# Enhanced nuclear localization of phosphorylated MLKL predicts adverse events in patients with dilated cardiomyopathy

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# Abstract

**Aims** The role of necroptosis in dilated cardiomyopathy (DCM) remains unclear. Here, we examined whether phosphorylation of mixed lineage kinase domain-like protein (MLKL), an indispensable event for execution of necroptosis, is associated with the progression of DCM.

**Methods and results** Patients with DCM (*n* = 56, 56 ± 15 years of age; 68% male) were enrolled for immunohistochemical analyses of biopsies. Adverse events were defined as a composite of death or admission for heart failure or ventricular arrhythmia. Compared with the normal myocardium, increased signals of MLKL phosphorylation were detected in the nuclei, cytoplasm, and intercalated discs of cardiomyocytes in biopsy samples from DCM patients. The phosphorylated MLKL (p-MLKL) signal was increased in enlarged nuclei or nuclei with bizarre shapes in hypertrophied cardiomyocytes. Nuclear p-MLKL level was correlated negatively with septal peak myocardial velocity during early diastole ( $r = -0.327$ ,  $P = 0.019$ ) and was correlated positively with tricuspid regurgitation pressure gradient (*r* = 0.339, *P* = 0.023), while p-MLKL level in intercalated discs was negatively correlated with mean left ventricular wall thickness  $(r = -0.360, P = 0.014)$ . During a median follow-up period of 3.5 years, 10 patients (18%) had adverse events. To examine the difference in event rates according to p-MLKL expression levels, patients were divided into two groups by using the median value of nuclear p-MLKL or intercalated disc p-MLKL. A group with high nuclear p-MLKL level (H-nucMLKL group) had a higher adverse event rate than did a group with low nuclear p-MLKL level (L-nucMLKL group) (32% vs. 4%, *P* = 0.012), and Kaplan–Meier survival curves showed that the adverse event-free survival rate was lower in the H-nucMLKL group than in the L-nucMLKL group ( $P = 0.019$  by the log-rank test). Such differences were not detected between groups divided by a median value of intercalated disc p-MLKL. In  $\delta$ -sarcoglycan-deficient (Sgcd<sup>-/-</sup>) mice, a model of DCM, total p-MLKL and nuclear p-MLKL levels were higher than in wild-type mice.

**Conclusion** The results suggest that increased localization of nuclear p-MLKL in cardiomyocytes is associated with left ventricular diastolic dysfunction and future adverse events in DCM.

**Keywords** Dilated cardiomyopathy; Heart failure; Innate immunity; MLKL; Necroptosis

*Received: <sup>22</sup> September <sup>2021</sup>; Revised: <sup>28</sup> April <sup>2022</sup>; Accepted: <sup>27</sup> June <sup>2022</sup>*

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# **Introduction**

Dilated cardiomyopathy (DCM) is characterized by impaired contraction of the left ventricle or both ventricles together with ventricular dilatation, and refractory pump failure and lethal ventricular arrhythmia are responsible for poor prognosis of DCM. $1-4$  As mechanisms of cardiomyocyte death contributing to the progression of DCM, apoptosis and autophagic cell death have received attention. In contrast, the role of necroptosis of cardiomyocytes in DCM has not yet been characterized. Necroptosis is a type of programmed cell death triggered by activation of death receptors, toll-like receptors, or viral DNAs, which results in the activation of receptor-interacting protein kinase 3 (RIP3), leading to phosphorylation of mixed lineage kinase domain-like protein (MLKL) at Thr357/Ser358. Phosphorylated MLKL (p-MLKL) is translocated from the cytosol to the plasma membrane, where polymerized p-MLKL disrupts the plasma membrane, resulting in cell death with morphology of necrosis. $5-7$  A large number of dead cardiomyocytes in DCM have morphology of necrosis. $8-10$  $8-10$  However, whether the necrotic death of cardiomyocytes is induced by ischemic necrosis due to insufficient microcirculation or by necroptosis has not been clarified.

Several lines of recent evidence indicate that necroptotic signalling may contribute to the progression of chronic heart failure. First, canonical necroptotic signalling activated by tumour necrosis factor-α (TNF-α) has been shown to exist in cardiomyocytes. $11,12$  Second, adverse ventricular remodelling after myocardial infarction was attenuated in RIP3-deficient mice, suggesting a detrimental role of necroptotic signalling in ventricular remodelling.<sup>[13](#page-14-0)</sup> Third, a study using a model of systemic lupus erythematosus showed that MLKL-mediated necroptosis was involved in the production of autoantibodies and in tissue injuries. $14,15$  The presence of circulating cardiac autoantibodies in DCM patients has been reported, although their pathogenic roles are still debated.<sup>[16](#page-14-0)</sup> Finally, recent studies have shown that levels of caspase-8 and transforming growth factor β-activated kinase 1, negative regulators of necroptotic signalling, were down-regulated and that p-MLKL level was up-regulated in end-stage heart failure.<sup>[17,18](#page-14-0)</sup> Despite these lines of circumstantial evidence from cell and animal experiments, there have been few studies on necroptosis in human heart failure.

The aim of this study was to determine whether MLKL phosphorylation is associated with ventricular remodelling and predicts prognosis in patients with DCM. We particularly focused on subcellular localization of p-MLKL in cardiomyocytes because a crucial role of nuclear–cytoplasmic shuttling of MLKL in pro-necroptotic signalling has been unveiled recently in addition to a well-established role of p-MLKL polymerized at the plasma membrane in execution of necroptosis. $19,20$ Endomyocardial biopsy (EMB) samples from DCM patients and also the myocardium of  $\delta$ -sarcoglycan-deficient (Sgcd<sup>-/</sup>  $^{-}$ ) mice were used in the present study to examine the associations of change in myocardial p-MLKL expression with ventricular function and outcomes in patients with DCM.

