% formic acid and analysed with the MS. (Un)labelled samples were manually injected on a nanoACQUITY UPLC System with HDX technology (Waters) online-coupled

with a Synapt G2 ESI-Q-TOF instrument (Waters) for intact protein analysis. The UPLC chamber was set at 0.2°C to reduce back exchange and contained solvent A and B (ddH<sub>2</sub>O + 0.23% (v/v) formic acid and Acetonitrile + 0.23% formic acid, respectively). Proteins were trapped on a MassPREP Micro Desalting column (1,000 Å, 20 mm, 2.1  $\times$  5 mm, Waters) and desalted at 250  $\mu l$ /min for 2 min with solvent A and subsequently eluted using a linear gradient of solvent B 5–90% over 3 min. The remaining protein was washed from the column with 90% solvent B for 1 min, 5% solvent B for 1 min and again 90% solvent B for 1 min before returning to the initial conditions for re-equilibration.

Positively charged ions in the range of 50–2,000 m/z were analysed after ionization and desolvation with the following parameters: capillary voltage 3.0 kV, Sampling cone 25V, Extraction cone 3.6V, source temperature 80°C, desolvation gas flow 650 l/h at 175°C. Leucine Enkephalin solution (2 ng/ $\mu l$  in 50:50 ACN:ddH<sub>2</sub>O with 0.1% formic acid, Waters) was co-infused at 5  $\mu l$ /min for accurate mass measurements.

### Protein relative D-uptake determination

Data analysis was performed manually with ESI-Prot, Excel and Python. Deuterium uptake was normalized to the maximum deuteration control (fully denatured protein) and calculated as follows:

$$\% \text{Relative D uptake} = \left( \frac{M_L - M_{UNL}}{M_{FD} - M_{UNL}} \right) \times 100$$

Where  $M_L$  = mass of the labelled sample,  $M_{UNL}$  = mass of the unlabelled sample,  $M_{FD}$  = mass of the fully deuterated control (fully denatured protein).

First, the D-uptake of the different folding states was calculated using the whole m/z spectra that was analysed with ESI-Prot where the average mass of each peak was calculated (Dataset EV2; Winkler, 2010). Next, a single charged state of the highest intensity was selected for plotting D-uptake as a function of folding time within a 25 m/z window/range. The highest intensity was set at 100%. First, the mass spectra from every timepoint were smoothed (Savitzky-Golay, window: 15, number: 5) and baseline corrected by subtracting a polynomial of degree 1 (using PeakUtils (Hermann & Christophe, 2017)). The corrected spectra containing multimodal distributions were integrated into one to express each mode/folding state as population fractions. The m/z values were converted to % D-uptake by setting the D-uptake of the FD control as 100% and that of the non-deuterated control as 0%, reflecting the degree of unfoldedness (see scripts in Data Availability).

### Presentation of global HDX-MS folding spectra as colour maps

The time course of the different folding states (Fig EV2A) of the single charged peak was shown in a folding colour map where we follow the states based on their degree of unfoldedness (% D-uptake). To create a continuous folding colour map from discrete folding timepoints, the population fractions were linearly interpolated (using NumPy). After which, they were plotted with a “magma” colour map from Matplotlib using a colour scale from 0 to 0.35 to have a clear visualisation of all folding populations despite their lower fractions (See values in Dataset EV3B). This might give some altered view of the fractions above 0.35 as the bands only broaden after reaching the brightest colour (see comparison in Dataset EV3C) but is the optimal display with the bright

colours of the gradient. The unfolded control was displayed as a separate slice on the left where the protein is in 6 M urea before the actual folding pathway is shown in 0.2 M Urea on the right. For the selected charged state, the *m/z* values were processed to %D-uptake from the molecular weight determination and with the D-uptake of the protein in 6 M urea set as 100%. The script is accessible through GitHub (see Data Availability).