# **Methods**

#### **Study subjects**

Consecutive DCM patients in whom EMB was performed during the period from 1 December 2011 to 31 August 2017 (*Figure [1](#page-2-0)*) were retrospectively enrolled. The decision to perform EMB was based on clinical indication as reported previously.[21](#page-14-0) DCM was diagnosed according to Position Statement of the ESC Working Group. $22$  Exclusion criteria were coronary artery disease, myocarditis including inflammatory DCM defined as more than  $14/mm^2$  of CD45-positive cells,<sup>[23](#page-14-0)</sup> muscular dystrophy, arrhythmogenic cardiomyopathy, sarcoidosis, drug-induced cardiomyopathy, hypertensive heart disease, hypertrophic cardiomyopathy, alcoholic cardiomyopathy, and amyloidosis, which were diagnosed on the basis of clinical, radiographic, and histological findings. Patients whose myocardial biopsy samples were not suitable for immunohistochemical analyses were also excluded. Human kidney biopsy tissues were obtained from eight patients with kidney diseases including lupus nephritis for the purpose of diagnosis. Three cases of normal human myocardial tissues were obtained from US Biomax (Rockville, MD, #BC30013). This study was conducted in strict adherence with the principles of the Declaration of Helsinki and was approved by the institutional ethics committee of Sapporo Medical University Hospital (Numbers 302-25, 302-3741).

#### **Echocardiography**

Transthoracic echocardiography and tissue Doppler echocardiography (TDE) were performed using Vivid 7 or Vivid E9 (GE Healthcare, Tokyo, Japan) as previously reported.<sup>[24](#page-14-0)</sup> Two-dimensional echocardiography was performed using standard echocardiographic views including parasternal long-axis and apical four-chamber, three-chamber, and twochamber views from a left lateral decubitus position. The left ventricular (LV) ejection fraction (LVEF, %) was calculated using the biplane modified Simpson's method. Transmitral flow velocities were determined by pulsed-wave Doppler echocardiography, and mitral flow parameters, including peak velocities during early (E) and late diastole (A) and deceleration time of E, were measured. The pressure gradient of tricuspid regurgitation (TRPG) was calculated by applying the simplified Bernoulli equation: TRPG =  $4v^2$  ( $v =$  peak velocity of tricuspid regurgitation, m/s).

Tissue Doppler echocardiography from the apical four-chamber view was recorded using a frame rate between 80 and 120 frames/s. A sample volume was placed at the

<span id="page-2-0"></span>**Figure 1** Flow chart of inclusion of patients and study protocol. To examine the difference in DCM phenotypes and adverse event rates according to p-MLKL expression levels, patients were classified into subgroups using median p-MLKL level as follows: a high p-MLKL level group (H-MLKL) and a low p-MLKL level group (L-MLKL); a high nuclear p-MLKL level group (H-nucMLKL) and a low nuclear p-MLKL level group (L-nucMLKL); and a high intercalated disc p-MLKL level group (H-idMLKL) and a low intercalated disc p-MLKL level group (L-idMLKL). Normal myocardial samples from three subjects were used for comparison with samples from DCM patients.



medial annulus in the apical four-chamber view, and peak myocardial velocity during early diastole (e′) was measured. Tricuspid annular plane systolic excursion was measured by two-dimensional echocardiography-guided M-mode recording from the apical four-chamber view.

### **Histological and immunohistochemical analyses of myocardial biopsy samples**

In EMB, 2–4 samples were obtained from the right interventricular septum in each patient as previously described. $25$ Biopsy samples were fixed in 10% buffered formalin, sectioned into 3-μm-thick slices, and stained with haematoxylin and eosin and Masson's trichrome. Images were obtained under a microscope (BZ-X700 series, Keyence Corporation, Osaka, Japan) and reconstructed using the image-joint program of BZ-X analyzer software (Keyence Corporation). The cardiomyocyte size and fibrosis areas were analysed in the entire myocardial field of each EMB sample (×400 magnification) using BZ-X analyzer software. The cardiomyocyte size was defined as the transverse diameter of cardiomyocytes at the level of the nucleus.<sup>[26](#page-15-0)</sup> Using sections stained with Masson's trichrome, areas occupied by collagen (stained in blue) were quantified as fibrosis areas and expressed as percentages of the total area (i.e. sum of fibrosis area and <span id="page-3-0"></span>cardiomyocyte area). $25$  The number of infiltrating cells stained with anti-CD45 antibodies (working dilution, N1514, Dako) was counted and expressed as the number of CD45-positive cells/mm<sup>2</sup>.

Immunostaining after antigen retrieval was performed using a peroxidase-based technique with a Dako EnVision<sup>+</sup> kit including Dako EnVision<sup>+</sup> System-HRP Labelled Polymer Anti-Rabbit (K4002) as a secondary antibody with diaminobenzidine as the chromogen. To analyse necroptotic signalling in cardiomyocytes, we used polyclonal antibodies against caspase-8 (1:4, PA121140, Invitrogen) and those against p-MLKL-Ser358 (1:50, ab208909, Abcam) as primary antibodies. ab208909 is an azide-free version of ab187091, a well-characterized antibody for detection of human p-MLKL-Ser358. The azide-free version appears suitable for HRPbased immunohistochemistry because sodium azide suppresses HRP enzyme activity. Rabbit immunoglobulin (1:1, N1699, Dako) as a negative control for a primary antibody and a blocking peptide for ab208909 (10 μg per 1 μg of ab208909, ab206929, Abcam) were used for validation of specific p-MLKL immunostaining. In pilot experiments, we also tried to immunostain total MLKL in EMB samples by four different anti-MLKL antibodies (LS-B13161, LifeSpan Bio-Sciences; ab184718, abcam; MA5-24846, Invitrogen; 66675- 1-Ig, Proteintech), but unfortunately, the antibodies did not work in our samples. To minimize variations in dyeability, immunostaining was performed using an automated immunohistochemical staining system (BOND-MAX, Leica Biosystems) by an investigator. The nuclei were counterstained with haematoxylin.

### **Quantification of mixed lineage kinase domainlike protein and caspase expressions in endomyocardial biopsy samples**

Expression levels of signal proteins in EMB samples were determined by analysis in the entire myocardial field of each EMB sample (×400 magnification). The thresholds to detect areas stained with anti-caspase-8 antibodies and anti-p-MLKL antibodies were manually set according to a histogram of the signal intensity using BZ-X analyzer software in the analysis of each specimen. The areas stained with antibodies were automatically quantified using BZ-X analyzer software, and the percentage of the positive area in the total myocardial area was calculated. The number of p-MLKL-positive cardiomyocyte nuclei and total cardiomyocyte nuclei in myocardial sections were counted, and the percentage of p-MLKL-positive cardiomyocyte nuclei was calculated as shown in the left panels of *Figure <sup>2</sup>*. Unexpectedly, we found that p-MLKL

**Figure 2** Quantification of nuclear and intercalated disc p-MLKL levels. (A) The number of phosphorylated MLKL (p-MLKL)-positive cardiomyocyte nuclei and the number of total cardiomyocyte nuclei in myocardial sections were counted, and nuclear p-MLKL level was expressed as the percentage of the number of p-MLKL-positive cardiomyocyte nuclei to the number of total cardiomyocyte nuclei. Using the median value, that is, 25%, patients were classified into a high nuclear p-MLKL level group (H-nucMLKL) and a low nuclear p-MLKL level group (L-nucMLKL). (B) p-MLKL expression levels in the intercalated discs of cardiomyocytes were analysed in a field (200 × 200 μm) in which cardiomyocytes were sectioned longitudinally. Intercalated disc areas stained with anti-p-MLKL antibodies were selected and quantified using BZ-X analyzer software, and the percentage of the positive area to the total area of cardiomyocytes was calculated. Using the median value, that is, 0.38%, patients were classified into a high intercalated disc p-MLKL level group (H-idMLKL) and a low intercalated disc p-MLKL level group (L-idMLKL).



signals increased in the intercalated discs of cardiomyocytes (see the Results section). Thus, p-MLKL signals in 200 × 200 μm fields, in which cardiomyocytes were sectioned longitudinally, were quantified by using BZ-X analyzer software to calculate the percentage of the positive area to the total area of cardiomyocytes as shown in the right panels of *Figure [2](#page-3-0)*. p-MLKL signals in the intercalated discs were determined by subtracting p-MLKL signals in the nuclei from the total p-MLKL signals in the examined fields.

To examine the difference in DCM phenotypes according to p-MLKL expression levels, patients were divided into two groups by using the median value of total p-MLKL, nuclear p-MLKL (p-nucMLKL), or intercalated disc p-MLKL (p-idMLKL): a high p-MLKL level group (H-MLKL group) vs. a low p-MLKL level group (L-MLKL group), a high p-nucMLKL level group (H-nucMLKL group) vs. a low p-nucMLKL level group (LnucMLKL group), and a high p-idMLKL level group (H-idMLKL group) vs. a low p-idMLKL level group (L-idMLKL group).

#### **Clinical endpoint**

The clinical endpoint was adverse events defined as a composite of all-cause death and hospitalization for heart failure and/or arrhythmia during the follow-up period from the day of discharge until 7 November 2019. Data for adverse events in the enrolled patients were obtained from medical records.

### **Validation of p-MLKL-Ser358 antibody by cell culture and immunoblotting**

HT-29 cells, human colorectal adenocarcinoma cells, and C2C12 cells, an immortalized mouse myoblast cell line, were cultured in Dulbecco's modified Eagle's medium (4.5 g/L glucose) supplemented with 10% foetal bovine serum and antibiotics. $27,28$  The protocol for induction of necroptosis in HT-29 cells and C2C12 cells was selected according to previ-ous studies.<sup>[20,28,29](#page-14-0)</sup> HT-29 cells were assigned to 3 or 6 h treatment with the combination of 50 ng/mL TNF-α (Sigma-Aldrich, St. Louis, MO), 1 μM BV6 (ApexBio, Houston, TX), and 20 μM Z-Val-Ala-DL-Asp-fluoromethylketone (zVAD, Promega, Madison, WI) or a vehicle. C2C12 cells were assigned to 4 or 8 h treatment with the combination of TNF-α and zVAD or a vehicle. To obtain whole-cell lysates, samples were homogenized in a lysis buffer (CelLytic M, Sigma-Aldrich), a protease inhibitor cocktail (Complete mini, Roche Molecular Biochemicals, Mannheim, Germany), and a phosphatase inhibitor cocktail (PhosSTOP, Roche Molecular Biochemicals). The homogenate was centrifuged at 13 000 *g* for 15 min to obtain the supernatant. Fractionation of the nuclei and cytosol was performed as previously described. $^{11}$  $^{11}$  $^{11}$ Protein concentration was determined using the Bradford assay. Equal amounts of proteins were electrophoresed on 15%

polyacrylamide gels and then blotted onto PVDF membranes (Millipore, Bedford, MA). After blocking had been performed with a TBS-T buffer containing 5% non-fat dry milk or 5% BSA, the blots were incubated with antibodies that recognize the following: human p-MLKL-Ser358 (ab208909, Abcam), mouse p-MLKL-Ser345 (MA5-32752, Thermo Fisher Scientific; ab196436, Abcam), human MLKL (ab184728, Abcam), mouse MLKL (ab243142, Abcam), p-RIP3-Thr231/Ser232 (ab222320, Abcam), RIP3 (#15828, Cell Signaling Technology), vinculin (V9131, Sigma-Aldrich), histone-H3 (ab1791, Abcam), and α-tubulin (T9026, Sigma-Aldrich). Immunoblotted proteins were visualized by using an Immobilon Western detection kit (Millipore, Billerica, MA).