### Refolding kinetics with Local Hydrogen-Deuterium exchange (HDX) mass spectrometry (MS)

#### Refolding kinetics with pulse-labelling

Proteins dialyzed in buffer C were incubated at 37°C for 20–30 min for complete denaturation, diluted to 6 M Urea and pre-chilled on ice for 10 min and treated with 100 mM DTT; 5 mM EDTA at 4°C and centrifuged (20,000 × *g*; 15 min; 4°C) prior to refolding (40 μM protein during refolding). The pre-treated denatured protein was used as a control for max H/D exchange. For refolding at 4 and 25°C, samples were pulse-labelled at 5 s, 10 s, 20 s, 30 s, 40 s, 60 s, 2 min 30 s, 5 min, 10 min, 15 min, 20 min and 30 min (inc. 45 min, 1 h, 3 h and 16 h if necessary). An additional  $t_{\text{folding time}} = 0$  control (referred to as  $t = 0$  in Dataset EV4) was added where the denatured protein was added directly to deuterated buffer for the standard HDX time = 10 s, to observe the fastest folding events (H-bonding faster than D-uptake). The PpiA and PpiB soluble native proteins were used as natively folded controls.  $n = 3$  biological replicates.

Labelling buffers were prepared as described for global HDX. Isotope pulse-labelling during folding was performed with 0.2 M Urea- $d_4$  (pD 8.0; 95.52% (v/v)  $D_2O$ ) for 10 s to 1.8 μM protein at the same temperature as folding. Labelling was quenched with Quenching buffer (7.37 M Urea- $d_4$ , 7.8% FA) to pD 2.5 (final protein concentration of 1.1 μM) and kept for 2 min at 4°C. During this time, samples were centrifuged (20,000 × *g*; 1.5 min; 4°C). Only supernatants were injected. The denatured controls were labelled with 6 M Urea- $d_4$  (pD 8.0; 95.52% (v/v)  $D_2O$ ), 5 mM DTT, 1 mM EDTA for 10 s at 4°C (fully deuterated control). Native controls were prepared in buffer A containing 0.2 M urea; 5 mM DTT; 1 mM EDTA to mimic folding conditions and were labelled identically to folding samples.

#### MS analysis

The same instrument was used as in global HDX-MS. For local HDX-MS, the protein was first digested at 16°C through an immobilized pepsin (Sigma) cartridge (2 mm × 2 cm, Idex) or Nepenthesin-2 (Affipro) cartridge (column- 2.1 × 20 mm). The UPLC chamber was set at 2°C to avoid back exchange, and the resulting peptides were trapped onto a VanGuard  $C_{18}$  Pre-column (130 Å, 1.7 mm, 2.1 × 5 mm, Waters) at 100 μl/min for 3 min using  $ddH_2O$  with 0.23% (v/v) formic acid. Peptides were subsequently separated on a  $C_{18}$  analytical column (130 Å, 1.7 mm, 1 × 100 mm, Waters) at 40 μl/min. UPLC separation (solvent A: 0.23% v/v formic acid, solvent B: 0.23% v/v formic acid acetonitrile) was carried out using a 12-min linear gradient (5–50% solvent B). At the end, solvent B was raised to 90% for 1 min to wash out any remaining protein. The same ionization and desolvation parameters were kept as for intact protein analysis.

The peptide spectrum of the unlabelled protein in buffer B was first determined. Peptide identification was performed using the ProteinLynx Global Server (PLGS v3.0.1, Waters, UK) using the primary sequence of PpiA and PpiB. Peptides were individually assessed for accurate identification and were only considered if they

had a signal-to-noise ratio above 10 and a PLGS score above 7 and if they appeared in 3 replicates for each protein. Data analysis was carried out using DynamX 3.0 (Waters, Milford MA) software to compile and process raw mass spectral data and generate centroid values to calculate relative deuteration values. DynamX data of the defined peptides with average D-uptake and standard deviations, presented in Dataset EV4 (as suggested in Masson *et al* 2019), have been further analysed using PyHDX (see below).