#### **Animal model of cardiomyopathy**

In the present study,  $\delta$ -sarcoglycan-deficient (Sgcd<sup>-/-</sup>) mice were used as an animal model of DCM based on their similar-ities to human DCM.<sup>[30](#page-15-0)–35</sup> Mutations in the human δ-sarcoglycan genes have been demonstrated in familial and sporadic cases of DCM,<sup>[30,31](#page-15-0)</sup> and mutations in the  $\delta$ -sarcoglycan gene have been shown to induce dilatation of both ventricles and contractile dysfunction, typical features of DCM, in mice and hamsters.  $32-35$  $32-35$  Sgcd<sup>-/-</sup> mice (B6.129-Sgcdtm1Mcn/J) were purchased from Jackson Laboratory (Bar Harbor, ME) and bred as previously reported. $29$  Age-matched non-transgenic mice (C57BL/6J, CLEA Japan) served as wild-type (WT) controls. At 36 weeks of age, Sgcd<sup> $-/-$ </sup> male mice and WT male mice were sacrificed, and their hearts were removed. The excised hearts were fixed in 10% buffered formalin, embedded in paraffin, and sectioned into 4-μm-thick slices. Immunostaining was performed using antibodies that recognize phosphorylation of MLKL at Ser345 (1:50, MA5-32752, Thermo Fisher Scientific; 1:50, ab196436, Abcam), corresponding to Ser358 in human MLKL, phosphorylation of RIP3 at Thr231 and Ser232 (1:50, ab222320, Abcam), and caspase-8 (1:4, PA121140, Invitrogen), and signals were quantified by the methods used for EMB samples. Echocardi-ography of mice was performed as previously reported.<sup>[29](#page-15-0)</sup> This series of the study was approved by the institutional animal research committee of Gifu University.

#### **Statistical analysis**

Data are presented as means ± standard deviation, medians [inter-quartile range (IQR)], or percentages for variables. Differences in continuous variables between two groups were tested by Student's *t*-test or the Mann–Whitney *U* test. Differences in categorical variables between two groups were analysed by Fisher's test. Simple regression analysis was used for determining the relationships between signal levels of p-MLKL and clinical parameters. The normality of the distribution of each variable was examined by using the Shapiro–Wilk test, and variables that were not normally distributed were log transformed for analyses. Survival curves were calculated by the Kaplan–Meier method and compared using the log-rank test. A probability value of *<*0.05 was considered to be statistically significant. Statistical analysis was performed using EZR software (Jichi Medical University, Saitama, Japan).

### **Results**

#### **Baseline characteristics**

Of 93 patients initially screened, 37 patients were excluded by the exclusion criteria, and data for 56 patients were used for analyses as shown in *Figure [1](#page-2-0)*. As shown in *Table [1](#page-6-0)*, the mean age of the patients was  $56 \pm 15$  years, and 68% of them were male. At the time of EMB, 18% of the patients had New York Heart Association (NYHA) Functional Class III or IV symptoms. Fourteen per cent of the patients had a family history of DCM, and 20% of the patients had episodes of fatal arrhythmia. Mean LVEF in the patients was  $33 \pm 11\%$ , and median LV end-diastolic volume index (LVEDVI) was 91 mL/m<sup>2</sup>  $($ IQR, 67-110 mL/m<sup>2</sup> $).$ 

#### **Validation of anti-p-MLKL-Ser358 antibody**

Immunohistochemical staining with ab208909 for the detection of p-MLKL-Ser358 antibody was validated according to the statement published by the Histochemical Society.<sup>[36](#page-15-0)</sup> First, the specificity of an antibody–antigen binding, that is, detection of the target molecule of the appropriate molecular size, was analysed using lysates of HT-29 cells, human colorectal adenocarcinoma cells, for immunoblotting because canonical necroptotic signalling has been shown to operate in HT-29 cells.<sup>[20,29](#page-14-0)</sup> No signal was found in immunoblotting for p-MLKL-Ser358, a 53 kDa protein, in unstimulated HT-29 cell samples, and only one band signal for the 53 kDa protein was detected in TNF/BV6/zVAD-treated HT-29 cells, while total MLKL levels were comparable between the unstimulated cells and the TNF/BV6/zVAD-treated cells (Supporting Information, *Figure S1A* and *S1B*). The signal for the 53 kDa protein was also detected in nuclear and cytosol fractions extracted from TNF/BV6/zVAD-treated HT-29 cells (Supporting Information, *Figure S1C*). Second, positive controls of human biopsy samples were examined by the use of ab208909. Con-sistent with the results of an earlier study,<sup>[14](#page-14-0)</sup> p-MLKL signals were detected in kidney biopsy tissues of lupus nephritis (Supporting Information, *Figure S2A* and *S2B*). The signal of p-MLKL in lupus nephritis was absent when rabbit immunoglobulins were used as a negative control for ab208909 (Supporting Information, *Figure S2C* and *S2D*), and the addition of a blocking peptide prior to the incubation with ab208909 abolished the signal of p-MLKL (Supporting Information, *Figure S3A* and *S3B*). Taken together, the results of the immunoblotting and immunostaining of biopsy samples of lupus nephritis indicate that ab208909 specifically detects phosphorylation of MLKL at Ser358 in human tissue samples.

### **p-MLKL and caspase-8 expression in myocardial tissues**

Various degrees of cardiomyocyte hypertrophy together with nuclear enlargement and interstitial fibrosis were observed in the biopsy samples from all DCM patients (*Figure <sup>3</sup>[A](#page-7-0)* and *<sup>3</sup>[B](#page-7-0)*). p-MLKL signals were detected in the nuclei, cytoplasm, and intercalated discs of cardiomyocytes, whereas they were barely detected in mononuclear cells localized in the myocardial interstitium (*Figure <sup>3</sup>[C](#page-7-0)* and *<sup>3</sup>[D](#page-7-0)*). p-MLKL signals were particularly found in enlarged nuclei and nuclei with bizarre shapes in hypertrophied cardiomyocytes (*Figure <sup>3</sup>[E](#page-7-0)*). Increased p-MLKL signals were frequently observed in cardiomyocytes around patchy areas of fibrous scar, possibly suggesting a topographic relationship between p-MLKLmediated cell death and replacement fibrosis. In contrast, p-MLKL signals were almost undetected in normal human samples (*Figure <sup>3</sup>[F](#page-7-0)* and Supporting Information, *Figure S4A*– *S4F*). Specificity of p-MLKL signals in immunostained samples was confirmed by the findings that the signals were not detected by rabbit immoglobulins and were completely lost by the addition of a blocking peptide prior to the incubation with ab208909 (*Figure <sup>3</sup>[G](#page-7-0)* and Supporting Information, *Figure S3C* and *S3D*). The distribution of caspase-8 signals was partly different from that of p-MLKL signals; caspase-8 signals were detected in the cytosol and intercalated discs, but not in the nuclei, of cardiomyocytes (*Figure <sup>3</sup>[H](#page-7-0)*).

### **Relationships of p-MLKL expression levels with clinical and histological parameters**

There were no significant differences in age, sex, body mass index, NYHA functional class, blood pressure, and brain-type natriuretic peptide (BNP) level between groups according to p-MLKL expression levels (*Table [2](#page-8-0)*). The proportion of patients with a family history of cardiomyopathy and the proportion of patients receiving renin–angiotensin system inhibitors, beta-blockers, or aldosterone receptor antagonists at the time of EMB were also similar in the groups with different p-MLKL levels.

Results of simple linear regression analyses are presented in *Table [3](#page-9-0)*. p-MLKL level was not correlated with LVEF, LVEDVI, or LV mass index, while it was positively correlated with age (*r* = 0.266). p-nucMLKL level was correlated negatively with septal  $e'$  ( $r = -0.327$ ) and was correlated positively

#### <span id="page-6-0"></span>**Table 1** Clinical characteristics



A, mitral peak late diastolic filling velocity; BNP, brain natriuretic peptide; CD, cluster of differentiation; CRTD, cardiac resynchronization therapy defibrillator; DCM, dilated cardiomyopathy; E, mitral peak early diastolic filling velocity; e′, mitral annular peak velocity during early diastole; eGFR, estimated glomerular filtration rate; ICD, implantable cardioverter defibrillator; LAVI, left atrial volume index; LV, left ventricular; LVEDVI, left ventricular end-diastolic volume index; LVEF, left ventricular ejection fraction; LVESVI, left ventricular end-systolic volume index; LVMI, left ventricular mass index; MRA, mineralocorticoid receptor antagonist; NSVT, non-sustained ventricular tachycardia; NYHA, New York Heart Association functional classification; RASI, renin–angiotensin system inhibitor; RAVI, right atrial volume index; TAPSE, tricuspid annular plane systolic excursion; TR, tricuspid regurgitation.

Data are presented as means ± standard deviation, median (inter-quartile range), or percentage for variables.



<span id="page-7-0"></span>Figure 3 Representative images of histological and immunohistochemical staining. (A) Masson's trichrome staining. (B) Haematoxylin and eosin staining. Immunostaining for p-MLKL in patients with dilated cardiomyopathy (C–E) and a normal control (F). (G) A representative image of a tissue incubated with rabbit immunoglobulins as a substitute for a primary antibody. (H) Immunostaining for caspase-8.

with TRPG (*r* = 0.339). p-idMLKL level was negatively correlated with mean LV wall thickness  $(r = -0.360)$ . There was no significant relationship of the level of p-MLKL, p-idMLKL, or p-nucMLKL with cardiomyocyte size, fibrosis area, or number of CD45-positive cells. In contrast to our assumption, caspase-8 level was not correlated with any of the three indexes of p-MLKL expression.

## **Adverse event rates in DCM patients with different levels of p-MLKL**

During a median 3.5 year period (IQR, 2.6–4.7 years), 10 patients (18%) had adverse events (all-cause death in four patients, readmission for heart failure in five patients, and readmission for ventricular arrhythmia in one patient). There was



<span id="page-8-0"></span>

Data are presented as means ± standard deviation, median (inter-quartile range), or percentage for variables.

#### <span id="page-9-0"></span>**Table 3** Simple regression analyses for p-MLKL



A, mitral peak late diastolic filling velocity; BNP, brain natriuretic peptide; CD, cluster of differentiation; E, mitral peak early diastolic filling velocity; e′, mitral annular peak velocity during early diastole; LAVI, left atrial volume index; LV, left ventricular; LVEDVI, left ventricular end-diastolic volume index; LVEF, left ventricular ejection fraction; LVESVI, left ventricular end-systolic volume index; LVMI, left ventricular mass index; MLKL, mixed lineage kinase domain like pseudokinase; p-idMLKL, intercalated disc p-MLKL; p-MLKL, phospho-MLKL; pnucMLKL, nuclear p-MLKL; RAVI, right atrial volume index; TAPSE, tricuspid annular plane systolic excursion; TR, tricuspid regurgitation.

no significant difference in the rates of adverse events between the H-MLKL group and L-MLKL group or between the H-idMLKL group and L-idMLKL group. However, patients in the H-nucMLKL group had a significantly higher adverse event rate than did patients in the L-nucMLKL group (32% vs. 4%, *P* = 0.012, *Table [2](#page-8-0)*). Kaplan–Meier survival curves showed that the adverse event-free survival rate was significantly lower in the H-nucMLKL group than in the L-nucMLKL group (68% vs. 96%, *P* = 0.019, *Figure <sup>4</sup>[B](#page-10-0)*), whereas such a difference in the event-free survival rate was not found between the H-idMLKL and L-idMLKL groups (79% vs. 83%, *P* = 0.999, *Figure <sup>4</sup>[C](#page-10-0)*). In receiver operating characteristic curve analyses, the area under the curve (AUC) value for p-nucMLKL to predict adverse events was 0.826 [95% confidence interval (CI), 0.657–0.995]. This AUC value for p-nucMLKL was comparable with the AUC value for BNP (0.823; 95% CI, 0.688–0.958) and was larger than the AUC value for p-idMLKL (0.547; 95% CI, 0.300–0.795) as shown in *Figure <sup>4</sup>[D](#page-10-0)*.

### **MLKL phosphorylation in an animal model of DCM**

Because we could obtain only three cases of normal human myocardial samples for comparison with the DCM samples, we used 36-week-old Sgcd<sup>-/-</sup> mice and their WT mice to confirm the association of change in p-MLKL expression with DCM. Mice of this age were selected on the basis of their phenotype of ventricular dysfunction similar to  $DCM<sup>32</sup>$ ; reduction in LVEF together with LV enlargement and replacement fibrosis were found in Sgcd<sup>-/-</sup> mice but not in age-matched WT mice as shown in Supporting Information, *Table S<sup>1</sup>* and *Figure S5*.