#### Derivation of folded fraction per residue using PyHDX

Using DynamX, the centroid mass was determined per peptide spectrum to calculate its D-uptake (Dataset EV4). D-uptake triplicates from all timepoints and controls were input on PyHDX version 0.4.1; (Smit *et al*, 2021), and the folded fraction was determined using the “RFU” web application module in PyHDX. To determine the folded fraction, the centroid mass of the fully deuterated control was set as 0 (ND control field in PyHDX) and that of the final folding point as 1 (FD control field in PyHDX). This yields fraction folded per peptide, and these values were transformed to residue-level folded fractions by weighted averaging (weights are inverse length of the peptides) and were subsequently multiplied by 100 to obtain folded fractions as percentage (Dataset EV5). This final folded state approximates the natively purified protein as the protein reaches a native-like state with a D-uptake plateau. The folded fraction was expressed in a colour map plotting the foldedness of residues over time using a custom colour map with a gradient from white with increasing darker blue for 0, 25, 50, 75 and 100% folded fractions. These fractions were determined from interpolation between folded fractions in our discrete experimental timepoints.

Next, time to reach 80 and 50% folded fraction ( $t_{80\%}$  and  $t_{50\%}$ ) was interpolated from the PpiB and PpiA dataset, respectively. The  $t_{80\%}$  and  $t_{50\%}$  were used to define the size and order of the initial foldons. Each foldon was given a letter (alphabetical order) and colour to show the folding order. The script is accessible through GitHub (see Data Availability).

#### Derivation of degree of unfoldedness per residue for preproteins using PyHDX

For preproteins, the degree of unfoldedness (%D-uptake) was determined setting the fully denatured (FD) control as 100% D-uptake, non-deuterated as 0% D-uptake and the D-uptake resulting from D-exposure during the labelling pulse after the protein was allowed to fold for a set of timepoints were compared with this control (Dataset EV6).

#### Circular Dichroism (CD) spectropolarimetry

CD spectra were recorded in the far UV range (190–260 nm) using a J-1500 spectropolarimeter (Jasco) equipped with a six-position cuvette holder and a Peltier device to regulate temperature (typically 2–18 μM protein to satisfy –5 to –20 mdeg signal range; 1 mm quartz cuvettes).

For thermal denaturation analysis, native proteins were dialyzed twice in buffer A (1 l; overnight; 4°C followed by 1 l; 1 h; 4°C before measurements). Protein spectra (15 μM) were recorded at 222 nm (minima) from 20 to 90°C with data taken every 0.5°C (CD scale 200 mdeg/1.0 dOD; D.I.T. 0.5 s). Denaturation curves were smoothed with a Butterworth filter (filter order of 3 and cut-off frequency of 0.1), followed by manually calculating the derivative



$y = (y_{n+1} - y_n)/x + 0.5 * (x_{n+1} - x_n)$  of the curve and defining the  $x$  value for the maximum  $y$  value (NumPy function) which corresponds to the transition temperature (Python script).

For chemical denaturation analysis using urea, native proteins were diluted 100× in buffer B containing different urea concentrations (final protein concentration 15 μM) and equilibrated, where the time to equilibrate was determined using denaturation kinetics after diluting in 8 M urea. Spectra were measured at 210–260 nm (CD scale 20 mdeg/0.05 dOD; Data pitch 0.5 nm; D.I.T. 0.5 s; 20 accumulations), and the values at 222 nm were plotted. Denaturation curves were fitted using a two-state transition model to determine the apparent denaturation temperature (Python) using the equation (Clarke & Fersht, 1993; Lowe et al, 2018):

$$F = e^{m(x-d50)/RT} / (1 + e^{m(x-d50)/RT})$$

With  $F$  as fraction unfolded,  $m$  as  $m$ -value ( $\text{cal} \cdot \text{mol}^{-1} \cdot \text{M}^{-1}$ ),  $x$  as denaturation concentration (M),  $d50$  as denaturation midpoint,  $R$  as Universal Gas Constant ( $\text{kcal} \cdot \text{mol}^{-1} \cdot \text{K}^{-1}$ ) and  $T$  as Temperature (Kelvin). The script is accessible through GitHub (see Data Availability).