In WT mice, slight p-MLKL signals were detected in the cytosol, but signals were barely observed in the nuclei and intercalated discs of cardiomyocytes (*Figure [5](#page-11-0)* and Supporting Information, *Figure S6*). In Sgcd<sup> $-/-$ </sup> mice, an increase in p-MLKL signals was found in the cytosol, intercalated discs, and nuclei of cardiomyocytes (*Figure [5](#page-11-0)* and Supporting Information, *Figure S6*). p-MLKL signals were increased in cardiomyocytes surrounding replacement fibrosis, a pattern of collagen deposition that occurs following cell necrosis for preservation of structural integrity, in Sgcd<sup>-/-</sup> mice as in DCM (*Figure [5](#page-11-0)*). Total p-MLKL and p-nucMLKL levels were significantly higher in Sgcd<sup>-/-</sup> mice than in WT mice (*Figure [5](#page-11-0)*). In addition, p-RIP3 levels were also higher in Sgcd<sup>-/-</sup> mice than in WT mice (Supporting Information, *Table S<sup>1</sup>* and *Figure S7*). As presented in Supporting Information, *Table S2*, pnucMLKL level was not correlated with caspase-8 expression level, whereas it was correlated with p-RIP3 level. In addition, p-nucMLKL level was positively correlated with fibrosis area in Sgcd<sup> $-/-$ </sup> mice (Supporting Information, *Table S2*).

Because slight p-MLKL signals were detected in WT mice in contrast to no signal in normal human samples (*Figure <sup>3</sup>[F](#page-7-0)* vs. Supporting Information, *Figure S4A*–*S4F*), we performed *post hoc* analyses to assess specificities of two antibodies against mouse p-MLKL, MA5-32752 and ab196436, by using C2C12 cells. Immunoblotting with MA5-32752 and that with

<span id="page-10-0"></span>**Figure 4** Adverse event-free survival curves for different levels of p-MLKL in the myocardium. Kaplan–Meier survival curves for groups divided by the median value of total p-MLKL level, nuclear p-MLKL, or intercalated disc p-MLKL. (A) A high p-MLKL level group (H-MLKL) and a low p-MLKL level group (L-MLKL). (B) A high nuclear p-MLKL (p-nucMLKL) level group (H-nucMLKL) and a low nuclear p-MLKL level group (L-nucMLKL). (C) A high intercalated disc p-MLKL (p-idMLKL) level group (H-idMLKL) and a low intercalated disc p-MLKL level group (L-idMLKL). (D) Receiver operating characteristic curves of brain-type natriuretic peptide (BNP) and p-MLKL levels for predicting adverse events. Area under the curve (AUC) value for each variable is as follows: BNP, 0.823 [95% confidence interval (CI), 0.688–0.958]; p-nucMLKL, 0.826 (95% CI, 0.657–0.995); and p-idMLKL, 0.547 (95% CI, 0.300–0.795).



ab196436 showed that treatment of C2C12 cells with TNF/ zVAD increased a signal that corresponded to p-MLKL, but there were multiple non-specific bands in the blotting in unstimulated cell samples (Supporting Information, *Figure S8*). The results of the *post hoc* experiments suggest that p-MLKL levels were overestimated to some extent by MA5-32752 due to non-specific staining in the mouse immunohistochemistry experiments.

### **Discussion**

In the present study, noticeable localization of p-MLKL was observed in the nuclei, particularly those that were enlarged and/or had bizarre shapes, and also in the intercalated discs of cardiomyocytes in DCM patients. A high nuclear p-MLKL level in the patients was associated with diastolic dysfunction and was a significant predictor of adverse events during the follow-up period, although the associations may not represent causal relationships. The number of normal human control samples was not large enough to make a statistical comparison with DCM cases. However, an association of increase in nuclear p-MLKL with DCM phenotypes was supported by the results of mice experiments suggesting that nuclear p-MLKL level, which was correlated with fibrosis area, was

higher in Sgcd<sup>-/-</sup> mice than in WT mice. To our knowledge, this is the first study showing a significant association of nuclear localization of p-MLKL with clinical outcomes in human diseases.

The mechanism for the association of increased nuclear p-MLKL level with poor clinical outcomes in DCM (*Figure <sup>4</sup>*) remains unclear, but several lines of evidence indicate the possibility that nuclear p-MLKL and/or its complex with p-RIP3 contribute to detrimental alterations of chromatin in DCM by modification of the nuclear envelope. Yoon *et al*. found that execution of TNF-α-triggered necroptosis was preceded by the translocation of p-MLKL to the nucleus in fibroblasts.[20](#page-14-0) Recently, Weber *et al*. showed that interaction of p-MLKL and p-RIP3 in the nucleus precedes the formation of necrosomes in the cytosol and that inhibition of the nuclear export of MLKL reduced both cytosolic necrosomes and necroptotic cell death. $19$  DNA leakage from the disrupted nuclear envelope was reported to be responsible for necroptosis triggered by influenza virus, $37$  and dilation of perinuclear spaces in cells undergoing necroptosis was ob-served by electron microscopy.<sup>[38](#page-15-0)</sup> Contribution of nuclear damage to worsening of clinical outcomes in DCM patients has been suggested by development of DCM by a mutation in a gene encoding lamin A/C, a nuclear envelope protein,<sup>[39,40](#page-15-0)</sup> associations of alterations in nuclear chromatin with ventricular dysfunction and prognosis of  $DCM<sub>1</sub><sup>41,42</sup>$  and

<span id="page-11-0"></span>

association of DNA damage assessed by using poly(ADP-ribose) and γ-H2A.X as markers with worse clinical outcome af-ter medical therapy in DCM.<sup>[43](#page-15-0)</sup>

The function of activated p-MLKL is not limited to disruption of the plasma membrane and nuclear envelope. Nuclear MLKL contributes to NLRP3 inflammasome formation<sup>[44](#page-15-0)</sup> and also reportedly interacts with RBM6, an RNA-binding protein,

to promote the mRNA stability of adhesion molecules, lead-ing to sustained inflammation.<sup>[45](#page-15-0)</sup> MLKL positively regulates endosomal trafficking and the production of extracellular vesicles independently of the execution of necroptosis. $46$  The extracellular vesicles play a role in carrying microRNAs that are possibly involved in the pathogenesis of DCM.<sup>[47](#page-15-0)</sup> In addition, MLKL-dependent activation of the pyruvate dehydrogenase

complex increases production of cytotoxic reactive oxygen species.<sup>[48](#page-15-0)</sup> Some of these actions of activated MLKL might underlie the inverse correlation between nuclear p-MLKL level and e′, an index of diastolic function (*Table [3](#page-9-0)*).