### Intrinsic fluorescence

Intrinsic fluorescence of tyrosine residues was recorded for PpiA and PpiB due to the lack of Tryptophane in PpiA. This was performed in a Cary Eclipse Fluorescence Spectrophotometer (Agilent Technologies) with a 4-cell holder (15 μM of protein in 1 cm quartz cuvettes; Helma) and cooled with a Peltier device.

For thermal denaturation analysis, native proteins were diluted in buffer B. Protein spectra were recorded with excitation (slit: 2.5 nm) at 260 nm and emission (slit: 20 nm) at 304 nm (PpiA) or 327 nm (PpiB) for 15–90°C in steps of 0.5°C at 1°C/min. Similar to CD data analysis, denaturation curves were smoothed with a Butterworth filter (filter order of 3 and cut-off frequency of 0.1), followed by plotting the derivative of the curve and defining its minimum which corresponds to the transition temperature. The script is accessible through GitHub (see Data Availability).

### Protein sequence and structure analysis

FASTA protein sequences were retrieved from <https://www.uniprot.org> and aligned using Clustal Omega (Sievers et al, 2011; from <https://www.ebi.ac.uk/Tools/msa/clustalo/>). Protein structures with PDB codes were obtained from the Protein Data Bank (RCSB, <http://www.rcsb.org/>), visualized, studied and aligned with PyMOL software.

### Bioinformatics tools

#### Frustratometer-based analysis

Information about the native energy and frustration of residues in the native structures was derived from existing PDB structures with the AWSEM-MD (Associative memory, Water mediated, Structure and Energy Model) Frustratometer (Jenik et al, 2012; Parra et al, 2016). An averaged-out frustration index (Z-score) was calculated from all the available PDB structures. The Frustratometer calculates empirical native energy based on potential of mean force that depends on the contact counts, type of residue interaction and solvent accessibility. The AWSEM energy function refers to additional incorporation of water-mediated interactions instead of only

hydrophobic ones. Frustration is determined by comparing native to decoy residues at each location and calculating whether the native or other residues are good fits by comparing their energy function in this new environment. We focused on the configurational frustration to define the frustration of each interaction pair in the 3D structures that are a direct output from the Frustratometer with the highly [red; (Fig 1C)] and minimally (green) frustrated contacts displayed as lines between amino acids. Furthermore, the native energy scores per residue (average of all contacts, Dataset EV7) were determined.

#### Normal mode analysis

This analysis was performed with Webnm@ using existing PDB structures (Tiwari et al, 2014). Total displacement was calculated using the unweighted sum for the first 6 non-trivial normal modes (modes 7–13).

#### Rosetta-based analysis

The residue/structure compatibility scores (p\_aa\_pp) were calculated using the PpiA (PDB 1V9T) and PpiB (PDB 2NUL) structures (see Dataset EV1E). The PDBs were relaxed in the torsion space with coordinate constraints and coloured using a gradient from white to red (value 0 to 1, optimal to suboptimal) on the structures using PyMOL (Schrodinger & DeLano, 2020).

*In silico* mutational scanning was computed using the Rosetta cartesian-ddG application (Frenz et al, 2020). Mutational free energy predictions were computed for every 19 possible substitutions of every residue in PpiA (PDB ID: 1V9T, 3154 substitutions) and PpiB (PDB ID: 1LOP, 3116 substitutions). The PDB structures were relaxed in the cartesian space before the calculations, as required by the cartesian-ddG protocol (<https://www.rosettacommons.org/docs/latest/cartesian-ddG>). For each mutation, three iterations of the Rosetta total\_score calculations were carried out for the wildtype and the mutated variant. The computed total\_scores were averaged and subtracted (totalscoreMUT - totalscoreWT) to derive the mutational free energy predictions. ddG values of PpiA and PpiB were aligned and subsequently subtracted residue-wise to obtain mutational differences dddG values. The dddG values were clipped to a symmetric interval containing 95% of datapoints to exclude outlying values. dddG values of all mutations were then averaged to obtain a single per-residue dddG value.

#### Stride

Calculating the surface accessibility of each residue in existing PDB structures (Frishman & Argos, 1995) was performed on the Web Stride Server (<http://webclu.bio.wzw.tum.de/cgi-bin/stride/stridecgi.py>).

#### Protein hydrophobicity calculations

The GRAVY index (grand average of hydropathy) of proteins was calculated based on the Kyte-Doolittle hydrophobicity scale (Kyte & Doolittle, 1982) using the ExPaSy ProtScale server (<https://web.expasy.org/protscale/>; Wilkins et al, 1999).

#### Protein polarity calculations

Polarity scores were calculated based on the Grantham scale (Grantham, 1974) using the ExPaSy ProtScale server (Wilkins et al, 1999).

### Early folding predictions

The EFoldMine predictor (Raimondi *et al*, 2017) of early folding regions was trained on residue-level HDX NMR or MS-based folding data accumulated in the Start2Fold dataset (Pancsa *et al*, 2016) to predict the residues with a primed folding confirmation according to their local neighbourhood (primary sequence). Prediction scores above 0.169 were used to define residue groups with high early folding propensity (see Dataset EV7A).

### Quantification and statistical analysis

#### Statistical analysis

Statistical analysis of assays from replicates was performed using Excel and Python. Error bars represent standard error or standard deviation, as indicated.

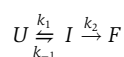
#### Fitting folding populations in global HDX-MS data

Starting from a single charged state of the MS spectra at each refolding time, the folding states (unfolded, intermediate and folded) were defined by fitting a single peak at their proper position. The complete m/z peak for the unfolded and folded state could be experimentally determined by the fully deuterated control and final folded state to include modification and adduct peaks. Intermediates were modelled as a single Lorentzian curve where the position and width were free fit parameters (Dataset EV3).

This fitting procedure resulted in quantified folding population fractions at each timepoint. The script is accessible through GitHub.

#### Global HDX-MS ODE model fit

Quantified folding populations were fitted to an ordinary differential equation (ODE) model using python packages symfit (Roelfs & Kroon, 2020) and SciPy (Virtanen *et al*, 2020). The rate for loss and formation of different folding states was calculated using differential equations. A simple three-state model seemed to optimally describe the folding kinetics for all refolding behaviours in this study:



With the Unfolded (U), Intermediate (I) and Folded (F) state whose reactions were described with the following equations:

$$\frac{d}{dt}U = -k_1 * U + k_{-1} * I$$

$$\frac{d}{dt}I = k_2 * I$$

$$\frac{d}{dt}F = k_1 * U - k_{-1} * I - k_2 * F$$

where curves with  $k_1$ ,  $k_{-1}$  and  $k_2$  parameters were fitted against the previously defined datapoints. For this study, we focused primarily on the equilibrium constant  $K_1 = \frac{k_1}{k_{-1}}$  for the first folding step. The script is accessible through GitHub.

#### In vivo secretion assay

Protein secretion efficiency was tested *in vivo* using C-terminally fused alkaline phosphatase (PhoA). PhoA acts as a secretion reporter as it only becomes an active hydrolase in the periplasm

after translocation where it forms disulphide bonds that are necessary to fold and dimerize (Prinz *et al*, 1996). This will provide information about secretion of the N-terminally fused target protein that guides translocation. PhoA activity was measured using para-Nitrophenylphosphate (PNPP, Thermo Fisher Scientific) as hydrolysis results in a yellow substance (para-Nitrophenol). PhoA fused constructs in pBAD501 were tested in MC4100 cells in combination with SecY<sub>prlA4</sub>EG in pET610 that can translocate some protein without the need of signal peptide triggering (Derman *et al*, 1993; Smith *et al*, 2005). Translocation was confirmed using a negative control condition with the translocation inhibitor sodium azide.