Intracellular behaviour of MLKL throughout the time course of TNF-α-induced necroptosis was extensively analysed by using single-cell imaging approaches in a recent study by Samson *et al*. [49](#page-15-0) They showed that p-MLKL was co-trafficked with tight junction proteins to the tight junction during TNF- $\alpha$ -induced canonical necroptosis in HT-29 cells.<sup>[49](#page-15-0)</sup> Similarly to accumulation of p-MLKL at intracellular junctions of HT-29 cells, <sup>[49](#page-15-0)</sup> p-MLKL signals were increased at the intercalated discs rather than the plasma membranes in the DCM myocardium (*Figure <sup>3</sup>[C](#page-7-0)*–*3E*). Taken together, increased localization of p-MLKL in the intercalated discs of the DCM myocardium might reflect activation of necroptotic signalling and modulation of intracellular junctions in the myocardium.

The mechanism of increased p-MLKL level in the myocardium of DCM patients remains unclear. Our attempt by use of four different MLKL antibodies was unsuccessful, and we could not obtain immunohistochemical data for total MLKL in DCM. However, Szobi *et al*. [18](#page-14-0) reported that total MLKL levels determined by immunoblotting were comparable between myocardial samples of healthy donors and those of patients with end-stage DCM, while p-MLKL level was significantly higher in myocardial samples of DCM patients than in those of healthy controls. Because total MLKL level was unchanged in DCM patients whose stage of heart failure was more advanced than those in the present study, we speculate that different levels of signal input towards MLKL-Ser358, but not different MLKL protein levels, contribute to the alterations in p-MLKL expression levels in EMB samples.

Consistent with results of an earlier study,  $^{19}$  $^{19}$  $^{19}$  p-RIP3 signals were found in the nuclei and were positively correlated with levels of p-MLKL and p-nucMLKL in Sgcd $^{-/-}$  mice (Supporting Information, *Figure S<sup>7</sup>* and *Table S2*), suggesting that a canonical RIP3-dependent pathway is a possible mechanism of increased nuclear MLKL phosphorylation in DCM. RIP3, the only kinase that has been proved to phosphorylate MLKL, is activated by RIP1-dependent and RIP1-independent pathways, $5$  and there is circumstantial evidence indicating that ligands for both RIP1-dependent and RIP1-independent mechanisms of RIP3 activation are increased in patients with heart failure. The most widely investigated trigger event for RIP1-dependent RIP3 activation is stimulation of the TNF-α receptor.<sup>[5](#page-14-0)–7</sup> Levels of plasma TNF- $\alpha$  and other inflammatory cytokines are elevated in patients with heart failure, and the levels correlate with the severity of heart failure. Although clinical trials have failed to show a clinical benefit of TNF- $\alpha$  inhibition for heart failure patients, that does not necessarily exclude a detrimental effect of TNF-α on cardiomyocytes and rather indicates complex functions of TNF-α, including activation of cytoprotective signalling. $50,51$ 

Reduction of caspase-8 activity is an indispensable event for TNF-α-induced RIP1 phosphorylation, leading to RIP3-dependent MLKL phosphorylation, $5-7,11$  $5-7,11$  but caspase-8 level was not correlated with levels of p-MLKL and nuclear p-MLKL in human DCM (*Table [3](#page-9-0)*) and Sgcd<sup>-/-</sup> mice (Supporting Information, *Table S2*). These findings suggest that RIP1-independent RIP3 activation, possibly by damage-associated molecular patterns released from damaged cardiomyocytes or interstitial cells, $5,52,53$  contributes to nuclear MLKL phosphorylation in DCM. This possibility is consistent with enhancement of p-MLKL signals in cardiomyocytes surrounding fibrotic foci in EMB samples from DCM patients (*Figure [3](#page-7-0)*).

There are several limitations in this study. First, the possibility of selection bias in study subjects cannot be excluded because a relatively small number of patients were enrolled in a single centre. Propensity score matching in a *post hoc* analysis of the adverse event rate during the follow-up period was unsuccessful because of the small number of patients in each group. Second, an association between p-MLKL and fibrosis or inflammatory cell infiltration remains unclear. This issue is difficult to analyse by the use of EMB samples because of limited statistical power and sampling bias. Third, we could not quantitate the expression of total MLKL and its localization in the myocardium because a suitable antibody was unavailable. Whether the alterations in p-MLKL expression levels in EMB samples were due to different MLKL protein levels and/or different levels of signal input towards MLKL-Ser358 remains unclear. Fourth, because we could analyse only three cases of normal heart samples, the magnitude of changes in p-MLKL and caspase-8 specifically associated with DCM has not been determined. Fifth, immunohistochemical data for p-MLKL levels in Sgcd<sup>-/-</sup> mice have not been confirmed by immunoblotting analyses. In addition, antibodies against mouse p-MLKL and p-RIP3 had limited specificities as shown by multiple non-specific bands in immunoblotting in C2C12 cells (Supporting Information, *Figures S<sup>8</sup>* and *S9*). As recently reported by Samson *et al.*<sup>[54](#page-16-0)</sup> there are a number of methodological problems regarding frequently used antibodies against MLKL, RIP1, and RIP3 for microscopy studies, and thus, further investigation using a combination of selective antibodies is necessary for full characterization of necroptosis signal pathways in Sgcd<sup>-/-</sup> mice. Finally, because of a lack of data for time courses of p-MLKL expression and ventricular function, especially diastolic function in DCM patients and Sgcd<sup> $-/-$ </sup> mice, causal relationships between the two and their relevance to clinical outcomes remain unclear.

In conclusion, immunohistochemical analysis of EMB samples from DCM patients and Sgcd $^{-/-}$  mice indicated that increased MLKL phosphorylation in intracellular compartments of cardiomyocytes is associated with cardiomyopathy. Nuclear p-MLKL level was correlated with diastolic function and predicted future adverse events in DCM patients, while intercalated disc p-MLKL level was correlated with LV wall

thickness. The findings support the notion that activation of necroptotic signalling contributes to progression of DCM via modulation of targets in multiple intracellular compartments.

# **Acknowledgements**

HT-29 cells were kindly provided by Dr Kohichi Takada and Dr Tomohiro Kubo (Department of Medical Oncology, Sapporo Medical University School of Medicine, Japan). The authors thank Mr Stewart Chisholm for proofreading and editing of the manuscript.

# **Conflict of interest**

None declared.

# **Funding**

This study was supported by Grant 26461133 (T.M.) and Grant 16K09505 (T.Y.) from the Japan Society for the Promotion of Science, Tokyo, Japan; a grant from the Uehara Memorial Foundation, Japan (T.M.); and grants from Takeda Science Foundation and NOVARTIS Foundation (Japan) for the Promotion of Science (T.Y.).

# **Supporting information**

Additional supporting information may be found online in the Supporting Information section at the end of the article.

Figure S1. Representative images of immunoblotting with ab208909, an anti-p-MLKL-Ser358 antibody, in HT-29 cells. A and B: Representative images of immunoblotting with ab208909 (A), an anti-p-MLKL-Ser358 antibody, and ab184728 (B), an anti-MLKL antibody, in whole cell lysates of HT-29 cells and group mean data for p-MLKL level and MLKL level in cells before and after induction of necroptosis by a combination of 50 ng/ml TNF- $\alpha$  (TNF), 1 μM BV6 and 20 μM Z-Val-Ala-DL-Asp-fluoromethylketone (zVAD). Vehicle (V)-treated cells served as controls. \* p*<*0.05 vs. V. C: Representative immunoblots for p-MLKL-Ser358 in cytosolic and nuclear fractions. Histone-H3 and α-tubulin were used as loading controls of nuclear and cytosolic fractions, respectively.

**Figure S2.** Representative images of immunohistochemical staining with ab208909, an anti-p-MLKL-Ser358 antibody, in kidney biopsy specimens. (A-D) Representative images of immunoblotting with ab208909, an anti-p-MLKL-Ser358 antibody, in kidney biopsy tissues of lupus nephritis (A, B) and

negative controls (C, D). For the images shown in panels C and D, kidney biopsy tissues of lupus nephritis were incubated with rabbit immunoglobulins as a substitute for ab208909.

**Figure S3.** Representative images of antibody absorption experiments. Signals of p-MLKL detected by immunostaining with ab208909 in kidney tissues biopsied from a patient with lupus nephritis (A) and in myocardial biopsy tissues of a DCM patient (C) were completely lost by the addition of a blocking peptide prior to the incubation with ab208909 for the purpose of masking the paratope of ab208909: B and D show ab208909-treated kidney and myocardial biopsy tissues, respectively.

**Figure S4.** Representative images of immunohistochemical staining of human myocardium with ab208909, an anti-p-MLKL-Ser358 antibody, in normal controls and a case of hypertrophic cardiomyopathy. Human tissue samples were obtained from US Biomax (Rockville, MD, # BC30013) and were stained with ab208909. Normal myocardium samples of a 45 year-old man (A, B), a 15-year-old woman (C, D) and a 21-year old woman (E, F) are shown. Panel E is the same photo as panel F in Figure 3. Panels G and H are samples from a 51 year-old woman with hypertrophic cardiomyopathy (HCM). In contrast to cases of DCM shown in Figures 2 and 3, strong signals for p-MLKL in nuclei were not detected in this case of HCM.

**Figure S5.** Representative images of M-mode echocardiograms of wild-type mice and δ-sarcoglycan-deficient mice. Thirty-six weeks old Wild-type (WT) mice and δ-sarcoglycandeficient (Sgcd-/-) mice were anesthetized and subjected to transthoracic echocardiography. A, WT mice. B, Sgcd-/- mice. Results of quantitative analyses are presented in Supplementary Table 1.

**Figure S6.** Representative images of immunohistochemical staining of the myocardium with ab196436, an anti-p-MLKL-Ser345 antibody, in δ-sarcoglycan-deficient mice and wild-type mice. Representative images of the myocardium immunostained with anti-p-MLKL antibodies in 36-week-old control wild-type (WT) mice (A, B) and δ-sarcoglycan-deficient (Sgcd-/-) mice (C, D).

**Figure S7.** Representative images of immunohistochemical staining of the myocardium with ab222320, anti-p-RIP3- Thr231/Ser232 antibody, in δ-sarcoglycan-deficient mice and wild-type mice. Representative images of the myocardium immunostained with anti-p-RIP3 antibodies in 36-week-old control wildtype mice (A) and  $\delta$ -sarcoglycan-deficient mice (B).

**Figure S8.** Representative images of immunoblotting with anti-p-MLKL-Ser345 and anti-MLKL antibodies in C2C12 cells. Representative images of immunoblotting with MA5-32752 (A) and ab196436 (B), anti-p-MLKL-Ser345 antibodies, and ab243142, anti-MLKL antibody, in whole cell lysates of C2C12 cells. C2C12 cells were assigned to 4-hr or 8-hr treatment with a combination of 50 ng/ml TNF-α (TNF) and 20 μM Z-Val-Ala-DL-Asp-fluoromethylketone (zVAD) or a vehicle (V).

<span id="page-14-0"></span>**Figure S9.** Representative images of immunoblotting with anti-p-RIP3-Thr231/Ser232 antibody and anti-RIP3 antibody in C2C12 cells. Representative images of immunoblotting with an anti-p-RIP3-Thr231/Ser232 antibody (ab222320) and anti-RIP3 antibody (#15828) in whole cell lysates of C2C12 cells. C2C12 cells were assigned to 4-hr or 8-hr treatment with the combination of 50 ng/ml TNF-α (TNF) and 20 μM Z-Val-AlaDL-Asp-fluoromethylketone (zVAD) or a vehicle (V). According to the manufacturer's datasheet, this antibody detects a band of approximately 53 kDa (predicted molecular weight, 57 kDa). **Table S1.** Characteristics in a mouse model of dilated cardiomyopathy.

**Table S2.** Simple regression analyses for MLKL phosphorylation in δ-sarcoglycan-deficient mice.

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