Cells were grown to OD 0.2–0.25, before being induced (6.67–13.3 μM arabinose to express the PhoA fusion constructs and 0.05 mM IPTG to express SecY<sub>prlA4</sub>EG) for 30 min. One milliliter of cells were transferred on ice and centrifuged (1,500 × g, 8 min), the supernatant was removed, and the cells were redissolved in 1 M Tris–HCl (pH 8.0). The assay was initiated when 0.01 M para-Nitrophenol phosphate (PNPP) was added to 500 μl cells and put at 37°C for 10 to 40 min. The reaction was stopped by transferring the cells back to ice and adding 0.17 M K<sub>2</sub>HPO<sub>4</sub>. The cells were broken with 0.17% Triton X-100 and removed by centrifugation (15,500 × g; 5 min; 4°C). The supernatant was transferred to ELISA plates to measure the PNPP hydrolysis at OD<sub>420</sub> and the cell density at OD<sub>600</sub>. The OD<sub>420</sub> values were divided by the assay time to define the amounts of pmol PhoA secreted using the standard curve and converted to secretion per 10<sup>8</sup> cells (see Dataset EV9A). Background activity was subtracted from the activity from induction with arabinose (and IPTG) as there was no protein expression from the background as indicated from immunostaining. The amount of protein expressed was determined from analysis of 8\*10<sup>7</sup> cells for each protein with SDS–PAGE (12%), followed by immunostaining with anti-proPhoA antibody (Chatzi *et al*, 2017) and secondary peroxidase-conjugated goat anti-rabbit antibody (AffiniPure; Jackson ImmunoResearch Laboratories). Staining was visualized using the West Pico kit (ThermoFisher Scientific) and a CCD-camera system (LAS-4000; GE Health-care). The amount of protein was quantified using scanning densitometry [Image J (<https://imagej.net>)] with each blot containing a standard curve of 50,100 and 200 ng PhoA, which was adjusted to amounts for 10<sup>8</sup> cells.

## Data availability

The Protein Data Bank (RCSB, <http://www.rcsb.org/>) was used to obtain crystal structures. For PpiA (UniProt P0AFL3), three structures were available from the same study (Konno *et al*, 2004): PDB 1J2A (K163T, X-ray, 1.80 Å), 1V9T (K163T, X-ray, 1.70 Å, 2 chains) and 1VAI (K163T, X-ray, 1.80 Å, 2 chains). For PpiB (UniProt P23869), two structures were available: PDB 1LOP (E132V, X-ray, 1.70 Å, Konno *et al*, 1996) and 2NUL (WT, X-ray, 2.10 Å, Edwards *et al*, 1997). For all bioinformatics analysis except frustration index, the most resolved structures (1V9T for PpiA and 1LOP for PpiB) were selected.

Protein sequences were retrieved from UniProt (<https://www.uniprot.org>). For PpiA, P0AFL3 was used and for PpiB, P23869.

The Python scripts are available on <https://github.com/DriesSmets/Non-folding-for-translocation>.

The raw Mass Spectrometry data for local and global HDX-MS can be made accessible from the lead author upon reasonable request.

**Expanded View** for this article is available online.

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## Author contributions

**Dries Smets:** Data curation, software, formal analysis, investigation, visualization, methodology, writing-original draft, writing-review and editing. **Alexandra Tsirigotaki:** Resources, data curation, formal analysis, investigation, methodology. **Jochem H Smit:** Data curation, software, formal analysis, investigation, visualization, methodology, writing-review and editing. **Srinath Krishnamurthy:** Data curation, validation, methodology. **Athina G Portaliou:** Resources, data curation, investigation. **Anastassia Vorobieva:** Resources, data curation, software, formal analysis, investigation, visualization, methodology. **Wim Vranken:** Resources, data curation, software, formal analysis, investigation, methodology, writing-review and editing. **Spyridoula Karamanou:** Conceptualization, resources, data curation, formal analysis, supervision, funding acquisition, investigation, visualization, methodology, project administration, writing-review and editing. **Anastassios Economou:** Conceptualization, resources, data curation, formal analysis, supervision, funding acquisition, writing-original draft, writing-review and editing.

## Disclosure and competing interests statement

The authors declare that they have no conflict of interest.

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